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PAPER

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Engineering 3D parallelized microfluidic droplet generators with equal flow profiles by computational fluid dynamics and stereolithographic printing

Tom Kamperman,[a‡] Liliana Moreira Teixeira,[ab‡] Seyedeh Sarah Salehi,[ac‡] Greet Kerckhofs,[defg] Yann Guyot,[dh] Mike Geven,[i] Liesbet Geris,[dh] Dirk Grijpma,[i] Sebastien Blanquer[j] and Jeroen Leijten[a*]

Microfluidic droplet generators excel in generating monodisperse micrometer-sized droplets and particles. However, the low throughput to which conventional droplet generators hinders their clinical and industrial translation. Current approaches to parallelize microdevices are challenged by the two-dimensional nature of the standard fabrication methods. Here, we report on the facile production of three-dimensionally (3D) parallelized microfluidic droplet generators consisting of stacked and radially multiplexed channel designs. Computational fluid dynamics simulations form the design basis for a microflow distributor that ensures similar flow rates through all droplet generators. Stereolithography is the selected technique to fabricate microdevices, which enables the manufacturing of hollow channels with dimensions as small as 50 µm. The microdevices could be operated up to 4 bars without structural damage, including deformation of channels, or leakage of the on-chip printed Luer-Lok type connectors. The printed microdevices readily enable the production of water-in-oil emulsions, as well as polymer containing droplets that act as templates for both solid and core-shell hydrogel microparticles. Cytocompatibility of the 3D printed device is demonstrated by encapsulating mesenchymal stem cells in hydrogel microcapsules, which result in the controllable formation of stem cell spheroids that remain viable and metabolically active for at least 21 days. Thus, the unique features of stereolithography fabricated microfluidic devices allow for the parallelization of droplet generators in a simple yet effective manner by enabling the realization of (complex) 3D designs.

Introduction

Microfluidic generation of droplets provides precise volume control, low reagent consumption, in-line control, and monodisperse products.[1-4] Not surprisingly, microfluidics is highly suitable for numerous applications including (single) cell analysis, cell therapies, pharmacological screenings, emulsion chemistry, and micromaterial fabrication.[5-9] However, several practical problems that occur during microfluidic device parallelization have been hampering the upscaling of microfluidic processes to clinically and industrially relevant quantities. Specifically, upscaling is currently limited by the two dimensional (2D) or 2.5D nature of conventional microfluidic device fabrication methods, which only provide parallelization along single- or double-axis planes.[10-12] Although additive manufacturing technologies such as extrusion printing, two photon polymerization, and stereolithography have been used to fabricate three dimensional (3D) microfluidic devices,[13-20] the multi-axial stacking of high-resolution microfluidic droplet generators along more than two axes remains elusive. Moreover, parallelization of microfluidic droplet generators in current designs typically associates with broadened droplet size distributions due to the small variances in flow rates that typically occur across multiplexed devices.[21, 22] Current parallelization strategies thus often fail to preserve one of microfluidics' key advantages, that is, monodisperse production. Various liquid distribution schemes including 'tree', 'ladder', and 'annular' type channel networks have been used to minimize the pressure gradients across parallelized droplet generators.[10, 23-26] However, the relative complex designs of these liquid distributors has hampered the controlled

