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Spatially regularized multi-exponential transverse relaxation times estimation from magnitude MRI images under Rician noise.

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Synopsis

This work aims at improving the estimation of multi-exponential transverse relaxation times from noisy magnitude MRI images. A spatially regularized Maximum-Likelihood estimator accounting for the Rician distribution of the noise was introduced. This approach is compared to a Rician corrected least-square criterion with the introduction of spatial regularization. To deal with the large-scale optimization problem, a majorization-minimization approach was used, allowing the implementation of both the maximum-likelihood estimator and the spatial regularization. The importance of the regularization alongside the rician noise incorporation is shown both visually and numerically on magnitude MRI images acquired on fruit samples.

Purpose

Multi-exponential relaxation times T_2 and their associated amplitudes I_0 in an MRI image provide very useful information for assessing the constituents of the imaged sample. Typical examples are the detection of water compartments of plant tissues¹ and the quantification of myelin water fraction for multiple sclerosis disease diagnosis². The estimation of the multi-exponential signal model from magnitude MRI images faces the problem of a relatively low signal to noise ratio (SNR), with a Rician distributed noise and a large-scale optimization problem when dealing with the entire image. Actually, T_2 maps are composed of coherent regions with smooth variations between neighboring voxels. This study proposes an efficient reconstruction method of T_2 values and amplitudes from magnitude images by incorporating this information in order to reduce the noise effect. The main feature of the method is to use a regularized maximum likelihood estimator derived from a Rician likelihood and a Majorization-Minimization approach coupled with the Levenberg-Marquardt algorithm to solve the large-scale optimization problem. Tests were conducted on apples and the numerical results are given to illustrate the relevance of this method and to discuss its performances.

Methods

For each voxel j of the MRI image, the measured signal $y_j(\tau)$ at echo time τ is represented by a multi-exponential model:

$$M_j(\tau, \theta_j) = \sum_{c=1}^{N_c} I_{0(c,j)} e^{-\frac{\tau}{T_{2(c,j)}}}$$

with $\theta_j = [I_{0(1,j)}, T_{2(1,j)}, \dots, I_{0(N_c,j)}, T_{2(N_c,j)}]$

The data are subject to an additive Gaussian noise in the complex domain and therefore magnitude MRI data follows a Rician distribution³:

$$P_{Rician}(y_j(\tau), M_j(\tau, \theta_j), \sigma) = \frac{y_j(\tau)}{\sigma^2} e^{-\left[\frac{y_j(\tau)^2 + M_j(\tau, \theta_j)^2}{2\sigma^2}\right]} J_0\left(\frac{y_j(\tau) M_j(\tau, \theta_j)}{\sigma^2}\right)$$

J_0 is the first kind modified Bessel function of order 0 and σ is the standard deviation of the noise which is usually estimated from the image background.

For an MRI image with N_v voxels, the model parameters are usually estimated by minimizing the least-squares (LS) criterion $\sum_{j=1}^{N_v} \|y_j(\tau) - M_j(\tau, \theta_j)\|_2^2$ under the assumption of a Gaussian noise using nonlinear LS solvers such as Levenberg-Marquardt (LM). However, this approach does not yield satisfying results when applied to magnitude data⁵. Several solutions to overcome this issue are proposed by adding a correction term to the LS criterion^{3,4}. In this study, the retained correction uses the expectation value of data model under the hypothesis of Rician distribution⁵ since it outperforms the other correction strategies:

$$J_{RCLS} = \sum_{j=1}^{N_v} \|y_j(\tau) - E_{rice}[M_j(\tau, \theta_j), \sigma]\|_2^2,$$

$\|\cdot\|_2^2$ stands for the sum of squares. We refer to this method as Rician corrected LS (RCLS).

A more direct way for solving this estimation problem is to use a maximum likelihood (ML) estimator⁵ which comes down to minimize:

$$J_{ML} = \sum_{j=1}^{N_v} \sum_{\tau=\tau_0}^{\tau_n} \left[\frac{M_j(\tau, \theta_j)^2}{2\sigma^2} - \log\left(J_0\left(\frac{y_j(\tau) M_j(\tau, \theta_j)}{\sigma^2}\right)\right) \right].$$

To solve this optimization problem when dealing with the entire image, a majorization-minimization (MM) technique was adopted⁶. The resulting MM-ML algorithm is summarized in figure 1, the LM algorithm used in this method minimizes a set of LS criteria derived from the quadratic majorization strategy.

A spatial regularization term based on a cost function $\psi(\theta_j(i) - \theta_k(i))$ was also added to both criteria (J_{ML} and J_{RCLS}) to ensure spatial smoothness of the estimated maps. In order to reduce the numerical complexity by maintaining variable separability between each voxel j and its neighboring voxels k , the function ψ is majorized by⁷:

$$\psi(\theta_j(i) - \theta_k(i)) \leq \frac{1}{2}\psi(2\theta_j(i) - (\theta_j^n(i) + \theta_k^n(i))) + \frac{1}{2}\psi(2\theta_k(i) - (\theta_j^n(i) + \theta_k^n(i))) \text{ for } i = 1, 2, \dots, 2 * N_c$$

where n stands for the iteration number of the iterative optimization algorithm.

