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## **Metal ions in Alzheimer's disease: A key role or not?**

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### **Conspectus**

Despite tremendous research efforts in universities and pharmaceutical companies, effective drugs are still lacking for the treatment of Alzheimer's disease (AD). The biochemical mechanisms of this devastating neurodegenerative disease have not yet been clearly understood. Beside a small percentage of cases with early-onset disease having a genetic origin (< 5%, familial AD), most patients develop in elderly a sporadic form due to the multiple and complex parameters of aging. Consequently, AD is spreading in all countries with a long life-expectancy.

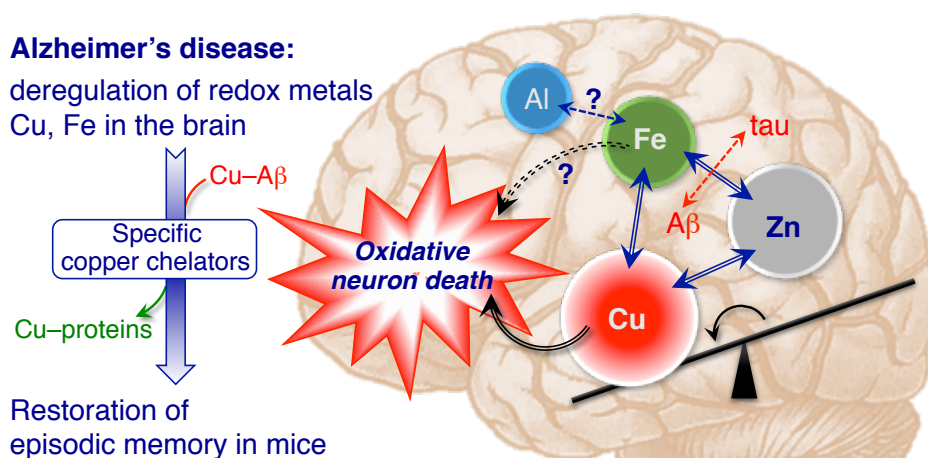
AD is characterized by deposition of senile plaques made of  $\beta$ -amyloid proteins ( $A\beta$ ) and by hyperphosphorylation of tau proteins, which have been considered as the main drug targets up to now. However, antibodies targeting amyloid aggregates, as well as enzyme inhibitors aiming to modify the amyloid precursor protein processing, have failed to improve cognition in clinical trials. Then, to set up effective drugs, it is urgent to enlarge the panel of drug targets.

Evidences of the link between AD and redox metal dysregulation have also been supported by post-mortem analyses of amyloid plaques, which contained accumulation of copper, iron, and zinc by 5.7, 2.8, and 3.1 times the levels observed in normal brains,

respectively. Copper-amyloid complexes, in the presence of endogenous reductants, are able to catalyze the reduction of dioxygen and to produce reduced/reactive oxygen species (ROS), leading to neuron death. The possibility of using metal chelators to regenerate normal trafficking of metal ions has been considered as a promising strategy in order to reduce the redox stress lethal for neurons. However, the most attempts to use metal chelators as therapeutic agents have been limited to existing molecules available from the shelves. Very few chelators resulted from a rational design aiming to create drugs with a safety profile, and able to cross the blood-brain barrier after an oral administration.

In the human body, metals are handled by a sophisticated protein network to strictly control their transport and reactivity. Abnormal concentrations of certain metals may lead to pathological events due to mis-accumulation and non-regular reactivity. Consequently, therapeutic attempts to restore metal homeostasis should carefully take into account the coordination chemistry specificities of the concerned redox-active metal ions.

This review is focused on the role of the main biologically redox-active transition metals, iron and copper. For iron, the recent debate on the possible role of magnetite in AD pathogenesis is presented. The section devoted to copper is focused on the design of specific copper chelators as drug-candidates able to regulate the copper homeostasis and to reduce the oxidative damage responsible for the neuron death observed in AD brains. A short survey on non-redox-active metal ions is also included at the beginning, such as aluminum and its controversial role in AD, and zinc which is a key metal ion in the brain.



Scheme for the Conspectus

## Introduction

Currently, about 35 million of patients in the World are suffering from Alzheimer's disease (AD), a neurodegenerative condition related to aging. AD accounts for about 70% of cases of dementia, and this number is expected to reach 100 million in 2050.<sup>1</sup> Since 95% of cases are sporadic without specific genetic cause, unlike the familial AD (or early-onset AD), this disease occurs in countries with long/increasing life-expectancy.<sup>2</sup> The irreversible progressive cognitive dysfunction, impaired language skill, and personality changes, together with the duration of pathology, place considerable pressure on patients, families, caregivers, and on public health budgets. Current AD therapies based on few drugs (3 acetylcholine esterase inhibitors and memantine, antagonist of the *N*-methyl-D-aspartate receptor) have only a short-term symptomatic effect, and their efficiency/cost ratios are questionable.<sup>3</sup> The pipeline of new drugs is unproductive. Since approval of memantine in 2003, no new AD drug has been approved. Moreover, all clinical trials undertaken from 2002 to 2012, involving 244 new drug-candidates, except that of memantine, failed at different stages.<sup>3</sup> So, it is urgent to escape from over-explored approaches, to use different targets and new animal models, to find new drugs able to stop or reduce the degenerative process in the early stage of the disease.<sup>4,5</sup>

The “amyloid cascade” hypothesis was the most investigated model of AD pathology. It proposed that the deposition of  $\beta$ -amyloid ( $A\beta$ ) is the initial pathological event, leading to the formation of senile plaques, and then to neurofibrillary tangles (NFTs), neuronal cell death, and clinical dementia. While there is substantial evidence supporting the hypothesis, there are also limitations, and it is now called into question.<sup>6</sup> However, antibodies targeting amyloid aggregates have failed to improve cognition. Accordingly, a priority is now to enlarge the panel of drug targets and therapeutic agents for this aging disease.

