

Storm-induced turbidity currents on a sediment-starved shelf: Insight from direct monitoring and repeat seabed mapping of upslope migrating bedforms

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Upslope migrating bedforms during storm-induced turbidity currents: Insights from direct monitoring and repeat seabed mapping of a sediment-starved shelf

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Supp_Mat_1_PDM_2007-2017.gif Supp_Mat_2_Gully_2007-2017.gif	

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- Upslope migrating bedforms during storm-induced
- 2 turbidity currents: Insights from direct monitoring and
- 3 repeat seabed mapping of a sediment-starved shelf
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18 **ABSTRACT**

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The monitoring of turbidity currents enables accurate internal structure and timing of these 19 flows to be understood. Without monitoring, the triggers of turbidity currents often remain 20 hypothetical and based on sedimentary structures of deposits and their age. In this study, 21 the bottom currents within 20 m of the seabed in one of the Pointe-des-Monts (Gulf of St. 22 Lawrence, eastern Canada) submarine shelf canyons were monitored for two consecutive 23 24 years using Acoustic Doppler Current Profilers (ADCP). In addition, multibeam bathymetric surveys were carried out during the ADCPs deployment and recovery 25 operations. These new surveys, along with previous multibeam surveys carried out over 26 27 the last decade, revealed that crescentic bedforms have migrated upslope by about 20-40 m since 2007, despite the limited supply of sediment on the shelf or river inflow in the 28 region. During the winter of 2017, two turbidity currents with velocities reaching 0.5 and 29 2 m s⁻¹, respectively, were recorded and were responsible for the rapid (less than 1 minute) 30 upstream migration of crescentic bedforms observed between the autumn surveys of 2016 31 32 and 2017. The 200 kg mooring was also displaced 10 m downcanyon, up the stoss side of a bedform, suggesting that a dense basal layer was driving the flow during the first minute 33 of the event. Two other weaker turbidity currents with speeds <0.5 ms⁻¹ occurred, but did 34 35 not lead to any significant change on the seabed. These four turbidity currents coincided with strong and sustained wind speed > 60 km h⁻¹ and higher than normal wave heights. 36 Repeat seabed mapping suggests that the turbidity currents cannot be attributed to a 37 38 canyon-wall slope failure. Rather, sustained windstorms triggered turbidity currents either by remobilizing limited volumes of sediment on the shelf or by resuspending sediment in 39 40 the canyon head. Turbidity currents can thus be triggered when sediment volume available 41 is limited, likely by eroding and incorporating canyon thalweg sediment in the flow,

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thereby igniting the flow. This process appears to be particularly important for the generation of turbidity currents capable of eroding upslope migrating bedforms in sediment-starved environments. Turbidity currents may thus be triggered by storms in environments with very low sediment supply when canyons heads are shallow and the slope is steep, which might have wider implications for the activity of submarine canyons worldwide.

INTRODUCTION

Turbidity currents are gravity flows that transfer large volumes of sediment and organic carbon to the deep-sea (e.g., Azpiroz-Zabala et al., 2017a). They represent major geohazards since they can break communication cables, subsea pipelines, and oil and gas infrastructures (Heezen & Ewing, 1952; Carter et al., 2014). The knowledge of where, when and how they occur is of prime importance to mitigate their impact (Bruschi et al., 2006). More importantly, a complete understanding of their impact on the seafloor is critical for the management of seabed infrastructures. Because there are relatively few locations worldwide with direct observations of turbidity currents (e.g., *Monterey Canyon*: Xu et al., 2014, 2012, Paull et al., 2003, 2018; La Jolla and Scripps Canyon: Shepard and Marshall, 1973, Inman et al., 1976; Squamish delta: Hughes Clarke, 2016, Hizzet et al., 2017, Hage et al., 2018; Bute Inlet: Prior et al., 1987, Zeng et al., 1991, Bornhold et al., 1994; Congo Canyon: Khripounoff et al., 2003, Cooper et al., 2013, Azpiroz-Zabala et al., 2017a; Fraser delta: Ayranci et al., 2012, Lintern et al., 2016; Gaoping Canyon: Zhang et al., 2018, Mendocino Canyon: Sumner et al., 2014) and that most studies were not able to associate seafloor morphological change with precise turbidity current events (Hizzet et

al., 2017; Hage et al., 2018; Paull et al., 2018), the factors responsible for triggering them 64 and their direct and precise effect on the seafloor are poorly known and understood. 65 Puig et al. (2013) identified four main triggers of turbidity currents: 1) hyperpycnal flows; 66 2) submarine slope failures; 3) advection of shelf sediments or cyclic loading of shelf 67 sediment inducing failure during strong wave action; and 4) bottom trawling. In addition, 68 internal tides, internal waves and dense shelf water cascades are known to transport 69 sediment downcanyon (Puig et al., 2004, 2008). More recently, detailed work on the 70 Squamish delta (British Columbia, Canada) revealed that river-generated turbidity currents 71 and delta-front slope failures produce significant change on the seafloor (Clare et al, 2016; 72 73 Hizzett et al., 2017; Hughes Clarke, 2016). Hughes Clarke et al. (2014) and subsequent studies on the Squamish delta demonstrated that direct plunging of hyperpycnal flows does 74 not occur on the delta front, but that the settling of river plumes transforms into turbidity 75 currents. This process, referred to as plume settling events (Hizzett et al., 2017), may be 76 more prevalent on delta fronts than the direct plunging of hyperpycnal flows and may share 77 similar characteristics with the advection of shelf sediment during storms that generate 78 turbidity currents (Piper & Normark, 2009). These uncertainties about turbidity current 79 80 triggers demonstrate that much remains to be understood about the process by which 81 turbidity currents are generated and how they shape the seafloor during their passage. In this study, we examine a peculiar type of submarine canyons/channels in which turbidity 82 83 currents have been inferred from past repeat bathymetric surveys (Normandeau et al., 2014) (Fig. 1A). We present a 10-year monitoring program that includes repeat bathymetric 84 surveys combined with a 2-year Acoustic Doppler Current Profiler (ADCP) mooring that 85 measured velocity profile and acoustic backscatter that is a proxy for suspended sediment 86

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to examine: 1) when and how turbidity currents are triggered in a sediment-starved shelf environment; 2) how turbidity currents evolve from initiation by storms to deposition; and 3) how different behaviours of turbidity currents shape the seabed and are responsible for the evolution of a turbidite system. This study sheds new light on the mechanisms responsible for triggering turbidity currents and how different turbidity current behaviours modify the seabed.

REGIONAL BACKGROUND

The St. Lawrence Estuary is among the largest estuaries in the world and was glaciallycarved during past glaciations, forming the Laurentian Channel. The Laurentian Channel is >300 m deep in some locations and is bounded by steep slopes (often $\ge 5^{\circ}$), favouring the presence of submarine landslides (Pinet et al., 2015) and submarine channels (Normandeau et al., 2015). Submarine channels were largely active during deglaciation, when ice-margin retreat provided large volumes of sediment to the marine environment (Dietrich et al., 2016, 2017; Normandeau et al., 2017). Other incisions on the slope, defined as submarine canyons to differentiate them from channels observed offshore rivers, were found to be episodically active today (>100 year recurrence) (Normandeau et al., 2017). The submarine canyons that experienced frequent turbidity current activity are, counterintuitively, those located off Pointe-des-Monts with little sediment supply at their head, with bedrock exposed on the shelf (Fig. 1; 49°18' N 67°23' W). These canyons are located less than 300 m from the shoreline and have a length of 4.5 km. Their width varies between 100 to 300 m. The upper slope of the Pointe-des-Monts canyons is steep, with values reaching 20° where bedrock is exposed, decreasing downslope to 2-3° in the thalweg where bedforms are present. Normandeau et al. (2014) showed that 30-60 m long bedforms within the canyons migrated upslope by 5-25 m between 2007 and 2012 in 200 m water depth despite the limited volume of sediment on the shelf feeding the canyon heads (Fig. 2). The shores also have minimal sediment, as demonstrated by satellite images where small pocket beaches located close to the canyon heads directly overly bedrock (Fig. 2). The hydrodynamic environment of the St. Lawrence Estuary is driven mainly by the semi-diurnal tides (3 m tidal range), river runoff and wind (Koutitonsky and Bugden, 1991). The interaction of hydrodynamics and complex bathymetry leads to the formation of internal tides and internal waves in the estuary (e.g., Saucier and Chassé, 2000), which are known to impact sediment transport processes (Bourgault et al., 2014).

METHODS

The Pointe-des-Monts Observatory

The Pointe-des-Monts observatory began in 2012, when preliminary investigations revealed that bedforms migrated in the canyons between 2007 and 2012 (Normandeau et al., 2014). Repeat multibeam bathymetric surveys were subsequently conducted in June 2015, August, September and October 2016 and October 2017 (Fig. 1C) using a 200-300 kHz Kongsberg EM2040 and corrected for tides and water column sound velocity. The data were referenced to chart datum. The horizontal resolution of the data is 2 x 2 m and the vertical resolution varies from 0.1 m in shallow water to 0.5 m in deeper areas of the seafloor. Therefore, sediment deposition smaller than 0.5 m at the base of the canyons/channels cannot be imaged.

