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## A new route for long-distance communication in the anterior pituitary

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Abbreviations: FS cells, folliculostellate cells;  $[Ca^{2+}]_i$ , cytosolic calcium concentration; TTX, tetrodotoxin; TEA, tetraethylammonium; 4-AP, 4-aminopyridine; PPADS, pyridoxal-phosphate-6-azophenyl-2',4'-disulfonic acid

## **ABSTRACT**

**All higher life forms critically depend on hormones being rhythmically released by the anterior pituitary. The proper functioning of this master gland is dynamically controlled by a complex set of regulatory mechanisms that ultimately determine the fine tuning of the excitable endocrine cells, all of them heterogeneously distributed throughout the gland. Here we provide evidence for a new intrapituitary communication system by which information is transferred via the network of non-endocrine folliculostellate (FS) cells. Local electrical stimulation of FS cells in acute pituitary slices triggered cytosolic calcium waves, which propagated to other FS cells by signaling through gap junctions. Calcium wave initiation was due to the membrane excitability of FS cells, hitherto classified as silent cells. FS cell coupling could relay information between opposite regions of the gland. Since FS cells respond to central and peripheral stimuli and dialogue with endocrine cells, this new form of large-scale intrapituitary communication may provide an efficient mechanism that orchestrates anterior pituitary functioning in response to physiological needs.**

Classically, the anterior pituitary is considered as a secondary oscillator obeying mainly hypothalamic factors, either increasing or decreasing secretion of pituitary hormones, which are released in an episodic manner at the basis of the median eminence (1-4). The portal blood vessels form the interorgan communication system driving the hypothalamic inputs to the anterior pituitary gland. They collect the transmitters released by hypothalamic nerve endings at the primary capillary plexus level and slowly distribute them in the endocrine parenchyma *via* the complex arborescence of pituitary sinusoids between the columnar units of pituitary cells (so-called cell cords) (5, 6). Over the last three decades, many studies carried out in isolated endocrine cells have provided strong evidence that endocrine cells generate action potential-driven rises in cytosolic calcium concentration ( $[Ca^{2+}]_i$ ) that are probably the keystones of dynamic adjustment of numerous cellular functions including exocytosis and gene expression (7-9). Recently, the technique of acute slice preparations applied to the anterior pituitary revealed that endocrine cells do fire short-term  $[Ca^{2+}]_i$  transients due to their electrical activity *in situ* (10, 11). Temporal organization of these transients provide a very fine mode of timing information (time-locked rhythmic bursting pattern) when a bolus of secretagogues invades the glandular parenchyma (11).

However, the activity of the gland as a whole does not reflect the average of independent dynamics of cellular messages that occur in the distinct endocrine cell types scattered throughout the tissue. In this respect, one puzzling finding is the persistence of pulsatile releasing profiles of hormones when the gland is disconnected from the hypothalamic inputs (12, 13). This indicates that a large-scale communication system exists *within* the anterior pituitary. In spite of the wealth of information on cell-to-cell mechanisms between endocrine cells that comprise the release of paracrine factors (14) and gap junction signaling (10), spreading of spatial information that crosses the limits of single pituitary cell cords could not be explained by these mechanisms.

Since a highly efficient process spreading spatial information to the entire gland and even to pituitary sub-regions has not been reported yet, we explored here whether non-endocrine folliculostellate (FS) cells can support long-distance information transfer within the gland. FS cells display a star-shaped cytoplasmic configuration intermingled between hormone-secreting cells. The organization of FS cells within the parenchyma forms a three-dimensional anatomical network, in the meshes of which the endocrine cells reside (15, 16). Very little is known about the functioning of this FS cell network, in particular with regard to the dynamics of cellular/intercellular messages. To study the behavior of this network, we measured multicellular changes in  $[Ca^{2+}]_i$ , a messenger involved in a wide range of cell-to-cell communication mechanisms (17-23), electrophysiological properties of FS cells and intercellular diffusion of dyes in acute pituitary slices. We showed here that the FS cell

network forms a functional intrapituitary circuitry in which information  $\text{Ca}^{2+}$  signals and small diffusible molecules can be transferred over long distances (mm range) within the intact pituitary tissue.

## METHODS

### Cytosolic calcium monitoring in acute slices

200- $\mu\text{m}$ -thick pituitary slices from 10-12-week-old female Wistar rats were prepared as previously described (11). Ringer's saline contained (in mM): NaCl, 125; KCl, 2.5;  $\text{CaCl}_2$ , 2;  $\text{MgCl}_2$ , 1;  $\text{NaH}_2\text{PO}_4$ , 1.25;  $\text{NaHCO}_3$ , 26; Glucose, 12. Slices were incubated with 40  $\mu\text{M}$   $\text{D-Lys-N-AMCA}$ , a UV light-excitable fluorescent dipeptide taken up by FS cells (24), at 37°C for 1.5 hours and then exposed to 15  $\mu\text{M}$  Oregon Green 488 BAPTA-1/AM (Molecular Probes) periodically delivered (3 s per 20 s for 15-20 min) onto a cell field *via* a blunt micropipette (11). Time-lapse optical sequences were captured with a real-time confocal microscope (Noran Odyssey XL, 488 nm-excitation wavelength, 120 images/s with averaging 4 frames), which also delivered a TTL signal that synchronized image acquisition with a brief voltage pulse (1 ms, 0.5-10 V) applied to a patch-pipette filled with Ringer's saline and positioned on the cell (10). Since the confocal microscope was fitted with an Argon/Krypton laser (visible light wavelengths), cells at the slice surface were first viewed with a Xenon lamp *via* the epifluorescent port of the upright microscope. Only cells that showed both  $\text{D-Lys-N-AMCA}$  and Oregon Green 488 BAPTA-1 were taken for subsequent  $[\text{Ca}^{2+}]_i$  monitoring. In some experiments, electrical field stimulation was used to locally stimulate a cell field. A current step was shortly applied between the tips (50-100  $\mu\text{m}$  apart) of two pipettes (filled with Ringer's saline) touching the slice surface.  $[\text{Ca}^{2+}]_i$  changes were imaged with an intensified cooled CCD camera (PentaMAX Gen IV; Princeton Inst., Trenton, NJ) and acquired with Metafluor (Universal Imaging Corp., West Chester, PA). Image analysis was carried out with InterVision 1.5.1, NIH Image 68k 1.58, Igor Pro 3.14, and Adobe Photoshop 5.0. Pharmacological agents were either superfused or locally applied with a puff pipette.

### Patch-clamp measurements

Whole-cell electrical events were recorded using an EPC-9 patch-clamp amplifier (HEKA Elektronik, Lambrecht-Pfalz, Germany). Intra-pipette solution contained (in mM): Kgluconate, 140; KCl, 10;  $\text{MgCl}_2$ , 2; EGTA, 1.1; HEPES, 5; pH, 7.2 (KOH). Current steps were injected through the pipette tip at the soma level only. When membrane potential measurements were combined with  $[\text{Ca}^{2+}]_i$  imaging, fluo-3 Ksalt (100  $\mu\text{M}$ ) was included and EGTA was lowered to 0.2 mM. Lucifer yellow (1 mM, Sigma) or Neurobiotin<sup>TM</sup> (*N*-(2-aminoethyl)-biotinamide hydrochloride, 1%, Vector) was added to the intrapipette solution when appropriate. When inward currents were recorded in voltage-clamp conditions, CsCl replaced Kgluconate in equimolar amounts and BAPTA (10 mM) was used as a  $\text{Ca}^{2+}$

chelator. Only cells with a high input resistance ( $> 1 \text{ G } \Omega$ ), which provided acceptable space-clamp conditions, were recorded with the voltage-clamp mode.

