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1 A theoretical model to analyze the Central to Eastern  
2 Pacific El Niño continuum

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5 **Abstract**

6 A current scientific issue of great interest is to understand the mecha-  
7 nisms leading to the localization of El Niño events either in the Central (CP)  
8 or Eastern Pacific (EP). For this, we derive a reduced gravity mixed layer  
9 model for the equatorial ocean with simple nonlinearities, diabatic effects  
10 and zonally varying background characteristics. Using the model, we study  
11 the propagation of an equatorial Kelvin wave from an initial perturbation.  
12 An approximate analytical solution is found for the evolution of the max-  
13 imum density (or temperature) anomaly created during the passage of the  
14 wave. Density anomalies can either peak in the CP or continuously increase  
15 until reaching the EP, which is representative of both types of El Niño. Sen-  
16 sitivity tests reveal that both the zonally varying background stratification  
17 and diabatic effects are important to determine the density pattern. The EP  
18 pattern is obtained for smooth background variations while the CP pattern  
19 requires a frontal background structure. Using numerical experiments, we  
20 then show how consecutive Kelvin waves can lead to the transition from a  
21 CP to an EP pattern. The present theoretical results provide useful insights  
22 for understanding El Niño dynamics and diversity in more complete models  
23 and observations.

24 *Keywords:* Equatorial Kelvin waves, mixed layer, El Niño.

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25 **1. Introduction**

26 *1.1. El Niño*

27 The El Niño-Southern Oscillation (ENSO) is one of the most studied  
28 phenomena in oceanic and atmospheric sciences, owing to its major conse-  
29 quences on the tropical Pacific climate as well as its impact through world-  
30 wide teleconnections. The ENSO consists of alternating periods of anoma-  
31 lously warm El Niño conditions and cold La Niña conditions every 2 to  
32 7 years, with considerable irregularity in strength, duration and structure  
33 of these events (Neelin et al., 1998; Dijkstra, 2006; Clarke, 2008). One of  
34 the striking consequence of this phenomenon is the occurrence and westward  
35 propagation of a sea surface temperature (SST) anomaly, which has major  
36 consequences for the tropical Pacific climate and fisheries. Many studies  
37 have been carried out but the details of the mechanisms setting up an El  
38 Niño event and driving its diversity and possible evolution still need to be  
39 better understood to be successfully modeled and predicted (Wang and Pi-  
40 caut, 2004; Ashok and Yamagata, 2009; Guilyardi et al., 2009; Cai et al.,  
41 2015; Capotondi et al., 2015).

42 *1.2. EP vs CP*

43 The mechanisms and prediction of El Niño events remain elusive despite  
44 their important impacts because each of them shows unique and distinctive  
45 features. In fact, El Niño events vary greatly in strength, evolution and  
46 localization in the recent observational record. A current scientific issue of  
47 great interest is to understand the mechanisms leading to the localization  
48 of El Niño sea surface temperature (SST) anomalies either in the Central

49 (CP) or Eastern Pacific (EP). Observations indicate two different fates for  
50 El Niño events: the SST anomaly propagates up to the eastern Pacific (EP)  
51 or stalls in the central Pacific (CP). While extreme El Niño events such  
52 as those of 1982/83, 1997/98 have maximal SST anomalies in the eastern  
53 Pacific, there have been many examples of moderates CP events in the  
54 recent record (Ashok et al., 2007; Kug et al., 2009; Capotondi et al., 2015).  
55 The recent extreme El Niño event of 2015/2016 showed SST anomalies in  
56 both the central and eastern Pacific (Paek et al., 2016; Chen et al., 2017a).  
57 Observational studies also show that there has been a constant increase in  
58 the occurrence of CP El Niño events during the last centuries and decades  
59 (Liu et al., 2017), and modeling studies suggest that such a trend would  
60 continue in an anthropogenic warming climate scenario (Yeh et al., 2009;  
61 Cai et al., 2014).

### 62 *1.3. modeling of EP vs CP*

63 ENSO diversity presents a major challenge to Coupled General Circula-  
64 tion Models (CGCMs, see Clarke et al., 2007). In fact, most of those CGCMs  
65 still show deficiencies in simulating the diversity of El Niño amplitude, lo-  
66 calization and frequency due to systematic biases in the mean climate and  
67 seasonal cycle of the tropical Pacific (Bellenger et al., 2014). However, there  
68 have been examples of GCM improvements for simulating both the CP and  
69 EP El Niños (Kug et al., 2010; Dewitte et al., 2012). CP and EP El Niños are  
70 also captured in several simpler models based on different recipes. The ear-  
71 liest models of both conceptual and intermediate complexity usually focused  
72 on the dynamics of EP El Niño events only (Zebiak and Cane, 1987; Suarez  
73 and Schopf, 1988; Jin, 1997). More recent theoretical studies suggest that  
74 the dynamics of the CP and EP events involve different processes. While

75 studies usually agree that the EP El Niño is driven by thermocline feedback  
76 in the eastern Pacific (An and Jin, 2001; Dewitte et al., 2013), several mech-  
77 anisms have been proposed for the dynamics of the CP El Niño. Simple  
78 models depict the CP El Niño as resulting, for example, from the zonal ad-  
79 vection of the warm pool SST edge (Picaut et al., 1997; Clarke et al., 2007)  
80 or the nonlinear advection of SST anomalies in the central Pacific (Chen  
81 et al., 2017b). Fedorov et al. (2015) and Chen et al. (2015) suggest that the  
82 different EP and CP flavors may result from different responses to state-  
83 dependent westerly wind bursts. In contrast, Ren and Jin (2013) suggest  
84 that the CP and EP El Niños can be represented as two independent modes  
85 of the simple recharge-discharge model from (Jin, 1997).

#### 86 *1.4. EP / CP continuum*

87 The above bimodal separation of EP and CP events has been questioned  
88 and recent consensus is that they are part of a continuum. For instance,  
89 Capotondi et al. (2015) analyse the diversity of El Niño events in nature,  
90 pointing to the CP/EP continuum that is evidenced by the overlapping  
91 localization of SSTs from the central to eastern Pacific. Takahashi et al.  
92 (2011) analyses empirical orthogonal functions of SSTs suggesting that the  
93 CP and EP El Niño regimes are non-separable and interact nonlinearly.

#### 94 *1.5. Coupled instability studies*

95 Insight on ENSO dynamics has also been gained by analyzing the prop-  
96 agation of coupled (ocean and atmosphere) equatorial waves using linear  
97 instability methods. These studies focus on the coupling between the ocean  
98 mixed layer(s) and atmosphere to explain the growth of the SST anomaly  
99 (Hirst, 1986; Pontaud and Thual, 1998; Thual et al., 2012). While the

100 above studies consider homogeneous background conditions (i.e. constant  
101 with space) for simplicity, several studies have also analyzed the effect of  
102 varying background characteristics on coupled instabilities. For this, nu-  
103 merical experiments are usually considered to solve the nonlinear dynamics  
104 while simplified analytical results may be obtained in some instances using  
105 common approximations such as the method of multiple scales (e.g. WKB  
106 approximation, Busalacchi and Cane, 1988; Yang and Yu, 1992). One of  
107 the most important background characteristics that affects equatorial wave  
108 propagation appears to be zonal changes in ocean stratification (e.g. in  
109 thermocline depth), which are quite marked in the equatorial Pacific. For  
110 example, a shoaling thermocline can significantly modify the characteristics  
111 of an equatorial Kelvin wave including its amplitude, deformation radius  
112 and baroclinic structure in addition to reflecting a significant portion of  
113 the flux westward (Long and Chang., 1990; Fedorov and Melville, 2000).  
114 Observational studies further suggest that this type of nonlinear equatorial  
115 wave dynamics is at work to some extent in nature (e.g. Zheng et al., 1998;  
116 Cravatte et al., 2003; Bosc and Delcroix, 2008). Such an analysis can be  
117 extended to study coupled ocean-atmosphere basin modes in the presence  
118 of boundary reflections at the eastern and western edges of the equatorial  
119 Pacific (Wakata and Sarachik, 1991; Yang and O'Brien, 1993; Wu and An-  
120 derson, 1995). While the above studies detail the propagation mechanisms  
121 of equatorial waves, they do not necessarily relate them to the mechanisms  
122 of the EP and CP continuum of El Niño events.

### 123 *1.6. Article scope and structure*

124 An important point is thus that very few simple process-oriented studies  
125 address the theoretical aspects of the CP El Niño or the continuity between

126 CP and EP El Niño events (Capotondi et al., 2015). This is what we propose  
127 in the present study. Our aim is not to reproduce the complete evolution  
128 of El Niño events. We restrict our attention to the propagation of an equa-  
129 torial Kelvin wave, once it has been formed, and analyze its effect on the  
130 modification of the mixed layer temperature, here associated with density.

131 To do so, we derive a reduced gravity mixed layer model for the equa-  
132 torial ocean with simple nonlinearities, diabatic effects and zonally varying  
133 background characteristics (section 2). We derive an analytical expression  
134 for zonal shape of the wave and the density anomaly it generates under adi-  
135 abatic (section 3) or diabatic (section 4) evolution. We analyze under which  
136 circumstances density anomalies can either peak in the CP or continuously  
137 increase until reaching the EP. The sensitivity to several parameters is also  
138 studied (section 5). Finally, using numerical experiments, we show how con-  
139 secutive Kelvin waves can lead to the transition from a CP to an EP pattern  
140 (section 6).

## 141 **2. The model**

### 142 *2.1. Simplified equations : a bulk mixed layer 1D model*

143 We here focus on the evolution of an equatorial Kelvin wave in a variable  
144 background state. We simplify the equations as much as possible to only  
145 retain some aspects of the dynamics: pressure gradient, horizontal advection,  
146 divergence of the horizontal velocity field and the stretching effect associated  
147 with the vertical motion of the base of the thermocline ( $w(z = -H) = \frac{dH}{dt}$ ).  
148 These are the main processes responsible for the wave propagation and for  
149 the impact of the wave on tracers such as density. The most simple model,  
150 able to reproduce the main features of equatorial Kelvin waves, is a bulk

151 mixed layer reduced gravity model along the equator. The model is thus 1D  
 152 in the longitude direction, the meridional velocity  $V = 0$  and the Coriolis  
 153 term are neglected (see Fig. 1). The momentum conservation, continuity  
 154 and buoyancy evolution equations then read (see Gill, 1982; Anderson and  
 155 McCreary, 1985; Benestad, 1997; Neelin et al., 1998; Dijkstra and Burgers,  
 156 2002, and Appendix A for further details and justification of the model):

$$\begin{aligned}
 \partial_t U + U \cdot \partial_x U &= -\frac{\partial_x P}{\rho_{ref}} + F^U, \\
 \partial_t H + \partial_x(H U) &= F^H, \\
 \partial_t(\rho_s H) + \partial_x(\rho_s H U) &= F^\Theta,
 \end{aligned}
 \tag{1}$$

157 where  $U$  is the longitudinal velocity field,  $P$  is the hydrostatic pressure,  
 158  $\rho_{ref}$  is a constant reference density such that the total density in the mixed  
 159 layer is  $\rho_s^{tot} = \rho_{ref} + \rho_s$ , where  $\rho_s$  is the zonal variation of the mixed layer  
 160 density, and  $H$  is the mixed layer thickness.  $F^U$ ,  $F^H$  and  $F^\Theta$  are forcing  
 161 terms representing all effects necessary to explain the evolution of averaged  
 162 physical quantities in the mixed layer, including all forcing effects (wind  
 163 stress, vertical mixing, buoyancy/heat flux, effect of instabilities).

164 The dynamics is intensified in the upper layer and the layers below are  
 165 considered at rest, so that the pressure anomaly  $P$  can be expressed as a  
 166 function of the mixed layer thickness and density:

$$P \simeq g (\rho_b - \rho_s^{tot}) H,
 \tag{2}$$

167 where  $g = 9.81 \text{ m.s}^{-2}$  is the earth gravity and  $\rho_b$  the density of the lower  
 168 layer (at rest). If we further consider that the lower layer density variation



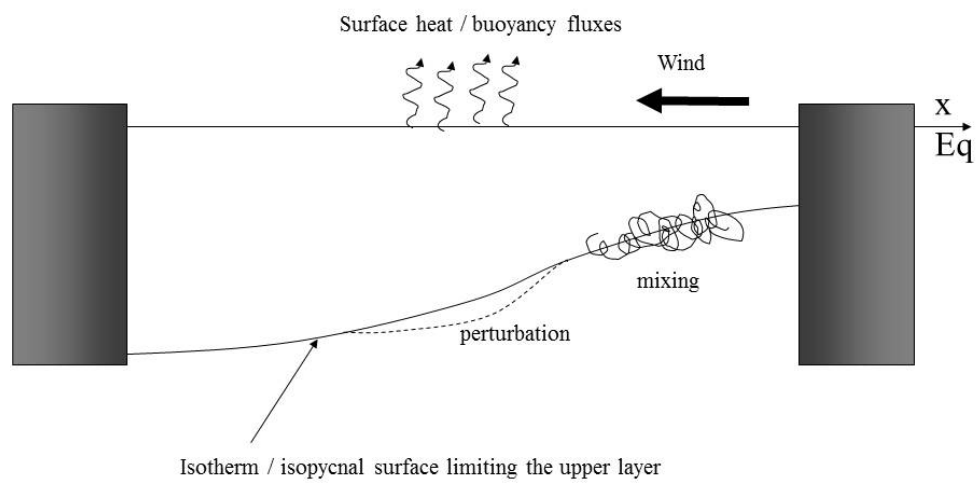


Figure 1: 1D (along Equator) configuration considered in the study.

169  $\rho_b$  is negligible, we can set  $\rho_{ref} = \rho_b$  and Eq. 1 become:

$$\begin{aligned}
\partial_t U + U \cdot \partial_x U &= \partial_x(\Theta) + F^U, \\
\partial_t H + \partial_x(H U) &= F^H, \\
\partial_t \Theta + \partial_x(\Theta U) &= F^\Theta,
\end{aligned} \tag{3}$$

170 where  $\Theta = g\rho_s H/\rho_{ref}$  measures the local buoyancy ( $\approx$  heat) content of the  
171 upper layer. Note that, as  $\rho_b$  is taken as the reference density  $\rho_s$  and  $\Theta$  are  
172 negative. Tables D.2 and D.3 in Appendix D summarize all variables and  
173 parameters used in the present study.

