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Review article

European contribution to the study of ROS: A summary of the findings and prospects for the future from the COST action BM1203 (EU-ROS)



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ABSTRACT

The European Cooperation in Science and Technology (COST) provides an ideal framework to establish multi-disciplinary research networks. COST Action BM1203 (EU-ROS) represents a consortium of researchers from different disciplines who are dedicated to providing new insights and tools for better understanding redox biology and medicine and, in the long run, to finding new therapeutic strategies to target dysregulated redox processes in various diseases. This report highlights the major achievements of EU-ROS as well as research updates and new perspectives arising from its members. The EU-ROS consortium comprised more than 140 active members who worked together for four years on the topics briefly described below. The formation of reactive oxygen and nitrogen species (RONS) is an established hallmark of our aerobic environment and metabolism but RONS also act as messengers via redox regulation of essential cellular processes. The fact that many diseases have been found to be associated with oxidative stress established the theory of oxidative stress as a trigger of diseases that can be corrected by antioxidant therapy. However, while experimental studies support this thesis, clinical studies still generate controversial results, due to complex pathophysiology of oxidative stress in humans. For future improvement of antioxidant therapy and better understanding of redox-associated disease progression detailed knowledge on the sources and targets of RONS formation and discrimination of their detrimental or beneficial roles is required. In order to advance this important area of biology and medicine, highly synergistic approaches combining a variety of diverse and contrasting disciplines are needed.

1. Introduction

Andreas Daiber and Fabio Di Lisa.

1.1. Mission, structure and major achievements of EU-ROS consortium

The COST Action BM1203 (EU-ROS) is a research consortium of networking supported by the European Cooperation in Science and Technology (COST), which is embedded within the Biomedicine and Molecular Biosciences Domain. It covers areas of basic, preclinical and clinical research in biology, chemistry, physics and medicine, not only on mammalian cells but also plants, bacteria and other organisms. The mission of EU-ROS is to advance the field of redox biology and oxidative stress research by bringing together multi-disciplinary experts by organizing scientific meetings and providing funds for the exchange of researchers between laboratories (for more details see www.eu-ros.eu or www.cost.eu/COST_Actions/bmbs/Actions/BM1203). During the active funding period of EU-ROS (2013–2016) we organized ten major scientific meetings, supported 29 short-term scientific missions for research visits of postdoctoral fellows and Ph.D students, and co-organized three scientific symposia at European conferences of the Society for Free Radical Research Europe (SFRRE). In order to foster the next generation of redox biology scientists we also supported numerous

early-stage researchers and invited them either to the six training schools that we (co)organized or to the young investigator sessions at our meetings. Among the major achievements of EU-ROS are three major successful grant applications within the European H2020 funding scheme as well as three major coordinated collections of position papers, reviews and original articles published by our members [1–4]. The “small to medium sized enterprises” (SME) participating in EU-ROS filed three patents with the help of research collaborations established within our consortium. In order to disseminate the collected knowledge to a broader audience of non-expert scientists and the public we also opened a EU-ROS YouTube channel (<https://www.youtube.com/channel/UCXFnyGD4uVFUTcLshvDtxcQ>). The present collection of research updates and perspectives represents the final dissemination of COST Action BM1203 (EU-ROS).

In order to achieve the scientific objectives, as laid down in the memorandum of understanding of COST Action BM1203, we defined 6 working groups (WG) with elected leaders, each representing a taskforce for a specific area of research or organization/management: WG1 Sources of ROS (Ulla Knaus), WG2 Molecular Mechanisms (Agnes Görlach), WG3 Drugs & Tools (Tamara Seredenina), WG4 Biomarkers (Pietro Ghezzi/Paul Winyard), WG5 Imaging (Yves Frappart) and WG6 Technology Transfer & Funding (Vincent Jaquet).

1.2. Redox biology and oxidative stress: the EU-ROS approach

The fact that life requires oxygen, which per se represents a

¹ These authors contributed equally and should be considered joint first or senior authors.

chemically aggressive molecule [5], bears the risk that biomolecules in all aerobic living species on earth are targets of oxidative modifications resulting from uncontrolled formation of reactive oxygen species (ROS²) and reactive nitrogen species (RNS³). In order to prevent oxidative damage, all aerobic organisms have developed highly efficient antioxidant strategies during evolution. However, these highly reactive species may be generated accidentally as a result of altered metabolism (e.g. during mitochondrial respiration) or can be formed deliberately (e.g. by professional ROS-producing enzymes at sites of inflammation). Hence, it is not surprising that most metabolic diseases, as well as those pathologies associated with low-grade inflammation, display increased patterns of biomarkers of oxidative stress [6]. It is well established that cardiovascular [7–9], neurodegenerative [10,11], metabolic [12,13] and inflammatory diseases [14–16] are associated with increased oxidative stress (some rare immune diseases are linked to insufficient ROS formation [17]). Despite the large body of evidence linking oxidative stress with many common diseases, which is supported by the significant correlation of redox biomarkers with cardiovascular and all-cause mortality [18–20], direct clinical proof is still lacking that oral therapy with antioxidants, such as vitamin C and E, helps to prevent the development or progression of these diseases. Most large-scale antioxidant clinical trials yielded disappointing results regarding all-cause mortality and in some cases oral antioxidants had detrimental effects [21–23] and to this date no “antioxidant” is admitted as a drug for clinical use [24]. More recent reports in publication channels dedicated to the non-expert or public readership highlighted the potential risks associated with excessive oral consumption of antioxidants (see online publications by Mustain [25] and Riley [26]). Antioxidant therapy was also mentioned among “the science myths that will not die” [27]. In contrast, a large number of small to intermediate size cohort studies with short-term and parenteral vitamin C therapy showed highly beneficial effects in various cardiovascular disease settings, and, for vitamin D, positive reports on oral therapy exist [9,19,28]. The most likely explanation for the antioxidant/oxidative stress paradox may be that reactive oxygen and nitrogen species (RONS) are not only injurious (oxidative stress) but also modulate important biological functions (redox signaling). Accordingly, chronic, systemic oral therapy with antioxidants will likely interfere with important ROS-mediated cellular processes, such as stress adaptation by ischemic preconditioning [19,21,28]. Additional reasons for the failure of large trials on oral antioxidant therapy might comprise the pro-oxidant effects of vitamin C and E radicals, reaction kinetics that are too slow, or lack of effective concentrations at sites of RONS formation. It is also possible that the patients included in these trials had already been exposed to drugs with pleiotropic antioxidant effects (e.g. ACE inhibitors or statins) (all reviewed in [19,21,28]). In addition, as shown by the EPIC Norfolk study, large antioxidant clinical trials suffer from suboptimal control of their potential efficacy, such as

² Throughout this report, the term ROS refers almost exclusively to hydrogen peroxide and superoxide anion radical since both species are involved in redox signaling and are formed by a number of enzymatic sources. Other ROS include the hydroxyl radical or singlet oxygen, which however have most likely no specific roles in redox signaling but rather contribute to unspecific oxidative damage and oxidative stress. A large number of organic peroxides (e.g. lipid peroxides) are also covered by the term ROS but these species are only marginally discussed in the present overview. Other ROS such as hypochlorite are also not in the focus of the present work.

³ Throughout this report, the term RNS refers almost exclusively to peroxynitrite, peroxynitrous acid and derived free radicals (e.g. hydroxyl radicals and nitrogen dioxide radicals). Peroxynitrite anion has a high specificity for activated thiols and readily reacts with carbon dioxide (the latter supports radical reactions). Peroxynitrous acid also has a high specificity for activated thiols but also reacts with transition metal complexes. RNS also comprises nitric oxide, which upon reaction with oxygen can form nitrogen dioxide radicals or nitrosating species such as N₂O₃ and has a high affinity for transition metal complexes such as iron(II), all of which contributes to the potent redox signaling properties of nitric oxide. However, in the context of “oxidation of biomolecules” the term RNS does not refer to nitric oxide due to its weak reactivity towards biomolecules in general.

not measuring the patients’ plasma levels of antioxidants to verify compliance [29]. This study also showed that vitamin C concentrations in the blood inversely correlate with all-cause mortality in healthy volunteers. The inherent problems of vitamin C and E, that were mostly used in clinical trials, were also highlighted by Darley-Usmar and colleagues by a previous review [30]. Moreover, Forman, Davies and Ursini postulated that the nucleophilic tone and para-hormesis (paradoxical oxidative activation of intrinsic defence mechanisms such as the NRF2 pathway) is more important than free radical scavenging properties of antioxidants for their beneficial effects in vivo [31].

This obvious paradox in antioxidant therapy efficacy warrants better understanding of the role of RONS in physiology and pathophysiology. Our consortium put forward the concept that the failure of the traditional antioxidants such as vitamin C and E was predictable considering the above-mentioned limitations, but that excessive formation of RONS (mostly termed “oxidative stress”) plays a role in disease development and progression or, at least, leads to stable biomarkers (e.g. oxidatively modified biomolecules) that can be used for diagnostic aspects in various diseases (reviewed in full detail in the Forum issue by EU-ROS members [2]). In brief, we believe that activation of intrinsic antioxidant processes (e.g. NRF2-dependent pathways), inhibition of disease-relevant sources of RONS (e.g. isoform-specific NOX inhibitors), scavenging of disease-triggering RONS by site- and time-specific antioxidants or even repair of oxidatively inactivated enzymes (the most prominent examples being sGC activators) represent recently clinically established or promising future antioxidant strategies. The main concept of our biomedical approach and working scheme is shown in Fig. 1.1.

The present overview is an interdisciplinary forum of opinions from various experts in the field of redox biology and oxidative stress research participating in EU-ROS. We have separated the present work into 11 sections since the contributions cover a wide range of scientific topics (mammals, worms, bacteria, plants) and even the terminology of RONS varies substantially depending on whether they belong to rather theoretical and basic science oriented disciplines or biomedical and clinical research areas. RONS regulate not only hydrogen sulfide (H₂S) but also nitric oxide (NO) and carbon monoxide (CO), thereby affecting all major gasotransmitter systems [33,34]. Also the concept of ROS-induced ROS formation (the crosstalk of different ROS-producing systems) is highlighted in the subsequent sections [35,36]. These direct and indirect mechanisms based upon redox modifications or direct reactions with other messengers (e.g. NO and H₂S) underlie RONS involvement in receptor-dependent signaling pathways, also due to the modulation of expression and activity of transcription factors. The contributions below also highlight how RONS contribute to established signaling pathways by their redox modulation. The interactions of RONS with microparticles [37–39], protein aggregates [40,41] and the gasotransmitter H₂S [33,42] represent important examples that illustrate how RONS as messengers indirectly influence other signaling systems. Therefore, far from being merely biological waste products, RONS represent highly active and tightly regulated signaling molecules.

2. Conceptual and mechanistic aspects of ROS and oxidative stress

Ulla G. Knaus (ulla.knaus@ucd.ie).

2.1. Background and terminology

“ROS is over”, a statement at the ESF-EMBO meeting (Spain 2015) by Fulvio Ursini, should probably be extended to “Oxidative Stress is over” (Ulla G. Knaus). There is no doubt that ROS exist and that the concept of oxidative stress summarizes certain conditions connected to a variety of diseases. However, the unspecific usage of these blanket terms, especially during recent years, does not adequately reflect the diversity of reactive oxygen metabolites being produced, the intricate regulation of redox signaling and the oxidant-antioxidant balance, or

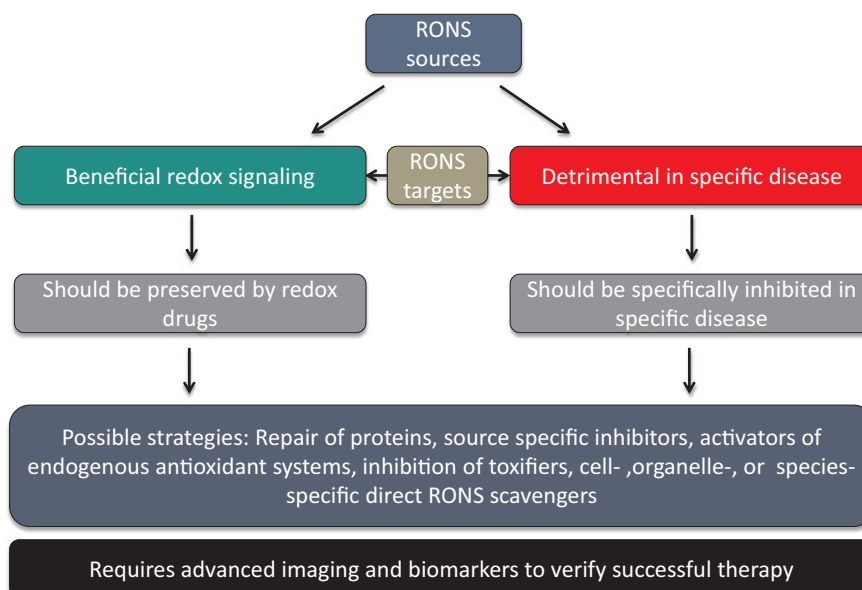


Fig. 1.1. The main concept of our biomedical approach and working scheme within the EU-ROS consortium as explained in detail previously [32].

the causality of oxidative modifications versus detrimental outcome in biological systems. “ROS” is discussed below in detail, while oxidative stress is usually defined as an imbalance between production of ROS and antioxidants and the ensuing pathophysiological consequences of increased, unspecified ROS. If the term oxidative stress is used retrospectively via determination of oxidative modifications of proteins, lipids or DNA, it might instead be oxidative damage. Direct measurements of oxidative stress often use oxidized glutathione as readout, but Morgan et al. identified immediate glutathione disulfide removal pathways and antioxidant backup systems that ensured redox homeostasis [43]. In some circumstances oxidative stress is correlated with the presence or upregulation of an enzyme that can (but might not) generate superoxide or hydrogen peroxide, or the presence of cell types that produce these species when activated. However, the outcome in redox biology will always be dependent on the type of oxygen species generated over a certain time period at a certain location. One example is wound healing which requires ROS [44], but may progress to fibrosis when deregulation of the process occurs [45]. Another example is hypoxic tissue reconstitution facilitated by the neutrophil oxidative burst [46] versus neutrophil-mediated tissue injury in other circumstances [47]. What happens when the predominant superoxide source is missing is evident in chronic granulomatous disease (CGD), an inherited immunodeficiency caused by inactivating variants of the NOX2 NADPH oxidase complex. CGD patients present not only with life-threatening infections, but also with hyperinflammation, and *Cybb*^{-/-} (*Nox2*) knockout mice show an increase in proinflammatory mediators and tissue damage in disease models [48–50].

As Carsten Berndt and Marcus Conrad note, ROS, a widely used umbrella term, urgently needs specification. Its use is misleading, as just some of the molecules encompassed under this term are indeed reactive species. This is especially true for the non-radical species, and it is another common misunderstanding that all ROS are radicals. Unlike the hydroxyl radical (HO[•]) or the superoxide anion radical (O₂^{•-}) singlet oxygen (¹O₂) or hydrogen peroxide (H₂O₂) are not radicals, which is underlined by the different reactivities (second order rate constant M⁻¹ s⁻¹) of ROS with a given substrate (methionine) that range from 2 × 10⁻² (H₂O₂) to 7 × 10⁹ (HO[•]) [51]. Another often neglected fact is the continuous formation of certain reactive species by enzymes under physiological conditions. Ero1 α , for instance, generates one H₂O₂ molecule following each disulfide bridge formed in the endoplasmic reticulum. Therefore, reactive species cannot be considered solely a phenomenon of damage and disease. These species formed

under physiological conditions can contribute to diverse cellular functions. For instance, reversible oxidative posttranscriptional thiol modifications are important during several processes in cells or even whole organisms including embryonic development [52,53]. Moreover, the formation of reactive species at different subcellular sites distinguishes between cellular functions, such as stem cell maintenance or differentiation [54]. Not only posttranslational oxidative modifications, but also damage by certain types of reactive species can be a trigger for specific cellular functions: Ferroptosis after lipid peroxidation was recently shown to specifically impede reprogramming into neurons [55]. For these reasons, it is impossible to measure “ROS”, to induce “ROS”, to inhibit “ROS”, or to accumulate “ROS”. Besides scientific recognition, limited experimental tools are a problem to move research forward (or back) to the specific investigation of specific species. Promising in vivo tools are highly sensitive genetically encoded fluorescence probes [56] and genetic cell and animal models with targeted deficiencies in professional redox enzymes dealing with a select subset of distinct reactive species, such as the ferroptosis regulator glutathione peroxidase 4 [57]. Several research communities focus or have focused on ROS molecules, e.g. the Oxygen Club of California, the Society for Free Radical Research (SFRR), and EU-ROS. Hence, researchers working in the field of redox biology must, whenever possible, discriminate among the different partially reduced forms of oxygen being studied as this will allow us to acknowledge their different chemical features and/or biological functions as well as ultimately help to provide strong and solid mechanistic data on important biological processes.

2.2. ROS sources and their activation

There are circumstances where the term “ROS” is unavoidable, mainly due to our inability to exactly measure the species generated in a spatiotemporal manner or to correctly identify or discriminate between species responsible for a certain biological event. Sometimes a mixture of oxygen metabolites is produced as several sources are stimulated or interact with each other. Thus, ROS sources should not be considered isolated enzymatic systems, and biological processes may involve ROS-induced ROS (Andreas Daiber and Matthias Oelze). There is increasing evidence that they can crosstalk with each other via reactive oxygen and nitrogen species signaling [35,58]. The theory of so-called “kindling radicals” or also the “bonfire” hypothesis is based on the formation of a few primary ROS that “inflammate” a cascade of ROS

amplification by stimulating the sources of secondary ROS (Fig. 2.1A). This was first described for mitochondria [59] and involves several mitochondrial pores that are required for the release of mitochondrial ROS such as the mitochondrial permeability transition pore, aquaporins or the inner membrane anion channel as well as sources of oxidants (e.g. respiratory complexes, p66shc, monoamine oxidases) [18]. This crosstalk concept can be extended to almost all kinds of sources of oxidants. We have described “redox switches” that lead to uncoupling of endothelial nitric oxide synthase (eNOS), redirecting this enzyme from nitric oxide to superoxide production and thereby changing the entire vascular phenotype from a dilated, anti-thrombotic, anti-inflammatory state to a constricted, thrombotic and inflammatory state

(Fig. 2.1B) [18,20,60]. Likewise, initially formed “kindling” ROS easily activate xanthine oxidase by a thiol oxidation-dependent and proteolytic conversion of xanthine dehydrogenase to the oxidase form [60] or activate NADPH oxidases (NOX), either by redox-sensitive activation of protein kinase C and translocation of cytosolic subunits (for NOX1 and NOX2) or by upregulation of all NOX isoforms by redox-sensitive transcription factors or changes in mRNA stability [60]. The most important crosstalk between different sources of oxidants was described for mitochondria and NOX, which was reviewed in full detail by us and others [18,58]. We have observed this kind of crosstalk in nitroglycerin-induced endothelial dysfunction and oxidative stress [61], in models of aging-induced vascular dysfunction and oxidative stress [62], as well as

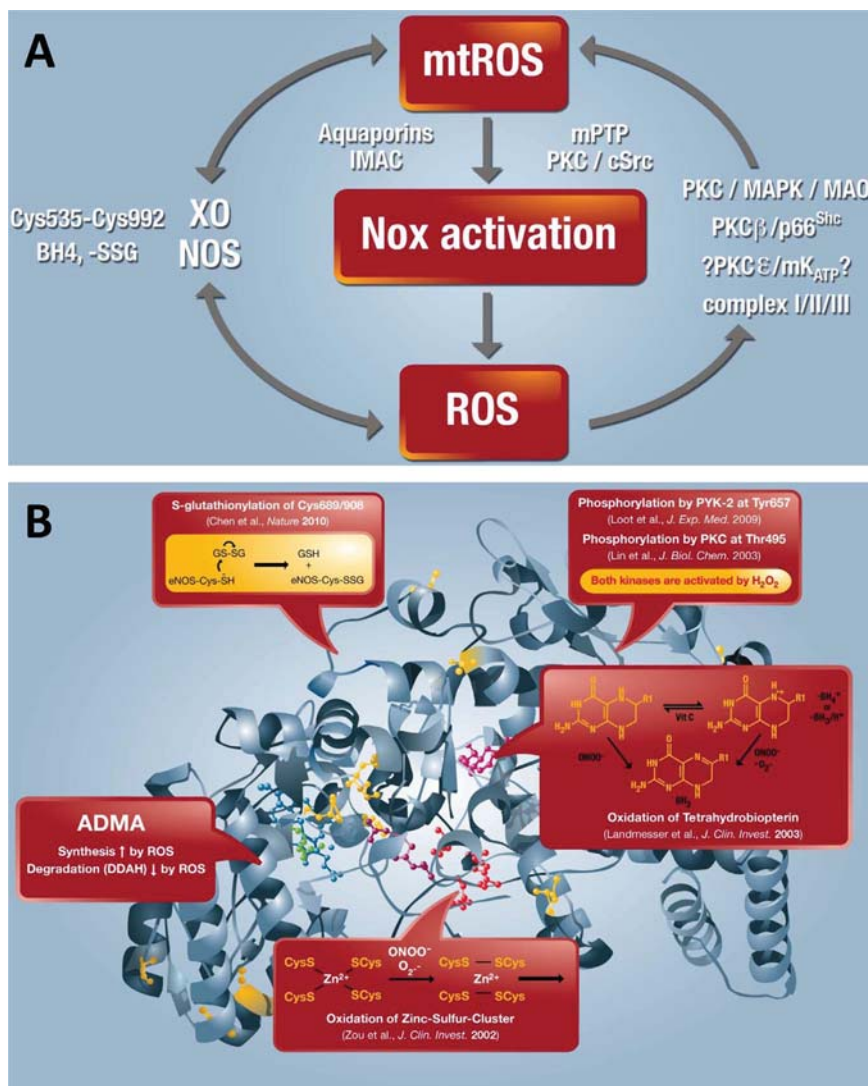


Fig. 2.1. (A) Crosstalk between different sources of ROS and RNS (mitochondria, NADPH oxidases, xanthine oxidase and NO synthase). Xanthine oxidase (XO) originates from oxidative stress-mediated conversion of the xanthine dehydrogenase via oxidation of critical thiols in cysteine535/992. NO synthases (mainly eNOS) are uncoupled upon oxidative depletion of tetrahydrobiopterin (BH₄), S-glutathionylation (-SSG) and other redox switches. Mitochondrial superoxide/hydrogen peroxide formation may be triggered by oxidative stress from all ROS sources (including other damaged/activated mitochondria) via redox-activation of PKC, MAPK, other kinase pathways and potential involvement of redox-sensitive mitochondrial ATP-sensitive potassium channels (mtKATP) with subsequent p66Shc, monoamine oxidase (MAO), respiratory complex activation or impairment of mitochondrial antioxidant defence. Mitochondrial superoxide/ hydrogen peroxide is released to the cytosol via mitochondrial pores and channels (e.g. redox-sensitive mitochondrial permeability transition pore (mPTP), inner membrane anion channel (IMAC) or aquaporins) or by diffusion due to increased mitochondrial permeability under pro-inflammatory conditions. In the cytosol these species (along with released calcium) cause activation of redox-sensitive protein kinases (PKC) and tyrosine kinases (cSrc) with subsequent activation of NADPH oxidases and amplification of the cellular oxidative stress. Modified from [35, 64]. With permission of Elsevier. Copyright 2010 & 2015. (B) Redox switches in endothelial nitric oxide synthase (eNOS). X-ray structure of human eNOS with the ironporphyrin (blue), the substrate L-arginine (green), the P450-forming axial iron-thiolate ligand from a cysteine residue (yellow), the cofactor tetrahydrobiopterin (BH₄) (purple), the zinc-thiolate complex forming cysteines (red, two from each subunit), and the zinc ion (brown). The boxes represent the “redox switches” in eNOS, such as S-glutathionylation, PKC- and protein tyrosine kinase-2 (PYK-2)-dependent phosphorylation, oxidative BH₄ depletion, disruption of the zinc-sulfur cluster, as well as asymmetric dimethylarginine (ADMA) synthesis/degradation, all of which contribute to the regulation of its enzymatic activity. GSH, glutathione; GSSG, glutathione disulfide. The crystal structure was rendered from the protein database entry 3NOS (DOI:10.2210/pdb3nos/pdb) using the PyMOL Molecular Graphics System Version 1.2r1 (DeLano Scientific LLC). Adapted from [60]. With permission of Mary Ann Liebert, Inc. Copyright 2014 .

in angiotensin-II induced hypertension and immune cell activation [63]. In conclusion, the redox crosstalk between different sources of oxidants may explain why multiple publications describe different ROS sources as the major pathological trigger in a certain disease (e.g. for the hypertension mitochondrial respiratory chain, NOX1, NOX2, NOX4 and xanthine oxidase) and that pharmacological or genetic blockade of one of these sources was enough to prevent the adverse phenotype [18]. If this concept can be translated to patients, it may be enough to target one specific source of ROS to prevent or retard the progression of a certain disease.

Determination of the ROS source(s) and their interactions is still challenging. The multitude of potential inputs range from NADPH oxidases (NOX1-5, DUOX1-2) and the mitochondrial electron chain, to xanthine oxidase, monoamino oxidase(s), cyclooxygenase(s), lipoxygenase(s), lysyl oxidase(s), cytochrome P450, or MICAL family members, to name a few. In all of the cases, the oxygen metabolite superoxide ($O_2^{\cdot-}$) or H_2O_2 is primarily generated as a by-product of key enzymatic reactions of a particular enzyme. NADPH oxidases are the only enzymes solely dedicated to regulate $O_2^{\cdot-}$ (NOX1-3, 5) and H_2O_2 (NOX4, DUOX1-2) production [65]. How certain NADPH oxidases can internally convert $O_2^{\cdot-}$ to H_2O_2 when using NADPH as the electron donor for the one-electron reduction of molecular oxygen is still unresolved. This feature discriminates the signaling input of NOX4 and DUOX1-2 from other family members due to the diffusibility and longer half-life of H_2O_2 versus $O_2^{\cdot-}$ or secondary reactive metabolites.

2.3. ROS sources in microbiota

$O_2^{\cdot-}/H_2O_2$ generation by enzymes and their consequences are mainly considered in the context of plant or animal hosts. However, hosts are colonized by an ecological community of commensal, symbiotic and pathogenic microorganisms, collectively termed microbiota. The presence and composition of the microbiota, which includes bacteria, fungi and viruses and resides in biofluids or on epithelial surfaces, is critical for health and disease. Bacteria represent the majority of the human microbiota (10^{14} bacterial cells) with estimates of 1000 or more bacterial species. Bacteria-host interactions in redox biology have been mostly defined by infections, where host defense relies on NOX2-mediated oxidative destruction of pathogens.

Yet an immediate and close relationship exists between commensals, pathogens and host epithelial surfaces, which is best characterized in the intestine. In the gut, feedback communication ensues with bacteria as inducers, targets and producers of ROS (Ulla G. Knaus and Gratiela G. Pircalabioru). The association of germ-free mice with microbiota induced the expression of epithelial DUOX2 [66]. Intestinal pathogens such as *C. jejuni*, *K. pneumoniae*, or *L. monocytogenes* triggered by a yet unknown mechanism the activation of NOX1 and DUOX2, resulting in $O_2^{\cdot-}$ generation and H_2O_2 release into the gut lumen [67,68]. Enteropathogenic *E. coli* stimulated a NOX1-mediated pathway that included ASK1, p38 and AFT-2 and culminated in an over 20-fold upregulation of the DUOX2 complex [69]. Others reported that *Lactobacillaceae* activate NOX1, thereby promoting intestinal stem cell proliferation and wound healing responses [70]. While pathogens and segmented filamentous bacteria can gain access to the epithelium, lactobacilli usually colonize the further removed, loose mucus layer. However, any disruption of the barrier including changes in permeability or mucus composition/density will permit the interaction of commensals with host cells and may result in ROS signaling via NOX and/or mitochondria. For example, mitochondrial ROS is required for NLRP3 inflammasome activation by bacteria or bacterial products, and subsequent IL-1 β and IL-18 production [71]. The bacteria-host interaction will also initiate release of H_2O_2 from the mucosal surface. Uptake of H_2O_2 by extracellular bacteria alters their transcriptional program and intrabacterial signaling. Although antioxidant defense genes will be upregulated, Fenton reaction-associated oxidations will decrease phosphotyrosine signaling and alter pathogenicity gene reg-

ulation [68,69]. These oxidative modifications reduce the virulence of extracellular bacteria, which can then be eliminated more efficiently by the host.

Certain commensals, in particular *Lactobacillus* and *Lactococcus* strains, use endogenous H_2O_2 production as their own means of communication. The bacterial enzymes capable of generating H_2O_2 are largely unknown except for *L. acidophilus* [72], although the consequences to host physiology and niche protection have been reported. The antiinflammatory effects of lactobacilli are multifaceted, but lactobacilli-mediated killing of pathogens (e.g. *S. enterica*, *E. coli*) has been firmly associated with their H_2O_2 production [73]. Even some catalase-negative pathogens use endogenous H_2O_2 production for intra- and inter-bacterial signaling. Aerobic growth of *Streptococcus pneumoniae* leads to pyruvate oxidase (SpxB)-mediated H_2O_2 generation, which was required for fatty acid metabolism and inhibited replication of other microorganisms competing for the same environmental niche [74,75]. In conclusion, bacteria need to be considered as endogenous sources and exogenous inducers of H_2O_2 , thereby propagating intra- and interkingdom signaling.

This connection between bacteria and the host has been studied extensively in the nematode worm *Caenorhabditis elegans* [76–79], but as Elizabeth A. Veal and Antonio Miranda-Vizuete comment, *C. elegans* can serve as a general model for redox biology and has already provided significant new insight into the interplay between ROS, ROS signaling and aging. Notably, genetic studies have failed to show that the ROS-detoxifying activities of any of *C. elegans*' array of ROS-metabolizing enzymes protects against aging. However, these studies have revealed specific roles for several of these proteins in redox signaling, protein homeostasis or regulation of normal physiology. For example, glutathione reductase is essential for cell division during embryonic development [80], thioredoxin reductase or glutathione reductase activity for larval development to reduce disulfide bonds of cuticle components prior to molting [81] and the peroxiredoxin PRDX-2 for regulation of feeding behavior [82] and normal levels of insulin secretion [83]. The causative role of ROS-induced damage in animal aging has also been challenged by the unexpected discovery that increases in ROS can actually promote *C. elegans* longevity (for review see [84]). Nevertheless, stress-activated transcription factors DAF-16 and SKN-1 (orthologous to the mammalian FOXO and NRF2 transcription factors), which promote the expression of a range of defenses, including ROS-detoxifying and phase 2 metabolism enzymes, are vital for survival under stress conditions, during infection and the extended lifespan associated with inhibition of a variety of pathways. As the primary tissue encountering xenobiotics and pathogens that trigger increases in ROS, intestinal levels of these proteins seem particularly important for survival under stress conditions. However, studies with tissue-specific transgenes and RNAi have indicated that cell non-autonomous signals from neurons and germline cells play an important part in regulating these stress defenses (for reviews see [85,86]). Moreover, there is increasing evidence that maintaining *C. elegans* on different strains of *E. coli* can profoundly influence ROS production, redox signaling, metabolism and longevity [87]. *C. elegans* transparency throughout its entire life cycle has enabled the development of a variety of fluorescent redox-sensitive probes that can be employed to monitor in vivo changes in redox status. For example, analysis of animals expressing a genetically encoded peroxide sensor has suggested that peroxide levels are higher during larval development than in adults but rise again following the reproductive period [88]. Recent advances in genome editing tools, NGS approaches to identify mutations obtained by traditional mutagenesis screens, redox proteomics, including OxIC-AT, metabolomics, and high throughput techniques for genome-wide and tissue-specific RNAi-screening and lifespan analyses have all added to the *C. elegans* toolbox that enhance the power of *C. elegans* as a model to advance the redox biology field. The simplicity, ease of manipulation, microscopic examination, short lifespan and vast range of genetic and post-genomic tools have established *C. elegans* as a powerful model

for providing mechanistic insight into the role of redox changes in normal physiology and disease.

2.4. Redox regulation via redox modifications of biomolecules and altered phosphorylation

ROS, in particular H_2O_2 , participate in redox regulation and signaling responses by modifying proteins, lipids and DNA. An emerging concept is redox control of protein-protein interactions (Andrew R. Pitt and Corinne M. Spickett). Signal transduction via proteins containing redox-sensitive cysteine residues is now a well-established concept, and the list of such proteins is growing rapidly [89]. The cysteine residues involved are most commonly ones with unusually low pK_as, which therefore exist as thiolates under physiological conditions [90]. The oxidation of these residues to form a disulfide by reaction with a second, resolving cysteine alters the structure and activity of the protein. A fundamental requirement of redox regulation in signaling is that it must be reversible, and thioredoxin is a central enzyme that mediates the reduction of protein disulfides via formation of an intermolecular disulfide with the target protein. Covalent and non-covalent protein-protein interactions are known to be critical in signaling pathways and are thought to contribute to the commonly observed pleiotropic effects of ligands and crosstalk between signaling pathways [91]. Advances in proteomic technologies have facilitated studies of the interactomes of an expanding number of proteins. Not surprisingly, these approaches have also been applied to redox proteins, and much attention has focused on members of the thioredoxin family. The covalent interactomes of thioredoxin from *Plasmodium falciparum* and trypanredoxin from *Trypanosoma cruzi* have been reported, driven by the need to identify novel drug targets for protozoan parasites, and in *Escherichia coli*, 268 substrates for Trx were reported from experiments involving strains engineered to optimize trapping of the covalent interaction [92]. The human glutathione-S-transferase P interactome has also been reviewed recently, and includes known key players in redox sensing such as STAT3 and NRF2 [93]. There are many reports of interactions of other redox proteins, and in an attempt to bring together all the available information, an “oxidative status interactome map” has been created of known interactions of human cellular-level oxidative status proteins [94]. Although all of these articles report the general interactions of redox-active proteins, the effect of the redox status of the individual proteins on their interactome, especially the non-covalent interactome, has largely been ignored. One study that has addressed this issue investigated the differential interactome of the tumor suppressor PTEN in native (reduced) and reversibly oxidized forms, and reported a number of proteins whose levels changed significantly depending on the redox state, including Anxa2, Trx and Prdx1 [95]. More studies of this kind would help to understand cell redox regulation, and would provide an additional dimension to oxidative status protein mapping.

Oxidative regulation of protein phosphorylation is not only an important part of efficient and essential signal propagation, but can also promote a deregulated state when the reversibility of the oxidation is compromised. This can happen by irreversible overoxidation of cysteines or by irreversible oxidative modification of other amino acids such as methionine or tyrosine. In balanced conditions H_2O_2 is required in the endoplasmic reticulum (ER) for oxidative protein folding, while overproduction of ROS results in ER stress. This two edged sword is discussed by Andreas Petry and Agnes Görlach using ER-localized NADPH oxidases as example [96,97]. ER stress activates the unfolded protein response (UPR) in three main steps (or phases). Activation of the Protein Kinase RNA-like Endoplasmic Reticulum Kinase (PERK), which phosphorylates eIF2 α , results in general inactivation of CAP-dependent translation, despite some specific exceptions such as the transcription factor ATF4. Then, ER stress activates the inositol requiring element 1 (IRE1) – which splices the mRNA of XBP1 – and the transcription factor ATF6. ATF4, ATF6 and XBP1 induce the expression

of genes involved in protein folding and degradation in order to reestablish proper protein folding and to remove protein debris. In the later ER stress response, pro-apoptotic proteins are upregulated such as CHOP in order to activate programmed cell death if the cell cannot resume physiological function.

ROS act especially on the phosphorylation status of eIF2 α since protein phosphatase 1 (PP1), which controls together with GADD34 the dephosphorylation of eIF2 α , is redox sensitive. H_2O_2 is able to oxidize a cysteine close to the catalytic core in a reversible manner resulting in the inactivation of PP1. Sources for ROS in ER stress are Ero1 in the ER or mitochondria, but also NADPH oxidases play a role. NOX1, NOX4 and p22^{phox} were shown to interact with ER proteins such as PDI [98], and NADPH oxidase derived ROS were involved in the ER stress response [99–102]. In response to ER stress due to inhibition of N-glycosylation, NOX4 associated with GADD34 thereby oxidizing PP1, extending eIF2 α phosphorylation and promoting survival of cardiomyocytes [101]. However, other reports showed that 7-keto-cholesterol-induced ER stress in human arterial smooth muscle cells induced NOX4, resulting either directly in cell death [100] or in increased autophagy [99], which demonstrated a pro-apoptotic role for NOX4. In addition, NOX1 and NOX2 can play a pro-apoptotic role in cardiomyocytes [102] and renal cells [103] in response to ER stress. In summary, ROS derived from NADPH oxidases participate in the ER stress response. However, the subsequent outcome seems to be dependent on the cellular context, the stimuli used, the spatial distribution and the type of ROS. It is important to take these parameters into account when analyzing the role of ROS in ER stress and other pathophysiological conditions.

Another enzyme connected to ER stress is neutral sphingomyelinase (N-SMase). Sphingomyelinases (SMases) are categorized into neutral, acid and alkaline subtypes and hydrolyze sphingomyelin to ceramide [104]. Mutay Aslan discusses the accumulating evidence that ceramide induces oxygen species production via the mitochondrial respiratory chain [105,106] and stimulates inducible nitric oxide synthase (NOS2) expression [107]. Indeed, activation of neutral sphingomyelinase (N-SMase) is reported to be involved in various disease pathologies connected to “oxidative stress”. Studies have shown that ischemia reperfusion (IR) injury leads to activation of N-SMase in rat cardiac myocytes [108] and rat liver [109]. Repletion of glutathione (GSH) via N-acetylcysteine (NAC) treatment in post-myocardial infarction rat hearts resulted in inhibition of N-SMase and decreased oxidative stress resulting in improved left ventricular function [110]. Similarly, inhibition of N-SMase reduced elevated levels of nitrate and oxidative stress markers in liver IR injury [111].

Neutral SMase is localized in sphingolipid-rich membrane fractions [111], establishing the structural basis for its functional interaction with NOS [112]. Cellular stress responses, which increase N-SMase activity, also affect NOS2 expression and nitric oxide bioavailability. It has been reported that ceramide production by N-SMase is a key mediator in the induction of NOS2. Other studies showed that exogenous ceramide induces NOS2 expression in rat primary astrocytes [113] and reported positive modulation of NOS2 gene expression by SMase and/or ceramide in vascular smooth muscle cells and microglia [114,115]. Neutral SMase inhibition decreased both NOS2 and nitrotyrosine levels in an experimental model of glaucoma [116] and liver IR injury [109]. In summary, studies reveal that cellular stress responses significantly increase N-SMase activity and sphingomyelin/ceramide levels, leading to increased nitrate and oxidative modifications. Inhibition of N-SMase significantly reduced oxidant and nitrate stress markers, which emphasizes the need for future studies evaluating agents blocking N-SMase activity that can facilitate the development of treatment strategies to alleviate inflammation and oxidative injury.

The close relationship between bacteria and host is evident in bacterial toxin production that alters redox regulation in the host and in the response of bacteria to host-derived secondary oxygen metabolites generated as an innate immune response by post-translationally

modifying bacterial proteins for protection and survival. Amanda J. Edson and Kari E. Fladmark discuss how cyanotoxins induce oxidative modifications in the host. The overabundance of cyanobacteria in aquatic ecosystems may result in a large increase in the manufacture and release of cyanotoxins into the aquatic environment, which cause human health implications through biomagnification [117]. A variety of cyanotoxins are produced by a wide range of cyanobacteria including: microcystins [118,119] (MC), nodularin [120] (NOD), and β -N-methylamino-L-alanine [121,122] (BMAA). Microcystins and nodularin are potent inhibitors of Ser/Thr protein phosphatases (PP), specifically PP1 and PP2A [118,120] through direct interaction at the catalytic site [123]. Both toxins are cyclic peptides containing several non-proteinogenic amino acids [118,120]. BMAA has been shown to indirectly target PP2A by inhibitory phosphorylation mediated through BMAA activation of the glutamate receptor mGluR5 [124]. However, unlike MC and NOD, BMAA is a non-proteinogenic amino acid with a high degree of structural similarity to simple amino acids allowing it to be misincorporated into proteins leading to an additional toxic effect [121]. MC, NOD, and BMAA exposure of cells has been found to promote protein hyperphosphorylation, increase ROS production, and induce apoptosis [118,120,121,124].

Phosphorylation of proteins including ROS scavenging enzymes may be one of the major mechanisms of ROS induction by cyanotoxins. PP inhibitory action of cyanotoxins will result in broad protein hyperphosphorylation. In addition to ROS induction through PP inhibition, BMAA may also increase ROS through a non-glutamatergic mechanism [122]. H_2O_2 accumulation occurs within minutes in MC and NOD-exposed hepatocytes followed by cytoskeletal rearrangement and apoptosis [119,120]. Ca^{2+} /calmodulin-dependent protein kinase II (CaMKII) has been shown to be essential in MC- and NOD-induced apoptosis and acts up-stream of H_2O_2 accumulation. Inhibition of PP by toxin exposure prevents the dephosphorylation of CaMKII autophosphorylated on Thr287/286 [123] leading to kinase hyper-activation. Rather surprisingly, CaMKII seems to be responsible for all observed MC and NOD-induced phosphorylation supporting its role as a key actor in cytotoxicity. Toxin-induced H_2O_2 generation may also amplify CaMKII activity and thereby also H_2O_2 generation through specific methionine oxidation of CaMKII [123]. The role of CaMKII in BMAA-induced toxicity remains to be elucidated, however CaMKII is shown to bind to and regulate the directly BMAA targeted mGluR5 receptor [125]. The converging signaling pathways of BMAA, MC and NOD suggest that co-existence of these toxins may increase the environmental risk factor to human health.

2.5. Oxidative stress and adaptation processes

Hypochlorous acid (HOCl) is a strong oxidant produced by activated neutrophils that kills pathogenic bacteria. Thus, bacteria have to defend against hypochlorite to maintain the reduced state of their cytoplasm. Gram-negative bacteria utilize glutathione (GSH) as their major thiol-redox buffer, but most Gram-positive bacteria do not produce GSH. Melanie Hillion and Haike Antelmann study redox modifications in Gram-positive bacteria under oxidative stress. Actinomycetes utilize mycothiol (MSH; AcCys-GlcN-myoinositol), which functions in protection against reactive oxygen, nitrogen and electrophilic species, antibiotics and heavy metals [126,127]. Firmicutes bacteria, including *Bacillus* and *Staphylococcus* species produce the redox buffer bacillithiol (BSH; Cys-GlcN-malate). BSH-deficient *Staphylococcus aureus* isolates were more sensitive to antibiotics (fosfomycin and rifampicin) and showed reduced survival in macrophage infection assays [127]. Thus, BSH biosynthesis genes could be drug targets for the development of novel antibiotics to treat *S. aureus* infections. Under conditions of NaOCl stress, BSH plays an important role in the protection and redox regulation of proteins by formation of BSH mixed protein disulfides, termed S-bacillithiolation [127]. In *Bacillus subtilis*, S-bacillithiolation controls the activity of the organic hydroperoxide repressor OhrR and

the methionine synthase MetE [127,128]. S-bacillithiolation of the OhrR repressor leads to derepression of the OhrA peroxiredoxin that confers NaOCl resistance. S-bacillithiolation of MetE in its Zn-binding active site leads to methionine auxotrophy under oxidative stress. Two bacilliredoxins (BrxA and BrxB) with unusual CGC active site motifs were characterized that function in the reduction of S-bacillithiolated OhrR and MetE [129]. De-bacillithiolation results in the formation of bacillithiolated Brx (Brx-SSB) that requires BSH and an uncharacterized BSSB reductase for recycling. However, the bacilliredoxin pathway is redundant with the thioredoxin pathway in vivo for reduction of BSH mixed protein disulfides.

