

## Modulatory effects of sesame oil and ascorbic acid on abamectin-induced oxidative stress in rat liver and brain tissues

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#### 29 Abstract

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The present work was designed to assess the modulatory effects of sesame oil (SO) and 31 ascorbic acid (AA) on abamectin (ABM)-induced oxidative stress and altered gene expression of 32 hepatic cytochrome P450 2E1 (CYP-2E1), p38 MAPK, and caspase-3 and cerebral P-33 glycoprotein (Abcb1a receptor). Male rats were distributed into five groups (6 rats/group), 34 receiving distilled water, ABM 2 mg/kg bwt 1/5 LD<sub>50</sub> orally for 5 days, ABM+AA 100 mg/kg 35 bwt orally, ABM+SO 5 mL/kg bwt orally, or ABM+SO+AA at the aforementioned doses. 36 37 Nineteen compounds were identified in the SO sample by GC-MS analysis, including tetradecane, 2, 6, 10-trimethyl, octadecane, 1-hexadecanol, 2-methyl, and octadecane, 6-methyl. 38 39 Abamectin significantly upregulated the hepatic CYP-2E1 expression with excess generation of oxidative radicals, as evident by the significant depletion of reduced glutathione and elevation of 40 malondialdehyde concentration ( $p \le 0.05$ ) in rat liver and brain tissues. Further, ABM 41 42 significantly increased TNF- $\alpha$  concentration, the expression of caspase-3 and p38 MAPK in the liver, as well as p-glycoprotein and GABA-A receptor in the brain. These results were in line 43 44 with the observed histopathological changes. Sesame oil and/or AA supplementation alleviated ABM-induced cell damage by modulating all tested parameters. In conclusion, ABM induces 45 oxidative stress and increases the expression of CYP-2E1, caspase-3, and p38 MAPK in the 46 liver, as well as P-gp and GABA-A receptor in the brain. These effects could be ameliorated by 47 SO and AA, alone and in combination, probably due to their anti-oxidant, anti-apoptotic, and 48 gene-regulating activities. 49

50 Keywords: abamectin; oxidative stress; sesame oil; ascorbic acid; liver and brain; rats

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#### 52 Introduction

Pesticides are used worldwide to control pests, insects, and disease vectors in veterinary 53 medicine and agriculture (Jones, 2018). Abamectin (ABM) belongs to the avermectins family; 54 16-membered macrocyclic lactones with a disaccharide substituent at the carbon-13 position. It 55 is generated from soil actinomycete fungi (Streptomyces avemitilis) and is a combination of 80% 56 57 avermectin B1a plus 20% avermectin B1b. Abamectin is used as an anthelmintic agent in cattle and sheep to eliminate gastrointestinal nematodes, lung worms and nasal bots (Campbell, 2012). 58 Non-therapeutic exposures to ivermectin and other macrocyclic lactones may lead to toxic 59 effects; only after oral ingestion of a large amount. Although the exact mechanisms remain 60 unclear, macrocyclic lactones, when taken in large doses, may pass through the blood-brain 61 62 barrier and produce GABA-mimetic toxic effects. In mammals, avermectin intoxication begins with hyperexcitability, incoordination, tremors, hypotension, and later develops into ataxia, 63 coma, respiratory failure, and even death (Yang, 2012). 64

Avermectin is poorly metabolized in mammals; 80–98% of the initially administered dose gets 65 eliminated in stool (Sun et al., 2005). The highest levels of ABM were detected in the liver and 66 67 fat (owing to its lipophilic nature), while the lowest was found in the brain (Gonzalez Canga et 68 al., 2009). Therefore, the detoxification of ABM may disturb the functions of hepatocytes. The biodistribution of ivermectin in the host depends on the efflux by P-glycoprotein (P-gp) and 69 biotransformation by cytochromes P450 (Alberich et al., 2014). P-gp prevents brain toxicity by 70 71 limiting the penetration of toxic compounds across the blood-brain barrier (Roulet et al., 2003). Besides, it contributes to the intestinal excretion of ivermectin (Ballent et al., 2006). Hepatic 72 drug metabolism is attained by the microsomal cytochrome P450 enzyme system that facilitates 73 transformation into toxic intermediates, followed by reactive oxygen species (ROS) production, 74

inflammatory cytokines release and lipid peroxidation (Lu et al., 2012; Maioli et al., 2013).
These events initiate apoptosis and tissue inflammation through interaction with caspases and
mitogen-activated protein kinases (MAPKs) (BayIr and Kagan, 2008).

Oxidative stress is a key factor in avermeetins-induced cytotoxicity (Zhu et al., 2013). Therefore, 78 the use of antioxidants to ameliorate its toxicity is a logical approach. Ascorbic acid is a water-79 soluble non-enzymatic antioxidant that defends the cellular compartments against reactive 80 oxygen species (ROS) (Jurczuk et al., 2007). It is an essential element; must be supplied in diet 81 because it cannot be synthesized in mammalian bodies. Ascorbic acid showed the ability to 82 prevent lipid peroxidation and protect lipid membranes, proteins and DNA from oxidative harm 83 (Granger and Eck, 2018). Moreover, it could antagonize the toxic effects of many xenobiotics 84 (Abdel-Daim et al., 2019a; Abdel-Daim et al., 2019b; Özkan et al., 2012) and has been shown to 85 86 renovate the antioxidant capacity of vitamin E (Serbecic and Beutelspacher, 2005).

