

# Benthic foraminiferal ultrastructural alteration induced by heavy metals

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#### Benthic foraminiferal ultrastructural alteration induced by heavy metals

| 16 | Abstract   |
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Heavy metals are known to cause deleterious effects on biota because of their toxicity, 17 persistence and bioaccumulation. Here, we briefly document the ultrastructural changes 18 observed in the miliolid foraminifer Pseudotriloculina rotunda (d'Orbigny in Schlumberger, 19 1893) and in the perforate calcareous species Ammonia parkinsoniana (d'Orbigny, 1839) 20 induced by exposure to one of three heavy metals (zinc, lead, or mercury). The exposure of 21 22 these two benthic foraminiferal species to the selected heavy metals appear to promote cytological alterations and organelle degeneration. These alterations include a thickening of the 23 inner organic lining, an increase in number and size of lipid droplets, mitochondrial 24 degeneration, and degradation vacuoles and residual body proliferation. Some of these 25 alterations, including the thickening of the inner organic lining and the proliferation of lipids, 26 might represent defense mechanisms against heavy metal-induced stress. 27

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Key words: protist, pollution, miliolid, ultrastructure, cytoplasm, *Ammonia, Pseudotriloculina*30

## 31 **1. Introduction**

32 Benthic foraminifera are single-celled eukaryotes that are highly abundant in marine 33 environments. Traditionally, benthic foraminifera have been applied to paleoecological, 34 paleoenvironmental and paleoclimatological reconstructions and hydrocarbon exploration. Their application has been also extended to environmental biomonitoring (for a review, see Alve, 1995; Yanko et al., 1999) and they are now widely used as effective bioindicators in a wide range of marine and transitional marine environments (e.g., Armynot du Châtelet and Debenay, 2010; Frontalini and Coccioni, 2011; Schönfeld et al., 2012; Alve et al., 2016).

Although several ecological studies on benthic foraminifera have been performed over the 39 last 50-60 years, only a few have focused on the specific response to a single pollutant in terms 40 of tolerance, growth, reproduction and/or survival (i.e., Bresler and Yanko, 1995a,b; Morvan et 41 al., 2004; Saraswat et al., 2004; Le Cadre and Debenay, 2006; Nigam et al., 2009; Denoyelle et 42 43 al., 2012; van Dam et al., 2012a,b; Linshy et al., 2013; Nardelli et al., 2013; Frontalini et al., 2015, 2016) and even more limited is the knowledge of ultrastructural changes induced by 44 45 exposure to pollutants (Table 1). Fewer ultrastructural studies on the effects of pollution on foraminifera have so far been published as compared to those performed on other marine 46 47 organisms, ranging from other protists (Ismail et al., 2002; Debelius et al., 2009; Gomiero et al., 2013; Miazek et al., 2015; Sures Kumar et al., 2015) to metazoans (e.g., Storelli and 48 49 Marcotrigiano 2000; Achard et al. 2004). In fact, most foraminiferal studies have focused more on metals' incorporation into calcite for proxy calibration rather than on cellular responses or 50 51 alterations resulting from heavy metal exposure (i.e., de Nooijer et al., 2007; Munsel et al., 2010; Nardelli et al., 2016; van Dijk et al., 2017a,b). Under these circumstances, further culture 52 and ultrastructural studies are required to better understand the specific biological response(s) 53 of foraminifera (Nigam et al., 2006), and the potential detoxification mechanisms against heavy 54 metals. 55

In benthic foraminifera, heavy metals have been suggested to promote 1) a thickening of the 56 inner organic lining (IOL); 2) an increase in the number and size of lipid droplets (LD); 3) 57 mitochondrial degeneration; 4) proliferation of degradation vacuole (reported as 58 autophagosomes), lysosomes, and residual bodies in Ammonia species (Morvan et al., 2004; Le 59 Cadre and Debenay, 2006; Frontalini et al., 2015, 2016). Following LeKieffre et al. (this 60 61 volume), as the separation between degradation vacuoles containing external (food) or internal 62 (organelles) material is rather difficult on transmission electron microscopy (TEM) images, we use the term degradation vacuoles. Alterations on LD (reported as lipidic vesicles) have been 63 64 attributed to a perturbation in the metabolic regulation of specimens exposed to copper (Cu) (Le Cadre and Debenay, 2006). Similarly, a proliferation of LD, mainly neutral lipids (esterified 65 66 cholesterol and triglycerides), has been documented in specimens treated with Hg (Frontalini et al., 2016). The IOL has been considered to protect the cell from xenobiotics (Leutenegger, 67

1977) and its thickening has reinforced the idea of a defense-like mechanism against pollutants(Le Cadre and Debenay, 2006).