Near-bottom currents and water temperatures were measured at one location within the Pointe-des-Monts shelf canyons for approximately 26 consecutive months, but with a 10-

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week gap in the data record (Fig. 1C). A first mooring was deployed between 3 June 2015 and 1 August 2016. A second mooring was deployed between 12 October 2016 and 12 October 2017. Both were installed at 49°18.4' N / 67°23.5' W in a water depth of 187 m from the R/V Coriolis II. The moorings were deployed in the most active canyon and were positioned to accurately capture turbidity currents coming down from any of the upstream gullies (Fig. 1). The second mooring, which recorded the turbidity currents presented in this study, consisted of 300 kg train wheels, 2 buoys of 11 kg each at 5 m of chain, an acoustic release, 2 buoys of 11kg each at 6 m above bottom, followed by a steel cable with the Acoustic Doppler Current Profiler (ADCP) in a steel frame at 22 m and a 140 kg buoy at 30 m above bottom (Fig. 1D). Total weight in water of mooring is about 200 kg. Both moorings were equipped with a 600 kHz Workhorse Sentinel ADCP which measured water velocities and a RBR duet pressure-depth sensor. ADCPs were positioned at, respectively, 31 m and 22 m above bottom (mab) and their acoustic beams pointed downward with a 20° angle respective to a vertical line. Near the seabed, side lobe interference leads to invalid velocity data in the bottom 1 m. Their pinging period was set to 25 s and 20 s. All pings were recorded individually without ensemble averaging. The vertical bin size was 1 m. To reduce random noise, the raw velocity data were low-pass filtered with a moving average filter with 9 points to produce 3 min averages. Backscatter intensity was corrected for spherical spreading loss, sound attenuation taking into account temperature, ping frequency, battery voltage, and estimated salinity. The ADCP recorded only small roll and tilt variations during the entire mooring deployment, neither of which went beyond -2.5° and 2° from the vertical.

The height of the second ADCP above the seabed (22 m) and its acoustic beam spread of 20° insonifies a diameter of 16 m of the seabed. Each of the four 20° tilted ADCP beams was used as an echosounder to map the seafloor morphology on an 8-m radius circle around the ADCP with a vertical resolution of 1 cm (1% of ADCP bin size). For each ping, a parabolic curve was fitted to the backscatter intensity profile and the seafloor position calculated using the beam orientation measured by the ADCP compass. As the ADCP was turning slowly on its axis by 120° to 180° with each tide, data covered the full circle and could be averaged for each 5° sector. These 360° data were compared to the multibeam data to extract the exact location of the ADCP after deployment and recovery of the mooring.

When deploying and recovering the ADCPs, multibeam bathymetric surveys were conducted to associate seafloor morphological change to currents observed with the ADCP (Fig. 1C).

Wave and weather data

The significant surface wave heights (*H*) and mean wave period (*T*) were measured with an Acoustic Wave and Current profiler with Acoustic Surface Tracking (AWAC-AST) 600 kHz at Saint-Ulric (48°48.0' N 67°44.6' W, 60 km south of Pointe-des-Monts; Fig. 1A) between 20 October 2016 and 31 May 2017 and at Rivière-Pentecôte (49°41.8' N 67°08.6' W, 45 km north-east of Pointe-des-Monts; Fig. 1A) between 27 October 2016 and 6 June 2017. These instruments, installed in 30 m water depth, also measured sea ice thickness. These instruments, although not located at the Pointe-des-Monts site, provide an estimation of surface wave conditions in the estuary during storms. The waver levels measured by

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- these instruments were used to compute storm surges by subtracting the tide prediction
- obtained with t_tide (Pawlowicz et al., 2002)
- Hourly atmospheric measurements of wind and air temperature were obtained from the
- Historical Climate Data of the Government of Canada at the terrestrial weather station
- 180 Pointes-des-Monts (49°19.20' N, 067°22.80' W and 5.9 m altitude; Fig. 1B). Sea ice
- conditions were obtained from the daily ice charts produced by the Canadian Ice Service.

RESULTS

A decade of seafloor morphological change

Crescentic bedforms (30-60 m wavelength, 1-3 m waveheigth) have been identified in the Pointe-des-Monts canyons in previous years and have migrated upslope between 2007 and 2012 (Normandeau et al., 2014). The upslope migration of crescentic bedforms is characterized by sediment erosion on the lee side and deposition on the stoss (Fig. 3). New bathymetric data collected in 2015 to 2017 also show that a net change occurred from 2012 to 2017 by the upslope migration of the crescentic bedforms (Fig. 3, Supp. vid. 1-3). Upslope migration commonly ranged between 1 and 40 m from 2012 to 2017 (mean = 20 m). Most notably, between 2012 and 2015, crescentic bedforms in the gullies located to the East of the canyons migrated (Fig. 4). These gullies directly offlap bedrock at their head at 165 m water depth (Fig. 4C). No visible slope failures occurred on the channel walls or at the head of those gullies during most of that period, nor at the head of the canyons (Figs. 3-4). However, between 2015 and 2017, a significant bathymetric change occurred in one of the gullies, likely due to a small slope failure ($\sim 150~000~\text{m}^3$), which led to up to 17 m of erosion on the gully's head and up to 7 m of sediment deposition in the gully itself (Fig. 3A).

During the 2015-2016 period, no changes on the seafloor of the main canyon were observed; i.e., crescentic bedforms did not migrate (Fig. 1C). However, during the 2016-200 2017 period, crescentic bedforms migrated upslope (1-12 m) in the main canyon where 201 the ADCP was located (Fig. 3C). 202 During the 10 year period, migration of bedforms was most frequent in the main canyon, 203 where the ADCP was moored. Migration of bedforms was mostly restricted to the upper to 204 205 mid canyon (Fig. 3A). No migration of bedforms was observed down on the lobe. Similarly, when bedforms migrated in the eastern gullies, they were restricted to the 206 confined part. Conversely, when flows occurred in the middle canyon, migration of 207 208 bedforms could be observed down to the proximal part of the lobe (Fig. 3A).

Turbidity current monitoring

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Combining the observation of backscatter (echo intensity), which is due to sound reflection 210 on particles (in this case, suspended sediment), and velocity over the period 2015-2017, 211 four turbidity currents were identified and occurred during the 2016-2017 period (Fig. 5, 212 213 Supplementary Fig. 1). Turbidity currents were identified by their high values of backscatter signal in combination with a sharp increase in down-canyon velocity. Two of 214 the four turbidity currents are discussed in more detail in the present study: the 15 March 215 216 2017 and 25 January 2017 events. 217 The fastest turbidity current was measured on 15 March 2017 at 12:51:49 UTC and is associated with the largest near-bottom backscatter intensity and the largest bottom 218 219 currents of the entire two years of monitoring (Figs. 5-6). Currents in the canyon at 1.4 mab prior to the turbidity current were around 0.1 m s⁻¹ up-canyon (Fig. 6). Current horizontal 220 velocity reached a maximum down-canyon velocity of 2.2 m s⁻¹ during the turbidity 221

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current. Temperature at 22 mab increased from 3°C to 4°C at turbidity current arrival before decreasing back to 3°C 15 minutes later (Fig. 6I). This event lasted about 70 minutes during which three distinct and consecutive pulses occurred with different flow directions that were oriented up to 90° of the canyon axis (Fig. 6B-D). One possibility to explain the three main pulses is that the turbidity currents were triggered at the same time in different upslope channels. If this was the case, at a velocity of 2 m s⁻¹, the peaks should be separated by 1-4 minutes (length to mooring of 450 m for the closest channel head compared to 870 m for the farthest one). However, given that the peaks were separated by 30 minutes, the turbidity current more likely consisted of multiple pulses. The oblique directions of the flow can either be due to the sharp turn in the canyons axis, which leads to helical flows around meander bends (e.g., Azpiroz-Zabala et al., 2017b) or to the shape of the crescentic bedforms that permits flows to travel obliquely on the sides of the canyon. The velocity peaks are coincident with peaks in backscatter in the water column, indicative of peaks in suspended sediment concentration (Fig. 6A-B, K-L). Backscatter intensities then remained higher than normal for a few hours until most sediment settled in the canyon. Fine sediment, however, appears to have remained in suspension following the event for several weeks. This turbidity current was the thickest of the year, the cloud of suspended sediment reaching a height distinctly more than 20 m (the height of the ADCP) but with a main body of 4-10 m where current speed is noticeably faster, above 1 ms⁻¹ (Fig. 6B, E). The direction of currents within the turbidity currents also reveals the structure of the flow where the lower 10 m show homogeneity in current direction compared to the upper parts of the flow that show strong variations (Fig. 6C). These variations are likely associated with mixing and water entrainment. During the beginning of the second pulse, which was the fastest

one at > 2 m s⁻¹, the depth of the ADCP measured by a pressure sensor (0.01 m accuracy) 245 suddenly changed, moving upwards by 0.7 m in less than 20 s (Figs. 5E, 6J). 246 The 25 January 2017 turbidity current was the second fastest of the two years. It is 247 characterized by a sharp increase in backscatter near the bottom coincident with a sharp 248 down-canyon increase in velocity to 0.55 m s⁻¹ at 1.4 mab (Fig. 7A-D). Compared to the 249 15 March event, this turbidity current had only one pulse that lasted about 20 minutes. It 250 reached a thickness of 20 m although the main body was 4-6 m thick with higher velocities 251 and a homogenous current direction (Fig. 7B-C). The dilute upper layer mixes with ambient 252 water and likely leads to water entrainment in the flow. The ADCP does not show any 253 254 change in depth although the distance from ADCP to seafloor shows a sudden accumulation of around 0.1 m (Figs. 5E, 7J) following this event. 255 Two other low velocity turbidity currents were triggered on 12 November 2016 and 4 256 January 2017. These turbidity currents were slower and hardly discernible from the 257 258 background velocities along canyon (Fig. 5G), although velocity data were temporarily unavailable at the head of these turbidity currents. On 12 November 2016, three backscatter 259 260 pulses of turbidity currents lasting less than 60 minutes each occurred separated by 1-2 261 hours. The maximum measured velocity attained by these turbidity currents were around 0.35 m s^{-1} . 262