In *Corynebacterium glutamicum*, about 25 S-mycothiolated proteins were identified under hypochlorite stress conditions [130]. These include many metabolic enzymes, such as the methionine synthase MetE, the glycogen phosphorylase MalP, the myoinositol-1-phosphate synthase Ino1 and antioxidant enzymes (Tpx, Gpx, MsrA). S-mycothiolation of MalP is required for the oxidative stress resistance of *C. glutamicum* and could prevent glycogen degradation under NaOCl stress to save the energy and carbon source. Redox regulation of the thiol peroxidase Tpx, the MSH peroxidase Mpx and the methionine sulfoxide reductase MsrA was recently studied. The mycoredoxin (Mrx1) and thioredoxin (Trx) pathways are both involved in reduction and regeneration of S-mycothiolated Mpx and MsrA to restore their enzyme activities for detoxification of peroxides and reduction of methionine sulfoxides [131,132]. In conclusion, S-bacillithiolation and S-mycothiolation are widespread redox modifications in Gram-positive bacteria that function in redox regulation and thiol-protection under oxidative stress conditions.

Acclimatization of an organism to stress or so-called preconditioning is a modulating response that prevents pathophysiological damage. In plants, waves of calcium and ROS are generated as response to abiotic stress, pathogen infection and mechanical injury. These waves mediate long-distance signaling and systemic cell-to-cell communication [133]. Khrystyna Semen and Olha Yelisyeyeva propose mitochondrial ROS oscillations as a balancing factor in mammalian metabolism. The development of a hormetic reaction (preconditioning or mild stress) represents one approach to increase resistance to oxidative damage and eliminate signs of oxidative stress (OS), which is involved in multiple pathological processes and aging [134,135]. A hormetic reaction is triggered by a mild energy deficit, which precludes some increase in ADP/ATP and NAD^+ /NADH ratios leading to activation of redox processes and energy function of mitochondria. As a result, mobilization of various metabolic pathways, especially PUFA oxidation, takes place which promotes the flow of succinate into the Krebs cycle, activation of succinate oxidation and monopolization of the respiratory chain by succinate dehydrogenase. Such a metabolic state promotes more diverse shunting of the Krebs cycle with activation of glutamine/glutamate metabolism, the glyoxalate cycle, peroxisomal oxidation and accumulation of succinate. At the same time, activation of transaminase and alcohol dehydrogenase (ALDH2) reactions causes an increased flow of alpha-ketoglutarate and its more efficient oxidation [30,136,137]. Simultaneous activation of pathways related to these two reciprocal mitochondrial substrates serves as an important mechanism involved in the hormetic response. At the cell level that is reflected by the improved interactions between catabolism and anabolism, while excessive flow of electrons in the respiratory chain can be controlled by several mechanisms of “mild uncoupling” including reverse electron transport from Complex II to Complex I, activation of sirtuins (especially SIRT1) and uncoupling proteins. The fine-tuned leak of electrons that occurs with an increase in membrane and ATP potentials is further involved in production of a certain amount of superoxide, hydrogen peroxide and nitric oxide [30,60]. Subsequently these reactive oxygen/nitrogen species function as signaling molecules for multiple pathways, mainly HIF/NRF2/NF- κ B and their crosstalk, rather than promote excessive oxidative damage to macromolecules.

Mild prooxidant activity accompanying the formation of a hormetic

response gives rise to the production of metabolic “endogenous” oxygen, which can be readily used either for oxygenase or oxidase reactions, maintenance of pO_2 and elimination of hypoxia. Under such circumstances the activity of oxygen dependent enzymes, including those involved in $H_2S/NO/CO$ synthesis, is optimized, which promotes activation of K^+_{ATP} , BK and TRP channels. In fact, more frequent oscillation of ROS and metabolism dependent O_2 promote sustained efficient function of mitochondria, which in turn leads to prolongation of free radical reactions (FRR) and membrane lipid peroxidation in the cell. The oscillatory nature of ROS/ O_2 and related regulatory substances is the least studied aspect in free radical biology. In our opinion, the most important outstanding questions include the mechanisms of fluctuations of ROS/ O_2 , transcriptional factors and other regulatory substances derived from oxidative modifications of lipid and proteins, their pattern and localization in cell compartments. A better understanding of these mechanisms will promote therapeutic manipulation of ROS generation and thus, the dynamic association of respiratory complexes (supercomplex formation) to maintain optimal energy function of the mitochondria. Energy produced during FRR may play a crucial regulatory role to achieve better self-organization of the metabolism, improved stress resistance and sustained hormetic reactions.

For some diseases, including cardiovascular disease, cancer, or metabolic and neurological pathologies, the involvement of redox deregulation is unquestionable. Fernando Antunes and Paula M. Brito discuss how systems quantitative redox biology may bring us closer to an in depth understanding of “ROS”, their effects and therapeutic intervention in disease. Deregulation of reactive oxygen, nitrogen, and sulfur species (RONSS) affects cellular and organismal well being. RONSS target selected proteins either by binding to, or oxidizing metal centers or cysteine residues at the level of specific organs, tissues, cell types, and cellular organelles. These selected proteins constitute redox switches. Most of them are controlled by reversible oxidation and are key players in many signal transduction pathways [138]. The identification of hundreds of redox switches by large scale proteomic analysis [138] has provided new potential therapeutic targets and biomarkers that are yet to be explored. Thus, a critical mass has been reached to implement an ambitious translational redox biomedicine program. Perhaps the most important barrier to the development of such a program is the complexity of RONSS effects, including biphasic curves with narrow concentration ranges that often lead to contradictory conclusions. Such complex behavior is caused by the highly interactive molecular network formed by redox switches. A promising approach to deal with this issue is systems quantitative redox biology [139,140] that integrates the network of redox-regulated pathways and has the potential to predict the behavior of redox networks when interrogated with a pharmaceutical drug. This will help identify redox circuits that are amenable to redox therapeutic interventions without triggering undesired responses by pathways that share the same redox mediators. RONSS generation is tightly controlled with respect to kinetics, concentration and subcellular location [141]; the implications of these observations are that highly targeted redox therapies, as opposed to systemic antioxidant interventions, are key for a viable pharmacological strategy. Recent advances in nanotechnology have provided new tools to deliver drugs to specific therapeutic target locations and have the potential to generate new classes of drugs that contain redox-active molecules or molecules that modulate the levels of RONSS as active pharmaceutical ingredients.

2.6. Microparticles and reactive oxygen species

According to Rhian M. Touyz, microparticles, also termed microvesicles, are cell membrane-derived fractions, which are generated from activated cells that undergo stress or injury [37]. Theoretically all cell types are able to generate microparticles, which are detectable in biological fluids. In the circulation the major microparticle subtypes are

derived from platelets, neutrophils, erythrocytes and endothelial cells and are measured and phenotyped by specific markers and flow cytometry [37,142]. Microparticles have distinct characteristics: they are 100–1000 nm in diameter, contain features of their parent cells and do not contain nuclear material. Microparticles were first considered as ‘plasma dust’ representing cell debris; however, it is now clear that these elements are biologically functional and that they are signatures of the cells from which they are derived. Accordingly, microparticles have been considered as biomarkers of various pathologies [37,142,143]. Many pathological states including cardiovascular diseases, kidney disease, cancer, diabetes, thrombosis among others are associated with increased levels of circulating microparticles. In addition, increasing evidence indicates that microparticles themselves can contribute to pathophysiological processes, because they contain proteins, enzymes, nucleic acids, cytoskeletal machinery, specialized lipids and microRNAs, that can be transferred to other cells, thereby initiating signaling events and changes in target cell function [144–146]. Through this mechanism, microparticles also play an important role in cell-cell communication and cross-talk. As such microparticles are now considered not only biomarkers of diseases, but also biovectors. In addition, because microparticles transfer their ‘cargo’, they have been considered as novel delivery systems for therapeutics [147]. Increased circulating levels of microparticles are found in conditions associated with oxidative stress, including hypertension, diabetes, kidney disease and cancer. Moreover, many of the mechanisms underlying the generation of microparticles involve ROS and many of the effects of microparticles are redox sensitive [148,149]. Formation of microparticles involves lipid oxidation, mitochondrial activation, caspases, calcium signaling and Rho kinase activation, processes linked to increased intracellular ROS bioavailability. Microparticles can possess the enzymatic machinery responsible for ROS formation, including NOX subunits and/or nitric oxide synthase (NOS) and there is growing evidence that microparticles can generate ROS and nitric oxide (NO) [148,149]. Microparticles are supposed to transfer O_2^- , H_2O_2 and NO to neighboring cells, and they can stimulate production of ROS in target cells by stimulating cellular oxidases [150]. These processes can be inhibited by ROS scavengers, NOX inhibitors, NOS inhibitors and antioxidants. Hence microparticles are influenced by redox processes and can themselves modulate redox-sensitive signaling pathways [37,148,149]. While it is clear that oxidative stress and microparticle formation are closely linked and that microparticles can act as biovectors influencing cellular redox processes, many of the studies were performed under in vitro conditions in cell-based systems. The pathophysiological significance of these processes in vivo awaits further clarification.

2.7. Conclusions

To tackle these questions a multipronged approach is necessary. In depth understanding of the spatiotemporal role of a particular ROS source in vivo can only be achieved by scientific endeavors that combine basic discovery with appropriate animal models. But these studies depend on the development of improved tools for visualization and quantification of the oxygen metabolite generated. In addition, a combination of the expertise of redox biologists, systems biologists, nanotechnologists and clinical scientists will be required to support the successful translation of redox biology knowledge into viable pharmacological treatments and novel diagnostic biomarkers of diseases, which will have a major scientific and socio-economic impact.

3. ROS as signaling molecules

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3.1. Introduction

Reactive oxygen species (ROS) in high concentrations have damaging actions, but in lower concentrations they can act as signaling molecules (Fig. 3.1). ROS generated by the activation of enzymes such as NOX, xanthine oxidases, uncoupled NO synthases and other sources such as arachidonic acid metabolizing enzymes, lipoxygenases and cyclooxygenases, the cytochrome P450s, peroxidases and other hemo-proteins, as well as ROS generated by mitochondria seem to play various roles in the cellular signaling network under different physiological and pathophysiological conditions. Various cellular antioxidant systems oppose ROS load thereby limiting not only cellular damage, but also contributing to ROS-dependent signaling.

3.2. Role of ROS in VEGF and TGF signaling

The dual role of ROS as either damaging or signaling molecules is well illustrated in the vascular system. For example, as discussed by María Monsalve and Ignacio Prieto, ROS have been demonstrated to be central in the control of angiogenesis and are required for the induction of endothelial cell migration and proliferation. VEGF-A is the most potent and primary endothelial cell specific angiogenic growth factor and stimulates vascular permeability, endothelial cell proliferation, migration and tube formation, primarily through the VEGF-A receptor 2 (VEGFR-2). ROS work both upstream and downstream of VEGF-A. Exogenous ROS administration induces VEGF-A levels and promotes endothelial migration and proliferation, which can lead to diabetic retinopathy, development of vasa vasorum in atherosclerosis and tumor angiogenesis [151]. ROS-sensitive transcription factors and coactivators have been identified that can directly regulate VEGF-A mRNA levels, such as the hypoxia-inducible factors 1 α and 2 α (HIF-1 α , HIF-2 α) [152–154], the transcriptional coactivator peroxisome proliferator γ coactivator 1 α (PGC-1 α) [155], but also Ref-1, p53, NF- κ B and Ets-1 [156].

ROS have also been shown to regulate VEGFR-2 activity and signaling [157]. The antioxidant protein peroxiredoxin II (PrxII) has been found associated with VEGFR-2 and is necessary to prevent its oxidation. VEGFR-2 oxidation renders the receptor insensitive to VEGF-A stimulation [158]. Following VEGFR-2 stimulation and tyrosine phosphorylation, the receptor can be dephosphorylated by several phosphatases such as protein tyrosine phosphatases (PTPs) and density-enhanced phosphatase-1 (DEP-1)/CD148 which can be inactivated by ROS [159,160]. Downstream of VEGFR-2, several signaling nodes have also been shown to be ROS sensitive such as PI3K/AKT [161]. Importantly, VEGFR-2 activation can induce ROS production by endothelial cells (EC), and abrogation of VEGFR-2-dependent induction of ROS levels abolishes VEGF-A effects on EC migration and proliferation. It has been amply demonstrated that VEGF-A stimulates ROS production through the activation of NOX enzymes in EC [156]. VEGF-A/VEGFR2-dependent activation of NOX1 has been related to increased angiogenic tube formation of EC [162]. NOX2 knockout mice display impaired neovascularization in hind limb ischemia and their ECs have much reduced VEGF-A induced proliferation and migration [163,164]. In addition, NOX4 siRNA inhibited VEGF-induced EC migration and proliferation [165]. Upon VEGF-A-stimulated receptor phosphorylation, TSAd-dependent Src activation recruits the scaffold protein IQGAP1 that promotes the recruitment of Rac1 and NOX2 to initiate ROS production [166,167]. Furthermore, inhibition of mitochondrial ROS production was sufficient to abrogate VEGF-A and EC migration independent of NOX enzymes [168]. One possible mechanism could be inactivation and transcriptional downregulation of PGC-1 α following PI3K/AKT activation in response to growth factor stimulation that results in the enhanced production of mitochondrial ROS required to promote endothelial cell migration [169]. Furthermore, several lines of evidence suggest that NOX enzymes can function downstream of mitochondria. Hence, depletion of mtDNA reduces NOX activity, while

induction of mitochondrial dysfunction increases mitochondrial ROS production resulting in the activation of NOX enzymes [58]. Enhanced mitochondrial ROS production was sufficient to recapitulate most if not all the features of diabetic retinopathy, and the underlying mechanism involved was associated with ROS-dependent constitutive activation of VEGFR-2, and reduced sensitivity to VEGF-A stimulation. Importantly, both a mitochondrial targeted antioxidant and a general NOX inhibitor effectively normalized VEGF-A signaling and endothelial tube formation, indicating that both NOX and mitochondrial ROS are functionally co-regulated in this context [170,171].

Other factors that have been identified as potent inducers of ROS belong to the TGF- β family. These cytokines play essential roles in the maintenance of tissue homeostasis, regulation of cell growth, migration and invasion, extracellular matrix remodeling and immune suppression [172]. As Isabel Fabregat points out, deregulation of TGF- β signaling is frequently observed in disease states, such as fibrosis, inflammation and cancer, being considered responsible for part of the sequence of events leading to the end-stage of these diseases [173]. Initial studies in the middle of the 1990s indicated that TGF- β mediates ROS production [174,175] and a NOX activity was suggested to be responsible for the release of H₂O₂ [174,176]. Nowadays, NOXs are considered as relevant mediators of TGF- β actions in different cells, contributing to the regulation of growth, death and activation of myofibroblasts, key executors of the fibrotic process. Although different NOXs have been proposed to be modulated by TGF- β , NOX1 and NOX4 appear to be the NOXs most frequently involved in its actions. Under physiological circumstances, NOX4 is transcriptionally upregulated by TGF- β in a Smad-3-dependent manner and is considered a mediator of TGF- β -mediated suppressor effects. In particular, NOX4 is required for TGF- β -induced apoptosis in epithelial cells [177,178]. In contrast, NOX1, activated by TGF- β in a caveolin-1-dependent manner, plays opposite roles, stimulating anti-apoptotic signals and preventing cell death [179]. Deciphering the specific roles of NOX1 and NOX4 in TGF- β actions during tumorigenesis will require further investigations, but current data indicate that overactivation of growth factor signals favor activation of NOX1 and inhibit NOX4 up-regulation, which would prevent cell death [180]. Once cells overcome apoptosis, NOX4 might

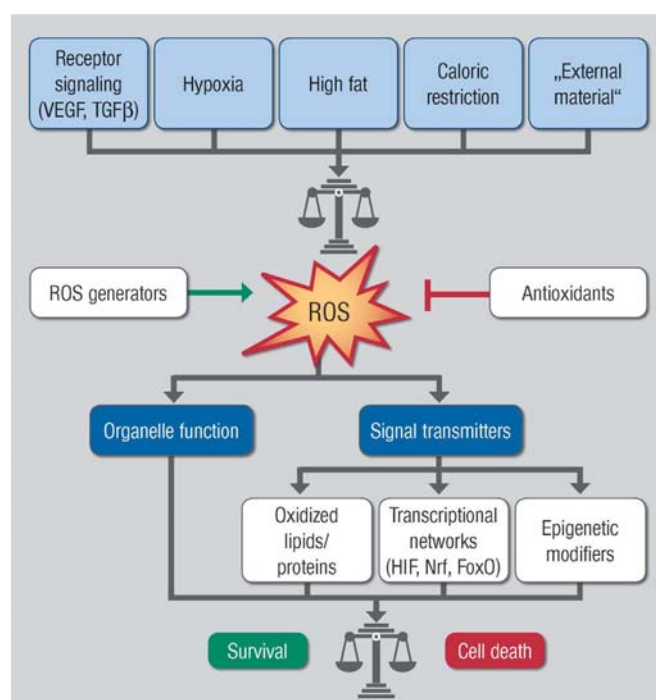


Fig. 3.1. Summary scheme of ROS acting as signaling molecules in different disease settings but also in physiological processes.

promote pro-tumorigenic actions of TGF- β , such as epithelial-mesenchymal transitions (EMT), that induce cell migration and invasion [181]. Strong evidence supports a role of NOX4 in mediating TGF- β -induced myofibroblast activation in different models of fibrosis [182,183], as well as in the maintenance of the phenotype of myofibroblasts [184]. NOX4 also mediates TGF- β -induced apoptosis in epithelial cells [178,184], which contributes to the inflammatory process that concurs with increased activation of myofibroblasts and extracellular matrix deposits. These studies provide proof of concept for therapeutic targeting of NOX4 to inhibit TGF- β -induced fibrogenesis. However, further research is required to validate the safety of these inhibitors, at least in those tissues where TGF- β acts as a tumor suppressor factor. In this sense, recent results indicate that knockdown of NOX4 increases proliferation and tumorigenic properties of liver tumor cells [185].

3.3. Redox regulation of fundamental cellular processes such as cell death

In a more general way, the dual role of ROS has been associated with different cancer types. As Guia Carrara and Geoffrey L. Smith explain, elevated levels of ROS have been a well established property of most cancers where they contribute to many aspects of tumor development and progression, including cell proliferation, genomic instability, resistance to apoptosis, cell adhesion and motility, and a metabolic shift to glycolysis [186,187]. On the other hand, excess ROS is deleterious to the survival and proliferation of cancer cells. Hence, endogenous antioxidants are also upregulated to detoxify the cell and maintain a delicate balance of elevated intracellular ROS that is beneficial to malignant cells [186,187]. Recently, the Transmembrane Bax Inhibitor-1 Motif-containing (TMBIM) protein family has received increasing attention in relation to its role in cancer, which is supported, for instance, by dysregulation of expression being associated with many cancer types and by the characterization of its multiple functions that constitute important hallmarks of malignancy [188]. The Golgi anti-apoptotic protein (GAAP) is a member of the TMBIM family and is projected by phylogenetic analyses to have originated before the divergence of plants and protozoa about 2000 million years ago [189]. Orthologues of the human GAAP are remarkably conserved at the protein level (e.g. amino acid sequence, length and hydrophobicity profile) throughout eukaryotes, prokaryotes and some poxviruses, in agreement with a highly conserved ancestral structure and function [190–192]. Since the first discovery of this gene in 2002 in camelpox virus [193], several cellular functions and structural properties of GAAPs from various origins have been described. Within eukaryotes, GAAPs regulate Ca^{2+} levels and fluxes from the principal intracellular stores (Golgi and ER), confer resistance to a broad range of apoptotic stimuli and promote cell adhesion and migration via the activation of store-operated Ca^{2+} entry (SOCE) [193–195]. Importantly, these multi-transmembrane proteins were shown recently to form cation-selective ion channels, potentially forming the basis for the modulation of the diverse functions of GAAPs [191]. In view of these functions as important hallmarks of cancer, the effects of human GAAP on ROS homeostasis in the context of cancerous cells were investigated. Significantly greater overall basal ROS levels, and more specifically basal H_2O_2 , were detected intracellularly in cells over-expressing GAAP. In addition, cells over-expressing GAAP displayed greater invasive capabilities in tissue culture, which was confirmed by the opposite effect upon GAAP knock down by siRNA. Furthermore, the activity of secreted matrix metalloproteinases 2 and 9, which are sensitive to regulation by ROS and play a key role in migration and invasion, was dysregulated in these cells. Although both the mechanistic links between these observations and the contribution of Ca^{2+} remain to be established, ROS appear to be a common factor of importance and relevance in understanding the contribution of GAAP in cancer development. Furthermore, the diverse multifunctional properties of GAAP provide a useful common starting point from which the complex interplay between ROS homeostasis with other important

hallmarks of cancer such as cell invasion, migration, and resistance to apoptosis can be studied.

Other cellular structures with a putative relation to ROS are centrosomes. Centrosomes are the microtubule organizing centers (MTOCs) that nucleate and organize microtubules. They have critical roles in various processes, including cell division and polarity. Over 100 years ago, it was claimed that centrosome aberrations may lead to genomic instability and consequently to cancer [196]. As Lokman Varisli and Serap Ilikay summarize, it was reported that genetic manipulations that lead to centrosome amplification can cause tumor development [197]. Consistently, centrosome abnormalities have been observed in many human cancers and in premalignant lesions [198]. Increased centrosome numbers can arise from various mechanisms, such as centrosome overduplication, cell fusions or failures during cytokinesis [199]. However, the causes and mechanisms leading to these effects are not fully understood. In recent years, it was suggested that ROS may be involved in the regulation of centrosome organization. Indeed, various researchers reported that oxidative stress may lead to increases in the number of centrosomes. However, there are contradicting reports in this area. While some researchers reported that oxidative stress can trigger hyperamplification of centrosomes and consequently may promote progression of cancer [200], others suggested that centrosomal abnormalities may contribute to the entry of the cells into senescence, thus preventing proliferation of damaged cells. Consequently, centrosome abnormalities are a part of the defense mechanism that inhibits carcinogenesis [201,202]. On the other hand, it is known that centrosomes are shielded from oxidative stress through their association with peroxiredoxin I (Prx1) during interphase, while this enzyme is inhibited by cyclin-dependent kinase 1 (Cdk1) in mitosis [203]. Moreover, it was reported that the local concentration of H_2O_2 around centrosomes is involved in the regulation of centrosomal levels of some cell/centrosome cycle related proteins and also in the regulation of mitotic entry [203]. In concordance, it was shown that reduction of *peri-centrosomal* H_2O_2 by centrosome-targeted catalase inhibits entry of cells into mitosis [203]. Consistently, treatment of mitotic cells with H_2O_2 causes mitotic slippage and consequently formation of hypertetraploid cells [204]. Although the mechanisms of H_2O_2 induced mitotic slippage have not been entirely elucidated, this effect is probably related to exposure of naked centrosomes to H_2O_2 without a Prx1 (and probably other antioxidants) shield during mitosis.

3.4. Redox regulation involving mitochondria

In mitochondria, the thiol redox conditions are essentially controlled by glutathione and thioredoxin systems. In the latter, a reducing sequence starting with NADPH allows the transfer of electrons to thioredoxin in a process mediated by the mitochondrial selenoenzymes thioredoxin reductases (TrxR2). NADPH is maintained in a reduced form by specific dehydrogenases and by the membrane-bound transhydrogenase. Alberto Bindoli and Maria Pia Rigobello discuss, that TrxR2 is able to reduce, in addition to its specific substrate thioredoxin (Trx2), a large number of different molecules. Thioredoxin is a key component of the thioredoxin system acting as a wide-ranging protein-disulfide reductase and therefore controlling the redox state of different factors [205]. In particular, Trx2 reduces Prx3, which therefore controls the levels of H_2O_2 . The mitochondrial isoform of cyclophilin (CypD) plays a relevant role in regulating the mitochondrial permeability transition pore [206] and is endowed with redox properties due to the presence of specific cysteine residues [207]. In isolated rat heart mitochondria, the inhibition of TrxR2 with the gold compound auranofin leads to a concomitant oxidation of Trx2, Prx3 and CypD as demonstrated by the redox Western blot technique [208]. Similarly, CEM-R cancer cells incubated with auranofin or other inhibitors of thioredoxin reductase such as ATO (arsenic trioxide) and CNDB (1-chloro-2,4-dinitrobenzene) show also a concurrent oxidation of Trx2, Prx3 and CypD. Both in mitochondria and cancer cells, the addition of H_2O_2 leads to an

oxidation pattern similar to that observed after treatment with inhibitors of TrxR2 [208]. In addition, CypD co-immunoprecipitates with both Trx2 and Prx3 [208] indicating a potential cooperation involving these proteins. These results indicate that CypD can act as a redox protein able to modulate the mitochondrial functions such as membrane permeability and that the redox conditions of CypD may be controlled by the thioredoxin system. Of note, Prx3 can act as a sensor of hydrogen peroxide and transduce this oxidation to CypD. This view is further supported by a molecular modeling approach showing a potential interaction of CypD both with Trx2 and Prx3 [208].

As Carlos M. Palmeira and Anabela P. Rolo point out, mitochondria play also an essential role in energy production and cellular homeostasis. Their highly dynamic nature, based on alterations in biogenesis, mitophagy, fusion and fission, allows adjustment of the sequential oxidoreductive reactions in the electron transport chain (ETC) and dissipation of the membrane potential by ATP synthase in response to different environmental cues [209]. Such adaptive processes may involve signaling by ROS and explain how mild levels of mitochondrial-derived ROS trigger a hormetic response resulting in extended lifespan. As ROS are an inevitable by-product of oxidative phosphorylation, alterations in the mitochondrial oxidative rate with a consequent excessive load of ROS, have been traditionally associated with pathological processes such as cancer, diabetes and neurodegeneration. Although in mammals the exact signal released by mitochondria that triggers a hormetic response is still uncertain, more and more studies are addressing ROS as promoters of mitohormesis, as opposed to their pro-aging action due to persistently induced oxidative damage. The concept of mitohormesis proposes that a mild increase in mitochondrial ROS may act as a sublethal trigger of cytoprotective long-lasting metabolic and biochemical changes against larger subsequent stresses [210]. Caloric restriction (CR) has been repeatedly shown to decrease risk factors for major age-related diseases and to increase lifespan in various organisms. Early on, work in *C. elegans* [211] has shown that reduced glucose availability was linked to an increase in both ROS and catalase activity, ultimately culminating in increased survival rates. Several other studies have further demonstrated that many strategies promoting longevity share a common downstream aspect, that is: increased mitochondrial ROS. Inhibition of the mitochondrial ETC by certain mutations or inactivation of mitochondrial superoxide dismutase increases *C. elegans* lifespan, as reviewed by Dancy et al. [212]. Low doses of rotenone, an inhibitor of complex I, have also been shown to extend the lifespan of *C. elegans* [212] as well as to induce hormesis in primary human fibroblasts, an effect not possible in older cells or with higher concentrations of rotenone [213]. Inhibition of mTORC signaling and the consequent induction of autophagy by caloric restriction or by pharmacological agents has also been found to promote longevity in yeast, worms, flies and mice, as recently reviewed [214]. Further, it has been shown that hearts with impaired mitophagy and consequent accumulation of damaged ROS-forming mitochondria develop cardiomyopathy, which can be surprisingly improved by the ROS-dependent activation of compensatory autophagic pathways of mitochondrial quality control, preventing a vicious cycle of ROS formation and mitochondrial dysfunction [215].

3.5. Role of ROS in hypoxia

When oxygen availability is reduced (hypoxia), eukaryotic cells sense this reduction and trigger a series of cellular and systemic responses that facilitate adaptation to hypoxia, including the optimization of oxygen consumption. As Pablo Hernansanz-Agustín and Antonio Martínez-Ruiz explain, some of these responses are mediated through transcriptional regulation by the stabilization of hypoxia-inducible factors (HIFs); however, this mechanism requires at least several hours for activation, and there is crosstalk with ROS signaling (for a recent review, see [216]). Several acute responses operate in minutes in specialized organs in which local temporal changes in the redox state

have been implied. One example is the carotid body, which senses variations in blood oxygen to activate the respiratory center. The search for the molecular mechanisms of oxygen sensing in carotid body cells has recently led Fernández-Agüera et al. to propose a fundamental role for mitochondrial complex I in the production of a ROS signal in response to hypoxia [217]. For a long time there has been a debate on whether hypoxia increases or decreases ROS production, with apparently contradictory reports in the literature. This controversy might arise from the ROS source studied, from the cell type, tissue or organism examined, from the techniques used to measure different ROS, and/or from the duration of hypoxia applied in each study. It has recently been shown that several cell types respond to acute hypoxia with a transient increase in superoxide production at the beginning of hypoxia, which has been called a superoxide burst in acute hypoxia [218]. This may explain in part the apparently divergent results found by different groups that have not taken into account the time frame of acute hypoxic ROS production. Molecular mechanisms in acute hypoxia might involve mitochondrial complex I and the mitochondrial sodium/calcium exchanger (NCLX) (Hernansanz-Agustín et al., manuscript under evaluation). Superoxide production in acute hypoxia seems to be a common mechanism for different cell types, but it would elicit different responses in specialized cells and tissues where the adequate components for signal transduction may be present such as cysteine residues sensitive to reversible oxidation. Examples of this are the carotid body cells where localized ROS production inhibits K^+ channels [217,219]; or the pulmonary arteries where mitochondrial ROS production may elicit a signal cascade including ceramide production, further ROS production by NADPH oxidases and alterations in ion channel activity [220]. In endothelial cells, by using specialized thiol redox proteomics methods, the reversible oxidation of a range of protein cysteine residues has been observed that could mediate acute responses to hypoxia in these cells [221]. Another molecular example of a hypoxia signal transducer is the Na^+,K^+ ATPase, with cysteine residues that are sensitive to variations in the oxygen concentration, and that alter the function of the protein (recently reviewed in [222]). In conclusion, ROS production is being increasingly considered as a key signaling event in acute hypoxia, and the molecular mechanisms and functional consequences of this event are currently an active field of research, with implications for molecular physiology and pathology.

An enzyme family that requires oxygen for function, and is thus related to oxygen availability, are 1NO synthases. As Damir Kračun and Agnes Görlach discuss, all three family members, endothelial NOS (eNOS), inducible NOS (iNOS) and neuronal NOS (nNOS), catalyze the reaction of 1NO production by binding a number of cofactors such as flavin adenine dinucleotide (FAD), flavin mononucleotide (FMN), heme, 5,6,7,8-tetrahydrobiopterin (BH_4) and calmodulin to convert L-arginine and O_2 to L-citrulline and 1NO .

The flow of electrons within NOS is tightly regulated. If disturbed, the chemical reduction of oxygen and the generation of 1NO are uncoupled and $O_2^{\cdot-}$ is generated from the oxygenase domain. In particular, failure of adequate provision of the cofactor BH_4 shifts electrons to molecular oxygen rather than to L-arginine, thus transforming NOS into a pro-oxidant superoxide anion-generating enzyme [223].

Conditions of low oxygen availability have differential effects on 1NO levels: decreased, increased and unchanged levels were reported. In some cases, the differences might have been due to different detection methods. Moreover, in several cases, NOS expression levels did not match the 1NO levels measured. While several reports showed that NOS expression increased under hypoxia, there was no concomitant increase in 1NO levels [224]; recent data indicate that hypoxia leads to uncoupling of NOS, which might explain this observation [225]. Mechanistically, a decrease in BH_4 levels observed under hypoxia in vitro and in vivo has been related to this effect. BH_4 levels in the endothelium are controlled through *de novo* BH_4 synthesis by GTP cyclohydrolase I (GTPCH-1), loss of BH_4 by oxidation to 7,8-dihydrobiopterin (BH_2), and regeneration of BH_4 from BH_2 by dihydrofolate

reductase (DHFR) [226]. While GTPCH-1 downregulation under hypoxia was not clearly demonstrated, recent data show that hypoxia can decrease the levels of DHFR, thus diminishing the capacity to recycle BH₂ to BH₄ [225]. In support of this finding, treatment with folic acid (FA), which has been shown to upregulate DHFR levels under normoxic conditions [227], restored DHFR, BH₄, and NO levels in hypoxic cells [225]. Decreased levels of BH₄ and DHFR together with diminished NO bioavailability were also observed in vivo in mice suffering from chronic hypoxia-induced pulmonary hypertension. While treatment with the biopterin precursor sepiapterin, which needs to be converted to BH₄ by DHFR, only marginally affected this disease [228], treatment with FA not only enhanced NO and BH₄ bioavailability but also diminished pulmonary hypertension [225]. Since a decline in DHFR has also been reported to promote angiotensin-II induced hypertension [227], preservation of DHFR levels appears to be an important mechanism to combat uncoupling of NOS and its associated pathologies.

3.6. Redox regulation of gene expression via modulation of transcription factors and epigenetic pathways

Conditions of low oxygen are also favorable for stem cell maintenance. As Holger Steinbrenner and Lars-Oliver Klotz point out, adult

mammals harbor multipotent somatic stem cells that are capable of replenishing terminally differentiated functional cells for maintenance and regeneration of tissues as well as for adaptation to metabolic demands. Examples include hematopoietic stem cells (HSCs) located in bone marrow, epithelial stem cells in intestinal crypts, and mesenchymal stem cells in adipose tissue and bone marrow. Somatic stem cells in adults are often quiescent but they may temporarily re-enter the cell cycle and proliferate rapidly in response to the appropriate signals. In recent years, it has become increasingly evident that even slight variations in intra- and extracellular levels of ROS may exert a profound impact on the fate and function of stem cells [229,230]. ROS serve as signaling molecules that affect the balance between self-renewal and differentiation of stem cells, their commitment, differentiation and maturation to specialized cell types, and their survival and aging. ROS involved in these processes, such as superoxide and hydrogen peroxide (H₂O₂), derive for the most part from the mitochondrial respiratory chain and from membrane-bound NADPH oxidases [229,230]. Transcription factors of the forkhead box, class O (FoxO) family participate in regulating and fine-tuning ROS-modulated cellular differentiation processes, as illustrated by the following examples. FoxOs stimulate the biosynthesis of ROS-reducing proteins located in mitochondria [superoxide dismutase 2 (SOD2), peroxiredoxins 3 and 5], in peroxisomes (catalase), and extracellularly [selenoprotein P (SelP)] [231]. Elevated

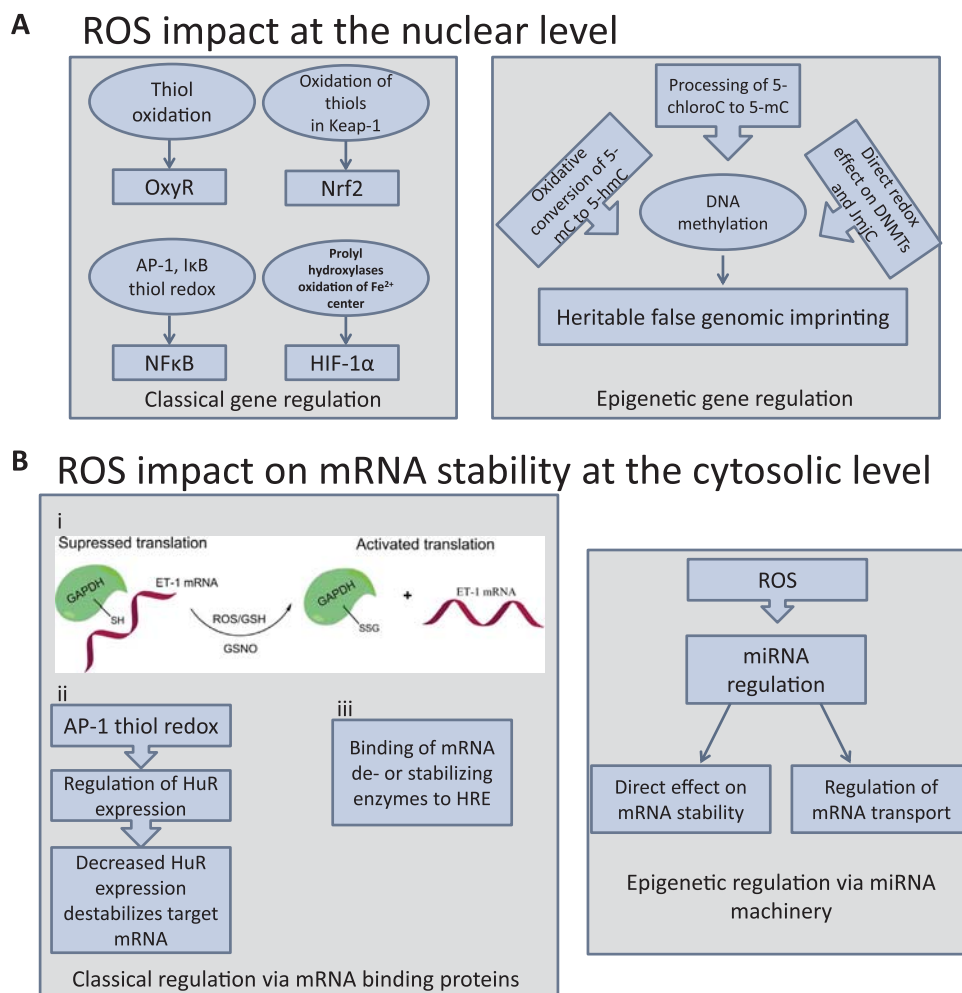


Fig. 3.2. (A) Reactive oxygen species can display their regulatory effect on the classical gene regulatory machinery and on epigenetic processes. One of the prominent pathways attributed to oxidative stress is thiol oxidation, which is involved in OxyR, NF-κB and KEAP1 signaling. Oxygen sensing prolyl hydroxylases represent another class of redox-dependent enzymes. For example, epigenetic involvement of ROS has been attributed to oxidative conversion of 5-mC to 5-hmC. (B) ROS impact on mRNA stability at the cytosolic level. Reactive oxygen species are involved in GAPDH signaling by directly altering its structure with the help of GSH or S-nitrosoglutathione (GSNO), and thus activate translation of endothelin-1 (ET-1) mRNA (i). AP-1 thiol redox regulation directly affects the gene regulating factor HuR by stability of its target mRNAs (ii). ROS have been implicated in the regulation of miRNA pathways, altering mRNA stability and their transport inside the cytosol. HRE means hormone response element. With permission of Elsevier and the authors. Copyright 2015. Adapted from [238].

circulating levels of SelP may then result, by means of its function as a plasma selenium transporter, in increased biosynthesis and cellular activity of antioxidant and redox state-modulating selenoenzymes such as glutathione peroxidases and thioredoxin reductases [231]. Thus, FoxOs are crucial for cellular stress resistance and longevity. Tightly controlled increases in FoxO expression and activity may balance ROS generation in differentiating cells through an adaptive up-regulation of antioxidant enzymes, which has been well documented for adipogenesis; committed mesenchymal stem cells (preadipocytes) of the subcutaneous adipose tissue may undergo clonal expansion in response to high nutrient intake. This is followed by growth arrest and terminal differentiation into mature lipid-accumulating adipocytes. Adipogenic differentiation of human adipose tissue-derived stem cells has been shown to be associated with elevated ROS generation, and it was stimulated both by exogenous application of H₂O₂ and by overexpression of Nox4. During adipogenesis, expression of *FoxO1* and *FoxO3* genes as well as the FOXO target genes coding for catalase and SOD2 were upregulated; silencing of *FoxO1* suppressed adipogenesis [232]. The continuous renewal of the intestinal epithelium represents another example that illustrates the importance of ROS for differentiation processes: stem cells located at the bottom of intestinal crypts are capable of proliferating and differentiating into absorptive and secretory cell types. The switch between cell proliferation and differentiation/growth arrest is typically associated with changes in the intracellular glutathione (GSH/GSSG) and in the extracellular cysteine/cystine redox potentials in the gut: proliferation is fostered in a reducing redox environment, whereas a modest shift towards the oxidation side of the two redox couples favors differentiation. A highly oxidized glutathione redox status, however, associates with cell death [233]. Human intestinal epithelial Caco-2 cells, a commonly used in vitro model for intestinal differentiation, stop proliferation and undergo differentiation into enterocytes/colonocytes following confluency. Differentiation of Caco-2 cells is associated with induction of FoxO1 and SelP [234], an antioxidant protein that was identified as a FoxO1 target gene [235]. Thus, FoxO1-mediated up-regulation of antioxidant enzymes might limit the severity and duration of the redox shift during enterocyte differentiation.

Stem cell differentiation has been also associated with epigenetic alterations. As Alina Hanf and Andreas Daiber summarize, there is a growing body of evidence that ROS/RNS contribute to the regulation of gene expression and genome stability not only by modulation of transcription factors, mRNA stability and DNA damage/repair, but also influence epigenetic pathways by affecting the function or expression of histone and DNA modifying enzymes (Fig. 3.2) [236–238]. For instance, it was shown that oxidative stress alters global histone methylation by attenuating Fe(II)- and α -ketoglutarate-dependent histone demethylase activity of Jumonji C (JmjC) domain-containing enzymes and TET DNA hydroxylases [237,238]. Furthermore, it is well established that levels of HDAC2 are decreased due to inflammation-induced ROS/RNS production in chronic obstructive pulmonary disease (COPD) [239]. Another example is the generation of reactive halogen compounds, such as 5-chlorocytosine, by ROS/RNS, leading to inaccurate methylation by DNA methyltransferase (DNMT) [240]. Adverse redox regulation of epigenetic processes may ultimately result in pathological consequences such as dysfunctional energy metabolism or increased oxidative stress that are associated with cardiovascular pathologies. For instance, hydrogen peroxide (H₂O₂) alters the binding of DNA methyl-transferases (DNMTs) to chromatin leading to hypomethylation in atherosclerosis [241,242]. Furthermore, epigenetic silencing of superoxide dismutase 2 (SOD2) by selective hypermethylation of CpG islands in the SOD2 gene is associated with pulmonary arterial hypertension [242,243], and oxidation of HDAC4 by NOX4-mediated ROS production was observed in cardiac hypertrophy [244]. There is experimental evidence that cardiomyocytes of failing hearts undergo significant changes in epigenetic profiles of H3K4 and H3K9 methylation marks that go hand in hand with ROS-induced changes in

histone demethylase activity [242,245,246]. This has also been observed in humans with heart failure [247]. Not only histone modifying enzymes but also histone proteins themselves can be directly affected by oxidizing and nitrating agents since exposure to peroxynitrite induces dityrosine formation in histone H2A and H2B leading to structural changes by intra-molecular cross-linking [248,249]. Dityrosine bridge formation represents an irreversible oxidative modification and it may be speculated that histones carrying this modification account for the persistent changes in gene expression observed in various disease states. In conclusion, epigenetic regulation by ROS/RNS in the setting of various oxidative stress-associated disorders may become an attractive target for redox medicine in the near future.

In addition to histone- and DNA-modifying enzymes, microRNAs (miRNAs) have an important impact on the epigenetic landscape. They comprise a large family of conserved, small (19–25 nucleotides (nt) long), non-coding RNAs that regulate gene expression at the post-transcriptional level. miRNAs bind to the 3'-untranslated region (3'-UTR), coding sequences or 5'-untranslated region (5'-UTR) of target messenger RNAs, thus leading to the inhibition of translation or mRNA degradation [250,251]. As Verónica Miguel and Santiago Lamas explain, it has recently been found that miRNAs are able to “fine-tune” the regulation of redox signaling. This may occur by direct interaction with NRF2, the major transcriptional regulator in the defense against ROS [252,253], or its co-regulators Kelch-like ECH-associated protein 1 (KEAP1) and CNC homolog 1 (Bach1), or by controlling the generation of ROS [254]. This new subset of miRNAs, that either regulate redox pathways or are themselves regulated by the cellular redox state, has been termed “redoximiRs” [255]. As pointed out above, fibrosis is an aberrant repair process that results from chronic inflammation and leads to excessive extracellular matrix (ECM) deposition that ultimately impairs organ function [256]. Myofibroblasts are considered the quintessential cell type responsible for ECM accumulation [257]. Fibrosis of major organs including liver, lung, heart, skin and kidney share common molecular mechanisms regarding the genesis of the fibrotic process such as the essential role of the TGF- β pathway [258]. However, major differences exist regarding the cellular origin of myofibroblasts and the role of epithelial-mesenchymal transitions (EMT) in each particular organ [259]. The lack of effective and specific therapeutic alternatives for fibrosis prevention or cure remains a fundamental clinical challenge in all organs. In the last decade, miRNAs have been shown to be modulators of pro- and anti-fibrotic processes in human diseases and this subset of miRNAs are called “fibromiRs” [260,261]. Aberrant expression of fibromiRs drives the initiation and progression of the fibrotic process in response to persistent tissue injury. Moreover, TGF- β signaling through Smad proteins can regulate the transcription of miRNAs by DNA binding or miRNA maturation by associating with the Drosha/DGCR8 complex [262], suggesting a possible link between miRNAs and fibrogenesis. The overlap between the sets of fibromiRs and redoximiRs is now becoming evident and is of potential importance for both mechanistic and translational purposes [263]. Currently several miRNAs pertaining to this intersection have been described and are the objects of intense research, including miR-21 [264–266], miR-29 [267,268], miR-9 [269,270], miR-199 [271] and miR-433 [272]. Of interest, some of these miRNAs, such as miR-21, may regulate metabolic pathways related to fatty acid oxidation, a process that has been proven crucial for the pathogenesis and perpetuation of fibrosis in the kidney [273–275]. Overall, the crosstalk regulation between redox balance and miRNA function appears to be an exciting avenue of research, which may lead to a more profound comprehension of fibrosis and eventually to provide effective therapeutic alternatives.

