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# Quantification of bis(2-ethylhexyl) phthalate released by medical devices during respiratory assistance and estimation of patient exposure

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1	Abbreviati	ons
2	ANSM	French national drug safety agency
3	ARMED	Assessment and Risk Management of Medical Devices in
4	polyvinylch	loride
5	BBP	Benzyl butyl phthalate
6	d	Day
7	DEHP	Bis(2-ethylhexyl) phthalate
8	ЕСМО	Extracorporeal Membrane Oxygenation
9	GC-MS	Gas chromatography coupled to mass spectroscopy
10	ICU	Intensive care unit
11	INRS	National Research and Safety Institute
12	Кс	Conservation yield
13	Kt	Recovery rate
14	LC-MS/MS	S liquid-chromatography tandem mass spectrometry
15	LOD	Limit of detection
16	LOQ	Limit of quantification
17	MEHP	Mono(2-éthylhexyl)phtalate
18	MD	Medical device
19	NICU	Neonatal intensive care unit
20	NIOCH	The National Institute for Occupational Safety and Health

plasticized

21	PVC	Polyvinyl chloride
22	SAV	Secured air valve
23	SCENIHR	Scientific Committee on Emerging and Newly Identified Health Risks
24	SD	Supplementary data
25	SpO2	Peripheral oxygen saturation
26	RSV	Relative standard deviation
27	ТАТ	Tapered air tap

## 29 Introduction

Polyvinyl chloride (PVC) is a material widely used in medical devices (MDs). Plasticisers are 30 added to improve its flexibility, which makes it possible to design soft, resistant and 31 32 transparent tubings. The concentration of plasticizers generally varies between 20 and 40% of the total weight of PVC (Bernard et al., 2015a). However, since they are not covalently 33 bonded to the PVC matrix, they can easily migrate from the MD and come into contact with 34 patients during certain medical procedures (Eckert et al., 2016). The 2008 edition of the 35 Scientific Committee on Emerging and Newly Identified Health Risks (SCENIHR) report, 36 37 updated in 2015 (SCENIHR, 2016), highlighted the risks associated with the use of PVC containing bis- (2-ethylhexyl) phthalate (DEHP) as a plasticizer. Indeed, DEHP is classified 38 as a CMR1b compound (carcinogenic, mutagenic or toxic for reproduction) according to the 39 40 European regulation 1272-2008, with the hazard rating H360 (former EU 2 classification): "toxic for reproduction and development". Its use in PVC devices has therefore been 41 questioned by the European authorities (European Union, DIRECTIVE 2007/47/EC OF THE 42 EUROPEAN PARLIAMENT AND OF THE COUNCIL of September 5<sup>th</sup>, 2007). The European 43 Regulation 2017/745 of the European Parliament and the Council of April 5<sup>th</sup> 2017 on MDs 44 specifies that, unless justified, MDs must not contain concentrations greater than 0.1% in 45 mass fraction (m/m) of carcinogenic, mutagenic or toxic substances for reproduction category 46 1A or 1B, or substances with endocrine disrupting properties, for which it is scientifically 47 proven that they may have serious effects on human health (Regulation (EU) 2017/745 of the 48 European Parliament and of the Council of 5 April 2017 on medical devices, 2017). The 49 specifications of this Regulation are applicable by 26<sup>th</sup> May 2020 at the latest. 50

51 DEHP toxicity is particularly dreaded in newborns because of their low metabolic and 52 detoxification capacity, their low body weight and their organic immaturity, especially in 53 premature infants (Ku and Smith, 2015). Several studies have been conducted to evaluate

newborns exposure to DEHP via MDs. Loff et al (Loff et al., 2000) concluded that the 54 amount of DEHP released by DEHP plasticized PVC infusion lines is particularly at risk for 55 these vulnerable patients. In 2018, a study showed that, despite the decrease in urinary 56 concentration of DEHP metabolites in intensive care unit (ICU) infants compared with other 57 earlier cohorts, these amounts remained higher than those of non-hospitalized newborns 58 (Stroustrup et al., 2018). In another study, a significant correlation between DEHP 59 60 metabolites and the use of ventilation devices was found, including non-invasive ventilation (Stroustrup et al., 2020). Strømmen et al also showed (Strømmen et al., 2016) that high levels 61 of DEHP metabolites in hospitalized newborns are significantly correlated with the duration 62 of mechanical ventilation. 63

The ARMED<sup>®</sup> study, coordinated by the University Hospital of Clermont-Ferrand and funded by the French national drug safety agency (ANSM), aimed to assess and manage the risks associated with PVC plastic MDs. While DEHP migration has been studied in infusion (Takehisa et al., 2005), transfusion (Buchta et al., 2005) and cardiopulmonary bypass MDs (Fernandez-Canal et al., 2018), no study has been able to quantitatively estimate neonates exposure to DEHP via respiratory assistance devices.

