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1 **Unveiling the anatomy of Termination 3 using water and air isotopes in the Dome C ice core, East**  
2 **Antarctica**

3  
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18

19 **Abstract**

20

21 Each glacial – interglacial transition of the Quaternary occurs in a different orbital context leading  
22 to various timing for the deglaciation and sequence of high vs low latitudes events. Termination 3, 250  
23 kiloyears before present (ka), is an unusual deglaciation in the context of the last 9 deglaciations  
24 recorded in the old EPICA Dome C (EDC) Antarctic ice core: it exhibits a three-phase sequence, two  
25 warming phases separated by a small cooling, the last phase suggesting a particularly rapid  
26 temperature increase. We present here new high resolution  $\delta^{15}\text{N}$  and deuterium excess (d-excess) data  
27 from the EDC ice core to provide a detailed temperature change estimate during this termination.  
28 Then, we combined the  $\delta\text{D}$  and  $\delta^{18}\text{O}$  to discuss the relationship between high and low latitude changes  
29 through the d-excess. We also provide the high vs low latitude sequence of events over this  
30 deglaciation without chronological uncertainty using low latitude ice core proxies. In agreement with  
31 previous studies based on speleothem analyses, we show that the first phase of Termination 3 (256 to  
32 249 ka) is associated with small Heinrich like events linked to changes in ITCZ position, monsoon  
33 activity and teleconnections with Antarctica. In a context of minimum Northern Hemisphere insolation,

34 this leads to a rather strong Antarctic warming, as observed in the  $\delta^{15}\text{N}$  record in contrast to the  
35 relatively small  $\delta\text{D}$  increase. The second warming phase occurs during the rise of the Northern  
36 hemisphere insolation, with a large Heinrich like event leading to the characteristic Antarctic warming  
37 observed in the  $\delta^{15}\text{N}$  and  $\delta\text{D}$  increase as for the more recent terminations.

38

39 Keywords

40 Termination 3, deglaciations, ice core, water and air isotopes, Antarctic temperature, firn densification  
41 model, bipolar seesaw, Heinrich like events

42

43

44 **1- Introduction**

45

46 The climate of the Quaternary is characterized by the succession of glacial and interglacial periods,  
47 with a detailed description of their characteristics thanks to a diversity of proxy records from oceanic,  
48 terrestrial and glacial archives, and dating methods (Spratt & Lisiecki 2016; Jouzel et al. 2007; Tzedakis  
49 et al. 2017). The occurrence of glacial and interglacial periods is generally attributed to the driving  
50 effect of changes in the seasonal and latitudinal distribution of incoming solar radiation, due to  
51 changes in the Earth's astronomical characteristics (Milankovitch, 1941), as well as key Earth system  
52 feedbacks, involving ice sheet and carbon cycle dynamics (Paillard & Parrenin 2004).

53 The exact mechanisms at play during glacial terminations remain however elusive, and  
54 explanations for the timing of terminations, the different magnitudes of glacial-interglacial transitions,  
55 and the interplay between multi-millennial trends and abrupt events are still incomplete. The accurate  
56 documentation of multiple terminations, taking place under different orbital contexts, is one key line  
57 of evidence (Yin and Berger, 2012; PAGES, 2016; Tzedakis et al., 2017). The important role of obliquity  
58 is directly visible on the 40 kiloyears (hereafter ka) periodicity of glacial – interglacial cycles occurring  
59 before the mid-Pleistocene transition and can also be dominant in the younger terminations (Huybers,  
60 2007). In parallel, a recent study using East Asian speleothems showed that deglaciations of the last  
61 650 ka occur every 4 or 5 precession cycles, confirming the important role of precession (Cheng et al.,

62 2016). The unfolding (or not) of a deglaciation during a precession cycle has been suggested to be  
63 related to the glacial state, such as the initial ice volume (Paillard et al., 1998), or integrated summer  
64 insolation (Tzedakis et al., 2017). The concentration of atmospheric greenhouse gases also plays a  
65 major role during deglaciations. Several studies have shown, within age scale uncertainties, that  
66 atmospheric CO<sub>2</sub> concentration and East Antarctic temperature started to increase synchronously at  
67 the beginning of the last two deglaciations (Pedro et al., 2012; Landais et al., 2013; Parrenin et al.,  
68 2013). The amplitude of simulated global temperature changes over deglaciations has been shown to  
69 depend jointly on the amplitude of CO<sub>2</sub> concentration increase and insolation, namely obliquity for the  
70 Southern Hemisphere and precession for the Northern Hemisphere (Yin and Berger, 2012).

71 The Antarctic EPICA Dome C (EDC) ice core provides very high resolution records encompassing  
72 changes in local climate (with a resolution of 20 to 50 years back to 430 ka) as well as changes in  
73 atmospheric composition and greenhouse gases concentrations of the last 9 terminations (EPICA  
74 Community Members, 2004; Jouzel et al., 2007; Loulergue et al., 2008; Lüthi et al., 2008; Bereiter et  
75 al., 2015). Together with the sea level record obtained from marine sediments (e.g. Röhlings et al., 2014;  
76 Spratt and Lisiecki, 2016), the  $\delta D$  record from the EDC ice core shows that the last 5 terminations (i.e.  
77 over the last 430 ka) are generally of higher amplitude than the terminations over the period 800 –  
78 430 ka. Each termination still displays different characteristics (amplitude, rate of change) that were  
79 discussed in previous studies (Röthlisberger et al., 2008; PAGES, 2016). In this context, Termination 3  
80 seems associated with the most rapid temperature increase (increase of EDC  $\delta D$  at 14.8 ‰.ka<sup>-1</sup> for the  
81 period 251.5 to 247.8 ka – Figure 1) making it a pertinent benchmark for the study of climate change  
82 on relatively short timescales.

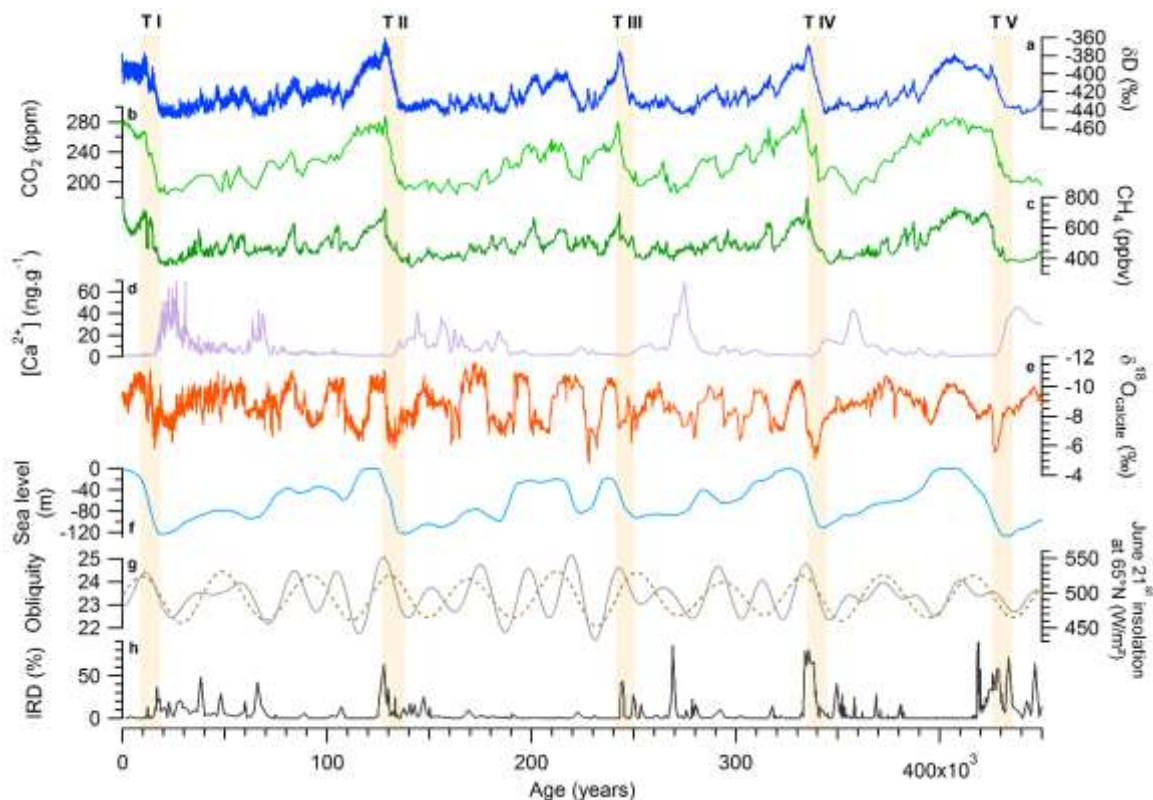
83 Marine records show that terminations of at least the last 500 ka are systematically associated  
84 with the occurrence of iceberg discharges from the Laurentide ice sheet recorded as occurrence of  
85 Heinrich like events in the IRD (Ice Rafted Debris characterized by a large amount of detrital quartz in  
86 the sediment) in Atlantic marine cores (McManus et al., 1999; Hodell et al., 2008). In parallel, East  
87 Asian speleothems highlight systematic Weak Monsoon Intervals (WMI) occurring during the

88 terminations synchronously with Heinrich like events and a rise in Northern Hemisphere summer  
89 insolation (Cheng et al., 2009; 2016). Mechanistic links exist between Heinrich like events and WMI:  
90 Heinrich like events are occurring over the same millennial periods as southward shifts of atmospheric  
91 circulation in the Northern Hemisphere and in particular with southward shifts of tropical rain belts  
92 (Chiang and Bitz, 2005). The Heinrich like events and associated lower latitudes climate changes are  
93 hence fully embedded in the dynamic of terminations (e.g. Wolff et al., 2009; Denton et al., 2010).  
94 Again, Termination 3 stands out being associated with 3 IRD peaks and 3 WMI while other terminations  
95 over the last 450 ka are associated with only 1 or 2 IRD peaks (Jiang et al., 2010; Obrochta et al., 2014;  
96 Figure 1). The unusual sequence observed over Termination 3 between millennial events and polar  
97 temperature increase makes the study of Termination 3 key to understand the interactions between  
98 millennial events (Heinrich Stadials, WMI) and orbital change (long term increase in CO<sub>2</sub> and polar  
99 temperature).