Sesame oil (SO) is extracted from Sesamum indicum seeds. These seeds contain many 87 phytochemicals as flavonoids, phenolic acids, tannins, alkaloids, terpenoids, cephalin and 88 lecithin and some minerals like iron, calcium, magnesium, copper, zinc, manganese and 89 phosphorus (Anilakumar et al., 2010; Sani et al., 2013). Several lignans, such as sesamolin, 90 sesamin, and  $\gamma$ -tocopherol are potent polyphenolic antioxidants found in sesame seeds 91 (Rangkadilok et al., 2010). For example, sesamin protects against oxidative stress and enhances 92 hepatic drug detoxification (Shuang et al., 2018; Zhang et al., 2016a). Over decades of research, 93 sesame (oil) exhibited anti-inflammatory, antibacterial, hypolipidemic, antitumor (Anilakumar et 94 95 al., 2010) and anti-allergic effects (Jung et al., 2018).

The goals of this experiment were to explore the impact of acute exposure to the commercial formulation of ABM on the expression of metabolic cytochromes P450 2E1 (CYP-2E1), p38 MAPK and caspase-3 enzymes in the liver, as well as membrane p-glycoprotein efflux
transporter and GABA-A signaling in rat brain. Further, we tested the preventive capacities of
SO and/or AA against acute ABM toxicity.

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#### 102 **2. Materials and methods**

2.1. Chemicals: Abamectin (Vertemic<sup>®</sup>, 1.8% EC) was bought from Syngenta Agro Services AG, 103 Egypt. Sesame Oil was supplied by *El-Captain* Company (El-Obour City, Egypt) and AA 104 (Ascorbin® 100% B.p) was obtained from Newvetrovit Company, Egypt. Commercial kits for 105 malondialdehyde (MDA), reduced glutathione (GSH) and catalase (CAT) were purchased from 106 107 Biodiagnostic Company, Egypt. The kits for SGPT, SGOT, ALP enzymes, and direct bilirubin 108 were supplied from Greiner Diagnostic GmbH-Bahlingen, Germany. The rest of used chemicals were of analytical grade. The chemical composition of sesame oil was analyzed using Trace GC-109 ISQ Mass Spectrometer (Thermo Scientific, Austin, TX, USA) as described in Supplementary 110 file 1. 111

**112 2.2. Experimental design:** Thirty mature male albino rats (weighing 120 to 150 g), were 113 purchased from the *Egyptian Company for Biological Products and Vaccines*. Animals were 114 kept in stainless steel cages, fed rat chow and water *ad libitum*, and maintained at lab 115 temperature of  $25 \pm 2$  °C. All maintenance and care procedures were approved by the Research 116 Ethical Committee at the Faculty of Veterinary Medicine, Beni-Suef University, Egypt.

After two weeks of acclimation, rats were randomly assigned to five groups (n = 6/group). The first group received distilled water (negative control). The second group (ABM) received a daily oral dose of ABM (2 mg/kg bwt, 1/5 LD<sub>50</sub>) for 5 days (LD<sub>50</sub>: 10 mg/kg) (Abdel-Daim and Abdellatief, 2018). The third group (ABM+AA) received ABM plus a daily dose of AA (100 mg/kg bwt, orally) (Abdel-Daim and El-Ghoneimy, 2015; Seo and Lee, 2002), while the fourth
group (ABM+SO) was given ABM plus a daily dose of SO (5 ml/kg bwt, orally) (Saleem et al.,
2014). The fifth group (Combination) received SO and AA with the same doses as before.
Groups (3 to 5) were given SO and/ or AA for 10 days before ABM exposure and 1 hour before
ABM administration for 5 successive days. Figure 1 summarizes the experimental design and
observed findings.

127 2.3. Blood sampling and tissue processing: On the day following the last ABM dose, rats were anesthetized using isoflurane for blood withdrawal from the retro-orbital plexus, and then killed 128 via cervical dislocation. The samples were centrifuged (at 3000 rpm for 15 min) to separate sera. 129 The liver and brain were excised, washed with saline, and then blotted over filter paper. The 130 tissue was divided into three parts: the first (0.5 g) was homogenized in phosphate buffer saline 131 (pH 7.4, 5 ml). Homogenates were later centrifuged at 3000 rpm for 15 min at 4 °C using a 132 cooling, high-speed centrifuge; supernatants were collected and preserved at -80 °C until 133 analysis of tissue oxidant and antioxidant indices. The second tissue part was preserved at -80 °C 134 for molecular investigations. The third tissue part was prepared for histopathological 135 examination. 136

2.4. Biochemical estimations: The measurements of MDA, GSH concentrations and CAT
activity were performed as per the methods described by Mihara and Uchiyama (Mihara and
Uchiyama, 1978), Beutler et al. (Beutler et al., 1963) and Aebi (Aebi, 1984), respectively. Serum
samples were used to measure the activities of SGPT and SGOT (Reitman and Frankel, 1957),
ALP (Tietz et al., 1983), and bilirubin (Tolman and Rej, 1999).

