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# Biostable highly aligned polyurethane fibres for the potential application of small calibre vascular grafting

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Synthetic vascular grafting is necessarily when the autografting is not possible in some cases. Conventional polyethylene terephthalate and expanded polytetra-fluoroethylene vascular grafts are found to be effective for diameter bigger than 6 mm but not for the diameter smaller than 4 mm due to the compliance mismatch and thrombogenicity. Endothelization on the surface of the graft can reduce the risks of compliance mismatch and thrombogenicity. In order to catalyst the endo-thelization process, fibrous morphology similar to the extracellular matrix of our body is preferable in the vascular grafts. Apart from that, the biostability of the grafts is also an essential element to be considered as the biodegradation may reduce the efficiency of the grafts. Many polyurethanes have been recognised as biostable materials. Hence, in this study, highly aligned polyurethane fibres are fabricated using a facile dry spinning technique in the view of providing effective sites for endothelization process to occur. These fibres are immersed into the si-mulated body fluid for as long as 24 weeks before conducting the biostability char-acterisations. The biostability is assessed in three aspects, physical, mechanical and chemical properties. Results show that the fibres do not have observable or significant deteriorations in all the three aspects mentioned.

Keywords: Polyurethane / fibres / biostable / vascular / grafts

#### **1** Introduction

Vascular grafting has been an effective remedy to vascular diseases for decades. Autografting by using the veins or arteries in the patient's body with high patency rate for years is common in United

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States where 400000 operations are conducted yearly [1].

In some cases, autografting is not possible due to the unavailability of suitable arteries or veins [2]. This is when the synthetic vascular grafts come in handy. At the early stage, inert materials with the

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Corresponding author: B.C. Ang, University of Malaya, Faculty of Engineering, Centre of Advanced Materials, 50603, KUALA LUMPUR, MALAYSIA, E-Mail: amelynang@um.edu.my least interaction with the blood and tissues are the choices for these synthetic vascular grafts. Polyethylene terephthalate and expanded polytetrafluoroethylene are the most common materials in vascular grafting with good performance for decades. However, the good performances of the polyethylene terephthalate and polytetrafluoroethylene are only limited to large vascular grafts with diameter more than 6 mm. It is found that the both materials mentioned are not suitable for small vascular grafts with diameter less than 4 mm [3, 4]. As a result, researches are conducted to sought for more appropriate small diameter synthetic vascular grafts.

The most commonly encountered problems in vascular grafting are compliance mismatch and thrombogenicity. The compliance mismatch can lead to intimal hyperplasia which ends up narrowing the lumen and thus affecting the flow of blood. In order to overcome these problems, homogenous functional endothelization on the vascular grafts can be an effective solution [5]. Thus, the initial design philosophy of synthetic vascular graft by using inert materials is deemed to be unrealistic. This is because the vascular grafts need to allow the attachment of endothelial cells for endothelization to occur. In order to promote this homogenous functional endothelization, the grafts need to have fibrous morphology similar to the extracellular matrix of the body [6, 7]. Nonetheless, the alignment of the fibres can also have significant effects on the endothelization process. In the literature, highly aligned fibres are found to be more effective in the endothelization process than the randomly aligned fibres [8-10].

Another crucial criterion for a competent synthetic vascular graft is the biostability [11]. The biological environment in the body may trigger the biodegradation of the graft causing deterioration in physical, mechanical and chemical properties [12]. In addition, the degraded by products may be harmful to the patient. Hence, the synthetic vascular grafts must be able to resist biodegradation in the body.

Polyurethanes have been widely recognised as biostable materials for the small calibre grafting application in the literature. However, these biostability studies are conducted on non-fibrous polyurethane samples [11, 13, 14]. The biostability studies on polyurethane fibrous samples are relatively less [15]. Despite being the same polyurethane, non-fibrous and fibrous samples may have different properties as the same polyurethane with different microstructures or morphology can have different properties or behaviours [16–18]. Hence, in this study, the authors intend to investigate the biostability of the highly aligned polyurethane fibrous samples for the potential application of small calibre vascular grafting.

#### 2 Methodology

#### 2.1 Materials

Methylene diphenyl diisocyanate-polyester/polyether polyurethane in pellet form (CAS number: 68084–39-9) is the raw material used to fabricate the highly aligned polyurethane fibres. N,N-Dimethylformamide and Tetrahydrofuran with purity more than 99 % are the solvents used to dissolve the polyurethane pellets. These solvents and the polyurethane pellets are bought from Sigma Aldrich and used as received without further processing.