3.7. Redox signaling via RONS-derived electrophiles such as oxidized lipids

Fibrosis and inflammatory diseases have been also associated with lipid oxidation. As Catarina B. Afonso and Corinne M. Spickett discuss, oxidized phospholipids (OxPLs) have a known role in several inflam-

matory diseases such as atherosclerosis and diabetes, but also in neurodegenerative diseases including Alzheimer's and Parkinson's disease. Although they mostly have a pro-inflammatory role, as reviewed recently [276,277], their capacity as anti-inflammatory agents has also been described. The anti-inflammatory activity of OxPLs has been shown to involve several pathways (reviewed in [278]). The mechanisms by which they act include the inhibition of nitric oxide synthesis in macrophages; activation of peroxisome proliferator activated receptors (PPARs), leading to inhibition of major inflammatory pathways (such as the NF- κ B and AP-1 signaling pathways); attenuation of dendritic cell activation and maturation, and inhibition of T-cell proliferation and cytotoxicity, which are important in the adaptive immune system. One of the most studied anti-inflammatory mechanisms by which OxPLs act, however, involves the regulation of Toll-like Receptors (TLRs). These receptors are responsible for innate immune responses by recognizing pathogen-associated molecular patterns (PAMPs). The presence of oxidized phospholipids appears to selectively inhibit some proteins of this family (such as TLR2 and TLR4), possibly through binding to accessory proteins important for their activity [278]. However, much research has been performed using specific oxidized phospholipids, and the different phospholipid species could alter the response observed [279]. Also, their anti-inflammatory activity is known to depend on several factors. For example, low concentrations (< 25 μ M) of the oxPL are thought to be anti-inflammatory, whereas higher concentrations (> 50 μ M) tend to be pro-inflammatory and cytotoxic [276]. The effects of cell type [280] and the presence of endotoxin [281] have also been reported. The potential of OxPLs for the diagnosis and treatment of inflammatory diseases is evident, but further research is necessary to characterize the relationships fully.

ROS, RNS and lipid peroxidation (LPO) products are not only crucial in regulating cellular signaling processes under physiological and pathophysiological conditions, they are also crucial in the cellular response to materials, acting in turn as chemo-attractants, signaling molecules and agents of degradation [282]. As Pierre-Alexis Mouthuy and Neven Žarković point out, such interactions between cells, materials (or 'scaffolds'), and bioactive molecules can be observed in tissue engineering in order to improve or replace biological tissues in regenerative medicine. In this context, modulation of ROS may have the potential to improve the quality of the engineered constructs. So far, approaches in tissue engineering that target ROS in order to improve cell-material interactions have focused on antioxidant therapies to minimize oxidative stress in cells. However, it is challenging to provide antioxidant concentrations that are physiologically relevant and respond to variations of oxidative stress levels, which may occur during new tissue formation. Thus, recent strategies aim to develop polymeric scaffolds that undergo oxidative degradation and/or release bioactive molecules such as antioxidants in response to the oxidant concentrations [283–285]. On the other hand, considering the multiple roles that oxidants play during the response to biomaterials, pro-oxidant therapies are also becoming attractive for tissue engineering applications. The LPO products, like 4-hydroxynonenal (HNE) known as a "second messenger of free radicals", are particularly interesting candidates to be supplemented as bioactive molecules. Namely, despite being biomarkers of pathological oxidative stress, LPO products have been shown to stimulate cell proliferation and matrix synthesis [286,287]. Compared to ROS and RNS, the LPO products have the advantage of forming rather stable protein adducts. Moreover, their hydrophobicity suggests that their incorporation into a hydrophobic polymer matrix (such as biodegradable polyesters) could lead to a slow and prolonged release, which is desirable for tissue engineering applications. Overall, the existing evidence supports the idea of providing LPO products during tissue engineering in order to stimulate cell infiltration and new tissue formation. Such a novel approach has been proposed as a supplement for a bone regeneration strategy, which is currently being tested using HNE.

Moreover, proteins can be modified by covalent reactions on the

nucleophilic residues cysteine, histidine, arginine and lysine, leading to the formation of a wide variety of adducts with oxidized products of lipids. As Bebiana C. Sousa and Corinne M. Spickett explain, even though protein lipoxidation can occur under basal conditions, it is increased and thought to be relevant in pathophysiological conditions [288]. In order to understand their impact on a complex matrix like cells, tissues or body fluids, potentially important protein-lipid adducts are often generated in vitro under controlled conditions [289]. This approach has the advantage of potentially decoding the reactivity of each specific electrophilic lipid species and specific fragmentation patterns of lipoxidation adducts, allowing a targeted analysis in complex biological samples. On the other hand, this strategy also presents some disadvantages, as previously reported by other authors [290,291]. Mass spectrometry (MS)-based analytical approaches are one of the most popular methodologies to study biological systems and are used extensively in the study of protein-lipid adducts. The adducts are detected by MS analysis, often involving liquid-chromatography followed by top-down or bottom-up proteomic strategies. Because the top-down approach requires expensive mass analyzers with high mass accuracy and resolution, the bottom-up approach is the most commonly used. However, it also involves disadvantages; for example, when the aldehydes react with lysine and arginine, this leads to additional difficulties since these modifications may interfere with trypsin digestion, which is typically used in proteomics. Furthermore, stabilization of adducts is required prior to the enzymatic digestion and MS analysis due to their labile nature. Certain MS/MS conditions can cleave labile post-translational modifications during peptide fragmentation, resulting in the neutral loss of the modification. For these reasons, it is advantageous to use enrichment procedures and chemical labeling in order to improve sensitivity and selectivity. Western blot immunoassay using specific or non-specific antibodies can also be performed, followed by in-gel digestion and MS analysis for protein identification. However, the cross-reactivity of some antibodies with different lipids is a major disadvantage. The development of new MS approaches could provide tools to identify and quantify lipid-protein adducts and understand their effects upon oxidative stress and related pathophysiological conditions [292].

3.8. Interaction of the gasotransmitter H₂S with ROS and RNS

In recent years, H₂S biology has attracted a lot of attention by unraveling multiple physiological roles for this gasotransmitter, linking it to disease conditions and offering novel translational opportunities, as summarized by Andreas Papapetropoulos (Chair of the COST Action BM1005 (ENOG)). Hydrogen sulfide is generated in mammalian cells by three distinct enzymes: cystathionine- β synthase (CBS), cystathionine- γ lyase (CSE) and 3-mercaptopyruvate sulfotransferase (3MST) [293,294]. Although the exact levels of H₂S in cells remain unknown, they are most likely in the nM range. In addition to free H₂S, acid-labile and protein-bound sulfane sulfur pools exist [295]. H₂S is a weak acid and readily ionizes at physiological pH, with 70% of H₂S existing in the anionic sulfide (HS⁻) form [293]. H₂S is a weaker reductant than cysteine and glutathione. This, in addition to its much lower concentration compared to glutathione and protein thiols, argues against a role for H₂S as a "professional" direct reducing agent in a cellular context. H₂S most likely acts as a signaling molecule boosting endogenous antioxidant mechanisms.

Low levels of H₂S are neuroprotective, cardioprotective, anti-apoptotic and anti-inflammatory [293]. Many of its biological actions have been attributed to its antioxidant properties [293,296]. H₂S impacts on the cellular redox state as it reacts with ROS, inhibits ROS production, activates antioxidant enzymes and upregulates the expression of antioxidant genes. H₂S reacts with ROS/RNS including HOCl, O₂⁻, H₂O₂ and ONOO⁻ [297]. With the exception of HOCl, the reaction rate constants of H₂S with the above-mentioned oxidants are low, suggesting that they are most likely of little biological significance

[295]. The reaction of H₂S with free radicals can give rise to a number of novel species. Of particular interest is the reaction between H₂S and [•]NO, which generates S/N hybrid species and HNO[•] [298].

NRF2 is a transcription factor that acts as a major regulator of the cellular defense response to oxidative stress since it is the master transcription factor regulating antioxidant genes [299,300]. NRF2 is found in a complex with Kelch-like ECH-associated protein 1 (KEAP1) in the cytosol that facilitates its degradation through the proteasome pathway. Following exposure to oxidative stress, KEAP1 dissociates from NRF2 allowing it to escape from ubiquitination and enabling translocation to the nucleus where it binds to antioxidant response elements in the promoter region of several genes. Treatment of cells or animals with H₂S donors causes persulfidation of KEAP-1 on cysteine-151, which in turn causes a conformational change in KEAP1 allowing it to dissociate from NRF2 [301]. In addition to NRF2 activation, H₂S donor administration up regulates NRF2 expression [294].

Treatment with H₂S has been shown to be protective against a variety of oxidative stress-related injuries and ROS-induced toxicity [296]. From a mechanistic point of view the protective effects of H₂S, in addition to NRF2, have been linked to increased activity of antioxidant enzymes such as superoxide dismutase, catalase and glutathione peroxidase, inhibition of superoxide generation and lipid peroxidation and reduction of NOX expression [296,301]. Moreover, treatment with H₂S donors increases the cellular concentration of reduced glutathione by promoting cysteine and cystine uptake and by upregulating the level of the GSH biosynthetic enzyme γ-glutamylcysteine synthase and GSH reductase; H₂S also increases thioredoxin-1 gene expression [296].

4. Redox biomarkers

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4.1. Introduction

This section will deal with selected redox biomarkers. As the causative molecules of oxidative damage are ROS, one might expect most studies would be performed by measuring ROS, such as the superoxide radical or the hydroxyl radical, (among others) in patients' fluids, just as inflammation researchers measure the level of inflammatory cytokines in disease. However, most ROS are extremely unstable, with half-lives of 10⁻⁶ – 10⁻⁹ s. Also “more long-lived” ROS, such as hydrogen peroxide, have a half-life of less than a millisecond [302]. Therefore, it is difficult to measure them in biological fluids. ROS can be measured during their production in vitro using chemicals (e.g. “spin traps” and “fluorescent probes”) to detect them while they are produced, but they cannot be measured in stored plasma or stored culture supernatants. Therefore, we do what is done in high energy physics. Not being able to detect subatomic particles, we can only have a clue of their presence by the traces they leave. The main feature of ROS is their high reactivity, hence the name, and measurement of oxidized macromolecules that can arise by interaction with endogenous ROS can give us an estimate of the production of ROS (Fig. 4.1) [6]. Likewise, upregulation of ROS enzymatic sources or so-called toxifiers (e.g. myeloperoxidase) can also work as biomarkers of oxidative stress.

Measurement of these oxidized molecules can provide three types of biomarkers. Some can be indicators of the production of ROS. An example is S-thiolated hemoglobin (whose oxidation, to our knowledge, has no pathogenic role). This is similar to the situation with glycated hemoglobin (HbA1c) in diabetes, a good and stable indicator of how much the organism has been exposed to high blood glucose, but which, unlike blood glucose, has limited functional consequences in vivo. Others are, in effect, biomarkers of oxidative stress, that is, they reflect oxidative damage that may have biological consequences. An example of this type is oxidized DNA metabolites, as they may potentially be responsible for oxidative stress-induced mutagenesis and cancer. A third group of biomarkers consists of oxidized products that have an

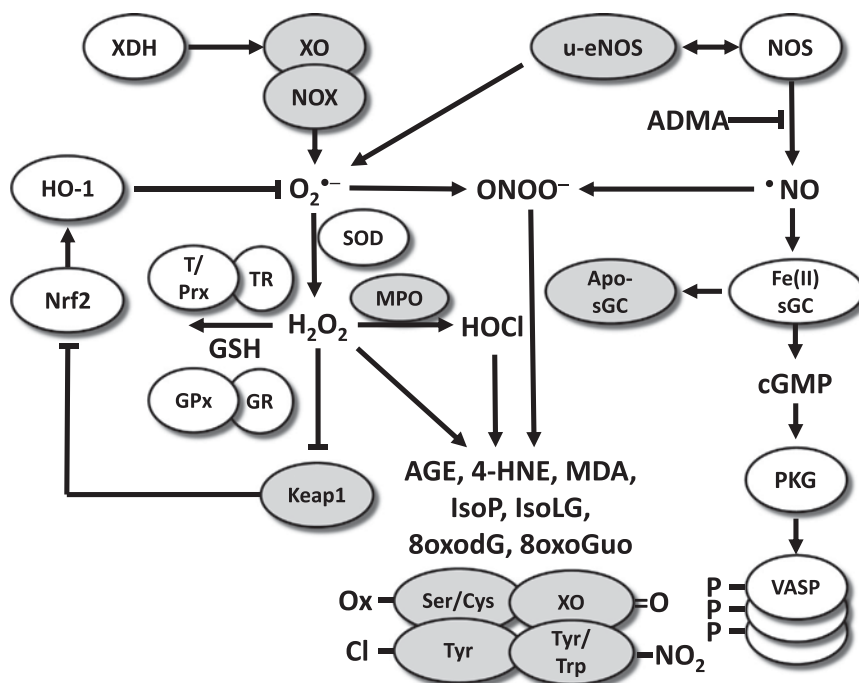


Fig. 4.1. Redox pathways associated with putative biomarkers of oxidative stress. The processes that lead to oxidative modifications of proteins, lipids, and nucleotides are highly complex. Enzymes, such as XO, NOX, and NOS, can produce ROS and RNS. These ROS can furthermore serve as substrates for other enzymes to generate additional types of ROS, such as the generation of HOCl from H₂O₂ by MPO. Cellular systems and enzymes, including the GSH and thioredoxin system, together with peroxiredoxins (T/Prx), counterbalance the production of ROS. In addition, increased levels of ROS activate NRF2 to transcribe genes that are involved in counteracting these ROS. Oxidative stress affects cGMP signaling through its effects on nitric oxide (•NO) production, scavenging, and on the •NO receptor sGC. cGMP, cyclic guanosine monophosphate; GSH, glutathione; H₂O₂, hydrogen peroxide; HOCl, hypochlorous acid; MPO, myeloperoxidase; NOS, nitric oxide synthase; NOX, NADPH oxidase; RNS, reactive nitrogen species; ROS, reactive oxygen species; sGC, soluble guanylate cyclase; XO, xanthine oxidase. Adapted from [6]. With permission of Mary Ann Liebert, Inc. Copyright 2015.

intrinsic biological activity, which may propagate some of the consequences of oxidative stress – such as hydroxynonenal, an aldehyde generated by lipid oxidation [303].

This review will deal with different types of stable redox biomarkers that can be used in biological samples from clinical or population-based studies. The biomarkers have been grouped in the subsections below according to their identity as oxidation products of proteins, lipids, or DNA.

4.2. Protein oxidation products as redox biomarkers

The following section was composed by Serge P. Bottari, Stuart P. Meredith and Corinne M. Spickett. Biological systems are exposed to various endogenous and exogenous oxidants capable of modifying proteins, which, among other processes, may affect cell signaling pathways [304] and contribute to inflammatory diseases [302]. A number of acute and chronic diseases have been reported to cause, be accompanied by, or be due to, "oxidative stress". This stress can be considered as a deregulation of redox signaling resulting in an excess of ROS, which may be responsible for further complications.

Since the major substrate of the primary ROS, $O_2^{\cdot-}$, in terms of kinetics is 'NO (the reaction with $O_2^{\cdot-}$ has a rate constant which is 3–4 times greater than the rate constant for the dismutation of $O_2^{\cdot-}$ catalyzed by SOD), oxidative stress is generally preceded – and accompanied by – an increased generation of RNS, essentially peroxynitrite (ONOO⁻), which, in the case of excessive concentrations, can cause nitro-oxidative stress [305]. Since RNS can, like ROS, alter proteins, lipids and nucleic acids, RNS may also be involved in pathological mechanisms [306,307]. Interestingly, however, most posttranslational protein modifications due to RNS appear to often be reversible in vivo. Therefore, nitro-oxidation should be considered as a potential therapeutic target, as the modifications involved are modulated primarily by the redox status, 'NO and $O_2^{\cdot-}$ fluxes [308], the former being easily manipulable.

The major pathophysiological nitro-oxidative protein modifications elicited by ONOO⁻ are glutathiolation and S-nitrosation of Cys and nitration of Tyr residues. Other modifications are zinc finger oxidation and methionine sulfoxidation. 'NO by itself is a major neurotransmitter and an activator of soluble guanylate cyclase. Its reaction with $O_2^{\cdot-}$ therefore has dual consequences: primarily the generation of novel messengers (RNS) and a decreased bioavailability of 'NO with direct consequences on its targets [305,307].

Antibody-based methods are among the most common techniques for identifying and quantifying these oxidative post-translational modifications to amino acid residues. The most common techniques (Table 4.1) include ELISA, Western blotting (WB) and immunostaining techniques, such as immunohistochemistry (IHC) and immunocytochemistry (ICC). The accuracy of these techniques relies on the specificity of the available antibodies, but not all antibodies are

validated for all procedures [309]. The majority of antibodies against oxidative posttranslational modifications are primarily validated for Western blotting (~75%), with smaller numbers suitable for the other techniques (IHC ~40% and ELISA ~35%), and they are not necessarily interchangeable. Searching on databases such as CiteAb and Biocompare suggests there are more than 500 commercially available antibodies to modified residues (Table 4.1), but on average less than 15% of these have been specifically cited in scientific publications. Some antibodies are more extensively cited and used in different techniques, so selecting the appropriate one is important.

An important issue is the specificity of the antibodies, which may vary according to the immunogen used to generate them, including the carrier. The most commonly used approach is conjugation of the modified residue to either keyhole limpet hemocyanin (KLH) or bovine serum albumin (BSA), but others were produced by immunizing directly with proteins treated with oxidizing, chlorinating or nitrating agents. A limitation of using modified BSA or other proteins is that it generates antibodies to a variety of epitopes on the antigen that may lead to cross reactivity upon translation, especially as most nitrating and chlorinating agents are also oxidizing, so a wide range of oxidative posttranslational modifications result. Even using synthetic modified residues conjugated to a carrier protein, there are likely to be several antibodies to epitopes that do not include the modification site, so purification is required. Thus the resulting polyclonal sera are semi-specific at best; while monoclonal products are better, some cross-reactivity is still possible. For example, limitations of antibodies and antibody-dependent assays for methionine sulfoxide have been reported [310,311]. This indicates the importance of understanding the nature of the antibody being used in order to interpret results correctly, but unfortunately, often little information is available from the supplier. It also suggests the benefit of producing better characterized antibodies, possibly with known sequence specificity in addition to modification specificity.

Among the applications of the above antibodies to immunochemical assays, it is of primary interest to be able to detect and quantify nitro-oxidative "stress" in pathophysiological situations before irreversible oxidative cell damage occurs. Among the nitro-oxidative protein modifications, the most stable and therefore easiest one to investigate is Tyr nitration. Indeed, glutathiolation and S-nitrosation, being heavily dependent upon the redox state, can easily be artifactually generated or reduced in biological samples.

In order to achieve monitoring of nitro-oxidative "stress" in pathophysiological situations, Rocha *et al.* developed an ELISA assay for the quantitative determination of nitrated albumin in plasma. Indeed, assaying free or peptide-bound nitroTyr does not reflect nitro-oxidative stress as most of it is of dietary origin [312].

This test allowed Bottari's group to monitor the occurrence of systemic nitro-oxidative "stress" under two conditions which can lead to severe long-term psychomotor retardation: perinatal asphyxia and

Table 4.1
Summary of the types of antibodies currently available against oxidatively modified residues.

Modification	Number of Antibodies	Antibodies Cited	Clonality (mAb: pAb)	Most Common Antigen	Range of Validated Techniques
3-Chlorotyrosine	1	1	0:1	3-Chlorotyrosine (no details)	IA, IHC
3-Nitrotyrosine	439	15	129:310	3-Nitrotyrosine conjugated to KLH	WB, ELISA, ICC, IF, IHC, IP
S-nitrosocysteine	1	0	0:1	Recombinant protein	ELISA, WB
Cysteine sulfenic Acid	3	3	0:3	Sulfenic acid-cysteine (2-thiodimedone-specific Ig)	WB
Cysteine sulfinic acid	1	0	0:1	Cysteine sulfinic acid adducts	ELISA, IHC
Cysteine sulfonate	3	3	0:3	Dimedone-modified cysteine conjugated to KLH	WB
5-Hydroxytryptophan	17	1	8:9	Conjugated to bovine serum albumin via a glutaraldehyde linkage	WB, ELISA, ICC, IHC, IF
Methionine sulfoxide	3	2	0:2	Protein with methionine sulfoxide modifications	WB
Hydroxyproline	19	3	0:19	Conjugated to bovine serum albumin	ELISA, IHC, ICC, WB
Carbonyl	43	41	27:16	Conjugated to bovine serum albumin	ELISA, IHC, ICC, WB

neonatal hypoglycemia [313,314]. Whereas the clinical significance and importance of perinatal asphyxia on neurodevelopmental outcome of severely and even moderately affected newborns is now generally accepted, this has not been the case for neonatal hypoglycemia whose clinical significance is still a matter of intense debate [315–319]. Interestingly, animal models of these two conditions invariably show cerebral insult associated with increased tyrosine nitration both in vitro and in vivo. These observations have been confirmed in postmortem cerebral and medullar tissues of asphyxiated neonates [320,321].

Since high peroxynitrite flux generation has been reported to cause neuronal apoptosis, Wayenberg et al. investigated potential correlations between plasma nitroalbumin levels and other biological and clinical parameters in asphyxiated and hypoglycemic neonates [313]. In perinatal asphyxia, it was found that plasma nitroalbumin concentrations at day 1 to be strongly correlated with the severity of neonatal encephalopathy ($\chi^2 = 7.23$; $p < 0.05$) indicating the occurrence of systemic nitro-oxidative stress in these infants. Nitroalbumin levels were also inversely correlated ($p < 0.05$) with Apgar score (a marker for the health of newborns) and arterial blood pH and directly with creatinemia, arterial base deficit and lactacidemia. The latter correlation indicates a correlation between the degree of hypoxia and albumin nitration, whereas the increase in creatinemia is indicative of a decreased glomerular filtration rate, which may reflect afferent arteriolar vasoconstriction. Nitroalbumin levels were back to control levels at day 4 suggesting that this stress was transient [313].

It has been well documented that moderate and severe neonatal encephalopathy are often associated with subsequent periventricular leucomalacia and cerebral palsy, often leading to impaired neurodevelopmental outcome. The data of Wayenberg et al. therefore suggest that increased RNS generation may play a role in hypoxic-ischemic brain injury. Further studies are required to verify whether plasma nitroalbumin may serve as a marker of nitro-oxidative stress in neuroprotective trials.

In neonatal hypoglycemia [314], Wayenberg et al. found an inverse correlation between glycemia and plasma nitroalbumin as early as the first hour of life ($r = -0.35$; $p < 0.02$) and through day 1. Lactacidemia was inversely correlated with nitroalbumin suggesting that lactate may serve as an alternate fuel. Another interesting finding is the strong correlation between nitroalbumin levels and the severity and duration of the hypoglycemic events determined as area-under-the-curve. Similarly, in neonates who had more than 2 hypoglycemic episodes during the first 24 h of life, nitroalbumin levels were still significantly elevated at day 4.

Whereas, as mentioned earlier, the impact of neonatal hypoglycemia on neurodevelopmental outcome is still a matter of debate, our data clearly indicate that severe and repeated hypoglycemic events during the first 24 h of life induce an important and long-lasting systemic nitro-oxidative stress both in preterm and term infants, which may be involved in the cerebral insult responsible for the psychomotor retardation reported by several authors. These observations therefore provide grounds for timely and appropriate management of neonatal hypoglycemia and call for further studies on careful metabolic monitoring and long-term follow-up of the neurodevelopmental outcome of these infants.

In conclusion, plasma nitroalbumin determination provides a highly sensitive and robust marker, which may prove useful for monitoring nitro-oxidative stress and for understanding the involvement and role of redox deregulations and RNS in various pathophysiological conditions.

4.3. Lipid oxidation products as redox biomarkers

The following section was composed by Opeyemi S. Ademowo, Irundika Dias and Helen Griffiths. Malondialdehyde (MDA) is the best known and most abundant (10–20 μM in plasma) end-product of the autocatalytic lipid peroxidation chain reaction. In addition to aldehydes, other common cholesterol, phospholipid and polyunsaturated

fatty acid peroxidation biomarkers that are formed include ketones such as 4-hydroxynonenal, alcohols such as isoprostanones, hydroperoxides such as 1-palmitoyl-2-(5'-oxo-valeroyl)-sn-glycero-3-phosphocholine (POVPC) and cyclic endoperoxides. Polyunsaturated fatty acids (free or in phospholipids) with methylene interrupted unconjugated olefinic bonds are highly susceptible to free radical oxidation and yield hydroperoxide species in situ, which in the case of membranes, are released by phospholipases. Commonly reported examples of oxidized cholesterols (oxysterols) include 6-cholesten-5 α -hydroperoxide, 7-ketocholesterol, 7-dehydrocholesterol and 25-hydroxycholesterol [322]. The suitability of these molecules as biomarkers is dependent on their stability, ease of enrichment or separation and accurate detection methods in the presence of several orders of magnitude higher concentrations of the parent lipid. The commonly used thiobarbituric acid-reactive substances (TBARS) assay lacks specificity for MDA measurement in biological materials and is not a method of choice for MDA quantitation [323].

Lipid peroxidation analysis by absorption spectrometry has been superseded by the accurate determination of unmodified or derivatized lipids using chromatographic separation followed by mass spectrometry (MS) methods. Gas and liquid chromatography have been used successfully according to equipment availability, but LC is easier as it does not require the samples to be volatilized. The precision of such methods is achieved by: 1) stability of the analyte; 2) enrichment of the analyte; 3) specific detection by multiple reaction monitoring transitions; 4) the sensitivity of the MS method including variation in dwell time; and 5) the availability of stable isotope standards for the species of interest.

For MDA, the commercial deuterated standard is available to support stable isotope dilution methods; successful derivatization and stabilization in acetone has been achieved using pentafluorobenzylbromide followed by extraction using toluene to remove matrix followed by GC separation to enrich for species of interest [324], and using 3-nitrophenylhydrazine to derivatize followed by LC separation using stable isotope dilution methods to compensate for matrix effects during electrospray ionization [325].

Quantification is typically achieved by selected ion monitoring (SIM) after MS (e.g. of m/z 251 for MDA and m/z 253 for its stable isotope after neutral loss of PFB) and selected reaction monitoring (SRM) by MS/MS of the mass transition (e.g. m/z 251 \rightarrow m/z 175 for d_0 -MDA and m/z 253 \rightarrow m/z 177 for d_2 -MDA) [324]. By derivatizing MDA, these methods capture the reactive carbonyl prior to sample processing.

Similar to MDA, 4-HNE is highly reactive and MS methods of analysis typically rely on derivatization using PFB to stabilize the reactive carbonyl. After GC separation and analysis by the SIM method, the deuterated analog, HNE- d_{11} , has been successfully used for quantitation [326]. Plasma concentrations of 4HNE are ~ 100 nM.

Isoprostanones (IsoPs) are stable products of polyunsaturated fatty acid peroxidation. F2-isoP, the most common, is derived from arachidonic acid with a concentration < 0.5 nM in the plasma of healthy human subjects. One LC-MS method using deuterated standardization has been described, despite this method having the potential to be the most sensitive and specific for many different isomeric forms. Solid phase extraction was adopted to remove contaminants and following LC-MS, two MRM transitions were acquired per analyte for quantification and confirmation of IsoPs [327]. The recovery of the spiked standard was 70–120%.

Oxidized cholesterols have biological activity [328] although they are found at very low concentrations in plasma (7-ketocholesterol: < 75 nM). They are often esterified. Some methods describe saponification to release the free oxidized cholesterol as an index of oxidative stress whereas other authors prefer to analyze the biologically active free oxidized forms. Solid phase or liquid-liquid extraction and protein precipitation during sample preparation has proved to be important for sample enrichment. The incorporation of deuterated standards using stable isotope dilution enables absolute recovery to be reported. Using a

monolithic column, efficient chromatographic separation of isomeric oxysterols was achieved; MRM transitions of m/z 369/287 enabled specific detection for 7-ketocholesterol with 81–108% recovery [329].

In order to highlight the innovations in the field of lipid peroxidation product analysis by LC, a recent approach for detection of the oxidized phospholipid POVPC has been described that relies on a nanoparticle-based strategy for successful trapping and enrichment of aldehyde-containing oxidized phospholipids [330]. After derivatization of carbonyl containing phospholipids with a bifunctional reagent containing a thiol moiety to bind onto nanoparticles, the derivative and enriched moieties can be released by a reducing agent for analysis by LC-MS/MS. The authors highlight a two-fold improvement in the sensitivity of POVPC detection using nanoparticles.

As LC-MS/MS with SRM methods and deuterated standards become more widely available, a new era of reliable lipid peroxidation analysis will dawn enabling researchers to understand the concentration and species produced in different biological contexts. Improved enrichment techniques that minimize the risk of artefactual oxidation and novel chromatographic materials that can offer improved separation of amphipathic molecules are key to further development in this field.

4.4. Nucleic acid oxidation products as redox biomarkers

The following section was composed by Marcus S. Cooke, Mahsa Karbaschi and Henrik E. Poulsen. Nucleic acid oxidation has attracted attention since it was shown that it was one of the most abundant DNA modifications [331]. It also is a pre-mutagenic lesion that induces GC: TA transversion mutations. The guanine moiety is particularly prone to oxidation and is studied as a prototype for both DNA and RNA oxidation. In DNA it can be measured as the nucleoside upon digestion and hydrolysis. The gold standard for measurement is now ultra-high-performance liquid chromatography with tandem mass spectrometry for quantification. The optimum method includes extensive chromatography, isotope dilution with the use of both quantifier and qualified ions [332]. The oxidized nucleosides from both DNA and RNA are excreted into urine and are used as non-invasive biomarkers [6].

Biomonitoring such damage, both *in vitro* and *in vivo*, is therefore critical to understanding the mechanisms linking damage with disease, but achieving this can present technical challenges. Blood is a potentially problematic matrix to measure oxidatively generated DNA damage, as it is necessarily invasive (typically ~5 mL is needed); peripheral blood mononuclear cells need to be isolated before analysis or storage, which is a time-consuming process; and artefactual damage occurs when whole blood is frozen without a cryopreservative. To address this, a novel approach has been described that significantly simplifies biomonitoring *in vivo*: small volumes of whole blood are sufficient (250 μ L from a finger prick), which facilitates simple collection and storage without artefacts, together with use in the comet assay without prior isolation of peripheral blood mononuclear cells [333]. Recently, a novel comet assay tank and rack design was described, which exploits holding the slides in a vertical orientation, rather than horizontal [334]. This innovation results in significant improvements in sample throughput (~90% decrease in slide handling time), together with a much smaller footprint, and enhanced cooling. In contrast to blood, urine is non-invasive, although it is also possible to measure biomarkers of oxidative stress in other extracellular matrices [335]. Mass spectrometric approaches remain the gold standard for urinary 8-oxodG analysis, but modifications to a commercially available ELISA for 8-oxo-7,8-dihydro-2'-deoxyguanosine (8-oxodG) have improved its accuracy [336,337]. Most recently, the Cooke laboratory has established an approach that allows genome-wide assessments of DNA.

There are many reports of increased excretion of the guanine nucleoside into urine or elevated tissue levels in many diseases, and this has led many researchers to conclude that nucleic acid oxidation is important in many diseases. Oxidative stress-induced damage to nucleic acids (including DNA, RNA and the corresponding nucleotide pools) has

been implicated in the pathogenesis of numerous diseases, including cancer, cardiovascular disease and neurodegenerative disease [338]. However, there is a difference between occurrence and importance, and also there is the problem of whether the lesion causes the disease or is a consequence of the disease. The classic criteria for causation are given by the nine Bradford-Hill criteria [339]: strength, consistency, specificity, temporality, biological gradient, plausibility, coherence, experiment, and analogy. For DNA oxidation there are few publications on the strength (urinary excretion of the oxidized deoxyguanosine nucleoside (8oxodG)). Consistency is limited and there are only a few existing cohort studies, yet they have shown an association with lung cancer in non-smokers [340] and with breast cancer [341]. These effects are small and probably not important on an individual basis, although they might be important from a public health point of view. There are no important data to evaluate criteria 2,3,4,5. Criterion 6 (plausibility) is provided by the demonstration of GC: TA transversion mutations, even though the quantitative effect is not established. Criterion 7 is partly fulfilled by epidemiological and experimental evidence, and for criterion 8 (experiment) there are data from DNA repair knock-out animals that support the idea that the oxidative modifications are linked to cancer development, or to premature aging [342].

RNA oxidation has only recently attracted attention. The evidence is limited to hemochromatosis [343] and diabetes [344,345]. The data support criterion 1 in that the effects are considerable, but the rest of the criteria are only supported by hypotheses [346].

Beside the Bradford Hill criteria, there are some additional aspects that need to be considered in the context of clinical utility. If a high level of a biomarker is associated with a disease, are there means to reduce the levels and will this either prevent the disease or improve survival of patients with the disease? There are no data on this. Presently, the quest is to identify non-pharmacological or pharmacological means that are non-toxic and that can reduce markers of DNA or RNA oxidation. Hitherto, the only example is blood-letting for the treatment of hemochromatosis that reduces the biomarker for RNA oxidation and also is well established to reduce the morbidity from high body iron [343]. Still, particularly regarding type 2 diabetes, the clear association between morbidity/mortality and the levels of RNA oxidation is very promising with a potential to identify or develop novel treatments for type 2 diabetes.

4.5. Conclusion

This comprehensive review has provided a summary of some of the protein-, lipid-, and nucleic acid-based biomarkers of oxidative stress, some of the latest developments in the assay methods by which they may be measured, and some of the applications of these methods in clinical studies. As described above, in general, gas/liquid chromatography-mass spectrometry often provides the platform of choice for the determination of all these types of biomolecules, due to the specificity and sensitivity of this platform. However, this type of platform does not necessarily provide a method that is suitable for large-scale clinical studies because of the relatively high cost of mass spectrometry equipment and, frequently, the relatively high time demands for sample preparation. Even mass spectrometry approaches are not without the dangers of artefacts. It should also be borne in mind that good analytical sensitivity and specificity for a particular biomarker does not necessarily translate into good clinical diagnostic sensitivity and specificity when testing the utility of the biomarker in the diagnosis of a specific human disease.

Immunochemical methods such as ELISAs might provide alternative, high-throughput approaches for the analysis of oxidative stress biomarkers (as described above for a range of protein oxidation products, including 3-nitrotyrosine within the albumin polypeptide backbone). However, great caution should be exercised in relation to the specificity of the antibodies used in ELISAs, and it is evident from Table 4.1 that many commercially available antibodies directed against

protein oxidation products have received limited validation.

One of the challenges in this area is for the “redox biology community” to work together to validate a group of harmonized assays, which will constitute reference standards for oxidative stress biomarkers in clinical studies. An important series of investigations (the National Institute of Environmental Health Biomarkers of Oxidative Stress Study), addressed the question of which assays provide valid read-outs of oxidative stress induced in animal models. The mass spectrometry-based measurement of F2-isoprostanes was identified as a “gold standard” biomarker of free radical damage caused by carbon tetrachloride in rats [347]. A viewpoint regarding the current status of oxidative stress biomarkers as clinically useful tools was provided by a recent review [6]. Visualization of biomarkers measured in various diseases by cluster analysis (Fig. 4.2) shows that the majority of studies have used ROS-induced modifications as markers of oxidative stress [6]. There is also ongoing discussion on whether traditional assays for ROS and RNS detection are still useful in certain setups or should be replaced by more advanced techniques [348–350].

The current review has included some indications as to how oxidative stress biomarkers assays may be applied to medical research studies, but the demonstrated *clinical* value of oxidative stress measures in diagnosis or monitoring in patients has so far been disappointing. In this respect, the challenge is to validate oxidative stress assays in terms of clinical utility – i.e. clinical diagnostic sensitivity and clinical diagnostic specificity. The development of oxidative stress biomarkers needs the substantial further attention of researchers, particularly in relation to the identification of validated biomarkers for the study of: (i) the pharmacodynamics of novel redox-based therapeutics in animal models of disease, (ii) the clinical diagnosis and/or monitoring of human diseases in which oxidative stress is involved, and (iii) clinical trials of novel redox-based therapeutics. As long as the above three areas remain inadequately addressed, we will continue to struggle to translate our increasing understanding of redox biology into advances in human disease therapies based on redox medicine. The studies described above, in relation to nitrated albumin as a biomarker in perinatal asphyxia and neonatal hypoglycemia, begin to take us in the right direction. But the important challenge of identifying reference

methods for oxidative stress assays still has some way to go.

5. Optimizing ROS detection using EPR or fluorescence: in vivo applications to mammalian cells, tissues and plant biology

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5.1. Introduction

When oxygen first appeared on Earth, living systems had to adapt to this particular oxidant molecule. This resulted in various reactive oxygen species (ROS: mainly superoxide anion, hydrogen peroxide, but also ¹O₂, hydroxyl radical) that must be regulated by all aerobic organisms. Due to the regulatory role of ROS and crosstalk between these molecules, their level and localization are therefore critical parameters for biology and medicine. In order for the measurements to be most useful, it often is essential to measure the amount of ROS at particular sites and under appropriate conditions. Specific, sensitive and localized measurements of ROS require special methodologies. As ROS are correlated to oxygen levels, in vivo conditions should be applied to study their biological effects, which is not always possible. Oxygen concentration is therefore a key element in every experiment. There is no gold standard modality to determine, quantify or localize the various ROS species. Scientists who evaluate ROS have to use different modalities, with different qualities and limitations depending on the experimental conditions. Over the last decade, approximately 75% of all reports on ROS have been determined with fluorescence imaging, especially in vitro [355]; almost all the other references have used electron paramagnetic resonance (EPR or electron spin resonance [ESR]) with or without spin trapping for their detection or imaging [356]. Nevertheless other modalities are emerging such as nuclear magnetic resonance imaging (MRI) [357], echography [358] or positron emission tomography [359]. New methodologies such as immunospin trapping [360] are also emerging all the time so that it is not possible to give an exhaustive list. Fig. 5.1 shows enzymatic sources of RONS, the reactive species being formed, the potential footprints they leave and imaging techniques that may be applied to measure them

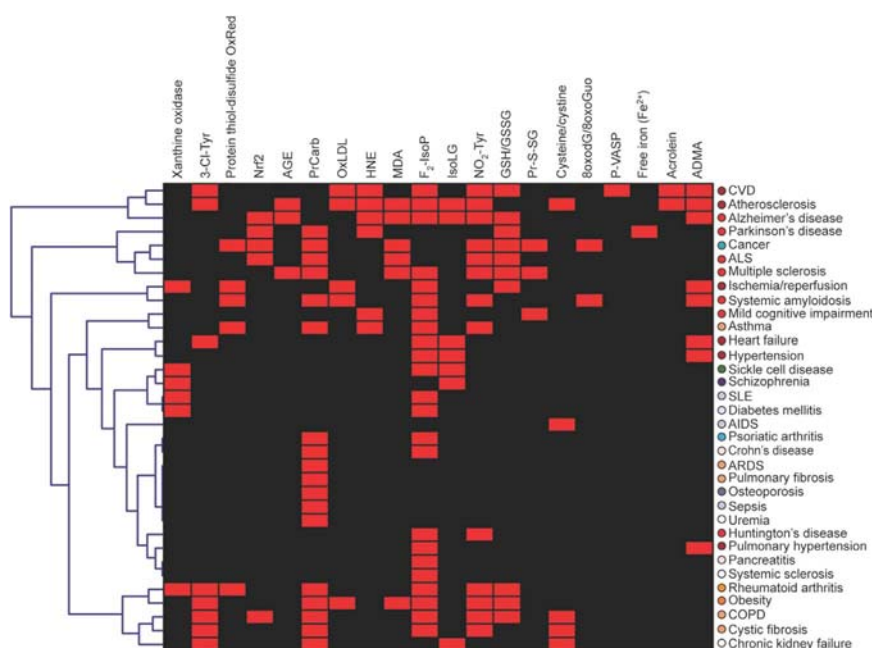


Fig. 4.2. Cluster analysis of ROS biomarkers in disease. Different diseases were clustered according to described ROS biomarkers in Refs. [351–353] and studies described in this review. Some disease conditions cluster as might be expected, such as ischemia/reperfusion and heart failure, and amyotrophic lateral sclerosis and multiple sclerosis. A comprehensive analysis of ROS markers and pattern analysis in diseases might uncover common disease mechanisms or new measures of disease progression or treatment outcome. Cluster analysis was performed using Genesis software (https://genome.tugraz.at/genesisclient/genesisclient_description.shtml) as described in Mengozzi et al. [354]. Adapted from [6]. With permission of Mary Ann Liebert, Inc. Copyright 2015.

[361].

Despite its limitation, EPR is still the most suitable technique to detect ROS. EPR can be used in different methodologies such as EPR coupled to spin-trapping. It is the most specific method, as stated by K. Abbas and F. Peyrot.

5.2. Spin trapping coupled to EPR is an under used specific method to measure oxidative stress in biological systems

Electron paramagnetic resonance (EPR) is the gold standard to detect paramagnetic species. However, when the aim is the detection of short-lived radicals involved in oxidative stress, such as $O_2^{\cdot-}$ in living systems, direct detection is not possible due to the low sensitivity of the technique. To overcome this limitation, the spin trapping method was introduced in the 1970s. It relies on the specific single-step addition reaction of the radical of interest on an EPR-silent molecule, named the spin trap, which yields a persistent radical, called the spin adduct, the EPR spectrum of which is characteristic of the trapped radical. The most commonly used spin traps for $O_2^{\cdot-}$ in aqueous medium are derivatives of the cyclic nitrene 5,5-dimethyl-1-pyrrolidine *N*-oxide (DMPO, e.g. DEPMPO) (Fig. 5.2). Since its first application to biological systems in 1979, important contributions have been made to improve spin trap structures based on mechanistic analysis of the spin trapping reaction and of the spin adduct decomposition pathways [362,363], but also to improve the methodology by characterizing its limitations, artefacts, and sources of misinterpretations [364–368]. Intracellular detection and quantification are not straightforward, and *in vivo* detection of $O_2^{\cdot-}$ is impossible with spin traps coupled to EPR. However extracellular detection of $O_2^{\cdot-}$ produced by cells can now be achieved with excellent specificity and satisfactory sensitivity with CD-DIPPMPPO, an extracellular spin trap [369]. Spin trapping of NO is based on its high affinity towards ferrous iron and trapping as stable nitrosyl-iron complexes is achieved by either adding iron-diethyldithiocarbamate (Fe(II)(DETC)₂) to tissues or isolated cells [63,370], or by measurement of endogenously formed nitrosyl-iron complexes such as Hb-NO [371,372]. Nitrosyl-iron complexes produce typical triplet EPR signals (Fig. 5.2). Though a few spin traps are commercially available, their cost is prohibitive considering that their purity is usually not sufficient for biological studies. Since the quality of the supplies has not improved over the years, there is a need for a greater collaboration between biologists, synthetic chemists, experts in EPR spectroscopy and spin trapping from platforms dedicated to EPR studies of biological systems at national and European levels so that recent advances can be made accessible to all, in order to address questions relative to oxidative stress in living systems. A few years ago, as Ron Mason was trying to find new accurate ways to use spin trapping in order to determine superoxide levels in living systems, he introduced immuno spin-trapping, which he presented in a recent review [360]. Immuno spin-trapping uses spin-trap antibodies to ensure the detection of the long lived biological species with various methodologies (UV, mass spectrometry, MRI). Spectroscopists can now specifically detect superoxide *in vitro*; they have therefore moved on to try to overcome the problem *in vivo* by studying the redox status. Redox status is related to the balance of many biological species (oxidants and reductants or antioxidants).

