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To cite this version:

Teodor Stoichev, João Pedro Coelho, Alberto de Diego, Maria Gabriela Lobos Valenzuela, Maria Eduarda Pereira, et al.. Multiple regression analysis to assess the contamination with metals and metalloids in surface sediments (Aveiro Lagoon, Portugal). Marine Pollution Bulletin, 2020, 159, pp.111470. 10.1016/j.marpolbul.2020.111470. hal-02907280

HAL Id: hal-02907280 <https://hal.science/hal-02907280v1>

Submitted on 5 Nov 2020

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Multiple regression analysis to assess the contamination with metals and metalloids in surface sediments (Aveiro Lagoon, Portugal) Teodor Stoichev^a *, João Pedro Coelho^b , Alberto De Diego^c , Maria Gabriela Lobos Valenzuela^d , Maria Eduarda Pereira^e , Aubin Thibault de Chanvalon^f , David Amouroux^f ^aInterdisciplinary Center of Marine and Environmental Research (CIIMAR/CIMAR), University of Porto, Terminal de Cruzeiros de Leixoes, Av. General Norton de Matos s/n, 4450-208 Matosinhos, Portugal [tstoichevbg@yahoo.com;](mailto:tstoichevbg@yahoo.com) Tel: +351 223401800 ^bCESAM - Centre for Environmental and Marine Studies, Department of Biology, University of Aveiro, Campus Universitário de Santiago, 3810-193 Aveiro, Portugal ^cDepartment of Analytical Chemistry, Faculty of Science and Technology, University of Basque Country, 48080, Bilbao, Spain ^dLaboratory of Analytical and Environmental Chemistry, Institute of Chemistry and Biochemistry, University of Valparaíso, Valparaíso, Chile ^eDepartment of Chemistry & CESAM, University of Aveiro, Campus Universitário de Santiago, 3810-193 Aveiro, Portugal ^fUniversite de Pau et des Pays de l'Adour, E2S UPPA, CNRS, IPREM, Institut des Sciences Analytiques et de Physico-chimie pour l'Environnement et les matériaux, Pau, France ABSTRACT An innovative multiple regression analysis was used to evaluate metal/metalloid contamination

in the surface sediments of a coastal lagoon. The concentrations of metals/metalloids were represented as a function of geochemical characteristics of the sediments (fine fraction, concentrations of organic carbon, Ca, Al, Mn) and distances between sampling points. The

effect of distances on the concentrations were negligible for Li, Co, Ni, Ba, V, Cr, and only geochemical variables specific for each element explained its spatial variation. The concentrations of As, Cu, Zn and Pb were influenced by both geochemical and geographical distance variables, the latter representing the anthropogenic influence and the extent of transport of contaminants away from the upstream source. Enrichment of the sediment with Ba, As, Co, Cr and V was determined mainly by enrichment with Mn. The proposed approach is supplementary to the traditional utilization of enrichment factors, and is better suited for systems with anthropogenic influence.

Keywords: Metals; Coastal lagoon; Sediments; Multiple regression model; Contamination; Enrichment factor

1. Introduction

Estuarine catchments have been strategic settings throughout human history, either as places of navigation, agricultural abundance or as locations of the biggest cities in the World (Kennish 1996; McLusky and Elliot 2004). Usually used as repositories of industrial and domestic effluents, estuaries are the end-point of numerous contaminants, the vast majority of which tend to settle and are thus stored in estuarine and marine sediments (Laurier et al. 2003; Prego and Cobelo-Garcia 2003; Kim et al. 2004). Due to their toxicity to organisms and persistence in the environment, growing international consciousness has developed with regards to assessing the contamination status and protecting these ecosystems.

Traditionally, the dynamic of metals/metalloids in sediments is evaluated through the utilization of enrichment factors (EFs) (Abrahim and Parker 2008), but recently, novel methodologies have been developed to evaluate the composition and dynamics of sediment characteristics. For example, artificial neural networks combined with residual kriging has been used to predict the spatial distribution of Cr in soil (Tarasov et al. 2018).

Multiple regression analysis allows for the verification of simple and higher order effects of several explanatory variables and their interactions. Upon simplification of the starting models, only a few significant explanatory variables will remain. It has been applied recently to evaluate biogeochemical processes in estuarine water (Stoichev et al. 2016; 2020). Multiple regression was used to quantify major components of lake sediments by near infrared spectra (Russell et al. 2019) or to find out the relative importance of hydrous iron and manganese oxides on the retention of trace metals in estuarine sediments (Turner 2000). Multiple regression analysis has been successfully applied to study the behavior of Hg species in surface sediments from the Aveiro Lagoon (Stoichev et al. 2019). A relatively small area of the lagoon, the Laranjo Bay, suffered from chlor-alkali mercury pollution coming from a single upstream source (Pereira et al. 2009; Stoichev et al. 2019). However, sediment contamination in the system is not restricted to mercury, with reports of significant concentrations of other metals and metalloids, such as As, Pb, Zn (Costa and Jesus-Rydin 2001).

The aim of this work was to evaluate the effectiveness of multiple regression analysis to study spatial variations in heavy metal/metalloid concentrations in surface sediments from contaminated shallow tidal environments. One type of explanatory variables depended on geographical distances. Another type of variables was related to sediment geochemistry, which, in coastal environments, should include indicators of both terrestrial (e.g. Al or Fe) and oceanic (e.g. Ca) influence (Perez et al. 2016; Gredilla et al. 2015a; Dias et al. 2007). An attempt was made to separate and quantitatively evaluate the effects of contaminant dispersion from a point source from those of geochemical processes as a potential influence for spatial distribution of contamination. This is possible if additive statistical effects of some explanatory variables (responsible for metal/metalloid dispersion and for the geochemistry of the sediments) on the dependent variables (e.g. concentration of contaminant) are found. For this purpose, equations were developed modelling metal/metalloid concentrations depending on different distance variables or geochemical explanatory variables.