The simulated body fluid is prepared by dissolving Hank's balanced salt (without sodium bicarbonate and phenol red, Sigma Aldrich) and sodium bicarbonate (reagent grade) in distilled water [19].

# 2.2 Fabrication of highly aligned polyurethane fibres

A 15 wt.% polyurethane solution is prepared by dissolving the polyurethane pellets into a mixture of N,N-Dimethylformamide and Tetrahydrofuran solvents in the ratio of 1:1. Then, a syringe with needle of 27 gauge size is filled with the solution. Finally, the fibres fabrication is conducted by a simple dry spinning setup [20, 21], *Figure 1*. The solution injection rate is set at 0.05 mlh<sup>-1</sup>. Initially, a solution jet is manually drawn from the syringe to the rotating collector in a distance of 15 cm. After that, the fibres wind on the rotating collector with a speed of approximately 100 min<sup>-1</sup>.

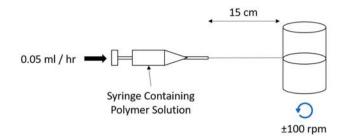


Figure 1. Dry spinning setup based on the studies conducted by Tan et al. [20, 21].

## 2.3 Biostability test of highly aligned polyurethane fibres

For the biostability test, the fibres are immersed into the simulated body fluid. The durations of immersion are 2 weeks, 4 weeks, 8 weeks, 12 weeks and 24 weeks respectively. All these simulated body fluids with samples immersed inside are kept at body temperature, 37 °C using a water bath.

#### 2.3.1 Mass change measurement

The initial masses of the samples denoted by  $M_i$  are measured, whereas the masses of the samples after immersion in simulated body fluid,  $M_f$  are measured before and after removing all the absorbed water by drying in oven at 40 °C for every immersion duration. Then, the percentages change in mass,  $M_{\%}$  are calculated based on the following equation.

$$M_{\%} = \frac{M_f - M_i}{M_i} \times 100 \%.$$
 (1)

#### 2.3.2 pH measurement

The pH values of the simulated body fluid are measured after every immersion duration using a pH meter.

#### 2.3.3 Surface characterisation

The surface characterisations of the dried fibres after every immersion duration are conducted using Phenom ProX desktop scanning electron microscope. The average diameters of the fibres after every immersion duration are measured.

#### 2.3.4 Uniaxial mechanical tensile test

Monotonic tensile mechanical tests under the strain rate of  $0.001 \text{ s}^{-1}$  are conducted on the dried samples after every immersion duration in the simulated body fluid using the Shimadzu AGS-X Series Universal tensile testing machine.

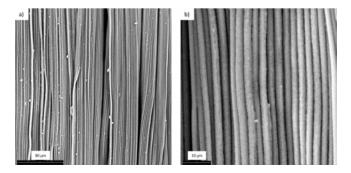
#### 2.3.5 Fourier transform infrared spectroscopy

Fourier transform infrared spectroscopy is used to detect the chemical interactions between the fibres and simulated body fluid. Both the fibres and simulated body fluid before and after every immersion duration are characterised using Nicolet iS10 Fourier transform infrared spectroscopy spectrometer from Thermo Scientific. The spectra range from 400 to 4000 wavenumber with a resolution of  $4 \text{ cm}^{-1}$ .

#### **3 Results and discussion**

#### 3.1 Physical characterizations

The micrographs of the fabricated polyurethane fibres are taken using scanning electron microscope, *Figure 2*. These fibres are highly aligned in the vertical direction of the micrograph which corresponds



**Figure 2.** Scanning electron microscope micrographs of highly aligned polyurethane fibres under the magnification of (a)  $1000 \times \text{and}$  (b)  $5000 \times$ .

to the circumferential direction of the rotating collector.

The most obvious change in the polyurethane fibrous samples after immersing in the simulated body fluid is the swollen effect. The increment in the mass after removing from the simulated body fluid bathes of the fibrous samples is within the range of 100 % to 140 % regardless of the immersion durations, *Figure 3*. As a result, these simulated body fluid rich fibrous samples can be fa-

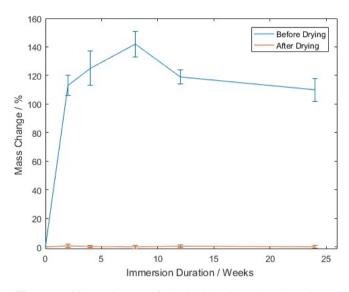
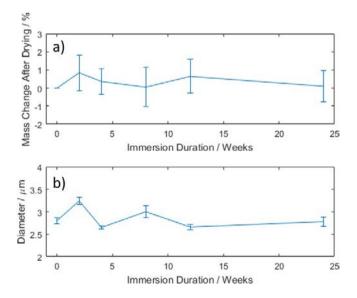


Figure 3. Mass change of the highly aligned polyurethane fibres.



