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## To cite this version:

Franck Barthe, Boaz Klartag. Spectral gaps, symmetries and log-concave perturbations. 2019. hal02170770

## HAL Id: hal-02170770

## https://hal.science/hal-02170770

Preprint submitted on 2 Jul 2019

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# Spectral gaps, symmetries and log-concave perturbations 

Franck Barthe and Bo'az Klartag


#### Abstract

We discuss situations where perturbing a probability measure on $\mathbb{R}^{n}$ does not deteriorate its Poincaré constant by much. A particular example is the symmetric exponential measure in $\mathbb{R}^{n}$, even log-concave perturbations of which have Poincaré constants that grow at most logarithmically with the dimension. This leads to estimates for the Poincaré constants of ( $n / 2$ )-dimensional sections of the unit ball of $\ell_{p}^{n}$ for $1 \leq p \leq 2$, which are optimal up to logarithmic factors. We also consider symmetry properties of the eigenspace of the Laplacetype operator associated with a log-concave measure. Under symmetry assumptions we show that the dimension of this space is exactly $n$, and we exhibit a certain interlacing between the "odd" and "even" parts of the spectrum.


## 1 Introduction

This work was partly motivated by the study of a family of probability measures on $\mathbb{R}^{n}$ which naturally appear when considering statistical questions pertaining to sparse linear modeling:

$$
d \nu^{n, Q}(x)=\frac{1}{Z} e^{-\|x\|_{1}-Q(x)} d x,
$$

where $Q$ is a nonnegative quadratic form, $\|x\|_{p}=\left(\sum_{i}\left|x_{i}\right|^{p}\right)^{1 / p}$, and $Z=Z_{n, Q}$ is the normalizing constant so that $\nu^{n, Q}$ is a probability measure. The latter is related to the classical functional $\theta \mapsto\|y-X \theta\|_{2}^{2}+\lambda\|\theta\|_{1}$ that one minimizes in order to find the LASSO estimator, see e.g. [10]. Here the quadratic term is supposed to ensure a good fit to data $y$, while minimizing the $L_{1}$ norm favours a small support for the estimator $\theta$.

For a probability measure $\mu$ on $\mathbb{R}^{n}$, we denote by $C_{P}(\mu)$ the Poincaré constant of $\mu$, that is the least constant $C$ such that the following inequality holds for all locally Lipschitz functions $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ :

$$
\begin{equation*}
\operatorname{Var}_{\mu}(f) \leq C \int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu \tag{1}
\end{equation*}
$$

Here $\operatorname{Var}_{\mu}(f)=\int\left(f-\int f d \mu\right)^{2} d \mu$ if $f \in L_{2}(\mu)$, and $+\infty$ otherwize, denotes the variance of $f$ with respect to $\mu$. Such Poincaré inequalities, when they hold, allow to quantify concentration properties of $\mu$ as well as relaxation properties of associated Langevin dynamics, see e.g. [2].

A natural question, posed to us by S. Gadat, is whether the Poincaré constant of $\nu^{n, Q}$ can be upper bounded independently of the quadratic form $Q$. This seems plausible, as the addition of $Q$ only makes the measure more log-concave and more localized around the origin. But making this intuition rigorous is far from obvious. A more demanding question is whether $C_{P}\left(\nu^{n, Q}\right)$ is maximal when $Q=0$. Observe that $\nu^{n, 0}=\nu^{n}$ is the $n$-fold product of the Laplace distribution on $\mathbb{R}, d \nu(t)=\exp (-|t|) d t / 2$. By the tensorization property of Poincaré inequalities, we have $C_{P}\left(\nu^{n}\right)=C_{P}(\nu)=4$ (see Lemma 2.1 in [5] for $C_{P}(\nu) \leq 4$, the converse inequality is checked with exponential test functions). A positive answer to the latter question would imply that $C_{P}\left(\nu^{n, Q}\right)$ is upper bounded by 4 , independently of the dimension and of the nonnegative quadratic form $Q$. We cannot establish this bound, but we provide results in this direction which apply to more general settings, while putting forward the relevent features of the problem as symmetry, log-concavity and appropriate comparison with the Gaussian case. A sample result is stated next:

Theorem 1. Let $n \geq 2$ and let $F: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be an even, convex function and let $1 \leq p \leq 2$. Consider the probability measure $\mu$ on $\mathbb{R}^{n}$ given by

$$
d \mu(x)=\frac{1}{Z} e^{-\|x\|_{p}^{p}-F(x)} d x
$$

where $Z$ is a normalizing constant. Then,

$$
C_{P}(\mu) \leq C(\log n)^{\frac{2-p}{p}},
$$

where $C$ is a universal constant.
We do not know whether the logarithmic factor in Theorem 1 is necessary. Up to this logarithmic factor, this theorem provides a positive answer to the above question, since a non-negative quadratic function $Q$ is an even, convex function. Note that in the case where $p=2$, there is no logarithmic factor in Theorem 1, yet in this case the Theorem is wellknown and it holds true without the assumption that $F$ is an even function (see Corollary 8 below). The case where $p \in[1,2)$ is harder, and relies on techniques from the study of log-concave measures. Using a result of Kolesnikov-Milman [22] that allows to compare Poincaré constants of log-concave functions and their level sets, we obtain the following:

Corollary 2. Let $n \geq 2$ and $p \in[1,2]$. Let $E \subseteq \mathbb{R}^{n}$ be a linear subspace, and set $\kappa=$ $\operatorname{dim}(E) / n$. Then,

$$
C_{P}\left(\lambda_{B_{p}^{n} \cap E}\right) \leq c(\kappa) \cdot \log ^{\frac{2}{p}}(n) \cdot \sup _{0 \neq \theta \in \mathbb{R}^{n}} \int_{B_{p}^{n} \cap E}\left\langle x, \frac{\theta}{|\theta|}\right\rangle^{2} d \lambda_{B_{p}^{n} \cap E}(x)
$$

where $c(\kappa)$ depends solely on $\kappa \in[0,1]$, where $B_{p}^{n}=\left\{x \in \mathbb{R}^{n} ; \sum_{i}\left|x_{i}\right|^{p} \leq 1\right\}$, and where $\lambda_{B_{p}^{n} \cap E}$ is the uniform probability measure on the section $B_{p}^{n} \cap E$.

This provides a partial confirmation, up to a logarithmic term, of a famous conjecture of Kannan, Lovász and Simonovits, which we recall in Section 2.2.

In Section 3.3 we present additional related results, and in particular a slightly more general version of the above results, see Theorem 23. The proofs in Section 3.3 rely on ideas from the recent Gaussian-mixtures analysis of Eskenazis, Nayar and Tkocz [13], and on the fact going back to [21], that the first non-trivial eigenfunction is an odd function under convexity and symmetry assumptions. This fact is revisited here, and in particular we prove the following interlacing result for the spectrum of the Laplace-type operator associated with an even, log-concave measure. A function $f: \mathbb{R}^{n} \rightarrow[0, \infty)$ is log-concave if the set where it is positive is convex, and $-\log f$ is a convex function on this set.
Theorem 3. Let $\mu$ be a finite measure with a log-concave density in $\mathbb{R}^{n}$. Assume that $\mu$ is even. Then in the definition (1) it suffices to consider odd functions, i.e., denoting $\lambda_{P}(\mu)=1 / C_{P}(\mu)$ we have

$$
\lambda_{P}(\mu)=\lambda_{P}(\mu, " o d d "):=\inf _{f: \mathbb{R}^{n} \rightarrow \mathbb{R}} \text { is odd } \frac{\int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu}{\operatorname{Var}_{\mu}(f)},
$$

where the infimum runs over all locally-Lipschitz, odd functions $f \in L^{2}(\mu)$ with $f \not \equiv 0$.
Moreover, the even functions do not lag too far behind in the spectrum. Specifically, for any $(n+1)$-dimensional subspace $E \subseteq L^{2}(\mu)$ of locally-Lipschitz, odd functions we have

$$
\lambda_{P}\left(\mu, \text { "even") }:=\inf _{f: \mathbb{R}^{n} \rightarrow \mathbb{R} \text { is even }} \frac{\int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu}{\operatorname{Var}_{\mu}(f)} \leq \sup _{0 \neq f \in E} \frac{\int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu}{\operatorname{Var}_{\mu}(f)}\right.
$$

where the infimum runs over all locally-Lipschitz, even functions $f \in L^{2}(\mu)$ with $f \not \equiv$ Const.

It is well-known that there exists log-concave measures, such as the Laplace distribution mentioned above, for which the infimum defining the Poincaré constant is not attained. Nevertheless, under mild regularity assumptions on $\mu$ it is known that an eigenspace $E_{\mu} \subseteq L^{2}(\mu)$ corresponding to the eigenvalue $\lambda_{P}(\mu)$ does exist, and by elliptic regularity the eigenfunctions are smooth. The eigenspace $E_{\mu}$ consists of all locally-Lipschitz functions $f \in L^{2}(\mu)$ with $\int f d \mu=0$ for which

$$
\int_{\mathbb{R}^{n}} f^{2} d \mu=C_{P}(\mu) \cdot \int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu
$$

Given a measure $\mu$ on $\mathbb{R}^{n}$ write $\mathcal{O}_{n}(\mu)$ for the group of all linear isometries $R: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ with $R_{*} \mu=\mu$. As an example, if $\mu$ has the symmetries of the cube $[-1,1]^{n}$, then the group $\mathcal{O}_{n}(\mu)$ has at least $2^{n} \cdot n$ ! elements, and it has no non-trivial invariant subspaces.

Theorem 4. Let $\mu$ be a log-concave probability measure on $\mathbb{R}^{n}$ with $E_{\mu} \neq\{0\}$. Assume that the group $\mathcal{O}_{n}(\mu)$ has no non-trivial invariant subspace in $\mathbb{R}^{n}$. Moreover we make the regularity assumption that $\mu$ has a $C^{2}$-smooth, positive density $e^{-\psi}$ and that the Hessian matrix of $\psi$ is non-singular at any point of $\mathbb{R}^{n}$. Then

$$
\operatorname{dim} E_{\mu}=n
$$

Moreover, for any $f \in E_{\mu} \backslash\{0\}$,

$$
E_{\mu}=\operatorname{span}\left\{f \circ R ; R \in \mathcal{O}_{n}(\mu)\right\}
$$

The proofs of the last two results appear in Section 2, where an extended discussion and several other related results may be found.

Acknowledgement. This paper is based upon work supported by the National Science Foundation under Grant No. DMS-1440140 while two of the authors were in residence at the Mathematical Sciences Research Institute in Berkeley, California, during the Fall 2017 semester.

## 2 Poincaré constants for log-concave measures

### 2.1 Perturbation principles

We collect here several useful results on the Poincaré constants, dealing with various kinds of perturbations of measures. We start with recalling the classical bounded perturbation principle. It follows from the representation formula $\operatorname{Var}_{\mu}(f)=\inf _{a \in \mathbb{R}} \int(f-a)^{2} d \mu$.
Proposition 5. Let $\mu$ be a probability measures on $\mathbb{R}^{n}$ and let $\nu(d x)=e^{V(x)} \mu(d x)$ be another probability measure. If the function $V$ is bounded, then

$$
C_{P}(\nu) \leq C_{P}(\mu) e^{\operatorname{Osc}(V)}
$$

where $\operatorname{Osc}(V)=\sup V-\inf V$ is called the oscillation of $V$.
Denote $\mathbb{R}_{+}=[0, \infty)$. The following one-dimensional comparison result appears in [31]:
Proposition 6. Let $b \in(0, \infty]$ and $V$ be an even continuous function on $\mathbb{R}$ such that $\mu(d x)=$ $\mathbf{1}_{(-b, b)}(x) e^{-V(x)} d x$ is a probability measure on $\mathbb{R}$. Let $\rho: \mathbb{R} \rightarrow \mathbb{R}^{+}$be an even function which is non-increasing on $\mathbb{R}^{+}$, such that $\nu(d x)=\rho(x) \mu(d x)$ is a probability measure. Then $C_{P}(\nu) \leq C_{P}(\mu)$.

The next statement is known as the Brascamp-Lieb variance inequality. A similar result in the complex setting appeared earlier in Hörmander's work.

Theorem 7 (Brascamp-Lieb [8]). Let $V: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be a $C^{2}$ function such that for all $x \in \mathbb{R}^{n}$, the Hessian matrix $D^{2} V(x)$ is positive definite. If $\mu(d x):=e^{-V(x)} d x$ is a probability measure, then for all locally Lipschitz functions $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$,

$$
\operatorname{Var}_{\mu}(f) \leq \int\left\langle\left(D^{2} V\right)^{-1} \nabla f, \nabla f\right\rangle d \mu
$$

In particular, if $D^{2} V(x) \geq \Sigma^{-1}$ for all $x \in \mathbb{R}^{n}$, where $\Sigma$ is a fixed positive-definite matrix, then for all $f$,

$$
\operatorname{Var}_{\mu}(f) \leq \int\langle\Sigma \nabla f, \nabla f\rangle d \mu
$$

Observe that $D^{2} V(x) \geq \Sigma^{-1}$ means that $x \mapsto V(x)-\frac{1}{2}\left\langle\Sigma^{-1} x, x\right\rangle$ is convex. This leads, by approximation (or via a different proof, as in [7] where a stronger log-Sobolev inequality is proved), to the following estimate for log-concave perturbations of Gaussian measures.
Corollary 8. Let $\Sigma$ be a symmetric, positive-definite $n \times n$ matrix. Let $\rho: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be a log-concave function, such that $\mu(d x):=\rho(x) \exp \left(-\frac{1}{2}\left\langle\Sigma^{-1} x, x\right\rangle\right) d x$ is a probability measure. Then for all locally Lipschitz functions $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ :

$$
\operatorname{Var}_{\mu}(f) \leq \int\langle\Sigma \nabla f, \nabla f\rangle d \mu
$$

In the log-concave case, Proposition 5 may be improved substantially, as shown by E. Milman. A probability measure in $\mathbb{R}^{n}$ is log-concave if it is supported in an affine subspace, and admits a log-concave density in this subspace. The total variation distance between two probability measures $\mu$ and $\nu$ is

$$
d_{T V}(\mu, \nu)=\sup _{A}|\mu(A)-\nu(A)|
$$

where the supremum runs over all measurable sets $A$.
Theorem 9 (E. Milman, Section 5 in [27]). Let $\mu_{1}$ and $\mu_{2}$ be two log-concave probability measures on $\mathbb{R}^{n}$ and let $\varepsilon>0$. If $d_{T V}\left(\mu_{1}, \mu_{2}\right) \leq 1-\varepsilon$, then

$$
C_{P}\left(\mu_{2}\right) \leq c(\varepsilon) \cdot C_{P}\left(\mu_{1}\right)
$$

where $c(\varepsilon)$ depends only on $\varepsilon$.

### 2.2 Background on the KLS conjecture

In the seminal paper [19], Kannan, Lovász and Simonovits (KLS for short) formulated a conjecture on the Cheeger isoperimetric inequality for convex sets, which turned out to be of fundamental importance for the understanding of volumetric properties of high dimensional convex bodies. We refer to the books $[1,9]$ for an extensive presentation of the topic, and focus on the material that is needed for the present work. The KLS conjecture has several equivalent formulations. The one that fits to our purposes is expressed in spectral terms. For a probability measure $\mu$ on $\mathbb{R}^{n}$ with finite second moments, let $C_{P}(\mu$, "linear") denote the least number $C$ such that for every linear function $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ it holds $\operatorname{Var}_{\mu}(f) \leq$ $C \int|\nabla f|^{2} d \mu$. Plainly

$$
C_{P}(\mu) \leq C_{P}(\mu, " l i n e a r ")=\|\operatorname{Cov}(\mu)\|_{o p}
$$

Here, $\operatorname{Cov}(\mu)=\left(C_{i j}\right)_{i, j=1, \ldots, n}$ is the covariance matrix of $\mu$, with entries

$$
C_{i j}=\int_{\mathbb{R}^{n}} x_{i} x_{j} d \mu(x)-\int_{\mathbb{R}^{n}} x_{i} d \mu(x) \int_{\mathbb{R}^{n}} x_{j} d \mu(x)
$$

and $\|\operatorname{Cov}(\mu)\|_{o p}$ is norm of $\operatorname{Cov}(\mu)$ considered as on operator on the Euclidean space $\mathbb{R}^{n}$, which is equal to the largest eigenvalue of $\operatorname{Cov}(\mu)$.