2. Experimental

2.1. Study area

Aveiro Lagoon is a coastal lagoon in the North of Portugal (Fig. 1) comprised of a network of channels, opening into the Atlantic Ocean by way of a single narrow channel. The lagoon covers an area of 83 km² at high tide (HT) and 66 km² at low tide (LT) and has an average depth of 1 m. The tidal range is minimum 0.6 m during neap tide; maximum 3.2 m during spring tide. The water residence time in the lagoon is approximately 2 days, however, it is more than two weeks in the contaminated area (Laranjo Bay, Fig. 1c)) (Dias et al. 2003). The particle residence time is approximately 2-3 days in the lower areas of the lagoon and up to 14 days in the upper ends (Dias et al. 2007). The Laranjo Bay is contaminated, not only with mercury (Pereira et al. 2009) but also with other metals/metalloids, like As, Pb, Zn coming from pyrite solid waste (Costa and Jesus-Rydin 2001).

The Vouga River is the largest freshwater source to the Aveiro Lagoon. It covers a catchment area of around 3362 km² and the main land uses, occupying 4/5 of the total area, being agriculture and forests (Stoichev et al. 2017). Acidic soil types have developed in the drainage area: mainly Umbrisol in the north and west and Umbrisol/Podzol in the south-west (ESBN 2005). The small and relatively homogeneous drainage area means the Aveiro Lagoon is probably not influenced by multiple terrestrial sources.

The annual air temperatures in the drainage area are relatively low and precipitation is high compared to other parts of Iberian Peninsula (AEMET-IM 2011). This microclimate leads to quite important average river discharge of Vouga (50 m³ s⁻¹) in spite of the small catchment area (Stoichev et al. 2017). The Antuã River, suppling freshwater to Laranjo Bay, is the second largest freshwater source to the lagoon (average flow of only 5 m^3 s⁻¹). It is of primary importance for the export of contaminants from Laranjo Bay to the rest of the lagoon (Stoichev et al. 2018).

2.2. Sampling

The sediment samples named from 1 to 14 were collected in the summer of 2010, the remaining samples being collected during two further campaigns (February 2012 and August 2012) in order to estimate eventual seasonal change. Sites were located close to the lagoon entrance, in the main channels, near the main freshwater input and in the central area of the lagoon. Special emphasis was given to the Laranjo Bay, being near the contamination source. Samples were taken from intertidal flats, at low tide and during daylight from the top 5 cm layer with acid washed plastic utensils, stored in plastic bags and kept cool until arrival at the laboratory.

Each sampling point is characterized by geographical coordinates and falls within a simplified (in order to facilitate distance calculations) polygon border, marked with hyphen line (Fig. 1). For the spatial distribution of the contaminants, each point is characterized by the distances through water d_S to suspected contamination source (S) and d_M to mouth of the lagoon (**M**), obtained within the simplified polygon border (Fig. 1b). Alternatively; each sampling point may be described by the distance ratio $DR_M = d_S/d_M$. Each point was additionally characterized using distance d_R to the reference point **R** (instead of d_M) obtained within the simplified polygon border or by reference distance ratio $DR_R = d_S/d_R$. More information can be found elsewhere (Stoichev et al. 2019).

2.3. Chemical analysis

At the laboratory, samples were freeze-dried (Unicryo MC-4L-60ºC) then disaggregated and macrodetritus removed by dry sieving through a 2 mm mesh. Fine fraction (FF) content (<63 µm) was quantified by wet sieving of sample aliquots under running water. Sediment organic matter (OM) was analyzed through loss on ignition (6 h at 500 °C).

Each sample was then grinded with agate mortar and sieved (300 µm) before storage in darkness until analysis. Total carbon (TC), was quantified in a CHNS analyzer (Leco Truspec Micro). Organic Carbon (OC) was quantified with the same method, after carbonate

removal according to the ISO 10694 standard. Sediment digestions for metal determination were performed according to US EPA 3051 protocol using microwave digestion with a mixture (3/1, v/v) of hydrochloric (37%, Sigma-Aldrich, p.a.) and nitric acids (69%, Sigma-Aldrich, p.a.). The metals (Ca, Al, Mn, Fe, Co, Li, Cu, Cd, Zn, Ni, Pb, Ba, V and Cr) were measured using inductively coupled plasma optical emission spectrometry (ICP-OES; Perkin-Elmer, model ICP Optima 2000 DV). The accuracy was checked using BCSS-1 marine sediment with measured values being between 98% and 102% of the certified ones.

The concentration of As in sediments (US EPA 3051A) was determined after microwave digestion with a mixture (3/1, v/v) of nitric acid (69%, Sigma-Aldrich, p.a.) and hydrofluoric acid (40%, Sigma-Aldrich, p.a.). Determinations of As were carried out using a quadrupole inductively coupled plasma mass spectroscopy (ICP-MS, Thermo Elemental, X-Series) equipped with a Peltier cooled impact bead spray chamber and a concentric Meinhard nebulizer. Parallel digestion and analyses of certified reference material MESS-3 were consistent with the certified value, with extraction efficiencies ranging from 93% to 109%.

2.4. Statistical treatment

2.4.1. Model building

Cadmium was detected only in Laranjo Bay (5.78, 4.09 and 2.49 μ mol kg⁻¹ at samples 1, 2 and 5, respectively) and was not included in the statistical treatment. Statistical data treatment was carried out using R software (R Core Team 2014). The dependent variables Y (concentrations of Co, Li, As, Cu, Zn, Ni, Pb, Ba, V, Cr), were represented as functions of *q* explanatory variables X_i . One type of explanatory variable is related to geographical coordinates (either both distances d_S , d_M or their ratio DR_M). Additionally, other distances (d_S , d_R) or their ratio DR_R were used. A second set of explanatory variables represent the geochemical characteristics of the samples (FF, concentrations of OM, OC, TC, Al, Mn, Ca). The set of geochemical variables was selected after a preliminary inspection of the data. The concentrations of Al in sediments are an indicator of terrestrial processes (Perez et al. 2016; Gredilla et al. 2015a). The levels of Ca could be used as proxy for ocean contribution in sediments from the Aveiro Lagoon (Dias et al. 2007). The concentrations of Ca in sediments are anticorrelated with d_M (r=-0.40, p<0.05). The concentration of Mn are correlated mainly with those of Fe (r=0.58, p<0.001), less correlated with Al (r=0.48, p<0.01), TC (r=0.45, p<0.02) and OC (r=0.40, p<0.05) and not correlated with the carbonates (difference TC-OC). Sulfide phases commonly occurred in sediments from Aveiro Lagoon a few millimeters bellow the sediment surface and were associated with metals, like Fe, Mn, Ni and Zn (Martins et al. 2015). Therefore, Mn would be an indicator of Mn(IV) oxo-hydroxides (related to Fe(III) oxo-hydroxides) or sulfides in sediments from the Aveiro Lagoon. Manganese was preferred to Fe as an explanatory variable to avoid co-linearity with Al (Fe was highly correlated with Al, r=0.82). Organic matter, sulfides and oxo-hydroxides of Mn are recognized as scavengers of toxic metals in Aveiro Lagoon (Martins et al. 2015).

