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8 **Chemically activated high grade nanoporous carbons from**
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10 **removal of pharmaceuticals**

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26

27 **Abstract**

28 *Hypothesis*

29 Enlarging the range of viable nanoporous carbon precursors, namely by the acid
30 treatment of low density biomass residues, can overcome issues related with the
31 availability and quality of raw materials that have potential impact on cost and quality
32 grade of the final product.

33 *Experiments*

34 Nanoporous carbons were prepared following a two-step process: H₂SO₄
35 digestion/polycondensation of biomass waste (*Agave sisalana*, sisal) to obtain acid-
36 chars that were further activated with KOH or K₂CO₃. Selected synthesized nanoporous
37 carbons were tested for the removal of pharmaceutical compounds - ibuprofen and
38 iopamidol - in aqueous solutions.

39 *Findings*

40 The structure and density of the acid-chars are highly dependent on the concentration of
41 H₂SO₄ used in the digestion and polycondensation steps. An adequate choice of the
42 acid-char synthesis conditions, activating agent and contact method allowed to feature
43 nanoporous carbons with specific surface areas ranging from 600 to 2300 m² g⁻¹ and
44 apparent densities reaching 600 kg m⁻³. The adsorption capacity of a sample obtained by
45 KOH-activation for the removal of micropollutants from water was twice higher than
46 the value attained by golden activated carbon (Cabot-Norit) commercialized for this
47 specific purpose.

48

49 **Keywords:** sisal; biomass thermochemical conversion; K₂CO₃ and KOH activation;
50 nanoporous carbons; nitrogen adsorption isotherms; kinetic assays; equilibrium
51 adsorption data; pharmaceutical compounds removal, ibuprofen; iopamidol.

52

53 **1. Introduction**

54 The use of residues for the production of valuable products has become a common
55 practice in several economic sectors, as it contributes to the implementation of a circular
56 economic strategy adopted by European Union and aligned with United Nations 2030
57 Agenda for Sustainable Development.

58 In the manufacture of activated carbons at industrial scale, the choice of the precursors
59 is an important issue due to various aspects as price fluctuations, availability and
60 variability of sources, that can compromise the quality and price of the final product.
61 Coconut-shell is a key precursor in the fabrication of activated carbons [1] due to its low
62 ash content which leads to activated carbons with low metals percentage, very good
63 attrition resistance and generally high surface areas [2, 3]. Coal and wood are also
64 widely used precursors; however coal-derived materials usually have large ash contents,
65 while wood-derived granular activated carbons display poor attrition resistance. Other
66 renewable sources (*e.g.* fruit shells and stones) are also employed at industrial scale for
67 the manufacture of activated carbons, with less expression. From an academic point of
68 view, the list of precursors for the preparation of activated carbons is quite large, as
69 shown in various reviews [4-8].

70 The search for alternative synthetic routes that allow the preparation of high grade
71 activated carbons from biomass residues (particularly low density biomass), is an issue
72 of academic and industrial relevance. The use of renewable feedstocks is expected to
73 have important environmental and economic impacts, since it allows to close the loop of
74 many biomass wastes through their use in the production of valuable tradeable goods.

75 Conventional activation methods usually starts either by the carbonization of the
76 biomass - to remove volatile matter - and further thermal treatment of the char in the
77 presence of an oxidizing agent to develop the pore network (physical activation); or by
78 the activation of the precursor mixed with an activating agent (chemical activation) [2].

79 Besides porosity, the density and hardness of the activated carbons strongly depend on
80 the properties of the precursor, with low density ones typically leading to low density
81 and soft (low attrition resistance) carbons [9].

82 Alternative carbonization and activation approaches have been largely explored for the
83 past decades aiming at reducing the energy consumption, while producing highly
84 porous activated carbons with controlled pore architectures. Among them, the
85 hydrothermal carbonization of polysaccharides followed by the activation of the
86 hydrochar has emerged as an interesting method that allows the preparation of
87 superactivated carbons [10-13] with microspherical morphology [12-14] and improved
88 performance for various applications (e.g., energy storage/production, gas adsorption)
89 [11, 14-16]. On the other hand, two of the main constituents of lignocellulosic biomass,
90 *i.e.* cellulose and hemicellulose, are complex structures composed by saccharic units
91 (pentoses and hexoses). Therefore, following a similar approach, it is possible to obtain
92 a char after the acid digestion and polycondensation of biomass [17]. Such acid-char
93 may be used as carbon rich precursor for the synthesis of activated carbons.

94 In this study, a series of high grade nanoporous carbons were prepared from the acid
95 digestion and polycondensation of a biomass residue (*Agave sisalana*), and evaluated
96 for the removal of emerging pollutants from aqueous solution (*i.e.* ibuprofen and
97 iopamidol). The acid-chars obtained after the acid digestion and polycondensation of the
98 biomass were chemically activated using KOH and K₂CO₃. The effect of the acid
99 digestion conditions in the apparent density, porosity and composition of both the acid-
100 chars and their corresponding nanoporous carbons after chemical activation was
101 investigated. The resulting nanoporous carbons displayed moderate to high surface area
102 with some samples outperforming a commercial benchmark carbon for the removal of
103 pharmaceutical compounds – ibuprofen and iopamidol – from aqueous solution.

2. Experimental section

2.1 Synthesis of the acid-chars

Sisal (*Agave sisalana*) residues received from a rope industry (Cordex, Portugal) were used as raw precursor. This biomass is composed by (wt./wt.) 65.8% of cellulose, 12.0% of hemicellulose, 9.9% of lignin, 0.8% of pectin, and 0.3% of wax and water soluble compounds [18]; therefore about 78% of its structure is constituted by saccharic units. The synthesis of the sisal-derived acid-chars was inspired in the work of Wang *et al.* [19] on other biomass precursor (*i.e.* rice husk). Briefly, sisal fibers of ca. 1 cm long were digested under stirring in H₂SO₄ solutions (Sigma-Aldrich, 95-98%) for 15 min in the case of 12 and 13.5 M solutions, and for 30 min in the case of 9 M solutions. In all cases a 1:10 wt./v ratio (g of sisal to cm³ of H₂SO₄ solution) was used and the treatment was carried out at 50 °C, controlled by a water bath (VWR Scientific Model 1201). After the acid digestion, the solid residue (undigested sisal fibres) was removed, and the dark acidic liquor was then heated at 90 °C under reflux during 6 h, to allow the polycondensation reactions rendering a solid product (acid-char). The polycondensation was carried out using acid concentrations equal or lower than those used in the digestion step. With exception of the acid-char prepared with H₂SO₄ 13.5 M in both digestion and polycondensation steps additional 5 cm³ of acid (same concentration as in the digestion step) or water were added per gram of biomass used. The acid-char was recovered by filtration, washed with distilled water until neutral pH, dried at 100 °C overnight and crushed in order to get a fine powder (particles with dimensions < 0.297 mm). The sisal-derived acid-chars were labelled as SX/Y, where X and Y correspond to the H₂SO₄ concentration (M) used in the digestion and the polycondensation step, respectively (*e.g.* S9/9).

128 *2.2 Chemical activation of the acid-chars*

129 The acid-chars were activated with KOH or K₂CO₃, using various contacting methods,
130 acid-char:activating agent ratios and activation temperatures. Two methods were used to
131 allow the contact between the acid-char and the chemical activating agent: physical
132 mixing of both powders in a mortar, and solution impregnation. In the former, the
133 activation was carried out by mixing 1 g of the acid-char with K₂CO₃ (Aldrich, 99 %) or
134 KOH (Panreac, 85 %) in a weight ratio of 1:3 (acid-char:activating agent). In the case of
135 solution impregnation, the activating agent is dissolved in water, mixed with the acid-
136 char and stirred for 2 h at room temperature; the suspension was then dried at 80 °C to
137 allow the evaporation of the excess water and crushed before the carbonization. The
138 activation was performed at 700 or 800 °C for 1 h in a horizontal furnace (Thermolyne,
139 model 21100) under a N₂ flow of 5 cm³ s⁻¹ and using a heating rate of 10 °C min⁻¹. After
140 cooling down to room temperature under N₂ flow, the materials were washed with
141 distilled water until neutral pH, dried overnight at 100 °C, crushed to a fine powder
142 (particles with dimensions < 0.297 mm).

143 Activated carbons were labelled after the corresponding acid-chars followed by the
144 activating agent (C for K₂CO₃, and H for KOH) and its amount per gram of acid-char
145 (in g). Unless otherwise stated, samples were prepared by physical mixture and
146 activated at 800 °C. The activated carbons prepared by solution impregnation were
147 labelled with (s). As an example, sample S13.5/13.5/C3(s) corresponds to the carbon
148 prepared by activation of acid-char S13.5/13.5 at 800 °C using 3 g of K₂CO₃ and
149 solution impregnation.