The KLS conjecture predicts the existence of a universal constant $\kappa$ such that for every dimension $n$ and for every compact convex $K \subset \mathbb{R}^{n}$ with non-empty interior (convex body),

$$
C_{P}\left(\lambda_{K}\right) \leq \kappa C_{P}\left(\lambda_{K}, \text { "linear" }\right),
$$

where $\lambda_{K}$ denotes the uniform probability measure on $K$. The conjecture has been verified for only a few families of convex bodies as the unit balls of $\ell_{p}^{n}$ [33, 24], simplices [4], bodies of revolution [18], some Orlicz balls [22]. The second named author proved in [21] that

$$
C_{P}\left(\lambda_{K}\right) \leq c \log (1+n)^{2} C_{P}\left(\lambda_{K}, \text { "linear" }\right),
$$

with $c$ being a universal constant, holds for all convex bodies $K \subset \mathbb{R}^{n}$ which are invariant by all coordinate changes of signs $\left(\left(x_{1}, \ldots, x_{n}\right) \in K \Longleftrightarrow\left(\left|x_{1}\right|, \ldots,\left|x_{n}\right|\right)\right)$. Such bodies are called unconditional. See [3] for more general symmetries. Corollary 2 above gives another instance of a weak confirmation of the conjecture up to logarithms.

The KLS conjecture can be formulated in the wider setting of log-concave probability measures (it turns out to be equivalent to the initial formulation on convex bodies). Let $\kappa_{n}$ denote the least number such that

$$
C_{P}(\mu) \leq \kappa_{n} C_{P}(\mu, \text { "linear" })
$$

holds for all log-concave probability measures on $\mathbb{R}^{n}$. With this notation the KLS conjecture predicts that $\sup _{k} \kappa_{n}<+\infty$. We will use known estimates on $\kappa_{n}$. A rather easy bound was given by Bobkov [6], extending the original result of [19] for convex bodies: for all log-concave probability measures on $\mathbb{R}^{n}$,

$$
\begin{equation*}
C_{P}(\mu) \leq c \operatorname{Tr}(\operatorname{Cov}(\mu)), \tag{2}
\end{equation*}
$$

where $c$ is a universal constant. This gives $\kappa_{n} \leq c n$. The best bound so far is due to Lee and Vempala [25] after a breaktrough of Eldan [12]: there is a universal constant $c$ such that for all log-concave probability measures on $\mathbb{R}^{n}$

$$
C_{P}(\mu) \leq c\|\operatorname{Cov}(\mu)\|_{H S}=c\left(\operatorname{Tr}\left(\operatorname{Cov}(\mu)^{*} \operatorname{Cov}(\mu)\right)\right)^{1 / 2}
$$

This implies that $\kappa_{n} \leq c \sqrt{n}$.

### 2.3 Log-concave measures with symmetries

For a Borel measure $\mu$ on $\mathbb{R}^{n}$ and a function $f \in L_{2}(\mu)$ we write

$$
\begin{equation*}
\|f\|_{H^{-1}(\mu)}=\sup \left\{\int_{\mathbb{R}^{n}} f u d \mu ; u \in L^{2}(\mu) \text { is locally-Lipschitz with } \int_{\mathbb{R}^{n}}|\nabla u|^{2} d \mu \leq 1\right\} \tag{3}
\end{equation*}
$$

The norm $\|f\|_{H^{-1}(\mu)}$ makes sense only when $\int f d \mu=0$, as otherwise $\|f\|_{H^{-1}(\mu)}=+\infty$. By duality, it follows from the definition of the Poincaré constant that for any $f \in L^{2}(\mu)$ with $\int f d \mu=0$,

$$
\begin{equation*}
\|f\|_{H^{-1}(\mu)}^{2} \leq C_{P}(\mu) \int_{\mathbb{R}^{n}} f^{2} d \mu \tag{4}
\end{equation*}
$$

The following proposition is an extension of [21, Lemma 1], from uniform measures on $C^{\infty}$ smooth convex bodies to finite log-concave measures. A proof is provided for completeness.

Proposition 10. Let $\mu$ be a finite, log-concave measure on $\mathbb{R}^{n}$. Let $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be a locally-Lipschitz function in $L^{2}(\mu)$ with $\partial_{i} f \in L^{2}(\mu)$ and $\int \partial_{i} f d \mu=0$ for all $i$. Then,

$$
\begin{equation*}
\operatorname{Var}_{\mu}(f) \leq \sum_{i=1}^{n}\left\|\partial_{i} f\right\|_{H^{-1}(\mu)}^{2} \tag{5}
\end{equation*}
$$

where we recall that $\operatorname{Var}_{\mu}(f)=\int(f-E)^{2} d \mu$ and $E=\int f d \mu / \mu\left(\mathbb{R}^{n}\right)$.

We require the following lemma, whose proof appears in the Appendix below:
Lemma 11. It suffices to prove Proposition 10 under the additional assumption that the measure $\mu$ has a $C^{\infty}$-smooth density in $\mathbb{R}^{n}$ which is everywhere positive.

Proof of Proposition 10. Thanks to Lemma 11, we may assume that $\mu(d x)=\exp (-\psi(x)) d x$, where $\psi: \mathbb{R}^{n} \rightarrow \mathbb{R}$ is smooth and convex. We may also add a constant to $f$ and assume that $\int f d \mu=0$. Define the associated Laplace operator

$$
L u=\Delta u-\langle\nabla u, \nabla \psi\rangle=\sum_{i=1}^{n} \partial_{i i} u-\partial_{i} u \cdot \partial_{i} \psi
$$

for a $C^{2}$-smooth, compactly-supported $u: \mathbb{R}^{n} \rightarrow \mathbb{R}$. A virtue of this operator is the integration by parts

$$
\int_{\mathbb{R}^{n}} u(L v) d \mu=-\int_{\mathbb{R}^{n}}\langle\nabla u, \nabla v\rangle d \mu
$$

valid whenever $v: \mathbb{R}^{n} \rightarrow \mathbb{R}$ is $C^{2}$-smooth and compactly-supported and $u$ is locally-Lipschitz. The Bochner formula states that for any $C^{2}$-smooth, compactly-supported function $u: \mathbb{R}^{n} \rightarrow$ $\mathbb{R}$,

$$
\int_{\mathbb{R}^{n}}(L u)^{2} d \mu=\sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left|\nabla \partial_{i} u\right|^{2} d \mu+\int_{\mathbb{R}^{n}}\left(\nabla^{2} \psi\right) \nabla u \cdot \nabla u d \mu \geq \sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left|\nabla \partial_{i} u\right|^{2} d \mu .
$$

This Bochner formula is discussed in [11], where it is also proven (see [11, Lemma 3]) that there exists a sequence of compactly-supported, $C^{2}$-smooth functions $u_{k}: \mathbb{R}^{n} \rightarrow \mathbb{R}(k=$ $1,2, \ldots)$ with

$$
\begin{equation*}
\lim _{k \rightarrow \infty} L u_{k}=f \quad \text { in } L^{2}(\mu) \tag{6}
\end{equation*}
$$

Now, for any $k \geq 1$,

$$
\begin{align*}
\int_{\mathbb{R}^{n}} f\left(L u_{k}\right) d \mu & =-\sum_{i=1}^{n} \int_{\mathbb{R}^{n}} \partial_{i} f \cdot \partial_{i} u_{k} d \mu \leq \sqrt{\sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left|\nabla \partial_{i} u_{k}\right|^{2} d \mu} \cdot \sqrt{\sum_{i=1}^{n}\left\|\partial_{i} f\right\|_{H^{-1}(\mu)}^{2}} \\
& \leq\left\|L u_{k}\right\|_{L^{2}(\mu)} \cdot \sqrt{\sum_{i=1}^{n}\left\|\partial_{i} f\right\|_{H^{-1}(\mu)}^{2}} . \tag{7}
\end{align*}
$$

By letting $k$ tend to infinity we deduce (5) from (6) and (7).
Let us write $C_{P}(\mu$, "even") for the smallest number $C>0$ for which

$$
\operatorname{Var}_{\mu}(f) \leq C \int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu
$$

for all even, locally-Lipschitz functions $f \in L^{2}(\mu)$. We write $C_{P}(\mu$, "odd") for the analogous quantity where $u$ is assumed an odd function.

When $\mu$ is an even measure and $f \in L^{2}(\mu)$ is odd, we may restrict attention to odd functions $u$ in the definition (3) of $\|f\|_{H^{-1}(\mu)}$. Indeed, replacing $u(x)$ by its odd part $[u(x)-u(-x)] / 2$ cannot possibly increase $\int|\nabla u|^{2} d \mu$ or affect the integral $\int f u d \mu$ at all. Consequently, in this case,

$$
\begin{equation*}
\|f\|_{H^{-1}(\mu)}^{2} \leq C_{P}(\mu, " o d d ") \cdot \int_{\mathbb{R}^{n}} f^{2} d \mu . \tag{8}
\end{equation*}
$$

Moreover, when $\mu$ is an even measure in $\mathbb{R}^{n}$ we have

$$
\begin{equation*}
C_{P}(\mu)=\max \left\{C_{P}(\mu, " o d d "), C_{P}(\mu, \text { "even" })\right\} . \tag{9}
\end{equation*}
$$

This follows from the fact that any locally-Lipschitz $f \in L^{2}(\mu)$ may be decomposed as $f=g+h$ with $g$ even and $h$ odd, and $\int g h d \mu=\int(\nabla g \cdot \nabla h) d \mu=0$. In the case where the even measure $\mu$ is additionally assumed log-concave, formula (9) may be improved. The following corollary is an extension of [21, Corollary 2(ii)] from smooth convex bodies to finite log-concave measures. This extension requires a modified argument, as the one in [21] was based on eigenfunctions, which may not exist in general.

Corollary 12. Let $\mu$ be a finite, log-concave measure on $\mathbb{R}^{n}$. Assume that $\mu$ is even. Then

$$
C_{P}(\mu)=C_{P}(\mu, " o d d ") .
$$

Proof. In view of (9), we need to prove that $C_{P}(\mu$, "even" $) \leq C_{P}(\mu$, "odd"). Thus, let $f \in L^{2}(\mu)$ be an even, locally-Lipschitz function. Then $\partial_{i} f$ is an odd function for all $i$. In the case where $\partial_{i} f \in L^{2}(\mu)$ for all $i$, by Proposition 10 and by (8),

$$
\begin{equation*}
\operatorname{Var}_{\mu}(f) \leq \sum_{i=1}^{n}\left\|\partial_{i} f\right\|_{H^{-1}(\mu)}^{2} \leq C_{P}(\mu, " o d d ") \cdot \sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left|\partial^{i} f\right|^{2} d \mu=C_{P}(\mu, " o d d ") \cdot \int_{\mathbb{R}^{n}}|\nabla f|^{2} \tag{10}
\end{equation*}
$$

Note that (10) trivially holds when $\partial_{i} f \notin L^{2}(\mu)$ for some $i$, as the right-hand side is infinite. Now (10) shows that $C_{P}\left(\mu\right.$, "even") $\leq C_{P}(\mu, " o d d ")$.

Proof of Theorem 3. The first part of the theorem follows from Corollary 12. As for the second part, let $E \subseteq L^{2}(\mu)$ be an $(n+1)$-dimensional subspace of locally-Lipschitz, odd functions. Consider the linear map $\theta: E \rightarrow \mathbb{R}^{n}$ defined via

$$
\begin{equation*}
\theta(f):=\int_{\mathbb{R}^{n}} \nabla f d \mu \tag{11}
\end{equation*}
$$

Since $E$ is $(n+1)$-dimensional, there exists $0 \not \equiv f \in E$ with $\theta(f)=0$. Since $f$ is odd, the function $\partial_{i} f$ is an even function for all $i$. In the case where $\partial_{i} f \in L^{2}(\mu)$ for all $i$, by Proposition 10 and (8),
$\operatorname{Var}_{\mu}(f) \leq \sum_{i=1}^{n}\left\|\partial_{i} f\right\|_{H^{-1}(\mu)}^{2} \leq C_{P}(\mu$, "even" $) \cdot \sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left|\partial^{i} f\right|^{2} d \mu=C_{P}(\mu, " e v e n ") \cdot \int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu$.
This inequality trivially holds if $\partial_{i} f \notin L^{2}(\mu)$ for some $i$. We have thus found $f \in E$ with

$$
\lambda_{P}(\mu, \text { "even" })=\frac{1}{C_{P}(\mu, " e v e n ")} \leq \frac{\int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu}{\operatorname{Var}_{\mu}(f)}
$$

completing the proof of the theorem.
A measure $\mu$ in $\mathbb{R}^{n}$ is unconditional if it is invariant under coordinate reflections, i.e., for any test function $\varphi$ and any choice of signs,

$$
\int_{\mathbb{R}^{n}} \varphi\left( \pm x_{1}, \ldots, \pm x_{n}\right) d \mu(x)=\int_{\mathbb{R}^{n}} \varphi\left(x_{1}, \ldots, x_{n}\right) d \mu(x)
$$

The following corollary is similar to [21, Corollay 2(i)] but it does not involve any regularity assumption:
Corollary 13. Let $\mu$ be a finite, log-concave measure on $\mathbb{R}^{n}$. Assume that $\mu$ is unconditional. Then

$$
C_{P}(\mu)=C_{P}(\mu, \text { "odd in at least one coordinate" }),
$$

i.e., in the definition of $C_{P}(\mu)$ it suffices to consider functions $f\left(x_{1}, \ldots, x_{n}\right)$ for which there is an index $i$ such that $f$ is odd with respect to $x_{i}$.

Proof. For $I \subseteq \Omega_{n}=\{1, \ldots, n\}$ we say that $f\left(x_{1}, \ldots, x_{n}\right)$ is of type $I$ if it is even with respect to $x_{i}$ for $i \in I$ and odd with respect to $x_{i}$ for $i \notin I$. Any $f \in L^{2}(\mu)$ may be decomposed into a sum of $2^{n}$ functions, each of a certain type $I \subseteq \Omega_{n}$. Moreover, even without the log-concavity assumption we have

$$
\begin{equation*}
C_{P}(\mu)=\max _{I \subseteq \Omega_{n}} C_{P}(\mu, \text { "functions of type I" }) \tag{12}
\end{equation*}
$$

All we need is to eliminate the case $I=\Omega_{n}$ from the maximum in (12). However, if $f$ is of type $\Omega_{n}$, then each function $\partial_{i} f$ is of type $\Omega_{n} \backslash\{i\}$. We may thus rerun the argument in (10) and complete the proof.

### 2.4 The structure of the eigenspace

We move on to discuss properties of eigenfunctions of log-concave measures with symmetries, following their investigation in [21]. We will consider a log-concave probability measure $d \mu(x)=e^{-\psi(x)} d x$ such that $\psi: \mathbb{R}^{n} \rightarrow \mathbb{R}$ is of class $C^{2}$ and $D^{2} \psi(x)>0$ for all $x$. The Poincaré inequality asserts that the non-zero eigenvalues of $-L$, where

$$
L=\Delta-\langle\nabla \psi, \nabla\rangle
$$

are at least $1 / C_{P}(\mu)$. We assume here that $\lambda_{\mu}=\lambda_{P}(\mu)=1 / C_{P}(\mu)$ is actually an eigenvalue for $L$ and study the structure of the corresponding eigenspace $E_{\mu}:=\left\{f \in L^{2}(\mu) ; L f=\right.$ $\left.-\lambda_{\mu} f\right\}$. Note that elliptic regularity ensures that eigenfunctions are $C^{2}$-smooth. First, we put forward the key ingredient in [21]. We reproduce the proof, for completeness.

Lemma 14. Under the above assumptions, the linear map $\theta: E_{\mu} \rightarrow \mathbb{R}^{n}$ defined in (11) is injective. As a consequence $\operatorname{dim} E_{\mu} \leq n$.

