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# A Multilayered Coil Antenna for Ingestible Capsule: Near-Field Magnetic Induction Link

Fatiha El hatmi, Marjorie Grzeskowiak, David Delcroix, Thierry Alves, Stéphane Protat, Shermila Mostarshedi, and Odile Picon, *Member, IEEE*

**Abstract**—A compact multilayered stacked ingestible coil antenna is investigated for medical systems. The inductive link, comprising a 5-layer transmitter coil antenna and a 3-turn receiver spiral coil, is modeled through a tissue-simulating liquid modeling the human body. The diameter and the thickness of the transmitter coil are respectively equal to 1 cm and 5 mm, while the dimensions of the receiver coil are equal to  $7 \times 8 \text{ cm}^2$ . The variations of the position and the orientation of the capsule antenna are taken into account to evaluate the coupling response between the two magnetically coupled coils. We found that the inductive link presents an attractive option for improving the lifetime of ingestible capsules.

**Index Terms**—Magnetic induction link budget, multilayered stacked coil antenna, on-body spiral coil antenna, wireless ingestible capsule.

## I. INTRODUCTION

WIRELESS ingestible capsule systems have garnered significant interest in medical applications and have been widely used in diagnoses and medical treatments of gastrointestinal (GI) tract diseases such as stomach and colon cancers [1]. The introduction of the noninvasive ingestible capsule in telemedicine is aimed at offering thorough coverage in terms of time and area [2] and thus at reducing pain and discomfort of the patient [3], [4]. The ingestible electronic capsule, which integrates sensors, batteries, transmission circuit, antennas, and so on, is used for monitoring physiological parameters of the GI tract including temperature, pressure, pH, and oxygen concentration [2], [5], [6]. It can also provide the drug delivery to patients [7] or the internal image transmission of the GI tract through video capsule [4], [8]. The capsule must be small enough to be swallowed by patients. From the antenna designer's perspective, it is crucial to consider some factors that affect the in-body antenna performances such as miniaturization and electrical properties of biological tissues as the link path is no longer air but human body.

The magnetic field power falls off as the inverse sixth power of the distance [9], while the electromagnetic (EM) wave power drops off only with the inverse square of the distance. However,

the magnetic field depends on the relative permeability of the media, which is equal to one for biological tissues. Therefore, the magnetic field is not influenced by such media, unlike the electric field, which depends on the permittivity of the dissipative media. The radiation efficiency of a meandered capsule antenna is found to be equal to 0.1% in [8] and hardly reaches 0.9% for a spiral multilayered antennas in a 3-layer cylindrical body model [10]; this is due to the high permittivity of biological tissues, which leads to steep attenuation of the EM wave especially at high frequencies.

Magnetic induction is a promising alternative for capsule antennas operating inside the human body composed of various dissipative tissue layers.

Under a strict size limitation of the in-body systems, the magnetic induction has been used to wirelessly transmit power to ingestible [3], [11] or implanted [12] antennas in order to avoid the use of batteries that limits the lifetime of such systems. The implanted antenna does not move inside the human body contrarily to the ingestible capsule, which slides down into the GI tract. Hence, in wireless link modeling, it is necessary to take into account the position and orientation variations of the ingestible capsule to guarantee maximum power transfer between the two magnetically coupled coils [13].

In this letter, an inductive link is established between a multilayered stacked coil capsule antenna and a receiving on-body spiral coil. The capsule antenna generates an alternating magnetic field at 40.68 MHz in the ISM band and is mutually coupled to the receiving on-body antenna located in its near field. Moreover, the orientation and the position of the moving capsule coil antenna are taken into account in the inductive link modeling.

## II. COIL ANTENNA DESIGN AND MEASUREMENT SETUP

Several antenna parameters as well as the distance between the two coils representing the coupling elements of the wireless link govern the efficiency of the inductive link. The  $S_{21}$  coupling response (1), given by the ratio of the received power  $P_R$  to the transmitted power  $P_T$  [14], depends on the quality factors  $Q_T$  and  $Q_R$  and the efficiencies  $\eta_T$  and  $\eta_R$  of the transmitter and the receiver coils and the coupling coefficient  $k$  between the two coils. The latter coefficient is a function of the distance  $d$  between the transmitter and the receiver and their respective coil radii  $r_T$  and  $r_R$  as presented in (2)

