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Dinocyst records from deep cores reveal a reversed salinity gradient in the Caspian Sea at 8.5 – 4.0 cal. ka BP

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Abstract

Understanding the long-term environmental forcings driving Caspian Sea (CS) water levels is of utmost importance, not only owing to its large size, or to the surrounding developing economies but also to improve global climate models and forecasts. However, Late Quaternary CS level changes and their amplitude are mostly documented from incomplete coastal sediment records. Because of the CS idiosyncrasies, that behaves neither as a sea nor as a lake, the methods used to reconstruct water levels in the global ocean or in freshwater lakes do not always apply.

Here, we propose a first step toward the use of dinoflagellate cysts records to reconstruct qualitative changes in water mass, focusing on new and published deep-water sedimentary sequences from the south and middle CS basins. Trends in water level changes are reconstructed on the relative proportions of dinocyst assemblages with different levels of brackishness.

A higher highstand than previously seen is reconstructed post-Mangyshlak lowstand. A reverse water flow gradient from S to N, not previously detected, is identified at 8.5-8 to 4 cal. ka BP. A major turnover in dinocyst assemblage is found at 4 cal. ka BP. While the Volga River is the main source of water nowadays, we propose that the source of water to maintain the 8.5-8 to 4 cal. ka BP highstand is the now-disconnected drainage basin of the Amu-Darya. The CS was at that time most likely strongly influenced by low latitude climates, with more precipitation over the Karakum and, perhaps, even indirect monsoonal influence.

Keywords: Quaternary; Palaeolimnology; Southwestern Asia; Pontocaspian; micropalaeontology dinocyst; water flow direction; Amu-Darya

1. Introduction

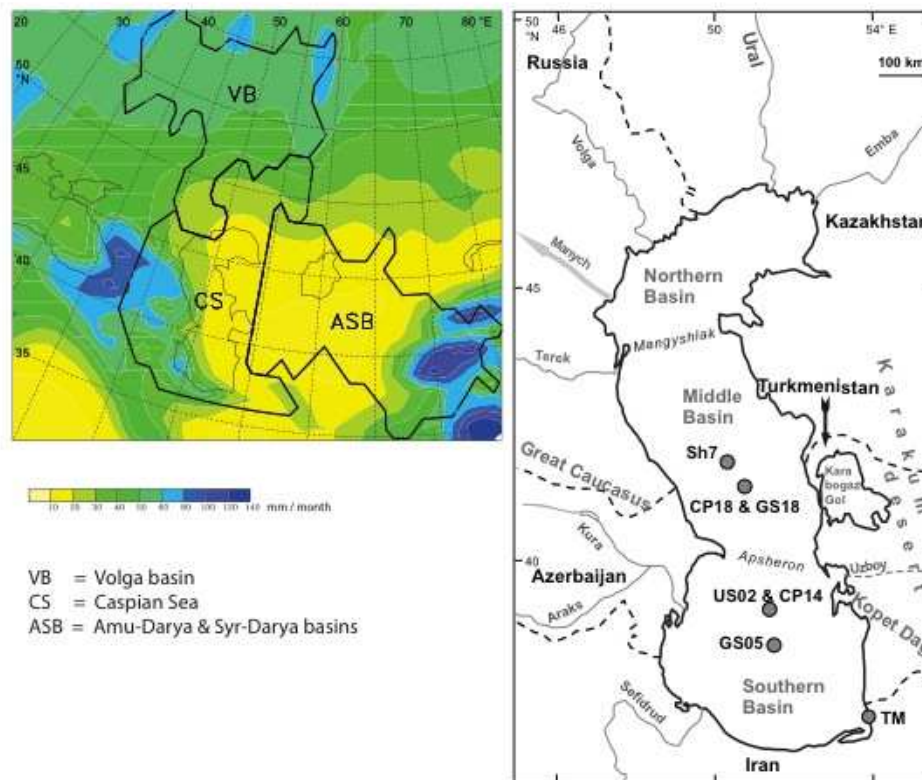
The long-term water-level histories of ancient lakes are fingerprinted in their sediments, and both biological and non-biological proxies may be used to unravel long-term environmental changes. In fact, numerous examples of long-term rapid water-level changes with large vertical amplitudes (>500 m)

46 have been exposed for large lakes, such as Tanganyika, Victoria, Malawi
47 (Cohen et al. 2007), Baikal (Colman et al. 1993), and Issyk-Kul (Gebhardt et
48 al. 2017). The annual to decadal amplitudes observed with the instrumental
49 record are in the order of 10 to 50 times smaller than the centennial to
50 millennial ones (Lahijani et al. 2016), as they only capture the short-term
51 variability. In addition, the instrumental record of large lakes dates back to the
52 19th century at most (Leroy et al. in press). Of interest in large lakes is the
53 understanding of long-term water level fluctuations, as they may be linked to
54 climate and, thus, used to forecast future water-level changes that will affect
55 humans. In addition, large lakes, especially endorheic ones, are very
56 susceptible to climatic change (Arpe et al. 2018), and, owing to their size, they
57 are also vulnerable to hydrographic changes that may affect dramatically
58 exchanges between water masses (Lahijani et al. in press).

59 The Caspian Sea (CS) is the largest inland lake in the world, with a water
60 area of 386,400 km² and volume of 78,200 km³, three times larger than Lake
61 Baikal. The detailed history of CS Late Quaternary water level changes is
62 notoriously poorly known, even for the last millennia (Naderi Beni et al. 2013;
63 Bezrodnykh and Sorokin 2016; Leroy et al. in press). The fragmentary known
64 information indicates that CS level changes, at times rapid, have affected
65 large basin areas, especially the shallow north basin and the now exposed
66 low-lying Caspian depression (Fig. 1). Continuous deep-water sedimentary
67 sequences are the appropriated geo-environmental archives to unravel
68 information on water level changes, ideally when taken below the lowest
69 lowstand and away from delta influence prone to varying sedimentation rates

70 and mass-wasting movements.

Fig. 1 Leroy et al.



71
72 **Figure 1:** The Caspian Sea setting. A: Precipitation (mm/month) and main drainage
73 basins influencing the Caspian Sea (CS = Caspian Sea, ASB = Aral Sea Basin);
74 B: Location of the Caspian Sea and of the sites mentioned in the text. The grey
75 arrow follows the Manych spillway. The black arrow shows where Turkmenistan is.

76 However, classical methods to reconstruct sea-level change in global
77 ocean settings, such as foraminifera, often do not work well in the CS due to
78 its unique features (e.g. absence of foraminifera below 50 m water depth,
79 [Boomer et al. 2005](#); [Yanko-Hombach 2007](#); Kh. Saidova pers. comm. 2011).
80 The same happens with other methods used to reconstruct water levels in
81 freshwater lakes, such as diatoms ([Svalnov and Kazarina 2008](#); [Leroy et al.](#)
82 [2018](#)). Therefore, geoscientists working on the CS must find additional
83 proxies. In this paper, we evaluate the palaeoenvironmental potential of
84 organic-walled dinoflagellates, unicellular phytoplankton organisms that form
85 cysts that may be preserved in sediments and are called dinocysts. A recent
86 major compilation of surface samples in the Pontocaspian region has shown

87 that dinocyst assemblages are sensitive to salinity changes, amongst other
88 parameters, and may provide invaluable qualitative information to detect the
89 flow of water masses, as well as water-level fluctuations at millennial,
90 centennial and, even, decadal scales (Mudie et al. 2017).

91 This work aims to test the use of dinocyst records to reconstruct changes in
92 CS water masses and levels. The available continuous sequences with
93 detailed dinocyst records (i.e. dinocyst counts at least >100 per sample)
94 covering the Late Quaternary derive from deep-water sequences (> 315 m)
95 located at the middle and south CS basins only (Leroy et al. 2007, 2013c,
96 2014). A lagoon sequence, core TM (Leroy et al. 2013a), from the SE coastal
97 basin covers the Late Quaternary chronology and has appropriate dinocyst
98 counts. However, its lagoonal character is reflected in a large hiatus. In
99 addition, several Holocene palynological records from cores from the north
100 basin are also available (Richards et al. 2014). However they do not cover the
101 Pleistocene-Holocene transition, their dinocyst counts are low, and the
102 presence of reworking material and erosional influence are noticeable as they
103 are located in a deltaic environment. The specific objectives are three. First,
104 to present the available Late Quaternary dinocyst records from the south and
105 middle CS basins together with a new dinocyst record from the middle basin.
106 Second, to compare the dinocyst records to previous water level
107 reconstructions performed using other proxies and discuss dissimilarities.
108 Third, to unravel water flow directions between the middle and the south
109 basins in order to detect any major change in palaeo-river discharge.

