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Ectomycorrhizal symbiosis helps plants to challenge salt stress conditions Carmen Guerrero-Galán^{1,2}, Monica Calvo-Polanco¹ and Sabine Dagmar Zimmermann^{1*} ¹BPMP, Univ Montpellier, CNRS, INRA, SupAgro, Montpellier, France. ²Present address: Centro de Biotecnología y Genómica de Plantas, Instituto Nacional de Investigación y Tecnología Agraria y Alimentación (INIA), Universidad Politécnica de Madrid (UPM), 28223 Pozuelo de Alarcón, Spain. *Author for correspondence: tel + 33 4 99 61 27 18; e-mail sabine.zimmermann@cnrs.fr ORCID 0000-0002-5020-1447 Acknowledgments CGG acknowledges the Ecole doctorale "GAIA" (University of Montpellier) for PhD fellowships financed by the French Ministry of Higher Education and Research.

Abstract

Soil salinity is an environmental constraint for plants that is currently increasing worldwide. The most common salt ions within soils, sodium and chloride, are considered as beneficial for plant development in small amounts, although their excess induces stress in most plants. Sodium is usually considered the most toxic ion in the couple, mainly because it causes an imbalance in the electrochemical gradients and competes with potassium for membrane transport systems and binding sites within cells. In addition, the sudden exposition of plants to salinity induces osmotic stress that imbalances root water and nutrient absorption and transport. Within the different strategies that plants use to cope with salinity, their association with beneficial soil microorganisms can play an important role in the adaptation to adverse environments. Among them, ectomycorrhizal fungi, specialized in colonizing the roots of woody plants, seem to have a protective effect on plants exposed to high amounts of salt. Although no precise mechanisms for this enhanced plant salt tolerance have been described yet, the improvement of plant water and mineral nutrition, and the restriction to sodium entrance and extrusion of toxic ions from the photosynthetic organs are proposed as possible strategies. This review aims at summarizing the current knowledge accumulated on the role of

Keywords

Ectomycorrhizal symbiosis, sodium, salt tolerance, trees, nutrient and water transport, membrane transporters.

ectomycorrhizal symbiosis in plant tolerance to salt stress.

Introduction

Salinity, understood as the excess of sodium (Na⁺) salts in the soil, is a detrimental condition for plant performance that is increasing nowadays and challenges both agricultural crops and natural ecosystems (Daliakopoulos et al. 2016). Salt stress induces both an osmotic and a toxic effect in plants which disturbs major plant metabolic processes and hampers plant water and nutrient balance. Exposure of plant roots to increasing NaCl will lead to competition of Na⁺ ions with potassium (K⁺) for its transporters so that Na⁺ enters the plant cells through either non-specific or selective transport systems (Wu 2018). Thus, Na⁺ concentrations will build up in the cytosol where it alters enzyme activity by displacement of the Ca²⁺ and K⁺ ions of their binding sites (Cramer et al. 1985; Rodríguez-Navarro 2000). The abundance of Na⁺ ions also changes the electrochemical gradient between both sides of the plasma membrane, affecting the energization of soil nutrient uptake (Tavakkoli et al. 2010). Palliating these negative effects diverts the energetic resources to detoxification, depleting other processes like nutrition, growth or reproduction (Munns and Tester 2008).

Maintaining K⁺ contents in the cell cytoplasm and its movements in the vascular tissues is essential for salt-stressed plants to overcome the challenging environment (Shabala and Cuin 2008). Under salt stress, an initial massive influx of Na⁺ in the root triggers a membrane depolarization that provokes a K⁺ efflux from the cytosol (Shabala et al. 2006), accompanied by an increase in K⁺ storage in the vacuole (Jiang et al. 2010). The drop in the cytosolic K⁺ level induces high affinity transporters to boost the uptake from the roots (Shabala 2017). In order to prevent Na⁺ from reaching the photosynthetic organs, plants try to minimize its accumulation in the tissues through changes in gene expression and protein function of membrane transporters that aim at reducing the Na⁺ uptake and at limiting its allocation to the leaves, by extruding it out from root cells or into the vacuoles.