Both Y and X_i were normalized, when necessary, using density function graphical visualization and Box-Cox transformations (Bellanger and Tomassone 2014) to give variables Y_T and X_{T,i}. Some of the explanatory variables (AI, Mn, TC, d_S , d_M , d_R) and some of the dependent variables (Co, Li, Ba, V, Cr) were not altered (identical transformation ($Y_T =$)), only the following transformations finally being selected:

$$
As_{T} = \ln[As]
$$
\n
$$
Pb_{T} = \ln[Pb]
$$
\n
$$
Cu_{T} = \sqrt{[Cu]}
$$
\n
$$
Zn_{T} = \sqrt{[Zn]}
$$
\n
$$
Ni_{T} = \sqrt{[Ni]}
$$
\n
$$
OM_{T} = \ln(OM)
$$
\n
$$
FF_{T} = \sqrt{FF}
$$
\n
$$
OC_{T} = \sqrt{OC}
$$
\n
$$
OR_{M,T} = \ln(DR_{M}) = \ln(d_{S}/d_{M})
$$
\n
$$
DR_{R,T} = (DR_{R})^{-0.5} = \sqrt{d_{R}/d_{S}}
$$
\n(1)

The relationship between the explanatory variables is expressed by L_1 , L_2 or L_3 , the index representing the highest interaction order, described in the starting model:

$$
L_3\big(X_{T,1},X_{T,2},\ldots,X_{T,i},\ldots,X_{T,q}\big)=\textstyle\sum_{i=1}^q a_i\,X_{T,i}+\sum_{i\neq j}a_{i,j}\,X_{T,i}X_{T,j}+\sum_{i\neq j\neq k}a_{i,j,k}\,X_{T,i}X_{T,j}X_{T,k}
$$

 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64

65

$$
L_2(X_{T,1}, X_{T,2}, \dots, X_{T,i}, \dots, X_{T,q}) = \sum_{i=1}^q a_i X_{T,i} + \sum_{i \neq j} a_{i,j} X_{T,i} X_{T,j}
$$
(2)

$$
L_1(X_{T,1}, X_{T,2}, \dots, X_{T,i}, \dots, X_{T,q}) = \sum_{i=1}^q a_i X_{T,i}
$$

The regression coefficients a_i represent the simple terms for variable X_i . The coefficients a_i and a_{ijk} , account for the double and triple interactions, respectively. The starting models, used to describe element concentrations, can be written with the equations:

$$
Y_{T} = a_{0} + L_{2}(d_{S}, d) + L_{1}(d_{S}^{2}, d^{2}, X_{T,i})
$$

\n
$$
X_{i} \in Mn, Al, Ca, TC, OC
$$

\n
$$
Y_{T} = a_{0} + L_{2}(d_{S}, d) + L_{1}(d_{S}^{2}, d^{2}, FF_{T}, Ca_{T}, OM_{T}, Mn, X_{T,i})
$$

\n
$$
X_{i} \in A1, TC, OC
$$

\n
$$
Y_{T} = a_{0} + L_{2}(d_{S}, d) + L_{1}(d_{S}^{2}, d^{2}) + L_{2}(FF_{T}, X_{T,i})
$$

\n
$$
X_{i} \in A1, TC, OC
$$

\n
$$
Y_{T} = a_{0} + L_{2}(DR_{T}, X_{T,i}) + L_{1}(DR_{T}^{2})
$$

\n
$$
Y_{T} = a_{0} + L_{1}(DR_{T}, DR_{T}^{2}, FF_{T}, Ca_{T}, OM_{T}, Mn, X_{T,i})
$$

\n
$$
Y_{T} = a_{0} + L_{1}(DR_{T}, DR_{T}^{2}, Al, Ca_{T}) + L_{2}(Mn, FF_{T}, OM_{T})
$$

\n
$$
Y_{T} = a_{0} + L_{1}(DR_{T}, DR_{T}^{2}) + L_{2}(FF_{T}, X_{T,i})
$$

\n
$$
Y_{T} = a_{0} + L_{3}(DR_{T}, FF_{T}, X_{T,i}) + L_{1}(DR_{T}^{2})
$$

\n
$$
Y_{T} = a_{0} + L_{3}(DR_{T}, FF_{T}, X_{T,i}) + L_{1}(DR_{T}^{2})
$$

\n
$$
Y_{T} = a_{0} + L_{1}(DR_{T}, DR_{T}^{2}) + L_{2}(Mn, FF_{T}, X_{T,i})
$$

\n
$$
Y_{T} = a_{0} + L_{1}(DR_{T}, DR_{T}^{2}) + L_{2}(Ca_{T}, FF_{T}, X_{T,i})
$$

\n
$$
X_{i} \in A1, TC, OC
$$

\n
$$
Y_{T} = a_{0} + L_{1}(DR_{T}, DR_{T}^{2}) + L_{2}(Ca_{T}, FF_{T}, X_{T,i})
$$

\n

$$
Y_T = a_0 + L_2(Ca_T, Mn, FF_T, X_{T,i})
$$
 (13)

Eqs. 3-5 searched Y as a function of d_S and d (either d_M or d_R) while Eqs 6-12 used DR (either *DR^M* or *DRR*). Numerous geochemical characteristics were checked simultaneously without accounting for interaction effects (Eqs. 4, 7). Some of the starting equations accounted for interactions between distances (Eqs. 3-5), between geochemical variables (Eqs. 5, 8, 9, 11, 12 13) or between *DR* and geochemical variables (Eqs 6, 10). Quadratic effects of distances and of *DR* were checked in all starting models, except in Eq. 13, where distance variables were not present. Moderate correlations were found (all data) between Al and FF_T (r=0.44) or between Mn and FF_T (r=0.40) but very high correlations were observed for Al – TC (r=0.92) and Al – OC_T (r=0.89). Therefore, the variables Al, OC and TC were never considered together in order to avoid problems with co-linearity (Stoichev et al. 2019).