[a.] Department of Developmental BioEngineering, Faculty of Science and Technology, Technical Medical Centre, University of Twente, Drienerlolaan 5, 7522 NB Enschede, The Netherlands. Email: jeroen.leijten@utwente.nl
[b.] Regenerative Medicine Utrecht, Department of Equine Sciences, Faculty of Veterinary Medicine, Utrecht University, Utrecht, The Netherlands.
[c.] Department of Mechanical Engineering, Sharif University of Technology, P.O. Box: 11155-9567, Tehran, Iran.
[d.] Prometheus, Division of Skeletal Tissue Engineering, KU Leuven, Herestraat 49, 3000 Leuven, Belgium.
[e.] Department Materials Engineering, KU Leuven, Kasteelpark Arenberg 44, 3001 LEUVEN, Belgium.
[f.] Biomechanics Lab – Institute of Mechanics, Materials, and Civil Engineering, UCLouvain, Place du Levant 2/L5.04.02, 1348, Louvain-la-Neuve, Belgium.
[g.] IREC – Institut de recherche expérimentale et Clinique, UCLouvain, Avenue Hippocrate, 55 bte B1.55.02, 1200 Woluwé-Saint-Lambert Belgium.
[h.] Biomechanics Research Unit, GIGA in silico medicine, Université de Liège, Avenue de l'Hopital 11, 4000 Liège, Belgium.
[i.] Department of Biomaterials Science and Technology, Faculty of Science and Technology, Technical Medical Centre, University of Twente, Drienerlolaan 5, 7522NB Enschede, The Netherlands.
[j.] Institut Charles Gerhardt Montpellier - UMR5253, Université Montpellier, CNRS, ENSCM, Montpellier, France.

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‡ Co-first authors who contributed equally to this work. Author sequence was randomly determined.

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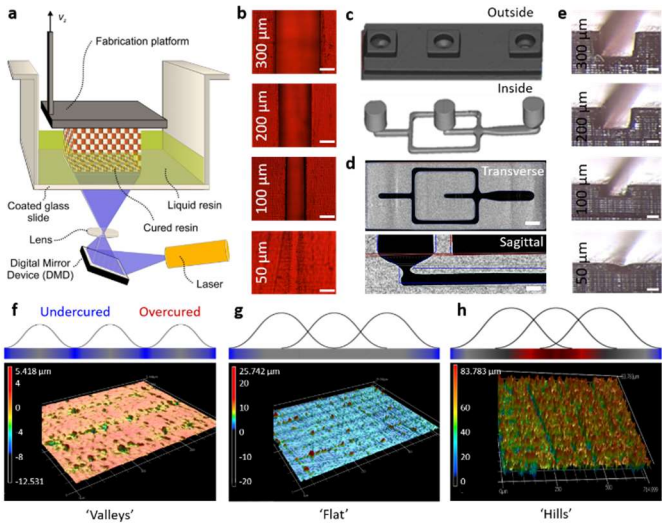

Fig 1. High-resolution stereolithographic 3D printing of microfluidic channels. (a) Schematic representation of stereolithography with a digital micromirror device (DMD), which was used to manufacture (b) microfluidic channels made of PIC100 resin. Scale bars indicate 100 µm. The designed (i.e., intended) channel widths are indicated per microphotograph with white text. (c) 3D reconstructed µCT data of printed microfluidic device. (d) Cross-sectional µCT images were digitally overlapped with its original CAD design (blue lines) and confirmed high 3D print fidelity. Scale bar transverse plane indicates 500 µm. Scale bar sagittal plane indicates 150 µm. (e) Stereomicroscopic images of open-top channels confirmed accurate inter-layer alignment. Scale bar indicates 300 µm. (f-h) Laser-scanned surface roughness of the 3D printed channels as determined by confocal profilometry. Voxel undercuring and overcuring resulted in apparent 'valleys' and 'hills' at the voxels' intersection, respectively.

parallelization along more than two axes. To overcome this limitation and enable the large-scale generation of monodisperse microdroplets, novel advanced designing and manufacturing strategies are needed to achieve the high-resolution fabrication of 3D parallelized microfluidic device designs with equally distributed flow profiles.