Proof. Assume $L f=-\lambda_{\mu} f$ and $\int \nabla f d \mu=0$. Then using integration by parts, the Poincaré inequality for the zero average functions $\partial_{i} f$ and the Bochner formula gives

$$
\begin{array}{r}
\lambda_{\mu} \int f^{2} d \mu=-\int f L f d \mu=\int|\nabla f|^{2} d \mu=\sum_{i} \operatorname{Var}_{\mu}\left(\partial_{i} f\right) \leq \frac{1}{\lambda_{\mu}} \sum_{i} \int\left|\nabla \partial_{i} f\right|^{2} d \mu \\
=\frac{1}{\lambda_{\mu}}\left(\int(L f)^{2} d \mu-\int\left\langle D^{2} \psi \nabla f, \nabla f\right\rangle d \mu\right) \leq \frac{1}{\lambda_{\mu}} \int(L f)^{2} d \mu=\lambda_{\mu} \int f^{2} d \mu
\end{array}
$$

Hence all the above inequalities are actually equalities. In particular $\int\left\langle D^{2} \psi \nabla f, \nabla f\right\rangle d \mu=0$, from which we conclude that $f$ is constant. Hence $0=L f=-\lambda_{\mu} f$, and $f=0$.

Let $\mathcal{O}_{n}$ be the group of linear isometries of the Euclidean space $\mathbb{R}^{n}$. We consider the subgroup of isometries which leave $\mu$ invariant:

$$
\mathcal{O}_{n}(\mu):=\left\{R \in \mathcal{O}_{n} ; R \mu=\mu\right\}=\left\{R \in \mathcal{O}_{n} ; \psi \circ R=\psi\right\}
$$

Lemma 15. If $f \in E_{\mu}$ and $R \in \mathcal{O}_{n}(\mu)$ then $f \circ R^{-1} \in E_{\mu}$ and

$$
\theta\left(f \circ R^{-1}\right)=R \theta(f)
$$

Proof. The fact that $f \circ R^{-1}$ is still an eigenfunction is readily checked. Next

$$
\theta\left(f \circ R^{-1}\right)=\int \nabla\left(f \circ R^{-1}\right) d \mu=\int R(\nabla f) \circ R^{-1} d \mu=R \int \nabla f d \mu
$$

where we have used that $R^{-1}$ is also the adjoint of $R$, and the invariance of $\mu$.
Remark. This result can be formulated in a more abstract way. The group $\mathcal{O}_{n}(\mu)$ has a natural representation as operators on $\mathbb{R}^{n}$, denoted by $\rho$. It has another one as operators on $E_{\mu}$, denoted by $\pi$ and defined for $R \in \mathcal{O}_{n}(\mu)$ and $f \in E_{\mu}$ by $\pi(R) f=f \circ R^{-1}$. The statement of the lemma means that $\theta: E_{\mu} \rightarrow \mathbb{R}^{n}$ intertwines $\pi$ and $\rho$.

Remark. The arguments of the above two proofs were used in [21] to establish the existence of antisymmetric eigenfunctions, more specifically of an odd eigenfunction when $\psi$ is even, and of an eigenfunction which is odd in one coordinate when $\psi$ is unconditional. Note that these results give Corollary 12 and also Corollary 13 below under strong assumptions on the existence of eigenfunctions, which we could remove in the present paper. It was proven in [3] that the existence of antisymmetric eigenfunctions extends as follows: if there exist $R_{1}, \ldots, R_{k} \in \mathcal{O}_{n}(\mu)$ such that $\left\{x \in \mathbb{R}^{n} ; \forall i, R_{i} x=x\right\}=\{0\}$ then for every $f \in E_{\mu} \backslash\{0\}$ there exists $i$ such that $f \circ R_{i}-f \in E_{\mu} \backslash\{0\}$. The proof of this is easy from the lemmas: it is always true that $f \circ R_{i}-f \in E_{\mu}$. Assume by contradiction that for all $i, f \circ R_{i}-f=0$. Then $\theta(f)=\theta\left(f \circ R_{i}\right)=R_{i}^{-1} \theta(f)$. So $\theta(f) \in \mathbb{R}^{n}$ is a fixed point of all the $R_{i}$ 's. By hypothesis, $\theta(f)=0$ hence $f=0$.

The above two statements allow to derive some more structural properties of $E_{\mu}$ when the measure has enough symmetries.

Theorem 16. With the above notation, assume that $\mathcal{O}_{n}(\mu)$ has no non-trivial invariant subspace. Then the map $\theta$ is bijective. In particular $\operatorname{dim} E_{\mu}=n$. Moreover, for any $f \in E_{\mu} \backslash\{0\}$,

$$
E_{\mu}=\operatorname{span}\left\{f \circ R ; R \in \mathcal{O}_{n}(\mu)\right\}
$$

Proof. By the above lemma, the range of $\theta$ is invariant by $\mathcal{O}_{n}(\mu)$. By Lemma 14 , the map $\theta$ is injective, so its range cannot be reduced to $\{0\}$. Therefore $\theta\left(E_{\mu}\right)=\mathbb{R}^{n}$, i.e $\theta$ is surjective, hence bijective.

Next consider $S:=\operatorname{span}\left\{f \circ R^{-1} ; R \in \mathcal{O}_{n}(\mu)\right\} \subset E_{\mu}$. Then, thanks to the latter lemma, $\theta(S)=\operatorname{span}\left\{R \theta(f) ; R \in \mathcal{O}_{n}(\mu)\right\}$ is $\mathcal{O}_{n}(\mu)$ invariant and non-zero. Therefore it is equal to $\mathbb{R}^{n}$. Hence $S=E_{\mu}$.

Theorem 4 above follows from Theorem 16, as it is well-known by spectral theory that a locally-Lipschitz function $f \in L^{2}(\mu)$ with $\int f d \mu=0$ for which an equality in the Poincaré inequality is attained, belongs to $E_{\mu}$.

Eventually, let us give an example in a specific case: assume that $\mu$ has the symmetries of the cube, or equivalently that $\psi(x)=\psi\left(\left|x_{\sigma(1)}\right|, \ldots,\left|x_{\sigma(n)}\right|\right)$ for all permutations $\sigma$ of $\{1, \ldots, n\}$ and all $x \in \mathbb{R}^{n}$. Then $\mathcal{O}_{n}(\mu)$ has no non-trivial invariant subspace and the above proposition applies. But one can give a more precise description of the $n$-dimensional space $E_{\mu}$ in this case.

Denote by $\left(e_{i}\right)_{i=1}^{n}$ the canonical basis of $\mathbb{R}^{n}$, by $S_{i}$ the orthogonal symmetry with respect to the hyperplane $\left\{x ; x_{i}=0\right\}$, and $T_{i j}, i \neq j$ the linear operator on $\mathbb{R}^{n}$ the action of which on the canonical basis is to exchange $e_{i}$ and $e_{j}$. Note that $S_{i}$ and $T_{i j}$ belong to $\mathcal{O}_{n}(\mu)$ and are involutive. Since $\theta$ is bijective we define $f_{i}:=\theta^{-1}\left(e_{i}\right)$, and obtain a basis $\left(f_{i}\right)_{i=1}^{n}$ of $E_{\mu}$. The relationships between vectors of $\mathbb{R}^{n}$ and isometries in $\mathcal{O}_{n}(\mu)$ can be transfered to eigenfunctions thanks to $\theta$ :

$$
\begin{aligned}
& \theta\left(f_{1}\right)=e_{1}=-S_{1} e_{1}=-S_{1} \theta\left(f_{1}\right)=\theta\left(-f_{1} \circ S_{1}\right) \\
& \theta\left(f_{1}\right)=e_{1}=S_{i} e_{1}=S_{i} \theta\left(f_{1}\right)=\theta\left(f_{1} \circ S_{i}\right), \quad \text { if } i \neq 1 \\
& \theta\left(f_{1}\right)=e_{1}=T_{i j} e_{1}=T_{i j} \theta\left(f_{1}\right)=\theta\left(f_{1} \circ T_{i j}\right), \quad \text { if } i, j \neq 1
\end{aligned}
$$

imply that $f_{1}=-f_{1} \circ S_{1}$ and for $i, j \neq 1, f_{1}=f_{1} \circ S_{i}=f_{1} \circ T_{i, j}$. In other words for any $\left(x_{2}, \ldots, x_{n}\right)$, the map $x_{1} \mapsto f_{1}\left(x_{1}, \ldots, x_{n}\right)$ is odd and for any $x_{1}$, the map $\left(x_{2}, \ldots, x_{n}\right) \mapsto$ $f_{1}\left(x_{1}, \ldots, x_{n}\right)$ is invariant by changes of signs and permutations of coordinates. Still for $i \neq 1$,

$$
\theta\left(f_{i}\right)=e_{i}=T_{1 i} e_{1}=T_{1 i} \theta\left(f_{1}\right)=\theta\left(f_{1} \circ T_{1 i}\right)
$$

yields $f_{i}=f_{1} \circ T_{1 i}$. In particular, $f_{i}$ is an odd function of $x_{i}$ and an unconditional and permutation invariant function of $\left(x_{j}\right)_{j \neq i}$. Consequently for $i \neq j, \int f_{i} f_{j} d \mu=0$ (the integral against $d x_{i}$ is equal to zero since $f_{i}$ is odd in $x_{i}$ while $f_{j}$ and $\psi$ are even in $x_{i}$ ). Summarizing, $\left(f_{1}, f_{1} \circ T_{12}, \ldots, f_{1} \circ T_{1 n}\right)$ is an orthogonal basis of $E_{\mu}$.

## 3 Perturbed products

In this section we investigate Poincaré inequalities for multiplicative perturbations of product measures.

### 3.1 Unconditional measures

We now describe a comparison result which may be viewed as the higher-dimensional analog of Proposition 6, in the case of product measures. We write $\mathbb{R}_{+}^{n}=[0, \infty)^{n}$.

Theorem 17. For $i=1, \ldots, n$, let $d \mu_{i}(t)=\mathbf{1}_{\left(-b_{i}, b_{i}\right)}(t) e^{-V_{i}(t)} d t$ be an origin symmetric probability measure on $\mathbb{R}$, with $b_{i} \in(0, \infty]$ and $V_{i}$ continuous on $\mathbb{R}$. Let $\rho: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be such that $d \mu^{n, \rho}(x)=\rho(x) \prod_{i=1}^{n} d \mu_{i}\left(x_{i}\right)$ is a probability measure. Assume that $\rho$ is unconditional (i.e. $\rho\left(x_{1}, \ldots, x_{n}\right)=\rho\left(\left|x_{1}\right|, \ldots,\left|x_{n}\right|\right)$ for all $x \in \mathbb{R}^{n}$ ) and coordinatewise non-increasing on $\mathbb{R}_{+}^{n}$. If in addition $\mu^{n, \rho}$ is log-concave, then

$$
C_{P}\left(\mu^{n, \rho}\right) \leq C_{P}\left(\mu^{n, 1}\right)=\max _{i} C_{P}\left(\mu_{i}\right) .
$$

This holds in particular when the measures $\mu_{i}$ are even and log-concave and $\rho$ is log-concave and unconditionnal.

Proof. Since $\mu^{n, \rho}$ is log-concave and unconditional, we know by Corollary 13 that it is enough to prove the Poincaré inequality for functions which are odd with respect to one coordinate. Let $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be locally Lipschitz, and assume that it is odd in the first variable (other variables are dealt with in the same way). Then by symmetry $\int f d \mu^{n, \rho}=0$, so that

$$
\operatorname{Var}_{\mu^{n, \rho}}(f)=\int f^{2} d \mu^{n, \rho}=\int\left(\int_{\mathbb{R}} f^{2}(x) \rho(x) d \mu_{1}\left(x_{1}\right)\right) \prod_{i \geq 2} d \mu_{i}\left(x_{i}\right)
$$

In the sense of $\mu_{2} \otimes \cdots \otimes \mu_{n}$, for almost every $\bar{x}:=\left(x_{2}, \ldots, x_{n}\right), Z_{\bar{x}}:=\int_{\mathbb{R}} \rho(x) d \mu_{1}\left(x_{1}\right)<+\infty$. Thus way may consider the probability measure $\rho\left(x_{1}, \bar{x}\right) d \mu_{1}\left(x_{1}\right) / Z_{\bar{x}}$. It is a perturbation of an even probability measure on $\mathbb{R}$, by the even unimodal function $x_{1} \mapsto \rho\left(x_{1}, \bar{x}\right) / Z_{\bar{x}}$. Hence by Proposition 6, its Poincaré constant is at most $C_{P}\left(\mu_{1}\right)$. Since $x_{1} \mapsto f\left(x_{1}, \bar{x}\right)$ is odd, it has a zero average for the later measure and we get

$$
\int_{\mathbb{R}} f^{2}(x) \rho(x) \frac{d \mu_{1}\left(x_{1}\right)}{Z_{\bar{x}}} \leq C_{P}\left(\mu_{1}\right) \int_{\mathbb{R}}\left(\partial_{1} f(x)\right)^{2} \rho(x) \frac{d \mu_{1}\left(x_{1}\right)}{Z_{\bar{x}}} .
$$

Cancelling $Z_{\bar{x}}$ and plugging in the former equality, we get
$\operatorname{Var}_{\mu^{n, \rho}}(f) \leq \int\left(C_{P}\left(\mu_{1}\right) \int_{\mathbb{R}}\left(\partial_{1} f(x)\right)^{2} \rho(x) d \mu_{1}\left(x_{1}\right)\right) \prod_{i \geq 2} d \mu_{i}\left(x_{i}\right) \leq \max _{i} C_{P}\left(\mu_{i}\right) \int|\nabla f|^{2} d \mu^{n, \rho}$.

Remark. The hypothesis of unconditionality on the perturbation $\rho$ cannot be dropped, as the following example shows. Denote by $U([a, b])$ the uniform probability measure on $[a, b]$. Classically, $C_{P}(U([a, b]))=(b-a)^{2} / \pi^{2}$. We choose $\mu_{i}=U\left(\left[-\frac{1}{2}, \frac{1}{2}\right]\right)$. Then the measure $\mu^{n, 1}$ is uniform on the unit cube $C_{n}:=\left[-\frac{1}{2}, \frac{1}{2}\right] \subset \mathbb{R}^{n}$, and $C_{P}\left(\mu^{n, 1}\right)=\pi^{-2}$. Let $\varepsilon \in(0,1)$ and consider an orthogonal parallelotope $P_{\varepsilon}$ included in the cube $C_{n}$ and of maximal side length $(1-\varepsilon) \sqrt{n}$ (such parallelotopes are easily constructed. When $\varepsilon$ tends to zero they collapse to the main diagonal of the cube, the length of which is $\sqrt{n}$ ). Then define $\rho_{\varepsilon}=\mathbf{1}_{P_{\varepsilon}} / \operatorname{Vol}\left(P_{\varepsilon}\right)$. Clearly $\mu^{n, \rho_{\varepsilon}}$ is the uniform measure on $P_{\varepsilon}$, which is a product measure. So by the tensorisation property $C_{P}\left(\mu^{n, \rho_{\varepsilon}}\right)=\frac{1}{\pi^{2}}((1-\varepsilon) \sqrt{n})^{2}$.
Remark. The product hypothesis is also important. Consider the uniform measure $U\left(\sqrt{n} B_{2}^{n}\right)$ on the Euclidean Ball of radius $\sqrt{n}$ in $\mathbb{R}^{n}$, for $n \geq 2$. It is well-known that $\sup _{n} C_{P}\left(U\left(\sqrt{n} B_{2}^{n}\right)\right)<$ $+\infty$. For $\varepsilon \in(0,1)$, define the unconditional parallelotope

$$
Q_{\varepsilon}=\left\{x \in \mathbb{R}^{n} ;\left|x_{1}\right| \leq \sqrt{n-\varepsilon} \text { and } \forall i \geq 2,\left|x_{i}\right| \leq \sqrt{\frac{\varepsilon}{n-1}}\right\} \subset \sqrt{n} B_{2}^{n}
$$

Since it is a product set, $C_{P}\left(U\left(Q_{\varepsilon}\right)\right)=C_{P}(U([-\sqrt{n-\varepsilon}, \sqrt{n-\varepsilon}]))=(n-\varepsilon) / \pi^{2}$. Hence $U\left(Q_{\varepsilon}\right)$ is an unconditional and log-concave perturbation of $U\left(\sqrt{n} B_{2}^{n}\right)$, which is itself logconcave and unconditional. Nevertheless the former has a much larger Poincaré constant than the latter when the dimension grows. See also Section 3.3 below.

