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A Stochastic Game for Adaptive Security in Constrained Wireless Body Area Networks

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Abstract— Using Internet of Things (IoT) in the health domain is one of the most promising approaches which offer a ubiquitous healthcare where sensors are used, in real time, for constant monitoring of patient's symptoms and needs wherever he is. Wireless body area network (WBAN) is a highly suitable communication tool for the medical IoT devices. However, the conception of WBAN applications is still a challenging job that should take into consideration many technical requirements such as network lifetime, security level, network throughput and data criticality and prioritization. As a consequence, a trade-off between security effectiveness, energy efficiency, and QoS requirements can be perceived as a major performance objective. In this paper, we propose a stochastic game to balance the tradeoff between network performance and security level while taking into account the context dynamics. Simulation results show that the proposed approach can achieve an acceptable security level and is more efficient than benchmark algorithms in terms of network lifetime and throughput.

Keywords- IoT, Health, WBAN, Game theory, Nash Equilibrium Adaptive security, QoS requirements.

I. INTRODUCTION

The rapid technological advancements of wireless communication and sensing technologies have paved the way for the emergence of the Internet of Things (IoT). It is a megatrend in next-generation technologies that offers tremendous potential solutions for a wide range of applications and particularly e-healthcare which represents one of the most attractive application areas for the IoT [1]. Wireless body area network (WBAN) is a highly suitable communication tool for the medical IoT devices. However, the open nature of wireless communication makes the patient's sensitive data prone to being eavesdropped, modified, injected, or replayed [2]. Therefore, security and privacy are growing concerns in WBAN that need a special attention while taking into account the body sensors' limited resources and context changes.

In WBANs, both security and system performance are primary requirements. Nevertheless, harsh environmental conditions and severe resource constraints of body sensors in terms of communication and computational capacity and buffer size make security costs become more tangible through energy depletion and performance degradation. Moreover, typical channel characteristics in WBANs such as high interference level and human body fading effects increase the risk of data drop and data error. Aside from that, failures in timely delivery

of patient's data can impact severely his condition. Therefore, traffic prioritization with QoS guarantee is primordial.

In such stochastic environment, an effective way to handle problems cited above will be to provide an adaptive security based on the appropriate network and system information (the available resources in the specific context). Therefore, we propose a stochastic game for adaptive security to ensure a trade-off between security effectiveness, energy efficiency, and QoS requirements. The context dynamics where smart things operate can be modeled using Markov Decision Process (MDP) to optimize the network's desired objectives. Particularly, a body sensor node, as a decision maker, adopts an adequate policy and then transits from a state to another. The MDP model allows a balanced design to fit the environment conditions and dynamically optimize the network performance because the static decision may lead to inefficient resource utilization.

The main contributions of this paper are threefold. First, we identify the dynamic context changes. Specifically, we consider the heterogeneous and dynamic traffic load, the channel characteristics and the threat model. Second, we study the tradeoff between adaptive security effectiveness and network performance via a stochastic game formulation. Finally, we prove the model efficacy and efficiency in terms of security level, energy consumption, and throughput.

The remainder of this paper covers the following points: the proposed context-awareness modeling is described in Section III. In Section IV, we present the stochastic game formulation for adaptive security under uncertain environment. Section V describes the performance evaluations. The conclusion is drawn in section VI.

II. RELATED WORK

Recently, combining security and quality of service (QoS) in the design and management of the IoT has attracted particular attention from researchers. Many studies were mainly based on game theory for performance optimization and it has been widely applied to avoid conflicts and make decisions [3]. By making an assessment of all possible situations, players will receive payoff according to their choices which can evaluate the efficacy of adopted strategy and then help the system to reach the optimization. In [4], authors proposed a Stackelberg game where defender plays the role of leader and the attacker acts as a follower in order to protect sensor nodes from external attacks based on energy defense budget against the corresponding