In this work, we used computational fluid dynamics simulations in combination with high-resolution stereolithographic printing to engineer 3D parallelized microfluidic droplet generators. The devices had a minimal footprint and were compatible with high-throughput production of monodisperse micromaterials. Specifically, multiple stacks of radially oriented droplet generators were connected to a microflow distributor that was optimized to provide equal flows to all connected channels. This computed microfluidic device design thereby enabled the continuous high-throughput generation of monodisperse droplets using multiple 3D stacked droplet generators operating at equal flow rates. The microfluidic devices were fabricated in a cleanroom-free manner that did not demand labor intensive post-processing or assembly. Specifically, we used stereolithography with a digital micromirror device (DMD), also called digital light processing (DLP), to create optically transparent flow focusing droplet generators with channel diameters as small as 50 µm with high fidelity. The 3D parallelized microfluidic device was demonstrated to be compatible with the production of microdroplets and -particles of various sizes, compositions, and complexities. For example, human mesenchymal stem cells were encapsulated into hydrogel microcapsules that acted as controlled microbioreactors, and which can potentially be applied in fundamental biological research, pharmaceutical screening, or therapeutic applications.[5] In short, the combination of computational fluid dynamics simulations and stereolithographic printing enabled the engineering of a 3D parallelized microfluidic device with a minimal footprint and compatible with high-throughput production of monodisperse micromaterials. This microfluidic upscaling strategy overcomes key hurdles that are associated with conventional droplet generator parallelization strategies in a facile, affordable, and easily adoptable manner.

Results and discussion

Stereolithographic 3D printing of micrometer-sized channels

Stereolithographic printing using a DMD is compatible with the facile and reproducible printing of optically transparent devices with intricate internal features, such as 3D microfluidic channel networks.[27, 28] Importantly, the potential of 3D microfluidic device printing is mostly limited by the minimal printing resolution of continuous void spaces (e.g., open channels). Besides the DMD mirror size, dominant factors affecting the printing resolution are the spectral overlap of the light source and the resin's light absorber, as well as the absorber concentration and irradiation dose.[17] We explored a visually transparent, yet photocurable orange resin (PIC100) that allowed for high-fidelity 3D photo-based printing of optically transparent microfluidic chips. This commercially available resin in combination with the used printer (EnvisionTec Perfactory 3 Mini Multi Lens) readily allowed for the fabrication of open and transparent microfluidic channels with dimensions down to 50 µm using an exposure time and intensity of 9 s and 180 mW/dm² respectively (Fig. 1a,b). It was also noted that deviating from these settings could cause significant overexposure resulting in overlapping crosslinking regions, which caused channel closure (Fig. S1†). For custom resin formulations and printers, it is therefore crucial to first optimize the level of photocuring in order to optimize the fabrication resolution. To this end, a 'working curve' that correlates the curing depth to the irradiation dose can be constructed.[29]

Computer-aided design (CAD) software and stereolithographic printing of PIC100 resin were then used to manufacture a flow focusing droplet generator with a 100 µm wide nozzle. 3D reconstructed microcomputed tomography (µCT) analysis confirmed the smooth, continuous, and connected nature of microscale channels throughout the device (Fig. 1c). By digitally overlapping the µCT data with its corresponding CAD design, it was confirmed that the stereolithographic printing of microfluidic channels was associated with a high degree of fidelity as only micrometer-sized discrepancies were detected (Fig. 1d). Interestingly, these discrepancies predominantly occurred in the smallest channels, which were designed to be 100 µm high, but were consistently printed as 75 µm high channels with well-defined edges. This phenomenon could potentially be leveraged to controllably achieve 3D printing of hollow channels shallower than 100 µm. Printing channels with

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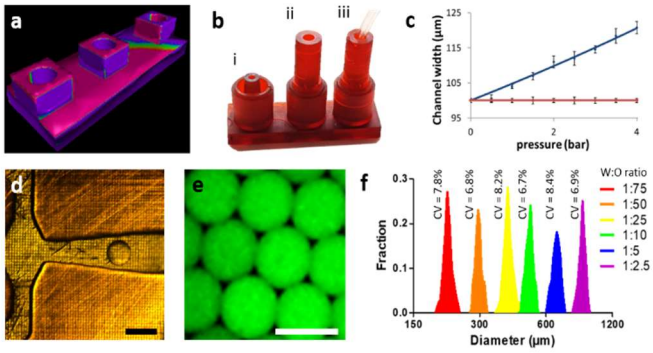

