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Bendiane, Julien Mancini

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# Colorectal cancer screening practices among cancer survivors five years after diagnosis

Adeline Monet 1 Rajae Touzani 1, 2 Anne-Déborah Bouhnik 3 Marc-Karim Bendiane 3 Julien Mancini 3, 4

1 SESSTIM - U1252 INSERM - Aix Marseille Univ - UMR 259 IRD - Sciences Economiques et Sociales de la Santé & Traitement de l'Information Médicale

2 Institut Paoli-Calmettes

3 SESSTIM - U1252 INSERM - AMU - UMR 259 IRD - "Cancer, Biomedicine & Society" group

SESSTIM - U1252 INSERM - Aix Marseille Univ - UMR 259 IRD - Sciences Economiques et Sociales de la Santé & Traitement de l'Information Médicale

4 BiosTIC - Biostatistique et technologies de l'information et de la communication (BioSTIC) - [Hôpital de la Timone - APHM]

Background: Colorectal cancer (CRC) has a high incidence worldwide, especially in high-1 income countries. In France, a national CRC screening program targeting residents aged 50-2 74 has been in place since 2009. Little is known about CRC screening practices in cancer 3 survivors, even though some have an increased risk of developing a second cancer in the 4 colorectum. This study aims to identify the barriers to CRC screening among cancer 5 6 survivors. 7 Methods: This cross-sectional study based on the French national VICAN survey included 8 9 individuals diagnosed in 2010 with a cancer in one of 11 locations other than colorectum and interviewed five years after diagnosis about various health-related issues. Binary logistic 10 regression was used to identify the factors associated with lack of up-to-date CRC screening 11 12 in cancer survivors without cancer progression. 13 **Results:** Of the 2,935 cancer survivors included in the study, 35.3% reported undergoing a 14 15 screening test in the previous two years. The rate of up-to-date CRC screening rose to 49.3% in survivors aged 51-75. Among these, lack of CRC screening in the recommended timeframe 16 17 was associated with obesity, current smoking, non-use of complementary medicine, perceived financial difficulties, and poor access to general practitioners. 18 19

20 21

Keywords: Screening, colorectal cancer, second cancer, cancer survivors. 22

**Conclusions:** Barriers to CRC screening can be personal and/or institutional.

- 23 Introduction
- 24

Colorectal cancer (CRC) has a high incidence worldwide, especially in high-income regions, 25 which accounted for almost 55.0% of the world's CRC cases in 2012 (International Agency 26 for Research on Cancer 2018; Ferlay 2015). In men, CRC has the third highest incidence of 27 any cancer site, after prostate and lung cancer, and represents 10.9% of new cancer cases. In 28 women, it has the second highest incidence of any cancer site, after breast cancer, and 29 accounts for 9.5% of new cancer cases. CRC is the second cause of death by cancer for both 30 31 sexes and all ages (9.2% of cancer deaths in 2018).(International Agency for Research on Cancer 2018) 32 33 The same tendencies have been observed in metropolitan France. In 2017, CRC represented 34 35 11.2% of new cancer cases for both women and men, and CRC was the second cause of death by cancer (around 12.0% of all deaths by cancer).(Institut National Du Cancer 2018) 36 37 In the past decades, CRC population screening programs have been implemented around the 38 world.(Navarro 2017) In France, a national CRC screening program targeting residents aged 39 40 50-74 has been in place since 2009. This program, which is managed by local institutions based on national guidelines, targeted 16.8 million people in 2016-2017.(Institut National Du 41 Cancer 2016, 2018) Every two years, targeted men and women are invited by a letter to 42 undergo a fecal occult blood test (FOBT), followed by a colonoscopy in case of positive 43 result. Their regular doctor then delivers the CRC screening kit. The FOBT is performed at 44 home, and mailed free of charge to the laboratory. No specific recommendations on cancer 45 screening have been formulated for cancer survivors in France.(Institut National Du Cancer 46 2013) 47 48

In 2016-2017, the rate of participation in the French national CRC screening program was 49 50 estimated at 33.5%.(Institut National Du Cancer 2018) This rate is lower than the EU's minimum and desired targets, set at 45% and 65%, respectively.(European Commission 2010) 51 According to a review published in 2017, France is the European country with the third-52 lowest participation rate (34.3%), far below the highest participation rate recorded in the 53 Netherlands (68.2%).(Navarro 2017) In some studies, participation in the French national 54 55 CRC screening program is slightly higher in women and increases with age.(Institut National 56 Du Cancer 2018; Santé Publique France 2018) In other studies, French residents who do not

undergo CRC screening most often live alone, have no complementary health scheme, or have 57 given up care for financial reasons.(Institut National Du Cancer 2016; Goulard 2009; Fon 58 Sing 2013) Regular doctors have also been found to play a key role in promoting CRC 59 screening. Among women, participation in the French national CRC screening program has 60 been shown to be higher in those who had previously undergone breast cancer and/or cervical 61 cancer screening. Among men, smoking has been found to be a barrier to participation. A 62 systematic review published in 2016 identified similar barriers to CRC screening, but found 63 64 that women are less likely to undergo CRC screening.(Wools 2016)

65

Three million individuals are living with a cancer diagnosis in France today. The risk of developing a second cancer in survivors is higher by 36.0% on average than the risk of developing cancer in the general population.(Institut National Du Cancer 2015) A large number of cancer survivors aged 50-74 are at risk of developing a second cancer in the colorectum. In this context, it is essential that CRC prevention and screening be promoted as part of the cancer survivor's follow-up.

