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Ice-templated freeze-dried cryogels from tunicate cellulose nanocrystals with high specific surface area and anisotropic morphological and mechanical properties

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10

11 Abstract

12 High aspect ratio cellulose nanocrystals (CNCs) extracted from tunicate were used to create so-13 called cryogels from an ice-templating directional freeze-drying process. The structure of the 14 resulting solid foam was investigated at the micro- and nanoscales by scanning electron microscopy and nitrogen adsorption measurements were used to extract the specific surface area. The 15 16 mechanical properties were probed by compression tests. To highlight the specificities of tunicate 17 CNC-based cryogels, results were compared with the one obtained from two other types of 18 nanocellulose, namely cellulose nanofibrils (CNFs) from wood and cellulose nanocrystals (CNCs) from cotton, which exhibit different dimensions, aspect ratio, flexibility and crystallinity. While CNF- and 19 20 cotton CNC-based cryogels exhibited a classical morphology characterized by a sheet-like structure, a particular honeycomb organization with individual particles was obtained in the case of tunicate CNC 21 22 cryogels. The latter cryogels presented a very high specific surface area of about 122 m²/g, which is unexpected for foams prepared from a water-based process and much higher than what was 23 24 obtained for CNF and cotton CNC cryogels (25 and 4 m²/g, respectively). High mechanical resistance 25 and stiffness were also obtained with such tunicate CNC cryogels. These results are explained by the 26 high crystallinity, aspect ratio and rigidity of the tunicate CNCs combined with the particular honeycomb architecture of the cryogel. 27

28 Keywords:

29 cryogel, freeze-drying, nanocellulose, tunicate CNCs

30 Abbreviations:

- 31 CNFs: cellulose nanofibrils
- 32 CNCs: cellulose nanocrystals
- 33 SEM: scanning electron microscopy

- 34 TEM: transmission electron microscopy
- 35 BET: Brunauer, Emmett, Teller

36 DLS: dynamic light scattering

- 37 NMR: nuclear magnetic resonance
- 38 NLDFT: nonlocal density functional theory

39 AFM: atomic force microscopy

40

41 Introduction

42 During the last decade, there has been increasing interest for nanoscale celluloses which can be 43 extracted from plants, bacteria, fungi, algae and one marine animal, tunicate (Sacui et al. 2014), for 44 which cellulose is present in the epidermal layer (Klemm et al. 2018). Two main types of 45 nanocelluloses are classically described (Klemm et al. 2011; Dufresne 2012): cellulose nanofibrils 46 (CNFs) and cellulose nanocrystals (CNCs). CNFs are a few micrometers long and 5 to 60 nm in 47 diameter fibrils (Klemm et al. 2011; Lavoine et al. 2012; Nechyporchuk et al. 2016) comprising 48 amorphous and crystalline regions leading to flexibility and possible entanglements. They are most 49 commonly produced from a combination of a chemical or enzymatic pre-treatment followed by 50 mechanical disintegration. CNCs are rigid rod-shaped particles usually produced from the acid hydrolysis of any cellulose source. They have dimensions of 100 nm to a few µm in length, and 4 to 51 52 70 nm in cross-section (Habibi et al. 2010; Klemm et al. 2011; Trache et al. 2017), which depend on 53 the cellulose source and, to a lesser extent, on the hydrolysis conditions (Chauve et al. 2014). Owing 54 to an extended range of properties (lightweight, natural abundance and renewable origin, 55 biocompatibility, mechanical strength, tailorable surface chemistry), nanocelluloses are ideal building 56 blocks for a wide range of applications (Abitbol et al. 2016) such as photonics (CNC chiral nematic properties for the production of iridescent films), nanocomposites (Wei et al. 2014), paper and 57 packaging (Bardet and Bras 2013), electronics (Hoeng et al. 2016), biomedical applications (Jorfi and 58 59 Foster 2015), or as rheology modifiers for cosmetics, paintings, etc.

50 Specifically, among the different nanocellulose-based materials and as discussed in recent 51 reviews (Lavoine and Bergström 2017; De France et al. 2017), foams represent a very interesting 52 category, which allows targeting a wide range of applications. Low-density materials with very high 53 specific surface areas and a tunable architecture can be produced and these biosourced solid foams 54 are able to compete with fragile inorganic aerogels. 65 These porous structures can be obtained from different processes. Solvent removal and formation of pores can be achieved by freeze-drying of the nanocellulose suspension with or without 66 67 prior solvent exchange. Alternatively, supercritical conditions can be used, leading to a more fibrillary structure. Although both resulting structures are sometimes called "aerogels", for a better 68 understanding of the process accomplished and because the final structures are very different, the 69 materials produced here via a freeze-drying process will be called "cryogels". Solvent exchange of the 70 71 nanocellulose suspensions from water to another solvent (commonly tert-butyl alcohol, t-BuOH) has 72 been used to increase the specific surface area of the prepared porous materials. For example, 73 Sehaqui et al. (2011) obtained CNF-cryogels with a surface area of 153 m²/g that increased to 74 249 m²/g after solvent exchange with *t*-BuOH. Similar results have also been reported by Fumagalli et al. (2013)b who discussed the influence of the water/*t*-BuOH ratio on the CNF cryogels morphology. 75 76 Alternatively, a spray freeze-drying technique (Jiménez-Saelices et al. 2017) has been developed to 77 prepare nanocellulose cryogels with reduced pore size and specific surface area of 100 m²/g for 78 insulating applications.

