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Genome Evolution in Outcrossing vs. Selfing vs. Asexual Species

Sylvain Glémin, Clémentine M. François, and Nicolas Galtier

Abstract

A major current molecular evolution challenge is to link comparative genomic patterns to species' biology and ecology. Breeding systems are pivotal because they affect many population genetic processes and thus genome evolution. We review theoretical predictions and empirical evidence about molecular evolutionary processes under three distinct breeding systems—outcrossing, selfing, and asexuality. Breeding systems may have a profound impact on genome evolution, including molecular evolutionary rates, base composition, genomic conflict, and possibly genome size. We present and discuss the similarities and differences between the effects of selfing and clonality. In reverse, comparative and population genomic data and approaches help revisiting old questions on the long-term evolution of breeding systems.

Key words Breeding systems, GC-biased gene conversion, Genome evolution, Genomic conflicts, Selection, Transposable elements

1 Introduction

In-depth investigations on genome organization and evolution are increasing and have revealed marked contrasts between species, e.g., evolutionary rates, nucleotide composition, and gene repertoires. However, little is still known on how to link this "genomic diversity" to the diversity of life history traits or ecological forms. Synthesizing previous works in a provocative and exciting book, M. Lynch asserts that variations in fundamental population genetic processes are essential for explaining the diversity of genome architectures while emphasizing the role of the effective population size (N_e) and nonadaptive processes [1]. Life history and ecological traits may influence population genetic parameters, including N_e , making it possible to link species' biology and their genomic organization and evolution (e.g., [2–7])

Among life history traits affecting population genetic processes, breeding systems are pivotal as they determine the way genes are transmitted to the next generation (Fig. 1). Outcrossing,

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asexuality

Fig. 1 Reproduction and genotype transmission in outcrossing, selfing, and asexual species. In outcrossers, parental and recombinant (dotted lines) gametes from distinct zygotes are shuffled at generation n + 1. In selfers, only gametes produced by a given zygote can mate, which quickly increases homo-zygosity and reduces the recombination efficacy. Asexuals do not undergo meiosis or syngamy. They reproduce clonally

sexual species (outcrossers) reproduce through the alternation of syngamy (from haploid to diploid) and meiosis (from diploid to haploid), with random mating of gametes from distinct individuals at each generation. Outcrossing is a common breeding system that is predominant in vertebrates, arthropods, and many plants, especially perennials, etc. [8, 9]. Selfing species (selfers) also undergo meiosis, but fertilization only occurs between gametes produced by the same hermaphrodite individual. Consequently, diploid individuals from selfing species are highly homozygous (FIS ~ 1; *see*, for instance, ref. 10)—heterozygosity is divided by two at each generation, and the two gene copies carried by an individual have a high probability of being identical by descent. Selfing is common in various plant families (e.g., *Arabidopsis thaliana*), mollusks,

nematodes (e.g., Caenorhabditis elegans), and platyhelminthes, among others [8, 9]. Note that many sexual species have intermediate systems in which inbreeding and outbreeding coexist. In organisms with a prolonged haploid phase (such as mosses, ferns, or many algae and fungi), a more extreme form of selfing can occur by taking place during the haploid phase (haploid selfing or intragametophytic selfing), leading instantaneously to genome-wide homozygosity [11]. Clonal asexual species, finally, only reproduce via mitosis, so that daughters are genetically identical to mothers unless a mutation occurs. In diploid asexuals, homologous chromosomes associated in a given zygote do not segregate in distinct gametes-they are co-transmitted to the next generation in the absence of any haploid phase. In contrast to selfing species, individuals from asexual diploid species tend to be highly heterozygous (FIS ~ -1, [12]), since any new mutation will remain at the heterozygote stage forever, unless the same mutation occurs in the homologous chromosome. Clonality is documented in insects (e.g., aphids), crustaceans (e.g., daphnia), mollusks, vertebrates, and angiosperms, among others [13-16]. As for selfing, clonality can also be partial, with sexual reproduction occurring in addition or in alternation with asexual reproduction. In addition to this common form of asexuality, other forms such as automixis imply a modified meiosis in females where unfertilized diploid eggs produce offspring potentially diverse and distinct from their mother, leading to different levels of heterozygosity [13]. This diversity of reproductive systems should be kept in mind, but for clarity we will mainly compare outcrossing, diploid selfing, and clonality.

Through the occurrence, or not, of syngamy, recombination, and segregation, breeding systems affect population genetic parameters (effective population size, recombination rate, efficacy of natural selection; Fig. 2) and thus, potentially, genomic patterns. A large corpus of population genetic theory has been developed to study the causes and consequences of the evolution of breeding systems (Table 1). Thanks to the exponentially growing amount of genomic data, and especially data from closely related species with contrasted breeding systems, it is now possible to test these theoretical predictions. Conversely, genomic data may help in understanding the evolution of breeding systems. Genomes should record the footprints of transitions in breeding systems and help in testing the theory of breeding system evolution in the long run, e.g., the "dead-end hypothesis," which posits that selfers and asexuals are doomed to extinction because of their inefficient selection and low adaptive potential [17, 18]. Since the first edition of this book, several theoretical developments have clarified the population genetics consequences of the different breeding systems, and empirical evidences have been accumulating, partly changing our view of breeding system evolution and consequences, especially for asexual organisms. We first review and update the consequences of





Table 1

Summary of the major theoretical predictions regarding breeding systems and evolutionary genomic variables, with outcrossing being taken as reference

	F is	πS	dN/dS	Codon usage	TE	LD	GC-content
Outcrossing	~0	+	+	+	+	+	+
Selfing	~1	-	++	_	Unclear	++	-
Asexuality	~-1	_	+++	_	Unclear	+++	-

TE transposable element abundance, LD linkage disequilibrium

breeding systems on genome evolution and then discuss and re-evaluate how evolutionary genomics shed new light on the old question of breeding system evolution.

2 Contrasted Genomic Consequences of Breeding Systems

2.1 Consequences of Sex involves an alternation of syngamy and meiosis. In outcrossing Breeding Systems on sexual species, random mating allows alleles to spread across populations, while segregation and recombination (here in the sense of **Population Genetics** crossing-over) associated with meiosis generate new genotypic and **Parameters** haplotypic combinations. This strongly contrasts with the case of selfing and asexual species. In such species, alleles cannot spread beyond the lineage they originated from because mating occurs within the same lineage (selfers) or because syngamy is suppressed (asexuals). Recombination, secondly, is not effective non-outcrossers. In selfers, while physical recombination does occur (r_0) , effective recombination (r_e) is reduced because it mainly occurs between homozygous sites, and it completely vanishes under complete selfing: for tight linkage, $r_{\rm e} = r_0(1 - F_{\rm IS})$, where $F_{\rm IS}$ is the Wright's fixation index [19], whereas for looser linkage,

effective recombination is more reduced than predicted by this simple expression [20-22]. In asexuals, physical recombination is suppressed ($r_0 = r_e = 0$). High levels of linkage disequilibrium (nonrandom association of alleles between loci) could therefore be expected in selfers and asexuals. The observed data are mainly consistent with these predictions. In the selfing model species *Arabidopsis thaliana*, LD extends over a few hundreds of kb, while in maize, an outcrosser, LD quickly vanishes beyond a few kb [23]. In a meta-analysis, Glémin et al. [24] also found higher LD levels in selfers than in outcrossers. Beyond pairwise LD, selfing also generates higher-order associations, such as identity disequilibria (the excess probability of being homozygote at several loci, [25]) that alter population genetics functioning compared to outcrossing populations (e.g., [26]).

Theory also predicts that the effective population size, $N_{\rm e}$, depends on the breeding system (Fig. 2). First, compared to outcrossers, selfing is expected to directly lower N_e by a factor 1 + F_{IS} by reducing the number of independent gametes sampled for reproduction [27]. From a coalescent point of view, selfing reduces coalescent time (again by the same factor $1 + F_{IS}$). Under outcrossing, two gene copies gathered in a same individual either directly coalesce or move apart at the preceding generation. Selfing prolongs the time spent within an individual, hence the probability of coalescing [19, 28]. In diploid asexuals, the picture is less obvious. Since genotypes, not alleles, are sampled, Balloux et al. [12] distinguished between the genotypic and allelic effective size. The genotypic effective size equals N, not 2N, i.e., the actual population size, similarly to the expectation under complete selfing. On the contrary, the allelic effective size tends toward infinity under complete clonality because genetic diversity within individuals cannot be lost [12]. This corresponds to preventing coalescence as long as gene copies are transmitted clonally [29, 30]. However, very low level of sex (higher than 1/2N) is sufficient to retrieve standard outcrossing coalescent behavior [29, 30], and as far as natural selection is concerned (see below), the genotypic effective size is what matters [31]. The ecology of selfers and asexuals may also contribute to decreasing $N_{\rm e}$ as they supposedly experience more severe bottlenecks than outcrossers [32, 33]. On the contrary, higher population subdivision in selfers could contribute to increasing $N_{\rm e}$ at the species scale. However, Ingvarsson [34] showed that, under most conditions, the extinction/recolonization dynamics is predicted to decrease N_e in selfers, at both the local and metapopulation scale. Finally, because of low or null effective recombination, hitchhiking effects-the indirect effects of selection at a locus on other linked loci—reduce N_e further [35]. Under complete selfing or clonality, because of full genetic linkage, selection at a given locus affects the whole genome. Most forms of selection, and especially directional selection, reduce the number of gene copies

contributing to the next generation by removing deleterious alleles to the benefit of advantageous ones. Because of linkage, such a reduction spreads over the rest of the genome, globally reducing the effective population size (sensu lato) in non-outcrossing species. Background selection, the reduction in N_e due to the removal of deleterious mutations at linked loci, can be particularly severe in highly selfing and clonal population, potentially reducing N_e by one order of magnitude or more [22, 36]. And this effect is expected to be stronger in asexuals than in selfers [36]. In the predominantly selfing nematode *C. elegans*, nucleotide diversity has been shown to be reduced genome wide by both background selection [37] and selective sweeps [38], and in a comparative analysis, the effect of linked selection has shown to be more pronounced in selfing than in outcrossing species [39].

As genetic diversity scales positively with $N_e\mu$, where μ is the mutation rate, selfers are expected to be less polymorphic than outcrossers. Asexuals should also exhibit lower genotypic diversity, but the prediction is not clear for allelic diversity (see above). However, because of the lack of recombination, haplotype diversity should be lower for both breeding systems. The effect of selfing on the polymorphism level is well documented, and empirical data mainly agree with the theoretical predictions. Selfing species tend to be more structured, less diverse, and straightforwardly more homozygotes than outcrossers [6, 24, 40, 41]. Much fewer data exist regarding diversity levels in asexuals, but the available datasets confirm that genotypic diversity, at least, is usually low in such species (see discussion in ref. 12). At the population level, a recent comparative analysis of sexual and asexual Aptinothrips rufus grass thrips confirmed the expected lower nuclear genetic diversity of asexual populations while also evidencing that some asexuals with extensive migration can feature very high mitochondrial genetic diversity [42].

These predictions concerning polymorphism patterns implicitly assumed that mutation rates are the same among species with contrasted breeding systems. However, modifications in breeding systems can also affect various aspects of the species life cycle potentially related to the mutation rate. In asexuals, for instance, loss of spermatogenesis can reduce mutation rates, while loss of the dormant sexual phase can increase them (reviewed in [43]). Mutation rates can also be decreased in non-outcrossers due to the loss of recombination, which can be mutagenic [44, 45]. In selfers, meiosis and physical recombination do occur. However, the specific mutagenic process during meiosis depends on the level of heterozygosity, such as indel-associated mutations (IDAM): heterozygote indels could increase the point mutation rate at nearby nucleotides because of errors during meiosis [46, 47]. Consistent with this prediction, the IDAM process more strongly affects the outcrossing wild rice, Oryza rufipogon, than the very recent selfer and weakly



Fig. 3 Substitution rates relative to the neutral case (dN/dS) in outcrossers (thin lines), selfers (bold line), and asexuals (dotted lines) for different mutation dominance levels. The fitness of the resident, heterozygote, and homozygote mutant genotypes are 1, 1 - hs, and 1 - s, respectively. For asexuals, it is necessary to consider two substitution rates corresponding to the initial fixation of heterozygotes and the ultimate fixation of complete homozygote mutants from an initially heterozygote population [31]. Population size: N = 10,000. To highlight the difference between selfers and asexuals due to segregation, demographic and hitchhiking effects reducing N_e in asexuals and selfers are not taken into account

heterozygous domesticated rice, *O. sativa. A. thaliana*, a more ancient and mostly homozygous selfer, is very weakly affected by IDAM [48]. Overall, these processes should globally contribute to lowering mutation rates, and thus polymorphism, in selfing and asexual species.

The effective population size strongly affects the outcome of natural selection. The probability of fixation of a new mutation is a function of the N_{es} product, where s is the selection coefficient ([49] and see Fig. 3). As N_e is reduced, a higher proportion of mutations behave almost neutrally. Weakly deleterious alleles can thus be fixed, while weakly advantageous ones can be lost. Genetic associations among loci generated by selfing and clonality also induce selective interferences [26, 50]. Because of their reduced effective population size and recombination rate, selection is thus expected to be globally less effective in selfers and asexuals than in outcrossers, which should result in various footprints at the molecular level (Table 1). Assuming that most mutations are deleterious (with possible back compensatory mutations), both the ratio of non-synonymous to synonymous polymorphism, $\pi N / \pi S$, and the ratio of non-synonymous to synonymous substitutions, dN/dS, are predicted to be higher in selfers and asexuals than in outcrossers. Codon usage should also be less optimized in selfers and asexuals than in outcrossers.