Despite its hazy definition, the redox status can be used as a tool by biologists in many cases. This kind of measurement is based on the aminoxyl (nitroxide), hydroxyamine redox equilibrium. It is suitable for *in vivo* imaging [374] and often uses soluble molecular probes. When aminoxyl linked to proteins is used, the redox status and conformational changes can be addressed, as presented by A. Pavićević and M. Zatloukalová: the “Assessment of redox status and conformational changes of proteins using EPR spin labeling”, which gives biologists two important sets of information for their studies. Under different physiological and patho-physiological conditions, proteins undergo various conformational changes, which can be studied with a variety of experimental techniques. One of these techniques is EPR, also known

as electron spin resonance spectroscopy (ESR), coupled with the use of paramagnetic compounds called spin labels (SLs). SLs, which are commonly employed for such measurements, are derivatives of cyclic aminoxyl (often addressed as nitroxide) radicals, a class of compounds containing an > N-O moiety sterically shielded by methyl groups (or other types of groups) attached to the neighboring carbon atoms. In solutions, these molecules are allowed to rotate freely (short rotational correlation time, τ_c), and thus the resulting EPR spectrum is composed of three sharp isotropic lines (for ¹⁴N nitroxides). However, when molecular motions are restricted (long τ_c) the overall spectral shapes change, i.e. a broadening of the lines occurs due to the anisotropy of hyperfine splitting constants and *g*-values. If an appropriate SL is attached to a protein, the anisotropic spectra of the immobilized > N-O moiety provide valuable information about: 1) the hydrophobic/hydrophilic nature of the binding site in the protein; 2) the influence of the local environment induced by various reagents, temperature and pH change, etc.; 3) the binding capacity of the protein; 4) the distances between the active sites of the protein; 5) the folding and unfolding of the protein, which is an especially interesting topic when membrane proteins are studied; 6) the secondary structure of the protein; 7) the dynamics of the protein backbone; and 8) protein-protein and lipid-protein interactions [375,376]. Numerous SLs have been synthesized for this purpose, a few of which are commercially available. Some of the SLs bind non-covalently to the proteins, while others are intended to covalently bind to specific amino acid residues, such as sulfhydryl groups (-SH). The technique involving the application of the latter is known as site-directed spin labeling (SDSL), and is frequently used in synergy with site-directed mutagenesis. Even though the application of SDSL can be beneficial, the use of conventional site-specific spin labels (SSLs) suffers from a number of drawbacks, so the label has to be chosen prudently, and experiments must be planned thoroughly. For instance, the methanethiosulfonate spin label (MTSSL) binds solely to the sulfhydryl group of free cysteine residues. However, it also tends to form dimers, resulting in dipole-dipole interactions, and consequently in the formation of extra spectral features [377]. On the other hand,

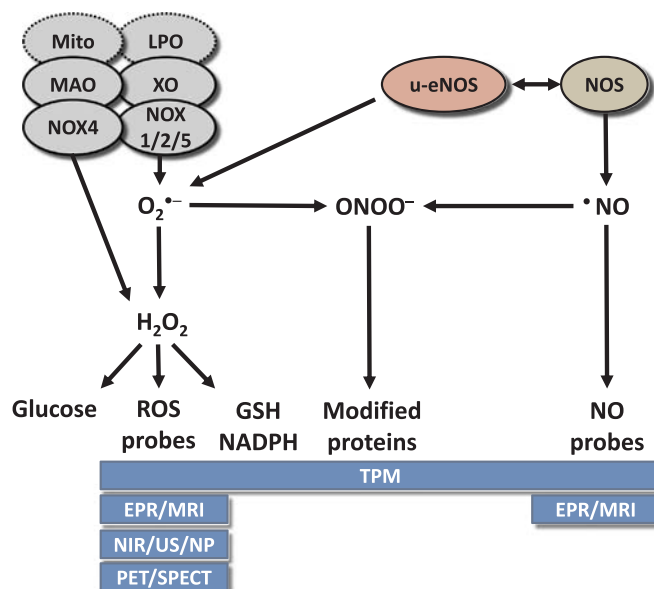


Fig. 5.1. Spectrum of different ROS imaging techniques. In the upper part, different sources of ROS are shown: Mitochondria (mito), lipoygenases (LPO), monoamine oxidase (MAO), nicotinamide adenine dinucleotide phosphate oxidase (NOX4 and NOX 1/2/5), xanthine oxidase (XO), functional nitric oxide synthases (NOS) and dysfunctional / uncoupled eNOS (u-eNOS). These result in different types of ROS [including superoxide radical ($O_2^{\cdot-}$), hydrogen peroxide (H_2O_2), hypochlorous acid (HOCl, not shown in the scheme), peroxynitrite anion ($ONOO^-$), nitric oxide ($\cdot NO$)] and ROS-induced modifications of GSH, NADPH, proteins, or glucose uptake, which, in turn, are detected by different imaging technologies. Adapted from [361]. With permission of Mary Ann Liebert, Inc. Copyright 2016.

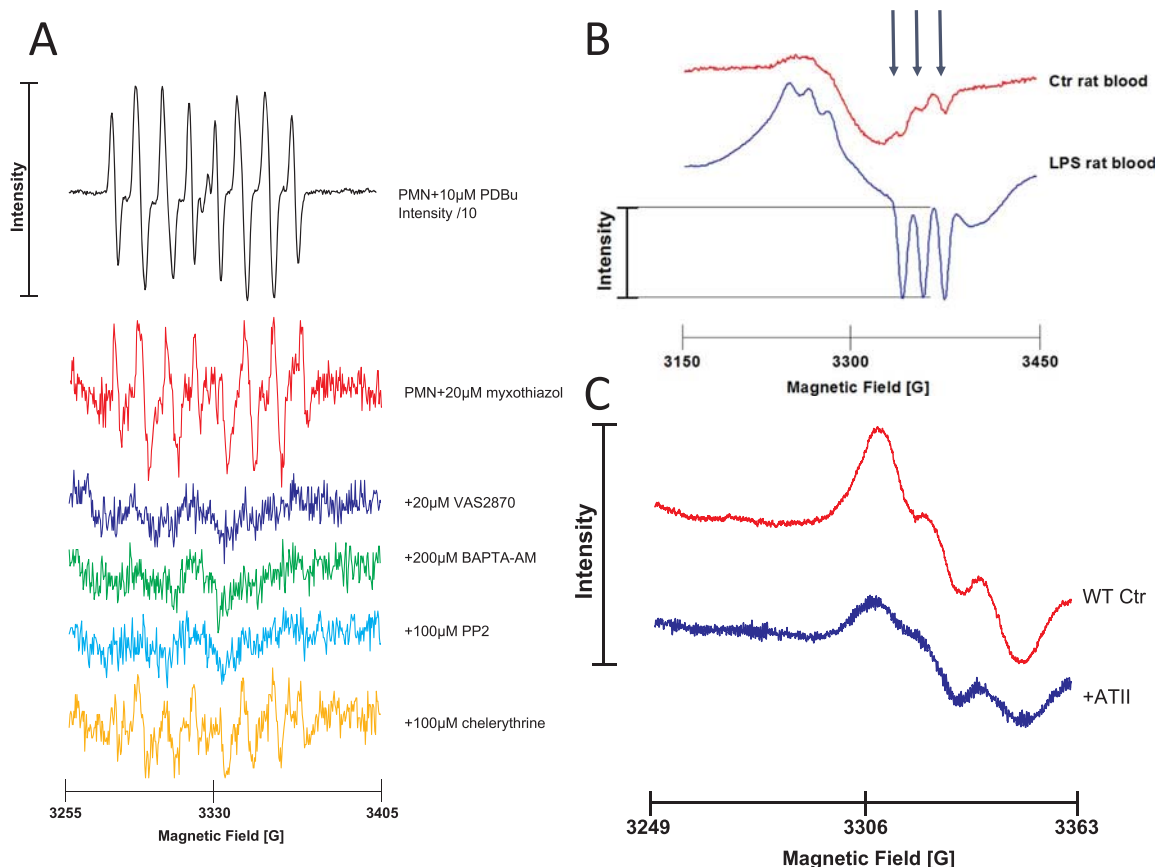


Fig. 5.2. (A) Determination of mtROS triggered NADPH oxidase activation in isolated human neutrophils by electron paramagnetic resonance measurement. Freshly isolated human neutrophils (22×10^6 PMN/mL) were incubated in PBS with $300 \mu\text{M Ca}^{2+}/\text{Mg}^{2+}$ and 10 mM DEPMPPO for 15 min at 37°C . Activators and inhibitors of phagocytic NOX were added as shown in the figure. The spectrum for phorbol ester (PDBu)-stimulated PMN is displayed at decreased intensity ($1/10$). All reactions below the red spectrum contained $20 \mu\text{M}$ myxothiazol. Incubations were with NOX inhibitor (VAS2870), intracellular calcium chelator (BAPTA-AM), cSrc kinase inhibitor (PP2) and PKC inhibitor (chelerythrine). All spectra were recorded at room temperature in $50 \mu\text{l}$ glass capillaries (Hirschmann Laborgeräte GmbH, Eberstadt, Germany). EPR conditions: $B_0 = 3300 \text{ G}$, sweep = 150 G , sweep time = 60 s , modulation = 3000 mG , MW power = 10 mW , gain = 9×10^2 using a Miniscope MS200 from Magnetech (Berlin, Germany). Representative spectra of mixed DEPMPPO-OOH' and DEPMPPO-OH' adduct for 2 independent experiments. Spectra were recorded as described previously [373]. With permission of Mary Ann Liebert, Inc. Copyright 2014. (B) Whole blood Hb-NO levels were determined by electron paramagnetic resonance spectroscopy as a read-out of iNOS activity in endotoxemic (lipopolysaccharide-treated) rats. The EPR measurements were carried out at 77 K using an X-band table-top spectrometer MS400 (Magnetech, Berlin, Germany). The instrument settings were as follows: 10 mW microwave power, 7000 mG amplitude modulation, 100 kHz modulation frequency, 3300 G center field, 300 G sweep width, 60 s sweep time and 3 scans. With permission of Springer-Verlag Berlin Heidelberg. Copyright 2015. (C) Aortic 'NO formation was measured in untreated control and angiotensin-II infused hypertensive mice by EPR spin trapping using $\text{Fe}(\text{DETC})_2$. Each spectrum was measured from one murine aorta. The representative spectra below the bar graph are the mean of all measurements. EPR conditions: $B_0 = 3276 \text{ G}$, sweep = 115 G , sweep time = 60 s , modulation = 7000 mG , MW power = 10 mW , gain = 9×10^2 using a Miniscope MS400 from Magnetech (Berlin, Germany). The A23187-stimulated 'NO signal was absent when the aorta were denuded, L-NAME ($200 \mu\text{M}$) was added, or when aorta from $e\text{NOS}^{-/-}$ mice were used (not shown). With permission of Mary Ann Liebert, Inc. Copyright 2014. (a) Adapted from [63]. (b) Adapted from [371]. (c) Adapted from [63].

maleimido- (MSLs) and 2-iodoacetamido- spin labels (IASLs) need to be incubated with the protein at certain pH values, otherwise they bind not only to $-\text{SH}$, but also to the amino groups.

The protein spin labeling EPR technique has not been used exclusively to study protein conformations and interactions, but has also been applied as a diagnostic tool for various malignancies and benign tumors [378], sepsis [378], diabetes [379], atherosclerosis [379], and cirrhosis [380]. The commonly used methods to detect the aforementioned pathologies include the labeling of blood plasma/serum with 16-doxy stearic acid (16-DS). 16-DS was chosen due to its high affinity for human serum albumin (HSA). Peptides and metabolites synthesized in the affected organ become attached to HSA, thereby changing its binding capacity and conformation. Such modification is expressed as varied contributions of the unbound, strongly and weakly bound 16-DS to the albumin from the sera of patients, as opposed to healthy individuals. These contributions are calculated using simulation software to decompose EPR spectra, and data are further processed, mainly by neural network software or discriminant analyses. On the other hand, in vitro studies demonstrate that ROS may damage HSA and affect its transport function [381].

Though this methodology offers satisfying accuracy, sensitivity and specificity, and though the procedure seems relatively simple, there are several technical issues that make this diagnostic tool anything but easy. In a recent work by A. Pavićević et al., the analysis of the binding of two spin-labeled fatty acids (SLFAs) to commercial HSA was reported [382]. The obtained data indicate that ethanol, which is extensively used in diagnostic spin labeling protocols, affects the binding of SLFAs to HSA. In order to avoid using ethanol, test tubes should initially be labeled with a small volume of SLFAs dissolved in an organic solvent and left to evaporate. Afterwards, a certain amount of serum should be added and incubated under constant vortexing. The weakness of such an experimental setup is that SLFAs bind to a lower extent to HSA, due to their low water solubility. There are also other difficulties with using 16-DS. One of them is its binding to seven possible sites of HSA; consequently, information about conformational changes cannot be obtained from the specific site. The other issue is that the doxyl group is positioned nearly at the end of the hydrocarbon chain, opposite the carboxylic group. Therefore, anchoring the 16-DS molecule to HSA causes the doxyl moiety to protrude through the albumin's surface [382,383]. Accordingly, 16-DS appears to be an unreliable reporter to

detect local changes in albumin hydrophobic pockets.

Considering all the indicated difficulties, the course of our research was oriented towards estimating the diagnostic potential of other SLs, initially through *in vitro* studies on purified HSA, and eventually on blood serum samples. The emphasis was on SSLs and SLFAs with a doxyl group attached to the hydrocarbon chain closer to the carboxylic moiety. The preliminary data indicated that the 3-maleimido proxyl (3-MSL) is able to report changes in the cysteine-34 (Cys-34) environment, induced by the binding of fatty acids, warfarin, ibuprofen and benzodiazepines, whose interactions with HSA have been studied exhaustively.

The use of SSLs can also reflect the antioxidant capacity and redox state of HSA (from its free –SH group), since this probe does not bind to the oxidized forms of –SH. The joint electrochemical and EPR study of cytochrome *c* derivatives indicates that the use of SLs specific for cysteine residues has great potential to estimate the redox state of other proteins bearing free –SH groups as well.

It is very difficult in such innovative methods to reach satisfying accuracy. One way can be to combine multiple methodologies such as “electrochemistry and EPR”. EPR can be completed by electrochemistry to get accurate oxygen concentration information by EPR [384]. Better than adding these methods, one can couple them; this is the proposition of J. Vacek and M. Mojovic that encourages efforts to “couple Electrochemistry and EPR”.

5.3. Electrochemistry and EPR to investigate antioxidant and prooxidant systems

Redox-active and reactive chemical forms directly contribute to homeostasis, the maintenance of a stable internal environment. There is therefore an emphasis on the direct detection and imaging of these chemical entities, among which we classify free radicals, or substances collectively known as RONS as well as an extensive group of antioxidants. Therefore, combining electrochemical methods and EPR spectroscopy represents a highly efficient solution, and both methods can be complementary (thus off-line) or may be applied *in situ* (i.e. on-line). Electrochemical methods may be used to monitor redox processes; cyclic voltammetry is preferred, or advanced pulse voltammetric techniques, which have a higher sensitivity due to the elimination of capacitive currents [385].

Usually carbon electrodes and anodic voltammetry are used to predict the electron-donor capacity and general reactivity of the examined molecules. The oxidation products can then be identified, which can be further investigated electrochemically, or even isolated and characterized after electrolysis. When interpreting the electrochemical data (voltammograms), we assume that an effective antiradical or antioxidant agent is oxidized at potentials approaching zero, where the electron-donor capacity, and hence its effectiveness, decreases with the increase of anodic potential. Given that many antioxidants are subject to multicomponent (pH-dependent) redox transformations, we always evaluate the potential of the first oxidation peak. Analyses are conveniently performed in an aqueous medium at pH 7.4 in the presence or absence of molecular oxygen, to eliminate artificial effects associated with the spontaneous oxidation of the examined samples. If the redox process is associated with the formation of a radical intermediate, it is practically impossible to detect by electrochemical approaches. For this purpose, EPR spectroscopy, also known as electron spin resonance (ESR) spectroscopy is used [386]. With EPR, we can monitor the absorption of microwave radiation by chemical forms with one or more free electrons, e.g. free radicals, in a strong magnetic field. They can be analyzed using the EPR directly in solution or cell homogenates, in a tissue or even during the anodic reaction on the electrode surface. If the lifetime of the radical forms is too short, the spin-trapping technique is used.

Mojovic et al. present their research on the oxidation of phenolic antioxidants as an example of an effective combination of electroche-

mical and EPR methods. Although this type of exogenous antioxidant is often perceived sceptically in terms of its biological effect *in vivo*, a number of these substances are highly effective experimental antioxidants, and in some cases, even chemoprotective agents are fully usable in prophylactic treatments and complementary medicine [387]. One of the most important examples is that of flavonolignans, which are used as hepatoprotectants and antidotes for selected mushroom poisoning. The main example is silybin and its 2,3-dehydroderivative, whose mechanisms of redox transformations and antioxidant effects have been studied [388]. Both of these substances, and also their structural congeners, are characterized by a pleiotropic mode of action, which is partly based on their ability to modulate signaling pathways, or receptor systems in cells (see Section 10.4.2), and also by a combination of their antioxidant vs. prooxidant effects. The antioxidant effect is associated with a relatively high electron-donor capacity, especially for flavonolignan 2,3-dehydroderivatives, and also their metal-chelating capacity. Conversely, pro-oxidant effects are associated with the transition of flavonolignans to reactive aryloxy radical forms or with the formation of highly reactive flavonolignan-metal complexes, which may secondarily generate free radicals through a Fenton-like reaction [389]. Square-wave voltammetry on carbon electrodes [388] was used to investigate the mechanism of redox behavior and analyze the electron-donor capabilities of these substances. EPR spectroscopy was further applied for the direct analysis of aryloxy radicals of flavonolignans that were generated in a strongly alkaline environment according to the methodology developed initially for the purpose of researching flavonol and flavone derivatives [390]. However, aryloxy radicals can also be generated during the electrochemical oxidation of flavonolignans. Their short lifetime, however, makes their identification or further analysis impossible. For this purpose, an *in situ* spectroelectrochemical technique was developed, where the oxidation of the flavonolignan occurs in the presence of the spin-trap probe 5-*tert*-butoxycarbonyl-5-methyl-1-pyrroline-*N*-oxide (BMPO). The radicals produced during the electrooxidation therefore associate with BMPO and give rise to a stable radical adduct, which can be subsequently quantified by EPR [391]. In addition to the above, we see EPR as an effective tool to analyze metal flavonoid complexes. EPR techniques were applied to the characterization of the highly reactive oxovanadium(IV)/silybin complex, which induces the formation of RONS in the cellular environment [392].

The main prerequisite to combining electrochemical methods and EPR spectroscopy in the study of antioxidant and prooxidant molecules (or molecules which combine both effects) is based on the fact that EPR enables the visualization of free radicals *in situ*, which are not detectable by electroanalytical approaches. By contrast, EPR exhibits zero interference with the parent forms of the studied species, nor with the final products formed during their redox transformations. Off-line applications of EPR and electroanalysis have recently started to find applications in research of more complex cellular systems and *in vivo* monitoring and imaging [393]. In the above, *in situ* approaches (e.g. [391]) were previously only applied in molecular studies with isolated chemical species, whereas future applications clearly point towards the on-line connection of EPR spectroscopy with electroanalysis under more complex (preferably *in vivo*) conditions. There is clearly potential in the application of implantable microelectrode systems, in the optimization of new technical solutions for spectroelectrochemical instrumentation and in the development of new hybrid techniques based on electrochemical microscopy in combination with EPR imaging approaches.

Applications of electroanalysis in conjunction with EPR spectroscopy are demonstrated here with low-molecular redox-active substances, monomeric flavonolignans, exhibiting an antioxidant effect while under other specific conditions, exhibiting a prooxidant effect. The applicability of the above techniques in research on biopolymers, specifically proteins, is demonstrated in Section 5.2.

As discussed before, fluorescence is the most used methodology,

especially for microscopy. As an example, one can use genetically encoded probes, as proposed by Vsevolod Belousov to detect hydrogen peroxide.

5.4. H_2O_2 detection using genetically encoded probes and nanoparticles

Out of the many techniques to study redox reactions, imaging using fluorescent genetically encoded biosensors offers the widest set of advantages. First, most importantly, it allows the monitoring of redox events in real time in situ and in vivo. Second, the protein nature of the sensors allows subcellular targeting similar to conventional fluorescent proteins. Recently several technological improvements in the area of redox imaging were achieved.

Since the development of the first genetically encoded redox biosensors, they have all been based on fluorescent proteins with green emission [394]. The development of the first red fluorescent probes for H_2O_2 , HyPerRed, made multiparameter imaging possible by using co-expression of this sensor with green-emitting probes for H_2O_2 , GSH/GSSG and pH. Using HyPerRed, ER stress-induced H_2O_2 transients in the mitochondrial matrix were detected for the first time within living cells [395]. Interestingly, the increase in H_2O_2 was not associated with any detectable increase in the mitochondrial matrix GSSG content. Moreover, no H_2O_2 increase was observed in the inter-membrane space or the cytoplasm of the same cells.

Another important direction in the improvement of genetically encoded redox sensors is the expansion of the concentration limits of detection. For example, for H_2O_2 signaling studies, it would be important to have a sensor that reflects changes in near-basal concentrations of H_2O_2 . Although it is not yet clear what the basal concentrations of H_2O_2 are, the first successful attempt to make the H_2O_2 probes more sensitive has been made recently [396]. The sensor consists of the redox-sensitive fluorescent protein roGFP2 fused to yeast peroxiredoxin Tsa2. This peroxidase has a 100 fold higher reaction rate than OxyR and Orp1 - the domains used in previous H_2O_2 sensors, HyPer [397] and Orp1-roGFP2 [398]. The Tsa2 part of the sensor is, however, made non-sensitive to H_2O_2 . Instead, it brings roGFP2 in close proximity to endogenous Tsa1 incorporating into Tsa1 decamers. Therefore roGFP2 within the probes form redox relays with endogenous Tsa1 rather than with fused Tsa2 inactivated by point mutagenesis. The resulting probe is half-oxidized under basal conditions and sensitive to both increases and decreases in H_2O_2 . Still some effort has to be made to make roGFP2-Tsp2 functional in cells other than yeast and to improve the reduction speed of the sensor.

One of the basic properties of redox signaling is a high spatio-temporal control over location, and the amounts of the oxidants produced [399]. However, the exact sizes of H_2O_2 microdomains are not easy to estimate because of the optical limits of fluorescent microscopy. Super-resolution microscopy becomes a more and more popular instrument to study fine structures in cells, however it has never been used before to study dynamic processes, such as second messenger dynamics and enzymatic activities. Recently, the H_2O_2 sensor HyPer2 was successfully used in sub-diffraction microscopy. The exceptional photo stability of the sensor made its use in Stimulated Emission Depletion (STED) microscopy possible. Fused to cytoskeleton structures, HyPer2 was able to resolve the structures with superior resolution and report H_2O_2 dynamics in growth factor-stimulated cells. Uneven dynamics of the sensor oxidation between two filaments separated by a distance of 100–200 nm suggests a less than ~ 100 nm diffusion radius of H_2O_2 in the cytoplasm of fibroblasts.

On the other hand, developments have been made in the chemical probes used for detection [400], such as near-infrared sensitive probes [401], biphoton probes or nanoparticles (NPs). According to A. Suha Yalçın, NPs are becoming widely used tools in the field of sensing and imaging. Success in developing different luminescence probes has enabled the monitoring of ROS production both in cells and whole animals [402–404]. Among these are peroxalate-based NPs formulated

from peroxalate esters and fluorescent dyes that are used to image H_2O_2 in vivo with high specificity and sensitivity. Peroxalate NPs were capable of imaging H_2O_2 in the peritoneal cavity of mice during a lipopolysaccharide-induced inflammatory response [402]. The method was further improved by reducing the size of the NPs and modifying their content to detect H_2O_2 at physiological concentrations. Chemiluminescent NPs have also been exploited for the in vivo targeting and imaging of tumors and were successfully used to image H_2O_2 as a tumor signal molecule [405]. Probes that improve the stability of peroxalates in aqueous systems are sensitive to low concentrations of H_2O_2 within the physiological range. Chen et al. [406] have recently developed a novel upconversion luminescence nanoprobe to detect ROS in aqueous solutions, as well as diagnose rheumatoid arthritis and to bioimage ROS in living cells.

5.5. High throughput assays for superoxide and hydrogen peroxide for rigorous and specific activity of NADPH oxidases

J. Zielonka and B. Kalyanaraman propose that the combination of fluorescence and EPR spin trapping may yield better results. RONS encompass a range of species displaying oxidizing, nitrating, nitrosating and/or halogenating properties. To better understand the pathophysiological mechanisms of ROS/RNS it is crucial to detect and identify the specific species responsible for a given biological effect and to selectively inhibit the source of its formation. NADPH oxidases are a family of enzymes, the only known function of which is transferring electrons from NADPH to molecular oxygen, and the concomitant generation of $O_2^{\cdot -}$ and H_2O_2 . NADPH oxidases have been identified as a promising therapeutic target for diseases bearing an oxidative stress component. Despite the wide effort to develop inhibitors of the NOX isoforms, only a limited number of such inhibitors are available. This is due to serious limitations of the assays used to develop NOX inhibitors. Typically, sensitive, but non-selective and artefact-prone assays have been applied for the detection of NOX-derived oxidants, leading to a high rate of false positive hits in high throughput screenings. For example, it has been demonstrated that the L-012 probe to detect superoxide requires one-electron oxidation and may generate superoxide by itself [407]. Also, in many assays horseradish peroxidase (HRP) is used as a catalyst of the oxidation of the probe by NOX-derived H_2O_2 . The lack of probe selectivity for a specific oxidant and the susceptibility of the HTS assays to peroxidase substrates and inhibitors led to the controversy over the NOX-inhibitory potency of the positive hits selected, including apocynin, VAS2870 and 2-acetylphenothiazine [408].

Recently, Zielonka et al. have developed new assays to monitor the activity of the NADPH oxidases [409] and used them to screen a small library of bioactive compounds for potential NOX2 inhibitors [410]. These assays take advantage of the probes, which react directly with $O_2^{\cdot -}$ or H_2O_2 and form easily detectable, fluorescent products. The authors designed and synthesized a cell-impermeable analog of hydroethidine, called hydropropidium (HPr^+) to detect NOX2-derived $O_2^{\cdot -}$ [411]. Upon its reaction with superoxide, HPr^+ undergoes oxidation to red fluorescent 2-hydroxypropidium whose fluorescence quantum yield can be increased further in the presence of DNA. In order to detect H_2O_2 the authors applied coumarin boronic acid (CBA), which upon oxidation forms the blue fluorescent 7-hydroxycoumarin (umbelliferone). Both assays can be carried out in a 384-well plate format, with rapid measurements using a fluorescence plate reader. For the secondary assays, they applied two probes: hydroethidine (HE) for $O_2^{\cdot -}$ and Amplex Red with HRP for H_2O_2 . HE-based assay was coupled to rapid UHPLC-based detection of 2-hydroxyethidium as a specific product of the reaction of HE with $O_2^{\cdot -}$. The Amplex Red-based assay was used in combination with the fluorescence plate reader. Both secondary (orthogonal) assays can be carried out in a 384-well plate format. All four assays can be used for high throughput monitoring of NOX activity, with the HE assay requiring rapid, microwell plate-compatible UHPLC

instruments. Rapid UHPLC analyses also enable simultaneous monitoring of $O_2^{\cdot-}$ and H_2O_2 formation, using a mixture of HE and CBA probes [409,410]. The positive hits identified with these assays can be tested in confirmatory assays, including the measurement of the rates of oxygen consumption by NADPH oxidase in a medium throughput manner using a Seahorse XF96 extracellular flux analyzer and in lower throughput EPR spin trapping of superoxide using DEPPMPO or DIPPMPPO cyclic nitrene spin traps.

The newly developed assays provide a framework for reliable measurement of the activity of NADPH oxidases and other cellular sources of $O_2^{\cdot-}$ and H_2O_2 . Rapid and rigorous detection and quantitation of $O_2^{\cdot-}$ and H_2O_2 will lead to better understanding of the chemical biology of $O_2^{\cdot-}/H_2O_2$ -producing enzymes (e.g. NOX isoforms) and will also help discover specific inhibitors of NOX isoforms.

Most of the time, ROS detection is applied to biomedical science, but very important results can be obtained in plant science, which helps to understand posttranslational modifications, as proposed by B. De Smet, F. Van Breusegem and J. Huang. The oxidation of crucial cysteines to sulfenic acid (SOH), has emerged as a biologically relevant post-translational modification (PTM) with particular importance in redox-mediated signal transduction [412]. Thus, identifying the sulfenome under oxidative stress would allow us to identify key redox-sensors and -transducers [413,414].

5.6. Chemical and genetic tools for plant sulfenomics

The oxidation of crucial cysteines to sulfenic acid (SOH), has emerged as a biologically relevant post-translational modification (PTM) with particular importance in redox-mediated signal transduction [412]. Thus, identifying the sulfenome under oxidative stress would allow us to identify key redox-sensors and -transducers [413,414].

Sulfenomic studies have only recently been applied to plants [414–416]. As sulfenic acid is often unstable, its identification was mainly examined on a protein-by-protein-basis. At present, both chemical and genetic approaches are used in plants. The majority of the chemical probes are dimedone derivatives (5,5-dimethyl-1,3-cyclohexanedione), that selectively react with sulfenic acid [417]. The bio-DCP1 probe, which was used in *Medicago truncatula*, is a dimedone analog carrying a biotin affinity tag used for purification [416]. As biotin has many drawbacks, new azido- and alkyne-functionalized dimedone-analogs were developed that allow the addition of biotin post-extraction on the dimedone-tag using click chemistry [415,418]. Their small size and membrane permeability allow the in vivo tagging of sulfenylated proteins. In *Arabidopsis* cells, the DYn-2 probe was used to identify the sulfenome under oxidative stress [415].

The yeast AP-1 (YAP1)-based probe offers a genetic way for the in vivo identification of plant sulfenomes [54,55]. This was first applied in *Medicago truncatula* to identify the sulfenome upon *Medicago truncatula*-*Sinorhizobium meliloti* symbiosis [416]. Recently, a YAP1C-GS probe has been developed and expressed in *Arabidopsis* cells to reveal the sulfenome under oxidative stress [414].

Using a genetic approach has the advantage that, once the material is transformed, experiments are cost-efficient, allowing multiple repeats and treatments. Additionally, the probe can be targeted to specific tissues or even organelles. On the other hand, chemical probes generate a larger coverage of the sulfenome in a single experiment, as they penetrate whole cells; they do not require transformation and generate stable covalent bonds between the sulfenylated protein and the probes. Another attractive difference is the mode of trapping the sulfenic acid. Whereas the YAP1C genetic probe traps sulfenic acid in its protein context, defined by protein-protein interaction, the chemical probes trap sulfenic acid independently of the protein environment. Another characteristic to consider is that the incubation of the chemical probe can influence the oxidation within a cell, which should not be a problem for the permanently expressed genetic probe, although its

expression can act as a scavenger of the oxidized proteins and hence, alter the cell/plant redox state.

As both genetic and chemical probes have specific advantages, the combination of their data obtained with both probes covers the largest part of the plant sulfenome. Current tools are based on protein-identification, rather than on site-identification. Therefore, future research should focus on mapping specific sulfenylation sites. Quantifying the protein sulfenylation, or even the specific cysteine-sulfenylation in response to several elicitors would further improve the sulfenomic approaches and assess the role of cysteine-oxidation upon redox signaling.

5.7. Conclusions

As outlined above, imaging ROS is still very challenging, and the choice of the method will largely depend on the experimental conditions. For the selective in vitro specific detection of superoxide on cells, for example, EPR coupled to spin-trapping is the gold standard method. Abbas et al. have recently developed the detection on living cells under conditions close to in vivo conditions. Less selective, but allowing in vivo EPR imaging and protein folding and mobility, EPR can be coupled to spin labeling to allow redox status determination. Coupling to electrochemistry allows the accurate determination of either the oxygen levels, or the anti-oxidant's ability. Genetically encoded biosensors make it possible to determine hydrogen peroxide and open the way to in vivo luminescence bio imaging. Strong efforts are made in chemistry to allow the selective and easy detection of ROS with fluorescent probes, such as nanoparticles. NPs are versatile, and can be used to detect superoxide anion and hydrogen peroxide. EPR and fluorescence can be coupled, as recently proposed by Zielonka et al.; this yields very accurate detection of NADPH oxidase activity, a key enzyme in oxidative stress. Combining different methods can help understand oxidative stress in a post-transcriptional pathway, as proposed by De Smet, Van Breusegem and Huang in plant biology.

There is still no gold standard for ROS detection and imaging. Many methods are under development, and more collaboration between biologists, methodologists of the modality (e.g. fluorescence, EPR) and chemists is needed to make progress and avoid misinterpretations of experiments leading to false conclusions.

6. Reactive oxygen and nitrogen species in cardiovascular pathologies

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6.1. Introduction

In the cardiovascular system, reactive oxygen and nitrogen species (RONS) play an ambivalent role in that small amounts of RONS mediate protective effects (anti-atherosclerotic [Schröder], pro-angiogenesis [Matsui, Bachschmid], endogenous cardioprotection [Andreadou]), while large quantities of RONS cause cell injury eventually leading to loss of viability. RONS-induced cell derangements occur at the level of any organ, including heart [Görbe, Gircz, Ferdinandy] and brain [Casas, Schmidt], especially in the presence of co-morbidities (e.g. diabetes [Schröder; Görbe, Gircz, Ferdinandy]). Furthermore, recent work highlights the contribution of alterations of the intracellular Zn^{2+} pool [Tuncay, Turan] in RONS-induced cell injury. Importantly, the source of RONS due to its cellular (parenchyma [Casas, Schmidt] vs. vasculature [Schröder]) and subcellular localization might contribute to the beneficial [Schröder] or deleterious [Casas, Schmidt] action of RONS. Among the many sources of RONS, a relevant role is played by NADPH oxidases (NOX), uncoupled nitric oxide synthases (NOS) [Li, Förstermann], and various processes in mitochondria. For instance, the

ischemic heart accumulates succinate that upon reperfusion is oxidized causing a burst in ROS formation due to reverse electron transport [Mulvey, Kriegl]. Strategies to reduce excessive RONS include administration of antioxidant enzymes (more recently incorporated in endosomes and targeted by antibodies to specific cell types [Muzykantov]) or pharmacological up-regulation of the endogenous antioxidant defense [Lazou]. In addition, an antioxidative effect has been reported for compounds already used in daily practice. This is the case with glucagon-like peptide-1 or DPP4-inhibitors [Steven, Daiber] that abrogate stress-induced blood cell derived RONS. However, antioxidant strategies must be used with caution since they might interfere with endogenous organ protection [Andreadou]. The chapter “Cardiovascular Pathologies” discusses many of the above aspects and is structured according to the importance of RONS in the blood vessels, the heart and the brain (Fig. 6.1).

6.2. Oxidative stress and redox processes in atherogenesis and angiogenesis

As pointed out by Katrin Schröder, atherosclerosis is a vascular disease characterized by plaque and neo-intima formation, as well as local inflammation of the vessel wall. The latter is, in part, a consequence of endothelial dysfunction. Monocytes are attracted and adhere at sites of endothelial activation, invade the vessel wall and support a vicious cycle of inflammation and cellular recruitment by processes involving the formation of reactive oxygen and nitrogen species (RONS). Especially the superoxide anion ($O_2^{\cdot-}$) is potentially detrimental for vascular function and promotes atherosclerosis [419]. $O_2^{\cdot-}$ not only limits NO-bioavailability, but also gives rise to ONOO⁻, which mainly acts as a potent toxic agent. The main source of RONS in the vascular system is the family of NADPH oxidases, whose only known function is the formation of $O_2^{\cdot-}$ and H_2O_2 . The first NADPH oxidase identified was NOX2, which is the primary NADPH oxidase in macrophages and leukocytes. Its native function is host defense by the massive formation of $O_2^{\cdot-}$, H_2O_2 and resulting RONS, in a process termed oxidative burst. Beside the detrimental consequence of massive RONS formation, these species also play an essential role in signal transduction. Recently additional NADPH oxidases have been identified and it is now clear that the number of RONS produced, the site of their formation as well as the type of RONS influences the subsequent signaling. Within the NOX family, NOX4 is an exception as it mainly produces intracellular H_2O_2 in a constitutive manner at very low concentrations. NOX4-derived H_2O_2 does not influence NO bioavail-

ability, rather it can directly react with proteins in signaling pathways. In fact, NOX4 appears to exert a protective role in the vascular system and prevents vascular inflammation [420]. This protection is, among other mechanisms, mediated by the maintenance of NRF2 expression, which eventually leads to the expression of heme oxygenase-1 (HO-1). Through this pathway, NOX4 favors CO production, which contributes to endothelial quiescence and prevents leukocyte adhesion. The protective role of NOX4 is supported by genetic approaches. *Nox4* deletion has been reported to promote atherosclerosis in both *ApoE*^{-/-} mice and in a model of locally defined atherosclerosis through flow restriction (partial carotid artery ligation with high fat diet) [421]. Similar evidence has been obtained in an LDL receptor knockout mouse [422]. On the other hand, endothelial specific overexpression of *Nox4* protected *ApoE*^{-/-} mice against high fat diet induced atherosclerosis [423]. Notably, *Nox4* expression is reduced in diabetic patients who develop atherosclerotic plaques when compared to diabetic individuals without atherosclerosis [424]. In conclusion, various forms of stress induce an increased expression of *Nox4* that elicits protective mechanisms at least in the vascular system. Importantly, there is evidence that the beneficial role of NOX4 in vascular injury occurs not only in mice, but it may also apply to clinical settings.

Matsui and Bachschmid propose that angiogenesis is redox regulated by the formation of protein glutathione adducts. Oxidative post-translational modification may alter protein functions and mediate cellular signaling. Protein thiols form reversible oxidative modifications including S-sulfenylation (-SOH) and S-nitrosylation (-SNO) [425], which may react with glutathione (GSH), an abundant intracellular thiol, to form more stable GSH-protein adducts (S-glutathionylation) [426]. Protein GSH-adducts can regulate enzyme activity, localization, protein interactions and stability. Various proteins are known to be modified by GSH adducts [427]. GSH adducts can be removed by glutaredoxin-1 (Glx), a cytosolic thioltransferase that in this way completes the redox signaling cycle. The in vivo role of Glrx and its protein targets in pathophysiology has been explored recently [428–430]. Oxidants are increasingly recognized as factors that promote angiogenesis, and mouse studies revealed that decreasing oxidants may impair ischemic revascularization after hind limb ischemia [164]. Conversely, increasing oxidants by NOX4 or decreasing the antioxidant response by means of *Nrf2* deletion may improve ischemic limb revascularization. These data put forward the concept that oxidants play a protective role in ischemic revascularization, in accordance with multiple reports on ROS conferring beneficial redox

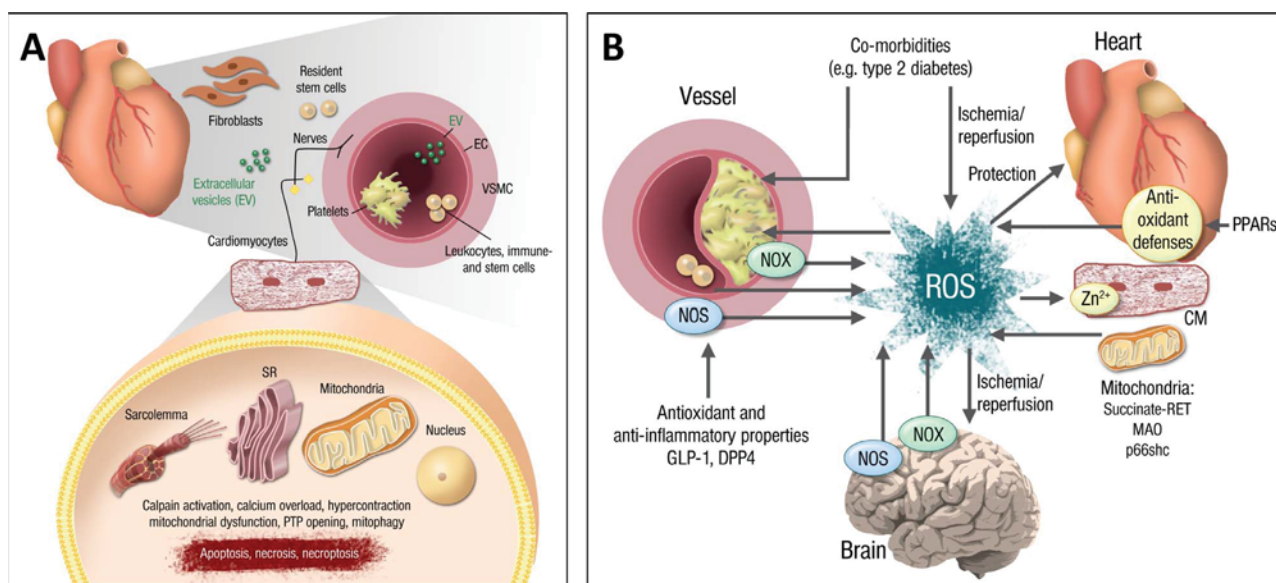


Fig. 6.1. Processes contributing to the increase in ROS levels in various tissues. Mitochondrial pathways are highlighted as prominent sources of ROS, especially in the heart. Besides their involvement in tissue injury, ROS have been described also as mediators of cardiac protection against ischemia/reperfusion damage.

signaling in other settings. Glrx is not merely an antioxidant, but obviously also exhibits anti-angiogenic properties. Increased Glrx expression inhibits the angiogenic activity of cultured endothelial cells [431]. Consistent with this finding, Glrx overexpression in vivo also attenuates revascularization after hind limb ischemia [430]. Glrx is known to activate the NF- κ B pathway [432]. NF- κ B hyper-activation in endothelial cells likely stimulates non-canonical Wnt5a signaling, which induces expression and release of the soluble vascular endothelial growth factor (VEGF) receptor 1 (sFlt-1) into plasma [430]. sFlt-1 is a VEGF decoy receptor, blocking VEGF binding to the proangiogenic VEGF receptor 2. Impaired ischemic revascularization in diabetic mice is associated with elevated levels of sFlt-1 in the ischemic muscle. Because Glrx expression is also NF- κ B dependent, proinflammatory conditions such as atherosclerosis [433] and diabetes [432] may increase Glrx leading to impaired or dysregulated angiogenesis. Ablating endogenous Glrx further accelerates ischemic limb revascularization. Hypoxia-inducible factor (HIF-1 α), a major angiogenic transcription factor, is stabilized by GSH adducts [428]. In normoxia HIF-1 α is hydroxylated and binds to ubiquitin ligase pVHL, which targets HIF-1 α to proteasomal degradation. GSH adducts, induced by oxidants or Glrx inhibition, stabilize and activate HIF-1 α . As previously reported, nitric oxide-induced S-nitrosylation of HIF-1 α [434] may also be converted into more stable GSH adducts in the presence of GSH. Watanabe *et al.* confirmed a HIF-1 α GSH adduct of Cys⁵²⁰ (mouse Cys⁵³³) by mass spectrometry and demonstrated increased expression of HIF-1 α and VEGF-A in ischemic muscle of Glrx KO mice [428]. Increased GSH protein adducts in ischemic limbs are not a hallmark of oxidative stress, but rather contribute to beneficial responses to ischemia through HIF-1 α activation. This may be a mechanism by which oxidants promote ischemic revascularization. In summary, Glrx deletion may facilitate revascularization of ischemic muscles not only by means of HIF-1 α stabilization, but also by an increase in GSH adducts of other proteins involved in angiogenesis. Therefore, inhibiting Glrx can be a therapeutic strategy to restore circulation in ischemic limbs.