79 Despite the potential benefits that could be expected from these near-perfect high aspect ratio 80 nanocrystals, the preparation of tunicate CNC (tuCNC) cryogels is poorly documented. Indeed, only 81 Ishida et al. very briefly reported on the use of tuCNCs to prepare solid foams by freeze-drying with 82 or without prior solvent exchange with t-BuOH (Ishida et al. 2004), while other authors reported the 83 use of tuCNCs in the design of composite cryogels in combination with clay, polyvinylalcohol or 84 polyimide (Gawryla et al. 2009; Mueller et al. 2015; Nguyen et al. 2016). In the present work, we aim 85 to investigate the potential specificities of pure tuCNC-based cryogels. Therefore, porous structures 86 were produced from the initial aqueous suspensions by an ice-templating freeze-drying procedure and the structural and physical properties of the resulting tuCNC-based materials were measured. 87 Additionally, cryogels were also prepared with a similar process from commercial wood CNFs and 88 89 CNCs derived from cotton (cCNCs) to investigate the influence of the starting nanocellulose type on 90 the morphology and physical properties of the produced cryogels. This strategy aims at establishing 91 the nanocellulose type-cryogels properties relationship to better adapt the nanocellulose source to a 92 specific application. When of interest, properties of cryogels prepared from a suspension in water 93 were compared to cryogels prepared from a suspension in *tert*-butyl alcohol.

94

95 Materials and methods

96 Materials

97 Chemicals

Hydrochloric acid (CAS Number: 7647-01-0, 37%), sodium hydroxide (≥97.0%, pellets, CAS
number: 1310-73-2), sodium chlorite (technical grade, 80%, CAS number: 7758-19-2), sulfuric acid
(98%, CAS number: 7664-93-9) were supplied by Sigma Aldrich and directly used as received and *tert*butyl alcohol (≥99.0%, CAS number: 75-65-0) was purchased from Fisher Scientific and used without
any further purification.

103 Tunicate CNCs

Mantles of tunicate (*Halocynthia roretzi*) were purified with 1N NaOH and 0.3% NaClO₂ treatments. Before hydrolysis, they were rinsed thoroughly, cut in small pieces and mixed with a blender. They were then partially dried over a Büchner membrane. Acid hydrolysis was carried out in 50 wt% sulfuric acid at 50°C during 20 hours under stirring. After hydrolysis, the acid was removed via centrifugation-dispersion cycles (centrifugation at 5000 to 7000 rpm during 30 min to 1 hour at 25°C) followed by dialysis at room temperature during 1 week. A suspension at 1.2 wt% was obtained.

111 Commercial CNFs

112 Cellulose nanofibrils from wood called Exilva[®] (type P) were provided by Borregaard at 2 wt% or 113 10 wt% solid content and were redispersed at 1 wt% solid content in distilled water using an Ultra 114 Turrax IKA T25 stirrer at room temperature at 8 000 rpm during 5 minutes before use. The 115 hemicellulose content was measured through alditol acetates preparation for monosaccharide 116 analysis according to the procedure described by Blakeney et al (Blakeney et al., 1983) followed by 117 analysis by GC-MS (Agilent GC6850-MS5975) using injection on a SP 2380 column (Supelco) with 118 helium as carrier gas (1.1 ml.min⁻¹). A hemicellulose content of 2.8 % was obtained.

119 Cotton CNCs

120 Cotton linters from Buckeye Cellulose Corporation were cut in small pieces and mixed with a 121 blender. Acid hydrolysis was carried out in 65 wt% sulfuric acid at 60°C during 30 min under 122 mechanical stirring according to the method described by Revol et al. (1992). The acid was removed 123 via centrifugation-dispersion cycles (centrifugation at 20000g for 30 minutes) followed by dialysis 124 against distilled water until the conductivity reached the value of deionized water. The suspension 125 was then ultra-sonicated using a Branson sonifier during 4 min in an ice-bath to prevent any temperature increase. The suspension was then filtered through a 1 μ m Whatman membrane with a 126 127 Sartorius filtration equipment to remove large aggregates. A suspension at 2.2 wt% was finally obtained. 128

129

130 Sample preparation

131 Solvent exchange

Nanocellulose particles were solvent exchange via centrifugation-dispersion cycles. A suspension of nanocellulose was centrifuged at 11200 rpm during 30 minutes at room temperature. The supernatant was discarded and the pellet was redispersed in tert-butyl alcohol at 30°C with Ultra Turrax IKA T25 stirrer at highest speed. Following centrifugations took place at 30°C to avoid freezing of tert-butyl alcohol. Four cycles of centrifugation-dispersion were necessary and the last pellet was dispersed in t-BuOH/H₂O 80:20 (V/V). For cotton CNCs, the addition of salt was necessary to increase the first centrifugation efficiency.

139 Freeze-drying

140 Nanocellulose cryogels were prepared from freeze-drying in a Cryotec[®] shelves freeze-drier. The 141 nanocellulose suspension at specific solid content was poured in polystyrene cylindrical molds where the suspension was in direct contact with the freeze-drier shelves at -50°C. Directional freezing 142 143 occurred at -50°C for 2 hours. The average freezing rate was of -10°C.min⁻¹ and differences between the bottom and top part of the cryogel were observed, with a faster freezing rate occurring at the 144 145 bottom than at the top. The primary freeze-drying step took place at 0.1 mbar with increasing 146 temperature from -50°C to 20°C in 24 hours. It was followed by a secondary freeze-drying step at 147 20°C and 0.01 mbar for 30 minutes, after which cryogels were recovered. They were stored in a 148 nitrogen cabinet to avoid humidity uptake.

149 Characterizations

150 Elemental analysis

151 C, O, H, and S elemental analysis was carried out by Institut des Sciences Analytiques (UMR 152 5280, Villeurbanne) on freeze-dried samples. At least duplicates were performed.

