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## Colorectal cancer screening practices among cancer survivors five years after diagnosis

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- 1 Background: Colorectal cancer (CRC) has a high incidence worldwide, especially in high-
- 2 income countries. In France, a national CRC screening program targeting residents aged 50-
- 3 74 has been in place since 2009. Little is known about CRC screening practices in cancer
- 4 survivors, even though some have an increased risk of developing a second cancer in the
- 5 colorectum. This study aims to identify the barriers to CRC screening among cancer
- 6 survivors.

- 8 Methods: This cross-sectional study based on the French national VICAN survey included
- 9 individuals diagnosed in 2010 with a cancer in one of 11 locations other than colorectum and
- interviewed five years after diagnosis about various health-related issues. Binary logistic
- regression was used to identify the factors associated with lack of up-to-date CRC screening
- in cancer survivors without cancer progression.

13

- 14 **Results:** Of the 2,935 cancer survivors included in the study, 35.3% reported undergoing a
- screening test in the previous two years. The rate of up-to-date CRC screening rose to 49.3%
- in survivors aged 51-75. Among these, lack of CRC screening in the recommended timeframe
- was associated with obesity, current smoking, non-use of complementary medicine, perceived
- 18 financial difficulties, and poor access to general practitioners.

19

20 **Conclusions:** Barriers to CRC screening can be personal and/or institutional.

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22 **Keywords:** Screening, colorectal cancer, second cancer, cancer survivors.

## **Introduction**

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| 24 |   |
|----|---|
| 25 | Colorectal cancer (CRC) has a high incidence worldwide, especially in high-income regions,    |
| 26 | which accounted for almost 55.0% of the world's CRC cases in 2012 (International Agency       |
| 27 | for Research on Cancer 2018; Ferlay 2015). In men, CRC has the third highest incidence of     |
| 28 | any cancer site, after prostate and lung cancer, and represents 10.9% of new cancer cases. In |
| 29 | women, it has the second highest incidence of any cancer site, after breast cancer, and       |
| 30 | accounts for 9.5% of new cancer cases. CRC is the second cause of death by cancer for both    |
| 31 | sexes and all ages (9.2% of cancer deaths in 2018).(International Agency for Research on      |
| 32 | Cancer 2018)  |
| 33 |   |
| 34 | The same tendencies have been observed in metropolitan France. In 2017, CRC represented       |
| 35 | 11.2% of new cancer cases for both women and men, and CRC was the second cause of death       |
| 36 | by cancer (around 12.0% of all deaths by cancer).(Institut National Du Cancer 2018)           |
| 37 |   |
| 38 | In the past decades, CRC population screening programs have been implemented around the       |
| 39 | world.(Navarro 2017) In France, a national CRC screening program targeting residents aged     |
| 40 | 50-74 has been in place since 2009. This program, which is managed by local institutions      |
| 41 | based on national guidelines, targeted 16.8 million people in 2016-2017.(Institut National Du |
| 42 | Cancer 2016, 2018) Every two years, targeted men and women are invited by a letter to         |
| 43 | undergo a fecal occult blood test (FOBT), followed by a colonoscopy in case of positive       |
| 44 | result. Their regular doctor then delivers the CRC screening kit. The FOBT is performed at    |
| 45 | home, and mailed free of charge to the laboratory. No specific recommendations on cancer      |
| 46 | screening have been formulated for cancer survivors in France.(Institut National Du Cancer    |
| 47 | 2013)   |
| 48 |   |
| 49 | In 2016-2017, the rate of participation in the French national CRC screening program was      |
| 50 | estimated at 33.5%.(Institut National Du Cancer 2018) This rate is lower than the EU's        |
| 51 | minimum and desired targets, set at 45% and 65%, respectively.(European Commission 2010)      |
| 52 | According to a review published in 2017, France is the European country with the third-       |
| 53 | lowest participation rate (34.3%), far below the highest participation rate recorded in the   |
| 54 | Netherlands (68.2%).(Navarro 2017) In some studies, participation in the French national      |

CRC screening program is slightly higher in women and increases with age.(Institut National

Du Cancer 2018; Santé Publique France 2018) In other studies, French residents who do not

undergo CRC screening most often live alone, have no complementary health scheme, or have 57 given up care for financial reasons.(Institut National Du Cancer 2016; Goulard 2009; Fon 58 Sing 2013) Regular doctors have also been found to play a key role in promoting CRC 59 screening. Among women, participation in the French national CRC screening program has 60 been shown to be higher in those who had previously undergone breast cancer and/or cervical 61 cancer screening. Among men, smoking has been found to be a barrier to participation. A 62 systematic review published in 2016 identified similar barriers to CRC screening, but found 63 64 that women are less likely to undergo CRC screening.(Wools 2016) 65 Three million individuals are living with a cancer diagnosis in France today. The risk of 66 developing a second cancer in survivors is higher by 36.0% on average than the risk of 67 developing cancer in the general population.(Institut National Du Cancer 2015) A large 68 69 number of cancer survivors aged 50-74 are at risk of developing a second cancer in the colorectum. In this context, it is essential that CRC prevention and screening be promoted as 70 71 part of the cancer survivor's follow-up. 72 73 The risk of developing a second cancer varies depending on the site of the first cancer.(Institut 74 National Du Cancer 2013, 2015; Curtis 2006) According to a SEER-based study, the excess absolute risk (EAR) of the second cancer being colorectal is higher in survivors of upper 75 76 ærodigestive tract, lung, uterine, or non-Hodgkin lymphoma cancer; by contrast, survivors of prostate or melanoma cancer do not seem to be at risk of developing a second cancer in the 77 colorectum.(Curtis 2006) Other studies have found that the EAR of the second cancer being 78 colorectal is higher in male survivors of upper ærodigestive tract, esophagus, laryngeal, or 79 lung cancer, but also in male survivors of prostate cancer; in addition, they have found that 80 the EAR of the second cancer being colorectal is higher in female survivors with cervical 81 cancer.(Institut National Du Cancer 2013, 2015) The increased risk of developing a second 82 cancer in the colorectum may be due to shared risk factors, but also to the impact on non-83 84 cancerous cells of cancer treatments like radiation therapy.(Baxter 2005) 85 86 Despite the fact that cancer survivors have an increased risk of developing a second cancer in the colorectum, studies are lacking on CRC screening practices among cancer survivors. The 87 few studies available on the topic describe cancer screening rates in cancer survivors, and/or 88 assess the health beliefs that shape screening practices. (Corkum 2013; Mayer 2007; Trask 89 90 2005; Shin 2011; Yang 2014) Generally, these studies do not specifically focus on CRC

screening, but are also concerned with breast, cervical, and prostate cancer screening. To our knowledge, no study has been conducted on CRC screening practices using a large representative sample of cancer survivors and covering a wide range of tumor sites. Our study aims to estimate the rate of up-to-date CRC screening among cancer survivors five years after diagnosis, and to identify the personal and institutional barriers to CRC screening in these survivors.