Atmospheric conditions during the turbidity currents

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All four turbidity currents were initiated during storms that affected eastern Canada and during higher than normal wind speed and wave height (Supplementary Table 1-3, Fig. 5). The two fastest turbidity currents were triggered during strong wind from Northeast (> 70 km h⁻¹; Supplementary Table 1). However, other storms, some with stronger wind speeds

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and greater wave height than those that triggered the turbidity currents, had little to no effect on bottom velocities in the canyon (e.g., 30 December 2016; Supplementary Table 1-3, Fig. 5). The duration of strong winds appears to be more important for triggering turbidity currents than the maximum wind speed recorded (Fig. 8A-D). A common characteristic of the storms that triggered turbidity currents is that wind speeds reached > 60 km h⁻¹ (Supplementary Table 1). Examining all storms where wind speed reached more than 60 km h⁻¹ suggests that sustained wind speed may be an additional factor required for triggering turbidity currents (Fig. 8A-D). There is no significant difference between storms that triggered turbidity currents and those that did not when looking at the duration of wind speed > 40 km h⁻¹ during the storms (Fig. 8A). However, a significant difference becomes apparent when examining the duration of wind speed above 60 km h⁻¹ (Fig. 8C). Turbidity currents were triggered when wind speeds reached > 60 km h⁻¹ continuously for more than 7 hours. Those sustained wind speeds of 7 hours that did not trigger turbidity currents were not continuous, i.e., wind speed varied between > 60 km h⁻¹ and 40 km h⁻¹ for more than 10 hours. Wind speed reaching above 70 km h⁻¹ occurred at other times but lasted less than 7 hours (Fig. 8D). During three of the four turbidity currents, storm surges dues to low pressures occurred. However, storm surges also occurred during storms that did not trigger turbidity currents such as 30 December 2016, with a storm surge of 1.24 m. Although continuous and sustained wind speeds > 60 km h⁻¹ appears to be needed to trigger turbidity currents in Pointe-des-Monts, the latter were recorded 4-8 hours after the maximum wind speed (Figs. 6-7). There is thus a delayed response between maximum wind speed and the turbidity currents recorded by the ADCP.

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The turbidity currents were also triggered during storm waves (Supplementary Table 2-3). The relationship is not so clear between wave height in Saint-Ulric or Rivière-Pentecôte and the four turbidity currents, since the fetches are different between these recording locations and Pointe-des-Monts (Fig. 8E-H). The two fastest turbidity currents on 25 January 2017 and 15 March 2017 were triggered during major storm waves from Northeast, when waves were highest in Saint-Ulric, but not the highest in Rivière-Pentecôte where the fetch from Northeast is more limited (Supplementary Table 2-3). Pointe-des-Monts is well exposed to Northeast waves but the South-facing canyon heads are protected (Fig. 1). During these storms, waves were likely breaking on the shallow rocky shelf, and wind and wave probably generated currents flowing southwestward, towards the canyon heads. The 4 January 2017 turbidity current was triggered with ENE wind when wave height was second highest in Rivière-Pentecôte (4.6 m) but wave heights were only 2 m in Saint-Ulric where the fetch is more limited from ENE. Again, the shelf of Pointe-des-Monts was exposed to these waves, but not the canyon heads. The 12 November 2017 turbidity current was triggered during strong Southwest wind, but the fetch is limited from this direction in Saint-Ulric (H_s barely above 2 m) and nearly null in Rivière-Pentecôte (Supplementary Table 2-3, Fig. 8E-H). However, Pointe-des-Monts must have been exposed to storm waves during this turbidity current event. To sum up, the four turbidity currents were triggered during high wave events, generally from Northeast. The relationship with duration of large wave height does not appear so strong, but the two fastest turbidity currents were triggered when wave heights > 3 m in Saint-Ulric lasted more than 5 hours.

Water column conditions prior to turbidity currents

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In addition to being triggered during storms, all four turbidity currents were triggered at or near low tide. The low tides were not exceptional, but varied between 0.57 m (12/11/2016) and 2.12 m (15/03/2017) (Fig. 9). Comparing the tide during the turbidity current recorded by the ADCP to maximum wind speed recorded during the storms reveals that the combination of wind and tide is not exceptional for the four events compared to other periods of the year. Other periods experienced similar low tides and wind speed without triggering turbidity currents (Fig. 9A). A similar pattern is observed when comparing wave height in Saint-Ulric and Rivière-Pentecôte where wave height and tides do not appear to be significant on generating turbidity currents compared to other periods of the year (Fig. 9B-C). On both 25 January and 15 March 2017, backscatter intensity increased 10 to 3 hours before the turbidity currents were recorded by the ADCP but during maximum wind speeds (Fig. 10C-D). These increases in backscatter intensity likely correspond to sediment plumes put in suspension during strong and sustained winds. These plumes were not observed on 12 November 2016 or 4 January 2017 (Fig. 10A-B), either because they did not occur or, more likely, because they occurred higher up in the canyon and were not recorded at the location of the ADCP. The St-Lawrence Estuary was ice free around Pointe-des-Monts during three of the turbidity current events. Before the storm of 15 March 2017, the sea ice cover was 90% Northwest of Pointe-des-Monts and 70% to the South. The storm dispersed this partial ice cover, which nevertheless may have slightly reduced the size of the waves measured at St-Ulric and at Rivière-Pentecôte.

DISCUSSION

What is the source of turbidity currents?

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Turbidity currents are nearly always triggered in locations where sediment supply from rivers or longshore drift is important (Biscara et al., 2011; Ducassou et al., 2009; Normandeau et al., 2016; Paull et al., 2011; Rogers & Goodbred, 2010). It is highly unusual that a turbidite system remains active in the absence of sediment supply and with limited volumes of sediment on the shelf. The Pointe-des-Monts shelf canyons are located 25 km away from river inflow and have very limited supply by longshore drift, indicating that turbidity currents are mostly remobilizing previously deposited deglacial and postglacial sediment (Normandeau et al., 2014). Turbidity currents can either be sourced from the shelf or from within the canyons themselves. Bathymetric data show that there is limited volume of sediment available on the shelf (Fig. 2). The rocky nature of the shelf with little sediment appears insufficient to maintain the activity of turbidity currents (Normandeau et al., 2014). If they are triggered from shelf remobilization, our results indicate that very little sediment is needed to generate turbidity currents, especially on a very steep slope ($\geq 20^{\circ}$) such as in Pointe-des-Monts. Alternatively, the turbidity currents could originate from within the canyons rather than from the shelf, most likely at a depth of > 100 m, where sediment offlaps the bedrock slope (Fig 4A). For example, crescentic bedforms have migrated in the past decade within the eastern gullies despite having their heads at 100 m water depth and the shelf above their heads consisting mostly of bedrock (Fig. 4C).

What triggered the turbidity currents?