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73 The risk of developing a second cancer varies depending on the site of the first cancer.(Institut 74 National Du Cancer 2013, 2015; Curtis 2006) According to a SEER-based study, the excess absolute risk (EAR) of the second cancer being colorectal is higher in survivors of upper 75 76 ærodigestive tract, lung, uterine, or non-Hodgkin lymphoma cancer; by contrast, survivors of prostate or melanoma cancer do not seem to be at risk of developing a second cancer in the 77 colorectum.(Curtis 2006) Other studies have found that the EAR of the second cancer being 78 colorectal is higher in male survivors of upper ærodigestive tract, esophagus, laryngeal, or 79 lung cancer, but also in male survivors of prostate cancer; in addition, they have found that 80 the EAR of the second cancer being colorectal is higher in female survivors with cervical 81 cancer.(Institut National Du Cancer 2013, 2015) The increased risk of developing a second 82 cancer in the colorectum may be due to shared risk factors, but also to the impact on non-83 84 cancerous cells of cancer treatments like radiation therapy.(Baxter 2005)

85

Despite the fact that cancer survivors have an increased risk of developing a second cancer in the colorectum, studies are lacking on CRC screening practices among cancer survivors. The few studies available on the topic describe cancer screening rates in cancer survivors, and/or assess the health beliefs that shape screening practices.(Corkum 2013; Mayer 2007; Trask 2005; Shin 2011; Yang 2014) Generally, these studies do not specifically focus on CRC

- screening, but are also concerned with breast, cervical, and prostate cancer screening. To our
- 82 knowledge, no study has been conducted on CRC screening practices using a large
- representative sample of cancer survivors and covering a wide range of tumor sites. Our study
- aims to estimate the rate of up-to-date CRC screening among cancer survivors five years after
- diagnosis, and to identify the personal and institutional barriers to CRC screening in these
- 96 survivors.

97	<u>Methods</u>
98	
99	The French national VICAN survey
100	This cross-sectional study was based on the French national VICAN survey. In this national
101	representative study, cancer survivors diagnosed in 2010 were followed up for a period of five
102	years to assess their life conditions.)
103	Data were obtained from different sources:
104	- Patient interviews performed two and five years after diagnosis (2012/2015) to gather
105	information on various health issues, including health condition, preventive health
106	behaviors, etc.;
107	- The French national medico-administrative database (SNIIRAM), which records all
108	care consumption data (generated inside and outside healthcare centers).
109	The VICAN survey focused on 12 types of cancer (breast, lung, colorectal, prostate, upper
110	ærodigestive tract, bladder, kidney, thyroid, non-Hodgkin lymphoma, melanoma, cervical,
111	and endometrial) accounting for the 4,174 cancer survivors who responded to the 5-year
112	interview. Cancer survivors aged under 18 at diagnosis were excluded from the survey for
113	legal reasons, and those aged over 82 at diagnosis were excluded because high attrition was
114	expected. All participants provided written informed consent before participation. National
115	ethics commissions approved the methodology of the VICAN survey.
116	Of the 13,046 cancer survivors invited to participate in the 5-year interview, 4,174 were
117	finally included (32.0% crude response rate).
118	A weighting procedure was applied in order to ensure national representativeness in terms of
119	gender, age, national insurance scheme, socioeconomic hardship, tumor site, and cancer
120	progression since diagnosis. Cancer progression since diagnosis took into account the
121	following criteria: metastasis (more than 12 months after cancer diagnosis) or second cancer,
122	admission to a palliative care unit or treatment with chemotherapy, radiotherapy or targeted
123	therapy (at least 24 months after cancer diagnosis) and death.(Bouhnik 2015)
124	
125	Self-reported CRC screening practices
126	In the interview conducted five years after diagnosis, participants were asked the following
127	question: "Have you ever undergone a FOBT or a colonoscopy?" The possible answers were:
128	"Yes, less than two years ago/Yes, more than two years ago/No, never." The two modalities

129 ("Yes, more than two years ago" and "No, never") were used to identify survivors who had

- 130 not undergone CRC screening in the recommended timeframe (two years). These survivors
- 131 were defined as not up-to-date with CRC screening.
- 132

### 133 Sample selection

- Three categories of survivors were excluded from the statistical analyses (Figure 1): 1) 134 survivors of colorectal cancer, because they already received colonoscopies as part of their 135 regular follow-up; 2) individuals with cancer progression since diagnosis (cancer metastasis, 136 second cancer, chemotherapy/radiotherapy administered more than two years after cancer 137 138 diagnosis, palliative care), in order to obtain a homogeneous population of survivors who might benefit from CRC screening; and 3) individuals with missing data (<0.5%) related to 139 140 the main variable of the study. Three age groups were defined based on the age recommended by national guidelines for CRC screening (i.e., 50-74 in the general population). The limits of 141 142 the age group targeted for CRC screening were moved upwards by one year to ensure that included patients had enough time to undergo screening. The resulting age groups were: 143
- 144 26-50, 51-75, and 76-87.
- 145

## 146 Statistical analyses

- 147 Sensitivity analysis was used to address a potential bias related to the choice of the limits of
- 148 the age groups. Univariate statistical analyses were performed using  $\chi^2$  tests for categorical
- 149 variables and using Student's t-tests for continuous variables.
- 150 Then, for each age group, binary logistic regression models stratified by sex were used to
- 151 identify factors independently associated with lack of up-to-date CRC screening. A backward
- 152 stepwise process was used to select statistically significant factors in a multivariate model
- 153 (probability threshold for inclusion in the model p-value=20%). Only variables remaining
- 154 significantly associated with the outcome with a p-value  $\leq 5\%$  were kept in the final model.
- 155 First order interactions were systematically checked. An all available cases analysis method
- 156 was applied to handle rare missing values. Another sensitivity analysis was performed to
- assess the robustness of the factors associated with no CRC screening, by considering "no
- 158 CRC screening during lifetime" as outcome, instead of "in the past 2 years". Results of
- 159 sensitivity analyses are provided as Online supplementary tables.
- 160 All statistical tests were done using the STATA 12.0 software.
- 161