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143 **2.5. Detection of TNF-\alpha by ELISA:** Tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) levels were determined

by ELISA technique as per the methods of Tietz 1995 (Tietz, 1995). ELISA kits were purchased
from *R&D system* (MN, USA).

2.6. Quantitative analysis of gene expression of CYP-2E1, Caspase-3, GABA-A receptor and
p-gp by real time PCR

**Total RNA extraction:** Total RNA was extracted from the brain and liver tissue homogenates
according to the manufacturer's instruction, using *SV Total RNA Isolation System (Promega, Madison, WI, USA*). The RNA concentrations and purity were measured with UV
spectrophotometer.

152 Complementary DNA (cDNA) synthesis: The extracted RNA was reverse-transcribed into
153 cDNA using high capacity cDNA reverse transcription kits (#*K1621, Fermentas, USA*) following
154 the manufacturer's instructions.

Real-time quantitative PCR: Real-time qPCR amplification and analysis were performed using 155 156 an Applied Biosystem with software version 3.1 (StepOne<sup>TM</sup>, USA) to measure the expression of mRNAs of target genes in the liver and brain, with B-actin as an internal reference (house-157 keeping gene). The isolated cDNA was amplified using SYBR Green Master Mix (Applied 158 Biosystems) following the manufacturer's protocol. The primers used in the amplification are 159 shown in Table 1 and were designed by Gene Runner Software (Hasting Software, Inc., Hasting, 160 NY) from RNA sequences in the gene bank (based on published rat sequences). Data from real-161 time assays were analyzed using the v1.7 sequence detection software from PE Biosystems 162 (Foster City, CA). Relative expression of the studied gene mRNA was calculated using the 163 comparative Cycle threshold (Ct) method. All values were normalized to  $\beta$ -actin and reported as 164 fold change over background levels detected in the treated groups. All these steps were 165 performed according to the methods of Livak and Schmittgen (Livak and Schmittgen, 2001). 166

167 2.7. Detection of p38 MAPK protein by Western Blot technique: p38 MAPK protein was
168 detected following the manufacturer's protocol (*V3 Western Workflow*<sup>TM</sup> *Complete System, Bio-*169 *Rad*® *Hercules, CA*). In brief, ice-cold radio immune precipitation assay (RIPA) buffer, along
170 with phosphatase/protease inhibitors, were used for protein extraction from liver tissue
171 homogenates. To visualize p38 MAPK protein, we used enhanced chemiluminescence (from
172 *ECL plus; Amersham, IL*), followed by Molecular Analyst Software (*Bio-Rad, Richmond, CA*)
173 for quantification. Protein levels were expressed in relation to β-actin.

**2.8. Histopathological studies:** Sections from the liver and brain tissues (M1 motor cortex and
hippocampus) were fixed in buffered formalin, then stained with Hematoxylin & Eosin to
examine pathological findings under a light microscope.

177 **2.9. Statistical analysis:** Data from the five experimental groups were summarized as means  $\pm$ 178 standard errors (SEM), and then transferred to a data sheet on the SPSS software (version 22, 179 IBM Co., Armonk, NY). We used the ANOVA followed by Tukey's post-hoc test for 180 experimental group comparison. *P* value  $\leq 0.05$  was accepted for significance.

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#### 182 **3. Results**

**3.1. Sesame oil GC-MS analysis:** In the present study, 19 compounds have been identified in the SO sample by GC-MS analysis (Table 2). The major components were tetradecane,2,6,10trimethyl- (38.41%), octadecane (20.52%), 1-hexadecanol, 2-methyl- (9.14%), octadecane, 6methyl- (5.72%), 1-tetradecanol (3.85%) and 9-octadecenoic acid (Z)- (3.70%). The mass spectra of all major components in the studied sample are shown in Supplementary file 1.

**3.2. Serum biochemical analysis:** Oral administration of ABM was associated with significant  $(p \le 0.0001)$  elevations in serum levels of hepatocyte injury biomarkers (SGOT and SGPT) and

biliary tract injury biomarkers (ALP and direct bilirubin), compared to the control group. Our results revealed the hepatoprotective effects of SO and AA, alone or in combination, as they significantly ameliorated the ABM-induced alterations in the four parameters. The obtained values in the ABM+SO and ABM+AA+SO combination groups were more frequently comparable to the control group, relative to the ABM+AA group (Table 3).

**3.3. Hepatic oxidant/antioxidant markers:** Acute ABM exposure was associated with significant ( $p \le 0.05$ ) increases in the hepatic tissue MDA concentration and CAT enzyme activity, as well as a significant drop in GSH level, compared to the control rats. Ascorbic acid and/or SO supplementation significantly ( $p \le 0.05$ ) restored MDA, CAT and GSH to the normal control levels. There were no significant variations among the treated groups (ABM+AA, ABM+SO or Combination group) (Table 4).