100 Only few studies provided up to centennial resolution data for Termination 3, all of them  
101 highlighting millennial scale variability during the end of marine isotopic stage 8 and Termination 3,  
102 both in the Northern and in the Southern Hemispheres (i.e. between ~260 and 245 ka) (Pahnke et al.,  
103 2003; Cheng et al., 2009; Jiang et al., 2010; Pérez-Mejías et al., 2017). In Antarctic deep ice cores, two  
104 warming phases have been identified within Termination 3 (e.g. Watanabe et al., 2003; Röthlisberger  
105 et al., 2008), the first one being associated with a relatively slow  $\delta D$  increase ( $5.18 \text{ ‰.ka}^{-1}$ ), interpreted  
106 to reflect a gradual warming, before the fastest  $\delta D$  rise interpreted to reflect a fast warming.

107 Here, we focus on Termination 3 using new datasets from the EDC ice core. We combine water  
108 isotopes (published  $\delta D$  and new  $\delta^{18}O$  data) with new  $\delta^{15}N$  of N<sub>2</sub> trapped in air bubbles, thereafter  $\delta^{15}N$ .  
109 The combination of water isotopes,  $\delta D$  and  $\delta^{18}O$  already published over the last 2 deglaciations at  
110 Dome C (Stenni et al., 2001, 2010; Masson-Delmotte et al., 2010), can indeed be very useful to discuss  
111 the relationship between local ( $\delta^{18}O$  and  $\delta D$  at first order) and lower latitudes climatic changes  
112 (deuterium excess or d-excess defined as  $\delta D - 8 * \delta^{18}O$ ) (e.g. Vimeux et al., 1999; Uemura et al., 2018).  
113  $\delta^{15}N$  is a proxy of firn processes driven by changes in local accumulation and temperature

114 (Severinghaus et al. 1998) providing an indicator of Antarctic climate change in the gas phase of the  
 115 ice core records (Caillon et al., 2003; Landais et al., 2013). We briefly describe our methods, and discuss  
 116 our results, including the reconstruction of site and source temperatures from water stable isotopes,  
 117 and the drivers of  $\delta^{15}\text{N}$  at EDC over Termination 3. We finally compare to previous records from other  
 118 archives (marine sediment cores and speleothems) and discuss the sequence of events encompassing  
 119 changes in Antarctic and global climate over Termination 3.



120  
 121 **Figure 1:** Climatic variations over the last 450 ka. a:  $\delta\text{D}$  record from EDC (Jouzel et al., 2007). b: Antarctic  $\text{CO}_2$   
 122 from EDC and Vostok (Lüthi et al., 2008). c: East Antarctic  $\text{CH}_4$  record (Loulergue et al., 2008) d:  $\text{Ca}^{2+}$   
 123 concentration in the EDC ice core (Lambert et al., 2012). e:  $\delta^{18}\text{O}_{\text{calcite}}$  from East Asian speleothems (Cheng et al.,  
 124 2016). f: Global sea level change estimate (Bintanja et al., 2005). g: June 21<sup>st</sup> insolation at 65°N in solid line and  
 125 obliquity in dotted line (Laskar et al., 2004). h: IRD percentage at site ODP980 (McManus et al., 1999). The timing  
 126 of Termination 5 (TV) to Termination 1 (TI) is indicated by yellow bars. The 4 upper records are issued from the  
 127 same ice core, hence with a maximum relative uncertainty of 1 ka on the chronology. On opposite, the 4 lower  
 128 curves are all on their respective timescales (absolute timescale for obliquity and precession; timescale of each  
 129 archive for the others) so that uncertainties of up to 6 ka can be attached to the comparison of the different  
 130 records.

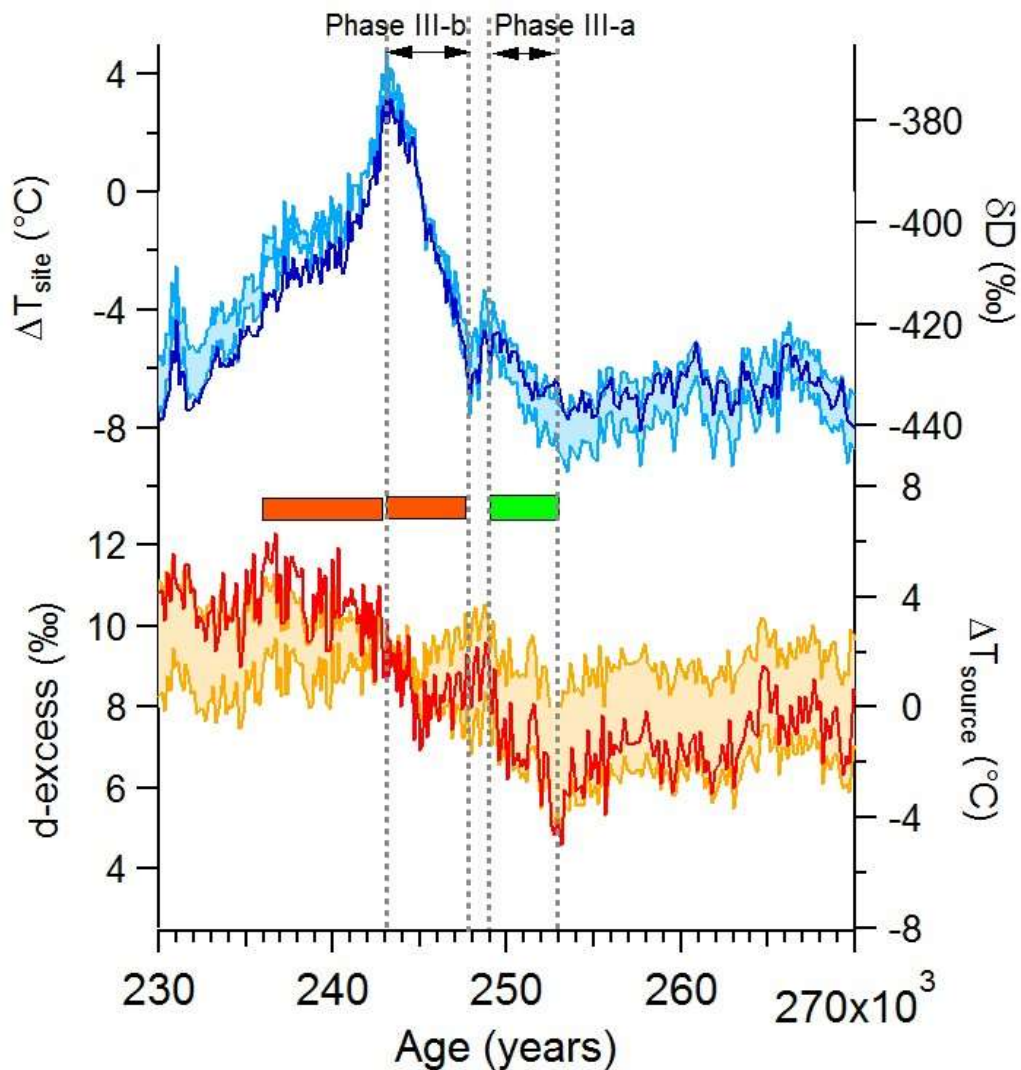
131  
 132 **2- New data**

133 **2-1- EPICA Dome C (EDC)  $\delta^{18}\text{O}$  and d-excess**

134 Water  $\delta^{18}\text{O}$  measurements of the Dome C ice core were performed along 55 cm samples at the  
135 Department of Earth Sciences of University of Parma and at the Department of Geological,  
136 Environmental and Marine Sciences of University of Trieste using a  $\text{CO}_2$  / water equilibration method  
137 (Meyer et al., 2000). These new measurements complete the 800 ka  $\delta\text{D}$  records of the EDC ice core  
138 previously obtained at Laboratoire des Sciences du Climat et de l'Environnement and published in  
139 (Jouzel et al., 2007). Home water standards were exchanged between the three institutes during the  
140 measurement period to ensure the proper comparison of the  $\delta\text{D}$  and  $\delta^{18}\text{O}$  data series. d-excess was  
141 then calculated from the combined measurements of  $\delta\text{D}$  and  $\delta^{18}\text{O}$  with a resulting accuracy of 1‰.

142 The  $\delta\text{D}$  and d-excess series presented on the section 3 cover the time period 230 to 270 ka with  
143 an uncertainty of about 3 ka on the AICC2012 timescale (Bazin et al., 2013). This period corresponds  
144 to the depth range 2232 to 2381 m and extends the EDC  $\delta^{18}\text{O}$  and d-excess records over the last 140  
145 ka (Stenni et al., 2010).

146 As already noted, the  $\delta\text{D}$  record shows a two-step increase for Termination 3: a first increase of  
147 15‰ occurs from 253 to 249 ka (phase III-a, Figure 2). The same pattern was also observed on the  
148 other deep ice cores covering Termination 3 on which water isotopes have been measured (SOM –  
149 Figure S1). d-excess shows a parallel increase to  $\delta\text{D}$  over phase III-a. d-excess and  $\delta\text{D}$  are then anti-  
150 correlated during the major  $\delta\text{D}$  increase of Termination 3 between 248 and 243 ka (phase III-b, Figure  
151 2). Finally, d-excess reaches a maximum during the glacial inception, i.e. when  $\delta\text{D}$  is decreasing from  
152 243 to 230 ka (Figure 2). This d-excess signal during glacial inceptions is a classical pattern also observed  
153 for other glacial inceptions in Antarctic ice cores (Vimeux et al., 1999; Stenni et al., 2010; Uemura et  
154 al., 2018): d-excess increases while  $\delta\text{D}$  decreases.