### 3.2 The general case

The above examples show that a dimension dependence is sometimes needed, of order $n$ for the covariances and Poincaré constants. We show next that this is as bad as it gets, and that such a control of the covariance can be obtained independently of the even log-concave perturbation.

Theorem 18. Let $\mu_{1}, \ldots, \mu_{n}$ be even log-concave probability measures on $\mathbb{R}$, and let $\rho$ : $\mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be an even log-concave function such that

$$
d \mu_{\rho}(x):=\rho(x) \prod_{i=1}^{n} d \mu_{i}\left(x_{i}\right), \quad x \in \mathbb{R}^{n}
$$

is a probability measure. Then, covariance matrices can be compared:

$$
\operatorname{Cov}\left(\mu^{n, \rho}\right) \leq n \operatorname{Cov}\left(\mu^{n, 1}\right)
$$

Moreover,

$$
C_{p}\left(\mu^{n, \rho}\right) \leq c \sum_{i=1}^{n} \operatorname{Var}\left(\mu_{i}\right) \leq c n \max _{i} C_{P}\left(\mu_{i}\right)=c n C_{P}\left(\mu^{n, 1}\right)
$$

where $c$ is a universal constant.
Proof. We start with the covariance inequality. Set $\sigma_{i}^{2}=\operatorname{Var}\left(\mu_{i}\right)$. Let $g$ be an even logconcave function on $\mathbb{R}$. Then since $g$ is non-increasing on $\mathbb{R}^{+}$,

$$
\int_{\mathbb{R}} t^{2} g(t) d \mu_{i}(t) \leq\left(\int_{\mathbb{R}} t^{2} d \mu_{i}(t)\right)\left(\int_{\mathbb{R}} g(t) d \mu_{i}(t)\right) .
$$

Indeed, by symmetry this follows from the basic fact that $2 \operatorname{cov}_{m}(f, g)=\int_{\left(R_{+}\right)^{2}}(f(x)-$ $f(y))(g(x)-g(y)) d m(x) d m(y) \leq 0$ if $m$ is a probability measure on $\mathbb{R}^{+}, f$ is non-decreasing and $g$ is non-increasing. The above inequality, sometimes referred to as Chebyshev's sum inequality, can be restated in terms of the peaked ordering as $t^{2} d \mu_{i}(t) \prec \sigma_{i}^{2} \mu_{i}$. Such an inequality is preserved by taking on both side the tensor product with an even log-concave measure (e.g. Kanter [20, Corollary 3.2]). Hence, tensorizing with $\otimes_{j \neq i} \mu_{j}$

$$
x_{i}^{2} d \mu_{1}\left(x_{1}\right) \ldots d \mu_{n}\left(x_{n}\right) \prec \sigma_{i}^{2} \mu_{1} \otimes \cdots \otimes \mu_{n} .
$$

This means that the left-hand side measure has smaller integral against even log-concave functions. Applying this with $\rho$ gives

$$
\begin{equation*}
\int x_{i}^{2} d \mu^{n, \rho}(x) \leq \sigma_{i}^{2} \tag{13}
\end{equation*}
$$

This is enough to upper bound the covariance matrix. Indeed, for $\theta \in \mathbb{R}^{n}$,

$$
\begin{aligned}
\operatorname{Var}_{\mu^{n, \rho}}(\langle\cdot, \theta\rangle) & =\int\langle x, \theta\rangle^{2} d \mu^{n, \rho}(x)=\sum_{i, j} \int x_{i} x_{j} \theta_{i} \theta_{j} d \mu^{n, \rho}(x) \\
& \leq \sum_{i, j}\left|\theta_{i}\right|\left|\theta_{j}\right|\left(\int x_{i}^{2} d \mu^{n, \rho}(x)\right)^{\frac{1}{2}}\left(\int x_{j}^{2} d \mu^{n, \rho}(x)\right)^{\frac{1}{2}} \\
& \leq \sum_{i, j} \sigma_{i}\left|\theta_{i}\right| \sigma_{j}\left|\theta_{j}\right|=\left(\sum_{i=1}^{n}\left|\theta_{i}\right| \sigma_{i}\right)^{2} \\
& \leq n \sum_{i=1}^{n} \sigma_{i}^{2} \theta_{i}^{2}=n \operatorname{Var}_{\mu_{1} \otimes \cdots \otimes \mu_{n}}(\langle\cdot, \theta\rangle)
\end{aligned}
$$

Eventually, since $\mu^{n, \rho}$ is log concave, we may apply Inequality (2)

$$
C_{P}\left(\mu^{n, \rho}\right) \leq c \operatorname{Tr}\left(\operatorname{Cov}\left(\mu^{n, \rho}\right)\right)=c \sum_{i=1}^{n} \int x_{i}^{2} d \mu^{n, \rho}(x) .
$$

We conclude thanks to (13).

### 3.3 Gaussian mixtures

In this section, we consider $n$ probability measures on $\mathbb{R}$ which are absolutely continuous Gaussian mixtures. This means that $\mu_{i}(d t)=\varphi_{i}(t) d t$ for $i=1, \ldots, n$ with

$$
\begin{equation*}
\varphi_{i}(t)=\int_{\mathbb{R}_{+}^{*}} \frac{e^{-\frac{t^{2}}{2 \sigma^{2}}}}{\sigma \sqrt{2 \pi}} d m_{i}(\sigma), \quad t \in \mathbb{R} \tag{14}
\end{equation*}
$$

where $m_{i}$ is a probability measure and $\mathbb{R}_{+}^{*}=(0, \infty)$. In other words if $R_{i}$ is a random variable with law $m_{i}$ and is independent of a standard Gaussian variable $Z$, then the product $R_{i} Z$ is distributed according to $\mu_{i}$. These measures were considered by Eskenazis, Nayar and Tkocz [13], who showed that several geometric and entropic properties of Gaussian measures extend to Gaussian mixtures.

### 3.3.1 Using the covariance

For log-concave probability measures, it is known that the Poincaré constant is related to the operator norm of the covariance matrix of the measure. In order to estimate the covariance, we use an extension by Eskenazis, Nayar and Tkocz of the Gaussian correlation inequality due to Royen [32]. A function $f$ is quasi-concave if its upper level sets $\{x ; f(x) \geq t\}$ are convex for all $t$.
Theorem 19 ([13]). Let $\mu_{1}, \ldots, \mu_{n}$ be probability measures on $\mathbb{R}$ which all are Gaussian mixtures. Let $f, g: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be even and quasi-concave, then for $\mu=\mu_{1} \otimes \cdots \otimes \mu_{n}$,

$$
\int f g d \mu \geq\left(\int f d \mu\right)\left(\int g d \mu\right)
$$

Remark. The inequality is actually valid for the more general class of even and unimodal functions (i.e. increasing limits of positive combinations of indicators of origin symmetric convex sets).

For our purpose we rather need a weaker version of Theorem 19. Let $c: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be an even convex function, and $g$ be even and log-concave; for $\varepsilon>0$, consider the log-concave function $f=\exp (-\varepsilon g)$. Then the above theorem gives $\int e^{-\varepsilon c} g d \mu \geq\left(\int e^{-\varepsilon c} d \mu\right)\left(\int g d \mu\right)$. There is equality for $\varepsilon=0$, so comparing derivatives at $\varepsilon=0$ yields that an even convex and an even log-concave function are negatively correlated for $\mu$ :

$$
\begin{equation*}
\int c g d \mu \leq\left(\int c d \mu\right)\left(\int g d \mu\right) \tag{15}
\end{equation*}
$$

In the case of centered Gaussian measures, this negative correlation property between even convex and even log-concave functions was established first by Hargé [16].
Proposition 20. Let $\mu_{1}, \ldots, \mu_{n}$ be Gaussian mixtures, and let $\rho: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be an even log-concave function such that the measure $d \mu^{n, \rho}(x)=\rho(x) \prod_{i=1}^{n} d \mu_{i}\left(x_{i}\right)$ is a probability measure on $\mathbb{R}^{n}$. Then

$$
\operatorname{Cov}\left(\mu^{n, \rho}\right) \leq \operatorname{Cov}\left(\mu^{n, 1}\right)
$$

If in addition $\mu^{n, \rho}$ is log-concave (which is true if the measures $\mu_{i}$ and the function $\rho$ are log-concave), then

$$
C_{p}\left(\mu^{n, \rho}\right) \leq c n^{\frac{1}{2}} \max _{i} \operatorname{Var}\left(\mu_{i}\right) \leq c n^{\frac{1}{2}} \max _{i} C_{P}\left(\mu_{i}\right)=c n^{\frac{1}{2}} C_{P}\left(\mu^{n, 1}\right),
$$

where $c$ is a universal constant.

Proof. Let $\theta \in \mathbb{R}^{n}$. Since $x \mapsto\langle x, \theta\rangle^{2}$ is even and convex, the correlation inequality (15) yields

$$
\int\langle x, \theta\rangle^{2} \rho(x) \prod d \mu_{i}\left(x_{i}\right) \leq\left(\int\langle x, \theta\rangle^{2} \prod d \mu_{i}\left(x_{i}\right)\right) \int \rho(x) \prod d \mu_{i}\left(x_{i}\right) .
$$

Since the measures are centered, this can be rewritten as

$$
\operatorname{Var}_{\mu^{n, \rho}}(\langle\cdot, \theta\rangle) \leq \operatorname{Var}_{\mu^{n, 1}}(\langle\cdot, \theta\rangle), \quad \theta \in \mathbb{R}^{n}
$$

Hence the covariance inequality is proved. For the second part of the statement, we apply the best general result towards the Kannan-Lovasz-Simonovits conjecture, recalled in Section 2.2: for every log-concave probability measure $\eta$ on $\mathbb{R}^{n}, C_{P}(\eta) \leq c n^{1 / 2}\|\operatorname{Cov}(\eta)\|_{o p}$.

Remark. The KLS conjecture predicts that for some universal constant $\kappa$ and for all $\log$ concave probability measures $\eta, C_{P}(\eta) \leq \kappa\|\operatorname{Cov}(\eta)\|_{o p}$. If it were confirmed, then the conclusion of the above theorem could be improved to $C_{P}\left(\mu^{n, \rho}\right) \leq \kappa C_{P}\left(\mu^{n, 1}\right)$.
Remark. The correlation inequality proves that $\mu^{n, \rho} \succ \mu^{n, 1}$ for the peaked ordering on measures: $\mu \succ \nu$ means $\mu(K) \geq \nu(K)$ for all origin-symmetric convex sets, and imples $\int f d \mu \geq \int f d \nu$ for all (even) unimodal functions. Also, the weaker correlation inequality (15) implies that $\mu^{n, \rho}$ is dominated by $\mu^{n, 1}$ in the Choquet ordering (integrating against convex functions).

### 3.3.2 Direct approach

Working directly on the Poincaré inequality, we will improve the $n^{1 / 2}$ to $\log (n)$ in Proposition 20.

Lemma 21. Let $\mu_{1}, \ldots, \mu_{n}$ be Gaussian mixtures as in (14), and let $\rho: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be an even log-concave function such that

$$
d \mu^{n, \rho}(x):=\rho(x) \prod_{i=1}^{n} d \mu_{i}\left(x_{i}\right), \quad x \in \mathbb{R}^{n}
$$

is a probability measure. Then for every odd and locally Lipschitz function $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$, it holds

$$
\operatorname{Var}_{\mu^{n, \rho}}(f) \leq \int \sum_{i=1}^{n} \alpha_{i}\left(x_{i}\right)\left(\partial_{i} f(x)\right)^{2} d \mu^{n, \rho}(x)
$$

where

$$
\alpha_{i}(t):=\frac{1}{\varphi_{i}(t)} \int_{\mathbb{R}_{+}^{*}} \sigma \frac{e^{-\frac{t^{2}}{2 \sigma^{2}}}}{\sqrt{2 \pi}} d m_{i}(\sigma)=\frac{1}{\varphi_{i}(t)} \int_{|t|}^{+\infty} u \varphi_{i}(u) d u, \quad t \in \mathbb{R}
$$

Proof. Since $f$ is odd and $\mu^{n, \rho}$ has an even density,

$$
\begin{aligned}
\operatorname{Var}_{\mu^{n, \rho}}(f) & =\int f^{2} d \mu^{n, \rho}=\int f^{2}(x) \rho(x) \prod_{j=1}^{n}\left(\int_{\mathbb{R}_{+}^{*}} \frac{e^{-\frac{x_{j}^{2}}{2 \sigma_{j}^{2}}}}{\sigma_{j} \sqrt{2 \pi}} d m_{j}\left(\sigma_{j}\right)\right) d x \\
& =\int_{\left(\mathbb{R}_{+}^{*}\right)^{n}}\left(\int_{\mathbb{R}^{n}} f^{2}(x) \rho(x) e^{-\frac{1}{2} \sum_{j} \frac{x_{j}^{2}}{\sigma_{j}^{2}}} \frac{d x}{(2 \pi)^{n / 2} \prod_{j} \sigma_{j}}\right) \prod_{j=1}^{n} d m_{j}\left(\sigma_{j}\right)
\end{aligned}
$$

For each $\left(\sigma_{i}\right)_{i}$ we estimate the inner integral from above thanks to the Brascamp-Lieb inequality, applied to the probability measure

$$
d M_{\sigma}(x)=\frac{1}{Z_{\sigma}} \rho(x) e^{-\frac{1}{2} \sum_{j} \frac{x_{j}^{2}}{\sigma_{j}^{2}}} \frac{d x}{(2 \pi)^{n / 2} \prod_{i} \sigma_{j}}
$$

Since $M_{\sigma}$ is $\log$-concave with respect to the Gaussian measure $x \mapsto \exp \left(-\frac{1}{2}\left\langle\operatorname{Diag}(\sigma)^{2} x, x\right\rangle\right)$, the Brascamp-Lieb inequality in the form of Corollary 8 gives

$$
\operatorname{Var}_{M_{\sigma}}(f) \leq \int\left\langle\operatorname{Diag}(\sigma)^{2} \nabla f, \nabla f\right\rangle d M_{\sigma}(x)
$$

Since $f$ is odd and $M_{\sigma}$ is an even measure, we obtain that $\int f^{2} d M_{\sigma} \leq \int\left(\sum \sigma_{i}^{2}\left(\partial_{i} f\right)^{2}\right) d M_{\sigma}$. Observe that in this formulation, the normalizing constant $Z_{\sigma}$ appears on both sides and therefore cancels. This leads to

$$
\begin{aligned}
\operatorname{Var}_{\mu_{\rho}}(f) & \leq \int_{\left(\mathbb{R}_{+}^{*}\right)^{n}}\left(\int_{\mathbb{R}^{n}}\left(\sum_{i} \sigma_{i}^{2}\left(\partial_{i} f(x)\right)^{2}\right) \rho(x) e^{-\frac{1}{2} \sum_{j} \frac{x_{j}^{2}}{\sigma_{j}^{2}}} \frac{d x}{(2 \pi)^{n / 2} \prod_{j} \sigma_{j}}\right) \prod_{j=1}^{n} d m_{j}\left(\sigma_{j}\right) \\
& =\sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left(\partial_{i} f(x)\right)^{2}\left(\int_{\left(\mathbb{R}_{+}^{*}\right)^{n}} \sigma_{i}^{2} \prod_{j=1}^{n}\left(e^{-\frac{x_{j}^{2}}{2 \sigma_{j}^{2}}} \frac{d m_{j}\left(\sigma_{j}\right)}{\sigma_{j} \sqrt{2 \pi}}\right)\right) \rho(x) d x \\
& =\sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left(\partial_{i} f(x)\right)^{2}\left(\int_{\left(\mathbb{R}_{+}^{*}\right)^{n}} \sigma_{i} e^{-\frac{x_{i}^{2}}{2 \sigma_{i}^{2}}} \frac{d m_{i}\left(\sigma_{i}\right)}{\sqrt{2 \pi}}\right) \prod_{j \neq i} \varphi_{j}\left(x_{j}\right) \rho(x) d x \\
& =\sum_{i=1}^{n} \int_{\mathbb{R}^{n}}\left(\partial_{i} f(x)\right)^{2} \alpha_{i}\left(x_{i}\right) d \mu^{n, \rho}(x) .
\end{aligned}
$$