153 Dynamic light scattering

A suspension of nanocellulose at 0.1 %, was analyzed in a temperature-controlled chamber at 20 °C with a Malvern NanoZS instrument equipped with a 2 mW HeNe laser at a wavelength of 632.8 nm and detection was performed at an angle of 173°. Data analysis was performed with the multiple narrow mode algorithm from Malvern DTS software and the reported hydrodynamic diameter was averaged from 3 measurements of 15 runs each.

159 Titration

160 CNCs were prepared from sulfuric acid hydrolysis and their surface chemistry present OSO₃⁻ 161 groups. A suspension of CNCs containing about 0.1 g dry CNCs was titrated at least twice with 0.01 M 162 NaOH in order to evaluate the sulfur content. The degree of substitution was calculated from the 163 following formula:

$$DS = \frac{V_{eq} x C_{NaOH} x M_{mean}}{m_{cellulose}}$$
$$M_{mean} = \frac{162}{1 - 80 x (V_{eq} x C_{NaOH} / m_{cellulose})}$$

$$Sulfur\ amount = \frac{32\ x\ DS}{M_{mean}}$$

164 Where V_{eq} is the volume in mL of NaOH necessary for the titration of the CNC suspension, 165 C_{NaOH} the concentration of NaOH for the titration is of 0.01M, M_{mean} is the mean molecular weight, 166 $m_{cellulose}$ is the mass of titrated CNCs in g.

167 Cellulose nanofibrils nanoscale and microscale properties

The nanoscale and microscale particles fractions were evaluated by determining the homogeneity and the nano-sized fraction as explained in a quality index specifically developed for cellulose nanofibrils (Desmaisons et al. 2017). The microscopic part of the suspension was characterized from optical images obtained from 0.1% diluted suspensions. CNFs were sorted into three classes of dimensions: lower than 5 μm, from 5 to 10 μm and larger than 10 μm. Homogeneity was defined as the highest percentage of CNFs in any of the three dimensions' classes.

The nanoscale particles were also isolated from the CNF suspension after centrifugation of a 0.02% suspension at 1000 rpm during 15 minutes (Naderi et al. 2015). The supernatant was recovered and considered to be composed of nanoscale particles only. At least triplicates were performed.

178 The nanoscale fraction (%) is defined as $\frac{Concentration after centrifugation (wt%)}{Concentration before centrifugation (wt%)} x 100$

179 NMR analysis

¹³C solid-state NMR spectra were recorded with a Bruker Avance DSX 400 MHz spectrometer, in a cross-polarization and magic angle spinning conditions (CP-MAS). The ¹³C radio frequency field strength was obtained by matching the Hartman–Hahn conditions at 60 kHz. The spinning speed was 12000 Hz, the operating condition was set at 100.6 MHz and a minimum number of 10 000 scans 184 were acquired with a contact time and recycle delay, respectively, of 2 ms and 2 s representing 185 standard conditions. The acquisition time was set at 35 ms and the sweep width at 29 400 Hz. 186 Spectra were corrected with the scaling factor obtained from a reference spectrum of glycine. The 187 spectra were normalized with cellulose C1 peak at 100 to 110 ppm. Crystallinity was calculated from 188 the integration of the crystalline (87 to 93 ppm) and amorphous (80 to 87 ppm) form of carbon C4.

189 *Electron microscopy*

The cellulose nanocrystal suspensions diluted 100 to 1000 times were observed with a Philips CM200 CRYO transmission electron microscope (TEM) operating at 80 kV. One drop of suspension was deposited on a carbon grid and excess liquid was removed. A 2% uranyl acetate stain was deposited on top of the samples, excess liquid was removed after 2 minutes and the sample was allowed to dry before observation.

195 Nanocellulose cryogels images were recorded with a FEI Quanta 250 scanning electron micro-196 scope (SEM) equipped with a field emission gun and operating at 2 kV, after sample coating with 197 gold/palladium. At least ten images were recorded and the most representative were selected for 198 discussion.

199 Atomic force microscopy (AFM)

200 Cellulose nanocrystal suspensions were diluted to 10^{-4} wt% and a drop was deposited on cleaved 201 mica plate. The plate was left to dry overnight at room temperature. Analysis of the nanoparticles 202 was carried out using a Dimension icon[®] atomic force microscope (Bruker, USA) in tapping mode with 203 a silicon cantilever (OTESPA, Bruker, USA). At least 10 images were recorded and used for image 204 treatment.

205 *Image treatment*

206 Particle sizes were measured from electron, optical and atomic force microscopy images using 207 the ImageJ software. Reported average values of length and width correspond to at least 150 208 measurements.

209 Pore sizes of large pores (> 1μm) were measured from SEM images at magnifications from 200
210 to 1000 times. At least 100 replicates were recorded and pore size distribution was analyzed.

211 Density and porosity

The volume of the produced cryogels was determined from height and diameter measurements using a digital caliper. The density is given as the mass of cryogel for a given volume and an average

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value of ten measurements was taken. The porosity, *P*, was calculated from the following equation: $P(\%) = (1 - \frac{\rho}{\rho_c}) \times 100$, where ρ the density of the cryogel and ρ_c the density of cellulose (1.60 g.cm⁻³)

217 Nitrogen adsorption

Specific surface area and pore size distribution were obtained using a Micromeritics ASAP 2420 Surface Area and Porosity Analyzer. Cryogels samples (around 100 mg) were degassed at 105°C during at least 12 hours. Analysis was performed with nitrogen adsorption and desorption at -196°C, at relative pressures from 0.01 to 0.03 for BET specific surface area and from 0.01 to 0.995 for pore size distribution. The specific surface area measurement was performed three times for each sample and for a given set of parameters two different batches were characterized. The specific surface area was calculated by assuming that nitrogen is adsorbed at the surface of the sample as a monolayer.