174 As mentioned above, Eq. 3 are very simplified but retain the basic  
175 dynamics of Kelvin wave evolution. Other processes that have been proven  
176 to be important for ENSO (ocean/atmosphere fluxes, mixing at the base of  
177 the mixed layer, effects of vertical variations within the upper layer, ..., see  
178 Chen et al., 2016, for instance) will be parameterized through the forcing  
179 terms  $F$  (see below).

## 180 2.2. Configuration

181 We hypothesize that there exists a known mean steady (e.g. slowly vary-  
182 ing with respect to the wave propagation) state,  $U_o, H_o, \Theta_o = g\rho_o H_o/\rho_{ref}$ ,  
183 maintained by forcings  $F_o^U, F_o^H$  and  $F_o^\Theta$ . The forcing terms can be calcu-  
184 lated from the mean state using Eq. 3:

$$\begin{aligned}
F_o^U &= U_o \cdot \partial_x U_o - \partial_x(\Theta_o), \\
F_o^H &= \partial_x(H_o U_o), \\
F_o^\Theta &= \partial_x(\Theta_o U_o).
\end{aligned} \tag{4}$$

185 Note that the basic state forcing terms  $F_o$  should comprise all processes  
186 maintaining the mean state: mean forcing terms and the mean contribution

187 of mixing or fluxes due to quadratic transient interactions. The Kelvin  
 188 wave solutions we obtain below are perturbations of our imposed basic state  
 189 and we consider them separately from any background transient activity  
 190 maintaining the basic state.

191 We analyze the evolution of perturbations  $u$ ,  $h$ ,  $\theta$  around the mean state  
 192 and, with the decomposition  $U = U_o + u$ ,  $H = H_o + h$ ,  $\Theta = \Theta_o + \theta$ , the  
 193 linearized equations for the perturbations are:

$$\begin{aligned}
 \partial_t u + \partial_x(U_o u) &= \partial_x(\theta) + \delta F^U, \\
 \partial_t h + \partial_x(H_o u + h U_o) &= \delta F^H, \\
 \partial_t \theta + \partial_x(\Theta_o u + \theta U_o) &= \delta F^\Theta,
 \end{aligned}
 \tag{5}$$

194 with  $\delta F^X = F^X - F_o^X$ . Hereafter,  $\delta F^X$ , if not neglected, will be parame-  
 195 terized as a Newtonian cooling (see below). We will propose approximate  
 196 analytical solutions of Eq. 5 and we will compare them to numerical solu-  
 197 tions of the full nonlinear equations 3.

### 198 2.3. Density equation

199 The surface density perturbation evolution equation can be re-derived  
 200 from Eq. 3 and using  $\rho_s = \rho_{ref}\Theta/gH$ :

$$\partial_t \rho_s + U \partial_x(\rho_s) = \frac{\rho_{ref}}{gH} F^\Theta - \frac{\rho_s}{H} F^H.
 \tag{6}$$

201 For gravity waves,  $U$ ,  $H$  and  $\Theta$  exhibit a propagating signal at first order,  
 202 but density does not exhibit the same evolution: it is a tracer and it evolves  
 203 under the influence of advection and diabatic forcing. As a result, for the  
 204 numerical model with the full nonlinear Eq. 3, density can be diagnosed from  
 205 the numerical  $\Theta$  and  $H$ . This is not the case for the analytical calculations,  
 206 which yield approximate, linear -propagating- solutions for  $U$ ,  $H$ ,  $\Theta$ . The

207 analytical calculation of density requires us to solve Eq. 6 forced by the  
 208 linear solution of Eq. 5 (see below and Appendix C). We also set  $\rho_s = \rho_o + \rho$   
 209 where  $\rho$  is the density perturbation generated by the wave (see tables D.2  
 210 in Appendix D for a definition of all variables).

### 211 **3. Results for linear waves in adiabatic conditions**

#### 212 *3.1. Analytical solutions in adiabatic conditions*

213 We present here analytical solutions for the linearized Eq. 5 in the  
 214 case of homogenous or zonally varying background equilibrium state under  
 215 adiabatic conditions (i.e. no forcing terms,  $\delta F^X = 0$ ).

216 First, if the background equilibrium state is homogeneous ( $U_o$ ,  $\Theta_o$ ,  $H_o$   
 217 do not vary) and we neglect forcing terms, Eq. 5 reverts to the well known  
 218 gravity wave model, whose solution is:

$$\begin{aligned}
 u &= -g\rho_o/(\rho_{ref}C_o) [h^+(x - (U_o + C_o)t) - h^-(x - (U_o - C_o)t)], \\
 h &= [h^+(x - (U_o + C_o)t) + h^-(x - (U_o - C_o)t)], \\
 \theta &= g\rho_o/\rho_{ref} [h^+(x - (U_o + C_o)t) + h^-(x - (U_o - C_o)t)], \quad (7)
 \end{aligned}$$

219 Here  $C_o = \sqrt{-\Theta_o}$  is the gravity wave propagation speed,  $h^+$  and  $h^-$  are  
 220 two functions defined from the initial conditions and corresponding to the  
 221 eastward and westward propagation of the initial perturbation. As stated  
 222 above, in the following we will consider eastward propagating waves. Note  
 223 the buoyancy anomaly  $\theta$  is proportional to the volume anomaly  $h$  and the  
 224 wave is non-dispersive. The density anomaly is null. These are well known  
 225 results for gravity waves.

226 Secondly, when the background state varies, the previous results are no  
 227 longer valid and the equations are much more complicated. Giese and Har-  
 228 rison (1990) have addressed this problem and have proposed expressions

229 for the evolution of the wave amplitude when different mixed layer charac-  
 230 teristics exist between the western and eastern equatorial Pacific. In their  
 231 calculations, they neglected the background velocity field  $U_o$ , which is an  
 232 approximation we will use too. We have here adapted and extended their  
 233 results and calculated approximate solutions (see Appendix B) for our spe-  
 234 cific configuration. We get:

$$\begin{aligned}
 \theta &= \frac{C_o(x = x_o)^{1/2}}{C_o(x)^{1/2}} \theta_o(x/C(x) - t), \\
 u &= \frac{\theta}{C_o(x)} = \frac{C_o(x = x_o)^{1/2}}{C_o(x)^{3/2}} \theta_o(x/C(x) - t), \\
 h &= \frac{\rho_{ref}\theta}{g\rho_o(x)} = \frac{\rho_{ref}C_o(x = x_o)^{1/2}}{g\rho_o(x)C_o(x)^{1/2}} \theta_o(x/C(x) - t), \quad (8)
 \end{aligned}$$

235 where

$$\frac{x}{C(x)} = \int_{x_o}^x \frac{dx}{C_o(x)}, \quad (9)$$

236 Here again  $C_o = \sqrt{-\Theta_o}$  is the gravity wave propagation speed, but now it  
 237 varies zonally.  $\theta_o$  is determined by the initial perturbation, and  $x_o$  is the  
 238 initial position of the perturbation. As shown by Eq. 8, the amplitude of  
 239 the perturbations evolves during the propagation:  $\theta \propto C_o^{-1/2}$ ,  $h \propto \rho_o^{-1}C_o^{-1/2}$   
 240 and  $u \propto C_o^{-3/2}$ . Note that if  $C_o(x)$  decreases during the eastward wave  
 241 propagation, the amplitude of the perturbation increases, and the velocity  
 242 amplitude increases faster than the buoyancy or height anomalies.

243 The previous solutions Eq. 8 are similar to the solutions obtained by  
 244 Giese and Harrison (1990) in a different framework (see also (Benestad,  
 245 1997)).

### 246 3.2. Analytical solutions for density evolution in adiabatic conditions

247 To calculate the density perturbation created by the passage of the wave,  
 248 we have to solve Eq. 6. For the adiabatic linear configuration considered in

249 this section, an approximation of this equation is:

$$\partial_t \rho = -u \partial_x \rho_o. \quad (10)$$

250 Using the solution for  $u$  given by Eq. 8, an approximate solution can be  
 251 derived for the maximum density perturbation (see Appendix C), and we  
 252 find that the structure of the maximum density anomaly created by the  
 253 passage of the wave is:

$$\rho_{max} \propto -\frac{\rho'_o}{C_o^{3/2}} = -\frac{\rho'_o}{(-g\rho_o H_o / \rho_{ref})^{3/4}}. \quad (11)$$

### 254 3.3. Experimental setup in adiabatic conditions

255 We now analyze the propagation of an equatorial Kelvin wave in a setup  
 256 representative of the initiation of El Nino events in the equatorial Pacific.  
 257 We will compare and analyze results of the full nonlinear model from Eq.3-  
 258 6 or consider the analytical solutions from Eq. 8-11. We consider two  
 259 experiments that differ only by their equilibrium states, leading to either a  
 260 CP or EP pattern of density anomalies.

261 First, for the EP experiment the equilibrium state is specified as:

$$\begin{aligned} U_o &\simeq 0, \\ H_o &= H_{mean} - \Delta H_{max} \frac{x - L/2}{L}, \\ \rho_o &= \rho_{mean} + \Delta \rho_{max}^{lin} \frac{x - L/2}{L}, \end{aligned} \quad (12)$$

262 where  $L$  is the basin width,  $H_{mean}$  is the mean mixed layer depth (reached  
 263 in the middle of the domain) and  $\Delta H_{max}$  its variation between the western  
 264 and eastern sides,  $\rho_{mean}$  is the mean mixed layer density and  $\Delta \rho_{max}$  its  
 265 variation between the western and eastern sides. We set  $L = 30.000 \text{ km}$ ,  
 266  $H_{mean} = 120 \text{ m}$ ,  $\Delta H_{max} = 160 \text{ m}$ ,  $\rho_b = 0$ ,  $\rho_{ref} = 1000 \text{ kg/m}^3$ ,  $\rho_{mean} =$

267  $-3.0 \text{ kg/m}^3$ ,  $\Delta\rho_{max}^{lin} = 3 \text{ kg/m}^3$ . A large basin scale  $L = 30.000 \text{ km}$  has  
 268 been chosen so as to get rid of boundary effects at the western and eastern  
 269 side of the basin. We concentrate our attention on what happens within the  
 270 area  $x \in [10.000, 25.000] \text{ km}$  (whose length  $\Delta x = 15.000 \text{ km}$  is typical of  
 271 the equatorial Pacific).

272 Second, for the CP experiment, we modify the mean density zonal vari-  
 273 ation and set:

$$\rho_o = \rho_{mean} + \Delta\rho_{max}^{lin} \frac{x-L/2}{L} + \Delta\rho_{max}^{th} th((x - x_{th})/L_{th}). \quad (13)$$

274 where we have chosen  $\Delta\rho_{max}^{lin} = 0.5 \text{ kg/m}^3$ ,  $\Delta\rho_{max}^{th} = 3 \text{ kg/m}^3$  and  $L_{th} =$   
 275  $5.000 \text{ km}$  and  $x_{th} = L/2$ . Other fields retain the values specified above.  
 276 Table D.3 in Appendix D summarizes all parameters used in the present  
 277 study.

278 Figure 2 represents the variation of the wave propagation speed  $C_o$  for  
 279 the EP and CP experiment. For both configurations, the wave propagation  
 280 speed  $C_o$  decreases from  $3 \text{ m/s}$  to  $0.8 \text{ m/s}$  at the eastern side of the basin,  
 281 with a mean propagation speed  $C_o^{mean} \simeq 2 \text{ m/s}$ , but notice the strong  
 282 variation in the middle of the basin, associated with the density front for  
 283 the CP experiment.

284 Finally, the initial perturbation is identical for both the EP and CP  
 285 experiments:

$$\begin{aligned} h(t=0) &= h_o = \delta h_{max} \exp(-((x - x_o)/l_p)^2), \\ u(t=0) &= u_o = \frac{\sqrt{-\Theta_o}}{H_o} h_o, \\ \theta(t=0) &= \theta_o = \frac{\Theta_o}{H_o} h_o, \end{aligned} \quad (14)$$

286 where  $l_p$  is the perturbation lengthscale,  $x_o$  is the initial position of the per-  
 287 turbation and  $\delta h_{max}$  the amplitude of the mixed layer depth anomaly. The

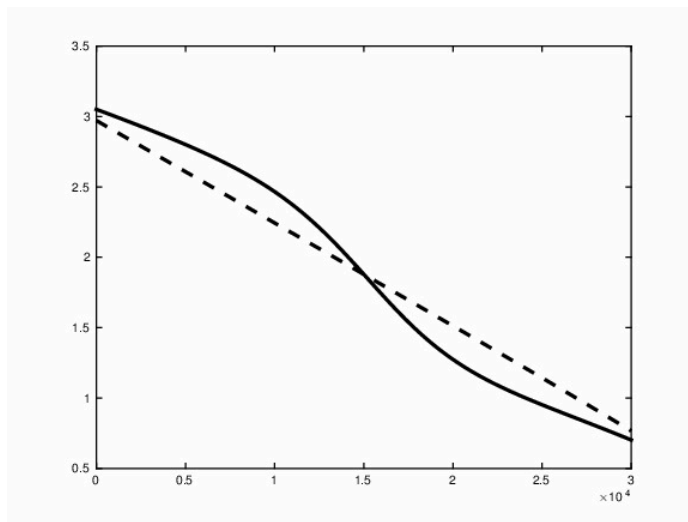


Figure 2: Gravity wave propagation speed  $C_o$  (in m/s) for the EP (dashed line) and CP (solid line) experiments as a function of the zonal coordinate  $x$  (in km). Note the variation in the middle of the basin for the CP.



288 velocity anomaly is here specified to obtain an eastward propagating gravity  
289 wave.  $\theta_o$  is chosen so that the initial density perturbation is zero. Unless  
290 stated otherwise the initial position of the perturbation is  $x_o = 10.000 \text{ km}$   
291 and its horizontal scale is  $l_p = 2000 \text{ km}$ . Its amplitude is  $\delta h_{max} = 1 \text{ m}$ ,  
292 small enough that the perturbation propagates as an eastward linear wave.