It remains to check the validity of the second expression of $\alpha_{i}$. This is obvious from the definition of $\varphi_{i}$ after interchanging integrals as follows:

$$
\int_{|t|}^{+\infty} u \varphi_{i}(u) d u=\int_{0}^{+\infty}\left(\int_{|t|}^{+\infty} u e^{-\frac{u^{2}}{2 \sigma^{2}}} d u\right) \frac{d m_{i}(\sigma)}{\sigma \sqrt{2 \pi}}=\int_{0}^{+\infty} \sigma^{2} e^{-\frac{t^{2}}{2 \sigma^{2}}} \frac{1}{\sigma \sqrt{2 \pi}} d m_{i}(\sigma) .
$$

Lemma 22. Let $\varphi: \mathbb{R} \rightarrow \mathbb{R}^{+}$be an even and log-concave function such that $\int \varphi=1$. Then for all $t \in \mathbb{R}$,

$$
\frac{\int_{|t|}^{+\infty} u \varphi(u) d u}{\varphi(t)} \leq \frac{|t|}{2 \varphi(0)}+\frac{1}{4 \varphi(0)^{2}} .
$$

There is equality when for some $\lambda>0$ and for all $u, \varphi(u)=\lambda \exp (-\lambda|u|) / 2$.
Proof. It is enough to deal with all $t \geq 0$. For such a fixed $t$, set for all $v>0, \psi(v):=\varphi(t+v)$. Then changing variables by $u=t+v$

$$
\frac{\int_{t}^{+\infty} u \varphi(u) d u}{\varphi(t)}=\frac{\int_{0}^{+\infty}(t+v) \psi(v) d v}{\psi(0)}=t \frac{\int_{0}^{+\infty} \psi}{\psi(0)}+\frac{\int_{0}^{+\infty} v \psi(v) d v}{\psi(0)}
$$

Since $\psi$ is log-concave, the Berwald-Borell inequality implies that the function

$$
p>0 \mapsto G(p):=\left(\frac{1}{\psi(0) \Gamma(p)} \int_{0}^{+\infty} \psi(u) u^{p-1} d u\right)^{\frac{1}{p}}
$$

is non-increasing (see [28] or e.g. Theorem 2.2.3 in [9]). The inequality $G(1) \geq G(2)$ allows us to deduce that

$$
\frac{\int_{t}^{+\infty} u \varphi(u) d u}{\varphi(t)} \leq t \frac{\int_{0}^{+\infty} \psi}{\psi(0)}+\left(\frac{\int_{0}^{+\infty} \psi}{\psi(0)}\right)^{2}
$$

With our notation

$$
\frac{\psi(0)}{\int_{0}^{+\infty} \psi}=\frac{\varphi(t)}{\int_{t}^{+\infty} \varphi}=-\frac{d}{d t} \log \left(\int_{t}^{+\infty} \varphi\right)
$$

Since $\varphi$ is log-concave, the Prékopa-Leindler inequality ensures that the tail function $t \mapsto$ $\log \left(\int_{t}^{+\infty} \varphi\right)$ is concave, and thus has a non-increasing derivative. It follows that for $t>0$,

$$
\frac{\int_{0}^{+\infty} \psi}{\psi(0)}=\frac{\int_{t}^{+\infty} \varphi}{\varphi(t)} \leq \frac{\int_{0}^{+\infty} \varphi}{\varphi(0)}=\frac{1}{2 \varphi(0)}
$$

This leads to the claimed inequality. The case of equality is checked by direct calculations.

Remark. Better estimates depending on $\varphi$ are easily established. If the even probability density is given by $\varphi=e^{-V}$ where $V$ is differentiable, even and convex, then for $t>0$,

$$
\frac{d}{d t}\left(-\frac{t e^{-V(t)}}{V^{\prime}(t)}\right)=t e^{-V(t)}\left(1+\frac{V^{\prime \prime}(t)}{V^{\prime}(t)}-\frac{1}{t V^{\prime}(t)}\right) \geq t e^{-V(t)}\left(1-\frac{1}{t V^{\prime}(t)}\right)
$$

Integrating, we obtain that for $t>0$ such that $t V^{\prime}(t) \geq 2$,

$$
\begin{equation*}
\int_{t}^{+\infty} u \varphi(u) d u \leq 2 \frac{t}{V^{\prime}(t)} \varphi(t) \tag{16}
\end{equation*}
$$

since in this case also $s V^{\prime}(s) \geq 2$ for all $s \geq t$.
Theorem 23. For $i=1, \ldots, n$, let $\mu_{i}(d t)=\varphi_{i}(t) d t$ be a Gaussian mixture on $\mathbb{R}$ which is log-concave. Let $\rho: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be an even log-concave function such that $d \mu^{n, \rho}(x)=$ $\rho(x) \prod_{i=1}^{n} d \mu_{i}\left(x_{i}\right)$ is a probability measure on $\mathbb{R}^{n}$. Then

$$
C_{P}\left(\mu^{n, \rho}\right) \leq(1+C \log n) C_{P}\left(\mu^{n, 1}\right)=(1+C \log n) \max _{i} C_{P}\left(\mu_{i}\right)
$$

where $C$ is a universal constant.
Proof. The case $n=1$ is a direct application of Proposition 6. Next we focus on $n \geq 2$. We follow the truncation strategy from [21]. Let $X_{i}$ be a random variable of law $\mu_{i}$. Since the latter is symmetric and log-concave, classical results due to Borell and Hensley (see [28] or Chapter 2 in [9]) give

$$
\left\|X_{1}\right\|_{\psi_{1}} \leq c\left\|X_{i}\right\|_{2} \leq \frac{c}{\sqrt{2} \varphi_{i}(0)}
$$

where the Orlicz norm involves $\psi_{1}(t)=e^{|t|}-1$ and $c>0$ is explicit and universal. Choose $\varepsilon:=\sqrt{2} / c$. The later inequality implies $\mathbb{E} \exp \left(\varepsilon \varphi_{i}(0)\left|X_{i}\right|\right) \leq 2$.

By the correlation inequality (15), and then Jensen's inequality

$$
\begin{aligned}
& \exp \left(\varepsilon \int \max _{i}\left(\left|x_{i}\right| \varphi_{i}(0)\right) d \mu^{n, \rho}(x)\right) \leq \exp \left(\varepsilon \int \max _{i}\left(\left|x_{i}\right| \varphi_{i}(0)\right) d \mu^{n, 1}(x)\right) \\
\leq & \int \exp \left(\varepsilon \max _{i}\left(\left|x_{i}\right| \varphi_{i}(0)\right)\right) d \mu^{n, 1}(x) \leq \int \sum_{i=1}^{n} \exp \left(\varepsilon\left|x_{i}\right| \varphi_{i}(0)\right) d \mu^{n, 1}(x) \\
= & \sum_{i=1}^{n} \int_{\mathbb{R}} \exp \left(\varepsilon\left|x_{i}\right| \varphi_{i}(0)\right) d \mu_{i}\left(x_{i}\right) \leq 2 n .
\end{aligned}
$$

Therefore

$$
\int \max _{i}\left(\left|x_{i}\right| \varphi_{i}(0)\right) d \mu^{n, \rho}(x) \leq c \log (2 n)
$$

Consequently, the set

$$
A:=\left\{x \in \mathbb{R}^{n} ; \max _{i} \frac{\left|x_{i}\right| \varphi_{i}(0)}{2} \leq c \log (2 n)\right\}
$$

verifies $\mu^{n, \rho}(A) \geq \frac{1}{2}$, thanks to Markov's inequality. This implies that the probability measure

$$
\mu_{\mid A}^{n, \rho}:=\frac{\mu^{n, \rho}(\cdot \cap A)}{\mu^{n, \rho}(A)}=\frac{\mathbf{1}_{A}}{\mu^{n, \rho}(A)} \rho \cdot\left(\mu_{1} \otimes \cdots \otimes \mu_{n}\right)
$$

obtained by conditioning $\mu^{n, \rho}$ to the set $A$ is close to $\mu^{n, \rho}$ in total variation distance:

$$
d_{\mathrm{TV}}\left(\mu^{n, \rho}, \mu_{\mid A}^{n, \rho}\right) \leq \frac{1}{2}
$$

Since $A$ is convex and symmetric, we can write $\mu_{\mid A}^{n, \rho}=\mu^{n, \tilde{\rho}}$ where $\tilde{\rho}:=\frac{\mathbf{1}_{A}}{\mu^{n, \rho}(A)} \rho$ is still log-concave and even. Since both measures are log-concave, Theorem 9 ensures that for some universal constant $\kappa$

$$
\begin{equation*}
C_{P}\left(\mu^{n, \rho}\right) \leq \kappa C_{P}\left(\mu^{n, \tilde{\rho}}\right) . \tag{17}
\end{equation*}
$$

We can apply Lemma 21 to $\mu^{n, \tilde{\rho}}$ with the advantage that this measure is supported on $A$. We obtain, using also Lemma 22, that for every odd and locally Lipschitz function $f$,

$$
\begin{aligned}
\operatorname{Var}_{\mu^{n, \tilde{\rho}}}(f) & \leq \int \sum_{i}\left(\frac{\left|x_{i}\right|}{2 \varphi_{i}(0)}+\frac{1}{4 \varphi_{i}(0)^{2}}\right)\left(\partial_{i} f(x)\right)^{2} d \mu^{n, \tilde{\rho}}(x) \\
& \leq \max _{i} \frac{1}{\varphi_{i}(0)^{2}} \int \sum_{i}\left(\left|x_{i}\right| \frac{\varphi_{i}(0)}{2}+\frac{1}{4}\right)\left(\partial_{i} f(x)\right)^{2} d \mu^{n, \tilde{\rho}}(x) \\
& \leq \max _{i} \frac{1}{\varphi_{i}(0)^{2}} \int_{A}\left(\max _{i}\left(\left|x_{i}\right| \frac{\varphi_{i}(0)}{2}\right)+\frac{1}{4}\right)|\nabla f(x)|^{2} d \mu^{n, \tilde{\rho}}(x) \\
& \leq \max _{i} \frac{1}{\varphi_{i}(0)^{2}}\left(\frac{1}{4}+c \log (2 n)\right) \int|\nabla f|^{2} d \mu^{n, \tilde{\rho}} .
\end{aligned}
$$

Since $\mu^{n, \tilde{\rho}}$ is log-concave and even, Corollary 12 ensures that checking the Poincaré inequality for odd functions, as we just did, is enough to conclude that

$$
C_{P}\left(\mu^{n, \tilde{\rho}}\right) \leq \max _{i} \frac{1}{\varphi_{i}(0)^{2}}\left(\frac{1}{4}+c \log (2 n)\right) .
$$

Combining this estimate with (17) gives a universal constant $C$ such that

$$
C_{P}\left(\mu^{n, \rho}\right) \leq C \log (n) \max _{i} \frac{1}{\varphi_{i}(0)^{2}}
$$

Eventually, for the even log-concave probability measures $\mu_{i}(d t)=\varphi_{i}(t) d t$ on the real line it is known that $\frac{1}{12} \varphi_{i}(0)^{-2} \leq C_{P}\left(\mu_{i}\right) \leq \varphi_{i}(0)^{-2}$, see [6].

### 3.3.3 Examples

As explained in [13], for $p \in(0,2$ ] the probability measures on $\mathbb{R}$ defined by

$$
d \nu_{p}(t)=\exp \left(-|t|^{p}\right) d t / Z_{p}
$$

are Gaussian mixtures. When $p \in[1,2]$ they are in addition log-concave, and Theorem 23 ensures that for every even log-concave perturbation $\rho$,

$$
\begin{equation*}
C_{P}\left(\nu_{p}^{n, \rho}\right) \leq(1+C \log n) C_{p}\left(\nu_{p}\right) . \tag{18}
\end{equation*}
$$

for some universal constant $C$. We point out that $\inf _{p \in[1,2]} C_{p}\left(\nu_{p}\right)>0$ and $\sup _{p \in[1,2]} C_{p}\left(\nu_{p}\right)<$ $+\infty$, which is easily verified e.g. with the Muckenhoupt criterion [29]. This completes the proof of Theorem 1 in the case $p=1$.

When $p=1$, Theorem 1 almost answers the motivating question that we mentioned in the introduction: we unfortunately have a weak dependence in the dimension, but we allow more general perturbations.

When $1<p<2$, using the remark after Lemma 22, we obtain from (16) that for the measure $\nu_{p}$, the coefficients $\alpha_{i}(t)$ of Lemma 21 verify

$$
\alpha_{i}(t) \leq c\left(1+|t|^{2-p}\right), \quad t \in \mathbb{R}
$$

where $c$ is a universal constant. This improves on Lemma 22, and can be used in the argument of the proof of Theorem 23. Since there exists a universal $\varepsilon>0$ such that for all $p \in(1,2)$,

$$
\int \exp \left(\varepsilon\left(|t|^{2-p}\right)^{p /(2-p)}\right) d \nu_{p}(t) \leq 2
$$

we arrive by the same method at

$$
C_{P}\left(\nu_{p}^{n, \rho}\right) \leq\left(1+C(\log n)^{\frac{2-p}{p}}\right) C_{p}\left(\nu_{p}\right)
$$

As $\sup _{p \in[1,2]} C_{p}\left(\nu_{p}\right)<+\infty$, we have proven the following:
Theorem 24. Let $1 \leq p \leq 2$. Let $\rho: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be an even log-concave function such that $d \nu_{p}^{n, \rho}(x)=\rho(x) \prod_{i=1}^{n} d \nu_{p}\left(x_{i}\right)$ is a probability measure on $\mathbb{R}^{n}$. Then

$$
\begin{equation*}
C_{P}\left(\nu_{p}^{n, \rho}\right) \leq(1+C \log n)^{\frac{2-p}{p}} \tag{19}
\end{equation*}
$$

where $C$ is a universal constant.
Theorem 24 implies Theorem 1. Note that the bound (19) improves on (18), and is independent of the dimension for $p=2$ (as expected for log-concave perturbations of the standard Gaussian measure).

All the above results deal with even log-concave perturbations of the measures $\nu_{p}$ and their products $\nu_{p}^{n}, p \in[1,2]$. The spectral gap of such perturbed measures is controlled uniformly in the perturbation (for any given dimension). When $p \in[1,2)$ this is not true for arbitrary log-concave perturbations (i.e. non necessarily even). To see this, it is enough to consider the probability measures $\nu_{p}$ on $\mathbb{R}$, and their exponential tilts

$$
d \nu_{p, a}(t)=\frac{1}{Z_{p, a}} e^{-|t|^{p}+a t} d t
$$

where $a$ in an arbitrary real number if $p>1$, and $a \in(-1,1)$ when $p=1$. Gentil and Roberto [15] have proved that for $p \in[1,2)$,

$$
\sup _{a} C_{P}\left(\nu_{p, a}\right)=+\infty .
$$

For $p=2$, the Brascamp-Lieb inequality ensures that the Poincaré constant of any logconcave perturbations of the standard Gaussian measure is dominated by 1.

### 3.4 Light tails

Since Gaussian mixtures have heavier tails than the Gaussian measure, we now investigate some measures with lighter tails.