6.3. RONS formation in ischemic preconditioning, cardiac cycle, ischemia/reperfusion and cardiomyopathy

According to Andreadou, low levels of RONS may be associated with beneficial cardioprotection by interventions known as ischemic pre- and post-conditioning (PC, PostC). Cardiac injury associated with post-ischemic reperfusion is contributed mostly by an increased level of reactive oxygen and nitrogen species (RONS), but also by the reduced availability of “beneficial” reactive species such as nitric oxide and intracellular Ca²⁺ overload. These deleterious factors synergize in favoring a prolonged opening of the mitochondrial permeability transition pore (mPTP) that is generally considered as a determining factor in ensuing cell death. However, despite the well-established association between RONS elevation and reperfusion injury of the heart, so far antioxidant treatments have hardly provided any therapeutic benefit in clinical studies of cardiac disease [435,436]. On the other hand, reperfusion injury is greatly reduced by PC and PostC [435,437]. Although the cardioprotective mechanisms triggered by conditioning protocols are still a matter of debate [438], a general consensus exists that RONS play a crucial role. Indeed, while an excessive formation of RONS contributes to irreversible injury, small amounts of RONS contribute to protection, possibly through a redox-dependent activation of protective cytosolic kinases [439]. In this respect RONS share the same paradox with the conditioning phenomena per se, in that a short ischemia/reperfusion episode protects the same as a mild RONS elevation, whereas a prolonged duration of ischemia followed by reperfusion induces injury that largely depends on lethal levels of intracellular RONS [439]. The role of antioxidant compounds in cardioprotection induced by conditioning strategies is an emerging issue, which needs elucidation in order to provide useful information for the translation of the conditioning phenomena in clinical practice [438]. We should mention that PC is mediated in part by a mild formation of RONS, possibly in response to the opening of mitochondrial K_{ATP} channels, and also PostC may lead directly or indirectly to a decrease in RONS [440]. Since the role of antioxidant

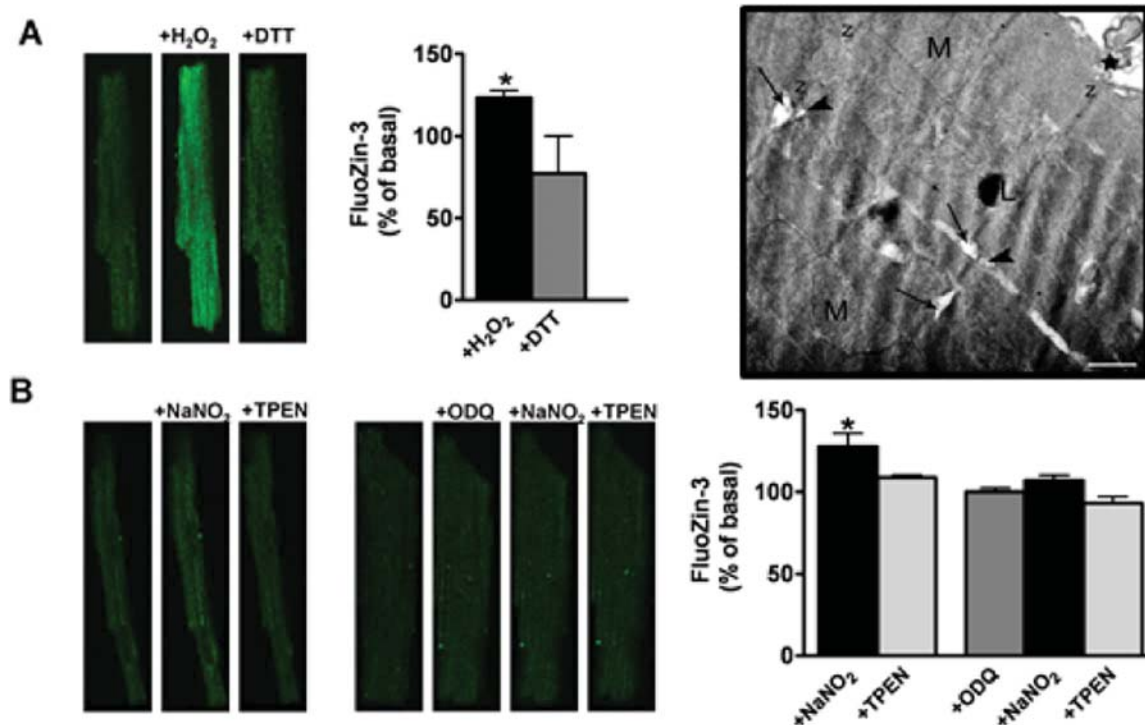


Fig. 6.2. The data show marked increases of $[Zn^{2+}]_i$ under either ROS (A) or RNS (B) increases. Bars represent means (\pm) and * $P < 0.05$ w.r.t. initial value. **Inset:** Representative electron micrograph images under ZnPT (1- μ M) exposure. Magnification: $\times 12,930$; bar: 1000 nm; N: nucleus, M: mitochondria, z: Z-line, L: lysosome, arrow: T-tubule, arrow head: sarco/endoplasmic reticulum (SER).

compounds in these conditioning phenomena might differ to some extent, it is important to distinguish their role in pre-and/or postconditioning separately. Several *in vivo* studies have thus far shown divergent results concerning the role of widely used antioxidants in the prevention and/or abrogation of the beneficial effects of PC in reducing myocardial infarct size. Skyschally et al. [441] demonstrated that the administration of ascorbic acid in pigs abolished the beneficial effect of PC on infarct size possibly due to ROS scavenging [442]. Accordingly, we also showed that in rabbits the antioxidant action of the acute administration of vitamin C, reflected by a decrease in blood and tissue levels of lipid peroxidation products, abolished PC-induced protection [441]. It is worth pointing out that the use of antioxidants is increasing. This is related especially to the commercialization of numerous nutritional supplements or plant extracts containing antioxidant compounds, such as polyphenols and flavonoids that are marketed for the prevention of cardiovascular diseases [443]. Based upon the dependence of endogenous protective mechanisms on ROS generation, it is essential to know the role of all the antioxidant compounds in different physiological and pathological conditions of the cardiovascular system. The complete understanding of redox mechanisms controlling RONS levels in cardiovascular pathophysiology is likely to allow the design of new clinical trials for the use of antioxidants in cardiac diseases.

According to Tuncay and Turan, Zn^{2+} release during the cardiac cycle results in increased intracellular free Zn^{2+} ($[Zn^{2+}]_i$) levels, and this release is increased in the setting of oxidative stress [444,445]. However, it is not known whether or not there is a direct relationship between the increased production of RONS and $[Zn^{2+}]_i$ changes in cardiomyocytes. Thus, by using confocal microscopy and the specific fluorescence dye FluoZin-3 AM (3 μM), $[Zn^{2+}]_i$ changes were monitored in a H9c2 cardiomyoblast cell-line exposed to RONS. Acute increases in hydrogen peroxide (H_2O_2 , 100 μM) induced marked increases in $[Zn^{2+}]_i$, which could be reversed by a thiol reducing agent like dithiothreitol (DTT, 500 μM) (Fig. 6.2A). The NO donor $NaNO_2$ (100 μM) induced similar marked increases in $[Zn^{2+}]_i$, which was not observed in the presence of a selective/potent soluble guanylyl cyclase inhibitor like ODO and was normalized with a heavy-metal Zn^{2+} chelator like TPEN (Fig. 6.2B).

Electron microscopic analysis also demonstrated that increased $[Zn^{2+}]_i$ can induce marked alterations in the ultrastructure of rat cardiomyocytes such as clustering of mitochondria, disruption and damage of myofibrils, enlargement in T-tubules and distortion in the T-tubules (TT) and sarcoplasmic reticulum (SR) intersection (Fig. 6.2, inset). Acute increases in RONS can induce marked elevation of $[Zn^{2+}]_i$ in cardiomyocytes, which may underlie cardiac dysfunction under oxidative stress. In conclusion, in cardiomyocytes, elevated $[Zn^{2+}]_i$ correlates with increased RONS levels.

Mulvey and Krieg highlight the important role of mitochondrial metabolism and RONS formation in myocardial ischemia. RONS have long been known to be key mediators of ischemia/reperfusion (IR) injury, driving not only acute damage but also initiating the pathological cascade that develops over the subsequent weeks and months. This RONS production has generally been assumed to be a non-specific effect of oxygen interacting with a dysfunctional mitochondrial respiratory chain upon its reintroduction to ischemic tissue at reperfusion, a process, which is complex and imprecise. However, recent work from our laboratory shows that contrary to this hypothesis there is in fact a distinct metabolic mechanism responsible [136]. Using an untargeted metabolomic approach, a metabolic hallmark of ischemia was identified from a range of ischemic tissues, which notably included the selective accumulation of succinate. Despite previous descriptions of this in the literature [446], neither the mechanism behind this nor its implications had been characterized. The succinate accumulated during ischemia was found not to originate from normal cardiac metabolism, but rather through aspartate-mediated pathways and reverse action of succinate dehydrogenase (SDH), driven by accumulated ischemic

NADH passing electrons through complex I and onto the coenzyme Q (CoQ) pool, which favors the reduction of fumarate by SDH to drive succinate accumulation. Following reperfusion there was then a rapid metabolism of is chemically accumulated succinate, with baseline levels re-established within 5 min [136,447]. RONS generation from electrons stored in the succinate pool is then thought to occur primarily through the reverse action of complex I in a phenomenon known as reverse electron transport (RET) that has been well characterized *in vitro* but whose importance *in vivo* has only been recently understood [448]. Importantly, this model provided several testable predictions with regard to the effect of manipulating succinate levels in ischemic tissues and therefore the downstream extent of RONS production and also infarct size as a clinically relevant indicator of IR injury. Decreasing mitochondrial succinate levels during ischemia using either an infusion of the competitive SDH inhibitor dimethyl malonate [136] or sodium malonate [449] resulted in a decrease in RONS production and reduced infarct size in an *in vivo* mouse model of myocardial IR injury. These could both be brought back to control levels by an infusion of dimethyl succinate. In addition to modulation of mitochondrial metabolism, recent evidence suggests it is also possible to modulate the quantity of RONS produced at reperfusion from the electrons stored in the ischemic succinate pool through inhibition of the active/deactive transition of Complex I. During ischemia, Complex I enters the deactive state but is rapidly reactivated at reperfusion, enabling it to support RONS production by RET [450]. A growing body of evidence suggests a central role for the Cys39 residue found within the ND3 subunit of Complex I, and indeed it has recently been demonstrated using the mitochondria-targeted S-nitrosothiol MitoSNO that S-nitrosation of this residue can inhibit the active/deactive transition and so allow dissipation of the mitochondrial ischemic succinate pool via alternative pathways to minimize the production of RONS by Complex I [451].

Based on considerations by Görbe, Gircz and Ferdinandy, mitochondrial RONS play an important role in metabolic cardiomyopathies. A growing body of evidence indicates that mitochondrial oxidative stress has a major role in the development of cardiomyopathies in metabolic diseases [452–454]. Cardiac function relies heavily on intact mitochondrial function including mitochondrial biogenesis, fusion, fission, and autophagy-mitophagy. Disturbances in these processes have been linked to increased mitochondrial oxidative stress and the development of metabolic cardiomyopathies. Several oxidative and nitrate stress-related cellular processes have been shown to be deranged in metabolic disorders. In a rat model of hypercholesterolemia enhanced cellular peroxynitrite formation due to an upregulation of NOX4 has been described and discussed as a potential mechanism of cardiovascular complications [455,456] – of note, this finding highlights that NOX4 can play different roles in different organs or disease settings depending on whether it confers beneficial redox signaling or contributes to excessive RONS formation. In the same model, mitochondrial expression of connexin43, which may reduce mitochondrial reactive oxygen species production, was decreased [457]. Evidence obtained in models of metabolic syndrome suggests that mitochondrial oxidative stress is linked to cardiac dysfunction. Indeed, in high-fat diet (HFD)-induced mouse models of metabolic syndrome the elevation in myocardial mitochondrial RONS production was associated with reduced diastolic circumferential strain rate assessed by tagged cardiac magnetic resonance imaging [458]. In addition, in mice, diastolic dysfunction induced by a high-fat high-sucrose (HFHS) diet was accompanied by a 3-fold greater rate of mitochondrial H_2O_2 production along with a decrease in both oxygen consumption and ATP synthesis. In this latter model transgenic expression of mitochondria-targeted catalase alleviated oxidative stress and improved diastolic function [459] indicating that mitochondrial ROS formation is causally linked to contractile impairment. This relationship is further supported by pharmacological approaches suggesting that decreasing mitochondrial RONS levels might have a great therapeutic potential – keeping in mind that RONS can also have beneficial effects as discussed for precondi-

tioning phenomena above [438], and therefore the use of antioxidants is always a two-edged sword that needs to be used with great caution. Diabetic mice treated with a mitochondria-targeted antioxidant, Mito-TEMPO, showed preserved heart rates and improved survival after myocardial infarction [460] along with a decrease in mitochondrial RONS generation, apoptosis and myocardial hypertrophy [461]. The latter observations were also obtained *ex vivo* in hyperglycemic cultured cardiomyocytes [461]. Drug candidates other than direct antioxidants have also shown efficacy in the treatment of metabolic cardiomyopathies. Mitochondrial RONS cause opening of the mPTP channels in which cyclophilin D has a major role. A novel inhibitor of cyclophilin D, NIM811, reduced infarct size in diabetic rats [462]. Mitochondrial aldehyde dehydrogenase-2 (ALDH-2), an enzyme responsible for the removal of cardiotoxic aldehydes, is activated by physiological levels of mitochondrial RONS. ALDH-2 overexpression is reported to reduce diabetic cardiomyocyte hypertrophy and contractile dysfunction, while activation of ALDH-2 by Alda-1 has been shown to alleviate high glucose-induced apoptosis and the reduction in mitochondrial membrane potential in H9C2 cells [463]. Although the above reports connect increased mitochondrial RONS production to metabolic cardiomyopathies, a few studies showed a lack of correlation between mitochondrial RONS formation and diabetic cardiomyopathy [464,465]. These findings suggest that mitochondrial oxidative stress might not be present in all models and at all stages of metabolic diseases and that it might not be the common underlying mechanism of metabolic cardiomyopathies, again, warranting caution with the use of antioxidants although the targeted modulation of mitochondrial RONS production and its downstream targets might represent applicable future therapeutic strategies.

6.4. RONS formation in cerebral ischemia and stroke

As pointed out by Casas and Schmidt, NADPH oxidase and nitric oxide synthase derived RONS represent potential targets for stroke therapy. Stroke is the leading cause of neurological impairment in industrialized countries, making it the second leading cause of death worldwide and the primary cause of disability. Despite this high medical and social need, no neuroprotective agent is available for clinical therapy and only a single drug reached the market, the anti-thrombolytic drug rt-PA for ischemic stroke. However, due to its multiple contraindications almost 85% of all stroke patients are excluded from receiving this treatment. RONS have been considered as key players in post-stroke neurodegeneration [466]. Targeting pathologically relevant sources of RONS, such as NOX and NOS, may thus provide promising innovative therapeutic approaches. NADPH oxidases, which include the already mentioned NOX4, constitute the only known enzyme family with the sole function to produce $O_2^{\cdot-}$ and H_2O_2 . The NOX family consists of seven isoforms: NOX1-5 and the dual oxidases (DUOX 1–2). Due to accessory proteins, each isoform has a distinct quaternary structure, activity regulation, tissue expression and product. Therefore, not all isoforms may contribute equally to ischemic injury [32]. Based on a systematic review and meta-analysis, NOX1 seems to play no role in stroke, neither in infarct size reduction nor in neurological outcome. Similarly, the evidence for NOX2 is extremely contradictory and more or less disproven by a pre-clinical randomized controlled trial with the aim to validate NOX2 as a stroke target. This study turned out negative highlighting a persistent publication bias towards positive findings and the lack of statistical power in many studies [467]. Conversely, brain ischemia is one of the best-validated disease indications for NOX4. Under hypoxic conditions, NOX4 is upregulated leading to oxidative damage, cytotoxicity and neuronal death. Therefore, NOX4 inhibition has been recently considered as a promising target for this pathology. Preclinical results show that NOX inhibition by VAS2870 significantly reduces infarct size and post-stroke RONS formation, suggesting indeed a major contribution of this NOX. Further pre-clinical experiments are being currently conducted using

specific NOX4 inhibitors and different animal models of stroke [468]. Similarly, nitric oxide is also considered a member of the RONS family, generated by different NOS isoforms. Studies in mice showed that deletion of neuronal NOS (isoform 1) leads to a significant reduction of post-stroke brain damage, suggesting therapeutic targeting of NOS-1. In fact, it has been recently reported that NOS inhibition (L-NAME) significantly reduces tissue damage and infarct size post-stroke using both *in vitro* and *in vivo* ischemia models [469]. However, this was not the case for NOS1-PSD-95 interaction inhibitors, possibly by also interfering with other, protective pathways. Pharmacological targeting of NOX and NOS dependent oxidative stress clearly has neuroprotective effects and reduces infarct volume and RONS production after stroke leading to improved neuronal function and survival. Current and future experiments are aimed at validating these findings in phase II and III clinical trials in other rodent and large animal species for further clinical development as first-in-class neuroprotective treatment of stroke.

6.5. Therapeutic targeting of eNOS uncoupling and cardiovascular oxidative stress and inflammation

Based on considerations by Li and Förstermann, pharmacological prevention of eNOS uncoupling is another antioxidant therapeutic strategy that may not interfere with the protective role of redox signaling in the cardiovascular system [9]. Oxidative stress plays a crucial role in the pathogenesis of cardiovascular disease. Among the major producers of RONS, the uncoupled endothelial nitric oxide synthase (eNOS) makes a significant contribution to RONS generation in cardiovascular tissues [470,471]. Under physiological conditions, eNOS produces $^{\cdot}NO$. Endothelium-derived $^{\cdot}NO$ has anti-hypertensive, anti-thrombotic and anti-atherosclerotic properties by relaxing blood vessels, inhibiting platelet aggregation/adhesion, preventing leukocyte adhesion/migration, and inhibiting smooth muscle cell proliferation [472]. Under pathological conditions associated with oxidative stress and inflammation, eNOS can be converted from a $^{\cdot}NO$ -producing enzyme to a superoxide-generating molecule, a process termed eNOS uncoupling. All cardiovascular risk factors, such as diabetes, hypertension, hypercholesterolemia and smoking, may induce eNOS uncoupling [472]. A number of mechanisms may contribute to eNOS uncoupling [9,473], with deficiency of the eNOS cofactor tetrahydrobiopterin (BH_4), deficiency of the eNOS substrate L-arginine, and eNOS S-glutathionylation being the most important ones. Peroxynitrite and superoxide can oxidize BH_4 to dihydrobiopterin (BH_2), leading to BH_4 deficiency. A lack of BH_4 can also be caused by a reduction of BH_4 *de novo* synthesis (e.g. due to down-regulation of the BH_4 -synthesizing enzyme GTP cyclohydrolase I) or by a decrease of BH_4 regeneration from BH_2 (e.g. down-regulation of the recycling enzyme dihydrofolate reductase). A recent study demonstrates that BH_4 -dependent and S-glutathionylation-induced eNOS uncoupling are mechanistically independent but functionally linked [474]. L-Arginine deficiency can be caused by inflammation-induced up-regulation of arginases, enzymes that compete with eNOS for the same substrate. By producing superoxide, uncoupled eNOS augments the pre-existing oxidative stress and further enhances eNOS uncoupling, creating a vicious circle. Interestingly, some established cardiovascular drugs (and some other compounds) show the potential to prevent eNOS uncoupling. The recoupling of eNOS may represent pleiotropic effects of these drugs and contribute to their therapeutic benefit. Angiotensin-converting enzyme (ACE) inhibitors, angiotensin II type-1 (AT1) receptor antagonists, statins, the organic nitrate pentaerythritol tetranitrate (PETN), eNOS transcription enhancers and the red wine polyphenol resveratrol have been shown to reverse eNOS uncoupling in disease models by elevating tissue BH_4 levels [475,476]. PETN [477] and the AT1 receptor blocker telmisartan [478] additionally prevent eNOS S-glutathionylation. Furthermore, arginase inhibition also represents a promising strategy to recouple eNOS [479,480].

As suggested by Muzykantov, the previously described detrimental but also beneficial effects of RONS warrant careful targeting without interfering with the beneficial signaling pathways by using site- and species-specific approaches [9]. Liposomes and other nanocarriers improve the pharmacokinetics of antioxidants including *N*-acetyl cysteine (NAC) and antioxidant enzymes (AOE, i.e. catalase and SOD) and thus help alleviate vascular oxidative stress predominantly via detoxification of extracellular RONS [481]. In order to achieve targeted endothelial interventions, these agents can be conjugated with antibodies to endothelial determinants including cell adhesion molecules ICAM [482] and PECAM [483]. In preclinical studies, diverse formulations of such AOE conjugates (Ab/AOE) show binding to endothelium after *i.v.* injection [482]. Targeting of these formulations qualitatively improves protection of endothelial cells from extracellular RONS [484] and RONS produced inside these cells [485]. As a result, Ab/AOE injected into animals attenuated ischemia-reperfusion injury in lungs of diverse species [486,487], normalized vasoreactivity in angiotensin II-challenged mice [487], inhibited endothelial pro-inflammatory activation caused by cytokines and potentiated the anti-inflammatory effect of NO donors [485]. Further, an indirect inhibitor of NADPH-oxidase loaded in Ab/liposomes accumulated in endothelial cells, inhibited RONS production and provided more potent protection vs. non-targeted counterparts against oxidative stress in mice [488]. Ab/liposomes loaded with EUK-134, a superoxide dismutase/catalase mimetic, bound to endothelial cells and alleviated endotoxin-induced lung inflammation in mice [489]. Likewise, PECAM-targeted nanocarriers loaded with tocopherol and EUK-134 alleviated endothelial inflammatory activation. Encapsulation in polymeric nanocarriers protects AOE from proteases [490]. Modulation of geometry and affinity features of targeted AOE formulations enables their delivery into endothelial endosomes, quenching RONS produced in these vesicles and intercepts pro-inflammatory endothelial signaling and abnormal activation [485]. Endothelial targeting of antioxidants enables anti-inflammatory mechanisms based on interception of endothelial RONS [9]. This drug delivery strategy may find utility in the management of acute vascular

oxidative stress and inflammation (Fig. 6.3).

As explained by Lazou, accumulating evidence supports a key role for peroxisome proliferator activated receptors (PPARs) in regulating the redox state in the cardiovascular system through transcriptional or post-translational effects and thereby controls the redox balance in cardiac diseases [491]. PPARs are ligand activated transcription factors that belong to the superfamily of nuclear hormone receptors, with well-documented roles in the transcriptional regulation of cardiac lipid metabolism and energy homeostasis. Their non-metabolic, anti-oxidant, anti-ischemic and anti-inflammatory properties have emerged over the past years and are being actively investigated in relation to cardiac dysfunction. All three PPAR isoforms (α , β/δ , γ) have been implicated in the modulation of oxidative stress, although different mechanisms may be employed by each of them. PPAR α and PPAR γ function in a similar way towards the modulation of oxidative stress, mostly through the transcriptional regulation of target antioxidant enzymes. PPAR α activation via clofibrate diminishes RONS production and lipid peroxidation in rat hearts subjected to acute myocardial ischemia through the upregulation of transcription and activity of antioxidant enzymes such as Cu/Zn-SOD (SOD1), Mn-SOD (SOD2), and catalase in the heart tissue as well as the suppression of AT-1 induced NADPH activity [492]. The PPAR α agonist, WY14643, ameliorated oxidative stress in a rat model of IR [493], which is reflected by HO-1 down-regulation post IR in WY14643-treated myocardium. PPAR γ agonists like troglitazone, rosiglitazone and pioglitazone induce glutathione peroxidase (GPx 3) in human skeletal muscle cells and thioredoxin in neonatal rat cardiac myocytes [491]. RONS generation was also suppressed in cultured cardiac myocytes treated with a PPAR β/δ agonist due to upregulation of catalase [494]. PPAR β/δ also inhibits RONS generation in vascular muscle cells through inhibition of NADPH oxidases [495]. The effect of PPAR β/δ activation on antioxidant defense may also be attributed to improved mitochondrial biogenesis through regulation of target genes such as PGC-1 and mitofusin 2 [496]. Upregulation and activation of PPARs have been also implicated in the endogenous mechanisms of cardioprotection implying that PPAR activation prior to IR could confer

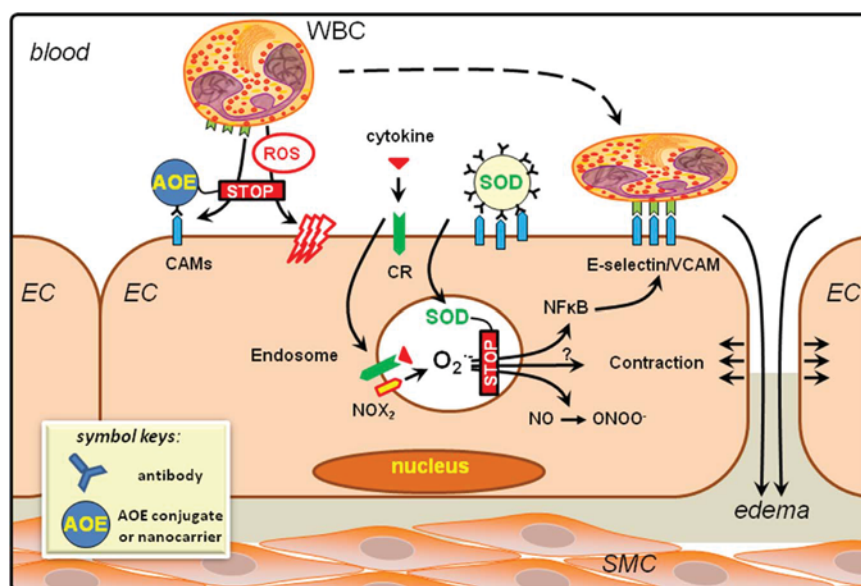


Fig. 6.3. Overview on therapeutic options for the improvement of vascular dysfunction. Targeted antioxidant interventions to alleviate pro-inflammatory activation and oxidative stress in endothelial cells. Endothelial ROS from activated NOX2 enzyme in endosomes are formed in response to cytokine binding to the receptors and ignite signaling cascade of transcription factor NF κ B. Targeted delivery of antioxidants, antioxidant enzymes (AOE) and inhibitors of ROS production can be achieved using antibodies and other ligands of endothelial surface determinants including cell adhesion molecules PECAM and ICAM. Surface-bound targeted AOE intercept extracellular ROS, whereas targeted formulations using the same ligands configured in a way permitting internalization into the ROS-signaling endosomes allows interception of pro-inflammatory activation manifested among other characteristics by exposure of inducible cell adhesion molecules – E-selectin, VCAM-1, and ICAM-1 - that can be detected using imaging probes conjugated to the ligands of these molecules. With permission of the publisher. Copyright © 1999–2017 John Wiley & Sons, Inc. All Rights Reserved. Adapted from [9].

preconditioning-like protection to the myocardium. Activation of the PPAR α isoform results in significant anti-infarct protection, comparable with the effect of classical ischemic preconditioning that appears to involve survival cascades (ERK1/2 and PI3K/Akt), upregulation of eNOS and the opening of mitochondrial KATP channels [497,498]. There are several remaining issues that need to be addressed regarding the biological role of PPARs as regulators of the cardiac redox state, especially regarding the translation of in vitro findings in the in vivo setting. However, the pleiotropic activity of these receptors makes them interesting therapeutic targets for the development of antioxidant strategies that aim to control the intracellular redox balance in various cardiac pathologies, especially linked to dyslipidemia, atherosclerosis, and diabetes, that are frequently associated with cardiovascular disorders.

Steven and Daiber emphasize the importance of the pleiotropic antioxidant, anti-aggregatory and anti-inflammatory potential of established drugs as exemplified by DPP-4 inhibitors and GLP-1 analogs [19]. Glucagon-like peptide-1 (GLP-1) is an incretin hormone and released from L-cells in the intestine after food uptake [499,500]. Its receptor belongs to the family of G-protein-coupled receptors and binding of GLP-1 induces insulin release from beta cells of the pancreas. GLP-1 is involved in glycemic control and due to rapid degradation by the exopeptidase dipeptidyl peptidase-4 (DPP-4) its half-life is below two minutes [501,502]. Accordingly, inhibition of DPP-4 and supplementation of GLP-1 represent new therapeutic targets for the management of diabetes. Besides this first line indication, there are several reports on beneficial effects of DPP-4 inhibition on cardiovascular disease associated with atherosclerosis [503,504], but also with psoriasis [505], hepatic steatosis [506] and stroke [507]. All of these diseases have in common, that inflammation and oxidative stress contribute to their pathophysiology. It was previously shown that DPP-4 inhibition suppresses the proinflammatory phenotype of isolated myelomonocytic cells and proinflammatory cascades in endotoxemic rats [508]. Investigation of the effects of DPP-4 inhibition and GLP-1 supplementation on endotoxemia and septic shock revealed improved survival of septic mice (lipopolysaccharide i.p. injection), even when the therapy with the DPP-4 inhibitor linagliptin or the GLP-1 analog liraglutide was started six hours after induction of endotoxemia [371]. The improvement of mortality is based on the control of the initial inflammatory response, which characterizes LPS-induced endotoxemia. The oxidative burst of inflammatory, myelomonocytic cells, oxidative stress measured by dihydroethidium fluorescence, expression of typical inflammatory genes, as well as vascular infiltration of CD11b+ cells was decreased in endotoxemic animals treated with linagliptin and liraglutide. As a consequence, hemodynamic control was recovered by linagliptin and liraglutide treatment preventing the development of lethal hypotension in the endotoxemic animals, all of which was based on activation of the AMP-dependent protein kinase (AMPK) [371]. Our data suggest that DPP-4 inhibitors and GLP-1 analogs have inhibitory effects on myelomonocytic cells, which in the case of DPP-4 inhibition do not entirely rely on the GLP-1 receptor [372]. Inflammation and hemostasis are subject to a complex interplay in the setting of sepsis. Thrombocytopenia and disseminated intravascular coagulation (DIC), characteristic features leading to end organ damage and death in septic shock, were significantly improved by both drugs [372]. Similar results were obtained in an animal model of experimental thrombosis [509]. Further support of this concept was based on the observation that GLP-1 analogs inhibit platelet activation and aggregation directly via the GLP-1 receptor, which is expressed on murine and human thrombocytes, and by cAMP/adenylyl cyclase signaling [372,509]. In conclusion, sepsis is still a main cause of death all over the world. DPP-4 inhibition and GLP-1 supplementation reduced the mortality in endotoxemic animals by antioxidant, anti-inflammatory and antiaggregatory effects (Fig. 6.4). The potential use of these drugs in patients with sepsis or other inflammatory diseases needs further exploration.

6.6. Conclusion

Evidence derived by experimental approaches exploiting powerful tools of molecular and cell biology is rapidly advancing our understanding of redox reactions involved in RONS formation. These molecules, which were once investigated only for their possible involvement in numerous diseases, are now attracting wide interest for their role as intracellular signals, especially those in response to metabolic or mechanical changes. Therefore, besides the well-established notions that high intracellular levels of RONS impair function and viability of practically any cell type, a large body of evidence indicates that ROS are involved in countless physiological processes and trigger powerful mechanisms of protection against cell injury.

In this review section we summarized established concepts and recent advances supporting the dual role of RONS in cardiovascular pathophysiology. These novel findings might support the therapeutic potential of antioxidant interventions and explain the failure of clinical trials using this approach. Indeed, the issues that remain to be elucidated outnumber those that have been clarified.

7. ROS and the aging process

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7.1. Introduction

The free radical theory of aging postulated by Harman in 1956 has provided a theoretical framework for research oriented toward understanding the mechanisms of aging. This theory states that “aging and

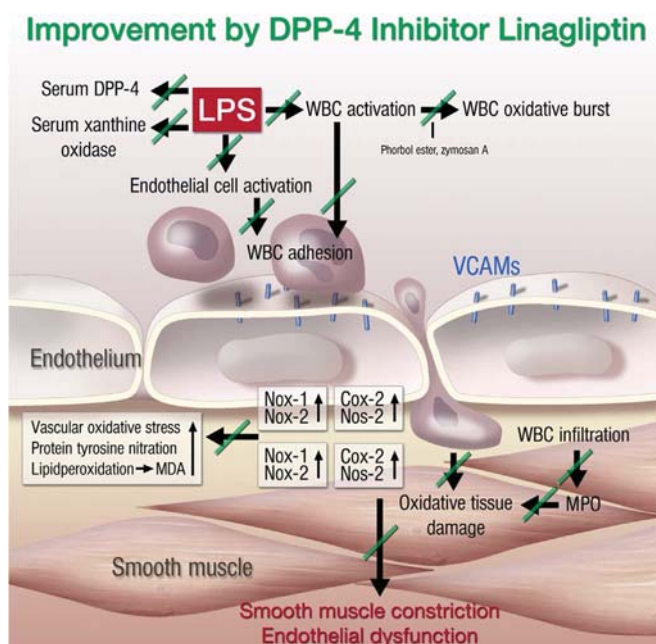


Fig. 6.4. Proposed mechanisms of lipopolysaccharide (LPS)-induced vascular dysfunction and improvement by linagliptin therapy. LPS treatment activates white blood cells (WBC, envisaged by increased oxidative burst), increases serum levels of xanthine oxidase (XO), increases DPP-4 serum activity and activates vascular cells (detected by expression of endothelial adhesion molecules and inducible cyclooxygenase [COX-2]). This leads to the infiltration of WBC to the vascular wall (detected by aortic FACS analysis for myelomonocytic cells, inducible nitric oxide synthase [NOS2], NOX2 and myeloperoxidase [MPO] expression) and oxidative damage of the vasculature (NOX1 expression, ROS formation, 3-nitrotyrosine levels and lipidperoxidation by malondialdehyde [MDA]). Finally, the tissue damage results in smooth muscle constriction and endothelial dysfunction. With permission by Oxford University Press. Copyright © 2012. Adopted from [508].

the degenerative diseases associated with it are attributed basically to the deleterious side attacks of free radicals (ROS) on cell constituents and on the connective tissue” [510]. Mitochondria have a major role in ROS production [511]. On the other hand, NADPH oxidases (NOXs) are important enzyme systems involved in inducible ROS formation, since they catalyze the partial reduction of O₂ to form ROS. It has been shown that the enhanced expression and/or activity of NOX family members, in particular NOX4, plays an important role in age-associated diseases such as cardiovascular disease, fibrosis, cancer and neurodegenerative diseases like Alzheimer's disease [512,513]. In this situation of misbalance, proteasome-mediated degradation of oxidized proteins is a critical player for protein homeostasis maintenance. Proteasome dysfunction takes place during aging [514]. Proteasome up-regulation in terms of assembly, quantity and function has been achieved through genetic manipulation in animal models. This activation was shown to be successful to decelerate aging progression by enhancing resistance to oxidative stress. However, genetic manipulation is not applicable in humans, so new studies should focus on the identification of nutritional, pharmacological or physiological interventions with proteasome activating properties.

Oxidative stress has been linked with age-associated diseases, but also with a geriatric syndrome characterized by diminished functional reserve and increased vulnerability to low power stressors, i.e. frailty (Fig. 7.1). An association between systemic oxidative stress biomarkers (malondialdehyde, isoprostanes, protein carbonylation and lipoprotein phospholipase A2) and frailty has been reported in the geriatric population [515,516]. Nevertheless, recent data have shown that lower expression of genes related to antioxidant responses to oxidative stress in older people is associated with a higher risk of being frail independently of age and sex (see El Assar et al. contribution, Section 7.6).

In recent years, epidemiological as well as laboratory data have

shown that antioxidant supplementation is at least useless if not detrimental in aging [517]. Indeed, antioxidant supplementation did not lower the incidence of many age-associated diseases but, in some cases, increased the risk of death [518].

This has cast doubts on the classical “free radical theory of aging”. We thus proposed “the cell signaling disruption theory of aging”. This theory postulates that “ROS” cause aging inasmuch as they alter—sometimes irreversibly—the signaling network of the cell. If the cell can cope with the stress caused by relatively mild action of ROS, then adaptation takes place and damage does not occur. If, however, the cell is overwhelmed by the action of radicals, subcellular damage and aging will take place”. Indeed, radicals serve as signals and interaction between them is tightly balanced. In this sense, we cannot support the idea of proposing antioxidant supplementation for the general population. It is much better to increase endogenous defenses by nutritional or physiological manipulation than administering antioxidant compounds, such as vitamin C or E. In any case, these considerations do not detract from the free radical theory of aging, which has been extremely useful and has fostered research by providing a general theoretical framework on which many of us have based decades-long experimental research.

7.2. NADPH oxidases in aging and age-associated diseases

Pidder Jansen-Dürr and Rafal Koziel summarize that superoxide anions and other ROS can exert beneficial effects under normal conditions through adaptive cellular signaling responses. On the other hand, ROS are able to induce direct damage to biologically sensitive targets like lipids, proteins and nucleic acids, and their overproduction is involved in both chronic diseases and age-related diseases. To date, a variety of different theories of biological aging have been discussed [519,520]; however, many of them describe ‘oxidative stress’ as the

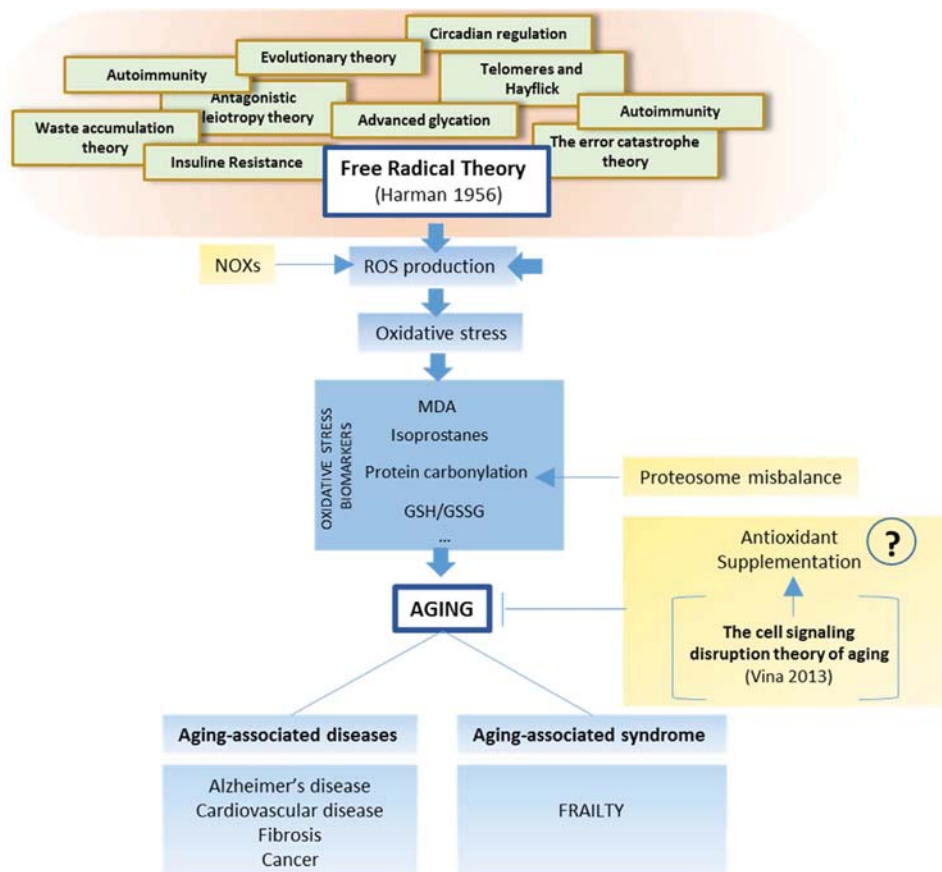


Fig. 7.1. Scheme summarizing the main concepts of the free radical theory in aging and development of aging associated diseases and syndromes.

common cause of aging.

The ‘free radical theory of aging’ predicts the major role of mitochondria-derived ROS in aging [510], however, recent data indicate a key role of other ROS sources in this process. A significant number of enzymatic or chemical processes are capable of producing ROS *in vivo*; however, the NOXs are the primary enzyme systems involved in inducible ROS formation [65,521,522]. The NOX family of membrane-associated enzymes consists of seven isoforms, Nox1-5 and Duox1-2, and catalyzes the reduction of O₂ to form ROS [512,521]. The role and mechanism of the activation of NOXs is isoform type, intracellular localization as well as tissue type specific, and NOX mediated oxidative stress is strongly associated with a variety of human age-related diseases [523] (see also below). A growing number of studies indicate that NOX4 is localized to mitochondria in many cell types and promotes aging. We have previously suggested a new pathway by which sustained NOX4 activity decreases mitochondrial function and induces premature senescence in human umbilical vein endothelial cells (HUVEC). NOX4 induced premature senescence by decreasing the concentration and activity of mitochondrial respiratory chain complex I [524,525]. Accordingly, NOX4 knockdown reduced mitochondrial H₂O₂ production and markers of oxidative DNA damage, increased the cellular proliferation rate and prolonged the replicative lifespan by more than 2-fold [524,525]. It remains to be shown if increased NOX4 activity contributes to aging of the vasculature in mammals.

The effector role of NOX4, a constitutively active NOX isoform, to drive cellular senescence is conserved for oncogene-induced senescence, a tumor suppressor pathway that restricts the growth of pre-neoplastic cells in mice and humans. Weyemi et al. found that NOX4 is a critical mediator in the oncogenic H-RasV12-induced DNA-damage response and subsequent senescence [526]. H-RasV12 overexpression correlated with increased NOX4 expression, higher ROS levels, DNA damage, histone H2A.X phosphorylation and p21^{Cip1} accumulation. Similar conclusions were reached by Kodama et al. who showed that NOX1- and NOX4-generated ROS play an important role in Ras-induced premature senescence, which may involve the DNA damage response and p38MAPK signaling pathways in primary human lung TIG-3 cells. Both NOXs were upregulated by the Ras oncogene. Ablation of *Nox1* and *Nox4* by small interfering RNAs (siRNAs) blocked the RasV12 senescent phenotype including β -galactosidase activity, growth arrest and accumulation of tumor suppressor proteins such as p53 and p16Ink4a. The involvement of Nox1 in Ras-induced senescence was also confirmed with embryonic fibroblasts derived from *Nox1* knockout mice [527]. Another study suggested an important role of NOX4 in oncogene-independent senescence of hepatocellular carcinoma cells [528].

Of interest is compelling evidence that enhanced expression and/or activity of NOX family members, in particular NOX4, plays an important role in age-associated diseases, including cardiovascular disease, fibrosis and cancer. In the vasculature, NOXs are a major source of ROS and are key players in mediating redox signaling under both physiological and pathological conditions. Cardiovascular disease (CVD) is the leading cause of death, and aging is a major risk factor for CVD development. A substantial number of studies describe the role of NOX4 in the age-related pathology of the cardiovascular system. It was shown that NOX4 has an impact on vasoconstriction, atherosclerosis development, vascular cells hypertrophy, apoptosis and differentiation. One of the major age-related arterial phenotypes thought to be responsible for the development of CVD in older adults is endothelial dysfunction. It was speculated that mitochondrial oxidative stress rises when antioxidants are unable to counteract the ROS produced by NOX4, triggering the aging process of the heart [529]. Wang et al. [530] examined the involvement of NOX in age-associated cardiac remodeling in a rodent model of aging and found that age-dependent increases in blood pressure, cardiomyocyte hypertrophy, coronary artery remodeling and cardiac fibrosis were associated with increased

myocardial NOX2 activity. Another study indicates that NOX4 and mitochondrial oxidative stress, but not NOX1 or NOX2, are mediators of CVD in aging mice under hyperlipidemic conditions [531]. Whereas initial results obtained with *Nox4* KO mice did not reveal striking phenotypical differences relative to wild type mice, there is now solid evidence that the absence of NOX4 alters a number of physiological heart parameters (see also above), and increases susceptibility to tissue damage in a mouse model for stroke [532].

A crucial role of NOX4-derived ROS in age-related diseases was also implicated in the initiation, establishment, and development of tissue fibrosis (reviewed in [533]). In particular, strong experimental evidence suggests that pulmonary fibrosis (also referred to as idiopathic pulmonary fibrosis, IPF, for the lack of a well-defined etiology) is caused by excessive NOX4 activity and can be at least partially reverted by targeting the NOX4-NRF2 redox imbalance [534]. On the other hand, work by the Armanios group has established that genetic deficiencies in telomere maintenance systems cause IPF late in life [535], which therefore has been referred to as a “short telomere disease” [536], and the percentage of genetic lesions affecting telomere maintenance in IPF patients is steadily increasing. From these data, it appears conceivable that telomere shortening and activation of NOX enzymes, in particular NOX4, are mechanistically linked; however such links have so far remained elusive. A potential role of NOX2 has been found in age-related neurodegenerative diseases like Alzheimer's disease [513] and Parkinson's disease [537].

