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# Association Between Microscopic Lesions at Ileal Resection Margin and Recurrence After Surgery in Patients With Crohn's Disease

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Author contributions: NH: histological analysis, interpretation of data and drafting of 55 the manuscript; DCH: histological analysis, design, supervision of histological 56 analysis and critical review of the manuscript; CA: statistical analysis and critical 57 review of the manuscript; CG: histological analysis and critical review of the 58 manuscript; HB, MN, SN, BP, AB, XT, MF, PS, LLB: data collection and critical 59 review of the manuscript; MB: management of the study; JFF: design of histological 60 analysis, critical review of the manuscript; MA: conception, design and supervision of 61 the study, analysis of data, drafting and critical review of the manuscript. All authors 62 reviewed and approved the final version of the manuscript. 63

65 **ABSTRACT** 

66

**BACKGROUND AND AIMS:** Different types of histologic lesions at the ileal margin, 67 68 detected by histology, have been associated with increased rates of recurrence after ileocaecal surgery in patients with Crohn's disease (CD). We aimed to characterize 69 histologic features of the ileal margin and to evaluate their association with disease 70 71 recurrence. METHODS: We collected histologic data from 211 patients with ileal or ileocolonic CD who underwent ileocolonic resections at hospitals in France from 72 September 2010 through December 2016. Ileal margins were analyzed. Early 73 74 endoscopic recurrence was defined by a Rutgeerts score of i2 or more, 6 months after surgery. We also collected data from 10 adults with healthy ileum who 75 underwent ileocecal resection for colonic tumors (controls). Clinical relapse was 76 defined by CD-related symptoms confirmed by imaging, endoscopy, therapy 77 intensification, CD-related complication, or subsequent surgery. RESULTS: Six 78 79 months after surgery, 49% of patients had endoscopic recurrence; 5 years after surgery, 57% of patients had clinical relapse. Ileal margins were macroscopically 80 affected in 20.9% of patients. CD transmural lesions at the margin (defined by 81 82 mucosal ulceration or cryptitis, submucosal fibrosis and lymphoplasmocytic infiltrate of the subserosa) were observed in 13.6% of patients. Endoscopic recurrence was 83 observed in 75% of patients with CD transmural lesions vs 46% of patients without 84 (P=.005). In multivariate analysis, CD transmural lesions at the margin were 85 independently associated with early endoscopic recurrence (OR, 3.83; 95% CI, 1.47-86 87 11.05; P=.008) and clinical recurrence (OR 2.04; 95% CI, 1.09-3.99; P=.026). CONCLUSION: In patients with CD, transmural lesions at the ileal margin were 88 89 associated with an increased risk of post-operative recurrence. Histologic features of 90 the ileal margin should be included in making decisions about post-operative therapy.

92	KEYWORDS
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94	REMIND trial
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96	Outcome
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98	Prognostic Factor
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100	IBD Surgery
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103	ABBREVIATIONS
104	
105	CD: Crohn's Disease
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107	HES: Hematosin Eosin Saffron
108	
109	IQR: Inter Quartile Range
110	
110 111	MP: Myenteric Plexitis
	MP: Myenteric Plexitis OR: Odds Ratio

114 **INTRODUCTION** 

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Despite recent advances in the medical management of Crohn's Disease 116 117 (CD), more than two thirds of patients still require intestinal resection during the course of their disease (1-3). Furthermore, surgery is not curative and post-operative 118 119 recurrence occurs in the majority of patients. Early post-operative endoscopic 120 recurrence, which is mainly observed at the anastomosis or in the neo-terminal ileum, precedes clinical recurrence and its severity predicts the long-term clinical 121 outcome (4). Several risk factors have been reported to increase post-operative 122 123 recurrence, including active smoking, penetrating disease, history of perianal disease, previous intestinal surgery and male gender (5-7). There is still a need for 124 125 factors that can accurately risk-stratify patients (8).

126 Macroscopically involved ileal margin could increase post-operative recurrence risk but this assumption was pushed aside in 1996 by Fazio et al with the 127 128 results of a randomized controlled trial showing no benefit of extended resection (clearance of 12 cm versus 2 cm of normal ileal margin) (9). Retrospective studies 129 showed conflicting results regarding the impact of CD microscopic lesions on the ileal 130 131 margin (mainly granuloma or active inflammation) on post-operative recurrence (10-13). Several publications have described an association between plexitis and 132 endoscopic, clinical or surgical recurrence. Plexitis is classically defined by the 133 presence of inflammatory cells in the myenteric or submucosal plexi (14). There were 134 diverse definitions of plexitis and various endpoints were used (15-21). More 135 136 recently, a cohort analysis of consecutive CD patients undergoing a first ileocaecal resection in two specialized centers found that microscopic involvement of the ileal 137 margin, with the presence of granuloma, ulcers or transmural inflammation, was an 138 139 independent risk factor of clinical and surgical recurrence (22).