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Normandeau et al. (2014) suggested that turbidity currents in Pointe-des-Monts could have been triggered by slope failures and/or hydrodynamic processes since no river mouths are located nearby (i.e., no hyperpycnal flows or other river-generated flows), but were unable to assess the precise timing of the events in the absence of direct monitoring. The five repeated bathymetric surveys carried out over the last decade clearly show that slope failures were limited to absent on the canyon walls and heads and were not responsible for triggering the turbidity currents leading to the migration of crescentic bedforms. Therefore, slope failures involving sediment thicker than 0.1 m of sediment (vertical resolution of the multibeam bathymetry in the upper reaches of the canyons) can conclusively be ruled out as the main trigger of turbidity currents down-canyon. The data presented here indicates that the turbidity currents were triggered during storms. The common characteristic between the conditions that led to the four turbidity currents and that differentiate them from other storms is the continuous and sustained wind speed >60 km h⁻¹. For the two most intense turbidity currents, the wind blew from Northeast, and storm waves coming from Northeast were breaking on the shallow shelf. Another common characteristic is that they were triggered at or near low tide, but not extreme low water (Fig. 9). On deltas, low tides promote turbidity currents in association with high discharge because of increased sediment transport on the delta lip (Smith et al., 1990; Clare et al., 2016; Dietrich et al., 2016). Low tide can also promote slope failures because of change in pore pressures, promoting expansion of interstitial gas bubbles. Both cases require much more sediment on the shelf, which is not observed in Pointe-des-Monts (Fig. 2). Therefore, it is unclear if tides are important for the generation of turbidity currents or if their association with low tide is random. If such association exists, processes on the shallow

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shelf would be involved in the turbidity current triggering because a 2-m lower water level has much more impact in depth shallower than 10 m than in depth greater than 100 m. The main question thus remains: How do the storms trigger the turbidity currents with limited shelf sediment supply? Storms typically lead to wave-load excess pore pressure, which can liquefy granular shelf sediment and induce failure (Puig et al., 2004). This process can be ruled out since there is no evidence of large slope failures (> 0.1 m thick) or of sufficient sediment on the shelf. Storms can also lead to off-shelf advection of sediment (Piper & Normark, 2009) where low tide could allow storm waves to more effectively suspend sediment on the shelf due to greater wave influence. This mechanism would appear more likely here even though the volume of sediment on the shelf is limited. Nonetheless, the Northeast wind could generate currents and waves that resuspended limited volumes of sediment on the shelf that flow over a steep slopes and that generate turbidity currents (Fig. 12A). This mechanism has been observed in San Lucas Canyon, offshore Baja California where underwater sand falls flowing down-canyon were photographed while diving (Shepard and Dill, 1966, their Fig. 55). This process might be similar to what occurs in Pointe-des-Monts if the turbidity currents are indeed triggered from the shelf. Unlike Normandeau et al. (2014) previously suggested, no specific hydrodynamic processes (e.g., internal waves, internal tides) were observed during or prior to the turbidity currents. However, such processes could have occurred in the upper water column and not have been recorded by the downward-looking ADCP. For example, wind stress fluctuations can generate internal waves (D'Asaro, 1984), which could then suspend sediment and trigger turbidity currents when shoaling on the upper slope (Fig. 12A).

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During the two most important turbidity currents, shelf or canyon head sediment resuspension is interpreted from high backscatter in the water column between 165 m and 185 m water depth (ADCP measurements), 4 to 10 hours prior to turbidity currents (Fig. 10C-D). This inferred sediment resuspension suggests that a mechanism associated with sustained and strong wind speed generated enough shear stress for the suspension of sediment and its advection offshore. Regardless of whether the sediment were resuspended on the shelf or within the canyon heads, when the suspended sediment concentration reached a threshold, turbidity currents could have been triggered, most likely in a similar manner as the settling of sediment plumes on river deltas (Hizzett et al., 2017)(Fig. 12A). Inman et al. (1976) also suggested that pile-up of water on the shelf caused by strong winds and down-canyon pulses of currents and water caused by surface waves could lead to sustained down-canyon currents (turbidity currents). Our study cannot provide evidence for this mechanism occurring since the ADCP was located in 165 m water depth. Therefore, pulses of water piling on the shelf or pulses of currents could not be recorded since these processes occur near the shelf-edge rather than in deeper waters. Nonetheless, although we cannot point out the exact mechanism by which storms trigger turbidity currents in Pointedes-Monts, this study provides evidence for turbidity currents triggered by sediment suspension during storms instead of liquefaction of sediment by wave load excess pore pressure. This general mechanism is more clearly expressed by the eastern gullies that offlap bedrock and from which upslope liquefaction of sediment during storms is unlikely (Fig. 4). On the other hand, small patches of sediment are observed in the main canyon heads (Fig. 2), which could lead to occasional thin-skinned surficial failures in that part of the system. However, mapping of the shelf in 2012 did not reveal the presence of large area of thin-skin failure, which suggest that this mechanism is unlikely to be prevalent, although it could contribute to occasional turbidity currents.

Dense basal layers and the rapid upslope migration of bedforms

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Although four turbidity currents were triggered during the winter of 2016-2017, they did not have a similar effect on the seafloor. Turbidity currents triggered on 12 November 2016 and on 4 January 2017 were slow moving (< 0.5 m s⁻¹) and either by-passed the location of the ADCP or deposited very little sediment (< 1 cm) which could not be resolved by the ADCP. Therefore, these small and weak turbidity currents had very little effect on the seafloor and did not lead to the migration of the bedforms. They appeared similar to some of the small and dilute turbidity currents recorded in Monterey Canyon (Xu et al., 2013) and Squamish delta (Hughes Clarke et al., 2014) because they are slow and have had no discernable effect on the seafloor. On 25 January 2017, a slightly stronger turbidity current occurred with a faster flowing front (0.55 m s⁻¹). This event produced a lasting change on the seafloor since the distance of the seafloor from the ADCP was shallower following this event, indicating that ~0.1 m of sediment was deposited (Fig. 11G). 360° depth profiles with a diameter of 16 m around the ADCP before and after the event suggest that sediment was deposited on the stoss side of a bedform and slight erosion occurred on the lee side (Fig. 11D). Similar observations of upslope migrating bedforms have been associated to cyclic steps instabilities (Hughes Clarke, 2016; Hage et al., 2018), which occur at the base of supercritical flows (Postma and Cartigny, 2014; Hughes Clarke, 2016). Therefore, the upslope migration of the crescentic bedforms appear to be related to an upper flow regime and to represent cyclic step bedforms (e.g., Fildani et al., 2006). Although this event appears to have led to minor

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upslope migration of crescentic bedforms, it was not responsible for the ~7 m of upslope migration at the location of the mooring recorded from repeat bathymetric surveys.

The most intense turbidity current by far occurred on 15 March 2017, with speeds reaching up to 2.2 m s⁻¹. During this storm-related event, the seafloor-ADCP distance became shorter by 0.4 m. Concomitantly, the depth of the ADCP itself became abruptly shallower by ~ 0.3 m. Correlating the 360° depth profile of the ADCP to the multibeam data reveals that the mooring was displaced down-canyon ~10 m toward ENE (60° direction; Fig. 11), which corresponds to the direction of turbidity current pulse 2A (Fig. 6B). The mooring was rapidly displaced within 1 minute of the 70 minute-long event. Since the ADCP became shallower, it indicates that it was displaced up the stoss side of a bedform. During the displacement of the mooring, the roll and tilt of the ADCP did not exceed 2.1°. Although the tilting was rapid at turbidity current arrival, the values recorded are not greater than other moments where turbidity currents were not present. This suggest that drag on the mooring is unlikely to be responsible for the displacement of the mooring since tilting would have been greater than other times dominated by tidal currents. Therefore, the low tilting values, in combination with the rapid displacement of the 300 kg mooring up the stoss side of a bedform probably indicates that the lower part of the flow was responsible for the mooring displacement. In other systems, such as Monterey and Squamish, such displacement of heavy objects were explained by the presence of dense basal layers that drive the flows (e.g., Hughes Clarke, 2016; Paull et al., 2018). The results presented here support the presence of such a dense basal layer in turbidity currents that appear to drive the early part of turbidity currents. If it was present, it is unclear if the dense basal layer lasted more than 1 minute since no movement of the mooring was recorded following pulse 2A. However, dense basal layers were hypothesized to either wipe out pre-existing bedforms and creating new bedforms or to simply modify pre-existing bedforms (Paull et al., 2018). Our repeat bathymetric data clearly shows that pre-existing bedforms were not wiped out by the turbidity current and that bedforms were modified by the dense basal front of the turbidity current.

The shorter ADCP-seafloor distance indicates that the mooring anchor (200-kg train wheel) was buried under ~0.4 m of sediment (Fig. 11E). The 360° depth profile from the ADCP is well correlated with the 2016 multibeam data until the very last minutes preceding this

is well correlated with the 2016 multibeam data until the very last minutes preceding this event (Fig. 11F), indicating that little seabed change occurred before that date. At this location and time (before the 15 March event), the 360° depth profile is uncorrelated with the 2017 multibeam data (Fig. 11F), both because the seabed has changed and the mooring was displaced. When the mooring is re-positioned accordingly on the map, the 360° depth profile from the ADCP after the event correlates with the 2017 multibeam data (Fig. 11H), already two hours after the 15 March 2017 event. This indicates that most of the major irreversible seabed change observed between the 2016 and 2017 multibeam data occurred rapidly, in less than two hours and that it was caused by the turbidity current of 15 March 2017. This event is thus responsible for the up to 7 m of lee-side erosion recorded near the mooring location and occurred under 1 minute of the ~70 minute flow. These data indicate that although turbidity currents can be long-lasting (i.e., 70 minutes in this case), only the fast flowing front leads to significant change on the seabed, likely driven by a dense basal layer.