110 2 Setting

111 2.1 Caspian Sea setting and previous reconstructions

112 The CS provides many economic resources to the area, such as the rich oil
113 and gas fields as well as fisheries, including sturgeon for caviar. The CS is a
114 large endorheic lake made up of three basins, deepening from the very
115 shallow north (5 m), via the deep middle (maximal water depth of 788 m), to
116 the deepest south basin (maximal water depth 1025 m) (Kostianoy and
117 Kosarev 2005). CS water level, as measured in 2018, is at 28 m bsl (Leroy et
118 al. in press). The modern water surface salinity shows a gradient from
119 freshwater in the north basin large Volga delta to 13 psu in the middle and
120 south basins due to larger freshwater inflow in the north and larger
121 evaporation in the south (Cazenave et al. 1997; Kostianoy and Kosarev 2005;
122 Leroy et al. 2018, in press; Lahijani et al. in press).

123 The CS is fed by several rivers but receives none from the desertic east
124 side. The main river contributing water to the CS is the Volga, representing
125 80-90% of the water inflow (Leroy et al. in press). The Volga has a catchment
126 extending far north, reaching >60 °N in several places (Fig. 1). The CS level is
127 affected by precipitation on the Volga catchment, especially by changes in
128 summer precipitation and by evaporation over its surface, as well as by river
129 inflow volume (Arpe et al. 2007, 2012). The catchment of the CS is under the
130 influence of the Westerlies (Arpe et al. 2018). So far, available climatic models
131 do not consider a dynamic CS surface in their simulations despite the effect
132 that changes in the size of the largest inland water body in the world could
133 have on climate. In fact, it has recently been shown that the CS size has a

134 clear influence on regional and, even to some instance, global climate (Arpe
135 et al. 2018).

136 The main sources of information on CS levels are Varushchenko et al.
137 (1987), Klige (1990), Rychagov (1997), Mamedov (1997), Chepalyga (2007),
138 Svitoch (2009, 2012), and Kakroodi et al. (2012). Leroy et al. (in press)
139 compiled the various CS level reconstructions, the comparison highlighting
140 some similarities but, in general, a lack of spatiotemporal congruence
141 between studies. In brief, these reconstructions indicate that the CS levels
142 have changed by more than 150 m since the Last Glacial Maximum (LGM).
143 During the deglaciation, the CS levels were rather high with a peak in the
144 early Khvalynian at 50 m asl (although a revision might indicate only + 35 m,
145 Makshaev et al. 2015; Arslanov et al. 2016). A rather short lowstand is
146 reconstructed after the early Khvalynian highstand. This lowstand is followed
147 by the late Khvalynian highstand whose upper boundary is classically located
148 at the end of the Pleistocene. It seems that the CS experienced a major
149 lowstand at the beginning of the Holocene, i.e. the Mangyshlak lowstand, with
150 levels perhaps as low as 113 m bsl. The duration of this lowstand varies
151 between 1 and 3 ka, and the CS levels rose thereafter, although with levels
152 lower than during the Khvalynian. This period is known as the Neocaspian,
153 that itself counts several, rather brief lowstands. Some authors make the
154 Neocaspian start much later than 1-3 millennia after the Holocene onset
155 according to mollusc assemblages, i.e. c. 7.4 cal. ka BP (published as c. 6.5
156 ¹⁴C ka BP).

157 2.2 Idiosyncrasy of the CSL reconstruction

158 A small range of proxies has been used with varied success to produce the
159 available CS level reconstructions. Lithology is the most common one,
160 focusing on the occurrence of discontinuities, lateral facies change, channels,
161 grain-size and carbonate content (Bezrodnykh and Sorokin 2016).
162 Unfortunately, no comprehensive seismic studies of the CS are available. Two
163 main reasons explain the paucity of seismic studies in such an economically
164 and environmentally important area of the world. Firstly, because just few
165 scientific studies have been undertaken so far, probably linked to the lack of
166 research vessels and the large size of the area. Secondly, among the scarce
167 work done on the Caspian basin, most of it has been performed by the
168 petroleum industry, thus remaining confidential.

169 The most common biotic proxy applied so far in the CS is mollusc shells,
170 used to reconstruct past salinities and/or depths mostly based on occurrences
171 and, more rarely, assemblages (Svitoch 2009, 2012; Leroy et al. 2018).
172 Moreover, mollusc shells are also used for Quaternary stratigraphy and as
173 material for radiocarbon dating (Yanina 2013). The measurement of oxygen
174 isotopes has been used in the CS on a lagoon (Kakroodi et al. 2015), on deep
175 cores (Chalié et al. 1997; Ferronsky et al. 1999), as well as tested on various
176 biota in a surface sediment transect (Leroy et al. 2018). The latter obtained
177 mixed success, as more than one factor seem to drive oxygen isotope ratios,
178 the best outcome of the $\delta^{18}\text{O}$ tests being with ostracods.

179 Other CS biotas include benthic ostracods (Boomer et al. 2005; Leroy et al.
180 2018) and diatoms, whose ecology is often poorly known. For the latter, many
181 species are very euryhaline, thus not very informative, and problems of

182 preservation do occur (Leroy et al. 2018; Chalié pers. comm.). Benthic
 183 foraminifers live only down to 50 m water depth in the CS, drastically limiting
 184 their use (Boomer et al. 2005; Leroy et al. 2013b, 2018). Although molluscs
 185 and benthic ostracods are present down to the CS bottom, they dwell in low
 186 concentrations only (Leroy et al. 2018). Dinocysts are one of the rare aquatic
 187 biota remaining present at all depths in significant concentrations and in
 188 excellent preservation state. In brief, at depths deeper than the lowest water
 189 levels of the CS since the LGM, many biotic proxies are of limited use and
 190 remain in urgent need of calibration (Leroy et al. 2018).

191

192 3 Material and methods

193 3.1 The datasets

194 This work uses dinocyst records from three datasets (Table 1) from cores
 195 located in the deep south and middle CS basins (>315 m depth; Fig. 1). The
 196 dataset from the south basin is made of three complementary cores: a
 197 Kullenberg core GS05, a pilot core CP14 and an Usnel core US02 (Leroy et al.
 198 2007, 2013c). The first dataset from the middle basin is made of two
 199 complementary cores: a Kullenberg core GS18 (called GS20 in Chalié et al.
 200 1997; Ferronsky et al. 1999; Kuprin et al. 2003; Boomer et al. 2005; Tudryn et
 201 al. 2013, 2016) and a pilot core CP18 (Leroy et al. 2007, 2014). Each of these
 202 dinocyst datasets has already been discussed separately along with pollen
 203 data and dating information (Leroy et al. 2007, 2013c, 2014).

204

205 **Table 1:** Sediment cores from the middle and south basins of the CS discussed in
 206 this work.

Data set	Core name	Latitude N, Longitude E	Water depth in m	Chronology	Reference
Middle basin					
1	Sh7	41°49'14.10" 50°23'52.62"	749	tie points after comparison of palynological records with GS18 and GS05 (Table SI3)	This work
2	CP18	41°32'53" 51°06'04"	480	younger than GS18 with 35-95 cm overlap, established by comparison of palynological diagrams with core GS18	Leroy et al. (2007)
2	GS18	41°32'53" 51°06'04"	479	^{14}C on ostracods; age-depth model after applying a 370-year reservoir effect, calibrating with the IntCal13.14C curve, and using a smooth spline solution (smooth factor of 0.3)	Leroy et al. (2014), Tudryn et al. (2016), this work

		South basin			
3	US02	39°16' 51°28'	315	Radionuclides	Leroy et al. (2013b)
3	CP14	39°16'18" 51°27'47"	330	3 ¹⁴ C on bulk after correction for detritics: age-depth model after calibrating with IntCal98.14C curve, and using linear interpolation between dates	Leroy et al. (2007)
3	GS05	38°45'39" 51°32'16"	518	18 ¹⁴ C on bulk carbonates and ostracods; age-depth model after applying a 370-year reservoir effect, calibrating with the IntCal09.14C curve, and using a smooth spline solution (smooth factor of 0.3)	Leroy et al. (2013c)

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209 Twenty-two new dinocyst samples have been added at the base of core
 210 GS18 using the same age-depth model, cyst extraction and zonation methods
 211 as in the upper part of the core (Leroy et al. 2014) (SI 1). The lithology of this
 212 new interval is similar to the lithology of the upper part of the core, consisting
 213 of fine-grained sediments with bedding and in the lower part carbonate
 214 contents around 10% (Leroy et al., 2014). These basal samples were initially
 215 considered deposited under different taphonomy based on the mainly
 216 reworked pollen content. The reworked content was identified because of the
 217 corroded and darker aspect of the pollen grains. Dinocysts did not show signs
 218 of reworking. However, more recently Tudryn et al. (2016) indicated that the
 219 reworking was essentially from a strong Volga inflow. The pollen can be water
 220 transported hundreds of km along the Volga from its terrestrial source to the
 221 CS basin. However, the picture is very different with the dinocysts, as they
 222 could only come from a few tens of km from the north basin, since no
 223 dinoflagellates live in the Volga River. Therefore, the dinocysts are expected
 224 to be largely *in-situ*.

