

# Animal Ethics and Behavioral Science: An Overdue Discussion?

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Title: Animal Ethics and Behavioral Science: An Overdue Discussion?

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- 2 **Abstract.** Animal ethics—the field of philosophy concerned with the moral status of animals—is
- 3 experiencing a momentum unprecedented in its history. Surprisingly, animal behavior science
- 4 remains on the sidelines, despite producing critical evidence on which many arguments in animal
- 5 ethics rest. Here we explore the origins of the divide between animal behavior science and
- 6 animal ethics, before considering whether behavioral scientists should concern themselves with
- 7 it. We finally envision tangible steps that could be taken to bridge the gap, encouraging scientists
- 8 to be aware of, and to more actively engage with, an ethical revolution that is partly fueled by the
- 9 evidence they generate.

# Keywords

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animal behavior, behavioral biology, animal ethics, animal welfare

The moral status of animals is a longstanding question dating back at least to Aristotelian philosophy (see Regan & Singer, 1989 for an overview of historical and contemporary writings on the topic). However, it has been brought into especially acute focus in recent decades. The modern development of the animal ethics debate is fueled by many factors—among them, novel scientific insights into the complexities of animal minds and emotions (Bekoff & Pierce, 2017); the ever-increasing scale of industrial farming (Harrison, 2013/1964); and the Anthropocene, an era heralded by unprecedented human-induced changes to the earth's climate, environments, and resident wildlife (Ceballos et al., 2015). The cumulative impact of these trends has raised the urgency of moral concerns over the nature of human-animal relationships, particularly in the context of our use, overuse, and misuse of animals. The exploitation of animals for food and other products represents just part of the prevailing narrative: a major shift is taking place in how people view the role of animals in research, entertainment, and even companionship. This turn was detectable in early publications like Ryder's (1975) Victims of Science and Singer's (1975) seminal Animal Liberation, and later built upon by those of other scholars (e.g., Donaldson & Kymlicka, 2011; Francione, 1995; Jamieson, 2002; Korsgaard, 2018; Nussbaum, 2018; Regan, 1983; Rollin, 1992; see also Armstrong & Botzler, 2017 for a comprehensive anthology of readings on animal ethics). The last two decades have witnessed an exponential increase in literature and journals focusing on animal ethics—the field of philosophy concerned with the moral status of animals (Figure 1).

This transition in ethical thinking about animals has been, at least in part, driven forward by evolutionary theory and discoveries made in the behavioral sciences. Darwin's theory of evolution by natural selection offered a new and powerful challenge to the anthropocentric assumption that humans are the pinnacle of creation—an assumption central to many historically and presently influential theological conceptions of the world (Rachels, 1990). As the earlier scientific revolution guiding human understanding of the natural order showed that the earth is not the center of the cosmos, this revolution more dramatically levelled human ontological status by insisting that humans are one of a countless variety of other animals. The disintegration of our pre-Darwinian understanding of nature, coupled today with the extent of anthropogenic changes faced by the environment and animals in the industrial world, has revealed deep-seated incompatibilities between dominant frameworks of value (still rooted in a pervasive sense of human superiority) and the current state of knowledge regarding the capacities of other species

and their vulnerability to human actions (e.g., Bekoff & Pierce, 2017; Jones, 2013; Rachels, 1990).

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Recent progress in scientific research on animal behavior has provided evidence used by animal ethics by documenting previously unknown aspects of animal life that have fundamental ethical implications. Studies on the cognitive, emotional, and social capacities of other species have discredited long-held assumptions about capacities thought to be unique to humans. Nonexclusively, this list includes the design and use of tools (Sanz, Call, & Boesch, 2013); the prevalence of animal cultures (Laland & Bennett, 2009) and the capacity to innovate (Reader, Morand-Ferron, & Flynn, 2016); the complexity and efficiency of animal vocal communication, including symbolic communication (Seyfarth, Cheney, & Marler, 1980) and forms of protosyntaxes (Ouattara, Lemasson, & Zuberbühler, 2009); the capacity for self-awareness (Gallup, Anderson, & Shillito, 2002), mental time-travel (Raby, Alexis, Dickinson, & Clayton, 2007), and a wide range of emotional experiences, including joy and grief (de Waal, 2019); reports of complex forms of consciousness such as empathy (de Waal & Preston, 2017), and of social intelligence such as the formation of reciprocal alliances and the active management of long-term social relationships (Cheney & Seyfarth, 2007), systems of conflict resolution (Aureli & de Waal, 2000), and the ability to impute mental states to others (Call & Tomasello, 2008), including the strategic adjustment of one's own knowledge of what others know (Emery & Clayton, 2001). These findings have all blurred traditional divisions structuring historical discussions of human uniqueness—including the opposition between nature and culture, between animal objects and human subjects, and between instinctive and rational actions—consequently casting doubt on the anthropocentrism that has largely dominated the history of ethics as a field of philosophical inquiry.