### 293 *3.4. Results for numerical experiments in adiabatic conditions*

294 Figure 3 shows results for the EP experiment. We see the propagation of  
295 the gravity wave signal ( $u$ ,  $h$ ,  $\theta$  fields) and the density perturbation created  
296 by the passage of the wave (here a pure advection of the density by the  
297 velocity perturbation) calculated by the numerical model. The numerical  
298 experiment (solving Eq. 3 and 4) is run for 150 days and on each plot  
299 we superimpose the signal structure every 10 days. The thick line on each  
300 plot is the analytical result (Eq. 8 and 11), giving the evolution of the  
301 maximum amplitude of the signal during the wave propagation. It is very  
302 close to the numerical results. Note that we have also plotted  $-h$  instead of  
303  $h$  so as to represent the variations of the position of the thermocline, often  
304 represented by the  $20 \text{ }^\circ\text{C}$  isotherm (and we thus define  $\delta z_{20} = -h$ ). The  
305 wave is associated with a deepening of the thermocline, corresponding to a  
306 downwelling event.

307 The layer thickness, velocity and buoyancy propagate eastward with  
308 growing amplitude and the density perturbations monotonically increase  
309 eastward during the propagation of the wave, generating an EP type El  
310 Niño.

311 Figure 4 shows results for the CP experiment. Again the analytical re-  
312 sults are close to the numerical ones, but in this case, the maximum density  
313 anomaly is reached in the middle of the basin (in the region of the back-

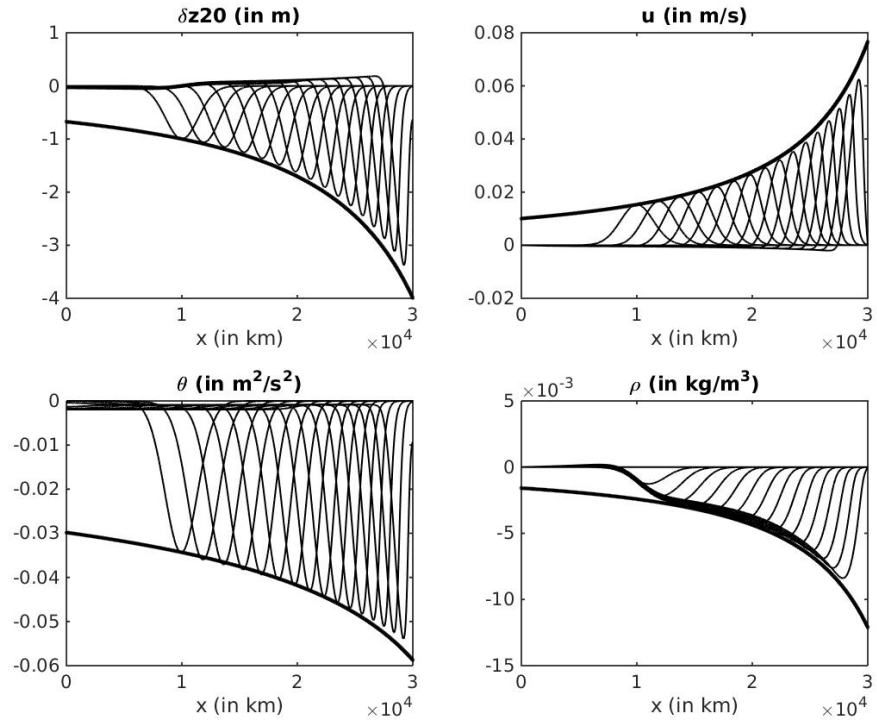


Figure 3: Evolution of the thermocline position  $\delta z_{20} = -h$  representing the thermocline variations (top left), velocity anomaly (top right),  $\theta$  (bottom left) and density anomaly (bottom right) for the EP experiment in adiabatic conditions for 150 days. In each panel, we superimpose the field output every 10 days. The solid thick curve indicates the analytical solution for the maximum perturbation created by the wave. The wave induces a downwelling and the creation of a negative density anomaly (or positive temperature anomaly).

314 ground front), generating a CP type signal. Also note that the gravity wave  
 315 signal ( $u$ ,  $h$ ,  $\theta$  fields) exhibit the same behaviour as before, with a monotonic  
 316 increase of the wave amplitude at a rate that is almost twice the previous  
 317 one.

### 318 *3.5. Physical analysis for adiabatic conditions*

319 To analyze the circumstances in which EP or CP types are reached, we  
 320 discuss the analytical derivative of the density anomaly  $\rho'_{max}$  (see Eq. 11):

$$\rho'_{max} \propto -\rho''_o + \frac{3}{4}\rho'_o\left(\frac{\rho'_o}{\rho_o} + \frac{H'_o}{H_o}\right). \quad (15)$$

321 For a CP type, the density anomaly reaches a maximum in the middle of  
 322 the basin, so we must get  $\rho'_{max} = 0$  within the basin during the propagation.

323 For a configuration representative of the equatorial Pacific, the second  
 324 term on the right hand side is always negative (the layer depth decreases  
 325  $H'_o < 0$ , the mixed layer density anomaly increases  $\rho'_o > 0$  from West to  
 326 East but  $\rho_o < 0$ ). Thus, if  $\rho''_o$  is small, the perturbation of the density  
 327 field monotonically increases eastward, yielding a structure for the density  
 328 perturbation of the EP-type El Niño, as is the case in Fig. 3. To reach a CP  
 329 type structure,  $\rho''_o$  must be positive and sufficiently strong somewhere along  
 330 the equator, a condition that requires a density front for the equilibrium  
 331 state.

332 To conclude, for adiabatic evolution, the wave propagation is associated  
 333 with a purely advective effect on the density field, and the physics is quite  
 334 simple: the generation of EP or CP type only depends on the background  
 335 stratification characteristics. The stronger the density gradient, the stronger  
 336 the density anomaly created by a given velocity perturbation. Frontal re-  
 337 gions are thus naturally subject to strong local anomaly generation and CP

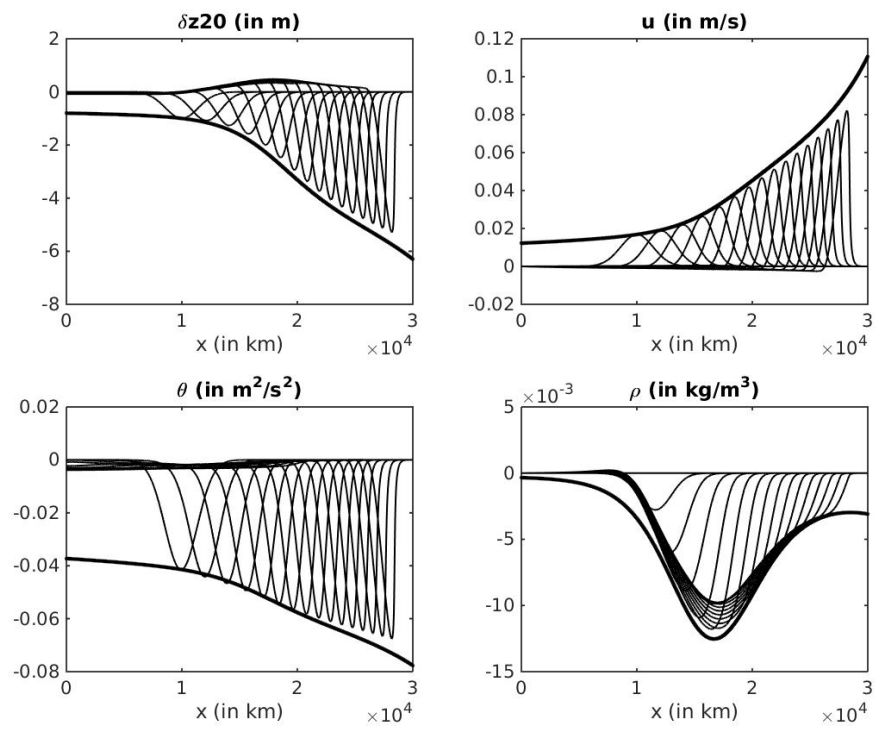


Figure 4: Same as Fig. 3 for the CP experiment.

338 type structures. Note however that, away from the front, the perturbation  
339 amplitude continues to grow because of the decay of the background strat-  
340 ification. If this amplification process is strong enough, it is also possible  
341 to have a local maximum of the density anomaly (CP structure) followed  
342 by further amplification of the perturbation which reaches another local  
343 maximum near the coast.

## 344 **4. Results for linear waves in diabatic conditions**

### 345 *4.1. Parameterization of the forcing terms*

346 We now evaluate the influence of possible diabatic effects on the numer-  
347 ical and analytical results. For this, we repeat the EP and CP experiments  
348 presented in the previous section, but with diabatic forcing terms. If at  
349 equilibrium the latter are determined by the physical fields (see Eq. 4), in  
350 the general case they can be modified during the wave propagation. Two  
351 kinds of modifications can occur:

- 352 1. retroactive effects, due to ocean/atmosphere coupling and to the mod-  
353 ification of the ocean forcings by the perturbations due to the gravity  
354 wave. For instance the modification of  $H$  during the passage of the  
355 wave induces a modification of the wind stress forcing term;
- 356 2. external effects, associated with processes that have no link with the  
357 perturbations due to the gravity wave, and which can be considered  
358 as stochastic effects (e.g. stochastic wind bursts).

359 We only consider retroactive effects, which arise when forcing terms de-  
360 pend on the mixed layer characteristics. The variation of the forcing terms

361 can then be written:

$$\begin{aligned}\delta F^U &= F(U_o + u, H_o + h, \Theta_o + \theta) - F_o(U_o, H_o, \Theta_o) \\ &\simeq \frac{\partial}{\partial U} F_o \cdot u + \frac{\partial}{\partial H} F_o \cdot h + \frac{\partial}{\partial \Theta} F_o \cdot \theta.\end{aligned}\quad (16)$$

362 Taking into account that in the case of gravity waves  $u$ ,  $h$  and  $\theta$  are propor-  
363 tional (see Eq. 7), we can write the forcing terms as Newtonian cooling for  
364 the perturbation evolution:

$$\begin{aligned}\delta F^U &= -\alpha^U u, \\ \delta F^H &= -\alpha^H h, \\ \delta F^\Theta &= -\alpha^\Theta \theta.\end{aligned}\quad (17)$$

365 where the  $\alpha$  values can thus be evaluated from existing parameterizations.

366 Note that more general parameterizations of the forcing terms including  
367 delocalized effects (e.g. a wind response located west of the density pertur-  
368 bations) are in principle possible but are beyond the scope of the present  
369 study.

#### 370 4.2. Analytical solutions for the wave signal in diabatic conditions

371 The analytical solutions obtained under adiabatic conditions in section  
372 3 can be extended to take into account Newtonian cooling diabatic terms  
373 Eq. 17. We get (see Appendix B):

$$\begin{aligned}\theta &= \frac{C_o(x = x_o)^{1/2}}{C_o(x)^{1/2}} e^{-(\alpha^\Theta + \alpha^U)x/2C_o} \theta_o(x/C(x) - t), \\ u &= \frac{\theta}{C_o(x)} = \frac{C_o(x = x_o)^{1/2}}{C_o(x)^{3/2}} e^{-(\alpha^\Theta + \alpha^U)x/2C_o} \theta_o(x/C(x) - t) \\ h &= \frac{\rho_{ref}\theta}{g\rho_o(x)} = \frac{\rho_{ref}C_o(x = x_o)^{1/2}}{g\rho_o(x)C_o(x)^{1/2}} e^{-(\alpha^\Theta + \alpha^U)x/2C_o} \theta_o(x/C(x) - t)\end{aligned}\quad (18)$$

374 *4.3. Analytical solutions for the density evolution in diabatic conditions*

375 When taking into account diabatic terms, it is interesting to general-  
 376 ize the density evolution Eq. 6 and consider a damping term specifically  
 377 depending on the surface density, leading to

$$\partial_t \rho_s + U \partial_x \rho_s = \frac{\rho_{ref}}{gH} F^\ominus - \frac{\rho_s}{H} F^H + F^\rho(\rho_s). \quad (19)$$

378 The additional term  $F^\rho$  in the density equation plays a minor role and can  
 379 be neglected for the physics associated with the propagating wave (Eq. 18  
 380 remain valid), but it is important for the density evolution itself. As already  
 381 used above, we consider a small perturbation and linearize the function  
 382  $F^\rho(\rho_s)$  to give

$$\delta F^\rho = -\alpha^\rho \rho. \quad (20)$$

383 Using Eq. 4, 17 and the existing relationship between  $u$ ,  $h$ ,  $\theta$  for the  
 384 wave signal (Eq. 18) yields the following linearized evolution equation for  
 385 the surface density perturbation  $\rho = \rho_s - \rho_o$  (see Appendix C):

$$\partial_t \rho = -u \partial_x \rho_o + \frac{\rho_{ref}(\alpha^H - \alpha^\ominus)}{g H_o} \theta - \alpha^\rho \rho. \quad (21)$$

386 A new approximate solution is then derived (see Appendix C) for the max-  
 387 imum density perturbation:

$$\rho_{max} \propto \left[ -\frac{\rho'_o}{C_o^{3/2}} + \frac{\rho_{ref}(\alpha_o^H - \alpha_o^\ominus)}{g H_o C_o^{1/2}} \right] e^{-(\alpha^\ominus + \alpha^U)x/2C(x)} e^{-\alpha^\rho l_p/C_o(x)}. \quad (22)$$

388 This analytical solution looks quite complicated, but, as we will show, re-  
 389 mains reasonably accurate. Notice that the  $\alpha$  terms can either limit the  
 390 generated density anomaly amplitude or increase it. In particular, the dif-  
 391 ference  $\alpha^H - \alpha^\ominus$  determines the net effect ( $\alpha^H - \alpha^\ominus < 0$  is associated with  
 392 damping).

393 Eq. 22 gives an analytical estimate of the maximum density perturbation  
 394 generated by the passage of the gravity wave. At a given location, it is valid  
 395 during the passage of the wave, but the  $-\alpha^\rho \rho$  term continues to act after  
 396 the passage of the wave: if  $\alpha^\rho > 0$  the density anomaly is then damped at  
 397 a rate  $e^{-\alpha^\rho t}$ .

#### 398 4.4. Validation of the analytical solutions in diabatic conditions

399 There are additional approximations in the derivation of the analytical  
 400 solutions with diabatic terms (Eq. 18 and 22), but the solutions still re-  
 401 main quite accurate. We have indeed, tried many different combinations  
 402 for  $\alpha^U$ ,  $\alpha^H$ ,  $\alpha^\Theta$ ,  $\alpha^\rho$  and have always found that the analytical predictions  
 403 remained close to the numerical results (Eq. 3, 4, 17 and 20).

