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# Microprocessor prosthetic ankles: comparative biomechanical evaluation of people with transtibial traumatic amputation during standing on level ground and slope

Marie Thomas-Pohl<sup>a</sup>, C. Villa<sup>b,c</sup>, J. Davot<sup>b</sup>, X. Bonnet<sup>c</sup>, J. Facione<sup>a</sup>, E. Lapeyre<sup>a</sup>, J. Bascou<sup>b,c</sup> and H. Pillet<sup>c</sup> 

<sup>a</sup>Service de Médecine Physique et de Réadaptation, Hôpital D'Instruction Des Armées Percy, Clamart, France; <sup>b</sup>INI, Centre D'étude et de Recherche Sur L'appareillage Des Handicapés (CERAH), Créteil, France; <sup>c</sup>Arts et Metiers Institut de Biomécanique Humaine Georges Charpak, Paris, France

## ABSTRACT

**Background:** The compensations occurrence due to the alteration of the posture and the gait of persons with lower limb amputation is still an issue in prosthetic fitting. Recently, prosthetic feet designed to reproduce the physiological behaviour of the ankle using a microprocessor control have been commercialized to address this issue.

**Objectives:** Investigate the relevance of these microprocessor prosthetic ankles (MPAs) in the ability of standing on both level and inclined surfaces.

**Methods:** Six persons with transtibial amputation usually fitted with energy storing and returning (ESR) foot tested three MPAs: Elan<sup>®</sup> Endolite (MPA1), Meridium<sup>®</sup> Ottobock (MPA2), ProprioFoot<sup>®</sup> Ossur (MPA3). Each MPA data acquisition was preceded of a 2 weeks adaptation period at home and followed by a 3-weeks wash-out period with their ESR. Lower limb angular position and moment, Centre of Pressure (CoP) position, Ground Reaction Forces (GRF) and functional scores were collected in static, on level ground and 12% inclined slope.

**Results:** MPAs allowed a better posture and a reduction of residual knee moment on positive and/or negative slope compared to ESR. Results also reflect that the MPA2 allows the best control of the CoP in all situations.

**Conclusions:** An increased ankle mobility is associated with a better posture and balance on slope. Gait analysis would complete these outcomes.

**Clinical relevance:** This study compares three MPAs to ESR analysing static posture. Static analysis on level ground and slope represents the challenging conditions people with amputation have to cope with in their daily life, especially outdoors. Having a better understanding of the three MPAs behaviour could help to adequately fit the prosthesis to each patient.

## KEYWORDS

Microprocessor-controlled feet; transtibial amputee; posture; ramp; centre of pressure

## ► IMPLICATIONS FOR REHABILITATION

- This is a study comparing three MPAs.
- The static analysis in standard and constraining conditions (slope) reflects the balance of people with amputation in their daily life, especially outdoors.
- Having a better understanding of the behaviour of each foot could help to adequately fit the prosthesis to each patient.

## Background

Even if properly fitted, persons with lower limb amputation frequently report difficulties while walking or standing [1]. The design of microprocessor prosthetic ankles (MPAs) aims to mimic physiological ankle mobility, to enhance their adaptability to various situations. Objective evaluation of these feet is essential to quantify their benefits in these situations.

At the time of the study, three MPAs were available in France: 1/The Elan<sup>®</sup> foot – Endolite combines a carbon blade and a microprocessor-controlled hydraulic ankle. In stance, it is able to reach 3° of dorsiflexion (anterior mechanical stop) and 6° of plantarflexion (endolite.fr). 2/The hydraulic-controlled microprocessor Meridium<sup>®</sup> foot – Ottobock (ottobock.fr) allows up to 14°

dorsiflexion (adaptable dorsiflexion stop) and 22° plantarflexion. 3/The Propriofoot<sup>®</sup> – Ossur has a range of motion of 29° including 18° of dorsiflexion (ossur.fr). This mobility is made possible by a motorized mechanism adjusted during the swing phase (locked ankle joint in stance).

To date, benefits of some MPAs were reported during gait, in terms of joint mobility [2], reduction of compensations [3], contralateral stresses on slope [4], and reduction of energy costs [5]. However, the main subjective improvement, reported by therapists and patients, is the recovery of balance, particularly in standing position.

Maintaining balance, while walking or standing, is a multifactorial task [6] affected by transtibial amputation [7,8]. The lack of

postural control could lead to asymmetric posture [9] and osteo-articular complications on residual and contralateral joints [1,10–12]. The loss of the proprioceptive receptors of the ankle leads to the decrease of control of body centre of mass displacement in the frontal plane. Moreover, due to the loss of the motor control of the ankle flexors and extensors, the sagittal torque responsible for the balance control of non-amputee people cannot be generated anymore [13] and only is directly related to the prosthetic foot design. Therefore, MPAs adaptive mobility should result in an improvement of balance particularly on slopes.

Interestingly, standing position represents 41% of daily life activities [14]. Thus, standing evaluation on both level ground and slopes is essential. Yet, only one recent study has investigated lower limb joint angle, moment and vertical ground reaction forces of four transtibial (TT) and four transfemoral amputee people wearing six prosthetic feet (Elan<sup>®</sup>, Meridium<sup>®</sup>, Propriofoot<sup>®</sup>, Raize<sup>®</sup>, Triton Smart Ankle<sup>®</sup> and an energy saving and return foot - ESR) while standing on level and 10°-inclined surfaces [15]. The authors emphasized that prosthetic ankles with a large ankle range of motion (ROM) and a dorsiflexion stop allowed a better adaptation than ESR while standing, especially on slope. However, they did not report any information on Centre of Pressure (CoP) evolution during standing. Still, the CoP excursion was shown to be essential for characterizing static stability while standing [7] and no previous work on MPAs investigated it.

The main objective of the present research was to evaluate the ability of three MPAs to adapt to the inclination of the ground by modifying the ankle angle in standing position without compromising stability. Quantitative parameters used were: joint and segment positions from foot to trunk, normal ground reaction force asymmetry residual limb joint moments and CoP motion.

## Methods

### Participants

The study was approved by the local ethics committee (2014-A01938-39 CPP Ile de France VI Groupe Hospitalier Pitié-Salpêtrière). After informed consent, six persons with transtibial amputation (5 males and 1 female) for traumatic reasons were included in the study. The mean age was 36 years old (29–64 years old). All subjects have been amputated since more than 6 months and wore as their usual foot (UF) an ESR foot without microprocessor. Subject demographics and individual functional tests are shown in Table 1. It must be noticed that for one subject, only two MPAs could be evaluated because the person was unable to wear the others in his professional shoes.