Alternative systems of ethical values developed in contemporary animal ethics often rely on empirical evidence to demonstrate the possession (or lack thereof) by a non-human individual of the relevant attribute conferring moral consideration (Allen, 2006). The main theories in animal ethics are pathocentric (i.e., centered on sentience and the capacity to suffer) and therefore hinge on empirical knowledge documenting the sentience of animals—such as recent work demonstrating that fish feel pain (Brown, 2015). In addition, perceptions of animals as "subjects-of-a-life" are central to the deontological approach to animal ethics developed by Tom Regan that has also formed a critical part of the legal case for animal rights (Regan, 1983).

Studies revealing the existence of personalities (Sih, Bell, & Johnson, 2004), episodic memory (Clayton, Griffiths, Emery, & Dickinson, 2001), intentionality (Allen & Bekoff, 1995), and rationality (Hurley & Nudds, 2006) have thus been instrumental in revealing that animals have a subjective life, personal history, interests, and goal-oriented agency (Jones, 2013). Taken together, this constellation of results from scientific research on animals has paved the way to changed (and changing) perspectives on the moral status of animals.

Despite these critical contributions to animal ethics, animal behavior sciences like ethology, behavioral ecology, and comparative psychology have played a rather passive role in the progression and expansion of this movement. In other words, though animal behavior scientists' work has been integral, it is non-scientists who have primarily pioneered the integration of science and ethics. Here, we advance the argument that if the ethics of humananimal relationships are to be redefined, then more active participation on the part of animal behavior scientists has great potential—not just for moving animal ethics debates forward, but for scientists themselves. To be clear, in attempting to bridge the study of animal behavior and animal ethics, we are not just referring to the ethics of using animals in behavioral sciences which have already been the focus of thorough reviews (see Text Box 1). Further, although the scientific literature has recently highlighted how animal behavioral sciences can inform animal conservation (e.g., Caro, 2007; Greggor et al., 2016) and animal welfare science (e.g., Dawkins, 2006; Fraser, 1999), it has not yet extended to engage with the full realm of issues debated in animal ethics, which include questions about the fundamental ground of moral status. Our primary purpose in this article is to make that extension by addressing three key questions: What are the primary reasons for a gap between animal behavior science and animal ethics? Should behavioral scientists feel concerned about this growing disconnect? And how could they more actively contribute to the development of animal ethics?

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#### Why the gap?

A primary reason for a frequent lack of communication between animal ethicists and behavioral scientists may reflect traditional difficulties in crossing disciplinary boundaries. Contemporary scientific culture remains largely disconnected from philosophy, which—unfortunately in our view—is not part of the regular academic training received by scientists; as a result, scientists may not be motivated or prepared to engage in broad ethical discussions that directly pertain to

their scientific practice or results. The persistence of a gap is exacerbated institutionally by a lack of educational and career development opportunities that cross-over between behavioral science and philosophy. But it is also caused by fundamentally different theoretical and methodological orientations. Science aims to discover causal relationships between states of affairs and phenomena in the physical world, while ethics is an explicitly value-laden, normative field of inquiry that aims to defend our best judgments as to what we ought to do. We are not here proposing a solution to the "fact/value" relationship or to the problem of whether there are normative facts and how they might "fit" into nature, but rather proposing that differences in the basic questions and methods of scientists and ethicists underlie a prevalent, but divisive attitude that science is rigorous and "objective" while ethical theorizing is more "subjective." Acquainting scientists with rigorous debate in normative ethics and ethical theory, as well as pointing them to the ways in which scientific research can be enmeshed within the values of the particular times and places in which it is carried out (Kincaid, Dupré, & Wylie, 2007), may help emphasize the benefits of interdisciplinary dialogue and research into the complex historical and logical relationship between science and ethics. Greater awareness of the various conceptual and normative assumptions that may come along with different conceptual frameworks can only improve the quality of scientific thinking (Laplane et al., 2019).

While scientists should all be aware of the spectrum of ethical discussions related to their daily scientific practice, they may sometimes fail to see that animal ethics is a broad and fast-growing area of philosophical inquiry and normative debate concerning the nature of human-animal relationships that is built on rational argumentation. It is important to realize that philosophers working on animal ethics may adopt a diversity of nuanced positions, and do not uniformly defend specific political or policy agendas. Scientists may sometimes lump the term "animal ethics" with other domains, in particular with the set of ethical regulations that rule their research activities (Text Box 1); with the emergence of animal welfare or conservation as scientific fields using research to assess and improve the animal condition; or even with the activism incited by animal rights associations. Conversely, while ethicists may be more aware of scientists' work than the reverse, they may not be up-to-date with the most current research and debates in the field. Nor do ethicists necessarily have experience rigorously observing animal behavior. Disciplinary segregations between animal welfare scientists, conservation biologists, and (some) animal ethicists are particularly telling examples of the oddity that the divide

between these so-called "two cultures" persists even in the context of obviously shared ethical concerns (Fraser, 1999). While the integration of normative and empirical approaches to animal welfare and conservation sciences have eventually gained advocates (i.e., welfare: Dawkins, 2006; Fraser, 1999; Würbel, 2009; conservation: Ramp & Bekoff, 2015), scientific discussions of ethical issues have focused on a rather specific set of questions with limited attention to foundational reflection on ethical frameworks and on how normative and empirical approaches relate (Dawkins, 2006).