Contrary to polymorphism surveys, few studies have tested these predictions empirically (Table 2). In the few available

2.2 Breeding Systems and Selection Efficacy

2.2.1 Drift and Recombination: Parallel Reduction in Selection Efficacy in Selfers and Asexuals?

				dN/	πN/π	Positive	Codon	-09	
	Taxonomic group	Groups compared	Dataset	dS	s	selection	usage	content	Reference
Outcrossing/ selfing	Angiosperms	29 selfers/42 outcrossers	Meta-analysis (polymorphism)			-/+		-/+	Glémin et al. [24]
1	Angiosperms	10 selfers/18 outcrossers				+			Chen et al. [6]
	Angiosperms	4–61 selfers or	Chloroplastic genes (matK	+/-ª					Glémin and
	(17 phylogenetic datasets)	SC/5-125 outcrossers or SI	and rbcL)						Muyle [64]
	Arabidopsis	1 selfer 1 outcrosser	23 nuclear genes + 1	Ι	Ι				Wright et al. [61]
			chloroplastic gene						
	Arabidopsis	1 selfer/1 outcrosser	675/62 nuclear genes			-/+			Foxe et al. [218]
	Arabidopsis/Brassica	1 selfer/2 outcrossers	185 nuclear genes		Ι				Wright et al.
									[118]
	Arabidopsis/Capsella	1 selfer/1 outcrosser	257 nuclear genes			+		+	Slotte et al. [83]
	Arabidopsis/Capsella	2 selfers/2 outcrossers	780, 89/120, 257 nuclear				+		Qiu et al. [223]
			genes						
	Capsella	1 selfer/1 outcrosser	Complete genome/			+			Slotte et al.
			transcriptomes						[224], [225]
	Collinsia	1 selfer/1 outcrosser	17 nuclear genes +		Ι	+			Hazzouri et al.
			transcriptomes						[123]
	Eichornia	3 selfers/1 outcrosser	~8000 nuclear genes		+	+			Ness et al. [221]
	Eichornia paniculata	10 selfers/10 outcrossers	Transcriptomes (>16,000			+			
	(several populations)		contigs)						
	Triticeae	2 selfers/2 outcrossers	52 nuclear genes + 1	Ι				-/+	Haudry et al.
			chloroplastic gene						[84]
	Triticeae	9 selfers/10 outcrossers	27 nuclear genes	Ι					Escobar et al.
				-					[63]
	Neurospora	32 homothalics/17	7 nuclear genes	°+					Nygren et al.
			-						
	Neurospora	1 homothalic/1 heterothallic	>2000 nuclear genes						Whittle et al. [226]
									-

Table 2 Summary of studies comparing patterns of molecular evolution between different breeding systems

i et al. [219]	er et al. [62] arella et al. 6]	ll et al. [55] ch-Green al. [85]	ister et al.	no et al. [57] ier et al.	6] son et al. 31	nd and	tter et al. [60]	nt- lasquez et al. o1	ر م nan et al.		20] aclough et al. 17]	ry et al. [52]
Giot	Cutt Burg [6	Love Hers et	Holl	Pellin Olliv	ohn John	Palar T	Tuck	Ame: Ve	Nein	Mark	Barra [2	Hen
	+	+										
	+											
								ů,				
_	+		+					+			+	
+	+										-/	
+	+	+	+		+	+	I		+	I	+ xo	+
>2700 nuclear genes	>1000 nuclear genes Transcriptomes (>1000 contigs)	Complete genome 1 nuclear gene (<i>chiB</i>)	Transcriptomes (>4000 contigs)	Transcriptomes 255 nuclear genes + 10	mitochondrial genes 1 mitochondrial gene (<i>Cwth</i>)	Complete mitochondrial	Complete mitochondrial	Transcriptomes (>2800 contigs)	Complete mitochondrial	1 nuclear gene (<i>Hsp</i> 82)	1 mitochondrial gene (<i>C</i>	2 nuclear genes + 1 mitochondrial gene
4 homothalic/31 heterothallic	2 selfers/4 outcrossers 2 selfers/2 outcrossers	8 asexuals/8 sexuals 16 asexuals/16 sexuals	16 asexuals/13 sexuals	2 sexuals/3 asexuals 4 sexuals/4 asexuals	6 asexuals/12 sexuals	14 asexuals/14 sexuals	11 asexuals/11 sexuals	2 asexuals/7 sexuals	14 asexuals/14 sexuals	3 asexuals/2 sexuals	3 asexuals/4 sexuals	6 asexuals/7 sexuals
Neurospora	Caenorbabditis Galba/Physa	Boechera Oenothera	Oenothera	Ranunculus Aphids	Campeloma	Daphnia	Daphnia	Lineus	Potamopyrgus	Rotifers	Rotifers	Timema
		Sexuals/ asexuals										

+ and - indicate if theoretical predictions are confirmed or not. Empty cells correspond to nonavailable data

^aNo more significant after controlling for terminal vs. internal branches

^bTerminal vs. internal branches not controlled ^cPossible confounding effect of hybrid origin of one asexual lineage

comparative studies, contrasted patterns were observed between selfers and asexuals. Compared to sexual ancestors, recent asexual lineages show a marked increase in the dN/dS ratio in Daphnia ([51] but see below), *Timema* stick insects [52], gastropods Campeloma [53] and Potamopyrgus [54], and the plant Boechera [55], in agreement with theoretical predictions (Table 2). However, no significant effect of asexuality on dN/dS was found in four aphid species [56] and in the plant Ranunculus auricomus [57]. Bdelloid rotifers, long considered as ancient asexuals (see below), exhibit a higher $\pi N/\pi S$ ratio but not a higher dN/dS ratio than comparable sexual groups, suggesting that mildly deleterious mutations can segregate at a higher frequency in asexuals but are eventually removed. A higher $\pi N/\pi S$ ratio in asexual lineages than in sexual relatives was reported from transcriptome data in Oenothera primroses [58] and *Lineus* nemerteans [59]. Note however that in the latter case, the increased $\pi N/\pi S$ is primarily explained by the hybrid nature of the asexual *Lineus pseudolacteus* (Table 2). The recent origin of asexuality through introgression also challenges the interpretation of elevated dN/dS ratio in the mitochondrial genome of asexual lineages of *Daphnia pulex* [51], as less than 1% of mutations on the branches leading to asexual lineages would have arisen after the transition to asexuality [60]. Here, rather than being the direct cause of genomic degradation, asexuality may have evolved in already-degraded lineages.

All predictions are not equally supported by data in selfers. Polymorphism-based measures mostly support reduction in selection efficiency in selfers in various plant species, and this was recently confirmed by a meta-analysis of genome-wide polymorphism data ($\begin{bmatrix} 6 \end{bmatrix}$ and see Table 2). On the contrary, as far as dN/dSor base composition are compared, most studies, in plants, fungi, and animals, did not find evidence of relaxed selection in selfers (Table 2). A recent origin of selfing is often invoked to explain that effect of selfing is rarely observed in species divergence (e.g., [61, 62–64]), whereas a recent transition to selfing can leave a clear signature of relaxed selection at the polymorphism level [65]. In contrast, in the freshwater snail Galba truncatula where selfing is supposed to be old and ancestral to a clade of several species, relaxed selection in the selfing lineage was also observed at the divergence level [66]. The same rationale should apply to asexual species. However, in Campeloma, Potamopyrgus, Timema, and Boechera, clonality is also recent, yet the expected patterns are observed at the divergence level. The reduction in $N_{\rm e}$ could simply be less severe in selfers than in asexuals as predicted by background selection models [36]. Furthermore, complete selfing is hardly ever noted in natural populations; residual outcrossing typically occurs. Among hitchhiking effects, some are very sensitive to the recombination level, such as Muller's ratchet [67], weak Hill-Robertson interferences [50], or hitchhiking of deleterious mutations during selective sweeps [68, 69]. If such mechanisms are the main cause of reduction of N_e in selfers, then even a low recombination rate could be enough to maintain the selection efficacy. This is suggested by genomic patterns across recombination gradients in outcrossing species. In primates, no effect of recombination on the selection efficacy has been detected [70]. In *Drosophila*, Haddrill et al. [71] found little evidence of reduced selection in low recombining regions, except when recombination was fully suppressed, as in Y chromosomes. Differences between selfers and asexuals could thus simply result from different degrees of residual outcrossing. However, as stated above, selfers and asexuals also fundamentally differ as far as segregation is concerned, as we now discuss in more detail.

2.2.2 Segregation: Selfing affects the selection efficacy by increasing homozygosity and thus exposing recessive alleles to selection. This effect can counter-Dealing with Heterozygotes act the effect of reducing $N_{\rm e}$. Considering the sole reduction in $N_{\rm e}$ due to non-independent gamete sampling, selection is less efficient under partial selfing for dominant mutations but more efficient for recessive ones (Fig. 3, and see ref. 72). More precisely, Glémin [73] determined the additional reduction in $N_{\rm e}$ (due to hitchhiking and demographic effects) necessary to overcome the increased selection efficacy due to homozygosity. This additional reduction can be high for recessive mutations. On the contrary, the lack of segregation in asexuals reduces selection efficacy and increases the drift load, as heterozygotes can fix [31]. The effects of selfing and clonality on the fixation probability of codominant, recessive, or dominant mutations are summarized in Fig. 3. Note that segregation may also have indirect effects. When recombination is suppressed, Muller's ratchet is supposed to reduce $N_{\rm e}$ and contribute to the fixation of weakly deleterious alleles [74]. In selfers, the purging of partially recessive deleterious alleles slows down the ratchet [67], which suggests that the fixation of deleterious alleles at linked loci would be lower in selfers than in asexuals. The same mechanism also contributes to weaker background selection in selfers than in asexuals (see above, [36]). In the extreme case of intra-gametophytic selfing, purging could be even more efficient at removing deleterious alleles [11], as it has been suggested for moss species [75]. Segregation at meiosis could thus partly explain the differences between selfers and asexuals, but more data are clearly needed to confirm this hypothesis.

The two opposite effects of drift and segregation in selfers should also affect adaptive evolution. In outcrossers, new beneficial mutations are more likely to be rapidly lost if recessive, as they are initially present in heterozygotes and masked to selection—a process known as Haldane's sieve [76]. By unmasking these mutations in homozygotes, selfing could help adaptive evolution from recessive mutations [72, 73]. However, this advantage of selfing disappears when adaptation proceeds from pre-existing variation because homozygotes can also be present in outcrossers [77]. Selective interference in selfers also reduces their advantage of not experiencing Haldane's sieve, especially for weakly beneficial mutations [21], and the effect of background should globally reduce the rate of adaptation [73, 77, 78]. Conversely, the lack of segregation in asexuals delays the complete fixation of an advantageous mutation. Once a new advantageous mutation gets fixed in the heterozygotic state, additional lag time until occurrence and fixation of a second mutation is necessary to ensure fixation [79]. Little is known about the dominance levels of new adaptive mutations, but a survey of QTL fixed during the domestication process in several plant species confirmed the absence of Haldane's sieve in selfers compared to outcrossers [80]. This mostly corresponds to strong selection on new mutations or mutations in low initial frequencies in the wild populations. More generally, the effect of selfing on adaptive evolution will depend on the distribution of dominance and selective effects of mutations and the magnitude of genetic drift and linkage.

Few studies have tested for difference in positive selection between selfers and outcrossers. In their survey of sequence polymorphism data in flowering plants, Glémin et al. [24] found, on average, more genes with a signature of positive selection in outcrossers than in selfers assessed by the McDonald-Kreitman test [81]. extension of this method-where An non-synonymous vs. synonymous polymorphism data are used to calibrate the distribution of the deleterious effects of mutations and then attribute the excess non-synonymous divergence observed to positive selection [82]—was applied to one plant [83] and one freshwater snail dataset. In both studies, a large fraction of non-synonymous substitutions was estimated to be adaptive in the outcrossing species (~40% in the plant Capsella grandiflora and ~55% in the snail *Physa acuta*), whereas this proportion was not significantly different from zero in the selfer (Arabidopsis thaliana and Galba truncatula, respectively). Based on methods where the dN/dS ratio is allowed to vary both among branches and sites, a comparative analysis of two outcrossing and two selfing Triticeae species [84] suggested that adaptive substitutions may have specifically occurred in the outcrossing lineages. This would contribute to explaining why selfing lineages did not show a higher dN/dS ratio than outcrossing ones (see above and Table 2). So the data available so far support an increased rate of adaptation in outcrossing species, suggesting that the effects of drift and linkage overwhelm the advantage of avoiding Haldane's sieve. A similar approach was used in Oenothera species suggesting also reduced adaptive evolution in clonal compared to sexual lineages [85].

Finally, the classical assumption of a lack of segregation in asexuals must be modulated. First, in some form of asexuality,

such as automixis, female meiosis is retained, and diploidy restoration occurs by fusion or duplication of female gametes. Depending on how meiosis is altered, automixis generates a mix of highly heterozygous and highly homozygous regions along chromosomes. The genomes of such species could thus exhibit a gradient of signatures of selfing and diploid clonal evolution [86]. Secondly, mitotic recombination and gene conversion in the germline of asexual lineages can also reduce heterozygosity at a local genomic scale. Mitotic recombination has been well documented in yeast (see review in ref. 87) and also occurs in the asexual trypanosome T. b. gambiense [88] and in asexual Daphnia lineages [60, 89, 90]. If its frequency is of the order or higher than mutation rates, as reported in yeast and Daphnia, asexuals would not suffer much from the lack of segregation at meiosis. Especially, during adaptation, the lag time between the appearance of a first beneficial mutation and the final fixation of a mutant homozygote could be strongly reduced [87]. However, such mechanisms of loss of heterozygosity also rapidly expose recessive deleterious alleles in heterozygotes and generate inbreeding-depression-like effects [60].