Behaviour of storm-induced turbidity currents and the role of flow ignition

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The combination of repeat multibeam bathymetry and ADCP measurements allows us to illustrate the behaviour and structure of storm-induced turbidity currents responsible for the upslope migration of crescentic bedforms. The upper region of the main canyon is the most active part of the system, with a minimum of one turbidity current every three years. However, this estimate is based on events that led to the migration of crescentic bedforms. It is more likely that the frequency of events is higher since frequent small flows may not be eroding the seafloor and, therefore, not be recorded in the bathymetry data. In the upper reaches of the canyon, the slope is locally steep (>15°), which triggers turbidity currents when suspended sediment concentration is sufficient. The steepness of the upper slope suggests that the turbidity currents traveling downslope should be supercritical. The presence of upslope migrating crescentic bedforms strongly suggests that these bedforms are formed by periodic hydraulic jumps, where flows are supercritical on the lee-side of the bedform and subcritical on the stoss side of the bedforms (Kostic, 2011). Therefore, as suggested by the ADCP and repeat bathymetry data, the crescentic bedforms are most likely cyclic steps (Parker 1996). When the turbidity currents flow over the lee side of these cyclic steps, the erosion of sediment may lead to flow ignition (Fig. 12B), a process by which the increased sediment concentration, and thus density, increases the velocity of the flow (Parker, 1982). Flow ignition, also called flow self-acceleration, requires turbidity currents to be supercritical (Pantin and Franklin, 2009). The presence of cyclic steps in the canyon system indicates that the flows are indeed supercritical and are thus prone to self-acceleration. Additionally, flow dynamics is known to be very sensitive to changes in sediment or water entrainment (Traer et al., 2012). Small changes in sediment concentration can lead to self-acceleration.

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Sequeiros et al. (2018) have shown that slope gradient and the initial discharge were important for self-acceleration to occur. In Pointe-des-Monts, the higher initial discharge resulting from storm sediment resuspension (Fig. 10) might explain why currents on 25 January and 15 March were faster and more erosive than the other ones. The higher discharge increases flow velocity (Sequeiros et al., 2018), which in turn increases erosion in the steep upper reaches of the canyons. In these sectors, very little deposition is observed compared to erosion, suggesting that flows incorporate sediment while travelling downslope, which may then be responsible for igniting them. We thus suggest that erosion of lee-side slopes may be an important factor in igniting storm-induced turbidity currents considering the limited volume of sediment that is present in the upper reaches of the system and shelf (Fig. 12B). In the main canyon, the four upper reaches have relatively similar migration rates, with the exception of the eastern one (Fig. 3). Where those four reaches merge, migration rates are the largest, indicating that currents are strongest, leading to more lee-side erosion. In fact, within the narrow part of the canyon where flows merge, bedforms migrated upslope by more than a half-wavelength, giving the appearance of downslope migration between surveys (Fig. 3B). Flows accelerate in that narrow reach, thereby increasing upslope migration rates. Farther downslope, the channel width then increases from 60 m to more than 160 m, which leads to flow dissipation, as similarly observed on the Squamish delta (e.g., Stacey et al., 2018). No change on the seafloor is observed downslope on the lobe. When flows slow down slightly, sediment deposition and water entrainment lead to reduced sediment concentration, which then reduces the speed of the turbidity current, thereby leading to more deposition (e.g., Stacey et al., 2018). Similar flow unconfinement

is observed in the eastern gullies where bedforms migrate within the gullies, but not on the lobes. Therefore, although flows likely ignite in the confined regions of the canyons, when they become unconfined water entrainment reduces sediment concentration, thereby reducing the erosive nature of the turbidity currents. This process appears to occur rapidly upon channel unconfinement since the bedforms rather abruptly stop migrating.

In the middle canyon, one or more turbidity currents had an effect on the seafloor down to the lobe. The middle canyon is more confined throughout its course and down to the lobe downslope. Flow confinement is thus critical for these types of turbidity currents to generate frequent migration of cyclic steps. As soon as flows dissipate, rates of migration are either null or very low over decades.

Types of turbidity currents shaping the seafloor

Recent studies have shown that turbidity currents in submarine canyons are bi-modal, classified as canyon-filling and canyon-flushing events (Allin et al., 2016; Jobe et al., 2018). According to the effect of turbidity currents on the seafloor (i.e., bedform migration), this study shows that flows are also bi-modal in the Pointe-des-Monts turbidite system (Fig. 12A). The first type of flow is weak (≤0.3 ms⁻¹) in that it does not lead to the migration of bedforms and leaves no discernable deposit through repeated bathymetry or ADCP measurements. This type of flow cannot be recorded without the use of water column measurements (ADCP). It likely cannot be recorded in the sedimentary record since it would be remobilized by the second type of flow, which is much more erosive. The second type of turbidity currents leads to the migration of bedforms in the upper reaches of canyons and channels and is illustrated by the 25 January and 15 March 2017 events. These events lead to the migration of bedforms when confined in channels, but as soon as

they dissipate, flows have little to no effect on the seafloor. However, it could be that the sediment waves on the lobe migrate at a very slow rate, not discernable to the repeat bathymetry. These flows likely form the bulk (i.e., the main component) of the sedimentary record. Another option is that even larger flows, which were not observed during our mooring period are responsible for the migration of sediment waves down on the lobes. These flows would be powerful enough to have an effect on the seafloor even when unconfined. If these flows occur, they appear to be rare, as they were not observed during our decade-long mapping study.

Implications for the activity of submarine canyons worldwide and the role of shelf

width and depth

This study shows that coasts and shelves with limited volume of sediment, where turbidity currents would not be expected to be active because of the rocky shoreline, can also be locations where turbidity currents are occurring. Most (if not all) studies monitoring turbidity currents have been in places where sediment supply from a river or from longshore drift is high. For example, the best known examples of active turbidity currents are on North America's West Coast, on deltas with high sediment supply (e.g., Prior et al., 1987; Lintern et al. 2016; Hughes Clarke, 2016) or at the end of a littoral cell composed of large sandy beaches (e.g., Inman et al., 1976; Paull et al., 2005; Covault & Fildani, 2014) (Fig. 13). It is thus rather unexpected that the Pointe-des-Monts canyons are active where the shoreline consists mostly of bedrock and small isolated beaches (Normandeau et al., 2014). The main reason that could explain why they are active is that similarly to longshore drift-fed submarine canyons, they are located very close to the shoreline and their heads are in shallow water (Fig. 13). Even though sediment supply is limited, this connection

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appears critical in submarine canyons activity (e.g., Paull et al., 2005; Sweet and Blum 2016). In this scenario, surface waves and wind processes can actively interact with canyon heads and remobilize small volumes of sediments into canyon heads. Regardless of sediment supply, if canyon heads interact with the shallow shelf or shoreline and the slope is steep enough, the likelihood of turbidity currents being triggered is higher, probably higher than submarine canyons with sediment are their heads, but that are too deep to interact with surface processes such as winds and waves. Therefore, it is worthwhile examining shore-connected submarine canyons located in sediment-starved regions in order to precise the minimum requirements (e.g., sediment supply, tectonic setting, oceanographic processes, etc.) for turbidity currents to be triggered. This is particularly important for geohazards assessment. The comparison of the Pointe-des-Monts canyons with other canyons also highlights the predominant role storms play in triggering turbidity currents. In other systems such as Monterey and Squamish, some turbidity currents had no apparent triggers (Hughes Clarke et al., 2014, Paull et al., 2018) whereas in Pointe-des-Monts, all four turbidity currents were clearly related to storms. This difference is likely related to sediment supply where supplydominated canyons respond differently to external triggers than sediment-starved canyons. For example, sediment supply can over steepen a slope during fairwater conditions and generate slope failures, which in turn stabilizes the slope in the event of a storm the following days or weeks. These processes are unlikely to occur in sediment-starved margins, which makes the external triggers more likely to lead to turbidity currents than in supply-dominated margins.

CONCLUSIONS

The Pointe-des-Monts shelf canyons represent a peculiar system in that they are active although limited in sediment supply on the shelf. A decade-long monitoring program including repeat high-resolution seafloor bathymetry and a 2-year direct monitoring program revealed the timing of turbidity currents and their direct effect on the upslope migration of crescentic bedforms. The following conclusions can be drawn from the analysis of these datasets:

- The turbidity currents are triggered during sustained high wind speed (> 60 km h⁻¹), during large storms and storm waves;
- 2) The source of sediment for the turbidity currents does not appear to involve the failure of canyon or channel-wall. Rather, the data suggest that limited volumes of sediment resuspended on the shelf or the canyon head (100 m deep) are sufficient to trigger turbidity currents during storms. A suspended sediment concentration threshold is then reached for a turbidity current to form. Then, by eroding sediment in the upper reaches of the system, flows ignite and allow them to travel greater distances downslope and shape the entire canyon until unconfined. Flow ignition thus appears to be an important process in turbidite systems with limited volume of sediment supply from the shelf;
- 3) The fast flowing front of the more intense turbidity currents are responsible for the upslope migration of bedforms. This fast flowing front was responsible for displacing the 200 kg mooring by 10 m up the stoss side of a crescentic bedforms, interpreted as a cyclic step, in less than 1 minute, while the entire turbidity current lasted about 70 minutes. Similarly to other locations, turbidity currents in Pointedes-Monts can displace a heavy mooring down-canyon, and upslope on the stoss

side of a bedform, suggesting that dense basal layers are driving the early fast moving parts of the turbidity currents. This very rapid migration of the mooring and crescentic bedforms indicates that only the front of turbidity currents are dense and powerful enough to generate upslope migrating bedforms in a very short period of time. The dense basal layer also appears to modify pre-existing bedforms rather than wiping them out and creating new ones and is therefore responsible for the higher rates of bedform migration.

