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# Probing the cellular size distribution in cell samples undergoing cell death

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#### Abstract

A polydisperse scattering model adapted for concentrated medium, namely the polydisperse structure factor model, was examined in order to explain the backscatter coefficients (BSCs) measured from packed cell samples undergoing cell death. Cell samples were scanned using high-frequency ultrasound in the 10-42 MHz bandwidth. A parameter estimation procedure was proposed in order to estimate the volume fraction and the relative impedance contrast that could explain the changes in BSC pattern by considering the actual change in cellular size distribution. Quantitative ultrasound parameters were estimated and related to the percentage of dead cells determined by flow cytometry. The standard deviation of scatterer size distribution extracted from the polydisperse structure factor model and the spectral intercept were found to be strongly correlated to the percentage of dead cells  $(r^2=0.79 \text{ and } r^2=0.72, \text{ respectively})$ . The current study contributes to the

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understanding of ultrasonic scattering from cells undergoing cell death towards the monitoring of cancer therapy.

Key words:

Quantitative ultrasound, Cell death, Polydispersity, Structure factor model, Scatterer size distribution

#### Introduction

Quantitative UltraSound (QUS) techniques for determining tissue microstructure are promising tools to detect and quantify cell death, and thus monitor tumor response to therapy. The radiofrequency (RF) backscattered signals provide information about the tissue microstructure which is not resolvable by conventional ultrasound B-mode images. QUS techniques examine the frequency dependence of the signals backscattered from tissues and are used in a wide range of applications to differentiate normal versus diseased tissue and characterize tumors in the prostate (Feleppa et al. 1997), breast (Oelze et al. 2004), lymph node (Mamou et al. 2010) and thyroid (Lavarello et al. 2013). Spectral-based QUS parameters such as the spectral slope, the spectral 0-MHz intercept and the midband fit are derived from linear regression analysis of RF power spectra. Model-based QUS parameters, such as the average scatterer diameter (ASD) and acoustic concentration (AAC), can be obtained by fitting an ultrasonic scattering model to the measured backscatter coefficient (BSC). QUS techniques for monitoring cell death were first conducted on cell pellet biophantoms exposed to chemotherapeutics (Czarnota et al. 1997, Kolios et al. 2002, Brand et al. 2008, Brand et al. 2009). Cell pellet biophantoms consist of centrifuged cells mimicking densely packed cells in tumors and serve as highly simplified in vitro versions of real tumors. These in vitro studies demonstrated that apoptosis causes an increase in backscatter intensity and a change in QUS parameters (i.e., spectral slope, intercept, midband fit, ASD and/or AAC) (Kolios et al. 2002, Brand et al. 2008, Brand et al. 2009). High frequency QUS (>20 MHz) has also been applied to in vivo animal models exposed to cancer radiotherapy or

chemotherapy in order to differentiate between responding and non responding regions within tumors (Vlad et al. 2008, Tadayyon et al. 2015). Recent clinical applications have also demonstrated that low frequency QUS (<10 MHz) is a power tool to predict breast tumor response to therapy (Sannachi et al. 2015, Tadayyon et al. 2017), even though lower frequencies cannot be used to provide an actual description of the cellular structures.

In order to develop QUS techniques and interpret QUS parameters for 32 cancer therapy assessment, it is essential to understand which are the specific changes (in cell morphology and/or in cellular mechanical properties) during cell death that cause these changes in QUS parameters. The aforementioned QUS studies are generally based on classical ultrasound scattering models (i.e., spherical Gaussian model or fluid sphere model) which assume randomly and independently distributed scatterers. Under this assumption, the power of the backscattered signals increases linearly with the scatterer volume fraction and this linear relationship has been used to monitor the ASD and AAC. More recently, the concentrated ultrasound scattering model, namely the polydisperse structure factor model (SFM), has been proposed to explain the measured BSCs (or structure functions) from densely packed media (Han et al. 2015, Franceschini et al. 2014, 2016). The polydisperse SFM describes tissue as an ensemble of discrete scatterers and considers interference effects caused by the correlations among scatterer positions (coherent scattering) using a structure factor. Experiments on in vitro cell pellet biophantoms and ex vivo mouse tumor models demonstrated that the SFM is the most appropriate model to use for modeling densely packed cellular contents in tumors (Han et al. 2015, Franceschini et al. 2014, 2016, Muleki-Seya et al.

51 2016). The SFM has also been used in a two-dimensional (2D) numerical 52 study to explain the contribution of changes in cellular size variance to the 53 increase in the BSC during a cell death process (Vlad et al. 2010). However, 54 this 2D model-based approach cannot be applied to quantitatively comparing 55 the 2D simulated BSCs and the experimentally measured BSCs.

The first objective of this work was to go further in the understanding of
the BSCs measured from cells undergoing apoptosis. Ultrasonic backscatter
measurements were performed at frequencies ranging from 10 to 42 MHz
on colon adenocarcinoma (HT29) cell samples treated with staurosporine,
an inducer of apoptotic cell death. The polydisperse SFM was examined in
order to explain the BSC measured from HT29 cells undergoing cell death. To
this end, a parameter estimation procedure was proposed in order to estimate
the volume fraction and the relative impedance contrast that could explain
the change in BSC pattern by considering the actual change in cellular size
distribution during cell death.

The second objective of this work was to blindly estimate the cellular size distribution in cell samples undergoing cell death. For this purpose, a novel approach was proposed, which consisted in fitting the polydisperse SFM to two BSCs measured before and after therapy. This novel approach makes it possible to estimate four QUS parameters: the mean scatterer radius, the standard deviation of the scatterer size distribution, the total volume fraction and the relative impedance difference. QUS parameters estimated by the polydisperse SFM were compared with the ASD and AAC estimated by the classical sparse scattering model, namely the fluid sphere model. Finally, the relationship between the percentage of dead cells and QUS parameters was

76 investigated.

## 77 Background: ultrasonic scattering theory

This section briefly describes three ultrasonic scattering models: the polydisperse SFM, the monodisperse SFM and the fluid-sphere model. These
theoretical models describe tissue as an ensemble of discrete scatterers and
are based on several approximations for soft tissue scattering (Insana et al.
1990): far-field regime, Born approximation, no multiple scattering and incident plane wave propagation. Moreover, the scatterers are assumed to be
non-overlapping spheres with identical acoustic properties.