#### 97 Methods 98 The French national VICAN survey 99 This cross-sectional study was based on the French national VICAN survey. In this national 100 representative study, cancer survivors diagnosed in 2010 were followed up for a period of five 101 years to assess their life conditions.) 102 Data were obtained from different sources: 103 Patient interviews performed two and five years after diagnosis (2012/2015) to gather 104 information on various health issues, including health condition, preventive health 105 behaviors, etc.; 106 The French national medico-administrative database (SNIIRAM), which records all 107 care consumption data (generated inside and outside healthcare centers). 108 The VICAN survey focused on 12 types of cancer (breast, lung, colorectal, prostate, upper 109 ærodigestive tract, bladder, kidney, thyroid, non-Hodgkin lymphoma, melanoma, cervical, 110 and endometrial) accounting for the 4,174 cancer survivors who responded to the 5-year 111 interview. Cancer survivors aged under 18 at diagnosis were excluded from the survey for 112 legal reasons, and those aged over 82 at diagnosis were excluded because high attrition was 113 expected. All participants provided written informed consent before participation. National 114 ethics commissions approved the methodology of the VICAN survey. 115 Of the 13,046 cancer survivors invited to participate in the 5-year interview, 4,174 were 116 finally included (32.0% crude response rate). 117 A weighting procedure was applied in order to ensure national representativeness in terms of 118 gender, age, national insurance scheme, socioeconomic hardship, tumor site, and cancer 119 progression since diagnosis. Cancer progression since diagnosis took into account the 120 following criteria: metastasis (more than 12 months after cancer diagnosis) or second cancer, 121 admission to a palliative care unit or treatment with chemotherapy, radiotherapy or targeted 122 therapy (at least 24 months after cancer diagnosis) and death. (Bouhnik 2015) 123 124 **Self-reported CRC screening practices** 125 In the interview conducted five years after diagnosis, participants were asked the following 126 question: "Have you ever undergone a FOBT or a colonoscopy?" The possible answers were: 127 128 "Yes, less than two years ago/Yes, more than two years ago/No, never." The two modalities ("Yes, more than two years ago" and "No, never") were used to identify survivors who had 129

not undergone CRC screening in the recommended timeframe (two years). These survivors 130 131 were defined as not up-to-date with CRC screening. 132 Sample selection 133 Three categories of survivors were excluded from the statistical analyses (Figure 1): 1) 134 survivors of colorectal cancer, because they already received colonoscopies as part of their 135 regular follow-up; 2) individuals with cancer progression since diagnosis (cancer metastasis, 136 second cancer, chemotherapy/radiotherapy administered more than two years after cancer 137 138 diagnosis, palliative care), in order to obtain a homogeneous population of survivors who might benefit from CRC screening; and 3) individuals with missing data (<0.5%) related to 139 140 the main variable of the study. Three age groups were defined based on the age recommended by national guidelines for CRC screening (i.e., 50-74 in the general population). The limits of 141 142 the age group targeted for CRC screening were moved upwards by one year to ensure that included patients had enough time to undergo screening. The resulting age groups were: 143 144 26-50, 51-75, and 76-87. 145 Statistical analyses 146 147 Sensitivity analysis was used to address a potential bias related to the choice of the limits of the age groups. Univariate statistical analyses were performed using  $\chi^2$  tests for categorical 148 variables and using Student's t-tests for continuous variables. 149 Then, for each age group, binary logistic regression models stratified by sex were used to 150 identify factors independently associated with lack of up-to-date CRC screening. A backward 151 stepwise process was used to select statistically significant factors in a multivariate model 152 (probability threshold for inclusion in the model p-value=20%). Only variables remaining 153 significantly associated with the outcome with a p-value \le 5\% were kept in the final model. 154 First order interactions were systematically checked. An all available cases analysis method 155 was applied to handle rare missing values. Another sensitivity analysis was performed to 156 assess the robustness of the factors associated with no CRC screening, by considering "no 157 CRC screening during lifetime" as outcome, instead of "in the past 2 years". Results of 158 sensitivity analyses are provided as Online supplementary tables. 159 All statistical tests were done using the STATA 12.0 software. 160 161 **Results** 162

The sample of 2,935 individuals aged 26-87 (weighted mean age at the time of the 164 survey=59.4, SD=12.8) was mainly composed of female survivors and survivors aged 51-75 165 (Online Supplementary Table 1). Most of the survivors aged over 51 had not completed high 166 school and were retired at the time of the survey (Online Supplementary Table 1). 167 168 Five years after diagnosis, 35.3% of respondents (32.4% of women and 41.0% of men) 169 reported undergoing a colonoscopy or a FOBT in the previous two years. The rate of up-to-170 date CRC screening was higher in the 51-75 age group (Figure 1). This rate was higher in 171 172 men than in women (p<0.001) for the pooled age groups; however, gender difference did not reach statistical significance for the age groups taken separately (Figure 1). CRC screening 173 practices varied according to tumor site (Figure 2), but this variation did not reach statistical 174 significance in the 51-75 age group after adjustment for age. 175 176 For cancer survivors eligible to participate in the national CRC screening program, the rate of 177 up-to-date CRC screening was 49.3% [95%CI 46.5% to 52.1%]. A sensitivity analysis found 178 a similar rate for survivors aged 50-74 (47.8%; n=1,762) and for survivors aged 51-74 179 180 (47.8%; n=1,658).181 Factors associated with lack of up-to-date CRC screening five years after diagnosis 182 In univariate analyses, different sociodemographic, economic, medical, and behavioral 183 variables were associated with lack of up-to-date CRC screening in survivors aged 51-75 184 (Table 1). The survivors more likely to report not being up-to-date with CRC screening were 185 younger (p=0.016), lived alone (p=0.019), had perceived financial difficulties (p=<0.001), 186 had poor access to GPs (p=0.004), were currently smoking (p=<0.001), and/or did not use 187 complementary medicine (p=0.050). Socio-professional category and BMI were borderline 188 significant. 189 190 The multivariate analysis (Table 2) confirmed that lack of up-to-date screening was 191 significantly associated with perceived financial difficulties (p=0.004) (only in women, at 192 least "Tight/I have to be careful": AOR (Adjusted Odd Ratio)=1.41 [95%CI 1.02 to 1.96]), 193 poor access to GPs (p=0.010) (only in men: AOR=1.61 [95%CI 1.06 to 2.46]), non-use of 194 complementary medicine (p=0.026) (only in women: AOR=1.54 [95%CI 1.10 to 2.14]), 195 obesity (p=0.039), and current smoking (p=<0.001). It also tended to be associated with 196