### Procedure

Three MPAs were tested: Elan<sup>®</sup>, Propriofoot<sup>®</sup>, Meridium<sup>®</sup>, respectively referred to as MPA1, MPA2 and MPA3 hereafter. The tests

were separated by a wash out period of 3 weeks with the UF. In addition, after socket and alignment validation by the expert prosthetist, the MPA test period started with an acclimatization period of 15 days before the analysis described below.

### Instrumental analysis

Subjects were equipped with a set of 54 reflective markers, used to define anatomical frames attached to 13 body segments assumed to be rigid [16]. Segment and joint positions were quantified by the absolute and relative positions of these frames. As concerned intersegmental moments calculated at the ankle and knee levels, the joint centre were respectively obtained as follows: (i) the ankle joint was defined by the middle of two markers placed on the malleoli for the contralateral limb and on the mechanical foot rotation axis or the symmetric of the contralateral ankle markers for the prosthetic limb; (ii) the knee joint was defined by the middle of the two markers placed on the condyles on both limbs and (iii) hip joint centre was estimated from anthropometric regressions from the literature [17]. Markers were systematically placed by the same experimenter with particular attention to the repeatability between sessions. Particularly, photographs of marker positions were taken for each patient. 3D marker positions were captured using an optoelectronic system (Vicon 8i, 100Hz, Oxford Metrics, Oxford, UK). Ground reaction forces were measured by two force platforms (AMTI, 100Hz, Watertown, MA, USA).

First, the subject was asked to stand during 2 s in an anatomical position, called hereafter the reference position (Figure 1(a)). Then, the subject had to choose a natural position keeping his feet in a 40 cm radius circle and was asked to stand still during 20 s. The acquisition of marker positions and force plate data was repeated three times for each of the following situations: level (Figure 1(b)), 12% (7°) positive slope, (Figure 1(c)) and 12% negative slope (Figure 1(d)). These acquisitions are hereafter referred as a 20 s-trials.

### Functional capacities analysis

All subjects filled out simplified Activities-Specific Balance Confidence scale (ABC) questionnaire [18]; associated with a semi-directed interview and visual analogous scale (VAS) confidence in balance. In addition, all subjects underwent balance and mobility tests in the following order: the Berg Balance (BBS) scale [19] and the 2-min walk test (2MWT) [20].

### Data analysis

Individual position relative to the position of reference was quantified for 20 s-trials on level ground, positive and negative slopes through:

1. Sagittal angular positions of contralateral and prosthetic ankle, knee and hip joints, and pelvis and trunk segments.

Table 1. Subject data.

	PP01	PP02	PP03	PP04	PP05	PP06
Subject demographics						
Age (years)	29	30	64	29	29	35
Sex	M	M	F	M	M	M
Amputated side	R	L	L	R	L	L
Size (cm)	176	164	170	168	180	183
Time for amputation (months)	57	35	25	19	76	61
Usual Prosthetic Foot (UF)	Freedom <sup>®</sup>	Echelon <sup>®</sup>	Panthera <sup>®</sup>	Panthera <sup>®</sup>	Variflex <sup>®</sup>	Variflex <sup>®</sup>
Prosthetic foot choosen*	UF or MPA3 (under choice)	MPA1	MPA2	UF	UF	UF

\*Chooosen after static and dynamic s analysis (best compromise). Gait speed was calculated with the 2MWT.

L: left; R: right; M: male; F: female; MPA: microprocessor controlled ankle; UF: usual foot.

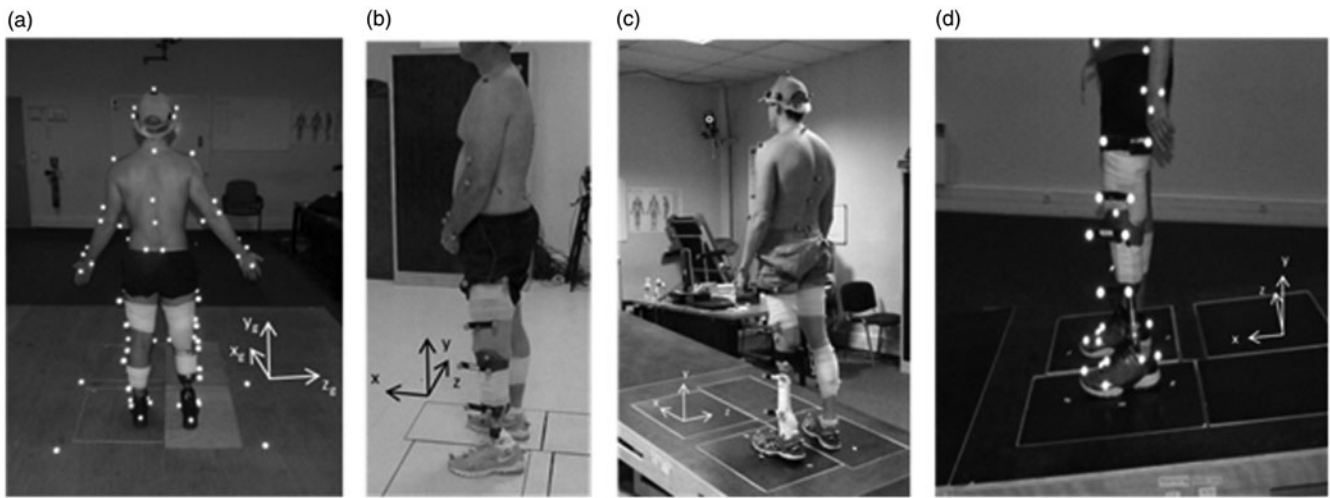


Figure 1. Anatomical position of reference (a) and 20 s - trials on level ground (b), on positive (c) and negative (d) slope. Global frame is represented on (a) and local frames on (b, c, d). Instructions were both feet parallel to the sagittal plane, no flexion or extension of the lower limb joints and the eyes opened looking straight ahead.