150 *2.3 Characterization of the materials*

151 Apparent -tapped- densities of the carbons were determined through a methodology
152 adapted from the literature for powdered materials with 90 % of particles with
153 dimensions lower than 0.177 mm (80 mesh) [20-22]. Briefly, a graduated cylinder was
154 filled with a known amount (typically 0.5 g) of the powdered carbon (Mettler Toledo
155 AB204-S/FACT), tapped in a rubber pad for several minutes until no further settling
156 was observed, and the volume was recorded. The densities presented correspond to the
157 mean value of at least three assays. The apparent densities were determined on a dry
158 basis according to equation (1).

$$159 \quad \text{density} = 1000 \times \frac{\text{weight of sample, in g}}{\text{volume of sample, in cm}^3} \times \frac{(100 - \% \text{ moisture})}{100} \quad \text{Eq. 1}$$

160 The morphology of selected samples was evaluated by Scanning Electron Microscopy
161 (SEM) performed at a Zeiss Supra 55 VP apparatus using 5 kV as accelerating voltage.
162 Scanning was performed in situ on a sample powder without coating. The crystallinity
163 of selected samples was assessed by X-ray powder diffraction (XRD) data obtained in a
164 Pan Analytical PW3050/60X'Pert PRO apparatus equipped with a X'Celerator detector
165 and with automatic data acquisition (X'Pert Data Collector (v2.0b) software). The
166 diffractograms were collected at room temperature using monochromatized CuK α
167 radiation as incident beam (40 kV-30 mA), the 2 θ range of 5° to 60° was scanned with a
168 step size of 0.017° and a time per step of 0.6 s.

169 The chemical composition of selected acid-chars was obtained by elemental analysis
170 (CHNSO) using LECO CHNS-932 and LECO VTF-900 (for direct oxygen
171 quantification) automatic analysers. Data is expressed in dry basis since the samples
172 were previously dried at 105 °C. Diffuse reflectance infrared Fourier transform (DRIFT)
173 spectroscopy was recorded in a Nicolet Magna-IR560 spectrometer provided with a
174 high sensitivity mercury cadmium telluride detector (MCT-A) that operates at cryogenic

175 temperature. Spectra were recorded on powder samples without KBr addition. Each
176 spectrum was obtained from the accumulation of 256 scans, recording with a spectral
177 resolution of 2 cm^{-1} in the mid-IR ($4000\text{-}650\text{ cm}^{-1}$) spectral range. The pH at the point
178 of zero charge (pH_{PZC}) of the samples was measured following the reverse mass titration
179 method [23] and using a Symphony SP70P pH meter. The thermal analysis (Setaram
180 Labsys) was carried out on ca. 10-25 mg of sample under a nitrogen flow rate of 50 cm^3
181 min^{-1} , a heating rate of $15\text{ }^\circ\text{C min}^{-1}$ and up to a final temperature of $900\text{ }^\circ\text{C}$. The ash
182 content was determined after exposure of the samples at $600\text{ }^\circ\text{C}$ in air, until constant
183 mass.

184 The porosity of the samples was characterized by equilibrium adsorption/desorption
185 isotherms of N_2 at $-196\text{ }^\circ\text{C}$ and CO_2 at $0\text{ }^\circ\text{C}$ measured in volumetric analysers from
186 Micromeritics (ASAP 2010 and Tristar 3000, respectively). The samples (60-100 mg)
187 were previously outgassed at $120\text{ }^\circ\text{C}$ for 17 h under vacuum (pressure $< 10^{-2}\text{ Pa}$). Data
188 from the N_2 isotherms were used to estimate the apparent surface area, A_{BET} , by the
189 Brunauer-Emmett-Teller (BET) method, following the IUPAC [24, 25] and ISO 9277
190 [26] recommendations for the determination of this parameter in microporous solids.
191 The relative pressure range for the determination of the BET area was selected
192 according with two criteria: (i) positive line intersect of multipoint BET fitting ($C > 0$)
193 and (ii) maximum p/p^0 value limited to the pressure range where $n_{\text{ads}}(1-p/p^0)$
194 continuously increases with p/p^0 [25]. The total pore volume, V_{total} , was assessed using
195 the Gurvich rule [27], that is, the number of N_2 moles adsorbed at relative pressure close
196 to unity (*i.e.* $p/p^0 = 0.975$) converted in total pore volume assuming that the pores are
197 filled with the condensed N_2 in the normal liquid state. The α_s method was also applied
198 to the N_2 adsorption data, taking as reference the isotherm reported by Rodríguez-
199 Reinoso *et al.* [28], enabling to quantify the total micropore volume, $V_{\alpha\text{ total}}$, and also the

200 ultra, $V_{\alpha \text{ ultra}}$, and supermicropore, $V_{\alpha \text{ super}}$, volumes. The total micropore volume (width
201 < 2.0 nm) was obtained by back extrapolation of the α_s plots linear region at high
202 relative pressure ($\alpha_s > 1$) while the ultramicropore volume (width < 0.7 nm) was
203 evaluated by the interception of the linear range defined by the experimental data
204 between p/p^0 of 0.02 and, about, 0.4. The supermicropore volume ($0.7 < \text{width} < 2.0$
205 nm) corresponds to the difference $V_{\alpha \text{ total}} - V_{\alpha \text{ ultra}}$. The microporosity was also quantified
206 by applying the Dubinin-Radushkevich (DR) equation to the N_2 and CO_2 adsorption
207 data ($W_{0 N_2}$ and $W_{0 CO_2}$, respectively). The pore size distribution (PSD) analysis in the
208 micro-mesopore range was calculated from the N_2 adsorption data using the 2D-
209 NLDFIT-HS model that assumes surface heterogeneity and slit geometry of pores in
210 activated carbons [29]. The micropore size distributions (MPSD) were further assessed
211 from CO_2 adsorption data according to the method proposed by Pinto *et al.* [30] that is a
212 variation of the DR equation which does not imposes constraints to the shape of the
213 distribution.

214 *2.4 Liquid phase adsorption assays*

215 Selected acid-char derived activated carbons were tested along with a commercial
216 benchmark carbon for the removal of two pharmaceutical compounds (PhCs) -ibuprofen
217 and iopamidol- from aqueous solution. The commercial activated carbon - Norit SAE
218 Super (NS) - from Cabot is a powdered material specially developed for wastewater
219 treatment. According to the general characteristics reported in the datasheet provided by
220 the supplier, carbon NS has an apparent (tapped) density of 425 kg m^{-3} , ca. 97 % of the
221 particles have sizes lower than $150 \mu\text{m}$, and displays a basic character. Ibuprofen
222 (sodium salt, Sigma-Aldrich – Lot BCBC9914V) and iopamidol (Hovione - Lot
223 163926HQ01324) solutions were prepared with ultra-pure water without pH

224 adjustment. The solutions have a pH value around 5. About 6 mg of activated carbon
 225 and a given volume of ibuprofen or iopamidol solution were mixed in glass vials
 226 maintained at 30 °C (water bath, Grant GD100 controller) and stirred at 700 rpm
 227 (multipoint agitation plate Poly, Variomag). Samples were collected after the desired
 228 contact time (see details in Table 1). After removing the activated carbon by filtration,
 229 the amount of ibuprofen or iopamidol remaining in solution was determined by UV-vis
 230 spectrophotometry (Genesys 10S) at the wavelength of maximum absorbance (ca. 221
 231 and 242 nm for ibuprofen and iopamidol, respectively). The PhC uptake was calculated
 232 using the equation:

$$233 \quad q_t = \frac{C_0 - C_t}{W} \times V \quad \text{Eq. 2}$$

234 where q_t is the amount (mg g^{-1}) of PhC adsorbed at time t , C_0 is the initial and C_t is the
 235 PhC concentration at time t (mg dm^{-3}), V is the volume of PhC solution (dm^3) and W is
 236 the weight (g) of dried carbon.

237 Screening adsorption tests, as well as kinetic and equilibrium assays were performed in
 238 the experimental conditions summarized in Table 1 (mass, contact time, initial
 239 concentration, volume). Given data correspond to the average value obtained in three
 240 independent assays. Kinetic data were fitted to the linear forms of the pseudo-first and
 241 pseudo-second order kinetic models [31] while the equilibrium adsorption data were
 242 analysed considering the non-linear equations of the Langmuir [32] and Freundlich [33]
 243 isotherm models.

244 **Table 1.** Experimental conditions and activated carbons used in the screening, kinetic and
 245 equilibrium adsorption assays for the removal ibuprofen and iopamidol.