$$S_{21} = \frac{P_R}{P_T} = \eta_T \eta_R Q_T Q_R k^2(d) \quad (1)$$

$$k^2(d) = \frac{r_T^3 \times r_R^3 \times \pi^2}{(r_T^2 + d^2)^3} \quad (2)$$

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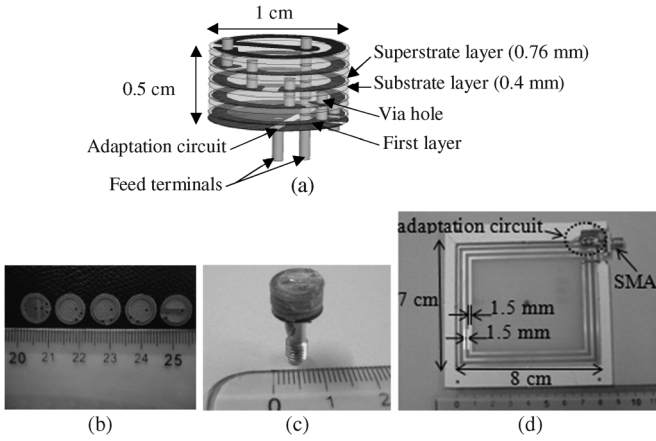


Fig. 1. Transmitter and receiver coils: (a) multilayered capsule antenna structure; (b) five layers of the capsule antenna arranged from left to right; (c) fabricated 5-layer capsule antenna; (d) fabricated 3-turn receiver spiral coil.

where  $\eta_T$ ,  $\eta_R$ ,  $Q_T$ , and  $Q_R$  can be given as

$$\eta_T = \frac{R_S}{R_S + R_{LT}} \quad \eta_R = \frac{R_L}{R_L + R_{LR}} \quad (3)$$

$$Q_T = \frac{\omega_0 L_T}{R_S + R_{LT}} \quad Q_R = \frac{\omega_0 L_R}{R_L + R_{LR}}. \quad (4)$$

$R_{LT}$  and  $R_{LR}$  are the resistances of the transmitter and the receiver coils,  $R_S$  and  $R_L$  are the source and the load resistances,  $L_T$  and  $L_R$  are the inductances of the transmitter and the receiver coils that along with the mutual inductance  $M$  give  $k = M/(L_T L_R)^{1/2}$ . The dimensions of the transmitter antenna, operating inside the GI tract, are limited by the size of the capsule in which it will be enclosed. Therefore, the in-body antenna diameter must be smaller than 10.1 mm, which corresponds to the capsule inner diameter [4]. To increase the magnetic field strength while reducing the dimensions of the in-body transmitter, the capsule antenna is chosen to be a multilayered coil. The advantages of the multilayered printed coil compared to the classic wired coil are essentially the robustness and the solidity.

As it is depicted by Fig. 1(a)–(c), the structure of the capsule antenna is made of five turns printed on five stacked dielectric substrate separated by four superstrates. The thickness and the diameter of the substrate are 0.4 mm and 1 cm, respectively, while the thickness of the superstrate is 0.76 mm, and its diameter is equal to that of the substrate. The superstrate layers are used on the one hand to ensure a stable distance between the coil turns and on the other hand to make the antenna more solid. The built loop in every layer has a diameter of 9.5 mm and a line width of 1 mm to increase the quality factor of the transmitter coil. If the manufacturing process of the antenna allows metalized holes, the superstrate layers can be removed, and the total antenna height can be reduced from 5 to 2 mm. Hence, the turn number can be increased to guarantee maximum power transfer. The diameter of via hole used to connect each layer to the other is equal to 0.7 mm.

The fifth layer is connected to the feed terminal by a connector that runs through all substrates of the antenna. In order to increase the received power through the inductive link, the on-body receiver coil needs to have large dimensions, and its

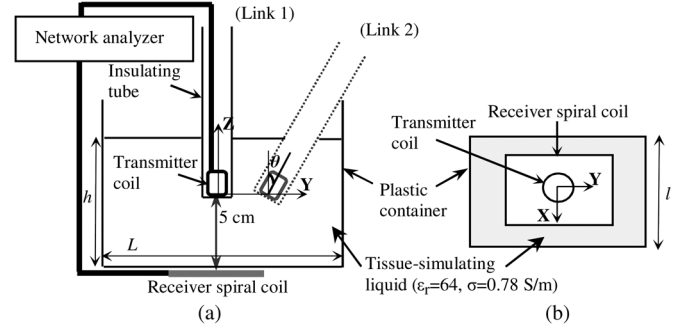


Fig. 2. Measurement setup: (a) side view; (b) top view.