A nonlocal density functional theory (NLDFT) method was applied to obtain the pore size distribution of cryogels after pore geometry adjustment (Ravikovitch and Neimark 2001). The MicroActive software was used for the calculations.

228 Compression test

229 Compression tests were performed on a Shimadzu (autograph) AGS-X with load cell capacities of 230 20 N and 500 N (depending on the cryogel resistance) at 24°C and 50 (± 3) % relative humidity after 231 at least 24 hours stabilization storage of cryogel in same conditions. Cryogels of cylindrical shape of 232 15 mm in diameter and 20 to 30 mm in height were compressed at 1 mm/min. Triplicates were 233 performed. The compression moduli were calculated in the elastic region at strains (± 2.5%) 234 corresponding to half the strain of the beginning of the plateau region.

235 Results and Discussion

236 Nanocellulose morphology and properties

237 Cellulose nanocrystal and cellulose nanofibril suspensions exhibit very different macroscopic 238 features, as shown in the insets in Fig.1. For both types of CNCs, the preparation yields homogeneous 239 and stable colloidal suspensions with a low viscosity. In the case of tunicate, some temporary 240 iridescence can be observed when shearing is applied, due to the easy alignment of these high aspect 241 ratio particles. The CNF suspensions appear more viscous, gel-like and non-transparent due to entanglements between the very long objects and the presence of poorly disaggregated elements. 242 243 Characterization of cellulose nanomaterials is still a challenge and requires adapted technique or 244 specific preparations as recently reviewed by the community (Foster et al. 2018). To investigate the 245 particles morphology, TEM images were acquired and are shown in Fig.1. Cotton CNCs have a rod-246 like structure with a moderate aspect ratio and are often observed as bundles of 3 to 4 laterally 247 associated elementary crystallites, which the acid hydrolysis did not separate. This is in agreement 248 with previously reported data (Elazzouzi-Hafraoui et al. 2008). Tunicate CNCs exhibit a much higher 249 aspect ratio and a needle-like structure, due to a higher crystallinity when compared to cotton. 250 TuCNC production rather yields isolated elementary crystallites with a lower degree of polydispersity 251 than cCNCs. Regarding CNF material, a much more heterogeneous morphology is observed when 252 multiscale tools like optical microscopy, SEM and TEM are used. The finest fraction in the CNF sample 253 observed by TEM appears as long and flexible fibrils with a varying degree of defibrillation. The 254 particles sizes distributions are recorded in supplementary materials, in figure SM1.

255 Table 1 summarizes the intrinsic properties of the three types of nanocelluloses in terms of 256 dimensions and crystallinity. Sizes and aspect ratio of the different nanoparticles were deduced from 257 TEM and AFM images analysis. Cotton CNCs have an average length of 150 nm and an average width of 19 nm and a height of 8 nm, giving an aspect ratio of 14, in agreement with literature values 258 259 (Elazzouzi-Hafraoui et al. 2009; Cherhal et al. 2015). Tunicate CNCs have an average length of 1120 nm and a width of about 21 nm on average and a height of 12 nm giving an aspect ratio of 63, which 260 261 is much bigger than the value for cCNCs. Dynamic light scattering (DLS) was used to measure the 262 hydrodynamic diameter of CNCs only, since this technique is not suitable for micrometer-sized CNFs. 263 Values of 129 and 381 nm were obtained for cCNCs and tuCNCs, respectively. It has here to be 264 recalled that these values do not correspond to the length nor to the cross-section of the particles 265 but to the size of the sphere with the same diffusion coefficient as the considered particle.

266 CNFs are much longer and entangled flexible fibers, as the defibrillation process mainly 267 separates the fibrils and reduce their length to a much lesser extent than the acid hydrolysis used to 268 prepare CNCs. Disordered regions along the fibrils provide flexibility to the CNFs. The cellulose 269 nanofibril suspension is heterogeneous in size with nano, micro, and macroscale dimensions and 270 were evaluated with the recently defined quality index (Desmaisons et al. 2017). The homogeneity of 271 the suspension was determined from optical microscopy images. The various measured dimensions 272 are sorted into three classes of different sizes. The homogeneity was defined as the highest 273 percentage of CNF sizes in a same class and was of 37%, expressing a great heterogeneity. The 274 micron-sized class dimensions were measured from optical microscopy images and are of 9 µm in 275 length and 0.9 µm in diameter, on average. The nanoscale components were analyzed after 276 centrifugation of a highly diluted suspension without entangled particles. The quantity of nanofibrils 277 is defined from the nano-sized fraction, and was equal to 34 % of the total suspension. The nano-278 sized fraction defines the part of nanoparticles in a suspension composed of nanofibrils and also CNF aggregates and large objects. Their dimensions are estimated from electron microscopy images and
 objects with an average diameter of 25 nm and length higher than 1.7 μm are observed. It should be
 noted that the full length of individual nanofibrils can usually not be observed as they do not fit in
 the image size, therefore the aspect ratio of the cellulose nanofibrils is higher than 68.



Fig.1 TEM images and corresponding photographs of suspensions of tunicate CNCs (a), cotton CNCs
(b), and CNFs (c).