This work aims to develop an *ex vivo* model to quantify the doses of DEHP released by the plasticized PVC MDs. After validation, this model will be used to estimate exposure doses of newborns to DEHP via these MDs.

73

#### 74 **1. Material and methods**

75 1.1. Instruments and reagents

For DEHP quantification in air, we used ORBO <sup>TM</sup> -23 2-HMP cartridges topped with XAD2<sup>®</sup> resin (20/40) 120/60 mg manufactured by Supelco<sup>®</sup> (Ref: 20257-U, Clermont-

Ferrand, France). Extraction was realised with Branson 1200 ultrasonic (Emerson, Rungis, 78 France) and Visiprep<sup>TM</sup> Supelco cartridge vacuum manifold (reference 57030U Sigma-79 Aldrich, St. Louis, USA). For the simulation, we used a ball flow meter (reference IU 024, 80 Air Liquide Santé, France), humidifier (Reference 2221, Covidien, France) and a 1 m length 81 oxygen cannula containing DEHP with internal diameter of 3 mm (Reference: 13320, 82 Covidie, France). To quantify DEHP, we used a Clarus 500 GC-MS chromatograph (Perkin 83 Elmer, USA) using electronic impact ionisation tuned to 70 eV and an Optima 5 Accent, 5% 84 diphenyl 95% dimethylpolysiloxane (30 m  $\times$  0.25  $\mu$ m  $\times$  0.25 mmID) capillary column 85 (Macherey-Nagel, Germany). 86

87 DEHP metabolites quantification was realized using a Prominence UFLC (Shimadzu, Marne la Vallée, France) equipped with a SIL-20AC XR autosampler, a LC-20AB module, two LC-88 20 AD XR pumps, two FCV-11AL reservoir switching valves, two FCV-12AH 6-port 89 switching valves, a CTO-20AC column oven, two DGU-20A3 on-line solvent degasser and a 90 CBM-20A system controller. A precolumn in-line filter (0.5 µm, Thermo Fisher Scientific, 91 92 Illkirch, Fance) was inserted between the injector and the switching valve to extend the lifetime of the columns. Two TurboFlow® Cyclone  $0.5 \times 50$  mm columns (Thermo Fisher 93 Scientific) were placed at the pump outlet to avoid contamination between the LC-20AB 94 95 pump outlet and the switching valve and between the LC- 20AD XR pump outlet (pump A) and the solvent mixer. Mass spectrometer was a hybrid triple quadripole/linear ion trap 96 QTRAP 5500 (Sciex, Framingham, MA, USA) with a Turbo V IonSpray ionisation source. 97

As for reagents, we used 99.99% purity chloroform (CAS N° 67-66-3 Fisher Scientific,
Illkirch-Graffenstaden, France), DEHP (CAS N° 117-81-7, Honeywell Fluka, IllkirchGraffenstaden, France), 99.8% purity ethanol (CAS N° 64-17-5, VWR, Briare, France),
benzylbutylphthalate (BBP) (CAS N° 85-68-7 Sigma Aldrich, Saint-Louis, United States).

102 1.2. Methods and study design

To set up a model for estimating exposure to DEHP released by respiratory MDs, we started 103 by validating a quantification method for DEHP present in a gaseous vector following the 104 recommendations of the French National Research and Safety Institute (INRS) presented in 105 106 supplementary data (SD) 1 (Guide méthodologique MétroPol - Publications et outils - INRS, 2015). This method then allowed us to analyse the amount of DEHP released by a MD of 107 respiratory therapy in the conditions closest to reality by considering surrounding factors 108 such as humidification and flow rate used in clinical situations. We then designed a 109 110 simulation model of respiratory therapy to estimate released DEHP doses. Finally, the model application was realised on two patients undergoing two different respiratory assistance 111 procedures, to estimate DEHP inhaled quantities. These quantities were then correlated to 112 DEHP metabolites quantified in the patients' urines. 113

## 114 1.3.Validation of DEHP quantification in air

For DEHP quantification, we used the gas chromatography coupled to mass spectroscopy 115 116 (GC-MS) method developed and validated by Bourdeaux et al (Bourdeaux et al. 2016), which presents a mean accuracy of  $98.4 \pm 2.8$  %, repeatability's relative standard deviation (RSD) of 117 6.47 % and intermediate precision's RSD of 7.5 %, with a limit of detection of 0.03  $\mu$ g mL<sup>-1</sup> 118 and a limit of quantification (LOQ) of 0.1  $\mu$ g mL<sup>-1</sup>. It allows DEHP quantification from 0.1 to 119 10  $\mu$ g mL<sup>-1</sup> with a determination coefficient R<sup>2</sup> higher to 0.997. We also used this method to 120 verify DEHP absence in reagents. To avoid contaminations, glassware was cleaned before use 121 122 through repeated washing steps with water and hexane. For each experiment, we realised the exact same experiment process using DEHP free ethanol to verify the absence of potential 123 124 DEHP contamination coming from materials or other reagents. Blank samples processed in 125 identical way as real samples did not show any signs of contamination. All experiments of the validation process were realised at 23  $\pm$ 1°C in triplicate in one experiment per day during 3 126 days to verify the intermediate precision as expressed by the RSD, in percentage. 127