404 To illustrate this, we here resume the EP experiments (see Fig. 3), but  
 405 with  $\alpha^U = \alpha_o$ ,  $\alpha^H = 0$ ,  $\alpha^\Theta = 0$  and  $\alpha^\rho = 0$ , where  $\alpha_o = 1/50 \text{ days}^{-1} =$   
 406  $2.3 \cdot 10^{-7} \text{ s}^{-1}$  is a typical damping rate (as we will see below, this value cor-  
 407 responds to a threshold for the influence of diabatic effects). The numerical  
 408 and analytical results are represented in Fig. 5. Note the analytical solu-  
 409 tion indeed gives good results. As can be expected, the velocity, buoyancy  
 410 and layer depth anomalies are all damped in comparison with the adiabatic  
 411 solution. The maximum density anomaly remains nearly constant during  
 412 the eastward propagation. If  $\alpha^U$  is further increased, the maximum density  
 413 anomaly is reached close to the generation area and becomes of CP type  
 414 (not shown).

415 Many other experiments have been performed and confirm the good  
 416 agreement between the analytical and numerical model, even using compli-  
 417 cated equilibrium states. To illustrate this, Fig. 6 shows the results for the  
 418 CP configuration (see Fig. 4), but choosing  $\alpha^U = \alpha^\rho = 0$ ,  $\alpha^H = 0.3 \alpha_o$



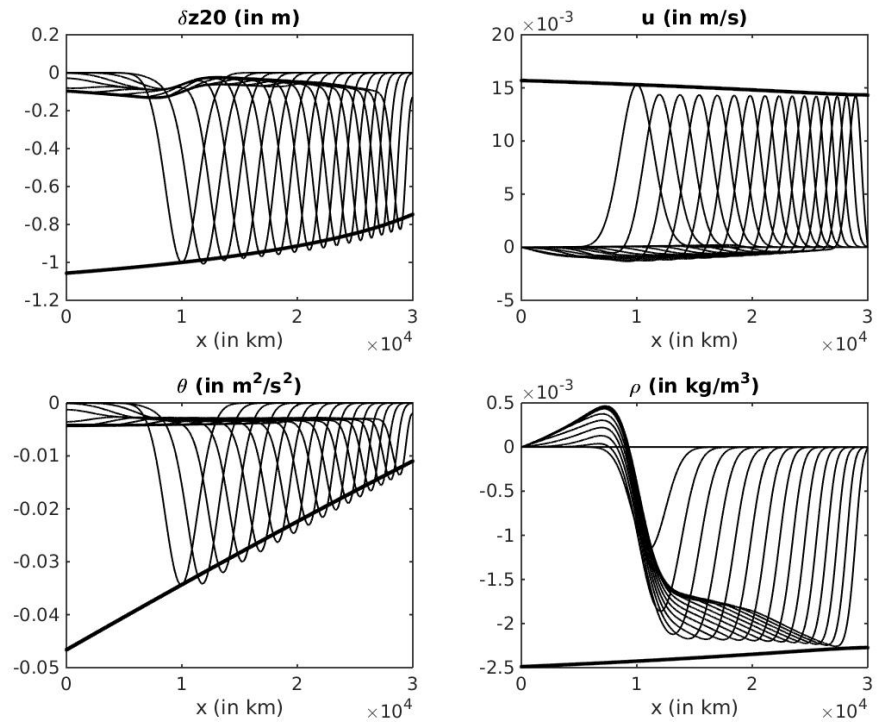


Figure 5: EP experiment with diabatic forcings ( $\alpha^U = \alpha_o$ ,  $\alpha^H = 0$ ,  $\alpha^\Theta = 0$ ,  $\alpha^\rho = 0$ ). The graph shows the same fields as Fig. 3.

419 and  $\alpha^\Theta = -0.3 \alpha_o$ . The choice for the parameter is arbitrary (in particular  
 420 we have chosen  $\alpha^\Theta < 0$ , meaning that the buoyancy anomaly is increased  
 421 by retroactive effects of the forcing terms), but it underlines the fact that  
 422 diabatic effects can also modify the structure of the density anomaly from  
 423 CP to EP type.

424 To conclude, if strong enough, diabatic terms coming from retroactive  
 425 effects can considerably modify the type and strength of the density anomaly  
 426 generated by the wave during its propagation. The analytical solutions are  
 427 able to determine under which conditions (equilibrium state and damping  
 428 vs amplification rates) this is achieved.

## 429 **5. Sensitivity analysis**

### 430 *5.1. Influence of the perturbation amplitude*

431 When the initial wave amplitude is larger, non-linear effects can modify  
 432 the previous results. We here resume the reference adiabatic experiments  
 433 (section 3.3), but with  $\delta h_{max} = 20 \text{ m}$  (cf Eq. 14), which is a typical initial  
 434 amplitude observed in the Pacific during El Niño events. This value leads to  
 435 strong non-linearities as shown in Fig. 7 for the EP and Fig. 8 for the CP  
 436 configurations. Note that in both configuration, the wave propagates faster  
 437 and a shock is created (corresponding to the breaking of the gravity wave)  
 438 whose effect is to damp the perturbation amplitude. The velocity anomaly  
 439 is halved in comparison with the expected linear value given by the analytic  
 440 solution. The maximum density anomaly however remains quite close to the  
 441 analytical prediction. Even though we have recorded a significant decrease  
 442 (about 30 %) with other choices for the background characteristics  $H_o$  and  
 443  $\rho_o$ , the analytical model seems able to predict the density anomaly, even in

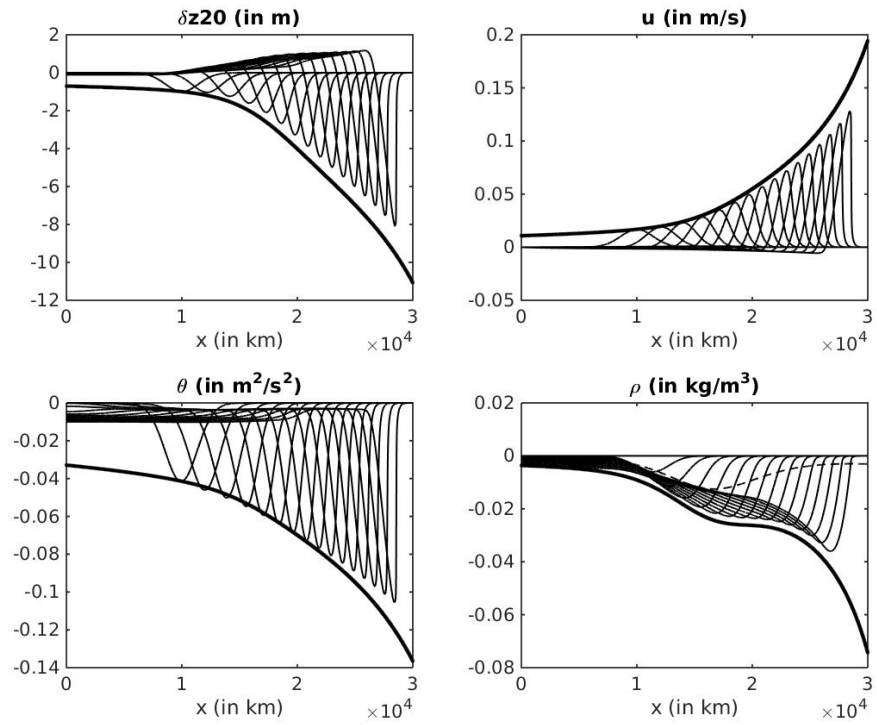


Figure 6: CP experiment with diabatic forcings ( $\alpha^U = \alpha^\rho = 0$ ,  $\alpha^H = 0.3 \alpha_o$  and  $\alpha^\Theta = -0.3 \alpha_o$ ). The graph shows the same fields as Fig. 4. Note the similarity with Fig. 4 for the shape of the propagating anomalies, but the strong modification for the maximum density anomaly (the dashed line on the density plot represents the analytical solution valid without forcings).

444 finite amplitude, non-linear regimes.

445 As far as the amplitude of the density perturbation is concerned, note  
446 that a density anomaly of  $\delta\rho_{max} = -1 \text{ kg/m}^3$  roughly corresponds to an  
447 anomaly of  $4 \text{ }^\circ\text{C}$  and is thus taken as the order of magnitude representing  
448 strong impact. In the present case, the maximum anomaly reaches  $\delta\rho_{max} =$   
449  $-0.25 \text{ kg/m}^3$  and remains modest. This is further accentuated by non-  
450 linear effects as they generate damping of the wave in comparison with the  
451 linear theory. It thus appears that, to reach significant density anomalies,  
452 amplifying retroactive effects are necessary. Nevertheless, the conclusions on  
453 the localization of density anomalies from section 3 and 4 remain valid: in  
454 the present simplified configuration, nonlinearities do not modify the EP/CP  
455 patterns.

## 456 5.2. Influence of diabatic retroactive effects

457 We now estimate when retroactive effects, associated with the New-  
458 tonian cooling terms and the damping rates  $\alpha$ , have a significant effect  
459 on the structure (CP v.s. EP) and strength of the density anomaly gen-  
460 erated by the wave. We thus use Eq. 22 to analyze the sensitivity of  
461 the density anomaly structure to the configuration parameters, in partic-  
462 ular the damping rates. Fig. 9 shows the results for the EP configu-  
463 ration (see section 3.3 and Fig. 3 for the  $\alpha = 0$  adiabatic case) where  
464 we have set  $\delta h_{max} = 20 \text{ m}$ ,  $\alpha^\rho = 0$  and  $\alpha^H = \alpha^U = \alpha^\Theta = \alpha$ , where  
465  $\alpha \in [-2\alpha_o, +2\alpha_o]$  ( $\alpha_o = 1/50 \text{ days}^{-1} = 2.3 \cdot 10^{-7} \text{ s}^{-1}$ ). For this  
466 choice, the structure of the density anomaly is of the EP type until retroac-  
467 tive processes are strongly damping. Indeed, when  $\alpha > 0.5 \alpha_o$  the rate of  
468 decrease is strong enough to counteract the amplifying effect of the modi-  
469 fication of the stratification and the initial perturbation decreases. In this

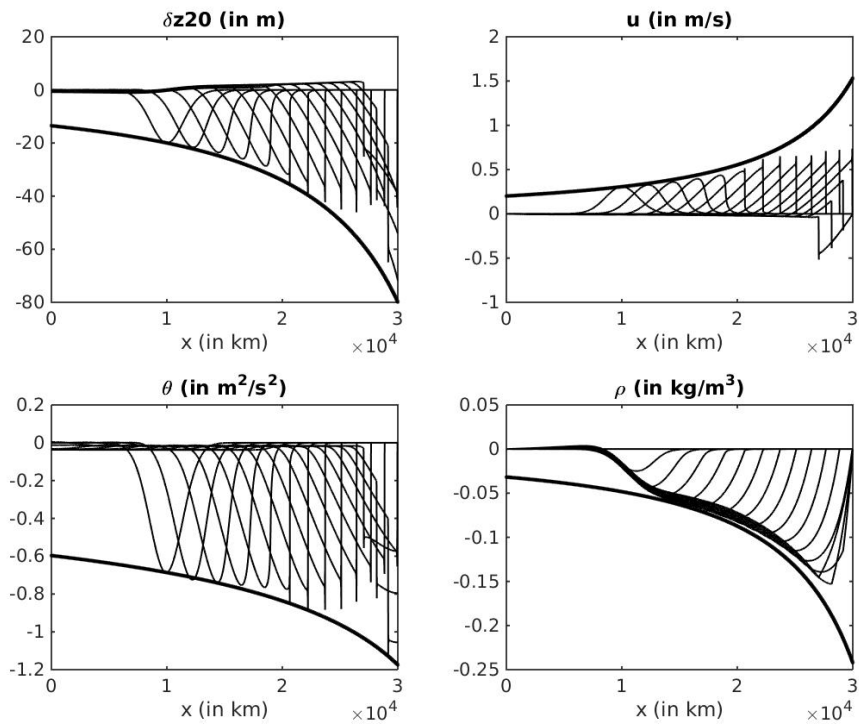


Figure 7: Same EP configuration as Fig. 3 except for  $\delta h_{max} = 20$  m. Evolution of the layer depth anomaly (top left), velocity anomaly (top right),  $\theta$  (bottom left) and density anomaly (bottom right) for 150 days with an output every 10 days. For each field, the solid thick curve indicates the analytical solution for the maximum perturbation created by the wave.

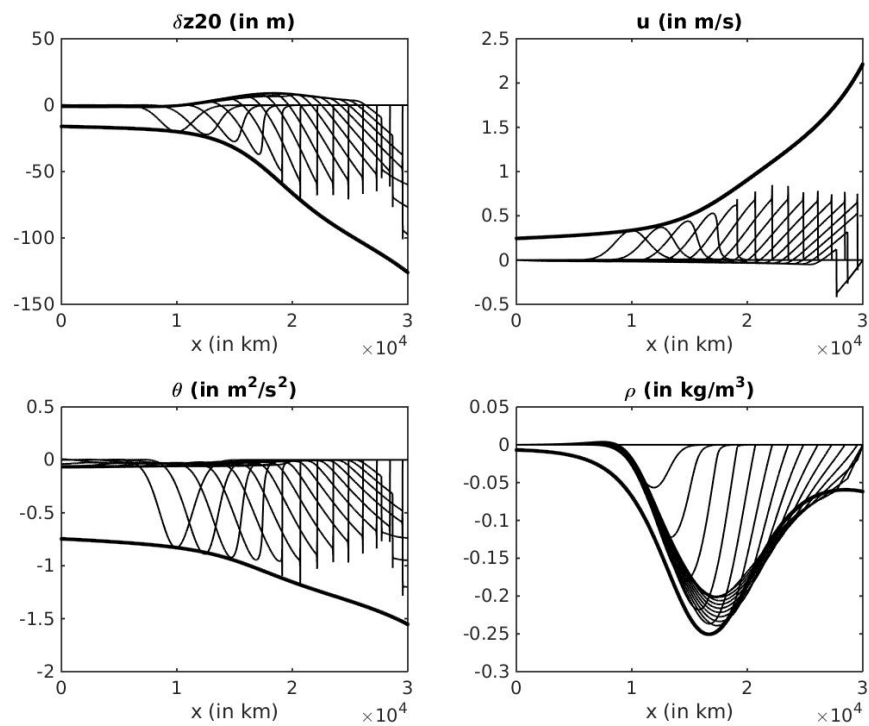


Figure 8: Same CP configuration as Fig. 4 except for  $\delta h_{max} = 20$  m. Evolution of the layer depth anomaly (top left), velocity anomaly (top right),  $\theta$  (bottom left) and density anomaly (bottom right) for 150 days with an output every 10 days. For each field, the solid thick curve indicates the analytical solution for the maximum perturbation created by the wave.