155

156 **Figure 2:**  $\delta D$  (in dark blue) and  $d$ -excess (in red) measurements on Dome C ice core with highlights on the phases  
 157 of correlation (green rectangle) and anti-correlation (red rectangles) between these two proxies over the  
 158 Termination 3. The  $\Delta T_{site}$  and  $\Delta T_{source}$  reconstructions within their uncertainty ranges are displayed in shaded  
 159 areas. The vertical shaded lines display the limits of phase III-a and phase III-b.

160

161 **2-2- EDC  $\delta^{15}N$**

162 Three series of measurements of  $\delta^{15}N$  of  $N_2$  have been performed along Termination 3 on the EDC  
 163 ice core (Figure 3):

- 164 1- 50 duplicate samples (2262 to 2352 m depth) were measured in 2008 at Princeton University  
 165 using a semi-automated wet extraction line with associated uncertainty of 7 ppm (Dreyfus et al.,  
 166 2010).

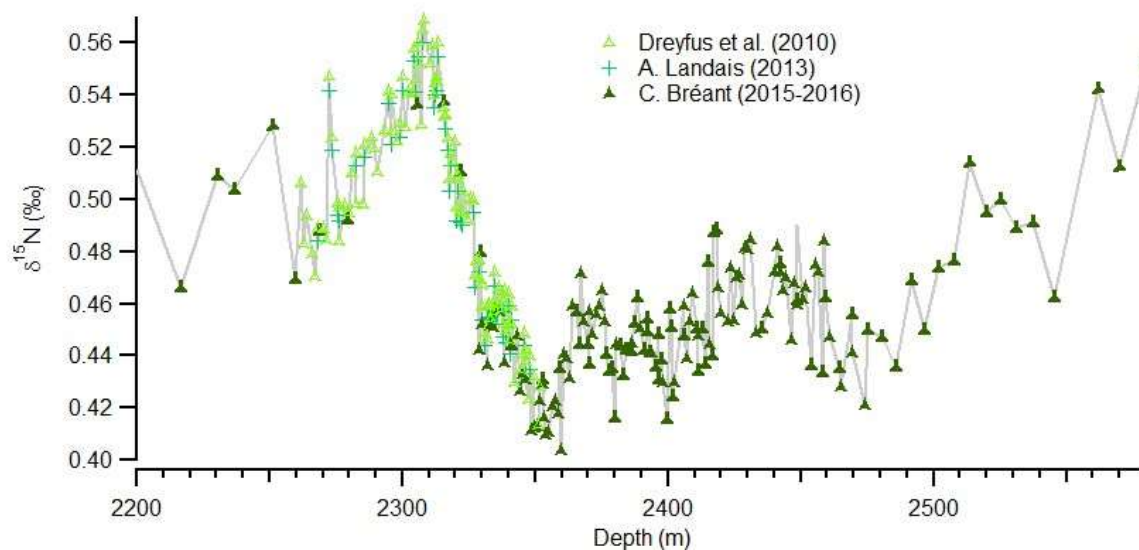


167 2- 48 duplicate samples (2268 to 2348 m depth) were measured in 2013 at LSCE using a semi-  
168 automated wet extraction line with associated uncertainty of 10 ppm (method in Capron et al.,  
169 2010).

170 3- 172 duplicate samples (1904 to 2580 m depth) were measured in 2015-2016 at LSCE using the  
171 same semi-automated wet extraction line and similar associated uncertainty of 10 ppm.

172  $\delta^{15}\text{N}$  measurements are expressed with respect to  $\delta^{15}\text{N}$  of atmospheric air, with expected similar  
173 values at Princeton University and at LSCE. Still, an average shift of + 0.007 ‰ has been found in the  
174 original Princeton values compared to the LSCE data. The source of this offset is unknown. We thus  
175 follow the correction of Dreyfus et al. (2010) and subtracted 0.007 ‰ from all Princeton data in the  
176 set of data presented here.

177 As already shown in Dreyfus et al. (2010),  $\delta^{15}\text{N}$  record shows a clear and strong increase from 2350  
178 m to 2310 m depth probably corresponding to Termination 3 according to the AICC2012 gas age  
179 timescale for EDC (Figure 3). After a  $\delta^{15}\text{N}$  maximum at 2308 m probably associated with the end of  
180 Termination 3,  $\delta^{15}\text{N}$  shows a clear decrease from 2308 to 2250 m. Deeper in the core, the  $\delta^{15}\text{N}$  record  
181 is more scattered, showing a general decreasing tendency from 2580 m to 2350 m with some  
182 fluctuations over the depth range 2480 m to 2350 m (Figure 3).



183  
184 **Figure 3:**  $\delta^{15}\text{N}$  data for Termination 3 of Dome C ice core using the correction for data measured in Princeton vs  
185 LSCE proposed by Dreyfus et al. (2010).

186 The main  $\delta^{15}\text{N}$  increase corresponding to Termination 3 on the EDC core was also observed on the  
187 Vostok  $\delta^{40}\text{Ar}$  data over the same termination (Caillon et al., 2003),  $\delta^{40}\text{Ar}$  being assumed to be related  
188 to physical fractionations in the firn before bubble enclosure as for  $\delta^{15}\text{N}$  (see next section). Finally,  $\delta^{15}\text{N}$   
189 deglacial increase of  $\sim 0.15\text{‰}$  was also clearly observed over the other terminations at EDC (Dreyfus et  
190 al., 2010, SOM – Figures S2 and S3).

191

### 192 **3- Interpretation of the d-excess and $\delta^{15}\text{N}$ signals**

#### 193 **3-1- Interpretation of water stable isotopes: site and source temperature**

194

195 Records of d-excess in Antarctic polar ice cores have classically been used to infer changes in  
196 moisture sources / evaporation conditions following the studies of Vimeux et al. (1999), Stenni et al.  
197 (2001), Vimeux et al. (2001), Masson-Delmotte et al. (2010), Markle et al. (2016) and Uemura et al.  
198 (2018). In surface water vapour, at synoptic timescales, d-excess variations are mainly influenced by  
199 variations in relative humidity controlling the relative influence of kinetic and equilibrium effects  
200 (Merlivat and Jouzel, 1979; Gat et al., 1991). This influence is however muted when looking at the d-  
201 excess evolution in polar regions and on longer timescales. Moreover d-excess is strongly modified  
202 during distillation from the source to the polar precipitation regions through two effects: (1) the  
203 dependence of equilibrium fractionation coefficient at condensation with temperature and (2) the  
204 decrease of the slope  $\delta\text{D}$  vs  $\delta^{18}\text{O}$  when both  $\delta\text{D}$  and  $\delta^{18}\text{O}$  decrease toward very negative values (e.g.  
205 Jouzel and Merlivat, 1984; Touzeau et al., 2016). This effect becomes predominant in very cold regions  
206 of East Antarctica, for extremely low  $\delta\text{D}$  and  $\delta^{18}\text{O}$ . In these circumstances, local cooling leads to a d-  
207 excess increase not linked to moisture source characteristics (Uemura et al., 2012). Alternative  
208 definitions of d-excess using a logarithm formulation have thus been proposed to circumvent this site  
209 temperature signal (e.g. Uemura et al., 2012; Markle et al., 2016; Dütsch et al., 2017). However, the  
210  $\ln(\delta\text{D}+1)$  vs  $\ln(\delta^{18}\text{O}+1)$  slope is not as constant as the  $\delta^{18}\text{O}$  vs  $\delta\text{D}$  slope for large  $\delta^{18}\text{O} - \delta\text{D}$  ranges, hence  
211 leading to variable slope as a function of  $\delta^{18}\text{O}$  values when defining the excess with a logarithm

212 definition. Here, we made the choice to show the d-excess curves keeping the classical d-excess  
 213 definition. This choice of definition does not affect the reconstructions displayed below.

214 Following earlier studies of EDC d-excess, the combination of  $\delta D$  and d-excess can be used to  
 215 reconstruct the local temperature ( $T_{site}$ ) and the moisture source temperature ( $T_{source}$ ). The moisture  
 216 sources for precipitation at Dome C are located mainly in the temperate area of the Indian ocean  
 217 (Masson-Delmotte et al., 2010). Here, we use the values for the  $T_{site}$  and  $T_{source}$  reconstructions for the  
 218 EDC site given by Stenni et al. (2010) based on the use of a theoretical, mixed cloud isotopic model and  
 219 the assumption that relative humidity is constant:

$$220 \quad \Delta T_{site} = 0.16 \times \Delta \delta D_{corr} + 0.44 \times \Delta d-excess_{corr} \quad (1)$$

$$221 \quad \Delta T_{source} = 0.06 \times \Delta \delta D_{corr} + 0.93 \times \Delta d-excess_{corr} \quad (2)$$