#### • Selection of the sampling media

The sampling of DEHP in the air during the validation process and during the exposure simulation was performed using XAD<sup>®</sup> cartridge. The choice of this support was based on the work of Das *et al* (Das et al., 2014) and Cecinato *et al* (Cecinato et al., 2012)

• Selection of the desorption solvent

133 Chloroform extraction was chosen based on the work of Bernard *et al* (Bernard et al., 2015b)
134 showing the superiority of chloroform in extracting DEHP from solid polymers compared to
135 other solvents.

• Validation of DEHP extraction from cartridges

In order to validate the extraction method of DEHP from the collection cartridges, we proceeded to load the cartridge with 5  $\mu$ g of DEHP using 20  $\mu$ L of a 250  $\mu$ g mL<sup>-1</sup> solution of DEHP in ethanol, introduced with a micropipette. The cartridges were then dried under vacuum using a cartridge vacuum manifold for 10 hours. After drying, these cartridges were immersed in hermetically sealed glass tubes filled with 10 ml of chloroform. Next, we tested two extraction methods:

- Method A: Heat Extraction: The tubes containing the cartridges with 10 mL of chloroform
were heated at 55° C for 72 hours.

- Method B: Ultrasonic extraction: The tubes containing the cartridges with 10 mL of
chloroform were placed in an ultrasound bath for 14 hours. At the end of the extraction, the
bath temperature was of 35°C.

At the end of the extraction, a 900  $\mu$ L sample was taken to which the internal standard was added, i.e. 100  $\mu$ L of a chloroform solution BBP at 20  $\mu$ g mL<sup>-1</sup>. The addition of the BBP results in a 9/10th dilution which will be considered when calculating the quantities of DEHP

from the measured concentrations. We calculated the recovery rate from the initial loaded quantity (5  $\mu$ g). The extraction method was considered valid if the recovery rate was greater than 90%.

• Verification of the air used during validation of the DEHP air quantification

Medical air was chosen preferentially to oxygen because of the explosive risk of the latter and 155 156 because medical air is the first-line gas used in NCIU (Olasveengen et al., 2017). We therefore used medical air for all validation and simulation stages. To verify air quality and 157 ensure that it was DEHP free, we directly connected in series two cartridges to two different 158 159 air supply points: a tapered air tap (TAT) with a conical connection allowing the direct connection of a glass tube which will be later used for the validation DEHP capture by the 160 cartridge; and a secured air valve (SAV) with secure connection connectivity, similar to 161 connectivity available in clinical units, for connection to a ball air flow meter and humidifier. 162 The sampling media were mounted at these two feeding points for six days (see SD 2a and 163 2b). For the SAV, we checked the air with and without a humidifier at flow rate of 5 L min<sup>-1</sup> 164 measured using a ball flow meter. The choice of flow was based on the fact that the flow rate 165 used for ventilation in premature infants and neonates starts at 1 L kg<sup>-1</sup> min<sup>-1</sup> and can vary 166 from a flow rate of 0.5 L min<sup>-1</sup> to 5 L min<sup>-1</sup> in function of the pulsed oxygen saturation (SpO2). 167 The DEHP captured was subsequently extracted from the cartridges using the method B 168 described previously, since it has better extraction yield. 169

170

Verification of DEHP sorption from the air

171 In order to verify that all DEHP carried by the medical air was captured in the sampling172 cartridge, two types of experiments were performed:

173 - Volatilisation of a known quantity of DEHP and capture by the cartridges: during these 174 experiments, 20  $\mu$ L of an ethanolic solution containing 10 mg mL<sup>-1</sup> (200  $\mu$ g) of DEHP were

deposited in the middle of a glass tube (see SD 2c). The tube was connected on one side 175 directly to the TAT for 6 days during which the air passed through the tubing and on the other 176 side to the 2 cartridges mounted in series. The second cartridge was intended to collect the 177 178 DEHP which could be released by the first cartridge, in accordance with the recommendations of INRS. At the sixth day, an extraction using method B and DEHP quantification was 179 performed. In order to evaluate the amount of non-volatilised DEHP, a chloroform rinse of 180 the glass tube was performed and the potential residual DEHP was researched and quantified. 181 We performed a 1/100<sup>th</sup> dilution of the rinsing solution in a chloroform solution of BBP at 182  $2 \,\mu g \,m L^{-1}$  so that the measured concentration fell within the calibration range. The amount of 183 184 DEHP volatilized was estimated by calculating the difference between the amount deposited into the glass tube before and after volatilisation and this quantity was compared to the 185 amount of DEHP trapped in the cartridge. 186