Assay	Activated carbons	Conditions			Contact time
		m_{AC} (mg)	V_{PhC} (cm^3)	$[PhC]_0$ (mg dm^{-3})	

Screening	S13.5/13.5/C3 S13.5/13.5/C3(s) S13.5/13.5/H3(s) S9/9/C3	6	30	180	18 h
Kinetics	S13.5/13.5/C3(s) S13.5/13.5/H3(s) NS	6	30	180	5 min to 24 h
Equilibrium Isotherms	S13.5/13.5/C3(s) S13.5/13.5/H3(s) NS	6	9 to 30	20 to 180	18 h

246

247 3. Results and discussion

248 3.1 Characteristics of the acid-chars

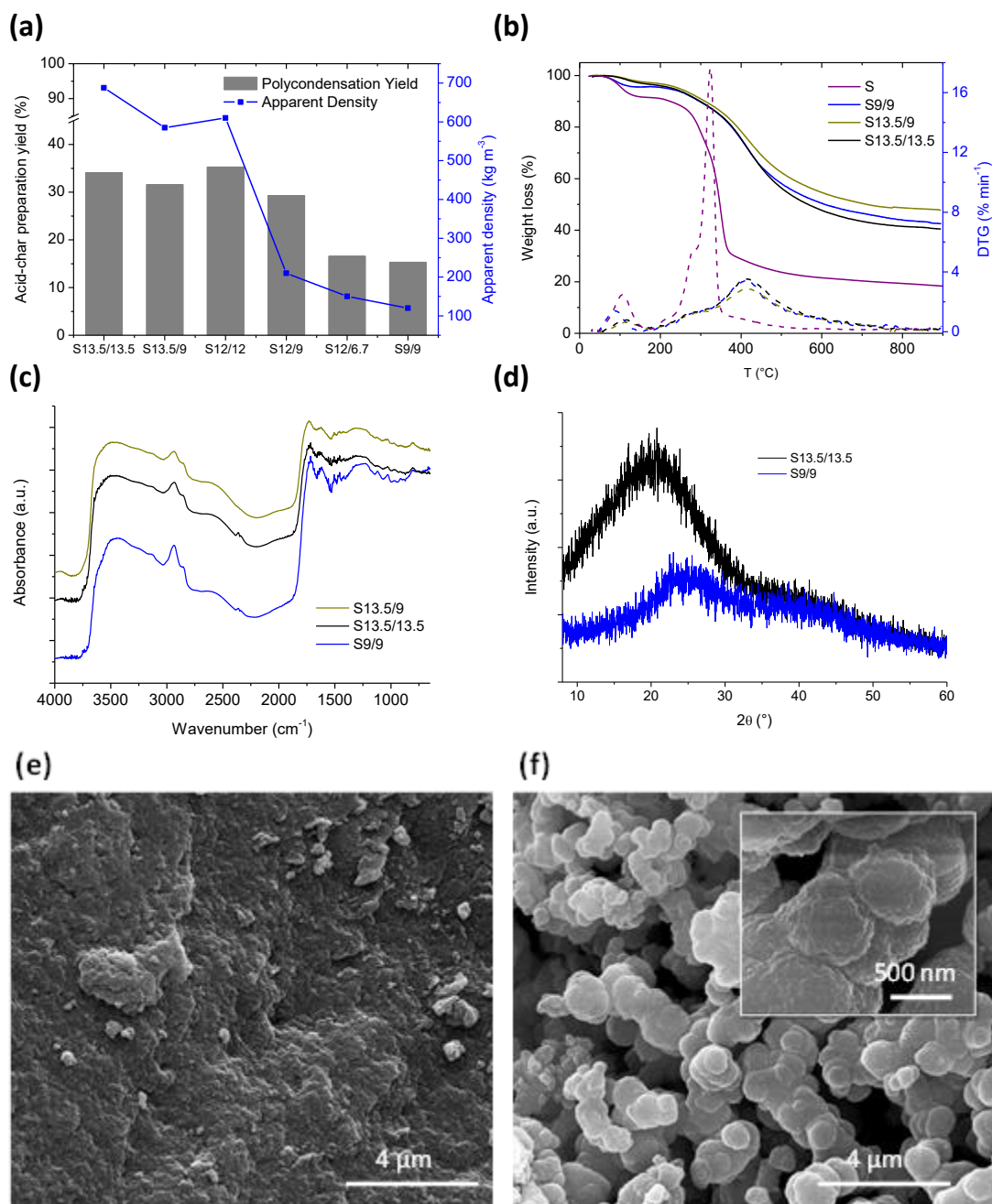
249 The use of different concentrations of H₂SO₄ in the digestion and polycondensation
 250 steps allowed to attain yields between 35-15 % (Figure 1(a)), being the highest value
 251 slightly higher than that reported by Wang *et al.* [17] for rice husks in similar
 252 experimental conditions. As seen, the concentration of sulphuric acid must be of at least
 253 12 M in the digestion step, and 9 M in the polycondensation to reach yields above 30 %;
 254 otherwise the yield dropped abruptly to 15 %. The elemental analysis data (Table S1)
 255 confirmed the enrichment in carbon content and the decrease in the oxygen content of
 256 the acid-chars, compared to the precursor. Despite the differences in the yields, the
 257 composition of the acid-chars was quite similar (*i.e.*, 63 wt.% C, 4 wt.% H, 0.1 wt.% N,
 258 0.23-0.41 wt.% S, and 32 wt.% O) and close to that of the rice husk-derived chars
 259 reported in the literature using a similar procedure [19].

260 The use of different H₂SO₄ concentrations seemed to have a small influence in the
 261 thermal stability of the samples, as inferred from the thermogravimetric profiles (Figure
 262 1(b)). The TG/DTG curves of the acid-chars present two weight loss steps: the first peak
 263 appearing below 150 °C is attributed to moisture loss, while the second one between
 264 200 and 800 °C corresponds to the main mass loss (ca. 50 %), linked to evolution of the

265 volatile matter remaining in the acid-chars. The pattern of the second peak features a
266 shoulder at around 280 °C corresponding to the decomposition of labile (acidic) groups;
267 the main loss at about 400 °C can be assigned to the decomposition of more stable
268 oxygen containing functionalities and also some sulphur groups [34, 35]. These profiles
269 are different from those of the pristine sisal fibres (S); the sharp peaks corresponding of
270 the depolymerization of hemicelluloses, the cleavage of glucosidic linkages of cellulose
271 and decomposition of cellulose oligomers into tars [18] are not observed in the acid-
272 chars. This confirms the polycondensation of these monomers during the acid treatment
273 at 90 °C.

274 Regarding surface chemistry, the DRIFT spectra of samples S13.5/13.5, S13.5/9 and
275 S9/9 (Figure 1(c)) revealed similar profiles. The acid-chars present a broad band at
276 3500-3200 cm^{-1} , assigned to O-H stretching vibrations in surface hydroxylic groups [36,
277 37]. The peaks $\sim 2920 \text{ cm}^{-1}$ and $\sim 2850 \text{ cm}^{-1}$ are assigned, respectively, to symmetric and
278 asymmetric C-H stretching vibrations of aliphatic moieties of the acid-chars [36, 38].
279 The peaks centred at 1755-1734 cm^{-1} and 1637-1624 cm^{-1} can be assigned to stretching
280 vibrations of C=O moieties in various configurations (e.g., lactones, anhydrides, ester or
281 carboxylic acid, and quinones) [36, 37]. The shoulder around 1580-1560 cm^{-1} and the
282 peak at 1510 cm^{-1} are assigned to aromatic ring C=C stretching; this peak is red-shifted
283 likely due to the high density of oxygen in the materials ($\sim 32 \%$, Table S1) [37]. The
284 presence of aromatic ring C=C bonds points out the increase in the aromatization degree
285 after the acid treatment. The peak at 1473-1454 cm^{-1} can be attributed to carboxyl-
286 carbonate structures [36, 37], and the band around 1250 cm^{-1} to ether structures (ether
287 bridges between rings and C-O stretch in ether moieties) [37]. The peak at 955 cm^{-1} can
288 also be assigned to C-O-C vibrations in cyclic anhydrides [37], while bands below 950

289 cm^{-1} (i.e. 905 cm^{-1} and 802 cm^{-1}) are characteristic of out-of-plane deformation
 290 vibrations of C-H groups in aromatic structures [36].



292

293 **Figure 1.** (a) Effect of H_2SO_4 concentration in the digestion and polycondensation steps on the
 294 yields and tapped densities of the acid-chars; (b) thermogravimetric profiles (TG) and derivative
 295 (DTG) curves of selected samples; (c) DRIFT spectra and (d) XRD patterns of selected acid-
 296 chars. SEM images of samples (e) S13.5/13.5 and (f) S9/9 (a colour version of this figure can be
 297 viewed online).

298 Infrared spectra also revealed the presence of sulphur moieties, in agreement with the
299 sulphur content detected by elemental analysis. The band at 1119 cm^{-1} is assigned to
300 stretching vibration in $-\text{SO}_3\text{H}$ and the one between $1034\text{-}1028\text{ cm}^{-1}$ to $\text{S}=\text{O}$ stretching
301 vibration. Both were more clearly observed in acid-char S9/9, and would contribute to
302 the acidic nature of the acid-chars [38].