energy attack budget. In [5], a bargaining game was presented through the cooperating nodes which results in the system Pareto optimality (Nash Bargaining solution) in order to optimize the network reliability in multi-hop Wireless Body Sensor Networks (WBSNs). The utility function determines the allocated bandwidths of cooperated nodes while taking into account dynamic environment, QoS, and fairness of resource allocation. In [6], authors proposed a decision support approach based on game theory in order to minimize security risks caused by sharing user's data with IoT prosumer. A zero-sum game has been formulated between users who select a set of prosumers that optimize their payoffs and an adversary who menaces their private data. In [7], an evolutionary game has been applied to analyze the dynamics of the trust decision in Wireless Sensor Networks (WSNs). The authors studied the evolution of trust strategy where players select the cooperative strategy based on the payoff model expressed by node's trust degree. In [8], the authors proposed a repeated game-theoretic approach to detect and prevent the selfish decision of nodes which go to sleep without permission. The utility function concentrates on the power consumption where the node with higher transmission cost has more chance to enter on sleeping state.

All the aforementioned works focus only on the security at the expense of other aspects such as energy efficiency and reliability and vice versa. For this purpose, it seems essential to guarantee a trade-off between different requirements based on adaptive security. In [9], authors presented a scenario-based approach to recognize and evaluate typical security trade-off situations in the IoT. Based on Event Driven Adaptive Security (EDAS) which aims to monitor and analyze thing-generated security events, their model provided a utility-based assessment method to ensure an optimum tradeoff between various contextual requirements (memory, energy, and security) involved in a decision. In [10], authors analyzed security metrics effects from the self-adaptive security perspective. The model closed the adaptive control loop of management of security risks, dynamically taking into account the requirements derived from the security metrics quality criteria to ensure efficiency over time applying the MAPE (Monitor-Analyze-Plan and Execute) reference model. A game-based adaptive security model for IoT-eHealth application has been proposed in [11]. The authors used the Markov game theory to assess the battery life, the memory capacity, the channel bandwidth and the intruder model in order to determine whether or not messages' authentication should be enabled. They emphasize only a limited set of dynamic context parameters in the IoT-eHealth and don't consider user preferences in terms of traffic prioritization and QoS satisfaction.

III. CONTEXT-AWARENESS MODELING

Different QoS requirements, flexibility, and security are important goals to be achieved for healthcare and medical applications in WBANs while considering limited resources of sensor body nodes. These requirements may vary over time according to the application scenario and also due to network dynamics. In this context, we define the WBAN challenging environment concerning traffic generation, communication channel, battery lifetime, and threat model to design the context dynamics of smart things.

A. Traffic Generation

Traffic arrival and prioritization based on the QoS requirements and current scenario must be considered to make a decision. Therefore, the following properties are required in designing the context:

1. *Traffic prioritization*: it is essential to satisfy strict delay requirements through QoS provisioning. For this purpose, the traffic generated by biomedical sensors can be categorized into on-demand, emergency, and normal traffic where the highest priority is assigned to emergency traffic, second highest priority is assigned to on-demand traffic and the lowest priority is assigned to normal traffic [12]. The equation to calculate the priority is presented by:

$$P_i = \frac{T_i}{G_i * S_i} \quad (1)$$

Where P_i is the traffic priority, T_i represents the traffic class value, G_i is the data generation rate and S_i size in bytes of the particular packet.

2. *Traffic load*: its status is categorized as low load, moderate load, high load, and overload. It is given by [13]:

$$L_i = \frac{T_{ADP}}{Q_c} \quad (2)$$

Where L_i is the load index, T_{ADP} is the total amount of data packets, and Q_c represents the queue capacity.

3. *Memory capacity*: We assume that the communication within the WBAN is such that the queuing process at a smart thing and it is modeled as a Batch Markov Arrival Process (BMAP), which enables more realistic and more accurate traffic modeling [11]. In emergency situations, data packets are scheduled in the high priority queue with arrival rate λ_H . The arrival rate of low priority traffic is λ_L .

B. Communication Channel

The wireless channel is susceptible to interference, signal attenuation, and human body fading effects. Hence, security policies should take into account these random channel fluctuations and unreliability issues.