Besides this popular, yet ineffective, protein target, the evidences of the link between AD and redox metal dysregulation may lead to the possibility of an alternative solution.<sup>7</sup> This approach is strongly supported by post-mortem analyses of amyloid plaques, which indicates an excessive accumulation of copper, iron, and zinc by 5.7, 2.8, and 3.1 times the levels

observed in normal brains, respectively.<sup>8</sup> Copper-amyloid complexes, in the presence of endogenous reductants, are expected to catalyze the reduction of dioxygen to generate reduced/reactive oxygen species (ROS) involved in neuron death.<sup>9,10</sup> Therefore, it is a promising way to reduce redox stress by using metal chelators, to regenerate normal trafficking of metal ions.<sup>11-13</sup>

Therapeutic attempts to restore metal homeostasis should take into account the coordination chemistry specificities of the concerned metals. The present review is focused on the role of the main redox-active transition metals, iron and copper. For iron, the recent debate on the possible role of magnetite in AD pathogenesis is presented. The section on copper is focused on the design of specific copper chelators as drug-candidates able to regulate the copper homeostasis and to reduce AD oxidative damage in the brain. In addition, we included a short survey on non-redox-active metal ions, such as aluminum and its controversial role in AD, and zinc, a key ion in the brain.

### **Is Aluminum involved in Alzheimer's disease?**

The source of aluminum in humans is essentially oral intake from food, drinking water, and Al-containing drugs. Normally, the digestive tract is an effective barrier, resulting in a very low gastrointestinal absorption of aluminum (< 0.1% of ingested dose).<sup>14</sup>

The possible role of aluminum in the etiology of AD started in 1965 with the accidental discovery that injections of aluminum salts in the brain of rabbits induced “neuronal changes [...that] consisted primarily in a neurofibrillary degeneration”.<sup>15</sup> These Al-induced neurofibrillary tangles (NFTs) were considered reminiscent of AD pathogenesis, along with a questionable elevated concentration of Al in the brains of patients with AD,<sup>16</sup> and a controversial correlation between dementia and Al concentration in drinking water.<sup>17</sup> Aluminum-induced tangles of rabbits are morphologically distinct from those of AD patients, and the difference in Al concentration between normal brains and patients with dementia was disclaimed.<sup>18</sup> In 1998, in a key review article, Munoz summarized different arguments leading to the conclusion that there is no direct role of aluminum ions in AD.<sup>19</sup>

During the same period, aluminum intoxication has been reported in patients with chronic renal failure (CRF), either under hemodialysis (HD)<sup>20</sup> or not.<sup>21</sup> The different neurological syndromes associated with Al-overload have therefore been extensively studied in CRF patients.<sup>22</sup> The dialysis encephalopathy syndrome (DES, or dialysis dementia) was characterized by speech disturbances, myoclonus and epileptic seizures, with clinical signs different from the AD ones.<sup>20</sup> The intoxication was due to Al-containing tap-water used for dialysis fluids in the 1960s-1970s. Quickly after, dialysis fluids were deionized, and this dialysis dementia disappeared.<sup>23</sup> In addition, a dialysis-associated encephalopathy (DAE) has been observed, resulting of a “long-term low-dose aluminum intake” of oral aluminum drugs administrated to control the hyperphosphatemia of patients. Neuronal changes were exclusively observed in long-term HD patients.<sup>23</sup> To eliminate this aluminum toxicity, Al-free phosphate binders have been developed, and the use of Al derivatives is now restricted to short-term treatments.<sup>24</sup> In fact, DAE long-term hemodialyzed patients did not present any statistical increase of brain AD-morphology, in comparison to age-matched controls.<sup>23</sup> Few publications continue to claim that aluminum is involved in AD neuropathology without convincing evidences.<sup>25,26</sup> All in all, there is no new data allowing to modify the Munoz’s statement published 30 years ago on the absence of aluminum role in AD.<sup>19,27</sup>

Since Al(III) and Fe(III) have similar ionic radii [0.675 Å for Al(III), 0.690 and 0.785 Å for low spin and high spin Fe(III), respectively], Al(III) can bind to ferritin, and compete with iron for its binding to the transporter transferrin (Tf).<sup>28</sup> Consequently, the Tf receptor may deliver Al-loaded Tf to the brain.<sup>29</sup> Since aluminum-overloading might disturb the iron homeostasis, WHO recommends to keep aluminum concentration in drinking water below 0.1 mg/L.<sup>30</sup>

### **Zinc : a non-redox active metal ion essential for brain function**

The stable divalent cation  $\text{Zn}^{2+}$  is essential for life, and is the second most abundant d-block metal after iron in the human body. It participates in numerous and diverse biological processes, including cell division, DNA and protein synthesis, wound healing, immunity, and

cognition.<sup>31,32</sup> It has been proposed that 2,800 human proteins are potentially zinc-binding ones *in vivo*, corresponding to 10% of the human proteome.<sup>31</sup> Zinc concentration in the brain is estimated to 150  $\mu\text{M}$ , 10 times higher than in serum.<sup>32</sup>  $\text{Zn}^{2+}$  plays a dynamic role in both the physiology and the physiopathology of brain function.<sup>33,34</sup> In the central nervous system, metallothionein-3 (MT-3) is one of the major players in the homeostasis of zinc, which is chelated as metal-thiolate clusters.<sup>35</sup> This protein was found down-regulated in AD.<sup>35</sup> The Zn(II)-dependent metalloproteinases produce the brain-derived neurotrophic factor (BDNF), an important regulator of differentiation and survival of neuronal cells, that is also down-regulated in AD.<sup>6</sup>