470 case the structure becomes CP, but note that the maximum perturbation  
 471 values does not exceed  $\delta\rho_{max} = -0.05 \text{ kg/m}^3$  (for  $\alpha \in [0.5\alpha_o, 2\alpha_o]$ ), which is  
 472 weak, even for CP El Niño events. When the evolution corresponds to EP  
 473 type ( $\alpha < 0.5 \alpha_o$ ), the maximum values reached at the eastern coast remain  
 474 modest ( $\delta\rho_{max} < -0.2 \text{ kg/m}^3$  for  $\alpha = 0$  for instance) unless the retroactive  
 475 processes are strongly amplifying:  $\delta\rho_{max} < -1 \text{ kg/m}^3$  for  $\alpha = -0.5\alpha_o$ .

476 Fig. 10 shows the results for the CP configuration (see section 3.3 and  
 477 Fig. 4 for the  $\alpha = 0$  adiabatic case), where we have again set  $\delta h_{max} = 20 \text{ m}$ ,  
 478  $\alpha^\rho = 0$  and  $\alpha^H = \alpha^U = \alpha^\Theta = \alpha$ , where  $\alpha \in [-2\alpha_o, +2\alpha_o]$ . For damping  
 479 situations ( $\alpha \in [0, 2\alpha_o]$ ), the structure remains of the CP type and the  
 480 maximum density perturbation range is  $\delta\rho_{max} \in [-0.2, -0.1] \text{ kg/m}^3$ .  
 481 Again, amplifying retroaction is necessary to reach strong enough density  
 482 anomalies ( $\delta\rho_{max} < -0.4 \text{ kg/m}^3$  when  $\alpha < -0.5\alpha_o$ ). When  $\alpha < -0.6\alpha_o$ ,  
 483 the structure becomes EP, but for strongly negative  $\alpha$ , the amplitude of the  
 484 density perturbation becomes unrealistically low :  $\delta\rho_{max} < -2 \text{ kg/m}^3$  for  
 485  $\alpha < -\alpha_o$ .

486 Changing the relationship between  $\alpha^\rho$ ,  $\alpha^H$ ,  $\alpha^U$  and  $\alpha^\Theta$  can modify the  
 487 previous results qualitatively and quantitatively. We have tested several  
 488 options and our results show that some general conclusion associated with  
 489 the two previous configurations are robust:

- 490 • some amplifying retroaction ( $\alpha$  negative for some or all physical fields)  
 491 is necessary to reach significant density (temperature) anomalies with  
 492 a single wave (the case of multiple waves is addressed below);
- 493 • to reach a significant CP El Niño, the initial stratification plays a major  
 494 role: the preexistence of a density front in the background stratification  
 495 is necessary.

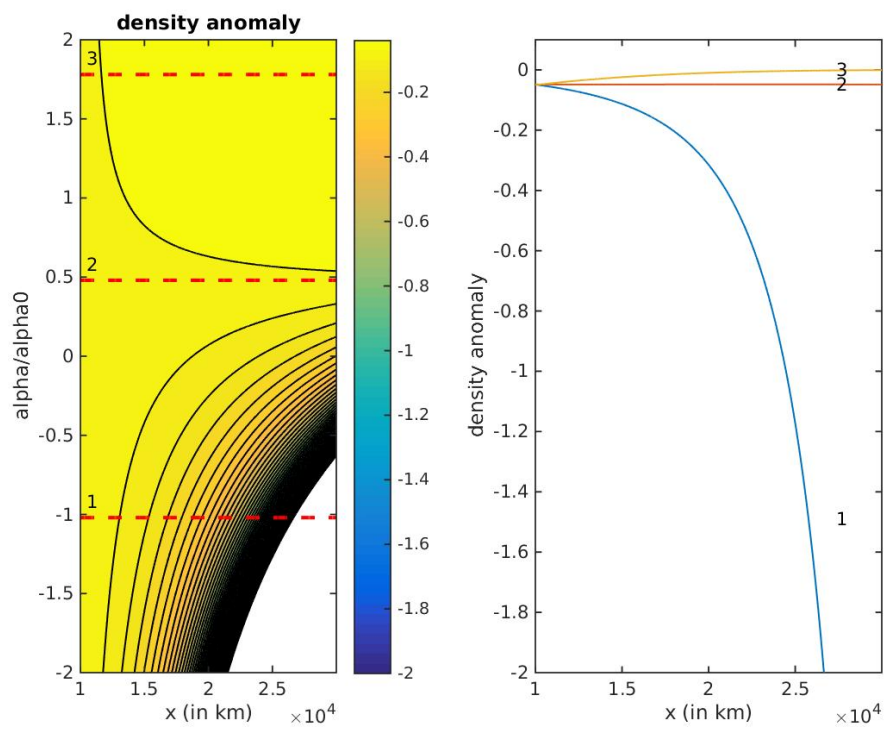


Figure 9: Left panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) and the damping rate  $\alpha$  for the EP configuration (see section 3.3 and Fig. 3). Right panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) for selected damping coefficients (corresponding to the red dashed lines on the left panel). Note the transition from EP (1) to CP (3) and the intermediate structure with a flat density variation (2).



496 The evaluation of realistic ranges for the value of  $\alpha$  can be determined  
 497 from basic parameterizations of forcings and diabatic processes (see Barnier  
 498 (1998) for a review). This is however beyond the scope of the present work  
 499 and is left for a future study.

### 500 5.3. Effect of the perturbation scale

501 We here vary the initial perturbation scale  $l_p$  from 1000 km to 6000 km  
 502 (cf Eq. 14,  $l_p = 2000$  km in all previous experiment). All damping rates are  
 503 set to zero and we calculate the density anomaly for both the EP (see Fig.  
 504 3) and CP (see Fig. 4) configurations but with  $\delta h_{max} = 20$  m. As can be ex-  
 505 pected, the larger the perturbation scale, the stronger the maximum density  
 506 anomaly and of course the wider the area where strong density anomalies  
 507 are created. The structure (EP or CP) of the perturbation is not modified  
 508 and we notice that the maximum density anomalies remain modest unless  
 509  $l_p$  becomes very large:  $\delta \rho_{max} < -0.7$  kg/m<sup>3</sup> for  $l_p > 6000$  km. We thus  
 510 believe that varying the initial perturbation scale is not enough to reach the  
 511 values associated with the strongest El Niño events and that, as already un-  
 512 derlined above, multiple waves or significant amplifying retroaction effects  
 513 are necessary.

### 514 5.4. Effect of the background circulation

515 The effect of the background circulation  $U_o$  was set to zero in all previous  
 516 analytical and numerical results. We were not able to find a solution when  
 517  $U_o \neq 0$  with our analytical framework, but we have evaluated the effect of  
 518 a background shear using the numerical simulations. We have chosen :

$$U_o(x) = U_{max} 0.5 (1 - \cos(\frac{2\pi}{L} x)), \quad (23)$$

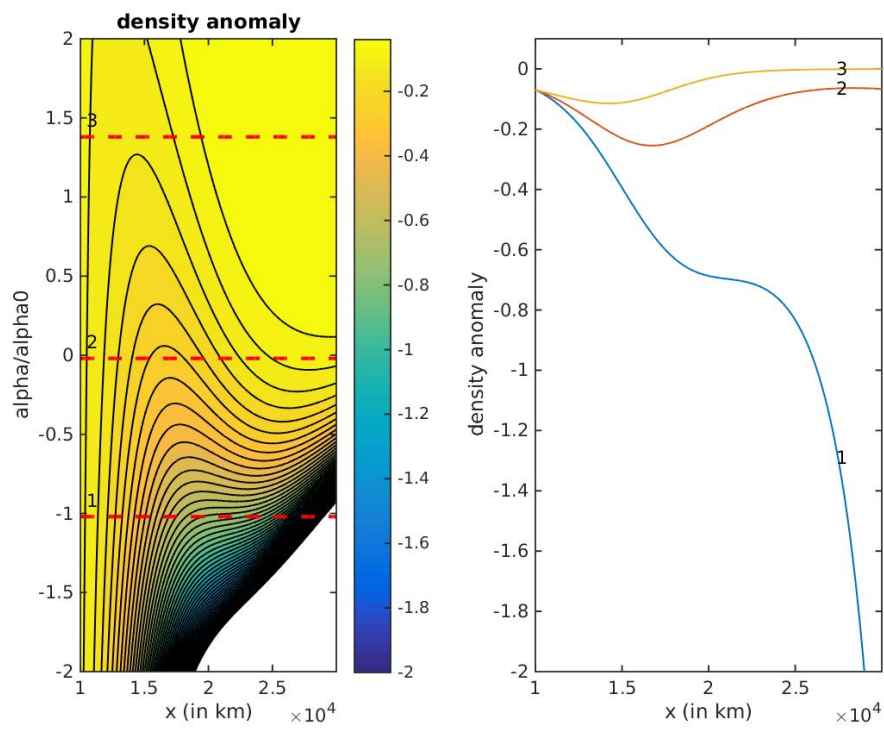


Figure 10: Left panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) and the damping rate  $\alpha$  for the CP configuration (see section 3.3 and Fig. 4). Right panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) for selected damping coefficients (corresponding to the red dashed lines on the left panel). Note the transition from CP (2 and 3) to EP (1).

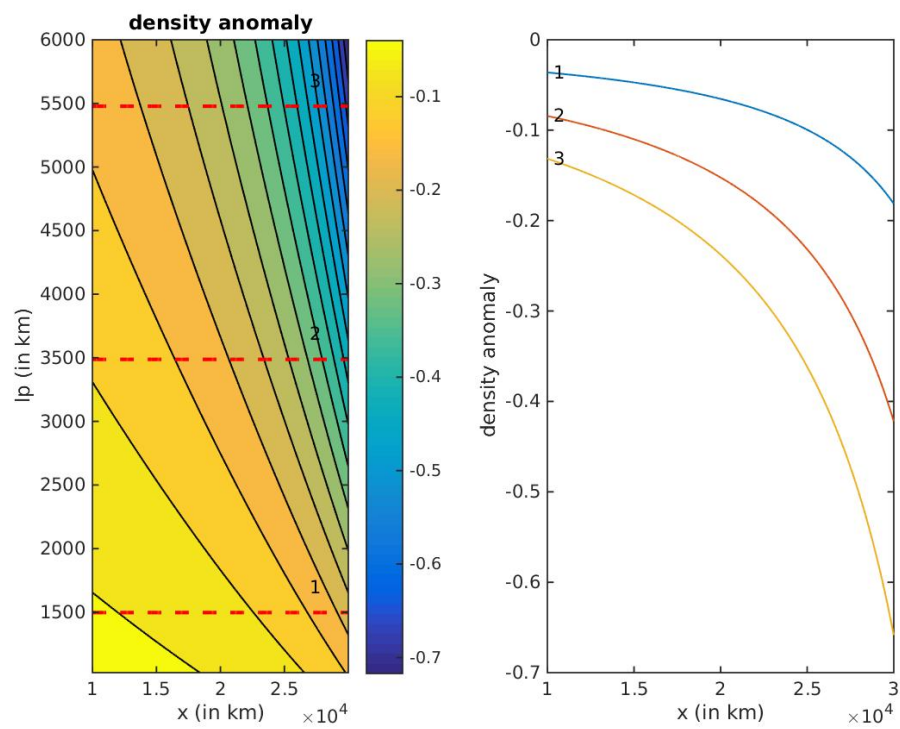


Figure 11: Left panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) and the initial -Gaussian- perturbation scale  $l_p$  for the EP configuration (see section 3.3 and Fig. 3). Right panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) for selected lengthscales (corresponding to the red dashed lines on the left panel). Note the structure remains EP but the density anomaly increases with the perturbation lengthscale.

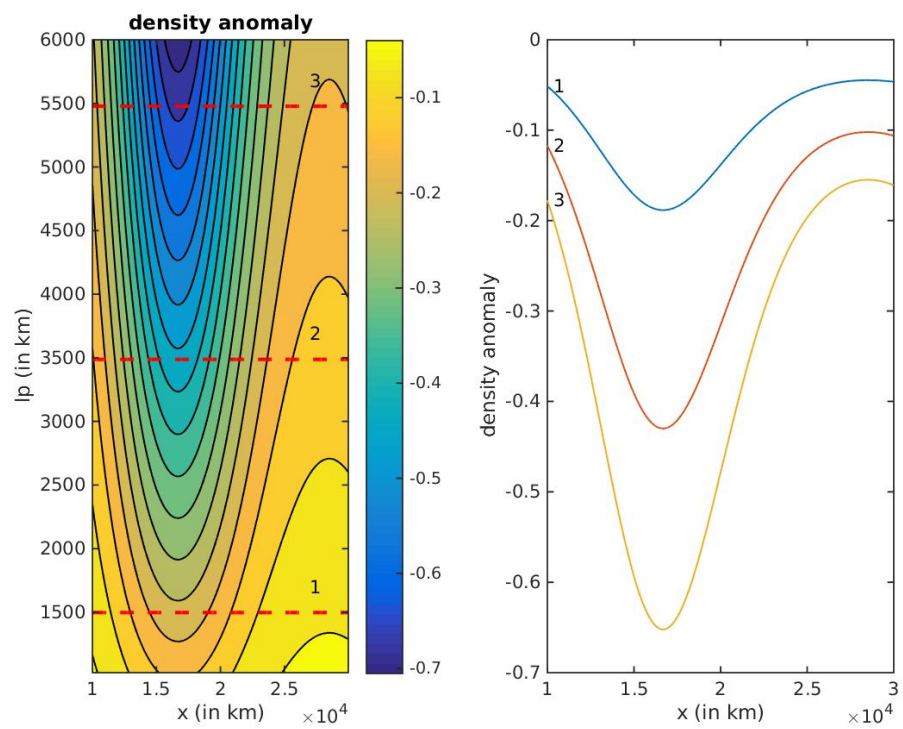


Figure 12: Left panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) and the initial -Gaussian- perturbation scale  $l_p$  for the CP configuration (see section 3.3 and Fig. 4). Right panel: density anomaly structure as a function of the zonal coordinate  $x$  (in km) for selected lengthscales (corresponding to the red dashed lines on the left panel). Note the structure remains CP but the density anomaly increases with the perturbation lengthscale.