Table 1 Nanocellulose dimensions and crystallinity. ^a Extracted form TEM micrographs. ^b Obtained
 from AFM measurements. ^cCalculated from the ratio of the length to the average cross-section

| | tuCNCs | cCNCs | CNFs (nanosize fraction) |
|---|------------|----------|--------------------------|
| length ^a (nm) | 1120 ± 473 | 150 ± 56 | > 1702 |
| width ^a (nm) | 21 ± 6 | 19 ± 8 | 25 ± 14 |
| height ^b (nm) | 12 | 8 | n/a |
| Aspect ratio ^c | 63 | 14 | > 68 |
| Hydrodynamic diameter ^d (nm) | 381 ± 172 | 129 ± 76 | n/a |
| Crystallinity ^e | 94 % | 75 % | 49 % |

288 dimension. ^dObtained from DLS measurements. ^eAssesed from ¹³C NMR measurements.

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The crystallinity was assessed by ¹³C NMR analysis. It is commonly calculated from the signals 290 related to carbon C4, which appears at 83 ppm in its amorphous form and at 86 ppm in its crystalline 291 292 form. Cotton CNCs have a degree of crystallinity of 75 %. Tunicate CNCs exhibit near-perfect 293 crystallinity with a degree of crystallinity of 94 %. This is explained by the high degree of crystallinity 294 of tunicate cellulose that plays a structural role for this marine organism, although this value seems to vary a lot with the tunicate species (Zhao and Li 2014). CNFs appears to be semi-crystalline with 49 295 296 % crystallinity. This is explained by the low crystallinity of cellulose in wood and the extraction 297 process used which does not imply acid hydrolysis but enzymatic treatment (commonly

endoglucanase enzymes attack parts of the cellulose) and a mechanical treatment to defibrillate thefibrils.

300 Cryogels morphology and structure

The morphological and structural properties of nanocellulose cryogels obtained from icetemplating and freeze-drying were investigated. The macro- and microscales morphologies are shown in **Fig.2**. The cylindrical shaped cryogels appear as non-transparent white foams. Cotton CNC cryogels are crumbly and brittle, however, CNF and tuCNC cryogels have a better holding and more homogeneous structure. It is clearly possible to observe an upright orientation of the structure for tuCNC cryogels at the macroscopic scale (**Fig.2a**)

307 Firstly, for each nanocellulose cryogel, a flat and sheet-like structure seems to be observed. 308 However, it is worth noting that when walls of tuCNC cryogels are zoomed-in, a fine organization 309 emerges and appears as "interlaced" or "netted" sheets, with isolated nanoparticles as observed in 310 Fig3c. On the contrary, cCNC and CNF cryogels sheets appear thick and dense. Tunicate CNC cryogels 311 present a morphology similar to previously observed cross-linked short CNCs. Indeed, cross-linking 312 appears to result in cryogels that do not present fully packed walls and with a microporosity as 313 observed by Yang and Cranston (2014) and Osorio et al. (2018). Such results suggest that tunicate 314 CNCs are naturally forming a network, whereas for cCNCs it is necessary to chemically cross-link the 315 nanocrystals to obtain an analogous cryogel morphology.

The sheet-like structure is explained by the growth of ice-crystals during the freezing step that pushes the nanocellulose particles away and together. This was not observed when cryogels are obtained from a suspension of nanocellulose in *tert*-butyl alcohol (*t*-BuOH/H₂O, 80:20), which appear to have a finest and more fibrillary structure (Supplementary material, Figure SM2). Such a behavior has been observed before, for example by Jin et al. (2004) where they studied the effect of the solvent exchange on the final cryogel structure.

322 Cryogels prepared from tunicate CNCs are anisotropic and present a completely different 323 architecture depending on whether the longitudinal section or the cross-section is considered, as 324 shown in Fig.3a and b. An alveolar structure is observed for cross-section images, resulting from the 325 growth of ice in a specific direction. The freezing is induced from the bottom part of the hydrogel that is in contact with the frozen shelf of the freeze-drier. Instead of growing in random directions, 326 327 the crystals grow towards the upper part of the hydrogel. The high aspect ratio and great rigidity of 328 the tunicate CNCs prevent the arbitrary expansion of water, hence favor the resulting honeycomb 329 structure. Similar organization was observed for TEMPO-oxidized CNF cryogels by Chen et al. (2019) 330 with honeycomb pores in the cross section and directional tunnels in the longitudinal section. Munier et al. (2016) have observed orientation of the particles induced by unidirectional freezing, that leads to the formation of cellular structures, as observed here for tuCNC cryogels. They quantified the degree of orientation with X-ray diffraction and confirmed the highest orientation for freeze-casted cryogels compared to the freeze-crashing ones. The lower orientation of CNF than CNC cryogels is even more pronounced due to CNF flexibility and aggregates, the presence of which explains why very little orientation is observed for the ice-templated heterogeneous CNF suspensions.



Fig.2 Longitudinal section SEM images of tunicate CNC (a), cotton CNC (b), CNF (c) cryogels prepared
 from a suspension in water.

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- 342 Fig.3 SEM images of tunicate CNC cryogels from a longitudinal section (a) and cross-section (b),
- zoomed-in image of tuCNC cryogels wall (c), cross and longitudinal section schematic representation(d).

345 Various properties, namely specific surface area, density and pore size of the prepared cryogels,
346 are summarized in **Table 2**.

The value of density for tuCNC cryogels and CNF cryogels are close to 10 mg/cm³, close to the initial concentration (1 wt%). This indicates that there is little shrinkage and pore collapse. However, the density measurement was not accurate for cCNC cryogels because of their very brittle behavior and an estimated value was reported here for this sample. The samples exhibit very high porosity, with calculated values of 99.3 (± 0.1) % for tuCNC cryogels and 99.4 % for CNF cryogels. For cotton CNC cryogels, a value of 99.3 (± 0.1) % of porosity was estimated, assuming that the cryogels exhibit between 0 and 33 % shrinkage.