The impact of CD lesions at the proximal ileal margin on recurrence is, thus, still unclear. Our aims were to characterize the microscopic involvement of the proximal ileal margin and to study its predictive value on rates of endoscopic recurrence 6 months after surgery, clinical relapse and surgery during the long-term follow-up. We performed this study on a well-characterized prospective multicenter cohort of CD patients followed from surgery (7).

#### 146 MATERIALS AND METHODS

147

#### 148 **Post-operative cohort and patient selection**

The present work was undertaken on a prospective multicenter study 149 150 performed by the REMIND group that aimed at identifying predictors of early postoperative endoscopic recurrence (7). Patients were included between September 151 152 2010 and December 2016. Inclusion criteria were: age >18 years, ileal or ileocolonic CD and indication of CD-related intestinal surgery (ileocolonic resection). A post-153 154 operative treatment was recommended according to a pre-established algorithm, based on the following risk factors: current smoking, previous bowel resection, 155 156 penetrating phenotype and active perianal disease (detailed in 7). All patients had, 6 157 months after surgery, a colonoscopy to assess the endoscopic recurrence according to the Rutgeerts score (23). From this cohort, we selected patients who had a 158 159 paraffin-embedded ileal margin sample available for histological analysis. Margins 160 with poor quality paraffin embedding were excluded. All patients provided an 161 informed written consent. The study was approved by AFFSAPS (IDRCB: 2009-162 A00205-52), the French Ethic Committee - Hôpital Saint-Louis (CPP 2009/17) and declared to clinicaltrials.gov (NCT03458195). 163

To test CD-related histological lesions' specificity, 10 control adults with healthy ileum who underwent ileocaecal resection for colonic tumor constituted a control group for the histological analysis. All control patients provided an approval consent form.

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169

#### 171 Data collection

172 Clinical parameters were collected prospectively at time of surgery and at 173 post-operative endoscopy. They included demographical data (gender, age at 174 diagnosis, age at surgery, disease duration at surgery, smoking status at surgery), 175 clinical data, complication and surgical indication, anoperineal lesions, previous 176 history of intestinal resection, extra-digestive manifestations, treatment history 177 including previous exposure to immunosuppressants (azathioprine, 6-MP or 178 methotrexate) and anti-TNF agents.

An endoscopy was performed 6 months after surgery. Endoscopic data were collected prospectively. All lesions were reported in all segments, including the anastomotic region and the neo-terminal ileum. The physician who performed the colonoscopy evaluated the Rutgeerts score for each patient. Two physicians (MA and CA) checked the colonoscopy's report blinded to histological analysis and postoperative treatment.

185 Long-term data of patients with a follow-up of at least 18 months were 186 collected retrospectively. They included clinical data (smoking behavior, type and date of clinical symptoms, type and date of CD related complications: intra-abdominal 187 abscess, occlusive manifestation, anoperineal lesion and death), treatment data 188 189 (modification or optimization with initiation and cessation date for each drug), endoscopic data (date and results of colonoscopy performed during the follow-up), 190 191 imaging data (date and results of magnetic resonance enterography and/or CT scan 192 performed during the follow-up) and surgical data (date and type of subsequent 193 surgery performed).

194

#### 196 Histopathological analysis

Paraffin blocks of the ileal margin were cut into a full-thickness 3-µm section and stained with hematein eosin saffron (HES). Each section was jointly analyzed by two expert pathologists (DCH and CG) blinded to the baseline detailed clinical data and to the post-operative outcomes of the patients. An analysis grid was built to assess CD-related lesions affecting each intestinal wall layer (mucosa, submucosa, and subserosa/muscularis).

Each of these lesions was considered as binary variable except for plexitis, for which three degrees were defined according to Ferrante et al (15). Ileal margins from the control group (10 patients with healthy ileum without CD) were similarly examined for the same histologic lesions.

For macroscopic evaluation, we collected the length of ileal resection for each patient (in centimeters) and the distance from the ileal margin to the first macroscopic CD mucosal ulceration noticed by pathologist on opened specimen (in centimeters). The margin was defined as "macroscopically affected" if CD's mucosal ulcerations were noticed on the ileal margin.

212

#### 213 Evaluated outcomes

Post-operative endoscopic recurrence was evaluated 6 months after surgery.
Endoscopic recurrence was defined as a Rutgeerts score ≥ i2.

Clinical recurrence was defined by: (i) CD-related clinical manifestations confirmed either by endoscopy (Rutgeerts score  $\geq$  i2 or severe colonic lesions in one of the follow-up colonoscopies), imaging (active lesions of the small bowel or colon on an examination performed by the center referring radiologist) or therapeutic intensification (treatment optimization or drug switch), (ii) CD-related complications

221 (intra-abdominal abscess or occlusive manifestation) or (iii) CD-related subsequent222 surgery.