## 5 The polydisperse structure factor model (SFM)

When considering an ensemble of spheres differing only in size with radius x and scattering amplitudes  $\Phi(k, x)$ , the BSC is given by (Griffith et al. 1987)

$$BSC_{SFMp}(k) = n \int_0^\infty |\Phi(k, x)|^2 f(x) dx +$$

$$n \int_0^\infty \int_0^\infty \Phi(k, x_1) \Phi(k, x_2) H_{12}(k) f(x_1) f(x_2) dx_1 dx_2,$$
(1)

where k is the wavenumber, n is the scatterer number density, f is the probability density function (PDF) of the scatterer radii, and  $H_{12}$  is the partial structure function. In the present study, we use the analytical expression of Eq. (1), which exists when the scattering amplitude is derived from the fluid sphere form factor (Han & O'Brien 2015)

$$\Phi(k,x) = \frac{\gamma_z}{4k} \left[ \sin(2kx) - 2kx\cos(2kx) \right], \tag{2}$$

where  $\gamma_z$  is the relative acoustic impedance difference between the scatterer and the surrounding medium, and when the scatterer size distribution follows

a gamma PDF (Griffith et al. 1987)

$$f_{(a,\zeta)}(x) = \frac{1}{\zeta!} \left(\frac{\zeta+1}{a}\right)^{\zeta+1} x^{\zeta} e^{-(\zeta+1)x/a},\tag{3}$$

where a is the mean radius and  $\zeta$  is the gamma width factor  $(\zeta > -1)$ . Note that the gamma width factor measures the width of the gamma distribution (a large value of the gamma width factor  $\zeta$  corresponds to a narrow size distribution).

The monodisperse structure factor model (SFM)

In the case of a monodisperse size distribution, *i.e.*, an ensemble of identical fluid spheres of radius a, the BSC is reduced to the following expression (Franceschini & Guillermin 2012)

$$BSC_{SFMm}(k) = n |\Phi(k, a)|^{2} S(k, a, \phi)$$

$$= \frac{4}{9} n \gamma_{z}^{2} k^{4} a^{6} FF(k, a) S(k, a, \phi),$$
(4)

where S is the monodisperse structure factor and FF is the fluid sphere form factor defined as:  $FF(k,a) = (3j_1(2ka)/(2ka))^2$ , where  $j_1$  is the spherical Bessel function of the first kind of order 1. Note that S can be analytically computed as described in Eqs. (A1)-(A4) in (Franceschini & Guillermin 2012).

# The fluid sphere model

The fluid sphere model assumes a sparse distribution of spheres, such that the fluid spheres are considered to be randomly and independently distributed. In this peculiar case, the structure factor is equal to unity. Considering an ensemble of identical fluid spheres of radius a, the theoretical BSC

using the fluid sphere model is given by (Insana et al. 1990)

$$BSC_{\text{FSM}}(k) = \frac{4}{9}n\gamma_z^2 k^4 a^6 FF(k, a), \tag{5}$$

where  $n\gamma_z^2$  is the acoustic concentration (AAC) and d(=2a) is the scatterer diameter (ASD).

#### 99 Materials and Methods

 $Cell\ sample\ preparation$ 

Experiments were conducted with HT29 cell samples treated with stau-101 rosporine, a drug which induces mainly cell apoptosis (Qiao et al. 1996). 102 Cells were grown at 37°C in T175 flasks filled with Dulbecco's modified Ea-103 gle's medium containing 4.5 g of glucose/liter and supplemented with 10% 104 fetal calf serum. The cells were treated in culture with staurosporine in T175 flasks at 60-70% confluence and then prepared as packed cell samples (i.e., cell pellets). The detailed protocol is described below. For forming 107 one packed cell sample, around  $2\times10^8$  HT29 cells are needed (corresponding 108 approximately to three T175 flasks of non-treated cells or four T175 flasks 109 of treated cells). The supernatant (containing dead cells) was removed or reserved from the T175 flasks, and cells were detached with accutase and 111 washed in phosphate-buffered saline (PBS). Cells from flasks were collected 112 and the supernatant, if reserved, was added to the collected cells. After ho-113 mogenization with a pipette tip, 100  $\mu$ L of this cell suspension was withdrawn for flow cytometry analysis and 50  $\mu$ L for cell size analysis. The remaining suspension was centrifuged for 5 minutes at 1200 g, then the medium was aspirated and 500  $\mu$ L of PBS +/+ was added. After homogenization with a

pipette tip, the cells were transferred in an 8-well Nunc Lab-Tek II Chamber Slide System (Dominique Dutscher, Brumath, France) and was finally centrifuged for 5 minutes at 1700 g to form densely-packed cell samples. Packed cell samples mimic the spatial distribution and packing of cells in tumors (Vlad et al. 2010). The chamber was then placed in a plastic dish and immersed in PBS to allow ultrasound measurement.

A total of 24 cell pellet biophantoms were studied and divided into four series of experiments, each series including five treated cell samples and one non-treated cell sample. All the experiments in one series were conducted on the dame day, so that the non-treated cell sample could be used as control. The dose effect or time effect of staurosporine was investigated as follows:

- Dose effect 1: HT29 cells were treated for 24 hours with different drug doses of 0, 0.125, 0.25, 0.50, 0.75 and 1  $\mu$ M with addition of supernatant. Adding the supernatant during the preparation of the packed cell sample allows the percentage of dead cells to be increased.
- Dose effect 2: Same as dose effect 1.
- Dose effect 3: Same as dose effect 1, except that the supernatant was not added during the preparation of the packed cell sample.
- Time effect: HT29 cells were treated with 0.5  $\mu$ M of staurosporine for 0, 6, 12, 24, 36 and 48 hours without addition of supernatant during the preparation of the packed cell sample.
- After the ultrasound measurement, the cell samples were fixed in 10% buffered formalin for three days, dehydrated in a graded ethanol series,

cleared in methylcyclohexane and embedded in methyl methacrylate resin.
The resin-embedded samples were sectioned, and the sections stained with toluidine blue. The histological sections allow us to observe structural changes occurring in the dying cells and to verify that the cell spatial distribution was homogeneous. An example of histological images is presented in Fig. 1.