Most of the zinc (80-90%) is tightly bound in metal protein-complexes to achieve enzymatic activity or structural stability. 10-15% of the brain zinc is present in a loosely bound or “mobile” form (mZn), mainly in the forebrain, cortex, amygdala, and especially hippocampus, an area associated to memory and learning.<sup>36</sup> Zinc ion is a potent allosteric inhibitor of NMDA receptors.<sup>37</sup> The high concentration of mZn ( $> 100 \mu\text{M}$ ) within glutamatergic vesicles, associated with the importance of glutamate as a neurotransmitter, led to the hypothesis that mZn may act as a neuromodulator.<sup>38</sup>

On the other hand,  $\text{Zn}^{2+}$  promotes both neuronal and glial death *in vitro* and *in vivo* by affecting multiple pathways, and is involved in various pathological conditions associated with excitotoxicity, including ischemia, epilepsy, brain trauma, and neurodegenerative diseases including AD.<sup>34</sup> At the cellular level, mZn is loaded into presynaptic vesicles by the zinc transport protein ZnT3 that thus plays a role in modulating neurotransmission and plasticity of glutamatergic neurons. In mouse models, genetic deletion of ZnT3 resulted in a reduced synaptic localization of amyloid- $\beta$  oligomerization compared to wild-type mice,<sup>39</sup> in an accelerated age-dependent loss in cognitive ability and in an impairment of the forms of memory that depend on hippocampal function, such as spatial working memory and contextual discrimination.<sup>38</sup>

In the context of AD, the concentration of zinc in senile plaques (SP) and neuropils of AD patients was reported to be increased by a factor of 3- and 2.3-fold, respectively, with respect to the concentration of zinc in control neuropils.<sup>8</sup> In controversial articles, authors

reported an increase,<sup>40</sup> or a decrease,<sup>16</sup> of zinc concentration in AD hippocampus or amygdala with respect to controls.

Despite ZnT3 protein levels are decreased in AD post-mortem brain tissue, an increase in presynaptic mZn has been proposed to be involved in pathogenesis, by promoting oligomerization and aggregation of amyloid- $\beta$ , a process resulting in accumulation of insoluble Zn-rich senile plaques.<sup>32</sup> In fact, zinc binds to amyloids with affinities in the low micromolar range.<sup>41</sup>

Zinc has also been reported to modulate the activity of secretases that cleave the amyloid precursor protein (APP) to generate A $\beta$ ,<sup>32</sup> and to induce a dose-dependent increase in A $\beta$  resistance to the A $\beta$ -degrading protease matrix metalloprotease-2, MMP2.<sup>42</sup> Zinc has also been considered able to contribute to tauopathy by promoting the direct toxicity of tau protein,<sup>43</sup> or the hyperphosphorylation of the tau protein by inhibition of protein phosphatase 2A.<sup>44</sup>

To eliminate the excess of intracellular Zn<sup>2+</sup>, tpen was proposed as chelator [tpen = *N,N,N,N*-tetrakis(2-pyridylmethyl)ethylenediamine,  $\log K_{\text{aff}}(\text{Zn-tpen}) = 15.2$ ].<sup>33,38</sup> However tpen is rather toxic and has a much higher affinity for Cu(II) than for Zn(II), [ $\log K_{\text{aff}}(\text{Cu}^{\text{II}}\text{-tpen}) = 19.8$ ],<sup>38</sup> Therefore this ligand is likely to interfere with the homeostasis of redox-active metal ions. Moreover, Zn<sup>2+</sup> deprivation can also trigger neuronal death, so that early dietary Zn supplementation of an AD mouse model was reported to prevent hippocampal-dependent cognitive deficits.<sup>34</sup>

Noteworthy, zinc competes with copper for amyloid coordination,<sup>45</sup> and supplementation has been reported to influence copper distribution in the brain. On the other hand, APP is essential for ferroportin persistence on the neuronal surface.<sup>46</sup> Since Zn<sup>2+</sup> is a substrate of ferroportin, it may indirectly take part in iron trafficking. These works illustrate the subtle role of zinc, a non-redox active metal, including in the regulation and the activity of redox metals such as copper and iron, in the brain. For this additional reason, metal chelators, if considered as drug-candidates, should obviously be specific for a particular metal.

**What do we know about brain damage and iron ions?**



The adult human body contains 3.5-4.0 grams of iron. Each day, 1 to 2 mg of iron enters or leaves the human body. Fetal and neonatal lives are periods of fast growth of brain. Iron deficiency in these periods limits the proliferation and differentiation of brain tissues with decrease of learning ability and memory. In fact, iron is the most abundant *d*-metal ion in human brain, with reported concentration as high as 40 mg/g (ca. 720  $\mu$ M) in the total brain of healthy adults.<sup>47</sup> Iron-enzymes are involved in neurotransmitter synthesis (*e.g.* production of L-dopa from tyrosine by tyrosine hydroxylase) and in myelination of neurons. Alteration of iron metabolism, with accumulation in the striatum, is considered as a molecular signature of aging, linked to poorer memory.<sup>48</sup> In healthy conditions, the inter-conversion of the two main oxidation states of iron, Fe(III)/Fe(II), is strictly controlled to avoid the catalytic reduction of dioxygen by Fe(II), that should result in the formation of damaging ROS. The distinction between normal and pathological aging is necessary to develop therapeutic tools.