So far, we have only considered the immediate, mechanistic effects 2.2.3 Selection on of breeding systems on population genetic parameters. Breeding Genetic Systems systems, however, can also affect the evolution of genetic systems themselves, which modulates previous predictions. Theoretical arguments suggested that selfing, even at small rates, greatly increases the parameter range under which recombination is selected for [91-93]. These predictions have been confirmed in a meta-analysis in angiosperms in which outcrossers exhibited lower chiasmata counts per bivalent than species with mixed or selfing mating systems [94]. Higher levels of physical recombination (r_0) could thus help break down LD and reduce hitchhiking effects. This could contribute to explaining why little evidence of longterm genomic degradation has been observed in selfers, compared to asexuals.

> Breeding systems may also affect selection on mutation rates. Since the vast majority of mutations are deleterious, mutation rates should tend toward zero, up to physiological costs of further reducing mutation rates being too high (e.g., [95, 96]). Under complete linkage, a modifier remains associated with its "own" mutated genome. Selection should thus favor lower mutation rates in asexuals and selfers (e.g., [95, 96]). However, Lynch recently challenged this view and suggested a lower limit to DNA repair may be set by random drift, not physiological cost [97]. Such a limit should thus be higher in asexuals and selfers. Asexuality is often associated with very efficient DNA repair systems (reviewed in [43]), supporting the view that selection for efficient repair may overwhelm drift in asexual lineages. Alternatively, only groups

having high-fidelity repair mechanisms could maintain asexuality in the long run. More formal tests of mutation rate differences between breeding systems are still scarce. The phylogenetic approach revealed no difference in dS, as a proxy of the neutral mutation rate, between A. thaliana and A. lyrata [61], nor did a mutation accumulation experiment that compared the deleterious genomic mutation rate between Amsinckia species with contrasted mating systems [98]. A similar experiment in Caenorhabditis showed that the rate of mutational decay was, on average, fourfold greater in gonochoristic outcrossing taxa than in the selfer C. elegans [99]. Recent mutation accumulation experiments on Daphnia pulex suggested a slightly lower mutation rate in obligate than in facultative asexual genotypes, except for one mutator phenotype which evolved in an asexual subline [90]. Overall, these results do not support Lynch's hypothesis of mutation rates being limited by drift in asexual and selfing species. However, such experiments are still too scarce, and quantifying how mutation rates vary or not with breeding systems is a challenging issue that requires more genomic data.

2.3 Breeding Systems and Genomic Conflicts Outcrossing species undergo various sorts of genetic conflict. Sexual reproduction directly leads to conflicts within (e.g., for access to mating) and between sexes (e.g., for resource allocations between male and female functions or between offspring). In selfers and asexuals, such conflicts occur because mates are akin or because mating is absent [100, 101]. Outcrossers are also sensitive to epidemic selfish element proliferation and to meiotic drive, because alleles can easily spread over the population through random mating. In contrast, selfers and asexuals should be immune to such genomic conflicts because selection only occurs between selfing or asexual lineages so that selfish elements should be either lost or evolve into commensalists or mutualists [102].

2.3.1 Relaxation of Sexual Conflicts in Selfers and Asexuals Some genes involved in sexual reproduction are known to evolve rapidly because of recurrent positive selection [103]. Arm races for mating or for resource allocation to offspring are the most likely causes of this accelerated evolution. In selfers and asexuals, selection should be specifically relaxed on these genes, not only because of low recombination and effective size but mainly because the selection pressure per se should be suppressed. According to this prediction, in the outcrosser C. grandiflora, 6 out of the 20 genes that show the strongest departure from neutrality are reproductive genes and under positive selection. This contrasts with the selfer A. thaliana, for which no reproductive genes are under positive selection [83].

More specifically, two detailed analyses provided direct evidence of relaxed selection associated with sexual conflict reduction. In the predominantly selfer C. elegans, some males deposit a copulatory plug that prevents multiple matings. However, other males do not deposit this plug. A single gene (plg-1), which encodes a major structural component of this plug, is responsible for this dimorphic reproductive trait [104]. Loss of the copulatory plug is caused by the insertion of a retrotransposon into an exon of plg-1. This same allele is present in many populations worldwide, suggesting a single origin. The strong reduction in male-male competition following hermaphroditism and selfing evolution explains that no selective force opposes the spread of this loss-of-function allele [104, 105]. In A. thaliana, similar relaxed selection has been documented in the MEDEA gene, an imprinted gene directly involved in the male vs. female conflict. MEDEA is expressed before fertilization in the embryo sac and after fertilization in the embryo and the endosperm, a tissue involved in nutrient transfer to the embryo. In A. lyrata, an outcrossing relative to A. thaliana, MEDEA could be under positive [106] or balancing selection [107], in agreement with permanent conflicting pressures for resource acquisition into embryos between males and females. Conversely, this gene evolved under purifying selection in A. thaliana, where the level of conflict is reduced.

Male vs. female diverging interests are also reflected by cytonuclear conflicts. When cytoplasmic inheritance is uniparental, as in most species, cytoplasmic male sterility (CMS) alleles favoring transmission via females at the expense of males can spread in hermaphroditic outbreeding species, leaving room for coevolution with nuclear restorers. Maintenance of CMS/non-CMS polymorphism leads to stable gynodioecy [108]. In selfers, CMS mutants also reduce female fitness-because ovules cannot be fertilizedand are thus selected against. In the genus Silene, the mitochondrial genome of gynodioecious species exhibits molecular signatures of adaptive and/or balancing selection. This is likely due to cytonuclear conflicts as this is not, or is less, observed in hermaphrodites and dioecious [109-111]. Although less studied, cyto-nuclear conflicts are also expected in purely hermaphroditic species. In a recent study in A. lyrata, Foxe and Wright [112] found evidence of diversifying selection on members of a nuclear gene family encoding transcriptional regulators of cytoplasmic genes. Some of them show sequence similarity with CMS restorers in rice. Given the putative function of these genes, such selection could be due to ongoing cyto-nuclear coevolution. Interestingly, in A. thaliana, these genes do not seem to evolve under similar diversifying selection, as expected in a selfing species where conflicts are reduced.

2.3.2 Biased Gene Conversion as a Meiotic Drive Process: Consequences for Nucleotide Landscape and Protein Evolution GC-biased gene conversion (gBGC) is a kind of meiotic drive at the base pair scale that can also be strongly influenced by breeding systems. In many species, gene conversion occurring during double-strand break recombination repair is biased toward G and C alleles (reviewed in [113]). This process mimics selection and can rapidly increase the GC content, especially around recombination hotspots [114, 115], and, more broadly, can affect genome-wide nucleotide landscapes. For instance, it is thought to be the main force that shaped the isochore structure of mammals and birds [116]. gBGC has been mostly studied by comparing genomic regions with different rates of (crossing-over) recombination (reviewed in [116]). However, comparing species with contrasted breeding systems offers a broader and unique opportunity to study gBGC. gBGC cannot occur in asexuals because recombination is lacking. Selfing is also expected to reduce the gBGC efficacy because meiotic drive does not occur in homozygotes [117]. To our knowledge, GC content has never been compared between sexual and asexual taxa, but there have been comparisons between outcrossers and selfers.

As expected, no relationship was found between local recombination rates and GC-content in the highly selfing *Arabidopsis thaliana* [117], and Wright et al. [118] suggested that the (weak) differences observed with the outcrossing *A. lyrata* and *Brassica oleracea* could be due to gBGC. Much stronger evidence has been obtained in grasses. Grasses are known to exhibit unusual genomic base composition compared to other plants, being richer and more heterogeneous in GC-content [119], and direct and indirect evidences of gBGC have been accumulating [119, 120–122]. Accordingly, GC-content or equilibrium GC values were found to be higher in outcrossing than in selfing species [24, 84, 120]. Difference in gBGC between outcrossing and selfing lineages has also been found in the plant genus *Collinsia* [123] and in freshwater snails [66], although difference in selection on codon usage cannot be completely ruled out.

gBGC can also affect functional sequence evolution, leaving a spurious signature of positive selection and increasing the mutation load through the fixation of weakly deleterious $AT \rightarrow GC$ mutations: gBGC would represent a genomic Achilles' heel [124]. Once again, comparing outcrossing and selfing species is useful for detecting interference between gBGC and selection. gBGC is expected to counteract selection in outcrossing species only. The Achilles' heel hypothesis could explain why relaxed selection was not detected in four grass species belonging to the Triticeae tribe [84]. In outcrossing species, but not in selfing ones, dN/dS was found to be significantly higher for genes exhibiting high than low equilibrium GC-content, suggesting that selection efficacy could be reduced because of high substitution rates in favor of GC alleles in these outcrossing grasses. In outcrossing species,

gBGC can maintain recessive deleterious mutations for a long time at intermediate frequency, in a similar way to overdominance [125]. This could generate high inbreeding depression in outcrossing species, preventing the transition to selfing. In reverse, recurrent selfing would reduce the load through both purging and the avoidance of gBGC, thus reducing the deleterious effects of inbreeding. Under this scenario, gBGC would reinforce disruptive selection on mating systems. In the long term, gBGC could be a new cost of outcrossing: because of gBGC, not drift, outcrossing species could also accumulate weakly deleterious mutations, to an extent which could be substantial given current estimates of gBGC and deleterious mutation parameters [125]. Whether this gBGCinduced load could be higher than the drift load experienced by selfing species remains highly speculative. Both theoretical works, to refine predictions, and empirical data, to quantify the strength of gBGC and its impact on functional genomic regions, are needed in the future. Grasses are clearly an ideal model for investigating these issues, but comparisons with groups having lower levels of gBGC would also be helpful.

2.3.3 Transposable Elements in Selfers and Asexuals: Purging or Accumulation?

Considering the role of sex in the spread of selfish elements, TEs should be less frequent in selfers and asexuals than in outcrossers because they cannot spread from one genomic background to another through syngamy. However, highly selfing and asexual species derive from sexual outcrossing ancestors, from which they inherit their load of TEs. TE distribution eventually depends on the balance between additional transposition within selfing/clonal lineages on one hand and selection or excision on the other. Following the abandonment of sex, large asexual populations are expected to purge their load of TEs, provided excision occurs, even at very low rates. However, purging can take a very long time, and, without excision, TEs should slowly accumulate, not decline [126]. In small populations, even with excision, a Muller's ratchet-like process drives TE accumulation throughout the genome [126]. Transition from outcrossing to selfing should also rapidly purge TEs, but as for asexuals, in small fully selfing populations, TEs can be retained [127]. Using yeast populations, it was experimentally confirmed that sex increases the spread of TEs [128, 129]. TE numbers were also found to be higher in cyclically sexual than in fully asexual populations of Daphnia pulex [130–132] (Table 3), contrary to what was described in the parasitoid wasp Leptopilina clavipes and in root knot nematode species (Table 3). It should be noted that several comparative studies on asexual arthropods, nematodes, primroses, and green algae did not evidence any significant effect of breeding system on TE content or evolution (Table 3). At larger evolutionary scales, the putatively ancient asexual bdelloid rotifers strikingly exemplify the fact that

Table 3 Summary of studies comparing transposable element distribution and dynamics between different breeding systems

	Taxonomic		Age of selfing/			
	group	Groups compared	asexuality	TE types	Effect of breeding system	References
Outcrossing/	Arabidopsis	A. thaliana (selfer)/	Recent (0.5-1 M years)	Ac-like DNA TE		
selfing		A. lyrata (outcrosser)				
	Arabidopsis	A. thaliana (selfer)/	Recent (0.5–1 M years)	DNA TE, LTR and	No difference in insertion	Lockton and Gaut
		A. lyrata (outcrosser)		non-LTR RNA TE (no full genome	number, purifying selection lower in the	[140]
				reference)	selfing species	
	Arabidopsis	A. thaliana (selfer)/	Recent (0.5–1 M years)	DNA TE, LTR and	Three times more copies and	de la Chaux et al.
		A. Eyruuu (OULCI USSCI)		(full genome	families in the outcrosser.	[171]
				reference)	Recent decrease in TE in	
					number in the selfer	
	Capsella	C. orientalis and	Recent (~<1 M years)	DNA TE, LTR and	Slight insertion increase in	Agren et al. [142]
		C. rubella (selfers)/	for C. orientalis, very	non-LTR RNA TE	the recent selfer, strong	
		C. grandiflora	recent		decrease in the older selfer	
		(outcrosser)	(~20,000 years) for C. rubella			
	Solanum	SI and SC species of the	Recent (~<1 M years)	copia-type RNA TE	No effect of MS on TE	Tam et al. [138]
		S. lycopersicum section		(ToRTLI, T135,	insertions. Reduced TE	
				$\operatorname{Tnt1})$	sequence diversity in SC	
					lineages. Compatible with	
					a nearly neutral model	
	Caenorhabditis	C. elegans (selfer)/	Rather recent (<~4 M	Tc1 DNA TE	Purifying selection against	Dolgin et al.
		C. remanei	years)		TEs less efficient in the	[229]
		(outcrosser)			selfing species	

Docking et al. [228]	Agren et al. [160]	Zeyl et al. [235]	Zeyl et al. [128]	Goodwin and Poulter [230]	Bast et al. [226]	Arkhipova and Meselson [133]	Sullender and Crease [130], Valizadeh and Crease [131]	Jiang et al. [231]	(continued)
Presence of conserved TE in asexuals	No significant effect	No significant effect	Higher increase in TE frequency in sexual lines	More TE families but most of them inactive and lower copy number than in <i>S. cerevisiae</i>	No difference in any of the five pairs	Absence of RNA TE in asexuals	Lower TE insertion in asexuals	Lower TE insertion but more fixed ones in asexuals. Substantial fraction of TE in asexuals inherited directly from sexuals	
Ty1/copia, Ty3/gypsy, and LINE-like RNA TE	DNA TE, LTR and non-LTR RNA TE	Two DNA TE (TOC1, Gulliver)	Ty3 RNA TE	LTR RNA TE	DNA TE, LTR and non-LTR RNA TE	LINE-like and <i>gypsy-</i> like RNA TE, <i>Mariner/</i> TC1-like DNA TE	One DNA TE (Pokey)	DNA TE, LTR and non-LTR RNA TE	
Uncertain, maybe between 1 and 10 M years	Unknown	800 asexual generations/100 asexual generations vs. 11 sex events	200–300 asexual generations/8 sex events	Unknown. Rare sex events	From very recent $(\sim 22 \text{ yrs.}, 10,000 - 40,000 \text{ generations})$ to old $(\sim 10 \text{ Myrs})$	Old	Recent (<200,000 years)	Recent (<200,000 years)	
Comparison with sexual plants	17 asexual/13 sexual lineages	Asexual experimental lines	Sexual and asexual experimental lines with TE at initial frequency 1%	Asexual species, compared with <i>S. cerevisiae</i>	Five pairs of asexual/ sexual lineages	Comparison with many other sexual metazoan	Different isolates of the same species	20 asexuals/20 sexuals isolates	
Four asexual angiosperm species	Oenothera	Chlamydomonas reinhardtii	Saccharomyces cerevisiae	Candida albicans	Arthropods	Bdelloid rotifers	Daphnia pulex	Daphnia pulex	
Sexuals/ asexuals									