303 The acidic nature of the chars was confirmed by the low values of the pH_{PZC} (about 2
304 pH units), regardless the H_2SO_4 concentration used in the synthesis (Table S1). It should
305 be highlighted that the presence of acidic oxygen groups is an important feature when
306 envisaging further activation, as it is usually linked to a higher reactivity of the chars [6,
307 39]. Additionally, it will allow a good dispersion and wettability of the materials in
308 water, favouring the contact with the activating agent in the case of solution
309 impregnation; this will be further discussed below.

310 According with the XRD patterns the acid-chars have an amorphous-like carbon
311 structure, as evidenced by the broad and low-intensity diffraction peaks (Figure 1(d)).

312 The concentration of sulphuric acid has a low impact on the crystallinity of the samples,
313 although, the samples prepared with the lower concentrations of acid presented lower
314 structural order: (002) plane of graphite-like structures at ca. 20° for S13.5/13.5 while
315 at ca. 24° and with lower intensity for S9/9. The diffraction peak at 40° is attributed to
316 (101) crystalline planes of graphite in the microcrystalline regions of the carbon matrix.

317 The shift of both peaks compared to the values of graphite (ca. $\sim 27^\circ$ (002) and $\sim 45^\circ$
318 (101) ICDD 25-284 [40]) is indicative of increased distance between crystalline plans.

319 This could be due to the presence of oxygen and sulphur groups, as evidenced by
320 elemental analysis, DRIFT spectra data, and acidic pH_{PZC} values of these samples
321 (Table S1).

322 On the other hand, the concentration of sulfuric acid had a dramatic influence on
323 synthesis yields, the morphology and apparent densities. In fact, digestion in H₂SO₄
324 13.5 M rendered high density acid-chars, regardless the concentration of acid used in
325 the polycondensation step. In contrast, the density of the samples digested in H₂SO₄
326 12 M was found to follow a different trend with the concentration of acid used in the
327 polycondensation step. High density materials were obtained when the
328 polycondensation was carried out in H₂SO₄ 12 M, with the density decreasing sharply
329 for lower concentration of sulfuric acid (from 600 to 150 kg m⁻³, Figure 1(a)). This
330 behavior is certainly related with the morphological changes observed by SEM analysis
331 (Figure 1(e) and (f)). While sample S13.5/13.5 has a compact morphology formed of
332 small primary particles fused onto a dense and rough material, sample S9/9 is composed
333 of interconnected spheres with diameters of around 500 nm, that originate an aerogel-
334 like structure with an extended pore transport systems.

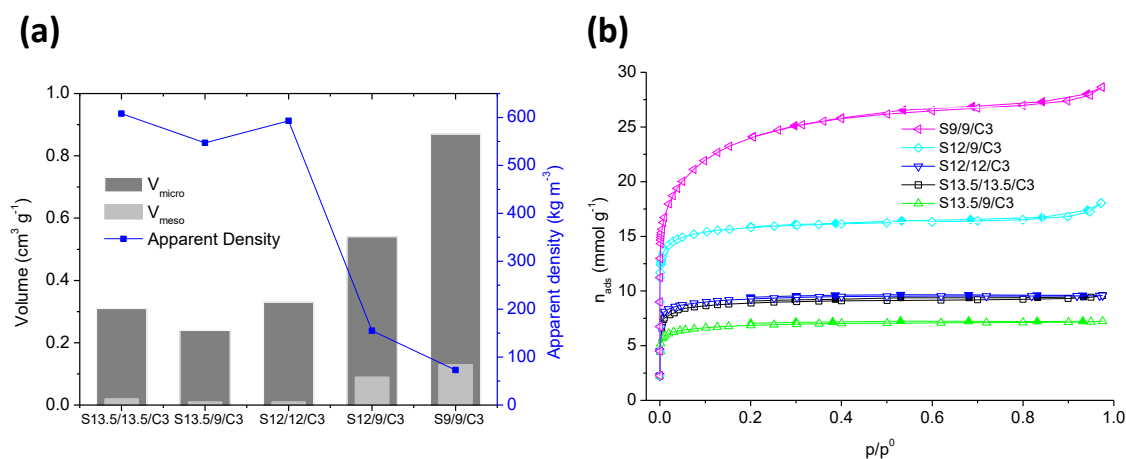
335 Summarizing, the selection of the concentration of H₂SO₄ in both digestion and
336 polycondensation steps controls the density of the acid-char, especially for values lower
337 than 12 M. The higher yields obtained for the synthesis carried out in 12 M (or higher)
338 H₂SO₄ in both steps are related with a more effective extraction of the precursor's
339 saccharic units, and a more extensive polycondensation reaction.

340 The N₂ adsorption data shows that the concentration of the acid does not influence the
341 porosity of the acid-chars. All of them displayed type II isotherms (not shown)
342 characteristic of materials with an incipient porosity [24]; accordingly, low surface area
343 values (< 10 m² g⁻¹) were obtained for all the acid-chars. However, important
344 differences were observed in the porosity of the nanoporous carbons obtained after
345 activation of the acid-chars (see discussion below).

346 *3.2 Characteristics of the nanoporous carbons*

347 The textural properties and apparent densities of the nanoporous carbons prepared by
 348 activation of the acid-chars are clearly dependent on the H_2SO_4 concentrations used in
 349 the synthesis of the latter. Figure 2(a) shows the trends corresponding to samples
 350 prepared by activation using K_2CO_3 at 800 °C of various acid-chars.

351 As seen in Figure 2(b) all the carbons displayed type I isotherms according to the
 352 IUPAC classification [24], indicating that they are essentially microporous materials.
 353 Despite the similarities in chemical composition and stability of the acid-chars (Table
 354 S1 and Figure 1(b)), large differences are observed in the porosity of the resulting
 355 activated carbons. Carbons prepared by activation of low density acid-chars S9/9 and
 356 S12/9 ($< 200 \text{ kg m}^{-3}$) present at least twice the total pore volume of those prepared from
 357 high density acid-chars ($> 500 \text{ kg m}^{-3}$). Their pore network is composed by micropores
 358 and about 13 % of mesopores. On the contrary, activated carbons S12/12/C3,
 359 S13.5/9/C3 and S13.5/13.5/C3 are predominantly microporous samples.



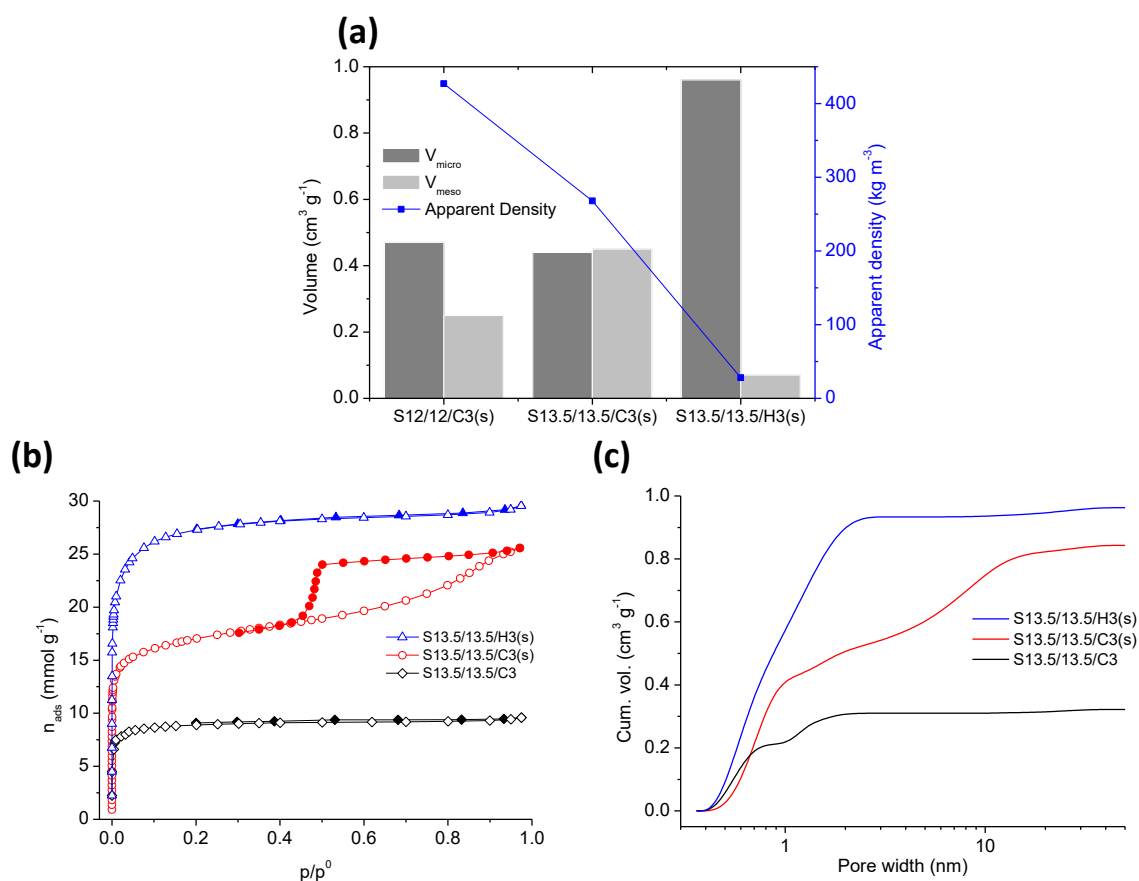
360 **Figure 2.** Properties of the activated carbons prepared by physical mixing with K_2CO_3 (3 g
 361 K_2CO_3 per gram of acid-char) followed by activation at 800 °C during 1 h (a) micro and
 362 mesopore volumes and the influence of acid-char precursor in apparent density of the activated
 363 carbons is also displayed, (b) N_2 adsorption isotherms (a colour version of this figure can be
 364 viewed online).