Disruption of iron trafficking, with significant local accumulation in the brain and altered storage, has been suspected in several neurodegenerative diseases, including AD, since the early 1950s.<sup>49</sup> Its concentration in a large number of AD brain regions is higher than that in normal brains, with accumulation in senile plaques and neurofibrillary tangles, enhancing them as redox active sites.<sup>8,50</sup> Iron regulation is also related to proteins involved in AD, as emphasized above for the ferroportin regulation by APP.<sup>46</sup> Iron accumulation also leads to microglia activation, resulting in neuro-inflammation and neuro-degeneration, *via* ROS production.

In AD brain, despite the accumulation of iron in amyloid plaques was reported, the link between iron and ROS production remains to be clearly established. The coordination of Fe(II) to amyloids under strictly anaerobic conditions,<sup>51</sup> and that of Fe(III) have been reported.<sup>52</sup> But the production of ROS by iron-amyloids *in vitro* is much less efficient than that of copper-amyloids.<sup>53</sup> In addition, the competitive hydrolysis of free iron salts to insoluble and consequently poorly reactive Fe(OH)<sub>3</sub> is expected to be favored and the formation of a redox-active binary Fe(III/II)-A $\beta$  complex is unlikely at physiological pH.

Among the possible iron sources involved in brain damage, magnetite, a mixed valence  $\text{Fe(II)O}\cdot\text{Fe(III)}_2\text{O}_3$  iron oxide has been evoked. Biogenic magnetite has been detected in human brain twenty-five years ago.<sup>54</sup> Based on the putative peroxidase activity of this highly insoluble iron ore,<sup>55</sup> studies have pointed to the putative role of magnetite to trigger neurodegenerative diseases by coordination to amyloid peptides, thus linking AD and magnetite.<sup>56</sup> Recently, brain magnetite was considered to be non-endogenic, but coming from an external source, namely combustion-derived particulate matters and/or nanoparticles, thus suggesting a direct link between urban pollution and AD.<sup>57</sup> We recently invalidated this hypothesis by showing that magnetite is not catalytically competent to oxidize standard peroxidase substrates *in vitro*, especially at biological pH value of 7.4.<sup>58</sup> The fluorescence produced by oxidation of a peroxidase substrate in the presence of magnetite nanoparticles was below that produced in a non Chelex-treated buffer, in the absence of any extra iron species (Figure 1, black traces), suggesting that the very low oxidation reported in the presence of magnetite is likely due to adventitious metal impurities. Under similar conditions, very low concentrations of a true peroxidase such as horseradish peroxidase (HRP) exhibit a real dose-dependent catalytic activity (Figure 1, blue traces). In addition, magnetite does not significantly interact with  $\text{A}\beta$  *in vitro*, and magnetite and iron oxides/hydroxides were found unable to induce, either in the presence or in the absence of  $\text{A}\beta$ , the reductive activation of dioxygen, which is the first step of an oxidative stress. Even if the long scale time of development of neurodegenerative diseases is not taken into account in these *in vitro* experiments, these results strongly suggest that magnetite or iron oxides/hydroxides are probably not directly involved in Alzheimer's disease brain damages.<sup>58</sup>

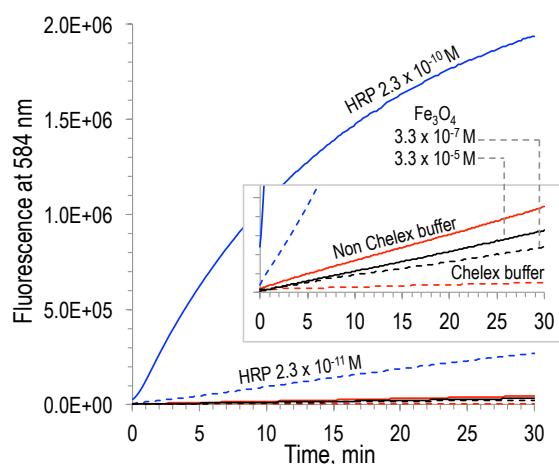


Figure 1. Peroxidase activity measured by the fluorescence of the reaction product in the Red hydrogen peroxide assay kit, in the presence of  $\text{H}_2\text{O}_2$  1 mM, pH 7.4, 37 °C, using HRP  $2.3 \times 10^{-10}$  M or  $2.3 \times 10^{-11}$  M (full- and dashed blue traces, respectively), or  $\text{Fe}_3\text{O}_4$   $3.3 \times 10^{-7}$  M or  $3.3 \times 10^{-5}$  M (full- and dashed black traces, respectively). Fluorescence in the presence of  $\text{H}_2\text{O}_2$  alone (1 mM) in Chelex treated- (dashed red trace) or non treated buffer (full red trace) is given for comparison.