young age. However, it was no longer significantly associated with living alone. None first 197 interactions was significant. 198 199 200 The same multivariate model was applied to the other two age groups (26-50 and 76-87) (Online Supplementary Table 2, Online Supplementary Table 3). In both cases, age at the 201 time of the survey was statistically significant. In the 26-50 group, lack of up-to-date 202 screening decreased as age increased (p=0.038), whereas in the 76-87 age group it increased 203 as age increased (p=0.019). Perceived financial difficulties were associated with a higher lack 204 205 of up-to-date screening in women from the 51-75 age group, but with a lower lack of up-todate screening in men younger than 51 (AOR=0.07 [95%CI 0.01 to 0.45]). Non-use of 206 207 complementary medicine was only associated with lack of up-to-date CRC screening in younger women (AOR=2.11 [95%CI 1.19 to 3.75]). 208 209 210 211 **Discussion** 212 213 Main finding of this study Five years after cancer diagnosis, and regardless of age, 35.3% of study participants reported 214 undergoing a colonoscopy or a FOBT in the previous two years. In cancer survivors aged 51-215 75, this rate increased to 49.3%. This finding was expected, as individuals in this age group 216 are automatically invited to participate in the French national CRC screening program. The 217 49.3% rate of up-to-date CRC screening observed in survivors aged 51-75 was higher than the 218 EU's minimum target set at 45%.(European Commission 2010) However, it was far below the 219 EU's desired target (>65%).(European Commission 2010) 220 221 A high rate of up-to-date CRC screening was observed in prostate cancer survivors (n=377). 222 Conversely, half or less of the survivors of cervical, upper ærodigestive tract, breast, or lung 223 224 cancer in our study reported undergoing CRC screening in the previous two years, even though they have an increased risk of developing a second cancer in the colorectum.(Institut 225 226 National Du Cancer 2015; Curtis 2006; Institut National Du Cancer 2013) 227 We identified several personal barriers to CRC screening. An association was found between 228 a BMI of 30 or greater and lack of up-to-date CRC screening. Survivors with perceived 229 230 financial difficulties were less likely to report up-to-date CRC screening. Individuals who

| 231 | continued smoking after receiving a cancer diagnosis were less likely to undergo CRC           |
|-----|--|
| 232 | screening, despite an increased risk of developing a second cancer in the colorectum.          |
| 233 | Conversely, survivors who used complementary medicine had a higher rate of up-to-date          |
| 234 | CRC screening.   |
| 235 | Institutional barriers to CRC screening were also identified. Poor access to GPs was           |
| 236 | associated with a lower rate of up-to-date CRC screening in male survivors.                    |
| 237 |  |
| 238 | What is already known on this topic  |
| 239 | As expected, the rate of up-to-date CRC screening was lower in younger cancer survivors.       |
| 240 | This is consistent with published studies, which found that young cancer survivors feel less   |
| 241 | concerned with the risk of developing a second cancer and are generally unaware of the         |
| 242 | importance of CRC screening.(Goulard 2009; Mayer 2007) This finding may be partly              |
| 243 | explained by the lack of national guidelines on screening for cancer survivors. Similarly, the |
| 244 | rate of up-to-date CRC screening was lower in cancer survivors aged over 75. This is           |
| 245 | unsurprising, since for older cancer survivors the benefits of CRC screening have not been     |
| 246 | demonstrated. In fact, some authors recommend shared decision-making regarding CRC             |
| 247 | screening in this particular age group.(Gangarosa 2011)  |
| 248 |  |
| 249 | Personal and institutional barriers to CRC screening identified in our study was consistent    |
| 250 | with the associations revealed in previous studies.  |
| 251 | Obesity is sometimes accompanied by physiological sequela and non-healthy behaviors.           |
| 252 | Obese survivors are known to avoid CRC screening due to feelings of low self-esteem, body      |
| 253 | image disorder, or embarrassment—though it should be noted that the association between        |
| 254 | BMI and CRC screening practices has been found to be inconsistent in the general               |
| 255 | population.(Seibert 2017; Maruthur 2012)   |
| 256 | The association between smoking and poor cancer screening practices has been observed in       |
| 257 | the general population.(Fon Sing 2013; Wools 2016)   |
| 258 | Unlike at-risk behaviors like smoking, healthy lifestyles are usually associated with proper   |
| 259 | cancer screening practices. This is consistent with published studies, which found that CRC    |
| 260 | patients who report using complementary medicines do so mainly to improve their general        |
| 261 | health and well-being.(Sewitch 2010)   |
| 262 | Studies have shown that financial insecurity causes individuals to give up care and cancer     |
| 263 | screening, even in the French context where screening tests and additional medical exams are   |
| 264 | free of charge.(Goulard 2009) In fact, it may be that other costs associated with CRC          |