The gap between ethicists and behavioral scientists has further been maintained by mutual defiance and skepticism. If and how animals should be used in science has been a core question of animal ethics since its inception, and behavioral research has immediately been the focus of severe criticism for conducting painful and unnecessary experiments (Ryder, 1975; Singer, 1975). Ethicists subsequently became suspicious towards, or dismissive of, any scientific procedure involving animals to study their behavior (Fraser, 1999). Meanwhile, animal behavior scientists naturally feared condemnation surrounding their research, and may have perceived the gradual development of ethical regulations on the use of animals in research (Text Box 1) as an extra source of constraints and bureaucracy in their work. This divide has likely been furthered by several aspects of the predominant disciplinary culture of animal behavior. Many animal behavior researchers have traditionally adopted the attitude of stifling empathy towards their study subjects in the interest of preserving scientific objectivity and avoiding behavioral interferences with the study subject (Kennedy, 1992). Such detachment in the name of objectivity may have contributed to the notion that an ethical sensibility towards subjects of research is "unscientific" and "subjective," and may still prevent many researchers from perceiving open engagement with current debates in animal ethics as an integral part of, or at least as compatible with, scientific thinking and practice.

New points of tension have arisen in the course of contemporary discussions in animal ethics, which have for the most part been dominated by two competing approaches: utilitarian welfare-based and deontological rights-based approaches. Whereas both approaches share the idea that animal welfare is worthy of protection for its own sake and not for the sake of humans, the welfare approach insists that moral duties related to the humane treatment of animals come from animals' capacity to feel pain and pleasure. It stems from a utilitarian and consequentialist approach to animal ethics, according to which the aggregate benefits of any intervention into

animal lives must exceed any harmful costs (Singer, 1975). In contrast, theories of animal rights are based in deontological ethics, pursuant to which duties to animals come from the respect that they deserve as agents with their own unique interests, aims, and goals. Theorists in this school consider animals' lives to be intrinsically valuable and propose to grant them basic rights—such as the right to life, freedom, and not to be tortured—to prevent them from being treated as "mere means" such that their interests are sacrificed to human interests (Donaldson & Kymlicka, 2011; Francione, 1995; Regan, 1983). This generates a critical tension with welfare approaches, according to which animals retain an instrumental value in situations in which benefits (to the human community) might outweigh harm (to the animals). It is clear that when animal scientists do engage with ethical debates, the prevailing utilitarian, welfare-based approach is often adopted by default, probably due—at least in part—to the use of animals in scientific research. However, many ethicists have instead favored theories of animal rights (Donaldson & Kymlicka, 2011), though they have not uniformly condemned the use of animals in research within this framework. Thus, although the practical implications of such divergences in underlying ethical theory may be profound, rights-based theories do not necessarily exclude the possibility of research on animals. For example, just as human volunteers can participate in scientific experiments, it may be possible to envision a research protocol that respects the dissent of a nonhuman subject (e.g., Fenton, 2014), especially in behavioral research where experiments can be designed in which animals are free to participate.

#### Should animal behavior scientists concern themselves with animal ethics?

A greater integration between animal ethics and the animal behavior scientific community is desirable for ethical and pragmatic reasons. Foremost, there is an ethical reason in that scientists fulfill a social responsibility when they engage with and help others understand ethical implications of research. Yet there are also pragmatic benefits for science, including helping scientists examine sources of historical and cultural bias that may limit scientific questions and approaches, and so further enrich and broaden scientific understanding. Some of these benefits may admittedly arise from interactions with philosophical discussions about the nature of animals that are broader than animal ethics, for example philosophical work on animal minds, perception and representation, social learning and culture, altruism and cooperation, and rationality (Andrews, 2015; Andrews & Beck, 2018). Nonetheless, the recent renewal of the

philosophy of animals as a sub-field within the philosophy of science has played and continues to play a major role in the expansion of animal ethics insofar as it has also challenged anthropocentric approaches that have dominated classical philosophy. While the recognition of animal consciousness and subjectivity is growing, it is not unanimous in philosophy (*cf* Carruthers, 2000 and Tye, 2016, for instance). These important debates that are relevant to animal ethics, but are also broader, draw on and require science and should, therefore, be inspiring to animal scientists as well.