In this case, what other iron species may be responsible for oxidative stress in AD brain? There is a growing body of evidence suggesting that the neurovascular coupling, defined as the link between transient neural activity and the corresponding increase of cerebral blood flow, may be impaired in AD, leading to stroke.<sup>59</sup> Vascular pathology, including small hemorrhages, is very common in the brain of AD patients, suggesting that breakdown of the microvasculature, and release of the pro-oxidant heme, may be a major event of AD.<sup>60</sup> *In vitro*, the iron center of hemin was reported to bind  $\text{A}\beta$ , modulate its aggregation,<sup>61</sup> and the hemin- $\text{A}\beta$  complex has an enhanced peroxidase activity relative to free hemin.<sup>62</sup> In case of bleeding and accumulation of toxic heme in the brain, the up-regulation of the heme-oxygenase-1 (HO)/biliverdine reductase is the adaptive response to stress.<sup>63</sup> If heme release is not associated with an adequate iron recycling, specially an increase in transferrin and ferritin expression, HO-induced oxidative cleavage of heme is expected to generate low molecular weight complexes between iron and heme fragments, having significant redox activity, thus exacerbating brain injury.<sup>64</sup>

Recent epidemiological data suggested that, in the western World, dementia is currently decreasing as a result of better vascular care.<sup>65</sup> In conclusion, the vascular status of the brain

and the efficiency of iron recycling metabolism may be relevant to reduce AD cases. The molecular bases of this hypothesis remain to be experimentally documented.

### **Copper chelators as anti-AD drug-candidates targeting Copper-amyloids**

The copper concentration in human frontal lobe and cerebellum is in the range of 60-110  $\mu\text{M}$ .<sup>66</sup> Copper ions are essential co-factors for several essential metallo-enzymes. For example, tyrosinase produces L-dopa from tyrosine, and catecholamine neurotransmitters.<sup>67</sup> Circadian rhythm dysfunction occurs in AD, and copper was recently reported to modulate rest-activity cycles *via* norepinephrine produced by the copper enzyme dopamine  $\beta$ -hydroxylase.<sup>68</sup>

If not structurally bound and chemically regulated by physiological copper proteins, and in the presence of endogenous reductants, the redox cycle of Cu(II)/Cu(I) generates hydroxyl radicals HO $\cdot$  responsible for oxidative damage involved in aging and neuron death.<sup>9</sup> Complexes of copper of  $\beta$ -amyloids short oligomers, able to penetrate neurons, might trigger this oxidative stress within different neuronal sub-compartments.<sup>10</sup> Such a catalytic process causes overconsumption of endogenous antioxidants, and their depletion in neurons. Moreover, the sequestration of copper in amyloid plaques may generate a deficit in other compartments of the brain and reduce the Cu,Zn-SOD activity.<sup>69</sup> So, the disruption of copper homeostasis and its accumulation to  $\beta$ -amyloids contributes to the redox stress that decreases the neuron population in AD brain.<sup>12,70</sup>

The restoration of copper homeostasis by using specific chelators has been considered a key pharmacological target.<sup>11,12</sup> The challenge is to design ligands (i) able to cross the blood-brain barrier, (ii) specific for copper chelation and (iii) innocent with respect to copper-enzymes or other metallo-proteins. These chelators should be able to extract copper from Cu-amyloids complexes, and then release copper in favor of copper-carrier proteins, without causing copper depletion within the brain. Such drugs should be able to inhibit the ROS production induced by Cu-amyloids in the presence of endogeneous reductants.

Clioquinol (CQ) and PBT2, two 8-hydroxyquinolines derivatives, were considered as prototypes of copper chelators for AD therapy (Figure 2).<sup>71</sup> Unfortunately, clioquinol, formerly used as antifungal and antiprotozoal, has been withdrawn from the market in 1983, due to its neurotoxicity attributed to zinc chelation.<sup>72</sup> This feature pointed out the need to design chelators with high specificity for copper. Both CQ and PBT2 entered anti-AD clinical trials, but failed due to their lack of efficacy.<sup>73</sup> CQ and PBT2 are bi- and tridentate ligands, respectively, while a stable coordination of Cu(II) requires (at least) 4 coordinating functions. The Cu(II) complexes of CQ and PBT2 have a 1/2 metal/ligand stoichiometry.<sup>12,74</sup> Consequently, in the presence of Cu<sup>II</sup>-A $\beta$  *in vitro*, stoichiometric amounts of CQ or PBT2 generate stable ternary complexes with Cu<sup>II</sup>-A $\beta$ .<sup>74,75</sup> In addition, PBT2 is a good zinc chelator able to make complexes with different structures within the same crystal.<sup>75</sup> Then, the coordination chemistry of 8-hydroxyquinolines is not suitable to extract copper(II) bound to amyloids, and these bidentate ligands are not effective mediators between Cu-A $\beta$  and Cu-carrier-proteins for the regulation of copper ions in AD brains.<sup>75</sup>

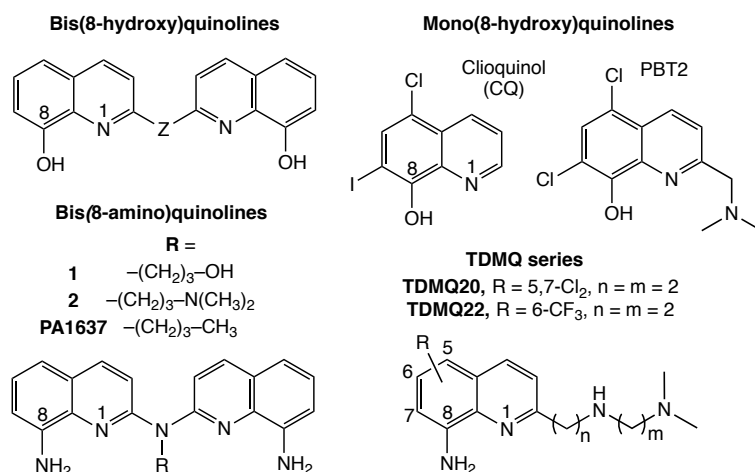


Figure 2. Structures of 8-aminoquinolines and 8-hydroxyquinolines copper chelators. Z stands for different types of linkers (alkyl, amine, ester...).