222  
 223 The  $\Delta$  symbol stands for the difference at each level between the measured or reconstructed  
 224 parameter and the average of this parameter for the recent period (we performed the average over  
 225 the last 2000 years for the reference to “the recent period”).  $\Delta \delta D_{corr}$  and  $\Delta d-excess_{corr}$  were  
 226 calculated following Jouzel et al. (2003) using the  $\delta^{18}O_{sea\ water}$  obtained in Bintanja et al. (2005)  
 227 synchronized on EDC timescale (Parrenin et al., 2007):

$$228 \quad \delta D_{corr} = \left[ \delta D - 8 \times \delta^{18}O_{sea\ water} \times \left( 1 + \frac{\delta D}{1000} \right) \right] \div \left[ 1 + 8 \times \left( \frac{\delta^{18}O_{sea\ water}}{1000} \right) \right] \quad (3)$$

$$229 \quad \delta^{18}O_{corr} = \left[ \delta^{18}O - \delta^{18}O_{sea\ water} \times \left( 1 + \frac{\delta^{18}O}{1000} \right) \right] \div \left[ 1 + \left( \frac{\delta^{18}O_{sea\ water}}{1000} \right) \right] \quad (4)$$

$$230 \quad \Delta \delta D_{corr} = \delta D_{corr} - \delta D_{average} \quad (5)$$

$$231 \quad \Delta \delta^{18}O_{corr} = \delta^{18}O_{corr} - \delta^{18}O_{average} \quad (6)$$

$$232 \quad \Delta d - excess_{corr} = \Delta \delta D_{corr} - 8 \times \Delta \delta^{18}O_{corr} \quad (7)$$

233  
 234  
 235 These temperature reconstructions are based on the use of a mixed cloud isotopic model (Ciais and  
 236 Jouzel, 1994) describing the evolution of water isotopic composition along a trajectory toward  
 237 Antarctica and run over a large range of  $T_{site}$  and  $T_{source}$ . Different tunings of this model can however  
 238 lead to significant variations in the coefficients of equations (1) and (2). Alternative reconstructions  
 239

240 have thus been proposed (e.g. Uemura et al., 2012 for a complete study) enabling one to provide the  
241 uncertainty range to the  $T_{\text{site}}$  and  $T_{\text{source}}$  reconstructions displayed on Figure 2. These alternative  
242 reconstructions do not affect the shape of the reconstructed  $T_{\text{site}}$  and  $T_{\text{source}}$  variations but the  
243 amplitudes of variations over Termination 3 are significantly affected, especially for the  $T_{\text{source}}$   
244 reconstruction (Figure 2).

245 The  $T_{\text{site}}$  and  $T_{\text{source}}$  reconstructions for Dome C are presented on Figure 2. While the evolution of  
246  $T_{\text{site}}$  is mainly parallel to the  $\delta D$  evolution and share many similarities with it, some differences are  
247 observed. Over phase III-a,  $T_{\text{site}}$  displays an increase equivalent to 2/5 of the main  $T_{\text{site}}$  increase over  
248 Termination 3 occurring during phase III-b. Over the same period (phase III-a, 253 to 249 ka),  $\delta D$  only  
249 shows an increase of 1/4 of the main  $\delta D$  increase over phase III-b. The fact that the increase of EDC  $\delta D$   
250 over phase 1 of Termination 3 is relatively smaller than the corresponding  $T_{\text{site}}$  increase is probably  
251 because  $\delta D$  is not only sensitive to the local temperature but rather to the temperature gradient  
252 between the evaporative site and the precipitation site (i.e. between the first and final point of the  
253 distillation trajectory). The  $T_{\text{source}}$  reconstruction based on d-excess data shows an increase over phase  
254 III-a on Termination 3, in parallel to the  $T_{\text{site}}$  increase (Figure 2). Since both  $T_{\text{site}}$  and  $T_{\text{source}}$  increase by  
255 similar amplitude, we expect that the result is the small  $\delta D$  signal observed on the EDC record. Over  
256 phase III-b,  $T_{\text{source}}$  is not varying much (slight decrease) so that the dynamic of  $\delta D$  increase is directly  
257 reflected in the  $T_{\text{site}}$  increase.  $T_{\text{source}}$  evolution is very different from the  $T_{\text{site}}$  evolution over glacial  
258 inception: it follows the d-excess signal which remains at a relatively high level. This signal was already  
259 largely discussed in Vimeux et al. (1999) and following studies: it reflects the fact that the temperature  
260 of moisture source remains high during glacial inception favoring evaporation in temperate latitudes  
261 and hence significant transport of moisture toward polar area to contribute to the growing of glacial  
262 ice sheets.

263 The  $T_{\text{site}}$  and  $\delta D$  signals exhibit some differences during the glacial inception with the  $T_{\text{site}}$  signal  
264 decreasing less rapidly than the  $\delta D$  signal. While this relatively slower decrease of  $T_{\text{site}}$  compared to  $\delta D$   
265 is also observed for other glacial inceptions and on the Vostok and Dome C ice cores (Vimeux et al.,

2001; Stenni et al., 2010; SOM – Figure S1), the differences in the  $T_{\text{site}}$  vs  $\delta\text{D}$  behaviours observed over Termination 3 is less obvious for the other terminations. Finally, note that the  $\delta\text{D}$  vs  $T_{\text{site}}$  differences are much less visible at the Dome F site, the  $\delta\text{D}$  signal at Dome F sharing more variability with the  $T_{\text{site}}$  signal than at Dome C or Vostok (SOM – Table T1).

### 270 **3-2- Interpretation of the $\delta^{15}\text{N}$ signal**

271  
272 In a previous study (Bréant et al., 2017), we summarized the different possible influences on the  
273  $\delta^{15}\text{N}$  in Antarctic ice core.  $\delta^{15}\text{N}$  is directly related to the depth of the firn diffusive zone through  
274 gravitational fractionation as  $\delta^{15}\text{N}_{\text{grav}} = gz/RT$  at first order approximation with  $z$  the depth of the  
275 diffusive zone,  $g$  the gravity acceleration constant,  $R$  the gas constant and  $T$  the mean temperature.  
276 Note that a second order thermal effect is also expected in Antarctica when temperature gradients  
277 occur in the firn following the equation  $\delta^{15}\text{N}_{\text{therm}} = \Omega \times \Delta T$  with  $\Omega$  the thermal fractionation coefficient  
278 for stable isotopes of nitrogen (Grachev and Severinghaus, 2003) and  $\Delta T$  the temperature gradient  
279 between the top and the bottom of the firn. The depth of the firn diffusive zone is the difference  
280 between the lock-in depth (LID) at the bottom of the firn and the depth of the convective zone at the  
281 top of the firn. Previous studies based on dating constraints have shown that the existence of large  
282 convective zones at Dome C during glacial periods is highly improbable (Parrenin et al., 2012; Bazin et  
283 al., 2013; Veres et al., 2013) so that we concentrate here on the different influences on the firn LID.

284 The firn LID increases with increasing accumulation rate and decreases with increasing  
285 temperature (increasing metamorphism speed). On the timescale of a deglaciation, both temperature  
286 and accumulation increase so that LID is influenced by two opposite processes: LID decreases through  
287 temperature increase and LID increases through accumulation increase. In addition, it has been  
288 suggested that the concentration of impurities (taken into account through the  $\text{Ca}^{2+}$  concentration for  
289 this purpose) can increase the densification speed in the firn (Hörhold et al., 2012; Freitag et al., 2013).  
290 Since impurity concentration, as indicated by EDC calcium record (Röthlisberger et al., 2008),  
291 systematically decreases during deglaciation, it should lead to an increase of LID and hence  $\delta^{15}\text{N}$ . While  
292 these three effects can be accounted for in firn densification models (Freitag et al., 2013; Bréant et al.,

293 2017), reproducing the evolution of  $\delta^{15}\text{N}$  over deglaciations in cold sites of East Antarctica with firn  
294 densification models has long been a challenge (Sowers et al., 1992; Landais et al., 2006; Capron et al.,  
295 2013; Bréant et al., 2017). In general, modeled  $\delta^{15}\text{N}$  systematically decreases over terminations, while  
296 ice core data indicate an increase of  $\delta^{15}\text{N}$  during these periods. The temperature effect is thus  
297 dominating the LID and  $\delta^{15}\text{N}$  evolutions in the model at very cold sites, a feature which is not supported  
298 by ice core records. In a recent firn model development (new IGE – previously LGGE – firn model), we  
299 resolved the model-data mismatch by assuming that the creeping mechanism is different at very low  
300 temperature (around  $-60^\circ\text{C}$ ) from the creeping mechanism at higher temperature (around  $-30^\circ\text{C}$ )  
301 (Bréant et al., 2017), a behavior supported by evidence from hot ceramic sintering (Wilkinson and  
302 Ashby 1975; Bernache-Assolant, 2005).

303 Despite these firn model improvements, disentangling the effects of temperature, accumulation  
304 rate and impurity concentration on the  $\delta^{15}\text{N}$  evolution over deglaciations is challenging due to the  
305 common co-variations of these parameters (SOM – Figure S2). Indeed, the reconstruction of snow  
306 accumulation in ice cores from the East Antarctic plateau is based at first order on its relationship to  
307 local temperature and inferred from water stable isotopic records (e.g. Parrenin et al., 2004). While  
308 this assumption is challenged in coastal areas for centennial and millennial variability (e.g. Fudge et al.,  
309 2016), the thermodynamic effect dominates at glacial to interglacial transitions. This reconstruction  
310 can then be further refined using dated horizons and thinning scenarios from glaciological models as  
311 done for example during the construction of the coherent ice core chronology AICC2012 (Bazin et al.,  
312 2013; Veres et al., 2013). However, even with the constraints inferred from the dated horizons and  
313 thinning scenarios, the accumulation rate increases significantly in parallel to  $\delta\text{D}$  and  $T_{\text{site}}$  over  
314 deglaciations in Antarctica (SOM – Figure S2). In contrast, the link between temperature, accumulation  
315 rate and  $\text{Ca}^{2+}$  is not always as strong. In particular, Termination 3 displays the strongest  $\text{Ca}^{2+}$   
316 concentration decrease observed 20 to 30 ka before the main accumulation rate and temperature  
317 increase, themselves parallel to the  $\delta\text{D}$  signal (Figure 1, SOM – Figure S2). This makes Termination 3 a  
318 unique deglaciation to disentangle the influences of impurity and temperature (accumulation).