## 162 <u>Results</u>

163

- 164 The sample of 2,935 individuals aged 26-87 (weighted mean age at the time of the
- survey=59.4, SD=12.8) was mainly composed of female survivors and survivors aged 51-75
- 166 (Online Supplementary Table 1). Most of the survivors aged over 51 had not completed high
- school and were retired at the time of the survey (Online Supplementary Table 1).
- 168
- 169 Five years after diagnosis, 35.3% of respondents (32.4% of women and 41.0% of men)
- 170 reported undergoing a colonoscopy or a FOBT in the previous two years. The rate of up-to-
- date CRC screening was higher in the 51-75 age group (Figure 1). This rate was higher in
- men than in women (p < 0.001) for the pooled age groups; however, gender difference did not
- 173 reach statistical significance for the age groups taken separately (Figure 1). CRC screening
- 174 practices varied according to tumor site (Figure 2), but this variation did not reach statistical
- significance in the 51-75 age group after adjustment for age.
- 176

For cancer survivors eligible to participate in the national CRC screening program, the rate of
up-to-date CRC screening was 49.3% [95%CI 46.5% to 52.1%]. A sensitivity analysis found
a similar rate for survivors aged 50-74 (47.8%; n=1,762) and for survivors aged 51-74

- 180 (47.8%; n=1,658).
- 181

#### 182 Factors associated with lack of up-to-date CRC screening five years after diagnosis

183 In univariate analyses, different sociodemographic, economic, medical, and behavioral

variables were associated with lack of up-to-date CRC screening in survivors aged 51-75

185 (Table 1). The survivors more likely to report not being up-to-date with CRC screening were

186 younger (p=0.016), lived alone (p=0.019), had perceived financial difficulties (p=<0.001),

had poor access to GPs (p=0.004), were currently smoking (p=<0.001), and/or did not use

complementary medicine (p=0.050). Socio-professional category and BMI were borderline
significant.

190

191 The multivariate analysis (Table 2) confirmed that lack of up-to-date screening was

- significantly associated with perceived financial difficulties (p=0.004) (only in women, at
- 193 least "*Tight/I have to be careful*": AOR (Adjusted Odd Ratio)=1.41 [95%CI 1.02 to 1.96]),
- 194 poor access to GPs (p=0.010) (only in men: AOR=1.61 [95%CI 1.06 to 2.46]), non-use of
- 195 complementary medicine (p=0.026) (only in women: AOR=1.54 [95%CI 1.10 to 2.14]),
- obesity (p=0.039), and current smoking (p=<0.001). It also tended to be associated with

197 young age. However, it was no longer significantly associated with living alone. None first198 interactions was significant.

199

200 The same multivariate model was applied to the other two age groups (26-50 and 76-87) (Online Supplementary Table 2, Online Supplementary Table 3). In both cases, age at the 201 time of the survey was statistically significant. In the 26-50 group, lack of up-to-date 202 screening decreased as age increased (p=0.038), whereas in the 76-87 age group it increased 203 as age increased (p=0.019). Perceived financial difficulties were associated with a higher lack 204 205 of up-to-date screening in women from the 51-75 age group, but with a lower lack of up-todate screening in men younger than 51 (AOR=0.07 [95%CI 0.01 to 0.45]). Non-use of 206 207 complementary medicine was only associated with lack of up-to-date CRC screening in younger women (AOR=2.11 [95%CI 1.19 to 3.75]). 208 209 210 211 Discussion 212 213 Main finding of this study Five years after cancer diagnosis, and regardless of age, 35.3% of study participants reported 214 undergoing a colonoscopy or a FOBT in the previous two years. In cancer survivors aged 51-215 75, this rate increased to 49.3%. This finding was expected, as individuals in this age group 216 are automatically invited to participate in the French national CRC screening program. The 217 49.3% rate of up-to-date CRC screening observed in survivors aged 51-75 was higher than the 218 EU's minimum target set at 45%.(European Commission 2010) However, it was far below the 219 EU's desired target (>65%).(European Commission 2010) 220 221 A high rate of up-to-date CRC screening was observed in prostate cancer survivors (n=377). 222 Conversely, half or less of the survivors of cervical, upper ærodigestive tract, breast, or lung 223 224 cancer in our study reported undergoing CRC screening in the previous two years, even though they have an increased risk of developing a second cancer in the colorectum.(Institut 225 226 National Du Cancer 2015; Curtis 2006; Institut National Du Cancer 2013) 227 We identified several personal barriers to CRC screening. An association was found between 228 a BMI of 30 or greater and lack of up-to-date CRC screening. Survivors with perceived 229 230 financial difficulties were less likely to report up-to-date CRC screening. Individuals who

- 231 continued smoking after receiving a cancer diagnosis were less likely to undergo CRC
- screening, despite an increased risk of developing a second cancer in the colorectum.
- 233 Conversely, survivors who used complementary medicine had a higher rate of up-to-date
- 234 CRC screening.
- 235 Institutional barriers to CRC screening were also identified. Poor access to GPs was
- associated with a lower rate of up-to-date CRC screening in male survivors.
- 237