2.4.2. Model simplification and selection

The coefficients a_0 (intercept), a_i , a_{ij} , a_{ijk} were determined using multiple regression analysis (Crawley 2007). The models were simplified by leaving only the coefficients significantly different from 0 (p <0.05 for the interaction terms and p <0.1 for the simple effects). The number of the considered coefficients in the starting equations never exceeded 11 in order to avoid overparametrization.

Firstly, the minimal adequate model was developed using all available data (*n*=32). Secondly, the applicability of the obtained model was checked after removing values of *Y* higher than 95th percentile ($P_{0.95}$) of all data and the regression coefficients for the minimal adequate model were determined again with the remaining dataset (short data, *n=30*). The obtained regression equation, using the short data, were extrapolated for data removed (extrapolated data, *n=2*). The minimal adequate model was considered further only if robust, meaning the same significant terms were obtained for all data and for short data. The extrapolated data includes only sites, sampled in summer 2010, and are mainly situated in Laranjo Bay: samples 1, 5 (for As, Cu); samples 1, 3 (for Cr, Ni, V); samples 1, 2 (Zn); 1, 11 (Pb); 1, 10 (Co); 3, 13 (Ba) and 3, 7 (Li).

All models were compared using graphical representation of model values Y_M against experimental ones Y_E and by root mean square deviation ($RMSD$) criteria (for all data, short data and extrapolated data) representing how far the model values differ when compared with *n* experimental data of *Y*:

$$
RMSD = \sqrt{\frac{\sum (Y_{E,i} - Y_{M,i})^2}{n}}\tag{14}
$$

$$
Y_T = a_0 + f_{geo}(geochemistry) + f(distance s) = Y_{Geo,T} + f(distance s)
$$
\n(15)

2.4.3. Effect of geochemistry

For models with additive effects of distance and geochemical variables, the effect of geochemistry on the spatial distribution of a contaminant away from a point source could be estimated using enrichment indexes (EI). Those indexes are defined, for each sample and for each dependent variable Y, as ratios between experimental values Y_E (which presumably depend both on geographical distances and on geochemistry) and geochemical component YGeo (Eq. 15), the last being obtained upon inverse transformation (Eq. 1) of *YGeo,T*.

$$
EI = Y_E / Y_{Geo}
$$
 (16)

The results obtained from the EI are compared with enrichment factors (EF) in which concentrations of a chemical element *Me* are normalized with Al concentrations, both for the sample and for the local background levels (LBL):

$$
EF = \frac{([Me]/[Al])_{sample}}{([Me]/[Al])_{LBL}}\tag{17}
$$

LBLs were calculated using 3s and 4s methods, where s is the standard deviation from concentrations (Gredilla et al. 2015b). The LBLs are calculated as 90th percentiles from data contained within average±3s intervals, or as averages from data contained within average±4s intervals, for 3s and 4s methods, respectively. Further, average EF from 3s and 4s methods will be used. Calculations were carried out using LBL as reference because usually the global values, such as metal/metalloid concentration in the upper continental crust (UCC), do not reflect local conditions (Birch 2017).

3. Results and discussion

3.1. Potential existence of seasonal trends

Analysis of covariance ANCOVA (season, geochemical variables) for surface sediments from the Aveiro Lagoon (nine samples taken in February and August 2012) demonstrated that seasonal trends for Y_E (metal/metalloid concentrations) were not observed (results not shown). When, for some sampling sites, winter / summer differences existed, they followed concentration changes observed for geochemical variables X_i . For example, the concentrations of As could be expressed by a combination of TC and the product TC x Ca. The concentrations of Zn depended on Al, Mn and Al x Mn and those of Cu – on Al, Ca and Al x Ca. The concentrations of Li and Pb were determined only by Al. The rest of Y_{E} (V, Co, Ba, Ni, Cr) depended on Al and Ca. Therefore, for subsequent treatment of the spatial variation, no seasonal differences were considered.

3.2. Modelling spatial distribution of metals and metalloids

Average values (bold), standard deviations and ranges (italic) for FF and concentrations of OC, TC, OM and metals/metalloids in surface sediments from Laranjo Bay and from the rest of the Aveiro Lagoon, as well as LBLs, are shown in Table 1. The average values of the dependent variables Y (concentrations of Co, Li, As, Cu, Zn, Ni, Pb, Ba, V and Cr) are always higher in Laranjo Bay compared to the rest of the lagoon. This difference was between 1.57 and 2.14 times for Co, Li, Ni, V, Ba, Cr and between 3.46 and 5.06 times for As, Cu, Zn, Pb. The concentrations of metals tend to decrease with *d^S* (Fig. 2), the coefficients of correlation always being negative, between $r=-0.45$ ($p<0.02$) for Pb and Ba and $r=-0.61$ ($p<0.001$) for Zn and Li. It is suspected that some of the elements might come from a point anthropogenic source (both geochemical and geographical distance variables being important) while for others only geochemical explanatory variables will finally be included in the minimal adequate models.