223 Surgical recurrence was defined by a further CD-related surgery at the 224 anastomotic site (subsequent ileocolonic resection or stricturoplasty).

225

#### 226 Statistical analyses

227 Descriptive statistics were calculated for all quantitative variables as medians with their respective interguartile ranges (IQR). Correlation between histology and 228 recurrence, for each item of the analysis grid, was evaluated by both univariate and 229 multivariate analyses. Chi-2 and Logistic regression were respectively used for binary 230 variables. For continuous data (lengths in centimeters), Mann-Whitney test was used. 231 Sensitivity, specificity, positive and negative predictive values were calculated using 232 233 standard formulas. Spearman's rank correlation test was used when necessary to 234 evaluate the correlation between variables.

For both clinical and surgical recurrence, Kaplan-Meier survival curves and crude log rank tests were calculated for all variables (histological items and clinical data at baseline) before survival multivariate analysis. A multivariate Cox model combining demographical data (gender and age) and variables significantly associated with clinical or surgical recurrence in univariate analyses was built.

All statistical analyses were two-tailed and a p value of less than 0.05 was considered as statistically significant. To perform these analyses, R software ® (3.2.2 version) and PrismGraphPad ® were used.

#### 243 **RESULTS**

#### 244 Patients' characteristics at surgery and during follow-up

Two hundred and twenty five patients were included (7). Ileal margins were not technically exploitable for 14. In total, ileal margins were analyzed in 211 patients and 206 ileal margins had a complete transmural histological evaluation (**Supplementary Figure 1**).

Median age at surgery was 36.3 years (IQR: 30.7-47.5) and median disease duration was 6.3 years (IQR: 1.8-11.9). Ninety-two (44%) patients were male, 67 (32%) active smokers and 38 (18%) had a previous ileocaecal resection in their past medical history (**Table 1**). Post-operative treatment was given to 102 (48%) patients, including an anti-TNF treatment in 52 (25%) patients.

Post-operative endoscopy was performed in all patients with a median time between resection and colonoscopy of 6.8 months. One hundred and four patients (49%) had an endoscopic recurrence (i.e. Rutgeerts score  $\geq$  i2) and 43 (20%) patients had severe lesions (i.e. i3 or i4). One hundred and seven (51%) patients had no endoscopic recurrence including 68 (32%) without any lesion (i0).

Long-term follow-up (more than 18 months) was available in 168 (75%) patients. Baseline characteristics, post-operative management and endoscopic recurrence rates of these 168 patients did not differ significantly from the whole cohort.

Median follow-up was 3.8 years (IQR: 2.55-5.41). Seventy-five (45%) patients experienced clinical relapse during the follow-up. Cumulative clinical recurrence rate was 5%, 37% and 57% at 1, 3 and 5 years respectively. At the end of the follow-up, 4 (2%) patients underwent a CD-related subsequent surgery (3 ileocolonic resections, 1 stricturoplasty).

268

#### 269 Histopathological analysis of ileal margin

270 Median ileal resection length was 19 cm (IQR: 12-27). The ileal margin was 271 considered as macroscopically affected by the pathologist in 44 (20.9%) patients 272 (**Figure 1**). Among them, 41 (93.2%) presented with at least one mucosal lesion in 273 histology. The median distance between macroscopical ulceration (noticed by the 274 pathologist in 178 patients) and the ileal margin was 4 cm (IQR: 1-8).

Microscopically, grade 1 MP was found on the ileal margin of the 10 control 275 patients revealing CD-unrelated lesion (discarded from the final grid). Among the 211 276 277 patients studied, 65 (30.8%) had a normal ileal margin and 146 (69.2%) had at least one CD lesion (Table 2). The most affected layer of the bowel wall was the mucosa 278 (111 patients (52.6%)). Sixty patients (28.4%) had mucosal ulceration or cryptitis 279 280 indicative of CD activity. The submucosal layer was affected in 104 (49.3%) patients, 281 16 (7.8%) with neutrophils infiltrate (all associated with active mucosal lesion). The 282 most frequent submucosal lesions were lymphoplasmocytic infiltrate (40%) and 283 fibrosis (33.8%). All patients with submucosal plexitis (38.6%) had concomitant lymphoplasmocytic infiltrate. The subserosa/muscularis (plexitis included) were 284 affected in 92 (44.7%) patients. The subserosa was affected in 64 (31.1%) patients 285 286 (Supplementary Figure 2).

Patients with at least one lesion of each layer frequently presented grade 2 or
3 MP (respectively 21 (55%) patients and 12 (33%)). Interestingly, plexitis (either
submucosal or myenteric) was the only lesion found in 6 patients (3%).