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Filling our social responsibility. Many scientists are naturally interested in how their results inform and inspire societal debates—one obvious reason for animal behavioral scientists to engage with the literature on animal ethics. In addition to this natural curiosity, and despite commonly holding the view that scientific findings have no intrinsic normative value, scientists still usually support ideas of moral progress that follow from scientific progress in our rational understanding of the natural world. For example, where progress in understanding the neurologic development of infants uncovered the capacity for pain (Anand & Hickey, 1987), it became an ethical duty for scientists to advocate against neonatal surgeries without anesthesia. The parallels to our understanding of animal pain are obvious, and scientists could play an important role in advocating against farming or research practices that involve suffering in the form of pain as well. More generally, ethics makes a claim on scientists to engage with public debates on ethical issues that are related to their scientific activities (and sometimes even raised by their results) (Pain, 2013; Siekevitz, 1970). At a time when researchers in science and technology are often consulted to set the direction and values of society, and often occupy leadership roles on decision-making bodies, this obligation must increasingly be emphasized. For example, a communication from Mark S. Frankel, director of the Scientific Responsibility, Human Rights, and Law Program at the American Association for the Advancement of Science (AAAS), argues that students and scientists should put less emphasis on their internal responsibility regarding how research should be conducted, and more on their external responsibility by being "vitally concerned" with the influence that their work and knowledge can have on society (Pain, 2013). Scientists are increasingly required to justify the benefits of their research to society—this is notably the case for individual applications to research positions or funding, as well as for research evaluations at the institutional level—and growing debates on animal moral status spark

229 public interest in animal behavior science. In this context, active engagement with animal ethics 230 could translate to a new and promising applied dimension of scientists' work—one that is both 231 instrumentally beneficial and aligned with social responsibilities. 232 233 Opening the "black box" of animal minds. Following the vast accumulation of knowledge on animal behavior, scientists are faced with new questions about the nature of animal minds, a 234 235 crucial topic also at the center of philosophical debate today (Andrews, 2015; Andrews & Beck, 236 2018; Lurz, 2009). Nonetheless, the lingering conviction that animal mental states are 237 unknowable—a "black box" that is inaccessible to science—or irrelevant to the explanation of 238 behavior (e.g., Dawkins, 2015) has limited scientifically-informed ethical reasoning about 239 animals. For example, Griffin's (1998) call to bring the study of consciousness to the fore of 240 ethology nearly two decades ago is continually met with considerable resistance (for a historical overview on cognitive ethology, see: Allen & Bekoff, 2007), and some contemporary scientists 241 deny that documenting the degree of animal consciousness is useful in the science of 242 243 comparative cognition (Shettleworth, 2010). In addition to this fundamental debate on whether 244 animal consciousness can and should be studied by scientists, some major explanatory 245 frameworks in animal behavior science have downplayed the explanatory significance of animal 246 mental and emotional lives. In particular, behavioral ecologists are traditionally trained to focus 247 on the adaptive value of a trait, favoring ultimate over proximate explanations for behavior. As 248 one example, infanticide is often framed exclusively in terms of evolutionary costs/benefits, 249 rather than any underlying emotion or proximate motivation (e.g., see van Schaik & Janson, 250 2009). Although these functional evolutionary explanations are valuable in their own right, they 251 offer only a very limited view of animal emotions, capabilities, and agency, and little to no 252 insight into perceptions, intentionality, rationality, or consciousness residing "inside" of animal 253 minds. This poses a deeper, more fundamental epistemological problem in the sense that 254 building a whole field of scientific inquiry around what is currently a "black box" inherently 255 hampers ultimate explanatory and predictive efforts. This shortcoming in turn reveals how 256 explanatory frameworks in the behavioral sciences can quickly overlook or render invisible the very "object" of moral concern—the organism itself as a potentially sentient entity that can be 257

benefited or harmed—or, at the very least, relegate the organism to secondary status (Walsh,

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The language that animal behavior scientists habitually employ reflects this deeply entrenched practice (Crist, 1999). Reducing animal behavior to mechanistic, causal descriptions has reinforced the view of animals as "mere" objects or "vehicles" of their genes and environment, preempting any inferences to their mental life or agency (it is noteworthy that in the writings of early naturalists such as Darwin, animals were commonly portrayed as individuals with an array of meaningful subjective experiences and aims). For example, scientists have traditionally used terms such as "innate releasing mechanism" while habitually relegating complex behavioral phenomena—usually those linked with cognitive or affective capacities—to more "parsimonious" explanations, further distancing themselves from the animals they study. However, this presupposes that such technical, parsimonious descriptions are also unbiased, and it would behoove scientists to realize that the theoretical language they employ is built on an inherently skeptical bias towards animal subjective and agential traits. The animal ethics literature, which puts animal subjectivity and agency at the heart of its argumentation, places an ethical urgency and burden of proof on mechanistic views of animal behavior in the behavioral sciences to show that animals are not sentient (Birch, 2017, 2018), and to develop more solid inferences about the existence and character of animal subjectivity (e.g., see Godfrey-Smith, 2016; Smuts, 2001).