319 EDC  $\delta^{15}\text{N}$  increase over Termination 3 is in two steps, the first one (+ 0.06 ‰) between 256 and  
320 248 ka and the second one (+ 0.11 ‰) between 248 and 243 ka. These increases occur more than 15  
321 ka later than the main impurity decrease, i.e. a temporal lag much larger than the maximum 1 ka  
322 uncertainty in the relative chronology between gas age (on which  $\delta^{15}\text{N}$  is displayed) and ice age (on  
323 which  $\text{Ca}^{2+}$  and  $\delta\text{D}$  are displayed) (Bazin et al., 2013; Veres et al., 2013). Only a small decrease in  $\delta^{15}\text{N}$   
324 (less than 0.06 ‰) is observed around 270 ka corresponding to the major  $\text{Ca}^{2+}$  concentration peak  
325 (Figure 4) with no significant changes in temperature and accumulation as inferred from the  $\delta\text{D}$  record.  
326 All together, these observations suggest that impurity concentration is not the major driver of the  $\delta^{15}\text{N}$   
327 evolution over Termination 3.

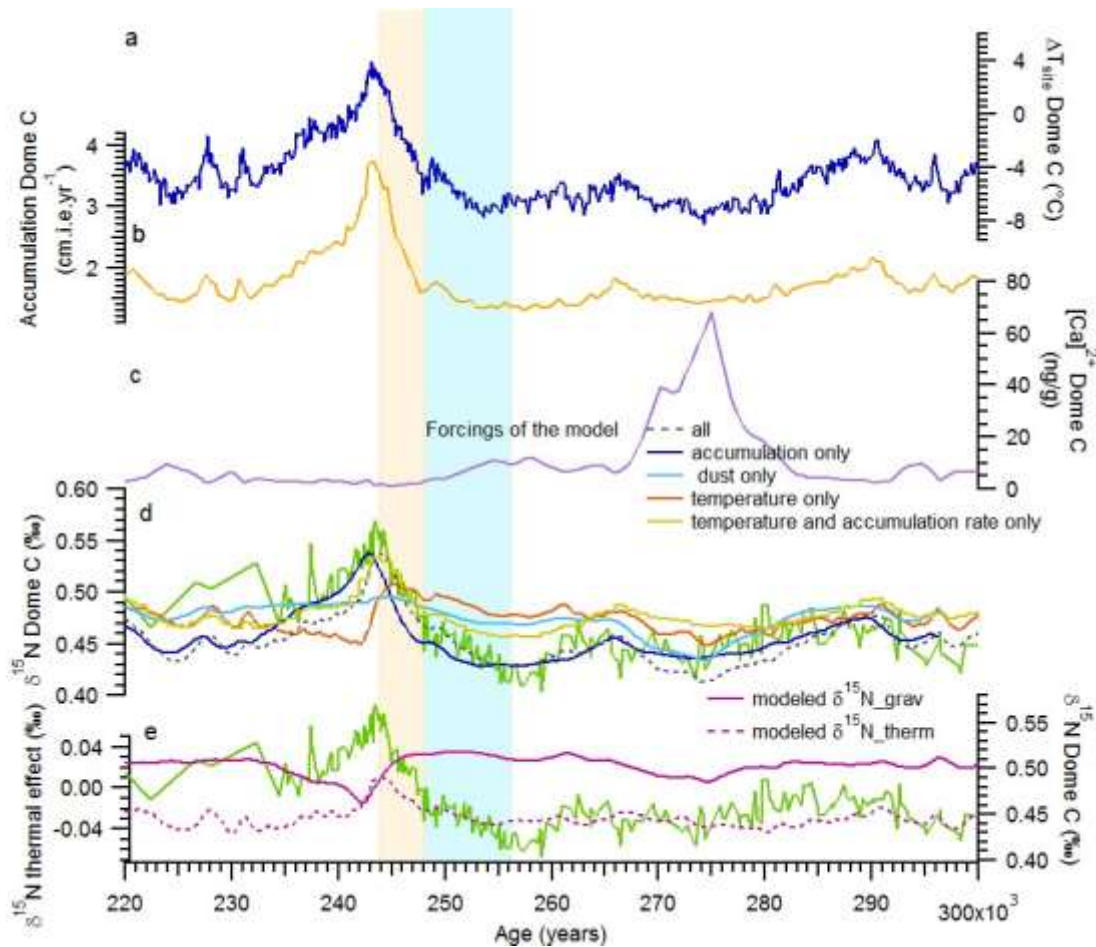
328 In order to address this result more quantitatively, we have run the IGE firn densification model  
329 equipped with impurity effect parameterization (Bréant et al., 2017) over the sequence of Termination  
330 3 making the assumption that only impurity concentration is varying, hence keeping constant average  
331 values for temperature and accumulation rate. At EDC where the  $\delta^{15}\text{N}$  record is the longest, the model  
332 produces a  $\delta^{15}\text{N}$  decrease of 0.04 ‰ (compared to slightly less than 0.06 ‰ in the measurements) over  
333 the major impurity concentration peak at 270 ka. Over the Termination 3 period where the main  $\delta^{15}\text{N}$   
334 increase is observed (256 to 244 ka), the model forced by impurity concentration only simulates a +  
335 0.03‰  $\delta^{15}\text{N}$  increase while the measured  $\delta^{15}\text{N}$  increases by 0.16‰ (Figure 4). The impurity effect is  
336 hence not able to explain the  $\delta^{15}\text{N}$  increase corresponding to Termination 3.

337 Most of the  $\delta^{15}\text{N}$  increase over Termination 3 should thus be explained by changes in  
338 accumulation rate and temperature. Increase in accumulation rate leads to increases in LID and then  
339 in  $\delta^{15}\text{N}$  through gravitational fractionation. At first order, the increase in  $\delta^{15}\text{N}$  due to accumulation is  
340 thus expected to be parallel with the increase in  $\delta\text{D}$ . To check such an hypothesis, we have simulated  
341 the  $\delta^{15}\text{N}$  evolution over the Termination 3 using the IGE firn densification model (Bréant et al., 2017)  
342 forced by the AICC2012-derived accumulation rate only (i.e. with constant temperature and  $\text{Ca}^{2+}$   
343 concentration). A  $\delta^{15}\text{N}$  increase of 0.103 ‰ is modelled between 253 and 243 ka (Figure 4). This change  
344 is smaller but of the same order than the 0.16 ‰ increase of measured  $\delta^{15}\text{N}$ . However, the modeled

345  $\delta^{15}\text{N}$  is delayed by 2 ka compared to the measured  $\delta^{15}\text{N}$ . This shows that an additional effect also  
346 influences the  $\delta^{15}\text{N}$  signal.

347       The temperature effect is more complicated to infer than the accumulation rate effect. Indeed,  
348 temperature can influence the  $\delta^{15}\text{N}$  evolution either through the thermal effect or through the  
349 gravitational effect because of a change of the LID induced by temperature variations. The  
350 temperature increase during the deglaciation leads to a decrease of the LID because of increasing firn  
351 metamorphism. This effect was dominating the modeled  $\delta^{15}\text{N}$  evolution in cold sites in previous firn  
352 densification models. However, this effect is muted in the new version of the IGE firn densification  
353 model. Running this model over Termination 3 (Figure 4) with  $T_{\text{site}}$  forcing only leads to a  $\delta^{15}\text{N}$  decrease  
354 of 0.058‰ between 246 and 241 ka, this decrease integrating both the thermal and the gravitational  
355 effects. The thermal effect leads to a slow increase of the modeled  $\delta^{15}\text{N}$  between 256 ka and 244 ka  
356 (total increase of 0.044‰, Figure 4). On opposite, the gravitational effect shows a mostly late decrease  
357 of 0.05 ‰ between 246-241 ka, linked to the decrease of the firn depth. Combined to a thermal  $\delta^{15}\text{N}$   
358 decrease between 244 and 241 ka (Figure 4), it is responsible for the global modeled  $\delta^{15}\text{N}$  decrease of  
359 0.058‰ between 246 and 241 ka.





360

361 **Figure 2:** Comparison between EDC  $\delta^{15}\text{N}$  data with  $\delta^{15}\text{N}$  simulations run with the IGE firn densification model. a:  
 362 scenario for temperature forcing (difference with present-day surface temperature). b: accumulation rate  
 363 scenario (from AICC2012 – the modeled  $\delta^{15}\text{N}$  is not significantly modified when using the accumulation rate  
 364 reconstructed from water isotopes as in Parrenin et al., 2007). c:  $\text{Ca}^{2+}$  concentration used as input scenario for  
 365 the firn densification model. d: comparison of measured (green) and modelled  $\delta^{15}\text{N}$  for different configurations  
 366 of the IGE firn densification model (all forcing in dark blue dashed line, only accumulation forcing in dark blue,  
 367 only dust forcing in light blue, only temperature forcing in red, temperature and accumulation rate forcing in  
 368 yellow). e: the purple lines on the lower panel show the outputs of the IGE model forced by temperature only for  
 369 both its gravitational part (solid line, right y-axis) and its thermal part (dashed line, left y-axis). The blue rectangle  
 370 indicates phase 1 and the yellow rectangle indicates phase 2.

371

372 Summarizing and based on our model-data comparison, we are now able to better explain the drivers

373 of the  $\delta^{15}\text{N}$  increase over the two increasing phases of Termination 3 (blue and yellow bars on Figure 4).

374 During the first  $\delta^{15}\text{N}$  increasing phase (blue on figure 4), the  $\delta^{15}\text{N}$  increase is explained by a combination of  
 375 thermal fractionation and accumulation effects, with a negligible contribution of impurity concentration.