1. *Link capacity*: The link capacity represents the amount of information (in bits/s/Hz) which can be transmitted over a noisy channel [14]. It is defined as:

$$C_{ij} = \log\left(1 + \frac{|h_{ij}|^2}{N_0}\right) \quad (3)$$

Where N_0 is the noise density of the link, h_{ij} is the narrowband channel between transmitter j and receiver i . Since the WBAN under consideration is a multi-hop network, it is possible to use multiple hops to go from a transmitter to a receiver. The capacity is then given by the minimum data rate across the two hops:

$$C = \frac{1}{2} \min(C_{SA}, C_{AD}) \quad (4)$$

Where C_{SA} the link capacity from the smart thing to aggregator and C_{AD} the link capacity from the aggregator to the destination.

2. *Interference model*: Interference is generally related to QoS issue but it has great potential to pose serious security

problems in WBAN. The interference level between a smart thing i and the aggregator is given as follows [15]:

$$SINR_i^t = \frac{P_i^{TX} L_P(d_i)}{N + \sum_{k \neq i} \alpha_{ik} P_k^{TX} L_P(d_k)} \quad (5)$$

Where P_i^{TX} is the transmission power of the transmitter node i ; N is the power of the noise at the aggregator; α_{ik} is the rejection factor between the channels associated with the nodes i and k ; P_k^{TX} is the transmission power of the interfering node k .

3. *Mobility model*: Mobility increases the probability of packet loss in WBAN. In such context, attackers may harm the system by injecting a low level of noise into the channel and causing a considerable packet loss. Consequently, the lost packet should be retransmitted which cause a waste of bandwidth, energy depletion, and long delays. For this purpose, the challenge of mobility is that it might induce channel fading and increased BER (Bit Error Rate) caused by body movements and the interference with other nodes from different WBAN. It can be modeled by the path loss which is dependent on the distance d between transmitter and receiver, the body shadowing and the environment [16].

$$L_P(d) = \overline{L_P(d)} + \Delta B + \Delta F \quad (6)$$

Where $L_P(d)$ is the mean path loss, ΔB is a log normal distribution presenting the body shadowing:

$$\Delta B \sim \mathcal{N}(\mu_L, \sigma_L) \quad (7)$$

ΔF is a Nakagami- m distribution modeling the multi-path fading channel:

$$\Delta F \sim \text{Nakagami} - m(m, \Omega) \quad (8)$$

C. Energy Consumption

We consider three main energy consumption operations in modeling the energy consumption of each node: data communication, sensing, and data processing. The battery depletion process is represented as follows [17]:

$$E_i(t) = E_i - \sum_{k=1}^t (E_i^C(k) + E_i^S(k) + E_i^D(k)) \quad (9)$$

Where E_i is the initial battery energy at time 0 and $E_i(t)$ is the remaining energy at time t for smart thing i . E_i^C is the communication energy, which represents the number of packets forwarded by the smart thing. E_i^S , E_i^D present the energy consumed for sensing and data processing respectively. During periods with low energy consumption the battery can recover some of its lost capacity and its lifetime will be extended. The probability of recovering the battery capacity in one time slot determines the state of the charge of the battery and it is represented as a decreasing exponential function equal to $e^{-\alpha(B-E_i(t)) - \beta(E_i(t))}$ $E_i(t) < B$ and 0 otherwise, where B is the battery capacity, α is the decay of the discharge process, and β ($E_i(t)$) is a staircase function [11].