### **Immunostaining**

Laminin staining was performed with a polyclonal antibody (Sigma) when the FS cell network had been traced with Neurobiotin<sup>TM</sup> (revealed with FITC-labeled avidin D). Samples were examined with a Zeiss LSM 410 confocal microscope. Neurobiotin<sup>TM</sup> was visualized with an argon ion laser at 488 nm and a HeNe laser, pre-tuned to 543 nm, was used to image laminin simultaneously. Optical slices of 0.2  $\mu\text{m}$  intervals with each image averaged were used to improve the signal-to-noise ratio. Dual staining was reconstructed three-dimensionally using Imaris Software (Bitplane AG, Zurich, Switzerland).

### **Vaseline-gap technique**

Coronal slices were placed in a two-compartment chamber so that both slice sides bathed in separate compartments. Insulation between compartments was secured by a thin Vaseline bridge surrounding a slice portion of about 0.5-mm-width (Fig. 6b). One compartment was usually filled with  $\text{-Ala-Lys-N -AMCA}$ -containing Ringer's saline, whereas the other contained peptide-free medium. Incubation for 3 hours at 37°C was carried out to achieve intense AMCA fluorescence due to peptide uptake by FS cells. Lectins labeled with fluorescent dyes were routinely included in the bathing solutions to check the water-tightness of the Vaseline bridge and to help delineate the bridge borders after slice fixation.

## RESULTS

**Generation of calcium waves within the FS cell network.** Experiments were carried out in acute rat pituitary slices (10) in order to preserve the framework of the FS cell network. We visualized FS cells by incubating slices with  $\beta$ -Ala-Lys-N $\beta$ -AMCA, a fluorescent dipeptide derivative that specifically accumulates in FS cells (24) (Fig. 1a). In addition, short-term (15-20 min) exposure with Oregon Green 488 BAPTA-1/AM (11) allowed  $\text{Ca}^{2+}$  dye-loading of  $\beta$ -Ala-Lys-N $\beta$ -AMCA-positive FS cells before loading the neighboring endocrine cells to a detectable threshold (Fig. 1b). Voltage from a micropipette touching an FS cell was used to deliver local electrical stimulation (10), while multicellular changes in  $[\text{Ca}^{2+}]_i$  were monitored with real-time confocal microscopy. Brief stimulation triggered a fast-peaking  $[\text{Ca}^{2+}]_i$  rise (time to peak < 1 s), which was conveyed from one FS cell to the next (Fig. 1c) (156 out of 176 trials, 59 different slices). The apparent velocities of  $[\text{Ca}^{2+}]_i$  waves (measured from the delays between onsets of  $[\text{Ca}^{2+}]_i$  rises in FS cell somas located at the same optical plane) were  $124 \pm 13 \mu\text{m/s}$  ( $n = 207$  cells, 23 fields). The  $[\text{Ca}^{2+}]_i$  rises observed in FS cells distant from the site of stimulation obviously resulted from propagated  $[\text{Ca}^{2+}]_i$  waves. It is highly unlikely that these  $[\text{Ca}^{2+}]_i$  rises were due to direct electrical excitation since they did not occur simultaneously, but only when a stimulation was applied through a pipette in contact with an FS cell, and they did not spread uniformly in all directions. Finally, it should be noted that the FS cell network could also work as an autonomous system since  $[\text{Ca}^{2+}]_i$  waves propagating spontaneously between several FS cells at a single plane of focus were occasionally observed during long-lasting optical recordings and in the absence of any stimulation electrode (data not shown).

### **FS cell membrane excitability is responsible for initiating calcium waves.**

Establishing  $[\text{Ca}^{2+}]_i$  transients in FS cells mostly depends on membrane excitability since tetrodotoxin (TTX, 0.5  $\mu\text{M}$ ), a specific  $\text{Na}^+$  channel antagonist, reversibly blocked the  $[\text{Ca}^{2+}]_i$  transients in FS cells that propagated  $[\text{Ca}^{2+}]_i$  waves (Fig. 2a, 8 out of 10 cell fields). Also,  $\text{Cd}^{2+}$ , a blocker of voltage-gated  $\text{Ca}^{2+}$  channel currents, completely suppressed both the initial  $[\text{Ca}^{2+}]_i$  rise and propagated waves (7 out of 7 cell fields, data not shown). This result was astonishing because FS cells were previously considered to be silent cells (25). We therefore examined the electrical membrane properties of FS cells with the whole-cell patch-clamp technique. FS cells showed a resting potential of  $-61 \pm 5 \text{ mV}$  ( $n = 115$ ) and displayed a remarkably wide range of input resistance (35 M $\Omega$  to 4.2 G $\Omega$ ), which occasionally varied during the time period of recordings. When FS cells had a relatively high input resistance (> 1 G $\Omega$ ), action potentials could be triggered upon step depolarization in 37 out of 70 of

these cells (Fig. 2b-d). In the remainder cells recorded under current-clamp conditions, the spatio-temporal current flow along the processes might not have been strong enough to generate ectopic action potentials (23), as most FS cells emit prolonged cell processes with distal ‘end-feet’ (16). TTX consistently suppressed the fast component of action potentials (Fig. 2b). Smaller spikes were however observed in some TTX-treated cells (Fig. 2d). Both types of action potential were able to induce a transient  $[Ca^{2+}]_i$  rise when patch-clamp recordings were simultaneously combined with  $[Ca^{2+}]_i$  imaging (Figs. 2c-d, 10 out of 15 cells).

As the initiation of  $[Ca^{2+}]_i$  waves most probably depended on action potential firing, we characterized the voltage-gated conductances expressed in FS cells. When  $K^+$  currents were blocked by  $Cs^+$  dialysis through the patch-clamp pipette, a fast-activating, fast-inactivating TTX-sensitive inward  $Na^+$  current was measured in 27 out of 43 cells (Fig. 3a). In 51 out of 84 cells recorded in the presence of both TTX and  $Ba^{2+}$  ions, step depolarization triggered voltage-gated inward currents flowing through  $Ca^{2+}$  channels that were abolished by  $Cd^{2+}$  ions (Fig. 3b). It should be noted that the activation threshold of  $Ca^{2+}$  currents corresponded to the threshold of TTX-resistant spikes (Fig. 2d). Besides the voltage-dependent switch-off of both  $Na^+$  channel and  $Ca^{2+}$  channel currents, spike repolarization probably involved  $K^+$  channel currents in FS cells since  $Ba^{2+}$  ions, a strong  $K^+$  channel blocker, markedly prolonged action potential duration ( $100 \pm 4$  ms calculated at 50% of spike repolarization, 4 out of 9 cells, data not shown). Over 57 cells recorded in the presence of Ringer’s saline, step depolarization could trigger at least two distinguishable outward currents, which both were most likely carried by  $K^+$  ions (mean reversal potential:  $-74 \pm 3$  mV). 86 % of cells showed a delayed outward  $K^+$  current (mean activation threshold:  $-25 \pm 0.3$  mV) (Fig. 3c), which was suppressed by 15 mM tetraethylammonium ions (TEA,  $n = 12$ ). In 70% of recorded cells, a transient outward  $K^+$  current with a low threshold for voltage activation ( $-42 \pm 0.3$  mV) was observed. This transient current persisted in the presence of TEA (Fig. 3d), whereas it was reduced by more than 50% by 5 mM 4-aminopyridine (4-AP,  $n = 6$ , data not shown).