In contrast to mono(8-hydroxy)quinolines, bis(8-hydroxy)quinolines (Figure 2) offer four binding sites (a N<sub>2</sub>O<sub>2</sub> tetradentate motif) within a single molecule, giving rise to complexes with metal/ligand stoichiometry = 1/1.<sup>76</sup> The affinity for copper(II) of such tetradentate ligands is higher by 4-6 orders of magnitude than that of mono(8-hydroxy)quinolines, and

their selectivity for copper with respect to zinc is 100 to 1000. However, their affinity for Zn(II) is still significant, making poor discrimination between copper and zinc.

To enhance the chelating selectivity of chelators, we designed a series of N4-tetradentate quinolines based on the bis(8-amino)quinoline scaffold. These bis(8-amino)quinolines, designed to be able to cross the blood-brain barrier, are specific for the chelation of copper (**1**, **2**, and PA1637, Figure 2).<sup>11,77,78</sup> These ligands L have a very high affinity for Cu(II), with  $\log K_{\text{app}}$  in the range 14-16 at pH 7.4, and their selectivity for Cu(II) with respect to Zn(II) is very high, with  $\log [K_{\text{app}} \text{Cu-L}/K_{\text{app}} \text{Zn-L}] > 12$ .<sup>77</sup> *In vitro*, at low concentrations, these chelators efficiently and readily extract copper from Cu(II)-A $\beta$ , to produce the corresponding Cu(II)-L complexes.<sup>74</sup> This series of drugs offers a square planar coordination that is suitable for Cu(II) but not for Cu(I). So, in the presence of glutathione (GSH), playing the role of both reducing agent and competitive ligand for copper, the Cu(II)-L complex quickly releases copper to generate a copper-glutathione complex that is capable of transferring copper to an apo-copper protein. <sup>78</sup> In such process, the bis(8-amino)quinoline ligand L is released and can be re-used to extract again copper from Cu(II)-A $\beta$ , operating in a catalytic fashion (Figure 3). Such virtuous mechanism is essential for a drug called to act as a copper regulator. A non-catalytic process should require a higher concentration of ligand, i.e. a higher dose of drug.

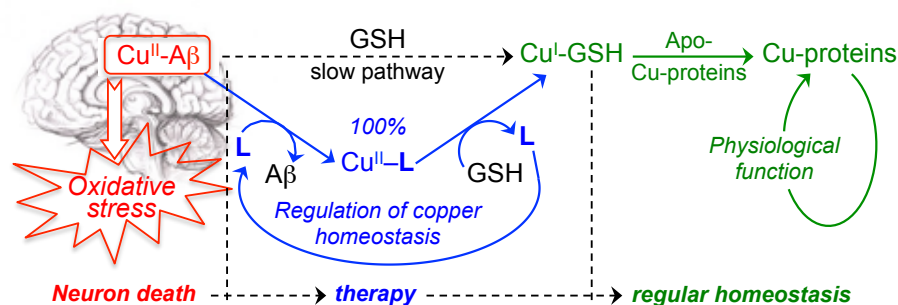


Figure 3. Transfer of copper ions from Cu-A $\beta$  to Cu-proteins, using bis(8-amino)quinolines as mediating chelators.

However, in order to enhance the solubility and druggability of copper chelators, we designed a new series of N4-tetradentate copper ligands named TDMQ, based on a mono(8-amino)quinoline with a lateral chain containing two additional binding sites (Figure 2).<sup>79,80</sup> The  $\log P$  values of TDMQ chelators are in the range 2.5-3.5, expected for crossing the BBB.<sup>81</sup>

Several of these ligands are specific for copper compared to zinc, and able to induce the two discrete steps required to recycle copper into a normal physiological circulation, namely the extraction of copper from Cu-A $\beta$ , followed by the release of copper from Cu-TDMQ complexes in the presence of glutathione. This copper transfer is fully effective even in the presence of an excess of Zn(II) ions, mimicking the zinc-rich environment of the brain.<sup>82</sup> TDMQ20 or TDMQ22 can be considered as lead molecules. As the above mentioned bis(8-amino)quinoline **1**, TDMQ20 (Figure 1) have a high selectivity for Cu(II) with respect to Zn(II)  $\{\log [K_{app} \text{ Cu-L} / K_{app} \text{ Zn-L}] > 12\}$ , much higher than that of A $\beta$   $\{\log [K_{app} \text{ Cu-A}\beta / K_{app} \text{ Zn-A}\beta] = 4-5\}$ , and thus fulfill the criteria for pertinent copper regulators.<sup>82</sup>

Both TDMQ20 and **1** specifically chelate Cu(II) in a nearly perfect N4-square planar fashion (Figure 4), with a poor capacity to fit with the preferred tetrahedral coordination requested for Cu(I).<sup>77,79,80</sup>

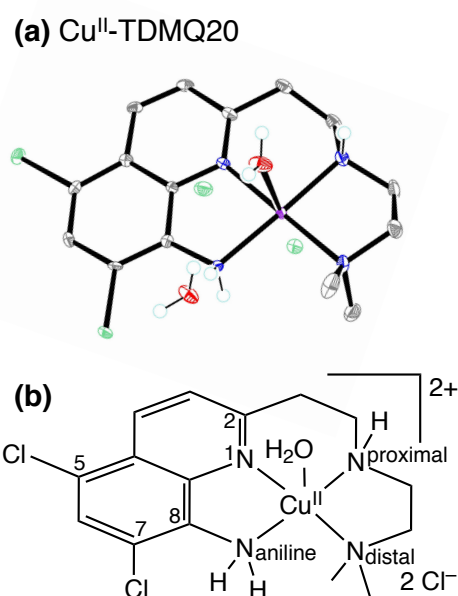


Figure 4. X-ray structure (a) and scheme (b) of the N4-square planar Cu(II) complex of TDMQ20.<sup>83</sup>