D. Threat Model

WBAN is vulnerable to internal and external attacks which may include: hello flood, Sybil attack, and DoS. To represent the intruder model and its propagation within the BAN, we use an epidemiological model to represent the different states of a

sensor node which can be healthy H , compromised C , recovered R or faulty F [18] [11]. Let $H(t)$, $C(t)$, and $R(t)$ be the number of healthy nodes, compromised nodes and repaired nodes, respectively. These random variables are given by the following differential equations:

$$\begin{aligned} \frac{dH(t)}{dt} &= -\lambda_{HC}H(t)C(t) + \lambda_{RH}R(t) - \lambda_{HF}H(t) \\ \frac{dC(t)}{dt} &= \lambda_{HC}H(t)C(t) - D(t)C(t) - \lambda_{CF}C(t) \\ \frac{dR(t)}{dt} &= D(t)C(t) - \lambda_{RR}R(t) - \lambda_{RF}R(t) \end{aligned} \quad (10)$$

Where $\lambda_{i,j}$ $i, j \in \{H, C, R, F\}$ defines the transition rate from state i to state j when the node is under attack. $D(t)$ is the detection rate which indicates the transition from compromised to repaired state.

Based on these factors, we define the context as $\chi = \{\mathcal{T}, Q, E, C, \mathcal{M}, I, \mathcal{A}\}$, where \mathcal{T} is the traffic state, Q is the memory state, E is the current energy state, C represents the state of the link capacity, \mathcal{M} is the mobility level, and I is the interference level, \mathcal{A} is the state of the attack process. By construction, this context is dynamic and reveals the interplay between the conflicting objectives that should be considered when designing security strategies.

IV. STOCHASTIC GAME FORMULATION

In this section, we present the game-theoretic formulation to ensure a tradeoff between security, energy consumption and QoS in WBAN. It is represented as $\langle S, A, r^1, r^2, r^3, P \rangle$. S is the discrete state space. A is the action space. r^k is the stage payoff function for player $k=1,2,3$. The players in our game are: the security policy, the energy decay process and the QoS requirement. $P: S \times A \mapsto \Delta(S)$ is the transition probability map, where $\Delta(S)$ is the set of probability distributions over S .

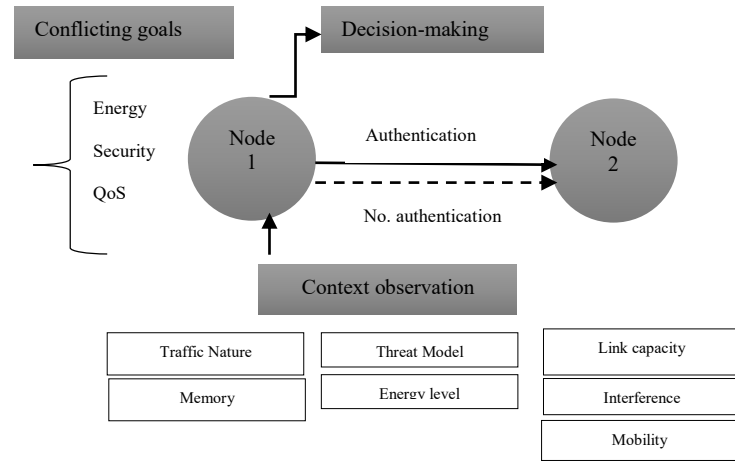


Fig 1. System Model

A. Adaptive security strategies

In order to prevent and reduce the impact of attacks on the weak radio links and heterogeneous traffic, we propose an adaptive security policy based on environment changing through a set of transition probabilities. The important features of the proposed scheme are: i) to provide an acceptable security level, ii) ability to maintain energy efficiency as high as

possible and iii) a well-balanced network performance between different requirements.

The main idea of our proposed approach is that a thing acting as a relay should authenticate the source of the traffic it forwards (presented in Figure 1). Obviously, this considerably reduces the probability of attacks like DoS, Hello flood, Sybil attack, etc. Nonetheless, it also reduces the lifetime of the relay nodes and increases the delay of sensitive traffic transmission. In the following, we present different adaptive strategies to define adaptive security policies based on these simple rules. These strategies adapt individually to the components of the dynamic context defined in the previous section. We suppose that a smart thing state depends on its observation of the current context, it can be in the secure mode or in the passive mode. In the secure mode, it systematically authenticates the forwarded packets while no security check is performed in the passive mode. An adaptive security policy is modeled by the transition probabilities between these two states. Specifically, when the traffic state is m , the queue state is q , the current energy state is $E_i(t)$, the link capacity state is c , the mobility level is m , the interference level is snr , and the security level is s , the transition probabilities are given by:

$$\begin{aligned} P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) &= P(P(t)=passive | P(t-1)=secure) \\ P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) &= P(P(t)=secure | P(t-1)=passive) \end{aligned}$$

In the following, we define different adaptive strategies that should be considered for making a decision based on the context model presented in the previous section.