screening play a role in patients' decision not to undergo FOBT and/or colonoscopy.(Hoover 265 2017) 266 Studies found lower rates of participation in screening programs among individuals with poor 267 268 access to healthcare providers. (Wools 2016) 269 What this study adds 270 To our knowledge, this is the first study to investigate CRC screening practices in cancer 271 survivors using a large national representative sample and covering 11 tumor sites. Our study 272 273 took advantage of the wide range of sociodemographic, economic, medical, and behavioral 274 data generated by the VICAN survey. 275 Several personal and institutional barriers to CRC screening were identified, which may be 276 277 targeted in future recommendations for improving CRC screening in cancer survivors. Our findings suggest that age thresholds for CRC screening should be adapted in function of 278 279 the site of the first cancer, whenever this site is associated with an increased risk of developing CRC. 280 281 The lack of national guidelines on screening for cancer survivors is problematic given that a 282 first cancer diagnosis increases the risk of developing a second cancer in most tumor sites (including the colorectum), particularly in individuals approaching the age of 50. Indeed, 283 younger cancer survivors should be given information on the importance of developing 284 regular CRC screening practices as early as possible: a cancer diagnosis could thus provide a 285 teachable moment to improve preventive behaviors.(Bluethmann 2015) 286 The high rate of up-to-date CRC screening observed in prostate cancer survivors is surprising, 287 because of all the tumor sites under examination, prostate has been shown to be associated 288 with the lowest risk of developing a second cancer in the colorectum. (Institut National Du 289 290 Cancer 2015; Curtis 2006; Institut National Du Cancer 2013) This finding may reflect an age effect, as prostate cancer generally affects older individuals who are known to undergo CRC 291 screening more frequently. Information on the increased risk of developing CRC after a first 292 cancer is quite new, and in the absence of specific medical recommendations, those who 293 294 undergo CRC screening are not necessarily the ones who most need it. Smoking cessation should be encouraged as part of a global screening and preventive 295 296 program.

While the gender difference observed in our study is difficult to explain, it can be expected to increase given that, since 2018, gynecologists in France are authorized to distribute FOBT kits to their (female) patients.

## Limitations of this study

Our study has some limitations that must be acknowledged. Overall, a selection bias within our population resulting in an over-estimation of CRC screening rate cannot be excluded, as more severely affected survivors might be under-represented in our sample. A weighting procedure was applied in order to ensure the representativeness of our sample, taking into account cancer progression since diagnosis. Information on CRC screening was self-reported, which means that memory or social desirability bias may have occurred. However, we found it necessary to use self-reported data because the CRC screening procedure is not currently registered in the French medico-administrative database. In addition, it is possible that some of the participants who reported undergoing a colonoscopy did so in the context of a medical examination, and not following CRC screening. Nevertheless, a large body of literature indicates that self-reported measures of FOBT or colonoscopy uptake are acceptable, and that rates of self-reported CRC screening are consistent with CRC screening rates observed in the general French population. (Institut National Du Cancer 2018; Baier 2000)

### **Conclusions**

Our study conducted in a population of cancer survivors five years after diagnosis identified several personal and institutional barriers to CRC screening. A number of recommendations can be made based on our results. Cancer survivors and healthcare practitioners should be given appropriate information on the risk of developing a second cancer in the colorectum and on the importance of CRC screening practices. National guidelines should formulate recommendations for the preventive follow-up of cancer survivors, especially the most vulnerable (e.g. younger, smokers or obese survivors). Health agencies, healthcare providers, and researchers should consider the possibility of extending the national CRC screening program to younger cancer survivors. In order to reduce the negative impact of financial difficulties on CRC screening practices, a communication campaign should be launched to inform the general population and cancer survivors in particular about the free CRC screening tests. Lastly, CRC screening kits should be made available beyond medical consultations (for instance, in pharmacies) to reduce the difficulties associated with poor access to GPs.

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| 439 |   |

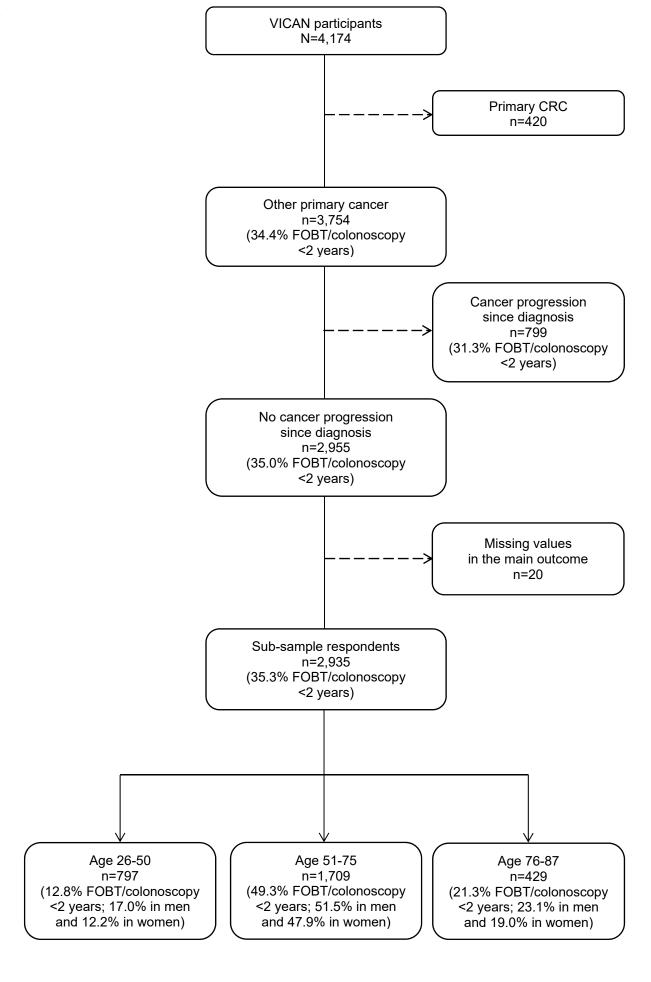


Figure 1: Flow chart of the study population

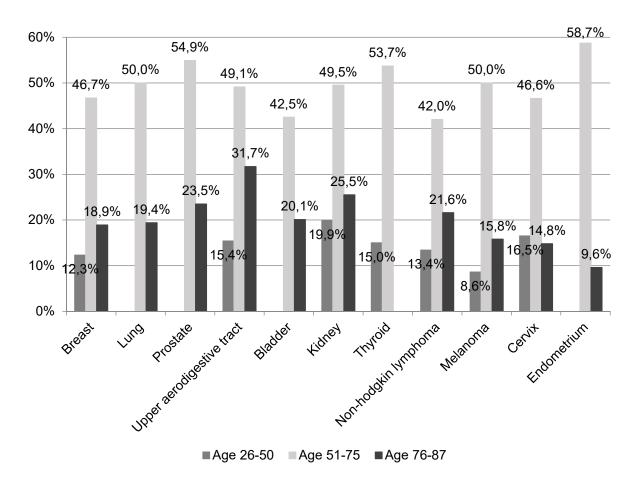


Figure 2: Prevalence of up-to-date CRC screening by age and cancer location *Note*: N=2,935. Values are presented as weighted percentages. There were no survivors of prostate, bladder, or endometrial cancer in the 26-50 age group, and no survivors of thyroid cancer in the 76-87 age group.