- Verification of the absence of DEHP diffusion through the sampling cartridges implying a 187 loss of DEHP: this step was carried out using a cartridge loaded with a known DEHP amount. 188 189 We used the SAV on which a ball flow meter was connected. Two quantities were studied: 1.20 and 20.00 µg of DEHP contained in 20 µl of ethanol. The choice of the 1.20 µg quantity 190 of DEHP was linked to the LOQ of the method: it is the minimum quantifiable concentration 191 (0.1 µg mL<sup>-1</sup>) multiplied by the volume of extraction with chloroform (10 mL) and divided by 192 the dilution factor of the internal standard solution is 0.9, the result  $(1.11 \ \mu g)$  finally rounded 193 up to 1.2 µg. The loaded cartridges were mounted directly on the SAV and coupled with an 194 unloaded cartridge in series. The second cartridge was intended to collect the DEHP which 195 could be released by the loaded cartridge. In order to check if the humidification of the air 196 197 caused a loss of retention of DEHP on the cartridges, we carried out these experiments with and without a humidifier. For the non-humidifier tests, we mounted an guard cartridge before 198 the DEHP loaded cartridge to remove any DEHP contamination that could occur from the 199

SAV (SD 2d). The medical airflow passed through the cartridges for 3 days at a rate of 5 L min<sup>-1</sup>. After 3 days, an extraction was performed on each cartridge followed by DEHP quantification.

203 1.4. Validation of the DEHP exposure model by respiratory device

204

Design of the DEHP Exposure Model via Respiratory Support Devices

In order to simulate the use of respiratory therapy devices in clinical situations, an experimental model comprising a medical air source with SAV, a ball flow meter, a PVC oxygen cannula containing DEHP and a cartridge for DEHP collection at the end of the tubing was set-up. This experimental apparatus was tested with and without a humidifier connected between the flow meter and the respiratory therapy cannula. When no humidifier was used, we put a guard cartridge between the flow meter and the PVC tubing to remove DEHP contamination from the SAV (SD 3).

#### • Simulation of respiratory assistance

All experiments were performed in an air-conditioned room at a temperature of  $23 \pm 1$  °C. The designed model was implemented during 6 days. DEHP quantification was performed after 1, 3 and 6 days of contact between the air flow and a PVC cannula, by removing the cartridge from the device and replacing it with a new one until the end of the experiment. DEHP was desorbed from the removed cartridge using method B as previously described. Two airflow rates were tested, 2 and 4 L min<sup>-1</sup> and for each flow, experiments were performed with and without humidifier, in triplicate.

• Expression of results and exposure model presentation

DEHP quantification made it possible to measure, at each time (day 1, day 3 and day 6), the amount of DEHP released by 1 meter of PVC tubing corresponding to a contact area of 0.942 dm<sup>2</sup>. The quantity of DEHP released by dm<sup>2</sup> will be equal to:

$$Q = \frac{(C \times Ve)}{(K \times S \times d)}$$

224

- With Q: quantity of DEHP released by surface of PVC expressed in µg per dm<sup>2</sup>
- 226 C: concentration of DEHP extracted from the cartridge obtained by GC-MS in  $\mu$ g mL<sup>-1</sup>
- d: 9 / 10th dilution with BBP internal standard solution
- 228 Ve: Chloroform extraction volume equal to 10 mL
- K: Extraction coefficient, if K higher than 0.95, it will be rounded up to 1
- 230 S: Area corresponding to the MD surface used during the simulation (0.942 dm<sup>2</sup>).

The quantities dosed were cumulated on day 3 and day 6 with those of the previous days to estimate the total quantity released at each measuring time in order to determine flow rate and humidification impact on the release kinetics. By plotting the cumulated quantity per surface in function of time (f(t)), we established the quantity release curve variation per area and per time.

236 1.5. Model application

As a model application to estimate the DEHP amount inhaled, we applied the equation corresponding to the humidified condition at 2 L min<sup>-1</sup> to two randomly chosen patients hospitalized in the NICU in the hospital of Clermont-Ferrand, one was under invasive ventilation procedure through an endotracheal tube, and the other was undergoing a noninvasive ventilation using an oxygen canula. These patients were included in the ARMED clinical study which had been approved by the ethical committee (CPP Sud-Est VI, AU 1082). The total surface of PVC containing DEHP and the use time of the MD was collected using a case report form (SD 4). Plasticizers' concentration in the used MDs was determined by GC-MS using Bourdeaux et al method (Bourdeaux et al. 2016). DEHP metabolites quantification in the correspondent two patients' urine was realised using Pinguet et al liquidchromatography tandem mass spectrometry method (Pinguet et al., 2019) as following: each day at 8:00 AM, a urine sample was withdrawn from a non-PVC bottle into which the collection bag used to collect the standard urinary drainings was emptied 6 times a day for each patient. We estimated the inhaled amount of DEHP, following this formula:

$$A = f(t) \times S$$

252

253 In which

254 A: Estimated inhaled amount of DEHP in μg

S : PVC surface to which the patient was exposed via the respiratory assistance circuit,
 expressed in dm<sup>2</sup>

t: Use duration in day.