Only minimal adequate models that show the same significant terms for all data and short data are considered. However, among the obtained robust models, some were generally worse than others and were not considered further. Such examples include all

equations where distances d_S or d were present, or where there was only one of the geochemical variables FF, OC, TC, OM, Ca, Mn. Generally, a model in which *DR^M* was present produced similar results, or worse, than a model that used *DR^R* as the explanatory variable. The minimal adequate models with RMSD values for Co, Li, As, Cu, Zn, Ni, Pb, V, Ba, Cr using all data, short data and extrapolated data are presented in online resources. Models with the lowest RMSD values (marked in bold in Tables ESM 1 to ESM 10, online resources) are further considered. The model values Y_M are graphically compared with the experimental values Y_E in Figs. ESM 1, ESM 2, ESM 3, the slope and intercept of $Y_M = f(Y_E)$ and the models adjusted R^2 values also being given in the online resources. Only robust models (the same for all data and short data) that can extrapolate the concentrations of metals/metalloids (Figs. ESM 1, ESM2, ESM3) are further considered. Since extrapolated data concerns only sites sampled once in summer 2010, the effects of distances and geochemistry could be studied with the proposed robust equations using all sampling campaigns and are independent of site replication. The extrapolation was clearly seen for As, Cu, Pb, Ni, Zn and Cr, where the models for short data could be applied for concentrations at least 1.5–2.2 times higher than the maximum values. Similar approach, applied to other contaminants in sediments from the Aveiro Lagoon has led to even higher extrapolation of concentration: at least 8.0 and 3.0 times for inorganic mercury and methylmercury, respectively (Stoichev et al. 2019).

The best models, described with the following equations, were selected based on their simplicity, especially the lack of interactions between geochemical and distance variables. For the sake of brevity, when, in some of the equations, $f(DR_R)$ appears, this stands for:

$$
f(DR_R) = -a_1 \sqrt{d_R/d_S} + a_{1,1} d_R/d_S
$$
\n(18)

For Co and Li, only geochemical variables were found significant and predicted similar concentrations to experimental ones, according to Eqs. 19 and 20, respectively

(online resources, Figs. ESM 1g, ESM 3e). Therefore, the dependence on *DR^R* and the EIs for these elements were not studied:

$$
[Co] = a_6[Al] + a_8[Mn] + (a_3 - a_{2,3}\sqrt{FF})\ln[OM]
$$
\n(19)

$$
[Li] = [Al](a_6 - a_{6,7} \ln[Ca])
$$
\n(20)

For As, Cu, Zn, Ni, Pb, V, Ba and Cr, robust and extrapolatable models with additive effects of DR_R and geochemical variables were obtained, Y_M being very close to Y_E (online resources):

$$
\ln[As] = a_0 + f(DR_R) + \sqrt{[OC]}(a_{4,8}[Mn] - a_4) + \sqrt{FF}(a_2 - a_{2,8}[Mn])
$$
\n(21)

$$
\sqrt{[Cu]} = f(DR_R) + a_6[Al] + a_7 \ln[Ca]
$$
\n(22)

$$
\sqrt{[Zn]} = f(DR_R) + a_2\sqrt{FF} + [Mn](a_8 + a_{5,8}[TC] - a_{2,8}\sqrt{FF})
$$
\n(23)

$$
\sqrt{[Ni]} = a_0 + f(DR_R) + a_6[Al] + \sqrt{FF}(a_2 - a_{2,6}[Al])
$$
\n(24)

$$
\ln[Pb] = a_0 + f(DR_R) + a_2\sqrt{FF} + [TC](a_5 - a_{2,5}\sqrt{FF})
$$
\n(25)

$$
\ln[Pb] = a_0 + a_{1,1,1}(d_R/d_S)^{3/2} + a_2\sqrt{FF} + [Al](a_{6,7}\ln[Ca] - a_{2,6}\sqrt{FF})
$$
 (26)

$$
[V] = a_0 - a_{1,1} d_R / d_S + a_6 [Al] + (a_3 - a_{2,3} \sqrt{FF}) \ln[OM] \tag{27}
$$

$$
[Ba] = -a_{1,1} d_R/d_S + a_6[Al] + a_7 \ln[Ca]
$$
\n(28)

$$
[Cr] = f(DR_R) + a_6[Al] + a_8[Mn] + \sqrt{FF} (a_2 - a_{2,6}[Al])
$$
\n(29)

For example, the slopes of $Y_M = f(Y_E)$ for all data were between 0.92 and 1.03 for all studied elements, except Pb, and the origins were indistinguishable from 0 (online resources). Lower slope (0.80, all data) was obtained for Pb (Eq. 25, Fig. ESM 3b). A possible reason is the existence of other contamination sources in the lagoon downstream of Laranjo Bay. Relatively high concentrations of Pb were found in sample 11 (0.106 mmol kg^{-1}) as well as in GAF in summer and winter (0.026 and 0.050 mmol $kg⁻¹$, respectively). In that zone, higher concentrations of Pb have been measured in sediments, compared to the central area of the lagoon (Velez et al. 2016). These samples are situated close to seafood processing industry / port activities that can eventually be a source of metal contamination. Alternatively, they may suffer influence from the Aveiro city channels, recognized as a source of Pb for the

sediments (Martins et al. 2013, 2015). An attempt to improve the model, accounting for another Pb source, was undertaken by introducing into the starting models (Eqs. 6-12) an additional cubic term, $(DR_R)^3$, without interaction of this term with the other explanatory variables (Table ESM 7). As a result, the slope of the dependence $Y_M = f(Y_E)$ increased from 0.80 to 0.85 (all data, Eq. 26, Fig. ESM 3f) and this dependence was used further to study the influence of *DR^R* and geochemical variables on Pb concentration. However, the EIs for Pb were not calculated because the model values tend to be slightly lower than the experimental values.