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Table 3 (continued)

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Taxonomic group	Groups compared	Age of selfing/ asexuality	TE types	Effect of breeding system	References
Daphnia pulex	Asexual/sexual mutation- accumulation experimental lines	40 asexual generations/at least one sex event	6 DNA TE families	Higher rate of DNA TE loss in cyclical than in obligate parthenogenous lineages	Schaack et al. [233]
Root-knot nematodes	3 obligate asexuals/1 facultative asexual	Uncertain, maybe between 17 and 40 Myrs	DNA TE, LTR and non-LTR RNA TE	Higher TE content in asexuals	Blanc-Mathieu et al. [157]
Nematodes	42 species (dioecy, androdioecy, facultative parthenogenesis, strict apomixis)	Uncertain, maybe between 17 and 40 M years	DNA TE, LTR and non-LTR RNA TE	No significant effect of breeding system	Szitenberg et al. [234]
Leptopilina clavipes	<pre>1 sexual/1 asexual (Wolbachia-induced) lineages</pre>	Recent (<12,000-43,000 generations)	DNA TE, LTR and non-LTR RNA TE	Proliferation of DNA TE and <i>mpsy</i> -like RNA TE in asexual lineages	Kraaijeveld et al. [232]

asexuals can purge their load of TEs. Unlike all sexual eukaryotes, they appear to be free of vertically transmitted retrotransposon, while their genome contains DNA transposons, probably acquired via horizontal transfers [133, 134]. Examples of TE accumulation in asexuals are less common, maybe because species are doomed to extinction under this evolutionary scenario [135]. However, the increase in genome size in some apomictic lineages of *Hypericum* species may result from this process [136].

In selfers, the distribution of TEs depends not only on the population size but also on the mode of selection against TEs [127, 137]. Under the "deleterious" model, TE insertions are selected against because they disrupt gene functions. According to the "ectopic exchange" model, TEs are selected against because they generate chromosomal rearrangements through unequal crossing-over between TE at nonhomologous insertion sites. Under the first of these two models, homozygosity resulting from selfing increases the selection efficacy against TEs, while under the second one, under-dominant chromosomal rearrangements are less selected against in selfing than in outcrossing populations [127, 137]. A survey of Ty1-copia-like elements in plants suggests that they are less abundant in self-fertilizing than in outcrossing plants, thus supporting the "deleterious" rather than the "ectopic" exchange model [127]. The distribution of retrotransposons in self-incompatible and self-compatible Solanum species also supports the "deleterious" model, even though most insertions are probably neutral [138] (Table 3). In the selfer Arabidopsis thaliana, selection efficacy against TEs seems to be reduced compared to its outcrossing sister species A. lyrata [139, 140], but comparison of the two complete genomes revealed a higher load of TE in A. lyrata and a recent decrease in TE in number in A. thaliana, in agreement with the date of transition to selfing [141]. In the Capsella genus, while the very recent selfer C. rubella possesses a slightly higher number of TEs than the outcrossing C. grandiflora, the oldest selfer C. orientalis exhibits a significantly reduced load of TE [142] (Table 3). Other selfish elements, such as B chromosomes, are also less frequent in selfers, in support of the view that inbreeding generally prevents selfish element transmission [102].

2.4 Breeding Systems, Ploidy, and Hybridization Atypical breeding systems are often associated with polyploidy [143], and the reasons for this association are not entirely clear. Polyploid mutants might be more likely to establish as new lineages in selfers and asexuals than in obligate outcrossers if crosses between polyploids and diploids are unfertile or counterselected. This is because at low population frequency a polyploid mutant will experience the disadvantage of mostly mating with diploids—the minority cytotype exclusion principle [144, 145]—unless it reproduces asexually or via selfing. In addition, by doubling gene copy number, polyploidy might alleviate the fitness cost of recessive

deleterious mutations being exposed at homozygous state in selfers [146]. Kreiner et al. [147] reported that in Brassicaceae the rate of production of unreduced gametes is higher in asexuals than in outcrossers, suggesting that mating systems can influence not only the establishment rate but also the mutation rate to polyploidy.

Recent genome-wide data analyses have revealed that a number of polyploid selfers or asexuals actually correspond to allopolyploids (e.g., [59, 148–151]), highlighting the possibility that hybridization plays a role in breeding system and ploidy evolution. Hybridization between facultative asexuals might cause immediate transition to obligate asexuality if the two progenitor genomes are so divergent that meiosis is impaired—e.g., due to chromosomal rearrangements, or in case of genetic incompatibilities affecting genes involved in sexual reproduction [16]. Numerous selfing or asexual lineages, either diploid or polyploid, are known to be of hybrid origin (e.g., [13, 152–157]). Hybridization would therefore appear as a potential cause, and polyploidy a potential consequence, of atypical breeding systems [16], but more genome-wide data are obviously needed to draw firm conclusions on these complex relationships.

2.5 Breeding Systems and Genome Size Evolution

As argued above, breeding systems can affect many aspects of genome content and organization. They should also affect the whole genome size. Following Lynch's theory [1], genome size should be higher in selfers and asexuals because of their reduced effective population size, hence reduced ability to get rid of useless, slightly costly sequences. However, the picture is probably more complex. First, because of the recent origin of many selfing and (at least some) asexual lineages, relaxed selection may not have operated longly enough to impact genome size. Second, because of their immunity to selfish element transmission, selfers and asexuals should exhibit lower genome size, especially in groups where TEs are major determinants of genome size. Hence, it is not clear whether genetic drift or resistance to selfish elements (or other processes) is the most important in governing genome size evolution in various breeding systems.

Meta-analyses performed in plants provided equivocal answers. Analysis of the distribution of B chromosomes showed a strong and significant positive association between outcrossing, the occurrence of B chromosomes, and genome size [102, 158]. However, after phylogenetic control, only the association between breeding systems and B chromosomes remains. Whitney et al. [159] simultaneously tested the effect of breeding systems (using outcrossing rate estimates) and genetic drift (using polymorphism data) on genome size in seed plants. Raw data showed a significant effect of both breeding systems and genetic drift, according to theoretical predictions. However, no effect was observed after phylogenetic control, leading the authors to reconsider the hypothesis of a role of nonadaptive processes in genome size evolution. Similarly, phylogenetic comparative analysis of 30 primrose species (*Oenothera*) covering several transitions to asexuality showed no significant relationship between reproductive mode and genome size [160].

Because breeding systems can evolve quickly, more detailed analyses at a short phylogenetic scale are needed to get a clearer picture of their effects on genome size evolution. Moreover, breeding systems are often correlated with other life history traits, such as lifespan, which can make it hard to clarify the causes and consequences of the observed correlations. A detailed analysis of genome size in the Veronica genus suggests that selfing, not annuality, is associated with genome size reduction [161]. A comparison of 14 pairs of plant congeneric species with contrasted mating systems also suggested a genome size reduction in selfers [162]. However, this could partly have been due to the four polyploid selfing species of the dataset-polyploidy can lead to haploid genome size reduction because of the loss of redundant DNA following polyploidization. A better understanding can be gained from the comparative analysis of genome composition and organization, not only genome size. In Caenorhabditis nematodes, the observed reduction in genome size is not driven by reduction in TEs but by a global loss of all genomic compartments [163]. This pattern contradicts the hypothesis of relaxed selection in selfers against the accumulation of deleterious genomic elements. Alternatively, it could be explained by deletion bias and high genetic drift in selfers. However, in mutation accumulation lines, insertions predominate over deletion in the selfing C. elegans, and deletions occurred at the whole gene level instead of being at random among genomic compartments, as predicted under a general deletion bias (see discussion in ref. 163). In this genus, Lynch's hypothesis that evolution of genome size should be driven by changes in $N_{\rm e}$ does not apply. Alternatively, the authors suggested that it is a more direct consequence or even an adaptation to the selfing lifestyle, although the underlying mechanisms still remain unclear.

3 A Genomic View of Breeding System Evolution

Because breeding systems can strongly affect genome structure and evolution, conversely, genomic approaches offer new powerful tools to reconstruct breeding system evolution and to test evolutionary hypotheses, especially concerning long-term evolution.

3.1 Genomic Approaches to Infer Breeding System Evolution

3.1.1 Genomic Characterization of Breeding Systems

Genetic markers have long been used to determine breeding systems and quantify selfing rates or degrees of asexuality. For instance, current selfing rates can be inferred using molecular markers through F_{IS} estimates or preferably—although more time consuming-through progeny analyses [164-166]. Multilocusbased estimates that take identity disequilibrium into account greatly improve the simple F_{IS} -based method that is sensitive to several artifacts such as null alleles ([167], see also refs. 168, 169). This method, implemented in the RMES software [167], has proven to give results very similar to progeny-based methods [170]. To take advantage of the information potentially available in sequence data, coalescence-based estimators have also been proposed to infer long-term selfing rates, and they have been implemented more recently in a Bayesian clustering approach in the INSTRUCT software package [171]. However, this approach mostly captures information from recent coalescence events so that such approaches still estimate recent selfing rates [28]. Much more information about long-term selfing rates can be derived from LD patterns [19], but this has not been fully exploited for selfing rate estimators (for instance, LD is not taken into account in INSTRUCT). Similarly, recombination can be inferred using genetic markers or sequence data, and more generally, various methods have been proposed to characterize the degree of clonality in natural populations (for review see ref. 172) and recently implemented in the R package RClone [173].

Initially, such methods were applied with few markers, from which only global descriptions of breeding systems were deducible. Thanks to the considerable increase in sequencing facilities, it has become possible to finely characterize temporal and spatial variations in breeding systems. In *A. thaliana*, an analysis of more than 1000 individuals in 77 local stands using more than 400 SNP markers revealed spatial heterogeneity in outcrossing rates. Local "hotspots" of recent outcrossing (up to 15%) were identified, while other stands exhibited complete homozygosity with no detectable outcrossing [174]. Interestingly, at this local scale (from 30 m to 40 km), outcrossing rates have been found to be twofold higher on average in rural than in urban stands; hence, selfing could be associated with higher disturbance in urban stands.

Genomic data may also help characterize breeding systems in species with unknown or ill-characterized life cycles. In yeasts *Saccharomyces cerevisiae* and *S. paradoxus*, the analyses of linkage disequilibrium patterns allowed to quantify the frequency of (rare) sexual reproduction events and the proportion of inbreeding and outcrossing during these events [175, 176]. For instance, in the pico-algae *Ostreococcus*, no sexual form or process has been detected in the lab. However, the occurrence of infrequent recombination (about 1 meiosis for 10 mitoses) inferred from a population genomics approach and the presence of meiosis genes in the genome

support the existence of a sexual life cycle [177]. Moreover, a strong negative correlation between chromosome size and GC-content has been observed [178]. In mammals and birds (among others), such a pattern has been interpreted as a longterm effect of gBGC acting on chromosomes with different average recombination rates [116]-small chromosomes having higher recombination rates because of the constraint of at least one chiasmata per chromosome arm. A similar interpretation for Ostreococcus is thus appealing. Genomic data also allow to test whether the theoretical signatures of long-term asexuality are observed in putative asexuals. As an example, whole-genome analyses of the trypanosome T. b. gambiense demonstrated an independent evolution and divergence of alleles on each homologous chromosome (the "Meselson effect" [179, 180]), which is indicative of strict asexual evolution [88]. In contrast, genomic studies of the putatively ancient asexual bdelloids recently uncovered the occurrence of inter-individual genetic exchanges ([181, 182] see below Subheading 3.2.2).

3.1.2 Inferring and Dating Breeding System Transitions

Genomic approaches are also useful for analyzing the dynamics of breeding system evolution. A simple way is to map breeding system evolution on phylogenies, which could provide a raw picture of the frequency and relative timing of breeding system transitions (e.g., [183]). However, these approaches, based on ancestral character reconstruction, are hampered by numerous uncertainties. For instance, in the case of two sister species with contrasting breeding systems, such as *A. thaliana* and *A. lyrata*, it is impossible to know whether *A. thaliana* evolved toward selfing just after divergence (about five million years ago) or only very recently. At a larger phylogenetic scale, inferring rates of transition between characters and ancestral states can be biased if diversification rates differ between characters—this is typically expected with breeding systems for which asexuals and selfers should exhibit higher extinction rates than outcrossers [184].

Thanks to the genomic signatures left by contrasted breeding systems, it is possible to trace back transitions in the past and to date them more precisely. In diploid asexual species, because of the arrest of recombination, the two copies of each gene have diverged independently since the origin of asexuality. After having calibrated the molecular clock, it is thus possible to date this origin from the level of sequence divergence between the two copies. This so-called Meselson effect was observed and quantified in the trypanosome *T. b. gambiense*, suggesting that this species evolved asexually about 10,000 years ago [88]. However, no Meselson effect has been observed in other presumably ancient asexual species such as oribatid mites [185] or darwinulid ostracods [186], while data refute the possibility of cryptic sex. In such cases, it is thus not possible to infer when recombination actually stopped, presumably because of

homogenizing processes such as very efficient DNA repair or automixis. Mitotic recombination could also obscure the pattern predicted under this Meselson effect. Of note, when asexuality originates by hybridization (*see* above Subheading 2.4), the last common ancestor of the two copies of a gene dates back to the ancestor of the two parental lineages, which can be much older than the hybridization date, faulting the above-described rationale.