Among metals, zinc (Zn) is considered as an essential intracellular element and 70 micronutrient for eukaryotic life because it plays important roles in cellular proliferation, 71 metabolism, reproduction, enzymatic activity and protection against free radicals (e.g., Martín-72 73 González et al., 2005; Gallego et al., 2007). However, at high concentrations Zn becomes toxic and produces cellular damage (e.g., Gallego et al., 2007), mainly due to oxidative stress (e.g., 74 75 de Freitas Prazeres et al., 2011). Lead (Pb) has been regarded among the most damaging 76 elements to organisms as it mimics other biologically essential metals by substituting for Ca, Mg, Fe, Zn, and Na (Lidsky and Schneider, 2003; Flora et al., 2012). Because of its non-77 78 biodegradable nature, Pb is known for its prolonged persistence in the environment (Flora et al., 2012). Lead, like Zn, also promotes the generation of reactive oxygen species (ROS) that 79 80 might result in damage to biomolecules (Flora et al., 2012). Mercury (Hg) and its compounds are extremely toxic and has been considered as one of the most harmful metals for biota 81 82 (Clarkson and Magos, 2006; Eisler, 2006). Mercury is also reported to cause oxidative stress (McElwee et al., 2013). 83

The main aim of this contribution for this Benthic Foraminiferal Ultrastructure Atlas special issue is to present the most commonly noted ultrastructural changes observed in two species of benthic foraminifera, *Ammonia parkinsoniana* and *Pseudotriloculina rotunda*, after acute exposure to these two non-essential (Hg and Pb) and one essential (Zn) heavy metals.

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### 89 2. Materials and methods

#### 90 **2.1 Experimental conditions**

91 Three experiments were conducted with the selected metals (Zn, Pb and Hg).

92 In unpolluted seawater Zn concentrations are generally  $< 10 \mu g/L$  (Eisler, 1993) but in highly polluted areas concentrations up to 5 mg/L have been reported (Reddy et al., 2005). To test the 93 94 effect of Zn, a culture experiment exposed the miliolid species Pseudotriloculina rotunda 95 (d'Orbigny in Schlumberger, 1893) to 50 mg/L of Zn for 24h. This concentration was chosen on the basis of the results obtained by Nardelli et al. (2013) on the same species. Because a 96 97 concentration of 100 mg Zn/L was lethal to this species after one week of treatment and <50% of specimens died during a 7-week incubation at 10 mg Zn/L, an intermediate concentration of 98 99 50 mg Zn/L was chosen for the acute exposure. A preliminary test was also performed to ensure 100 that all specimens survived 24h of exposure to this concentration of Zn. Specimens were 101 isolated from culture batches (see Nardelli et al., 2013 for more details) and maintained at 18°C;

only those with active reticulopods were used as inoculates and checked for pseudopodial 102 activity before starting the experiment. Zinc solution was prepared, just before starting the 103 experiment, with ultrapure salts (ZnSO<sub>4</sub>·7H<sub>2</sub>O, from Sigma) diluted in natural seawater from 104 an established control site (Portonovo, Ancona, Italy) previously filtered at 0.42 µm and stored 105 in the dark, at 4°C. Salinity (37) and pH (8.02) were previously measured. Specimens where 106 picked from culture batches, that were normally kept at 15°C and gradually raised to 18°C in 107 the week preceding the experiment. Fifteen specimens of P. rotunda were randomly picked 108 109 from the pool to be exposed to 50 mg/L and twelve were maintained in control conditions 110 (seawater). Untreated (i.e., control) and treated (i.e., Zn) foraminiferal specimens were incubated at 18°C, for 24h and then separately processed for TEM analyses. 111

The Pb experiment was based on *Ammonia parkinsoniana* (d'Orbigny, 1839) and has been fully described in Frontalini et al. (2015). In brief, specimens were cultured in sediments exposed to one of three concentrations of Pb (1 ppb, 1 ppm, or 10 ppm) or the control (no lead), up to eight weeks. Similarly, the Hg-based experiment was performed on *A. parkinsoniana*, exposed to one of three concentrations of Hg (1 ppb, 1 ppm, or 100 ppm) or the control up to 12 weeks (Frontalini et al., 2016).