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Together with the twenty-two new samples of core GS18, we present the palynological results of a new sequence from the middle basin, core Sh7, located ~65 km further north than core GS18 (Table 1, Fig. 1). This 600 cm long core of 14 cm diameter was taken in 2010 as part of a research programme of Lisitzyn (P.P. Shirshov Institute of Oceanology, Moscow). The palynological extraction, counting and zonation methods of the 31 samples analysed are the same as for the two other datasets (Leroy et al. 2007, 2013c, 2014). Six radiocarbon dates obtained from ostracods have yielded results that are not in stratigraphic order for an unknown reason (SI 2). Amongst the various reasons that could have affected the radiocarbon results other than just transport (reworking), are methane seepage and mud volcanoes (Leroy et al., 2018). Therefore, as the radiocarbon dates could not be used to build an age-depth model for core Sh7, the pollen and dinocyst records of core Sh7 have been compared with those from the nearby core GS18, with some

238 additional information from core GS05, in order to identify tie points that could
239 shed light onto core Sh7 chronological framework. Sixteen tie points have
240 been found combining common major changes, disappearances and
241 appearances in pollen (twelve tie points) and dinocysts (four tie points)
242 assemblages (Fig. 2, Table SI 3).

243 In all these datasets, a minimum of 100 dinocysts was counted and
244 identified in most samples (except in some of the additional samples at the
245 base of GS18). *Varia* includes unknown, reworked and undeterminable cysts.
246 The total concentration of dinocysts is shown in dinocysts per ml of wet
247 sediment. P/D is the ratio between pollen concentration and dinocyst
248 concentration.

249 The granulometry on 39 samples of core Sh7 was obtained by sieving
250 without HCl attack and the facies described according to the classification
251 adopted at the Institute of Oceanology of Russian Academy of Sciences
252 (Petelin 1967).

253 3.2 The taxa and their ecological requirements

254 The CS is clearly less diverse in dinoflagellate species than the Black Sea
255 (Mudie et al. 2017). Moreover, fewer cysts are known than motile forms
256 (Lewis et al. 2018). In what follows we summarise the requirements of the
257 dinocysts found in the CS.

258 *Pyxidinoopsis psilata* and *Spiniferites cruciformis* are often considered as
259 living in salinities ≤ 7 psu (Dale 1996). However, they have been found at
260 higher salinities up to 18 psu in some sites, but the cysts are present in low
261 percentages only (Mudie et al. 2017). *Spiniferites belerius* seems to occur
262 more frequently in waters with fluctuating salinities (Mudie et al. 2017).

263 The salinities in which *Impagidinium caspiense* lives are poorly known,
264 as it is a new species apparently endemic to the CS, Aral Sea and
265 Karabogaz-Gol with rare occurrences in the Black Sea (Mudie et al. 2017).
266 Marret et al. (2004) have shown that it is very abundant in surface sediment
267 samples of the CS with surface water salinities of 13 psu. As *I. caspiense*
268 has been observed in the highly saline waters of the Karabogaz-Gol (Leroy et
269 al. 2006), higher salinities are possible for this species. A link between the
270 cyst *I. caspiense* and the motile stage *Gonyaulax baltica* has recently been
271 established (Mudie et al. 2017; Mertens et al. 2017), with experimentation on
272 cyst formation showing a lower limit at around 10-13 psu (Ellegaard et al.
273 2002). Hence, its salinity preference is taken as being close to 10 - >13 psu.

274 *Lingulodinium machaerophorum* is a rather ubiquitous species (Mertens et
275 al. 2009; Leroy et al. 2013b; Mudie et al. 2017). The other taxa found in the
276 palynological studies (i.e. *Caspidinium rugosum*, *C. rugosum rugosum* and
277 *Pentapharsodinium dalei* cyst) are mostly present in low abundances, and
278 their salinity ranges are not very well defined but seem broad (Mudie et al.
279 2017). Concerning nutrients, only *Brigantedinium* is heterotroph; the other
280 species are autotroph, with *L. machaerophorum* being mixotroph (Mudie et al.
281 2017).

282 The statistical analysis of the oceanographic parameters of dinocysts in
283 181 modern samples in the Pontocaspian area (Mudie et al. 2017) shows that
284 sea surface salinity, especially from January to March, is the main factor
285 explaining dinocysts distribution. The second main factor is the sea surface

286 temperature, especially from January to March when ice forms. A limitation of
 287 this modern dataset is the scarcity of sites with salinities <8 psu, with the total
 288 absence of salinities <6 psu. The Khvalynian highstand assemblages
 289 dominated by *S. cruciformis* and *P. psilata*, not only in the CS (Leroy et al.
 290 2013c, 2014) but also in its equivalent in the Black Sea (Shumilovskikh et al.
 291 2014), do not have modern analogues so far.

292 Briefly, going any further with attributing fixed ranges of salinities to
 293 dinocysts is too speculative because: i) they have a great environmental
 294 plasticity, as many of them are Pontocaspian, ii) they often behave differently
 295 in the Pontocaspian area than in the rest of the world, and iii) some non-
 296 analogue situations to the modern surface samples existed in the past.

297 Recognising the limitations of using specific dinocyst types as indicators of
 298 specific salinity ranges, we have separated the dinocyst assemblages
 299 presented here in three broad groups (Table 2) according to not only their
 300 distribution in surface samples of the Pontocaspian (Kazancı et al. 2004;
 301 Marret et al. 2004; Leroy et al. 2013a, 2013b, 2018; Mudie et al. 2017), but
 302 also to changes over time in sedimentary sequences (e.g. Dale 1996; Sorrel
 303 et al. 2006; Leroy et al. 2007, 2013c, 2014; Mudie et al. 2007; Marret et al.
 304 2009). The three groups separate the following assemblages: *P. psilata*-*S.*
 305 *cruciformis*-*S. belerius* (Group 1), *I. caspienense* (Group 2) and *L.*
 306 *machaerophorum* and other taxa (Group 3) (Table 2). Group 1 would be
 307 indicative of fresher water environments in contraposition with Group 2,
 308 indicative of brackish waters. Group 3 includes the rest of the dinocysts.

309
 310 Table 2: The three dinocyst groups separated according to salinity preference

Group	Taxa
1	<i>Pyxidinospis psilata</i> , <i>Spiniferites cruciformis</i> , <i>Spiniferites belerius</i>
2	<i>Impagidinium caspienense</i>
3	<i>Lingulodinium machaerophorum</i> with all others: <i>Pentapharsodinium dalei</i> cyst, <i>Brigantedinium</i> , <i>Caspidinium rugosum</i> , <i>C. rugosum rugosum</i>

311

312 4 Results and interpretation of the new data

313 4.1 Base of core GS18

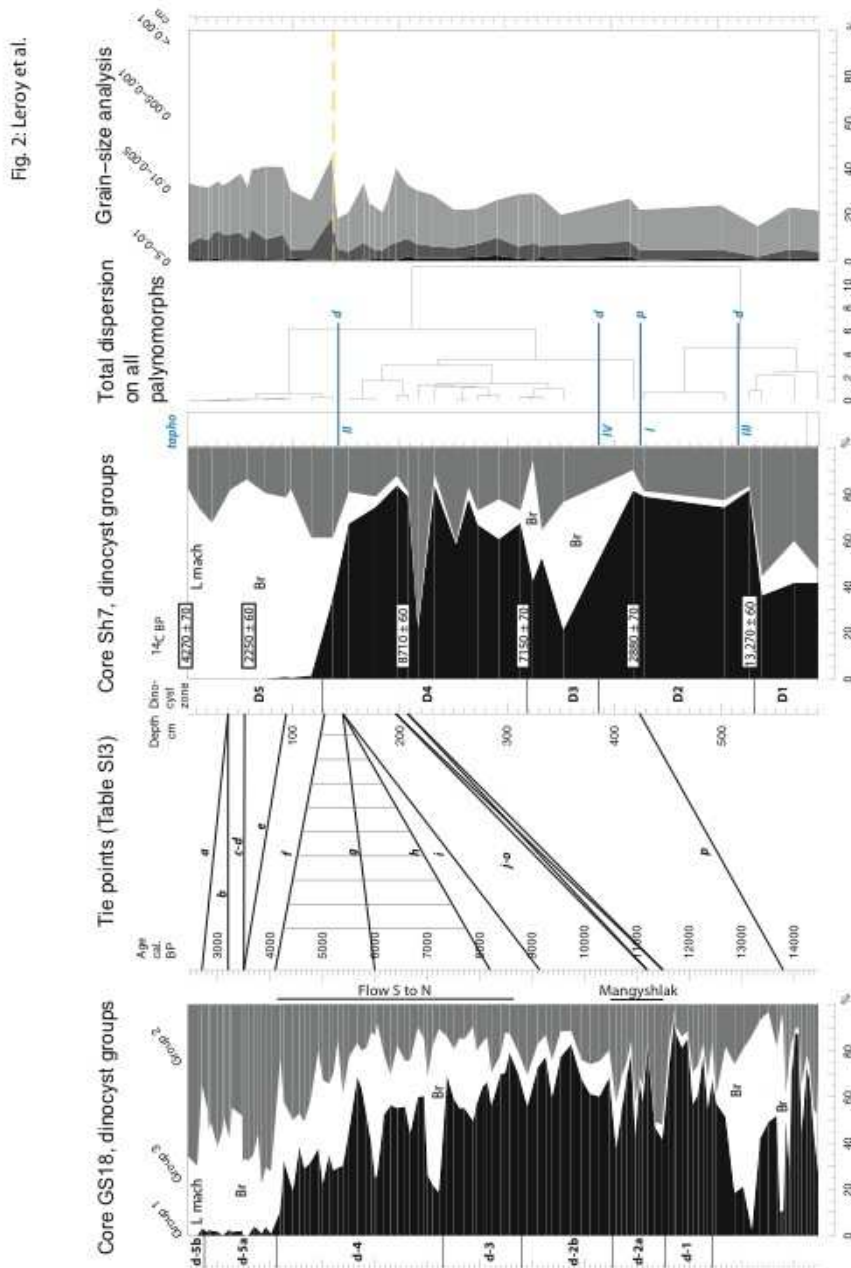
314 The additional 22 samples below 12.44 cal. ka BP in core GS18 show
 315 similar taxa to the already published upper part (Fig. SI 1, Leroy et al. 2014)
 316 with the dominance of *P. psilata*. Wide changes within the assemblages are,
 317 however, noted with especially high percentages in *Brigantedinium* and low
 318 dinocyst concentrations at 13.9-12.9 cal. ka BP, coeval to the Allerød
 319 oscillation.