A special and simple case is when the measures $d \mu_{i}(t)=e^{-V_{i}(t)} d t$ have strictly uniformly convex potentials. More specifically, if there exists $\varepsilon>0$ such that for all $i$ and all $t \in \mathbb{R}$, $V_{i} "(t) \geq \varepsilon$, then without assuming any symmetry if $\rho$ is log-concave, the probability measure $\mu^{n, \rho}$ also has a potential which is uniformly strictly convex and therefore

$$
C_{P}\left(\mu^{n, \rho}\right) \leq \frac{1}{\varepsilon}
$$

Nevertheless, strict convexity in the large is not sufficient to yield such uniform results. The behaviour of $\mu_{i}$ around 0 is important as the next examples show: let $p>2$ and for all $i, d \mu_{i}(t)=\exp \left(-|t|^{p}\right) d t / Z_{p}$. For $x \in \mathbb{R}^{n}$, let us denote by $\bar{x}=\left(\sum_{i} x_{i}\right) / n$ its empirical mean
and $Q(x)=\sum_{i}\left(x_{i}-\bar{x}\right)^{2} / n$ its empirical variance. As a nonnegative quadratic form, $Q$ is convex. Also note that

$$
Q(x)=n\left|P_{u_{n}^{\perp}} x\right|^{2},
$$

where $u_{n}=(1 / \sqrt{n}, \ldots, 1 / \sqrt{n}) \in \mathbb{R}^{n}$ is a unit vector on the main diagonal line and $P_{u_{n}^{\perp}}$ is the orthogonal projection onto the othogonal complement of this line

$$
u_{n}^{\perp}=\left\{x \in \mathbb{R}^{n} ; \sum_{i} x_{i}=0\right\} .
$$

Let us define $\rho_{k}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$as the indicator function of the convex origin-symmetric set $\left\{x \in \mathbb{R}^{n} ; Q(x) \leq 1 / k\right\}$, properly normalized so that $\mu^{n, \rho_{k}}$ is a probability measure (another possible choice would be $\left.\rho_{k}=\exp (-k Q) / Z_{k}\right)$. Then when $k$ tends to $+\infty$ the measure $\mu_{n, \rho_{k}}$ tends to the measure obtained by conditioning $\mu_{1} \otimes \cdots \mu_{n}=\mu^{n, 1}$ to the diagonal line $\mathbb{R} u_{n}$. With our choice of $d \mu_{i}(t)=\exp \left(-|t|^{p}\right) d t / Z_{p}$, this limiting measure is, after isometric identification of $\mathbb{R} u_{n}$ and $\mathbb{R}$,

$$
\exp \left(-\sum_{i=1}^{n}\left|\frac{t}{\sqrt{n}}\right|^{p}\right) \frac{d t}{Z_{n, p}}=\exp \left(-\left|\frac{t}{n^{\frac{1}{2}-\frac{1}{p}}}\right|^{p}\right) \frac{d t}{Z_{n, p}}
$$

This measure is the law of $n^{\frac{1}{2}-\frac{1}{p}} Y$ where $Y$ is distributed according to $\mu_{1}$. Therefore its variance is $n^{1-\frac{2}{p}} \operatorname{Var}(Y)$ and its Poincaré constant is $n^{1-\frac{2}{p}} C_{P}\left(\mathbb{P}_{Y}\right)$. For $p>2$ this tends to infinity with the dimension. This growth of the variance in some directions is related to the counterexample in Remark after Theorem 17, which in a sense corresponds to $p=+\infty$. The behaviour is very different if we start from Gaussian mixtures, as explained in Theorem 20. Remark. When the functions $V_{i}$ are strictly uniformly convex in the large, one can obtain Poincaré inequalities for small perturbations thanks to a method developped by Helffer, see e.g. [17]. His approach can be thought of as a variant of the Brascamp-Lieb inequalities where strict convexity is replaced by uniform spectral gap for restrictions to coordinate lines. More precisely, if $d \mu(x)=e^{-V(x)} d x$, consider for $x \in \mathbb{R}^{n}$ and $i \in\{1, \ldots, n\}$, the one dimensional probability measure

$$
d \mu_{\mid x+\mathbb{R e}_{i}}(t):=\frac{1}{Z_{\left(x_{j}\right)_{j \neq i}}} \exp \left(-V\left(x_{1}, \ldots, x_{i-1}, t, x_{i+1}, \ldots, x_{n}\right)\right) d t
$$

where $\left(e_{i}\right)_{i=1}^{n}$ is the canonical basis of $\mathbb{R}^{n}$. Then for each $x \in \mathbb{R}^{n}$, define the matrix $K(x)$ by

$$
K(x)_{i, j}:= \begin{cases}1 / C_{P}\left(\mu_{\mid x+\mathbb{R} e_{i}}\right) & \text { when } i=j \\ \partial_{i, j}^{2} V(x) & \text { when } i \neq j\end{cases}
$$

If for all $x, K(x)$ is positive definite then for all smooth functions $f$, it holds $\operatorname{Var}_{\mu}(f) \leq$ $\int\left\langle K^{-1} \nabla f, \nabla f\right\rangle d \mu$. In particular, if for all $x, K(x) \geq \varepsilon \operatorname{Id}$ then $C_{P}(\mu) \leq \frac{1}{\varepsilon}$.

In our setting of the measures $\mu^{n, \rho}$, the restrictions to coordinate lines are simple (for notational simplicity we present only what happens for $\left.x+\mathbb{R} e_{1}\right)$ :

$$
d\left(\mu^{n, \rho}\right)_{\mid x+\mathbb{R} e_{1}}(t)=e^{-V_{1}(t)} \rho\left(t, x_{2}, \ldots, x_{n}\right) \frac{d t}{Z_{\left(x_{j}\right)_{j \geq 2}}}
$$

If $V_{1}=U_{1}+B_{1}$, where $U_{1}$ is strictly uniformly convex $\left(U_{1} "(t) \geq 1 / c_{1}>0\right)$ and $B_{1}$ is bounded, then $\left(\mu^{n, \rho}\right)_{\mid x+\mathbb{R} e_{1}}$ can be viewed as a bounded perturbation (by $B_{1}$ ) of the strictly uniformly convex measure $e^{-U_{1}} \rho\left(\cdot, x_{2}, \ldots, x_{n}\right) / \tilde{Z}$ (this is where the log-concavity of $\rho$ is used. Note that no symmetry assumption is needed). It follows from the Brascamp-Lieb inequality and Proposition 5 that for all $x$,

$$
C_{P}\left(\mu_{\mid x+\mathbb{R} e_{1}}\right) \leq c_{1} e^{\operatorname{Osc}\left(B_{1}\right)}
$$

This type of uniform bound allows to get Poincaré inequalities for $\mu^{n, \rho}$ provided the nondiagonal terms of the Hessian of $-\log \rho$ are small enough, thanks to Helffer's result. This is especially simple to achieve when $\rho=e^{-Q}$ where $Q$ is a small quadratic form. We refer to Theorem 4.1 in [15] for weaker hypotheses on $B_{1}$ allowing similar results.

## 4 Application to convex sets

Given a non-empty compact convex set $K \subset \mathbb{R}^{d}$, we denote by $\lambda_{K}$ the uniform probability measure on $K$ (which we may consider in the natural dimension of the affine span of $K$ ). Also let $B_{p}^{N}:=\left\{x \in \mathbb{R}^{N} ;\|x\|_{p} \leq 1\right\}$ be the unit ball of $\ell_{p}^{N}$. Recall from Section 2.2 that $C_{P}(\mu$, "linear" $)=\|\operatorname{Cov}(\mu)\|_{o p}$ denotes the smallest constant so that the Poincaré inequality is satisfied for all linear functions with respect to the measure $\mu$.
Theorem 25. Let $n \geq d \geq 2$ and $p \in[1,2]$. Let $E$ be any linear subspace of $\mathbb{R}^{n}$ of dimension $d$, then

$$
C_{P}\left(\lambda_{B_{p}^{n} \cap E}\right) \leq c\left(\frac{n}{d}\right)^{\frac{2}{p}-1} \log (n)^{2 / p} C_{P}\left(\lambda_{B_{p}^{n} \cap E}, \text { "linear" }\right),
$$

where $c$ is a universal constant. In particular, if $d \geq n / 2$ then for some universal constant $c^{\prime}, C_{P}\left(\lambda_{B_{p}^{n} \cap E}\right) \leq c^{\prime} \log (d)^{2} C_{P}\left(\lambda_{B_{p}^{n} \cap E}\right.$, "linear" $)$.

This result will be deduced from the ones of the previous sections, thanks to a result of Kolesnikov and Milman [22], which allows to transfer Poincaré inequalities from log-concave measures to some of their level sets. The next statement is a combination of Theorem 2.5 and Proposition 2.3 in [22].

Theorem 26 ([22]). Let $d \mu(x)=\exp (-V(x)) d x$ be a log-concave probability measure on $\mathbb{R}^{d}$, with $\min V=0$. Then there exists $t>0$ such that the set $K:=\left\{x \in \mathbb{R}^{d} ; V(x) \leq t\right\}$ verifies

1. $C_{P}\left(\lambda_{K}\right) \leq C \cdot C_{P}(\mu) \cdot \log \left(e+C_{P}(\mu) \sqrt{d}\right)$,
2. $C_{P}\left(\lambda_{K}\right.$, "linear") $\geq c>0$,
where $C, c$ are universal constants.
We shall also need a stability result of the Poincaré constant under convergence of measures. For $\varphi: \mathbb{R}^{n} \rightarrow \mathbb{R}$ write $\|\varphi\|_{L i p}=\sup _{x \neq y}|\varphi(x)-\varphi(y)| /|x-y|$ for its Lipschitz seminorm. According to E. Milman [27], for any log-concave probability measure $\mu$ on $\mathbb{R}^{n}$,

$$
c_{1} \sqrt{C_{P}(\mu)} \leq \sup _{\|\varphi\|_{L i p} \leq 1} \int\left|\varphi-E_{\mu, \varphi}\right| d \mu \leq C_{2} \sqrt{C_{P}(\mu)}
$$

where $c_{1}, C_{2}>0$ are universal constants and $E_{\mu, \varphi}=\int \varphi d \mu$.
Proof of Theorem 25. For $i=1, \ldots, n$ we set $d \mu_{i}(t)=d \nu_{p}(t)=\exp \left(-\left|\alpha_{p} t\right|^{p}\right) d t$, where $\alpha_{p}=2 \Gamma(1+1 / p) \in[\sqrt{\pi}, 2]$. These measures are even and log-concave, and their density at 0 is equal to 1 . By Theorem 24, for any even log-concave (and normalized) perturbation $\rho$,

$$
\begin{equation*}
C_{P}\left(\mu^{n, \rho}\right) \leq C(\log n)^{\frac{2-p}{p}} \tag{20}
\end{equation*}
$$

where $C$ is a universal constant. Indeed, since the scaling coefficient $\alpha_{p}$ has the order of magnitude of a universal constant, it may be absorbed in the universal constant $C$. We apply (20) when $\rho=\rho_{\varepsilon}$ is the normalized indicator of an $\varepsilon$-neighborhood of the subspace $E$. The family of measures $\mu^{n, \rho_{\varepsilon}}$ tends weakly, as $\varepsilon \rightarrow 0$, to the measure $\tilde{\mu}$ on the Euclidean space $E$ (that we identify to $\mathbb{R}^{d}$ ) with density $\exp \left(-\left\|\alpha_{p} x\right\|_{p}^{p}\right) / Z_{E}$, where

$$
\begin{equation*}
Z_{E}=\int_{E} \prod_{i=1}^{n} \exp \left(-\left|\alpha_{p} x_{i}\right|^{p}\right) d^{E} x \tag{21}
\end{equation*}
$$

is the integral over $E$ of the density of $\left(\nu_{p}\right)^{n}$. We claim that

$$
\begin{equation*}
C_{P}(\tilde{\mu}) \leq 2 C(\log n)^{\frac{2-p}{p}} \tag{22}
\end{equation*}
$$

Indeed, otherwise there exists a smooth $\varphi: E \rightarrow \mathbb{R}$ with $\operatorname{Var}_{\tilde{\mu}}(\varphi)>2 C \log (n) \cdot \int|\nabla \varphi|^{2} d \tilde{\mu}$. By multiplying $\varphi$ with a slowly-varying cutoff function, we may assume that $\varphi$ is compactlysupported in $E$ (the argument is standard, see Section 5.1 below for details). We set $f(x)=$ $\varphi\left(P_{E} x\right)$, where $P_{E}$ is the orthogonal projection onto $E$ in $\mathbb{R}^{n}$. Then as $\varepsilon \rightarrow 0^{+}$,

$$
\operatorname{Var}_{\mu^{n, \rho_{\varepsilon}}}(f) \longrightarrow \operatorname{Var}_{\tilde{\mu}}(\varphi) \quad \text { and } \quad \int|\nabla f|^{2} d \mu^{n, \rho_{\varepsilon}} \longrightarrow \int|\nabla \varphi|^{2} d \tilde{\mu}
$$

in contradiction to (20). This completes the proof of (22). In order to apply Theorem 26, we need to rescale $\tilde{\mu}$. Let $Y$ a random vector on $E$ with law $\tilde{\mu}$, then for $\lambda>0$ the random vector $\lambda Y$ has a distribution of density on $E$ given by

$$
\exp \left(-\left\|\frac{\alpha_{p} x}{\lambda}\right\|_{p}^{p}-\log \left(Z_{E}\right)-d \log (\lambda)\right)
$$

This suggests to set $\lambda_{E}:=Z_{E}^{-1 / d}$. For this choice, the probability measure $\mu(d x)=$ $\exp \left(-\left\|\alpha_{p} x / \lambda_{E}\right\|_{p}^{p}\right) d_{x}^{E}$ on $E$ verifies

$$
C_{P}(\mu)=\lambda_{E}^{2} C_{P}(\tilde{\mu}) \leq \lambda_{E}^{2} C(\log n)^{\frac{2-p}{p}}=C Z_{E}^{-\frac{2}{d}}(\log n)^{\frac{2-p}{p}} .
$$

In order to bound the latter quantity from above, we need a lower bound for $Z_{E}$, as defined in (21). This can be done by general results on sections of isotropic measures. More precise bounds were obtained by Meyer and Pajor [26] in their investigation of extremal volumes of sections of $B_{p}^{n}$ (they observe that $Z_{E}=\operatorname{Vol}_{d}\left(B_{p}^{n} \cap E\right) / \operatorname{Vol}_{d}\left(B_{p}^{d}\right)$ ). For our purpose, a simple bound based on the inradius of $B_{n}^{p}$ is the most effective: since $p \leq 2$, for any $x \in \mathbb{R}^{n}$, $\|x\|_{p} \leq n^{\frac{1}{p}-\frac{1}{2}}\|x\|_{2}$, thus

$$
Z_{E}=\int_{E} \exp \left(-\left\|\alpha_{p} x\right\|_{p}^{p}\right) d^{E} x \geq \int_{E} \exp \left(-\left\|n^{\frac{1}{p}-\frac{1}{2}} \alpha_{p} x\right\|_{2}^{p}\right) d^{E} x .
$$

The later integral takes the same value for all $d$-dimensional vector spaces $E$. Therefore

$$
\begin{aligned}
Z_{E} & \geq \int_{\mathbb{R}^{d}} \exp \left(-\left\|n^{\frac{1}{p}-\frac{1}{2}} \alpha_{p} x\right\|_{2}^{p}\right) d x \\
& =\operatorname{Vol}_{d}\left(B_{2}^{d}\right) \int_{0}^{+\infty} d r^{d-1} \exp \left(-\left(n^{\frac{1}{p}-\frac{1}{2}} \alpha_{p} r\right)^{p}\right) d r \\
& =\operatorname{Vol}_{d}\left(B_{2}^{d}\right) \frac{\int_{0}^{+\infty} d s^{d-1} \exp \left(-s^{p}\right) d s}{\left(n^{\frac{1}{p}-\frac{1}{2}} \alpha_{p}\right)^{d}}=\left(\frac{\sqrt{\pi}}{n^{\frac{1}{p}-\frac{1}{2}} \alpha_{p}}\right)^{d} \frac{\Gamma\left(1+\frac{d}{p}\right)}{\Gamma\left(1+\frac{d}{2}\right)} .
\end{aligned}
$$

For $x$ large, $\Gamma(1+x)^{\frac{1}{x}} \sim x / e$, we get that for some numerical constants $c, c^{\prime}$,

$$
Z_{E}^{-\frac{2}{d}} \leq c \frac{\alpha_{p}^{2} n^{\frac{2}{p}-1}}{\pi} \frac{\frac{d}{2 e}}{\left(\frac{d}{p e}\right)^{\frac{2}{p}}} \leq c^{\prime}\left(\frac{n}{d}\right)^{\frac{2}{p}-1}
$$

This leads to

$$
C_{P}(\mu) \leq C^{\prime}\left(\frac{n}{d}\right)^{\frac{2}{p}-1}(\log n)^{\frac{2-p}{p}}
$$

Applying Theorem 26 to $\mu$ provides $t>0$ so that the set $K_{E}:=\left\{x \in E ;\left\|\alpha_{p} x / \lambda_{E}\right\|_{p}^{p} \leq t\right\}=$ $\alpha_{p}^{-1} \lambda_{E} t^{\frac{1}{p}}\left(B_{p}^{n} \cap E\right)$ verifies

$$
\begin{aligned}
C_{P}\left(\lambda_{K_{E}}\right) & \leq C C^{\prime}\left(\frac{n}{d}\right)^{\frac{2}{p}-1}(\log n)^{\frac{2}{p}-1} \log \left(e+C^{\prime}\left(\frac{n}{d}\right)^{\frac{2}{p}-1}(\log n)^{\frac{2}{p}-1} \sqrt{d}\right) C_{P}\left(\lambda_{K_{E}},\right. \text { "linear") } \\
& \leq C^{\prime \prime}\left(\frac{n}{d}\right)^{\frac{2}{p}-1} \log (n)^{\frac{2}{p}} C_{P}\left(\lambda_{K_{E}}, \text { "inear" }\right) .
\end{aligned}
$$

Since the constants $C_{P}(\cdot)$ and $C_{P}(\cdot$, "linear $)$ are both 2-homogeneous with respect to dilations of the underlying measure, we get the claim

$$
C_{P}\left(\lambda_{B_{p}^{n} \cap E}\right) \leq C^{\prime \prime}\left(\frac{n}{d}\right)^{\frac{2}{p}-1} \log (n)^{\frac{2}{p}} C_{P}\left(\lambda_{B_{p}^{n} \cap E},\right. \text { "linear"). }
$$

Corollary 2 of the introduction clearly follows from Theorem 25.