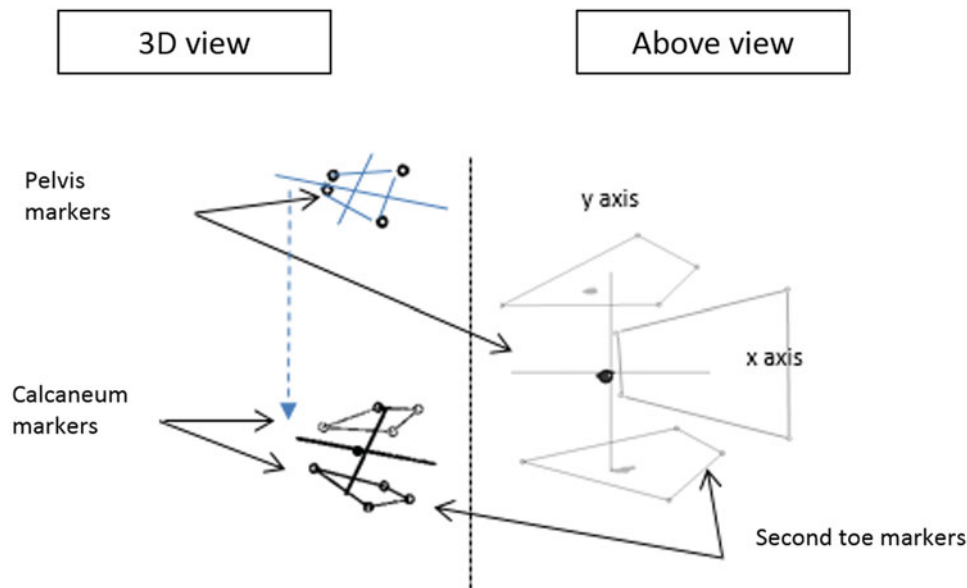


Figure 2. Anatomogravitational frame used for COP position projection – the centre is the bary centre of four markers placed on the feet (the two calcaneum and the two second toe markers), the axes are obtained by the projection of the postero-anterior and mediolateral axes of the pelvis anatomical frame on the ground (level or inclined surfaces).

2. Sagittal angular position of the shank, transverse angular position and shift of the foot (as people were free to take their natural foot position).

Angular positions were computed according to [16]. Due to the lack of mobility of the ankle, for positive and negative slopes, a shift involving respectively the back foot or the forefoot was observed for some participants. To describe this adaptation, the distance between specific markers was computed along the vertical and anteroposterior directions of the global reference frame: (i) both calcaneum markers for positive slope (ii) both second toe markers for negative slope

These parameters were averaged over all the 20s-trials of each pair subject/foot and analysed for each individual. Mean and standard deviation were also computed over all subjects for each foot.

The load on the prosthetic limb was assessed through the normal component of the prosthetic limb ground reaction forces in the local frame attached to the contact surface (GRF<sub>y</sub> expressed as a percentage of the total weight of the subject). Prosthetic

ankle, residual knee and hip internal moments were also estimated from the position of the joint centres and the ground reaction forces. In addition, the instantaneous CoP position was calculated in an anatomogravitational frame defined in Figure 2 according to the study of Amabile et al. [21]. The instantaneous CoP under each foot (CoP-P for the prosthetic limb and CoP-C for the contralateral limb) was also evaluated as proposed by Winter et al. [22]. The global length of CoP trajectory was then computed as described by Prieto et al. [23]. Mediolateral and anteroposterior ranges of the CoP, CoP-P and CoP-C displacements were also assessed as suggested by Rougier et al. [24]

Mean and standard deviation were computed over all subjects for each foot.

### Statistics

The differences of the parameters observed between level and the other conditions were compared using analysis of variance

(ANOVA) with “ankle type” (UF, MPA1, MPA2, MPA3) as factors. *Post hoc* analyses were conducted using Tukey tests. The level of significance was set at  $p < .05$ .

## Results

All six patients presented physiological amplitudes at the ankle/knee/hip levels during the clinical assessment for both residual and contralateral joints. All joint and segment angular positions as well as feet positions during 20 s-trials are shown in [Appendix 1](#). On level ground, the relative flexion angle, between the anatomical reference position and the 20 s-trial, of the ankles, knees, hips, pelvis and trunk, were always smaller than  $2^\circ$  whichever the prosthetic foot used.

### Individual posture

Individual joint angular positions relative to the reference during 20 s-trials on slopes are illustrated in [Figure 3](#). On positive slope, the maximum ankle dorsiflexion obtained with MPA2 and MPA3 was  $6.6^\circ$ , whereas the dorsiflexion of UF and MPA1, were limited to a  $3.9^\circ$ . On average, a greater dorsiflexion was reached when participants wore MPA2 compared to UF ( $p$  values=.0118) and MPA1 ( $p$  values=.0146). On negative slope, the maximum ankle plantarflexion obtained with the MPA1 and MPA2 was  $9.7^\circ$  and  $8.6^\circ$  respectively, while using UF and MPA3, the maximum reached was  $4^\circ$  of ankle plantarflexion. On average, the plantarflexion observed when participants used MPA2 was significantly greater than when they used their UF ( $p$  values=.0353) or MPA3 ( $p$  values=.0193) and significantly greater when using MPA1 compared to MPA3 ( $p$  values=.0469).

The angular positions of contralateral limb joints were significantly not different between the acquisitions with the different prosthetic feet ([Appendix 1](#)) regardless of the situations.

Individual prosthetic and contralateral shank flexions and feet positions are represented in [Figure 4](#). Results showed that foot positioning varied among subjects, particularly when wearing their UF.

On positive slope, the prosthetic foot rotation was significantly greater with the UF than MPA2 ( $p$  values=.0033) and MPA3 ( $p$  values=.0244). Individual strategies of foot shift were also observed. In particular, for subject 2, a shift of the foot in both antero-posterior and vertical directions was quantified from the heel markers showing that the prosthetic foot was placed forward and the heel raised due to the inability to have the foot flat on the ground. On negative slope, the shank flexion with MPA2 was clearly greater than with MPA3 ( $p$  values=.0263). Again, some subjects adapt the position of their prosthetic foot. For example, subject 5 raised his toes with his UF as well as with MPA1 and MPA2. The same strategy could be seen for subject 4 with his UF.

### Normal ground reaction force, moments and centre of pressure

#### Load of the prosthetic limb and lower limb joint moments

The averaged load on the prosthetic limb ([Table 2](#)) over subjects for each foot ranged between 47% and 51% of the total body weight with a standard deviation up to 6% for level ground, positive and negative slopes.