320 4.2 Core Sh7

321 4.2.1 Lithology of core Sh7

322 A fine brown mud with black hydrotroilite layers (0.5 cm thick)
 323 characterises core Sh7 lithology from 600 to 423 cm, ending with a sharp
 324 transition. A fine oxidised mud with clear black hydrotroilite layers (2 cm thick)

325 with a progressive transition at its top characterises the 423-310 cm interval.
 326 From 310 to 230 cm, a light brown mud with hydrotrillite layers is evidenced.
 327 From 230 cm to the top, the core lithology is distinguished by a fine grey mud,
 328 more bedded at 230-175 and 115-20 cm depth. The grain size distribution
 329 analysis indicates very fine-grained sediment with a slight increase of the fine
 330 silt fraction at 137.5 cm (Fig. 2).
 331



332
 333 **Figure 2:** Comparison of the dinocyst synthetic records of the middle basin deep-
 334 water cores core GS18 and core Sh7 depicting the detected tie points (black lines)
 335 after comparing palynological records (more information in Table S1 3) to suggest

336 a hypothetical chronological framework for core Sh7. Groups as in [Table 2](#). The
337 horizontal blue lines on core Sh7 are the four main taphonomical changes (tapho I
338 to IV) (*p* = pollen, *d* = dinocyst) ([SI 3](#)). The dashed yellow line shows the main
339 (and only) change in grain size for core Sh7, with a slight increase of the silty
340 fraction. *Br* = *Brigantedinium*, *L mach* = *Lingulodinium machaerophorum*.

341 4.2.2 Zonation and interpretation of the Sh7 dinocyst record

342 The zonation performed on the dinocyst record of core Sh7 has
343 allowed identifying five dinocyst zones (D1 to D5; [Fig. 3](#)). Zone D1 (590-532
344 cm) is dominated by *I. caspiense* (40-50%), with a significant
345 representation of *P. psilata* (30-40%). The high *I. caspiense* values suggest
346 an increase of salinity and point at a lowstand, the Enotaev or perhaps the
347 Atelian according to different authors ([Svitoch 2009](#), [Yanina 2014](#)).

357 In zone D2 (532-385 cm), *P. psilata* dominates the assemblages (40-
 358 75%) followed by *I. caspiense* (10-20%). It has probably its equivalent in
 359 the first samples of core GS18 before 13.8 cal. ka BP (Fig. 2).

360 In zone D3 (385-318 cm), *P. psilata* values drop (15-40%) and
 361 *Brigantedinium* percentages increase significantly (5-55%). A similar phase of
 362 high *Brigantedinium* percentages is found at 13.8-12.8 cal. ka BP in core
 363 GS18, coeval with the end of the Allerød period (Fig. 2). The milder climate of
 364 the Allerød would have led to the melting of regional glaciers and permafrost
 365 (likely in the Greater Caucasus, Fig. 1) and, thus, leading to a greater in-wash
 366 of very fine particles into the CS. It is proposed that the CS waters became
 367 more turbid, so, less favourable to autotrophic phytoplankton, supporting
 368 heterotrophic species such as *Brigantedinium* (Garcia-Moreiras et al. 2018).

369 Zone D4 (318-127 cm) shows a noticeable drop in *Brigantedinium*
 370 percentages (0-25%), while the presence of *P. psilata* is maximal (up to 75%),
 371 except at 217-208 cm due to a single peak of *I. caspiense* at 217 cm
 372 followed by a single peak of *S. cruciformis* at 208 cm. It is also at 208 cm that
 373 the dinocyst concentration clearly increases. Zone D4 is equivalent to zones
 374 d-1 and d-2 of core GS18, with the single peak of *I. caspiense* possibly
 375 representing the Mangyshlak.

376 Zone D5 (127-2.5 cm) is characterised by the disappearance of *P.*
 377 *psilata*, the quasi-disappearance of *S. cruciformis*, and the massive increase
 378 in *Brigantedinium* values (25-80%). *I. caspiense* retains similar values to
 379 the previous three zones. *P. dalei* cyst appears at the base of this zone, while
 380 *L. machaerophorum* at 42 cm. *C. rugosum rugosum*, that was previously
 381 present in low values, disappears. The main change in this diagram lies
 382 between zones D4 and D5 and it is the equivalent to the boundary of zones d-
 383 4 and d-5 of GS18.

384 4.2.3 Chronology of core Sh7

385 The details on how the chronological framework of core Sh7 has been
 386 built are found in Supplementary Information (SI 3a,b). A detailed pollen
 387 diagram is presented in SI 3a,b, as well as the explanation of the tie points
 388 deriving from it and from the dinocyst diagram. According to the tie points
 389 (Table SI3), 422 cm in depth would correspond to ~13.8 cal. ka BP, 200 cm to
 390 ~11.5-11.1 cal. ka BP, and 57.5 cm to ~3.5 cal. ka BP, with an identified
 391 sedimentary hiatus at 132 cm that would cover from ~9.2-8.2 to 4.1 cal. ka BP
 392 (Fig. 2).

393 5 Discussion

394 5.1 Salinity and water levels in the Caspian

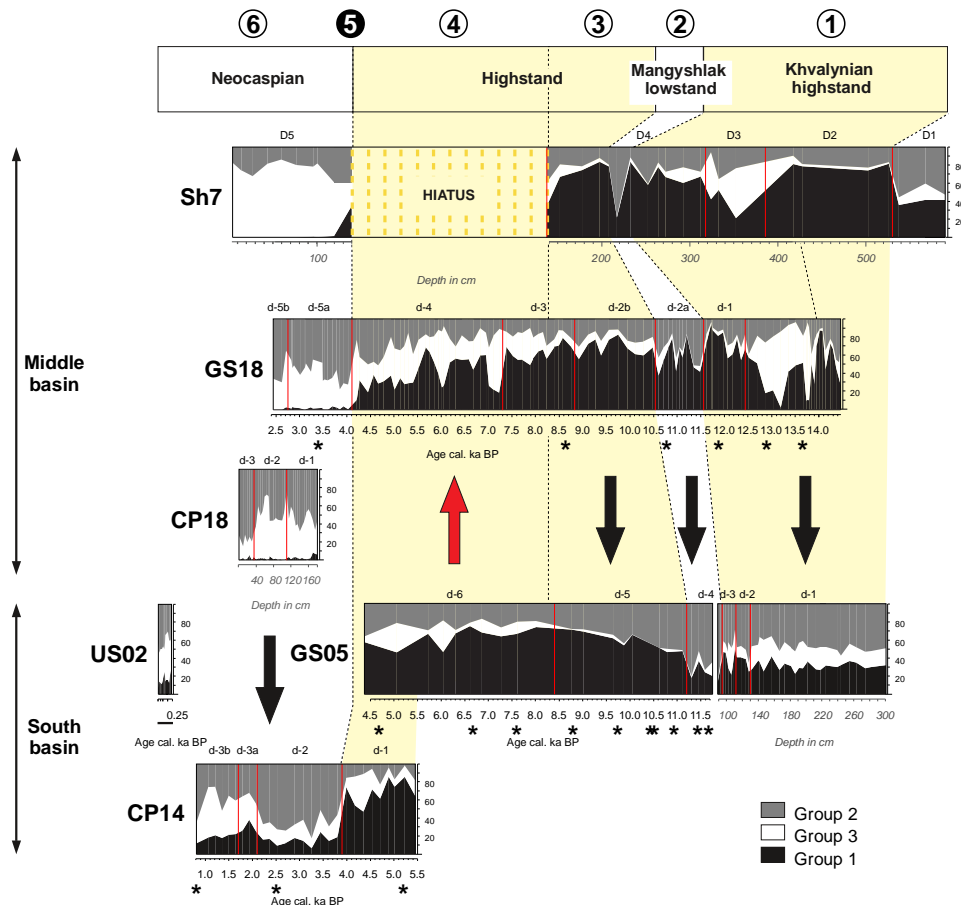
395 Modellers have shown that the main drivers of CS levels, besides
 396 precipitation, are evaporation over the lake surface and river inflow (Arpe et al.
 397 2007, 2012, 2014). Water level changes are, therefore, directly affecting water
 398 volume and dilution and, hence, salinity. Moreover, during highstands,
 399 overflows over the Manych Sill in the west and to the Karabogaz Gol in the
 400 east must have deprived the CS of salts (Fig.1; Leroy et al. in press). The link
 401 shown by biotic proxies between salinity, water volume and the water level is
 402 valid for the open water and clearly not for areas under delta influence (Leroy