Table 1: CRC screening practices among 51-75 survivors

|                             | %           | Up-to-date        | Not up-to-date         | p-value <sup>c</sup> |
|-----------------------------|-------------|-------------------|------------------------|----------------------|
|                             |             | with CRC          | with CRC               |                      |
|                             |             | screeninga        | screening <sup>b</sup> |                      |
|                             |             | (% in column)     | (% in column)          |                      |
|                             |             | (n=842)           | (n=867)                |                      |
| Gender                      |             |                   |                        | 0.209                |
| Male                        | 38.0        | 39.7              | 36.3                   |                      |
| Female                      | 62.0        | 60.3              | 63.7                   |                      |
| Age at the time of the      | 61.4        | 62.0 (7.5)        | 60.9 (7.5)             | 0.016                |
| survey, weighted mean (SD)  |             |                   |                        |                      |
| Living as a couple          |             |                   |                        | 0.019                |
| Yes                         | <b>75.1</b> | <mark>76.9</mark> | 73.4                   |                      |
| No                          | 22.9        | 20.3              | 25.5                   |                      |
| Missing                     | 2.0         | 2.8               | 1.1                    |                      |
| Level of education          |             |                   |                        | 0.592                |
| < Less than high school     | 51.7        | <mark>52.4</mark> | 51.0                   |                      |
| degree                      |             |                   |                        |                      |
| ≥ High school degree or     | 48.1        | <mark>47.3</mark> | <mark>48.9</mark>      |                      |
| more                        |             |                   |                        |                      |
| Missing                     | 0.2         | 0.3               | 0.1                    |                      |
| Socio-professional category |             |                   |                        | 0.058                |
| at the survey               |             |                   |                        |                      |
| Executive job               | 22.9        | 22.3              | 23.5                   |                      |
| Managerial job              | 17.2        | 16.7              | 17.6                   |                      |
| Unemployed                  | 12.0        | 9.8               | 14.1                   |                      |
| Pensioner                   | 46.9        | <mark>49.9</mark> | 44.0                   |                      |
| Missing                     | 1.0         | 1.3               | 0.8                    |                      |
| Perceived financial status  |             |                   |                        | <0.001               |
| Comfortable/Things are      | 49.1        | 53.7              | <mark>44.7</mark>      |                      |
| good                        |             |                   |                        |                      |
| Tight/I have to be careful  | 34.8        | 32.7              | 36.8                   |                      |

| Difficult/I can't manage                            | 13.7              | 10.2              | 17.1              |        |
|---|-------------------|-------------------|-------------------|--------|
| without incurring debts                             | 13./              | 10.2              | 1/.1              |        |
| Missing   | 2.4               | 3.4               | 1.4               |        |
| Household income by                                 |                   |                   |                   | 0.091  |
| consumption unit (sample                            |                   |                   |                   |        |
| quartiles)  |                   |                   |                   |        |
| <1st quartile                                       | 20.3              | 17.8              | 22.8              |        |
| 1 <sup>st</sup> quartile - 3 <sup>rd</sup> quartile | <mark>46.0</mark> | 48.0              | 44.0              |        |
| >3 <sup>rd</sup> quartile                           | 25.9              | <mark>26.4</mark> | 25.4              |        |
| Missing   | <mark>7.8</mark>  | 7.8               | 7.8               |        |
| Indicator of potential access                       |                   |                   |                   | 0.004  |
| to general practitioners                            |                   |                   |                   |        |
| (sample quartiles)                                  |                   |                   |                   |        |
| Low (<1 <sup>st</sup> quartile)                     | 24.5              | 20.9              | 28.0              |        |
| Higher (>1 <sup>st</sup> quartile)                  | 75.1              | <mark>78.4</mark> | 71.9              |        |
| Missing   | 0.4               | 0.7               | 0.1               |        |
| Prognosis of cancer                                 |                   |                   |                   | 0.761  |
| Good  | 77.7              | 78.2              | 77.2              |        |
| Middle  | 18.0              | 17.4              | 18.5              |        |
| Bad   | 4.3               | 4.4               | 4.3               |        |
| BMI   |                   |                   |                   | 0.072  |
| BMI<30  | 81.4              | 83.4              | <mark>79.4</mark> |        |
| BMI≥30  | 18.1              | 16.1              | 20.0              |        |
| Missing   | 0.5               | 0.5               | 0.6               |        |
| Currently smoking                                   |                   |                   |                   | <0.001 |
| Yes   | 14.6              | 10.0              | 19.1              |        |
| No  | 84.6              | 88.9              | 80.5              |        |
| Missing   | 0.7               | 1.1               | 0.4               |        |
| Use of complementary                                |                   |                   |                   | 0.050  |
| medicine  |                   |                   |                   |        |
| Yes   | 23.5              | 25.7              | 21.3              |        |
| No  | <mark>74.4</mark> | <mark>71.4</mark> | <mark>77.4</mark> |        |
| Missing   | 2.1               | 2.9               | 1.3               |        |

- *Note:* n=1,709. Values are presented as weighted percentages, unless otherwise noted.
- Boldface indicates statistical significance (p≤0.05).
- 450 <sup>a</sup>Up-to-date with CRC screening: cancer survivors who had undergone FOBT or colonoscopy
- in the previous two years.
- bNot up-to-date with CRC screening: cancer survivors who had not undergone FOBT or
- colonoscopy in the previous two years.
- 454 <sup>c</sup>Calculated excluding missing values.