The specific surface areas of each cryogel were determined from nitrogen adsorption and application of the Brunauer–Emmett–Teller (BET) theory, estimating the amount of nitrogen molecules adsorbed as a monolayer at the surface of the cryogels. Full adsorption and desorption isotherms were acquired and type IV isotherms, corresponding to mesoporous samples, were obtained according to IUPAC classification.

359 Cryogels prepared from cotton CNCs exhibit a very low specific surface area of $4 \pm 2 \text{ m}^2/\text{g}$, which is in the lower range compared to what has been published, with values of 17 m²/g observed for 360 361 cotton CNC cryogels (Fumagalli et al. 2013), although few cryogels have been produced with sulfate half-ester CNCs using the freeze-drying process. CNF cryogels exhibit a specific surface area of 25 ± 2 362 m²/g, in fair agreement with results reported by Cervin et al. (2012) for CNF porous cryogels 363 prepared under similar conditions. Such low specific surface area values are usually attributed to the 364 365 growth of large ice crystals during the freezing step of the freeze-drying process, which pushes the 366 nanocellulose elements towards the outer limits of the crystals, inducing their aggregation as sheets 367 located between neighboring ice crystals. However, for tuCNC-based samples and despite the use of 368 water-based suspensions, an unexpectedly high surface area of $122 \pm 10 \text{ m}^2/\text{g}$ was measured. Such a 369 high value would in fact have been expected for cryogels prepared from suspensions in tert-butyl 370 alcohol. It has indeed been shown in literature that solvent exchange from water to tert-butyl alcohol 371 is highly beneficial to a strong increase of the specific surface area of CNF or CNC-based cryogels up 372 to 249 m^2/g (Sehaqui et al. 2011). While we could verify that such a solvent exchange results in a very 373 significant increase of the specific surface area from 25 ± 2 to 97 ± 4 m²/g for CNF-based cryogels, in 374 agreement with literature data (with surface areas after solvent exchange and freeze-drying twice 375 higher than for regular cryogels (Jin et al. 2004)), only a slight increase to $150 \pm 21 \text{ m}^2/\text{g}$ could be 376 obtained for tuCNC-based cryogels prepared from suspensions in tert-butyl alcohol (Supplementary 377 material Table SM1). This result emphasizes the very peculiar behavior of tuCNCs, which enable the

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preparation of cryogels with high specific surface area directly from water-based suspensions. Surprisingly, using tunicate CNCs, Ishida et al. (2004) reported specific surface area values of 25 and 130 m²/g for cryogels prepared by freeze-drying without solvent exchange and after solvent exchange with t-BuOH, respectively, but no details on the freeze-drying process or further characterizations were provided to allow for a deeper comparison.

The theoretical value of the specific surface area of isolated tuCNCs is of 165 m²/g, considering 383 average dimensions of 1120 x 21 x 12 nm³ and a density of 1.6 g.cm⁻³. This value is very close to the 384 385 specific surface area obtained for tuCNC cryogels using the experimental nitrogen adsorption BET 386 method. This suggests that almost every nanocrystal is individualized and contributes to the specific 387 surface area. Such an hypothesis is supported by SEM observations (Fig.3a and c), which show that 388 the tunicate nanocrystals forming the solid foam remain well separated and not aggregated as in the 389 case of cCNC and CNF cryogels. This high degree of individualization of the particles in the final 390 cryogel material enables to preserve the accessibility of the tuCNC surface. It has also to be noted 391 that, even if not easily detected by TEM, thin particles with widths lower than 20 nm were not taken 392 into account in the theoretical surface area calculation but would strongly contribute to it. The high 393 specific surface area of tunicate CNC cryogels therefore arises from a distinct morphology resulting 394 from the high rigidity and crystallinity of the tuCNCs, in addition to their high aspect ratio. This 395 characteristic morphology limits the random growth of ice crystals. This behavior can tentatively be 396 explained by the formation upon drying of a rigid yet sparse tuCNC network that was formed through 397 the creation of a limited number of hydrogen bonds along the particle's long axis. This situation is 398 reminiscent of the use of tuCNCs in nanocellulose/polymer layer-by-layer films, where the long and 399 stiff tuCNCs allowed the formation of a "porous matchsticks pile", which led to strong antireflective 400 properties, while the use of cCNCs rather resulted in very dense layers, preventing antireflection 401 (Podsiadlo et al. 2007; Jean et al. 2008; Martin and Jean 2014).

402 The sulfur content was determined by conductometric titration and a value of 0.73 % was obtained 403 for cCNCs. This method was not accurate for tuCNC sulfur amount determination as the amount is 404 too low. Elemental analysis complements the titration results, with 0.61% S for cotton CNCs and a 405 value inferior to 0.1 % for tunicate CNCs. The charge density being lower for tuCNCs compared to 406 cCNCs, tuCNCs would be expected to be more aggregated. Therefore, the great individualization of 407 the tuCNCs is not due to the surface charge present on the surface of the CNCs and must be 408 explained with the intrinsic organization of cellulose inside the tunicate mantles and their high 409 rigidity and crystallinity.