403 [et al. 2018](#)). Indeed, the dinocyst groups and their changes over time are
 404 especially significant for deep waters. For example, Group 1 is not important
 405 in the coastal lagoon (core TM) in the post-regression early Holocene ([Leroy](#)
 406 [et al. 2013a](#)), because water is shallow and easily influenced by river mouth
 407 conditions, thus often displaying different salinities than in the open waters, i.e.
 408 higher or lower.

409 When **cumulative diagrams** are plotted displaying the three dinocyst
 410 groups considered in this work, the trends in Group 1 – that comprises
 411 dinocysts living at lower salinities – in comparison with the other two groups
 412 seem to indicate changes in water masses that could be construed as a
 413 qualitative indication of salinity trends ([Fig. 4](#)).

414 **5.2 Dinocyst records from Caspian deep cores and comparison to**
 415 **previous water level reconstructions**

416 The middle and south basin dinocyst records compiled here with dinocyst
 417 assemblages arranged in three groups by salinity preference reveal **five main**
 418 **environmental changes and a significant assemblage turnover** ([Fig. 4](#)).
 419



420

421 **Figure 4:** *Dinocyst-inferred environmental changes after the compilation of the*
 422 *synthetic dinocyst records from the deep-water cores of the south (cores GS05,*
 423 *CP14 and US02) and middle (cores GS18, CP18, and Sh7) basins presented as*
 424 *cumulative curves of three environmental groupings (Table 2). Circled numbers at*
 425 *the top refer to the five main environmental phases and the significant*
 426 *assemblage turnover described in the text. Radiocarbon dates are indicated with*
 427 *asterisks and radionuclides by a bar.*

428 5.2.1 The Khvalynian highstand

429 The dominance of Group 1 over Group 2 in the dinocyst assemblages
 430 reconstructs high water levels at the end of the Pleistocene (phase 1, Fig. 4),
 431 in line with a highstand reconstructed by Varushchenko et al. (1987),
 432 Chepalyga (2007) and Svitoch (2009). This highstand has been related to the
 433 Khvalynian highstand. In addition, Group 1 also indicates that the salinity was
 434 low, as reconstructed by molluscs (Yanina 2014).

435 5.2.2 The Mangyshlak lowstand

436 A lowstand is reconstructed after the Khvalynian highstand, the so-called
 437 Mangyshlak (phase 2, Fig. 4). The chronology of this lowstand has been
 438 established at c. 11.5-10.5 cal. ka BP in the middle basin (Leroy et al. 2014),
 439 and at >11.7-11.2 cal. ka BP in the south basin (Leroy et al. 2013c) (Fig. 4).
 440 The time-span of the lowstand is reconstructed as longer in the northern
 441 shallow part of the CS using lithological and mollusc shells analyses, from 12
 442 to 9 uncal. ka BP (Bezrodnykh and Sorokhin 2016). In addition to the
 443 changing CS levels, the larger importance of Group 2 indicates salinities
 444 higher than during the Khvalynian in the middle and south basins as (Fig. 4).
 445 In fact, this change in salinity is not only seen in the dinocyst records but also
 446 in an increase in the carbonate content in cores GS05 and GS18 (Leroy et al.
 447 2013c, 2014), as well as in mollusc-based salinity reconstructions (Yanina
 448 2014). It fits also the grain-size increase seen in multiple shallow and deep
 449 cores studied in the south and middle basins (e.g. Mayev 2010). However, it
 450 is quite remarkable that in close-by deep-water cores (cores SR12, GS04 and
 451 GS19), no clear Mangyshlak lowstand was highlighted after sedimentological
 452 and mineralogical studies (Kuprin et al. 2003).

453 5.2.3 The post-Mangyshlak highstand until 4 cal. ka BP

454 After the Mangyshlak lowstand up to c. 8.5-8.0 cal. ka BP, CS levels rose
 455 as depicted by the rise in the importance of Group 1 in the dinocyst records of
 456 the middle and south basins (phase 3, Fig. 4). The reconstructed highstand
 457 seems to have had similar features to the preceding Khvalynian in the middle
 458 basin, or even higher CS levels in the south basin. Based on sedimentological
 459 and mollusc analyses, this highstand period is either already called the
 460 Neocaspian (e.g. Yanina 2014) or still is the continuation of the Khvalynian
 461 highstand (e.g. Svitoch 2009, 2012), although never as high as the
 462 Pleistocene Khvalynian. It is not impossible that this highstand may have
 463 been previously confused with the glacial part of the Khvalynian, perhaps due
 464 to similarities of sediment or mollusc assemblages. Dinocyst assemblages
 465 show low salinity levels like those detected during the pre-Mangyshlak
 466 Khvalynian. Therefore, the dinocyst data would agree with some mollusc data
 467 in extending the Khvalynian biozone to this period, as the salinity suggested

468 for the Neocaspian is higher, thus reconstructing a period with different
469 features than the Khvalynian ones (Svitoch 2009, 2012).

470 A small but significant shift in the salinity gradient is reconstructed from c.
471 8.5-8.0 to 4 cal. ka BP when comparing the dinocyst assemblages of the
472 south and middle basins (phase 4, Fig. 4). After the Mangyshlak up to c. 8.5-
473 8.0 cal. ka BP, the previously described phase, the freshwater is
474 reconstructed flowing southwards, as today owing to the influence of the
475 Volga River in the north. However, from such date and during four millennia,
476 the water inflow seems to have reversed, as indicated by the larger
477 importance of Group 1 in the south basin than in the middle basin. This
478 means an unexpected-so-far south to middle basin water flow and the likely
479 influence of rivers feeding the south basin. The turning point might have been
480 the 8.2 cal. ka BP event that in the Caucasus meant a shift to wetter climate
481 (Messager et al. 2013; Joannin et al. 2014). In addition to the wetter climate
482 that existed in the Caucasus, several periods of low fluvial activity have been
483 identified for the northern drainage of the CS, i.e. phase 6 from 8.5 to 5.5 ka
484 b2k and phase 4 from 4.6 to 3.5 ka b2k (Panin and Matlakhova 2015). These
485 relative dry periods would have decreased the flow of the Volga, impacting
486 first the north and middle basins, and later the south basin.

487 With high levels in the CS, an overflow to the Black Sea is expected in this
488 period, as it was the case for the Khvalynian highstand (Bahr et al. 2005).
489 Hardly any trace of this is, however, known. Nevertheless, in the NE Black
490 Sea (not far from the Azov Sea where the Don-Manych passage ends), a
491 Holocene record shows that Mediterranean ostracod and dinocyst taxa are
492 still co-existing with Caspian taxa at 7.4-6.8 cal. ka BP (Ivanova et al. 2015;
493 Zenina et al. 2017). This may suggest a possible rather late inflow over the sill
494 from the CS.

495 5.2.5 The 4 cal. ka BP shift

496 The sharpest change in the dinocyst assemblages is found at c. 4 cal. ka
497 BP (phase 5, Fig. 4). This shift meant an assemblage turnover depicting a
498 change in salinity from less brackish to more brackish dinocysts owing to the
499 decline in Group 1. More specifically this shift has been detected at 3.9 cal. ka
500 BP in the south basin (Leroy et al. 2007) and at 4.1 cal. ka BP in the middle
501 basin (Leroy et al. 2014). This deep-water assemblage turnover, also seen in
502 core Sh7 (Fig. 2 and 3), reflects an ecological threshold synchronous in the
503 two basins (Fig. 2 and 4).