Residual knee joint moment inferior to 0.05 Nm/kg on level ground whatever the foot. On positive slope, residual knee moment increased with UF, MPA1 and MPA3 (almost 10 times for each) and remained low for MPA2 with a significant difference compared to MPA1 ( $p$  values=.0375). On negative slope, residual knee moment increased with UF and MPA3 (10 times) compared

to level but remained under 0.07 Nm/kg with MPA1 and MPA2. Significant differences were obtained between moments observed with UF compared to MPA1 ( $p$  values=.0069), MPA3 compared to MPA1 ( $p$  values=.0028) as well as with UF compared to MPA2 ( $p$  values=.0002) and MPA3 compared to MPA2 ( $p$  values=.0001).

### CoP parameters

On level ground, the CoP trajectory length was similar whatever the prosthetic foot ([Appendix 1](#)). For example, mean values were 85 cm (SD 12 cm) and 91 cm (SD 14 cm) with UF and MPA2 respectively. On positive slope, this parameter increased by 15% with UF, 20% with MPA1, 3% with MPA2 and 12% with MPA3 compared to level ground. On negative slope, it increased by 15% with UF, 12% with MPA1, 3% with MPA2 and 12% with MPA3 compared to level ground.

[Figure 5](#) shows that the AP range of CoP-C was higher than the AP range of CoP-P whatever the situations; only MPA2 resulted in small ranges (between 0.3 cm and 1.3 cm), whereas the other feet had a modification greater than 2 cm). ML range of CoP increased on slopes compared to level ground with UF, MPA1 and MPA3, whereas it remained similar with MPA2.

## Discussion

The main objective of this research was to evaluate the ability of three microprocessor prosthetic ankles to adapt to the ground inclination by modifying the ankle angle in standing position without compromising stability. Body angular adaptation, lower limb joint loading and centre of pressure sway were investigated with the microprocessor prosthetic ankles (MPAs) compared to the usual ESR foot (UF) on level ground and slopes.

In standing position, it can be observed postural adaptations of non-amputee people, to keep the trunk and pelvis aligned with respect to the earth's vertical whatever the surface inclination [25]. Thus, on inclined surfaces, the ankle dorsiflexion increases in uphill condition while the ankle plantarflexion decreases in downhill condition as compared with the level condition. In the same time, knee and hip flexion angles remain lower than  $2^\circ$  in each condition [15].

People with lower limb amputation included in this study could not adapt in the same way as non-amputee people and their adaptations changed according to the prosthetic foot. First, with the UF, ankle adaptation was limited in all static conditions, as the mobility of the ankle was only due to the carbon blade elasticity. Consequently, on positive slope, compensations were observed with both knee extension (up to  $-4.8^\circ$  on average) and trunk flexion ( $-2.6^\circ$  on average). Similarly, on negative slope, the limited ankle plantarflexion adaptation of the UF was compensated by an increased knee flexion ( $9.5^\circ$  on average) and a pelvis retroversion (up to  $5.3^\circ$  on average) to keep the foot flat on the floor. Second, with the MPAs, different ankle adaptations were observed. On positive slope, MPA1, which included an anterior hydraulic mechanical stop, behaved as the UF and led to similar overlying joint compensations. On the contrary, MPA2 and MPA3 permitted ankle dorsiflexion adaptation up to  $6^\circ$  on average and demonstrated limited compensations at the overlying joints and segments. This result is consistent with the  $7^\circ$  inclination of the slope and with the theoretical range of motion of the ankles. On negative slope, ankle plantarflexion adaptation of MPA1 (up to  $9.7^\circ$  on average) and MPA2 (up to  $8.5^\circ$  on average) limited knee flexion compensation to less than  $2^\circ$  ([Figure 3](#)), whereas MPA3 exhibited a low ankle plantarflexion adjustment in standing position ( $1^\circ$ ).