376 During the second  $\delta^{15}\text{N}$  increasing phase (yellow on figure 4), the  $\delta^{15}\text{N}$  increase is essentially driven by the  
 377 increasing accumulation rate, itself mainly related to increasing temperature. The direct temperature effect

378 plays a role in the early  $\delta^{15}\text{N}$  increase over the second phase. However a few ka after the beginning of this

379 second  $\delta^{15}\text{N}$  increasing phase, increasing thermal  $\delta^{15}\text{N}$  and decreasing gravitational  $\delta^{15}\text{N}$  effects  
380 compensate each other so that the total effect is nil. When taking into account the influence of  
381 temperature, accumulation rate and impurity concentration in the firn densification model as adjusted for  
382 cold and low accumulation sites of East Antarctica (Bréant et al., 2017), we observe a total modeled  $\delta^{15}\text{N}$   
383 signal in very good agreement with our data for Dome C Termination 3 as was already observed for  
384 Termination 1 (Bréant et al., 2017). This is an additional validation of the firn model development  
385 performed by Bréant et al. (2017) since the phasing between changes in temperature and changes in  
386 impurity concentrations is strongly different in Termination 1 and Termination 3. This good result can also  
387 be extended to the whole 800 ka record (SOM – Figure S3).

388

#### 389 **4- Discussion – East Antarctic climate dynamic over Termination 3**

390

391 One of the characteristics of Termination 3 on the EDC  $\delta\text{D}$  record is the succession of two  
392 increasing phases (a first minor one followed by a larger one) between 253 and 244 ka with an  
393 interruption at 248-249 ka. The existence of these two  $\delta\text{D}$  increasing phases are confirmed by the  $\delta^{15}\text{N}$   
394 measurements and  $T_{\text{site}}$  reconstruction. Indeed, the  $\delta^{15}\text{N}$  increase over the first phase of Termination  
395 3 at EDC is mainly influenced by local temperature and accumulation rate, itself partly related to  
396 temperature through thermodynamic effects on multi-millennial timescale. The  $\delta^{15}\text{N}$  and  $T_{\text{site}}$  data  
397 hence show that the first phase of Termination 3 is of larger amplitude than suggested by the  $\delta\text{D}$  record  
398 and probably started earlier (at 256 ka instead of 253 ka as suggested by the  $\delta^{15}\text{N}$  signal).

399

##### 400 **4-1- Specificity of Termination 3 in other climatic records**

401

402 This feature of Termination 3 is also strongly expressed in other records from relatively high  
403 latitudes of the Southern Hemisphere, such as the  $\delta^{18}\text{O}_{\text{planktonic}}$  record of Pahnke et al. (2003) in the  
404 Southern Ocean, close to the east of New Zealand (Chatham Rise), reflecting either a local climatic and  
405 hydrologic modification or a front shift during the first phase of Termination 3 (Figure 5). Note that this  
406 record can be paralleled to the  $T_{\text{source}}$  reconstruction over the first phase of Termination 3 reflecting

407 either an increase of the oceanic temperature or a shift of the source evaporative region toward lower  
408 latitudes.

409 In the Northern Hemisphere, several records highlighted a succession of millennial events  
410 occurring prior to the main deglaciation signal of Termination 3 (Jiang et al., 2010; Obrochta et al.,  
411 2014; Cheng et al., 2009, 2016; Pérez-Mejías et al., 2017). The fingerprints of Heinrich-like events have  
412 been identified over this period (McManus et al., 2004), through cold periods in the Northern Atlantic  
413 (Obrochta et al., 2014), dry events in Southern Europe (Pérez-Mejías et al., 2017) and WMI in East  
414 Asian speleothems (Jiang et al., 2010; Cheng et al., 2009, 2016) (Figure 5). In particular, Cheng et al.  
415 (2009) proposed a three-phase sequence of Termination 3, the first and last phases corresponding to  
416 weak monsoon intervals. A parallel is proposed between the intermediate phase and the slight  
417 Antarctic cooling between the two Antarctic warming phases III-a and III-b displayed on Figure 2. The  
418 bipolar seesaw mechanism is expected to synchronize Greenland stadials with Southern ocean and  
419 Antarctic warming (Blunier and Brook 2001; Stocker and Johnsen 2003; EPICA Community members,  
420 2006; Barker et al., 2009; Landais et al., 2015; Pedro et al., 2018). Within the chronological  
421 uncertainties of AICC2012 and age models of other archives (larger than 2 ka each), we follow Cheng  
422 et al. (2009) and propose that the Antarctic warming during phase III-a of Termination 3 coincides with  
423 the Heinrich-like event at 250 ka and WMI-III-a, and the Antarctic warming during phase III-b of  
424 Termination 3 corresponds to the Heinrich like event at 245 ka and WMI-III-b. To keep coherency with  
425 the notation first introduced by Cheng et al. (2009), we thus refer to T III-a and T III-b for the two  
426 Antarctic warming phases over Termination 3, these warming phases corresponding very likely to WMI  
427 III-a and WMI III-b.

428

#### 429 **4-2- The sequence of Termination 3 on a coherent chronology using ice core proxies**

430

431 A way to circumvent the chronological issue between Antarctic records and lower latitude records  
432 and to confirm the hypothesis proposed above and by Cheng et al. (2009) is to make a direct  
433 comparison between the high latitude proxies ( $\delta^{15}\text{N}$ ,  $T_{\text{site}}$ ,  $\delta\text{D}$ ) and low latitude proxies ( $\delta^{18}\text{O}_{\text{atm}}$ ,  $\text{CH}_4$  as

434 indirect tracers of the low latitude cycle, see below) all measured on the same EDC ice core. There is  
435 thus no relative chronology uncertainty between the records except the maximum 1 ka uncertainty  
436 (inferred from AICC2012) between records displayed on the gas timescale ( $\delta^{15}\text{N}$ ,  $\delta^{18}\text{O}_{\text{atm}}$ ,  $\text{CH}_4$ ) and  
437 those displayed on the ice timescale ( $\delta\text{D}$ ,  $T_{\text{site}}$ ). The  $\delta^{18}\text{O}_{\text{atm}}$  signal shares many similarities with East  
438 Asian  $\delta^{18}\text{O}_{\text{calcite}}$  records at both orbital and millennial timescales (Wang et al., 2008; Severinghaus et  
439 al., 2009; Extier et al., 2018) because it is directly influenced by the low latitude meteoric water  $\delta^{18}\text{O}$   
440 signal transmitted to the atmosphere through photosynthesis (e.g. Bender et al., 1994; Landais et al.,  
441 2010; Seltzer et al., 2017). Moreover, Reutenauer et al. (2015) used a model approach to show that  
442 Heinrich events are associated with synchronous millennial variability of both  $\delta^{18}\text{O}_{\text{calcite}}$  in East Asia and  
443  $\delta^{18}\text{O}_{\text{atm}}$ .  $\text{CH}_4$  can also provide information of low latitudes climate of the Northern Hemisphere since  
444 the main  $\text{CH}_4$  sources are located in wetlands of the low latitudes during glacial periods (Brook et al.,  
445 2000). Still, high latitudes of the Northern Hemisphere may strongly contribute to the  $\text{CH}_4$  atmospheric  
446 signal especially when the high latitude continental areas are free of ice in warm periods (Yu et al.,  
447 2013).

448  $\delta^{18}\text{O}_{\text{atm}}$  shows two increases over phases T III-a and T III-b (Figure 5). An interruption ( $\delta^{18}\text{O}_{\text{atm}}$   
449 decrease) is observed between the two phases, i.e. in phase with the slight decrease in  $T_{\text{site}}$  and  $\delta^{15}\text{N}$ .  
450 This interruption at  $\sim 248$  ka, also observed in the  $\delta^{18}\text{O}_{\text{calcite}}$  and associated with the strengthening of  
451 the East Asian Monsoon, could be linked to an Antarctic Cold Reversal as already observed over the  
452 last deglaciation (Zhang et al., 2016) and suggested by Cheng et al. (2009). The correspondence  
453 between  $\delta^{15}\text{N}$  and  $\delta^{18}\text{O}_{\text{atm}}$  is free from any chronological uncertainty since they are measured on  
454 exactly the same air samples. This record hence supports a synchronicity between cold events in the  
455 Northern Hemisphere (associated with Heinrich events and WMI) and warming in Antarctica over  
456 phases T III-a and T III-b.

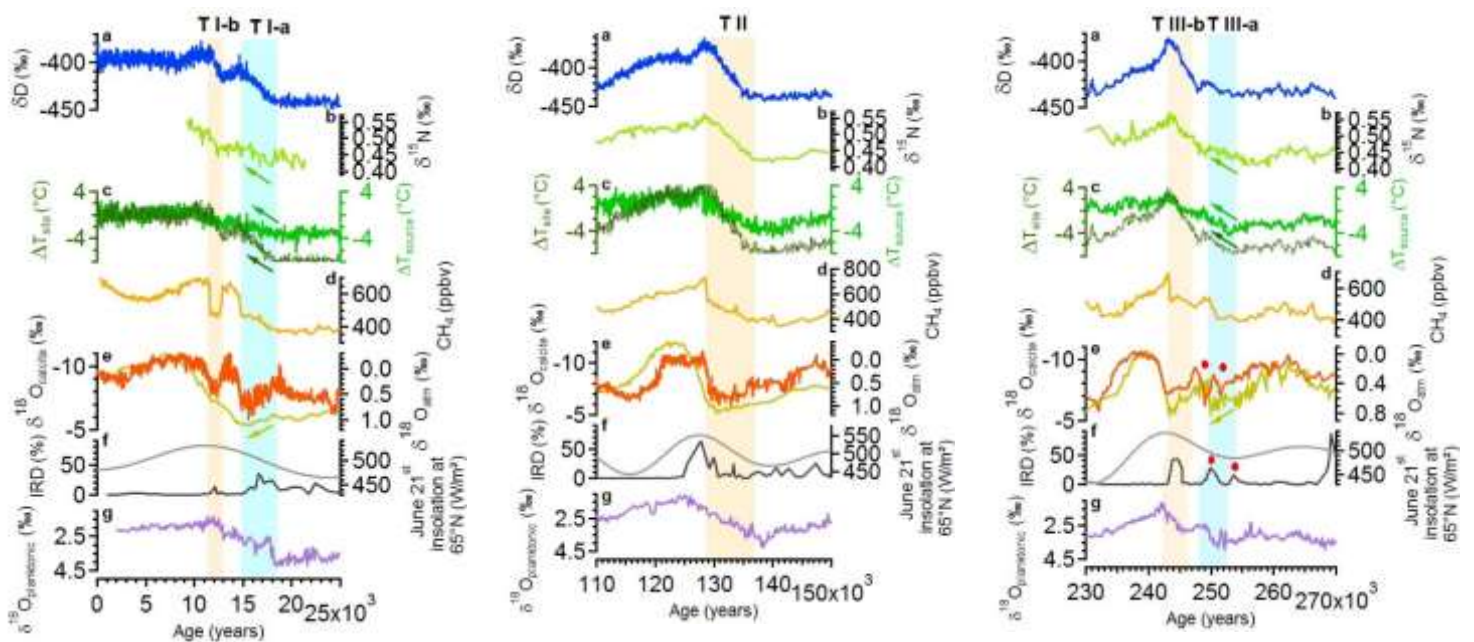
457 The  $\text{CH}_4$  record is of relatively low resolution (400 years) and probably bears a significant influence  
458 of the high latitude Northern Hemisphere during deglaciations. Still, it shows a clear increase over  
459 phase T III-a peaking at 250 ka before a low level over phase T III-b. This increase is difficult to link to a