The calculated amount was then compared to the sum of DEHP specific urinary metabolites for these two patients, i.e. Mono(2-ethylhexyl)phtalate (MEHP), 5-oxoMEHP, 5-HydroxyMEHP, 5-CarboxyMeMEHP and 2-CarboxyMeMEHP, in order to correlate exposure with the metabolites.

262 1.6. Statistical tests

Statistical analyses were performed using Stata statistical software (version 13, StataCorp, College Station, US). The tests were two-sided with type I error set at 5%. Continuous parameters were expressed as mean and standard-deviation according to the statistical distribution. The assumption of the normality was studied using the Shapiro-Wilk test. To carry out longitudinal analyses, correlated repeated data were analysed using linear mixed
models for (1) quantity of plasticizers released during migration tests from PVC tubing and
(2) migration kinetics of DEHP. Such statistical approach was preferred and considered as
more relevant, because the data independence assumption was not satisfied. Residuals
normality was studied as aforementioned. If appropriate, a logarithmic transformation was
proposed to achieve dependent variable normality.

273

#### 274 **2. Results**

275 2.1.Validation of the quantification method of DEHP in air

276 Results of the validation of DEHP quantification in air are summarised in SD 5

• Validation of DEHP extraction from cartridges

An improvement in DEHP extraction was noted with the use of the ultrasonic bath compared to the thermal extraction at 55° C. As well as allowing an average extraction efficiency of more than 98%, the ultrasonic method was shorter than the heat method (14 hours versus 72 hours). Method B was therefore used for all subsequent experiments. The blank test showed no DEHP contamination.

• Verification of the medical air used during validation of the DEHP quantification

SAV analysis showed that the medical air was contaminated with DEHP and the use of aguard cartridge or a humidifier eliminated all contaminating DEHP.

• Verification of DEHP sorption from the air

After volatilisation for 6 days of 200 µg of DEHP using air, cartridge showed effectiveness of
DEHP trapping of 102.6%. The amount of DEHP deposited revealed a volatilised DEHP level
of 1.73% with an RSD of 8.61%. Estimated loss from the cartridges after 3 days was of 4.63%

for a 20 µg spiked quantity when a humidifier was used, while it was of about 1% for the 20
µg loaded cartridges without humidifier and for the 1.2 µg loaded cartridges, with and without
humidifier.

293 2.2. Validation of the DEHP exposure model by respiratory device

294

• *Ex vivo* model: quantification of DEHP released by PVC tubing

The analysis of the air passing through the PVC tubing of an oxygen canula showed that the 296 release of DEHP varied depending on the flowrate and the presence or absence of 297 298 humidification. Figure 1A shows the different amounts of DEHP released over time during 6 days, depending on the parameters studied. Based on these results, the lowest released amount 299 was of 29.61 µg in 6 days (cumulative quantity) and was found for an experimental setup 300 using a humidifier with a flowrate of 4 L min<sup>-1</sup>. DEHP amount in the air at 4 L min<sup>-1</sup> without 301 humidifier was the largest, reaching 122.87  $\mu$ g on the sixth day. For the flow rate of 2 L min<sup>-1</sup>, 302 we note that the use of a humidifier caused a decrease in the quantities of DEHP released on 303 day (D) 1 and D 3, but the quantities on D 6 remains comparable. Regarding the impact of the 304 305 flow, we note that the increase in the flow rate led to a decrease in the quantities of DEHP in 306 the presence of a humidifier, whereas this quantity increases considerably without humidifier if we go from 2 L min<sup>-1</sup> to 4 L min<sup>-1</sup>. The statistical analysis of the impacts of flow and 307 humidification on released quantities are presented in SD 6a. 308

The comparison of DEHP concentration in air over time shows that concentrations decrease for all the experiments except for the 4 L min<sup>-1</sup> air humidification test where a stability of DEHP concentrations is observed, beginning from 0.87  $\mu$ g m<sup>-3</sup> at D 1 up to 0.92  $\mu$ g m<sup>-3</sup> at D6. Impacts of flow and humidification on DEHP concentrations in air are presented in Figure 1B and SD 6b (statistical analysis). 314

315 • DEH

• DEHP release model from PVC respiratory devices

For all experiments, we established a polynomial correlation between the quantity released by decimetre square of MDs area and the exposure time, with a coefficient of determination  $R^2$ higher to 0.9, except 4 L min<sup>-1</sup> flow experiment using humidifier in which  $R^2$  was equal to 0.86, as shown in Figure 2.

320 2.3. Model application

The application of the 2 L min<sup>-1</sup> with humidifier model to the two patients in the neonatal intensive care units (NICU) and quantification of DEHP metabolites showed the results presented in Table 1.