One of the first responses of plants to salinity will be the closure of stomata, the reduction of transpiration, and the adjustment of the root water uptake. It is commonly accepted that water is transferred from the soil to the root through two main paths, the cell wall continuum (apoplastic path) and through the cell-to-cell path (symplastic path) which includes the transfer of water through plasmodesmata and plasma membranes using specialized water channel proteins called aquaporins. Aquaporins are membrane intrinsic proteins (MIPs) present in all species, including fungi and plants (Nehls and Dietz 2014; Verdoucq and Maurel 2018). Under different stresses including salinity, water uptake has been mainly attributed to the tight regulation of aquaporins (Boursiac et al. 2005; Afzal et al. 2016). Plant cells also accumulate compatible osmolytes or osmoprotectants. Although the role of compatible osmolytes has not

been fully unravelled, it has been observed that they protect against oxidative stress inside the cells (Singh et al. 2015). Moreover, several studies have demonstrated that the overexpression of genes leading to increased accumulation of these solutes can confer on plants the ability to tolerate salinity (Parihar et al. 2015), and also, compatible solutes will alter how water is uptaken by the roots (Aroca et al. 2012; Calvo-Polanco et al. 2014).

Taking all this into account, we observe that plants are not devoid of defence mechanisms against salinity, at least in the short term. However, in the long run, these responses may not be enough against a sustained stress and require further physiological, ecological and evolutionary adaptations. This is the case of root symbioses, such as those established with mycorrhizal fungi, in which the microorganism improves plant water uptake and mineral nutrition. The extension of the exchange surface provided by the mycelium is an important factor in the enhanced absorption of water and nutrients of mycorrhizal plants as the hyphae are able to penetrate narrower pores (Bogeat-Triboulot et al. 2004; Lehto and Zwiazek 2011). Another beneficial effect is the improvement of soil structure that facilitates plant rooting (Rillig and Mummey 2006). All this translates in a stronger growth and higher biomass accumulation in mycorrhizal plants, which have a better fitness and consequently adapt better to challenging environments than in non-mycorrhizal conditions (Smith and Read 2008). So far, most information on the beneficial effects of mycorrhizal plant-fungal interactions in plant tolerance to salinity has been gathered from arbuscular mycorrhizal symbiosis revealing several mechanisms involved (Evelin et al. 2009; Lenoir et al. 2016). Other symbioses, as the ectomycorrhizal interactions specific to ligneous species, have evolved in many fungal and plant lineages independently, contrarily to arbuscular mycorrhiza, which is considered a plesiomorphy of plants (Field et al. 2015). This evolutionary diversity implies that the association with ectomycorrhizal fungi can have multiple functional roles in the physiology of the host. Little is known about ectomycorrhizal fungi concerning the mechanisms that contribute to alleviation of the effects of salinity on their host plants. In this review we present the research carried out thus far in this field and the main conclusions we can draw from them.

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Ectomycorrhizal fungi and the tolerance of plants to salt stress

- Soil fungi differ greatly in their behaviour in saline environments
- The tolerance of fungi to salt stress has been often screened by measuring their capability to
- adapt and grow in a culture medium supplemented with NaCl. Some extremophiles can grow
- at saturating concentrations of NaCl in their natural environments (Gunde-Cimerman et al.
- 119 2009), whereas others are extremely sensitive. Regarding salt tolerance of ectomycorrhizal

fungal species, differences have been described between the two major phyla (Tresner and Hayes 1971): as a general trend, Basidiomycota are less adapted to saline conditions than Ascomycota, but some species are able to support relatively high NaCl concentrations (Zalar et al. 2007). As a matter of fact, there are only 21 marine species of filamentous Basidiomycota, very scarce compared to the 805 marine species of filamentous Ascomycota (Jones et al. 2015). Overall, the salinity tolerance trait has been most studied in Basidiomycota. It is not necessarily linked to specific clades but is found frequently in members of the same species or even the same genus.