**Calcium wave propagation depends on gap junction signaling.** We then explored the mechanism that underlay  $[Ca^{2+}]_i$  wave propagation. Two sources of cell-to-cell communication not mutually exclusive could be involved. Gap junctions were observed along FS cell membranes (27, 28). FS cells are also known to release various products that may act on neighboring FS cells (14, 29).

We first examined whether the spreading of  $[Ca^{2+}]_i$  waves required gap junction signaling. Carbenoxolone, a glycyrrhetic acid analog, reversibly reduced by  $70.5 \pm 10\%$

the number of FS cells propagating  $[Ca^{2+}]_i$  waves ( $n = 10$  fields;  $p < 0.001$ , paired Student's two-tailed  $t$ -test) (Fig. 4a). The action of carbenoxolone was most likely due to its efficiency at blocking gap junctional communication (30) since i) it did not alter the initial  $[Ca^{2+}]_i$  rise in the stimulated FS cell (Fig. 4a, middle panel), ii) it markedly decreased the cell-to-cell diffusion of small molecular weight dyes (Neurobiotin<sup>TM</sup> tracer, 13 fields;  $\alpha$ -Ala-Lys-N - AMCA, see below), iii) it caused an increase in input resistance in FS cells probably reflecting a reduction of electrotonic coupling ( $841 \pm 152 \text{ M}\Omega$  versus  $1589 \pm 250 \text{ M}\Omega$  in control and carbenoxolone-treated FS cells, respectively,  $n = 41$  and  $22$ ,  $p < 0.05$ ), and iv) it also significantly diminished the propagation of intercellular  $[Ca^{2+}]_i$  waves initiated by Ins(1, 4, 5)-trisphosphate dialysis ( $40 \mu\text{M IP}_3$  in the intra-pipette solution) without suppressing the initial  $IP_3$  calcium-mobilizing response ( $n = 6$  and  $11$  fields in control and carbenoxolone-treated cells, respectively;  $p < 0.001$ , chi-square test). Interestingly,  $IP_3$ -triggered  $[Ca^{2+}]_i$  waves were much slower to propagate ( $15 \pm 5 \mu\text{m/s}$ ,  $n = 16$  cells) than electrically-induced  $[Ca^{2+}]_i$  waves ( $p < 0.05$ , Mann-Whitney  $U$  test). Finally, cell-to-cell transfer of Lucifer yellow that diffuses through most gap junctions revealed that the FS cells undergoing  $[Ca^{2+}]_i$  waves were dye-coupled (Fig. 4b,  $n = 7$  fields).

We then investigated the possible involvement of an extracellular route in the  $[Ca^{2+}]_i$  wave propagation. Purine nucleotides have been identified as an extracellular messenger in various cells including FS cells (31) and there is evidence that they may act in concert with gap junction signaling for wave propagation in cell preparations (17-20, 22). Bath application of both pyridoxal-phosphate-6-azophenyl-2',4'-disulfonic acid (PPADS) and suramin ( $100 \mu\text{M}$  each), antagonists known to depress purinergic receptor transmission in glial cell networks (18), failed to suppress propagated  $[Ca^{2+}]_i$  waves (Fig. 4c) ( $n = 9$  fields) while they abolished  $[Ca^{2+}]_i$  responses to ATP ( $10 \mu\text{M}$ , 10-s application,  $n = 23$  cells, data not shown).

**FS cell network: a functional large-scale communication system.** In the view that we imaged propagated  $[Ca^{2+}]_i$  waves with a restricted spatial resolution (square fluorescent confocal images  $\approx 5,600 \mu\text{m}^2$ ), it was important to know whether the FS cell network could transfer information over long distances within the parenchyma.  $[Ca^{2+}]_i$  imaging of FS cells combined with distant electrical field stimulation (Fig. 5a) revealed prominent, coordinated transient  $[Ca^{2+}]_i$  rises that occurred far away (0.5 to 1 mm) from the stimulation site (Fig. 5b, 6 slices).  $[Ca^{2+}]_i$  waves, which were first recruited upon electrical stimulation and then propagated along the FS cell network, were very likely to be at the origin of the distant  $[Ca^{2+}]_i$  rises, as these only occurred when stimulation intensity exceeded a threshold level ( $700 \mu\text{A}$  to  $5 \text{ mA}$ ). Also, propagated  $[Ca^{2+}]_i$  waves were closely correlated with changes in

membrane potential.  $[Ca^{2+}]_i$  recordings combined with patch-clamp monitoring of FS cells several hundred microns distant from the site of stimulation showed the occurrence of transient depolarization that coincided with each propagated  $[Ca^{2+}]_i$  rise (Fig. 5c,  $n = 5$  cells). Similar depolarizing events were detected upon propagated  $[Ca^{2+}]_i$  rises in FS cells that were near single electrically-stimulated FS cells ( $n = 4$ , data not shown). Propagated  $[Ca^{2+}]_i$  rises were always associated with transient depolarization exceeding a threshold level of about -50 mV (Fig. 5c), notwithstanding the distance between the patched cells and the site of stimulation (range: 17-520  $\mu\text{m}$ ,  $n = 9$ ). Inversely, such a depolarization was never observed in FS cells that failed to display propagated  $[Ca^{2+}]_i$  rises ( $n = 6$ , data not shown).

A final set of results provided evidence that the FS cell network forms an extended three-dimensional mode of communication throughout the gland. Consistent with this assumption, we found that  $[Ca^{2+}]_i$  waves were electrically triggered in FS cells from coronal as well as sagittal slices. Also, the apparent low velocity of  $[Ca^{2+}]_i$  waves ( $17.7 \pm 0.8 \mu\text{m/s}$ ,  $n = 45$  cells, 6 fields) calculated from the distance between the pair of electrode tips and recorded FS cells (Fig. 5) suggested a complex arborization of the gap junction-coupled FS cell network within the labyrinthine cell cords. Two results strengthened this proposal. First, single-cell dialysis of the Neurobiotin<sup>TM</sup> tracer traced a meshwork of connected FS cells over territories, which crossed cell cord boundaries (Fig. 6a,  $n = 16$  fields). Second, multiple site introduction of low-molecular weight fluorescent dyes into FS cells provided further evidence for multidirectional, long-distance (mm range) transfer of information throughout the parenchyma (Fig. 6b). Bath application of  $\alpha$ -Ala-Lys-N $\epsilon$ -AMCA on one side of the coronal slices (insulated from the other side with a Vaseline bridge) allowed many FS cells to take up the fluorescent dipeptide.  $\alpha$ -Ala-Lys-N $\epsilon$ -AMCA diffused across the Vaseline bridge up to the opposite side of the slices ( $n = 9$ ). Carbenoxolone (100  $\mu\text{M}$ ) blocked the spreading of  $\alpha$ -Ala-Lys-N $\epsilon$ -AMCA ( $n = 5$ ) which, given its small molecular weight (432.5) (24), probably diffused between FS cells coupled by gap junctions.