3.4. Brain oxidant/antioxidant markers: Our analysis showed a significant decrease ( $p \le 0.05$ ) in MDA concentration and significant increases in GSH content and CAT activity in the brain tissues of rats, treated with SO and/or AA, in comparison with ABM-exposed rats. Both treatments, either alone or in combination, could restore MDA and GSH to normal levels; however, the effect of combined treatment was more pronounced than that of a single treatment (Table 4).

**3.5. Hepatic tumor necrosis factor-** $\alpha$  **concentration:** Following ABM exposure, we observed significant elevations ( $p \leq 0.05$ ) in liver tissue TNF- $\alpha$  concentrations in comparison to control rats. Treatments of ABM-intoxicated rats with SO, AA, or their combination was associated with significant reductions in hepatic TNF- $\alpha$  in comparison to rats, exposed to ABM alone. There were no significant variations among the treated groups (ABM+SO, ABM+AA or Combination group); Figure 2.

3.6. Expression of CYP-2E1, caspase-3, and p38 MAPK in the liver: Abamectin 213 administration was associated with a significant boost in the hepatic tissue expression of CYP-214 2E1, caspase-3 and p38 MAPK proteins. In contrast, SO and/or AA supplementation ameliorated 215 the ABM-induced increases in CYP-2E1, caspase-3, and p38 MAPK expression. There were no 216 significant variations among the treated groups (ABM+SO, ABM+AA, or Combination groups). 217 Figure 3 show the observed changes in CYP-2E1, caspase-3, and p38 MAPK expression in rats' 218 219 liver tissues. Figure 4 shows the western blotting analysis of p38 MAPK hepatic expression in 220 relation to  $\beta$ -actin.

**3.7. Expression of ABC efflux transporter** (*Abcb1a*) and GABA-A receptor in the brain: In this study, the expression of genes encoding the major ABC transporter (*Abcb1a*) was significantly increased following ABM exposure. This over-expression was significantly ameliorated in rats, treated with SO and AA, alone or in combination. Similarly, ABM exposure significantly upregulated GABA-A receptor expression in the brain of ABM-intoxicated rats (compared to normal controls), which was alleviated in rats treated with ABM plus SO, AA, or their combination (Figure 5).

228 3.8. Histopathological findings: Liver tissue sections from the control group show normal hepatic lobules with granulated and radiating hepatocytic cords from the central vein. However, 229 tissue sections from ABM-exposed rats display lymphocytic infiltration and hemorrhage in the 230 portal area, sinusoidal dilatation, as well as cellular hydropic degeneration, nuclear displacement, 231 232 and focal ballooning of hepatocytes around the central vein. Marked reductions in these pathological alterations were observed after administration of SO and AA or their combination. 233 Hepatic sections were nearly normal in the three treated groups except that those treated with SO 234 and AA alone showed blood vessels congestion (Figure 6). 235

Cerebral cortex tissue sections from the control group show normal histological structure. In 236 contrast, sections from ABM-intoxicated rats show dark stained nuclei, neuropil vaculation and 237 hemorrhage. Rat groups, treated with SO or AA alone, showed marked reduction of hemorrhage, 238 while the combination group sections show lightly-stained vesicular nuclei (Figure 7). 239 Hippocampal tissue sections from the control group show normal outer pleomorphic, middle 240 pyramidal, and inner molecular layers. However, sections from ABM-intoxicated rats show 241 242 pyknosis, dark stained pyramidal neurons and degenerative changes in the middle pyramidal 243 layer. Interestingly, ABM-intoxicated rats treated with SO only showed few pyknotic pyramidal cells, while rats treated with AA and SO+AA combination show nearly normal pyramidal cells 244 245 with euchromatic nuclei (Figure 8).

246

#### 247 4. Discussion

Oxidative stress is a key player in ABM-induced toxicity. The hemeprotein cytochrome P450 248 multi-enzymatic complex act mainly as mono-oxygenases for the metabolism of many 249 compounds. During the metabolism of toxic substrates by CYP2E1, more reactive and toxic 250 products are formed with excess generation of ROS (Danielson, 2002). These ROS further 251 degrade the CYP hemeprotein to release iron, which catalyzes the Fenton's reaction, potentiating 252 lipid peroxidation (Caro and Cederbaum, 2004). In the present work, the detected overexpression 253 254 of hepatic CYP2E1 gene and resulting ROS probably played a role in the observed hepatic injury in ABM-intoxicated rats as indicated by the significant increases in the hepatic lipid peroxidation 255 256 indicator (MDA concentration) and depletion of GSH stores in the liver. In addition, the brain redox markers were altered following ABM exposure. 257