Questioning the anthropocentric legacy of behavioral studies. The slow development of cognitive ethology is not merely a consequence of empirical limitations in accessing animal minds or a predominant focus on ultimate explanation in studies of animal behavior. The avoidance of attributing—or even studying—morally-relevant traits like agency, interests, or motivations and goals to non-human animals reflects a more pervasive bias, namely the perceived dangers of anthropomorphism (e.g., Wynne, 2004). In addition to shaping research questions, experimental settings and interpretations of results traditionally tend to disfavor anthropomorphic hypotheses, according to which similar mechanisms underlie the behavioral similarities observed between humans and non-humans. This occurs even when studying species that are closely related to us, a revelatory context regarding such a bias, referred to as "anthropodenial" by de Waal (1999). According to basic evolutionary principles, the most parsimonious explanation in such cases is the one assuming that similar processes in closely related species emerge from common ancestry ("phylogenetic parsimony"). A scenario in which

the evolution of distinct cognitive processes generates similar behavioral manifestations in closely related species is, in fact, improbable. It is also revealing to note that simple mechanistic explanations are generally favored over phylogenetic parsimony when discussing cognitive capacities, as opposed to physiological or anatomical traits, for which scientists have no problem invoking human-animal similarity (de Waal, 1999). This bias appears to be a direct, pervasive legacy of the famous Morgan's Canon proposed at the end of the 19th century, which states that: 'In no case may we interpret an action as the outcome of the exercise of a higher psychical faculty, if it can be interpreted as the outcome of the exercise of one which stands lower in the psychological scale' (Morgan, 1894, p. 53). A large philosophical literature has recently accumulated around related methodological issues (Buckner, 2017; Fitzpatrick, 2008; Halina, 2015; Keeley, 2004; Mikhalevich, 2014; Sober, 2012), and scientists can benefit from deeper reflection on any bias toward simplicity that is motivated by worries about the dangers of anthropomorphism.

Another upshot of this approach is that the threshold of evidence needed to provide support for a particular cognitive or emotional faculty in other species is much higher than in our own. For example, the definition of animal teaching initially proposed by Caro and Hauser (1992) has proven so strict that it would exclude many occurrences of human teaching as employed in common parlance (Laland & Hoppitt, 2003). This anthropocentric perspective has also figured prominently in debates about animal emotions (Bekoff, 2009; de Waal, 2019); it is not just a remnant of the behaviorist era but still alive today in the form of categorical rejections of anthropomorphism and anecdote. However, when the animal's perspective is carefully considered, anthropomorphic and anecdotal accounts have an important role to play in informing and inspiring rigorous science (Bates & Byrne, 2007; Burghardt, 1991; de Waal, 1999; Godfrey-Smith, 2016), particularly when it comes to animal mental capacities and emotions (Bekoff, 2009). While this form of anthropocentric reductionism is very entrenched in the Western scientific culture in animal behavior, an independent academic tradition emerged in Japan, where anecdotes were valued, and where anthropomorphism was not considered a threat (Asquith, 1996; de Waal, 2003). Despite intense criticisms by Western scientists, Japanese primatologists used individually-based observations—which are now the standard in ethological studies—and made fundamental discoveries in socio-ecology, such as the existence of tight family bonds structuring animal societies, and the diffusion of socially-learnt behaviors throughout animal

groups, long before these questions crystallized interest in Western research (Asquith, 1996; de Waal, 2003). This example illustrates the potential benefits of raising scientists' awareness of the cultural and cognitive biases that may hamper progress in their discipline. And even though the fear of anthropomorphism may be less present in today's scientific culture than it used to be, the critical stance adopted by thinkers in animal ethics regarding anthropocentric values, combined with their fresh and attentive eye towards animal minds and subjectivity, encourages behavioral scientists who have not already done so to inspect the deeply entrenched sources of biases that inevitably affect their discipline.