504 No obvious shift or event corresponding to the major dino-assemblage
505 turnover at c. 4 cal. ka BP (around 3.7 ^{14}C ka BP) has been observed in
506 previous CS level reconstructions (Leroy et al. in press). Nevertheless, a deep
507 lowstand (>45 m bsl) is proposed in Svitoch (2009) around 4.2 ^{14}C ka BP. The
508 lack of proxy evidence for an abrupt water level change four thousand years
509 ago from other CS level reconstructions is perhaps owing to the relative
510 abruptness of the shift, the composite nature of the published reconstructions,
511 and their limited chronological control (Leroy et al. in press). In core Sh7, the
512 shift is expressed by an event causing the loss of underlying sediment (Fig. 2).
513 The shift is coeval to a distinctive gypsum level in the lagoonal core TM
514 related thus to the culmination of a significant local drop of the water level at
515 7.6 to 4 cal. ka BP (Leroy et al. 2013a; Kakroodi et al. 2015). Moreover, it is
516 intriguing that in the fluvial activity reconstruction of the East European plain

517 (i.e. Volga drainage basin), a period with low activity occurs at that point
 518 (fluvial phase 4 of [Panin and Matlakhova 2015](#)). A possible link with the 4.2
 519 cal. ka BP drought event seen in the Iranian central Plateau ([Schmidt et al.](#)
 520 [2007](#)) has been proposed and discussed earlier ([Leroy et al. 2014](#)).

521 *5.2.6 The Neocaspian period*

522 Finally, from c. 4 cal. ka BP onwards the dinocyst records show larger
 523 importance of Group 2 in the assemblages (phase 6, [Fig. 4](#)). This period, that
 524 is not reconstructed as a highstand due to the low values of Group 1, but also
 525 seems to have been a lowstand owing to the large importance of Group 2, is
 526 the Neocaspian period.

527 *5.2.7 Other features of the dinocyst records*

528 There are some other features in the dinocyst records that are worth
 529 mentioning. Increases of *Brigantedinium* in the Allerød in cores GS18 and
 530 Sh7 (middle basin), and some later ones ([Fig. SI 1](#)), are probably nutrient-
 531 driven owing to the ecology of this dinocyst ([García-Moreiras et al. 2018](#)). So
 532 far, no clear evidence of an increase in water surface temperature can be
 533 seen in the dinocyst assemblages apart from the recent expansion of *L.*
 534 *machaeorophorum* ([Leroy et al. 2013b](#)), although water surface temperature
 535 is likely to have played a considerable role since the LGM. The progressive
 536 increase in biological carbonate content typical of the Mangyshlak lowstand
 537 could reflect this temperature increase by allowing plankton to bloom more
 538 readily ([Mayev 2010](#); [Leroy et al. 2013c](#)).

539 Most of the CS level reconstructions are from shallow facies and many
 540 show more fluctuations than the dinocyst reconstruction. It is very likely that
 541 the simpler scheme of water level presented here in comparison to the *more*
 542 *complex previous reconstructions* based on sedimentology and mollusc
 543 assemblages (e.g. [Svitoch 2012](#)) is caused by a buffering due to the water
 544 depth and the distance to the shores. It is most likely that only the largest
 545 water level fluctuations are recorded in the deep basins. Alternatively, the
 546 previously reconstructions made using the data from many different locations
 547 are not stacked together in a clean chronological succession. Moreover, most
 548 of the sites used to build the available water-level reconstructions derive from
 549 coastal locations where regression or transgression might have been felt
 550 earlier or later than in deep locations. A good example of this is the
 551 Mangyshlak duration of c. 1000 years in the deep cores from the south and
 552 middle basins ([Fig. 4](#)) versus several-millennia-long lowstand in cores located
 553 closer to the north basin margin ([Bezrodnykh and Sorokhin 2016](#)).

554 **5.3 N-S salinity gradient between the Caspian Sea basins**

555 An interesting feature appears when comparing the dinocyst records from
 556 the middle and south basins ([Fig. 4](#)). Most of the reconstructed salinities
 557 (phases 1, 2, 3 and 6) reflect a southwards flow, meaning an increase in
 558 salinity from north to south. This feature is in line with the current hydrological
 559 status of the CS, in which the southwards flow is the result of the prominence
 560 of Volga River discharge in the north basin. However, the typical southwards
 561 flow seems to have shifted from 8.5-8.0 to c. 4 cal. ka BP (phase 4), when a
 562 northwards flow is reconstructed from the south to the middle basin ([Fig. 4](#)).

563 This four-millennia-long shift could be due to lower evaporation in the south
564 basin or, most likely, owing to a change in the hydrography.

565 Long-term changes in the hydrography have already been suggested for
566 the CS. The meridional flow direction seems to have changed several times in
567 the past as shown by the study of bottom sediments in the Apsheron Sill (Fig.
568 1) between the middle and the south basin (Ferronsky et al. 1999). Moreover,
569 the fresh morphology of the trench and the sediment structure in cores taken
570 in the sill itself support periods of changing flow direction between basins
571 (Kuprin 2002). These two investigations have indicated that, on several
572 occasions, a significant freshwater inflow came from the melting of southern
573 highland glaciers. Unfortunately, the timeframes of the changes in flow
574 direction remained undated.

575 **5.4 Freshwater sources**

576 The fluvial activity in the East European Plain, including the Volga River, is
577 reconstructed as very strong during the late Pleistocene, from 18 to 11.7 ka
578 b2k. In comparison, the Holocene experienced a much lower fluvial activity
579 (Panin and Matlakhova 2015). Moreover, the Eurasian ice sheet had already
580 withdrawn from the Volga drainage basin by 13.8 cal. ka BP (Tudryn et al.
581 2016).

582 According to the long-term dinocyst records, it seems that for most of the
583 last fourteen millennia the water flowed from the middle to the south basin
584 indicating an influence from the Volga River freshwater discharge, as it
585 happens nowadays. However, the water flow for the 8.5-8.0 to 4 cal. ka BP
586 interval (phase 4, Fig. 4) is reconstructed as reversed from the southward
587 general pattern, indicating an additional and voluminous inflow of freshwater
588 from the south basin. Two lines of thoughts are discussed to explain the
589 source of fresh water: on the one hand the climate in the Karakum desert
590 (Turkmenistan), i.e. the area between the CS and the Amu-Darya (Fig. 1), and
591 on the other hand the flow of the Amu-Darya River. In sum, pluvial and fluvial
592 explanations.

593 *5.4.1 The early and mid-Holocene climate in the Karakum*

594 The pollen assemblages trapped in deep-water sediments are
595 overrepresented by pollen types wind-transported over long distances, thus
596 reflecting part of the drainage basin of the CS. The drainage basin area better
597 represented is likely to be the westwards of it owing to dominant winds at the
598 time of peak pollen production (Leroy et al. 2007). The climate at the
599 Holocene onset is reconstructed as very dry around the CS according to
600 pollen records from the middle and south basins (Leroy et al. 2013c, 2014).
601 The development of a long phase whose vegetation was characterised by
602 steppic bushes is noted at c. 11.5-8.4 cal. ka BP in the south basin, and at c.
603 11.4-8.2 cal. ka BP in the middle basin, with the tree expansion that usually
604 characterises the Holocene onset starting progressively after 8.4-8.2 cal. ka
605 BP only (Leroy et al. 2013c, 2014). Therefore, it is only from c. 8.4-8.2 cal. ka
606 BP that the climate around the middle and south CS basins became slightly
607 more humid.

608 This observation fits rather well with a “pluvial” phase, the Liavliakan phase,
609 reconstructed for the south-eastern Caspian area at c. 8.8-4.5 cal. ka BP

610 (published as 8 to 4 ¹⁴C ka BP), peaking at c. 7.5 cal. ka BP (published as 6.5
 611 ¹⁴C ka BP) in the Karakum desert (mainly Turkmenistan, [Fig. 1](#)) ([Lioubimtseva](#)
 612 [et al. 1998](#)). This more humid period had been suggested also in previous
 613 palaeoenvironmental studies in the nearby Aral Sea ([Breckle and Geldyeva](#)
 614 [2012](#)). In addition, archaeological research and dune geomorphology
 615 evidence indicate that Turkmenistan and central Asia were wetter for a few
 616 thousand years before c. 5.5-4.5 cal. ka BP (published as 5 or 4 ¹⁴C ka BP)
 617 ([Kes and Klyukanova 1990](#); [Lioubimtseva et al. 1998](#); [Maman et al. 2011](#)).
 618 Around 4000 years ago, populations living at the foot of the Kopet-Dag, at the
 619 south-eastern of the CS ([Fig. 1](#)), left the area. This migration was likely the
 620 result of the decrease in the mountainous river flow, forcing the populations to
 621 live in the plain in the large deltas, such as in the Murghab Delta ([Masson](#)
 622 [1992](#)).

623 *5.4.2 The flow of the Amu-Darya and distant influence from the Himalayas*

624 [Ferronsky et al. \(1999\)](#) have suggested that the source of water for this
 625 reversed salinity gradient is in the glaciers from southern slopes of the
 626 drainage basin. The freshwater would be most likely coming from the Amu-
 627 Darya via the now-defunct Uzboy River, a distributary of the Amu-Darya
 628 ([Leroy et al. 2007](#)). Therefore, the freshwater would derive from the Pamir and
 629 Hindu-Kush regions ([Fig. 1](#)). However, no direct evidence has been found for
 630 that source.