This structural feature is essential to make efficient inhibitors of the ROS production induced by Cu-A $\beta$ . *In vitro*, TDMQ20 and **1** are able to immediately and completely stop the ongoing aerobic oxidation of ascorbate induced by Cu-A $\beta$ <sub>1-16</sub>, even in the presence of 100 mol equiv of Zn(II) with respect to copper (Figure 5), while a reduced Schiff base ligand with

a N<sub>2</sub>O<sub>2</sub>-coordination sphere, or PBT2 (whose copper complex has a metal/ligand stoichiometry = 1/2, and a N<sub>3</sub>O<sub>2</sub>-coordination sphere) failed to inhibit the dioxygen reduction either in the presence or in the absence of zinc.<sup>82</sup> In addition, TDMQ chelators (up to millimolar concentrations) do not affect *in vitro* the catalytic activities of Cu,Zn-superoxide dismutase and tyrosinase, two copper enzymes expressed in the brain and involved in the regulation of redox processes.<sup>84</sup> The preliminary data on *in vitro* metabolism by microsomes and caco-2 underlines the druggability of the TDMQ ligands (unpublished data).

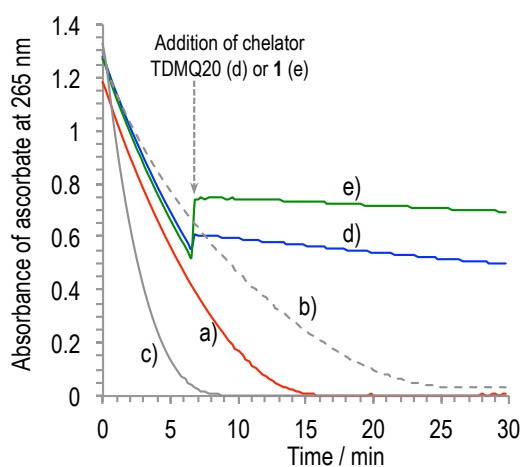


Figure 5. UV-visible (265 nm) kinetic spectra of ascorbate oxidation under air, in the presence of  $\text{CuCl}_2/\text{A}\beta_{1-16}/\text{ZnCl}_2 = 1/1/100$ , then addition of L (1 mol equiv) at 6.6 min (arrow): L = no ligand (trace a), L = TDMQ20 (trace d), L = **1** (trace e). The ascorbate oxidation in the presence of  $\text{CuCl}_2/\text{A}\beta_{1-16}$ , (trace b), or  $\text{CuCl}_2$  alone (trace c) are given for comparison. The increase of absorbance upon addition of TDMQ20 (d) or **1** (e) at 6.6 min, is due to the own absorbance of  $\text{Cu}^{\text{II}}\text{-TDMQ20}$ , or  $\text{Cu}^{\text{II}}\text{-1}$  at 265 nm.

To evaluate the ability of copper chelators to reduce the loss of memory *in vivo*, after being disappointed by previous experiences with transgenic models,<sup>85</sup> we elaborated a nontransgenic mouse model. As indicated above, all failed clinical trials were carried out after selection of drugs using similar transgenic mice. Diversification of animal models should be considered as a crucial point to go further on AD pharmacology. Moreover, transgenic mice mimick the late stage of the disease, which is poorly relevant to desired actions in AD. Consequently, we used regular mice in which a deficit of episodic memory mimicking the early stages of AD cognitive impairment was created by a single intracerebroventricular (icv)



injection of A $\beta$ <sub>1-42</sub> oligomers ("icv-AD" model).<sup>86</sup> No loss of memory was observed when the reverse peptide A $\beta$ <sub>42-1</sub> was injected, thus indicating the robustness of the model.

One of the bis(8-amino)quinoline chelators, PA1637 (Figure 2), was found efficient to inhibit the memory deficit induced by icv injection of A $\beta$ <sub>1-42</sub> oligomers.<sup>86</sup> After oral treatment with 8 doses of PA1637 (25 mg/kg/doses, over a 3-week period), the episodic memory of icv-AD mice (Figure 6, gray bar) was similar to that of healthy animals (white bar), while the episodic memory of AD mice that did not receive treatment was significantly reduced (black bars). Treatment with PA1637 at the lower dose of 12.5 mg/kg provided the same result (data not shown). These results indicate that oral administration of PA1637 fully inhibited the cognitive impairment induced by icv injection of A $\beta$ -oligomers.<sup>86</sup>

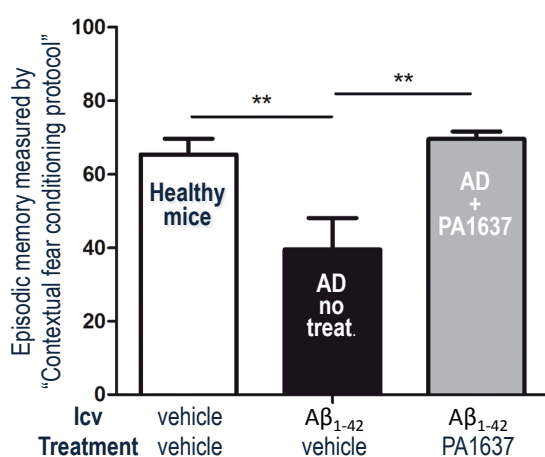


Figure 6. Episodic memory of non-transgenic AD mice treated with PA1637 at 25 mg/kg by oral route (grey bar), compared to healthy control mice and untreated AD mice. For details, see Ref. 86.