input impedance must be matched with that of the transmitter coil. As it is shown by Fig. 1(d), the on-body antenna is a 3-turn spiral coil with outer size of  $7 \times 8 \text{ cm}^2$ , a line width and spacing between lines of 1.5 mm, making it possible to increase the quality factor of the magnetic receiver coil. Both in-body and on-body coils are built, by mechanical etching, on the FR4 epoxy substrate with relative dielectric constant  $\epsilon_r$  of 4.4, dielectric loss tangent of 0.02, and metallic thickness of 35  $\mu\text{m}$ . The substrate thickness of the receiver antenna is equal to 0.76 mm.

A matching circuit including one series capacitance followed by one parallel capacitance is used to match both coil input impedances close to 50  $\Omega$ . The antennas are designed with the commercial simulator HFSS, and the structure is simulated in a homogeneous tissue-simulating liquid available in our laboratory, which represents the human body, using its measured characteristics. The tissue-simulating liquid is characterized using the Agilent Dielectric Probe Kit, and the measured permittivity and conductivity at 40.68 MHz are equal to 64 and 0.78 S/m, respectively. Fig. 2 (Link 1: tube along  $z$ ) summarizes the measurement setup of the inductive link; the in-body coil is in front of the on-body antenna, every coil being parallel to the  $xoy$ -plane, and the path is along the  $z$ -direction perpendicular to the antenna planes. The capsule antenna is isolated from the body liquid by a Plexiglass tube, whose diameter and thickness are respectively equal to 1.4 cm and 0.5 mm. As the small intestine is located at almost 5 cm from the surface of the skin [8], the transmitter antenna is placed 5 cm away from the receiver antenna in the  $z$ -direction including 4.6 cm of body liquid and 0.4 cm of air. This air gap between the receiver coil and the back side of the plastic container is due to the thickness of the SMA connector. The dimensions of the plastic container are  $29.2 \times 22.2 \times 16.5 \text{ cm}^3$  ( $L, l, h$ ). The emitting and receiving coils are designed separately, and their respective matching networks are calculated.

When the inductive link is established, there is a coupling effect between the two coils: Both antenna input impedances are mismatched, and there is a frequency shift of a few hundred kilohertz. Therefore, the antenna matching networks have to be adjusted in order to get the resonant frequencies close to 40.68 MHz. As in the measurement setup, the capsule coil antenna is surrounded by air contained in the isolated tube; the input impedance and the operating frequency of the transmitting antenna immersed in the tissue-simulating liquid are slightly shifted compared to the free space. Therefore, when the transmission channel changes, the capacitances of the transmitter

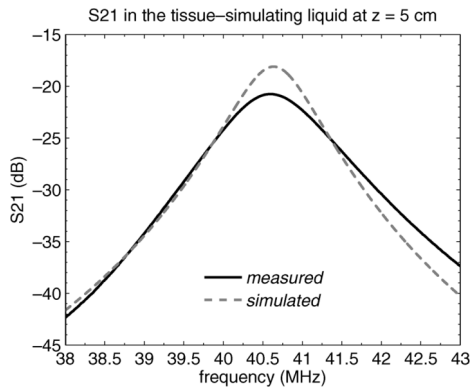


Fig. 3. Simulated and measured coupling response  $S_{21}$ , according to the frequency, between the capsule coil and the receiver coil separated by a distance of 5 cm when the path is the tissue-simulating liquid.

antenna do not vary; the series capacitance is equal to 180 pF, and the parallel capacitance is equal to 800 pF. However, the receiver antenna operates otherwise; the input impedance of the receiver coil changes dramatically when the transmission channel is no longer free space. Therefore, it is necessary to adjust the capacitances of the receiver coil in each media. Hence, the series capacitance of the receiver coil is equal to 8.2 pF in free space and to 7.6 pF in the tissue-simulating liquid, while the parallel capacitance is equal to 213 pF in free space and 56 pF in the tissue-simulating liquid. Moreover, we had to use ferrites to limit the influence of leakage current in the cable that connects the receiver coil to the network analyzer.