## DISCUSSION

In this study, we provide strong evidence that the anterior pituitary possesses an intrinsic system of communication that allows long-distance transfer of information within its parenchyma. The hitherto enigmatic agranular FS cells form the framework of this communication system. These FS cells express an extended repertoire of signaling mechanisms to generate and transmit messages (regenerative  $[Ca^{2+}]_i$  waves, cell-to-cell diffusion of molecules) along their cell network wiring up the gland.

This work reveals that the FS cells can now be given the label “excitable cell”, nearly half a century after they were discovered (15). Only one study so far has shown in cultured FS cells (TtT/GF cell line) the presence of a delayed rectifier  $K^+$  channel current, which was detectable when the cloned FS cells were in contact (25). We demonstrated here that, *in situ*, FS cells had a set of voltage-gated conductances sufficient to generate action potentials and ensuing transient rises in  $[Ca^{2+}]_i$ . To do so, FS cells displayed TTX-sensitive  $Na^+$  currents and  $Cd^{2+}$ -sensitive  $Ca^{2+}$  currents, which both could provide a depolarization at the foot of action potential that increases the probability of spike firing. Whereas a built-in inactivation process led  $Na^+$  channels to close quickly, the fast-activating, slowly-inactivating  $Ca^{2+}$  channels apparently remained open long enough during single action potentials to cause a significant  $[Ca^{2+}]_i$  increase. Also, two  $K^+$  channel currents, which shared common properties with the 4-AP-sensitive  $I_A$  and TEA-sensitive delayed rectifier  $K^+$  currents (32), respectively, helped shape the repolarizing process of action potentials.

Excitability, which may at first appear as an atypical behavior for such agranular cells, is most likely one of the means to trigger long-range  $[Ca^{2+}]_i$  signaling, a hitherto unknown mode of communication at the anterior pituitary level. Brief electrical stimulation of one or a few FS cells promoted  $[Ca^{2+}]_i$  waves between FS cells over long distances across the parenchyma. Because of their sensitivity to both TTX and  $Cd^{2+}$  ions, we propose that the electrical activity induced in stimulated FS cells initiated the propagation of intercellular  $[Ca^{2+}]_i$  waves along the FS cell network.

A closely related question is how  $[Ca^{2+}]_i$  rises traveled from one FS cell to the next. Our results strongly suggested that, *in situ*, many FS cells were extensively coupled through gap junctions and that these gap junctions were responsible for the propagation of  $[Ca^{2+}]_i$  rises between the coupled cells. The involvement of gap junctions in this phenomenon was fourfold. First, the gap junction blocker carbenoxolone reversibly reduced the number of FS cells propagating  $[Ca^{2+}]_i$  waves that were initiated by either focal electrical stimulation or  $IP_3$  dialysis; second, intracellular injections of Lucifer yellow traced the FS cells that propagated  $[Ca^{2+}]_i$  waves; third, intercellular diffusion of small tracers (Neurobiotin<sup>TM</sup> and  $\alpha$ -Ala-Lys-

N -AMCA) resulted in the labeling of three-dimensional ensembles of FS cells that were also blocked by carbenoxolone; and fourth, it was highly unlikely that activation of membrane receptors, such as purinergic receptors after ATP release, be involved in  $[Ca^{2+}]_i$  waves triggered following voltage stimulation.

The nature of signals flowing between gap junction-coupled FS cells that propagated electrically-induced  $[Ca^{2+}]_i$  waves was then addressed. Both the velocity (124  $\mu\text{m/s}$ ) and extent (mm range) of  $[Ca^{2+}]_i$  waves suggested that the latter spread along the three-dimensional FS cell network in a regenerative manner. Two types of regenerative signals seemed feasible: a cell-to-cell transfer of second messengers (52) or an electrical event (33, 34). The first possibility appeared barely compatible with the results of this study. In FS cells, average speeds of intercellular  $[Ca^{2+}]_i$  waves driven by single cell  $IP_3$ -dialysis were slow (15  $\mu\text{m/s}$ ), as it has been observed for second messenger waves involving  $Ca^{2+}$  release from internal stores in a chain reaction, owing to the regenerative nature of the release process (19-22). Thus, second messenger waves could propagate between FS cells, but they were probably not representative of propagation mechanisms in most FS cells when an electrical stimulation was locally applied. In favor of the second possibility was the detection of membrane depolarization coincident with propagated  $[Ca^{2+}]_i$  rises. Such a transient depolarization probably participated in the occurrence of propagated  $[Ca^{2+}]_i$  rises as it overlapped with the activation threshold of both  $Na^+$  and  $Ca^{2+}$  channel currents. However, we did not observe large spikes that coincided with the spreading of  $[Ca^{2+}]_i$  waves, possibly because of the poor space-clamp control in the highly coupled FS cells that propagated large-scale  $[Ca^{2+}]_i$  waves. Consistent with this assumption, it was possible to trigger action potentials in FS cell somas, but only when the cells displayed a high input resistance. Also, the electrical signal might be filtered when passing through gap junctions, as observed between gap junction-coupled neurons (33, 34). Hence, techniques that permit sub-cellular monitoring of membrane potential (e.g. potential-sensitive dyes) (35) need to be developed for pituitary slices to better address this issue that should include the detection of signals within the long and slender processes of FS cells (16), which are rich in gap junctions (27).

What might be the function of such a network of cells wiring up the anterior pituitary? It has been well documented that FS cells are not just sustentacular elements but perform regulatory functions that determine the responsiveness of hormone secreting cells (14, 29). With their long cytoplasmic processes between other cell types they are in an ideal position to play an important role in intercellular communication mechanisms. Although FS cells do not secrete hormones, they are known to release biologically important factors and signaling molecules (e.g. IL-6, nitric oxide, VEGF, bFGF, follistatin) (14, 29, 36) and are

responsive to central and peripheral stimuli (e.g. PACAP, VIP, estrogens) (37-39) including immune factors (TNF , TGF $\beta$ 3, interferon- ) (40-42). Moreover and most remarkably, the FS cell network seems to provide a unique system of large-scale communication that may rapidly adjust cellular activities within the anterior pituitary. Hence, distant endocrine cells might receive coordinated information from both extrapituitary molecules (1-4) slowly carried by the pituitary microvasculature (5) and intrapituitary signals mostly emanating from the FS cell circuitry.

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## Legends to figures

Figure 1. Generation of propagated  $[Ca^{2+}]_i$  waves in folliculostellate cells in response to electrical stimulation. **a**, Superimposed DIC image of the slice surface with  $\alpha$ -Ala-Lys-N - AMCA fluorescence (pseudocolored in blue) of folliculostellate cells (scale bar, 10  $\mu$ m). **b**, A confocal image showing ten FS cells loaded with a fluorescent  $Ca^{2+}$  dye (scale bar, 10  $\mu$ m). The color circles highlight the area of each cell used to monitor changes in fluorescence reflecting  $[Ca^{2+}]_i$  levels. The stimulating micropipette was touching the cell circled in green. **c**, Changes in fluorescence, normalized to baseline fluorescence ( $F/F_{min}$ ), for the ten regions in **b**. The spread of a  $[Ca^{2+}]_i$  wave was initiated by a brief electrical stimulation. Onset of the stimulation is indicated by an arrow.