## 5 Appendix: approximation results

### 5.1 Density of test functions

Let $\mu$ be a log-concave measure on $\mathbb{R}^{n}$. We assume that the support of $\mu$ is not contained in an affine subspace of lower dimension, as otherwise, we may just work in the lower dimensional subspace. Hence $\mu$ is of the form $\rho(x) d x$ where $\rho$ is a log-concave function. Let $\Omega$ be the interior of the support of $\mu$. It is convex and non-empty (assuming that $\mu$ is not the zero measure). The function $\rho$ is positive on $\Omega$ and vanishes outside of $\Omega$. Write $C_{c}^{\infty}(\Omega)$ for the space of smooth functions, compactly-supported in $\Omega$. By definition, $H^{1}(\Omega, \mu)=H^{1}(\mu)$ is the set of (equivalence classes of) functions $f$ in $L^{2}(\mu)$, for which there exist functions $g_{i} \in L^{2}(\mu)$ such that for all $1 \leq i \leq n$ and for all $\varphi \in C_{c}^{\infty}(\Omega)$,

$$
\int_{\Omega} \partial_{i} \varphi(x) f(x) d x=-\int_{\Omega} \varphi(x) g_{i}(x) d x .
$$

Classically, $g_{i}$ is called a weak partial derivative of $f$ (viewed as a function on $\Omega$ ). The weak gradient $\left(g_{i}\right)_{i}$ is simply denoted by $\nabla f$ and

$$
\begin{equation*}
\|f\|_{H^{1}(\mu)}=\sqrt{\int_{\mathbb{R}^{n}} f^{2} d \mu+\int_{\mathbb{R}^{n}}|\nabla f|^{2} d \mu} \tag{23}
\end{equation*}
$$

The following basic result will be useful:
Proposition 27. Let $\mu$ be a log-concave measure on $\mathbb{R}^{n}$. Then the set $C_{c}^{\infty}\left(\mathbb{R}^{n}\right)$ is dense in $H^{1}(\mu)$.

Several textbooks are dedicated to the study of density of smooth functions in weighted Sobolev spaces (see e.g Kufner [23]), and they consider more difficult situations. Nevertheless, we found it hard to spot a reasonably self-contained justification of the above proposition. This is why we include an ad-hoc proof, which relies only on very basic facts about density of smooth functions in $H_{\text {loc }}^{1}(\Omega, d x)$ (see e.g. [14, Chapter 5]). Local approximation in any compact subset of $\Omega$ is easy, since on such a subset $\rho$ is upper bounded, and bounded away from 0 , hence the result for the Lebesgue measure applies. To derive approximation up to the boundary, one usually approximates $f$ by functions which are defined somewhat outside of $\Omega$, on which local approximation applies up to the boundary. To build such functions, when the boundary of $\Omega$ is regular enough, one usually proceeds by local translations of $f$. In our case, since $\Omega$ is convex, a single global dilation does the job.

Proof of Proposition 27. Let us set some more notation. Our problem is invariant by translation. Hence we may assume that the origin $0 \in \Omega$. The latter being open, there exists $r>0$ such that $B(0, r) \subset \Omega$. Let $f$ be an arbitrary function in $H^{1}(\mu)$. Our goal is to build compactly-supported smooth functions which are arbitrarily close to $f$ in the $H^{1}(\mu)$ norm.

We first reduce matters to functions $f$ with compact support in $\mathbb{R}^{n}$. Indeed, given a general $f \in H^{1}(\mu)$, consider a bump function $\theta: \mathbb{R}^{n} \rightarrow[0,1]$ which is infinitely differentiable and such that $\theta(x)=1$ if $x \in B(0,1)$, while $\theta(x)=0$ if $x \notin B(0,2)$. For any integer $n \geq 1$, define

$$
f_{\mid n}(x):=\theta(x / n) f(x), \quad x \in \mathbb{R}^{n}
$$

It is supported in $B(0,2 n)$ and belongs to $L^{2}(\mu)$ since $\left|f_{\mid n}\right| \leq|f|$. By dominated convergence

$$
\left\|f-f_{\mid n}\right\|_{L^{2}(\mu)}^{2}=\int f(x)^{2}(1-\theta(x / n))^{2} d \mu(x)
$$

tends to 0 when $n \rightarrow+\infty$. Since $\partial_{i} f_{\mid n}=\theta(\cdot / n) \partial_{i} f+\frac{1}{n} \partial_{i} \theta(\cdot / n) f$,

$$
\left\|\partial_{i} f-\partial_{i} f_{\mid n}\right\|_{L^{2}(\mu)} \leq \frac{1}{n}\left\|f \partial_{i} \theta(\cdot / n)\right\|_{L^{2}(\mu)}+\left\|\partial_{i} f-\left(\partial_{i} f\right)_{\mid n}\right\|_{L^{2}(\mu)}^{2}
$$

also tends to 0 when $n$ grows. Indeed, the functions $\partial_{i} \theta$ are uniformly bounded, and we may apply the latter convergence of truncated functions to $\partial_{i} f \in L^{2}(\mu)$.
Lemma 28. The set $C_{c}^{\infty}(\Omega)$ is dense in $L^{2}(\mu)$.
Proof. By the above truncation argument, it is enough to approximate functions with compact support in $\mathbb{R}^{n}$. Let $h \in L^{2}(\mu)$ be with support in the open ball $B(0, R)$ for some $R$. By dominated convergence,

$$
\lim _{\varepsilon \rightarrow 0^{+}} \int\left(f \mathbf{1}_{(1-\varepsilon) \Omega}-f\right)^{2} d \mu=0
$$

For $\varepsilon>0$, the set $\widetilde{\Omega}:=(1-\varepsilon) \Omega \cap B(0, R)$ is relatively compact in $\Omega$, hence there exists $c>0$ such that $c \leq \rho(x) \leq \frac{1}{c}$ for all $x \in \widetilde{\Omega}$. Hence $f \mathbf{1}_{(1-\varepsilon) \Omega} \in L^{2}(\mu)$ also belongs to the unweighted Lebesgue space $L^{2}(\widetilde{\Omega}, d x)$, in which it is classical that compactly supported smooth functions are dense. Therefore there is a sequence $g_{n} \in C_{c}^{\infty}(\widetilde{\Omega})$ which converges to $f \mathbf{1}_{(1-\varepsilon) \Omega}$ for the $L^{2}(\widetilde{\Omega}, d x)$-topology. Since $\rho \leq \frac{1}{c}$ on $\widetilde{\Omega}$, and all functions are supported in $\widetilde{\Omega}$ the convergence also holds in the topology of $L^{2}(\mu)$.

For $f \in L^{2}(\mu)$ and a parameter $\delta \in\left(0, \frac{1}{2}\right)$ we introduce the dilated function $f_{\delta}$ defined by

$$
f_{\delta}(x):=f((1-\delta) x), \quad x \in \frac{1}{1-\delta} \Omega \supset \Omega
$$

These functions are defined outside of $\Omega$ but provide a fair approximation of $f$ for small $\delta$ :
Lemma 29. Let $f \in L^{2}(\mu)$, with bounded support. Then for all $\delta \in\left(0, \frac{1}{2}\right), f_{\delta} \in L^{2}(\mu)$ and when $\delta$ tends to $0, f_{\delta}$ converges to $f$ in the topology of $L^{2}(\mu)$.

If in addition, $f \in H^{1}(\mu)$ then the convergence holds in the topology of $H^{1}(\mu)$.
Proof of Lemma 29. Assume that $f$ is supported in $B(0, R)$. Let us compute the squared $L^{2}$ norm of $f_{\delta}$ :

$$
\int_{\Omega} f((1-\delta) x)^{2} \rho(x) d x=(1-\delta)^{-n} \int_{(1-\delta) \Omega} f(y)^{2} \rho\left(\frac{y}{1-\delta}\right) d y
$$

The log-concavity of $\rho$ yields $\rho(y) \geq \rho\left(\frac{y}{1-\delta}\right)^{1-\delta} \rho(0)^{\delta}$. Rearranging gives

$$
\rho\left(\frac{y}{1-\delta}\right) \leq \rho(y)\left(\frac{\rho(y)}{\rho(0)}\right)^{\frac{\delta}{1-\delta}}
$$

Since $\rho$ is upper-bounded on the compact support of $f$ (see e.g., [9, Lemma 2.2.1]), there exists a constant $C_{R}$ such that for all $y, f(y)^{2} \rho\left(\frac{y}{1-\delta}\right) \leq C_{R} f(y)^{2} \rho(y)$. Thus $\left\|f_{\delta}\right\|_{L^{2}(\mu)} \leq$ $2^{n} C_{R}\|f\|_{L^{2}(\mu)}$.

For any $\varepsilon>0$, Lemma 28 provides $g \in C_{c}^{\infty}(\Omega)$ (supported also inside $B(0, R)$ as the proof of the lemma shows) such that $\|f-g\|_{L^{2}(\mu)} \leq \varepsilon$. Then

$$
\left\|f-f_{\delta}\right\|_{L^{2}(\mu)} \leq\|f-g\|_{L^{2}(\mu)}+\left\|g-g_{\delta}\right\|_{L^{2}(\mu)}+\left\|g_{\delta}-f_{\delta}\right\|_{L^{2}(\mu)}
$$

By the above norm estimate $\left\|g_{\delta}-f_{\delta}\right\|_{L^{2}(\mu)} \leq 2^{n} C_{R}\|g-f\|_{L^{2}(\mu)}$. Moreover since $g$ is uniformly continuous, and $g_{\delta}$ as well as $g$ vanish outside of $B(0,2 R)$,

$$
\left\|g_{\delta}-g\right\|_{L^{2}(\mu)}^{2}=\int_{B(0,2 R)}|g(x)-g((1-\delta) x)|^{2} d \mu(x) \leq \mu(B(0,2 R)) \omega_{g}(2 R \delta)^{2}
$$

where $\omega_{g}$ denotes the modulus of continuity of $g$. Combining the above estimates gives

$$
\limsup _{\delta \rightarrow 0^{+}}\left\|f-f_{\delta}\right\|_{L^{2}(\mu)} \leq\left(1+2^{n} C_{R}\right) \varepsilon
$$

for every $\varepsilon>0$. This proves the convergence of $f_{\delta}$ to $f$.
Eventually, if $f \in H^{1}(\mu)$, observe that

$$
\left\|\partial_{i} f-\partial_{i}\left(f_{\delta}\right)\right\|_{L^{2}(\mu)}=\left\|\partial_{i} f-(1-\delta)\left(\partial_{i} f\right)_{\delta}\right\|_{L^{2}(\mu)} \leq \delta\left\|\partial_{i} f\right\|_{L^{2}(\mu)}+(1-\delta)\left\|\partial_{i} f-\left(\partial_{i} f\right)_{\delta}\right\|_{L^{2}(\mu)}
$$ tends to 0 when $\delta$ does, by the result that we just proved, applied to $\partial_{i} f \in L^{2}(\mu)$.

We are now ready to complete the proof Proposition 27. As already explained, it is enough to approximate an arbitrary $f \in H^{1}(\mu)$ whose support is contained in $B(0, R)$ for some $R$. For $\delta \in\left(0, \frac{1}{2}\right)$, we consider the dilated function $f_{\delta}$ defined on $(1-\delta)^{-1} \Omega$. The last ingredient is regularization by convolution: let $\eta: \mathbb{R}^{n} \rightarrow \mathbb{R}^{+}$be a standard mollifier, meaning $\eta$ is of class $C^{\infty}, \eta(x)=0$ if $|x| \geq 1$ and $\int \eta(x) d x=1$. For $\varepsilon \in(0,1)$, consider $\eta^{\varepsilon}$ defined for $x \in \mathbb{R}^{n}$ by

$$
\eta^{\varepsilon}(x)=\varepsilon^{-n} \eta\left(\frac{x}{\varepsilon}\right)
$$

and the convolution $f_{\delta} * \eta^{\varepsilon}$. Observe that $f_{\delta} \in H_{\mathrm{loc}}^{1}\left((1-\delta)^{-1} \Omega, d x\right)$. Indeed for any compact $K \subset(1-\delta)^{-1} \Omega$,

$$
\int_{K} f_{\delta}(x)^{2} d x=(1-\delta)^{-n} \int_{(1-\delta) K} f(x)^{2} d x \leq C_{K} \int_{(1-\delta) K} f^{2} \rho \leq C_{K} \int f^{2} d \mu<+\infty
$$

where we have used that $\rho$ attains a positive minimum on the compact set $(1-\delta) K \subset \Omega$. The same argument applies to the partial derivatives of $f$. Thus, according to [14, Theorem 1 of Section 5.3], $f_{\delta} * \eta^{\varepsilon}$ is well defined and infinitely differentiable on the set

$$
U_{\varepsilon}:=\left\{x \in(1-\delta)^{-1} \Omega ; \operatorname{dist}\left(x,\left((1-\delta)^{-1} \Omega\right)^{c}\right)>\varepsilon\right\} .
$$

Moreover when $\varepsilon$ tends to $0, f_{\delta} * \eta^{\varepsilon}$ tends to $f_{\delta}$ in $H_{\mathrm{loc}}^{1}\left((1-\delta)^{-1} \Omega, d x\right)$.
As $\Omega \cap B(0,2 R+1) \subset \subset(1-\delta)^{-1} \Omega$, we can deduce that when $\varepsilon$ tends to $0, f_{\delta} * \eta^{\varepsilon}$ tends to $f_{\delta}$ in $H^{1}(\Omega \cap B(0,2 R+1), d x)$. Taking into account the fact that $f_{\delta}$ and $f_{\delta} * \eta^{\varepsilon}$ vanish outside of $B(0,2 R+1)$ and that the log-concave function $\rho$ is bounded from above in $\Omega \cap B(0,2 R+1)$, we can conclude that $\lim _{\varepsilon \rightarrow 0^{+}}\left\|f_{\delta} * \eta^{\varepsilon}-f_{\delta}\right\|_{H_{1}(\mu)}=0$.