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Enriching scientific practices. A greater consideration of animal interests and subjectivity may be beneficial pragmatically by changing the way scientists ask questions, design protocols, and interpret animal reactions to experimental conditions. Integrating information about the firstperson perspective of the animal is increasingly recognized as important in evolutionary modelling of the effects of natural selection on behavior (e.g., Akçay, Van Cleve, Feldman, & Roughgarden, 2009). When designing experiments, careful attention to the animal's perspective on a proposed task can reduce some biases—such as experimenter effects (Despret, 2015). For example, laboratory mice perceive gender of the experimenter and may consequently modify their behavioral response in an experiment, with male experimenters eliciting a greater stress response than females (Sorge et al., 2014). Along similar lines, earlier scholars appreciated that animals live in meaningful and complex worlds, and that adopting the animal's sensory perspective was a necessary precondition for the successful study of behavior (von Uexküll, 1992/1957). In contrast, subsequent behavioral studies have sometimes failed to adopt such a perspective by designing studies linked to species-specific daily environmental challenges, and so are at risk of making erroneous inferences about animal capacities. For example, dogs were once thought to lack self-awareness due to their failure to pass the mirror self-recognition task, which is strongly biased towards visual species, but they were subsequently found to succeed in passing an "olfactory mirror" test (e.g., Gatti, 2016). The role of perspective-taking in animal behavior research is also central to the influential work of philosopher Merleau-Ponty (1998), who first established a link between animal behavior and phenomenology—which can arguably make a major contribution to both animal ethics (Painter & Lotz, 2007) and scientific research on animal behavior (Ruonakoski, 2007) by offering additional insights into animal subjectivity.

When it comes to studying animal behavior, Merleau-Ponty (1998) questions the behaviorist way of interpreting the scientist's role, requiring the scientist's detachment from the study subject. Rather than rejecting anthropomorphism and denying their own sensitivity towards the behavior of study subjects, scientists could acknowledge that human experience, careful observation, and even engaged interaction with animals are the only possible starting points for their investigations, because absolute detachment is impossible in practice (e.g., see Candea, 2010; Ruonakoski, 2007; Smuts, 2001).

An interdisciplinary dialogue between philosophers, ethicists, and scientists may promote changes in paradigms that could usefully complement traditional approaches and open productive, more holistic avenues to study and understand animal behavior without compromising scientific rigor. In particular, research in cognitive ethology on concepts rooted in classical, anthropocentric philosophy (e.g., self-awareness, empathy, free will, or culture) would benefit from such discussions, which may facilitate the establishment of more inclusive definitions (i.e., applicable to studying non-human animals) that retain theoretical and empirical traction. It would further encourage reflection on the most efficient research approaches and the criteria that would provide supporting evidence for the existence of such phenomena in other species. As one example, some philosophers reexamined the state of knowledge regarding behaviors long thought to be human-unique, such as the capacity to commit suicide (e.g., Peña-Guzmán, 2017), by lending more weight to animal subjectivity than many scientists traditionally have. These exercises illustrate the potential power of such interdisciplinary dialogues for enriching the perspectives of scientists working on animal behavior, while making them more aware of the fact that a collection of scientific observations can lead to divergent interpretative frameworks.

In sum, interactions between the science of animal behavior and animal ethics could have a greater and mutually beneficial scope, addressing questions about what animals are, how we should treat them, and how to envision potential futures for human-animal interactions. The possibility of such a productive exchange between science and philosophy has a strong precedent in the relationship between the science of ecology and environmental philosophy. By generating new scientific knowledge on the interconnectedness and dependence amongst various forms of life, the field of ecology has also influenced ethical thought. Though not uniformly defended by ethicists, ecology has led to calls to regard supra-individual processes, such as ecosystems

themselves, as intrinsically valuable and as objects of ethical concern—particularly concerning planetary health criteria grounded in the capacity to sustain and generate biodiversity. Just as in the case of animal behavior science and animal ethics, ecology too has been a source for combating anthropocentrism and generating a more balanced, indeed scientifically informed, worldview regarding the place of humans as one species embedded within deeply interconnected, interdependent living systems (Callicott, 1990).

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# How can animal behavior scientists engage with philosophy and animal ethics?

In turn, animal behavior scientists can contribute to animal ethics in various ways. Their

potential contributions to animal ethics span the full spectrum of scientific activities—not only in offering original evidence that fuels theoretical progress in animal ethics, but shaping its practical applications, lending pertinent expertise, and communicating effectively with the wider public. There are, however, boundary conditions to what they can offer to ethicists; one prerequisite is that some research involving animals is tolerated—itself a source of disagreement even within the animal ethics community—provided that its costs are minimal and outweighed by clear benefits. As a result, behavioral scientists should carefully take ethical considerations into account when designing their research (Text Box 1). Foster productive interdisciplinary exchanges. An essential first step in this integration could be for behavioral scientists to familiarize themselves with the field of animal ethics (Armstrong & Botzler, 2017 provide a comprehensive anthology of readings on animal ethics), which will also cultivate mutual respect and awareness across fields. However, at least to our knowledge, animal ethics, and philosophy more generally, are often absent from animal behavior educational programs and curricula. Reciprocally, academic departments in animal studies are typically housed in social science or humanities faculties, and often lack scientists. This structural separation limits cross-disciplinary exchanges, which could be encouraged by the development of joint teaching, reading groups, research programs, and conferences. Mutual engagement and integrative theory-building could be further fostered by hosting philosophers and ethicists in scientific labs and research groups. Further, several interdisciplinary journals now provide a

forum wherein scholars across these disparate fields can comment on topics of mutual interest

ranging from animal emotions to the most sound approaches to animal protection legislation (e.g., see Birch, 2017 along with associated commentaries).