Figure 2. Generation of  $[Ca^{2+}]_i$  transients depends on membrane excitability. **a**, Stimulated  $[Ca^{2+}]_i$  transients in two adjoining FS cells (red trace: triggered cell) in normal Ringer's saline (*top panel*) and in the presence of 0.5  $\mu$ M TTX (*middle panel*) are shown. The TTX-mediated alteration of  $[Ca^{2+}]_i$  transients recovered following a 12 min wash (*bottom panel*). **b**, Step current injection triggered an all-or-none action potential (black trace) which was suppressed in the presence of 0.5  $\mu$ M TTX (red trace). **c**, Current-clamp recording of a single action potential triggered upon current step (*bottom trace*) that caused a transient rise in  $[Ca^{2+}]_i$  (*top trace*). **d**, Similar combined electrical and optical recordings in a TTX-treated cell.

Figure 3. Voltage-gated currents in FS cells. Voltage-clamp recordings were carried out in FS cells (holding potential = -80 mV). **a**, *top panel*, Inward current triggered upon step depolarization (black trace). TTX (0.5  $\mu$ M) blocked the inward current (red trace). *Bottom panel*, Relative current-voltage relationship of the peak inward current (mean  $\pm$  SEM). **b**, *top panel*, Inward current carried by  $Ba^{2+}$  ions (in the presence of TTX) (black trace) and triggered upon depolarization to -20 mV.  $Cd^{2+}$  ions (500  $\mu$ M) suppressed the  $Ba^{2+}$  current (red trace). *Bottom panel*, Relative current-voltage relationship of peak  $Ba^{2+}$  current. **c**, Outward currents triggered upon a series of voltage steps (-80 to +80 mV, 20 mV increment). **d**, Similar recordings in another cell treated with 15 mM TEA.

Figure 4. Propagation of  $[Ca^{2+}]_i$  waves between FS cells depends on gap junctional signaling. **a**, Electrically-stimulated  $[Ca^{2+}]_i$  waves between FS cells (red trace: triggered cell) in normal Ringer's saline (*top panel*) and in the presence of 100  $\mu$ M carbenoxolone (*middle panel*) are shown. Carbenoxolone reduced the number of FS cells propagating the

$[Ca^{2+}]_i$  wave in a reversible manner (*bottom panel*). **b**, *Upper panel*, Field of FS cells loaded with the  $Ca^{2+}$ -sensitive dye (cell circled in red: stimulated cell). *Middle panel*, Lucifer yellow-filled cells following the patch-clamp recording of the stimulated cell (scale bar, 5  $\mu m$ ). *Lower panel*,  $[Ca^{2+}]_i$  wave triggered in response to voltage stimulation in the FS cells that subsequently showed Lucifer yellow diffusion. **c**, PPADS + suramin (100  $\mu M$  each), antagonists of purinergic receptors, failed to suppress a propagated  $[Ca^{2+}]_i$  wave in response to local voltage stimulation.

Figure 5. Long-distance propagation of electrical and calcium signals along the FS cell circuit. **a**, Bright-field image of a coronal pituitary slice (x4 objective). The irregular transverse lines were the nylon threads used to keep the slice in place. The two red dots help identify the position of the two stimulation pipette tips touching the slice surface. Scale bar, 500  $\mu m$ . **b**,  $[Ca^{2+}]_i$  changes were recorded (5 frames/s) in five FS cells that were located in the region delimited by the white circle (620  $\mu m$  from the pair of stimulation pipettes) in **a**. Electrical stimulation (700  $\mu A$ , 75 ms) induced the occurrence of coincident  $[Ca^{2+}]_i$  rises in these cells. **c**, In another slice, electrical and  $[Ca^{2+}]_i$  recordings were simultaneously combined in an FS cell, 520  $\mu m$  away from the point of stimulation.  $[Ca^{2+}]_i$  rise did not occur, neither did depolarization between the electrical stimulation and the beginning of the plots (39 s time span). Transient depolarizing events then coincided with the propagated  $[Ca^{2+}]_i$  rises.

Figure 6. Three dimensional, large-scale communication through the FS cell network. **a**, Three-dimensional reconstruction (20- $\mu m$ -depth) of Neurobiotin<sup>TM</sup>-filled FS cells (labeled in green) together with the immunolabeling of laminin, a component of basal laminae surrounding the cell cords (labeled in red). The arrow indicates the approximate location of the cell initially recorded during 90 min with a Neurobiotin<sup>TM</sup>-containing patch-clamp pipette (scale bar, 50  $\mu m$ ). **b**, FS cell network visualized with the Vaseline-gap technique. *Left panel*, Coronal slice straddling between two compartments of a chamber. Fluorescent lectin stainings localized the Vaseline bridge covering the slice at the compartment interface (scale bar, 500  $\mu m$ ). Colored dashed lines delineate the approximate location of the Vaseline bridge, while the white one shows the slice periphery. *Middle panel*, Bath application of  $\alpha$ -Ala-Lys-N $\beta$ -AMCA in the top compartment allowed the staining of FS cells across the whole slice. *Right panel*, When carbenoxolone (100  $\mu M$ ) was present in both compartments,  $\alpha$ -Ala-Lys-N $\beta$ -AMCA-stained FS cells were only seen in the top compartment and, marginally, within the Vaseline gap.