The incidence of most cancers increases dramatically with age, indicating that, with a few exceptions, cancer is primarily an age-associated disease. Concerning the role of NOX family members, a dual role in carcinogenesis has been postulated. On the one hand, the function of NOX to mediate oncogene-induced senescence, leading to tumor suppression (see above), indicates that NOX activity restricts tumor growth in some instances. On the other hand, production of ROS by NOX enzymes is essential for signaling pathways driving cell proliferation and survival, indicating that enhanced NOX activity in epithelial cells favors tumorigenesis. This dual role of NOX-derived ROS is best illustrated in prostate cancer, clearly one of the most relevant age-associated malignancies. Analysis of radical prostatectomy tissue samples and benign and malignant prostate epithelial cell lines identified NOX5 as an abundantly expressed NOX isoform and suggested that NOX5-derived ROS and subsequent depletion of PKC ζ and JNK inactivation play a critical role in modulating intracellular signaling cascades driving the proliferation and survival of PCa cells [538]. On the other hand, increased expression of *Nox4* in prostate stromal cells (fibroblasts) during their age-associated trans-differentiation to myofibroblasts leads to benign prostate hyperproliferation [539], a condition referred to as “reactive stroma” [540] that is known to favor the emergence of (epithelial) tumor cells in the prostate.

In conclusion, the existing evidence suggests that NOX family members are important drivers of age-associated pathology, and regulating NOX activity/expression and using mitochondrial antioxidants are potential approaches to reducing aging-associated diseases.

7.3. Protein aggregates as redox signaling mediators in aging

The aging process and a number of age-associated diseases are accompanied by the accumulation of high-molecular protein aggregates, as reported by Tilman Grune. In the aging process these protein aggregates are often referred to as lipofuscin, ceroid or age associated fluorophores. This material is largely composed of proteins, often amounting to 60–80%. Some of these proteins are oxidized or modified by various reactive metabolites, e.g. carbohydrates forming advanced glycation end products. Various lipids form another major part of such aggregated material. Interestingly, several authors report also the inclusion of various metals in such protein aggregates.

This raised the question, whether included metals are able to trigger metal-catalyzed redox reactions. It could be demonstrated that iron in

protein aggregates is able to catalyze the Fenton-reaction and is only partially chelatable by iron-chelators [541]. Moreover, in the same study it could be demonstrated that in senescent cells protein aggregates contribute to an age-associated shift in the redox-state [541].

Further studies revealed that such protein aggregates do have an active surface. It is likely that due to the reactive surface of the aggregate, e.g. due to reactive hydroperoxides or aldehydes, and due to the hydrophobic patches – a result of the unfolding of the included proteins – protein aggregates can bind cellular proteins. This interactome might either be random or at least partially specific due to the binding of protein-protein-interacting structures. The latter includes certainly the binding of chaperones [542] or proteases designed to degrade unfolded proteins, as in the proteasome [543].

The 20S proteasome is known to be the major intracellular protease responsible for the degradation of damaged and oxidized proteins [543]. On the other hand, it is also the central catalytic part of the ubiquitin-proteasomal-system and, therefore, involved in the degradation of most cytosolic proteins [543]. The proteasome recognizes unfolded protein structures. In the case of protein aggregates this leads to an inhibition of the proteasome upon binding. This was shown in *in vitro* senescence models [544] or in neurons of Alzheimer's disease patients [545]. Proteasomal inhibition, in turn, leads to a proteasomal mal-performance, leading to disturbances of the regulated turnover of transcription factors, as shown in the case of AP-1 [546], HSF1 and NRF2 [547]. Furthermore, it should be noted that proteasomal inhibition leads also to a vicious cycle in which a reduced level of degradation of newly formed oxidized proteins leads to enhanced protein aggregate formation.

In conclusion, it should be noted that accumulating protein aggregates have multiple pathophysiological effects and cannot be seen as inert waste materials. However, more studies are needed to acquire a more complete scheme of the action of protein aggregates and their contribution to cellular senescence.

7.4. Proteasome activation as an anti-aging and anti-aggregation strategy

From the least to the most complex organisms, aging is a natural inevitable process accompanied by several molecular and biochemical failures. As explained by Niki Chondrogianni and Nikoletta Papaevgeniou, damaged and/or wrongly produced macromolecules tend to accumulate and aggregate, resulting in proteostasis impairment that then triggers a cataract of system deficits. Proteasome-mediated degradation is a critical player for protein homeostasis maintenance; proteasomes are large enzymatic complexes that regulate the cellular protein load equilibrium by degrading the unnecessary peptides and proteins. Proteasomal dysfunction is associated with the progression of aging and protein aggregation further aggravates the problem [514]. Consequently, proteasome activation appears to be a promising anti-aging and anti-aggregation approach.

Proteasome up-regulation in terms of assembly, quantity and function has been achieved through genetic manipulation of various catalytic or regulatory subunits or through treatment with specific activating compounds. This activation has been shown to lead to decelerated aging progression and to enhanced longevity. More specifically, overexpression of $\beta 1$ and $\beta 5$ catalytic subunits endowed WI38 human fibroblasts with increased resistance to oxidative stress and elongated cellular lifespan [514]. Overexpression of the *pbs-5* subunit (nematode ortholog of $\beta 5$) in *C. elegans* resulted in increased proteasome content and function that led to enhanced resistance to oxidative stress and extended lifespan in a *daf-16*-, *skn-1*- and *hsf-1*-dependent manner [548]. In accordance, *rpn-6.1* overexpression in *C. elegans* triggered elevated proteasome activities leading to enhanced longevity under conditions of mild heat stress [549]. The positive effect of proteasome activation on longevity was also shown in the fruit fly where overexpression of the RPN11 19S subunit resulted in enhanced proteasome activities and extended lifespan [550]. With regard to

compounds, treatment with a pentacyclic triterpenoid, namely 18 α -glycyrrhetic acid, resulted in increased proteasome content and activity both in cellular (human fibroblasts) and organismal (*C. elegans*) models [551,552]. This compound was shown to promote proteasome activation in an NRF2-dependent manner in fibroblasts [551] and a SKN-1-dependent manner in nematodes [552], with elongated lifespan and increased stress resistance as the end result. Finally, rejuvenating and anti-aging properties were attributed to quercetin-mediated proteasome activation in human fibroblasts [553].

Proteasome activation has also been shown to confer protection against the devastating consequences of protein aggregation. Enhancement of proteasome function through *pbs-5* overexpression in nematodes endowed animals with increased survival against expanded polyglutamine and A β peptide proteotoxicity [548]. Similarly, *rpn6.1* overexpression conferred proteotoxic stress resistance in a nematode polyglutamine disease model [549], while RPN11 overexpression suppressed the expanded polyglutamine-induced progressive neurodegeneration in fruit flies [550]. Proteasome activation through 18 α -glycyrrhetic acid treatment led to reduced A β peptide deposits both in murine neuronal cells and in an Alzheimer's disease nematode model thus resulting in decelerated progression of the disease's phenotype [552]. Likewise, the polyphenol quercetin was found to induce proteasome activity resulting in inhibition of paralysis in a transgenic *C. elegans* strain serving as an animal model for Alzheimer's disease [554].

In conclusion, proteasome activation emerges as a promising strategy in the battle against aging and proteotoxicity. Given that genetic manipulation is not applicable in humans, future studies should focus on the identification of compounds with proteasome activating properties as well as in the elucidation of the involved signals and biochemical pathways.

7.5. Free radical theory of aging – dead or alive?

The “free radical theory of aging” was introduced in the early 1950s through the work of Harman [510] and comprises investigations of the role of reactive oxygen species (ROS) formation and mitochondrial function in the aging process and, more recently, the implications of ROS-triggered epigenetic processes and DNA damage for the etiology of aging [555]. Lately, as discussed by Andreas Daiber and Yuliya Mikhed, the field of epigenetics has received considerable attention in the context of aging theories. It has been shown that cellular senescence leads to massive DNA demethylation, causing a state of DNA hypomethylation, particularly in the CpG islands [556] and multiple epigenetic processes are regulated in a redox-dependent manner [238]. Although the lessons learned from animal models of genetic deletion or overexpression of important antioxidant enzymes such as superoxide dismutases, glutathione peroxidases and catalase were rather disappointing, since no clear correlation between life span and the abundance of these antioxidant defense enzymes could be observed, at least some of them (e.g. *Sod1*^{-/-}) or double gene ablation combinations showed reduced life expectancy, which would be in line with the “free radical theory of aging” [557,558]. Moreover, the importance of mitochondrial superoxide formation for survival (longevity) is highlighted by the fact that homozygous SOD2 deletion leads to perinatal or neonatal lethality [559] and by the observation that mice deficient in the *p66Shc*^{-/-} gene, a source of mitochondrial ROS formation, display a 30% longer life span [560]. According to more recent data, oxidative stress in general and mitochondrial ROS formation in particular may play an even more important role for the quality of life, healthy aging, or the so-called “healthspan” than for the lifespan per se [561,562]. Healthy aging may be an even more important need and challenge in our aging Western societies, also from an economical point of view considering the tremendous costs associated with our public health systems. The cardiovascular system seems to be an excellent example of this concept. From a mechanistic basis the increasing superoxide formation (coming from gradually increased mitochondrial leakage of

electrons and NADPH oxidase-derived production due to low grade inflammation) with progressing age will lead to antagonization of nitric oxide, a major vasodilator and antiatherothrombotic signaling molecule of the cardiovascular system [555]. Oxidative depletion of nitric oxide bioavailability by superoxide and the reaction product peroxynitrite will lead to impaired cGMP formation, inhibition of prostacyclin synthase by tyrosine nitration and activation of the renin-angiotensin-aldosterone system as well as endothelin-1 signaling, which will lead to a complete switch from a vasculoprotective to a proatherothrombotic phenotype [9]. In support of this concept, genetic deletion of mitochondrial antioxidant enzymes (*Alhd2*^{-/-} and *Sod2*^{+/-}) led to an increase in mitochondrial ROS formation, 8-oxoguanine-dependent mitochondrial

DNA strand breaks and, most importantly, an impairment of endothelium-dependent and -independent relaxation (vascular function) (Fig. 7.2A-B) [563]. Likewise, genetic deletion of GPx-1 led to an age-dependent impairment of endothelium-dependent and -independent relaxation, increase in oxidative stress markers and eNOS uncoupling as well as aggravation of inflammatory phenotype of the vasculature (summarized in Fig. 7.2C) [62]. Although these animals showed no obvious decrease in lifespan, it may be assumed that the proatherothrombotic and inflammatory phenotype will ultimately lead to increased prevalence of cardiovascular complications as a consequence of the higher burden of oxidative stress, thereby decreasing the health-span.

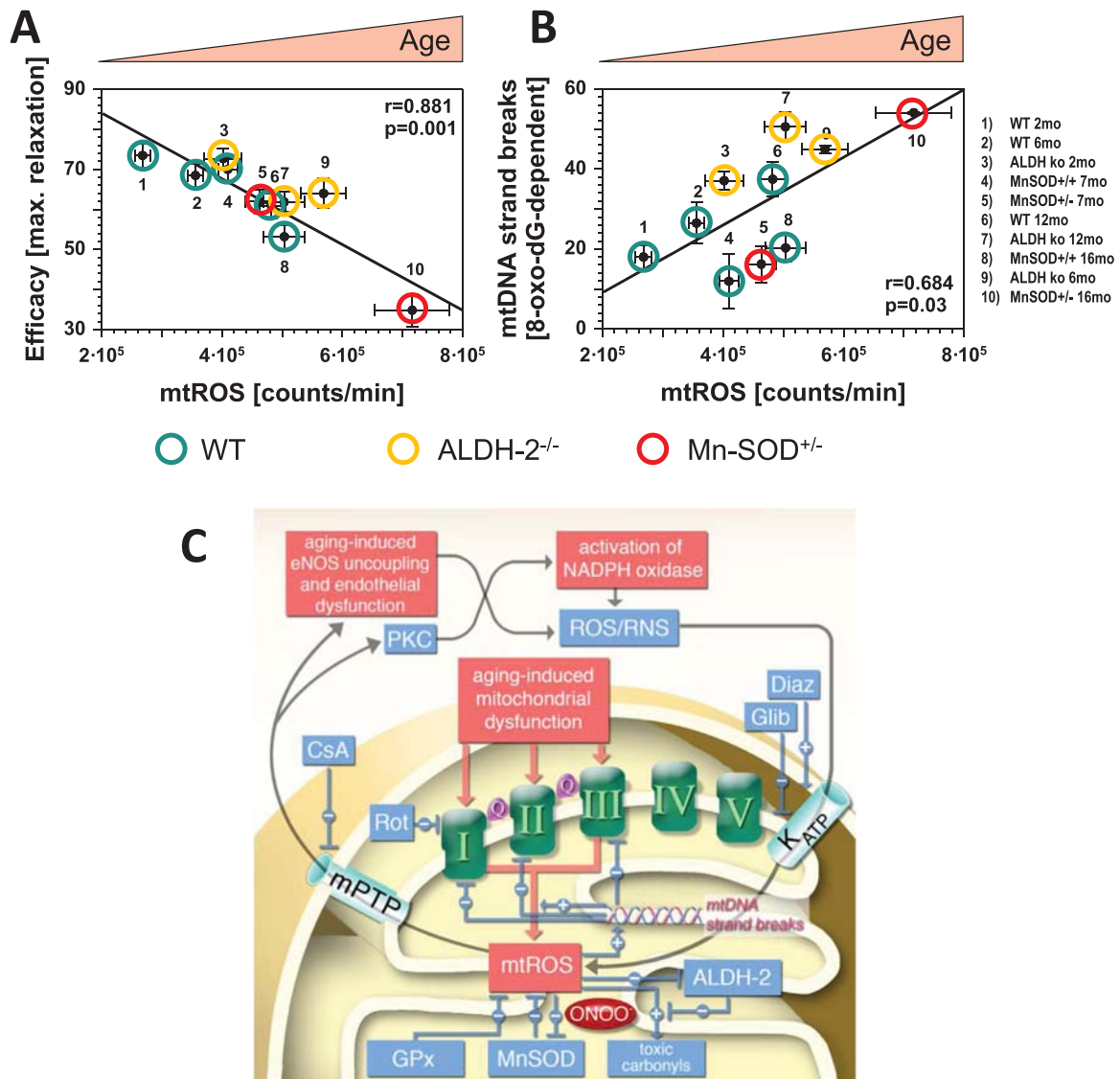


Fig. 7.2. Correlations between mitochondrial oxidative stress (mtROS), mitochondrial DNA (mtDNA) damage and vascular (endothelial) function (ACh-induced maximal relaxation). (A) mtROS formation was plotted for all age-groups and mouse strains versus the corresponding maximal efficacy in response to acetylcholine (ACh). (B) mtROS was plotted for all age-groups and mouse strains versus the corresponding mtDNA damage. ROS were measured using L-012 (100 μM) enhanced chemiluminescence in isolated cardiac mitochondria upon stimulation with succinate (5 mM). *r* is the correlation coefficient. (C) Hypothetic scheme of aging-induced vascular dysfunction and the role of mitochondria in this process. Aging-induced mitochondrial dysfunction triggers mitochondrial reactive oxygen species (mtROS) formation from respiratory complexes I, II, and III (Q = ubiquinone). Break-down of mtROS is catalyzed by glutathione peroxidase (GPx, for H₂O₂) or manganese superoxide dismutase (MnSOD), the latter is in turn inhibited by mitochondrial peroxynitrite (ONOO) formation. mtROS increase the levels of toxic aldehydes and inhibit the mitochondrial aldehyde dehydrogenase (ALDH-2), the detoxifying enzyme of those aldehydes. Increase in mtROS and toxic aldehydes also leads to mtDNA strand breaks which leads to augmented dysfunction in respiratory chain complexes and further increase in mtROS since mtDNA encodes mainly for those respiratory complexes. mtROS also activates mitochondrial permeability transition pore (mPTP), which upon opening releases mtROS to the cytosol leading to protein kinase C (PKC)-dependent NADPH oxidase activation, eNOS uncoupling and finally to endothelial dysfunction [61]. Cytosolic reactive oxygen and nitrogen species (ROS/RNS) in turn were demonstrated to activate K_{ATP} channels, which causes alterations in mitochondrial membrane potential (C) and further augments mtROS levels [564]. Effects of rotenone (Rot), cyclosporin A (CsA), diazoxide (Diaz) and glibenclamide (Glib) have been recently demonstrated in related models of vascular dysfunction and oxidative stress, nitroglycerin-induced nitrate tolerance and angiotensin-II triggered hypertension [61,564]. With permission of the European Society of Cardiology. All rights reserved. © The Author and Oxford University Press 2008. Adopted from [563].

In conclusion, there is solid evidence for the “free radical theory of aging” in experimental studies but translation to the clinical situation requires large scale clinical trials, as currently undertaken by the CHANCES consortium (10,622 individuals) reporting on a clear association between oxidative stress markers and all-cause mortality [565] and the MARK-AGE consortium (3337 individuals) the data of which are currently being prepared for final dissemination [566].

7.6. ROS and frailty. Understanding the mechanisms of disability in older people

According to Mariam El Assar and Leocadio Rodríguez-Mañas, frailty is a geriatric syndrome characterized by diminished functional reserve and increased vulnerability to low power stressors. Frailty precedes disability, and, in addition, epidemiological cohorts have demonstrated that the frailty phenotype predicts several outcomes such as falls, hospitalization and mortality [567]. Although the biological determinants of frailty are not well defined, oxidative stress and inflammation have been closely related to aging and seem to be potential drivers of frailty pathogenesis. Inflammation and oxidative stress are closely related processes with crosslinks between their respective signaling pathways. In line with this, observational studies have shown that frailty is associated with different systemic inflammatory biomarkers, including C-reactive protein, and interleukin-6 [568]. Elevated levels of pro-inflammatory cytokines have been shown to be associated with increased risk of morbidity and mortality in frail older subjects. Furthermore, an association between systemic oxidative stress biomarkers (malondialdehyde, isoprostanes, protein carbonylation and lipoprotein phospholipase A2) and frailty has been reported in a geriatric population [515].

The prevalence of chronic diseases such as diabetes, cardiovascular diseases and pulmonary diseases increases with aging. These chronic conditions compromise muscle function, cardiovascular performance and pulmonary function leading to increased vulnerability of the organism when exposed to low intensity stressors. This scenario represents the phenotypic manifestation of frailty. Consistently, all these chronic diseases are associated with a higher risk of frailty in aged populations. The contribution of oxidative stress and reactive oxygen species (ROS) to the decline of different functional systems associated to aging and to age-related chronic diseases has been established [569]. For example, the defective nitric oxide signaling in aged muscle vasculature has been attributed to increased inactivation of this molecule by ROS leading to decreased muscle perfusion. On the other hand, the lung is continuously exposed to oxidative stress while the activity of antioxidant enzymes such as superoxide dismutase and glutathione peroxidase decreases with aging. In addition, the induction of heme oxygenase, which is involved in cellular protection against oxidative stress, is defective in lungs of aged mice, further supporting the involvement of oxidative stress in age-related pulmonary dysfunction.

Since frail older adults have minimal injury resilience and a notably decreased response to stress, the different pathways regulating cellular response to stress (oxidative stress, hypoxia and inflammation among others) stand out as possible players in the development of a frailty phenotype. In this sense, aging, sedentary lifestyle and chronic diseases could cause down-regulation of signaling pathways responsible for the cellular response to oxidative stress, such as NRF2. This results in impaired response to stress and increased oxidative stress leading to a situation of vulnerability to stressors such as frailty. In fact, very recent data obtained by our group have demonstrated that lower expression of genes related to response to oxidative stress in older people is associated with a higher risk of being frail independently of age and sex (El Assar and Rodríguez-Mañas group).

Further investigations are definitely needed to fill the gap of knowledge of this evolving field and provide possible targets for intervention to promote health and independence in the elderly.

8. ROS and inflammation in health and disease

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8.1. Introduction

Over the past decade, the study of the biological activity and significance of ROS have gained particular interest from both a physiological and pathological perspective. Since ROS are highly unstable and reactive molecules, they interfere with many cellular processes. ROS react with lipids, nucleic acids and proteins, disrupting their cellular functions. Oxidative stress occurs when the damaging effects of ROS exceed the ability of biological systems to neutralize the oxidizing agents and to repair cellular damage. Physiologically, antioxidant defenses are efficient enough to neutralize the damaging effect of oxidizing molecules. In these conditions, the presence of ROS is important for many physiological cellular processes and they participate as signaling molecules in a wide range of cellular functions. Hence, ROS modulate intracellular transduction pathways and transcriptional factors involved in cell proliferation, differentiation, and maturation [570–572].

Chronic Granulomatous Disease (CGD) is a rare inherited innate immunodeficiency caused by defective NADPH oxidase activity in phagocytes and is recognized as a disease model to understand the pathophysiological consequences of ROS deficiency [22]. CGD patients suffer from life-threatening infections, but an apparent paradox between the absence of ROS production and hyperinflammation is often observed in this disease [32,33]. The key producers of ROS in many cells are the NOX enzymes, of which there are seven members with different tissue distributions and regulatory mechanisms. ROS produced by the isoform NOX2 is essential to organize the response in host defense against pathogens [573].

In the brain, ROS production regulates neuronal development from neuronal precursors [574]. Redox signaling is also required to trigger neuronal differentiation and axon formation [575]. Nitric oxide (NO), a diffusible intercellular messenger produced by neuronal nitric oxide synthase (nNOS) exerts a dual regulatory role in neurovascular coupling and neuroenergetics by regulating mitochondrial oxygen consumption [576]. Therefore, ROS act as messengers in the transduction pathways important for synaptic plasticity in the CNS.

The brain is particularly vulnerable to oxidative stress because it consumes a large amount of oxygen, has abundant lipid content, and has little antioxidant activity compared to other organs. The major antioxidants in the brain are ascorbate, glutathione (GSH), and vitamin E in the plasma membrane. GSH production is increased in response to oxidative stress in astrocytes, cells that act as the main supplier of GSH to neurons for antioxidant protection [577]. ROS accumulation in the brain has been associated with the onset of neurodegenerative and psychiatric diseases, whose main consequence is to reduce several neuronal cellular functions. ROS accumulation in neurons and the resulting oxidative stress are responsible for the loss of cognitive and motor functions in several brain diseases.

Oxidative stress and chronic low grade inflammation are interdependent processes that have been implicated in aging and many pathological conditions like cardiovascular disease, neurodegenerative diseases or cancer. Inflammatory cells can release ROS at the site of inflammation increasing oxidative stress, while ROS can initiate intracellular signaling cascades that increase proinflammatory gene expression [47,578].

Chronic inflammation as a consequence of immune failure is often associated with cancer (known as inflammation-induced tumorigenesis). Hence, in different types of cancers, multiple pathways contribute to chronic cytokine release. Hyperinflammation combined with loss of adhesion and the release of angiogenic factors leads to cellular proliferation.

Here we will put forward some examples of how ROS and inflammation can regulate physiological or pathological conditions in different systems.

8.2. Dual actions of NOX2-derived ROS

As pointed out by Jamel El-Benna and Pham My-Chan Dang, the production of ROS by NOX2 is essential to mount a rapid response to bacterial and fungal invasion; however, excessive or inappropriate ROS production can induce severe tissue injury that participates in the pathophysiology of acute and chronic inflammatory diseases [579,580]. For several years, NOX2-derived ROS have been considered as pro-inflammatory agents, but recent reports challenged this dogma and suggested that they can also be anti-inflammatory [581].

Under physiological conditions, the objective of ROS production by phagocytes is to kill and eliminate pathogens trapped inside the phagosome [579]. When this goal is successfully achieved, ROS production is terminated and the inflammation is resolved. Thus, the physiological role of transient ROS production is anti-inflammatory as it helps to eliminate inflammation resulting from the infection. In addition to the “direct-ROS-killing effect” during phagocytosis, NOX2-derived ROS can have “paracrine-redox signaling effects” that can modulate the immune response. Indeed, NOX2-derived ROS can dampen T-cell-dependent inflammation through alteration of T-cell membrane oxidation status [582] and of Th17/Treg cell development [583]. The anti-inflammatory role of NOX2-derived ROS is well illustrated in chronic granulomatous disease (CGD) patients who have a genetic defect in one of the NOX2 genes (see Section 8.3). Thus, chronic NOX2 deficiency may cause “ROS-independent” inflammation where ROS are not the causative factor. This “ROS-independent” inflammation is also observed in autoimmune diseases as shown in animal models [581,582,584]. In the presence of high levels of pro-inflammatory mediators (cytokines, TLR agonists, lipid mediators...), NOX2 can be hyper-activated, leading to excessive and prolonged ROS production [583]. This high ROS production is undoubtedly deleterious, as evidenced by the multiple antioxidant strategies that have been developed by the organism to protect against ROS [585]. ROS, particularly the diffusible hydrogen peroxide, can oxidize cellular macromolecules (proteins, lipids, DNA), which leads to tissue injury or to the alteration of cellular functions such as imbalance of intracellular signaling pathways, cytokine production, protease activation and release [585], all of which participate in the “ROS-dependent inflammation.” Indeed, inhibition of NOX2 and the use of certain antioxidants protect from inflammation in animal models [586].

8.3. Chronic Granulomatous Disease (CGD): implication of NOX2

According to Marie José Stasia, Joe Dan Dunn and Thierry Soldati, CGD is a rare inherited disorder in which phagocytic cells are unable to kill pathogens during an infection. The molecular basis of this disease is the absence of ROS production by the NADPH oxidase complex of phagocytes which is composed of NOX2 and p22phox, also named the membrane flavocytochrome b558, and the cytosolic factors p47phox, p67phox and p40phox. It is a genetically heterogeneous disease with all ethnic groups equally affected. The molecular basis of CGD is characterized by two types of transmission and four main genetic forms. As mentioned earlier, the major genetic form is X-linked CGD caused by mutations in the CYBB gene encoding NOX2. X-CGD accounts for about 70% of the total cases reported to date [587]. The other types of CGD are autosomal recessive forms (AR), characterized by mutations in CYBA, NCF1 and NCF2 encoding p22phox, p47phox and p67phox respectively [588]. Clear information on the severity of CGD according to the genetic forms is difficult to establish. However Kuhns et al. demonstrated a relationship between the presence of residual ROS production and the survival of CGD patients [589]. In addition, mutations affecting the membrane flavocytochrome b558 composed

of p22phox and NOX2 seem to be associated with the most severe clinical features of CGD [590]. Indeed, cytochrome b558 is the redox core of the enzyme in which the electron transfer occurs to reduce the molecular oxygen into superoxide.

The soil-dwelling, social amoeba, *Dictyostelium discoideum* (thereafter *Dictyostelium*) is an ideal model organism to determine immunity functions of ROS and the consequences of ROS deficiency, i.e., CGD. *Dictyostelium* amoebae prey on bacteria using phagocytic machinery and intracellular killing mechanisms that are conserved in the immune phagocytes of metazoa, e.g., mammalian macrophages and neutrophils, and are utilized as a model phagocyte to study cell-autonomous immunity [591,592]. Among the conserved machinery are three NOX2 homologs of the NADPH oxidase catalytic subunit (NOX A, B and C), a p22^{phox} homolog, a single, putative NOX-activating protein (NcfA, a homolog of p67^{phox}), a secreted myeloperoxidase-like enzyme (PoxA), and enzymes for metabolizing ROS such as superoxide dismutases and catalases [593,594]. *Dictyostelium* also has homologs of STATs, TRAFs, and guanylate-binding proteins, which are regulated by ROS in macrophages [594], and employs autophagy as a defense mechanism against cytosolic bacteria [595], which is activated downstream of ROS in macrophages.

Dictyostelium undergoes a developmental cycle during which 100,000 amoebae aggregate to form a multicellular slug that ultimately differentiates into a spore-containing fruiting body. ROS scavengers inhibit the initial aggregation of amoebae, and both NOX-deficient mutants and catalase deficient mutants exhibit defects in fruiting body formation [593,596,597]. The multicellular slug contains specialized sentinel cells (s-cells) that serve as its patrolling innate immune system [598]. Like neutrophils, S-cells extrude DNA-based extracellular traps (ETs) via a NOX-dependent mechanism: S-cells from NOX-deficient mutants lose the ability to secrete ETs and to clear bacteria from the slug and subsequent fruiting body [599]. Consequently *Dictyostelium*, on the cusp of multi-cellularity, can be used to model CGD and the influence of NOXs and ETs on the evolution of specialized immune cells and to study the role of ROS in a host-pathogen interaction [600].

CGD patients suffer from recurrent and life threatening infections during early childhood. Phagocytic cells from CGD patients adhere to blood vessels, reach infectious sites by chemotaxis and phagocytose the involved pathogens, but are unable to kill them because of the absence of ROS production by the defective NOX complex. Thus, accumulation of live pathogens in phagocytes, combined with the continuous release of proinflammatory cytokines by these cells, leads to the formation of granulomas in infected tissues. In addition, granuloma formation in hollow organs like the kidneys or the gastrointestinal tract is responsible for obstruction syndromes. Infections can be localized in tissues in direct contact with the environment like the skin, the otorhinolaryngology sphere or, more severely, the lungs. The disease has a more dramatic effect when infections and granulomas are in deep organs such as the brain or the liver. Aspergillosis in the lungs is the first cause of death of CGD patients. One seemingly paradoxical observation that needs to be addressed is: how does the absence of ROS lead to hyperinflammation in CGD? Several hypotheses have been proposed. The oldest one is that efferocytosis by macrophages is reduced in CGD [601]. The overall consequence will be unbalanced neutrophil necrosis, an increase of proteases and toxic oxygen-derived components and release of proinflammatory cytokines, which all contribute to local inflammation. In addition, the absence of ROS production can be responsible for defective activation of genes that regulate NFκB signaling, which is involved in the restriction of the development of inflammatory disorders [602]. Recently, it was shown that ROS deficiency in CGD causes autophagy dysfunction in phagocytes, which contributes to increased production of proinflammatory IL-1β. Indeed, two CGD patients treated with an IL-1 receptor blocker showed rapid and sustained improvement in colitis [603]. Furthermore, defective ATM activation due to the absence of ROS production in a CGD patient was linked to an exacerbation of proinflammatory cytokine release and

apoptosis, which might explain the hyperinflammation in this disease [604].

As components of the phagocytic NOX complex are expressed in cells and tissues other than phagocytes, inactivating mutations in these proteins can have pathophysiological consequences unrelated to immunodeficiency syndromes. ROS production by NOX enzymes controls vascular function via modulation of NO bioactivity. Indeed NOX2 deficiency in CGD patients was related to enhanced arterial dilatation [605]. Violi et al. demonstrated that in vivo platelet activation might be directly associated with NOX2 activity. Thus decreased platelet marker activation correlated with the absence of NOX2 expression found in CGD patients. As NOX2-deficient mice demonstrated impaired memory and synaptic deficit, a role of NOX2 in these processes was proposed [606]. However, clinical studies in children with CGD were rather ambiguous [607,608].

8.4. Neuromodulatory actions of nitric oxide

As summarized by J. Laranjinha and R.M. Barbosa, the brain is bioenergetically exigent and, to optimize neuronal function and survival it is equipped with fine mechanisms for a precise spatial and temporal control of cerebral blood flow (CBF) that provides energy substrates according to cellular activity. This process is achieved through neurovascular coupling, an orchestrated intercellular communication among all components of the neurovascular unit (neurons, astrocytes, pericytes and microvessels) that results in a rapid and restricted increase in CBF [609]. Yet neuronal energetics is non-linearly coupled to an activity-dependent increase of CBF, i.e. neuronal activity-induced increases in CBF are not accompanied by proportionate increases in oxygen consumption by neuronal mitochondria [610]. Therefore, an activity-dependent CBF increase and oxygen utilization by active neural cells are inextricably linked and establish a functional metabolic axis in the brain termed the “neurovascular-neuroenergetic coupling axis.” This axis incorporates interdependent processes that need to be coordinated in the normal brain. An impaired functionality of the neurovascular-neuroenergetic coupling axis poses a threat to the healthy brain and can prove particularly detrimental for Alzheimer’s

disease and the aged brain.

NO, a diffusible intercellular messenger synthesized by the neuron-associated synthase isoform (nNOS), coordinates an integrated regulation of this axis by mediating the neurovascular coupling process and by regulating oxygen utilization by mitochondria. Two lines of reasoning support this hypothesis. The first is based on the in vivo dynamic and simultaneous recordings [611] of NO, oxygen and CBF. It has been shown that upon glutamatergic stimulation of rodent hippocampus, NO synthesized by nNOS associated with the glutamate NMDA receptor diffuses into neighboring vessels and induces an increase of CBF, which couples to neuronal activity by activating soluble guanylate cyclase in smooth muscle cells [612]. The transitory increases of NO and CBF from a basal level are temporarily and spatially coupled with oxygen delivered from the vessels, encompassing a sequence of events consisting of glutamatergic neuronal stimulation, NO transients, CBF increases and oxygen transients. According to the second line of reasoning, the best characterized interaction of NO with the mitochondria is the inhibition of cytochrome c oxidase by nanomolar concentrations of NO in competition with oxygen [613]. At physiological oxygen concentrations, NMDA-evoked NO production inhibits hippocampal oxygen consumption at submicromolar concentrations and induces a small difference in the concentration dynamics of NO, reflecting that different states of neuronal activation may lead to different outcomes in terms of metabolic rate [614,615].

8.5. Thiol redox homeostasis in astrocytes

According to Gethin J. McBean, several decades of research have led to the conclusion that astrocytes, the so-called ‘metabolic support’ cells of the brain, act as the central supplier of glutathione (γ -glutamyl-cysteinyl-glycine, GSH) for antioxidant protection of neurons. *De novo* synthesis of GSH in astrocytes fulfills the antioxidant capacity of those cells and also provides precursors for GSH synthesis in neurons [616]. Cysteine is the rate-limiting substrate for GSH synthesis and is supplied either by transport from the extracellular medium in the form of cystine into astrocytes using the x_c^- exchanger, or directly into neurons as cysteine via the EAAT3 subtype of the high-affinity glutamate trans-

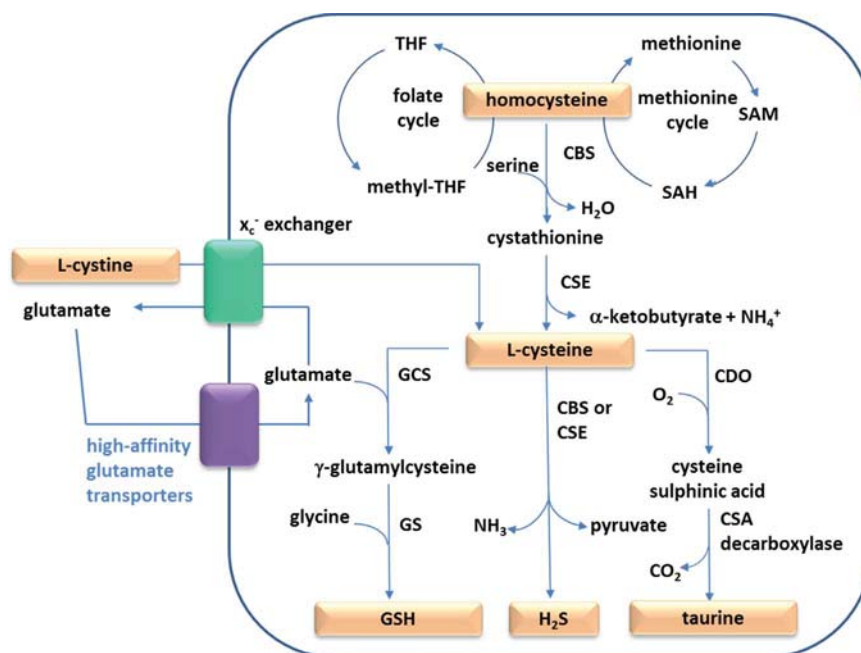


Fig. 8.1. Cysteine supply pathways in astrocytes. Cysteine is either taken up in its oxidized form, cystine, from the extracellular medium via the x_c^- cystine-glutamate exchanger, or generated from methionine via the transsulfuration pathway. Cysteine is the immediate precursor for GSH, which is synthesized by the first two enzymes of the γ -glutamyl cycle, as well as taurine and hydrogen sulphide. CBS, cystathionine- β -synthase; CDO, cysteine dioxygenase; CSA, cysteine sulfinic acid; CSE, cystathionine- γ -lyase; GCS, glutamate cysteine ligase; GS, glutathione synthase; SAH, S-adenosylhomocysteine; SAM, S-adenosylmethionine.

porter. As the extracellular redox potential dictates a 5:1 ratio of cystine to cysteine, the bulk of uptake takes place into astrocytes. In addition to the x_c^- cystine-glutamate exchanger, cysteine can also be supplied by transsulfuration (TS) from methionine via homocysteine, as shown in Fig. 8.1. In normal astrocytes, the TS pathway supplies up to one third of the cysteine required for GSH, with the majority coming from the extracellular space [577,617].

It is well documented that GSH production in astrocytes is increased in response to oxidative stress. Similarly, upregulation of both the x_c^- exchanger and the TS pathway (via increased expression of the rate-limiting enzyme, cystathionine- γ -lyase (also known as cystathionase; CSE)) occurs following oxidative stress [617,618]. Interestingly, experimentally-induced oxidative stress in primary rat cortical astrocytes shows that the relative contribution of the TS pathway to cysteine for GSH increases to 60%, meaning that, under these conditions, the majority of cysteine for GSH comes from this pathway, rather than the x_c^- exchanger [577]. Pharmacological blockade of the x_c^- cystine-glutamate exchanger in vitro also acts as a signal to upregulate CSE, leading to enhanced synthesis of GSH [577]. It is not clear at present whether the signal to increase flux through the TS pathway occurs in response to a fall in GSH within astrocytes, or to increased oxidative stress, or both. It has been proposed that upregulation of cystine intake under oxidative stress conditions is decoupled from GSH synthesis and, instead, regulates an intracellular-extracellular cysteine-cystine redox cycle [619]. This proposal fits with our results showing that GSH synthesis under oxidative stress conditions increases reliance on the TS pathway. However, further work is required to fully evaluate the interrelationship between these sources of cysteine for GSH, and other important neuroprotective products, for example, taurine and hydrogen sulfide.

Understanding the origin of cysteine for GSH is important for evaluation of the antioxidant capacity of cells in neurodegenerative disease. There are several examples in the literature of up-regulation of the x_c^- cystine-glutamate exchanger during neurodegenerative disease [620,621]. Indeed, at first glance, it would appear that the capacity to increase GSH synthesis during neurodegenerative disease-related oxidative stress would be beneficial. However, the downside is that increased capacity of the x_c^- cystine-glutamate exchanger is inevitably coupled to the release of glutamate. If this cannot be matched by high-affinity uptake, then the likelihood of glutamate-mediated neurotoxicity threatens neuronal well-being. This situation is well illustrated in the case of glioma/astrocytoma. Here, tumor cells up-regulate the x_c^- cystine-glutamate exchanger, but down-regulate the high-affinity glutamate transporters [622]. This imbalance generates the capacity for destruction of neurons and increases the likelihood of epileptiform activity. However, strategies to block the x_c^- exchanger in glioma therapy have been unsuccessful. It is now recognized that drugs that target both the x_c^- exchanger and the TS pathway have greater potential as effective therapeutics [623]. Research is ongoing to fully understand the beneficial potential of the TS pathway in astrocytes, particularly in the context of astrocyte activation and the immune response.

8.6. Regulation of the oxidative and inflammatory response by microglial $\alpha 7$ cholinergic receptors

As reported by Manuela G Lopez and Javier Egea, dysfunction of the cholinergic system and mitochondria together with increased oxidative stress and neuroinflammation has been reported during aging and diseases related to age like Alzheimer's and Parkinson's disease [624,625]. The $\alpha 7$ acetylcholine nicotinic receptor subtype ($\alpha 7$ nAChR) is expressed in neuronal and non-neuronal cells. Wang et al. [626] identified that $\alpha 7$ nAChRs in blood monocytes control inflammation under vagal stimulation and proposed the "cholinergic anti-inflammatory pathway," which regulates inflammation in the periphery. In the central nervous system, microglia regulate the innate immune response and also express $\alpha 7$ nAChRs; therefore, the role of these receptors in

microglial function is being studied.

Primary glial cultures exposed to the $\alpha 7$ nicotinic agonist PNU282987 increased their mitochondrial mass and mitochondrial oxygen consumption without generating oxidative stress. These changes were not seen when the transcriptional factor NRF2 was absent, when the HO-1 enzyme was inhibited and when PGC-1 α was silenced. In isolated microglia of adult animals treated with the $\alpha 7$ nAChR agonist, a significant increase in mitochondrial mass was also detected. Interestingly, *LysMCreHmox1 Δ/Δ* animals, which lack HO-1 in microglial cells, and *PGC-1 α ^{-/-}* animals, which do not express PGC-1 α protein, showed lower microglial mitochondrial levels, and treatment with PNU282987 did not change the mitochondrial levels. These results indicate the important function of the $\alpha 7$ nAChR/NRF2/HO1 and PGC-1 α axis to increase mitochondrial biogenesis and thereby improve the bioenergetic status in microglia [627].

The $\alpha 7$ microglial nicotinic receptor also plays a strategic role in controlling neuroinflammation to afford neuroprotection under brain ischemia conditions as shown in vitro and in vivo models. Organotypic hippocampal cultures (OHC) exposed to oxygen and glucose deprivation (OGD) elicited cell death. However, the selective $\alpha 7$ nAChR agonist PNU282987 incubated post-OGD, reduced cell death, ROS production and TNF- α release. The protective effect of PNU282987 was lost in microglia-depleted OHCs as well as in OHCs from *Nrf2* deficient mice. Administration of the $\alpha 7$ nAChR agonist 1 h after induction of photothrombotic stroke in vivo reduced infarct size and improved motor skills in *Hmox1^{lox/lox}* mice that express normal levels of HO-1, but not in *LysMCreHmox1 Δ/Δ* in which HO-1 expression is inhibited in myeloid cells, including the microglia [628]. These results show that $\alpha 7$ microglial nicotinic receptors play a key role in controlling neuroinflammation and affording neuroprotection under brain ischemia.

Therefore, microglial activation of the $\alpha 7$ nAChR/NRF2/HO-1 axis seems to play an important role in improving microglial bioenergetics and reducing oxidative stress and neuroinflammation [629].

8.7. Regulatory mechanisms of ROS in the motor neuron

According to Anastasia Shakirzyanova and Rashid Giniatullin ROS can also regulate neurotransmission at the neuromuscular junction. Curiously, the actions of ROS are remarkably different in the synapses of newborns, adults and old rats [630]. Thus, it has been reported that the inhibitory effect of the diffusible mild oxidant H₂O₂ is much stronger in old rats. In newborns tested during the whole first postnatal week, H₂O₂ did not affect spontaneous transmitter release from nerve endings and even potentiated the end-plate potentials. The resistance of neonates to H₂O₂ inhibition was associated with higher catalase and glutathione peroxidase activities in skeletal muscle. In contrast, the activities of these enzymes were downregulated in old rats. These results indicate that the vulnerability of transmitter release to oxidative damage strongly correlates with aging and might be used as an early indicator of senescence [630]. Consistent with this, it was shown that the concentration of the redox active amino acid homocysteine increases with aging and in many neurodegenerative diseases significantly aggravates ROS-induced depression of transmitter release from motor nerve terminals. This provides a potential mechanism of peripheral impairment in motor neuron diseases associated with hyperhomocysteinemia [631]. Related to this, it has been reported that the co-transmitter ATP, which operates via a ROS-dependent mechanism, activates presynaptic P2Y₁₂ receptors coupled to NOX to generate endogenous ROS and that this signaling complex likely resides in lipid rafts [632].

The association between ROS and motor neuron disease is exemplified in the case of amyotrophic lateral sclerosis (ALS), a neurodegenerative disease characterized by a progressive loss of motor neurons and degradation of the neuromuscular junctions. In ALS, the decline in synaptic function initiates from the presynaptic terminals. Experimental

data have shown that in the neuromuscular junction, a classical model of synaptic transmission, ROS have an inhibitory action on the presynaptic releasing machinery, and it was proposed that the presynaptic sensor of ROS was the SNARE protein Snap25 [633].