410 **Table 2** Specific surface areas (SSA) calculated from BET method and average pore sizes measured

411 from SEM images, for cryogels prepared from tunicate CNCs, cotton CNCs and CNFs from a

412 suspension in water

| | SSA (m²/g) | Density (mg.cm ⁻³) | Average pore size (µm) ^a |
|--------|------------|--------------------------------|--|
| tuCNCs | 122 ± 10 | 11.5 ± 1.0 | 17.6 ± 5.7 (cross-section) 66.2 ± 30.4 (longitudinal section) |
| cCNCs | 4 ± 2 | 10 (estimated) | 8.7 ± 7.5 |
| CNFs | 25 ± 2 | 10.2 ± 0.2 | 17.8 ± 13.8 |

413

The pore sizes were determined from the treatment of SEM images and the resulting pore size distribution histograms are plotted in **Fig.4**. Because of their singular organization, the pore size of tunicate CNC cryogels were measured for both longitudinal and cross-section directions. They have an average diameter of 66 µm in the longitudinal section and 18 µm in cross-section. Cotton CNC cryogels have 9 µm pores. CNF cryogels have a mean pores diameter of 18 µm.



420 Fig.4 Pore size distribution extracted from SEM images of tunicate CNC (a: cross-section, b:
 421 longitudinal section), cotton CNC (c) and CNF (d) cryogels prepared from a suspension in water

In order to perform a multiscale pore size analysis, the mesoporosity was calculated from nitrogen adsorption and after applying nonlocal density functional theory (NLDFT) and adjusting the pore geometry. The pore size distributions are presented in supplementary material (Fig. SM4). However, as discussed by Rudaz et al. (2014), nitrogen adsorption technique only considers a very small portion of pores with width lower than 60 nm.

427 The combination of the two techniques brings to light the presence of both micron-sized pores 428 and mesopores in each cryogel. Large pores, observed from microscopy images, are introduced during the freezing process and the pore size distribution profiles are very different for the three 429 types of nanocellulose. The amount of small pores is influenced by the starting nanocellulose 430 431 particles, as observed from nitrogen adsorption experiments. However, the distribution profiles of 432 small pores are very similar, with analogous well-defined pore sizes observed for each structure. The 433 pores of size inferior to 60 nm are resulting from contact point between the nanocellulose particles, as suggested by Robitzer et al. (2011). 434

435 Cryogels mechanical properties

419

436 Compression tests were carried out on the cylindrical shaped cryogels and the obtained stress-437 strain curves are shown in **Fig.5a**. In each case, two different regions are observed: the first part of the curve corresponds to the elastic domain with a deformation below 10%-20 % depending on the cryogels and after a yield point the plastic region is reached. Martoïa et al. (2016) observed these typical regimes for CNF and TEMPO-oxidized CNF cryogels. At early stage of elastic deformation, bending of the pore walls was observed. After increasing strain, collapse and severe deformation of the pore occurs, as well as tearing. After 70% deformation (not represented here), the densification of the material occurs and the pores collapsed and packed together. These regimes are similarly observed here for tunicate CNC and CNF cryogels.



Fig.5 Stress-stress compression curves of tunicate CNC, cotton CNC and CNF cryogels (a). For tunicate
 CNC cryogels, measurements were carried out both parallel and perpendicular to the direction of
 freezing as illustrated in (b).

445

449 The modulus was calculated in the elastic region. Compression moduli and maximum stress at 450 70% deformation are summarized in **Table 3**. Cotton CNC cryogels were very fragile and crumbly, 451 therefore cryogels with the appropriate shape could not be prepared and accurate compression 452 curves could not be obtained. Compression was performed both parallel and perpendicular to the 453 ice-templating direction, as presented in Fig.5b for tunicate CNC cryogels. The perpendicular direction corresponds to the longitudinal section compression and the parallel direction corresponds 454 455 to the cross-section compression. CNF cryogels compression curves are presented for the 456 compression direction parallel to the direction of freezing only due to the difficulty to cut cryogels with suitable and defined shape for compression testing in the perpendicular direction. 457

Table 3 Compression modulus, normalized modulus and maximum stress at 70% deformation for
 tuCNC and CNF cryogels.

| | | Normalized modulus | Maximum stress at |
|---------|---------------|--|-----------------------|
| Cryogel | Modulus (kPa) | (kPa. mg ⁻¹ . cm ³) | 70% deformation (kPa) |

| tuCNCs // | 138 ± 44 | 12 ± 3.8 | 57 ± 9 |
|-----------|--------------|---------------|--------------|
| tuCNCs ⊥ | 36 ± 13 | 3.1 ± 1.1 | 17 ± 3 |
| cCNCs | Not suitable | Not suitable | Not suitable |
| CNFs // | 28 ± 4 | 2.7 ± 0.4 | 17 ± 2 |

460

461 A striking difference is observed for the parallel compression curves of tuCNC and CNF cryogels. 462 While the compression modulus of CNF cryogels was of 28 kPa, a much higher value of 138 kPa was 463 measured for tuCNC cryogels. For the latter, a very clear region of pore collapse characterized by a 464 decrease of stress with increasing strain is observed from 15 to 25% of compression strain, followed 465 by a plateau and finally a steep rise after 55% strain reflecting a densification of the material. The 466 cryogel morphology, with directional and elongated pores, can explain the high resistance of the 467 material until a certain degree of compression after which the pores collapse. This compressive 468 behavior is specific to lattice materials, for which the plateau region is due to elastic buckling (Ashby 469 2006). These materials are also said to present a "cellular" organization and are designed to prepare 470 stiff and resistant materials for applications that require a light material or when as little material as 471 possible is to be used. The observed mechanical behavior is qualitatively in close agreement with 472 results recently reported by Chen et al. (2019) on TEMPO-oxidized CNF aerogels exhibiting the same 473 type of structural anisotropy.