#### 146 Cell size and death analysis

For each experimental condition, cell radii were measured with a Scepter TM 2.0 cell counter (Millipore, Molsheim, France). Figure (2a) shows typical examples of radius distribution for cells treated with 0.5  $\mu$ M of staurosporine for 0, 12 and 24 hours. The cell size distribution was bimodal, with small cellular fragments (mean radius  $a_s \approx 2.35 \ \mu$ m) and large cells (mean radius  $a_l \approx 6 \ \mu$ m). The probability density function (PDF) of the cell radius x was fitted with a mixture of two gamma PDFs f with mixing parameter p and was defined as:

$$F_{(a_s,\zeta_s,a_l,\zeta_l)}(x) = pf_{(a_s,\zeta_s)}(x) + (1-p)f_{(a_l,\zeta_l)}(x)$$
(6)

where  $f_{(a_i,\zeta_i)}$  are the gamma PDF defined in Eq. (3) and the subscripts s and l are used for the smaller cellular fragments and for the larger cells, respectively.

Flow cytometry using Annexin V/7-AAD was performed to quantify cell death. For each condition, the 100  $\mu$ L withdrawn sample of cells was centrifuged at 500 g for 5 min and resuspended in 100  $\mu$ L of ice-cold Binding Buffer. The cell suspension was then incubated for 15 minutes on ice in the dark with 10  $\mu$ L of Annexin Vfluorescein isothiocyanate (FITC) prediluted 1:100 in Binding Buffer and 20  $\mu$ L of 7-AAD (Annexin V-FITC / 7-AAD

kit, Beckman Coulter, Marseille, France). Then,  $400\mu$ L of ice-cold Binding Buffer was added before quantification with Gallios flow cytometer (Beckman Coulter, France). Approximately 2500 events were measured for each condition. The flow cytometry analysis makes it possible to estimate the percentage of viable cells and dead cells (in early apoptosis, late apoptosis and necrosis).

## Ultrasound data acquisition and BSC measurements

Ultrasonic data were acquired using a high frequency ultrasound system (Vevo 770, Visualsonics Inc, Toronto, Canada). Two probes, RMV 710 and RMV 703, were used in B-mode. For the RMV 710 and the RMV 703 probes, the oscillating single-element focused circular transducers had center frequencies of 20 and 30 MHz with -10 dB bandwidths of 10-32 and 18-42 MHz, focuses of 15 and 10 mm and f-numbers of 2.1 and 2.5, respectively. Raw RF data were digitized at a sampling frequency of 250 MHz with 12-bit precision using a high-speed acquisition card (CS12501, Gage, Lockport, IL, USA).

During the experiments, the focus of each transducer was positioned 1 mm below the PBS/cell pellet biophantom interface. A translation stage (Physik Instrument, model M-403.4PD, Karlsruhe, Germany) controlled the probe motion. Five independent B-mode images were constructed from acquired RF echoes by translating the probe every 300  $\mu$ m. Examples of ultrasonic B-mode scans obtained with the 20-MHz center frequency probe are given in Fig. 3. For around 100 independent RF lines at the center of each B-mode image, echoes were selected in the focal zone with a rectangular window of 0.75 mm. The power spectra of the gated RF signals were then averaged to

provide  $P_{\rm meas}$ . This procedure was repeated for each probe and each packed cell sample.

The attenuation was calculated for each sample to allow for attenuation 183 compensation during the BSC estimation. The attenuation measurement was performed with a focused transducer with center frequency of 22 MHz 185 with -10 dB bandwidth 11-34 MHz, focus of 26 mm and f-number of 4. The 186 transducer focus was positioned at the interface between the sample and 187 the Plexiglass planar reflector. An insertion-loss broadband technique was used to calculate the attenuation (in neper per centimeter) by comparing the 189 spectra of the echoes reflected by the well base surface with and without the 190 sample being inserted in the echo paths (Chen et al. 1997). 191

The measured  $BSC_{\text{meas}}$  were computed from  $P_{\text{meas}}$  using the reference phantom method (Yao et al. 1990). The experimental and processing methods were described previously in detail in section III.C of (Franceschini et al. 2014). This procedure yielded a  $BSC_{\text{meas}}$  compensated for the attenuation loss for each probe in the same region-of-interest. The two  $BSC_{\text{meas}}$  were then combined to yield a single  $BSC_{\text{meas}}$  over the combined bandwidths of the two transducers (i.e., 10-42 MHz).

199 Optimization procedure for understanding the scattering from dead cells

The polydisperse structure factor model was first examined in order to explain the measured  $BSC_{meas}$  from packed cell samples undergoing cell death for all the 24 studied samples. Our hypothesis is that the changes in the measured  $BSC_{meas}$  during the cell death process is mainly due to the changes in cell size distribution. In order to confirm or contradict this hypothesis, it was assumed that:

- 1. the main sources of scattering are the whole cells and the contribution of cellular fragments ( $a_s \approx 2.35 \ \mu \text{m}$ ) to the backscattering is negligible,
- 208 2. the large cells are gamma distributed, and the radius  $a_l$  and gamma width factor  $\zeta_l$  are known *a priori* and given by the Scepter TM 2.0 cell counter,
- 3. the total volume fraction  $\phi_l$  is similar for all the cell pellet biophantoms since all the samples were prepared under the same centrifugation force,
- 4. the impedance relative contrast  $\gamma_z$  does not change during the cell death process .

The unknown parameters are the total volume fraction  $\phi_l$  and the impedance relative contrast  $\gamma_z$ , which are determined by minimizing the cost function  $\mathcal{F}$  defined as (Franceschini et al. 2016):

$$\mathcal{F}(\phi_l^*, \gamma_z^*) = \sum_{i=1}^{24} \sum_{i=1}^{24} \left\| \frac{BSC_{\text{meas}}^{Mi}(k_j) - BSC_{\text{SFMp}}^{Mi}(k_j, a_{l_i}, \zeta_{l_i}, \phi_l, \gamma_z)}{BSC_{\text{meas}}^{Mi}(k_j)} \right\|^2.$$
(7)

which synthesizes the 24 measurements  $M_{i=1...24}$  from the 24 studied cell pellet biophantoms. The measured  $BSC_{\rm meas}^{Mi}$  corresponds to the  $BSC_{\rm meas}$  averaged over the five measurements (corresponding to the five acquired B-mode images) for each cell pellet biophantom. A routine *fminsearch* in MATLAB (The Mathworks Inc., Natick, MA), *i.e.*, a Nelder-Mead simplex method, was employed to minimize the cost function  $\mathcal{F}$ . Afterwards, the theoretical BSCs computed with the estimated parameters were compared with the measured  $BSC_{\rm meas}$ . Blind estimation of QUS parameters

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Our second aim was to blindly estimate the QUS parameters. Two approaches were compared: 1) by fitting one measured BSC with a straight line or with the classical fluid sphere model, or 2) by fitting two measured BSCs before and after therapy with the polydisperse SFM.