The presence of microscopic lesions was inversely correlated with the distance between ileal margin and macroscopic ulceration: patients with transmural lesions had a shorter disease-free margin when compared to patients with 2, 1 or

none of the three histological features defining transmural impairment (Spearman's
rank correlation test: r=-0.476; p<0.001) (Supplementary Figure 3).</li>

295

#### 296 Correlation with endoscopic recurrence

The ileal resection length, the macroscopic involvement of the ileal margin and the distance between the ileal margin and the first macroscopic CD ulceration were not correlated with endoscopic recurrence (p=0.96, p=0.31 and p=0.43 respectively).

300 In univariate analysis, two histological lesions were significantly associated 301 with endoscopic recurrence: submucosal fibrosis (recurrence rate: 59.1% vs. 44.6%, 302 OR=1.80, 95%CI [1.01-3.21], p=0.04) and lymphoplasmocytic infiltrate of the subserosa (recurrence rate: 60.3% vs. 44,6%, OR=1.89, 95%CI [1.01-3.51], p=0.04) 303 (**Table 2**). A trend towards recurrence was also found in patients displaying mucosal 304 305 ulceration or cryptitis indicative of active CD (recurrence rate: 58.3% vs. 45.7%, 306 OR=1.66, 95%CI [0.91-3.07], p=0.09) (Table 2). Submucosal or myenteric plexitis 307 were not associated with endoscopic recurrence.

308 Based on this univariate analysis, we defined a posteriori the item "CD transmural lesions" by the presence of mucosal ulceration or cryptitis, submucosal 309 fibrosis and lymphoplasmocytic infiltrate of the subserosa. This histological feature 310 was observed in 28 patients (13.6%) out of the 206 samples in which these three 311 312 lesions could be assessed. These 28 patients had a significant increased risk of endoscopic recurrence when compared to those without this histological feature 313 314 (p=0.005) (Figure 2a). Severe recurrence (i.e. score i3 or i4) was also more frequent in patients with CD transmural lesions on margin (p=0.03) (Figure 2a). The sensitivity 315 316 and specificity of the presence of CD transmural lesions for the risk of endoscopic

recurrence was 20% and 93% respectively with an accuracy of 63%. Consequently,
the positive and negative predictive values were of 75% and 53% respectively.

Only 8 of the 28 patients who had CD transmural lesions received postoperative anti-TNF. Only 2 were i0 and 6 had a recurrence ( $\geq$  i2). In patients with no post-operative biotherapy, CD transmural lesions were also associated with endoscopic recurrence (p=0.03, **figure 2b**).

We integrated the selected lesions indicative of CD transmural lesions in a multivariate analysis with the clinical parameters associated with an increased risk of endoscopic recurrence in our cohort (i.e. male gender, previous intestinal surgery, active smoker at surgery and post-operative preventive anti-TNF treatment (7)). CD transmural lesions remained independently associated with endoscopic recurrence (OR: 3.83, 95%CI [1.47-11.05], p=0.008) (**Table 3**).

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#### 330 Correlation with long-term clinical outcome

In univariate analysis, clinical parameters significantly associated with longterm clinical recurrence were: active smoking at time of surgery (p=0.007), previous intestinal surgery (p=0.012), and presence of extra-intestinal manifestations at surgery (p=0.049). CD transmural lesions at the ileal margin were also associated with a significantly poorer outcome (p=0.022) (**Figure 3**).

In multivariate analysis, the four factors identified in univariate analysis, including CD transmural lesions at ileal margin, remained independently associated with clinical recurrence (**Table 3**).

#### 340 **DISCUSSION**

This prospective study is, to our knowledge, the largest analyzing the impact of macroscopic and microscopic CD involvement of the ileal resection margin on endoscopic and clinical outcomes after ileocaecal resection. CD transmural lesions at ileal margin were strongly correlated with both early post-operative endoscopic recurrence and long-term clinical outcome independent of other risk factors. Conversely, we didn't find any correlation between reported macroscopic ulceration noticed on the ileal margin and recurrence.

About one third of our patients had a microscopically normal ileal margin while the macroscopic evaluation didn't notice mucosal ulcerations in 80% of patients. This difference highlights the need for a complete microscopic evaluation of the bowel wall to fully assess tissue injury.