324

### 325 **3. DISCUSSION**

Our study contributes to the evaluation of the risks associated with the use of PVC respiratory MDs in NICU by estimating newborns exposure to DEHP, a plasticizer known for its reprotoxic and endocrine disrupting effects.

329 The validation of DEHP quantification in the gas passing through respiratory MDs is the key 330 step that determines the success of the ex vivo experiments and therefore the exposure estimation. We followed the INRS methodology for the development of methods for sampling 331 and analysis of organic gases and vapours in the air. The use of ultrasounds coupled with the 332 chemical extraction allowed us to obtain a yield of 98.5% (compared to only 59.3% by 333 heating at 55° C) for DEHP doped cartridges. This method also allowed a reduced extraction 334 time. Various extraction methods have been described in the literature such as Soxhlet 335 extraction (Net et al., 2015), thermal desorption (Hill et al., 2003) or ultrasounds. The 336

National Institute for Occupational Safety and Health (NIOSH) reference method advocates 337 the use of a cellulose ester filter as a support coupled with carbon disulfide extraction for 30 338 minutes using ultrasounds. However, carbon disulfide is toxic and does not allow complete 339 340 desorption of DEHP. Although Soxhlet extraction is recognized as a traditional method for extracting phthalates from solid samples, it is a tedious and laborious procedure, which lasts 341 between 4 to 72 hours, and which requires large amounts of solvent (100 to 500 mL). On the 342 other hand, Hill *et al* found it difficult to extract all of the DEHP from the Tenax<sup>®</sup> adsorbent 343 cartridges when trying the extraction using a thermal desorption, resulting in higher LOQ, due 344 to the low volatility of DEHP (Hill et al., 2003). Szewczyńska et al (Szewczyńska et al., 345 2020) had a recovery rate ranging between 66% and 88% when extracting plasticizers from 346 XAD-2 resin using 3 mL of dichloromethane/acetone (1:1) as an extraction solvent in an 347 ultrasonic cleaner for 30 min, when in our experiments, we obtained 98.5% recovery rate with 348 chloroform and 14 hours ultrasonic extraction. XAD-2<sup>®</sup> resins advantage is their ability to 349 collect particulate and gaseous DEHP (Das et al., 2014; Szewczyńska et al., 2020). 350

351 The verification of two air supply points proved that the conical feeding point did not release any DEHP. In contrast, the secure feed point released DEHP as a contaminant with an average 352 of 1.04 µg day<sup>-1</sup> when using a flow rate of 5 L min<sup>-1</sup>. This contamination could be suppressed 353 by using a humidifier containing sterile water. The effect of a "water trap" for DEHP 354 suppression has been described by Roth et al. (Roth et al., 1988) who used this method of 355 DEHP trapping via a water reservoir which was subsequently used to estimate exposure to 356 DEHP by respiratory MDs of 3 newborns. The solubility of DEHP in water could vary from 357 0.0006 to 1.3 mg/L at 20-25°C (Bis(2-ethylhexyl) phthalate (DEHP) - Summary Risk 358 Assessment Report - ECHA, 2008), a solubilisation of 6 µg in a volume of 330 ml of water 359 seems possible. However, this proves that exposure to DEHP may be increased from some air 360 feed line exit if no humidifier is used. 361

DEHP migration tests in the air passing through the respiratory devices was performed by 362 varying the airflow and using or not a humidifier. The comparison of the released quantities 363 of DEHP after 24 hours of simulation in the different tested situations showed a clearly higher 364 level of DEHP released at 4 L min<sup>-1</sup> without humidifier. We note that the total amount of 365 DEHP released continues to increase during the six days of the experiment for all conditions 366 studied. If we look at the flow rate effect, we note that the flow rate increase leads to an 367 increase in the quantities released in the absence of a humidifier, whereas in the presence of a 368 humidifier, increasing the flow rate decreased the quantity released, especially at day 6. The 369 effect of the humidifier however is similar for both flow rates, resulting in a decrease in the 370 amount each time the humidifier is used. Despite the DEHP quantities released, none 371 exceeded the Derived No Effect Level of 130  $\mu$ g m<sup>-3</sup> (Bui et al., 2016). The variation study of 372 the DEHP air concentration over time shows a drop in the concentration for all the conditions 373 except for the 4 L min<sup>-1</sup> humidified air test. After six days, except for experiment with 4 L 374 min<sup>-1</sup> with humidifier, the concentrations were comparable. In clinical conditions, no study 375 376 was conducted to evaluate plasticizers concentration variations in air as function of the 377 airflow. Flow rate impact on the migration of DEHP and other plasticizers concentrations over time has been studied for a perfusion model of liquid solutions (Bagel-Boithias et al., 378 2005; Bernard et al., 2018) showing that their concentration in sodium chloride 0.9% 379 remained constant regardless of the flow rate used over 24 hours. For the respiratory model, 380 the decrease in DEHP concentration in the air over time could be explained by a limited 381 exchange between the gas and the surface of the inner lumen of the PVC cannula. One can 382 hypothesise a simple desorption of the DEHP on the surface of the PVC whereas at the time 383 of the contact between a liquid and the PVC the exchanges can be done in depth of the tubes 384 as well as with the surface. The best explanation of the concentration variation in air over time 385 in these experiments was reported by Wei et al. (Wei et al., 2019), claiming that plasticizer 386