Estimation of QUS parameters by fitting one measured BSC. Using a straight line model, the spectral slope and the spectral intercept were calculated (Lizzi et al. 1986). The spectral slope is the linear slope of the BSC as a function of frequency on a log-log scale. The spectral intercept is the extrapolation of the BSC linear fit to zero frequency. The slope is related to the effective scatterer size and the intercept is determined by the effective scatterer size and acoustic concentration.

The ASD\* and AAC\* were estimated by fitting one measured  $BSC_{meas}$  with the fluid sphere model (Insana et al. 1990). These parameters were obtained by minimizing the mean square relative error between  $BSC_{meas}$  and  $BSC_{FSM}$  given in Eq. (5) (Franceschini et al. 2016)

$$C_1(ASD^*, AAC^*) = \sum_{j} \left\| \frac{BSC_{\text{meas}}(k_j) - BSC_{\text{FSM}}(k_j)}{BSC_{\text{meas}}(k_j)} \right\|^2.$$
 (8)

Estimation of QUS parameters by fitting two measured BSCs before and after therapy. A novel approach was proposed to estimate QUS scattering properties from the polydisperse SFM. This model parameterizes the BSC with four parameters: the mean scatterer radius a, the gamma width factor  $\zeta$ , the total volume fraction  $\phi$  and the relative acoustic impedance contrast  $\gamma_z$ . Because of the large number of unknown parameters, we propose an estimation procedure using two measured  $BSC_{\text{meas}}$  from non-treated sam-

ple (denoted  $BSC_{meas}^{nt}$ ) and treated sample (denoted  $BSC_{meas}^{t}$ ). To model backscattering from cells undergoing cell death, some simplifying assumptions were considered. First, the non-treated cells are modeled as an ensemble of identical fluid spheres, whereas the treated cells are modeled as an ensemble of fluid spheres following a gamma PDF. Secondly, it is assumed that the mean scatterer radius a and the relative acoustic impedance difference  $\gamma_z$  do not change during the cell death process, and that the total volume fractions of cells are approximately the same for non-treated and treated conditions. The unknown parameters are the gamma width factor  $\zeta$  of the treated cells, the mean scatterer radius a, the total volume fraction  $\phi$  and the relative impedance difference  $\gamma_z$ , which are determined by minimizing the cost function C:

$$C_{2}(a^{*}, \zeta^{*}, \phi^{*}, \gamma_{z}^{*}) = \sum_{j} \left\| \frac{BSC_{\text{meas}}^{\text{nt}}(k_{j}) - BSC_{\text{SFMm}}(k_{j}, a, \phi, \gamma_{z})}{BSC_{\text{meas}}^{\text{nt}}(k_{j})} \right\|^{2} + \sum_{j} \left\| \frac{BSC_{\text{meas}}^{\text{t}}(k_{j}) - BSC_{\text{SFMp}}(k_{j}, a, \zeta, \phi, \gamma_{z})}{BSC_{\text{meas}}^{\text{t}}(k_{j})} \right\|^{2}.$$

$$(9)$$

The first term represents the fit of  $BSC_{\text{meas}}^{nt}$  with the monodisperse structure factor model  $BSC_{\text{SFMm}}$  given by Eq. (4). The second term represents the fit of  $BSC_{\text{meas}}^t$  with the polydisperse structure factor model  $BSC_{\text{SFMp}}$  given by Eq. (1). The routine fmincon was employed to minimize the cost function  $\mathcal{C}_2$  with the constraint conditions that  $0 \le a \le 100 \ \mu\text{m}$ ,  $1 \le \zeta \le 100 \ \text{and}$   $0 \le \gamma_z \le 0.30$ . For the constraint condition on the parameter  $\phi$ , two cases were studied: no  $a \ priori$  information with  $0 \le \phi \le 1$ , or a constraint that assumes concentrated medium with  $0.68 \le \phi \le 1$ . This point will be discussed later. The constrained optimization routine fmincon in MATLAB (The Mathworks Inc.,

Natick, MA), *i.e.*, the interior-point method, was used because unconstrained optimization techniques sometimes gave unrealistic values for the estimated  $\gamma_z$  (up to values of 0.7).

In the sequel of the paper, the standard deviation of the scatterer diameter distribution  $\sigma_D^* = 2a^*/\sqrt{\zeta^* + 1}$  will be reported instead of the gamma width factor  $\zeta^*$ . For comparison with the fluid sphere model, the acoustic concentration from the polydisperse SFM is computed as:  $AAC^* = \frac{\phi^* \gamma_z^{*2}}{\frac{(\zeta^* + 3)(\zeta^* + 2)}{(\zeta^* + 1)^2} \frac{4\pi a^{*3}}{3}}$  [see Eq. (12) in (Franceschini et al. 2016)].

### 52 Results

Flow cytometry, histology and cell size distribution

The flow cytometry analysis revealed a mixture of apoptotic and necrotic 254 cells in treated cells. The percentage of necrotic cells ranged between 6.7% and 29.2%, but no relationship with dose or time exposure was found. The percentage of apoptotic cells increased when dose or time exposure to stau-257 rosporine increased (from 5.8% at 0 h to 19.9% at 24 h, 25.7% at 36 h and 258 36.3 at 48 h for time effect experiment, or from 5.9% at  $0\mu M$  to 33.0% at 259  $0.25\mu\mathrm{M}$ , to 48.5% at  $0.50~\mu\mathrm{M}$  and 62.0% at  $1~\mu\mathrm{M}$  for dose effect 1), except for 260 dose effect 2. For the latter, the percentage of apoptotic cells in treated samples was found equal to 60.2% at  $0.25\mu\mathrm{M}$ , to 42.6% at  $0.50~\mu\mathrm{M}$  and 51.8% at 262 1  $\mu$ M, with no relationship with dose effect. In the following, the percentage 263 of dead cells corresponds to the sum of percentages of cells undergoing early apoptosis, late apoptosis and necrosis.