Reduced glutathione is the principal antioxidant that removes ROS, generated by CYP2E1 (Chen 258 and Cederbaum, 1998), thus GSH depletion (as observed in this study) leads to H<sub>2</sub>O<sub>2</sub> 259 accumulation, lipid peroxidation and cell damage. Catalase is a prominent endogenous 260 antioxidant enzyme. The higher activity of hepatic CAT, noticed in the present study, may have 261 been an adaptive response against H<sub>2</sub>O<sub>2</sub> produced by ABM metabolism. In contrast, CAT 262 activity was reduced in the brain of ABM-intoxicated rats. This result is parallel with that 263 264 reported by Nasr et al. (Nasr et al., 2016), which reflects the failure of the brain antioxidant 265 capacity to overcome ABM-induced oxidative stress, probably due to the high oxidative metabolism in the brain (Gandhi and Abramov, 2012). 266

The link between ROS and TNF- $\alpha$  is complicated; ROS increase TNF- $\alpha$  release and TNF- $\alpha$ 267 increases ROS production (Blaser et al., 2016). Reactive oxygen species play as second 268 messengers in the intracellular signal transduction pathways, including apoptosis. The p38 269 270 MAPK pathway is a series of serine/threonine kinases in mammalian cells, activated by excessive ROS generation (Di Lisa et al., 2011) and inflammatory cytokines (Segales et al., 271 2016). It mediates inflammatory response in various cell types by up-regulating TNF- $\alpha$ , 272 interleukin-1 and interleukin-8 (Cuenda and Rousseau, 2007). In this study, ABM induced 273 hepatocyte apoptosis, as confirmed by the increased caspase-3 expression in rat liver. These 274 results are comparable to those detected in isolated rat hepatocytes (Maioli et al., 2013) and the 275 pigeon liver (Zhu et al., 2013). The increased caspase-3 expression detected in our study may be 276 related to the increased TNF- $\alpha$  level, which is involved in the extrinsic apoptotic pathway (Perez 277 and White, 2000). Therefore, we suggest the possibility of ABM-induced apoptosis based on the 278 279 extrinsic apoptotic pathway.

In addition, our results show that oral administration of ABM 1/5 LD50 (2 mg/kg bwt.) for 5 280 days significantly increased the serum activities of SGPT, SGOT and ALP in ABM-treated rats, 281 compared to the control group. In parallel with prior investigations (Hsu et al., 2001; Khaldoun-282 Oularbi et al., 2013), these findings indicate that ABM causes permeability alteration and blood 283 leakage of intracellular enzymes from the damaged hepatocytes. Oxidative stress and 284 inflammatory cytokines activate heme-oxygenase-1 that regulates the synthesis of bilirubin 285 286 (Yamamoto et al., 2007). Direct bilirubin is actively excreted at the canalicular membrane after 287 binding to transporter proteins (Jedlitschky et al., 1997). Therefore, the damaged hepatocytes may be less able to produce the transporter proteins required for active transportation of direct 288 289 bilirubin into the gall bladder, explaining the observed increase in its serum levels in the present 290 study.

291 Because avermeetins act as GABA-A receptor agonists in vertebrates, their safety in animals 292 requires an intact blood brain barrier with integral P-gp. These are efflux transporters from the ATP-Binding Cassette (ABC) transporters superfamily (Jones and George, 2004), expressed 293 294 within the capillary endothelial cells in the brain, placenta, and intestine (Ballent et al., 2006). P-295 gp protects animals against the diffusion of avermectins into the brain, avoiding the consequent neurotoxicity (Macdonald and Gledhill, 2007). In rodent genome, P-gp is encoded as two genes 296 known as MDR1a/Abcb1a and MDR1b /Abcb1b. Abcb1a is more similar to the human gene and 297 is the main form at the blood-brain barrier and intestine (Croop et al., 1989). In the current study, 298 the expression of Abcb1a gene was significantly increased following ABM exposure. This 299 finding is in accordance with a former study on ivermectin in murine hepatocytes (Ménez et al., 300 2012). In contrast, earlier studies showed that avermeetin induces neurotoxicity via either 301 oxidative damage, apoptosis (Li et al., 2013) or down regulation of P-gp (Sun et al., 2010). 302

303 The increased P-gp expression following ABM exposure in this study can be explained by several mechanisms. Reactive oxygen species increase the hepatic expression of P-gp (Deng et 304 al., 2001) and brain endothelial cells in rats (Hong et al., 2006). Moreover, p38 MAPK can 305 activate NF-kB expression (Saha et al., 2007), which activates MDR1 gene transcription 306 (Bentires-Alj et al., 2003). Additionally, previous investigations have shown that up-regulation 307 of P-gp is stimulated by TNF- $\alpha$  in primary hepatocytes (Hirsch-Ernst et al., 1998) and the p38 308 309 MAPK pathway in rat prostate cancer cells (Sauvant et al., 2008). In the present study, despite 310 the detected overexpression of Abcb1a in the brain, the neurotoxic effect of ABM supports that it is an effective inhibitor of p-gp facilitated transport (Lankas et al., 1998). Therefore, ABM could 311 312 increase Abcb1a expression as an adaptive response to oxidative stress. At the same time, ABM inhibits the P-gp efflux transport function, increasing its penetration into the CNS and facilitating 313 314 the interaction with GABA receptors.