8.8. Inflammation and ROS in cancer

As explained by Kemal Sami Korkmaz and Bilge Debelec–Butuner, chronic inflammation subsequent to immune failure or insults such as microbial infections is often associated with cancer. The well-known examples come from *Helicobacter pylori* and human papillomavirus infections in stomach and cervix cancers respectively, where multiple pathways synergistically contribute to the activation of cytokine release, that combined with the loss of adhesion and the release of angiogenic factors, may eventually contribute to cellular proliferation, differentiation and tumor progression [634]. Thus, the immune defense mechanisms that play important roles in guarding the organism against environmental insults, might induce malignant growth in these tissues. This event is termed inflammation-induced tumorigenesis.

Toll like receptor (TLR) function is critical for regulation of innate and adaptive immune responses in normal cells and usually necessitates distinguishing the defective functionality of the malignant cells that might influence the sensory ability of the immune defense. Since activation of the pro-survival factors such as NF- κ B, ERK and JNK kinases as well as increased levels of IL-6 and IL-12 correlate with highly expressed TLR4 levels in malignant cells [635], these findings indicate the important role of TLRs in chronic inflammation and cancer development.

Interestingly, TLR4 has been associated with metastasis in various types of cancer including the prostate. Highly metastatic human prostate cancer cell lines, PC-3 and DU145, express higher levels of TLR4 [636] compared to RWPE and LNCaP prostate cell lines [634,637,638]. When these cells are treated in vitro with LPS, TNF α is induced, reaching nM concentrations, and proliferation and migration of prostate cancer cells is observed [637,638]. Consistently, the depletion of TLR4 expression inhibits the invasion of these cells and also improves the survival of tumor-bearing animals [636,639], which suggests that the higher TLR4 level or its activation significantly augments tumor cell proliferation upon cytokine exposure. Thus, TLR4 expressed in normal and low-grade tumors could be a contributing factor to chronic inflammation that promotes carcinogenesis.

Nevertheless, the well-known prostate specific androgen receptor (AR) regulated tumor suppressor NKX3.1 encodes a homeobox protein and facilitates the antioxidant response through transcriptionally upregulating the glutathione peroxidases and peroxiredoxins [640], which leads to subsequent deregulation of the intracellular ROS levels and activation of the DNA damage response.

In addition, the growth rate is metabolically regulated via stress-sensing Sirtuin 1 (SIRT1), an NAD-dependent deacetylase. Under oxidative conditions, such as inflammation, SIRT1 deacetylates a number of transcription factors, including p53, NBS1 and AR, which contribute to the control of the cell cycle, DNA damage response and steroid hormone action in prostate cells respectively. Therefore, SIRT1 has also been linked to tumor cell survival, particularly in prostate cancer, by the deacetylation of AR. Thus, the inflammation induced via TLR4-related cellular mechanisms contributes to the deregulation of the antioxidant response and DNA damage recognition in prostate, where the increased genetic heterogeneity is suppressed via AR, and its deacetylation by activated SIRT1 counteracts the deregulation of cell growth leading to stress tolerance in tumor progression.

8.9. Summary and conclusions

In this section we have seen some examples of how ROS formation has regulatory mechanisms that can be implicated in health and

disease. ROS formed from NOX, mitochondria, or NO-producing enzymes are not necessarily toxic, but rather compose a network signaling system, known as redox regulation.

In the case of NOX2, we have seen that under physiological conditions ROS production derived from NOX2 may have an anti-inflammatory role when produced in a limited time and space, while a defect in NOX2 can lead to “ROS-independent inflammation.” However, when they are overproduced, they become pro-inflammatory as they induce oxidative stress and changes in cell homeostasis during a “ROS-dependent inflammation.” While the use of NOX2-deficient mice has advanced our knowledge on the role of NOX2, it is probably not the best approach to determine whether the absence of NOX2 is protective against inflammation, as the deletion of NOX2 inherently leads to a dysregulation of the immune response. A clear example of a human disease related to defects in NOX2 or associated subunits is chronic granulomatous disease [641]; as a consequence of NOX2 deficiency, neutrophil killing is defective due to the extremely low respiratory burst in these cells during phagocytosis [642,643].

ROS generated by NOX enzymes can control vascular function via modulation of NO bioactivity [644]. In the brain, NO can exert a modulatory role both in the neurovascular coupling and in the functionality of energy formation by the mitochondrial respiratory chain. Therefore, neuronal-derived NO can be considered a master regulator of the neurovascular-neuroenergetic coupling axis. Furthermore, dysfunction of the NO-dependent neurovascular and neuroenergetic coupling has been related to the cognitive decline associated with brain aging and Alzheimer’s disease [576].

Besides the regulatory mechanism of neuronal NO, glial cells also play an active role in maintaining the redox balance in the brain. In line with this, astrocytes act as the central supplier of GSH for antioxidant protection of neurons. Cysteine is required to produce GSH in order to control the antioxidant capacity of cells in neurodegenerative disease; therefore, it is now recognized that drugs that target both the x_c^- exchanger and the TS pathway have greater potential as effective therapeutics [623]. On the other hand, in microglial cells, cholinergic stimulation of the $\alpha 7$ nicotinic receptor subtype is being recognized as a target to control neuroinflammation and oxidative stress by inducing hemoxygenase-1 to provide neuroprotection [628].

Homocysteine (HCY) is a pro-inflammatory sulfur-containing redox active endogenous amino acid, whose concentration increases in neurodegenerative disorders including ALS. At the neuromuscular junction, the effect of HCY on oxidative stress-induced impairment of transmitter release was shown to be age-dependent [631]; older rats were more sensitive to the inhibitory effect of H₂O₂ than newborns, most probably because the latter have higher levels of antioxidant enzymes. Furthermore, activation of P2Y₁₂ receptors by ATP, which is co-released with ACh at the neuromuscular junction, can induce ROS production by activating NADPH oxidase [632] and thereby control neurotransmission.

Finally, inflammation and oxidative stress can participate in cancer. Activation of pro-inflammatory cascades via TLR4 has been related to highly metastatic tumors [636]. On the other hand, ROS production via NOX2 can regulate inflammation [645]. In line with these observations, it has been reported that NOX activity and expression is associated with tumorigenesis of lung cancer, and that inhibition of NOX function or mRNA expression can significantly block lung cancer formation and invasion [646].

In conclusion, ROS play a Janus-faced role: they can provide physiological actions or contribute to pathogenesis. We have seen in this review that the regulatory actions of ROS are complex and can differ from one cell system to another. Therefore, understanding the fine regulatory mechanisms of ROS in specific cells and tissues will contribute to the identification of precise targets and thus to the development of more efficient therapeutic strategies.

9. The emerging roles of redox networks in tumor cell proliferation, hearing loss, neuropsychiatric disorders and cardiovascular pharmacology

Isabel Fabregat (E-mail: ifabregat@idibell.cat) and Santiago Lamas (E-mail: slamas@cbm.csic.es).

9.1. Introduction

Our COST Action has invested a significant amount of work and interaction on major biomedical and clinical problems in which ROS have an established role or where significant evidence has been mounted for their participation in the initiation, perpetuation or resolution of the most pressing health challenges in the developed world in the next decade. The focus of this section are the ideas, expertise and studies of the members of the EU-ROS COST Action.

We have grouped the contributions in this sub-section into four major categories: cancer, metabolic diseases, neuropathology and cardiovascular diseases. A summary of these is depicted in Fig. 9.1.

A fundamental problem in cancer biology has to do with the migration of tumor cells to extraneous tissue environments where they may constitute the core of metastatic niches. The role of oxidative stress germane to this phenomenon is far from clear and remains controversial. For example, it has been found that melanoma metastasis may progress by suppressing redox-related effector molecules such as APE1/REF-1 [647] and making melanoma cells less responsive to oxidative-induced DNA damage. In contrast, it has been also reported that oxidative stress may inhibit distant melanoma metastasis in vivo [648]. In a similar vein, the targeting of fundamental endogenous antioxidant systems, such as GSH and thioredoxins, has been proposed as a potential advantageous therapy for cancer and HIV [649]. A more detailed analysis on the molecular mechanisms related to redox responses in the context of cancer cell migration is provided below. Of interest, the cellular and molecular sources responsible for ROS generation have been the object of intense study in pathophysiological settings such as liver fibrosis and carcinogenesis. Here too, the jury is still out regarding the beneficial or detrimental role of NOXs, especially in reference to the apparently opposite effects of NOX1 and NOX4 in liver tumorigenesis, as discussed in the following paragraphs.

The Action has benefited from the work of groups interested in the redox regulation of neurological and psychiatric diseases with a specific emphasis on two relatively unexplored areas: the inner ear and schizophrenia. Of all the NOX isoforms, NOX3 is clearly the most elusive, less studied and even less well understood, primarily due to its restricted topological expression in the inner ear. One of the laboratories involved in this COST action has shed light on the function of NOX3 in balance regulation and hearing function by developing sophisticated mouse models that lend themselves to investigation of this issue. The problem of hearing loss, either genetically based or acquired after environmental exposure to noise or aging, has experienced a recent twist where redox regulation has taken center stage. Indeed, a very captivating report has described that pejkakin, a protein related to peroxisomal function and proliferation, lies at the basis of an inherited sensorineural form of deafness and its lack or malfunction induced by oxidative stress makes the inner ear extremely vulnerable to noise-induced damage [650]. NOX3 is expressed in the cochlea even though mice devoid of it do not show an apparent hearing loss-related phenotype. Whether peroxisomal generation of ROS is connected to NOX3 function is a possibility that remains to be investigated. Another set of diseases where the role of redox regulation is intriguing is in the realm of neuropsychiatry. While a significant amount of evidence regarding the role of oxidative stress has accumulated in neurodegenerative diseases (please see the corresponding section), much less is known in the context of psychoses. In the particular case of schizophrenia, aside from profound alterations in the levels of several neurotransmitters, a disturbed redox homeostasis has been evidenced with a major focus on glutathione regulation. These intriguing findings are discussed below highlighting the major advances and pitfalls in the knowledge of this exciting research avenue.

There is currently little doubt about the relevant role played by oxidative stress in the metabolic syndrome and in particular in type 2 diabetes. Both insulin production, as well as insulin signaling, are redox sensitive processes, highly determined by the levels of O_2^- and NO , and their interplay. Thus, impairment of physiological signaling by ROS/RNS is implicated in the etiopathology of diabetes [651]. Some groups in our COST Action are interested in exploring how the fine tuning of the O_2^-/NO ratio is regulated and how it affects insulin synthesis and degradation. Furthermore, oxidative stress contributes to pancreatic β

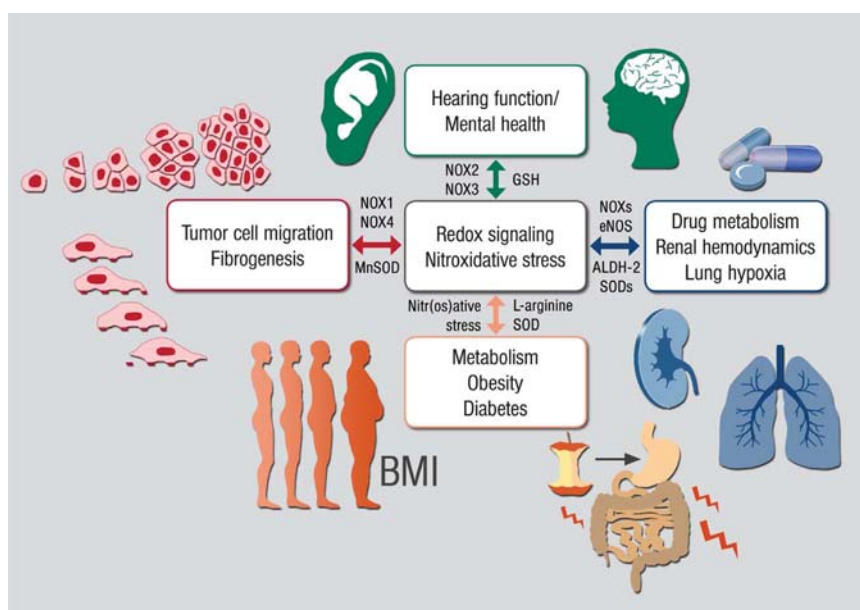


Fig. 9.1. Summarizing scheme on the contribution of ROS signaling to different physiological and pathophysiological conditions. This section covers an ample spectrum of disorders with the theme of redox signaling and nitroxidative stress as the common modulator of disturbances related to tumor cell migration, fibrogenesis, hearing loss, neuropsychiatric disorders, metabolic syndrome, drug metabolism, renal hemodynamics and lung hypoxia. In the slide the participation of relevant enzymatic pathways (NOXs, SODs, ALDH-2) are indicated. BMI: body mass index. The rest of the abbreviations are defined in the text.

cell loss, which impairs insulin secretion [652]. Therefore, therapeutic strategies to prevent β cell dysfunction require better knowledge about how to protect them against direct or indirect effects of free radicals and lipid peroxidation. Also relevant is the fact that both insulin sensitivity and metabolic homeostasis depend on the capacity of adipose tissue to take up and utilize excess glucose and fatty acids. This buffering capacity depends on physiological levels of NO, whose function may be altered by excessive formation of O_2^- [653]. Interestingly, recent evidences indicate that redox signaling and oxidative stress may contribute to adipose tissue remodeling and this is a relevant area of research. These new aspects about the relevance of ROS and RNS in the context of metabolic syndromes and diabetes are expanded below highlighting the major challenges addressed by research members within the EU-ROS COST Action.

Cardiovascular physiology and pathophysiology have also been a major object of this COST Action and this is reflected in the present section of this overview. In this section we also include contributions of the COST members related to vascular aspects with a specific focus. One of these is the still unresolved and important problem of toxicity and tolerance derived from the clinical use of organic nitrates. In the last few years new light has been shed upon the molecular mechanisms related to the side effects of nitroglycerin and other nitrates evidencing a major role for mitochondrial dysfunction and disruption of redox homeostasis. A detailed update of the problem is provided in the section that follows. A disturbed vascular redox balance underlies the pathophysiology of important morbid conditions in other organs such as the lung and kidney. In the lung, chronic hypoxic pulmonary hypertension leads to vasoconstriction and vascular remodeling, two phenomena that self-perpetuate the vicious cycle. In the kidney, studies in animals using superoxide dismutase (SOD) mimetics point to an important role of redox dysfunction in the increased vascular resistance associated with

chronic kidney disease and open the possibility of therapeutic intervention. Both sets of concepts and data are appropriately discussed below.

9.2. Cancer

The following subsections were composed by Esther Bertrán, Isabel Fabregat, Ana Fernandes, and Nuno Saraiva.

9.2.1. Redox regulation of tumor cell migration

Several cellular and extracellular events are involved in ROS production and can directly or indirectly impact on mechanisms involved in different types of cell migration thus contributing to the invasiveness and poor prognosis of several cancers. These mechanisms include invadopodia formation, MMP activation/expression, focal adhesion dynamics, cell-cell contact, cytoskeleton remodeling, and gene expression regulation (Fig. 9.2) [654–656]. In turn, many mechanisms involved in cell migration, such as integrin signaling or Ca^{2+} homeostasis affect ROS production, creating intricate and still poorly understood regulatory mechanisms [656,657]. ROS can act as second-messengers by oxidizing cysteine residues that impose functional changes on cell migration-relevant kinases, phosphatases and transcription factors [658]. The uneven physical and temporal distribution/activity of the elements involved in ROS production (Fig. 9.2) can lead to heterogeneous ROS accumulation within a migrating cell and during the migration process. Several sources may contribute to the generation of ROS (see figure). Their topological distribution influences the localization and oxidative status of many regulatory elements, thus allowing a redox-dependent spatial and temporal regulation of cell migration/adhesion mechanisms. Mitochondrial ROS are associated with the initial ECM contact while a cytosolic ROS increase is involved

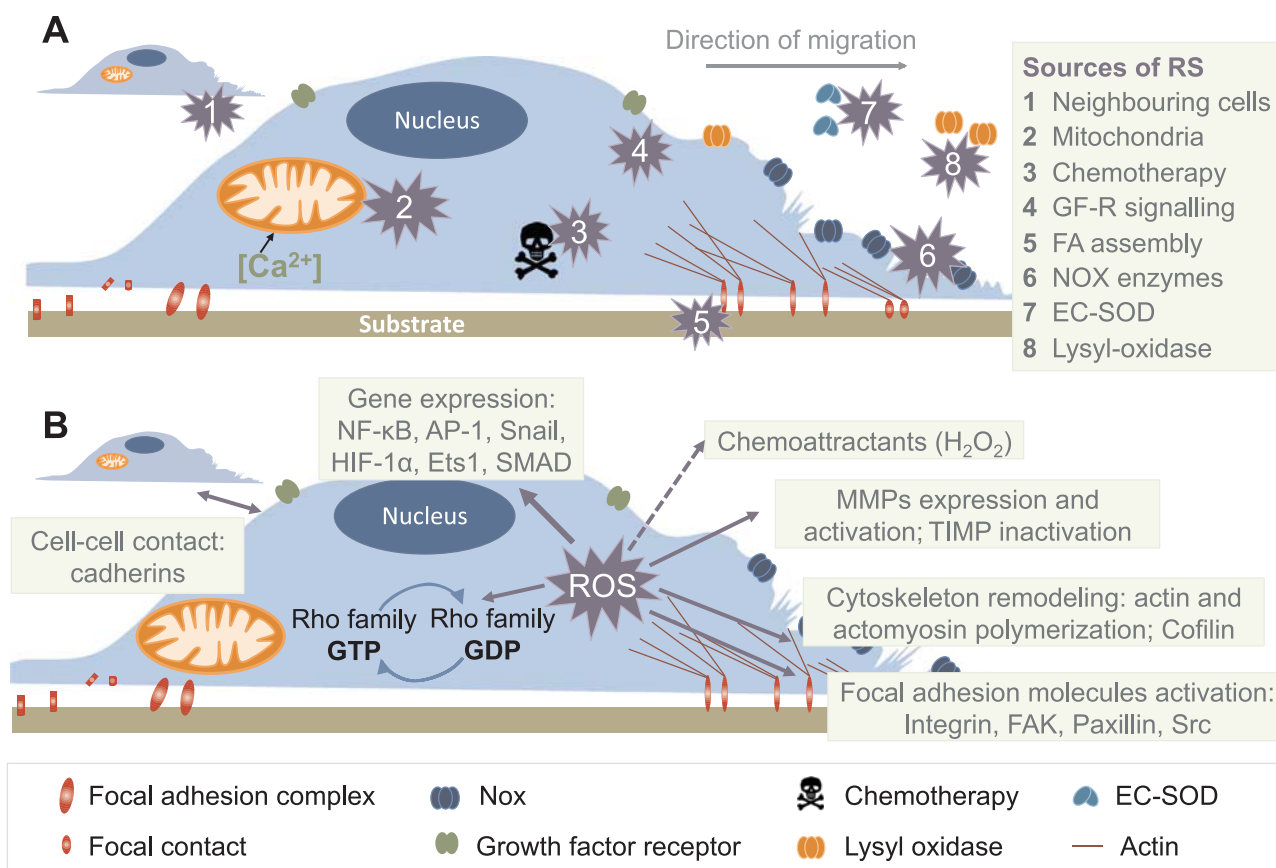


Fig. 9.2. ROS and cell migration. (A) There are several sources of reactive species (RS) whose subcellular distribution dictates the fate and direction of cell migration. In this cartoon they are indicated by Arabic numbers. (B) Key mechanisms involved in the redox-regulation of cell migration. The main effectors participating in cell-cell contact adhesion, gene expression activation, matrix degradation, cytoskeletal remodeling and focal adhesion are indicated.

in cytoskeleton remodeling and NOX-derived ROS are involved in invadopodia formation [186]. Additionally, the existence of an elevated reductive potential as well as strong redox buffers is essential to limit ROS diffusion and maintain a polarized distribution of oxidant intermediates [657]. The final outcome in cell proliferation, migration and adhesion depends on the activation of a series of effectors regulating gene expression, matrix degradation, cytoskeletal remodeling and cell-cell contact adhesion (see figure).

The complexity of mechanisms by which ROS mediate cancer cell migration is still far from being understood. A general pattern of the impact of ROS and antioxidants on tumor metastatic potential is difficult to depict given the inherent differences among cancer types. For example, MnSOD expression may be highly dependent on the primary tissue [659]. Even considering tumors from the same organ of origin, the stage and grade of disease progression may influence intracellular ROS and antioxidant enzyme levels. Most of the previous studies on the influence of ROS in cell migration were performed in cell culture models. However, the activity of antioxidant enzymes varies with the culture conditions and declines after a high number of cell passages. Another aspect that limits the usefulness of cell culture models is their inability to recreate the tumor microenvironment, which includes cancer cells, cancer stem cells and stromal components, such as extracellular matrix, fibroblasts, immune cells, adipocytes, and vascular cells. The analysis of specific subsets of tumor cells is both essential and challenging, since tumors contain different cell types, necrotic material and stroma. Differences between conventional cell culture models and the metastatic microenvironment contribute to the discrepancies observed in the literature, reinforcing the need for more physiologically relevant approaches.

The implementation and standardization of *in vivo* techniques to measure the levels of specific ROS and their sub-cellular distribution is essential to dissect and confirm several mechanisms by which ROS impact cancer cell migration.

9.2.2. Role of NADPH oxidases in fibrogenesis and cancer

The oxidative stress that takes place during chronic liver diseases is due to increased ROS production, as well as to decreased activity of antioxidant systems. It is not only a consequence of chronic liver injury, but also a significant contributor to excessive tissue remodeling and fibrogenesis. The main source of ROS implicated in liver fibrosis is the NOX family of proteins [523,660]. NOX proteins are also likely to act as a persistent, endogenous source of ROS during Hepatitis C virus (HCV)-induced pathogenesis [661]. These enzymes are expressed in diverse cells and tissues, and their products are essential in several physiological settings [662]. NOX1, NOX2 and NOX4 have been proposed to play essential roles in liver fibrogenesis. Transforming growth factor- β (TGF- β)-induced activation of hepatic stellate cells (HSC) to myofibroblasts (MFB) is mediated by NOX4-derived ROS [184]. Moreover, NOX1, activated either by TGF- β or other stimuli, promotes myofibroblast proliferation by PTEN inactivation to positively regulate an AKT/FOXO4/p27 signaling pathway [663]. Furthermore, NOX1 activity might further contribute to the inflammatory process that promotes COX-2 expression and prostaglandin synthesis in hepatocytes [664]. Promotion of hepatocyte apoptosis is another crucial event during fibrogenesis since it triggers Kupffer cell and HSC activation by secreting cytokines, chemokines and microparticles. NOX4 is necessary to mediate apoptosis induced by TGF- β [177,184]. However, the pro-apoptotic effect of the cytokine can be attenuated when NOX1 is active [179]. NOX2 is expressed in both endogenous liver cells and bone marrow-derived cells, possibly acting in the process of phagocytosis of dead hepatocytes [665]. The role of NOX in hepatocarcinogenesis is more complex and is still a matter of study in different laboratories. NOX4 may play essential roles mediating TGF- β tumor suppressor functions, in particular its effects on cell death [177,528]. In this sense, recent results indicate that silencing NOX4 in liver tumor cells increases their proliferative and tumorigenic properties [185]. In contrast, NOX1

might control autocrine cell growth of liver tumor cells through regulation of the EGFR pathway [179,666]. In fact, recent studies indicate that NOX1 and NOX4 proteins have opposite prognostic effects in HCC. High NOX1 and low NOX4 expression were independent predictors of both shorter recurrence-free survival and shorter overall survival [667]. In view of the essential roles played by NOX4 in liver fibrosis, recent preclinical studies with a NOX4/1 inhibitor (GKT137831) have demonstrated its efficiency as a potent inhibitor of fibrosis and hepatocyte apoptosis [668], thus paving the way for future translational studies.

9.3. Neurological and psychiatric disorders

The following subsections were composed by Vincent Jaquet, Karl-Heinz Krause, Francis Rousset, and Tamara Seredenin.

9.3.1. Redox imbalance in the pathogenesis of schizophrenia

The etiology of schizophrenia is unknown, but it is generally thought that a combination of genetic and environmental factors modulates the disease. A popular theory of schizophrenia involves an imbalance between inhibitory and excitatory neurotransmission. This is evidenced at the neuropathological level by a decrease in number of parvalbumin-positive GABAergic interneurons (PV neurons) and alterations of *N*-methyl-D-aspartate (NMDA) receptor subunits [669]. The molecular mechanisms involved at onset, during psychotic episodes and chronicity of schizophrenia are unknown, but numerous studies in both humans and rodents point towards a contribution of neuroinflammation, increased reactive oxygen species (ROS) generation and dysfunction of redox signaling [670,671].

Most studies using post-mortem analysis of brains of schizophrenic patients indicate (i) increased markers of oxidative modifications of biomolecules, including lipids (4HNE), nucleic acids (8-hydroxydeoxyguanosine) and proteins (carbonylation); (ii) decreased levels of glutathione and enzymes involved in glutathione metabolism, (iii) microgliosis and astrogliosis and increase of microglia activation markers. Rodent models of social isolation and administration of NMDA receptor antagonists recapitulate several neuropathological features (loss of PV neurons and pro-oxidative phenotypes). Several studies have proposed a key role of specific redox systems in the pathogenesis of diseases of the central nervous system (CNS). Low glutathione (GSH) levels are a hallmark of schizophrenia [672]. GSH is a major regulator of intracellular redox homeostasis. Schizophrenic patients show low levels of GSH in blood and in prefrontal cortex, and mice deficient in the Glutamate-Cysteine Ligase gene, the rate-limiting enzyme for GSH synthesis, display behavioral and neurochemical abnormalities commonly associated with schizophrenia [673]. Clinical trials using the general antioxidant agent *N*-acetylcysteine (which can act as a GSH precursor) show promise for treating some features of schizophrenia. Behrens et al. observed an increase in NOX2 activity in neurons following repeated administration of subanesthetic doses of the NMDA receptor antagonist ketamine [674]. Importantly, ketamine administration led to the loss of PV neurons, which could be pharmacologically reversed by administration of the antioxidant apocynin. The efficacy of apocynin was further confirmed in another study using a transgenic model of NMDA receptor hypofunction (Ppp1r2-Cre/fGluN1 knockout mice), which endured social isolation. However, the increase of neuronal oxidation was not changed in NOX2-deficient mice, suggesting that NOX2 is not the main source of ROS in this model [675]. Interestingly PGC-1 α – a key regulator of mitochondrial biogenesis and antioxidant response – is enriched in GABAergic interneurons [676]. In this social isolation model, PGC-1 α downregulation correlates with increased oxidation in PV interneurons, suggesting a role for mitochondrial ROS [675]. Other studies failed to detect NOX2 in mature neurons, but showed that NOX2 is mainly expressed in microglia and adult neural stem cells in the CNS [677,678]. Microglia are the CNS cell type that expresses the highest levels of proteins

regulating redox dynamics suggesting a prominent role in the CNS redox balance [679]. Further studies assessing microglial perturbations in psychiatric diseases may highlight how redox genes are involved in modulating neuronal activity by pruning synapses and regulating neurogenesis. Altogether, there are strong arguments for redox imbalance in schizophrenia; however, the sources of ROS, redox kinetics, contribution of specific redox pathways and the cell types implicated require further studies.

9.3.2. Role of NOX3 in inner ear pathologies

Research over the last decades has identified a major role for ROS in hearing disorders, including overexposure to noise, ototoxic drugs (e.g. cisplatin) and age-related hearing loss [680]. While the sources of ROS are complex and only partially understood (e.g. mitochondria), there is increasing evidence that activation of NOX enzymes, in particular NOX3, plays a key role in hearing loss. High level and specific expression in the inner ear identifies NOX3 as a prime drug target to combat hearing loss [681]. NOX3 is a multi-subunit NADPH oxidase, functionally and structurally closely related to NOX1 and NOX2. NOX3 is active as a multiprotein complex including the membrane-bound NOX3 and p22phox and the cytosolic subunits NOXO1 and NOXA1. NOX3 is crucial for the formation of otoconia, small proteinaceous carbonate crystals involved in balance [682]. Mice carrying a loss of function mutation within the NOX3 complex – including the common NOX1 to NOX4 subunit p22^{phox}, or the cytosolic subunit NOXO1 – have a vestibular phenotype similar to NOX3 mutant mice (referred to as head-tilt mice). However, the role of NOXA1 is less clear and has mostly been addressed in vitro. So far, the physiological relevance of NOX3 expression in the cochlea remains unclear as no hearing phenotype was described for NOX3 loss of function mutant animals. The role of NOX3 in cisplatin induced hearing loss is actually the best documented. An agonist effect of the antineoplastic drug cisplatin on the NADPH oxidase activity of NOX3 was observed in vitro, suggesting a potential role of NOX3 in cochlear damage [683]. Moreover, an increased NOX3 mRNA level has been described in the cochlea of cisplatin treated rats while siRNA against NOX3 were able to prevent cisplatin-mediated hearing loss in this model [684]. Together, it is now accepted that NOX3 is a major source of ROS in the cochlea. However, the role of NOX3 may not be limited to cisplatin-induced ototoxicity. Indeed, oxidative stress is also a major component in other hearing pathologies such as presbycusis, Meniere's disease or noise-induced hearing loss. For these conditions, further experimental confirmation and a deeper confirmation and understanding of the role of NOX3 in hearing loss based on loss of function mutant mice is required. Three mouse models of hearing loss have been successfully developed in one of the laboratories of this COST action – namely noise overexposure, cisplatin and age-related hearing loss models and investigation of the role of NOX3 is currently

ongoing through both NOX3 and p22phox mutant mice. In parallel, specific approaches allowing inhibition of pathological NOX3 activity should be developed. At this point, it is difficult to predict whether classical pharmacological approaches, i.e. small molecule NOX3 inhibitors, or rather molecular biology-based therapies, i.e. siRNA-mediated knock-down, will be the ultimate tools for NOX3-targeted therapies.

9.4. Metabolic diseases and diabetes

The following subsections were composed by David Bernlohr, Bato Korac, Irina Milisav, Tatjana Ruskovska, Shlomo Sasson, and Ana Stancic.

9.4.1. Importance of setting superoxide/nitric oxide ratio in diabetes. Role of L-arginine

A hallmark of the diabetic state is the increased level of O₂^{•-} in many tissues as a result of hyperglycemia and hyperlipidemia. The high level of O₂^{•-}, along with the reduced endogenous synthesis of NO, is responsible for the low bioavailability of NO in diabetic conditions. The product of O₂^{•-}/NO interaction, peroxynitrite (ONOO⁻) and more potent oxidants, deriving from ONOO⁻, play a significant role in the metabolic complications that accompany diabetes including obesity and insulin resistance. To increase NO bioavailability and/or to simultaneously reduce the O₂^{•-} level in order to improve prediabetic and diabetic states, supplementation with L-arginine, the substrate for NO synthases, as well as mimics of superoxide dismutase (SOD) have been proposed as a potential therapeutic strategy. Several beneficial effects of L-arginine have been observed in diabetes. In the pancreas L-arginine induces β-cell regeneration [685] and positively regulates insulin synthesis and secretion [686]. The favorable effects of L-arginine in obesity and insulin resistance are well-established and could be ascribed to the role of L-arginine in improving fat metabolism, by increasing lipolysis and β-oxidation [687] as well as thermogenesis-related energy expenditure [653,688,689] and insulin sensitivity [687]. It seems likely that all these effects of L-arginine may be related to improved NO bioavailability. An innovative mechanism-based approach for controlling NO and O₂^{•-} levels includes the use of redox-modulating compounds such as selective functional mimics of SOD. SOD mimics were initially designed to scavenge excessive O₂^{•-}, but additional data suggest that a decreased formation of peroxynitrite and nitrosative stress and restoration of NO signaling underlie the therapeutic benefits of these agents [690–692]. These compounds show positive effects on insulin sensitivity and metabolic complications in diabetes, in part through the recovery of mitochondrial function [690,692,693]. Altogether, using specific potent redox-active agents to adjust the O₂^{•-}/NO ratio seems to have potential in the treatment of

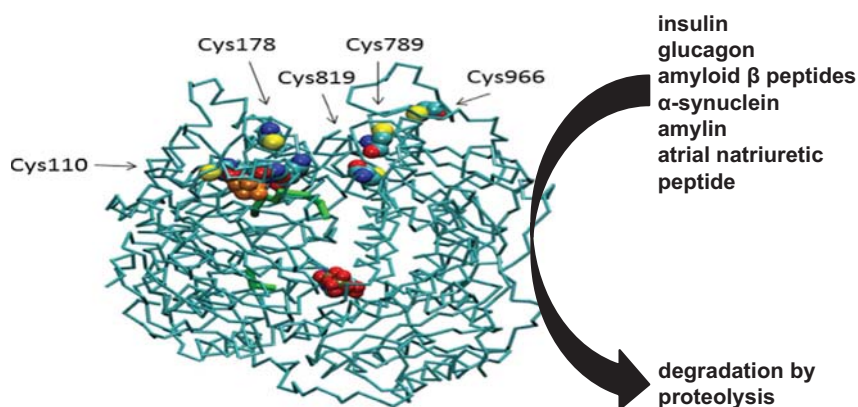


Fig. 9.3. Structure of the insulin degrading enzyme complex with amyloid-β, sites of redox regulation and major functions as a peptidase. The structure was displayed by the Visual Molecular Dynamics program [698] from the structure PDB ID: 2G47 [699]. Yellow: the sulfur atoms of cysteines; orange: Glu111; red/gold: ATP, light green: amyloid-β fragment. We acknowledge the help of Jure Stojan to prepare the crystal structure image.

this widespread metabolic disorder. The fact that traditional antioxidants failed to show significant benefits in diabetes emphasizes the importance of the aforementioned approaches.

9.4.2. Regulation of insulin degradation by redox-related pathways

S-Nitrosylation (the covalent addition of NO-related species to cysteine residues of target proteins resulting in the formation of nitrosothiols-SNOs) has recently emerged as a relevant mechanism that activates or inhibits protein function, and alters protein conformation, protein aggregation, protein localization and protein-protein interactions [694]. S-nitrosylation can affect other post-translational modifications of cysteine thiol groups (like palmitoylation, which is important for protein-membrane associations), bond formations and cellular signal transduction pathways [695,696]. Only specific cysteine residues are S-nitrosylated, as this depends on the proximity to reactive species, local hydrophobicity and is counterbalanced by denitrosylation enzymes, like the thioredoxin system and protein disulfide isomerases.

Insulin degrading enzyme (IDE) is a zinc metalloprotease that degrades insulin, small peptides and amyloidogenic peptides, like amyloid β peptides, α -synuclein, amylin, and atrial natriuretic peptide (Fig. 9.3) [696]. IDE deficit increases the abundance and signaling of the pancreatic hormones insulin, amylin and glucagon. Increased insulin improves glucose tolerance, increased amylin levels slow postprandial gastric emptying. IDE deficit increases levels of amylin, α -synuclein, and A β monomers. These molecules impair the secretory function and survival of pancreatic β cells and neurons through the formation of toxic oligomers. Whereas IDE is expressed in all tissues, the regulation of its levels is an intricate and still unclear process. Cell stress, glucagon and free fatty acids have all been shown to participate [696]. In cells IDE is mostly localized in the cytosol but its presence has also been reported in peroxisomes, mitochondria, cell membranes and extracellular fluids, including cerebrospinal fluid and plasma [696,697].

IDE can be present as a monomer or multimer but it has been shown that dimerization allosterically regulates its catalytic activity [697]. Dimerization and binding with cytoskeletal proteins and ATP enhances the degradation of small peptides, like bradykinin. A β -bound IDE structures reveal that the β -strand of amyloidogenic peptides interacts with the door subdomain of IDE, which may explain the affinity of IDE for amyloidogenic peptides.

Exposure of IDE to S-nitrosoglutathione can result in the modification of IDE activity through S-nitrosylation of at least 5 of its 13 cysteine residues: Cys110, Cys178, Cys819, Cys789 and Cys966 [700]. S-nitrosylation of Cys819 promotes nitrosylation of Cys110, which is near the catalytic site that is composed of two glutamates (residues 111 and 189) and a zinc ion coordinated by two histidines (residues 108 and 112). S-nitrosylation of Cys110 results in inactivation of IDE. Modification of Cys178 prevents the nitrosothiol formation on Cys110 and buffers the enzyme inhibition. S-nitrosylations at Cys789 and Cys966 induce a conformational change that triggers the aggregation of IDE and its inhibition. S-nitrosylation of Cys178 protects all of the above mentioned cysteine residues from nitrosylation. The oxidative modifications by H₂O₂ resulted in the modifications of the same residues with equal effects on IDE activity. Although these results are from in vitro studies, IDE was exposed to 10–100 μ M S-nitrosoglutathione or H₂O₂, which is in the concentration range of ROS/RNS released under pathophysiological conditions [700]. These modifications were tested for inhibition of A β hydrolysis. It has been proposed that the cysteines of IDE act as sensors of environmental ROS/RNS levels through subtle alterations of the protein structure and that IDE function is modulated by the levels of oxidative/nitrosative stress. It is likely that the oxidation of cysteine 178 may result in the protection of the active site under moderate amounts of ROS, while severe oxidative stress inhibits the enzyme. The decreased activity of IDE through S-nitrosylation could also reduce the degradation of both insulin and A β and contribute to pathological disease conditions in type 2 diabetes and AD.

This is supported by findings demonstrating an altered redox state of hippocampal and cortical neurons in both diseases. Indeed, increased levels of glucose result in a significant rise in neuronal reactive nitrogen species similar to the effects of oligomeric A β peptides. The high glucose and A β oligomers were shown to increase neuronal Ca²⁺ and NO levels in cortico-hippocampal brain slices and in cortical cultures to the NO levels that could potentially promote S-nitrosylation of specific protein thiols in IDE resulting in a reduction or inhibition of its activity [701]. Therefore, increased oxidative/nitrosative stress can contribute to increased A β levels, an important pathologic hallmark of AD through the S-nitrosylation of IDE. Although IDE is the best characterized enzyme that degrades insulin, reduction in IDE activity in various experimental models does not consistently increase insulin concentrations. Recently the study with the IDE inhibitor that binds to its exosite resulted in increased plasma levels of amylin, but not of insulin [697]. Other regulatory mechanisms and/or IDE substrates may also contribute to glucose homeostasis, development of insulin resistance and diabetes mellitus type 2.

9.4.3. Lipohormesis and lipotoxicity in pancreatic beta cells

Monounsaturated and polyunsaturated fatty acids (MUFA and PUFA, respectively) promote adaptive responses and enhance cell tolerance to lipid overload through induction of cellular defense mechanisms (lipohormesis) that protect cells against lipotoxic effects. Recent lipidomic analysis performed on pancreatic beta cells that were exposed to increasing glucose and palmitic levels revealed extensive remodeling of fatty acids in membrane phospholipids. Particularly, the abundance of PUFA was decreased whereas the content of MUFA increased. These changes were accompanied by non-enzymatic peroxidation of the released PUFA and their transformation to bioactive 4-hydroxyalkenals. This process in beta cells leads to the generation of 4-hydroxynonenal, which activates PPAR δ [702–704]. The latter augments the secretion of insulin, which promotes hepatic and peripheral mechanisms that enhance glucose disposal and the incorporation of free fatty acids into triglycerides and their storage in adipose tissues. Excessive and prolonged nutrient overload often interferes with normal cell functions and dysregulates hormonal-mediated inter- and intra-organ metabolic communication networks. In beta cells, hyperglycemia and hyperlipidemia synergistically compromise insulin synthesis, glucose-stimulated insulin secretion and cell survival. The mechanisms underlying these derangements, which characterize the etiology of type 2 diabetes and other manifestations of the metabolic syndrome, have been thoroughly investigated [705]. A central hormetic mechanism is redox-mediated release of KEAP1 from the KEAP1/NRF2 complex, allowing nuclear translocation of NRF2 and its interaction with Antioxidant Response Elements (ARE) in promoters of target genes encoding antioxidant enzymes, ultimately resulting in their activated transcription. Beyond the modification of dietary habits and life style in addition to treatment of the underlying condition, it would be theoretically sound to propose pharmacological approaches with potent oral antioxidants, which are efficiently absorbed, reach the circulation and affect cells, such as beta cells, and protect them against direct and indirect effects of free radicals and lipid peroxidation. However, the prevailing knowledge favors the notion that these oral antioxidants are only effective when triggering intracellular physiological signals related to endogenous protective pathways such as the aforementioned KEAP1/NRF2-ARE axis.

9.4.4. Redox regulation of white adipose tissue remodeling

The white adipose organ features high metabolic activity and endocrine function and regulates whole-body energy homeostasis through the secretion of macronutrients (fatty acids) and adipokines (e.g., adiponectin, resistin). White adipose tissue (WAT) can be anatomically divided into visceral and subcutaneous. It is found distributed broadly in the body and is subject to regulatory cues throughout development and aging. Evolutionarily developed for

effective fat storage in the short periods of food access, as well as for immune surveillance, dysfunctional obese WAT underlies metabolic disorders in the modern era because food is readily and continuously available [706].

In the fed state, insulin mediates the uptake of glucose by adipocytes that is metabolized via the combined actions of glycolysis, TCA cycle and fatty acid biosynthesis to produce precursors utilized for triglyceride biosynthesis. Through these pathways, high nutrient oxidation decreases the adipocyte NAD^+/NADH ratio that attenuates the activity of all NAD^+ dependent enzymes, including the sirtuins. Sirtuins deacetylate/deacylate both histone and non-histone target proteins regulating their activity and cellular function. SIRT1 is the best studied of all seven mammalian sirtuins. It provides a molecular link between the cellular metabolic status and the adaptive transcriptional response. In the WAT SIRT1 acts through repression of transcriptional activity of the nuclear receptor PPAR_γ , the master regulator of both lipogenesis and adipogenesis. Calorie restriction increases the adipocyte SIRT1 activity and promotes lipid mobilization, as well as insulin sensitivity and glucose tolerance [707]. Therefore, the adipocyte NAD^+/NADH ratio, acts as an important indicator of cellular and whole body energy status, and emerges as one of the key redox regulators of WAT function. SIRT1 also has an important role in the browning of the WAT, a metabolically beneficial WAT remodeling that promotes energy expenditure to combat obesity and diabetes, which might serve as a novel strategy to improve metabolic health. A very recent study reveals that capsaicin (a bioactive compound of red pepper) has the potential to induce increased expression and phosphorylation of SIRT1 in the subcutaneous WAT of mice fed a high fat diet. Activated SIRT1 deacetylates both PPAR_γ and positive regulatory domain containing 16 (PRDM-16), promotes WAT browning and prevents weight gain. The effect of capsaicin on SIRT1 is mediated by the transient receptor potential cation channel subfamily V 1 (TRPV1), $\text{Ca}^{++}/\text{calmodulin}$ activated protein kinase II and adenosine monophosphate activated kinase (AMPK). In parallel, an increased expression of mitochondrial uncoupling protein 1 (UCP1) was found in the WAT of mice treated with capsaicin, confirming the key role of UCP1 in the browning of WAT [708].

Evolutionarily designed for effective fat storage (and release), the WAT has developed an extraordinary ability for expansion, thus preventing the metabolically detrimental ectopic fat accumulation. As a consequence of nutrient overload, the existing adipocytes enlarge and accumulate triglycerides (a process known as lipogenesis), and/or new adipocytes differentiate from the multipotent mesenchymal stem cells (MSC) to form mature adipocytes (adipogenesis). Adipogenesis, also known as adipose tissue hyperplasia, leads to a metabolically healthy obese WAT phenotype that is characterized by increased secretion of adiponectin and insulin sensitivity, as well as decreased immune cell recruitment, hypoxia and fibrosis. Among the many factors that initiate and regulate adipogenesis, the contribution of ROS has been recognized in the face of NOX4-generated H_2O_2 . Importantly, ROS depletion with *N*-acetyl-L-cysteine results in abrogation of in vitro adipogenesis [709]. Whereas adipocytes have an extraordinary capacity for fat accumulation (lipogenesis), their growth above the critical volume (hypertrophy) leads to necrotic death and pro-inflammatory remodeling linked to macrophage infiltration and their phenotypic change from M2 (inflammation resolving) to M1 (pro-inflammatory), appearance of crown-like structures, increased angiogenesis and extracellular matrix production, hypoxia, unbalanced production of pro- and anti-inflammatory cytokines, and insulin resistance. Dysfunctional obese WAT exhibits significantly increased protein carbonylation, indicating the central role of excess ROS and oxidative stress in obesity induced insulin resistance [710].