365 To evaluate the effect of the contact method between the precursor and the activating
 366 agent, two samples S12/12 and S13.5/13.5 were prepared by activation using K_2CO_3 by

367 physical mixture and solution impregnation (series s). Whereas physical mixing
368 rendered carbons with a moderate porosity development, impregnation from solution
369 allowed the preparation of micro-/mesoporous solids, with mesopore volumes
370 accounting for ca. 50 % of the total pore volume (Fig. 3(b) and Fig. S1). The isotherms
371 of the carbons obtained from solution impregnation present H2(a) type hysteresis loops
372 [24, 41], indicating complex pore structures; the desorption branch of the hysteresis
373 loop of carbon S13.5/13.5/C3(s) is steeper than the adsorption branch, pointing out to
374 ink-bottle shape pores and pore-blocking effects. The relative pressure of the closing
375 end of the hysteresis loop suggests cavitation-induced evaporation effects, characteristic
376 of samples with narrow pore necks connecting the main mesopore cavities [24, 41].

377 It should be pointed out that this methodology (activation of acid-chars) allowed to
378 prepare carbons with different textural features than those obtained by chemical
379 activation of sisal wastes-themselves [42]. These are mainly microporous carbons [42,
380 43] while herein described materials displayed a higher porosity development in the full
381 micro-mesopore range, despite presenting similar global preparation yields (ca. 16-18 %
382 for two-step and 17 % for optimized direct activation [44]).

383 Regarding the effect of the activating agent, the material obtained by KOH solution
384 impregnation displayed the highest total pore volume, and a mainly micropore network
385 as inferred from the shape of the nitrogen adsorption isotherm (type I and absence of
386 hysteresis loop). The analysis of the pore size distribution obtained by applying the 2D-
387 NLDFT-HS method to the N₂ adsorption data (Fig. 3(c)) confirms the dependence of
388 the pore network characteristics with the contacting method and the activating agent.
389 Physical mixing with K₂CO₃ and solution impregnation with KOH rendered mainly
390 microporous carbons, whereas the carbons prepared upon solution impregnation with
391 K₂CO₃ present a well-developed mesopore structure centered at about 7 nm.



392 **Figure 3.** (a) Micro and mesopore volumes of the activated carbons prepared by solution
 393 impregnation of acid-chars S12/12 and S13.5/13.5 with K₂CO₃ or KOH (3 g activating agent per
 394 gram of acid-char) followed by activation at 800 °C during 1 h. The influence of acid-char
 395 precursor in apparent density of the activated carbon is also displayed; (b) N₂ adsorption
 396 isotherms of activated carbons prepared from acid-char S13.5/13.5; (c) Cumulative pore size
 397 distributions obtained from the 2D-NLDFT-HS method applied to the N₂ adsorption isotherms
 398 (A colour version of this figure can be viewed online).

399

400 Regarding morphology, images in Fig. S2 reveal that the roughness of the acid-char
 401 S13.5/13.5 particles changed after activation, leading to particles with smooth and
 402 exfoliated sections certainly due to the matrix consumption during activation (activation
 403 yields around 50 %, Table 2). The XRD patterns of the activated materials (Fig. S3)
 404 reveal the expected patterns of amorphous carbons with a low structural order.
 405 Compared to the acid-chars the XRD patterns of the nanoporous carbons present
 406 slightly more intense peaks at 2θ values of ca. 25 and 44°, corresponding to the
 407 reflections of carbonaceous materials. This is associated to an increase in the

408 aromatization during the activation, and a low surface functionalization. In fact, both
409 thermogravimetric analysis and infrared spectroscopy (Fig. S4) indicate that activation
410 leads to a decrease in the surface functionalization (mass loss of *ca.* 15 wt.% for the
411 activated carbon, compared to 56 wt.% for acid-char). Also pH_{PZC} values of samples
412 S13.5/13.5/C3(s) and S13.5/13.5/H3(s) are less acidic than that of pristine acid-char
413 (respectively, 3.8 and 4.9 versus 1.7).

414 Figure 4 shows smooth surfaces for the carbons obtained by K_2CO_3 activation using
415 physical mixing of high density acid-chars (samples S13.5/13.5, S13.5/9 and S12/12).
416 For the low density acid-char (sample S9/9), the activation has less effect on the
417 morphology (Figure 4). SEM images show that the impregnation in solution with
418 K_2CO_3 seems to originate less compact particles; this is in line with the 50 % decrease
419 in the density in sample S13.5/13.5/C3(s) compared to S13.5/13.5/C3 (Fig. 2(a) and
420 3(a)), despite their similar activation yields (51 *versus* 45 %, Table 2). Activation with
421 KOH leads to a pronounced morphological change, originating sponge-like particles
422 that justify the very low apparent density of the final material ($< 50 \text{ kg m}^{-3}$). Major
423 morphology changes upon KOH activation of chars have also been reported in the
424 literature [13, 14, 45], and can be justified by the distinct activation mechanisms
425 between K_2CO_3 and KOH. The KOH activation reactions start at 400 °C and lead to the
426 formation of gases and K-compounds, which together activate the precursor; at
427 converse, the decomposition of K_2CO_3 starts at 700-800 °C, allowing a less extensive
428 consumption of the matrix [46]. This fact also justifies the lower activation and global
429 yields obtained upon KOH activation (Table 2).

430 The main textural parameters obtained from the analysis of N_2 isotherms at -196 °C of
431 the nanoporous carbons are compiled in Table 2. With exception of sample S9/9/C3, all
432 the synthesized carbons present a wide distribution of micropores. By means of KOH

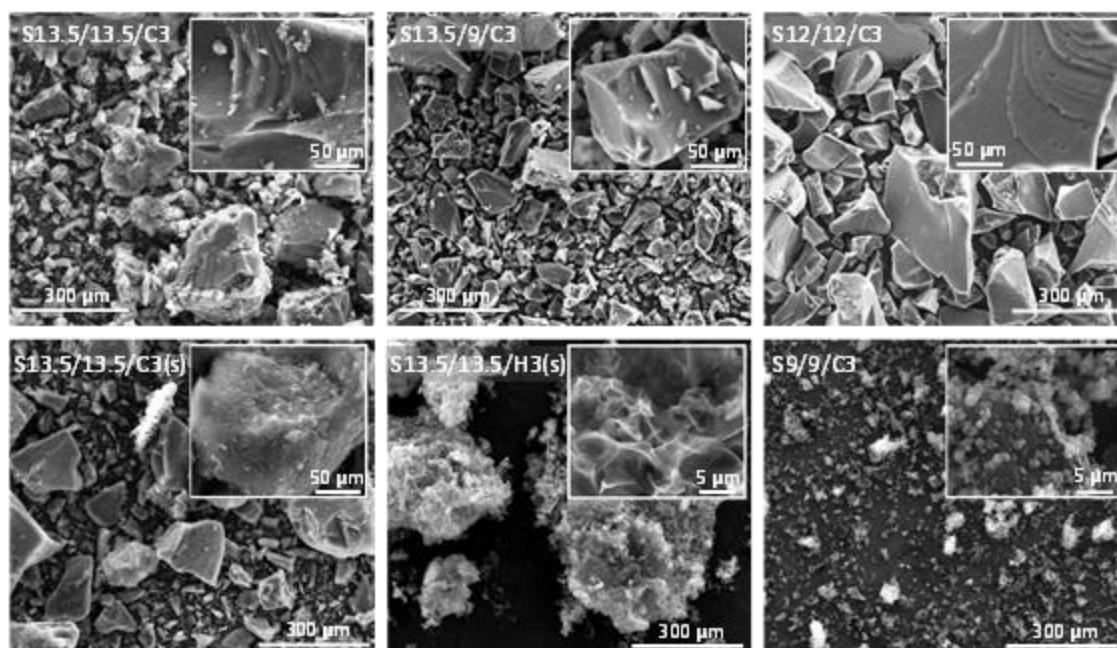
433 activation of high density acid-chars, or K_2CO_3 activation of low density acid-chars, it is
434 possible to attain surface areas higher than $1900 \text{ m}^2 \text{ g}^{-1}$ and total pore volumes of
435 $1.0 \text{ cm}^3 \text{ g}^{-1}$. Such carbons are mainly composed of supermicropores; this is likely
436 associated to the low activation and global yields (ca. 20 % and 3 %, respectively) and
437 the low densities ($< 100 \text{ kg m}^{-3}$).