Fig 2. Microdroplet production using a 3D printed microfluidic device. (a) Stereolithographic printing enabled the printing of a microfluidic droplet generator that could be readily provided with (b) Luer-Lok type connectors, which enable swift chip-to-world connections as visualized by a (i) male Luer-Lok connector, (ii) that can be locked to a separately printed female Luer-Lok, (iii) through which microfluidic tubing can be connected. (c) Channel width (average ± standard deviation; n = 3) analysis as a function of internal pressure revealed nihil pressure-induced deformation of 3D printed channels (red curve) as compared to conventional PDMS-on-glass channels (blue curve) with identical designs. (d) Microphotograph of water-in-oil droplet generation using a 3D printed microfluidic device with a 150 µm wide nozzle confirmed chip functionality as well as the transparent nature of the photocured PIC100 resin allowing for on-chip monitoring using light microscopy. (e) Emulsified aqueous droplets containing fluorescein could be collected and imaged off-chip. (f) Size distribution and coefficient of variation (CV) of microdroplets (n ≥ 100) produced using 3D printed microfluidic device using various water / oil flow ratios (total flow rate 200 µl/min). All scale bars indicate 200 µm.

dimensions below 100 µm also associated with channel rounding. It is anticipated that even smaller channels can be printed when using customized resins, combinations of multiple resins within a single print, and higher resolution 3D printers.[17, 30]

An open-top droplet generator was then printed to facilitate characterization of the inter-layer alignment, as well as the printed channels' surface roughness. Importantly, small vibrations of the work bench during printing resulted in significant inter-layer displacements (Fig. S2†). Placing the printer on an isolated work bench was critical to achieve an inter-layer horizontal alignment error of 2.8±2.8 µm (average ± standard deviation; n = 35), as confirmed by cross-sectional microscopic analysis (Fig. 1e). Laser confocal scanning microscopy was used to generate a partial surface profile map, which revealed that the average surface roughness of the channels was as low as 715±12 nm. Spatial reconstruction of the surface revealed a grid like pattern that was likely caused by partial overlapping of the projected light from adjacent digital micromirrors (Fig. 1f-h). Tuning the exposure at the projected intersections had an effect on channel surface smoothness. Specifically, under- and overexposing individual voxels resulted in the formation of apparent hills or valleys at the voxels' intersections. The relatively rough surfaces that appeared after overcuring associated with aqueous channel wetting, which led to uncontrolled droplet pinch-off and thus more polydisperse water-in-oil droplet size distributions (Fig. S3†). However, using a 9 s projection at 180 mw/dm^2 resulted in satisfactory flat microfluidic channels that enabled the flow focusing of water in oil without wetting of the channel's surface by the aqueous phase.

3D printing microfluidic droplet generators

The optimized stereolithographic 3D printing procedure was used to produce a microfluidic droplet generator (Fig. 2a). The printed microdevices were ready for use after removal of the non-crosslinked resin, which was achieved by flushing the channels with isopropanol. The combination of CAD and 3D printing offered the opportunity to manufacture on-chip integrated Luer-Lok type connectors enabling swift and robust connection of tubing (Fig. 2b). The 3D printed microfluidic channels did not significantly deform with operating pressures up to 4 bar. In contrast, PDMS-based microfluidic devices with identical channel design elastically deformed up to 20% when exposed to similar pressures, which has been reported to affect the flow velocity, increase the response time, and induce the risk of PDMS/glass delamination resulting in device leakage (Fig. 2c).[31]

Functionality of the 3D printed droplet generators was demonstrated by producing a fluorescently labeled water-in-oil emulsion. Specifically, fluorescein solution was co-flown with Span 80 containing hexadecane, which effectively created stable aqueous microdroplets (Fig. 2d) that could be collected off-chip (Fig. 2e). Of note, this experiment also confirmed that the 3D printed microdevices were sufficiently transparent to enable on-chip monitoring using conventional optical imaging techniques, such as light microscopy. Monodisperse droplets (coefficient of variation CV <10%) between 150 µm and 1000 µm in diameter were produced using a 150 µm flow focusing droplet generator by varying the per-nozzle water / oil flow ratio from 1:75 to 1:2.5 µl/min and maintaining a total per-nozzle flow rate of 200 µl/min (Fig. 2f). Operating the droplet