Contour plots of model and experimental values of As, Cu, Zn and Ni concentrations (Eqs 21-24) are shown in Fig. 3 and of Pb, V, Ba and Cr (Eqs. 26-29) – in Fig. 4. For each element, the effect of specific geochemical function f_{geo} (on y axis) are separated from distance function (on x axis). The behavior of As, Cu, Zn and Pb depended on both geochemical and distance functions. Although a slight increase in Ni concentration was observed near the contamination source, the isolines tended to be parallel to the x axis and therefore Ni was mainly determined by geochemical variables. The effect of the distances on V, Ba and Cr is negligible (despite the presence of *d^S* and *d^R* in Eqs. 27-29). As confirmation, for Ni, V, Ba and Cr, there were also good models describing the concentrations as functions of only geochemical variables (Figs. ESM 3c,g, ESM 2a,e):

$$
\sqrt{[Ni]} = a_0 + a_6[Al] + \sqrt{FF}(a_2 - a_{2,6}[Al])
$$
\n(30)

$$
[V] = a_6[Al] + \sqrt{FF}(a_2 + a_{2,6}[Al])
$$
\n(31)

$$
[Ba] = a_0 + a_2\sqrt{FF} + a_6[Al] + a_7\ln[Ca]
$$
\n(32)

$$
[Cr] = a_6[Al] + \sqrt{FF}(a_{2,8}[Mn] - a_{2,6}[Al])
$$
\n(33)

The values and standard errors of the regression coefficients for Eqs. 19–33 are presented in online resources, showing similarity of the regression coefficients for all data and short data models. The calculation of EIs (Eqs. 15, 16) is intended to distinguish between geochemical and distance explanatory variables. The dependence of EI (**a**, **b**) and EF (**c**, **d**) on the *d^S* for metals/metalloids in surface sediments is shown in Fig. 5. The results for the EF are more

dispersed compared with the EI. For Ni, V, Ba and Cr, the EIs are close to 1 and do not depend on *d^S* (Fig. 5a). Thus, despite their higher concentrations in sediments from Laranjo Bay, compared to the rest of the Aveiro Lagoon (Table 1), the influence of a potential point source upstream could not be proven for these metals. Only for As, Cu and Zn could the influence of an upstream contamination source be suspected from EIs (Fig. 5b). The EIs for Pb were not calculated but the existence of a strong contamination source upstream of Laranjo Bay was demonstrated from the contour plots (Fig. 4 a,b) as well as from the calculation of the EFs (Fig. 5d). Therefore, for As, Cu, Zn and Pb, the results from the Laranjo Bay (samples 1-5, LAR, Fig. 1c) were excluded from further consideration of the EFs, thus eliminating the influence of spatial distribution of contaminants away from the point source, from the geochemical results.

3.3. Effect of geochemical variables

The multiple regression analysis demonstrated that, for some of the elements (e.g. V and Ni) Al was the geochemical variable present in almost all final equations. Terrestrial processes with simultaneous erosion of Al and Fe are involved in the transport of these metals, as indicated by the high correlation between AI and Fe concentrations (r=0.82). Participation of oxo-hydroxides of Fe, obtained after chemical erosion, in the retention of those metals is another possibility. Additional processes are possible, as demonstrated by the additive effects of Mn concentration on the behavior of Co (Eq. 19) and Cr (Eq. 29) in the sediments. The terrestrial and marine influence could be involved in the case of Cu and Ba since additive effects of Al and Ca concentrations were observed in the minimal adequate models (Eqs. 22, 28).

While OC has concentrating effects on metals/metalloids, the influence of TC is more ambiguous. In coastal sediments, some metals, such as Mn, sometimes co-precipitate with carbonates (Ho et al. 2010) but more frequently carbonates exhibit dilution effect (Basaham et al. 2006; Yücesoy and Ergin 1992). Positive additive effect of TC $(a_5>0)$ was observed in

Aveiro Lagoon sediments for Co, Li, Cu, Ni, Pb, V, Ba, Cr (Tables ESM 1, ESM 2, ESM4, ESM 6 – ESM 10, respectively) and therefore, TC in Aveiro Lagoon has the same carrier effect as OC. The difference TC–OC representing carbonates (negative values for samples 4, 5, 6, 8, 9 and BAR (winter) replaced by 0) was not correlated with concentrations of any of the metals/metalloids considered. In Aveiro Lagoon, carbonates (average 0.30 %C, maximum 0.86 %C) had negligible contribution to TC (Table 1) and no effects of carbonates on metal/metalloid concentrations in sediments could be observed.

Values of LBL for metals/metalloids in sediments from the Aveiro Lagoon are compared (Table 2) with LBLs in sediments from Atlantic coast of Europe but mostly from Iberian Peninsula (Gredilla et al. 2015a; Corredeira et al. 2008; Carballeira et al. 2000; Coynel et al. 2016). For sediments from Cávado estuary (situated only 100 km north from Aveiro), the LBLs were estimated, by the same 3s and 4s methods as in the present study, using available data (Gredilla et al. 2015a). For Cr, Co, Zn and Ni, the LBLs for Aveiro Lagoon and for Cávado sediments are very similar. The sediments from Aveiro Lagoon compared with those from Cávado were naturally more enriched with As and V (about 5.3 and 3.1 times, respectively). On the contrary, Cávado sediments have LBL values of Cu and Pb about 3.5 and 3.2 times higher, compared to Aveiro Lagoon. The mean values and ranges of LBL for Co, As, Cu, Zn, Ni, Pb and Cr in marine sediments worldwide were also summarized in Table 2 (Birch 2017). The LBLs in Aveiro Lagoon are similar to the values reported in the world marine sediments but for Co, Ni, Pb are situated in the lower part of the world range.

The EFs for Mn and Ca showed similar behavior, decreasing with both OC and with V/Co molar ratio, especially rapid decrease being observed at low OC contents (Fig. ESM 4 a, b, online resources). The average values (ranges) for molar ratios of redox sensitive elements Ni/Co and V/Cr were 2.22 (0.32-3.96) and 1.22 (0.92-1.53), respectively, and possibly the surface sediments from the Aveiro Lagoon are oxic. Dissolved $O₂$ usually remains high in the lagoon waters even during summer (Lopes and Silva 2006). Deposition in oxic conditions occurs if $Ni/Co < 5$ and $V/Cr < 2$, as demonstrated for marine sediments

(Martinez-Ruiz et al. 2015) and sedimentary rocks (Rimmer 2004). Among other redox sensitive elements, V is particularly responsive to changes in sediment redox properties (Martinez-Ruiz et al. 2015). The molar ratio V/Cr was dependent neither on OC nor on V/Co, while Ni/Co ratio increased with V/Co (r=0.52, p<0.01, Fig. ESM 4 c, d). For the surface sediments of the Aveiro Lagoon, the relationships between Me/Mn molar ratios (Me is the studied metal/metalloid) and V/Co had higher *R 2* compared with similar dependencies of Me/Mn with Ni/Co ratios (results not shown). Therefore, for the studied samples, V/Co has similar significance to Ni/Co, but is preferred to Ni/Co due to better relationships with the Me/Mn ratios.