Ectomycorrhizal fungi are not usually found in environments of extreme salinity, such as salt ponds, and it is unlikely that they play a role in hypersaline environments, since halophytic plants are mostly herbaceous and non-mycorrhizal (Brundrett 2009, 2017), However, they have been shown to be able to adapt to saline environments, and to adapt and grow in a culture medium supplemented with NaCl by *in vitro* tests. These tests on salinity tolerance of different fungal strains (Table 1) were achieved at NaCl concentrations of 120-800 mM of *e.g. Hebeloma* sp. or *Laccaria* sp. (Hutchison 1990; Kernaghan et al. 2002), and of isolates of the same species as *Paxillus involutus* (Zhang et al. 2008), *Suillus* spp. (Hutchison 1990; Dixon et al. 1993; Bois et al. 2006a; Tang et al. 2009; Obase et al. 2010), and *Pisolithus sp*. (Matsuda et al. 2006). In all cases, ion toxicity seems to be responsible for most of the negative effects observed on fungal growth, compared to the osmotic component due to the abundance of solutes in the environment (Dixon et al. 1993; Chen et al. 2001; Kernaghan et al. 2002; Bois et al. 2006a).

Also, some ectomycorrhizal fungi seem to have evolved towards salt tolerance and their growth can even be stimulated by the application of moderate NaCl concentrations in the range of 25-50 mM (Dixon 1993; Bois et al. 2006a; Matsuda et al. 2006) or higher (Zhang et al. 2008; Obase et al. 2010). Recent studies using genomic techniques, have detected how populations of the ectomycorrhizal fungus *Suillus brevipes* in North America are able to adapt to stress associated with climate regimes and abiotic environments (Branco et al. 2015, 2017).

Ectomycorrhizal fungi improve the tolerance of plants to salt stress with different strategies. Thus far, few studies have shown improved plant salt stress tolerance by ectomycorrhizal fungi compared to arbuscular mycorrhizal symbiosis. The effect of the presence of ectomycorrhizal fungi in alleviation of stress symptoms seems to be fungus- and/or host-dependent. Dixon et al. (1993) examined ectomycorrhizal *Pinus taeda* seedlings and found different responses depending on the fungal inoculum. Whereas Na⁺ salts inhibited mycorrhization by some of the

fungal species tested, root colonization by *Pisolithus tinctorius* and *Laccaria laccata* was not affected under 80 mM. Also, a positive effect on biomass accumulation was found at mild salt stress (20-40 mM NaCl) on the seedlings mycorrhized with relatively salt-tolerant fungi. Other studies have tried to look into further physiological details, particularly the nutritional status of the plant to understand the specific processes for adaptation (see below). Complementarily to mineral and water nutrition, other processes, such as the activation of stress response pathways (metabolites, hormones) by ectomycorrhizal colonization can also play a role in the positive effect against environmental stresses (Luo et al. 2009; Ma et al. 2014).

The mechanisms responsible for the enhancement of plant tolerance to salt stress by ectomycorrhizal fungi are still unclear and several strategies could be involved. First, there is an undeniable redistribution of Na⁺ ions in salt-stressed mycorrhizal plants compared to their non-inoculated counterparts. It seems crucial for survival that Na⁺ does not reach the photosynthetic tissues, and this protective effect has been found in seedlings inoculated with salt-tolerant fungi. As a general rule, ectomycorrhizal seedlings subjected to salt stress were able to load less Na⁺ to the shoots when inoculated with *Hebeloma spp*. (Muhsin and Zwiazek 2002a; Nguyen et al. 2006; Calvo-Polanco et al. 2008a, 2008b), Laccaria bicolor (Bois et al. 2006b; Nguyen et al. 2006; Calvo-Polanco et al. 2008b) and Suillus tomentosus (Calvo-Polanco et al. 2008a). This effect could be linked to the strong extrusion Na⁺ by the fungus observed in Populus x canescens - P. involutus symbioses (Li et al. 2012). In order to limit translocation of toxic Na⁺ to the aerial parts, a successful strategy of plants is the storage of Na⁺ in the root apoplasm, rather than in the vacuoles of root cells, avoiding its entrance into the symplastic pathway (Ottow et al. 2005). It is very likely that the Na⁺ accumulated in the root tissues is retained by the fungus, in order to protect the photosynthetic apparatus of the plant to keep its production of carbon compounds.