- 4) Upcanyon migration of bedforms occurs in confined channels, indicating that flow unconfinement leads to flow dissipation, which is then unable to generate the migration of bedforms or other significant change on the seafloor;
- 5) The combination of multibeam bathymetry mapping with direct monitoring using an ADCP reveals that two main types of turbidity currents with different intensities occur in the Pointe-des-Monts system: 1) weak turbidity currents with negligible effect on the seafloor; 2) intense turbidity currents which leads to the migration of bedforms in confined stretches.

These results stress the fact that a complete understanding of turbidity current triggers and canyon morphodynamics from a combined direct monitoring and repeat seabed mapping study should be the focus of upcoming studies. Identifying the exact triggers of turbidity currents and their precise effect on the seafloor are critical for risk reduction associated with submarine infrastructure. These processes might also be more prevalent than currently known since they can be triggered on sediment starved shelves where submarine canyon heads are located in shallow water and where hydrodynamics and oceanographic factors control the triggering of turbidity currents.

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Figures and tables

- Figure 1. A) Location of the Pointe-des-Monts turbidite system, Lower St. Lawrence Estuary (eastern Canada). B) Multibeam bathymetry (2012) of the Pointe-des-Monts canyon system with location of moorings 1 (M1, 2015-2016) and 2 (M2, 2016-2017). C) Timeline of the Pointe-des-Monts moorings and bathymetric surveys, including dates of multibeam surveys where bedform migration was observed and ADCP mooring with timing of turbidity currents recorded. D) Design of the second mooring deployed in Pointe-des-Monts that recorded turbidity currents.
- Figure 2. Coastal (satellite imagery) and nearshore geomorphology (bathymetry) illustrating the limited volume of sediment on the shelf and coast. Note the location of bedrock outcrops. Location provided in Figure 1.
 - **Figure 3**. Difference maps of the Pointe-des-Monts canyons: A) 2017-2012 difference map illustrating the upslope migration of crescent-shaped bedforms in all canyons and gullies; B) 2015-2012 difference map of the main canyon illustrating the lee side erosion and stoss side deposition responsible for the upslope migration of bedforms; C) 2017-2016 difference map revealing migration of bedforms during mooring 2.
 - **Figure 4**. A) Multibeam bathymetry image of the eastern gullies illustrating the unconsolidated post-glacial sediment on bedrock; 2) 2015-2012 difference map illustrating the migration of bedforms in the gullies despite no evidence of slope failures during the two years (see Fig. 2); C) 3D perspective of the eastern gullies offlapping the bedrock slope.

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Figure 5. Atmospheric and water column measurements for the entire mooring 2 period (12 October 2016 to 12 October 2017) with four turbidity current events (shaded area): A) Hourly wind speed; B) Air temperature; C) Wave height in Rivière-Pentecôte and Saint-Ulric (see Fig. 1A for location); D) Water temperature at 22 mab; E) Pressure depth of the ADCP (grey line showing tides and blue dots for 12-h averages) and distance from ADCP to seafloor (red dots) revealing significant change in seafloor depth; F) Vertically-averaged backscatter intensity; G) Along-canyon current velocity at 1.5 mab. Time is in UTC. Figure 6. Turbidity current recorded during 15 March 2017: A) Backscatter intensity illustrating the front of the turbidity current; B) Horizontal velocity showing three distinct pulses in velocity and the <5 m thickness of the main near-bed flow, black line is velocity at 1.5 mab; C) Current direction of the turbidity current illustrating the turbulence in the upper flow and homogeneity of flow direction near the seabed; D) Stick plot of current direction and velocity plotted against time and on the seabed (plotted on bathymetric image); E) Interpreted sketch of turbidity current structure. Arrows in the lower layer indicate the alignment of the flow direction compared to the upper layer; F) Wind speed and direction during the turbidity current (shaded area); G) Air temperature; H) Significant wave height in Rivière-Pentecôte and Saint-Ulric; I) Water temperature at 22 mab; J) Pressure depth at ADCP; K) Vertically-averaged backscatter intensity; L) Horizontal velocity at 1 mab. Time is in UTC. Figure 7. Turbidity current recorded during 25 January 2017: A) Backscatter intensity illustrating the turbidity current; B) Horizontal velocity showing the <4 m thickness of the main near-bed flow; C) Current direction of the turbidity current illustrating the turbulence in the upper flow and homogeneity of flow direction near the seabed, black line is velocity

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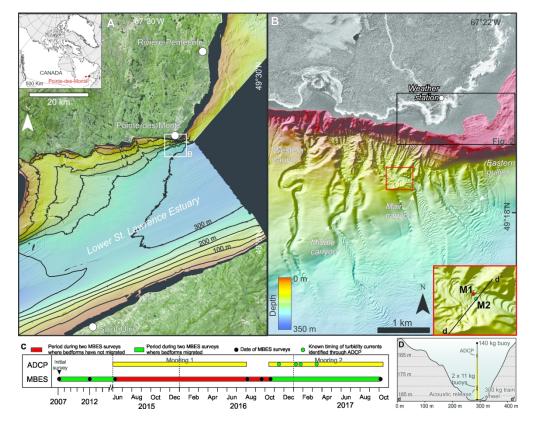
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and after 15 March 2017; C) Depth profile from 2016 multibeam data along line shown in A; D) Erosion of the lee side and deposition on the stoss side of crescent-shaped bedforms immediately following the 25 January 2017 event; E) Down-canyon (and up stoss-slope) displacement of the mooring during the 15 March 2017 event, and comparison with depth profile from 2017 multibeam data; F-H) 360° seabed profiles around the mooring (c. 16 m diameter) computed from the ADCP backscatter intensities; F) Comparison of 360° profiles from ADCP before 26 January 2017 and 2016 multibeam data; G) Illustration of erosion and deposition during the 26 January 2017 turbidity current events (comparison of the 360° profiles before and after the event); H) Illustration of erosion and deposition during the 15 March 2017 event. Figure 12. A) Proposed general model for storm-induced turbidity currents in a sedimentstarved environment. Note that in other systems, slope failures at canyon heads during storms may be more prevalent than sediment resuspension on the shelf or within the canyons. However, since the shelf consists mostly of bedrock, slope failures cannot account for the triggering of turbidity currents in Pointe-des-Monts. B) Proposed model by which dilute flows ignite by eroding sediment in the upper reaches of the canyon. **Figure 13**. Multibeam bathymetric images of known active canyons and their relationship to sediment supply. A) La Jolla submarine canyon in California, which is fed in sediment by the large Oceanside littoral cell (data used in this image were acquired, archived, and distributed by the Seafloor Mapping Lab of California State University Monterey Bay). B) Monterey Canyon which is fed both by rivers and longshore drift (data used in this image

were acquired, archived, and distributed by the Seafloor Mapping Lab of California State

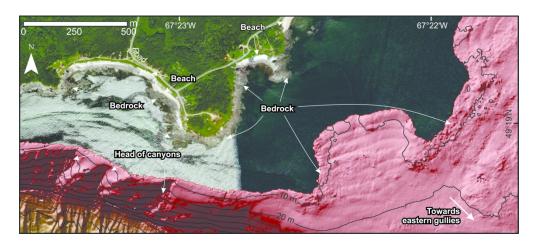
University Monterey Bay). C) Squamish delta which is fed by rivers (Conway et al., 2013).

949	D) Pointe-des-Monts canyons which is sediment starved and located adjacent to bedrock
950	and small isolated pocket beaches.
951	Supplementary figure 1. Atmospheric and water column measurements for the entire
952	mooring 1 period (3 June 2015 to 1 August 2016); A) Hourly wind speed; B) Air
953	temperature; C) Water temperature at 31 m above bottom (mab); D) Pressure depth of the
954	ADCP; E) Vertically-averaged backscatter intensity; F) Along-canyon current velocity at
955	1 mab. Time is in UTC.
956	Supplementary video 1 . Animation of seabed changes between 2007 and 2017 in the main
957	canyon of Pointe-des-Monts.
958	Supplementary video 2. Animation of seabed changes between 2007 and 2017 in the
959	gullies eats of the main canyon of Pointe-des-Monts.
960	Supplementary Table 1. Storms with the strongest wind speeds in Pointe-des-Monts from
961	2015 to 2017. Green highlights those that generated turbidity currents.
962	Supplementary Table 2. Storms with the largest significant wave heights in Saint-Ulric
963	from 20 October 2016 and 31 May 2017. Green highlights those that generated turbidity
964	currents.
965	Supplementary Table 3. Storms with the largest significant wave heights in Rivière-
966	Pentecôte from 27 October 2016 to 6 June 2017. Green highlights those that generated
967	turbidity currents



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Coastal (satellite imagery) and nearshore geomorphology (bathymetry) illustrating the limited volume of sediment on the shelf and coast. Note the location of bedrock outcrops. Location provided in Figure 1.