**Figure 4.** (a) Mass change of the highly aligned polyurethane fibres after drying and (b) average diameter of the fibres at different simulated body fluid immersion durations.

vourable sites for the body cells attachment for endothelization purpose.

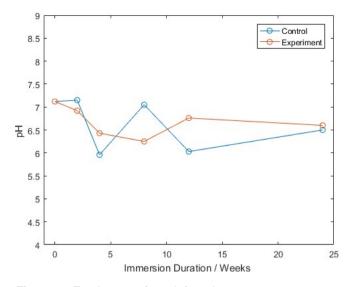
In the view of physical degradation, the amount of mass lost is deemed to be the easiest and the most direct indication in most studies [22-25]. Normally, the lost in mass is accompanied with the loss of molecular weight, crystallinity and mechanical strength. The mass loss of the polyurethane fibrous sample in this study is measured after all the moistures are removed from the sample by drying. It appears that the mass loss in the polyurethane fibrous samples is negligible, less than 1 % regardless of the simulated body fluid immersion durations, which agrees with the average diameters of the fibres that do not change significantly in the range of 2.66 µm to 3.24 µm, Figure 4a, b. This negligible mass lost may suggest that no degradation has occurred. Nevertheless, further tests are needed to verify this suggestion. In this study, the mechanical properties of the polyurethane fibrous samples are evaluated for validation which will be further discussed in the next section.

#### 3.2 Mechanical characterizations

Effects of the moisture on the mechanical properties of polyurethane is noteworthy in the literature [26–28]. The glass transition temperature is found to be lowered with moisture trapped inside the microstructure of the polyurethane, which in turn changes the mechanical properties and behaviors of the polyurethane. Despite of that, the effects of moisture are not permanent. The glass transition temperature will return to the initial value after the moistures are removed totally.

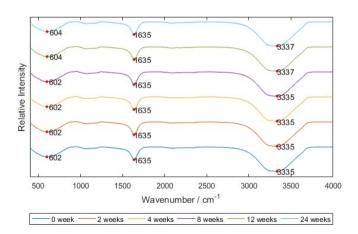
As discussed in the previous paragraph, the effects of moisture on the mechanical properties of the polyurethane are temporarily which is not in the interest of this study. Instead, the interest of this study is to investigate the permanent damage to the polyurethane fibrous samples due to the hydrolytic degradation in simulated body fluid [24]. Hence, the fibrous samples are dried totally before the mechanical tests and validated using Fourier transform infrared spectroscopy spectra, *Figure 5*. The peaks of hydroxyl groups in water molecules are not found in the spectra of all the dried fibres.

The initial moduli and ultimate tensile strengths of the polyurethane fibrous samples in the direction



**Figure 5.** Fourier transform infrared spectroscopy spectra of simulated body fluid after different immersion durations.

of the fibres alignment after different simulated body fluid immersion durations are plotted, *Figure 6*. The initial moduli of the polyurethane fibrous samples range from 7.63 MPa to 8.00 MPa, whereas the ultimate tensile strengths range from 6.54 MPa to 6.98 MPa. These ultimate tensile strengths are similar to the longitudinal ultimate tensile strength of Saphenous vein with the average value of 5.38 MPa [29]. Both the initial moduli and ultimate tensile strengths are having insignificant changes after different simulated body fluid immersion durations in agreement with the insignificant mass lost in the fibrous samples, Figure 4a. It is clear now that there is no observable degradation



**Figure 6.** Evolution of initial modulus and ultimate tensile strength of the highly aligned polyurethane fibres with the increment in simulated body fluid immersion durations.

in terms of mass lost and mechanical properties at the macroscopic level.

#### 3.3 Chemical characterizations

#### 3.3.1 Simulated body fluid

The initial pH value of the simulated body fluid prepared from Hank's balanced salt is pH 7.1. In order to detect the pH change of the simulated body fluid, the pH values of the simulated body fluid are measured after every immersion duration. As a control, the pH values of a simulated body fluid sample without polyurethane fibrous samples immersed in it is also measured. The results are plotted, Figure 7. It is observed that both the simulated body fluid with or without the fibrous samples immersed in them are having similar pH values after every immersion duration. The pH values fluctuate between pH 6 to pH 7 which are almost neutral. This can be another indication that the polyurethane fibres do not undergo hydrolytic degradation as the process will release acidic groups into the simulated body fluid due to the breakage of ester or urethane bonds causing the pH values to drop [30, 31].