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#### **119 2.2 Sample preparation for TEM analyses**

Specimens of *P. rotunda* were prepared for TEM observation following the protocol 120 described by Martín-González et al. (2005), modified after Le Cadre and Debenay (2006). 121 Briefly, after incubation, foraminiferal specimens were pre-fixed in a solution of glutaraldehyde 122 2.5% (v/v) (Sigma) in sodium cacodylate buffer (100 mM, pH 7.2, TAAB Laboratories 123 124 Equipment Ltd), for 1 hour. Then specimens were exposed to 0.1M ethylenediaminetetraacetic acid (EDTA) for 36h to remove the calcareous test (following Le Cadre and Debenay 2006). 125 The cells were then rinsed 3 times in 100 mM sodium cacodylate buffer and post-fixed in a 126 0.5% solution of OsO4 (v/v; TAAB) in sodium cacodylate buffer (100 mM, pH 7.2) for 45 127 128 minutes on ice. Fixed cells were then contrasted in an aqueous solution of 1% (v/v) uranyl 129 acetate (TAAB) for 1 hour, dehydrated in a graded series of acetone baths (25%, 50%, 75%, and 3 times 100% (v/v) in Millipore water), for no less than 20-30 minutes for each step. 130 131 Foraminifera were then embedded in Embed Low Viscosity Resin, following manufacturer's instructions. These various manipulations were performed in small microcentrifuge tubes 132 133 (Eppendorf type) using micropipettes. Samples were then processed at the National Center for Microscopy (Complutense University of Madrid). Initially, semi-thin sections  $(1 \ \mu m)$  of the 134 135 specimens were stained with 1% (v/v) toluidine blue to check for cell integrity. Ultra-thin (50 nm) sections were collected on 200-mesh copper grids and contrasted with aqueous 8% uranyl
acetate (in ethanol 30%) and 0.7% lead citrate solutions, and then examined with a JEM 1010
JEOL Electron Microscope, at 75kV.

Ammonia parkinsoniana preparation for TEM analyses is described in Frontalini et al. (2015, 139 2016). Briefly, specimens were fixed with 2.5% glutaraldehyde (TAAB, England, UK) in 140 Artificial Sea Water (ASW) for 3 h at 4°C, and decalcified with 0 .1 M EDTA for 36 h. After 141 5 washings with ASW, specimens were post-fixated with 1% osmium tetroxide (OsO4; EMS, 142 143 Hatfield, PA) in ASW for 2 h at room temperature. Specimens were then dehydrated in a graded 144 series of ethanol baths, from 50% to 100%, immersed twice in propylene oxide (10 minutes each; EMS, Hatfield, PA) and embedded in epoxy resin (Durcupan Araldite, SIGMA, UK). 145 Foraminifera were ultimately sectioned using an ultramicrotome (LKB, 2088 Ultrotome<sup>®</sup>V). 146 Thick sections of 1  $\mu$ m were stained with 1% toluidine blue in distilled water at 60°C to provide 147 148 an overview at the light-microscope level. Thin sections (100 nm), collected on 300-mesh nickel grids, were stained with 3% aqueous uranyl acetate and Reynold's lead citrate solutions 149 150 and finally observed with a Philips CM10 electron microscope at 80 kV.

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#### 152 **3. Results**

The comparison between control (Fig. 1A) and Zn-treated (Fig. 1B-F) specimens of P. 153 rotunda revealed important ultrastructural alterations in zinc-treated individuals but not in 154 control specimens. These alterations included the presence of large numbers of residual bodies, 155 which contained irregular concentric or juxtaposed masses of membranes that can form into a 156 vacuole. Moreover, what were interpreted to be numerous cytoplasmic degradation vacuoles 157 158 and electron-dense granules were visible in Zn-treated cells (Fig. 1B, C and D). Golgi apparatus (Fig. 1C-D) and mitochondria (Fig. 1B, D and E) were degraded in treated specimens compared 159 to those of the control specimens, where intact organelles (mitochondria and peroxisomes) were 160 commonly observed (Fig. 1A). Some clay particles as interpreted by Goldstein and Corliss 161 162 (1994) or mineral flake-like crystals were visible both in treated (Fig. 1F) and control specimens 163 and have been interpreted as mica flakes that entered the cell by endocytosis, possibly before the isolation of specimens from natural sediment for culture. 164