|                          | All respondents |           |         | Men  | W         | omen |           |
|--------------------------|-----------------|-----------|---------|------|-----------|------|-----------|
|                          | AOR             | 95%CI     | p-value | AOR  | 95%CI     | AOR  | 95%CI     |
| Personal factors         | l               | l         |         |      | l         |      |           |
| Gender <sup>a</sup>      |                 |           |         |      |           |      |           |
| Male                     | 1               |           |         |      |           |      |           |
| Female                   | 1.06            | 0.82-1.38 | 0.655   |      |           |      |           |
| Age at the time of the   | 0.98            | 0.97-1.01 | 0.064   | 0.99 | 0.96-1.02 | 0.98 | 0.96-1.00 |
| survey                   |                 |           |         |      |           |      |           |
| (per 1 year increase)    |                 |           |         |      |           |      |           |
| Perceived financial      |                 |           |         |      |           |      |           |
| status                   |                 |           |         |      |           |      |           |
| Comfortable/Things are   | 1               |           |         | 1    |           | 1    |           |
| good                     |                 |           |         |      |           |      |           |
| Tight/I have to be       | 1.27            | 0.98-1.63 | 0.065   | 1.06 | 0.71-1.57 | 1.41 | 1.02-1.96 |
| careful                  |                 |           |         |      |           |      |           |
| Difficult/I can't manage | 1.76            | 1.20-2.58 | 0.004   | 1.53 | 0.82-2.85 | 1.89 | 1.17-3.05 |
| without incurring debts  |                 |           |         |      |           |      |           |
| BMI                      |                 |           |         |      |           |      |           |
| BMI<30                   | 1               |           |         | 1    |           | 1    |           |
| BMI≥30                   | 1.38            | 1.02-1.86 | 0.039   | 1.23 | 0.80-1.89 | 1.49 | 0.97-2.28 |
| Currently smoking        |                 |           |         |      |           |      |           |
| Yes                      | 1.91            | 1.35-2.69 | <0.001  | 1.98 | 1.07-3.67 | 1.85 | 1.21-2.83 |
| No                       | 1               |           |         | 1    |           | 1    |           |
| Use of complementary     |                 |           |         |      |           |      |           |
| medicine                 |                 |           |         |      |           |      |           |
| Yes                      | 1               |           |         | 1    |           | 1    |           |
| No                       | 1.39            | 1.04-1.86 | 0.026   | 0.98 | 0.54-1.78 | 1.54 | 1.10-2.14 |
| Contextual factors       |                 |           |         |      |           |      |           |
| Indicator of potential   |                 |           |         |      |           |      |           |
| access to general        |                 |           |         |      |           |      |           |

| practitioners (sample           |      |           |                    |             |           |      |           |
|---------------------------------|------|-----------|--------------------|-------------|-----------|------|-----------|
| quartiles)                      |      |           |                    |             |           |      |           |
| Low (<1 <sup>st</sup> quartile) | 1.43 | 1.09-1.88 | <mark>0.010</mark> | <b>1.61</b> | 1.06-2.46 | 1.38 | 0.96-1.97 |
| Higher (>1st quartile)          | 1    |           |                    | 1           |           | 1    |           |

- Note: n=1,645 after exclusion of 64 observations with missing values. Boldface indicates
- 458 statistical significance ( $p \le 0.05$ ).
- <sup>a</sup>Variable not selected by the stepwise procedure and forced in the multivariate logistic
- 460 regression.

|  | Age 26-50               | Age 51-75  | Age 76-87            | p-value |
|--|-------------------------|------------|----------------------|---------|
|  |                         |            |                      | p-value |
|  | (n=797)                 | (n=1,709)  | (n=429)              |         |
| Age at the time of the survey, weighted    | 44.4 (5.2)              | 61.4 (7.5) | 79.5 (2.7)           | <0.001  |
| mean (SD)                                  |                         |            |                      |         |
| Gender                                     |                         |            |                      | <0.001  |
| Male                                       | 106 (13.3)              | 649 (38.0) | <b>238</b> (55.5)    |         |
| Female                                     | <mark>691</mark> (86.7) | 1060       | 191 (44.5)           |         |
|  |                         | (62.0)     |                      |         |
| Living as a couple                         |                         |            |                      | 0.171   |
| Yes  | <b>557</b> (70.0)       | 1221       | 281 (65.6)           |         |
|  |                         | (71.4)     |                      |         |
| No   | <b>240</b> (30.0)       | 486 (28.5) | 147 (34.2)           |         |
| Missing                                    | 0 (0.0)                 | 2 (0.1)    | 1 (0.2)              |         |
| Level of education                         |                         |            |                      | <0.001  |
| < Less than high school degree             | <b>267</b> (33.5)       | 883 (51.7) | <b>280</b> (65.2)    |         |
| ≥ High school degree or more               | 530 (66.5)              | 823 (48.1) | 149 (34.8)           |         |
| Missing                                    | 0 (0.0)                 | 3 (0.2)    | 0 (0.0)              |         |
| Having a child                             |                         |            |                      | <0.001  |
| Yes  | <b>671</b> (84.2)       | 1546       | 394 (91.7)           |         |
|  |                         | (90.5)     |                      |         |
| No   | 126 (15.8)              | 159 (9.3)  | 34 (7.9)             |         |
| Missing                                    | 0 (0.0)                 | 4 (0.2)    | 1 (0.4)              |         |
| Socio-professional category at the time of |                         |            |                      | <0.001  |
| the survey                                 |                         |            |                      |         |
| Executive job                              | 363 (45.6)              | 392 (22.9) | <mark>4</mark> (0.9) |         |
| Managerial job                             | 286 (35.9)              | 294 (17.2) | <mark>0</mark> (0.0) |         |
| Unemployed                                 | 137 (17.2)              | 204 (12.0) | 22 (5.0)             |         |
| Pensioner                                  | <mark>3</mark> (0.4)    | 801 (46.9) | 396 (92.3)           |         |
| Missing                                    | 8 (0.9)                 | 18 (1.0)   | 7 (1.8)              |         |
| Perceived financial status                 |                         |            |                      | <0.001  |
| Comfortable/Things are good                | 352 (44.2)              | 840 (49.2) | 215 (50.2)           |         |
| Tight/I have to be careful                 | 295 (37.0)              | 594 (34.8) | 158 (36.9)           |         |
|  | 1                       | l          | l —                  | I       |

| Difficult/I can't manage without incurring | 139 (17.5) | 235 (13.7) | 27 (6.3) |  |
|--|------------|------------|----------|--|
| debts                                      |            |            |          |  |
| Missing                                    | 11 (1.3)   | 40 (2.4)   | 29 (6.6) |  |

Note: n=2,935. Values are presented as weighted percentages, unless otherwise noted.