The criterion to be minimized at each iteration n of the MM algorithm is thus given by :

$$(J_{RCLS} \text{ or } J_{ML}) + \sum_{i=1}^{2*N_c} \sum_{j=1}^{N_v} \sum_{k \in V_j} \beta(\theta(i)) \psi(2\theta_j(i) - (\theta_j(i)^n + \theta_k(i)^n))$$

V_j contains the indices of voxel j 's neighbors

The resulting methods are referred to by RCPLS and MM-PML. The regularization function ψ and the weight vector β should be adapted to each problem.

Results

We first acquired very high SNR images (128*128 voxels) on an apple with a 1.5T MRI (Avanto, Siemens) using a multiple-spin echo sequence⁸ allowing the acquisition of up to 512 echo times per relaxation decay. Then we estimated the reference tri-exponentiels T_2 and T_0 maps which were used afterwards for 100 Monte-Carlo signal simulations with a SNR of 108. Four methods were compared : RCLS, MM-ML, RCPLS and MM-PML. A quadratic penalty function ψ was used with $\beta = 0.16 * 10^{-2}$ for all the variables. Figure 2 gives the relative bias, the relative standard deviation and the relative MSE per parameter. Figure 3 shows the reference T_2 maps and the estimated ones.

Results in figure 2 show that even though the bias is higher in the regularized version, the standard deviation was reduced significantly yielding to lower MSE. Figure 3 confirms the results by showing that the regularized version yields to visually better results. The fruit structures can thus be identified, and the T_2 maps are no longer drowned in the noise.

Concerning the numerical complexity, the MM-PML algorithm ran faster (41.5 s) than the RCPLS (107.96 s).

Acknowledgements

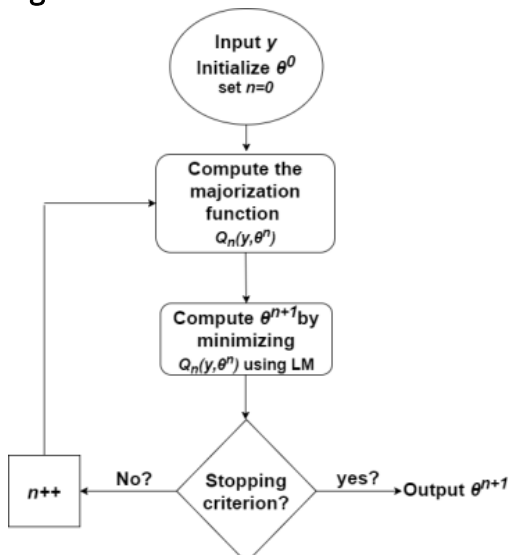
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Figures

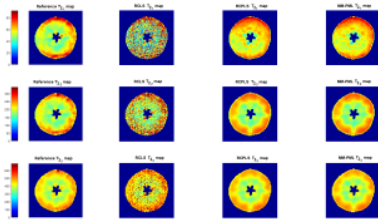


The algorithm of the MM-ML.

	Bias %		Standard Deviation %		MSE	
	RCLS	MM-LM	RCLS	MM-LM	RCLS	MM-LM
I_{01}	9.61	4.65	41.96	35.64	1852.99	1291.83
T_{21}	-0.55	-3.15	34.82	30.07	1212.73	914.13
I_{02}	14.75	4.28	29.26	19.55	1073.71	400.52
T_{22}	6.96	0.09	24.92	19.38	669.45	375.59
I_{03}	-8.48	-1.16	34.18	22.86	1240.18	523.93
T_{23}	8.71	6.01	18.90	11.79	433.07	175.12
Mean	5.17	1.79	30.67	23.22	967.38	542.37

	Bias %		Standard Deviation %		MSE	
	RCPLS	MM-PLM	RCPLS	MM-PLM	RCPLS	MM-PLM
I_{01}	12.78	12.71	2.14	2.11	167.91	166.00
T_{21}	9.23	9.30	4.21	4.10	102.92	103.30
I_{02}	2.33	2.22	0.49	0.48	5.67	5.16
T_{22}	5.28	5.22	0.92	0.92	28.72	28.09
I_{03}	1.64	1.75	0.45	0.44	2.89	3.26
T_{23}	0.99	0.97	0.48	0.48	1.21	1.17
Mean	5.38	5.36	1.45	1.42	31.05	30.75

The relative bias is given in percentage and is computed across the image and the 100 Monte-Carlo realizations. The standard deviation is also given in percentage and is computed across the 100 Monte-Carlo realizations and the average standard deviation of the different voxels is shown. Table 1 shows the results of both algorithms without regularization; Table 2 shows the results of the regularized version.



First column contains the real T_2 maps used for this study, and then respectively : T_2 maps reconstructed using :RCLS, RCPLS and MM-PML algorithm. The MM-ML is not shown to avoid redundancy.