438 The activation with KOH at $700 \text{ }^\circ\text{C}$ allows higher yields but lower supermicropore
439 volumes and still low density carbons. Compared to the carbons prepared by physical
440 mixing, higher pore volumes and a well-developed network of mesopores are obtained
441 upon solution impregnation with K_2CO_3 . Furthermore, the activation and global yields
442 are similar in both methods, pointing out that solution impregnation allows a more
443 uniform and deeper penetration of the activating agent on the particles.

444 The microporosity was further analysed through CO_2 adsorption isotherms. The
445 micropore size distributions presented in Figure 5 reveal that the carbons prepared by
446 physical mixing of high density acid-chars with K_2CO_3 have narrow micropore
447 distributions in the ultramicropore range, thus showing molecular sieve properties. The
448 carbons prepared by solution impregnation with K_2CO_3 or KOH present monomodal
449 and continuous distributions in the range from 0.4 to 2.0 nm. Additionally, sample
450 S9/9/C3 have bimodal distribution of micropores. It is important to note that the
451 commercial carbon used as benchmark for the liquid adsorption assays also presented a
452 bimodal distribution of micropores.

453 Interestingly, the surface area values follow an inverse correlation with the apparent
454 densities of the nanoporous carbons; this allows to identity three major groups of
455 samples linked with the properties of the acid-char, the contacting methodology and the
456 activating agent. As seen in Figure 6, a fine control of the synthesis parameters allows

457 to prepare low density superactivated carbons ($> 1800 \text{ m}^2 \text{ g}^{-1}$) and high density
 458 materials with surface areas close to $800 \text{ m}^2 \text{ g}^{-1}$.



459

460 **Figure 4.** SEM images of the nanoporous carbons. The insets correspond to higher
 461 amplifications to better illustrate the surface of the materials.

462

463 **Table 2.** Textural properties of the nanoporous carbons, activation and global yields.

Sample	Yield		A_{BET} ($\text{m}^2 \text{ g}^{-1}$)	$V_{\text{total}}^{\text{c}}$ ($\text{cm}^3 \text{ g}^{-1}$)	$V_{\text{meso}}^{\text{d}}$ ($\text{cm}^3 \text{ g}^{-1}$)	α_s Method			DR Method	
	Activation (%)	Global (%)				$V_{\alpha}^{\text{total}}$ ($\text{cm}^3 \text{ g}^{-1}$)	$V_{\alpha}^{\text{ultra}}$ ($\text{cm}^3 \text{ g}^{-1}$)	$V_{\alpha}^{\text{super}}$ ($\text{cm}^3 \text{ g}^{-1}$)	$W_{\text{DR N}_2}$ ($\text{cm}^3 \text{ g}^{-1}$)	$W_{\text{DR CO}_2}$ ($\text{cm}^3 \text{ g}^{-1}$)
S13.5/13.5/C3	45	15	781	0.33	0.02	0.31	0.10	0.21	0.32	0.34
S13.3/13.5/C3(s)	51	18	1419	0.89	0.45	0.44	0.22	0.22	0.56	0.45
S13.5/13.5/H3(s)	20	7	2309	1.03	0.07	0.96	0.17	0.79	0.87	0.50
S13.5/13.5/H3(s/700)	33	11	1906	0.82	0.07	0.75	0.29	0.46	0.75	-
S13.5/9/C3	45	14	602	0.25	0.01	0.24	0.13	0.11	0.24	0.33
S12/12/C3	50	18	818	0.34	0.01	0.33	0.19	0.14	0.33	0.21
S12/12/C3(s)	46	16	1372	0.72	0.25	0.47	0.26	0.21	0.52	-
S12/9/C3	43	13	1391	0.63	0.09	0.54	0.33	0.21	0.53	-
S9/9/C3	20	3	1938	1.00	0.13	0.87	0.00	0.87	0.70	0.51
NS	-	-	1297	0.70	0.30	0.40	0.02	0.38	0.39	0.27

464 ^a Activation Yield = $(m_{\text{nanoporous carbon}} / m_{\text{acid-char}}) \times 100$

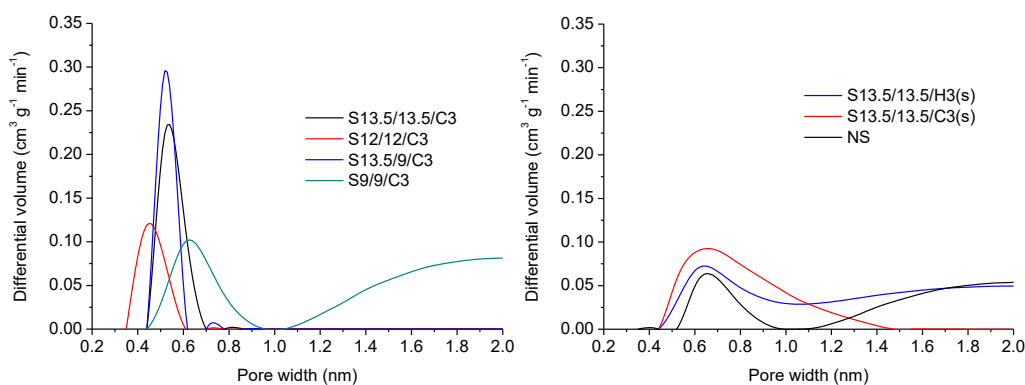
465 ^b Global Yield = $(m_{\text{nanoporous carbon}} / m_{\text{sisal}}) \times 100$

466 ^c Evaluated at $p/p^0 = 0.975$ in the N_2 adsorption isotherms at $-196 \text{ }^\circ\text{C}$

467 ^d Difference between V_{total} and $V_{\alpha}^{\text{total}}$

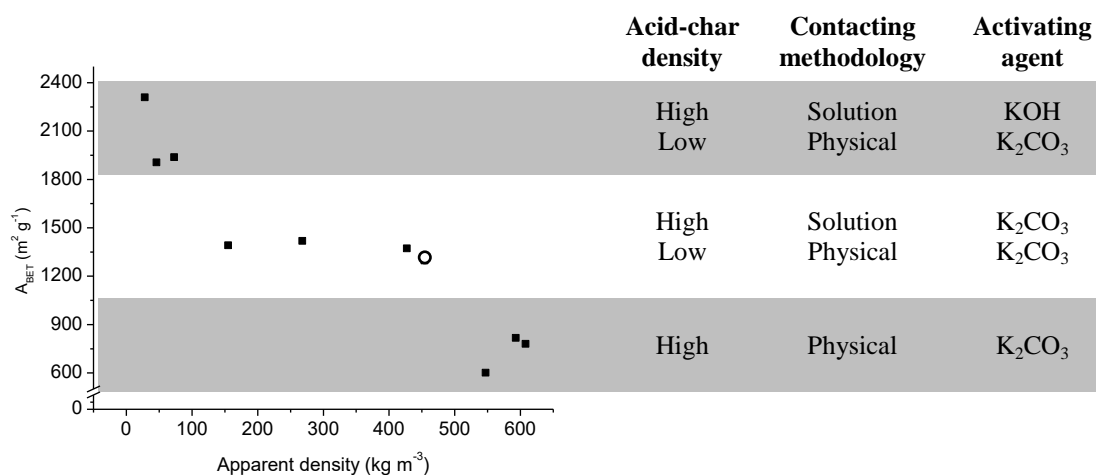
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470 **Figure 5.** Micropore size distributions of the physically (left) and solution impregnated as well
 471 as commercial sample (right) obtained by fitting the CO₂ adsorption isotherms at 0 °C to the
 472 method described by Pinto *et al.* [30]. (A colour version of this figure can be viewed online).
 473

474



475 **Figure 6.** Correlation between A_{BET} and apparent density of the synthesized nanoporous
 476 carbons (squares) and the commercial sample (circle).
 477