352 A recent literature review emphasized the crucial need of new studies assessing the involvement of both macroscopic and microscopic lesions in CD 353 354 recurrence after surgery (24). Two recent publications found an association between 355 microscopic lesions at ileal margins and recurrence in both adult and pediatric patients (22, 25). However, no detail on the type of lesions and their location in the 356 intestinal wall were provided. Herein, two experts pathologists assessed each CD 357 358 histological lesions, including plexitis, using a reproducible grid. Thus, in contrast to recent literature on the subject (15-21), we considered all CD-related lesions 359 360 potentially found in the whole bowel wall through a complete and reproducible 361 analysis rather than focusing on plexitis alone. In our cohort, plexitis, whatever its severity, was not associated with recurrence. Interestingly, most of the patients with 362 grade 3 MP had significant lesions in other layers, while few patients (n=6) had 363 364 plexitis only.

We hypothesized that some histological lesions could be more relevant than 365 366 others and selected them from our statistical analysis. In univariate analysis, two lesions were significantly associated with endoscopic recurrence - fibrosis of the 367 368 submucosa and lymphoplasmocytic infiltrate of the subserosa - reflecting sequellae of previous CD flares or persistent chronic inflammation. Moreover, mucosal lesions 369 370 such as ulceration or cryptitis were also associated with a trend towards recurrence. These 3 lesions had a similar impact on post-operative recurrence (odds ratios for 371 372 ulceration/cryptitis, fibrosis of the submucosa and lymphoplasmocytic infiltrate of the subserosa were 1.66 [0.91-3.07], 1.80 [1.01-3.21] and 1.89 [1.01-3.51] respectively). 373 374 Thus, we used the combination of these 3 CD-related lesions, each affecting one layer of the bowel wall, to define intense and active CD transmural involvement of the 375 376 ileal margin, which was strongly associated with recurrence. This finding highlights 377 that, rather than isolated microscopic lesions, deep CD-related tissue injury of the 378 ileal margin could influence recurrence risk. These patients could beneficiate from an 379 immediate post-operative treatment.

380 No association was found between macroscopic examination of the opened surgical specimen (length of ileal resection and distance from margin to first 381 macroscopic ulceration) and rates of clinical or endoscopic recurrence. These data 382 383 are in alignment with a previous study using frozen section examination of resection 384 margins during surgery to achieve microscopical clearance of CD lesions (26). This approach did not improve short and long-term patient's clinical outcomes. Our study 385 386 also does not support extensive resections. We believe that surgeons should still perform limited resections. 387

388 CD is characterized by discontinuous patchy or extensive transmural 389 inflammation with skip lesions. Recurrence remains frequent despite normal

390 resection margins. Indeed, 46% of patients with normal ileal margin experienced 391 endoscopic recurrence, which was even severe in 10% (i3 or i4). Histological 392 evaluation of the margin has therefore a low sensitivity for prediction of post-393 operative recurrence.

Our study has several limitations. First, the two pathologists analyzed jointly 394 395 the histological slides and we did not assess inter-observer variability. Second, there was no endoscopic central reading, which could have led to misclassifications 396 397 between i1 and i2. However, two physicians checked the colonoscopies report blinded of treatment and patients outcomes, which could have limited this potential 398 399 bias. Third, long-term clinical outcomes were collected retrospectively. Moreover, in this large prospective cohort, some patients were lost to follow-up. However, no 400 difference was found between the 168 patients with long-term data and the whole 401 402 cohort. Finally, we did not assess the colonic margin, in which Inflammation could 403 potentially impact post-operative recurrence risk in a similar way.

404

405 In conclusion, we show in this prospective multicenter cohort study that CD transmural histological lesions at the ileal margin of ileocaecal resection specimens 406 in CD were associated with an increased risk of endoscopic and clinical recurrence. 407 408 Pathologists should systematically detail in their reports the analysis of the ileal 409 resection notifying the presence of CD transmural margin of lesions 410 (ulceration/erosion, fibrosis and lymphoplasmocytic infiltrate). A systematic post-411 operative treatment could be proposed to patients with transmural histological 412 lesions, even in absence of other risk factors. The better post-operative treatment to 413 initiate to these patients remains to be determined; ClinicalTrials.gov number, 414 NCT03458195.