#### 238 What is already known on this topic

- As expected, the rate of up-to-date CRC screening was lower in younger cancer survivors.
- 240 This is consistent with published studies, which found that young cancer survivors feel less
- concerned with the risk of developing a second cancer and are generally unaware of the
- importance of CRC screening.(Goulard 2009; Mayer 2007) This finding may be partly
- explained by the lack of national guidelines on screening for cancer survivors. Similarly, the
- rate of up-to-date CRC screening was lower in cancer survivors aged over 75. This is
- unsurprising, since for older cancer survivors the benefits of CRC screening have not been
- 246 demonstrated. In fact, some authors recommend shared decision-making regarding CRC
- screening in this particular age group.(Gangarosa 2011)
- 248
- 249 Personal and institutional barriers to CRC screening identified in our study was consistent
- 250 with the associations revealed in previous studies.
- 251 Obesity is sometimes accompanied by physiological sequela and non-healthy behaviors.
- 252 Obese survivors are known to avoid CRC screening due to feelings of low self-esteem, body
- 253 image disorder, or embarrassment—though it should be noted that the association between
- BMI and CRC screening practices has been found to be inconsistent in the general
- population.(Seibert 2017; Maruthur 2012)
- 256 The association between smoking and poor cancer screening practices has been observed in
- the general population.(Fon Sing 2013; Wools 2016)
- 258 Unlike at-risk behaviors like smoking, healthy lifestyles are usually associated with proper
- 259 cancer screening practices. This is consistent with published studies, which found that CRC
- 260 patients who report using complementary medicines do so mainly to improve their general
- health and well-being. (Sewitch 2010)
- 262 Studies have shown that financial insecurity causes individuals to give up care and cancer
- screening, even in the French context where screening tests and additional medical exams are
- free of charge.(Goulard 2009) In fact, it may be that other costs associated with CRC

- screening play a role in patients' decision not to undergo FOBT and/or colonoscopy.(Hoover2017)
- Studies found lower rates of participation in screening programs among individuals with pooraccess to healthcare providers.(Wools 2016)
- 269

#### 270 What this study adds

To our knowledge, this is the first study to investigate CRC screening practices in cancer
survivors using a large national representative sample and covering 11 tumor sites. Our study
took advantage of the wide range of sociodemographic, economic, medical, and behavioral
data generated by the VICAN survey.

275

276 Several personal and institutional barriers to CRC screening were identified, which may be

targeted in future recommendations for improving CRC screening in cancer survivors.

278 Our findings suggest that age thresholds for CRC screening should be adapted in function of

the site of the first cancer, whenever this site is associated with an increased risk of

280 developing CRC.

281 The lack of national guidelines on screening for cancer survivors is problematic given that a

first cancer diagnosis increases the risk of developing a second cancer in most tumor sites

283 (including the colorectum), particularly in individuals approaching the age of 50. Indeed,

younger cancer survivors should be given information on the importance of developing

regular CRC screening practices as early as possible: a cancer diagnosis could thus provide a

teachable moment to improve preventive behaviors.(Bluethmann 2015)

287 The high rate of up-to-date CRC screening observed in prostate cancer survivors is surprising,

because of all the tumor sites under examination, prostate has been shown to be associated

with the lowest risk of developing a second cancer in the colorectum.(Institut National Du

290 Cancer 2015; Curtis 2006; Institut National Du Cancer 2013) This finding may reflect an age

effect, as prostate cancer generally affects older individuals who are known to undergo CRC

screening more frequently. Information on the increased risk of developing CRC after a first

293 cancer is quite new, and in the absence of specific medical recommendations, those who

undergo CRC screening are not necessarily the ones who most need it.

295 Smoking cessation should be encouraged as part of a global screening and preventive

296 program.

While the gender difference observed in our study is difficult to explain, it can be expected to
increase given that, since 2018, gynecologists in France are authorized to distribute FOBT
kits to their (female) patients.

300

#### 301 Limitations of this study

Our study has some limitations that must be acknowledged. Overall, a selection bias within 302 our population resulting in an over-estimation of CRC screening rate cannot be excluded, as 303 more severely affected survivors might be under-represented in our sample. A weighting 304 procedure was applied in order to ensure the representativeness of our sample, taking into 305 account cancer progression since diagnosis. Information on CRC screening was self-reported, 306 307 which means that memory or social desirability bias may have occurred. However, we found it necessary to use self-reported data because the CRC screening procedure is not currently 308 309 registered in the French medico-administrative database. In addition, it is possible that some of the participants who reported undergoing a colonoscopy did so in the context of a medical 310 311 examination, and not following CRC screening. Nevertheless, a large body of literature indicates that self-reported measures of FOBT or colonoscopy uptake are acceptable, and that 312 rates of self-reported CRC screening are consistent with CRC screening rates observed in the 313 general French population.(Institut National Du Cancer 2018; Baier 2000) 314

315

#### 316 **Conclusions**

317

Our study conducted in a population of cancer survivors five years after diagnosis identified 318 several personal and institutional barriers to CRC screening. A number of recommendations 319 can be made based on our results. Cancer survivors and healthcare practitioners should be 320 321 given appropriate information on the risk of developing a second cancer in the colorectum and on the importance of CRC screening practices. National guidelines should formulate 322 recommendations for the preventive follow-up of cancer survivors, especially the most 323 324 vulnerable (e.g. younger, smokers or obese survivors). Health agencies, healthcare providers, and researchers should consider the possibility of extending the national CRC screening 325 326 program to younger cancer survivors. In order to reduce the negative impact of financial 327 difficulties on CRC screening practices, a communication campaign should be launched to 328 inform the general population and cancer survivors in particular about the free CRC screening tests. Lastly, CRC screening kits should be made available beyond medical consultations (for 329 330 instance, in pharmacies) to reduce the difficulties associated with poor access to GPs.