In contrast to the white adipocytes and their function for fat storage, the adipocytes from the brown adipose tissue (BAT) are responsible for energy dissipation in response to cold, exercise or excess calories. The key player in energy dissipation is the inner mitochondrial membrane

protein UCP1 that uncouples the electron transport chain (ETC) from ATP biosynthesis, thus dissipating the proton motive force, generating heat, and increasing the rate of substrate oxidation. The recent discovery of metabolically active BAT in human adults has attracted much interest as a potential target for the development of anti-obesity drugs. In addition to the classical white and brown adipocyte phenotype, beige adipocytes (also known as “brite” – short for brown in white, or “brown-like”) have been identified as an inducible form of thermogenic adipocytes. When induced they exhibit high UCP1 expression and energy expenditure. Beige adipocytes express unique genetic signatures that distinguish them from both white and brown adipocytes. In rodents, the brite adipocytes are most abundant in the subcutaneous WAT and are responsible for its browning [711].

Intriguingly, a recent study reveals that UCP1-mediated thermogenesis depends on mitochondrial ROS production. It has been shown in vivo that acute activation of BAT thermogenesis is associated with a substantial increase in mitochondrial superoxide, lipid hydroperoxides and hydrogen peroxide. Pharmacological depletion of mitochondrial ROS inhibits the UCP1 dependent increase in whole-body energy expenditure, confirming the essential role of ROS in the regulation of adipocyte function and metabolism. At the same time, a substantial oxidation and depletion of the cellular and mitochondrial glutathione pool has been demonstrated, as well as an increased global protein sulfenylation, and sulfenylation of UCP1 Cys253 as a redox sensitive site related to thermogenesis [712]. The possible dependence of WAT UCP1 activity on the cellular pro-oxidant state was studied in *Nrf2*^{-/-} mice. The NRF2 transcription factor is a critical regulator of genes involved in detoxification and antioxidant defense. Therefore, *Nrf2*^{-/-} mice are more susceptible to toxicant- and oxidative stress-induced diseases, as well as autoimmune diseases and cancer. Paradoxically, they are also resistant to high fat diet-induced obesity, exhibit improved metabolic profiles, and demonstrate increased energy expenditure in comparison to the wild type mice fed a high fat diet. Such mice also exhibit a concomitant decrease in the GSH/GSSG ratio and up-regulation of UCP1 and other BAT markers in intra-abdominal fat pads [713]. Overall, balanced ROS levels are required for proper WAT function, and both very high and very low levels impede its function and influence whole-body energy homeostasis [714]. Therapeutic control of adipose ROS therefore represents an attractive axis to regulate not only adiposity, but also metabolic healthfulness.

9.5. Cardiovascular pathologies

The following subsections were composed by Andreas Daiber, Vaclav Hampl, Jan Herget, Jaap Joles, Thomas Münzel, Isabel Nguyen, and Olga Vajnerova.

9.5.1. Drug-induced oxidative stress – the case of nitroglycerin

Organic nitrate therapy is still a mainstay in the treatment of patients with acute and chronic congestive heart failure, stable coronary artery disease or acute coronary syndrome [715]. However, despite the fact that members of this drug class have been clinically used for more than a century, chronic organic nitrate therapy (especially in the case of nitroglycerin) is associated with a number of serious side effects, including induction of oxidative stress [716] and endothelial and autonomic dysfunction [717], with incomplete understanding of the underlying pathomechanisms. The induction of reactive oxygen and nitrogen species formation by chronic nitroglycerin therapy was shown to largely depend on mitochondrial oxidative metabolism since partial deficiency in MnSOD aggravated nitrate-induced oxidative stress and also the degree of tolerance to the vasodilator activity of nitroglycerin [718]. This was later shown to rely on complex I dysfunction in response to nitroglycerin therapy [719]. The initial formation of mitochondrial reactive oxygen and nitrogen species can also activate secondary sources of oxidants in a crosstalk fashion involving mitochondrial K_{ATP} channels and the permeability transition

pore [61]. This leads to the activation of specific enzymatic “redox switches” in NOXs and eNOS, as recently reviewed [60]. The formation of mitochondrial reactive oxygen and nitrogen species may lead to endothelial dysfunction by the activation of the vascular and phagocytic NOXs through protein kinase C [720] as well as to the uncoupling of eNOS by increased S-glutathionylation, inhibitory phosphorylation and oxidative depletion of the eNOS cofactor tetrahydrobiopterin [478]. eNOS uncoupling and oxidative desensitization of the soluble guanylyl cyclase are probably the major enzymatic mechanisms contributing to endothelial dysfunction observed under nitroglycerin therapy, the latter also accounting for impaired nitroglycerin-dependent vasodilation (nitrate tolerance), all of them corrected by co-administration of an activator of soluble guanylyl cyclase [721]. Nitroglycerin-induced endothelial dysfunction but also nitrate tolerance may also rely on direct oxidative break-down of nitric oxide by superoxide leading to the formation of peroxynitrite and significantly increased levels of 3-nitrotyrosine-positive proteins, an effect prevented by the peroxynitrite scavenger hydralazine [722]. Finally, the bioactivation of nitroglycerin largely depends on enzymatic conversion by mitochondrial aldehyde dehydrogenase (ALDH-2) [723], which is a highly redox-regulated enzyme and inactivated by oxidative stress [716]. Hence, nitroglycerin-induced reactive oxygen and nitrogen species formation will ultimately lead to inactivation of the thiol-based enzymatic activity of ALDH-2 contributing to impaired nitroglycerin bioactivation, loss of its vasodilator activity and nitrate tolerance [724]. There is also clinical evidence for nitroglycerin-induced vascular oxidative stress [725] and oxidative DNA damage in patients under chronic nitrate therapy [726]. Very recently, we were able to demonstrate persistent oxidative modifications of DNA and proteins in nitroglycerin-treated rats, even after a 3.5-day nitrate-free interval, which was enough to normalize nitroglycerin responsiveness but not endothelial dysfunction. The latter could be related to endothelial cell death by pro-apoptotic stimuli such as 8-oxoguanine lesions in DNA and 3-nitrotyrosine-positive proteins [727]. Other organic nitrates show similar side effects, such as the activation of NADPH oxidases, increased vascular oxidative stress and severe endothelial dysfunction by chronic isosorbide-5-mononitrate therapy, which was associated with augmented endothelin-1 signaling and eNOS uncoupling [728]. The only exception among the clinically used organic nitrates is pentaerythritol tetranitrate [715,716], which overcomes the typical side effects of nitrovasodilators by mechanisms that are largely based on NRF2-dependent activation of antioxidant enzymes such as heme oxygenase-1 and superoxide dismutase [729,730] as well as beneficial effects on other transcription factor and epigenetic pathways [731,732].

In conclusion, the side effects of chronic therapy with organic nitrates, especially with nitroglycerin, are largely based on oxidative stress and adverse redox regulation. Antioxidant therapy (e.g. by ACE inhibitors or statins) represents a pharmacological tool to overcome these side effects [715–717]. These and other combination therapies with specific antioxidants, inhibitors of relevant sources of oxidants (e.g. inhibitors of NADPH oxidase isoforms) and drugs for repair of oxidative damage (e.g. activators of soluble guanylyl cyclase) need to be explored in the future to increase the therapeutic window of organic nitrates, the oldest drug class in clinical use today.

9.5.2. Regulation of renal hemodynamics in chronic kidney disease

Hypertension and an increased renal vascular resistance (RVR) are inherent to chronic kidney disease (CKD). There is accumulating evidence that oxidative stress is involved in its pathogenesis [733]. Experimental induction of ROS (superoxide and H₂O₂) generation in the renal medulla promotes hypertension [734]. Downregulation of the antioxidant enzymes superoxide dismutase (SOD), catalase and glutathione peroxidase in the kidney were found in experimental CKD [735]. Hence, it has been suggested that antioxidant interventions may have beneficial effects on renal hemodynamics in CKD.

Tempol, a SOD-mimetic, has been shown to reduce oxidative injury

in cells and animal models. It improved oxidative stress and lowered arterial pressure and RVR in various models of hypertension. However few studies have focused on the effects of Tempol in CKD. Rats undergoing 5/6 renal mass reduction to induce CKD showed an elevated arterial pressure and nitrotyrosine abundance, while urinary NO_x excretion was depressed [736]. The administration of Tempol for one week ameliorated hypertension, reduced the nitrotyrosine abundance and increased NO_x excretion. In spontaneously hypertensive rats (SHR), two weeks of Tempol administration decreased the elevated mean arterial pressure (MAP) and renal excretion of 8-iso-prostaglandin F_{2α} and increased the glomerular filtration rate (GFR) [737], while it had no significant effect on these variables in the normotensive Wistar-Kyoto (WKY) control rats. These findings suggest that oxygen radicals may be involved in the long-term maintenance of hypertension in SHR. Another study found an elevated RVR in SHR compared to WKY rats [738]. When SHR were treated with Tempol the baseline RVR was no longer significantly different from the WKY rats. The additional use of the NO-synthase inhibitor L-NAME did not influence the effects of Tempol on the RVR, suggesting that it has a renal vasodilator effect and that the elevated RVR is unlikely due to ROS-induced quenching of NO.

The two-kidney one-clip model showed an elevated MAP and 8-iso-prostaglandin F_{2α} excretion, which was significantly reduced by the acute administration of Tempol [739]. In the clipped kidney, adding Tempol increased GFR and effective renal plasma flow and reduced RVR compared to their controls. The latter was also found in the non-clipped kidney. This indicates that Tempol is able to have a vasodilating effect via dismutation of the superoxide resulting from angiotensin signaling that is independent of the local perfusion pressure. This supports the role of superoxide during the early stage of renovascular hypertension. In another study the acute effects of the SOD-mimetic on renal hemodynamics were investigated in rats with long-established CKD induced by bilateral 2/3 nephrectomy [740]. Tempol was not able to reduce the increased MAP in the CKD rats, but did lower MAP in age-matched controls with normal kidneys, suggesting that the maintenance of hypertension in this CKD model does not appear to depend on superoxide. As expected, RVR was higher in the CKD rats compared to controls, but the administration of Tempol did not have any significant effect on RVR. This proposes that renal resistance vessels are not sensitive to the renal vasoconstrictor effects of ROS in this model.

These data suggest that although antioxidant therapy can reduce the elevated arterial pressure in the early stages of experimental CKD, it does not appear to be effective once CKD is established. The same concept could be applied to the effects of Tempol on the RVR. In early stages of experimental CKD, prior to the development of renal fibrosis, Tempol can have a vasodilating effect independent of the local perfusion pressure. However, when structural damage occurs to the vascular beds and in their direct proximity, such as in established CKD, the vasodilating effects of Tempol are lost. This suggests that ROS may not be a driving force in the maintenance of disturbed renal hemodynamics in established CKD.

9.5.3. Vascular effects related to chronic hypoxia of lungs and placenta

Oxidative tissue injury participates in the pathogenesis of chronic hypoxic pulmonary hypertension (HPH) [741,742]. HPH is caused by persistent lung hypoxia. It results in an increase in pulmonary vascular resistance to blood flow as a consequence of the sustained increase in the tone of the pulmonary vascular smooth muscle, decreased compliance of pulmonary blood vessels due to fibrosis and muscularization of prealveolar pulmonary arterioles. The severity of HPH is dose dependent. After stabilization it does not progress further. It is fully reversible after several weeks in normoxia. HPH typically appears in residents at high altitudes. It is involved in the pathogenesis of pulmonary hypertension in patients with various lung and heart diseases with alveolar hypoxia.

Two basic mechanisms increase pulmonary vascular resistance in HPH: structural remodeling of the peripheral pulmonary vessel walls

and vasoconstriction. Vasoconstriction plays a pathogenetic role at the onset of HPH and it is related to hypoxia-induced oxidant vascular stress. Superoxide, hydroxyperoxide and peroxynitrite are important vasoactive factors released at the beginning of exposure to chronic hypoxia [743]. Oxidant tissue injury to the pulmonary vascular wall induced by hypoxia is the primary mechanism that triggers vascular remodeling in HPH. Antioxidant treatment at the beginning of hypoxia is more effective in reducing HPH than antioxidant therapy applied in later stages of developed pulmonary hypertension.

For the fetus, the placenta plays a role similar to that of the pulmonary circulation in postnatal life - blood oxygenation and CO₂ removal. For this reason, we speculated that the regulatory and pathophysiological mechanisms of the fetoplacental and pulmonary vessels were similar. Indeed, we showed that both acute and chronic hypoxia elevate vascular resistance in the fetoplacental vascular bed, which is similar to pulmonary and in contrast to systemic vascular beds [744]. We have also demonstrated that a well-known state of high oxidative stress, maternal diabetes, causes an increase similar to chronic hypoxia in fetoplacental vascular resistance (preliminary observations). As is the case in the pulmonary circulation, oxidative stress also appears to be a major mechanism of vascular resistance elevation in the fetoplacental circulation.

9.6. Conclusions

Redox signaling and oxidative stress constitute fundamental regulatory mechanisms not only in highly prevalent pathologies but also in less explored areas of biomedicine such as those related to fibrosis, cell migration and proliferation, hearing loss, schizophrenic disorders, insulin resistance, drug metabolism, lung hypoxia or renal hemodynamics. In some cases, the underlying molecular mechanisms of this redox sensitivity have been deciphered, in others we are just beginning to open the door. It is clear that the pervading nature of ROS reactivity will continue to offer surprises-and explanations- of complex pathologies such as the ones covered in this section.

10. Toxin and bacteria-mediated ROS formation and antioxidant strategies in ROS-related diseases

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10.1. Introduction

Research during the last decade has shown that ROS are important

regulators of physiological and pathophysiological processes and not only simply detrimental due to their chemical nature or by causing oxidative stress. This is further supported by findings indicating that redox active compounds are essential components of living organisms. Thereby, recent advances in genomics and proteomics have led to the identification of a “redoxome” consisting of hundreds of proteins involved in redox systems. It comprises enzymes generating RONS such as NADPH oxidases and nitric oxide synthases, redox relays such as peroxiredoxins, thioredoxins and glutaredoxins, enzymes degrading ROS such as superoxide dismutase or catalase, as well as numerous proteins dependent on redox modifications, which are involved in the defense against oxidant, inflammatory and/or proteotoxic stress [745].

Although a number of substances, factors, products of metabolism, and nutrients are important for normal cell biology and redox signaling of all species, toxins are rather important for causing deleterious effects. Since toxins act universally on almost all species, it is conceivable that their action may, at least in part, involve ROS or oxidative stress and that antioxidant defense mechanisms could help to avoid the deleterious effects of toxins.

10.2. A toxin and its action via ROS

João G. Costa and Nuno G. Oliveira, discuss how the well-known nephrotoxic food contaminant and animal carcinogen, the mycotoxin ochratoxin A (OTA), appears to act at least partially via ROS and induction of oxidative stress, although different mechanisms of its toxicity have also been pointed out. Furthermore, the OTA actions can be overcome by antioxidant based approaches [746–748] (Fig. 10.1).

OTA increased ROS appear to precede the loss of cell viability particularly in renal cells, indicating that these ROS may contribute to OTA cytotoxicity rather than being a consequence of cell death processes [746,749]. Concomitant with ROS induction, OTA also increased lipid peroxidation, depleted antioxidant enzymes [746–751], induced oxidative stress-related proteins, and caused DNA damage. The latter has also been associated with oxidative DNA damage, as assessed by the formation of 8-oxoguanine or using modified versions of the comet assay (e.g. with FPG) [749,750]. Mechanistically, recent studies propose a pathway in which electrophilic species that directly bind to DNA bases are generated during OTA metabolism [752]. Further, OTA was found to be able to cause nitrosative stress due to stimulation of iNOS-mediated NO formation, which may contribute to the formation of peroxynitrite, nitrogen dioxide, and hydroxyl radicals [753]. Several in vitro and in vivo studies assessed the impact of different antioxidants on the OTA-mediated toxicity and it was found that, in general, antioxidants

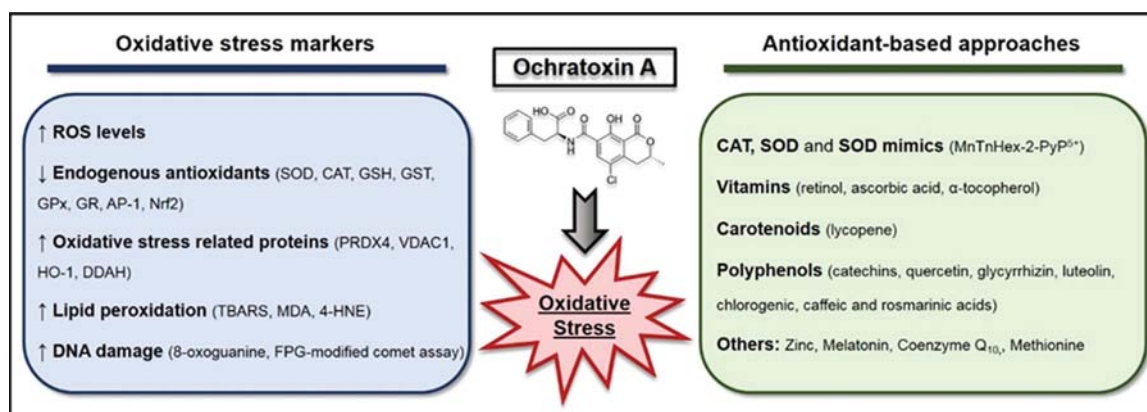


Fig. 10.1. Lines of evidence supporting the induction of oxidative stress by Ochratoxin A (OTA). Alterations in biomarkers related with oxidative stress and several antioxidant-based approaches that provide protection against a plethora of OTA-induced toxic effects are indicated. Abbreviations: SOD, superoxide dismutase; CAT, catalase; GSH, glutathione; GST, glutathione S-transferase; GPx, glutathione peroxidase; GR, Glutathione reductase; AP-1, activator protein 1; NRF2, nuclear factor E2-related factor 2; PRDX4, peroxiredoxin-4; VDAC1, voltage-dependent anion channel 1; HO-1, heme-oxygenase 1; DDAH, dimethylarginine dimethylaminohydrolase; TBARS, thiobarbituric acid reactive substances; MDA, malondialdehyde; 4-HNE, 4-hydroxynonenal; FPG, formamidopyrimidine DNA glycosylase.

exerted protective effects [746,747,750,751,754].

10.3. Are ROS usage and antioxidant reactions conserved?

In order to avoid the life threatening effects of toxins and toxin-induced oxidative stress, both exogenously taken up antioxidants and trace molecules as well as endogenous defense mechanisms contributing to redox regulation with which nature has equipped not only eukaryotes but also prokaryotes and plants, are important to maintain redox status. These systems appear to be quite conserved and, together with the ROS generator sites, they largely contribute to the tightly controlled redox balance.

For example Brandán Pedre and Joris Messens discuss that, *Actinomyces*, a genus of gram-positive Actinobacteria, possess a low molecular weight thiol molecule, mycothiol (MSH), which serves as a glutathione surrogate [755,756], and they express a mycothiol peroxidase (Mpx) - a glutathione peroxidase-like enzyme. Both, MSH and Mpx are involved in reversibly protecting cysteines from oxidation [130] and controlling the level of ROS [131]. Further, MSH in concert with mycoredoxin-1 [757] and the thioredoxin reduction pathways are alternative routes for the reduction of the different oxidative forms of Mpx. Since thioredoxin can de-mycothiolate Mpx, this indicates the interrelationship between the MSH/mycoredoxin-1 and thioredoxin reduction pathways. Interestingly, this is also seen in the pathogenic Actinobacteria family *Corynebacterium diphtheriae* (Cd), where MSH and thioredoxin can deliver electrons to the methionine sulfoxide reductase A (Cd-MsrA) which stereospecifically reduces Met-S-SO [132], thus controlling sulfur oxidation repair. Thereby, the Cd-MsrA uses a unique intramolecular mycothiol redox relay involving a MSH/mycoredoxin-1 monothiol mechanism, which keeps several MSH-dependent enzymes on track [130–132,757,758]. Interestingly, *Mycobacterium tuberculosis* 1-Cys peroxiredoxin AhpE is reduced by a mycoredoxin-1 dithiol mechanism in addition to the mycothiol/mycoredoxin-1 monothiol mechanism, again indicating that mycothiol-dependent enzymes are promiscuous in the pathway that they use for receiving electrons from NADPH [758]. Overall, it appears that a number of conserved mechanisms are in place to defend against oxidative stress.

Although a variety of microorganisms have well established defense systems against oxidative stress, the gain of compartmentalization in higher organisms created the need to develop an integrated system allowing redox regulation and protection at the same time in each cell compartment. As indicated by Afrodit Chatzi and Kostas Tokatlidis, an excellent example of such cross-talk is the compartment-specific import and folding of proteins in the mitochondrial intermembrane space (IMS) in *Saccharomyces cerevisiae* where potential antioxidant proteins are involved.

The protein import and folding in the IMS relies on the Mia40 pathway [759–761] where Mia40 and Erv1 are key components. Importantly these mechanisms are not restricted to yeast since Mia40 and Erv1 have homologs in almost all organisms including humans. In that system Mia40 functions as a key import receptor in the IMS where it exerts a chaperone-like role recognizing a specific hydrophobic signal of Cys-rich IMS proteins and transfers a disulfide to the substrate [762]. Erv1, on the other hand, is a FAD-linked oxidoreductase that recycles Mia40 to its oxidized state [763]. It was found that the Mia40 pathway is influenced by hydrogen peroxide and that a fraction of Hyr1/Gpx3, a thiol-peroxidase known to act as a redox-transducer in H₂O₂ signaling via YAP1 in the cytosol, is localized in the IMS. Additional proteins involved in the antioxidant response, like thioredoxin 1 and thioredoxin reductase1, are also part of the IMS proteome in *S. cerevisiae* [764]. Although these data indicate that the Mia40 oxidative folding in the IMS [765] is associated with antioxidant proteins, its putative links to redox homeostasis and redox signaling are still elusive. However, it is evident that a cross-talk between redox regulation and the oxidative stress response and the IMS oxidative folding pathway exists in higher eukaryotes.

10.4. Involvement of ROS and antioxidant mechanisms in human diseases

The existence of rather efficient, and conserved systems involved in both the defense and maintenance of cell, tissue, or organism functionality, indicates that an imbalance in ROS homeostasis is connected with the pathogenesis of frequently occurring diseases.

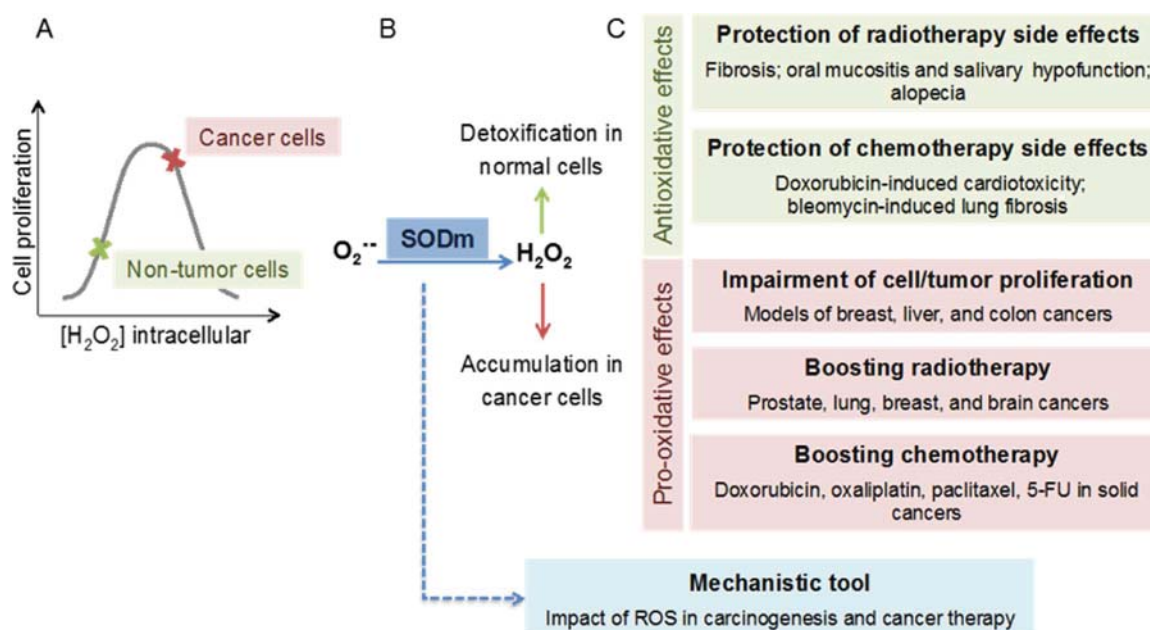


Fig. 10.2. SODm in cancer therapy. A. Model proposed to describe the opposite effects of intracellular H₂O₂ concentration on the proliferation of cancer and normal cells. B. SODm generate additional intracellular H₂O₂, which leads to differential effects in cancer and normal cells. C. Potential applications of SODm in cancer treatment. SODm may protect normal tissues from the adverse side effects of radio and chemotherapy and, conversely, increase the sensitivity of malignant cells to standard radio and chemotherapeutic agents. SODm have also been used as mechanistic tools in the field of redox biology to evaluate the impact of ROS in cancer therapy and in carcinogenesis. (Modified from [768] and book chapter Fernandes et al. Springer International Publishing (2016), Switzerland. DOI 10.1007/978-3-319-30705-3_18).

10.4.1. ROS and malignant disease

One example where ROS are considered to be involved is cancer. However, ROS appear to have a dual role; they are often implicated in being the cause of a carcinogenic process, but since the majority of conventional therapies rely also on the increase of ROS they seem to be also of therapeutical benefit causing cancer cell death [766,767].

The intracellular H₂O₂ concentration is an important factor for the differential proliferation often observed when comparing cancer and non-cancer cells (Fig. 10.2A) [768]. In general, normal cells do not show high levels of ROS. In contrast, cancer cells with a reduced antioxidant defense and higher instability have usually a higher ROS concentration. This fact can be at least partially explained by the occurrence of mitochondrial dysfunction, which is associated with an imbalance of the antioxidant defense and an increased production of ROS.

Among the first defenses against ROS is the dismutation of superoxide radicals to hydrogen peroxide and molecular oxygen by SODs; in mitochondria this task is carried out by MnSOD/SOD2. Since mitochondrial dysfunction is a hallmark of cancer, carcinogenesis may be expected to be associated with a dysregulation in the expression of MnSOD. Indeed, numerous reports show that reduced MnSOD contributes to carcinogenesis in many solid tumors [769]. Kateryna Kubaichuk and Thomas Kietzmann discuss the concept that loss of MnSOD leads to a transformed cell type, which was recently supported by findings from cells deficient in MnSOD and in hepatocyte-specific MnSOD knockout mice [770]. The loss of MnSOD in cells caused increased proliferation, reduced apoptosis, decreased contact inhibition and cell adhesion as well as enhanced migration. This was in line with the *in vivo* findings showing that hepatocyte-specific loss of MnSOD in mice caused liver failure, and initiation of malignant transformation

and tumor formation [770].

Mechanistically, these findings could be linked to two pathways: the Wnt/ β -catenin pathway and the hypoxia signaling pathway. The Wnt/ β -catenin pathway is one of the most important pathways associated with cancer, in particular liver cancer. The Wnt pathway components β -catenin and APC were decreased in MnSOD-deficient HepG2 hepatoma cells as well as in MnSOD deficient mouse livers [770]. This is in line with findings from hepatocyte-specific β -catenin knockout mice, which displayed an increased susceptibility to diethylnitrosamine-induced carcinogenesis [771]. Indeed, induction of HIF-1 α , a major regulator of the hypoxia response pathway, was disrupted both *in vitro* and *in vivo* due to the loss of MnSOD [770]. Although those data do not unravel all mechanistic aspects of the carcinogenic process in response to MnSOD deficiency, they indicate an intricate interplay between HIF-1 α and β -catenin.

Moreover, MnSOD can be regulated by the transcription factor Nuclear factor (erythroid-derived 2)-like 2 (NRF2). As indicated by Natalia Robledinos-Antón and Antonio Cuadrado, NRF2 is of utmost importance and regulates the expression of about 250 genes with homeostatic functions such as those involved in NADPH, glutathione and thioredoxin metabolism, phase II detoxification reactions, inflammation and proteostasis [772,773].

Considering the fact that cancer development is characterized by an altered hypoxia response and malfunctioning of MnSOD, which both can be affected by NRF2, superoxide dismutase mimics (SODm), as well as NRF2 inhibitors, can be considered to be useful in cancer treatment and in other diseases associated with enhanced ROS including cardiovascular, inflammatory, and neurodegenerative disorders [774].

Ana S. Fernandes and Nuno G. Oliveira point out that SODm are synthetic compounds with low molecular weight that mimic the

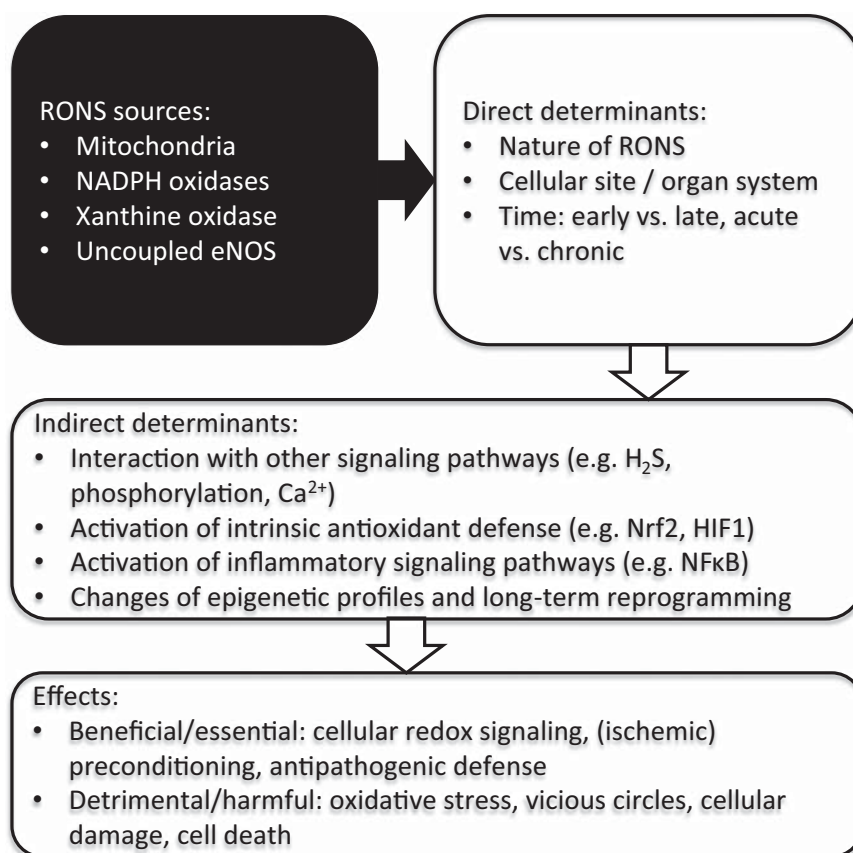


Fig. 11.1. Who's the bad guy – or which biological source of RONS formation is the most detrimental one? Likely candidates are mitochondrial RONS formation (mitochondrial superoxide/hydrogen peroxide), NADPH oxidases (Nox1, Nox2, Nox4, in humans also Nox3), uncoupled eNOS (uc-eNOS) or xanthine oxidase (XO). The most challenging task for the future is the discrimination between beneficial and detrimental effects of RONS formation and signaling, which is largely determined by the nature of the involved RONS, as well as the time and place they are formed. This concept was put forward previously [18,21,28,32].

functional properties of SOD enzymes [774,775]. Most SODm are considered polyfunctional antioxidants, rather than specific $O_2^{\cdot-}$ scavengers [775–777]. Along with the disproportionation of $O_2^{\cdot-}$, SODm may react with other reactive species (RS), including peroxyxynitrite, $CO_3^{\cdot-}$, H_2O_2 , $^{\cdot}NO_2$ radicals, peroxy radicals, and alkoxy radicals [775,776]. Although many compounds with SOD-like activity with distinct chemical structures have been reported, the search for SOD mimics has been mostly focused on complexes that contain a redox-active metal center and rich coordination chemistry [776]. This is the case of Mn(III) porphyrins (MnPs), Mn(II) complexes with cyclic polyamines (aza crown ethers), Mn(III) salen derivatives, and different types of iron and copper complexes [775,776,778,779]. Some non-metallic compounds, such as nitroxides and fullerenes have also been explored as SODm [776,779].

The rationale underling the use of SODm as prospective drugs in cancer treatment is presented in Fig. 10.2. SODm, which lead to an additional amount of H_2O_2 (Fig. 10.2B), may reduce cell proliferation and increase the efficacy of chemo- and radiotherapy treatments in cancer cells (pro-oxidative effects).

Conversely, SODm may promote the survival/proliferation of normal cells, protecting them against adverse side effects observed in standard medical treatments for cancer (antioxidant effects) [768,776,778,780]. Finally, SODm can be used to give further mechanistic insights namely to assess the involvement of ROS in carcinogenesis or in cancer therapy (Fig. 10.2).

Mechanistically, SODm can affect redox-based cellular transcriptional activity by affecting reactive thiols of transcription factors (e.g. NF- κ B or KEAP1/NRF2) [776,777,780]. In line with this and according to Natalia Robledinos-Antón and Antonio Cuadrado, NRF2 inhibitors are being developed for cancer therapy [781], though a wide range of NRF2 activators is already known. Most activators identified so far target KEAP1 by oxidation or adduct formation [782]. These molecules include allyl sulfides, dithiolethiones, flavonoids, isothiocyanates, polyphenols and terpenoids, etc. Moreover, many of these electrophilic compounds may also react with redox sensitive cysteines located in the catalytic center of several phosphatases, thus up-regulating signaling pathways that further impinge on NRF2 activation. The most successful case reported so far of a drug targeting NRF2 is the ester derivative of fumaric acid, dimethyl fumarate, which is used for treatment of multiple sclerosis.

Ana S. Fernandes and Nuno G. Oliveira explain that although the development of SODm started long ago, none has reached clinical use yet, however, some SODm have been entering phase I/II clinical trials, especially in combination with chemotherapy or radiotherapy regimens. Some examples include MnPs, which are currently being studied for radioprotection in late-stage glioma patients treated with concurrent radiotherapy and temozolamide. In addition, both MnPs and Mn macrocycles are being assessed as radioprotectors in head & neck cancer patients. A different SODm, Mangafodipir, was studied as a protector against oxaliplatin neurotoxicity and FOLFOX6 side effects, while its analog calmangafodipir is being studied in combination with FOLFOX6 in advanced metastatic colorectal cancer [<http://clinicaltrials.gov>, as of 22nd June 2016].

In summary, there are several therapeutic opportunities for SODm in oncology. These compounds can increase the therapeutic index of chemo- and radiotherapy by boosting the efficacy of such treatments in cancer cells, while counteracting major drug and radiation toxicity issues.

10.4.2. ROS and non-malignant disease

Although the above-mentioned SODm may be beneficial in cancer therapy, it is so far unknown whether their antioxidant effect could be of use in other diseases where oxidative stress occurs without proper malignancy. As indicated by Marios Phylactides and Marina Kleanthous, such a disease is β -thalassemia – an autosomal recessive red blood cell disorder characterized by a reduction or complete

absence of β -globin chain production, globin chain imbalance and the accumulation of α -globins.

Precipitation and autoxidation of excess α -globins lead to the generation of high levels of ROS as well as the release of free heme and iron. Hemolysis, secondary iron overload, often the result of regular blood transfusions and increased absorption of dietary iron in the gut, as well as ineffective erythropoiesis overwhelm the patients' antioxidant defense systems, giving rise to severe oxidative stress, anemia and secondary complications [783].

Overall, Marios Phylactides and Marina Kleanthous mention that the recurring theme seen in most of the trials involving β -thalassemia patients is an improvement of the oxidant-antioxidant imbalance for the duration of the trial with a decrease of oxidative stress markers (e.g. ROS levels, RBC malondialdehyde concentration, lipid peroxidation) and enhancement of the patients' antioxidant status (e.g. RBC SOD, glutathione peroxidase, reduced glutathione). However, with some rare exceptions [784,785], there is no improvement of the patients' anemia, and no effect on hemoglobin levels. Thus, antioxidant supplements undoubtedly have a beneficial role in the management of β -thalassemia; however, they do not substitute for blood transfusions and iron chelation in patients with the most severe anemia, but they can feature more prominently in milder, transfusion-independent forms of the disease.

Given the central role of ROS in the pathophysiology of the disease, Lidija Milković, and Višnja Stepanić indicate that the use of antioxidants as a means of reducing oxidative damage is an attractive therapeutic option. A wide variety of compounds have been tested in this context without, however, becoming established as an indispensable part of the patients' treatment regime. Some of the antioxidant compounds under investigation are food products or herbal extracts, which are used as supplements or form part of the normal diet (e.g. vitamin E [784,786,787], resveratrol [788], curcuminoids [784,789], N-acetylcysteine [785]), CoQ10 [790], green tea [791], fermented papaya preparation [792], or the thistle *Silybum marianum* (L.) extract silymarin [793,794].

The latter appears to be one of the most interesting and, as discussed by Vladimir Kren and Katerina Valentova, silymarin's major active constituent silybin (CAS no. 22888-70-6; syn. silibinin) is a typical radical scavenger per se [795,796]. However, in addition to its radical scavenging activity, this compound selectively interacts with various specific receptors and signaling molecules such as the estrogen receptor [797]. This effect was found to account for the proapoptotic activity of silybin in MCF-7 breast cancer cells [798]. Silybin also targets p53, NF- κ B or Wnt/ β -catenin signaling in various cancer cells, thus affecting mitogenesis, cell cycle, apoptosis, autophagy, and angiogenesis. Its ability to reverse the P-glycoprotein mediated multi-drug resistance in small lung carcinoma [799] partially explains its chemopreventive and chemoprotective activity [800,801]. Moreover, the ability of silybin to bind to the α -amanitin binding site of RNA polymerase II is probably responsible for its antidote effect in *Amanita* poisoning [802]. Altogether, the role and the mode of action of this traditional and well known chemoprotectant needs to be substantially revised in the future.

10.5. ROS, antioxidants and therapeutic options

In addition to the beneficial effects of antioxidant supplements in mild β -thalassemia, their action may not always be a direct antiradical (scavenging) action, as discussed by Lidija Milković and Višnja Stepanić. Although the ability to reduce the amount of ROS in vitro still remains to be an important stage in the evaluation of the antioxidant potency of any new or known compounds [803], this approach is challenged because: i) many known antioxidants do not show direct antiradical activity in vivo and vice versa [31]; ii) proved antioxidants (e.g. flavonoids, PUFAs as part of fish/plant oils) exhibit a dual role acting as antiradical and prooxidant agents simultaneously [804]; and iii) effects of the known antioxidants are mostly related to

their indirect action [31,805].

Hence, more specific therapeutic options need to be used and accordingly first generations of specific compounds (e.g. NOX inhibitors, NRF2 activators, myeloperoxidase inhibitors) are being developed for application in a wide range of diseases including metabolic, fibrotic, and neurodegenerative diseases as well as cancer [32]. The validation of the specificity of these drugs is highly dependent on the availability of specific target engagement and functional assays. Since the redox reactions are complex and often redundant, the careful use of tools for measuring ROS is important to select drugs, identify potential non-specific effects and evaluate their mode of action [806].

Tamara Seredenina and Vincent Jaquet indicate that currently, countless chemical probes are used to detect ROS, all with advantages and limitations; it is therefore advisable to use several of them and it is critical to control the types of ROS with which they react [807]. On this matter, it is worth mentioning the innovative use of the cell-permeable small molecule dihydroethidine as it allows detection of specific oxidants and their quantification both *in vitro* [808] and *in vivo* [809,810]. Genetically encoded probes are also great tools for detecting intracellular H₂O₂ localization and real time monitoring [56] and may prove essential for redox dynamics; they also allow visualization of the redox state directly in paraformaldehyde fixed tissues [811].

The more specific design of redox active compounds together with the selection of appropriate druggable biological targets should encompass different *in silico* approaches and *in vitro* assays for prediction and measurement, respectively, of their various redox activities. In addition to standard cell-free assays that allow evaluation of the antioxidant properties of new compounds [e.g. DPPH scavenging method, Trolox equivalent antioxidant capacity (TEAC) method, ABTS radical cation decolorization assay, Ferric reducing-antioxidant power (FRAP) assay or hydroxyl radical averting capacity (HORAC) method], *in vitro* models of different cancer and normal cells should be used [812]. *In vivo*, KO mouse models are to be used to prove the specificity of action of a drug on a given target. They may, according to Danylo Kaminsky, Khrystyna Semen, and Olha Yelisyeyeva, enable evaluation of a compounds' cytotoxicity and possible selectivity (e.g. toxic to cancer but not to normal cells), pro-oxidative activity (measured as ROS generation), as well as endogenous antioxidative response; whether they are added alone or in combination with known drugs to evaluate any possible synergistic effect.

Despite these advantages and a strong rationale for therapeutic targeting of ROS and redox pathways, it is not known why the antioxidants used so far in clinical trials/therapies did not exert the expected effects [216]. Dose and combination regimen, or duration of treatment, may be partial reasons. Indeed, in those studies high antioxidant doses were usually applied, and some actions such as the prooxidant action of some antioxidants as discussed above have been neglected. Moreover, patients were usually not tested for antioxidant deficiencies and/or compliance as in the EPIC clinical trial [813].

10.6. Conclusion

Altogether, in almost all living organisms ROS cannot simply be considered as detrimental since they contribute to signaling, as well as to maintenance of integrity and homeostasis in different organisms ranging from bacteria to mammals. In the latter, disturbances of ROS homeostasis can contribute to the pathogenesis of several chronic diseases such as atherosclerosis, type II diabetes, and cancer via modulation of diverse processes such as inflammation, and the immune response. The common associated increase in ROS in these diseases points to the therapeutic use of small molecules with antioxidant function; however, so far little or no benefit could be observed from the large scale studies with antioxidant supplementation. Overall, these findings signify that further improvement is needed in our knowledge about ROS, ROS-targets, antioxidants, measurement techniques, and their connection to homeostasis and diseases.

11. Concluding remarks

Andreas Daiber and Fabio Di Lisa.

The last decade has witnessed intense research related to the implications of ROS in cellular pathology with special emphasis on the identification of sources, biochemical reactions and cellular effectors responsible for final pathophysiological outcomes. The recognition of RONS as conveyors of physiological signals has added a new level of understanding to their function and has generated contradictory observations regarding the effects of antioxidant molecules, which we are only beginning to unravel. Studies in the context of whole organs both in their healthy and diseased state have expanded the importance of RONS regulation in unpredicted settings. The previous sections highlight some interesting examples of these aspects and also reflects the major achievements of the EU-ROS consortium, evidencing how redox biology is slowly but inexorably evolving towards redox medicine, a concept also put forward in [30,814].

Unfortunately, conclusive and precise answers are still needed and the world of redox biology and medicine still has challenges. The notions on the relevant sources might look obvious, yet it is not clear which are the most important ones under physiological and pathological conditions. In addition, it is not clear how much the various RONS are compartmentalized, especially within a given cell. Thirdly, it is still difficult to monitor RONS formation due to limitations that still affect their assessment. Fourthly, the discussion is open on why and how the same molecules might mediate physiological and pathological events. It is likely that a threshold of RONS levels exists separating beneficial effects from contribution to cell injury. The definition of this threshold, that is likely to be different in healthy and diseased cells, requires quantitative methods that are hardly available. The identification of beneficial levels as opposed to detrimental ones should allow defining and/or predicting the consequences of changes in RONS levels, and how "good" RONS can change into "bad" ones. This last issue is obviously crucial and necessary for the proper translation of experimental findings into clinical settings. This applies not only to the development of focused, if not personalized, therapeutic approaches, but also to diagnostic procedures and disease monitoring. Although providing the correct answers to the above defined questions seems daunting, we hope that future studies and technological advances will clarify the unsolved issues leading to an improved control of cardiac, neurodegenerative, metabolic and inflammatory diseases. These concepts have been laid down by members of the EU-ROS consortium within 3 major coordinated collections of position papers, reviews and original articles published by our members [1–4] (Fig. 11.1).

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