165 Control specimens of *A. parkinsoniana* appeared as expected in "normal" foraminiferal cells 166 (see, e.g., LeKieffre et al. this volume), having intact vacuole membranes, mitochondria, 167 peroxisomes, and residual bodies (Fig. 2A). On the contrary, several ultrastructural alterations 168 were observed in Pb-treated specimens, particularly those exposed to the highest 169 concentrations, including cytoplasmic degradation (Fig. 2B). In fact, the membranes delimiting 170 organelles were ruptured, causing the cytosol to appear to fuse between structure. At higher magnification, mitochondria did not show the typical peripheral double membrane integrity, 171 and they appeared swollen with poorly preserved cristae (Fig. 2D) when compared to control 172 specimens (Fig. 2C). Lipid droplets of Pb-treated specimens appeared to have a more irregular 173 outline and to be more electron-dense (Fig. 2F) than LD of control specimens (Fig. 2E). 174 Similarly, Hg-treated specimens showed numerous morphological alterations compared to 175 control specimens. These alterations included cytoplasmic degradation (Fig. 3A), a more 176 electron-dense core in lipids (Fig. 3B), degraded mitochondria (Fig. 3C), and a number of 177 178 structures interpreted as vacuoles (Fig. 3A).

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#### 180 Discussion

Our results suggest that the ultrastructural alterations induced by exposure to different heavy 181 182 metals on different benthic foraminiferal species are quite similar, regardless of the involved metal, at least for the three tested divalent ions and the two foraminiferal species. The three 183 184 tested metals are known to induce the production of reactive oxygen species (ROS) that represent a serious threat to cell fitness during exposure. The ROS are mainly produced in 185 mitochondria (see review by Murphy 2009) and when an excess is produced, mitochondria 186 become dysfunctional or undergo necrosis (which leads to cell- "aging"). The degradation of 187 mitochondria observed in our treated samples is very similar to the ones already reported for 188 several species of ciliates (i.e., Pyne et al., 1983; Martín-González et al., 2005) and could 189 represent an advanced phase of necrosis of these organelles after exposure. This hypothesis also 190 agrees with the results of de Freitas Prazeres et al. (2011) who quantified, for the first time, 191 several biomarkers of oxidative stress (antioxidant capacity, lipid peroxidation, 192 metallothionein-like proteins concentration and total superoxide dismutase activity) in a 193 symbiont-bearing foraminifer, Amphistegina lessonii, exposed to Zn. However, it is noted that 194 some foraminiferal species, which thrive within the chemocline of marine sediments where 195 ROS are produced, possess peroxisomes complexed with the endoplasmic reticulum and can 196 197 cope with ROS (Bernhard and Bowser, 2008).

The presence of higher number of degradation vacuoles (probably autophagosomes) and residual bodies in the cytoplasm of metal-treated specimens could therefore be the consequence of enhanced stressful conditions and represent the tendency of the organism to degrade organelles like mitochondria altered by ROS production. Increased number of degradation vacuoles has been previously reported in other eukaryotic organisms, where they are generally interpreted as cellular stress signals (e.g., Krawczynska et al. 1989; Martín-González et al.

2005). Traditionally, the formation of autophagosomes is considered a specific mechanism 204 205 induced by starvation or nutritional stress (Klionsky and Ohsumi 1999), for example in yeasts (Abeliovich and Klionsky 2001) and ciliates (Gutiérrez et al. 2001; Gutiérrez and Martín-206 González 2002). However, it is also known that autophagy plays a major role in the degradation 207 of altered organelles. An increased number of residual bodies has been reported by Le Cadre 208 and Debenay (2006) in two different species of Ammonia exposed to Cu. Those authors 209 210 hypothesized a role of the residual bodies in detoxifying the metals by storing and neutralizing 211 them. Dedicated studies to map metal distributions in foraminiferal cytoplasm are warranted.