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333

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- 337

## 338 **Compliance with Ethical Standards**

339

340 Conflict of interest statement: No conflict of interest was reported by the authors of this341 paper.

342 Role of funding source: This content is solely under the responsibility of the authors and

343 does not necessarily represent the official position of the French National Cancer Institute

344 (INCa). The INCa had no role in study design; analysis and interpretation of data; writing the

- 345 research article and decision to submit it for publication.
- **Ethical Approval:** Three national ethics commissions have approved the methodology of the

347 VICAN survey: the CCTIRS (*Comité Consultatif sur le Traitement de l'Information en* 

348 *matière de Recherche dans le domaine de la Santé*, registration n°11-143), the ISP (*Institut* 

349 *thématique Santé Publique*, registration n°C11-63) and the CNIL (*Commission Nationale de* 

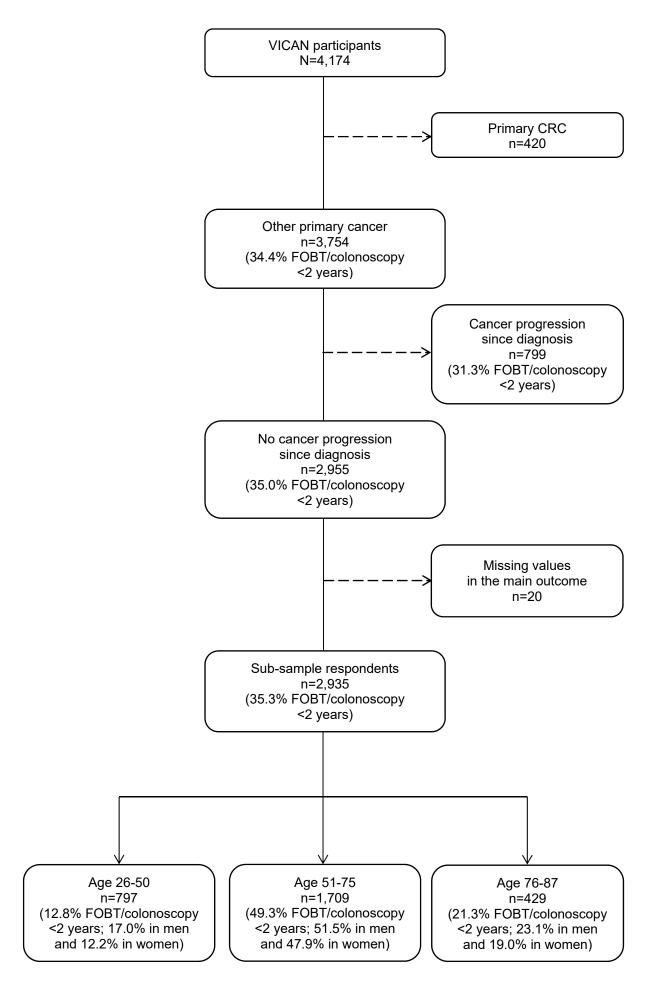
350 *l'Informatique et des Libertés*, registration n°911290).

- 351 Informed Consent: Informed consent was obtained from all individual participants included
- in the study.

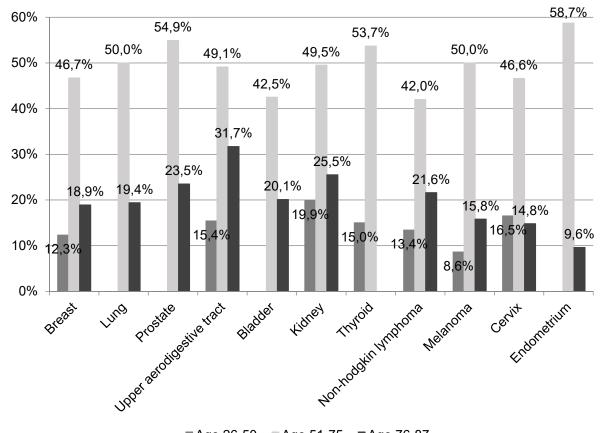
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439	



441 Figure 1: Flow chart of the study population



■Age 26-50 ■Age 51-75 ■Age 76-87

442

443 Figure 2: Prevalence of up-to-date CRC screening by age and cancer location

- 444 *Note*: N=2,935. Values are presented as weighted percentages. There were no survivors of
- 445 prostate, bladder, or endometrial cancer in the 26-50 age group, and no survivors of thyroid
- 446 cancer in the 76-87 age group.