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The histological study showed that in treated cells the staining of the 267 nuclear material is uniform (see Fig. 1a), whereas numerous cells treated 268 with staurosporine present characteristics of apoptosis (nuclear condensa-269 tion and fragmentation) and characteristics of necrosis (cell swelling) (see Fig. 1b). Histological observations also demonstrated that whole cells are 271 densely packed in treated and non-treated cell samples. For each histological 272 slice, cellular surface fractions were calculated as the ratio between the white 273 color area (corresponding to the absence of cells) and the total area. The cellular surface fractions were found to be comprised between 0.91 and 0.98 for all the studied (non-treated and treated) packed cell samples. This result 276 was expected since all the packed cell samples were prepared under the same 277 centrifugation force. The cellular volume fraction within the cell pellet bio-278 phantoms is related to the cellular area fraction that can be observed on those histological images (Fig. 1). That is why we can reasonably assume that the 280 total volume fractions of cells are similar in all the 24 cell pellet biophantoms. 281

The cellular radius distribution measured by cell counter was fitted with a mixture of two gamma PDFs using Eq. (6). Table 1 summarizes the mean radii and gamma width factors for small cellular fragments  $(a_s, \zeta_s)$  and large cells  $(a_l, \zeta_l)$ , as well as the percentage of volume fraction occupied by large cells  $\Phi_l$ . For all series of experiments, the non-treated cells exhibit a quasi-unimodal size distribution ( $\Phi_l \geq 0.99$ ), a mean cell radius around 6.5  $\mu$ m and a narrow size distribution ( $\zeta \geq 42$ ). After cell death, the percentage of volume fraction occupied by large cells  $\Phi_l$  decreases, and the gamma width factor  $\zeta$  decreases, especially for the dose effect 1 and the time effect. Considering

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all the 20 treated cell samples, the averaged radius of large cells is equal to  $a_l$ =6.6  $\pm$  0.9  $\mu$ m, which is close to the mean radius of non-treated cell samples.

Figure 2(b) gives examples of histograms of the cell volume distribution. Even when the counts of small cellular fragments (mean radius  $a_s \approx 2.35$   $\mu$ m) are greater than the counts of large cells (mean radius  $a_l \approx 6 \mu$ m), the percentage of volume fraction occupied by the large cells  $\Phi_l$  is always greater than 0.74 (see Table 1 and Figure 2(b)). Since the backscattering cross-section is proportional to the square of the scatterer volume in the low frequency, the contribution of cellular fragments ( $a_s \approx 2.35 \mu$ m) to the backscattering can be considered negligible.

Understanding of scattering: the change in cell size distribution mainly explains the change in BSC pattern on dying HT29 cell samples

The volume fraction estimated by the optimization procedure using Eq. 305 (7) was found equal to  $\phi_l^*=0.73$  and agrees well with the expected maximum packing for hard spheres (around 0.74). The relative impedance contrast 307 was found equal to  $\gamma_z^*$ =0.25. By taking the acoustic parameters of individ-308 ual viable cells estimated by (Falou et al. 2010) (c=1535 m/s and  $\rho=1.09$ ) 309 and the acoustic properties of the surrounding medium close to those of wa-310 ter  $(z_0=1.49 \text{ MRayl})$ , the relative impedance of viable cells is expected to 311 be approximately 0.13. Therefore, the estimated  $\gamma_z^*=0.25$  seems to be in a 312 reasonable range of value, but maybe slightly overestimated. 313

Figure 4 shows some examples of  $BSC_{meas}$  versus frequency curves averaged over the five measurements (corresponding to the five acquired B-mode images) and the corresponding theoretical  $BSC_{theo}$  computed with the poly-

disperse SFM. Also given in Fig. 4 are the goodness-of-fit statistics,  $R^2$ , as defined in Eq. (2) in Ref. (Oelze & O'Brien 2006). The theoretical  $BSC_{theo}$ 318 was computed with the polydisperse SFM using the radius distribution of 319 large cells measured by the cell counter (see  $a_l$  and  $\zeta_l$  given in Table 1) and the fitting parameters  $\phi_l^*=0.73$  and  $\gamma_z^*=0.25$  obtained from the optimiza-321 tion procedure. For 19 BSC measurements out of 24 (i.e., 79% of the BSC 322 curves), the theoretical and experimental BSCs share a similar pattern with 323 goodness-of-fit  $R^2$  values higher than 0.8, as it can also be observed in Fig. 4. However, large differences between theory and experiments can also occur. For example, the experiment with  $0.75\mu M$  of the dose effect 1 shows a nega-326 tive value of the goodness of fit  $(R^2=-0.19)$  meaning that a mere horizontal 327 line passing through the average value of the  $BSC_{meas}$  would fit data better than does the polydisperse SFM (see Fig. 4(b)). Note that only one BSC measurement out of 24 shows a negative value of the goodness of fit. Oth-330 erwise, 4 BSC measurements over 24 show goodness-of-fit value comprised 331 between 0.5 and 0.8. 332 The  $BSC_{\text{meas}}$  and  $BSC_{\text{theo}}$  averaged over the 10-32 MHz bandwidth (cor-333 responding to the frequency bandwidth of the RMV710 probe) are compared in Fig. 5 for all the 24 cell pellet biophantoms. A good correlation  $(r^2=0.78)$ is found between the averaged  $BSC_{\text{meas}}$  and  $BSC_{\text{theo}}$  (Fig. 5). 336 To conclude, our approach hypothesizes that there is no change in impedance 337 contrast during cell death and that both treated and non-treated cell samples have similar volume fractions of cells, so that only a change in scatterer size distribution has been considered. Despite the use of these simplifying

assumptions, the good match obtained between theoretical and experimental

BSCs in the majority of cases (Figs. 4 and 5) suggests that the change in whole cell size distribution is the predominant factor to explain the change in the BSC pattern in the HT29 cell samples during the dying process. (A more detailed discussion on these simplifying assumptions will follow later.)