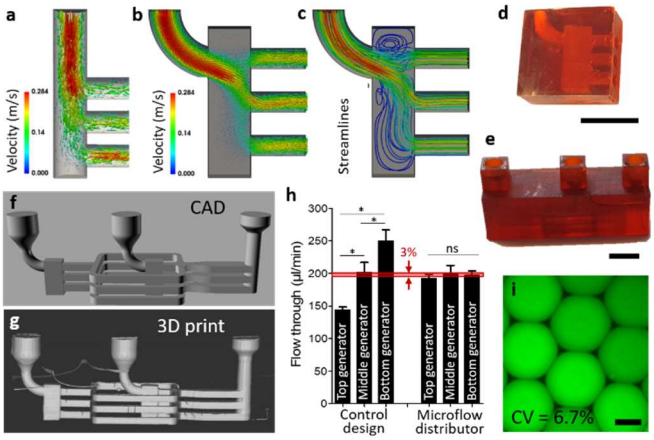

Fig 3. Design and optimization of 3D printed stacked microfluidic droplet generator. (a) Numerical flow simulations of conventionally stacked microfluidic channels and (b,c) stacked channels connected via a computationally optimized microflow distributor. (d) Photographs of a 3D printed optimized microflow distributor and (e) a one-piece 3D printed microfluidic device containing a microflow distributors serially connected to three stacked droplet generators. Scale bars indicate 500 µm. Printing fidelity was investigated by comparing the (f) CAD design to (g) 3D reconstructed µCT data of the printed microdevice. (h) The measured flow throughs (average ± standard deviation; n = 3) of conventionally stacked droplet generators (i.e., control design) and stacked droplet generators connected via the computationally designed microflow distributor. '*' indicates p < 0.05; 'ns' indicates p > 0.05; one-way ANOVA. (i) Microphotograph of monodisperse (CV < 10%; n ≥ 100) fluorescein containing aqueous microdroplets in oil that were produced using stacked microfluidic droplet generators containing a microflow distributor. Scale bar indicates 100 µm.

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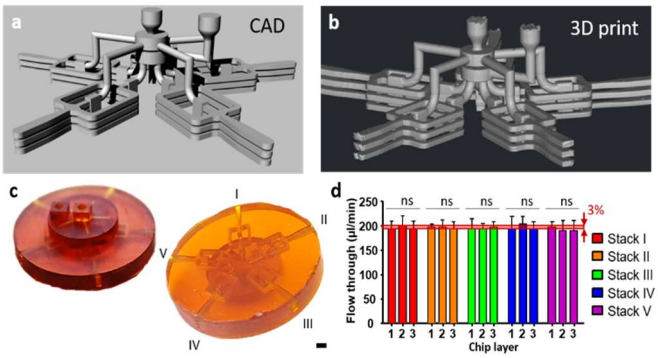

Fig 4. Printed 3D parallelized microfluidic device containing radially organized microdroplet generator stacks. (a) CAD design and (b) 3D reconstructed µCT data of the printed 3D parallelized microfluidic droplet generator device containing five radially organized stacks that each contain three droplet generators. (c) Photographs of a printed 3D parallelized microfluidic device from the top and bottom view. (d) The measured flow throughs (average ± standard deviation; n = 3) of fifteen 3D parallelized droplet generators. 'ns' indicates p > 0.05; one-way ANOVA. Scale bar indicates 200 µm.

generator at significantly higher flow rates causes jetting instead of dripping resulting in the formation of more polydisperse droplets, as described in previous studies.[32, 33]