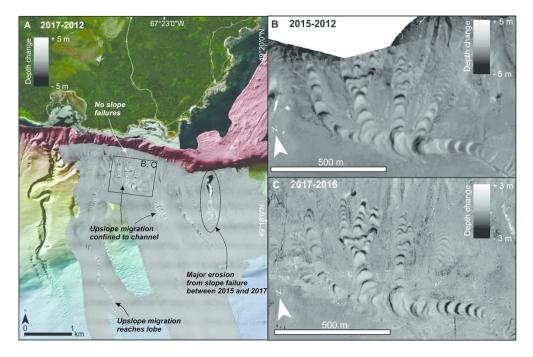


Figure 3. Difference maps of the Pointe-des-Monts canyons: A) 2017-2012 difference map illustrating the upslope migration of cyclic steps in all canyons and gullies; B) 2015-2012 difference map of the main canyon illustrating the lee side erosion and stoss side deposition responsible for the upslope migration of cyclic steps; C) 2017-2016 difference map revealing migration of cyclic steps during mooring 2.

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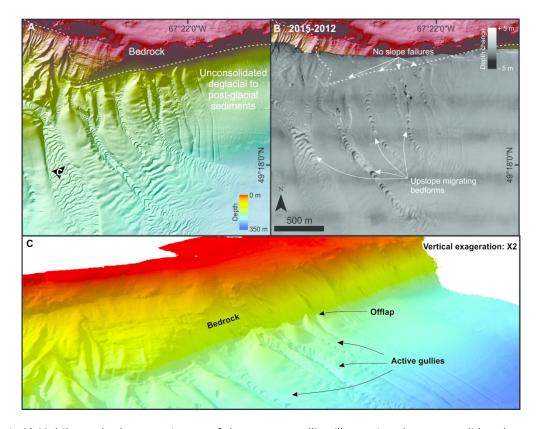


Figure 4. A) Multibeam bathymetry image of the eastern gullies illustrating the unconsolidated post-glacial sediment on bedrock; 2) 2015-2012 difference map illustrating the migration of cyclic steps in the gullies despite no evidence of slope failures during the two years and the absence of sediment on the shelf (see Fig. 2); C) 3D perspective of the eastern gullies offlapping the bedrock slope.

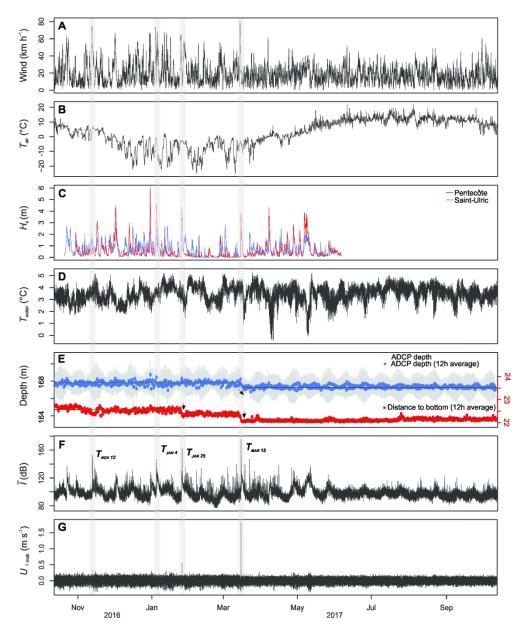


Figure 5. Atmospheric and water column measurements for the entire mooring 2 period (12 October 2016 to 12 October 2017) with four turbidity current events (shaded area): A) Hourly wind speed; B) Air temperature; C) Significant wave height in Rivière-Pentecôte and Saint-Ulric (see Fig. 1A for location); D) Water temperature at 22 mab; E) Pressure depth of the ADCP (grey line showing tides and blue dots for 12-h averages) and distance from ADCP to seafloor (reddots) revealing significant change in seafloor depth; F) Vertically-averaged backscatter intensity; G) Along-canyon current velocity at 1.5 mab. Time is in UTC.

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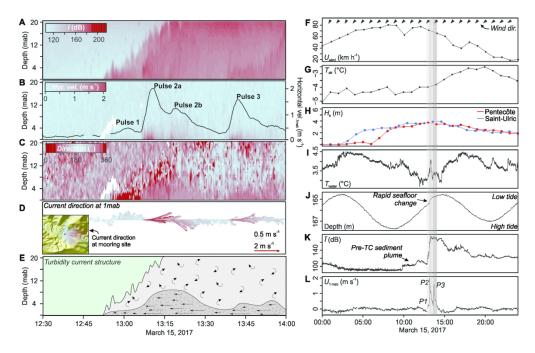


Figure 6. Turbidity current recorded during 15 March 2017: A) Backscatter intensity illustrating the front of the turbidity current; B) Horizontal velocity showing three distinct pulses in velocity and the <5 m thickness of the main near-bed flow, black line is velocity at 1.5 mab; C) Current direction of the turbidity current illustrating the turbulence in the upper flow and homogeneity of flow direction near the seabed; D) Stick plot of current direction and velocity plotted against time and on the seabed (plotted on bathymetric image); E) Interpreted sketch of turbidity current structure; F) Wind speed and direction during the turbidity current (shaded area); G) Air temperature; H) Significant wave height in Rivière-Pentecôte and Saint-Ulric; I) Water temperature at 22 mab; J) Pressure depth at ADCP; K) Vertically-averaged backscatter intensity; L) Horizontal velocity at 1 mab. Time is in UTC.

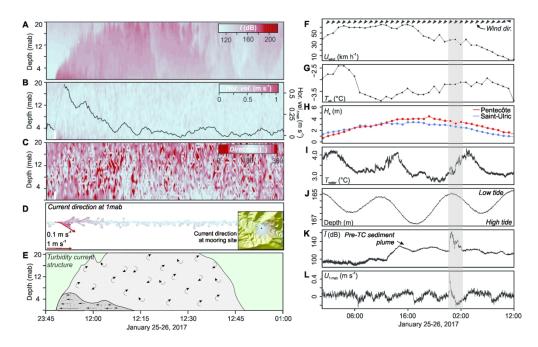


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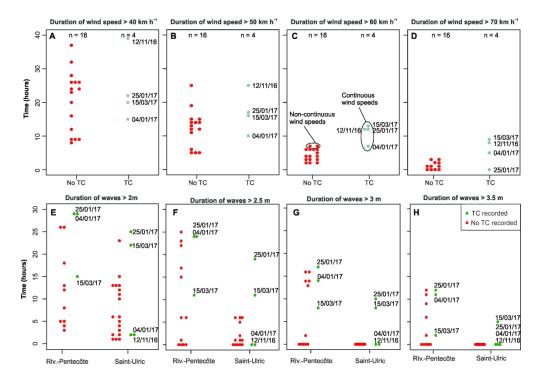


Figure 8. Comparison of storms generating turbidity currents and those that do not: A-D) Storms with winds that peaked above > 60 km h-1 were plotted according to their duration, revealing a significant difference between duration of wind speeds > 60 km h-1 for triggering turbidity currents (TC). E-H) Storms that produced > 2 m waves in Rivière-Pentecôte and Saint-Ulric plotted according to their duration.

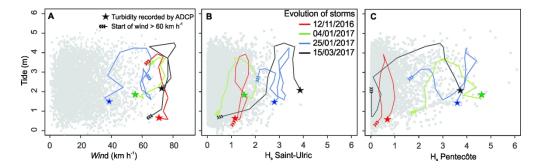


Figure 9. Plots of wind speed against tide (A), significant wave height in Saint-Ulric (B) and Rivière-Pentecôte (C) against tide with overlying vector plot for the four storms that triggered turbidity currents. Vector plots start when wind speed reached > 60 km h-1 until the turbidity currents were recorded by the ADCP (colored dots). In all four cases, the turbidity currents were triggered when wind speed had diminished and during low (but not exceptionally low) tide.

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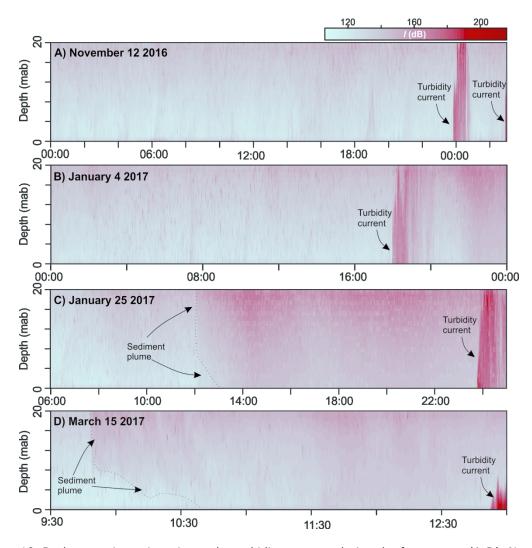


Figure 10. Backscatter intensity prior to the turbidity currents during the four events (A-D). Note the increase in backscatter intensity during 25 January and 15 March 2017, interpreted as an increase in suspended sediment.