Past transitions from outcrossing to selfing have also been investigated, through either population genomics approaches or the evolutionary analysis of self-incompatibility (SI) genes, which are directly involved in the transition to selfing. Since the evolution of selfing requires the breakdown of SI systems, initially constrained S-locus genes are expected to evolve neutrally after a shift to selfing. In A. thaliana, Bechsgaard et al. [187] reasoned that the dN/dS ratio in the selfing lineage should be the average of the neutral dN/dS (i.e., 1) and the outcrossing dN/dS—inferred from sister lineages-weighted by the time spent in the selfing vs. the outcrossing state. They deduced that SRK, one of the major SI genes, became a pseudogene less than 400,000 years ago. SRK, however, is not the only gene involved in SI. Mutations in other genes may have previously disrupted the SI system, thus confusing SRK-based dating. Indeed, coalescence simulations showed that the observed genome-wide pattern of linkage disequilibrium is compatible with the transition to selfing one million years ago [188], suggesting a possible but debated two-step scenario in the evolution of selfing [189, 190]. The persistence of three distinct divergent SRK haplotypes among extant A. thaliana individuals also suggests multiple loss of SI [191], but the recent discovery of the co-occurrence of the three haplotypes in Moroccan populations makes possible the evolution of selfing in a single geographic region [192]. In another Brassicaceae, i.e., Capsella rubella, analyses of both S-locus and genome-wide genes coupled with coalescence simulations suggested that selfing evolved very recently from the outcrosser C. grandiflora, around 50,000 years ago [193, 194] from a potentially large number of founding individuals followed by a strong reduction in $N_{\rm e}$ [195]. In the tetraploid selfer Arabidopsis suecica, which originated as a hybrid between A. thaliana and the outcrossing A. arenosa, the genomic analysis of the S-locus also revealed the origin of selfing, suggesting an instantaneous loss of SI due to the fixation of nonfunctional alleles from both parents around 16,000 years ago [150].

3.2 Matching Breeding System Evolution Theories with Genomic Data

3.2.1 Testing the Dead-End Hypothesis: Comparison Between Selfing and Asexuality The expected reduction in N_e in selfers and asexuals may increase the drift load (accumulation of slightly deleterious mutations) and preclude adaptation. Selfing and clonality are thus supposed to be evolutionary dead ends [17, 18]. The twiggy phylogenetic distributions of asexuals [196] and selfers [183] or self-compatible species [197] suggest they are mostly derived recently from outcrossing ancestors (but see ref. 198). However, this observation may not be sufficient to support the dead-end hypothesis, and neutral models can also explain this pattern [199-201]. In a comprehensive and epochal phylogenetic study of several Solanaceae genera, Goldberg et al. [202] went further by testing the irreversibility of transitions. Using a phylogenetic method developed for estimating the character effect on speciation and extinction [203, 204], they showed that self-compatible species have both higher speciation and extinction rates-with the resulting net diversification rates being lower-than self-incompatible species. This was the first direct demonstration of the dead-end hypothesis, and additional results have been obtained in Primula species [205]. On the contrary, in the Oenothera genus, asexuality has been found associated with increased diversification but frequent reversion toward the sexual system, suggesting that the form of asexuality in this group is not an evolutionary dead end [206].

Genomic data also provide an opportunity to investigate the genetic causes of such long-term evolutionary failures. The increased dN/dS ratios reported in asexuals (see above) suggest that deleterious point mutations contribute to the load. However, in Daphnia rapid exposure of recessive deleterious alleles through mitotic recombination or gene conversion likely has a much stronger effect on clone persistence than their long-term accumulation under Muller's ratchet [60]. TE could also contribute to the load and to the extinction of asexuals [135], though more data are still needed to unambiguously support this hypothesis (but see ref. 136). The pattern in selfers is less clear. While theory globally predicts a reduction in selection efficacy in selfers, models also highlight conditions under which selection can be little affected or even enhanced in selfers [72, 73, 207], especially regarding TE accumulation [127, 137]. Empirical data on both protein and TE evolution have not revealed any strong evidence of long-term accumulation of deleterious mutation in selfers, as compared to outcrossers, whereas polymorphism data mainly support relaxation of selection in selfers (Table 2). This is in agreement with the recent origin of selfing but makes difficult further inference of the underlying causes of higher extinction in selfers as trait-dependent diversification processes alter the relationship between life history traits and rate of molecular evolution [208]. A reduced ability to respond to environmental changes through adaptive evolution could also contribute to long-term extinction in asexuals (but see ref. 209) and selfers, especially if standing variation is needed to rescue

populations experiencing environmental challenges [77, 210]. Few studies, however, have compared the rate of adaptation in selfers and outcrossers (*see* Table 2). Theoretical predictions regarding this effect, moreover, critically depend on the dominance level of new favorable mutations [72, 73, 77, 210], which are poorly known (but *see* ref. 80).

While several issues remain open, current knowledge suggests that selfers are less prone to extinction than asexuals. The wider distribution of selfing than clonality in plants supports this view [211, 212]. Selfers could go toward extinction more slowly than asexuals, and the causes of their extinction could differ. Since deleterious mutations should accumulate at a slower rate in selfers than in asexuals, as suggested by theory and current data, this process would likely not be sufficient to drive them to extinction. The reduced adaptive potential could be the very cause of their ultimate extinction as initially proposed by Stebbins [18], which could generally occur before sufficient deleterious mutations have accumulated to be detected via molecular measures of divergence. On the contrary, in asexuals, the accumulation of deleterious mutations could be fast enough to leave a molecular signature and contribute to extinction. Alternatively, demographic characteristics associated with uniparental reproduction, such as recurrent bottlenecks, fragmented populations, and extinction/recolonization dynamics, could be sufficient to drive population extension simply because of higher sensitivity to demographic stochasticity (see also ref. 213). Genomic degradation would only be the witness of the evolution toward selfing and clonality without being the ultimate cause of their extinctions. These hypotheses need to be further investigated by building more realistic demo-genetic model and by better integrating genomic and ecological approaches.

The literature reviewed above focuses on intrinsic factors that may affect the extinction rate of selfing and asexual species, taken as established lineages, compared to their sexual relatives. Alternatively, Janko et al. [199] suggested that if asexual mutants are produced at a relatively high rate and compete with each other, this would imply a rapid turnover between clonal lineages and a young expected age for extant asexuals, without the need to invoke any fitness effect (*see* also refs. 200, 201). Of note, this model invokes competitive exclusion among clonal lineages, but not between clonal and sexual ones—the ancestral sexual gene pool is assumed to be immune from extinction.

3.2.2 Evading the "Dead The few putatively ancient asexuals known so far seem to escape the mutational load predicted by the dead-end hypothesis and avoid extinction over long evolutionary time scales. For example, fossil evidence and decades of microscopic observations indicate that bdelloid rotifers have apparently persisted for over 40 million years without meiosis, males, or conventional sexual reproduction

[15, 214]. As a matter of fact, the first genome assembly published for these organisms confirmed that their genome structure is incompatible with conventional meiosis [215]. However, two independent studies recently demonstrated that bdelloids could experience genetic exchanges between individuals.

A first article by Debortoli et al. [182] evidenced frequent horizontal exchanges of genetic fragments between individuals of the species *Adineta vaga* (Adinetidae). Such horizontal transfers could be promoted by the peculiar ecology of these rotifers, which experience frequent desiccations damaging their cell and nucleus membranes and thus allowing for the entry of foreign DNA in the cells. In addition, desiccation induces multiple DNA double-strand breaks, facilitating the integration of foreign DNA during repair processes.

Another study by Signorovitch et al. [181] identified a pattern of allele sharing between individuals of the species *Macrotrachela quadricornifera* (Philodinidae) that was incompatible with strict asexual evolution. The authors suggested that bdelloids had evolved an atypical meiotic mechanism similar to what has been described in some species of primroses (*Oenothera*), in which chromosomes organize into a ring during meiosis without requiring homologous chromosome pairing [216]. They advocated that even rare events of such unconventional sex could be enough to generate the observed pattern of allele sharing.

In the absence of conventional meiosis and syngamy, bdelloid rotifers might thus have escaped extinction by maintaining some level of genetic exchanges between individuals, either through horizontal gene transfers or unconventional *Oenothera*-like meiosis. Regardless of the underlying molecular mechanisms, bdelloids should not be considered as "ancient asexual scandals" anymore. These recent results call for a reassessment of the reproductive mode of all supposedly ancient asexuals (*see* Subheading 3.1.1 above). The rise of genomic studies in recent years will greatly contribute to decipher whether putative asexuals evolve as strict asexuals or have developed new alternatives to sex.

4 Conclusion and Prospects

There is a large body of theory on the effects of breeding systems on molecular evolution. However, some of them have not been clearly verified by empirical data, and numerous questions remain. Genomic data have also partly unveiled the complexity of breeding systems, especially in asexual or presumably asexual species. Promising prospects include (1) analysis of the rate and pattern of transition to selfing/asexuality using densely sampled phylogenies with appropriate breeding system distributions combined with genome-wide molecular data, (2) distinguishing between the different forms of selection with a better characterization of the fitness effect of mutations, (3) explicitly accounting for the possible association between breeding system shifts and non-equilibrium demographic dynamics (e.g., bottlenecks in selfers, clone turnover in asexuals). A large theoretical corpus has already been developed, and thanks to the increasing availability of genomic data, qualitative patterns are now rather well described and partly understood. Another challenge in the future is also to make our predictions and tests more quantitative.

5 Questions

- 1. What population genetic parameters are affected, and how, by selfing and asexuality?
- 2. What are the potential problems when comparing the dN/dS ratio between selfers and outcrossers or sexuals and asexuals?
- 3. What is the evolutionary "dead-end hypothesis," and how can we test it using phylogenetic and evolutionary genomic tools?

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Fig. 1 It can be useful to think of the substitution process at a site as movement on a site-specific fitness landscape. The horizontal axis in each figure shows the amino acids at a hypothetical site in order of their stationary frequencies indicated by the height of the bars. Frequency is a function of mutation and selection, but can be construed as a proxy for fitness. The site-specific dN/dS ratio [25] is a function of the amino acid that occupies the site, and can be <1(left of the red dashed line) or >1 (right of the dashed red line). (a) Suppose phenylalanine (F, TTT) is the fittest amino acid. The site-specific dN/dS ratio is much less than one when occupied by F because any nonsynonymous mutation will always be to an amino acid that is less fit. Nevertheless, it is possible for an amino acid such as valine (V, GTT) to be fixed on occasion, provided that selection is not too stringent. When this happens, dN/dS at the site is temporarily elevated to a value greater than one as positive selection moves the site back to F by a series of replacement substitutions, e.g., V (GTT) \rightarrow G (GGT) \rightarrow C (TGT) \rightarrow F (TTT). We call the episodic recurrence of this process shifting balance on a static fitness landscape. Shifting balance on a landscape for which all frequencies are approximately equal corresponds to nearly neutral evolution (not depicted), when dN/dS is always ≈ 1 . (b) Now, consider what happens following a change in one or more external factors that impact the functional significance of the site. The relative fitnesses of the amino acids might change from that depicted in **a** to that in **b** for instance, where glutamine (Q) is fittest. If at the time of the change the site is occupied by F (as is most likely), then dN/dS would be temporarily elevated as positive selection moves the site toward its new peak at Q, e.g., F (TTT) \rightarrow Y (TAT) \rightarrow H (CAT) \rightarrow Q (CAA). This process of adaptive evolution is followed by a return to shifting balance once the site is occupied by Q

for 61^{*N*} categories). We refer to $P = P_M(\theta_M)$ as the site-pattern distribution for that model. Figure 2 depicts the space of all possible site-pattern distributions for an *N*-taxon alignment. Each ellipse represents the family of distributions $\{P_M(\theta_M)|\theta_M \in \Omega_M\}$, where Ω_M is the vector space of all possible values of θ_M . For example, $\{P_{M0}(\theta_{M0})|\theta_{M0} \in \Omega_{M0}\}$ is the family of distributions that can be



Fig. 2 The $(61^N - 1)$ -dimensional simplex containing all possible site-pattern distributions for an N-taxon alignment is depicted. The innermost ellipse represents the subspace $\{P_{M0}(\theta_{M0})|\theta_{M0} \in \Omega_{M0}\}$ that is the family of distributions that can be specified using M0, the simplest of CSMs. This is nested in the family of distributions that can be specified using M1 (blue ellipse), a hypothetical model that has the same parameters as M0 plus some extra parameters. Similarly, M1 is nested in M2 (red ellipse). Whereas models are represented by subspaces of distributions, the true generating process is represented by a single point $P_{\rm GP}$, the location of which is unknown. The empirical site-pattern distribution $P_{\rm S}(\hat{\theta}_{\rm S})$ corresponds to the saturated model fitted to the alignment; with large samples, $P_{\rm S}(\hat{\theta}_{\rm S}) \approx P_{\rm GP}$. For any other model M, the member $P_{\mathsf{M}}(\hat{\theta}_{\mathsf{M}}) \in \{P_{\mathsf{M}}(\theta_{\mathsf{M}}) \mid \theta_{\mathsf{M}} \in \Omega_{\mathsf{M}}\}$ most consistent with X is the one that minimizes deviance, which is twice the difference between the maximum log-likelihood of the data under the saturated model and the maximum log-likelihood of the data under M

specified using M0, the simplest CSM that assumes a common substitution rate matrix Q for all sites and branches. This is nested inside $\{P_{M1}(\theta_{M1})|\theta_{M1} \in \Omega_{M1}\}$, where M1 is a hypothetical model that is the same as M0 but for a few extra parameters. Likewise, M1 is nested in M2. The location of the site-pattern distribution for the true generating process is represented by P_{PG} . Its location is fixed but unknown. It is therefore not possible to assess the distance between it and any other distribution. Instead, comparisons are made using the site-pattern distribution inferred under the saturated model.