migration is controlled by two phenomenon, diffusion and evaporation. In fact, they described 387 DEHP volatilisation could be either diffusion-controlled (if diffusion is slower than 388 evaporation) or evaporation-controlled (when evaporation is slower than the diffusion). In our 389 experiments, the high DEHP concentration at day one followed by the remarkable decrease 390 with non-humidified air at 2 and 4 L min<sup>-1</sup> and with humidified air at 2 L min<sup>-1</sup> suggested that, 391 in these conditions, DEHP extraction is diffusion controlled. On the other hand, the low 392 concentration of DEHP and its steadiness over time with humidified air at 4 L min<sup>-1</sup> suggest 393 that in this condition volatilisation is evaporation controlled. The decreasing concentration in 394 air with humidifier could be due to the hydrophobic and low polar property of DEHP (Hsu et 395 al., 2017), limiting its evaporation in presence of water vapor. As reported by Fechter et al 396 (Fechter et al., 2006), humidity could enhance evaporation of polar component such as 397 hexanal, or limt it for non-polar component such as 3-Carene or  $\alpha$ -Pinene. Besides, low 398 concentrations found particularly with humified 4 L min<sup>-1</sup> airflow could also be explained, in 399 addition to the humification, by the affinity law (Forsthoffer, 2011) increasing flow rate leads 400 401 to increasing pressure in the tubing which could limit DEHP evaporation. However, this effect 402 was not observed in the absence of humidifier, suggesting that airflow impact is only significant when a humidifier is used. Overall, our experiments showed that respiratory DEHP 403 404 plasticized MD are not a major source of contamination compared to other MD used in clinical unit such as infusion (Takehisa et al., 2005) or transfusion (Buchta et al., 2005). 405

Model application to two patients in NICU showed that inhaled amount was higher for the patient undergoing non-invasive ventilation, due to the use of a large surface of DEHP plasticized PVC and the long duration of use. The urinary specific biomarkers total amount was also in concordance with the estimated DEHP exposure using the model, knowing that no other DEHP plasticised MDs was used for these patients. However, it is hard to confirm that no other materials containing DEHP were used during hospitalisation in NICU.

Our study validated a method for the sorption and quantification of DEHP volatilised in air 412 413 and developed an *ex vivo* model for estimating the exposure to DEHP *via* respiratory devices. Although this model considered two parameters that can influence DEHP exposure by 414 415 respiratory devices such as flow and humidification of the gaseous vector, other parameters could not be studied such as temperature, composition of the air, notably its oxygen 416 concentration which can vary in a clinical situation depending on the patients' oxygen 417 saturation. Indeed, we carried out the extrapolation of the models for tests carried out at 23° C 418 to avoid temperature variation during experiments which could distort results, since air 419 coming from the valve is already at this temperature. Non-invasive ventilation is realised at 420 421 room temperature, however when used during intubation procedures the respiratory assistance is often performed at 37° C. A temperature of 37° C can significantly increase the amount of 422 DEHP volatilized from the MDS which will then expose more neonates to inhalation of this 423 424 plasticizer. A correction of the model therefore seems necessary according to the temperature in order to get closer to the quantity inhaled during the clinical situations of respiratory 425 426 assistance. The realisation of simulation experiments using medical air as a simulant was based on the use of medical air as first line for ventilation of newborns. However, it is 427 common to adjust the oxygen concentration for newborns in case of hypoxia or SpO2 428 429 disturbance. No studies have examined DEHP volatilisation variation as a function of oxygen concentration. In our study we could not perform oxygen tests because of its explosive risk 430 and the inadequacy of the laboratory for this type of test. Since the use of alternative PVC 431 plasticizers, many industries have begun to replace DEHP in respiratory MDs with other 432 plasticizers. It will be useful to test this developed method with respiratory MDs plasticized 433 with other plasticizers such as Tris (2-Ethylhexyl) Trimellitate. 434

## 435 **4. Conclusion**

This work presents an experimental model for measuring a phthalate, DEHP, released by 436 437 MDs, in the gas intended to ventilate the neonates in an ICU. We validated a rapid and simple method of determination of DEHP volatilised in a gas matrix. The method was used to study 438 439 DEHP release from MDs to the medical airway in an experimental setup mimicking the ventilation of newborns, according to the flow and humidification. Our work did not reveal a 440 determining role of the airflow rate on DEHP migration. In contrast, air humidification 441 induced a decrease in DEHP volatilisation in the air passing through the simulation MD, 442 probably due to DEHP low polarity, and therefore air humidifiers could help limit pulmonary 443 exposure to DEHP at room temperature. Overall, our experiments showed that respiratory 444 445 DEHP plasticized MD are not a major source of DEHP contamination compared to other MD used in clinical situation. Since the increase in temperature could increases DEHP release, it 446 will be necessary to integrate this variable into the model optimisation in order to accurately 447 448 estimate newborns exposure to DEHP by respiratory MDs.