Upon gaining meaningful exposure to the basic purview of animal ethics, scientists of animal behavior can further update some of their conceptual frameworks and research practices (as elaborated in the previous section), which may simultaneously foster the endorsement of their findings by non-scientists pursuing related questions. Among the most notable successes in this regard is pioneering work in the area of compassionate conservation, which attempts to appease tensions between scientists who conventionally focus on species and populations and ethicists who typically focus on individuals (Ramp & Bekoff, 2015).

Produce relevant original evidence. As highlighted above, original evidence stemming from the natural course of animal behavior science has already played a role in inspiring important developments in animal philosophy. Of course, while detailed knowledge concerning the cognitive, affective, and social lives of animals can contribute to our understanding of what is "painful" to an animal, its degree of sentience and consciousness, the optimal environments in which it thrives, etc., it certainly cannot tell us what is right or wrong—the central concepts that structure ethical theory and practice. Nevertheless, biological knowledge on the natural behavior of different species, in relation to their phylogenetic position and ecology, can help in setting species-specific criteria for animal ethics agendas. It also has a hand in proposing modes of interactions with animals that are respectful of their physiology and psychology, consistent with a new theory of animal rights that borrows concepts from political philosophy (including citizenship or sovereignty) to envision a new legal frame applicable to the complexity and diversity of animal-human relationships (Donaldson & Kymlicka, 2011).

In addition, as has already occurred in conservation practice, there is growing pressure for policy decisions concerning animal ethics to be evidence-based, and animal behavior scientists are positioned to contribute data and knowledge that can, at a minimum, inform political decisions regarding the assignment of diverse taxonomic groupings to particular moral categories (Jones, 2013). The diversity of species that animal behavior scientists study—many of which are beneath the radar of philosophers in favor of a focus on higher vertebrates (with notable exceptions, e.g., Godfrey-Smith, 2016; Tye, 2016)—can raise new ethical concerns and priorities. For example, combined with novel insights on behavioral and cognitive complexity,

accumulating scientific evidence that fish feel pain has supported the argument that they be granted similar legal protections to other vertebrates (Brown, 2015). Similarly, legal personhood campaigns, generally devised to grant legal protections to large mammals, are contingent on evidence concerning capacities like self-awareness and autonomy (Andrews et al., 2018; Wise, 2000). Thompson (2019) recently outlined how scientists' work could better position lawyers to build personhood cases, citing four domains—innovativeness, altruism, self-control, and defiance—that would more demonstrably provide evidence for autonomy to the court system. Despite philosophical disagreement over the personhood defense of animal rights (e.g., see Korsgaard, 2018; Nussbaum, 2018), such communications are important given that scientists do not naturally design their research in light of legal principles and questions.

The need for evidence-based animal ethics frameworks is not to overlook the veritable limits of scientific knowledge. It is important to note that the pace and reach of scientific progress is not always compatible with more immediate ethical decisions, necessitating guidance on what to do in the absence of convincing scientific evidence for aspects of animal sentience (e.g., see Birch, 2017). Further, burden of proof frameworks must weigh the relative consequences of under- versus over-attributing particular mental states to animals, as such estimations can immediately impact welfare and related policy decisions—in particular, the implications of our systematic use of skepticism as the default position should be carefully evaluated (Birch, 2017, 2018). It is also important to acknowledge the diversity of ethical stances towards the weight of scientific evidence—not merely in terms of what is accepted/tolerated, but what is encouraged as the optimal way to understand the complexity of the world around us. There are important philosophical discussions about the sources of our judgment as to whether or not animals have minds and mental lives, with some defending non-inferential approaches based on direct experience (see Jamieson, 2012; see also Bekoff, 2009 for an interesting discussion of scientific vs. common-sense approaches, which are likely best considered in tandem when it comes to animal ethics).

Regardless of one's position here, many scientists in the field of animal behavior spend considerable time observing animals, and thus have a wealth of direct "real world" experiences in this regard. A deep understanding of evolutionary theory, allied with the intimate experiences that people who work extensively with animals have, can translate to a unique perspective on animals and human-animal relationships that ethical debate should capitalize on (see Godfrey-

Smith, 2016; Smuts, 2001 for pertinent examples). Phenomenologists are particularly interested in such perspectives given their potential to elucidate new realms of being and experience, challenging traditional philosophical views on animal natures and intersubjectivity (Merleau-Ponty, 1998).