In summary, the design of chelators as drug candidates for copper regulation in AD brain should obey to some critical coordination requirements. Among the various possibilities offered by the diversity of metal ligands, we found that N4-tetradentate 8-aminoquinoline ligands are suitable to transfer copper from metal-amyloids to metal-carrier proteins, and are capable of inhibiting the catalytic reduction of dioxygen produced by copper-loaded amyloids exposed to a reductant. *In vivo*, such tetradentate ligands are able to inhibit the loss of episodic memory in non-transgenic amyloid-impaired mice. These results strongly support the

targeting of copper homeostasis for AD chemotherapy. Pharmacological studies on the more water-soluble TDMQ molecules that exhibit the suitable coordination sphere for copper specificity are currently in progress.

## Conclusion

Besides protein targets, regulation of the most abundant biological d-block metals, namely iron, copper, and zinc, is increasingly considered a valuable target for Alzheimer's disease therapy. Distribution of these three metals is linked together, and also connected to amyloid and tau metabolism. For instance, APP is essential for the activity of ferroportin which is an iron-efflux protein able to also transport zinc. Zinc and copper regulate A $\beta$  production by distinct mechanisms affecting the processing of APP. In addition, modulation of tau phosphorylation and APP processing are linked to the zinc-induced activation of synaptic NMDA receptors. A part of the metal-dependent metabolic processes involved in AD is depicted in Figure 7. While it is not the single one, regulation of copper homeostasis may be a kind of hub target.

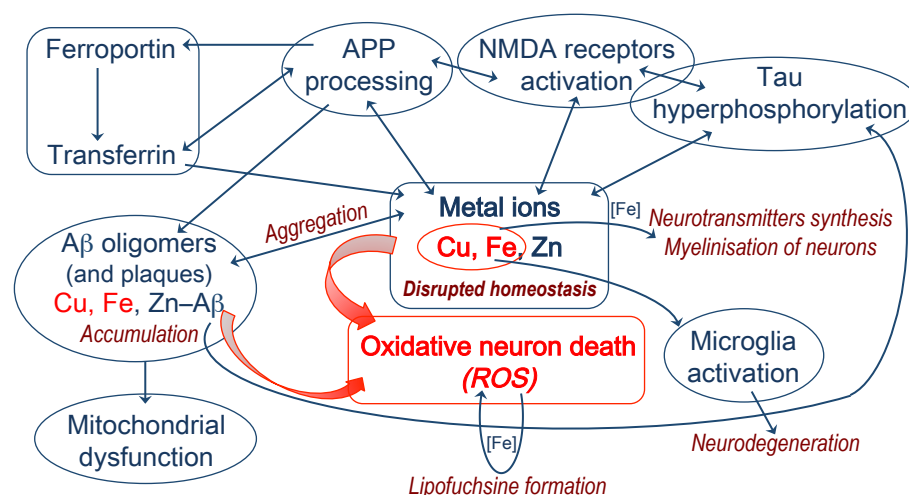


Figure 7. Schematic description of some of the metal-dependent metabolic pathways involved in AD pathogenesis.

The development of metal regulators as drugs to restore copper homeostasis in AD brains is still at its early stage. This development may be impaired by the fact that “classical”

nonspecific chelators, like edta or tpen, are toxic, and considered inefficient. But we have demonstrated that the tuning of selective N4-tetradentate Cu(II) chelators led to drug-candidates able to inhibit the ROS production triggered by Cu-A $\beta$  and have the capacity to fully reverse the deficit of episodic memory in a reliable non-transgenic mouse model of AD. This clearly confirms that restoration of copper homeostasis is a valuable therapeutic target. The design of metal chelators as therapeutic agents able to counteract deleterious consequences of metal misregulation in AD brain, must take into account the necessary coordination chemistry background to select the suitable drug-candidates and to enhance the chance of success in clinical trials.

### **Biographies**

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Michel Nguyen received PhD degree from the University of Toulouse (2001). He worked for six years in medicinal chemistry for Palumed company, where he developed new antibacterial and antimalarial drugs. He is currently Engineer at CNRS-LCC, working on malaria chemotherapy, and on redox metal homeostasis as possible chemotherapy of Alzheimer's disease.

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### **Abbreviations**

AD, Alzheimer's disease; A $\beta$ , amyloid peptide; APP, Amyloid precursor protein; BBB, blood brain barrier; BDNF, Brain-derived neurotrophic factor; CQ, clioquinol; CRF, Chronic renal failure; DAE, Dialysis-associated encephalopathy; DES, dialysis encephalopathy syndrome; DNA, Deoxyribonucleic acid; edta, Ethylenediaminetetraacetic acid; HD, Hemodialyzed; HO, Heme oxygenase-1; HRP, Horseradish peroxidase; icv, intracerebroventricular; MMP2, Matrix metalloproteinase-2; MT, Metallothionein; mZn, "mobile" zinc; NFT, Neurofibrillary tangles; NMDA, *N*-methyl-D-aspartate; ROS, Reduced oxygen species; SOD, Superoxide dismutase; TDMQ, Tetradentate monoquinoline chelator; Tf, Transferrin; tpen, *N,N,N,N*-tetrakis(2-pyridylmethyl)ethylenediamine; Zn-T3, Zinc-transporter-3.

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