519 so that  $U_o$  satisfies the closed boundary conditions at  $x = 0$  and  $x = L$  (ex-  
 520 tension of the domain).  $U_{max}$  is the maximum background velocity, reached  
 521 at the center of the domain.

522 We have repeated the reference EP and CP experiments, but with a  
 523 background velocity. The density evolution pattern is modified by the addi-  
 524 tional advection, but we have found that our previous results remain valid  
 525 as long as the maximum background velocity  $U_{max} \in [-0.5 \text{ m/s}, 0.5 \text{ m/s}]$ .  
 526 Observations indicate that the mean velocities along the equator are in this  
 527 range (see Picaut et al., 1997). In fact, the WKB approximation (see Gill  
 528 (1982), chapter 8)) shows that, if the background velocity gradient is small,  
 529 the evolution of a perturbation (in particular its amplitude) is not mod-  
 530 ified by the background current. There is just a shift in the wave group  
 531 velocity:  $C_g^U = C_g^{U=0} + U$ . However, special attention must be paid to  
 532 the density anomaly since it is not a wave propagation signal. Also, note  
 533 that since  $F^H \neq 0$  (see Eq. 4), there exists a diabatic term in the density  
 534 anomaly evolution equation (see Eq. 6), and for a westward background  
 535 flow ( $U_{max} < 0$ ) the density anomaly is now damped on the eastern side  
 536 and amplified on the western side. Adding damping effects probably also  
 537 complicates the physics. Further studies are obviously needed to evaluate  
 538 the limits and compare with realistic fields.

## 539 **6. Effect of multiple waves: from CP to EP El Niño**

540 It is interesting to note that in the CP configuration, in the presence of  
 541 a background density front, the effect of the wave is to smooth the front.  
 542 Figure 13a shows the evolution of the total upper layer density  $\rho_s$  for the CP  
 543 case and  $\delta h_{max} = 20 \text{ m}$  (same experiment as in Fig. 8) and clearly shows

544 the smoothing effect. We may thus wonder if multiple waves on an initially  
 545 CP configuration could eventually yield a structure that would favor an EP  
 546 configuration.

547 To test this idea, we have used the numerical model with a specific back-  
 548 ground condition. The basin scale has been reduced to  $L = 17.000 \text{ km}$   
 549 (representative of the equatorial Pacific zonal length) and the background  
 550 density structure is given by Eq. 13 with  $\Delta\rho_{max}^{lin} = 2.5 \text{ kg/m}^3$ ,  $\Delta\rho_{max}^{th} =$   
 551  $1 \text{ kg/m}^3$  and  $L_{th} = 1.000 \text{ km}$ , and the front position is located at  $x_{th} =$   
 552  $3.000 \text{ km}$ . The background mixed layer depth structure has also been mod-  
 553 ified, and we have chosen:

$$H_o = H_{mean} - \Delta H_{max} \frac{x-L/2}{L} - \Delta H_{max}^{th} th((x - x_{th})/L_{th}). \quad (24)$$

554 with  $H_{mean} = 115 \text{ m}$ ,  $\Delta H_{max} = 70 \text{ m}$  and  $\Delta H_{max}^{th} = 30$ . The initial  
 555 perturbation located at the western coast ( $x_o = 0 \text{ km}$ ), its extension is  
 556  $l_p = 3000 \text{ km}$  and  $h_{max} = 20 \text{ m}$ . Six waves of this type are generated (one  
 557 per month for 6 months). The boundary conditions have been arranged  
 558 so that the wave is radiated (no amplification by bouncing at the eastern  
 559 boundary). Finally, the damping rates have been set to zero, except for  
 560  $\alpha^\rho = 0.15\alpha_o \simeq 3.5 \cdot 10^{-8} \text{ s}^{-1}$  (corresponding to a damping time scale of  
 561 about one year). Figure 13b-c shows the evolution of the mixed layer density  
 562 and height anomalies for 300 days. Note the displacement of the maximum  
 563 density anomaly, from the center of the basin for the first waves to the  
 564 eastern coast for the last wave. The strength of the density anomaly also  
 565 reaches  $\delta\rho_{max} \simeq -1 \text{ kg/m}^3$ , which is the typical value of a strong El Niño  
 566 event. This result illustrates the possibility of progression from CP to EP  
 567 El Niño.

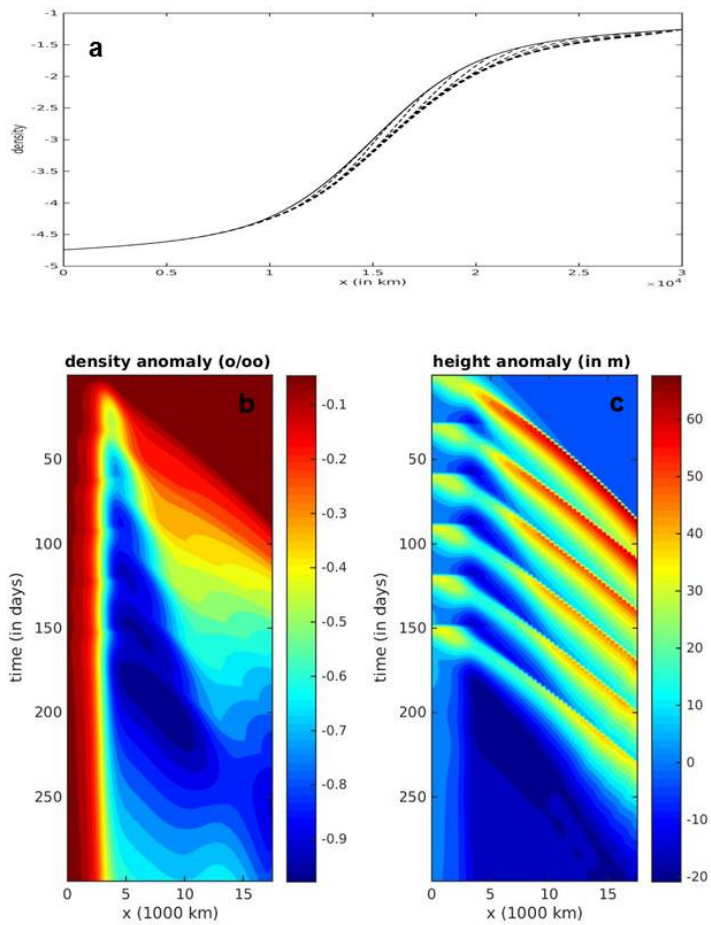


Figure 13: (a) Evolution of the total upper layer density structure for a 150 days with an output every 10 days (initial state in plain, evolution in dashed lines). Evolution of the density structure (b) and mixed layer depth (c) for 300 days for a simulation with multiple equatorial waves (6 waves launched every month for 6 months).

568 **7. Discussion**

569 In the present work, our goal was to understand the mechanisms leading  
570 to the localization of El Niño events either in the Central (CP) or East-  
571 ern Pacific (EP) and their continuity. We have thus presented a simplified  
572 model to study the effect of equatorial Kelvin waves on the generation of  
573 density (temperature) anomalies. We considered the evolution of a reduced  
574 gravity, mixed layer along the equator and the equations are thus 1D. Ap-  
575 proximate analytical solutions have been found for linear waves propagat-  
576 ing in a spatially variable background stratification, maintained by diabatic  
577 forcings. Damping/amplifying effects, associated with retroactive processes,  
578 have been taken into account in the form of Newtonian cooling terms. The  
579 non-linear equations have been solved numerically to validate the theoretical  
580 results.

581 We have first studied adiabatic cases for which there is no feedback of the  
582 perturbation of the wave on the forcings (section 3). In this case the density  
583 (or temperature) field is purely advected by velocity perturbation associated  
584 with the wave during its passage. The final density anomaly depends on the  
585 amplitude of the displacement and on the local density gradient. Its shape  
586 is given by Eq. 11.

587 Figure 14 schematizes the evolution of the wave and temperature field  
588 in this adiabatic case (here we have used temperature instead of density for  
589 easier connection with the usual ENSO description). The propagation speed  
590 of the Kelvin wave diminishes eastward (blue arrows) so the perturbation  
591 height (dashed blue lines) and velocity (red arrows) increase eastward lead-  
592 ing to greater displacement of isotherms (vertical red lines) and stronger  
593 anomaly at the Eastern boundary. This process favors EP events (Fig. 14,



594 left column). Strong local density gradients, associated with fronts, generate  
595 strong local anomalies. Fronts are also associated with local deceleration of  
596 the wave propagation, leading to stronger local amplification of the wave  
597 perturbation (height and velocity). Both processes favor the generation of  
598 stronger density anomalies in the vicinity of the initial front, corresponding  
599 to a CP event (Fig. 14, right column).

600

601 In this adiabatic case, the existence of a front is thus a prerequisite to get-  
602 ting a CP structure. However, as shown by Eq. 11 and 15 and schematized  
603 in Fig. 14, the type of the final structure depends on details of the initial  
604 stratification. There thus exists a continuity between CP and EP events  
605 whose occurrence depends on the shape of the background surface density  
606 or layer depth. Table 1 indicates how several parameters influence the struc-  
607 ture type if all other parameters are kept constant. For instance, according  
608 to our results, a shallower mean upper layer depth (diminishing  $\overline{H_o}$ ) or a  
609 stronger difference between western and eastern upper layer depths ( $\partial_x H_o$   
610 becomes "more negative") favors EP structures. Conversely, increasing the  
611 mean upper layer temperature (so that the mean density  $\overline{\rho_o}$  becomes "more  
612 negative") or a weaker difference between western and eastern upper layer  
613 temperature (so that  $\partial_x \rho_o$  becomes closer to 0) favors CP structures. These  
614 rules have to be used cautiously as in practice the parameters discussed in  
615 table 1 do not evolve independently.

616 It has also been shown that retroactive effects, associated with damping  
617 or amplification of the wave perturbations, or a succession of multiple waves  
618 are also important factors influencing the fate of an ENSO. Again table 1  
619 summarizes the influence of these parameters. Amplifying feedbacks favor  
620 EP, and it is possible to change a CP event into a EP event, provided am-

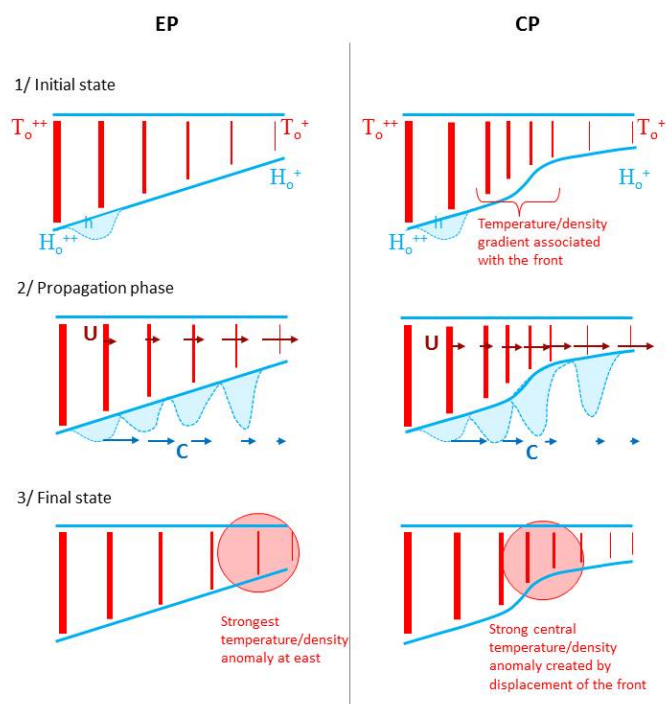


Figure 14: Schematic vertical sections illustrating the impact of a Kelvin wave on the upper-layer temperature field along the equator, in adiabatic conditions. Thick blue lines denote the surface and base of the layer, thin dashed lines denote the layer thickness perturbation associated with the Kelvin wave, whose propagation speed diminishes eastward (blue arrows). The dark red arrows show the Kelvin wave current perturbation and increase eastward. The red vertical lines correspond to isotherms, the thicker the line, the higher the temperature. The temperature field is purely advected by the velocity perturbation due to the Kelvin wave. The final anomaly depends on the displacement amplitude and on the initial local gradient of temperature. The strongest anomaly can be reached at the center (corresponding to a CP event) if there is a temperature front (right column).

Parameters/values	small		high	
$-\partial_{x,2} \rho_o$ ( <i>front</i> )	(0)	EP		CP (+ $\infty$ )
$H_o$	$\overline{H_o}$ ( <i>mean value</i> )	(0)	EP	CP (+ $\infty$ )
	$\partial_x H_o$	( $-\infty$ )	EP	CP (0)
$\rho_o$	$\overline{\rho_o}$ ( <i>mean value</i> )	( $-\infty$ )	CP	EP (0)
	$\partial_x \rho_o$	(0)	CP	EP (+ $\infty$ )
Number of waves	(1)	EP		EP (+ $\infty$ )
	(1)	CP		EP (+ $\infty$ )
$\alpha$	( $-\infty$ ) EP	EP (<0)	Weak influence	(>0) EP CP (+ $\infty$ )
	( $-\infty$ ) EP	CP (<0)		(>0) CP CP (+ $\infty$ )

Table 1: Diagram indicating how parameters influence the structure type (CP or EP). The important parameters are  $\partial_{x,2} \rho_o$  (indicating the strength of the density front), the mean values and gradients of the upper layer depth and density ( $\overline{H_o}$ ,  $\partial_x H_o$ ,  $\overline{\rho_o}$ ,  $\partial_x \rho_o$ ), the number of successive Kelvin waves and the effect of diabatic feedbacks, parameterized as Newtonian cooling terms  $\alpha$  ( $\alpha < 0$  corresponds to amplifying feedbacks,  $\alpha > 0$  to damping). The specific range of evolution (small values to high values) for each parameter is given in parenthesis.

621 plification is strong enough. Damping feedbacks favor CP structures, and  
622 it is possible to transform an EP into a CP structure with strong enough  
623 damping. The thresholds beyond which the density structure is strongly  
624 modified, as a function of all parameters can be evaluated using our ana-  
625 lytical results. The number of waves does not modify the fate of an EP  
626 event but can transform an initially CP into an EP event. This result is  
627 consistent with observations that have shown that multiple westerly wind  
628 bursts are necessary to get an EP El Niño (see Menkes et al., 2014). The  
629 number of equatorial waves necessary to switch from CP to EP depends on  
630 the details of the initial background stratification and wave characteristics,  
631 so more studies are needed to fully understand the switching mechanism.  
632 This is left for future work and here we merely illustrated this possibility.