These findings indicate that some ectomycorrhizal fungi function as a sort of "buffer" or physical barrier between the external medium and the root in order to avoid the transfer of toxic Na⁺ ions into the root cortex. Following this idea, Langenfeld-Heyser et al. (2007) analysed *P. x canescens* inoculated with *P. involutus* and found that the fungus did not change the Na⁺ and chloride (Cl⁻) contents in the root cell walls, particularly in those of the xylem vessels, but somehow the fungus delayed the transfer of Na⁺ to the shoot. An intermediate result was obtained by Ma et al. (2014) with two strains of *P. involutus*, one symbiotic and one non-symbiotic. The inoculation of *P. x canescens* with each of the *P. involutus* lines impaired Na⁺ translocation to the shoot, even though one of the lines does not form functional mycorrhizae. Although these results seem somehow contradictory, these studies have been done with

different ectomycorrhizal fungi on distant plant species, gymnosperms and angiosperms, that do not necessarily have the same root and mycorrhizal structure and therefore it is expected that the mechanisms of salt storage and transfer may differ.

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Ectomycorrhizal fungi improve plant mineral nutrition to alleviate salt stress

The exclusion of Na⁺ from sensitive tissues is commonly accepted to be tightly related to K⁺ contents. Both ions are physico-chemically similar (Benito et al. 2014) and can be transported partly by the same membrane proteins, but their roles and effects in plant cells are completely different. Potassium is an essential macronutrient for plants, in which it is kept at high concentrations (100-200 mM) to play many cellular and physiological roles, from membrane energization to photosynthesis (Ahmad and Maathuis 2014; Dreyer et al. 2017). On the other hand, Na⁺ is only beneficial in small amounts (in the nano- or micromolar range) and its excess is harmful for plant tissues, except in some particular cases (Hasegawa et al. 2000). In salt stress conditions, plants can suffer from K⁺ deficiency due to the competition with Na⁺ for uptake systems at the plasma membrane (Botella et al. 1997). It has been demonstrated that ectomycorrhizal fungi contribute to K⁺ nutrition of plants (Jentschke et al. 2001) especially under conditions of K⁺ starvation (Garcia et al. 2014). Some species are able to improve the K⁺ content in the leaves of their host, especially in unfavourable conditions. This has been observed in the symbiotic models P. involutus – P. x canescens (Langenfeld-Heyser et al. 2007; Luo et al. 2009), Scleroderma bermudense – Coccoloba uvifera (Bandou et al. 2006) and Hebeloma crustuliniforme – Picea glauca (Muhsin and Zwiazek 2002a). Li et al. (2012) demonstrated by flux measurements that K⁺ homeostasis was maintained by P. involutus in salt stressed poplar, thanks to the reduction of the salt-induced leakage of K⁺ and to the contribution of the fungus to the host's absorption. Thus, an adequate K⁺ nutrition enhanced by the ectomycorrhizal symbiosis seems to be crucial for a better adaptation of plants to environmental stresses, and in particular to salinity (Munns and Tester 2008; Wang et al. 2013).

Another strategy against the detrimental effects of high levels of salts is given by the advantageous effects of the presence of ectomycorrhizal fungi in the improvement of the general mineral nutrition of the plant. Indeed, some ectomycorrhizal fungi are able to keep the seedlings in a healthier state, for example by increasing the absorption of Ca²⁺, which is related as well to the K⁺/Na⁺ ratio in the tissues (Ma et al. 2014), or by maintaining high phosphorus and nitrogen contents in the seedlings (Muhsin and Zwiazek 2002a). Luo et al. (2011) also found evidence that ectomycorrhizal poplar (*P. involutus*) conserved a better nutritional status, which led to a reduced stress response and higher photosynthetic activity. A relative effect has

also been observed in plants that are adapted to saline environments, such as the tropical seagrape *C. uvifera* (Bandou et al. 2006), whose ectomycorrhizal roots efficiently excluded Na⁺ and Cl⁻ ions and enhanced the absorption of phosphorus. However, no changes in the phosphorus content of salt-stressed mycorrhizal plants have been also reported (Langenfeld-Heyser et al. 2007).