### III. RESULTS (LINK 1)

The measured input resistance of the receiver coil increases when the transmission channel changes from the air to the tissue-simulating liquid ( $Z_{\text{air}} = 5.1 + j503$  and  $Z_{\text{tissue}} = 26.8 + j544$ ). Thus, the quality factor decreases and becomes equal to 7.1 instead of 9.1 in the air. Moreover, the bandwidth of the receiver coil in the tissue-simulating liquid increases; the measured bandwidth is 0.2 MHz in the air, while 0.9 MHz in the tissue-simulating liquid. However, because the transmitter coil is inserted in the Plexiglass tube filled with air, the bandwidth of the capsule antenna hardly varies when the transmission channel changes and the measured bandwidth is around 0.47 MHz in both cases. Similarly, the quality factor of the capsule antenna does not change and remains around 0.61. From the plots of Fig. 3, it is observed that the simulated and the measured maximum transmission coefficient  $S_{21}$ , which occur around 40.68 MHz in the tissue-simulating liquid, are equal to  $-18.1$  and  $-20.7$  dB, respectively. Thus, the difference between the simulated and the experimental results is 2.6 dB.

To evaluate the influence of the dissipative media on the received power, we measured the coupling response in the air; it is found to be equal to  $-16.8$  dB at 40.68 MHz. Therefore, because the in-body link uses the magnetic coupling between the coils, the difference between the maximum coupling response measured in the air and in the tissue-simulating liquid around 40.68 MHz is only equal to 3.9 dB. The data corresponding to the simulated and the measured antenna parameters, when the transmission channel is the tissue-simulating liquid, are listed in

TABLE I  
MEASURED IN-BODY AND ON-BODY ANTENNAS CHARACTERISTICS IN THE PRESENCE OF THE TISSUE-SIMULATING LIQUID AT 40.68 MHz

	$R_{LT}$ ( $\Omega$ )	$R_{LR}$ ( $\Omega$ )	$X_T$ ( $\Omega$ )	$X_R$ ( $\Omega$ )	$Q_T$	$Q_R$	$\eta_T$	$\eta_R$
Measured	0.52	26.8	30.8	544	0.61	7.1	0.99	0.65
Simulated	0.32	14.2	30.6	433	0.61	6.7	0.99	0.78

TABLE II  
COUPLING RESPONSE ACCORDING TO THE NUMBER OF LAYERS OF THE TRANSMITTER COIL IN THE TISSUE-SIMULATING MODEL AROUND 40.68 MHz

Number of layers	Transmitter antenna Q factor	$S_{21}$ (dB)
1	70	-22.4
2	98	-19
4	112	-16.1
8	99	-14.5

Table I. The quality factors and the efficiencies of the coils are deduced when the resistances  $R_S$  and  $R_L$  are set to 50  $\Omega$ .

We also analyze the analytical link budget through the tissue-simulating model at 40.68 MHz based on the Agbinya–Masihpour model proposed in [14]. The antenna parameters are deduced from HFSS simulation (Table I) when  $k = 0.11$  and  $P_T$  is set to 1 W. The coupling response in the tissue-simulating model obtained by analytical formula (1) at 40.68 MHz is equal to  $-14.2$  dB, while it is found to be equal to  $-18.1$  dB in simulation. Furthermore, before choosing the 5-layer structure, several simulations according to the number of layers of the transmitter coil were made in the tissue-simulating model to evaluate the effect of this parameter on the link budget. The data listed in Table II show the coupling response according to the number of layers and the corresponding quality factor ( $Q_T = X_T/R_{LT}$ ) of the transmitter coil. Thus, when the number of layers increases from 1 to 8, the  $S_{21}$  response can be improved from  $-22.4$  to  $-14.5$  dB. It is important to note that for this parametric study, the dimensions of the 3-turn receiver antenna are  $8 \times 5$  cm<sup>2</sup>, its quality factor ( $Q_R = X_{LR}/R_{LR}$ ) is 44, and the distance between the two coils is set to 5.2 cm. Later in practice, we have slightly increased the width of the spiral coil ( $8 \times 7$  cm<sup>2</sup>) to improve the magnetic flux.

### IV. CAPSULE ANTENNA POSITION AND ORIENTATION VARIATION IN THE TISSUE-SIMULATING LIQUID (LINK 2)

In Section III, the capsule coil was at 5 cm from the receiver antenna. In this paragraph, at first, we assume that the distance between the two coils in the  $z$ -direction varies. Fig. 4 shows the  $S_{21}$  parameter between the ingested and the on-body coils when the transmission channel is the tissue-simulating liquid and the distance increases from 1 to 8 cm. The measured coupling response varies between  $-9$  and  $-27.5$  dB, and there is a marginal drop that varies from 1 to 2.6 dB between the simulated and the experimental results.