# 447 Table 1: CRC screening practices among 51-75 survivors

	%	Up-to-date	Not up-to-date	p-value
		with CRC	with CRC	
		screening <sup>a</sup>	screening <sup>b</sup>	
		(% in column)	(% in column)	
		(n=842)	(n=867)	
Gender				0.209
Male	38.0	39.7	36.3	
Female	62.0	60.3	63.7	
Age at the time of the	61.4	62.0 (7.5)	60.9 (7.5)	0.016
survey, weighted mean (SD)				
Living as a couple				0.019
Yes	<mark>75.1</mark>	<mark>76.9</mark>	<mark>73.4</mark>	
No	<mark>22.9</mark>	<mark>20.3</mark>	<mark>25.5</mark>	
Missing	<mark>2.0</mark>	<mark>2.8</mark>	<mark>1.1</mark>	
Level of education				0.592
< Less than high school	<mark>51.7</mark>	<mark>52.4</mark>	<mark>51.0</mark>	
degree				
$\geq$ High school degree or	<mark>48.1</mark>	<mark>47.3</mark>	<mark>48.9</mark>	
more				
Missing	<mark>0.2</mark>	<mark>0.3</mark>	<mark>0.1</mark>	
Socio-professional category				0.058
at the survey				
Executive job	<mark>22.9</mark>	22.3	<mark>23.5</mark>	
Managerial job	<mark>17.2</mark>	<mark>16.7</mark>	<mark>17.6</mark>	
Unemployed	12.0	<mark>9.8</mark>	<mark>14.1</mark>	
Pensioner	<mark>46.9</mark>	<mark>49.9</mark>	<mark>44.0</mark>	
Missing	1.0	<mark>1.3</mark>	<mark>0.8</mark>	
Perceived financial status				<0.001
Comfortable/Things are	<mark>49.1</mark>	<mark>53.7</mark>	<mark>44.7</mark>	
good				
Tight/I have to be careful	<mark>34.8</mark>	32.7	<mark>36.8</mark>	

Difficult/I can't manage	13.7	10.2	<mark>17.1</mark>	
without incurring debts	<b>2</b> $4$	<mark>3.4</mark>	1.4	
Missing	<mark>2.4</mark>	<mark>3.4</mark>	<mark>1.4</mark>	0.091
Household income by				0.091
consumption unit (sample				
quartiles)				
<1 <sup>st</sup> quartile	<mark>20.3</mark>	<mark>17.8</mark>	22.8	
1 <sup>st</sup> quartile - 3 <sup>rd</sup> quartile	<mark>46.0</mark>	<mark>48.0</mark>	<mark>44.0</mark>	
>3 <sup>rd</sup> quartile	<mark>25.9</mark>	<mark>26.4</mark>	<mark>25.4</mark>	
Missing	<mark>7.8</mark>	<mark>7.8</mark>	<mark>7.8</mark>	
Indicator of potential access				0.004
to general practitioners				
(sample quartiles)				
Low (<1 <sup>st</sup> quartile)	<mark>24.5</mark>	<mark>20.9</mark>	<mark>28.0</mark>	
Higher (>1 <sup>st</sup> quartile)	<mark>75.1</mark>	<mark>78.4</mark>	<mark>71.9</mark>	
Missing	<mark>0.4</mark>	0.7	<mark>0.1</mark>	
Prognosis of cancer				0.761
Good	77.7	78.2	77.2	
Middle	18.0	17.4	18.5	
Bad	4.3	4.4	4.3	
BMI				0.072
BMI<30	<mark>81.4</mark>	<mark>83.4</mark>	<mark>79.4</mark>	
BMI≥30	<mark>18.1</mark>	<mark>16.1</mark>	<mark>20.0</mark>	
Missing	0.5	0.5	<mark>0.6</mark>	
Currently smoking				<0.001
Yes	<mark>14.6</mark>	10.0	<mark>19.1</mark>	
No	<mark>84.6</mark>	<mark>88.9</mark>	<mark>80.5</mark>	
Missing	0.7	1.1	<mark>0.4</mark>	
Use of complementary				0.050
medicine				
Yes	<mark>23.5</mark>	<mark>25.7</mark>	<mark>21.3</mark>	
No	74.4	<mark>71.4</mark>	77.4	
Missing	2.1	2.9	1.3	
	<b>***</b> *±	<b>~</b> ••	<b></b>	

- 448 *Note:* n=1,709. Values are presented as weighted percentages, unless otherwise noted.
- 449 Boldface indicates statistical significance ( $p \le 0.05$ ).
- <sup>a</sup>Up-to-date with CRC screening: cancer survivors who had undergone FOBT or colonoscopy
- 451 in the previous two years.
- <sup>b</sup>Not up-to-date with CRC screening: cancer survivors who had not undergone FOBT or
- 453 colonoscopy in the previous two years.
- 454 <sup>c</sup>Calculated excluding missing values.

- Table 2: Logistic regression model of lack of up-to-date CRC screening among 51-75
- 456 survivors

	All respondents		Men		Women			
	AOR 95%CI p-value A		AOR	95%CI	AOR	95%CI		
Personal factors								
Gender <sup>a</sup>								
Male	1							
Female	1.06	0.82-1.38	0.655					
Age at the time of the	0.98	0.97-1.01	0.064	0.99	0.96-1.02	0.98	0.96-1.00	
survey								
(per 1 year increase)								
Perceived financial								
status								
Comfortable/Things are	1			1		1		
good								
Tight/I have to be	1.27	0.98-1.63	0.065	1.06	0.71-1.57	1.41	1.02-1.96	
careful								
Difficult/I can't manage	1.76	1.20-2.58	0.004	1.53	0.82-2.85	1.89	1.17-3.05	
without incurring debts								
BMI								
BMI<30	1			1		1		
BMI≥30	1.38	1.02-1.86	0.039	1.23	0.80-1.89	1.49	0.97-2.28	
Currently smoking								
Yes	1.91	1.35-2.69	<0.001	1.98	1.07-3.67	1.85	1.21-2.83	
No	1			1		1		
Use of complementary								
medicine								
Yes	1			1		1		
No	1.39	1.04-1.86	0.026	0.98	0.54-1.78	1.54	1.10-2.14	
Contextual factors	1	I	I	I	I	L	I	
Indicator of potential								
access to general								

practitioners (sample							
quartiles)							
Low (<1 <sup>st</sup> quartile)	<mark>1.43</mark>	<mark>1.09-1.88</mark>	<mark>0.010</mark>	<mark>1.61</mark>	<mark>1.06-2.46</mark>	<mark>1.38</mark>	<mark>0.96-1.97</mark>
Higher (>1 <sup>st</sup> quartile)	1			1		1	

- 457 *Note:* n=1,645 after exclusion of 64 observations with missing values. Boldface indicates
- 458 statistical significance ( $p \le 0.05$ ).
- <sup>459</sup> <sup>a</sup>Variable not selected by the stepwise procedure and forced in the multivariate logistic
- 460 regression.