3D parallelization of microfluidic droplet generators

Stereolithographic 3D printing allowed for the manufacturing of droplet generators arrays. To demonstrate thi s, a 4 by 2 array of microfluidic droplet generators was printed within 20 minutes (Fig. S4†). The number of microfluidic droplet generators per array can easily be further upscaled within the same manufacturing time as it is only limited by the printing platform size. Importantly, the accurate and precise nature of stereolithographic 3D printing offers the advantage of manufacturing microfluidic devices with truly complex multi-layered channel designs in a facile manner.[34] To demonstrate this feat, three stacked microfluidic droplet generators with a minimal channel geometry of 75 µm were printed. Connecting these stacked droplet generators via a non-optimized (i.e., conventional) distribution channel resulted in unequal flow distributions across the parallelized device, as visualized through computational fluid dynamics simulations (Fig. 3a). Such flow rate gradients across parallelized droplet generators have been reported to cause polydisperse droplet size distributions.[21] To achieve stacked droplet generators with equal in-channel fluid velocities and flow stream lines, we designed and computationally optimized a microflow distribution tank (Fig. 3b,c). The design was iterated until the relative difference between flow through of the three outlets was smaller than 3%, which in principle corresponds to a relative droplet diameter difference of maximally ~1% (diameter ~ volume$^{1/3}$). Scanned design parameters included chamber size, presence of an internal spacer within the chamber, and placement and configuration of chamber inlets and outlets (Fig. S5†). The design iterations eventually resulted in a microflow distributor that was characterized by equally distributed flow rates through all the stacked outlet channels.

The optimized microflow distributor was converted into a CAD model and could be successfully printed as a stand-alone unit (Fig. 3d), as well as in series with a microfluidic droplet generator stack (Fig. 3e). µCT scanning confirmed that the device – including its internal microchannels – could be 3D printed with high fidelity as compared to its CAD design (Fig. 3f,g). Measuring the per-channel flow rate confirmed that optimizing the microflow distributor's design reduced average relative flow rate differences among stacked droplet generator from >40% (i.e., not optimized) to <3% (i.e., optimized) (Fig. 3h). Consequently, the computed microflow distributor enabled the parallelized production of monodisperse microdroplets enabling equal performance of stacked droplet generators (Fig. 3i).

To achieve 3D parallelization (i.e., along three axes) of the microfluidic device, stacked microfluidic droplet generators were arranged in a radial manner (Fig. 4a and Fig. S6†). It is of note that, in contrast to conventional microfabrication methods, stereolithographic printing enabled manufacturing of these complex 3D parallelized microdevices at a similar level of ease as the single droplet generators microdevices.[13] µCT analysis confirmed microchannel connectivity and smoothness of all 3D parallelized droplet generators (Fig. 4b). The flow rates throughout the 3D parallelized droplet generators were not significantly different and fell within the predicted 3% error (Fig. 4c,d). Advantageously, the upscaling of microdroplet generation throughputs using radial and stacked designs associates with improved per-footprint production rates. It is of note that the number of droplet generators within the stacked radial microfluidic devices are not limited to their current three by five parallelized design, but can be further increased with the 3D printer's maximal production dimensions being the key limiting factor.

Cell-laden microgels production using 3D parallelized microfluidic droplet generators

The 3D parallelized microfluidic droplet generators were compatible with the production of micromaterials in a highly controlled and cytocompatible manner. To demonstrate this, a

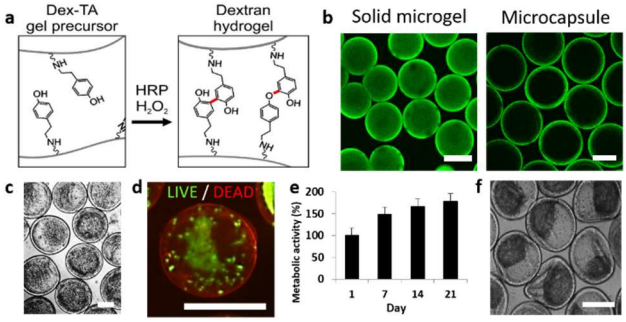

Fig 5. Production of cell-laden enzymatically crosslinked Dex-TA hollow microgels using a printed 3D parallelized microfluidic device. (a) Schematic representation of enzymatic crosslinking of Dex-TA polymer using horseradish peroxidase (HRP) and hydrogen peroxide (H_2O_2). On-chip emulsification followed by off-chip crosslinking based on outside-in diffusion of H_2O_2 enabled the formation of (b) solid microgels and hollow microcapsules, as confirmed by confocal microscopy of FITC labeled Dex-TA. (c) Human mesenchymal stem cells (MSC) were encapsulated in Dex-TA microcapsules. Short- and long-term cytocompatibility of the microencapsulation procedure as well as the Dex-TA microcapsules was confirmed by (d) viability analysis (i.e., live/dead) immediately after encapsulation and (e) metabolic activity analysis (i.e., MTT; average ± standard deviation; n = 3) over a period of 21 days. (f) Furthermore, microencapsulated MSCs remained viable and functional as confirmed by the formation of 3D cellular spheroids within Dex-TA microcapsules. All scale bars indicate 200 µm.