As the swallowable capsule slides down into the GI tract, an effective inductive link can only be established if the receiver on-body coil detects the transmitted signal regardless of the transmitter position and orientation. The purpose of the second study in this paragraph is to verify that the received signal remains at an acceptable level when the capsule antenna is located

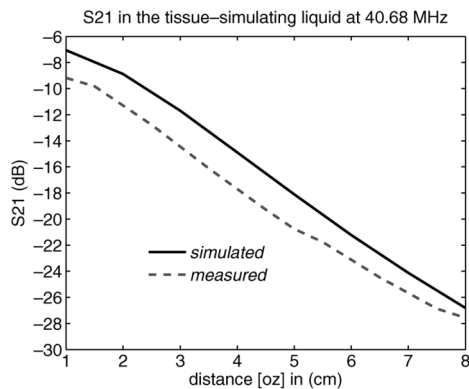


Fig. 4. Simulated and measured coupling response  $S_{21}$  around 40.68 MHz in the tissue-simulating liquid between the two coils according to the  $z$ -distance.

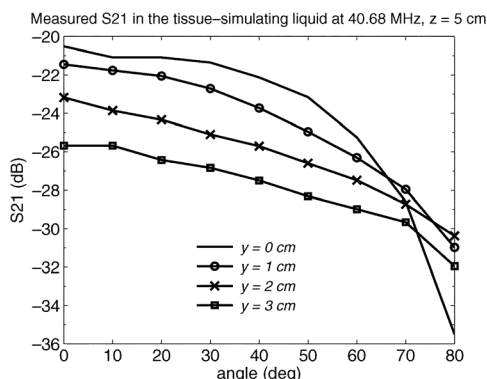


Fig. 5. Measured  $S_{21}$  parameter around 40.68 MHz in the tissue-simulating liquid according to the angle at different  $y$ -positions when  $z = 5$  cm.

randomly. In this way, we varied the position of the ingestible antenna along the  $oy$ -axis and then, for every  $y$ -position, we changed the angle  $\theta$  of the transmitter coil from  $0^\circ$  to  $80^\circ$  in the  $yo$  $z$ -plane while keeping the  $z$ -distance constant and equal to 5 cm as it is shown by Fig. 2 (Link 2).

It is not possible to reach the angle of  $90^\circ$  because the in-body antenna is not enclosed in the capsule and the tissue-simulating liquid could flow into the isolated tube in this orientation. The plastic container dimensions in this case are equal to  $38.5 \times 33 \times 8$  cm<sup>3</sup> ( $L, l, h$ ) to allow a maximum variation of the angle by reducing the height of the container. The experimental results presenting the  $S_{21}$  parameter according to the angle, where the  $y$ -position is equal to 0, 1, 2, and 3 cm, are depicted by Fig. 5. It is clear from these plots that the maximum received signal level for each  $y$ -position occurs when  $\theta = 0^\circ$ . This configuration is the most optimal because the H-field lines perpendicular to the on-body antenna surface are maximal. We can also conclude that for every capsule antenna position, the  $S_{21}$  parameter decreases when the angle increases. Hence, the  $S_{21}$  response always varies between  $-20.5$  and  $-35.5$  dB; if a threshold of  $-35$  dB is fixed, we can say that the received signal remains efficient regardless of the orientation and the position of the ingested coil.

## V. CONCLUSION

In wireless ingestible capsule systems, magnetic induction is a promising alternative technique because the path loss depends

on the permeability of biological tissues, which is equal to that of the air. Although the magnetic field power falls off as the inverse sixth power of the distance, magnetic induction technique has been adopted in this letter to design a short-range wireless link through a tissue-simulating liquid since the dielectric properties of biological tissues do not perturb the magnetic field. Through HFSS simulation that is validated by measurements, the proposed multilayered stacked coil antenna is shown to be suitable as a compact robust ingestible transmitter. An analytical model is also applied to evaluate the factors affecting the link budget. The measured coupling response of the system, which depends on the position and the orientation of the capsule antenna, remains effective and varies between  $-20.5$  dB (0.89%) and  $-35.5$  dB (0.03%) in the tissue-simulating liquid.

As the capsule antenna should transmit physiological parameter data, it is necessary to design a receiver coil antenna array to find the accurate position of this data source inside the GI tract. It will be the future work of this study.

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