460 warming of the high latitudes since it corresponds to a minimum of summer insolation at 65°N (despite  
461 high obliquity). Another possible interpretation of this signal is to link it to millennial-scale variability.  
462 A previous study performed over the last climatic cycle and last deglaciation showed that a CH<sub>4</sub>  
463 increase of several tenths of ppb is observed at the time of iceberg discharge in the North Atlantic in  
464 relationship with a shift of the tropical rain belts (Rhodes et al., 2015). The occurrence of a Heinrich  
465 event and associated WMI over phase T III-a may hence explain this early CH<sub>4</sub> peak. The main increase  
466 of CH<sub>4</sub> then occurs at the end of phase T III-b similarly to what is observed for the other deglaciations  
467 (Figures 1 and 5).

468 Our new measurements hence permit to refine the sequence of events for Termination 3  
469 including Antarctica without relative chronological uncertainty. During phase T III-a occurring during a  
470 minimum of the summer insolation at 65°N, Heinrich like events are associated with a southward shift  
471 of the Northern Hemisphere polar front and of the tropical rain belts linked with the ITCZ (Intertropical  
472 Convergence Zone). This shift is observed in the increases of  $\delta^{18}\text{O}_{\text{atm}}$ , East Asia  $\delta^{18}\text{O}_{\text{calcite}}$  and CH<sub>4</sub> and is  
473 associated with the weak monsoon interval referred as WMI-III-a. Connected to this Northern  
474 Hemisphere change through atmospheric and oceanic teleconnections linked to the bipolar seesaw,  
475 the Antarctic temperature increases as shown by the T<sub>site</sub> and  $\delta^{15}\text{N}$  records. Despite evidences for the  
476 Northern Hemisphere vs Antarctica correspondences, our records also show that the sub-millennial  
477 variability recorded in the IRD and Chinese  $\delta^{18}\text{O}_{\text{calcite}}$  records over phase T III-a (2 IRD peaks, 2 positive  
478  $\delta^{18}\text{O}_{\text{calcite}}$  excursions, red points in Figure 5) is not seen in the Antarctic records which record only one  
479 monotonous temperature increase.

480 Phase T III-b occurs during the rise of 65°N summer insolation and is characterized by a Heinrich  
481 like event of larger amplitude, which is also associated with WMI III-b, a southward shift of the ITCZ  
482 and of the Northern Hemisphere polar front. In a context of high Northern Hemisphere insolation and  
483 similarly to other deglaciations in the same insolation context (e.g. the most recent and well dated  
484 Terminations 1 and 2, cf Figure 1), the Antarctic temperature increases faster than during phase T III-  
485 a.

486 Finally, the sequence of events over Termination 3 can be compared with the sequences observed  
 487 on Termination 1 and Termination 2 where dating constraints are strong enough (Figure 5). In  
 488 particular, Figure 5 shows that we systematically have parallel increase of  $\delta^{15}\text{N}$ ,  $T_{\text{site}}$  and  $T_{\text{source}}$  at Dome  
 489 C over the one or two Antarctic warming phases of the terminations. These warming phases are also  
 490 systematically associated with IRD peaks as well as increasing phases in the  $\delta^{18}\text{O}_{\text{calcite}}$  and  $\delta^{18}\text{O}_{\text{atm}}$ . The  
 491 Antarctic warmings during the last 3 deglaciations are thus systematically correlated with the  
 492 occurrence of WMI and iceberg discharges in the North Atlantic, hence a southward shift of the ITCZ.  
 493 However, the peculiarity of Termination III is the fact that the warming over phase T III-a occurs during  
 494 a minimum in June 21<sup>st</sup> insolation at 65°N while all Antarctic warming phases occur during a phase of  
 495 increase in the June 21<sup>st</sup> insolation at 65°N. This may explain why phase T III-a is associated with a much  
 496 smaller  $\delta\text{D}$  and  $T_{\text{site}}$  increase than phase TI-a. The occurrence of phase T III-a of Termination 3 in a  
 497 context of low summer insolation at 65°N hence appears as an anomaly and suggests that other factors  
 498 than the increase in summer insolation in the Northern Hemisphere may play a role in the triggering  
 499 of the deglaciation in Antarctica. These factors may be local insolation (i.e. Southern Hemisphere  
 500 summer insolation) or occurrence of millennial scale variability related to changes in the ITCZ locations.



501  
 502 **Figure 5:** Millennial variability during the Terminations 1 (left), 2 (middle) and 3 (right). a: EDC  $\delta\text{D}$  record (Jouzel  
 503 et al., 2007). b: measured EDC  $\delta^{15}\text{N}$  (Dreyfus et al., 2010; Landais et al., 2013; this study). c: EDC  $\Delta T_{\text{site}}$  (dark

504 green) and  $\Delta T_{source}$  (green) reconstructions. d: EDC  $CH_4$  (Loulergue et al., 2008). e:  $\delta^{18}O_{calcite}$  from East Asian  
505 speleothems in red (Cheng et al., 2016) and EDC  $\delta^{18}O_{atm}$  in yellow (Extier et al., 2018). f: IRD percentage from site  
506 ODP980 in black (McManus et al., 1999) and June 21<sup>st</sup> insolation at 65°N in grey (Laskar et al., 2004). g:  
507  $\delta^{18}O_{planktonic}$  of core MD97-2120 (Pahnke et al., 2003). All ice core data are presented on the AICC2012 timescale,  
508 the  $\Delta age$  estimate in AICC2012 between the gas and ice timescales being in excellent agreement (maximum  
509 difference of 400 years) with the  $\Delta age$  obtained with the IGE firnification model presented here.

510

## 511 **5- Conclusions and perspectives**

512

513 We presented a high resolution record of  $\delta^{15}N$  over Termination 3 on the Dome C ice core together  
514 with a reconstruction of  $T_{site}$  and  $T_{source}$  from the combination of  $\delta D$  and d-excess on the same ice core.  
515  $\delta^{15}N$  and  $T_{site}$  display early increases as soon as 256 and 253 ka while the  $\delta D$  record is mostly stable  
516 until 251 ka. Based on a thorough data – firn model comparison, we demonstrated that impurity  
517 concentration does not influence the  $\delta^{15}N$  signal over Termination 3 and that the major part of the  
518  $\delta^{15}N$  increase from 256 ka to the end of Termination 3 should better be related (directly or indirectly  
519 through accumulation) to local temperature. It follows from this multiproxy analysis that the Antarctic  
520 temperature increase over the first phase of Termination 3 is stronger than inferred from  $\delta D$  only.

521 Using a comparison with other climatic archives as well as indication for the timing of Weak  
522 Monsoon Intervals in the EDC ice core and change in the low latitude water cycle through the  $\delta^{18}O_{atm}$   
523 proxy, we confirm a sequence of events suggested by Cheng et al. (2009): the two phases of Antarctic  
524 temperature increase over Termination 3 are related to Heinrich like events with a bipolar seesaw  
525 mechanism at play. The first phase occurs during a minimum of summer Northern Hemisphere  
526 insolation with the bipolar seesaw associated with Heinrich like events being the major explanation  
527 for Antarctic temperature increase while the second phase is associated with both Heinrich like event  
528 and increase in summer Northern Hemisphere insolation. This contrasts with the two younger  
529 terminations when the first Antarctic warming phase is in phase with increased in summer insolation  
530 at 65°N.

531 This study confirms that using  $\delta D$  from the EDC ice core for reconstructing temperature evolution  
532 should be done carefully. Indeed, millennial scale events can induce synchronous cooling of source and

533 site temperatures resulting in a stable  $\delta D$ . Multiproxy studies like the one performed here are thus  
534 desirable and should be applied to other terminations such as Termination 4 associated with a strong  
535 millennial variability at the end of MIS 10. This study opens perspective for deciphering the role of  
536 orbital forcing and millennial variability in the onset and amplitude of a deglaciation.