In sediments, metals/metalloids could be bound to Mn oxohydroxides, as demonstrated for As (Mil-homens et al. 2013; Telfeyan et al. 2017), V (Huang et al. 2015; Tribovillard et al. 2006), Ni, Co, Cu, Zn, Cr (Tribovillard et al. 2006). In oxic conditions, Ba can precipitate as $BaSO₄$ and demonstrates similar behavior to that of Mn (Tribovillard et al. 2006). The sediments whose contamination was related to their proximity to the point source have no correlation between EF of the studied elements and EF of Mn. In contrast, the others samples from Aveiro Lagoon show a strong correlation of EF for some elements with EF of Mn. The dependence is especially strong for As, Ba and Co (Fig. 6 a,c, r=0.94 for Ba and As, 0.90 for Co, 0.62 for Cr, 0.58 for V). Similar dependences, as those in Fig. 6, occur for EF Me_{Al} as a function of EF Ca_{Al} (shown on Fig. ESM 5) but with lower correlation coefficients for the case of Ba, As and Co. Generally, the EFs of As, Ba, Co, Cr and V were inversely related with OC (Fig. 6 b,d). Starting from the continental source (at EF_{Mn} <0.8, n=12), the EF of As increased 16 times, from 0.47±0.10 to 7.5. For Ba and Co, the increase was from 0.98 ± 0.08 and 0.92 ± 0.07 , respectively, to approximately 2.9. The effect was less significant for Cr and V: from 0.97±0.08 for both to 1.6 and 1.5, respectively.

$$
EF Me_{Al} = c_0 + c_1 EF Mn_{Al}
$$
 Me: As, Ba, Co, Cr, V (34)

The values for the intercept c'_0 and the slope c'_1 (Eq. 34a) for As, Ba, Co, Cr and V are given in Table 3. The intercept for As was 0 due to non-linear effects of the slower increase of EF of As at low EF of Mn (Fig. 6 c).

Therefore, the contamination of sediment can occur through two different pathways. First, the relationship with distance indicates direct deposition of contaminated slurry. Second, the correlation supports an intense scavenging of As, Ba and Co during estuarine Mn recycling. Hence, the linear relationship between EF (Eq. 34) suggests a mixing of a terrigeneous endmember with an endogenous Mn oxo-hydroxide precipitate endmember, probably produced during the reoxidation of efflux of dissolved Mn, coming from the reducing part of the sediment ([Thibault de Chanvalon](https://www.sciencedirect.com/science/article/abs/pii/S1385110116303203#!) et al. 2016). This mechanism represents a credible opportunity for As, Ba and Co to co-precipitate in the newly formed Mn oxyhydroxide. Note that this second pathway of contamination, based on our dataset, results in more contaminated sediment, situated relatively far from the contamination source (EF of As up to 7.5 versus 2.6 for slurry deposition, Fig. 5 b,d). Moreover, the importance of the redox dynamic is underlined by the lower correlation of the EF of the two redox elements analyzed (Cr and V) with the EF of Mn. These redox elements are not contaminants of the point source and their EFs are highly correlated (EFs for Cr and V, r=0.85).

For the concentrations of As in the sediments, the geochemical component *YGeo* (Eq. 16) included Mn, TC and FF rather than Al (Eq. 21). The enrichment of sediments with As is determined by EF_{Mn} but not by other conditions (e.g. V/Co ratio). Indeed, the behavior of As is different from that of the other elements since the concentration ratio As/Mn does not depend on V/Co ratio, while for all other studied elements (Cu, Zn, Pb, Ba, Cr, Co, Ni, V) there was an increasing trend of Me/Mn with V/Co ratio (Fig. 7). Strong correlations were found between V/Co ratio and V/Mn (r=0.82), Ba/Mn (r=0.81), Cr/Mn (r=0.75), Cu/Mn (r=0.73), Co/Mn (r=0.70), Ni/Mn (r=0.64), Pb/Mn (r=0.58) and Zn/Mn (r=0.51, p<0.02). Similar

to As, in the oxic water, V is present as vanadate anion (Huang et al. 2015) but, in surface sediments from the Aveiro Lagoon, V demonstrates similar behavior to some metallic cations. While the adsorption of vanadate would increase the binding of metal cations, the binding of other oxoanions, such as arsenate, will be hindered (Huang et al. 2015).

4. Conclusions

The metal/metalloids, coming from a single upstream source, were suspected of contaminating surface sediments from a shallow coastal lagoon. Multiple regression analysis demonstrated that, from the studied chemical elements, only As, Cu, Zn and Pb were influenced both by geochemical and geographical distance variables, the latter representing the anthropogenic influence and the extent of transport of contaminants away from the upstream source. It is possible that for Pb, an additional source within the lagoon exists. The concentrations for the rest of the metals (Ni, Li, V, Ba, Cr, Co) were determined by geochemical variables, the geographical distance being less significant or even non-existent in the final equations. By multiple regression analysis, specific geochemistry effects of one or more explanatory variables were found for the studied elements. The usefulness of enrichment indexes to study the spatial distribution of contaminants away from a point source was demonstrated. The proposed approach is supplementary to the traditional utilization of enrichment factors in order to study the dynamic of metals/metalloids in sediments. Enrichment of the sediment with Ba, As, Co, Cr and V was determined mainly by enrichment with Mn, whose sediment recycling favors As scavenging and could represent an overlooked but more intense pathway for As contamination. Additionally, the binding of Ba, Co, Cr and V was increased at higher V/Co molar ratios in sediments. Enrichment with Cu, Ni, Pb and Zn were higher in sediments with high V/Co molar ratio but were rather independent of enrichment with Mn.