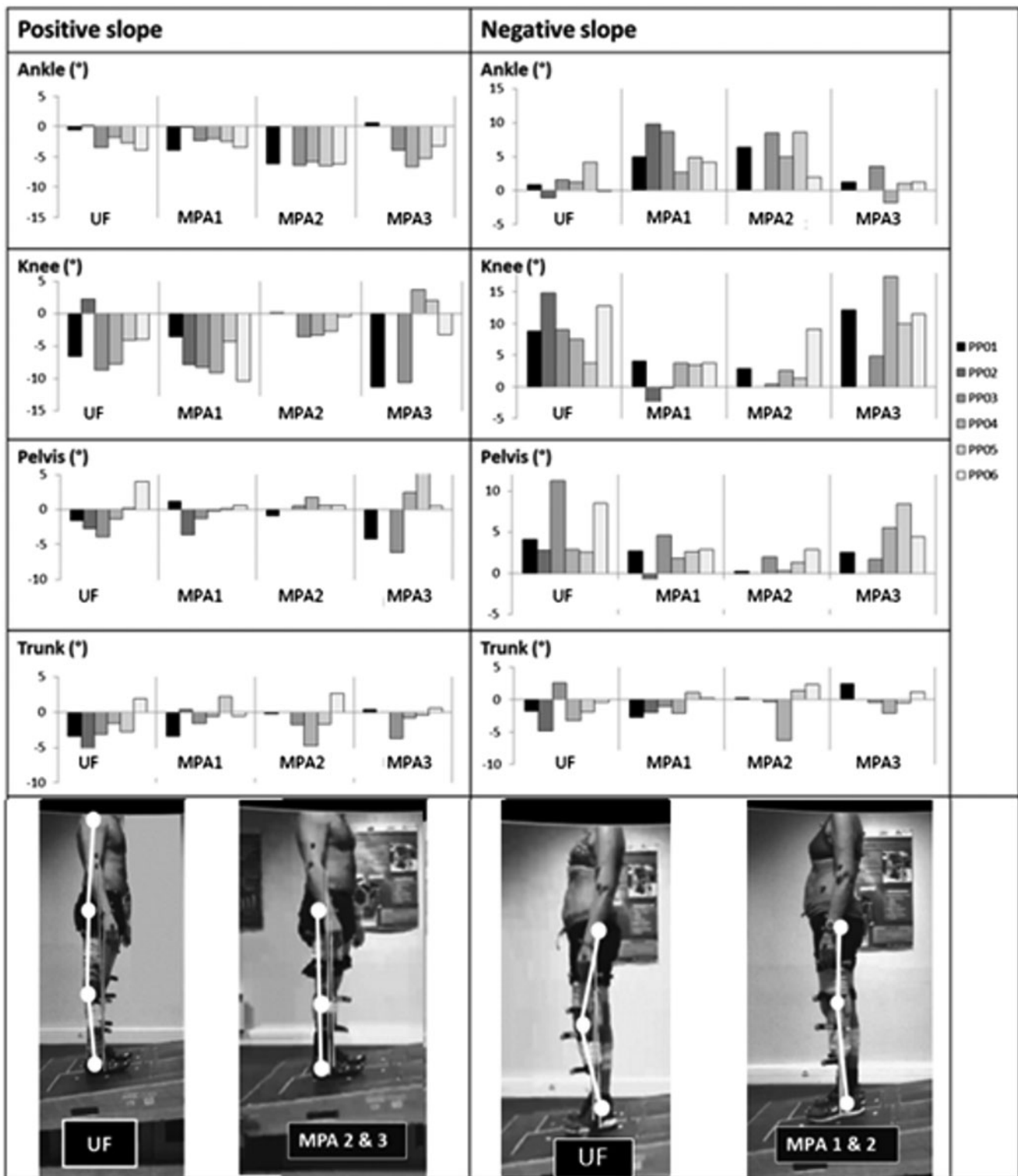


Figure 3. Sagittal angular position in degrees of the prosthetic ankle (dorsiflexion negative, plantarflexion positive), residual knee (extension negative, flexion positive), pelvis (anteversion negative, retroversion positive) and/or trunk (flexion negative, extension positive) on positive and negative slopes (in degrees) for each patient and each foot. The four photos at the bottom illustrate the angular adaptation of the lower limbs and the trunk with a MPA and the UF foot on positive slope on the left and negative slopes on the right.

In addition, as no recommendations were given for the posture taken by the subjects, several individual strategies could be quantified involving the foot position to compensate for the lack of mobility of the ankle. These strategies, only mentioned by Ernst [15], included: (i) on positive slope, either an external

rotation or an anteroposterior shift of the foot to keep it flat on the ground (MPA1 and UF, Figure 4) or a raised heel resulting in a reduction of the contact surface of the prosthetic foot; (ii) on negative slope, toe rise resulting in a decrease of the contact surface (UF and MPA3, Figure 4).

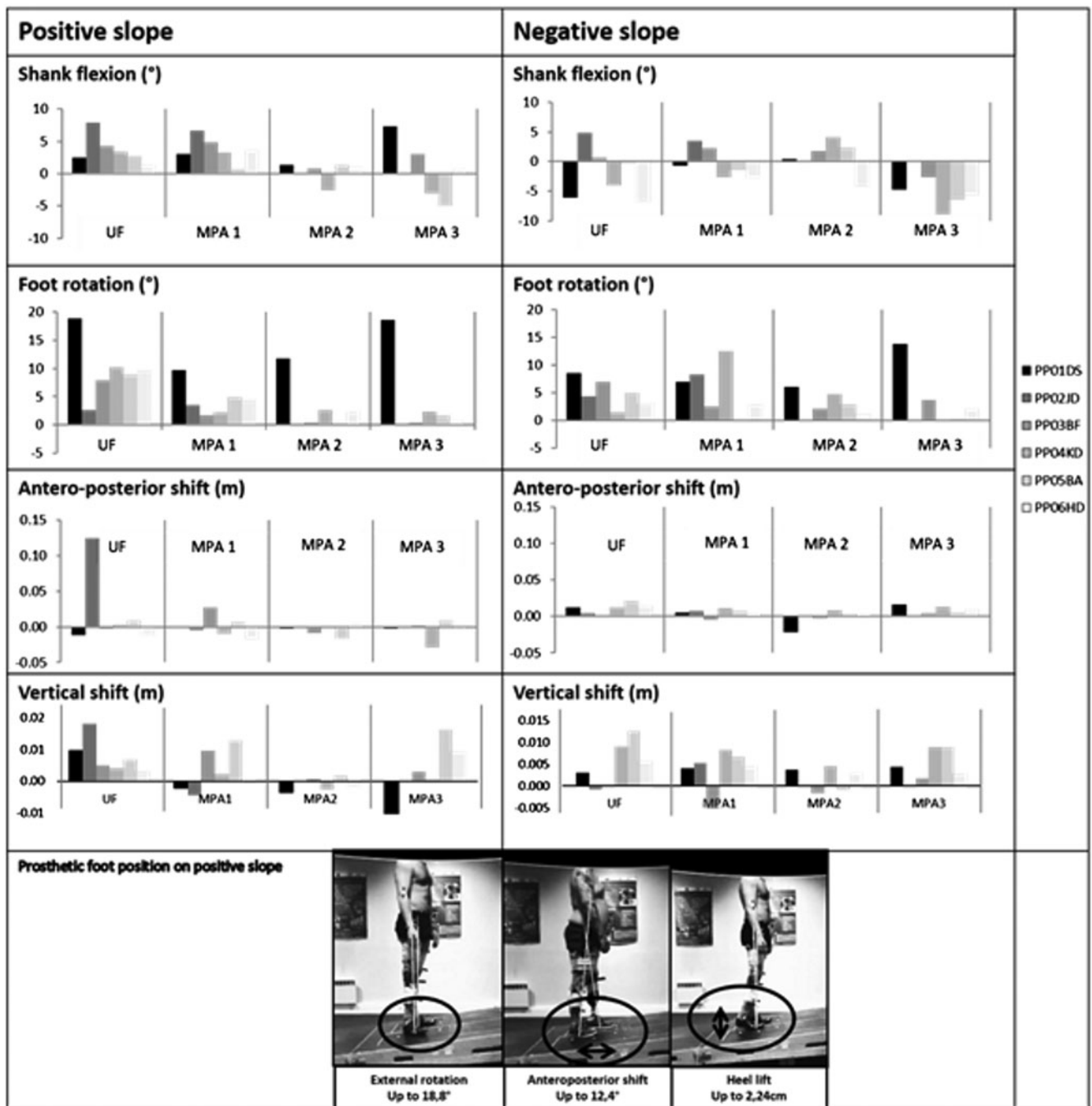


Figure 4. Prosthetic shank flexion and feet relative positions: sagittal segmental angular position of the shank in degrees, transverse segmental angular position of the foot in degrees and linear position (shift in metres) of the foot in anteroposterior (difference between prosthetic and contralateral calcaneum position for positive slope and second toe marker for negative slope) and vertical directions (difference between prosthetic and contralateral calcaneum position for positive slope and second toe marker for negative slope), in the global frame, for each patient and each foot. The three photographs at the bottom illustrate these UF position adaptations on positive slope.

In summary, the ankle adaptation ability directly impacted the individual angular adjustments of the overlying joints and segments in standing position on slope. The results obtained even if consistent with the theoretical capacities of the feet are interesting to assess the interaction between the foot and the person and prove the efficiency of the design in real condition.