Further analysis on simulated body fluid after the immersion at different durations is conducted by using Fourier transform infrared spectroscopy, Figure 5. There are 3 distinctive peaks that can be observed in the spectra at the wavenumbers,

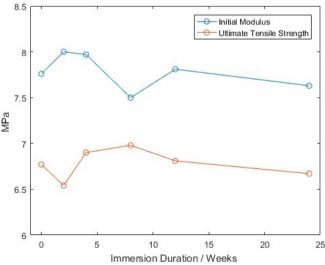
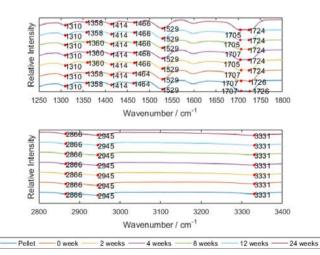


Figure 7. pH of the simulated body fluid after different immersion durations.

 $602/604 \text{ cm}^{-1}$ ,  $1635 \text{ cm}^{-1}$  and  $3335/3337 \text{ cm}^{-1}$ . These peaks are corresponding to the hydroxyl bonds in the water molecules, which consists of more than 90 % of the content in the simulated body fluid [32]. No additional peak is observed in the spectra after every immersion duration which may suggest that no degraded products from the polyurethane fibres are found in the simulated body fluid.

#### 3.3.2 Highly aligned polyurethane fibres

Polyurethane with solvents trapped inside the microstructure is found to have lower modulus [33]. This external factor may influence the initial moduli measured and go against the objective to study the mechanical properties of the polyurethane fibres due to hydrolytic degradation solely. In order to prevent the incomplete drying of the solvent, Tetrahydrofuran with much higher volatility are mixed with N,N-Dimethylformamide to spin the fibres in this study [34, 35]. The absence of the residual solvents in the polyurethane fibres is verified by Fourier transform infrared spectroscopy, Figure 8. It can be suggested that there is no residual solvent in the polyurethane fibres as the Fourier transform infrared spectroscopy spectra of the polyurethane pellet and fibres match each other perfectly without any extra peak that may exist due to the residual N,N-Dimethylformamide or Tetrahydrofuran solvent.



**Figure 8.** Fourier transform infrared spectroscopy spectra of a polyurethane pellet and the highly aligned polyurethane fibres after different immersion durations.

In the literature, the degradation of the polyurethane is due to breakage of the urethane linkages which correspond to the carbonyl and amine functional groups. The wavenumbers corresponding to some characteristic peaks of the bonds in polyurethanes are tabulated, Table 1. Due to the breakage of the urethane linkages, the intensity of the transmittance peaks corresponds to the carbonyl and amine groups will become lower than the undegraded polyurethane [36, 37]. The Fourier transform infrared spectroscopy spectra of the dried polvurethane fibres match each other in terms of intensities and peaks regardless of the immersion durations, Figure 8. This may mean that the chemical structure of the polyurethane fibres remains intact even after 24 weeks of immersion in the simulated body fluid bath.

#### **4** Conclusion

In this study, highly aligned polyurethane fibres are fabricated through a simple dry spinning technique. The alignment of the fibres is verified by scanning electron microscope. Biostability tests are conducted on the fibres due to the potential of the fibres in the application of vascular grafting. The fibres are immersed in simulated body fluid for different durations of 2 weeks, 4 weeks, 8 weeks,

 Table 1. Bonds corresponding to the Fourier transform

 infrared spectroscopy spectra wavenumbers of the poly 

 urethane [38–40].

Wavenumber/ cm <sup>-1</sup>	Bond
1310	Methyl
1358/1360	
1414	
1466/1464	
1529	Amine
1705/1707	Hydrogen bond between amine and carbonyl
1724/1726	Carbonyl
2866	Methyl
2945	
3331	Amine

12 weeks and 24 weeks. Then, the biostability of the fibres after immersing in simulated body fluid is evaluated from three aspects, physical, mechanical and chemical properties. Physical characterizations show that the mass change and the average diameter change of the fibres are negligible. In term of mechanical properties, the initial modulus and ultimate tensile strength of the fibres are having insignificant changes as well. Lastly, the chemical structures of the fibres also remain intact after immersing in simulated body fluid. As a conclusion, the fibres fabricated in this study are biostable even after 24 weeks of immersion in simulated body fluid.

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