631 In geological and historical times, the Uzboy acted as the lower reaches of
 632 the Amu-Darya. In fact, it even seems that the most common flow of the Amu-
 633 Darya over the last million years has been to the CS rather than to the Aral
 634 Sea ([Létolle 2000](#)). The Amu-Darya was then located further S-W and was
 635 following the foothill of the Kopet-Dag ([Létolle 2000](#)). In the Pliocene, a large
 636 delta formed at its mouth in the eastern part of the south basin ([Torres 2007](#)).
 637 In the Quaternary, the Uzboy and Amu-Darya often drained in the CS ([Kes](#)
 638 [and Klyukanova 1990](#); [Ferronsky et al. 1999](#); [Létolle 2000](#)). However, in the
 639 late Quaternary, the Amu-Darya was increasingly deviated towards the Aral
 640 Sea due to tectonic movements ([Létolle 2000](#); [Hollingsworth et al. 2010](#)).
 641 From the Holocene onset to c. 5.8 cal. ka BP (published as c. 5 ¹⁴C ka BP),
 642 the Amu-Darya was either directly flowing to the CS via the Uzboy and/or the
 643 Sarykamish (a lake between the Aral and the CS), or it was so powerful
 644 during The Great Aral Phase that the Aral Sea waters flew over to the CS still
 645 via the Uzboy and Sarykamish ([Boomer et al. 2000](#); [Breckle and Geldyeva](#)
 646 [2012](#)). These authors justify the large water volume for that period as derived
 647 from the Liavliakan pluvial period causing an increased river flow in the Amu-
 648 Darya and Syr-Darya. In the late Holocene, it is known from historical
 649 accounts that people were able to destroy irrigation dams on the Amu-Darya,
 650 e.g. in the region of Urgench, to turn its flow to the CS ([Kes and Klyukanova](#)
 651 [1990](#); [Naderi et al. 2013](#); [Krivonogov et al. 2014](#); [Haghani et al. 2016](#)).

652 Therefore, it is very likely that the Amu-Darya flew in the CS from c. 8.5 to 4
 653 cal. ka BP, partially fed by i) the Liavliakan humid period, and ii) by waters
 654 coming from an area with a climatic regime completely different from the
 655 regime over the Volga drainage basin ([Fig. 1](#)). Hydrographers have shown
 656 that a positive correlation exists between the modern flow of the Amu-Darya
 657 and peaks of the Indian Summer Monsoon ([Schiemann et al. 2007](#)). This is
 658 currently via an increase of glacier melting due to temperature rise, not by

659 direct increase of monsoonal precipitation. However, the early Holocene
 660 situation was different, as the Indian Summer Monsoon was stronger ([Wanner](#)
 661 [et al. 2008](#); [Owen 2009](#)) and hence might have overflowed into the Amu-Darya
 662 drainage basin. In parallel, the Indian Summer Monsoon decreased around
 663 the 4.2 cal. ka BP event ([Staubwasser et al. 2003](#)), and this may have caused
 664 a decrease in the flow of the Amu-Darya via a direct decrease in precipitation
 665 on its headwaters or via a decrease of the glacier melting in its headwaters
 666 ([Schiemann et al. 2007](#)).

667 Finally, the change of the Amu-Darya flow to the Aral Sea after the c. 8.5-4
 668 cal. ka BP interval is likely due to the local climate in the Karakum and climate
 669 upstream where the glaciers are located. The deviation of the Amu-Darya
 670 from the CS to the Aral Sea may have been caused by i) shifting sand dunes
 671 in the Karakum desert (where the Amu-Darya turns west to the CS) that are
 672 frequent and whose activity could easily have been intensified by the 4.2 cal.
 673 ka BP event with its 300 year long drought ([Kaniewski et al. 2018](#)); and ii) one
 674 of the many tectonic movements in the Amu-Darya lower basin ([Hollingsworth](#)
 675 [et al. 2010](#); [Crétaux et al. 2013](#)).

676 **6 Conclusions**

677 The long-term dinocyst records from three deep-water sedimentary
 678 sequences located in the middle and south CS basin have revealed 1) an
 679 early Holocene lowstand (Mangyshlak), 2) high water levels in the first half of
 680 the Holocene, just after the Mangyshlak lowstand, and 3) a dinocyst
 681 assemblage turnover at 4 cal. ka BP.

682 In addition, disrupting the southwards surface water flow that characterises
 683 the CS nowadays and most of the last fourteen millennia, a reversed surface
 684 water flow (northwards) is reconstructed during the second half of the post-
 685 Mangyshlak highstand, from 8.5-8.0 to 4 cal. ka BP. This reversed water flow
 686 should be linked to a southern source of water. The southern source of water
 687 is most likely explained by a more humid climate in the Karakum and a strong
 688 outflow of the Amu-Darya, pointing at the Amu-Darya bringing meltwaters
 689 from the Indu-Kush and Pamir to the CS.

690 Still, other proxies remain to be explored that would aid to solve the water-
 691 level conundrum and suit the idiosyncrasies of the CS. This would help to
 692 identify the precise source of water during the Holocene. In this respect,
 693 neodymium ([Tudryn et al. 2016](#)) and strontium ([Pierret et al. 2012](#)) isotopes
 694 seem promising.

695 Finally, regarding the factors driving the CS level, we agree with [Kes and](#)
 696 [Klyukanova \(1990\)](#) that the role of rivers is vastly underestimated in the
 697 Pontocaspian region.

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1027 **SI 2: Radiocarbon dates of core Sh7**

1028 **Table SI 2:** Radiocarbon dates of core Sh7. Dates obtained by G. Bayon and S.
1029 Toucanne (IFREMER).

Sample name & depth in cm	Laboratory no	Age ¹⁴ C BP	Material
Core 7, 0-5	Poz-79790	4270 ± 70	ostracods
Core 7, 60-63	Poz-79792	2250 ± 60	ostracods
Core 7, 206-210	Poz-79793	8710 ± 60	ostracods
Core 7, 310-315	Poz-79794	7150 ± 70	ostracods
Core 7, 415-420	Poz-79795	2880 ± 70	ostracods
Core 7, 526	Beta 326989	13,270 ± 60	ostracods

1030

1031 **SI 3: Palynological diagram and chronology of core Sh7**

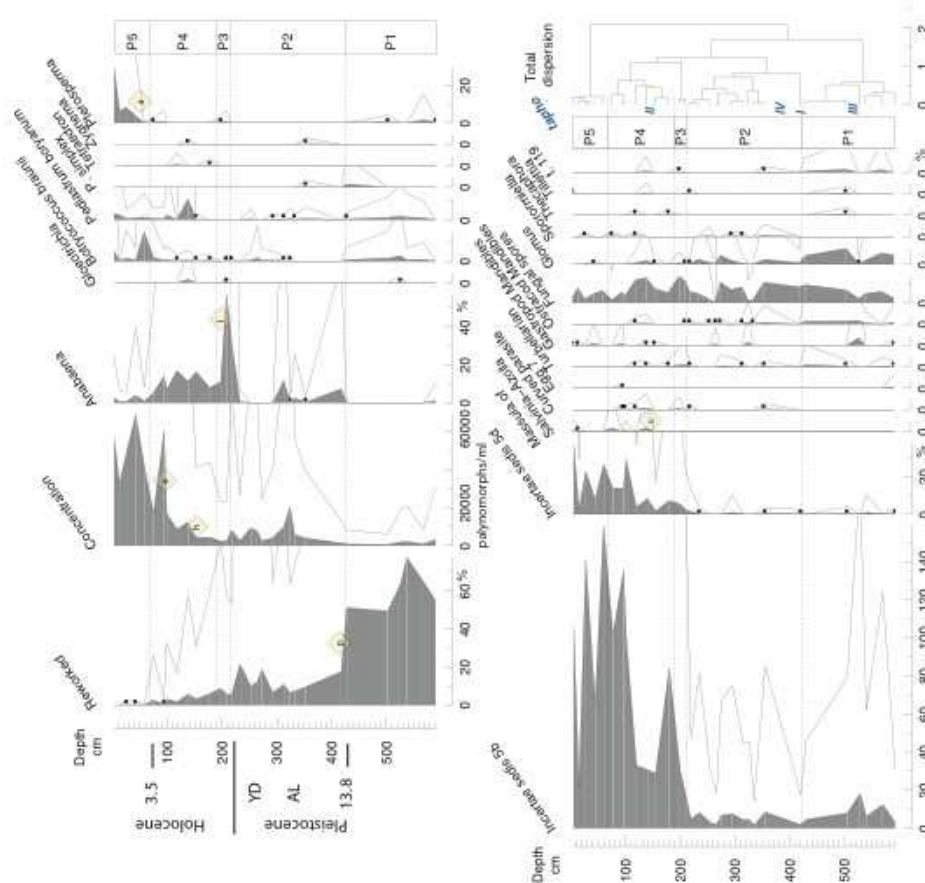
1032 In addition to the commonly-used zonation on the upland pollen data (e.g.
1033 for changes in the terrestrial environment) and on the dinocyst data (e.g. for
1034 changes in the marine environment), a zonation based on changes in the total
1035 dispersion (CONISS), combining all palynomorphs (pollen, non-pollen
1036 palynomorphs and dinocysts) and including also total concentrations of pollen
1037 and dinocysts, has been made on the Sh7 sequence. This is in order to
1038 highlight major discontinuities in palynomorph diagrams and, therefore,
1039 taphonomy. This is essential to identify before any environmental
1040 interpretation.