Blind estimation of QUS parameters using the classical approaches: the spectral intercept correlates with the percentage of HT29 dying cells

For each cell pellet biophantom, five  $BSC_{meas}$  were measured (corresponding to the five acquired B-mode images), and for each measured  $BSC_{meas}$ , the four classical QUS parameters (ASD\*, AAC\*, spectral slope, spectral intercept) were estimated. When using the fluid sphere model, the ASD\* increases and the AAC\* decreases as the percentage of dead cells increases. Examples of ASD\* and AAC\* values are given in Fig. 6(a) for the series of experiments dose effect 1. When using a straight line model, the spectral slope decreases and the spectral intercept increases as the percentage of dead cells increases (data not shown).

The percentage of dead cells was plotted against the classical QUS parameters for the 24 studied cell pellet biophantoms, as shown in Fig. 6(b) with the spectral intercept parameter. The classical QUS parameters yield good correlation with the percentage of HT29 dying cells:  $r^2$ =0.71 for ASD\*,  $r^2$ =0.61 for AAC\*,  $r^2$ =0.67 for the spectral slope and  $r^2$ =0.73 for the spectral intercept. The highest correlation coefficient of  $r^2$ =0.73 suggests that the spectral intercept may be a pertinent parameter to assess the cell death index in an HT29 tumor exposed to chemotherapy.

65 Blind estimation of QUS parameters using the novel approach

When considering the QUS parameters (ASD\*, AAC\* and  $\sigma_D^*$ ) estimated 366 by the novel approach based on the polydisperse SFM with the constraint  $0 \le \phi \le 1$ , the standard deviation of the scatterer diameter distribution  $\sigma_D^*$ 368 was found to increase with the percentage of dead cells, providing a good 369 correlation coefficient  $r^2=0.79$  (see Fig. 6(c)). No correlation was found 370 between the percentage of dead cells and the other QUS parameters estimated 371 by the novel approach  $(ASD^* \text{ or } AAC^*)$ . Table 2 gives examples of QUS parameters (ASD\*, AAC\* and  $\sigma_D^*$ ) es-373 timated by the novel approach for the time effect experiment. Also given 374 in Table 2 are the expected parameters: the expected ASD and standard 375 deviation  $\sigma_D$  given by the cell counter, and the expected AAC calculated by 376 considering  $\phi_l^*$ =0.73 and  $\gamma_z^*$ =0.25. The strong constraint 0.68 $\leq \phi \leq 1$  allows us 377 to obtain QUS parameters close to the expected parameters, whereas the con-378 straint  $0 \le \phi \le 1$  leads to large differences between the expected and estimated 379 ASD and AAC (Table 2). As a consequence, the actual standard deviation of actual cell size distribution and those estimated by the polydisperse SFM are strongly correlated ( $r^2=0.69$ ) when using the constraint  $0.68 \le \phi \le 1$ , and are moderately correlated ( $r^2=0.46$ ) when using the constraint  $0 \le \phi \le 1$  (data 383

### 55 Discussion and Conclusion

386 Understanding scattering

not shown).

384

It is generally assumed that the scattering within cell pellet biophantom or tumor mainly arises from the nuclei or from the whole cells (Oelze et al. 2006; Taggart et al. 2007; Franceschini et al. 2014; Muleki-Seya et al. 2016). The nucleus and whole cell are tightly interconnected and their size and properties change simultaneously during cell death (Vlad et al. 2009). That is why we conducted a study to assess if only a change in nuclear size could explain the change in BSC magnitude, as explained below.

The optimization procedure proposed in Eq. (7) was slightly modified by 394 considering the nuclei as the main sources of scattering. More precisely, the 395 first two assumptions were re-formulated as follows: 1) the main sources of 396 scattering are the nuclei, and 2) the nuclei are gamma distributed and the 397 radius  $a_n$  and gamma width factor  $\zeta_n$  can be calculated from the measure-398 ments with Scepter cell counter by considering a nucleus-to-cell ratio  $(a_n/a_l)$ 390 equal to 0.72. This novel optimization procedure makes it possible to esti-400 mate a volume fraction  $\phi_n^*=0.69$  and a relative impedance contrast  $\gamma_{z_n}^*=0.36$ . However, the estimated volume fraction did not match the expected volume 402 fraction of nuclei  $\phi_n \approx \phi_c (a_n/a_l)^3 = 0.27$  (by considering a volume fraction of 403 densely packed whole cells  $\phi_c$ =0.74). Moreover, the value of the modified 404 cost function  $\mathcal{F}'$  was found to be larger when considering the nuclei as the 405 sources of scattering (when compared with the original cost function  $\mathcal{F}$  in Eq. (7)). Therefore, the whole cell seems to play a major role in the BSC curves 407 for the HT29 cell samples treated with staurosporine, as observed previously 408 in biophantoms of viable K562 and CHO cells (Franceschini et al. 2014). 409

At the sub-cellular scale, the change in acoustic properties during cell death is still not well understood. Previous acoustic microscopy experiments (at 375 MHz or at 0.9-1 GHz) were performed to measure acoustic properties

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on single viable and apoptotic cells (Taggart et al. 2007, Strohm et al. 2010). It was found that the apparent attenuation increased by 61% after apoptosis, 415 whereas the other acoustic properties (sound speed, acoustic impedance, density, bulk modulus) were similar (Strohm et al. 2010). However, this apparent attenuation increase is difficult to interpret because it can be attributed to an increase in the cell absorption or backscatter, or a change in density of 419 cell interior (Taggart et al. 2007), or due to diffraction effects on the cellular 420 radius of curvature in the transducer focal region (Weiss et al. 2007). Pre-421 vious QUS studies (<40 MHz) were also conducted on packed cell samples exposed to cancer therapy and suggest that the increase in backscatter inten-423 sity can be due to the increase in acoustic impedance during the increasing 424 compaction of nuclear material (Kolios et al. 2002, Pasternak et al. 2016) 425 The nuclear condensation and fragmentation as well as the change in cellular size variance were also suggested to provide changes in scatterer size, spacing and distribution that might cause increasing backscatter intensity (Hunt et 428 al. 2002, Brand et al. 2008, Vlad et al. 2010). 420

Because of the difficulty of differentiating between the influences of the
change in acoustic impedance and the change in scatterer size variance, it
was assumed, in a first approximation, that there is no change in acoustic
impedance during cell death. Despite this simple approximation, it is very
interesting to observe a good match between theoretical and experimental
BSCs in Figs. 4 and 5 for the majority of cases (*i.e.*, 19 BSC measurements
out of 24). This suggests that the change in size distribution of large cells
mainly contributes to the change in BSC pattern in dying HT29 cell samples.
For 6 BSC measurements out of 24, the BSC experimental measurements

could not be fully explained by our approach (see Figs. 4(b) and 4(d)).