Boldface indicates statistical significance ( $p \le 0.05$ ).

Online Supplementary Table 2: Logistic regression model of lack of up-to-date CRC screening among 26-50 survivors

|                           | All respondents |           | Men     |       | Women      |      |           |
|---------------------------|-----------------|-----------|---------|-------|------------|------|-----------|
|                           | AOR             | 95%CI     | p-value | AOR   | 95%CI      | AOR  | 95%CI     |
| Personal factors          | l               |           |         |       |            |      |           |
| Gender <sup>a</sup>       |                 |           |         |       |            |      |           |
| Male                      | 1               |           |         |       |            |      |           |
| Female                    | 1.63            | 0.84-3.14 | 0.147   |       |            |      |           |
| Age at the time of the    | 0.93            | 0.87-0.99 | 0.038   | 1.03  | 0.90-1.18  | 0.92 | 0.86-0.99 |
| survey                    |                 |           |         |       |            |      |           |
| (per 1 year increase)     |                 |           |         |       |            |      |           |
| Perceived financial       |                 |           |         |       |            |      |           |
| status                    |                 |           |         |       |            |      |           |
| Comfortable/Things        | 1               |           |         | 1     |            | 1    |           |
| are good                  |                 |           |         |       |            |      |           |
| Tight/I have to be        | 0.60            | 0.33-1.09 | 0.093   | 0.48  | 0.08-2.73  | 0.61 | 0.32-1.17 |
| careful                   |                 |           |         |       |            |      |           |
| Difficult/I can't         | 0.41            | 0.21-0.79 | 0.008   | 0.07  | 0.01-0.45  | 0.59 | 0.28-1.25 |
| manage without            |                 |           |         |       |            |      |           |
| incurring debts           |                 |           |         |       |            |      |           |
| BMI                       |                 |           |         |       |            |      |           |
| BMI < 30                  | 1               |           |         | 1     |            | 1    |           |
| BMI ≥ 30                  | 0.83            | 0.41-1.68 | 0.610   | 1.57  | 0.31-8.02  | 0.74 | 0.33-1.68 |
| Currently smoking         |                 |           |         |       |            |      |           |
| Yes                       | 1.25            | 0.65-2.39 | 0.501   | 5.51  | 0.94-32.40 | 0.94 | 0.47-1.86 |
| No                        | 1               |           |         | 1     |            | 1    |           |
| Use of                    |                 |           |         |       |            |      |           |
| complementary             |                 |           |         |       |            |      |           |
| medicine                  |                 |           |         |       |            |      |           |
| Yes                       | 1               |           |         | 1     |            | 1    |           |
| No                        | 0.72            | 1.01-2.93 | 0.046   | 12.21 | 0.05-1.71  | 2.11 | 1.19-3.75 |
| <b>Contextual factors</b> | •               |           |         |       |            | •    |           |

| Indicator of potential          |      |           |       |      |            |      |           |
|---------------------------------|------|-----------|-------|------|------------|------|-----------|
| access to general               |      |           |       |      |            |      |           |
| practitioners (sample           |      |           |       |      |            |      |           |
| quartiles)                      |      |           |       |      |            |      |           |
| Low (<1 <sup>st</sup> quartile) | 1.38 | 0.69-2.77 | 0.366 | 3.07 | 0.79-11.86 | 1.24 | 0.58-2.68 |
| Higher (>1st quartile)          | 1    |           |       | 1    |            | 1    |           |

Note: n=797. Boldface indicates statistical significance (p≤0.05).

<sup>a</sup>Variable not selected by the stepwise procedure and forced in the multivariate logistic

468 regression.

Online Supplementary Table 3: Logistic regression model of lack of up-to-date CRC screening among 76-87 survivors

|                        | All respondents |           |         | Men  |           | Women |            |
|------------------------|-----------------|-----------|---------|------|-----------|-------|------------|
|                        | AOR             | 95%CI     | p-value | AOR  | 95%CI     | AOR   | 95%CI      |
| Personal factors       |                 | l         |         |      |           |       |            |
| Gender <sup>a</sup>    |                 |           |         |      |           |       |            |
| Male                   | 1               |           |         |      |           |       |            |
| Female                 | 1.39            | 0.71-2.71 | 0.335   |      |           |       |            |
| Age at the time of the | 1.18            | 1.03-1.36 | 0.019   | 1.16 | 0.96-1.40 | 1.21  | 0.99-1.47  |
| survey                 |                 |           |         |      |           |       |            |
| (per 1 year increase)  |                 |           |         |      |           |       |            |
| Perceived financial    |                 |           |         |      |           |       |            |
| status                 |                 |           |         |      |           |       |            |
| Comfortable/Things     | 1               |           |         | 1    |           | 1     |            |
| are good               |                 |           |         |      |           |       |            |
| Tight/I have to be     | 0.65            | 0.34-1.27 | 0.211   | 0.87 | 0.37-2.06 | 0.44  | 0.14-135   |
| careful                |                 |           |         |      |           |       |            |
| Difficult/I can't      | 0.50            | 0.16-1.52 | 0.220   | 0.45 | 0.12-1.73 | 0.50  | 0.06-4.31  |
| manage without         |                 |           |         |      |           |       |            |
| incurring debts        |                 |           |         |      |           |       |            |
| BMI                    |                 |           |         |      |           |       |            |
| BMI < 30               | 1               |           |         | 1    |           | 1     |            |
| BMI $\geq$ 30          | 1.55            | 0.62-3.84 | 0.347   | 1.28 | 0.36-4.51 | 1.89  | 0.54-6.66  |
| Currently smoking      |                 |           |         |      |           |       |            |
| Yes                    | 0.77            | 0.28-2.09 | 0.603   | 0.55 | 0.17-1.80 | 3.62  | 0.36-36.03 |
| No                     | 1               |           |         | 1    |           | 1     |            |
| Use of complementary   |                 |           |         |      |           |       |            |
| medicine               |                 |           |         |      |           |       |            |
| Yes                    | 1               |           |         | 1    |           | 1     |            |
| No                     | 1.02            | 0.39-2.63 | 0.970   | 1.59 | 0.43-5.86 | 0.62  | 0.13-2.87  |
| Contextual factors     |                 |           |         |      |           |       |            |
| Indicator of potential |                 |           |         |      |           |       |            |
| access to general      |                 |           |         |      |           |       |            |