633 The effects of non-linearities or of a background zonal current have been  
634 studied numerically and we found they have little impact on our results.  
635 However, in nature, non-linear evolution can also involve energy transfer  
636 to higher vertical modes (Cravatte et al., 2003), a process that was not  
637 evaluated in the present framework with one-layer model. Finally, we have  
638 also shown that the anomalies that are created generally remain modest so  
639 to obtain strong enough anomalies, there must either be strong retroactive  
640 amplification or a succession of waves whose effect accumulates.

641 Our results describe several aspects of the evolution of an equatorial  
642 Kelvin wave and of its impact on the upper layer density field. It pro-  
643 vides an explanation of the continuity between CP and EP El Niño events.  
644 However, this is obviously subject to some caution, as the process oriented  
645 configuration is very simple and the model relies on many assumptions: ver-  
646 tically homogeneous upper (mixed) layer; reduced gravity; validity of the 1D  
647 configuration; constant lower layer density reference; no meridional velocity

648 and no background zonal velocity (for the analytical solutions); existence of  
649 a mean background state (stratification), maintained by mean forcings. We  
650 have also linearized the dynamics for the analytical calculations, and for the  
651 retroactive effect of the wave perturbation which has been parameterized in  
652 the form of Newtonian cooling. The ability to switch from CP to EP types  
653 with multiple waves relies on the choice of the initial perturbation and back-  
654 ground structure, so that we cannot claim this result is general. Finally, let  
655 us again mention that this study focuses on the effect of equatorial Kelvin  
656 waves, once they have been triggered by some unbalancing of the mean state,  
657 for instance by anomalous westerly wind bursts in the western part of the  
658 basin. We have not studied the mechanisms responsible for this triggering,  
659 which is also major ingredient of the ENSO process, as it determines the  
660 shape and strength of the initial Kelvin wave.

661 A number of complementary studies can follow from the present results.  
662 First it should be possible to take into account two tracer equations, one  
663 for salt and one for temperature, and evaluate the effect of salinity on the  
664 previous results. It may also be possible to extend the analytical model to  
665 take into account a mean background zonal velocity. At least, as mentioned  
666 above, a thorough numerical study could be performed to evaluate more  
667 precisely the effect of the background advection. The influence of multiple  
668 waves is also a subject of great interest. Previous studies have shown that  
669 the number of Kelvin waves generated by westerly wind bursts is a key factor  
670 in determining the strength and final structure of the temperature anomaly  
671 (see (Menkes et al., 2014)). Admitting that the initial structure generated  
672 by a primary Kelvin wave is of the CP type, the present model can help  
673 evaluate the number, frequency and strength of individual waves to reach  
674 an EP El Niño, including the combination of upwelling and downwelling

675 Kelvin waves (Su et al., 2018).

676 Another possibility is to test the effect of meridional variations, which  
677 could play a significant role in the generation of strong EP events (Chen  
678 et al., 2016). It may be difficult to generalize the analytical model to a full  
679 2D configuration, but simplified solutions (truncated to the first parabolic  
680 cylinder functions, see Thual et al., 2016) may be derived to account for 2D  
681 effects. Alternatively, it is possible to develop a 2D version of the reduced  
682 gravity numerical model (see Appendix A).

683 A further promising and important study is to compare the present for-  
684 malism to realistic fields. This can be easily done for the adiabatic version  
685 of the model, but if, as expected, diabatic effects are important, one has to  
686 estimate the Newtonian cooling parameters  $\alpha$  used in the present theory.  
687 Diabatic retroactive effects are associated with ocean/atmosphere coupling  
688 or mixing processes which depend on the stratification and velocity of the  
689 upper layer of the ocean. The latter are indeed modified during the prop-  
690 agation of the equatorial Kelvin wave, which modifies the diabatic fluxes.  
691 Simple parameterizations exists (see (Barnier, 1998)) that can be used to  
692 evaluate ranges for the variations of the  $\alpha$  parameters. Preliminary consid-  
693 erations (not shown here) reveal that the value chosen for  $\alpha_o$  in this article  
694 is of the right order of magnitude. Other processes, not represented in the  
695 present simplified model and not associated with ocean/atmosphere coupling  
696 or mixing processes, have been shown to play a role in the development of  
697 El Niño events. These include for example the transfer of energy to higher  
698 vertical modes or vertical advection of temperature/density anomalies into  
699 the upper mixed layer (Cravatte et al., 2003; Dewitte et al., 2012, 2013), or  
700 other 3D effects which are not properly represented in the present simplified  
701 configuration. We think most of the latter processes, can be crudely ap-

702 proximated by Newtonian cooling terms in our model, but their associated  
703  $\alpha$  coefficients may be more difficult to evaluate.

704 As well as being involved in feedbacks, diabatic processes can also be im-  
705 portant independently of the equatorial Kelvin wave perturbations. Stochas-  
706 tics events act as additional forcing terms which do not depend on the per-  
707 turbation characteristics and have been sometimes identified as determinant  
708 for the development of strong EP El Niños (Fedorov et al., 2015). Even if  
709 the chosen form in Eq. 17 (a Newtonian damping/amplification) is very  
710 specific, in practice any effect having some influence on the physical charac-  
711 teristics of the perturbation can be represented by an appropriate choice of  
712  $\alpha$ . For example, a negative  $\alpha^\ominus$  can account for an additional heating event  
713 associated with an external process. Thus, even stochastic events could be  
714 fitted to the present framework and it would be possible to evaluate whether  
715 they can modify the fate (CP or EP and amplitude) of an El Niño event.

716 Evaluating the effect of climate change on the ratio between CP and  
717 EP types is obviously of great interest. Indeed, several oceanic parameters  
718 have been modified in the equatorial Pacific. The mean zonal gradient of  
719 SST has increased in the recent decades as a result of the strengthening of  
720 the Walker circulation (Sohn et al., 2013; England et al., 2014; Karnauskas  
721 et al., 2009). Moreover, while an increased ocean stratification and a flatter  
722 thermocline are predicted in GCM global warming scenarios (Timmerman  
723 et al., 1999; Yeh et al., 2009), the decades after the 1990s have been associ-  
724 ated with a sharper thermocline and an increased La Niña-like background  
725 pattern (Xiang et al., 2013). The effect of climate change on El Niño events  
726 is still debated (see for instance Giese and Sulagna, 2011), but some obser-  
727 vations show that more CP events occurred in recent decades (Yeh et al.,  
728 2009; Cai et al., 2014). Several studies have related such an increase of

729 CP events to a change in the mean oceanic structure in the equatorial Pa-  
730 cific. Using GCM experiments, Choi et al. (2011) link the increased CP  
731 occurrence to a stronger zonal gradient of mean surface temperature, while  
732 Dewitte et al. (2012) stress changes in the central Pacific vertical stratifi-  
733 cation. The present study shows that if a stronger mid basin density front  
734 (parameter  $\partial_x^2 \rho_o$  in Table 1) favors CP events, other parameters have a non-  
735 trivial influence on the El Niño flavor. For example, an increased global  
736 zonal gradient of density/SST in the equatorial Pacific (parameter  $\partial_x \rho_o$  in  
737 Table 1) or a shallower thermocline (parameter  $\bar{H}_o$ ) favors EP events. Our  
738 numerical results (see section 6) underline that feedback effects or the num-  
739 ber, strength or frequency of Kelvin waves, associated with the westerly  
740 wind bursts are also important (see Table 1). The latter effects are asso-  
741 ciated with ocean/atmosphere interactions, not directly represented in the  
742 analytical model, which can also evolve in a changing climate. To our knowl-  
743 edge, previous studies analyzing the effect of climate change on the observed  
744 evolution of El Niño flavor over recent decades have focused on only a few  
745 parameters. Our results advocate for a study involving the combined effects  
746 of all parameters identified in Table 1.

747 Finally, the present results show that knowledge of the details of the  
748 background stratification and of ocean/atmosphere fluxes are both neces-  
749 sary to be able to understand and predict the fate of an ENSO event. This  
750 advocates for the maintenance of a dedicated in situ observation system for  
751 oceanic and atmospheric measurements, which is currently being discussed  
752 in the framework of the TPOS2020 project (Tropical Pacific Observing Sys-  
753 tem, <http://tpos2020.org/>).



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759 funded by the “TEASAO” project.

## 760 **Appendix A. Derivation of the 1D model**

761 Different models, with increasing complexities, can be used to study  
762 ENSO (see Anderson and McCreary, 1985; Benestad, 1997; Neelin et al.,  
763 1998; Dijkstra and Burgers, 2002). In this hierarchy, the simplest ocean  
764 model is a 1-layer reduced gravity model, whose equations can be written:

$$\begin{aligned}
\partial_t U + U \partial_x U + V \partial_y U - f V &= \frac{1}{\rho_{ref}} \partial_x (g (\rho_s^{tot} - \rho_b) H) + F_x^U, \\
\partial_t V + U \partial_x V + V \partial_y V + f U &= \frac{1}{\rho_{ref}} \partial_y (g (\rho_s^{tot} - \rho_b) H) + F_y^U, \\
\partial_t H + \partial_x (H U) + \partial_y (H V) &= F^H, \\
\partial_t \rho_s + U \partial_x \rho_s + V \partial_y \rho_s &= F^\rho,
\end{aligned} \tag{A.1}$$

765 where  $\vec{U} = (U, V)$  is the horizontal velocity field,  $\rho_{ref}$  is a constant reference  
766 density such that the total density in the mixed layer is  $\rho_s^{tot} = \rho_{ref} + \rho_s$ .  
767 The other terms,  $F_x^U$ ,  $F^H$  and  $F^\rho$ , are terms to take into account all effects  
768 necessary to explain the evolution of averaged physical quantities in the  
769 upper layer using Eq. A.1, in particular it includes all forcing effects (wind  
770 stress, vertical mixing, buoyancy/heat flux, effect of instabilities, ...) and  
771 parameterizations. If we consider that the lower layer density variation  $\rho_b$   
772 is negligible, we can choose  $\rho_{ref} = \rho_b$  and Eq. A.1 can be rewritten in the  
773 classical form (see for instance Neelin et al., 1998; Dijkstra and Burgers,

774 2002):

$$\begin{aligned}\partial_t U + U \partial_x U + V \partial_y U - f V &= \partial_x(\Theta) + F_x^U, \\ \partial_t V + U \partial_x V + V \partial_y V + f U &= \partial_y(\Theta) + F_y^U, \\ \partial_t H + \partial_x(H U) + \partial_y(H V) &= F^H, \\ \partial_t \Theta + \partial_x(\Theta U) + \partial_y(\Theta V) &= F^\Theta,\end{aligned}\tag{A.2}$$

775 where

$$\Theta = g(\rho_s^{tot} - \rho_b) H / \rho_{ref} \simeq g \rho_s H / \rho_{ref}\tag{A.3}$$

776 measures the local buoyancy ( $\simeq$  heat) content of the upper layer.

777 In the previous Eq. A.1 or A.2, we hypothesize that -at first order- the  
778 upper ocean mixed layer can be represented as a single vertically homoge-  
779 neous layer (see Fig. A.15) where physical fields only vary horizontally.

780 Other hypothesis including more complex averaging of the physical fields  
781 in the layer are possible, but even though very simplified, the model and  
782 Eq. A.2 take into account the continuity equation and the conservation of  
783 momentum and buoyancy (or heat). Horizontal advection and the stretching  
784 effect associated with the vertical motion of the base of the thermocline  
785 ( $w(z = -H) = \frac{dH}{dt}$ ) are taken into account for the evolution of the upper  
786 layer thickness and buoyancy content. These are major physical effects for  
787 the dynamics of an equatorial Kelvin wave and its impact on the evolution  
788 of the density anomaly. Other effects, such as retroactive processes (Ekman  
789 feedback or modification of mixing at the base of the thermocline associated  
790 with the passage of the wave) are known to be important processes too (Chen  
791 et al., 2016). They are associated with the forcing terms  $F$  and are not  
792 directly represented in the present simplified model but are parameterized  
793 as Newtonian cooling terms (see below).

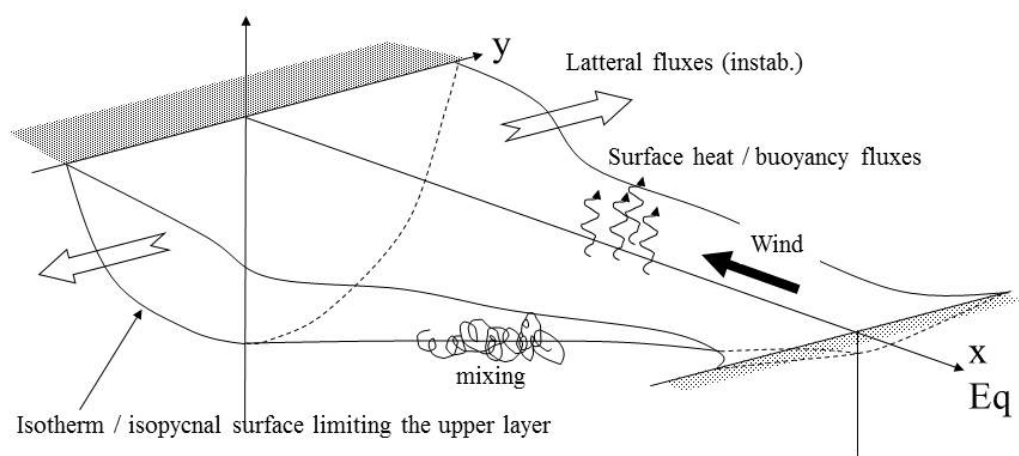


Figure A.15: General view of the mixed layer configuration.

794 To concentrate on equatorial Kelvin wave dynamics in variable environ-  
795 ment along the equator, which is our objective, Eq. A.2 can be further  
796 simplified. Indeed, along the equator,  $f = 0$  and the motion is essentially  
797 zonal, so that the meridional component of the velocity can be neglected  
798 ( $V \simeq 0$ ). This is true for equatorial Kelvin waves, and a good approxima-  
799 tion for the mean velocity field. Along the equator we thus get

$$\begin{aligned}
\partial_t U + U \partial_x U &= \partial_x \Theta + F^U, \\
\partial_t H + \partial_x (H U) &= F^H, \\
\partial_t (\Theta) + \partial_x (\Theta U) &= F^\Theta,
\end{aligned} \tag{A.4}$$

800 which are the final equations we retain for our study.