Ectomycorrhizal fungi can regulate plant water transport under salt stress

In addition to the effects of salinity in ion homeostasis, NaCl is a known inhibitor of aquaporinmediated water transport in roots (Boursiac et al. 2005; Lee et al. 2010) and is also related to the reduction of plant transpiration. The inoculation of seedlings with ectomycorrhizal fungi keeps them in an overall healthier transpiration rate (Muhsin and Zwiazek 2002b; Bois et al. 2006b; Calvo-Polanco et al. 2008b). Different studies in AM fungi (Barzana et al. 2015; Calvo-Polanco et al. 2016) and ectomycorrhizal fungi (Marjanović et al. 2005; Hacquard et al. 2013; Navarro-Ródenas et al. 2013; Xu et al. 2015; Peter et al. 2016) have already pointed out the role of mycorrhizal fungi in modifying the expression and abundance of plant aquaporins under different soil environmental conditions. The up-regulation of these traits has been usually linked to an increase in the water transport capacity of plants (Xu et al. 2015), specially under stress (Barzana et al. 2015; Calvo-Polanco et al. 2016). However, in some cases, ectomycorrhizal symbiosis had no or even a negative effect on the root hydraulic conductivity (Calvo-Polanco et al. 2011; Xu et al., 2016), but the specific processes responsible are still unknown. Taken together, the role of fungal aquaporins as modulators of water transport in stress conditions cannot be dismissed, as it might be one of the key factors for salt stress tolerance in combination with activation of pathways that involves hormones and stress signal molecules and that will need future studies.

Membrane transport systems involved in symbiotic tolerance to salt stress

Molecular mechanisms responsible for plant salinity tolerance mediated by ectomycorrhizal symbiosis include membrane transport systems both at the fungal and at the plant root membranes. Such membrane transporters would be critical for all the three adaptation strategies shown by ectomycorrhizal symbioses, for Na⁺ exclusion, K⁺ nutrition and water transport (Fig. 1).

Regarding the barrier function of the fungus, it would be particularly interesting to characterize the membrane transport systems responsible for Na⁺ fluxes. The ENA1 ATPase (Rodríguez-Navarro and Benito 2010) and the Na⁺/H⁺ antiporters Nha-like (Bañuelos et al.

1998; Proft and Struhl 2004), both involved in tolerance to NaCl in fungi, are promising candidates for Na⁺ efflux from the fungus to the external medium. The first evidence for this has been found in *S. brevipes* from a salinity area that had adapted to tolerate salt stress by developing differential genomic regions including a gene encoding a membrane Na⁺/H⁺ antiporter (Branco et al. 2015). These results are also supported by experiments by Li et al. (2012), in which the pharmacological inhibition of Na⁺/H⁺ antiporters of *P. involutus* had an effect on its salt-induced extrusion of Na⁺. These results are also supported by experiments by Li et al. (2012), in which the pharmacological inhibition of Na⁺/H⁺ antiporters of *P. involutus* had an effect on its salt-induced extrusion of Na⁺. It is also possible that the excess of Na⁺ in the fungus is stored in vacuoles or endosomes rather than in the cytosol, by members of the VNX and NHX transporter families (Nass et al. 1997; Cagnac et al. 2007).

Potassium transporters and channels of the fungal and plant partners of the symbiosis could cause a differential distribution of this ion within the mycorrhizal plant (Garcia and Zimmermann, 2014). Selective fungal uptake transport systems, belonging to the Trk or HAK families, could fight the excess of external Na^+ with a higher selective absorption than plant transporters. A further filter would be applied by the K^+ -selective channels that are thought to release K^+ into the plant apoplasm (Guerrero-Galán et al. 2018a, b). It is also likely that fungi face the K^+/Na^+ imbalance through storage of K^+ in the vacuole or Golgi and the Khal transporters could play this role. It is also noteworthy that, due to their similarity, Na^+ and K^+ can be permeated through the same transport systems with different affinities (Ariño et al. 2010).