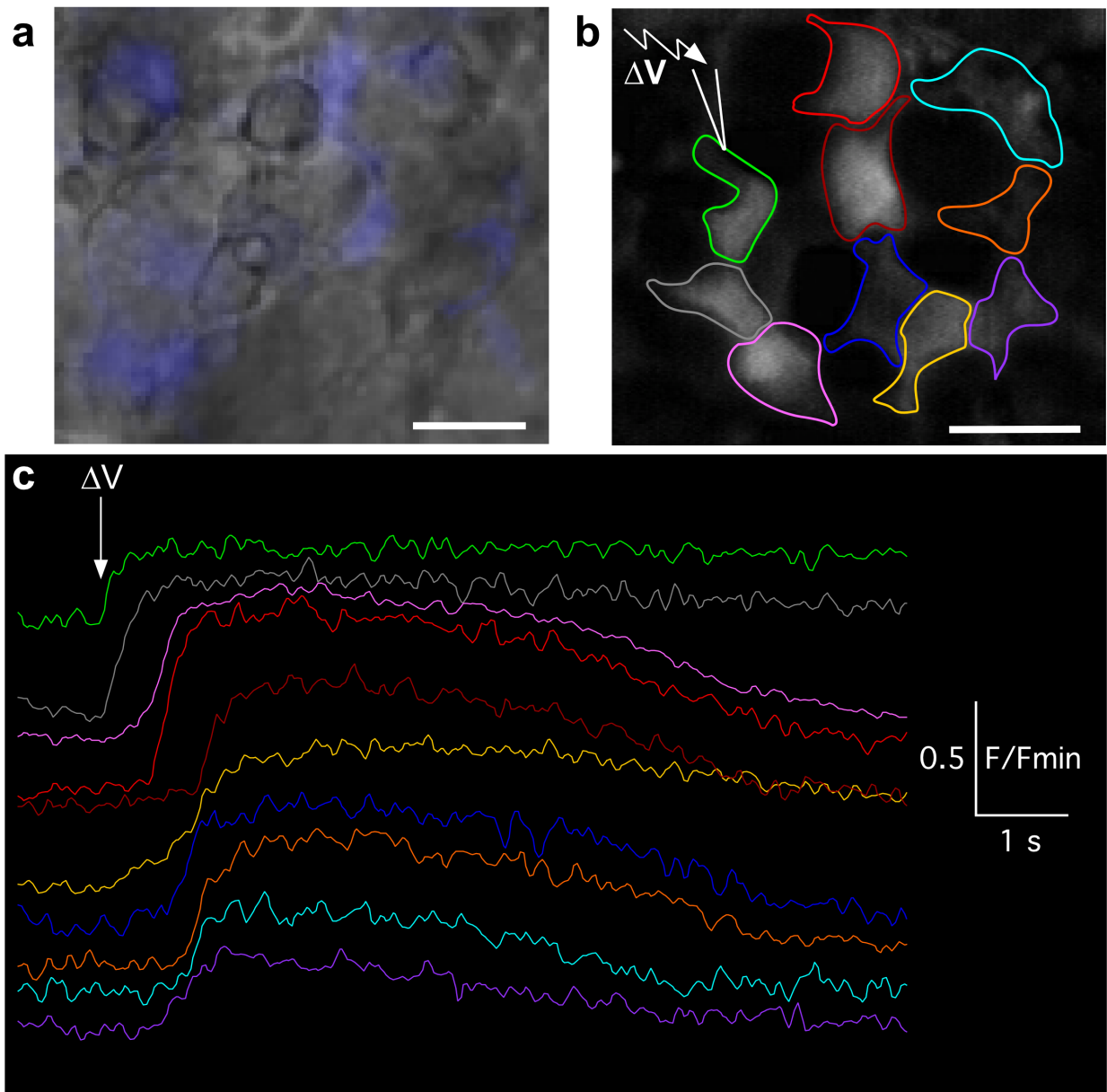


Figure 1

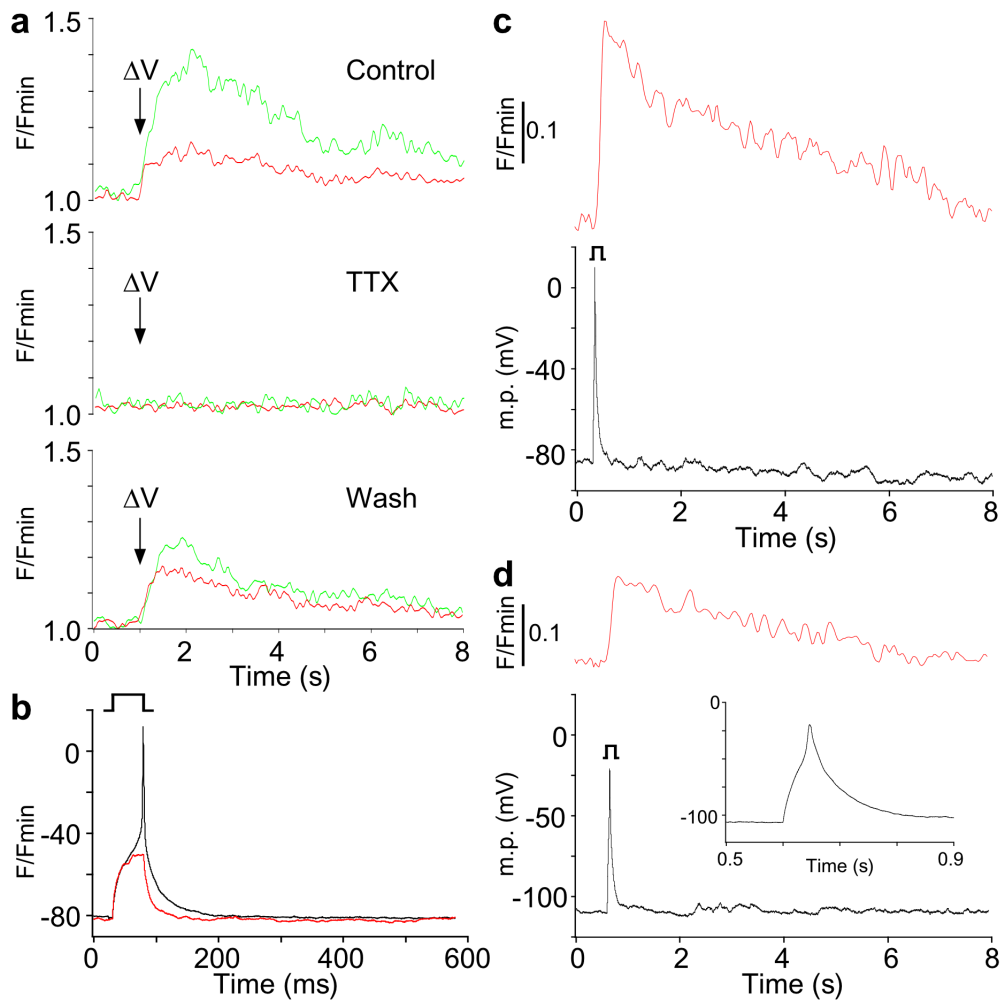


Figure 2