The alignment of lower limb segments with respect to the earth's vertical can be directly related to the decrease of residual knee moments while standing on slopes [15]. In the present student, the residual knee moment was observed to be reduced in positive as well as in negative slopes when participants wore MPA2 compared to other feet (Table 2). On negative slope, low

residual knee moment was also observed with MPA1. These tendencies are consistent with the findings of Ernst et al. [15]. However, the values reported in [15], averaged on four transtibial subjects were higher than in the present study. This apparent discrepancy can be related to three causes that differ in their protocol compared to the present one: (i) the acclimatization to the prosthetic foot was shorter (one week against three in the present work), (ii) no wash out period with UF was observed between foot testing, (iii) the slope was constructed with 10° inclined blocks, which is less representative of an ecological condition.

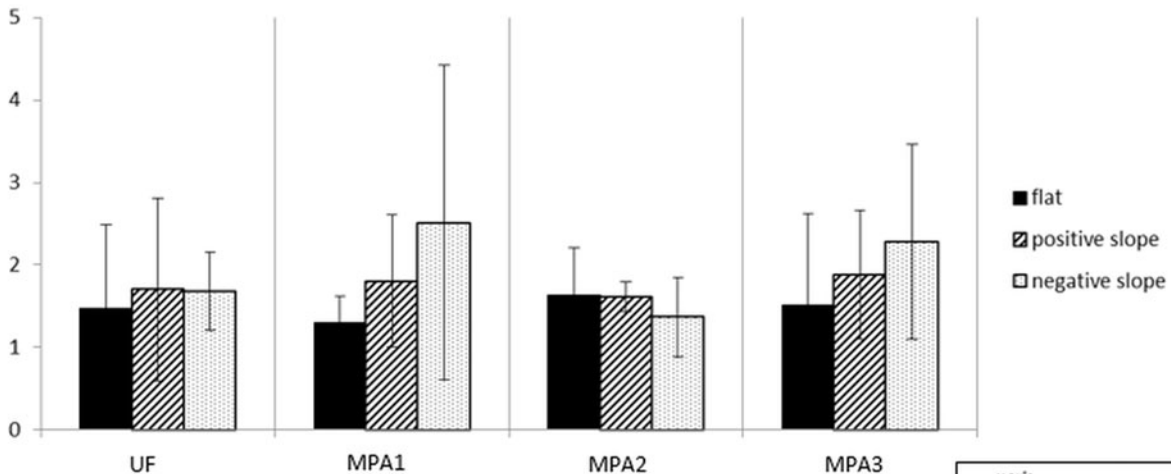
Finally, CoP parameters study has been shown to be primordial to analyse static position in the literature [7,8]. Previous studies

**Table 2.** Mean and standard deviation (SD) of symmetry ratio of GRF normal component (GRFy) and lower limb joint moments (internal intersegmental moments) in Nm/kg: ankle (dorsiflexion positive, plantarflexion negative), knee (extension positive, flexion negative), hip (flexion positive, extension negative) on level ground, positive and negative slopes.

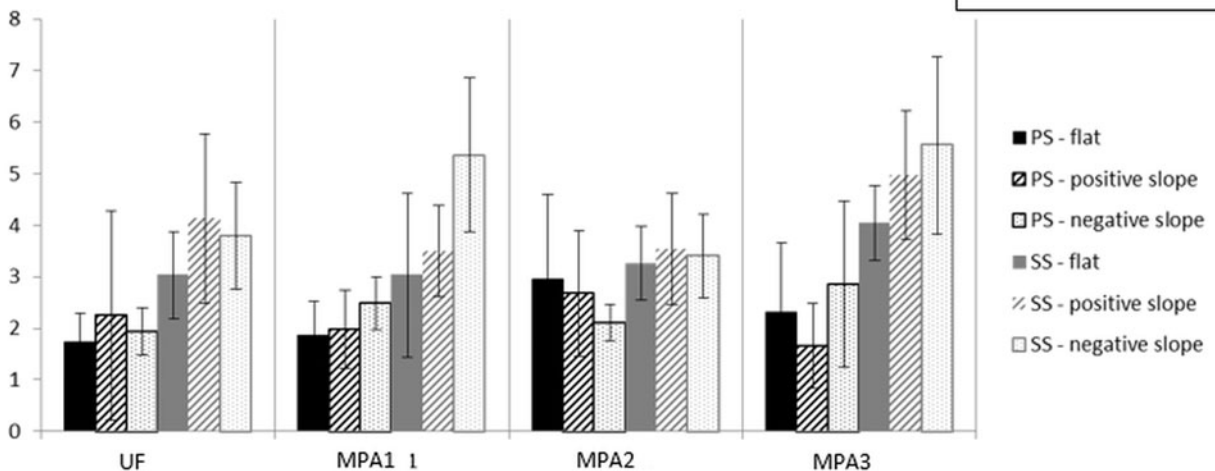
Foot	Mean (SD)	Situation	Prosthetic load GRFy (% of total weight)	Prosthetic side			Sound side		
				Ankle moment (Nm/kg)	Knee moment (Nm/kg)	Hip moment (Nm/kg)	Ankle moment (Nm/kg)	Knee moment (Nm/kg)	Hip moment (Nm/kg)
UF		Level	50 (6)	-0.33 (0.05)	-0.02 (0.09)	0.21 (0.11)	-0.24 (0.08)	-0.04 (0.04)	0.24 (0.09)
		Positive slope	47 (5)	-0.43 (0.14)	-0.18 (0.09)	0.16 (0.08)	-0.23 (0.07)	-0.04 (0.10)	0.19 (0.12)
		Negative slope	49 (6)	-0.25 (0.12)	0.17 (0.11)	0.20 (0.11)	-0.28 (0.06)	-0.05 (0.10)	0.19 (0.08)
MPA1		Level	50 (6)	-0.25 (0.07)	0.02 (0.06)	0.21 (0.10)	-0.23 (0.09)	-0.07 (0.06)	0.24 (0.05)
		Positive slope	50 (5)	-0.38 (0.12)	-0.20 (0.09)	0.19 (0.09)	-0.25 (0.05)	-0.06 (0.02)	0.24 (0.05)
		Negative slope	50 (6)	-0.15 (0.05)	0.07 (0.05)	0.21 (0.10)	-0.25 (0.11)	-0.08 (0.08)	0.23 (0.09)
MPA2		Level	48 (4)	-0.25 (0.07)	0.05 (0.04)	0.19 (0.08)	-0.24 (0.08)	-0.08 (0.04)	0.26 (0.09)
		Positive slope	51 (4)	-0.29 (0.06)	-0.02 (0.03)	0.19 (0.10)	-0.28 (0.06)	-0.14 (0.04)	0.23 (0.10)
		Negative slope	49 (5)	-0.24 (0.06)	0.06 (0.05)	0.18 (0.11)	-0.22 (0.07)	-0.15 (0.05)	0.23 (0.08)
MPA3		Level	50 (3)	-0.29 (0.08)	-0.00 (0.07)	0.17 (0.09)	-0.22 (0.04)	-0.05 (0.05)	0.20 (0.07)
		Positive slope	49 (6)	-0.44 (0.13)	-0.16 (0.10)	0.18 (0.09)	-0.27 (0.06)	-0.08 (0.07)	0.17 (0.10)
		Negative slope	49 (6)	-0.16 (0.09)	0.20 (0.06)	0.17 (0.13)	-0.26 (0.08)	-0.05 (0.12)	0.23 (0.08)