315 Another finding of this study is that ABM could significantly upregulate GABA-A receptor expression in the cerebral tissue of ABM-intoxicated rats. The mechanism of action of 316 317 macrocyclic lactones-induced neurotoxicity (including ABM) in pests relies on their high affinity for glutamate-gated Cl channels in neuronal and muscular cells. In mammals, they bind to the 318 receptor for the inhibitory neurotransmitter (GABA) and open the ionotropic GABA-A receptor-319 gated Cl channels that are limited to the CNS (McCavera et al., 2007). Chloride ions then flow 320 into the postsynaptic neuron in excess, causing hyperpolarization of the membrane potential and 321 disrupting nerve signal transmission (Novelli et al., 2012). 322

Ascorbic acid and SO are commonly used as dietary supplements. Oral SO and/or AA supplementation were able to inhibit the upregulation of CYP-2E1 expression in the liver of treated rats. Similarly, sesamin reduced the expression of CYP-2E1 in hepatocytes (Zhang et al.,

2016b) and alleviated oxidative stress in acetaminophen or carbon tetrachloride-treated mouse 326 liver (Ma et al., 2014). Previous studies have demonstrated that AA could directly react with 327 lipid peroxides, increase GSH and antioxidant enzyme levels, and prevent resulting apoptosis 328 (Santos et al., 2009; Wang et al., 2007). Our results showed that antioxidants like SO and AA 329 eliminated ROS and lipid peroxides in the liver and brain tissues. Additionally, the effect of 330 combined treatment was more pronounced in alleviating the oxidative stress in the brain tissue 331 than that of a single treatment. This may be attributed to the augmenting effect of both 332 333 treatments.

Administration of SO and AA significantly alleviated ABM-induced apoptosis by inhibiting the 334 hepatic expression of caspase-3, as well as p38 MAPK and TNF-a. The anti-apoptotic activities 335 of SO components and AA have been described in earlier studies. Ascorbic acid inhibited p38 336 MAPK phosphorylation in vitro (Carcamo et al., 2004). Similarly, Hou et al. reported that the 337 338 inhibitory effect of sesamolin on caspase-3, p38 MAPK activation and ROS production could protect microglia against cell injury (Hou et al., 2004). Ma et al. found that CCl4-induced 339 apoptosis was inhibited in liver by sesamin through reduction of hepatic TNF-α, Bak, Bax, Cyt. 340 C and caspase-3 expression levels (Ma et al., 2014). 341

Sesame oil, AA, and their combination could ameliorate the significant increases in serum SGPT, SGOT and ALP, caused by ABM. These changes were more pronounced in combination group compared with that of single treated groups. Previous studies have shown that AA ameliorated the elevated serum SGPT and SGOT levels in rat models of malathion hepatotoxicity (Kalender et al., 2010) and organophosphate pesticide toxicity (Ambali et al., 2007). Further, SO ameliorated subacute diazinon toxicity (Abdel-Daim et al., 2016) and protected brain cells against cypermethrin toxicity (Hussien et al., 2013). Sesame oil 349 significantly alleviated ABM-induced elevation serum direct bilirubin, as observed previously in 350 diazinon intoxicated rats (Al-Attar et al., 2017). These effects may be explained in the light of 351 GC-MS analysis findings; several compounds within the analyzed SO sample, such as 352 octadecane and 9-octadecenoic acid have anti-inflammatory activities and have been shown to 353 mitigate oxidative stress and inhibit the formation of arachidonic acid.

354 In this study, oral SO and/or AA supplementation counteracted the ABM-induced up-regulation 355 of Abcb1a expression. Previous research has proven the ability of flavonoids to inhibit P-gp transporters via inhibition of ATPase activity (Pulido et al., 2006) or competitive inhibition 356 (Alvarez et al., 2010). Thus, the phenolic sesamin, sesamol, and flavonoids in SO may be 357 responsible for these effects concerning Abcb1a gene (Anilakumar et al., 2010). Further, SO and 358 AA alleviated ABM-induced overexpression of GABA-A receptor in rat brain. The brain is 359 susceptible to oxidative injury due to its high oxygen consumption and a high content of 360 361 polyunsaturated fatty acids (Gandhi and Abramov, 2012). Redox agents can regulate the GABA-A receptors function (Calero and Calvo, 2008). In contrast, AA has been shown able to control 362 363 the activity of glutamate and GABA receptors to protect neurons against glutamate excitotoxicity (Calero et al., 2011). Therefore, in the present study, the simultaneous administration of SO and 364 AA could significantly modulate GABA-A receptor mRNA levels owing to their synergistic 365 366 ROS-scavenging effect.