537

### 538 **Acknowledgments**

539

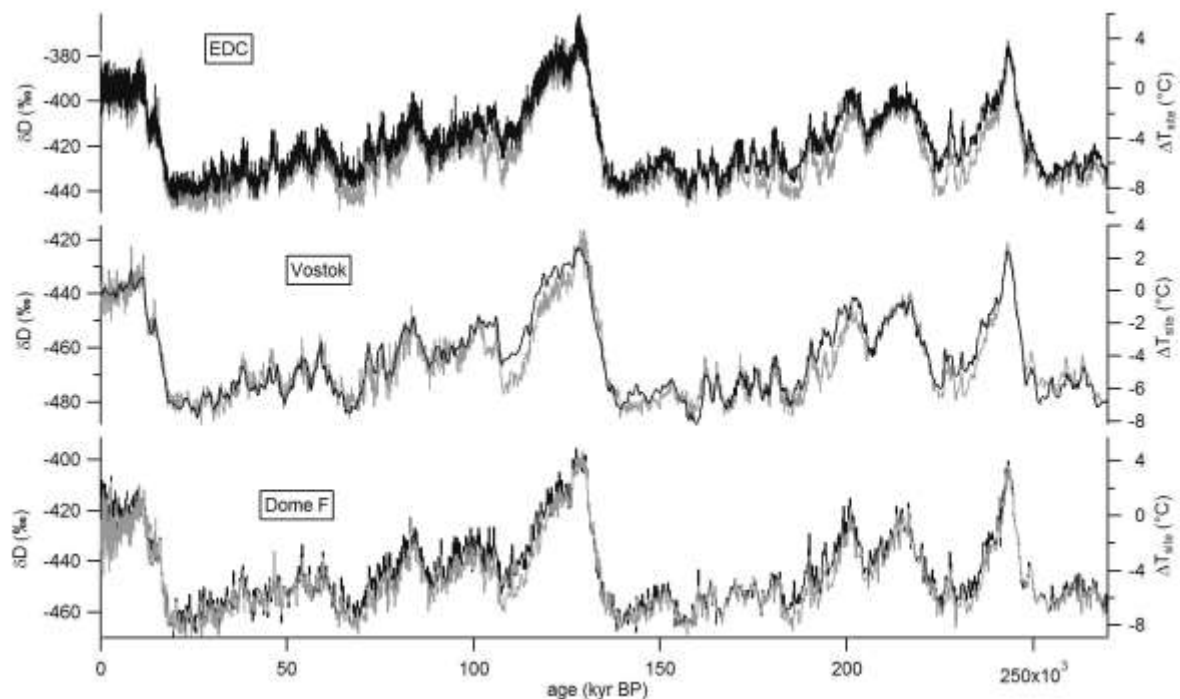
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544

545

### 546 **Supplementary Online Material**

547



548

549 ***SOM - Figure S1: Comparison of the  $\delta D$  (grey) and  $\Delta T_{site}$  reconstructions for 3 deep ice cores in East Antarctica.***

550

551



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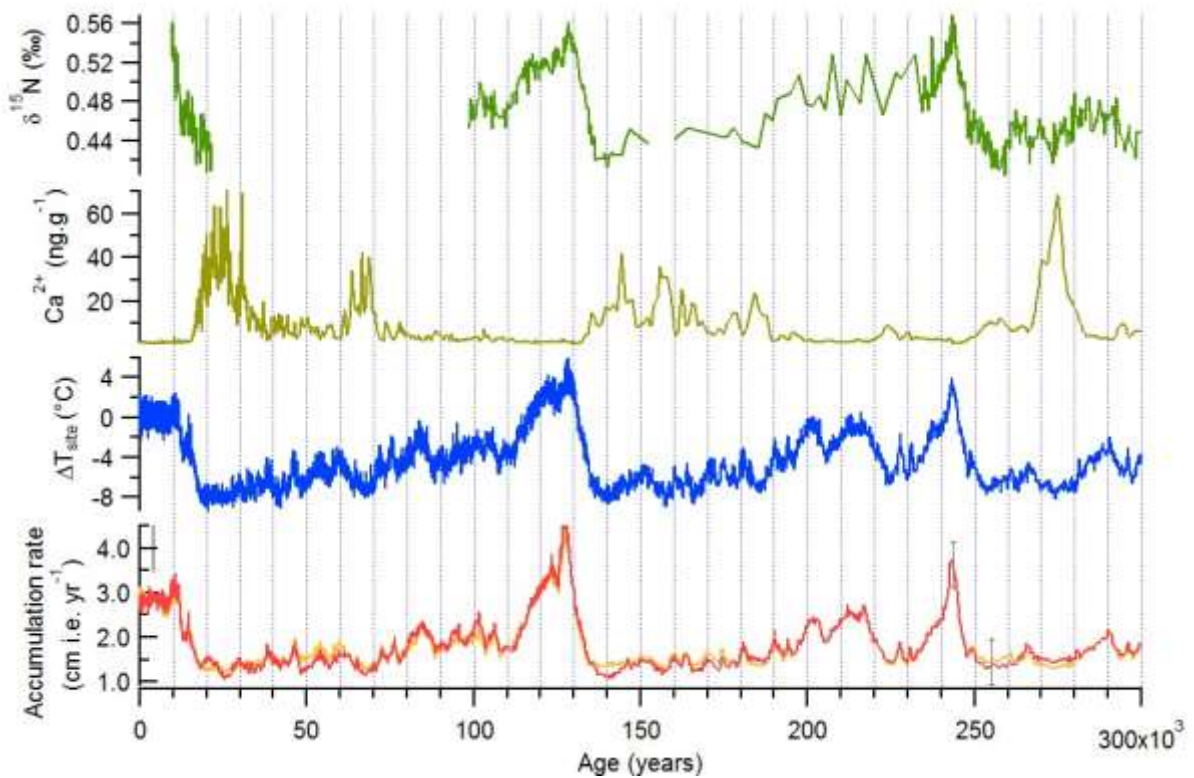
Correlation	Dome F $\delta D$	Dome F $T_{site}$	EDC $\delta D$	EDC $T_{site}$	Vostok $\delta D$	Vostok $T_{site}$
Dome F $\delta D$	1	0.95	0.90	0.86	0.89	0.86
Dome F $T_{site}$	0.95	1	0.89	0.89	0.86	0.89
EDC $\delta D$	0.90	0.89	1	0.92	0.89	0.89
EDC $T_{site}$	0.86	0.89	0.92	1	0.84	0.90
Vostok $\delta D$	0.89	0.86	0.89	0.84	1	0.91
Vostok $T_{site}$	0.86	0.89	0.89	0.90	0.91	1

555

556 **SOM - Table T1:** Correlation between  $\delta D$  and  $\Delta T_{site}$  over the last 300 ka for Dome F, EDC and Vostok ice cores.

557

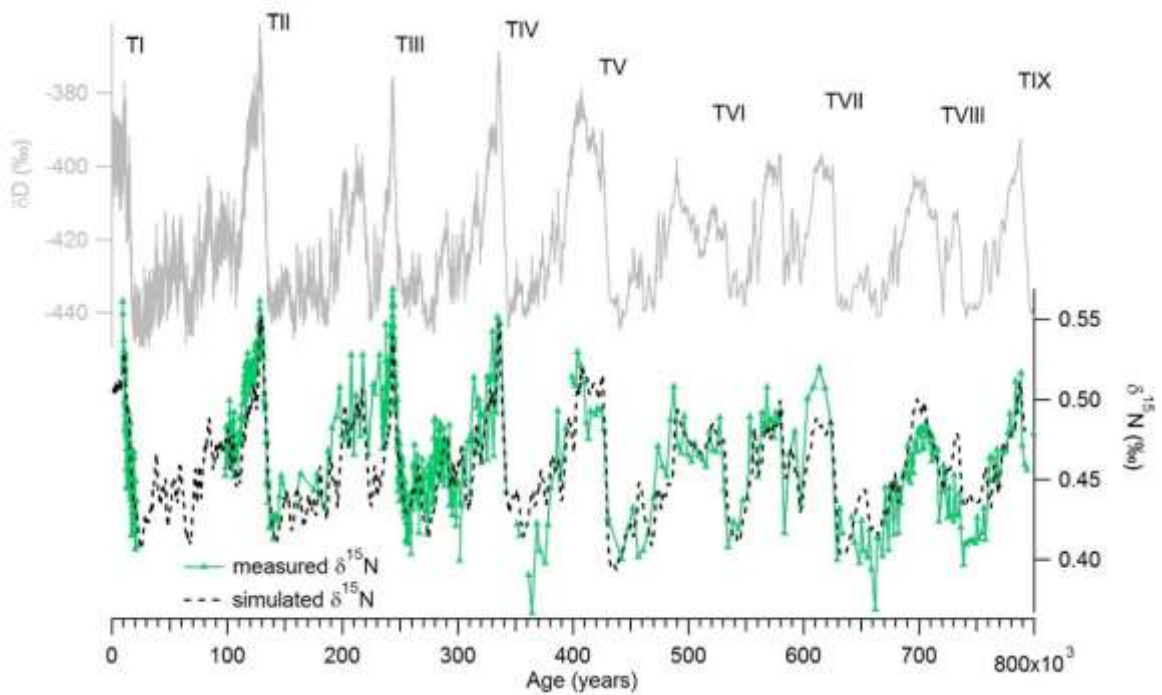
558



559

560 **SOM - Figure S2:** Variations of  $\delta^{15}N$ ,  $Ca^{2+}$  concentration (Lambert et al., 2012),  $\Delta T_{site}$  and accumulation rate (red  
 561 from water isotopes as in Parrenin et al., 2007; orange from AICC2012) on the EDC ice core. The grey error bars  
 562 show the uncertainty associated with accumulation rate reconstruction in AICC2012 for the glacial and  
 563 interglacial periods delimiting Termination 3.

564



565

566 **SOM - Figure S3:** Comparison of measured (green) and modeled (IGE model of Bréant et al., 2017, including all  
 567 dust, accumulation and temperature forcings, dashed black line)  $\delta^{15}\text{N}$  over the last 800 ka at Dome C.  
 568

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