1. Adapting to traffic Nature: in emergency situations, the smart thing switches to the passive mode because it is primordial to send the high-priority traffic on time and it turns to secure mode if the traffic priority is low.

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } \lambda = \lambda_H \text{ and } D_H < t_{QoS} \\ 0 & \text{otherwise} \end{cases} \quad (11)$$

$$P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} \varepsilon_1 & \text{if } \lambda = \lambda_n \text{ and } D_n < t_{QoS} \\ 1 - \varepsilon_1 & \text{otherwise} \end{cases}$$

Where $n \in \{L, M\}$, λ_i the arrival rate of packets and D_i is the end-to-end delay, $i \in \{H, M, L\}$, t_{QoS} is a predefined delay threshold.

2. Adapting to Memory: given that the energy depletion is highly related to the number of packets p transmitted, the node decides whether to enforce packet authentication or not based on the number of packets in the queue. When this number exceeds the queue capacity \bar{q} , authentication is deactivated with probability ε_2 , because the risk of blocking legitimate packets increases. Whereas, when the queue capacity is greater than a minimum threshold \underline{q} , the smart thing switches from passive mode to secure mode with probability ε_3 .

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} \varepsilon_2 & \text{if } p \geq \bar{q} \\ 1 - \varepsilon_2 & \text{otherwise} \end{cases} \quad (12)$$

$$P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} \varepsilon_3 & \text{if } p \leq \underline{q} \\ 1 - \varepsilon_3 & \text{otherwise} \end{cases}$$

3. Adapting to link capacity: when the channel state is degraded, the link capacity decreases below a given threshold \underline{c} and transmission becomes more expensive. Consequently, energy efficiency is prioritized.

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } c \leq \underline{c} \\ 0 & \text{otherwise} \end{cases} \quad (13)$$

$$P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 0 & \text{if } c \leq \underline{c} \\ 0.5 & \text{otherwise} \end{cases}$$

4. Adapting to interference: As the interference affects energy consumption and the throughput. The smart thing privileges saving power when SINR is below a threshold $\underline{\gamma}$. On the other hand, SINR is a prevailing security threat in WBAN. Furthermore, the node switches on secure mode if its level exceeds a threshold $\bar{\gamma}$.

$$\begin{aligned} P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) &= \begin{cases} \varepsilon_4 & \text{if } \gamma \leq \underline{\gamma} \\ 1 - \varepsilon_4 & \text{otherwise} \end{cases} \\ P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) &= \begin{cases} \varepsilon_5 & \text{if } \gamma \geq \bar{\gamma} \\ 1 - \varepsilon_5 & \text{otherwise} \end{cases} \end{aligned} \quad (14)$$

5. Adapting to mobility: considering that patient's mobility and posture can have a significant effect on efficient packet delivery, it seems more efficient that smart thing goes to passive mode if the path loss is greater than \overline{PL} and it switches to secure mode if the path loss is minimal \underline{PL} .

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } PL \geq \overline{PL} \\ 0 & \text{otherwise} \end{cases} \quad (15)$$

$$P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } PL \leq \underline{PL} \\ 0.5 & \text{otherwise} \end{cases}$$

6. Adapting to energy: the smart thing state turns to passive mode if the energy state is below a threshold E_0 and it switches to the secure mode if the energy state is greater than $\overline{E_0}$.

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } E_i(t)/B \leq \underline{E_0} \\ 0 & \text{otherwise} \end{cases} \quad (16)$$

$$P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } E_i(t)/B \geq \overline{E_0} \\ 0 & \text{otherwise} \end{cases}$$

7. Adapting to threat model: based on the probability of detection, the smart things can evaluate the probability of attack and make the decision to switch to secure mode according to the security state (compromised state, vulnerable state, recovered state...). We define a high threshold of detection \overline{pd} and a low threshold \underline{pd} such that.