To approximate the orginal function $f$ up to accuracy $\alpha>0$, we simply write

$$
\left\|f_{\delta} * \eta^{\varepsilon}-f\right\|_{H^{1}(\mu)} \leq\left\|f_{\delta} * \eta^{\varepsilon}-f_{\delta}\right\|_{H^{1}(\mu)}+\left\|f_{\delta}-f\right\|_{H^{1}(\mu)}
$$

use Lemma 29 to find a $\delta$ for which the last term is at most $\alpha / 2$. Then we let $\varepsilon$ tend to zero.
Since $B(0, r) \subset \Omega$, the set $U_{\varepsilon}$ contains $\left((1-\delta)^{-1}-\frac{\varepsilon}{r}\right) \Omega$ when $\varepsilon<r(1-\delta)^{-1}$. Consequently, if $\varepsilon<\delta^{2}(r(1-\delta))^{-1}$ then $(1+\delta) \Omega \subset U_{\varepsilon}$. So the above approximations of $f$ are $C^{\infty}$ on a larger set than $\Omega$. Since they also vanish outside of $B(0,2 R+1)$, we may modify them outside of $\Omega$ in order to obtain functions in $C_{c}^{\infty}\left(\mathbb{R}^{n}\right)$.

### 5.2 Proof of Lemma 11

This section is devoted to the proof of Lemma 11. We may assume that the support of $\mu$ is not contained in an affine subspace of lower dimension, as otherwise, we may just work in the lower dimensional subspace. Proposition 10 is proven above under the additional
assumption that $\mu$ has a smooth density that is positive everywhere in $\mathbb{R}^{n}$. Our goal here is to prove the inequality

$$
\begin{equation*}
\operatorname{Var}_{\mu}(f) \leq \sum_{i=1}^{n}\left\|\partial_{i} f\right\|_{H^{-1}(\mu)}^{2} \tag{24}
\end{equation*}
$$

in the case of a general, log-concave, finite measure $\mu$ in $\mathbb{R}^{n}$, and a general function $f \in L^{2}(\mu)$ whose weak partial derivatives $\partial^{1} f, \ldots, \partial^{n} f$ belong to $L^{2}(\mu)$ and satisfy $\int \partial^{i} f d \mu=0$. Recall the definition (23) of the $H^{1}(\mu)$-norm, and that $H^{1}(\mu)$ is the space of $f \in L^{2}(\mu)$ with $\|f\|_{H^{1}(\mu)}<\infty$. Recall from Proposition 27 that the collection of all smooth, bounded, Lipschitz functions $u: \mathbb{R}^{n} \rightarrow \mathbb{R}$ is dense in $H^{1}(\mu)$.

Next, we claim that both the left-hand side and the right-hand side of (24) depend continuously on the function $f$ with respect to the $H^{1}(\mu)$-topology, as long as we keep the constraint $\int \partial_{i} f d \mu=0$ for all $i$. Indeed, the $H^{1}(\mu)$-norm is stronger than the $L^{2}(\mu)$-norm, and hence $\operatorname{Var}_{\mu}(f)$ is continuous in $f$ with respect to the $H^{1}(\mu)$-norm. As for the right-hand side of (24), by inequality (4) above,

$$
\left\|\partial_{i} f-\partial_{i} \tilde{f}\right\|_{H^{-1}(\mu)} \leq C_{p}(\mu)\left\|\partial_{i} f-\partial_{i} \tilde{f}\right\|_{L^{2}(\mu)} \leq C_{p}(\mu)\|f-\tilde{f}\|_{H^{1}(\mu)}
$$

It therefore suffices to prove (24) under the additional assumption that $f$ is a smooth function, bounded in $\mathbb{R}^{n}$ together with its first partial derivatives, such that $\int f d \mu=0$ and also $\int \partial_{i} f d \mu=0$ for $i=1, \ldots, n$.
Lemma 30. Let $\mu$ be a finite measure on $\mathbb{R}^{n}$ whose density $\rho$ is log-concave. Then there exists a sequence of functions $\left(\rho_{k}\right)_{k \geq 1}$ with the following properties:
(i) For any $k$, the function $\rho_{k}: \mathbb{R}^{n} \rightarrow(0, \infty)$ is a smooth, everywhere-positive, integrable, log-concave function on $\mathbb{R}^{n}$ such that $\rho \leq \rho_{k}$ pointwise.
(ii) Write $S \subseteq \mathbb{R}^{n}$ for the interior of the support of $\mu$, which is an open, convex set of $a$ full $\mu$-measure. Then $\rho_{k} \longrightarrow \rho$ locally uniformly in $S$.
(iii) For any measurable function $\varphi: \mathbb{R}^{n} \rightarrow \mathbb{R}$ that grows at most polynomially at infinity,

$$
\int_{\mathbb{R}^{n}} \varphi \rho_{k} \xrightarrow{k \rightarrow \infty} \int_{\mathbb{R}^{n}} \varphi \rho .
$$

Lemma 30 will be proven shortly. We apply the lemma to $\mu$ and denote by $\mu_{k}$ the measure whose density is $\rho_{k}$. Let $\theta_{k} \in \mathbb{R}^{n}$ and $\alpha_{k} \in \mathbb{R}$ be such that $\tilde{f}_{k}(x)=f(x)+\left\langle\theta_{k}, x\right\rangle+\alpha_{k}$ satisfies

$$
\int_{\mathbb{R}^{n}} \tilde{f}_{k} d \mu_{k}=0, \quad \text { and } \quad \int_{\mathbb{R}^{n}} \partial_{i} \tilde{f}_{k} d \mu_{k}=0 \quad(i=1, \ldots, n)
$$

We deduce from Item (iii) of Lemma 30 that $\theta_{k}$ and $\alpha_{k}$ tend to zero as $k \rightarrow \infty$. It also follows that

$$
\operatorname{Var}_{\mu_{k}}\left(\tilde{f}_{k}\right) \xrightarrow{k \rightarrow \infty} \operatorname{Var}_{\mu}(f) .
$$

All that remains in order to complete the proof of Lemma 11 is to prove that for $i=1, \ldots, n$ and $g=\partial^{i} f$,

$$
\begin{equation*}
\limsup _{k \rightarrow \infty}\left\|g-E_{k}(g)\right\|_{H^{-1}\left(\mu_{k}\right)} \leq\|g-E(g)\|_{H^{-1}(\mu)} . \tag{25}
\end{equation*}
$$

where $E_{k}(g)=\int_{\mathbb{R}^{n}} g d \mu_{k} / \mu_{k}\left(\mathbb{R}^{n}\right)$ and $E(g)=\int g d \mu / \mu\left(\mathbb{R}^{n}\right)$. We will actually prove (25) for any bounded function $g: \mathbb{R}^{n} \rightarrow \mathbb{R}$. Normalizing, we may assume that $\sup |g| \leq 1$. Let $\varepsilon>0$. It suffices to prove that

$$
\begin{equation*}
\limsup _{k \rightarrow \infty}\left\|g-E_{k}(g)\right\|_{H^{-1}\left(\mu_{k}\right)} \leq\|g-E(g)\|_{H^{-1}(\mu)}+2 \varepsilon \cdot\left[C_{P}(\mu)+\sup _{k} C_{P}\left(\mu_{k}\right)\right] . \tag{26}
\end{equation*}
$$

Indeed, $\sup _{k} C_{P}\left(\mu_{k}\right)<\infty($ see [6]). Let $T \subset S$ be a compact, convex set with

$$
\mu\left(\mathbb{R}^{n} \backslash T\right)<\varepsilon^{2} / 4
$$

Then there exists $k_{0}$ such that $\mu_{k}\left(\mathbb{R}^{n} \backslash T\right)<\varepsilon^{2} / 4$ for all $k \geq k_{0}$. Define $h=g \cdot 1_{T}$ where $1_{T}$ is the characteristic function of $T$, which equals one in $T$ and vanishes elsewhere. Then for all $k>k_{0}$,

$$
\|g-E(g)-h+E(h)\|_{L^{2}(\mu)}<\varepsilon \quad \text { and also } \quad\left\|g-E_{k}(g)-h+E_{k}(h)\right\|_{L^{2}\left(\mu_{k}\right)}<\varepsilon .
$$

In view of (4) above, we see that (26) would follow once we prove that

$$
\begin{equation*}
\limsup _{k \rightarrow \infty}\left\|h-E_{k}(h)\right\|_{H^{-1}\left(\mu_{k}\right)} \leq\|h-E(h)\|_{H^{-1}(\mu)} . \tag{27}
\end{equation*}
$$

However, $h$ is supported in the compact set $T \subset S$, where $S$ is an open set in which $\rho$ is positive. The convergence of $\rho_{k}$ to the density $\rho$ is uniform in $T$. For $k \geq 1$ let $u_{k}: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be a locally-Lipschitz function in $L^{2}\left(\mu_{k}\right)$ with $\int_{\mathbb{R}^{n}}\left|\nabla u_{k}\right|^{2} d \mu_{k} \leq 1$ and $\int u_{k} d \mu_{k}=0$ and

$$
\left\|h-E_{k}(h)\right\|_{H^{-1}\left(\mu_{k}\right)} \leq \frac{1}{k}+\int_{\mathbb{R}^{n}} h u_{k} d \mu_{k}
$$

Since $\rho_{k} \geq \rho$, necessarily $\int\left|\nabla u_{k}\right|^{2} d \mu \leq 1$. Therefore,

$$
\begin{align*}
\|h-E(h)\|_{H^{-1}(\mu)} & \geq \int_{\mathbb{R}^{n}} h u_{k} d \mu=\int_{T} h u_{k} d \mu_{k}+\int_{T} h u_{k}\left(\rho-\rho_{k}\right) \\
& \geq\left\|h-E_{k}(h)\right\|_{H^{-1}\left(\mu_{k}\right)}-\frac{1}{k}-\frac{\sup _{T}\left|\rho_{k}-\rho\right|}{\inf _{T} \rho_{k}} \cdot \int_{T}\left|u_{k}\right| d \mu_{k} \tag{28}
\end{align*}
$$

Note that $\sup _{T}\left|\rho_{k}-\rho\right|$ tends to zero with $k$, while $\inf _{T} \rho_{k}$ is bounded away from zero for a sufficiently large $k$. Moreover, $\left(\int_{T}\left|u_{k}\right| d \mu_{k}\right)^{2} \leq \mu_{k}\left(\mathbb{R}^{n}\right) \int_{\mathbb{R}^{n}} u_{k}^{2} d \mu_{k} \leq \sup _{k} \mu_{k}\left(\mathbb{R}^{n}\right) C_{P}\left(\mu_{k}\right)<$ $\infty$. By letting $k$ tend to infinity, we thus obtain (27) from (28). This completes the proof of Lemma 11.

Proof of Lemma 30. Set $\psi(x)=-\log \rho(x)$ for $x \in S$ and $\psi(x)=+\infty$ for $x \notin S$. The function $\psi$ is convex in $\mathbb{R}^{n}$, and the integrability of $e^{-\psi}$ implies that there exists $A \in(0,1)$ and $B>0$ such that

$$
\begin{equation*}
\psi(x) \geq A|x|-B \quad \text { for all } x \in \mathbb{R}^{n} \tag{29}
\end{equation*}
$$

See, e.g., [9, Lemma 2.2.1] for a quick proof. For $k \geq 1$ denote

$$
\begin{equation*}
\tilde{\psi}_{k}(x)=\inf _{y \in S}[\psi(y)+k|x-y|] \quad \text { for } x \in \mathbb{R}^{n} \tag{30}
\end{equation*}
$$

The function $\tilde{\psi}_{k}$ is a Lipschitz function in $\mathbb{R}^{n}$, being the infimum of a family of $k$-Lipschitz functions. It is also convex, since it is the infimum-convolution of two convex functions (see, e.g., Rockafellar [30, Section 5]). Clearly $\tilde{\psi}_{k} \leq \psi$. From (29) and (30), for any $k \geq 1$ and $x \in \mathbb{R}^{n}$,

$$
\begin{equation*}
\tilde{\psi}_{k}(x) \geq \inf _{y \in S}[A|y|+k|x-y|-B] \geq \inf _{y \in S}[A|y|+A|x-y|-B] \geq A|x|-B \tag{31}
\end{equation*}
$$

Fix a smooth probability density $\theta: \mathbb{R}^{n} \rightarrow \mathbb{R}$ supported in the unit ball $B(0,1)$. Write $\theta_{\varepsilon}(x)=\varepsilon^{-n} \theta(x / \varepsilon)$ and define

$$
\psi_{k}=\tilde{\psi}_{k} * \theta_{1 / k^{2}}-1 / k
$$

The function $\psi_{k}$ is still $k$-Lipschitz and convex, since a convolution preserves this properties. We claim that

$$
\begin{equation*}
\tilde{\psi}_{k}-1 / k \leq \psi_{k} \leq \tilde{\psi}_{k} \leq \psi \quad \text { pointwise in } \mathbb{R}^{n} \tag{32}
\end{equation*}
$$

Indeed, since $\tilde{\psi}_{k}$ is convex and $\theta_{1 / k^{2}}$ is a probability density, by Jensen's inequality,

$$
\psi_{k}+1 / k=\tilde{\psi}_{k} * \theta_{1 / k^{2}} \geq \tilde{\psi}_{k}
$$

which implies the left-hand side inequality in (32). On the other hand, since $\tilde{\psi}_{k}$ is $k$-Lipschitz and $\theta_{1 / k^{2}}$ is supported in the ball of radius $1 / k^{2}$ centered at the origin in $\mathbb{R}^{n}$,

$$
\psi_{k}+1 / k=\tilde{\psi}_{k} * \theta_{1 / k^{2}} \leq \tilde{\psi}_{k}+k / k^{2}=\tilde{\psi}_{k}+1 / k
$$

implying the inequality in the middle in (32). This completes the proof of (32), as we have already seen the right-hand side inequality in (32).

Let us now set $\rho_{k}=\exp \left(-\psi_{k}\right)$. Since $\psi_{k}$ is a smooth, convex, Lipschitz function, the function $\rho_{k}$ is smooth, everywhere-positive and log-concave. It satisfies $\rho_{k} \geq \rho$ thanks to (32). The integrability of $\rho_{k}$ follows from (31) and (32), completing the proof of (i).

The function $\psi$ is locally-Lipschitz in $S$ since it is convex. It thus follows from (30) that $\tilde{\psi}_{k}$ tends to $\psi$ pointwise in $S$, as $k \rightarrow \infty$. According to [30, Theorem 10.8], the convergence is locally-uniform in $S$. Since $\tilde{\psi}_{k}$ tends to $\psi$ locally uniformly in $S$, we learn from (32) that also $\psi_{k}$ tends to $\psi$ locally uniformly in $S$. Consequently, $\rho_{k} \longrightarrow \rho$ locally uniformly in $S$, as stated in (ii). It remains to prove (iii). From (29), (31) and (32),

$$
\rho_{k}(x) \leq e^{B+1-A|x|} \quad \text { for all } k \geq 1, x \in \mathbb{R}^{n} .
$$

Hence the function $|\varphi(x)| e^{B+1-A|x|}$ is an integrable majorant for the sequence of functions $\left(\varphi \rho_{k}\right)_{k \geq 1}$ in $\mathbb{R}^{n}$. In view of Lebesgue's dominated convergence theorem, all that remains in order to prove (iii) is to show that $\rho_{k} \longrightarrow \rho$ almost everywhere in $\mathbb{R}^{n}$. We already know that $\rho_{k} \longrightarrow \rho$ in $S$. Since $S$ is a convex set, its boundary has a zero Lebesgue measure. Thus, it suffices to fix a point $x \in \mathbb{R}^{n}$ which is not in the closure of $S$, and prove that

$$
\begin{equation*}
\rho_{k}(x) \xrightarrow{k \rightarrow \infty} 0 . \tag{33}
\end{equation*}
$$

There exists $\varepsilon>0$ such that the ball $B(x, \varepsilon)$ is disjoint from $S$. It follows from (29) and (30) that $\tilde{\psi}_{k}(x) \geq k \varepsilon-B$ for all $k$. From (32) we thus learn that $\psi_{k}(x) \geq k \varepsilon-B-1 / k \longrightarrow \infty$ as $k \rightarrow \infty$. This implies (33), completing the proof of the lemma.

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