474 The tunicate CNC morphology and properties, *i.e.* their high aspect ratio, high crystallinity and 475 rigidity, are also responsible for the stiffness of the cryogels. When tuCNC cryogels are compressed in 476 the perpendicular direction, the compression modulus drops to 36 kPa, and the curve profile and 477 modulus are similar to those of parallel CNF cryogels. Martoïa et al. (2016) observed that the 478 compression modulus of TEMPO-oxidized CNFs with high aspect ratio was higher than for enzymatic 479 heterogeneous CNFs. They studied the effect of the CNF type and morphology on the stuctural 480 organization and observed that TEMPO-oxidized CNFs lead to more regular anisotropic pore 481 stuctures with unimodal size. However, CNF suspensions that are more heterogeneous lead to 482 reduced anisotropy. By comparing classical freezing to sorbet freezing, the role of a cellular 483 organisation on the increase of mechanical properties was emphasized. The effect of the 484 nanocellulose morphology on the mechanical properties was also investigated by Kriechbaum et al. 485 (2018). They especially studied the effect of the energy consumption during CNF production on the 486 CNF diameters and on the compression modulus of the prepared cryogels. A decrease in the 487 diameter of the CNFs resulted in an increase of compression modulus (26-fold), until a plateau is reached. The authors suggested that when the amount of CNFs of small diameters increases, more
bonds and entanglements are formed which increases the mechanical properties. Such a mechanism
could account for the higher moduli measured for tuCNCs than for CNFs since tuCNCs only comprise
thin rods while CNFs also contain thicker objects, which were not defibrillated.

Compression moduli have been normalized with the cryogel density. Mechanical behavior 492 reported for CNF materials are similar to what is observed in this paper, with normalized moduli of 493 2.5 kPa.mg⁻¹.cm³ (Sehaqui et al. 2011), 3.8 and 6.3 kPa.mg⁻¹.cm³ (Gupta et al. 2018). For TEMPO-494 oxidized CNF cryogels moduli of 6.7 and 5.9 kPa.mg⁻¹.cm³ were reported by Jiang and Hsieh (2014) 495 and Martoïa et al. (2016). Fewer literature is available on the mechanical properties of CNC-only 496 cryogels. A modulus of 9.4 kPa.mg⁻¹.cm³ was obtained by Osorio et al. (2018) for cross-linked CNC 497 cryo-templated aerogels, obtained by supercritical drying. Tripathi et al. (2019) reported the highest 498 values of compression modulus with values up to 21.5 kPa.mg⁻¹.cm³ for CNC aerogels. However, the 499 materials differ from the tuCNC cryogels presented in this study because they are prepared from 500 supercritical drying and have 10-fold higher densities (171 mg.cm⁻³). 501

A power-law relationship has been described by Gibson and Ashby (1999) for cellular materials. The compression modulus plotted as a function of the relative cryogel density gives a curve of the type $E \propto (\rho / \rho_{cellulose})^m$. The scaling exponent, *m*, was described to be dependent on the type of foam (Budtova 2019). Cryogels at various densities were prepared and the moduli calculated from the compression stress-strain curves. **Fig.6** illustates the power-law relationship between the modulus and the density for tuCNC and CNF cryogels.



508

509 **Fig.6** Compression modulus of tuCNC and CNF cryogels as a function of relative density.

A scaling exponent of 3 was observed for CNF cryogel, close to was has been previously 510 described for enzymatic CNF cryogels by Martoïa et al. (2016), who reported a scaling exponent of 511 3.1. However, for tuCNC cryogels, a value of 7.8 was unexpectedly obtained. As mentioned by Zhao 512 513 et al. (2018) in their review, the scaling exponent of biopolymer foams usually varies from 1 to 4. At increasing solid content, the cellulose nanocrystals present more contact points and interactions and 514 515 this results in very high mechanical properties. Although the experiment was performed on a small 516 range of densities, the mechanical behavior of tuCNC cryogels is outstanding and promising for the 517 design of highly resistant porous materials.

518 Conclusion

519 In this work, different types of nanocelluloses obtained from different sources and different 520 extraction processes were compared. Cellulose nanocrystals from cotton and tunicate both have high 521 crystallinities and tuCNCs present an aspect ratio 5 times higher than cCNCs. Semi-crystalline 522 cellulose nanofibrils are derived from wood sources. From these different cellulose nanoparticles, 523 cryogels were prepared by an ice-templating freeze-drying process, and morphological observations 524 were made on the lightweight and highly porous materials. While CNF and cotton CNC cryogels displayed a classical sheet-like structure and a random organization, tunicate CNC cryogels revealed 525 526 an eminently organized honeycomb structure.

527 The nitrogen adsorption analysis demonstrates the very high specific surface area of 122 m²/g 528 for the tunicate CNC cryogel prepared directly from a water suspension. This result is particularly 529 interesting as such high values of specific surface area are usually obtained after time-consuming 530 solvent exchange steps. In a second step, the mechanical properties of the cryogels were assessed by compression experiments. Cotton CNC cryogels were too weak to produce cryogels of the desired 531 532 shape for compression tests. CNF cryogels displayed a weak resistance and a low Young's modulus of 533 28 kPa. Tunicate CNC cryogels displayed a different behavior depending on the direction of 534 compression. This anisotropic behavior had not been observed before. Indeed, while tuCNC cryogels 535 present a similar compressive behavior to CNF cryogel for perpendicular compression, when the 536 compression direction was out of plane they displayed a high mechanical resistance to compression and a Young's modulus of 138 kPa. This result is remarkable for a 1% solid content material. Such 537 538 unexpected and outstanding properties of high specific surface area and mechanical properties are explained by the specific honeycomb configuration of the tuCNC cryogel, itself explained by the 539 540 directional freezing process and the near-perfect crystallinity and high aspect ratio of the tunicate cellulose nanocrystals. This work illustrates how the near-perfect tuCNCs can be used to yield 541 542 materials with enhanced and new properties.

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