461	Online Supplementary Ta	ole 1: Sociodemographic characteristics	of the study population
-	11 2	01	211

•••••••••••••••••••••••••••••••••••••••	-			
	Age 26-50	Age 51-75	Age 76-87	p-value
	(n=797)	(n=1,709)	(n=429)	
Age at the time of the survey, weighted	44.4 (5.2)	61.4 (7.5)	79.5 (2.7)	<0.001
mean (SD)				
Gender				<0.001
Male	106 (13.3)	<mark>649</mark> (38.0)	<b>238</b> (55.5)	
Female	<mark>691</mark> (86.7)	<mark>1060</mark>	<b>191</b> (44.5)	
		(62.0)		
Living as a couple				0.171
Yes	557 (70.0)	<mark>1221</mark>	<mark>281 (65.6)</mark>	
		<mark>(71.4)</mark>		
No	240 (30.0)	<mark>486</mark> (28.5)	147 (34.2)	
Missing	<mark>0 (0.0)</mark>	<mark>2 (0.1)</mark>	1 (0.2)	
Level of education				<0.001
< Less than high school degree	<mark>267</mark> (33.5)	<mark>883 (51.7)</mark>	<b>280</b> (65.2)	
≥ High school degree or more	<mark>530</mark> (66.5)	<mark>823 (48.1)</mark>	149 (34.8)	
Missing	<mark>0 (0.0)</mark>	<mark>3 (0.2)</mark>	<mark>0 (0.0)</mark>	
Having a child				<0.001
Yes	<mark>671</mark> (84.2)	<mark>1546</mark>	<mark>394 (91.7)</mark>	
		(90.5)		
No	126 (15.8)	<mark>159</mark> (9.3)	<mark>34 (7.9)</mark>	
Missing	<mark>0 (0.0)</mark>	<mark>4 (0.2)</mark>	<mark>1 (0.4)</mark>	
Socio-professional category at the time of				<0.001
the survey				
Executive job	<mark>363 (45.6)</mark>	<mark>392 (22.9)</mark>	<mark>4</mark> (0.9)	
Managerial job	<mark>286 (35.9)</mark>	<mark>294 (17.2)</mark>	<mark>0</mark> (0.0)	
Unemployed	137 (17.2)	<mark>204 (12.0)</mark>	<mark>22 (5.0)</mark>	
Pensioner	<mark>3</mark> (0.4)	<mark>801 (46.9)</mark>	<mark>396 (92.3)</mark>	
Missing	<mark>8 (0.9)</mark>	<mark>18 (1.0)</mark>	<mark>7 (1.8)</mark>	
Perceived financial status				<0.001
Comfortable/Things are good	352 (44.2)	<mark>840 (49.2)</mark>	215 (50.2)	
Tight/I have to be careful	<mark>295 (37.0)</mark>	<mark>594 (34.8)</mark>	158 (36.9)	

Diff	icult/I can't manage without incurring	<mark>139 (17.5)</mark>	<mark>235 (13.7)</mark>	<mark>27 (6.3)</mark>	
debt	s				
Miss	sing	<u>11 (1.3)</u>	<mark>40 (2.4)</mark>	<mark>29 (6.6)</mark>	

462 *Note:* n=2,935. Values are presented as weighted percentages, unless otherwise noted.

463 Boldface indicates statistical significance ( $p \le 0.05$ ).

- 464 Online Supplementary Table 2: Logistic regression model of lack of up-to-date CRC
- 465 screening among 26-50 survivors

	All respondents				Men	Women	
	AOR	95%CI	p-value	AOR 95%CI		AOR	95%CI
Personal factors		I	I	I		I	I
Gender <sup>a</sup>							
Male	1						
Female	1.63	0.84-3.14	0.147				
Age at the time of the	0.93	0.87-0.99	0.038	1.03	0.90-1.18	0.92	0.86-0.99
survey							
(per 1 year increase)							
Perceived financial							
status							
Comfortable/Things	1			1		1	
are good							
Tight/I have to be	0.60	0.33-1.09	0.093	0.48	0.08-2.73	0.61	0.32-1.17
careful							
Difficult/I can't	0.41	0.21-0.79	0.008	0.07	0.01-0.45	0.59	0.28-1.25
manage without							
incurring debts							
BMI							
BMI < 30	1			1		1	
$BMI \ge 30$	0.83	0.41-1.68	0.610	1.57	0.31-8.02	0.74	0.33-1.68
Currently smoking							
Yes	1.25	0.65-2.39	0.501	5.51	0.94-32.40	0.94	0.47-1.86
No	1			1		1	
Use of							
complementary							
medicine							
Yes	1			1		1	
No	0.72	1.01-2.93	0.046	12.21	0.05-1.71	2.11	1.19-3.75
Contextual factors	1	1	1	<u> </u>	1	<u> </u>	1

Indicator of potential							
access to general							
practitioners (sample							
quartiles)							
Low (<1 <sup>st</sup> quartile)	<mark>1.38</mark>	<mark>0.69-2.77</mark>	<mark>0.366</mark>	<mark>3.07</mark>	<mark>0.79-11.86</mark>	<mark>1.24</mark>	<mark>0.58-2.68</mark>
Higher (>1 <sup>st</sup> quartile)	1			<mark>1</mark>		1	

- 466 *Note:* n=797. Boldface indicates statistical significance ( $p \le 0.05$ ).
- <sup>467</sup> <sup>a</sup>Variable not selected by the stepwise procedure and forced in the multivariate logistic
- 468 regression.