Whereas a CSM $\{P_M(\theta_M)|\theta_M \in \Omega_M\}$ can be thought of as a family of multinomial distributions for the 61^N possible site patterns, the fitted saturated model $P_S(\hat{\theta}_S)$ is the unique distribution defined by the MLE $\hat{\theta}_S = (y_1/n, \dots, y_m/n)^T$, where $y_i > 0$ is the observed frequency of the *i*th site pattern, *m* is the number of unique site patterns, and *n* is the number of codon sites. In other

words, the fitted saturated model is the empirical site-pattern distribution for a given alignment. Because it takes none of the mechanisms of mutation or selection into account, ignores the phylogenetic relationships between sequences, and excludes the possibility of site patterns that were not actually observed (i.e., $y_i/n = 0$ for site patterns *i* not observed in *X*), $P_S(\hat{\theta}_S)$ can be construed as the maximally phenomenological explanation of the observed alignment. An alignment is always more likely under the saturated model than it is under any other CSM. $P_S(\hat{\theta}_S)$ therefore provides a natural benchmark for model improvement.

For any alignment, the MLE over the family of distributions $\{P_M(\theta_M)|\theta_M \in \Omega_M\}$ is represented by a fixed point $P_M(\hat{\theta}_M)$ in Fig. 2. $P_M(\hat{\theta}_M)$ is the distribution that minimizes the statistical deviance between $P_M(\theta_M)$ and $P_S(\hat{\theta}_S)$. Deviance is defined as twice the difference between the maximum log-likelihood (LL) of the data under the saturated model and the maximum log-likelihood of the data under M:

$$D(\hat{\theta}_{\mathrm{M}}, \hat{\theta}_{\mathrm{S}}) = 2\{\ell(\hat{\theta}_{\mathrm{S}} \mid X) - \ell(\hat{\theta}_{\mathrm{M}} \mid X)\}$$
(2)

A key feature of deviance is that it always decreases as more parameters are added to the model, corresponding to an increase in the probability of the data under that model. For example, suppose $\{P_{M2}(\theta_{M2})|\theta_{M2} \in \Omega_{M2}\}$ is the same family of distributions as $\{P_{M1}(\theta_{M1})|\theta_{M1} \in \Omega_{M1}\}$ but for the inclusion of one additional parameter ψ , so that $\theta_{M2} = (\theta_{M1}, \psi)$. The improvement in the probability of the data under $P_{M2}(\hat{\theta}_{M2})$ over its probability under $P_{M1}(\hat{\theta}_{M1})$ is assessed by the size of the reduction in deviance induced by ψ :

$$\Delta D(\hat{\theta}_{M1}, \theta_{M2}) = D(\theta_{M1}, \theta_S) - D(\theta_{M2}, \theta_S)$$
$$= 2\{\ell(\hat{\theta}_{M2} \mid X) - \ell(\hat{\theta}_{M1} \mid X)\}$$
(3)

Equation 3 is just the familiar log-likelihood ratio (LLR) used to compare nested models under the maximum likelihood framework.

Given this measure of model improvement, the de facto objective of model building is not to provide a mechanistic explanation of the data that more accurately represents the true generating process, but only to move closer to the site-pattern distribution of the fitted saturated model. Real alignments are limited in size, so there will always be some distance between $P_S(\hat{\theta}_S)$ and P_{GP} due to sampling error (as represented in Fig. 2). But even with an infinite number of codon sites, when $P_S(\hat{\theta}_S)$ converges to P_{GP} , the criterion of minimizing deviance does not inevitably lead to a better explanation of the data because of the possibility of confounding. Two processes are said to be confounded if they can produce similar patterns in the data. Hence, if ψ represents a process *E* that did not actually occur when the data was generated, and if *E* is confounded with another process that did occur, the LLR in Eq. 3 can still be significant. Under this scenario, the addition of ψ to M1 would engender movement toward $P_S(\hat{\theta}_S)$ and P_{GP} , but the new model M2 would also provide a worse mechanistic explanation of the data because it would falsely indicate that *E* occurred. The possibility of confounding and its impact on inference is demonstrated in Case Study D.

3 Phase I: Pioneering CSMs

The first effort to detect positive selection at the molecular level [24] relied on heuristic counting methods [43]. Phase I of CSM development followed with the introduction of formal statistical approaches based on ML [16, 42]. The first CSMs were used to infer whether the estimate $\hat{\omega}$ of a single nonsynonymous to synonymous substitution rate ratio averaged over all sites and branches was significantly greater than one. Such CSMs were found to have low power due to the pervasiveness of synonymous substitutions at most sites within a typical gene [76]. An early attempt to increase the statistical power to infer positive selection was the CSM designed to detect $\hat{\omega} > 1$ on specific branches [78]. Models accounting for variations in ω across sites were subsequently developed, the most prominent of which are the M-series models [78, 81]. These were accompanied by methods to identify individual sites under positive selection. The quest for power culminated in the development of models that account for variations in the rate ratio across both sites and branches. The appearance of various branch-site models (e.g., [4, 10, 79, 86]) marks the end of Phase I of CSM development.

Two case studies are employed in this section to illustrate some of the inferential challenges associated with Phase I models. We use Case Study A to examine the impact of low information content on the inference of positive selection at individual codon sites. The subject of this study is the M1a vs M2a model contrast applied to the *tax* gene of the human T-cell lymphotropic virus type I (HTLV-I; [63, 82]). We use Case Study B to illustrate how model misspecification (i.e., differences between the fitted model and the generating process) can lead to false inferences. The subject of this study is the Yang–Nielsen branch-site model (YN-BSM; [79]) applied to simulated data.

3.1 Case Study A: Low Information Content To study the impact of low information content on inference, we use a pair of nested M-series models known as M1a and M2a [70, 82]. Under M1a, sites are partitioned into two rate-ratio categories, $0 < \omega_0 < 1$ and $\omega_1 = 1$ in proportions p_0 and $p_1 = 1$ – p_0 . M2a includes an additional category for the proportion of sites $p_2 = 1 - p_0 - p_2$ that evolved under positive selection with

 $\omega_2 > 1$. The use of multiple categories permits two levels of inference. The first is an omnibus likelihood ratio test (LRT) for evidence of positive selection somewhere in the gene, which is conducted by contrasting a pair of nested models. For example, the contrast of M1a vs M2a is made by computing the distance $LLR = \Delta D(\theta_{M1a}, \theta_{M2a})$ between the two models and comparing the result to the limiting distribution of the LLR under the null model. In this case, the limiting distribution of LLR is often taken to be χ_2^2 [75], which would be correct under regular likelihood theory because the models differ by two parameters. The second level of inference is used to identify individual sites that underwent positive selection. This is conducted only if positive selection is inferred by the omnibus test (e.g., if LLR > 5.99 for the M1a vs M2a contrast at the 5% level of significance). Let c_0 , c_1 , and c_2 represent the event that a given site pattern x falls into the stringent $(0 < \hat{\omega}_0 < 1)$, neutral $(\hat{\omega}_1 = 1)$, or positive $(\hat{\omega}_2 > 1)$ selection category, respectively. Applying Bayes' rule:

$$\Pr(c_2 \mid x, \hat{\theta}_{M2a}) = \frac{\Pr(x \mid c_2, \theta_{M2a})\hat{p}_2}{\sum_{k=0}^2 \Pr(x \mid c_k, \hat{\theta}_{M2a})\hat{p}_k}$$
(4)

Sites with a sufficiently high posterior probability (e.g., $\Pr(c_2 \mid x, \hat{\theta}_{M2a}) > 0.95$) are inferred to have undergone positive selection. Equation 4 is representative of the naive empirical Bayes (NEB) approach under which MLEs ($\hat{\theta}_{M2a}$) are used to compute posterior probabilities.

The NEB approach ignores potential errors in parameter estimates that can lead to false inference of positive selection at a site (i.e., a false positive). The resulting false positive rate can be especially high for alignments with low information content. An example setting with low information content arises when there are a substantial number of invariant sites, since these provide little information about the substitution process. The issue of low information content is well illustrated by the extreme case of the *tax* gene, HTLV-I [63]. The alignment consists of 20 sequences with 181 codon sites, 158 of which are invariant. The 23 variable sites have only one substitution each: 2 are synonymous and 21 are nonsynonymous. The high ratio of nonsynonymous-to-synonymous substitutions suggests that the gene underwent positive selection. This hypothesis was supported by analytic results: the LLR for the M1a vs M2a contrast was 6.96 corresponding to a pvalue of approximately 0.03 [82]. The omnibus test therefore supported the conclusion that the gene underwent positive selection. However, the MLE for p_2 under M2a was $\hat{p}_2 = 1$. Using this value in Eq. 4 gives $Pr(c_2 | x, \theta_{M2a}) = 1$ for all sites, including the 158 invariable sites. Such an unreasonable result can occur under NEB because, despite the possibility of large sampling errors in

MLEs due to low information, $\hat{\theta}_{M2a}$ is treated as a known value in Eq. 4.

Bayes empirical Bayes (BEB; [82]), a partial Bayesian approach under which rate ratios and their corresponding proportions are assigned discrete prior distributions (cf. [21]), was proposed as an alternative to NEB. Numerical integration over the assumed priors tends to provide better estimates of posterior probabilities, particularly in cases where information content is low. Using BEB in the analysis of the tax gene, for example, the posterior probability was $0.91 < \Pr(c_2 \mid x, \hat{\theta}_{M2a}) < 0.93$ for the 21 sites with a single nonsynonymous change and $0.55 < \Pr(c_2 \mid x, \hat{\theta}_{M2a}) < 0.61$ for the remaining sites [82]. Hence, the BEB approach mitigated the problem of low information content, as the posterior probability of positive selection at invariant sites was reduced. An alternative to BEB is called smoothed bootstrap aggregation (SBA) [38]. SBA entails drawing site patterns from X with replacement (i.e., bootstrap) to generate a set of alignments $\{X_1, \ldots, X_m\}$ with similar information content as X. The MLEs $\{\hat{\theta}_i\}_{i=1}^m$ for the vector of model parameters θ are then estimated by fitting the CSM to each $X_i \in \{X_1, \ldots, X_m\}$. A kernel smoother is applied to these values to reduce sampling errors. The mean value of the resulting smoothed $\{\hat{\theta}_i\}_{i=1}^m$ is then used in Eq. 4 in place of the MLE for θ obtained from the original alignment to estimate posterior probabilities. This approach was shown to balance power and accuracy at least as well as BEB. But, SBA has the advantage that it can accommodate the uncertainty of all parameter estimates (not just those of the ω distribution, as in BEB) and is much easier to implement. When SBA was applied to the tax gene, the posterior probabilities for positive selection were further reduced: $0.87 < \Pr(c_2 \mid x, \theta_{M2a}) < 0.89$ for the 21 sites with a single nonsynonymous change, and 0.55 < $\Pr(c_2 \mid x, \hat{\theta}_{M2a}) < 0.60$ for the remaining sites [38].

The problem of low information content was fairly obvious in the case of the *tax* gene, as 158 of the 181 codon sites within that dataset were invariant. However, it can sometimes be unclear whether there is enough variation in an alignment to ensure reliable inferences. It would be useful to have a method to determine whether a given data set might be problematic. An MLE $\hat{\theta}$ will always converge to a normal distribution centered at the true parameter value θ with variance proportional to 1/n as the sample size *n* (a proxy for information content) gets larger, provided that the CSM satisfies certain "regularity" conditions (a set of technical conditions that must hold to guarantee that MLEs will converge in distribution to a normal, and that the LLR for any pair of nested models will converge to its expected chi-squared distribution). This expectation makes it possible to assess whether an alignment is sufficiently informative to obtain the benefits of regularity. The first step is to generate a set of bootstrap alignments $\{X_1, ..., X_m\}$. The CSM can then be fitted to these to produce a sample distribution $\{\hat{\theta}_i\}_{i=1}^m$ for the MLE of any model parameter θ . If the alignment is sufficiently informative with respect θ , then a histogram of $\{\hat{\theta}_i\}_{i=1}^m$ should be approximately normal in distribution. Serious departures from normality (e.g., a bimodal distribution) indicate unstable MLEs, which are a sign of insufficient information or an irregular modeling scenario. Mingrone et al. [38] recommend using this technique with real data as a means of gaining insight into potential difficulties of parameter estimation using a given CSM.

3.1.1 Irregularity and Issues associated with low information content can be made worse Penalized Likelihood by violations of certain regularity conditions. For example, M2a is the same as M1a but for two extra parameters, p_2 and ω_2 . Usual likelihood theory would therefore predict that the limiting distribution of the LLR is χ_2^2 . However, this result is valid only if the regularity conditions hold. Among these conditions is that the null model is not obtained by placing parameters of the alternate model on the boundary of parameter space. Since M1a is the same as M2a but with $p_2 = 0$, this condition is violated. The same can be said for many nested pairs of Phase I CSMs, such as M7 vs M8 [81] or M1 vs branch-site Model A [79]. Although the theoretical limiting distribution of the LLR under some irregular conditions has been determined by Self and Liang [54], those results do not include cases where one of the model parameters is unidentifiable under the null [2]. Since M1a is M2a with $p_2 = 0$, the likelihood under M1a is the same for any value of ω_2 . This makes ω_2 unidentifiable under the null. The limiting distribution for the M1a vs M2a contrast is therefore unknown [74].