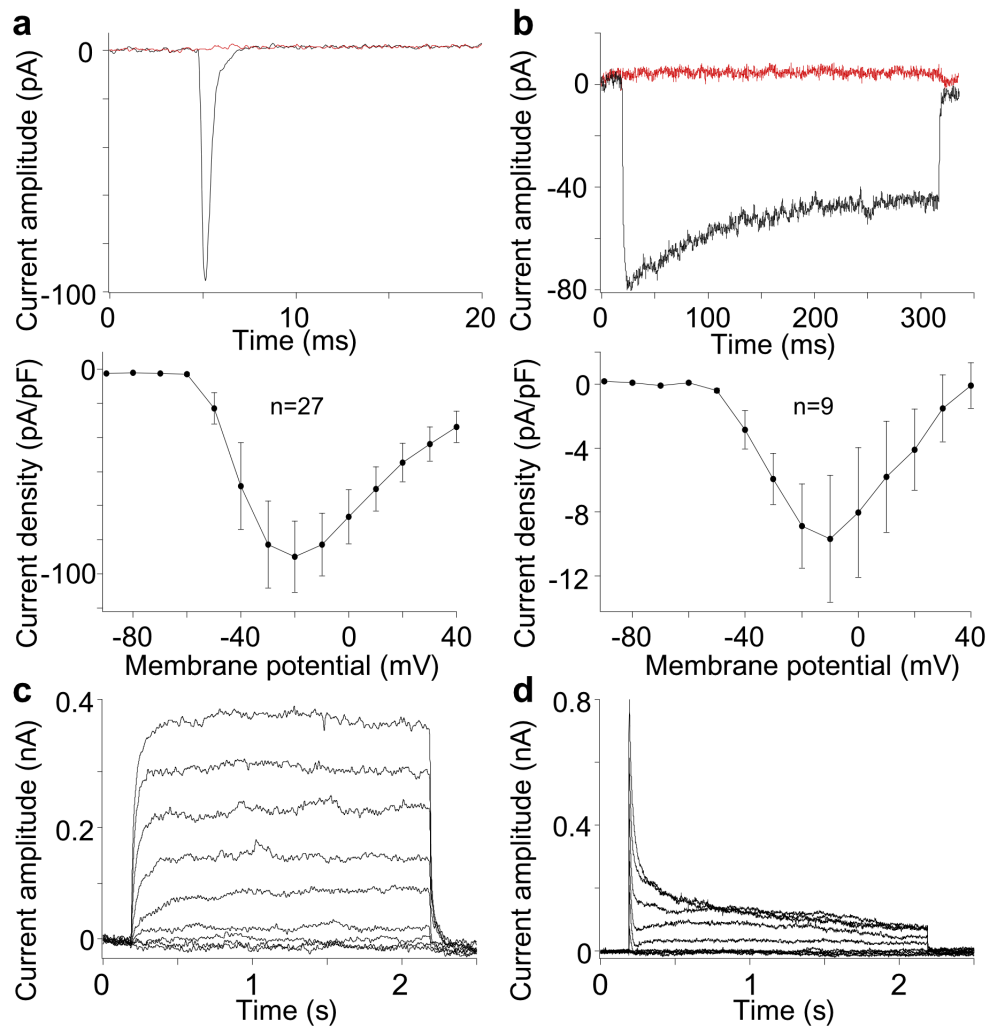


Figure 3

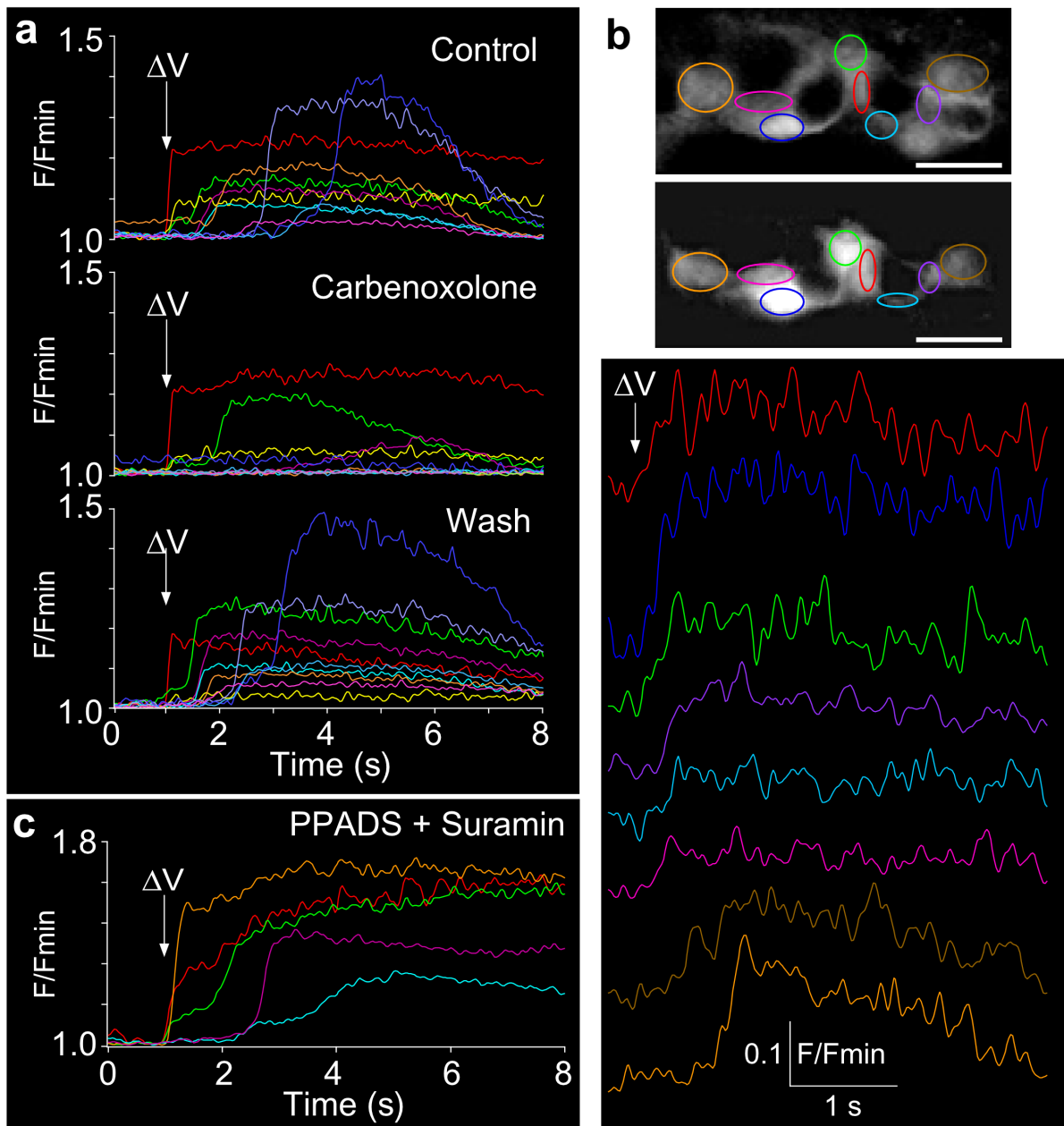


Figure 4

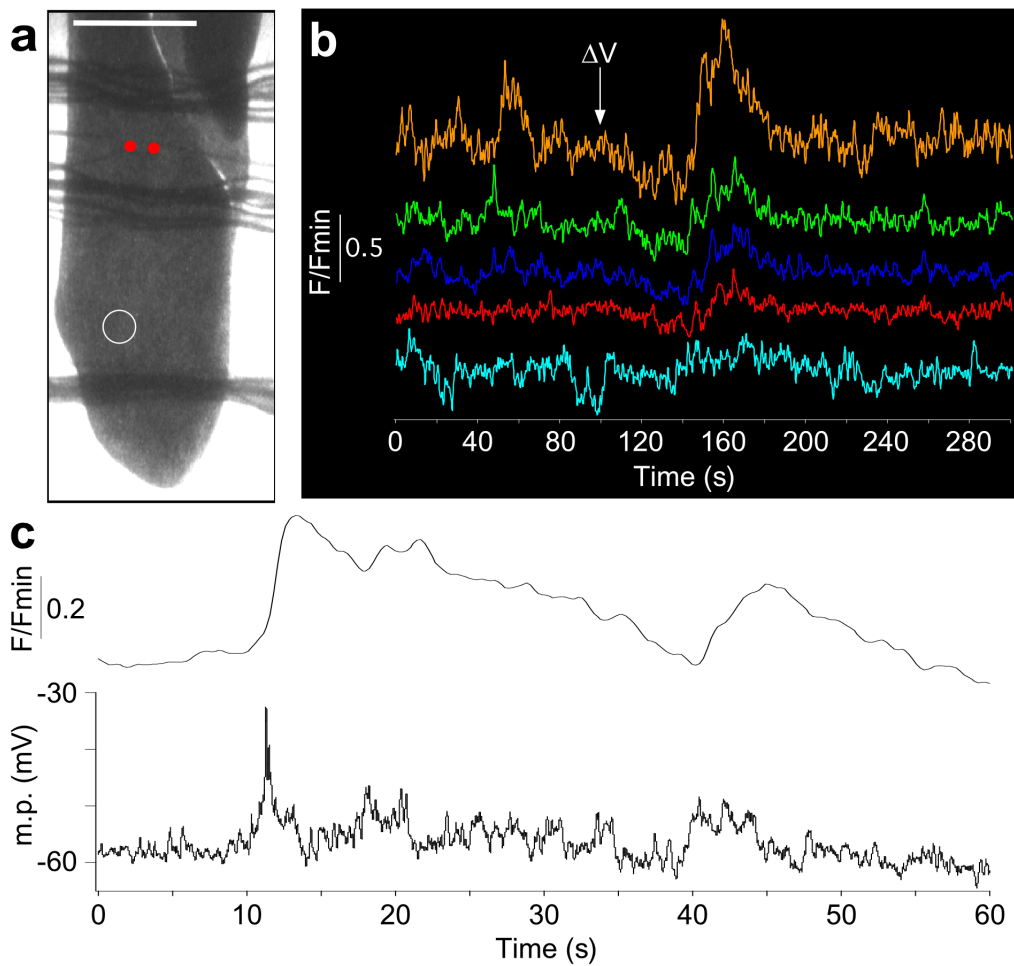