Investigating the sources that could explain this mismatch is difficult. It

can be due for example to a change in cellular size variance (as proposed in

this study) combined with a change in acoustic impedance. One might also

consider a more complex scattering process by considering both nuclei and

whole cells responsible for the scattering since histological observations reveal

that the size distribution changes in both the nucleus and the cell during the

cell death process. However, not all changes observed on histological images

will result in scattering changes.

# 48 Blinded estimation of QUS parameters

The spectral slope is linked to the effective scatterer size. When considering a medium with scatterers differing only in size, the spectral slope decreases with the increase in scatterer size variance. As an example, theo-451 retical BSCs were calculated in the 10-42 MHz bandwidth by using Eq. (1) 452 for a mean scatterer radius of  $7\mu$ m and various gamma width factors  $\zeta = 90$ , 453 50, 30 and 10. The corresponding spectral slopes were found to be equal to 4.10, 4.05, 4.00 and 3.8, respectively. In our experimental study, the decrease in the spectral slope with the increase in the percentage of HT29 dying cells 456 is thus consistent with an increase in the cellular size variance. Similar obser-457 vations linked to the cellular size variance were previously observed in FaDu, Hep-2 and C666-1 cell samples exposed to radiotherapy (Vlad et al. 2008, Vlad et al. 2010). When using the fluid sphere model, the ASD\* was also found to increase together with the percentage of dying HT29 cells, which is 461 consistent with the decrease in the spectral slope. 462

In the present study, a novel approach was proposed to estimate QUS 464 parameters from the analysis of HT29 cell samples before and after treat-465 ment. Plotting the percentage of dead cells against the standard deviation of 466 scatterer diameter distribution  $\sigma_D^*$  estimated by the polydisperse SFM shows 467 a good correlation coefficient  $r^2=0.79$  (Fig. 6(c)). The blind estimation of 468 the change in cellular size variance may thus be a complementary parameter 469 to assess the cell death index since the changes in cellular size variance re-470 flect actual structural changes occurring during cell death. However, further 471 study should be conducted on in vivo tumors to confirm the added value of this novel QUS parameter. Indeed, the assumptions of small changes in mean scatterer radius and in cellular volume fraction that are valid for the HT29 cell pellet biophantoms may not be adequate for actual tumors. For example, the cellular volume fraction within actual tumors could vary during the cell dying process, due to cell swelling during necrosis and/or due to cell shrinkage and formation of apoptotic bodies during apoptosis. Moreover, tumors have more complex structures than cell pellet biophantoms. 470 The blood microvessels, extracellular matrix and tumor heterogeneity (responding and non-responding regions, different forms of cell death) may play a role in tumor scattering, as shown by (Han et al. 2013). Future studies should focus on 1) comparing the changes in backscattering between tumors 483 and cell samples of the same cell line under the same chemotherapy to go further in the understanding of scattering from tumor, and 2) comparing the standard QUS parameters with those estimated by the polydisperse SFM on preclinical tumors under therapy to help in interpreting the standard QUS parameters.

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# Tables

Table 1: Mean radius  $a_s$  (in  $\mu$ m) and gamma width factor  $\zeta_s$  for small cellular fragments. Mean radius  $a_l$  and gamma width factors  $\zeta_l$  for large cells, and corresponding percentage of volume fraction occupied by large cells  $\Phi_l$ . Results are presented for the four series of experiments (i.e. ST dose and time effect) and for the different conditions (dose effect  $C_{i=1...6}$ =0, 0.125, 0.25, 0.50, 0.75 and 1  $\mu$ M and time effect  $C_{i=1...6}$ =0, 6, 12, 24, 36 and 48 hours ).

		Dose 1	Dose 2	Dose 3	Time
	$a_s,\zeta_s$	-, -	2.5, 15.2	2.4, 9.3	2.5, 15.1
$C_1$	$a_l,\zeta_l$	6.3, 53.6	6.4, 42	6.8, 55.6	6.4, 95
	$\Phi_l$	1	1	0.99	0.99
	$a_s,\zeta_s$	2.7, 5.1	2.6, 11.6	2.3, 2.3	2.3, 8.8
$C_2$	$a_l,\zeta_l$	7.3, 23.9	5.5, 13.7	7.3, 73.1	6.7, 50.2
	$\Phi_l$	0.91	0.96	0.93	0.97
	$a_s,\zeta_s$	2.7, 5.8	2.6, 13.5	2.7, 5.4	2.6, 6.5
$C_3$	$a_l,\zeta_l$	7.2, 16.4	5.6, 11.7	7.5, 57.9	6.9, 50.4
	$\Phi_l$	0.92	0.97	0.93	0.93
	$a_s,\zeta_s$	2.6, 7.7	3.7, 4.1	2.3, 2.3	2.3, 3.9
$C_4$	$a_l,\zeta_l$	5.3, 10.1	7.1, 36.2	7.2, 58.3	7.1, 55.3
	$\Phi_l$	0.86	0.81	0.85	0.74
	$a_s,\zeta_s$	2.6, 10.1	2.4, 13.8	2.4, 3.9	2.4, 5.0
$C_5$	$a_l,\zeta_l$	5.5, 19.4	4.8, 18.3	6.9, 55.2	7.6, 48.8
	$\Phi_l$	0.84	0.92	0.80	0.75
	$a_s,\zeta_s$	2.4, 12.4	2.5, 10.3	2.4, 5.5	2.0, 4.0
$C_6$	$a_l,\zeta_l$	5.7, 10.6	5.2, 22.7	6.5, 39.4	8.5, 29
	$\Phi_l$	0.93	0.88	0.74	0.80

Table 2: Examples of QUS parameters (ASD\* and  $\sigma_D^*$  in  $\mu$ m and AAC\* in dB.cm<sup>-3</sup>) estimated by the polydisperse SFM for the *time effect* experiment. The novel approach was tested by considering two different contraint conditions:  $0 \le \phi \le 1$  or  $0.68 \le \phi \le 1$ .