NA: non applicable.

**CoP ML range in mm (globally)**



**CoP AP range in mm (under the prosthetic (PS) and sound side (SS))**



**Figure 5.** CoP anteroposterior (AP) and mediolateral (ML) displacement ranges, averaged over all patients (under the prosthetic limb and the contralateral limb for AP range, and under both sides for ML range), on level ground, positive and negative slopes, for each prosthetic foot.



showed that persons with transtibial amputation managed to maintain the CoP sway in the same order of magnitude whatever the prosthetic foot on flat surface. The values of CoP trajectory length were generally lower than in the literature [26]. As shown in reviews [7,8], the differences observed could depend on the population studied and acquisition methods [7,8]. On positive slope compared to flat surface, the CoP trajectory length increased when considering participants wearing the UF and MPA1, did not show specific tendency with the MPA3 and was not affected with the MPA2.

In agreement with the literature, a much wider CoP path under the contralateral limb compared to the prosthetic limb was highlighted by CoP-C and CoP-P anteroposterior displacement ranges (Figure 5 and Appendix 1) [27]. The anteroposterior oscillations of CoP-P under the prosthetic foot has been shown to be reduced when the stiffness of the ankle increases [8,28–30]. In the literature, this was considered to result from either a small surface of contact, or a limited loading under the prosthetic side [26,28]. In the present study, results support a symmetrical loading (with 3% change maximum). CoP mediolateral displacement ranges increased on slope with UF, MPA1 and MPA3, which is consistent with the use of a hip strategy to maintain postural stability as described by Mayer et al. [26]. On the contrary, with MPA2, the small CoP ML range suggested the use of physiological ankle strategy when standing on slope [26]. In summary, based on the results, participants exhibited the most symmetric balance with limited overlying compensations in standing position even on slopes when they wore MPA2 compared to other feet. This result is consistent with the large ankle mobility of this foot.

Finally, clinical functional tests revealed small differences among feet. On average (Appendix 2), only the VAS “confidence in balance” and BBS score were found higher with the MPAs than with the UF. 2MWT did not highlight any functional differences among feet but gait speed (5.9 km/h) remained greatly above that reported in the literature (3.1 km/h in average on 64 amputees [31]) whatever the prosthetic foot. However, some subjects in the study reported that MPA were heavy and cumbersome and felt a lack of propulsion while walking, particularly with MPA2.

### Limitations

Multiple session analysis induce inherent errors due to marker replacement on computed joint flexion angles and moments [32]. A particular attention was paid to limit the impact of marker misplacement: same shoe, socket and operator; photos of the marker positions. The analysis of a self-selected standing position could hamper the interpretation of the results between the persons and with the literature but this choice was made to be as close as possible of the subject-specific physiological standing position. As most of the results are paired comparisons, these limits should not have affected the conclusions.

Parameters standard deviations were often high on slope acquisitions (Appendix 1). This may result from the variety of adaptation strategies used by the participants due to discomfort or to the lack of prosthetic ankle adaptation particularly for the UF. To overcome this limitation, an analysis of the individual behaviour of the participants was proposed in the present study, which was never reported before in previous study.

### Conclusion

The analysis of standing position in standard and constraining conditions (slope) is useful to understand how people with

amputation perform static balance in their daily life, especially outdoors.

According to this original study, an increased ankle mobility should permit a better posture and balance on slope. The benefits of wearing MPAs on the correct alignment of the lower limb segments and the reduction of residual knee moment were related to their design and mobility capabilities either on positive or negative slope or both. For MPA2, results also reflect the use of the prosthetic ankle in the control of CoP mobility in all situations.

Active people with transtibial amputation have naturally high requirements in terms of dynamism and propulsion. The compromise between « mobility and speed » and « comfort and balance » is essential and further gait analysis seems essential to study MPAs relevance.

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The authors declare that there is no conflict of interest. All authors contributed equally in the preparation of this manuscript.

### ORCID

H. Pillet  <http://orcid.org/0000-0002-0263-5910>

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## Appendix 1. Mean values and standard deviation of computed parameters over all subjects for the four prosthetic feet in all situations