> A penalized likelihood ratio test (PLRT; [39]) has been proposed to mitigate problems associated with unidentifiable parameters. Under this method, the likelihood function for the alternate model (e.g., M2a) is modified so that values of p_2 closer to zero are penalized. This has the effect of drawing the MLE for p_2 away from the boundary, and can interpreted as a way to "regularize" the model. PLRT seems to be more useful in cases where the analysis of a real alignment produces a small value of \hat{p}_2 accompanied by an unrealistically large value of $\hat{\omega}_2$. This can happen because $\hat{\omega}_2$ is influenced by fewer and fewer site patterns as \hat{p}_2 approaches zero, and is therefore subject to larger and larger sampling errors. In addition, $\hat{\omega}_2$ and \hat{p}_2 tend to be negatively correlated, which further contributes to the large sampling errors. For example, Mingrone et al. [39] found that M2a fitted to a 5-taxon alignment with 198 codon sites without penalization gave $(\hat{p}_2,\hat{\omega}_2) = (0.01,34.70)$. These MLEs, if taken at face value, suggest that a small number of sites in the gene underwent positive

selection. However, such a large rate ratio is difficult to believe given that its estimate is consistent with only approximately 2 codon sites (e.g., an estimated 1% of the 198 sites or ≈ 2 sites). Using the PLRT, the MLEs were $(\hat{p}_2, \hat{\omega}_2) = (0.09, 1.00)$. These suggest that selection pressure was nearly neutral at a significant proportion of sites in the gene. In this case, the rate ratio is consistent with 9% of the 198 sites or ≈ 18 sites and is therefore less likely to be an artifact of sampling error. We expect this approach to be useful in a wide variety of evolutionary applications that rely on mixture models to make inferences (e.g., [13, 34, 47, 66]).

Other approaches for dealing with low information content in the data for an individual gene include the empirical Bayes approach of Kosiol et al. [33] and the parametric bootstrapping methods of Gibbs [14]. Both methods exploit the additional information content available from other genes. Kosiol et al. [33] adopted an empirical Bayes approach, where ω values varied over edges and genes according to a distribution. Because empirical posterior distributions are used, the approach is more akin to detecting sites under positive selection (e.g., using NEB) than formal testing. By contrast, Gibbs [14] adopted a test-based approach and utilized parametric bootstrapping [15] to approximate the distribution of the likelihood ratio statistic using data from other genes to obtain parameter sets to use in the bootstrap. Whereas this approach can attenuate issues associated with low information content, it can also be computationally expensive, especially when applied to large alignments.

The mechanisms that give rise to the diversity of site patterns in a 3.2 Case Study B: set of homologous genes are highly complex and not fully under-Model stood. CSMs are therefore necessarily simplified representations of Misspecification the true generating process, and are in this sense misspecified. The extent to which misspecification might cause an omnibus LRT to falsely detect positive selection was of primary concern during Phase I of model development. We use a particular form of the YN-BSM called Model A [79] to illustrate this issue. In its original form, the omnibus LRT assumes a null under which a proportion p_0 of sites evolved under stringent selection with $\omega_0 = 0$ and the remaining sites evolved under a neutral regime with $\omega_1 = 1$ on all branches of the tree (i.e., model M1 in [44]). This is contrasted with Model A, which is the same as M1 except that it assumes that some stringent sites and some neutral sites evolved under positive selection with $\omega_2 > 1$ on a prespecified branch called the foreground branch. The omnibus test contrasting M1 with Model A was therefore designed to detect a subset of sites that evolved adaptively on the same branch of the tree.

During this period of model development, the standard method to test the impact of misspecification on the reliability of

Sites	1–20	21–40	41–60	61–80	81–100	101–120	121–140	141–160	161–180	181–200
ω regime X	1.00	1.00	0.80	0.80	0.50	0.50	0.20	0.20	0.00	0.00
ω regime Z	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00

Table 1 Rate ratios (ω) for regimes X and Z taken from Zhang [85]

an omnibus LRT was to generate alignments in silico using a more complex version of the CSM to be tested as the generating model. This usually involved adding more variability in ω across sites and/or branches than assumed by the fitted CSM while leaving all other aspects of the generating model the same. In Zhang [85], for example, alignments were generated using site-specific rate matrices, as in Eq. 1, with rate ratios ω specified by predetermined selection regimes, two of which are shown in Table 1. In one simulation, 200 alignments were generated using regime Z on a single foreground branch and regime X on all of the remaining branches of a 10 or 16 taxon tree. The gene therefore underwent a mixture of stringent selection and neutral evolution over most of the tree (regime X), but with complete relaxation of selection pressure on the foreground branch (regime Z). Positive selection did not occur at any of the sites. Nevertheless, the M1 vs Model A contrast inferred positive selection in 20-55% of the alignments, depending on the location of the foreground branch. Such a high rate of false positives was attributed to the mismatch between the process used to generate the data compared to the process assumed by the null model M1 [85].

The branch-site model was subsequently modified to allow $0 < \omega_0 < 1$ instead of $\omega_0 = 0$ (Modified Model A in [86]). Furthermore, the new null model is specified under the assumption that some proportion p_0 of sites (the stringent sites) evolved under stringent selection with $0 < \omega_0 < 1$ everywhere in the tree except on the foreground branch, where those same sites evolved neutrally with $\omega_2 = 1$. All other sites in the alignment (the neutral sites) are assumed to have evolved neutrally with $\omega_1 = 1$ everywhere in the tree. This is contrasted with the Modified Model A, which assumes that some of the stringent sites and some of the neutral sites evolved under positive selection with $\omega_2 > 1$ on the foreground. Hence, unlike the original omnibus test that contrasts M1 with Model A, the new test contrasts Modified Model A with $\omega_2 = 1$ against Modified Model A with $\omega_2 > 1$. These changes to the YN-BSM were shown to mitigate the problem of false inference. For example, using the same generating model with regimes X and Z, the modified omnibus test falsely inferred positive selection in only 1–7.5% of the alignments, consistent with the 5% level of significance of the test [86].

This case study demonstrates how problems associated with model misspecification were traditionally identified, and how they could be completely corrected through relatively minor changes to the model. However, the generating methods employed by studies such as Zhang [85] and Zhang et al. [86], although sophisticated for their time, produced alignments that were highly unrealistic compared to real data. For example, it was recently shown that a substantial proportion of variation in many real alignments might be due to selection effects associated with shifting balance over static site-specific fitness landscapes [25, 26]. This process results in random changes in site-specific rate ratios, or heterotachy, that cannot be replicated using traditional CSMs as the generating model. While the mitigation of statistical pathologies due to low information content (e.g., using BEB or SBA) or model misspecification (e.g., by altering the null and alternative hypotheses or the use of penalized likelihood) were critical advancements during Phase I of CSM development, other statistical pathologies went unrecognized due to reliance on unrealistic simulation methods. This issue is taken up in the next section.

4 Phase II: Advanced CSMs

A typical protein-coding gene evolves adaptively only episodically [59]. The evidence of adaptive evolution of this type can be very difficult to detect. For example, it is assumed under the YN-BSM that a random subset of sites switched from a stringent or neutral selection regime to positive selection together on the same set of foreground branches. The power to detect a signal of this kind can be very low when the proportion of sites that switched together is small [77]. Perhaps encouraged by the reliability of Phase I models demonstrated by extensive simulation studies [2, 3, 29, 31, 37, 70, 77, 82, 85, 86], combined with experimental validation of results obtained from their application to real data [1, 71, 76], investigators began to formulate increasingly complex and parameter-rich CSMs [31, 41, 48, 50, 55, 64, 65]. The hope was that carefully selected increases in model complexity would yield greater power to detect subtle signatures of positive selection overlooked by Phase I models. The introduction of such CSMs marks the beginning of Phase II of their historical development.

Phase II models fall into three broad categories:

1. The first consists of Phase I CSMs modified to account for more variability in selection effects across sites and branches than previously assumed, with the aim of increasing the power to detect subtle signatures of positive selection (e.g., the branch-site random effects likelihood model, BSREL; [31]).

- The second category includes Phase I CSMs modified to contain parameters for mechanistic processes not directly associated with selection effects. Many such models have been motivated by a particular interest in the added mechanism (e.g., the fixation of double and triple mutations; [26, 40, 83]), or by the notion that increasing the mechanistic content of a CSM can only improve inferences about selection effects (e.g., by accounting for variations in the synonymous substitution rate; [30, 51]).
- 3. The third category of models abandons the traditional formulation of Eq. 1 in favor of a substitution process expressed in terms of explicit population genetic parameters, such as population size and selection coefficients [45, 48–50, 64, 65].

An example of the first category of models is BSREL, which accounts for variations in selection effects across sites and over branches by assuming a different rate-ratio distribution $\{(\omega_i^b, p_i^b) : i = 1, \dots, k_b\}$ for each branch b of a tree [31]. BSREL was later found to be more complex than necessary, so an adaptive version was formulated to allow the number of components k_h on a given branch to adjust to the apparent complexity of selection effects on that branch (aBSREL; [55]). A further reduction in model complexity led to the formulation of the test known as BUSTED (for branch-site unrestricted statistical test for episodic diversification; [41]), which we use to illustrate the problem of confounding in Case Study C. An example of the second category of models is the addition of parameters for the rate of double and triple mutations to traditional CSMs, the most sophisticated version of which is RaMoSSwDT (for Random Mixture of Static and Switching sites with fixation of Double and Triple mutations; [26]). This model is used in Case Study D to illustrate the problem of phenomenological load.

Models in the third category are the most ambitious CSMs currently in use, and are far more challenging to fit to real alignments than traditional models. One of the most impressive examples of their application is the site-wise mutation-selection model (swMutSel; [64, 65]) fitted to a concatenated alignment of 12 mitochondrial genes (3598 codon sites) from 244 mammalian species. Based on the mutation-selection framework of Halpern and Bruno [19], swMutSel estimates a vector of selection coefficients for each site in an alignment. This and similar models (e.g., [48–50]) appear to be reliable [58], but require a very large number of taxa (e.g., hundreds). Phase II models of this category are therefore impractical for the majority of empirical datasets. Here, we utilize MutSel as an effective means to generate realistic alignments with plausible levels of variation in selection effects across sites and over time rather than as a tool of inference.

By expressing the codon substitution process in terms of explicit 4.1 Case Study C: population genetic parameters, the MutSel framework facilitates Confounding the investigation of complex evolutionary dynamics, such as shifting balance on a fixed fitness landscape or adaptation to a change in selective constraints (i.e., a peak shift; [6, 25]) that are missing from alignments generated using traditional methods. Specifically, by assigning a different vector of fitness coefficients for the 20 amino acids to each site, MutSel can generate more variation in rate ratio across sites and over time than has been realized in the past simulation studies (e.g., Table 1). In this way, MutSel provides the basis of a generating model that can be adjusted to produce alignments that closely mimic real data [26]. MutSel therefore serves to connect demonstrably plausible evolutionary dynamics to the pathology we refer to as confounding.

Under MutSel, the dynamic regime at the *h*th codon site (e.g., shifting balance, neutral, nearly neutral, or adaptive evolution) is uniquely specified by a vector of fitness coefficients $\mathbf{f}^{h} = f_{1}^{h}, \ldots, f_{m}^{h}$. It is generally assumed that mutation to any of the three stop codons is lethal, so m = 61 for nuclear genes and m = 60 for mitochondrial genes. And, although it is not a requirement, it is typical to assume that the f_{j}^{h} are constant across synonymous codons [25, 57]. Given \mathbf{f}^{h} , the elements of a site-specific instantaneous rate matrix A^{h} can be defined as follows for all $i \neq j$ (cf. Eq. 1):

$$A_{ij}^{b} \propto \begin{cases} \mu_{ij} & \text{if } s_{ij}^{b} = 0\\ \mu_{ij} \frac{s_{ij}^{b}}{1 - \exp\left(-s_{ij}^{b}\right)} & \text{otherwise} \end{cases}$$
(5)

where μ_{ij} is the rate at which codon *i* mutates to codon *j* and $s_{ij}^b = 2N_e(f_j^b - f_i^b)$ is the scaled selection coefficient for a population of haploids with effective population size N_e . The probability that the new mutant *j* is fixed is approximated by $s_{ij}^b/\{1 - \exp(-s_{ij}^b)\}$ [9, 28].

The rate matrix A^b defines the dynamic regime for the site as illustrated in Fig. 3. The bar plot shows codon frequencies $\pi^b = \pi_1^b, \ldots, \pi_m^b$ sorted in descending order. A site spends most of its time occupied by codons to the left or near the "peak" of its landscape. The codon-specific rate ratio for the site (dN_i^b/dS_i^b) for codon *i*) is low near the peak (red line plot in Fig. 3) since mutations away from the peak are seldom fixed. However, if selection is not too stringent, the site will occasionally drift to the right into the "tail" of its landscape. When this occurs, the codon-specific rate



Fig. 3 Fitness coefficients for the 20 amino acids were drawn from a normal distribution centered at zero and with standard deviation $\sigma = 0.001$. Bars show the resulting stationary frequencies (a proxy for fitness) sorted from largest to smallest. They compose a metaphorical site-specific landscape over which the site is imagined to move. The solid red line shows the codon-specific rate ratio dN_i^h/dS_i^h for the sorted codons. This varies depending on the codon currently occupying the site, and can be greater than one following a chance substitution into the tail (to the right) of the landscape. In this case, the codon-specific rate ratio for the site ranged from 0.21 to 4.94 with a temporally averaged site-specific rate ratio of $dN'/dS'^h = 0.52$

ratio will be elevated for a time until a combination of drift and positive selection moves the site back to its peak. This dynamic between selection and drift is reminiscent of Wright's shifting balance. It implies that, when a population is evolving on a fixed fitness landscape (i.e., with no adaptive evolution), its gene sequences can nevertheless contain signatures of temporal changes in site-specific rate ratios (heterotachy), and that these might include evidence of transient elevation to values greater than one (i.e., positive selection). Such signatures of positive selection due to shifting balance can be detected by Phase II CSMs [25].