## 801 **Appendix B. Equatorial Kelvin Wave solutions for a variable back-** 802 **ground**

803 We have been unable to find exact and general solution for the propaga-  
804 tion of wave in an environment where the equilibrium state varies spatially  
805 and with Newtonian cooling terms. We however propose here an approx-  
806 imate solution which remains quite accurate and allows to estimate the  
807 evolution of the wave amplitude. We linearize Eq. 5 and hypothesize that  
808  $U_o = 0$ . The equations simply become:

$$\begin{aligned}
\partial_t u &= \partial_x \theta - \alpha^U u, \\
\partial_t \theta &= -\partial_x (\Theta_o u) - \alpha^\Theta \theta.
\end{aligned} \tag{B.1}$$

809 We then seek for solutions of the form:

$$\begin{aligned}
\theta &= \theta_o e^{-\beta t} e^{i\omega(X(x)-t)}, \\
u &= U(x) \theta.
\end{aligned} \tag{B.2}$$

810 Replacing in Eq. B.1 above yields:

$$\begin{aligned} X' &= \frac{i\omega + \beta - \alpha^U}{i\omega} U, \\ \beta + i\omega &= \alpha^\Theta + (\Theta_o U)' + \Theta_o U^2 (i\omega + \beta - \alpha^U). \end{aligned} \quad (\text{B.3})$$

811 We then set  $Y = \Theta_o U$ ,  $\beta = (\alpha^\Theta + \alpha^U)/2$  and  $\gamma = (\alpha^\Theta - \alpha^U)/2$ . This yields:

$$Y' + \frac{i\omega + \gamma}{\Theta_o} Y^2 + i\omega - \gamma = 0. \quad (\text{B.4})$$

812 We then hypothesize that  $Y = \sqrt{\Theta_o} + \delta Y$  with  $\delta Y \ll 1/\sqrt{\Theta_o}$  and that  
813  $\delta Y'$  can be neglected when rederiving the equation for  $\delta Y$ . This yields the  
814 approximate solution

$$\delta Y = -\frac{\Theta'_o}{4(i\omega + \gamma)} - \frac{\gamma\sqrt{\Theta_o}}{i\omega + \gamma}, \quad (\text{B.5})$$

815 So that at first order

$$X' \simeq \frac{1}{\sqrt{\Theta_o}} - \frac{\Theta'_o}{4i\omega\Theta_o} \quad (\text{B.6})$$

816 or

$$\begin{aligned} X &\simeq \int \frac{dx}{\sqrt{\Theta_o}} - \frac{1}{i\omega} \text{Log}(\Theta_o^{-1/4}), \\ U &\simeq \frac{1}{\sqrt{\Theta_o}}. \end{aligned} \quad (\text{B.7})$$

817 The approximate solutions for  $u$  and  $\theta$  are then

$$\begin{aligned} \theta &= \theta_o(t=0) e^{-\beta t} \left[ \frac{\Theta_o(x=0)}{\Theta_o(x)} \right]^{1/4} \exp[i\omega(x/C - t)], \\ u &= \frac{\theta}{\sqrt{\Theta_o(x)}} = \theta_o(t=0) e^{-\beta t} \frac{\Theta_o(x=0)^{1/4}}{\Theta_o(x)^{3/4}} \exp[i\omega(x/C - t)] \end{aligned} \quad (\text{B.8})$$

where

$$x/C = \int dx/\sqrt{\Theta_o}.$$

818 The solution for the layer depth anomaly  $h$  can be derived similarly from  
819 Eq. 5 and B.8, we finally get the following approximate solutions for the  
820 main propagating signal

$$\begin{aligned}
\theta &= \theta_o(x/C(x) - t) e^{-(\alpha^\ominus + \alpha^U)t/2} \frac{C_o(x = x_o)^{1/2}}{C_o(x)^{1/2}}, \\
u &= \frac{\theta}{C_o(x)} = \theta_o(x/C(x) - t) e^{-(\alpha^\ominus + \alpha^U)t/2} \frac{C_o(x = x_o)^{1/2}}{C_o(x)^{3/2}}, \\
h &= \frac{\rho_{ref}\theta}{g\rho_o(x)} = \theta_o(x/C(x) - t) e^{-(\alpha^\ominus + \alpha^U)t/2} \frac{\rho_{ref}C_o(x = x_o)^{1/2}}{g\rho_o(x)C_o(x)^{1/2}}. \quad (\text{B.9})
\end{aligned}$$

821 where  $\theta_o$  is determined by the -fixed- shape of the initial perturbation, typi-  
822 cally a gaussian function whose maximum  $\theta_o^{max}$  is given, and  $x_o$  is the initial  
823 position of this maximum.

824 The main perturbation propagates at a speed  $C_o$  so that at time  $t$  the  
825 maximum amplitude is positioned at  $\Delta x = C_o t$ . The maximum of the main  
826 perturbations as a function of the wave position is thus given by

$$\begin{aligned}
\theta &\propto \frac{1}{C_o^{1/2}} e^{-(\alpha^\ominus + \alpha^U)x/2C_o}, \\
u &\propto \frac{1}{C_o^{3/2}} e^{-(\alpha^\ominus + \alpha^U)x/2C_o}, \\
h &\propto \frac{1}{\rho_o C_o^{1/2}} e^{-(\alpha^\ominus + \alpha^U)x/2C_o}. \quad (\text{B.10})
\end{aligned}$$

### 827 Appendix C. Density anomaly evolution

828 The density anomaly is associated with advection and diabatics effects  
829 generated during the passage of the wave. To calculate the density anomaly  
830  $\rho$  associated with a linear wave in a variable environment, we thus have to  
831 use the equation

$$\partial_t \rho = -u \partial_x (\rho + \rho_o) + \frac{\rho_{ref}}{g(h+H_o)^2} [\alpha^H \Theta_o h - \alpha^\ominus H_o \theta + (\alpha^H - \alpha^\ominus) \theta h] \quad (\text{C.1})$$

832 Linearization of the previous equation yields

$$\partial_t \rho = -u \partial_x \rho_o + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{g H_o} \theta. \quad (C.2)$$

833 where  $\theta$  and  $u = \theta/C_o$  are given by Eq. B.9. Thus, starting with a density  
834 perturbation which is zero we obtain

$$\partial_t \rho = \left[ -\frac{\rho'_o}{C_o^{3/2}} + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{g H_o C_o^{1/2}} \right] e^{-(\alpha^\Theta + \alpha^U)t/2} \theta_o(x/C(x) - t), \quad (C.3)$$

835 which yields using  $X = x/C(x) = \int dx/C_o$ ,

$$\partial_t \rho = A(x) G(X - t) \quad (C.4)$$

836 where

$$\begin{aligned} A(x) &= \left[ -\frac{\rho'_o}{C_o^{3/2}} + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{g H_o C_o^{1/2}} \right] e^{-(\alpha^\Theta + \alpha^U)X/2} \\ G(X - t) &= e^{(\alpha^\Theta + \alpha^U)(X-t)/2} \theta_o(x/C(x) - t) \end{aligned} \quad (C.5)$$

837 The solution of Eq. C.4 is

$$\rho(x, t) = A(x) \int_0^t G(X - t') dt'. \quad (C.6)$$

838 or using  $T = X - t'$ ,

$$\rho(x, t) = A(x) \int_{X-t}^X G(T) dT. \quad (C.7)$$

839 Given that the function  $G$  is fixed and localized, the integral term is  
840 only important to determine the evolution of the density fields in an area  
841 where the propagating gravity wave arrives, but once this perturbation has  
842 passed, the term remains constant. In the area where the wave has passed,  
843 the shape of the density anomaly, which generally also correspond to the  
844 maximum anomaly reached during the evolution, is then given by

$$\rho_{max} \propto \left[ -\frac{\rho'_o}{C_o^{3/2}} + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{g H_o C_o^{1/2}} \right] e^{-(\alpha^\Theta + \alpha^U)X/2}. \quad (C.8)$$

845 As some forcing fields may only depend on the density anomaly ( $\rho$ , and  
 846 not on the heat content  $\theta$ ) it is important to generalize Eq. C.2 and add a  
 847 Newtonian cooling term depending on the density anomaly alone, to reach:

$$\partial_t \rho = -u \partial_x \rho_o + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{gH_o} \theta + \alpha^\rho \rho. \quad (C.9)$$

848 The right hand side term is the forcing term and is not modified. If  
 849 we set  $\tilde{\rho} = \rho e^{-\alpha^\rho t}$ ,  $\tilde{\rho}$  verifies Eq. C.2 and we finally get the following  
 850 (approximate) solution for  $\rho$

$$\rho_{max} = \left[ -\frac{\rho'_o}{C_o^{3/2}} + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{gH_o C_o^{1/2}} \right] e^{-(\alpha^\Theta + \alpha^U)X/2} e^{\alpha^\rho(X-t)} \int_0^t e^{-\alpha^\rho(X-t')} G(X-t') dt' \quad (C.10)$$

851 The same argument as above can be used to state that, since we seek for  
 852 the maximum density anomaly reached during the passage of the wave, the  
 853 integral term is constant (only depends on the initial shape of the pertur-  
 854 bation). To evaluate the influence of the additional  $e^{\alpha^\rho(X-t)}$  term, we have  
 855 to consider three phases at a fixed location (eulerian view):

- 856 1. as long as the wave does not attain the location, there is no initial  
 857 perturbation and the damping term does not act.  $\rho$  remains null;
- 858 2. when the wave reaches the location,  $t \simeq X$  and the density anomaly  
 859 increases because of advection and previous diabatic terms, but the  
 860 additional damping term acts during the time of the wave passage  
 861  $\Delta t = l_p/C_o$ . Thus, in comparison with the case where  $\alpha^\rho = 0$ , the  
 862 maximum density anomaly has to be corrected by a factor  $e^{-\alpha^\rho \Delta t} =$   
 863  $e^{-\alpha^\rho l_p/C_o}$  so that the maximum density anomaly structure reached just  
 864 after the passage of the wave is given by

$$\rho_{max} \propto \left[ -\frac{\rho'_o}{C_o^{3/2}} + \frac{\rho_{ref}(\alpha^H - \alpha^\Theta)}{gH_o C_o^{1/2}} \right] e^{-(\alpha^\Theta + \alpha^U)X/2} e^{-\alpha^\rho l_p/C_o}. \quad (C.11)$$



865 3. after the passage of the wave, the forcing term is null and the den-  
866 sity anomaly only evolves because of the damping term, so that  $\rho =$   
867  $\rho_{max}e^{-\alpha\rho(t-t_{max})}$ , where  $t_{max} \simeq X + l_p/C_o$  is the time at which the  
868 wave has left the location.

869 Equation C.11 is the general analytical formula we use for comparison  
870 with numerical results.

## 871 **Appendix D. Model Parameters**

872 Tables for all model parameters.

873 **References**

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Variable	Comments
$x$ : zonal axis	
$y$ : meridional axis	solutions taken at $y = 0$
$t$ : time	
$U = U_o + u$ : zonal current	$u$ : anomaly due to the wave
$V$ : meridional current	neglected here
$H = H_o + h$ : mixed layer depth	$h$ : anomaly due to the wave
$P$ : pressure	$P \approx g(\rho_b - \rho_s)H$
$\Theta = \Theta_o + \theta$ : buoyancy	$\Theta = g(\rho_b - \rho_s)H/\rho_{ref}$ , $\theta$ : anomaly due to the wave
$\rho_s^{tot}$ : surface density	$\rho_s^{tot} = \rho_{ref} + \rho_s$
$\rho_s = \rho_o + \rho$ : surface density variations	$\rho$ is generated by the wave
$\rho_b$ : lower layer density	we choose $\rho_{ref} = \rho_b$
$F_x^U$ : zonal momentum forcing	also noted $F^U$
$F_y^U$ : meridional momentum forcing	
$F^H$ : mixed layer depth forcing	
$F^\Theta$ : buoyancy forcing	
$F^\rho$ : density forcing	
$\delta F$ : external forcing anomalies	$F^U = F_o^U(x) + \delta F^U(x, t)$ , etc

Table D.2: Model variables definitions.

Parameter	Comments
$g$ : gravity	$g = 9.81 \text{ m.s}^{-2}$
$f$ : Coriolis force	$f = 0$ at the equator
$U_o$ : background zonal current	$U_o = 0$ in analytical calculations
$L$ : basin length	$L = 30.000 \text{ km}$
$x_o$ : initial position of wave	
$H_o$ : background depth	$\rho_o = H_{mean} + \Delta H_{max} \frac{x-L/2}{L}$
$H_{mean}$ : mean mixed layer depth	in general $H_{mean} = 120 \text{ m}$
$\Delta H_{max}$ : linear depth variation	in general $\Delta H_{max} = 160 \text{ m}$
$\rho_{ref}$ : reference density	$1000 \text{ kg.m}^{-3}$
$\rho_o$ : background density	$\rho_o = \rho_{mean} + \Delta \rho_{max}^{lin} \frac{x-L/2}{L} + \Delta \rho_{max}^{th} th((x - x_{th})/L_{th})$
$\rho_{mean}$ : mean mixed layer density	in general $\rho_{mean} = -3 \text{ kg/m}^3$
$\Delta \rho_{max}^{lin}$ : linear density variation	$\Delta \rho_{max}^{lin} = 3 \text{ kg/m}^3$ or $= 0.5 \text{ kg/m}^3$
$\Delta \rho_{max}^{th}$ : nonlinear density variation	in general $\Delta \rho_{max}^{th} = 0 \text{ kg/m}^3$ or $= 3 \text{ kg/m}^3$
$L_{th}$ : front lengthscale	in general $L_{th} = 5000 \text{ km}$
$x_{th}$ : front position	$x_{th} = L/2$
$\rho'_o, \rho''_o$ : first and second derivatives	$d_x \rho_o, d_x^2 \rho_o$
$\Theta_o$ : background buoyancy	$\Theta_o = g \rho_o H_o / \rho_{ref}$
$\alpha$ : Newtonian coolings parameters	$\delta F^U = -\alpha^U u$ , etc
$C_o$ : background phase speed	$C_o(x) = \sqrt{-g \rho_o H_o \rho_{ref}}$
$C$ : analytical phase speed	$x/C(x) = \int_{x_o}^x ds/C_o(s)$

Table D.3: Model parameters definitions.