Situations Prosthetic foot			Level				Positive slope				Negative slope				
			UF	MPA 1	MPA 2	MPA 3	UF	MPA 1	MPA 2	MPA 3	UF	MPA 1	MPA 2	MPA 3	
Position of the subject															
Sagittal plane (*)	Ankle	SS	-0.39 (0.5)	-0.8 (1.5)	-0.4 (1.3)	-0.31 (1.5)	-9.14 (1.8)	-8.6 (2.0)	-7 (4.4)	-9.98 (4.2)	7.07 (2.7)	7.45 (1.4)	6.9 (1.8)	6.9 (2.3)	
		PS	-0.33 (0.8)	-0.6 (0.9)	-0.2 (0.9)	-0.37 (1.4)	-2.03 (1.6)	-2.36 (1.3)	-6.2 (0.2)	-3.7 (2.7)	1.12 (1.8)	5.8 (2.8)	6.1 (2.7)	1.08 (1.9)	
	Knee	SS	1.61 (1.7)	0.1 (2.5)	0.6 (1.5)	0.48 (1.4)	2.79 (4.7)	1.8 (2.7)	-0.4 (3.1)	-0.14 (5.7)	2.71 (5.0)	-1.2 (5.4)	-3.9 (2.6)	-0.45 (6.8)	
		PS	0.47 (0.9)	0.7 (1.2)	1.2 (2.7)	1.19 (1.2)	-4.81 (3.9)	-7.2 (2.7)	-2 (1.7)	-3.88 (7.0)	9.46 (3.9)	1.7 (3.5)	2.7 (4.0)	11.19 (4.5)	
	Hip	SS	0.5 (2.0)	1.7 (0.6)	1.4 (1.5)	2 (5.1)	-1.2 (5.6)	1.1 (1.9)	3.4 (5.0)	4 (3.0)	1.6 (2.2)	0.3 (5.1)	4.3 (2.8)	5.4 (4.2)	
		PS	1.4 (0.7)	1 (1.6)	1.3 (1.4)	1.7 (4.3)	1.2 (6.8)	3.5 (3.6)	1.8 (2.0)	3.3 (3.1)	0.6 (3.5)	-0.2 (3.5)	-0.9 (1.0)	-0.8 (3.5)	
		Pelvis	1.2 (1.3)	1 (1.2)	1.58 (1.3)	1.73 (3.1)	-0.91 (2.7)	-0.5 (1.7)	0.8 (0.6)	-0.26 (5)	5.32 (3.7)	2.3 (1.8)	1.3 (1.1)	4.51 (2.7)	
		Trunk	-1.23 (1.6)	-0.1 (2.0)	-0.2 (3.3)	0.01 (1.3)	-2.55 (2.7)	-0.6 (1.9)	-1 (2.8)	-0.83 (1.7)	-1.6 (2.5)	-1.1 (1.5)	-0.5 (3.4)	0.1 (1.8)	
	Shank	SS	-0.38 (0.5)	-0.1 (1.9)	0 (1.2)	-0.3 (1.4)	-2.15 (1.6)	-2.2 (1.7)	-0.3 (2.3)	-3.11 (4.1)	2.3 (5.8)	0.9 (1.2)	0.1 (2.2)	-0.2 (2.7)	
		PS	-0.15 (0.8)	-0.33 (1.2)	-0.4 (1.0)	-0.88 (2.4)	3.7 (2.3)	3.7 (2.0)	0.4 (1.7)	0.62 (4.9)	-2.0 (4.5)	-0.3 (2.6)	0.8 (3.2)	-5.7 (2.3)	
		Anteroposterior shift (cm)				1.18 (5.3)	0.00 (1.6)	-0.05 (0.8)	0.05 (1.4)						
		Vertical shift (cm)				0.8 (0.5)	0.3 (0.7)	-0.1 (0.2)	0.4 (1.0)	0.5 (0.5)	0.4 (0.5)	-0.2 (0.3)	0.5 (0.3)		
Horizontal plane (*)	Foot	SS	7.83 (12.6)	0.9 (10.5)	3.2 (11.4)	5.09 (10.3)	7.21 (13.0)	0.3 (11.2)	0.6 (11.4)	6.21 (13.0)	6.1 (9.7)	2.3 (8.5)	3.5 (6.9)	3.6 (9.5)	
		PS	6.2 (5.2)	3.3 (4.0)	7.1 (3.3)	6.57 (3.9)	9.71 (5.2)	4.4 (2.9)	3.4 (4.8)	4.78 (7.7)	4.9 (2.6)	5.6 (4.5)	3.4 (2.0)	3.9 (5.7)	
Variations of standing stability = CoP parameters															
CoP trajectory (cm)			Global	85 (12)	89 (20)	91 (13)	83 (11)	98 (23)	107 (30)	94 (5)	93 (10)	98 (24)	100 (20)	94 (5)	93 (12)
AP range (cm)	SS		3.03 (0.84)	3.03 (1.59)	3.26 (0.72)	4.04 (0.72)	4.13 (1.64)	3.5 (0.88)	3.54 (1.07)	4.97 (1.25)	3.8 (1.04)	5.36 (1.49)	3.41 (0.81)	5.56 (1.72)	
		PS	1.73 (0.56)	1.87 (0.65)	2.96 (1.63)	2.31 (1.36)	2.25 (2.03)	1.98 (0.76)	2.68 (1.22)	1.66 (0.82)	1.94 (0.46)	2.49 (0.51)	2.11 (0.35)	2.86 (1.62)	
ML range (cm)		Global	1.47 (1.01)	1.3 (0.32)	1.63 (0.57)	1.51 (1.11)	1.7 (1.11)	1.8 (0.80)	1.61 (0.18)	1.88 (0.78)	1.68 (0.48)	2.51 (1.91)	1.37 (0.48)	2.27 (1.18)	

AP: anteroposterior direction; CoP: center of pressure; ML: mediolateral direction; MPA: microprocessor prosthetic ankle; PS: prosthetic side; SS: sound side; UF: usual foot.

## Appendix 2. Functional results for each subject (PP01 to PP06) and for each foot and on average for each foot

Foot		EVA confidence in balance (/10)	BBS total (/56)	2MWT (m)	Gait speed on 2 minutes (calculated with the 2MWT, in km/h)	ABC (/45)
ESR	Mean	6,9	53	197	5,91	38
	Sd	1,1	2	35	1,05	8
PP01		5	54	156	4,68	24
PP02		7	50	158	4,74	35
PP03		6,5	53	184	5,52	35
PP04		7	56	230	6,9	42
PP05		8	54	231	6,93	45
PP06		8	53	220	6,6	45
NGF1	Mean	7,2	55	209	6,27	37
	Sd	1,8	2	27	0,8	7
PP01		6,5	NC	NC	NC	NC
PP02		8	55	184	5,52	40
PP03		9	51	177	5,31	37
PP04		8	56	237	7,11	42
PP05		4	56	227	6,81	25
PP06		7,5	56	219	6,57	40
NGF2	Mean	8,1	54	204	6,12	39
	Sd	0,9	2	32	0,95	8
PP01		7,5	52	171	5,13	38
PP03		9	53	171	5,13	26
PP04		9	56	239	7,17	43
PP05		8	56	224	6,72	45
PP06		7	54	217	6,51	45
NGF3	Mean	7,9	54	209	6,27	38
	Sd	1,3	1	27	0,8	7
PP01		7	55	171	5,13	30
PP03		7	52	192	5,76	31
PP04		7	55	230	6,9	41
PP05		10	54	234	7,02	45
PP06		8,5	53	219	6,57	42

ABC: Activity-specific Balance Confidence; BBS: Berg Balance Scale; MPA: microprocessor prosthetic ankle; 2MWT: two minutes walking test; SD: standard deviation; UF: usual foot.