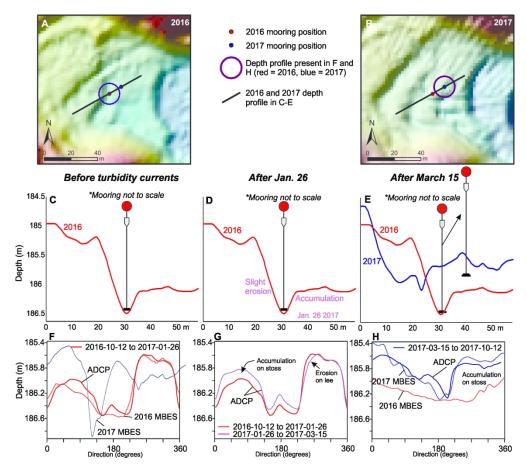
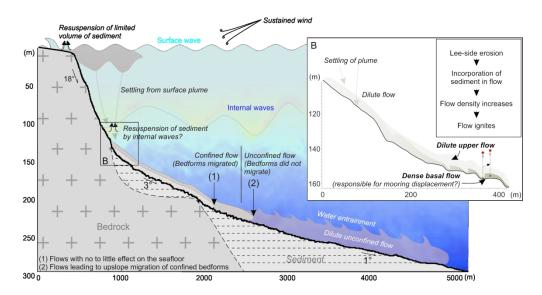
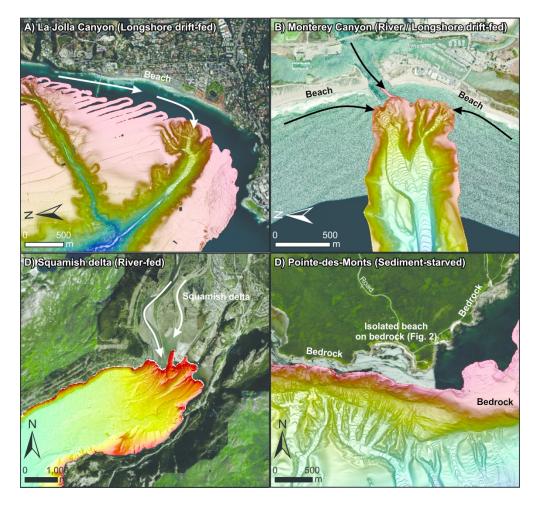


Figure 11. Sketch illustrating sediment deposition and erosion observed by the 2016-2017 mooring during the two main turbidity currents that led to the migration of cyclic steps. A-B) Initial (2016) and final (2017) bathymetry with position of ADCP before and after 15 March 2017; C) Depth profile from 2016 multibeam data along line shown in A; D) Erosion of the lee side and deposition on the stoss side of cyclic step immediately following the 25 January 2017 event; E) Down-canyon (and up stoss-slope) displacement of the mooring during the 15 March 2017 event, and comparison with depth profile from 2017 multibeam data; F-H) 360° seabed profiles around the mooring (c. 16 m diameter) computed from the ADCP backscatter intensities; F) Comparison of 360° profiles from ADCP before 26 January 2017 and 2016 multibeam data; G) Illustration of erosion and deposition during the 26 January 2017 turbidity current events (comparison of the 360° profiles before and after the event); H) Illustration of erosion and deposition during the 15 March 2017 event.

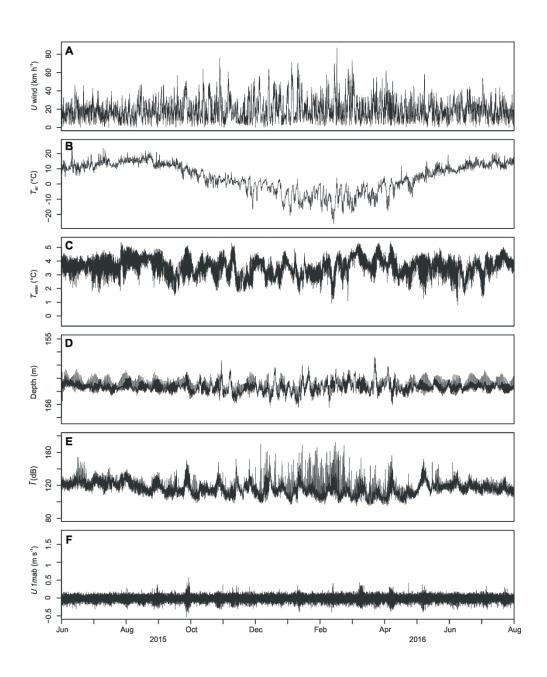
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A) Proposed general model for storm-induced turbidity currents in a sediment-starved environment. Note that in other systems, slope failures at canyon heads during storms may be more prevalent than sediment resuspension on the shelf or within the canyons. However, since the shelf consists mostly of bedrock, slope failures cannot account for the triggering of turbidity currents in Pointe-des-Monts. B) Proposed model by which dilute flows ignite by eroding sediment in the upper reaches of the canyon.



Multibeam bathymetric images of known active canyons and their relationship to sediment supply. A) La Jolla submarine canyon in California, which is fed in sediment by the large Oceanside littoral cell (data used in this image were acquired, archived, and distributed by the Seafloor Mapping Lab of California State University Monterey Bay). B) Monterey Canyon which is fed both by rivers and longshore drift (data used in this image were acquired, archived, and distributed by the Seafloor Mapping Lab of California State University Monterey Bay). C) Squamish delta which is fed by rivers (Conway et al., 2013). D) Pointe-des-Monts canyons which is sediment starved and located adjacent to bedrock and small isolated pocket beaches.



Supplementary table 1: Strongest wind speed in Pointe-des-Monts from 2015 to 2017

2	
3	

Rank	Date / Hour (UTC)	Wind speed (km h ⁻¹)	Direction (°)
1	2016-02-17 09:00	87	240
2	2017-03-15 08:00	81	50
3	2015-10-30 10:00	76	240
4	2016-11-12 21:00	76	240
5	2017-01-04 12:00	74	70
6	2016-03-02 19:00	73	60
7	2016-01-05 23:00	71	240
8	2016-01-11 18:00	71	230
9	2016-02-15 03:00	70	270
10	2017-01-05 23:00	69	260
11	2017-01-11 19:00	68	240
12	2016-12-01 22:00	67	70
13	2016-12-30 14:00	67	50
14	2017-01-13 18:00	67	270
15	2017-10-27 17:00	67	220
16	2017-01-25 11:00	65	40
17	2015-10-14 17:00	64	250
18	2015-12-15 14:00	64	70
19	2016-02-28 05:00	64	230
20	2016-10-23 02:00	64	50

Supplementary table 2: Largest significant wave height in Saint-Ulric from 20 October 2016 and 31 May 2017

3	3	

1 2

Rank	Date / Hour (UTC)	H_{m0} (m)	T ₀₂ (s)	Dir (°)
1	2017-03-15 14:10	3.88	6.87	29
2	2017-01-25 17:10	3.40	6.49	34
3	2016-12-30 22:10	2.91	5.17	274
4	2017-03-02 11:10	2.82	5.88	30
5	2016-10-22 20:10	2.72	5.71	43
6	2016-12-16 04:10	2.72	5.13	326
7	2017-01-13 15:10	2.7	5.32	280
8	2016-10-25 17:10	2.59	5.77	37
9	2016-12-02 09:10	2.59	5.63	33
10	2017-01-11 20:10	2.58	5.28	272
11	2017-04-17 15:10	2.49	5.37	31
12	2017-04-27 14:10	2.49	5.38	37
13	2017-04-07 19:10	2.34	6.85	31
14	2016-12-25 10:10	2.25	4.63	286
15	2017-03-22 14:10	2.23	4.74	10
16	2017-05-10 02:10	2.22	5.64	34
17	2017-01-05 22:10	2.20	4.65	267
18	2016-11-12 00:10	2.16	4.78	328
19	2016-12-19 05:10	2.05	4.57	278
20	2016-11-06 14:10	2.04	5.31	35

Supplementary table 3: Largest significant wave height in Rivière-Pentecôte from 27 October 2016 to 6 June 2017

2	2
2	3

Rank	Date / Hour (UTC)	H_{m0} (m)	T ₀₂ (s)	Dir (°)	Storm surge (m)
1	2016-12-30 16: 10	6.08	7.41	67	1.24
2	2017-01-04 18:10	4.61	6.98	64	0.65
3	2016-12-02 01:10	4.46	6.68	69	0.43
4	2017-01-25 20:10	4.40	7.04	58	0.48
5	2017-04-07 15:10	4.33	6.71	65	0.48
6	2017-05-06 21:10	3.85	7.13	60	
7	2017-05-08 12:10	3.76	6.61	67	
8	2017-03-15 13:10	3.72	6.88	57	0.63
9	2016-11-16 21:10	3.17	6.02	47	0.65
10	2016-12-13 10:10	2.96	6.08	73	
11	2017-04-27 17:10	2.87	5.85	72	
12	2017-01-11 17:10	2.62	5.96	121	
13	2017-05-03 00:10	2.35	5.65	63	
14	2017-04-22 17:10	2.23	5.41	60	
15	2016-10-30 07:10	2.20	5.27	59	
16	2016-11-27 10:10	1.96	4.89	53	
17	2017-02-26 08:10	1.91	5.95	48	
18	2016-11-20 11:10	1.87	4.91	65	
19	2017-02-08 19:10	1.81	7.09	52	0.49
20	2016-12-18 14:10	1.67	5.62	51	