- 469 Online Supplementary Table 3: Logistic regression model of lack of up-to-date CRC
- 470 screening among 76-87 survivors

	All respondents				Men	Women		
	AOR	95%CI	p-value	AOR	95%CI	AOR	95%CI	
Personal factors	1	l	I	1	l	1	l	
Gender <sup>a</sup>								
Male	1							
Female	1.39	0.71-2.71	0.335					
Age at the time of the	1.18	1.03-1.36	0.019	1.16	0.96-1.40	1.21	0.99-1.47	
survey								
(per 1 year increase)								
Perceived financial								
status								
Comfortable/Things	1			1		1		
are good								
Tight/I have to be	0.65	0.34-1.27	0.211	0.87	0.37-2.06	0.44	0.14-135	
careful								
Difficult/I can't	0.50	0.16-1.52	0.220	0.45	0.12-1.73	0.50	0.06-4.31	
manage without								
incurring debts								
BMI								
BMI < 30	1			1		1		
$BMI \ge 30$	1.55	0.62-3.84	0.347	1.28	0.36-4.51	1.89	0.54-6.66	
Currently smoking								
Yes	0.77	0.28-2.09	0.603	0.55	0.17-1.80	3.62	0.36-36.03	
No	1			1		1		
Use of complementary								
medicine								
Yes	1			1		1		
No	1.02	0.39-2.63	0.970	1.59	0.43-5.86	0.62	0.13-2.87	
Contextual factors	1	I	1	1	I	1	I	
Indicator of potential								
access to general								

practitioners (sample							
quartiles)							
Low (<1 <sup>st</sup> quartile)	<mark>1.78</mark>	<mark>0.76-4.09</mark>	<mark>0.184</mark>	<mark>1.91</mark>	<mark>0.68-5.37</mark>	<mark>1.58</mark>	<mark>0.36-7.01</mark>
Higher (>1 <sup>st</sup> quartile)	1			1		1	

- 471 *Note:* n=429. Boldface indicates statistical significance ( $p \le 0.05$ ).
- <sup>472</sup> <sup>a</sup>Variable not selected by the stepwise procedure and forced in the multivariate logistic
- 473 regression.
- 474

- 475 Online Supplementary Table 4: Logistic regression model of lack of CRC screening during
- 476 lifetime among 51-75 survivors
- 477

	Al	l respond	lents		Men	<b>Women</b>		
	AOR <sup>a</sup>	p	<mark>95%CI</mark>	AOR <sup>a</sup>	95%CI <sup>b</sup>	AOR <sup>a</sup>	95%CI <sup>b</sup>	
<b>Personal factors</b>								
<mark>Gender</mark>								
Men	1							
Women	<mark>1.23</mark>	<mark>0.178</mark>	<mark>0.91 –</mark> 1.66					
Age at the survey (per 1 year	<mark>0.94</mark>	<mark>&lt;0.001</mark>	<mark>0.92 –</mark> <mark>0.96</mark>	<mark>0.96</mark>	<mark>0.93 – 0.99</mark>	<mark>0.93</mark>	<mark>0.91 – 0.96</mark>	
<u>increase)</u> Perceived								
financial status Easy/It's ok It's borderline, we have to be careful	<mark>1</mark> 1.14	<mark>0.395</mark>	<mark>0.85 –</mark> 1.53	<mark>1</mark> 0.92	<mark>0.55 – 1.52</mark>	<mark>1</mark> 1.24	<mark>0.86 – 1.80</mark>	
You manage with difficulties/You can't manage without incurring debts	<mark>1.96</mark>	<mark>0.001</mark>	<mark>1.30 –</mark> 2.93	<mark>2.46</mark>	<b>1.24 – 4.88</b>	<mark>1.81</mark>	<u>1.10 – 2.96</u>	
<mark>BMI</mark> BMI<30 BMI≥30	1 1.20	<mark>0.314</mark>	<mark>0.84 –</mark> 1.72	<mark>1</mark> 1.00	<mark>0.58 – 1.73</mark>	<mark>1</mark> 1.34	<mark>0.84 – 2.16</mark>	
<mark>Current smoker</mark> Yes	<mark>1.77</mark>	<mark>0.001</mark>	<mark>1.25 –</mark> <mark>2.51</mark>	<mark>2.02</mark>	<mark>1.09 – 3.73</mark>	<mark>1.69</mark>	<mark>1.11 – 2.58</mark>	
No	1			<mark>1</mark>		<mark>1</mark>		
Use of complementary medicine Yes No <u>Contextual factors</u>	<mark>1</mark> 1.89	<mark>&lt;0.001</mark>	<mark>1.33 –</mark> 2.68	<mark>1</mark> 2.00	<mark>0.96 – 4.16</mark>	<mark>1</mark> 1.87	<mark>1.26 – 2.78</mark>	
Indicator of potential accessibility to general practitioners (sample quartiles)								
Low (<1 <sup>st</sup> quartile)	<mark>1.01</mark>	<mark>0.956</mark>	<mark>0.74 –</mark> 1.38	<mark>1.56</mark>	<mark>0.71 – 1.89</mark>	<mark>0.95</mark>	<u>0.64 – 1.42</u>	

	Higher (>1 <sup>st</sup> quartile)	1		1	1	
470						