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- 520 TABLE LEGENDS
- 521

#### 522 Table 1: Patients' characteristics at time of surgery

523

#### 524Table 2: Pathological data after examination of the ileal margin of the 211

#### 525 patients and correlation of each histological lesion with endoscopic

- 526 recurrence.
- 527 The margin is "affected" if at least one histological lesion is observed in one of the
- 528 bowel wall layer (as defined below). Margin macroscopically affected is defined as
- 529 mucosal ulceration observed by the pathologist on the ileal margin when opening the
- 530 surgical specimen
- 531 Granuloma=nest of at least 5 epithelioid cells in the wall; Eosinophilic infiltrate=nest
- of at least 50 eosinophils in the lamina propria at x400 magnification; Villous
- 533 atrophy=extensive subtotal / total villous atrophy
- 534 Pyloric Metaplasia=metaplastic glands of the ileal mucosa
- 535 Ulceration/Cryptitis=acute inflammation (neutrophils) in epithelium or crypt
- 536 Neutrophilic infiltrate=nest of at least 50 neutrophils in the submucosae at x400
- 537 magnification; Lymphoplasmocytic infiltrate=nest of at least 50 lymphocytes or
- 538 plasma cells at x400 magnification; Plexitis=inflammatory cells around or inside
- submucosal or myenteric plexus as defined previously (14) (Grade 1 Myenteric
- 540 Plexitis (MP: at least 1 but less than 4 immune cells within or contiguous to the
- 541 plexus, Grade 2 MP: at least 4 but less than 10 immune cells and Grade 3 MP: at
- 542 least 10 immune cells);
- 543 Nervous hyperplasia=enlarged nervous bundles visible at x100 magnification;
- 544 Fibrosis=significant collagen deposit in intestinal layer visible at x100 magnification.
- 545
- 546

#### margin and both endoscopic and clinical recurrences.

549	Multivariate	analysis.	Significance	was i	reached i	f p<0.0	5.

577 FIGURES LEGENDS

578

579

Figure 1: Pathological analysis of the whole ileal margin on surgical specimen and on section stained by hematein-eosin-saffron. (A)-Macroscopic view of an opened ileocaecal resection specimen with mucosal ulcerations visible on ileal proximal margin (arrow) (B)-Microscopic view of the whole ileal margin section showing a bowel wall with CD-related lesions affecting the 3 layers (mucosal, submucosal and subserosal layers in circles). (C)-Fibrosis observed in the submucosa. (D)-Lymphoplasmocytic infiltrate observed in the subserosa.

587

588 Figure 2: Endoscopic recurrence rates depending on selected 589 histopathological lesions at ileal margin (ulceration, fibrosis in submucosa, 590 lymphoplasmocytic infiltrate in subserosa).

591 No lesion: patients with normal ileal margin. CD lesions but not transmural: patients 592 with ileal margin affected but without CD transmural lesions defined by the presence 593 of mucosal ulceration or cryptitis, submucosal fibrosis and lymphoplasmocytic 594 infiltrate of the subserosa. CD transmural lesions: patients with these three lesions on 595 ileal margin. A: Whole cohort. B: Patients with no post-operative biotherapy.

596

597 **Figure 3: Clinical recurrence-free survival depending on selected** 598 **histopathological lesions at ileal margins.** Survival curves were built using 599 Kaplan-Meier method and crude log rank tests were calculated. Significance was 600 reached if p<0.05.

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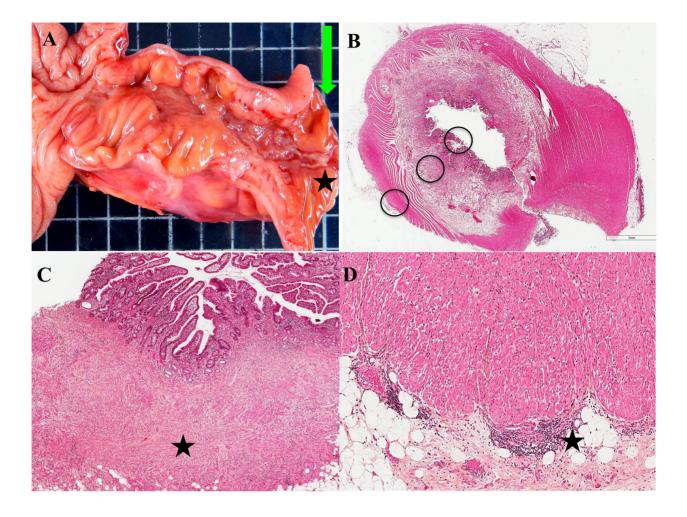
602

Patients' characteristics at time of surgery	Patients n=211 (%)
Men	92 (44%)
Median age (y, IQR)	36.3 (30.7 - 47.5)
Age at Crohn's Disease diagnosis (Montreal classification) - ≤16 years (A1) - 17 - 40 years (A2) - >40 years (A3)	19 (9%) 170 (81%) 22 (10%)
Median disease duration (y, IQR)	6.3 (1.8 - 11.9)
Median time between resection and colonoscopy (mo, IQR)	6.8 (6.1 - 8.4)
Smoking - Active smoker - Smoking cessation at surgery - Non smoker	67 (32%) 13 (6%) 131 (62%)
Previous intestinal resection - <10 years	38 (18%) 14 (7%)
Number of previous resection(s) - 0 - 1 - 2 - 3	173 (82%) 27 (13%) 7 (3%) 4 (2%)
Surgical indication <ul> <li>Stricturing complication</li> <li>Penetrating complication</li> <li>Failure of drug therapy</li> </ul>	115 (55%) 83 (39%) 13 (6%)
Disease location (Montreal classification) – Ileal (L1) – Ileocolonic (L3) – Anoperineal lesion	132 (63%) 79 (37%) 50 (24%)
Extra-digestive symptoms <ul> <li>Joint manifestations</li> <li>Skin manifestations</li> <li>Eye manifestations</li> </ul>	40 (19%) 12 (6%) 4 (2%)
Previous exposure to anti-TNF therapy Anti-TNF therapy within 3 months before surgery	134 (64%) 107 (51%)
Previous exposure to thiopurines Thiopurines within 3 months before surgery	145 (69%) 60 (28%)