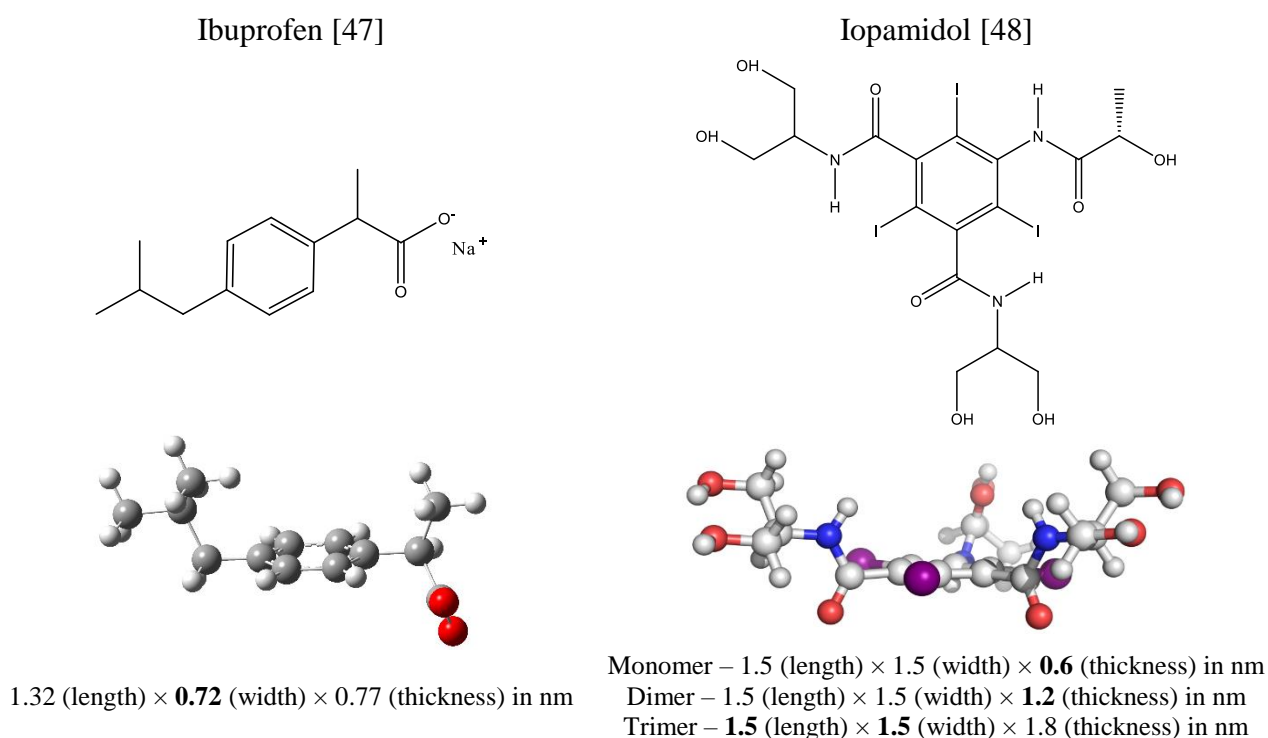
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478 The activation of high density acid-chars with K₂CO₃ by solution impregnation also
 479 rendered materials with high surface areas ($\approx 1400 \text{ m}^2 \text{ g}^{-1}$), a well-developed micro-
 480 mesopore network, high activation and global yields (*ca.* 46-51 wt.% and 16-18 wt.%,
 481 respectively) and apparent densities close to those of commercial samples. It must be
 482 highlighted that such combination of porous features is not common by K₂CO₃
 483 activation of low-ash content precursors.

484

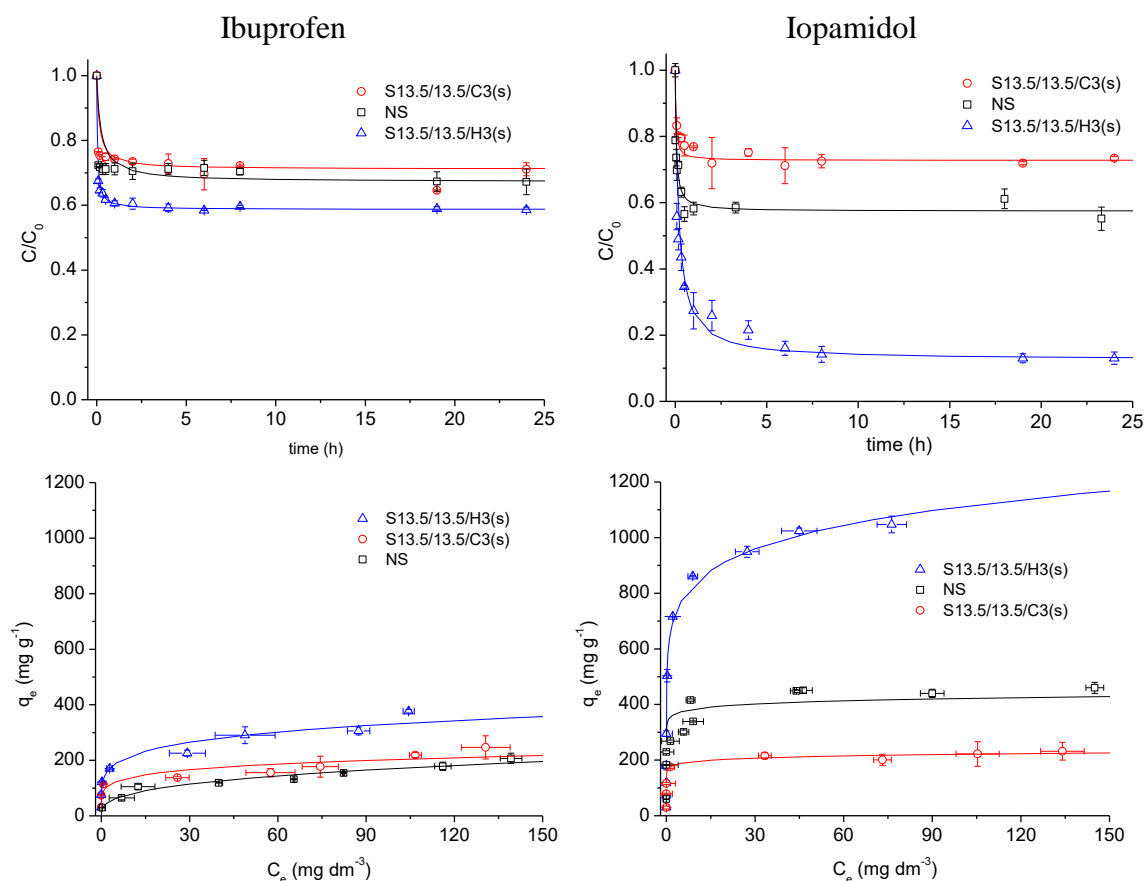
485 3.3 Ibuprofen and iopamidol adsorption onto selected nanoporous carbons

486 Based on screening assays, four nanoporous carbons were selected for the removal of
487 ibuprofen and iopamidol (Figure 7), two active pharmaceutical ingredients commonly
488 detected in wastewater effluents and drinking water. The removal efficiencies after 18 h
489 of contact time are presented in Fig. S5. Samples S13.5/13.5/C3(s), S13.5/13.5/H3(s)
490 and S9/9/C3 attained similar ibuprofen removal efficiencies in the range 40-45 %, as
491 opposed to the low uptake of carbon S13.5/13.5/C3 (*ca.* 25 %). For iopamidol, the
492 removal efficiencies of the selected carbons ranged between 10-74 %, following the
493 sequence: S13.5/13.5/H(s) > S9/9/C3 > S13.5/13.5/C3(s) > S13.5/13.5/C3. The lower
494 uptake of carbon S13.5/13.5/C3 for both compounds can be explained by its textural
495 features (Table 2), therefore no additional studies were performed for this sample.



496 **Figure 7.** Structure and dimensions of ibuprofen sodium salt [47] and iopamidol species [48]
497 (critical dimensions highlighted in bold).

498 Based on their distinct porous features, samples S13.5/13.5/C3(s) and S13.5/13.5/H3(s)
 499 were selected for the kinetic and equilibrium assays, along with the commercial
 500 activated carbon (NS). Data presented in Figure 8 show that sample S13.5/13.5/H3(s)
 501 outperformed the commercial carbon (both in kinetic and equilibrium assays) for both
 502 compounds, whereas the comparative balance for carbon S13.5/13.5/C3(s) vs the
 503 commercial adsorbent was favourable only for ibuprofen. These results will be
 504 discussed in terms of the combined effect of porous features and surface chemistry of
 505 the materials.



506 **Figure 8.** Kinetic results (top) and adsorption isotherms (down) of ibuprofen (left) and iopamidol
 507 (right) adsorption at 30 °C. Symbols correspond to the experimental data while lines represent the
 508 fitting to the pseudo-second order kinetic model (top) and the fitting to the Freundlich equation
 509 (bottom). Error bars are included. Experimental conditions of the kinetic assays 6 mg carbon/30
 510 cm³ of pharmaceutical solution with 180 mg dm⁻³. (A colour version of this figure can be viewed
 511 online).