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solution of tyramine-conjugated dextran (Dex-TA) polymer and horseradish peroxidase (HRP) was emulsified in hexadecane oil with Span 80 surfactant. Diffusion-based supplementation of hydrogen peroxide resulted in dextran hydrogel formation through the HRP-mediated crosslinking of tyramines bonds (Fig. 5a).[35] By tuning the hydrogen peroxide concentration, both solid microgels and hollow hydrogel microcapsules could be fabricated in a controlled manner (Fig. 5b). Hydrogel microcapsules represent a 3D physically confined microenvironment that is highly suited for the generation of cellular spheroids and organoids, which have a wide variety of applications in biomedical research.[36] As a proof of concept, mesenchymal stem cells (MSCs) were encapsulated into monodisperse dextran microcapsules with a diameter and shell thickness of ~325 µm and ~25 µm, respectively (Fig. 5c). The high percentage of viable cells (>95%) post-encapsulation confirmed the cytocompatible nature of cell encapsulation using the printed microfluidic device (Fig. 5d). Furthermore, MSCs encapsulated within the Dex-TA microcapsules remained viable and metabolically active over a culture period of three weeks (Fig. 5e). Due to the bio-inert nature of the hollow microgels' Dex-TA polymer shell, MSCs energetically favored cell-cell interactions over cell-substrate interactions resulting in the efficient formation of stem cell spheroids within the microgels (Fig. 5f). Furthermore, the cell-laden Dex-TA microcapsules remained intact during three weeks of *in vitro* culture. The high production rate of the printed 3D parallelized microdevice and its compatibility with biomedical applications (e.g., long-term 3D stem cell culture within hydrogel microcapsules) offers novel opportunities in the fields of developmental biology, drug screening, and bottom-up tissue engineering.

Conclusions

Upscaling droplet microfluidics through parallelization is technically challenging due to the design complexity of the microfluidic device that is essential to maintain monodisperse production. In this work, we have pioneered a combinatorial approach of computational fluid dynamics simulations, CAD, and 3D printing to engineer a microflow distribution channel that enabled the 3D parallelization of microfluidic droplet generators while maintaining this desired monodisperse production. Specifically, a commercially available stereolithographic printer equipped with a DMD was leveraged to manufacture microfluidic devices with channel dimensions down to 50 µm. The 3D parallelized microfluidic device comprised of radially oriented droplet generator stacks containing a computationally designed microflow distributor. This novel 3D parallelization strategy enabled equal per-nozzle flow rates resulting in the production of monodisperse (CV <10%) microdroplets with diameters between 150 and 1000 µm by tuning the water / oil flow ratio. Moreover, droplets and micromaterials of different composition and complexity were produced, including solid microgels and hydrogel microcapsules. To demonstrate the compatibility of the printed microdevice with biomedical applications, viable and long-term stable 3D stem cell spheroids were formed and cultured within dextran-based hydrogel microcapsules. In principle, 3D parallelization could be further upscaled in a facile manner by increasing the number of radial stacks or increasing the amount of droplet generators per stack while maintaining a small production device footprint. It is of note that the resolution of our stereolithographic printing method to create continuous open microfluidic channels was limited to 50 µm. This challenged the generation of <100 µm droplets. However, it is anticipated that higher resolution channel printing can be achieved by improving the printing techniques and exploring novel inks / resins. In short, stereolithographic printing of 3D parallelized microfluidic droplet generators has significant potential to simplify and accelerate micromaterial production for biomedical, life sciences, cosmetics, food, and pharmacological applications.

Conflicts of interest

There are no conflicts of interest to declare.

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