212 A thickening of inner organic lining (IOL) or cell membrane was observed in Ammonia parkinsoniana exposed to both Hg and Pb (Frontalini et al., 2015). This result is far from rare. 213 214 In fact, several authors previously reported similar observations in different foraminiferal species, exposed to different metals. For example, Le Cadre and Debenay (2006) who exposed 215 216 Ammonia beccarii (Linnaeus, 1758) and Ammonia tepida (Cushman, 1926) to copper (up to  $500 \mu g/L$ ), in culture conditions, reported a thickening of the IOL with a fibrous and stratified 217 218 appearance particularly at the basal part of the pores. Similarly, a thickening of the IOL with an 219 increase of fibrous material and the proliferation of residual bodies is documented in 220 morphologically deformed A. tepida specimens after exposure to oil by Morvan et al. (2004). The IOL, which consists of a complex polysaccharide and glycoproteins bound together in a 221 222 complex macromolecular structure, represents the matrix between the test and the cytoplasm (Splinder, 1978; Ní Fhlaithearta et al., 2013) that is supposed to have an important role in 223 foraminiferal biomineralization (Langer, 1992; Erez, 2003, Sabbatini et al., 2014). Morvan et 224 al. (2004) suggested that this structure could also have a major role in protecting the cytoplasm, 225 226 and that a thickening of the IOL may therefore represent a defense mechanism adopted by 227 foraminifera to protect the cell against potential toxicants like heavy metals (i.e., Cu and Pb), 228 and also organic compounds (Sen Gupta et al., 1997; Morvan et al., 2004; Le Cadre and Debenay, 2006; Frontalini et al., 2015). Similar modification of the IOL was also noted by Sen 229 230 Gupta et al. (1997) for Cassidulina carinata Silvestri, 1896 collected in Beggiatoa mats around 231 bathyal hydrocarbon seeps in the Gulf of Mexico as well as by Koho et al. (this volume) for Ammonia spp. in response to anoxic conditions. 232

A proliferation of abnormally large LD (reported as lipidic vesicles) and an increase in the number of residual bodies in response to copper exposure were noted by Le Cadre and Debenay (2006). The increase of number and size of LD was suggested to be a perturbation in the regulation metabolism of foraminiferal specimens contaminated by copper (Le Cadre and Debenay, 2006) as also reported in other organisms (Prevot and Soyer-Gobillard, 1986). A proliferation of neutral lipids in the form of LD was documented in specimens of *A*. *parkinsoniana* exposed to Hg (Frontalini et al., 2016) as well as in other organisms (microalgae,
lichens, rat, grey mullet, silver catfish hepatocytes) when exposed to contaminants. Lipid
droplets are also hypothesized to sequester toxicants in order to protect cells (Murphy et al.,
2008; Rowan-Carroll et al., 2013).

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## 244 **4.** Conclusion

Mercury, lead and zinc are important metallic pollutants that, to different degrees, are 245 246 considered potentially harmful elements for biota. On the basis of our results and literature data, we here present a synopsis of the ultrastructural changes of two benthic foraminiferal species, 247 248 A. parkinsoniana and P. rotunda exposed to Hg and Pb, and Zn, respectively. The exposure of the specimens to these heavy metals seems to promote cytological alterations and organelle 249 250 degeneration. These alterations include a thickening of the inner organic lining, an increase in the number and size of lipid droplets, mitochondrial degeneration, as well as degradation 251 252 vacuole and residual body proliferations. These alterations suggest cytological oxidative stress induced by the exposure to the tested metals, and some alterations in particular, i.e., thickening 253 254 of IOL, degradation vacuole, and lipids, are interpreted as potential defense mechanisms against heavy metal-induced stress. 255

256

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#### 453 Table and Figures caption

Table 1. Compilation of experimental results in previous literature about the effects on
foraminifera, after exposure to certain pollutants (pollutant, concentration, duration, species,
Transmission Electron Microscopy (TEM) and reference).