In parallel to the K⁺ nutrition, fungal and plant aquaporins mediating water transport (Fig. 1) and their regulation are involved in salt stress responses of ectomycorrhizal plants as summarized above. These molecular players are well described in plants (Verdoucq and Maurel 2018) and have been identified in fungal genomes and partially characterized (Dietz et al. 2011; Xu et al. 2015; Peter et al. 2016). For now, seven aquaporins have been found in the fungus *L. bicolor*, of which *Lb*AQP1 is necessary for the development of functional ectomycorrhizae in trembling aspen (Navarro-Ródenas et al. 2015). Interestingly, in transcriptomic analysis of the symbiotic couple *Cenococcum geophilum-Pinus sylvestris* cultured under drought, one aquaporin (Cenge3:604158) was up-regulated, suggesting that the fungus may help the plant to cope with decreased water absorption or compensate the inhibition of plant aquaporins, although no physiological differences with non-inoculation controls was reported (Peter et al. 2016). In the future, discoveries in the area of fungal genomics will open new horizons in the

study of plant-fungal symbiosis and are expected to be critical for the improvement of plant adaptation to the presence of salt within the soil.

The role of ectomycorrhizal associations in salt stress tolerance and their use for reforestation

In controlled *in vitro* or greenhouse experiments it is relatively easy to apply inocula and to calculate the degree of root colonization. The fixed environmental conditions can be radically different from those found in the real environment, where the climate and the existing rhizospheric biodiversity can greatly change the result of the experiment (Weissenhorn et al. 2002; Onwuchekwa et al. 2014). It is possible that fungi selected and grown in laboratory conditions are less competitive than the pre-existing microorganisms, and disappear from the roots in a short time span (Onwuchekwa et al. 2014). In addition, although the effect of ectomycorrhizae in growing seedlings is evident, it is still unknown to what extent ectomycorrhizal fungi can improve salt tolerance of adult trees.

However, some research aimed to apply ectomycorrhizal symbiosis on plant seedlings intended for ecological restoration of degraded areas, for example in the saline-alkaline soils contaminated by composite tailing residues of bitumen extraction. In these areas, plants are severely affected by accumulation of Na⁺, displaying reduced uptake of essential nutrients, such as K⁺ and phosphorus, as well as leaf dieback (Renault et al. 1999). The first trials involved direct testing of salts or composite tailing water on axenic cultures of ectomycorrhizal fungi to assess which species and isolates were suitable for application in the field (Kernaghan et al. 2002; Bois et al. 2005). In parallel, several lots of autochthonous tree species were analyzed (Khasa et al. 2002; Bois et al. 2006a,b; Nguyen et al. 2006; Yi et al. 2008; Calvo-Polanco et al. 2008b, 2011). The optimal combinations of plants and fungi have been tested in experiments on oil sands reclamation sites with encouraging results with the prospect of a large-scale application. Inoculated seedlings had higher survival rates and biomass accumulation than the non-mycorrhizal plants, although the survival of the fungi in the root was not ensured (Onwuchekwa et al. 2014; Hankin et al. 2015). Research efforts are still in progress to select new pioneer symbiotic couples for land reforestation (Beaudoin-Nadeau et al. 2016).

To sum up, perspectives in this rather unexplored field of the use of ectomycorrhizal associations to struggle with salt stress could range from molecular approaches to application of ectomycorrhizal fungi in nurseries or forest cultures, offering exciting opportunities to fundamental and applied research.

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Legends of Figure & Table

Figure 1. Fungal membrane transport systems are probably involved in plant protection against salt stress through three different strategies. Three advantages of ectomycorrhizal symbiosis seem to be involved in a better stress tolerance of plants and membrane transport systems would play a role in all of them. First, Na⁺ exclusion from the plant would depend on the extrusion of Na⁺ from the extraradical mycelium to the soil through ENA ATPases and Nha transporters. The storage of the excess of Na⁺ within vacuoles by Vnx transporters could also reduce the amount of Na⁺ that reaches the plant tissues. The second strategy is the improvement of K⁺ nutrition by the fungus, thanks to Trk and HAK uptake transporters. This ion would be transferred to the plant through TOK and/or SKC channels. Further uptake through ACU ATPases or storage in vacuoles or vesicles through Nhx and Kha transporters are also likely to occur. Finally, ectomycorrhizal fungi would help maintaining aquaporinmediated water transport, resulting in an improved water status of the symbiotic plant.

Table 1. Summary of the most studied salt-tolerant genera of ectomycorrhizal fungi: *Hebeloma*, *Laccaria*, *Paxillus*, *Pisolithus*, *Rhizopogon* and *Suillus* (Basidiomycota). *means that the

studied isolate was not salt resistant.