1041 The zonation on all palynomorphs has highlighted four main taphonomical
1042 changes at 422.5 (I), 145 (II), 514 (III) and 385 (IV) cm depth in order of
1043 decreasing importance (based on total dispersion of the cluster analysis, Fig.
1044 3).

Fig. SI3b Leroy et al.

Shirshov core 7, pollen and NPP in percents

Analyses: S. Leroy



1047
 1048 *Figure SI 3: Palynological diagram of core Sh7. Black dots indicate percentages*
 1049 *lower than 0.5%. Pollen, spores and non-pollen palynomorphs percentages are*
 1050 *calculated on the sum of the upland pollen. Concentration of palynomorphs is shown*
 1051 *in palynomorphs per ml of wet sediment. The zonation was performed by CONISS*
 1052 *analysis after square-root transformation of upland pollen percentages. AI = Allerød.*
 1053 *YD = Younger Dryas. Blue Roman numbers for the taphonomical change (tapho I to*
 1054 *IV) in the total diagram. Letters in yellow lozenge are tie points (more information in*
 1055 *Table SI 3).*

1056 The zonation performed on the pollen record of core Sh7 has allowed
 1057 to identify five pollen zones (P1 to P5; Fig. SI 3). Zone P1 (590-422 cm) is
 1058 characterised by large values of Pinaceae, *Picea*, *Pinus*, *Alnus*, *Betula* and
 1059 *Corylus*, leading to the highest arboreal pollen (AP) percentages of the entire
 1060 pollen record. However, the notable reworking percentages (up to 70%)
 1061 suggest river transport and reworked material brought by river. This is most
 1062 likely by the Volga River, as seen in core GS18 based on clay mineralogy and
 1063 Nd isotopes (Tudryn et al. 2016). The large values of *Sphagnum* and *Glomus*

1064 (indicator of soil erosion) together with the very low total pollen concentration
 1065 (mostly <3000 palynomorphs ml⁻¹) support this interpretation. The zone P1/P2
 1066 boundary corresponds to the main of the four taphonomical changes in the
 1067 total diagram (l).

1068 In zone P2 (422-212 cm), the reworking drops below 20% (tie point p)
 1069 and the AP values reach a minimum, consisting mainly of *Pinus* and *Ephedra*,
 1070 with the last *Picea*. *Amaranthaceae* and *Artemisia* show increasing
 1071 percentages across this zone until they dominate. The total pollen
 1072 concentration increases, although it remains with low values (mostly <10,000
 1073 palynomorphs ml⁻¹). These results seem to indicate river influence on this site,
 1074 although not as notoriously as in zone P1.

1075 Zone P3 (212-187 cm) comprises two samples that stand out because
 1076 of the increasing percentages of *Pinus*, *Ephedra* (tie point j) and *Asteraceae*
 1077 *liguliflorae* and *tubuliflorae* (tie point m and n), the decreasing values of
 1078 *Amaranthaceae* (tie point o) and *Artemisia*, and the occurrence of various fern
 1079 spores. In addition, *Quercus* initiates a continuous curve. This zone begins
 1080 with a very high peak of *Anabaena* (tie point l), probably linked to surface
 1081 water warming at the beginning of the Holocene as seen in the pollen records
 1082 of cores GS05 and GS18.

1083 *Pinus* values progressively decrease across zone P4 (187-66 cm),
 1084 while mesophilous tree taxa become more frequent. The percentages of
 1085 *Asteraceae* decrease, while those of *Amaranthaceae* and *Artemisia* increase.
 1086 *Salvinia-Azolla* appears at 137.5 cm (tie point i) and various algae reach high
 1087 values. Reworked elements fade away, while total pollen concentration
 1088 increases to reach high values (up to 60,000 palynomorphs ml⁻¹, tie points h
 1089 and e). The taphonomical change at 145 cm (the second most important one)
 1090 does not correspond to a main change in pollen zonation.

1091 Zone P5 (66-2.5 cm) shows the expansion of some trees with the
 1092 increasing values of *Alnus* (tie point c), *Betula*, *Carpinus betulus*, *Corylus*,
 1093 *Fagus* (tie point d) and *Ulmus*. In addition, the values of *Amaranthaceae* drop,
 1094 while *Artemisia* percentages attain a maximum. Total pollen concentration is
 1095 maximal. *Botryococcus* and *Pterosperma* peak (tie point a). This zone is the
 1096 most different from the other zones.

1097 **SI 3.2 Chronology**

1098 Sixteen prominent tie points have been found when comparing core
 1099 Sh7 with cores GS18 (above 666 cm depth, thus above any significant
 1100 reworking; see reworked pollen curve in [Tudryn et al. 2016](#)) and GS05 ([Table](#)
 1101 [SI 3](#)), combining common major changes, disappearances and appearances
 1102 in pollen (twelve tie points) and dinocysts (four tie points), showing a
 1103 chronological coherence ([Fig. 2](#)). A relative chronology may thus be
 1104 suggested. It is immediately clear that none of the radiocarbon dates are valid
 1105 ([Table SI2](#)).

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1110 **Table SI 3:** Chronological tie points for core Sh7 (middle basin) after the comparison
 1111 of its palynological records with those from core GS18 (middle basin; ¹ Leroy et al.
 1112 2014; ² Tudryn et al. 2016) and core GS05 (south basin; ³ Leroy et al. 2013c).

Line in Fig. 2	cm in Sh7	Observations in core Sh7 and core GS18	Age in cal. ka BP	Comparative sequence
a	42	Start of <i>Pterosperma</i>	2.7	GS18 ¹
b		Start of <i>L. machaerophorum</i>	3.2	GS18 ¹
c	57.5	Start continuous curve of <i>Alnus</i>	3.5	GS18 ¹
d		Start continuous curve of <i>Fagus</i>	3.5	GS18 ¹
e	94	Further step in pollen concentration increase	3.5	GS18 ¹
f	127.5	Zone d-4/d-5 boundary in GS18	4.1	GS18 ¹
g	137.5	Start of <i>P. dalei</i>	6.0	GS18 ¹
h		Increase in pollen concentration	8.2	GS18 ¹
i		First <i>Salvinia-Azolla</i>	9.2	GS18 ¹
j	197.5-208	High values of <i>Ephedra</i>	11.2- 11.1 11.5	GS18 ¹ GS05 ³
k	208	Peak of dinocyst concentration	11.2	GS18 ¹
l		Peak of <i>Anabaena</i>	11.3	GS18 ¹
m-n		Increase of Liguliflorae and Tubuliflorae	11.5	GS05 ³
o	208	Low Amaranthaceae	10.8	GS18 ¹
p	427.5-417.5	Drop in reworked pollen	13.8	GS18 ²

1113 SI 3.3 Comments on taphonomical changes

1114 Taphonomical change I, at 422.5 cm, is the strongest one (highest total
 1115 dispersion in Fig. 2): it corresponds to a sharp drop of reworked pollen and tie
 1116 point p. It is close to a sharp change in lithology from non-oxidized to oxidized
 1117 sediment. It correlates to similar assemblage change in core GS18, at 13.8 cal.
 1118 ka BP. This date has been shown elsewhere to correspond to when the
 1119 Eurasian ice sheet had sufficiently retreated that its meltwater is not flowing
 1120 directly anymore to the Volga drainage basin (Tudryn et al. 2016): shift from
 1121 illite to smectite and drop of reworked palynomorphs.

1122 Taphonomical change II, at 145 cm, is within one sample of the upper
 1123 boundary of dinozone D4 (significant shift from *P. psilata* to *I. caspiense*)
 1124 and corresponds to tie points f to i. This change is centred on the silty layer at
 1125 137.5 cm depth and is estimated at 4.1 cal. ka BP, when core GS18 (middle
 1126 basin) and core CP14 (south basin) have the same major dinocyst turnover.

1127 Taphonomical change III, at 514 cm, is one sample above dinozone
 1128 D1/D2 boundary. Taphonomical change IV at 385 cm corresponds to the
 1129 D2/D3 boundary.

1130 One of the four main taphonomical changes (Fig. 2, 3 and SI3)
 1131 correspond a pollen zone limit (I) and three to dinozone zone limits (II, III and
 1132 IV). None of the taphonomical changes corresponds to both major pollen and
 1133 dinocyst zone limits, underlining that the terrestrial and aquatic systems are

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1134 decoupled. In the light of the proposed chronology they probably correspond
1135 to sediment hiatus, with mass-wasting events at the origin.