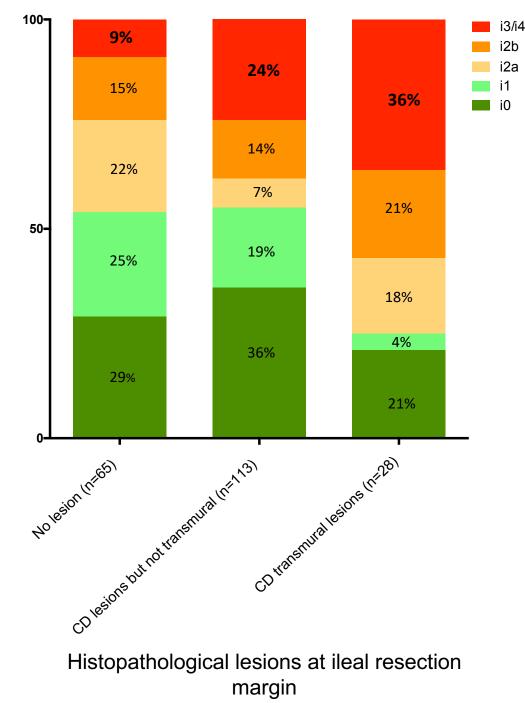
MICROSCOPIC DATA	Histological lesions	Prevalence (affected/ analyzed)	Endoscopic recurrence (%)	p
Normal margin		65/211 (30.8%)	46.2	0.54
Margin affected		146/211 (69.2%)	50.7	0.54
Mucosal layer		111/211 (52.6%)	51.4	0.58
	Granuloma	18/211 (8.5%)	55.6	0.58
	Eosinophilic Infiltrate	68/182 (37.4%)	48.5	0.88
	Ulceration/Cryptitis	60/211 (28.4%)	58.3	0.09
	Villous Atrophy	20/211 (9.5%)	55.0	0.59
	Pyloric Metaplasia	43/211 (20.5%)	51.2	0.78
Submucosal layer		104/210 (49.3%)	52.9	0.30
	Neutrophilic Infiltrate	16/210 (7.6%)	62.5	0.27
	Lymphoplasmocytic Infiltrate	84/210 (40.0%)	53.6	0.31
	Plexitis	81/210 (38.6%)	48.1	0.79
	Nervous Hyperplasia	17/210 (8.1%)	52.9	0.75
	Fibrosis	71/210 (33.8%)	59.1	0.04
Subserosal and muscularis layer		92/211 (43.6%)	50.5	0.78
	Lymphoplasmocytic Infiltrate	58/206 (28.2%)	60.3	0.04
	Fibrosis	22/206 (10.7%)	59.1	0.33
	Myenteric Plexitis Grade 2	74/211 (35.1%)	50.0	0.77
	Myenteric Plexitis Grade 3	38/211 (18.0%)	50.0	0.92
MACROSCOPIC DATA		1	1	1

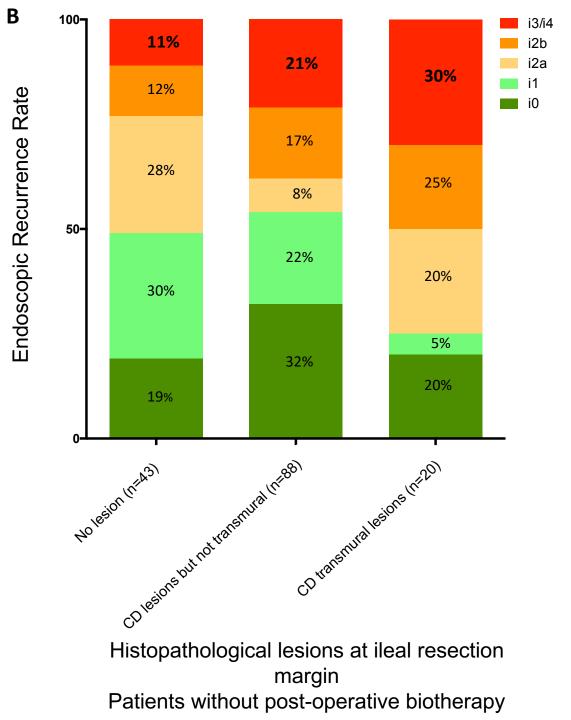
Margin macroscopically affected	44/211 (20.9%)	56.1	0.31
	Median in non recurrent patients (cm)	Median in recurrent patients (cm)	р
Length of ileal resection	19.0	18.8	0.96
Distance between first macroscopic ulceration and ileal margin	4.0	4.0	0.43