Acknowledgement

This research was supported by national funds through FCT (Foundation for Science and Technology (Portugal) within the scope of UIDB/04423/2020 and UIDP/04423/2020. The

financial support of European SUDOE Interreg IVB Program through the Orque-Sudoe project and of FONDECYT project (1150855) is acknowledged. João Pedro Coelho is funded by CESAM (UIDP/50017/2020+UIDB/50017/2020) and the Integrated Program of SR&TD 'Smart Valorization of Endogenous Marine Biological Resources Under a Changing Climate' (Centro-01-0145-FEDER-000018), co-funded by Centro 2020 program, Portugal 2020 and the European Regional Development Fund.

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Figure captions

- **Fig. 1.** Map of **(a)** Localization of the Aveiro Lagoon (Atlantic coast, Portugal) **(b)** Aveiro Lagoon with the sampling points. Each point is characterized by distances (*dS*, *dM*, *dR*) within the simplified border (hyphen line) to contamination source (**S**), to the lagoon mouth (**M**) and to a reference point **R**, respectively **(c)** Laranjo Bay with the sampling points.
- **Fig. 2.** Dependence of concentrations of metals [Me] in surface sediments from the Aveiro Lagoon on the distance to the contamination source (*dS*); **(a)** Co, Li, As, Cu, Zn; **(b)** Ni, Pb, V, Ba, Cr.
- **Fig. 3.** Contour plot (mmol kg⁻¹) of (a, c, e, g) model values and (b, d, f, h) experimental values for concentrations of (**a**, **b**) As, (**c**, **d**) Cu, (**e**, **f**) Zn and (**g**, **h**) Ni in surface sediments (Aveiro Lagoon). A specific geochemical function fgeo (on y axis) is defined for each element (Eqs. 17, 21-24) and separated statistically from geographical distance function (on x axis); d_R : distance to reference point, d_S : distance to contamination source.
- **Fig. 4.** Contour plot (mmol kg^{-1}) of (a, c, e, g) model values and (b, d, f, h) experimental values for concentrations of (**a**, **b**) Pb, (**c**, **d**) V, (**e**, **f**) Ba and (**g**, **h**) Cr in surface sediments (Aveiro Lagoon). A specific geochemical function f_{geo} (on y axis) is defined for each element (Eqs. 17, 26-29) and separated statistically from geographical distance function (on x axis); d_R : distance to reference point, d_S : distance to contamination source.

Fig. 5. Dependence of (**a**, **b**) enrichment index (EI) and (**c**, **d**) enrichment factor (EF) on the distance (d_S) to the contamination source for metals/metalloids in surface sediments (Aveiro Lagoon): (**a**) Ba, V, Cr, Ni; (**b**) As, Cu, Zn; (**c**) Li, Ba, V, Cr, Ni, Co; (**d**) As, Cu, Zn, Pb.

- **Fig. 6.** Dependence of the enrichment factor (EF) for metals/metalloids (Me) on (**a**, **c**) EF for Mn and on (**b**, **d**) organic carbon (OC) content for surface sediments (Aveiro Lagoon). The results for As, Cu, Zn and Pb from Laranjo Bay are excluded; (**a**, **b**) Ba, Zn, Cu, Cr, Pb and (**c**, **d**) Co, Ni, V, As.
- **Fig. 7.** Dependence of the ratio between concentrations of metals/metalloids [Me] and Mn as a function of V/Co ratio in surface sediments (Aveiro Lagoon). The results for As, Cu, Zn and Pb from Laranjo Bay are excluded; (**a**) Ba, Zn, Cu, Cr, Pb; (**b**) Co, Ni, V, As.

Table 1 Average values (bold), standard deviations and ranges (italic) for fine fraction (<0.63 m, FF, %) and concentrations of organic carbon (OC, %), total carbon (TC, %), organic matter (OM, %, loss on ignition) and metals/metalloids (mmol kg^{-1}) in surface sediments from Laranjo Bay (n=7) and from the other part of the Aveiro Lagoon (n=25 for FF, OC, TC, OM and As; n=24 for the other elements). Local background levels (LBL) were calculated using 3s and 4s criteria

 $\frac{1}{(a)}$ Samples 1-5 and LAR are excluded (Fig. 1c); $^{(b)}$ LBL calculated according to Gredilla et al. (2015b); Fe in sample BAR in summer could not be quantified (<LOQ).

Table 2 Comparison of local background levels (LBL, mmol kg⁻¹) of metals/metalloids in marine and estuarine sediments

 $\frac{1}{(a)}$ this study; range of LBL determined by 3s and 4s methods according to Gredilla et al. 2015b

(b) calculated from Gredilla et al. 2015a; range of LBL determined by 3s and 4s methods according to Gredilla et al. 2015b

(c) Corredeira et al. 2008

 $^(d)$ Carballeira et al. 2000</sup>

(e) Coynel et al. 2016

 $^(f)$ Birch 2017; mean and range of LBL in coastal and marine sediments</sup>

 (9) Rudnick and Gao 2003; UCC: upper continental crust

Me	$c'_0 \times 10^{-5}$	$c'_1 \times 10^{-5}$	R^2
As	0	7510 ± 452	$0.88(n=24)$
Ba	51.4 ± 1.8	3655 ± 241	$0.89 (n=31)$
Co	6.73 ± 0.32	472 ± 43	$0.81(n=31)$
Cr	38.2 ± 1.5	866 ± 204	$0.38(n=31)$
V	47.5 ± 1.7	880 ± 223	$0.34 (n=31)$
Abbreviations: Me: metal/metalloid; EF: Enrichment Factor; LBL: Local			
	\mathbf{r} 1000 April 2010 April	/[Me]\ \mathbf{r}	\cap Me \cap

Table 3 Values for the intercept c'_0 and the slope c'_1 and the coefficient of determination R^2 for As, Ba, Co, Cr and V (Eq. 34a). Data from Laranjo Bay (Fig. 1c) for As were removed

Background Level; $= c_1$ ($\frac{[ME]}{[Al]}$ $c'_1 = c_1 \left(\frac{1}{1}\right)$ $\frac{[me]}{[Mn]}$

Fig. 1

Fig. 3

Fig. 4

Fig. 5

Fig.6

Fig. 7