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## **Figure captions:**

Figure 1: Variation of (A) cumulative quantities and (B) concentration of bis(2-ethylhexyl) phthalate in the air passing through PVC tubing over time at 2 and 4 L min<sup>-1</sup>, with and without humidifier (mean  $\pm$  Standard deviation, n = 3).

Figure 2: Bis(2-ethylhexyl) phthalate release over time in different conditions: A) 2 L min<sup>-1</sup> with humidifier, B) 2 L min<sup>-1</sup> without humidifier, C) 4 L min<sup>-1</sup> with humidifier and D) 4 L min<sup>-1</sup> without humidifier.

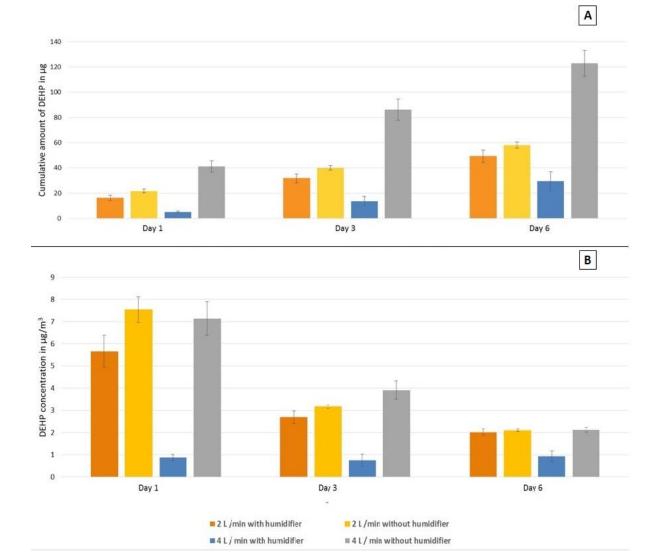


Fig 1

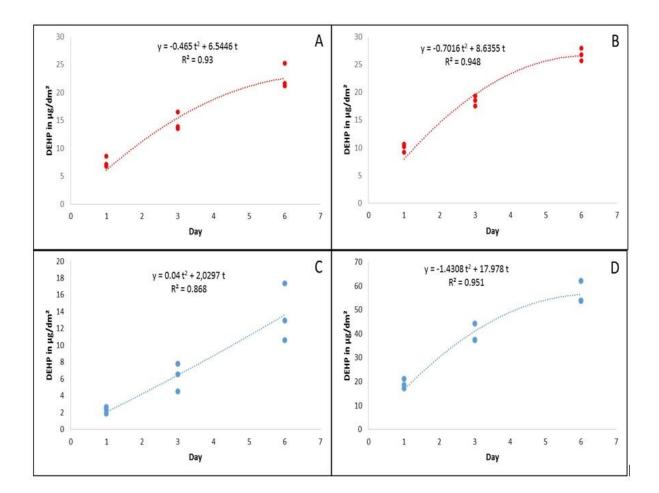
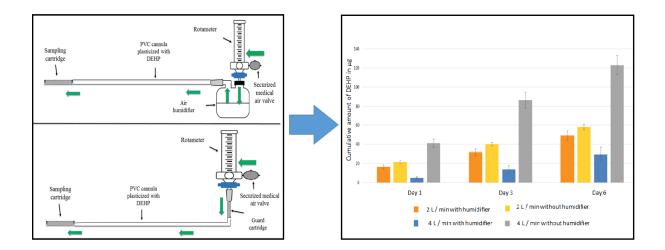


Fig 2

	Patient 1	Patient 2
Inclusion number	028LL	029MS
Monitoring time (day)	2	5
Type of respiratory assistance	Non-invasive	Invasive
Respiratory medical device used	Oxygen cannula EUROCARE reference 0559	Nasal probe COVIDIEN reference 11130
DEHP concentration in medical device (g/g of PVC)	0.238	0.243
Interior surface (dm <sup>2</sup> )	2.71	0.05
Duration of use (mn)	900	4920
DEHP Release curve equation	- 0.465 t <sup>2</sup> + 6.5446 t	- 0.465 t <sup>2</sup> + 6.5446 t
Estimated inhaled amount of DEHP (µg)	10.59	0.87
Cumulative DEHP urinary metabolites quantity (ng / µmol of creatinine)*	3516.27	716.43

Table 1 : Model application to two patients in the neonatal intensive care units undergoing two different respiratory assistance procedure. \* Data given for comparaison



**Graphical Abstract**