	Correlation with endoscopic recurrence (multivariate analysis)			Correlation with clinical long term recurrence (multivariate analysis)		
	Odds Ratio	95% CI	р	Odds Ratio	95% CI	р
Age	0.98	0.95 - 1.01	0.082	1.01	0.99 - 1.03	0.320
Gender (male)	2.31	1.26 - 4.32	0.008	1.39	0.85 - 2.28	0.189
Previous surgery	5.46	2.22 - 14.57	< 0.001	1.86	1.01 - 3.27	0.046
Active smokers	2.78	1.47 - 5.39	< 0.001	1.69	1.15 - 2.95	0.011
Postoperative anti-TNF	0.42	0.21 - 0.84	0.016	NA	NA	NA
Extradigestive manifestations	NA	NA	NA	2.11	1.19 - 3.63	0.010
CD transmural lesions	3.83	1.47 - 11.05	0.008	2.04	1.09 - 3.99	0.026

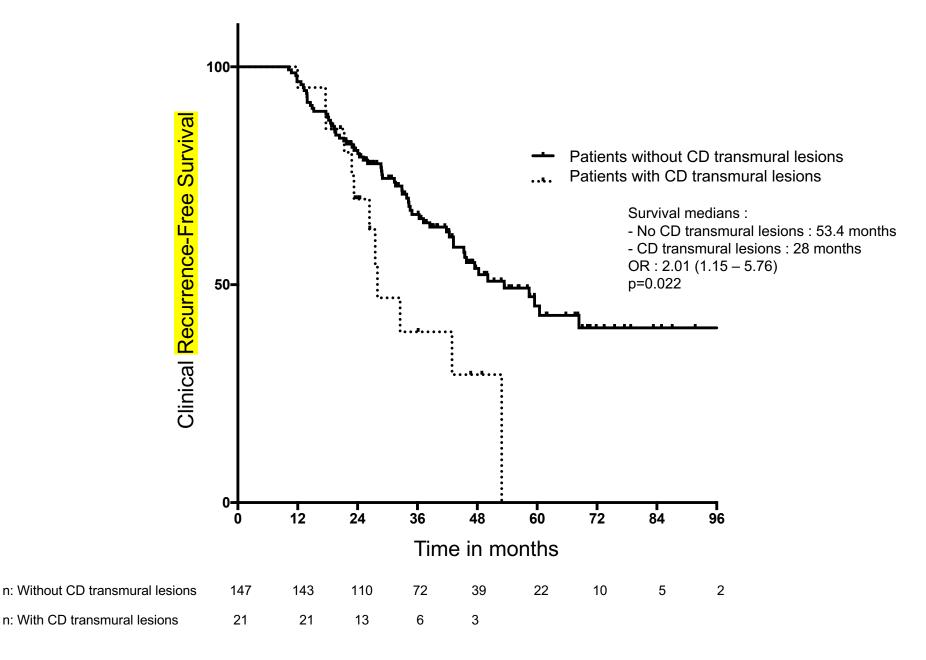








Α



#### Need to Know

<u>Background</u>: We aimed to characterize histologic features of the ileal margin in patients undergoing surgery for Crohn's disease (CD) and to evaluate their association with recurrence.

<u>Findings</u>: In patients with CD, transmural lesions at the ileal margin were associated with increased risk of post-operative disease recurrence.

<u>Implications for Patient Care</u>: Histologic features of the ileal margin should be included when physicians make decisions about post-operative therapy.

#### SUPPLEMENTARY FIGURE LEGENDS

#### **Supplementary Figure 1: Flow chart**

Supplementary Figure 2: Ven diagram: Distribution of the whole cohort of patients (n = 211) according to the histological data: 28.9% of patients presented an ileal margin affected with CD-related lesions in the 3 layers of the bowel wall. 30.8% had a normal ileal margin.

Supplementary Figure 3: Distance between first macroscopical ulceration and ileal margin correlated to histological data. No lesion: patients with normal ileal margin. One layer: lesions affecting one layer of the intestinal wall. Two layers: lesions affecting at least two layers of the intestinal wall. CD transmural lesions: presence of mucosal ulceration or cryptitis, submucosal fibrosis and lymphoplasmocytic infiltrate in the subserosa. Red points stand for patients who experienced endoscopic recurrence and blue points for patients who did not. Correlation test performed using Spearman's rank correlation test.