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Provide scientific expertise. Scientists' ability to synthesize and scrutinize academic knowledge has the potential to further guide the public and policymakers in their interpretation of scientific evidence. For example, The Cambridge Declaration on Consciousness (Low et al., 2012) prompted by the accumulation of data revealing that humans are not unique in possessing the neurological substrates that generate consciousness—was written by a group of neuroscientists to challenge previously held standards. Animal behavior scientists could similarly consider synthesizing information about species' intellectual, emotional, and social lives in a format that can be used by decision-makers when drafting and/or updating ethics policies and legislation, preferably through quantitative meta-analyses and systematic reviews. Conservation and animal behavior scientists recently convened to identify research priorities in animal behavior that promote progress in applied conservation (Greggor et al., 2016); a similar exercise could benefit the translation of animal ethics into practical actions. Court cases on animal legal personhood are arising in a growing number of countries, providing a new context where animal behavior scientists may be expected to act as experts. However, unlike scientists who regularly intervene in court cases and are well aware of the legal culture, such as criminologists or psychiatrists, animal behavioral scientists are generally unprepared for such an exercise. At a smaller scale (and if not already the case), behavioral scientists can join ethics committees to ensure independent representation of animal interests in other scientific fields, and ascertain that ethical concerns are carefully weighed when reviewing articles and grant applications in their own field.

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Add a scientific credit to animal ethics in outreach efforts. Finally, scientists are often perceived as the authorities on animal behavior, and therefore have the opportunity to inform and engage the public about animal interests. Yet while it is commonplace for animal behavior scientists to emphasize the conservation implications of their work, other broader impacts related to the moral standing of animals are emphasized relatively less in their public outreach. Increasingly, research on animal behavior has mass public appeal, which opens the door for animal behavior scientists

to more actively engage with contemporary animal ethical or philosophical debates and discussions—following the recent tracks of some behavioral scientists (Balcombe, 2006; Bekoff, 2009; Brown, 2015; Smuts, 2001).

#### **Concluding remarks**

Animal behavioral scientists have much to gain from their academic community's engagement with animal ethics. By jumping into the discussion, scientists also engage more directly with a revolution that has been in part stimulated by their work. Given the rapid rise and foreseeable progress of debates around animal ethics, it is certain that the current generation of animal behavior scientists will have to confront the questions that it raises in the coming decade(s), both as scientists and as citizens. Developing a stronger, more informed and engaged stance that aims to build consensus surrounding questions raised in animal ethics becomes critical to ensure the long-term importance and contribution of their scientific field, to fulfill their moral obligations, and to meet societal expectations by taking part in debates that they are well-positioned to inform. We hope that this paper will encourage this pressing and overdue discussion.

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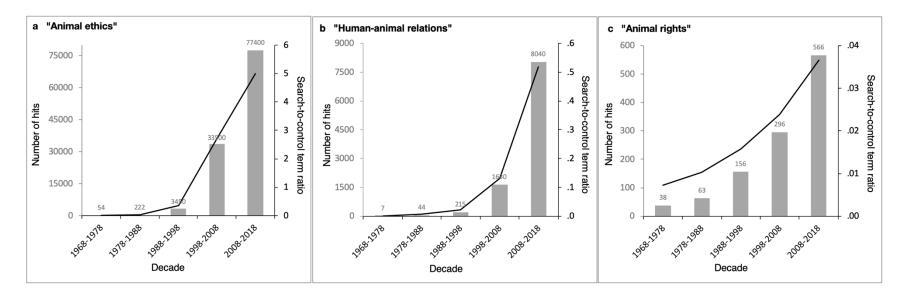
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**Figure 1**. Web-based search results (grey bars correspond to total number of hits) for the search terms (a) "animal ethics" as well as (b) "human-animal relations" in academic articles, and (c) "animal rights" in U.S. state/federal case law. The ratio of the total number of hits for each search term to the total number of hits for the (control) search term "animal" during the same decade is illustrated by black lines (see secondary Y-axis) to account for growth in scientific knowledge over time. All information was obtained from Google Scholar on May 17, 2019.

## Text Box 1: The ethics of using animals in behavioral science

In this paper, we emphasize potential interactions between the philosophical field of animal ethics and behavioral sciences. Ethical issues raised by research in behavioral sciences are a related, though different and narrower issue. On top of legal requirements, professional organizations have taken further practical steps to ensure that ethical issues related to animal welfare are an integral part of the design of the research being conducted by setting up their own standards (see the Association for the Study of Animal Behaviour's (2012) guidelines and the Guidelines for Ethical Conduct in the Care and Use of Nonhuman Animals in Research by the American Psychological Association (2010)). The main scientific journals in psychology and behavioral ecology require that these standards be met to publish a paper. It certainly does not mean that all ethical issues associated with animal behavior sciences have been thoroughly resolved, and future work should strive to keep ethics questions central to its interests. Empirical work attempting to measure the stress, pain, and mortality caused by study protocols is an emerging field of research (e.g., Hämäläinen, Heistermann, Fenosoa, & Kraus, 2014; Le Maho et al., 2011), and several recent reviews have been dedicated to these and other ethical issues (Costello et al., 2016; Field et al., 2019; Mackinnon & Riley, 2010).