367 In conclusion, ABM induced oxidative stress and increases the expression of TNF- $\alpha$ , caspase-3 368 and p38 MAPK. Moreover, it upregulates the expression of drug detoxifying genes; the brain 369 *Abcb1a* efflux transporter and the hepatic CYP-2E1 enzyme. However, pretreatments with SO 370 and AA effectively ameliorated ABM-induced oxidative stress and apoptosis. Simultaneous

- administration of SO and AA was more efficient in protecting the rat liver and brain than singleagent use.
- 373 Conflicts of Interest: All authors declare no conflicts of interest

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376

- 377 Abbreviation: AA: Ascorbic acid, ABM: Abamectin, ALP: Alkaline phosphatase, CAT:
- 378 Catalase, CYP-2E1: Cytochrome P-450 2E1, GABA: Gamma aminobutyric acid, GSH: Reduced
- 379 glutathione, MDA: Malondialdehyde, MAPK: Mitogen-activated protein kinases, P-gp: P-
- 380 glycoprotein, SGOT: Serum glutamic oxaloacetic transaminase, SGPT: Serum glutamic pyruvic
- 381 transaminase, SO: Sesame oil, TNF- $\alpha$ : Tumor necrosis factor- $\alpha$

382

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- 588 Figure Legends
- 589 Figure 1: Synthesis of the experimental design along with assessed molecular mechanisms. AA:
- 590 Ascorbic acid, ABM: Abamectin, CAT: Catalase, CYP-2E1: Cytochrome P450 2E1, GSH:
- 591 Reduced glutathione, MDA: Malondialdehyde, ROS: reactive oxygen species, SO: Sesame oil,
- 592 TNF- $\alpha$ : Tumor necrosis factor- $\alpha$
- **Figure 2:** The hepatic concentration of tumor necrosis factor- $\alpha$  (pg/mg) in different experimental groups. AA: Ascorbic acid, SO: Sesame oil. Columns represent means ± SEM (n=6). Columns with different superscript letters are significantly different at  $p \le 0.05$ .
- **Figure 3:** Expression of cytochrome P450-2E1 (CYP-2E1), caspase-3, and p38 MAPK proteins
- in the liver of different experimental groups (in relation to  $\beta$ -actin). AA: Ascorbic acid, SO: Sesame oil. Columns represent means ± SEM (n=6). Columns with different superscript letters are significantly different at  $p \le 0.05$ .
- Figure 4: Western blotting analysis of p38 MAPK hepatic expression (in relation to β-actin) in
   different experimental groups.
- Figure 5: Relative expression of brain P-glycoprotein (*Abcb1a*) in different groups and GABA-A receptor in different groups. AA: Ascorbic acid, SO: Sesame oil. Columns represent means  $\pm$ SEM (n=6). Columns with different superscript letters are significantly different at  $p \le 0.05$ .
- **Figure 6:** Photomicrographs of the hepatic sections stained with H&E. (A) Control group showed normal structure, (B) ABM group showed lymphocytic infiltration (\*) and hydropic degeneration (curved arrow). The incite showed ballooning of hepatocytes (arrow). The treated groups with SO (C) and AA (D) showed congested bold vessels (thick arrow). (E) The combination group was nearly normal. Scale bar 50 um. Incite sale bar 20 um.

Figure 7: Representative photomicrographs of cerebral cortices of experimental groups stained with H&E. (A) Control group showing normal histological structure. (B) ABM group showing dark stained nuclei (arrow), neuropil vacuolation (arrowhead) and hemorrhage (\*). Rats treated with SO (C) and AA (D) showing marked reduction of hemorrhage and (E) Combination showing lightly stained vesicular nuclei (arrow). Scale bar 50 um.

**Figure 8:** Representative photomicrographs of hippocampus (CA3) of experimental groups stained with H&E. (A) Control group showing outer pleomorphic layer (o), middle pyramidal layer (p) and inner molecular layer (M). (B) Abamectin group showed pyknosis, dark stained pyramidal neurons (arrow) and degenerative changes in the middle pyramidal layer. (C) treated with SO only few pyknotic pyramidal cells (arrow). (D) Rats treated with AA and (E) SO + AA combination showing nearly normal pyramidal cells with euchromatic nuclei (arrow). Scale bar 50 um.

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	Primer sequence			
GABA	Forward primer: 5'- TCGGGACCAACCCAACGTGC -3			
	Reverse primer: 5'- CGTGC TGGCCTGATTGACGCT -3			
Abcb1a	Forward primer: 5-ACCAGCGGTCAGTGTGCT-3			
	Reverse primer: 5-CGGTTGTTTCCTACATTTGC-3			
Cytochrome	Forward: 5- TTTGGATCCAATGGGTGATGTTGAG -3			
P450 2E1	Reverse: 5- TTTGAATTCCTCATTAGTAGCTTTTTTGAG-3			
Caspase-3	Forward primer: 5'- TTC ATT ATT CAG GCC TGC CGA GG -3			
	Reverse primer: 5'- TTC TGA CAG GCC ATG TCA TCC TCA -3			
B-actin	Forward primer: 5'GGTCGGTGTGAACGGATTTGG -3			
	Reverse primer: 5'- ATGTAGGCCATGAGGTCCACC-3			

