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PROGRAMME

THURSDAY JUNE 20, 2019

09:00 - 09:15 am   Opening Ceremony

09:15 - 12:15 am   SESSION 1: NUTRITION AND MOBILITY AS TARGETS FOR A LONG LIFE
                   Chairmen: Véronique COXAM - Dominique DARDEVET

09:15 - 09h45 am   Aging of the neuromuscular system
                   Marco NARICI (Italy)

09:45 - 10:15 am   Determinants of age-related mobility
                   Marjoleine VISSE (Netherlands)

10:15 - 10:45 am   Lifestyle management of mobility in aging subjects
                   Tommy CEDERHOLM (Sweden)

10:45 - 11:15 am   Coffee break - Exhibition visit

11:15 - 12:15 am   4 Short oral communications
12:15 - 12:45 pm   Discussion

12:45 - 02:00 pm   Lunch

02:00 - 02:45 pm   Lecture - Luc VAN LOON (Netherlands)

02:45 - 05:45 pm   SESSION 2: MUSCLE WASTING AND ORGAN FAILURE
                   Chairmen: Didier ATTAIX - Ruddy RICHARD

02:45 - 03:15 pm   Nutrition in muscle wasting and kidney failure
                   Giacomo GARIBOTTO (Italy)

03:15 - 03:45 pm   Muscle wasting in cardiovascular diseases
                   Stefan ANKER (Germany)

03:45 - 04:15 pm   Self management of mobility in COPD
                   Jean BOURBEAU (Canada)

04:15 - 04:45 pm   Coffee break - Exhibition visit

04:45 - 05:30 pm   4 Short oral communications
05:30 - 05:45 pm   Discussion

07:30 - 11:00 pm   Gala dinner
**FRIDAY JUNE 21, 2019**

**SESSION 3: METABOLIC DISORDERS AND MUSCLE INTEGRITY**  
Chairmen: Christelle GUILLET - Martine DUCLOS

09:00 - 09:30 am  
Physical activity as a counter measure for mitochondrial dysfunction in aging and mitochondrial myopathies  
Mark TARNOPOLSKY (Canada)

09:30 - 10:00 am  
Muscle adipose tissue crosstalk in sarcopenic obesity  
Mauro ZAMBONI (Italy)

10:00 - 10:30 am  
Muscle aggression nutrition  
Zudin PUTHUHCEARY (United Kingdom)

10:30 - 11:15 am  
Coffee break - Exhibition visit

11:15 - 12:15 am  
4 Short oral communications

12:15 - 12:45 pm  
Discussion

12:45 - 01:45 pm  
Lunch

**SESSION 4: GUT MICROBIOTA, NUTRITION AND MOBILITY**  
Chairmen: Nathalie BOISSEAU - Nicolas BARNICH

01:45 - 02:45 AM  
4 Short oral communications

02:45 - 03:15 pm  
We are what we eat: impact of food additives on intestinal and metabolic health  
Benoit CHASSAING (USA)

03:15 - 03:45 pm  
TBD  
Wiley BARTON (Ireland)

03:45 - 04:15 pm  
Influence of lifestyle in gut microbiota  
Mar LARROSAS (Spain)

04:15 - 04:45 pm  
Award of the best oral communication  
Closing session