		Expected	QUS with	QUS with
		parameters	constraint	constraint
			$0 \le \phi \le 1$	$0.68 \le \phi \le 1$
6 h	$\mathrm{ASD}^*,\sigma_D^*$	13.4, 1.86	4.7, 0.57	11.7, 1.17
	AAC*	64.3	70.9	63.3
12 h	$ASD^*, \sigma_D^*$	13.8, 1.91	9.0, 2.36	12.2, 1.33
	$AAC^*$	63.9	55.8	64.9
24 h	$ASD^*, \sigma_D^*$	14.2, 1.89	7.9, 2.04	11.3, 1.31
	AAC*	63.1	58.5	66.1
36 h	ASD*, $\sigma_D^*$	15.2, 2.15	4.6, 1.26	11.6, 1.53
	$AAC^*$	62.7	73.6	67.0
48 h	$ASD^*, \sigma_D^*$	17.0, 3.10	4.5, 1.63	15.3, 2.30
	$AAC^*$	63.3	83.7	66.9

## 519 Figure Captions

- Figure 1: Histological images of HT29 cell pellet biophantoms (a) non treated and (b) treated with staurosporine 1  $\mu$ M.
- Figure 2: a) Typical examples of cell radius distribution. The solid lines are the direct measurements using the Scepter cell counter and the dashed lines correspond to the fitting curves with the cell radius probability density function F(x) given by Eq. (6). (b) Histograms of the cell volume distribution  $V(x) = F(x)(4/3)\pi x^3$ . The histograms are normalized to one by dividing each count from the cell volume distribution to the maximum count.
- Figure 3: a) Ultrasonic probe and cell pellet biophantom in a well immersed in PBS. b) and c) Examples of B-mode images of non-treated and treated cell pellet biophantoms obtained with the 20-MHz center frequency probe. The treated cell sample corresponds to the sample treated with staurosporine (ST) at  $0.5 \mu M$  for 36 hours.
- Figure 4: Comparison between measured  $BSC_{meas}$  (solid lines) and theoretical  $BSC_{theo}$  predicted by the polydisperse structure factor model (dashed lines) for the dose effect 1 (a) and b) and for the time effect (c) and (d).
- Figure 5: Comparison of mean  $BSC_{theo}$  in the 10-32 MHz bandwidth predicted by the polydisperse structure factor model with the mean  $BSC_{meas}$  in the 10-32 MHz bandwidth.

Figure 6: (a) Examples of ASD\* and AAC\* estimated by the fluid sphere model for the series of experiments dose effect 1. For each studied dose, five symbols are represented and correspond to the five acquired B-mode images. (b) Spectral intercept as a function of percentage of dead cells for the four experimental series. (c) Standard deviation of the scatterer diameter distribution  $\sigma_D^*$  estimated by the polydisperse SFM as a function of the percentage of dead cells for the four experimental series.

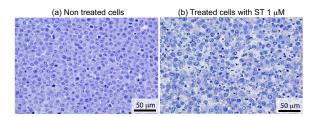


Figure 1: Histological images of HT29 cell pellet biophantoms (a) non treated and (b) treated with staurosporine 1  $\mu$ M.

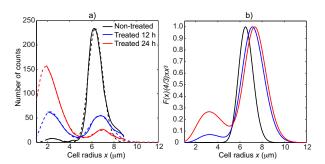


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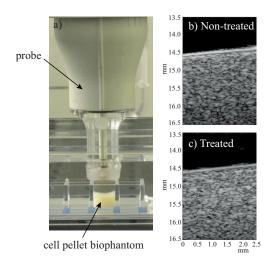


Figure 3: a) Ultrasonic probe and cell pellet biophantom in a well immersed in PBS. b) and c) Examples of B-mode images of non-treated and treated cell pellet biophantoms obtained with the 20-MHz center frequency probe. The treated cell sample corresponds to the sample treated with staurosporine (ST) at 0.5  $\mu$ M for 36 hours.

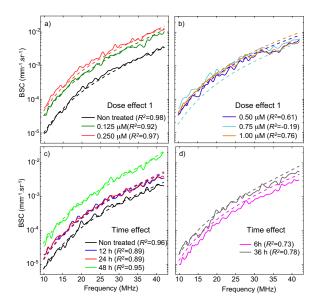


Figure 4: Comparison between measured  $BSC_{meas}$  (solid lines) and theoretical  $BSC_{theo}$  predicted by the polydisperse structure factor model (dashed lines) for the dose effect 1 (a) and b) and for the time effect (c) and (d).

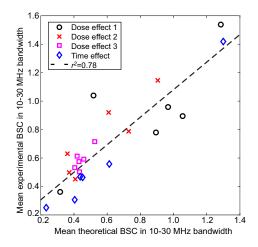


Figure 5: Comparison of mean  $BSC_{\rm theo}$  in the 10-32 MHz bandwidth predicted by the polydisperse structure factor model with the mean  $BSC_{\rm meas}$  in the 10-32 MHz bandwidth.

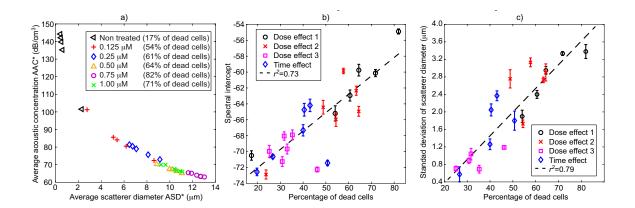


Figure 6: (a) Examples of ASD\* and AAC\* estimated by the fluid sphere model for the series of experiments dose effect 1. For each studied dose, five symbols are represented and correspond to the five acquired B-mode images. (b) Spectral intercept as a function of percentage of dead cells for the four experimental series. (c) Standard deviation of the scatterer diameter distribution  $\sigma_D^*$  estimated by the polydisperse SFM as a function of the percentage of dead cells for the four experimental series.