| Pollutant                  | Concentration      | Duration        | Species   | TEM | Reference                         |
|----------------------------|--------------------|-----------------|---|-----|-----------------------------------|
| Cd, Cu and Hg              | up 1000 µM         | 24 hours        | Pararotalia spinigera   | No  | Bresler and Yanko (1995a)         |
| Mixed compunds             | up 1000 µM         | up to 4 hours   | Pararotalia spinigera and Rosalina macropora  | No  | Bresler and Yanko (1995b)         |
| Oil                        | up to 72 mg/100 ml | up to 12 months | Ammnia tepida   | Yes | Morvan et al. (2004)              |
| Hg                         | up to 260 ng/l     | 100 days        | Rosalina leei   | No  | Saraswat et al. (2004)            |
| Cu                         | up to 500 µg/l     | up to 12 months | Ammonia beccarii and Ammonia tepida   | Yes | Le Cadre and Debenay (2006)       |
| Hg                         | up to 300 ng/l     | ca. 40 days     | Rosalina leei   | No  | Nigam et al. (2009)               |
| Zn                         | up to 93.4 µg/l.   | 48 hours        | Amphistegina lessonii   | No  | de Freitas Prazeres et al. (2011) |
| Cd                         | up to 200 mg/L     | up to 30 days   | Ammonia tepida  | No  | Denoyelle et al. (2012)           |
| Oil                        | up to 5 g/l        | up to 30 days   | Ammonia tepida  | No  | Denoyelle et al. (2012)           |
| Drilling muds              | up to 100 mg/l     | up to 30 days   | Ammonia tepida  | No  | Denoyelle et al. (2012)           |
| Diuron (symbiont response) | up to 100 µl/l     | up to 96 hours  | Heterostegina depressa, Amphistegina radiata,<br>Alviolinella quoyi, Calcarina mayorii, Operculina<br>ammonides, Heterostegina depressa, Marginopora<br>vertebralis, Marginopora vertebralis, Sorites orbiculus,<br>Peneropolis planatus, Peneropolis antillarum,<br>Parasorites marginalis and Elphidium sp. | No  | Van Dam et al. (2012a)            |
| Diuron (symbiont response) | up to 3 µg/l       | up to 96 hours  | Heterostegina depressa, Calcarina mayorii,<br>Alveolinella quoyi, Marginopora vertebralis and<br>Peneroplis planatus  | No  | Van Dam et al. (2012b)            |
| Cd                         | up to 14 µg/l      | up to 21 days   | Pararotalia nipponica   | No  | Linshy et al. (2013)              |
| Zn                         | up to 100 mg/l     | up to 10 weeks  | Pseudotriloculina rotunda   | No  | Nardelli et al. (2013)            |
| Pb                         | up to 10 mg/l      | up to 2 months  | Ammonia parkinsoniana   | Yes | Frontalini et al. (2015)          |
| Hg                         | up to 100 mg/l     | up to 3 months  | Ammonia parkinsoniana   | Yes | present paper                     |
| Zn                         | 50 mg/l            | 24 hours        | Pseudotriloculina rotunda   | Yes | present paper                     |
| Hg                         | up to 100 mg/l     | up to 3 months  | Ammonia parkinsoniana   | Yes | present paper                     |

Figure 1. TEM micrographs of *Pseudotriloculina rotunda*. Low magnification view (A) of a
control specimen incubated in natural seawater. Higher magnification views of Zn-treated
specimens (B-F). Mitochondria (m), degraded mitochondria (m\*), lipid droplet (li), Golgi
apparatus (g), degradation vacuole (dv), peroxisome (p), electron-dense granules (e) and clay
platelets (c). Scale bars: A-D: 1 μm; E-F: 100 nm.



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Figure 2. TEM micrographs of *Ammonia parkinsoniana*. Low magnification views of
foraminiferal cytoplasm of control (A) and Pb-treated (B) specimens. Lipid droplet (li), vacuole
(v) and residual body (rb). Higher magnification views of intact (C, control) and degraded (D,
Pb-treated) mitochondria, lipid droplets in untreated (E) and Pb-treated (F) specimens.
Peroxisome (inset in B). Scale bars: A, B: 1 μm (inset 125 nm); C, D: 50 nm; E, F: 200 nm.





Figure 3. TEM micrographs of Ammonia parkinsoniana. Low magnification view of 471 foraminiferal cytoplasm of Hg-treated (A) specimens. Higher magnification views of lipid 472 droplets (B) with electron-dense cores and degraded mitochondria (C). Lipid droplet (li), 473 vacuole (v) and mitochondria (m). Scale bars: A: 1 µm; B: 200 nm; C: 100 nm. 474





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