| practitioners (sample           |      |           |       |      |           |      |           |
|---------------------------------|------|-----------|-------|------|-----------|------|-----------|
| quartiles)                      |      |           |       |      |           |      |           |
| Low (<1 <sup>st</sup> quartile) | 1.78 | 0.76-4.09 | 0.184 | 1.91 | 0.68-5.37 | 1.58 | 0.36-7.01 |
| Higher (>1st quartile)          | 1    |           |       | 1    |           | 1    |           |

Note: n=429. Boldface indicates statistical significance (p≤0.05).

<sup>a</sup>Variable not selected by the stepwise procedure and forced in the multivariate logistic

473 regression.

lifetime among 51-75 survivors

| 1 | 7 | 7 |
|---|---|---|
| 4 | , | / |

|                                 | All respondents  |                    |                     |                  | Men                | <b>Women</b>      |             |
|---------------------------------|------------------|--------------------|---------------------|------------------|--------------------|-------------------|-------------|
|                                 | AOR <sup>a</sup> | p p                | 95%CI               | AOR <sup>a</sup> | 95%CI <sup>b</sup> | AOR <sup>a</sup>  | 95%CIb      |
| <b>Personal factors</b>         |                  |                    |                     |                  |                    |                   |             |
| Gender                          |                  |                    |                     |                  |                    |                   |             |
| Men                             | 1                |                    |                     |                  |                    |                   |             |
| Women                           | 1.23             | 0.178              | 0.91 -              |                  |                    |                   |             |
|                                 |                  |                    | <mark>1.66</mark>   |                  |                    |                   |             |
| Age at the survey               | <b>0.94</b>      | <0.001             | 0.92 –              | 0.96             | 0.93 - 0.99        | 0.93              | 0.91 - 0.96 |
| (per 1 year                     |                  |                    | <mark>0.96</mark>   |                  |                    |                   |             |
| increase)                       |                  |                    |                     |                  |                    |                   |             |
| Perceived                       |                  |                    |                     |                  |                    |                   |             |
| financial status                |                  |                    |                     |                  |                    |                   |             |
| Easy/It's ok                    | 1                |                    |                     | 1                |                    | 1                 |             |
| It's borderline, we             | 1.14             | 0.395              | 0.85 -              | 0.92             | 0.55 - 1.52        | 1.24              | 0.86 - 1.80 |
| have to be careful              |                  |                    | 1.53                |                  |                    |                   |             |
| You manage with                 | <b>1.96</b>      | 0.001              | <b>1.30</b> –       | <b>2.46</b>      | 1.24 - 4.88        | <b>1.81</b>       | 1.10 - 2.96 |
| difficulties/You                |                  |                    | <b>2.93</b>         |                  |                    |                   |             |
| can't manage                    |                  |                    |                     |                  |                    |                   |             |
| without incurring               |                  |                    |                     |                  |                    |                   |             |
| <mark>debts</mark>              |                  |                    |                     |                  |                    |                   |             |
| <b>BMI</b>                      |                  |                    |                     |                  |                    |                   |             |
| BMI<30                          | 1                |                    |                     | 1                |                    | 1                 |             |
| BMI≥30                          | 1.20             | 0.314              | <mark>0.84 –</mark> | 1.00             | 0.58 - 1.73        | 1.34              | 0.84 - 2.16 |
|                                 |                  |                    | 1.72                |                  |                    |                   |             |
| Current smoker                  |                  |                    |                     |                  |                    |                   |             |
| Yes                             | <b>1.77</b>      | <b>0.001</b>       | <b>1.25</b> –       | <b>2.02</b>      | 1.09 - 3.73        | <b>1.69</b>       | 1.11 - 2.58 |
|                                 | _                |                    | <b>2.51</b>         |                  |                    | _                 |             |
| No No                           | 1                |                    |                     | 1                |                    | 1                 |             |
| Use of                          |                  |                    |                     |                  |                    |                   |             |
| <b>complementary</b>            |                  |                    |                     |                  |                    |                   |             |
| <mark>medicine</mark>           | _                |                    |                     |                  |                    |                   |             |
| Yes                             | 1                |                    |                     | 1                |                    | 1                 |             |
| No                              | <b>1.89</b>      | <0.001             | <mark>1.33 –</mark> | <b>2.00</b>      | 0.96 - 4.16        | <b>1.87</b>       | 1.26 - 2.78 |
|                                 |                  |                    | <b>2.68</b>         |                  |                    |                   |             |
| Contextual factors              |                  |                    |                     |                  |                    |                   |             |
| Indicator of                    |                  |                    |                     |                  |                    |                   |             |
| <mark>potential</mark>          |                  |                    |                     |                  |                    |                   |             |
| accessibility to                |                  |                    |                     |                  |                    |                   |             |
| <b>general</b>                  |                  |                    |                     |                  |                    |                   |             |
| practitioners                   |                  |                    |                     |                  |                    |                   |             |
| (sample quartiles)              |                  |                    |                     |                  |                    |                   |             |
| Low (<1 <sup>st</sup> quartile) | 1.01             | <mark>0.956</mark> | <mark>0.74 –</mark> | 1.56             | 0.71 - 1.89        | <mark>0.95</mark> | 0.64 - 1.42 |
|                                 |                  |                    | 1.38                |                  |                    |                   |             |

| Higher (>1st | 1 | 1 | 1 |  |
|--------------|---|---|---|--|
| quartile)    |   |   |   |  |