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} \varepsilon_6 & \text{if } pd \geq \overline{pd} \\ 1 - \varepsilon_6 & \text{otherwise} \end{cases} \quad (17)$$

$$P_{\sigma \rightarrow \pi}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} \varepsilon_7 & \text{if } pd \leq \underline{pd} \\ 1 - \varepsilon_7 & \text{otherwise} \end{cases}$$

8. Hybrid adaptation: This strategy relies on combining different criteria to decide whether to prioritize security or privilege network utility. The mixture of these policies is strongly related to application's requirements. For instance, we can define a strategy where security activation is triggered by the link capacity, the traffic nature, and the current energy state.

$$P_{\pi \rightarrow \sigma}(tn, p, E_i(t), c, m, snr, s) = \begin{cases} 1 & \text{if } \frac{E_i(t)}{B} \leq \underline{E_0}, c = c_0, \lambda = \lambda_H \text{ and } D_H < t_{QoS} \\ 0 & \text{otherwise} \end{cases} \quad (18)$$

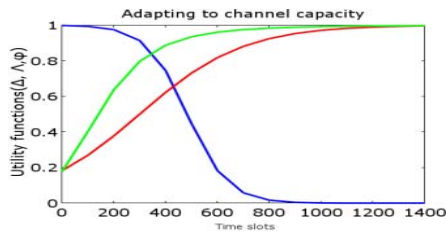


Fig. 3. Performance comparison of different strategies

Now another comparison between M μ Tesla, NCG, and different strategies is presented: the adaptive strategies according to traffic nature, memory and channel characteristics provide up to 40% throughput improvement compared to NCG and M μ Tesla. The results of this comparison are shown in Fig. 4. From security and lifetime perspective, we can see that the payoff achieved by adapting to energy and intruder strategies are unfair because they consider only one aspect. For adapting to intruder strategy, we can guarantee a high-security level near to this ensured by M μ Tesla protocol. In such situations, more conservative measures lead to a lower performance where the energy is depleted after around 500 time slots. For adapting to energy strategy, the energy is depleted after 1000 time slots but the security violation rises rapidly. On the other side, from security and energy consumption perspectives, making a decision based on the communication channel, traffic nature and memory provide more convenient results for both security and network lifetime which can be extended up to 40% and 48% for adapting to mobility and memory strategies respectively. Therefore, smart things should consider different requirements in order to dynamically changing their strategies and achieving the desired payoff. The best choice is to adopt the strategy that ensures a well-balanced trade-off between security level, WBAN lifetime and QoS requirements.

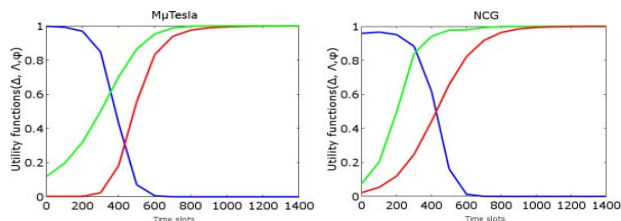


Fig. 4. Benchmark techniques

VI. CONCLUSION AND FUTURE WORK

In this paper, we studied the adaptive security methodology while considering distinct context features and sensor nodes capabilities in order to provide a trade-off between security and WBAN performances. In our model, a smart thing makes a decision to authenticate forwarded packets or not after environment observation. For this purpose, we developed a game theoretic approach between the different requirements in terms of security, energy consumption and throughput. Then, we evaluated different adaptive strategies and found the optimal policy that should be adopted. We demonstrated the efficiency of our proposed approach as compared to security game (NCG) and M μ Tesla authentication protocol where the throughput improvement can reach 40% and the WBAN lifetime is extended to 48%. In the future, we will consider security and

privacy threats and implement an intrusion detection system based on the trust level of different actors in WBAN.

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