For example, BUSTED [41] was developed as an omnibus test for episodic adaptive evolution. The underlying CSM was formulated to account for variations in the intensity of selection over both sites and time modeled as a random effect. This is in contrast to the YN-BSM, which treats temporal changes in rate ratio as a fixed effect that occurs on a prespecified foreground branch (although the sites under positive selection are still a random effect). We therefore refer to the CSM underlying BUSTED as the random effects branch-site model (RE-BSM) to serve as a reminder of this important distinction. Under RE-BSM, the rate ratio at each site and branch combination is assumed to be an independent draw from the distribution $\{(\omega_0, p_0), (\omega_1, p_1), (\omega_2, p_2)\}$. In this way, the model accounts for variations in selection effects both across sites and over time. BUSTED contrasts the null hypothesis that $\omega_0 \le \omega_1 \le \omega_2 = 1$ with the alternative that $\omega_0 \le \omega_1 \le 1 \le \omega_2$. When applied to real data, rejection of the null is interpreted as evidence of episodic adaptive evolution.

Unlike the YN-BSM that aims to detect a subset of sites that underwent adaptive evolution together on the same foreground branches (i.e., coherently), BUSTED was designed to detect heterotachy similar to the type predicted by the mutation-selection framework: shifting balance on a static fitness landscape. Jones et al. [25] recently demonstrated that plausible levels of shifting balance can produce signatures of episodic positive selection that can be detected. BUSTED inferred episodic positive selection in as many as 40% of alignments generated using the MutSel framework. Significantly, BUSTED was correct to identify episodic positive selection in these trials. Even though the generating process assumed fixed site-specific landscapes (so there was no episodic adaptive evolution), and the long-run average rate ratio at each site was necessarily less than one [57], positive selection nevertheless did sometimes occur by shifting balance. This illustrates the general problem of confounding. Two processes are said to be confounded if they can produce the same or similar patterns in the data. In this case, episodic adaptive evolution (i.e., the evolutionary response to changes in site-specific landscapes) and shifting balance (i.e., evolution on a static fitness landscape) are confounded because they can both produce rate-ratio distributions that indicate episodic positive selection. The possibility of confounding underlines the fact that there are limitations in what can be inferred about evolutionary processes based on an alignment alone.

Phenomenological load (PL) is a statistical pathology related to 4.2 Case Study D: both model misspecification (Case Study B) and confounding Phenomenological (Case Study C) that was not recognized during Phase I of CSM Load development. When a model parameter that represents a process that played no role in the generation of an alignment (i.e., a misspecified process) nevertheless absorbs a significant amount of variation, its MLE is said to carry PL [26]. This is more likely to occur when the misspecified process is confounded with one or more other processes that did play a role in the generation of the data, and when a substantial proportion of the total variation in the data is unaccommodated by the null model [26]. PL increases the probability that a hypothesis test designed to detect the misspecified process will be statistically significant (as indicated by a large LLR) and can therefore lead to the incorrect conclusion that the misspecified process occurred. Critically, Jones et al. [26] showed that PL was only detected when model contrasts were fitted to data generated with realistic evolutionary dynamics using the MutSel model framework.

To illustrate the impact of PL, we consider the case of CSMs modified to detect the fixation of codons following simultaneous double and triple (DT) nucleotide mutations. The majority of

CSMs currently in use assume that codons evolve by a series of single-nucleotide substitutions, with the probability for DT changes set to zero. However, recent model-based analyses have uncovered evidence for DT mutations [32, 68, 83]. Early estimates of the percentage of fixed mutations that are DT were perhaps unrealistically high. Kosiol et al. [32], for example, estimated a value close to 25% in an analysis of over 7000 protein families from the Pandit database [69]. Alternatively, when estimates were derived from a more realistic site-wise mutation-selection model, DT changes comprised less than 1% of all fixed mutations [64]. More recent studies suggest modest rates of between 1% and 3% [5, 20, 27, 53]. Whatever the true rate, several authors have argued that it would be beneficial to introduce a few extra parameters into a standard CSM to account for DT mutations (e.g., [40, 83]). The problem with this suggestion is that episodic fixation of DT mutations can produce signatures of heterotachy consistent with shifting balance.

Recall the comparison of M1, a CSM containing parameters represented by the vector θ_1 , and M2, the same model but for the inclusion of one additional parameter ψ , so that $\theta_2 = (\theta_1, \psi)$. The parameter ψ will reduce the deviance of M2 compared to M1 by some proportion of the baseline deviance between the simplest CSM (M0) and the saturated model $P_S(\hat{\theta}_S)$. We call this the percent reduction in deviance (PRD) attributed to $\hat{\psi}$:

$$PRD(\hat{\psi}) = \frac{\Delta D(\hat{\theta}_{M1}, \hat{\theta}_{M2})}{\Delta D(\hat{\theta}_{M0}, \hat{\theta}_{S})}$$
(6)

Suppose M1 and M2 were fitted to an alignment and that the LLR = $\Delta D(\hat{\theta}_{M1}, \hat{\theta}_{M2})$ was found to be statistically significant. This would lead an analyst to attribute the PRD($\hat{\psi}$) to real signal for the process ψ was meant to represent, possibly combined with some PL and noise. Now, consider the case in which the process represented by ψ did not actually occur (i.e., it was not a component of the true generating process). Under this scenario, PRD($\hat{\psi}$) would contain no signal, but would be entirely due to PL plus noise. When this is known to be the case, we set PRD($\hat{\psi}$) = PL($\hat{\psi}$). As illustrated below, PL($\hat{\psi}$) can be large enough to result in rejection of the null, and therefore lead to a false conclusion about the data generating process.

We illustrate PL by contrasting the model RaMoSS with a companion model RaMoSSwDT that accounts for the fixation of DT mutations via two rate parameters, α (the double mutation rate) and β (the triple mutation rate) [26]. RaMoSS combines the standard M-series model M3 with the covarion-like model CLM3 (cf., [12, 18]). Specifically, RaMoSS mixes (with proportion p_{M3}) one model with two rate-ratio categories $\omega_0 < \omega_1$ that are constant over the entire tree with a second model (with proportion



Fig. 4 The box plot depicts the distribution of the phenomenological load (PL) carried by $(\hat{\alpha}, \hat{\beta})$ produced by fitting the RaMoSS vs RaMoSSwDT contrast to 50 alignments generated under MutSel-mmtDNA: the circles represent outliers of this distribution. The diamond is the percent reduction in deviance for the same parameters estimated by fitting RaMoSS vs RaMoSSwDT to the real mtDNA alignment

 $p_{\text{CLM3}} = 1 - p_{\text{M3}}$) under which sites switch randomly in time between $\omega'_0 < \omega'_1$ at an average rate of δ switches per unit branch length. Fifty alignments were simulated to mimic a real alignment of 12 concatenated H-strand mitochondrial DNA sequences (3331 codon sites) from 20 mammalian species as distributed in the PAML package [73]. The generating model, MutSel-mmtDNA [26], was based on the mutation-selection framework and produced alignments with single-nucleotide mutations only. Since DT mutations are not fixed under MutSel-mmtDNA, the PRD carried by $(\hat{\alpha}, \hat{\beta})$ in each trial can be equated to PL (plus noise). The resulting distribution of PL $(\hat{\alpha}, \hat{\beta})$ is shown as a boxplot in Fig. 4.

Although DT mutations were not fixed when the data was generated, shifting balance on a static landscape can produce similar site patterns as a process that includes rare fixation of DT mutations (site patterns exhibiting both synonymous and nonsynonymous substitutions; [26]).³ DT and shifting balance are therefore confounded. And since shifting balance tends to occur at a substantial proportion (approximately 20%) of sites when an alignment is generated under MutSel-mmtDNA, DT mutations were falsely inferred by the LRT in 48 of 50 trials at the 5% level of significance (assuming LLR $\approx \chi_2^2$ for the two extra parameters α and β in RaMoSSwDT compared to RaMoSS). The PRD ($\hat{\alpha}, \hat{\beta}$) when RaMoSS vs RaMoSSwDT was fitted to the real mmtDNA is

³ It has previously been noted that the rapid fixation of compensatory mutations following substitution to an unstable base pair (e.g., $AT \rightarrow GT \rightarrow GC$) can also produce site patterns that suggest fixation of DT mutations [74, p. 46].

shown as a diamond in the same plot. Although $(\hat{\alpha}, \hat{\beta})$ estimated from the real mmtDNA were found to be highly significant (LLR = 84, *p*-value << 0.001), the PRD $(\hat{\alpha}, \hat{\beta})$ was found to be just under the 95th percentile of PL $(\hat{\alpha}, \hat{\beta})$ (PRD = 0.060% compared to the 95th percentile of PL = 0.061). The evidence for DT mutations in the real data is therefore only marginal, and it is reasonable to suspect that its PRD $(\hat{\alpha}, \hat{\beta})$, if not entirely the result of PL, is at least partially caused by PL.

5 Discussion

CSMs have been subjected to a certain degree of censure, particularly during Phase I of their development [11, 22, 23, 46, 60-63, 85]. We maintain that it is not the model in and of itself, or the maximum likelihood framework it is based on, that gives rise to statistical pathologies, but the relationship between model and data. This principle was illustrated by our analysis of the history of CSM development, which we divided into two phases. Phase I was characterized by the formulation of models to account for differences in selection effects across sites and over time that comprise the major component of variation in an alignment. Starting with M0, such models represent large steps toward the fitted saturated model in Fig. 2, and also provide a better representation of the true generating process. The main criticism of Phase I models was the possibility of falsely inferring positive selection in a gene or at an individual codon site [62, 63, 85]. But, the most compelling empirical case of false positives was shown to be the result of inappropriate application of a complex model to a sparse alignment [63]. Methods for identifying (bootstrap) and dealing with (BEB, SBA, and PLRT) low information content were illustrated in Case Study A.

The other big concern that arose during Phase I development was the possibility of pathologies associated with model misspecification. The method used to identify such problems was to fit a model to alignments generated under a scenario contrived to be challenging, as illustrated in Case Study B. There, the omnibus test based on Model A of the YN-BSM was shown to result in an excess of false positives when fitted to alignments simulated using the implausible but difficult "XZ" generating scenario (e.g., with complete relaxation of selection pressure at all sites on one branch of the tree; Table 1). Subsequent modifications to the test reduced the false positive rate to acceptable values. Hence, Case Study B underlines the importance of the model–data relationship. However, it is not clear whether a model adjusted to suit an unrealistic datagenerating process is necessarily more reliable when fitted to a real alignment. This difficulty highlights the need to find ways, for the purpose of model testing and adjustment, to generate alignments that mimic real data as closely as possible.

Confidence in the CSM approach, combined with the exponential increase in the volume of genetic data and the growth of computational power, spurred the formulation CSMs of everincreasing complexity during Phase II. The main issue with these models, which has not been widely appreciated, is confounding. Two processes are confounded if they can produce the same or similar patterns in the data. It is not possible to identify such processes when viewed through the narrow lens of an alignment (i.e., site patterns) alone. This was illustrated by Case Study C, where shifting balance on a static landscape was shown to be confounded with episodic adaptive evolution [7, 25]. Confounding can lead to what we call phenomenological load, as demonstrated in Case Study D. In that analysis, the parameters (α, β) were assigned a specific mechanistic interpretation, the rate at which double and triple mutations arise. It was shown that (α, β) can absorb variations in the data caused by shifting balance; hence, the MLEs $(\hat{\alpha}, \hat{\beta})$ resulted in a significant reduction in deviance in 48/50 trials (Fig. 4), and therefore improved the fit of the model to the data. However, the absence of DT mutations in the generating process invalidated the intended interpretation of $(\hat{\alpha}, \hat{\beta})$. This result underlines that a better fit does not imply a better mechanistic representation of the true generating process.

It is natural to assume that a better mechanistic representation of the true generating process can be achieved by adding parameters to our models to account for more of the processes believed to occur. The problem with this assumption is that the metric of model improvement under ML (reduction in deviance) is independent of mechanism. A parameter assigned a specific mechanistic interpretation is consequently vulnerable to confounding with other processes that can produce the same distribution of site patterns. As CSMs become more complex, it seems likely that the opportunity for confounding will only increase. It would therefore be desirable to assess each new model parameter for this possibility using something like the method shown in Fig. 4 whenever possible. The idea is to generate alignments using MutSel or some other plausible generating process in such a way as to mimic the real data as closely as possible, but with the new parameter set to its null value. To provide a second example, consider the test for changes in selection intensity in one clade compared to the remainder of the tree known as RELAX [67]. Under this model, it is assumed that each site evolved under a rate ratio randomly drawn from $\omega_R = \{$ $\omega_1, \ldots, \omega_k$ on a set of prespecified reference branches, and from a modified set of rate ratios $\boldsymbol{\omega}_T = \{\omega_1^m, \dots, \omega_k^m\}$ on test branches, where *m* is an exponent. A value 0 < m < 1 moves the rate ratios in ω_T closer to one compared to their corresponding values in ω_R , consistent with relaxation of selection pressure at all sites on the test

branches. Relaxation is indicated when the contrast of the null hypothesis that m = 1 versus the alternative that m < 1 is statistically significant. The distribution of $PL(\hat{m})$ can be estimated from alignments generated with m = 1. The PRD(\hat{m}) estimated from the real data can then be compared to this to assess the impact of PL (cf. Fig. 4). This approach is predicated on the existence of a generating model that could have plausibly produced the site patterns in the real data. Jones et al. [26] present a variety of methods for assessing the realism of a simulated alignment, although further development of such methods is warranted. Software based on MutSel is currently available for generating data that mimic large alignments of 100-plus taxa (Pyvolve; [56]). Other methods have been developed to mimic smaller alignments of certain types of genes (e.g., MutSel-mmtDNA; [25]). It is only by the use of these or other realistic simulation methods that the relationship between a given model and an alignment can be properly understood.

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