Figure 5

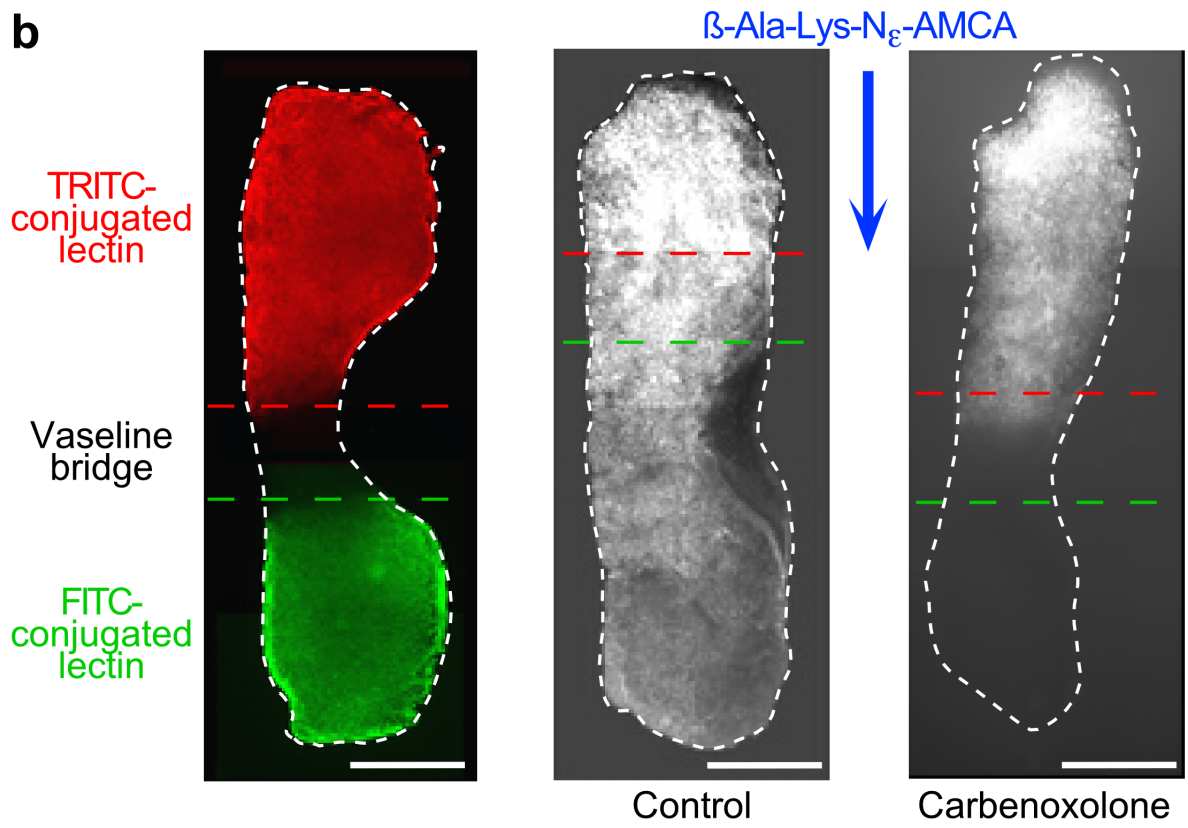
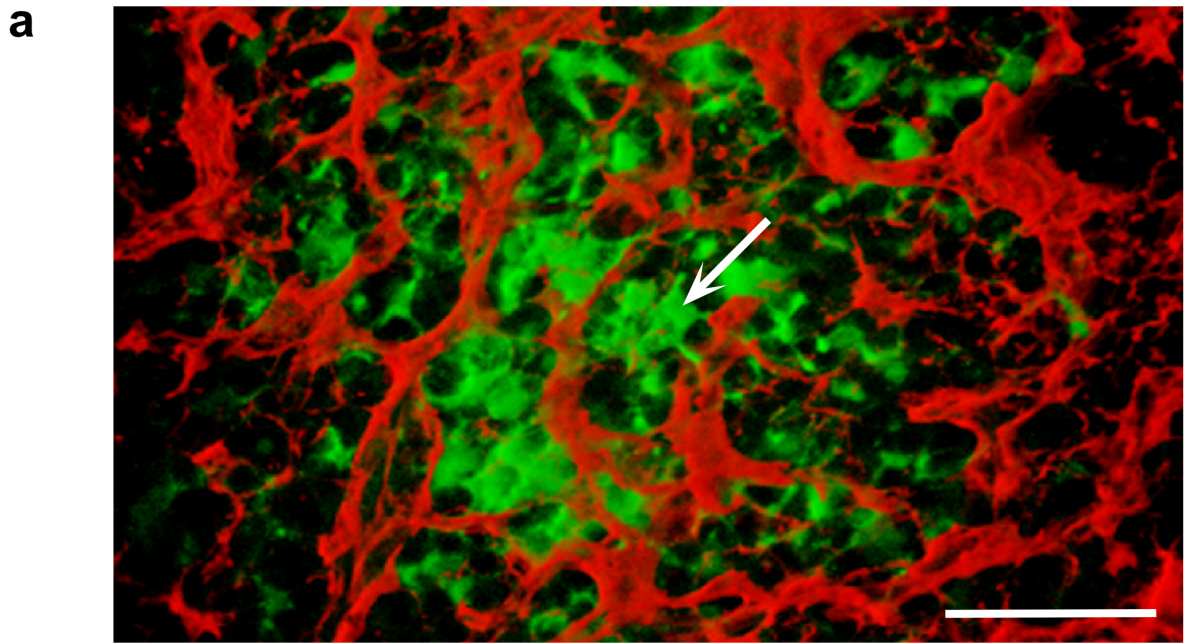


Figure 6