No.	RT Name of the compound		Molecular Formula	Molecular weight	Peak Area %
1	3.36 Nonanol		C9H20O	144	0.40
2	11.50 1-Tetradecanol		C14H30O	214	3.85
3	13.30 Undecanal		C11H22O	170	0.49
4	14.49 Dodecane		C12H26	170	0.59
5	15.93 1-Hexadecanol, 2-methyl-		C17H36O	256	9.14
6	16.25 Nonadecane		C19H40	268	2.64
7	16.49	Tetradecane, 2,6,10-trimethyl-	C17H36	240	38.41
8	18.19	12-Methyl-E,E-2,13-octadecadien-1	C19H36O	280	1.81
9	18.68 Octadecane, 6-methyl-		C19H40	268	5.72
10	20.57 Z-8-Methyl-9-tetradecenoic acid		C15H28O2	240	0.96
11	21.36 1-Dodecanol, 3,7,11-trimethyl-		C15H32O	228	3.14
12	22.24 9-Octadecenoic Acid (Z)-		C18H34O2	282	3.70
13	22.44	Hexadecadienoic Acid, methyl ester	C17H30O2	266	1.29
14	22.84	Docosane	C22H46	310	3.01
15	23.11	E,E,Z-1,3,12-Nonadecatriene-5,14-diol	C19H34O2	294	0.72
16	23.55 2-Dodecen-1-yl(-)succinic anhydride		C16H26O3	266	1.77
17	25.91 9-Hexadecenoic acid		C16H30O2	254	0.51
18	28.16	7-Methyl-Z-tetradecen-1-ol acetate	C17H32O2	268	0.67
19	28.64 Octadecane		C18H38	254	20.52

**Table 2:** The chemical composition of sesame oil sample by gas chromatography-massspectrometry

	SGPT	SGOT	ALP	Direct bilirubin
	(U/L)	(U/L)	(U/L)	(mg/dl)
Control	62.27±2.82 <sup>a</sup>	58.03±4.49ª	68.58±3.92ª	0.99±0.05ª
ABM	79.46±1.88 <sup>b</sup>	86.87±4.55 <sup>b</sup>	125.6±6.03 <sup>b</sup>	2.09±0.10 <sup>b</sup>
ABM+AA	67.16±0.76ª	76.30±2.13 <sup>c</sup>	91.08±3.74 <sup>c</sup>	1.64±0.04 <sup>c</sup>
ABM+SO	68.23±1.77ª	70.72±3.41 <sup>ac</sup>	84.67±3.13 <sup>ac</sup>	1.43±0.03 <sup>c</sup>
ABM+AA+SO	68.83±0.49ª	67.10±2.62 <sup>ac</sup>	80.21±1.94 <sup>ac</sup>	1.40±0.06 <sup>c</sup>

Table (3): Changes in serum SGPT, SGOT, ALP and direct bilirubin concentrations in different groups

Values are expressed as mean  $\pm$  SEM (n = 6 per group). Values with different letters in a column are significantly different at level p < 0.0001. AA: Ascorbic acid, ABM: Abamectin, ALP: Alkaline phosphatase, SGPT: Serum glutamic pyruvic transaminase, SGOT: Serum glutamic oxaloacetic transaminase, SO: Sesame oil

	М	DA	G	SH	Cat	alase
	(n.mol/g tissue)		(mg/g tissue)		(U/g tissue)	
	Brain	Liver	Brain	Liver	Brain	Liver
Control	10.84±0.24ª	15.25 <b>±</b> 0.91ª	16±0.12 <sup>ac</sup>	16.24±0.12ª	0.634±0.01ª	0.236±0.01ª
ABM	13.20±0.37 <sup>b</sup>	18.63±0.49 <sup>b</sup>	14.12±0.23 <sup>b</sup>	12.22 <b>±</b> 0.79 <sup>b</sup>	0.461±0.04 <sup>b</sup>	0.323±0.01 <sup>b</sup>
ABM+AA	11.86±0.57 <sup>ab</sup>	15.19 <b>±</b> 0.32ª	15.61 <b>±</b> 0.23ª	15.79 <b>±</b> 0.06ª	0.624±0.01ª	0.303±0.01 <sup>bc</sup>
ABM+SO	11.51 <b>±</b> 0.52 <sup>ab</sup>	15.08 <b>±</b> 0.51ª	15.79 <b>±</b> 0.14ª	15.88 <b>±</b> 0.23ª	0.629±0.01ª	0.249 <b>±</b> 0.02ª
ABM+AA+SO	10.99±0.43ª	15.24 <b>±</b> 0.49ª	16.68±0.07°	16.64±0.29ª	0.630±0.01ª	0.222±0.01ª

# Table (4): Changes in MDA, GSH concentrations and catalase activity in the brain and liver of rats in different groups

Values are expressed as mean  $\pm$  SEM (n = 6 per group). Values with different letters in a column are significantly different at level p < 0.05. AA: Ascorbic acid, ABM: Abamectin, GSH: Reduced Glutathione, MDA: Malondialdehyde, SO: Sesame oil