512 Kinetic data was fitted to the pseudo-second order kinetic equation, with coefficients of
513 determination higher than 0.98 (Fig. 8). With the exception of the adsorption of
514 iopamidol on sample S13.5/13.5/H3(s), all the systems reached the equilibrium in about
515 3 h. According to the pseudo-second order kinetic parameters for ibuprofen adsorption
516 (Table 3) the three carbons show global adsorption rates of the same order of
517 magnitude, although slightly lower k_2 values (fast rate) were obtained for the carbons
518 containing mesopores (samples S13.5/13.5/C3(s) and NS), despite the similar uptakes.
519 The initial adsorption rate is 4.5 or 6.5 times faster in sample S13.5/13.5/H3(s) than in
520 S13.5/13.5/C3(s) and NS (respectively), pointing out the key role of the larger
521 micropores. These results are in agreement with previous data reported in the literature
522 for the adsorption of small pharmaceutical compounds (i.e. atenolol, caffeine, ibuprofen
523 acid form) on activated carbons [45, 49, 50].

524 In the case of iopamidol, the highest global adsorption rate was also attained by sample
525 S13.5/13.5/H3(s). The different iopamidol uptakes at kinetic equilibrium attained by the
526 three adsorbents limits the comparison and analysis of their initial adsorption rates since
527 this kinetic parameter depends on both the global adsorption rate and the uptake.

528 The adsorption rate of S13.5/13.5/C3(s) and NS for both pharmaceutical compounds is
529 similar. Sample S13.5/13.5/H3(s) has the highest uptake for both pollutants, in mmol
530 per gram the uptake of ibuprofen being almost twice than that of iopamidol. Compared
531 to the other two samples, carbon S13.5/13.5/H3(s) has at least twice the volume of
532 supermicropores, and a continuous micropore size distribution (Figure 5). This seems to
533 favour both the adsorption rate and the uptake of ibuprofen and iopamidol. Similar
534 results have been reported for the adsorption of paracetamol and iopamidol in sucrose-
535 derived carbons in similar experimental conditions [13].

537 **Table 3.** Pseudo-second order ibuprofen and iopamidol adsorption parameters at 30 °C for
 538 carbons S13.5/13.5/C3(s), S13.5/13.5/H3(s) and commercial sample (NS): k_2 is the pseudo-
 539 second order rate constant; h is the initial adsorption rate; $t_{1/2}$ is the half-life time; $q_{e,calc}$ and
 540 $C_{e,calc}$ are respectively, the PhC uptake and that remaining in solution at equilibrium both
 541 calculated by the pseudo-second order kinetic model.

Sample	k_2 ($\text{g mg}^{-1} \text{h}^{-1}$)	R^2	h ($\text{mg g}^{-1} \text{h}^{-1}$)	$t_{1/2}$ (h)	$q_{e,calc}$		$C_{e,calc}$ (mg dm^{-3})
					(mg g^{-1})	(mmol g^{-1}) ^a	
<i>Ibuprofen</i>							
S13.5/13.5/C3(s)	0.020	0.984	1568	0.175	280	1.365	124
S13.5/13.5/H3(s)	0.052	0.999	7127	0.052	372	1.813	106
NS	0.013	0.998	1095	0.270	296	1.443	121
<i>Iopamidol</i>							
S13.5/13.5/C3(s)	0.109	0.998	6513	0.037	245	0.315	131
S13.5/13.5/H3(s)	0.007	0.999	4088	0.193	787	1.013	23
NS	0.099	0.991	14704	0.026	385	0.495	77

542 ^a Calculated considering the molecular weight of ibuprofen anion and iopamidol monomers.

543 Confronting the micropore size distributions (Figure 5) with the critical dimensions of
 544 the pollutants (smallest section of the most stable configuration computed in aqueous
 545 solution, highlighted in bold in Figure 7), it can be concluded that ibuprofen molecule
 546 (critical dimension - 0.72 nm) [47] can be easily adsorbed on the three carbons, while
 547 iopamidol (critical dimensions of 0.6, 1.2 or 1.5 nm, for the monomer, dimer or trimer,
 548 respectively) [48] presents diffusional constrains for most of them, with the exception of
 549 sample S13.5/13.5/H3(s) due to its continuous micropore size distribution. It is
 550 interesting to note that carbon S13.5/13.5/C3(s) presents the lowest iopamidol uptake;
 551 this could be explained by the negligible contribution of micropores wider than 1.2 nm,
 552 that would allow the adsorption of iopamidol monomers but not dimers and trimers.
 553 Additionally, the mesoporosity of this carbon is not capable of accommodating the
 554 bulky iopamidol aggregates (dimers, trimers or even bigger aggregates), due to the

555 average mesopore size (Fig. S6) and the above-mentioned pore-blocking effects (Fig.
556 3(b)). As a result, iopamidol removal on carbon S13.5/13.5/C3(s) does not follow the
557 expected correlation with $V_{\alpha \text{ super}} + V_{\text{meso}}$ reported in the literature [13, 48]. It should also
558 be pointed out that in the case of carbon S13.5/13.5/C3(s) the concentration of
559 iopamidol remaining in solution at equilibrium is higher than 100 mg dm^{-3} ; according to
560 molar conductivities measurements [48], this is indicative of the presence of iopamidol
561 molecular aggregates that would not accommodate in the micropores of this sample
562 (Fig. 5). Bearing this in mind, it can be inferred that the high iopamidol uptake on
563 samples S13.5/13.5/H3(s) and NS is favoured due to the presence of wider micropores
564 that allow to achieve lower equilibrium concentration in solution (*ca.* 23 and 77 mg dm^{-3} ,
565 respectively) preventing the formation of molecular aggregates in solution.

566 The equilibrium adsorption isotherms presented in Figure 8 are characterized by an
567 initial rise followed by a slight continuous increase or a plateau depending on the
568 system. The experimental data were fitted to the non-linear forms of the Langmuir [32]
569 and Freundlich [33] equations; the fitting parameters, the adjusted coefficients of
570 determination and reduced chi-square values are presented in Table 4.

571 In the case of ibuprofen, the three carbons present similar F-type curves, with ibuprofen
572 uptake of sample S13.5/13.5/H3(s) being twice as big as that of carbon NS in the range
573 of assayed concentrations. This is an agreement with the total micropore volumes of the
574 adsorbents. F-type isotherms are indicative of multilayer adsorption in the sample,
575 which would allow higher adsorption capacities with increasing the ibuprofen
576 concentration in solution [33].

577 For iopamidol all the carbons show a steep initial rise in the isotherm, characteristic of a
578 high affinity between the adsorbate and adsorbent. As in the case of ibuprofen, sample

579 S13.5/13.5/H3(s) stands out with a remarkably high adsorption capacity whereas sample
 580 S13.5/13.5/C3(s) attains half the adsorption capacity of the commercial carbon NS.
 581 Comparing the isotherms obtained for both PhCs, it is clear that iopamidol has higher
 582 affinity for tested adsorbents than ibuprofen.

583 Regarding equilibrium data (Table 4) the adjusted coefficients of determination (R^2_{Adj})
 584 and reduced chi-square values (χ^2_{Red}) indicate a good fitting to the Freundlich model for
 585 all the systems. For the particular case of iopamidol adsorption on carbons
 586 S13.5/13.5/H3(s) and S13.5/13.5/C3(s), the R^2_{Adj} and χ^2_{Red} values for Langmuir and
 587 Freundlich fittings are very close; this indicates that both models can describe the
 588 experimental data.

589 **Table 4.** Fitting parameters to the Langmuir and Freundlich models and chi-square test analysis,
 590 $\chi^2_{Reduced}$. Langmuir parameters: q_m - monolayer adsorption capacity, K_L – Langmuir constant.
 591 Freundlich parameters: K_F – Freundlich constant ($\text{mg}^{1-1/n} (\text{dm}^3)^{1/n} \text{g}^{-1}$), n – Freundlich exponent.

Sample	Langmuir equation				Freundlich equation			
	q_m (mg g^{-1})	K_L ($\text{dm}^3 \text{mg}^{-1}$)	R^2_{Adj} ^a	χ^2_{Red} ^b	$1/n$	K_F ($\text{mg}^{1-1/n} (\text{dm}^3)^{1/n} \text{g}^{-3}$)	R^2_{Adj} ^a	χ^2_{Red} ^b
<i>Ibuprofen</i>								
S13.5/13.5/C3(s)	278	0.032	0.358	3300	0.167	94.2	0.669	1700
S13.5/13.5/H3(s)	309	0.586	0.703	4334	0.186	140.9	0.878	1785
NS	195	0.064	0.839	546	0.333	36.9	0.948	175
<i>Iopamidol</i>								
S13.5/13.5/C3(s)	219	3.042	0.386	3481	0.053	173	0.389	3462
S13.5/13.5/H3(s)	965	3.109	0.881	19527	0.122	634	0.902	15972
NS	447	0.758	0.368	11023	0.040	351	0.763	4139

592 ^a R^2_{Adj} – Adjusted coefficient of determination accounts for the degrees of freedom (DOF)

593 ^b χ^2_{Red} – Reduced chi-square obtained by dividing the residual sum of squares (RSS) by the
 594 degrees of freedom (DOF)

595 It should be mentioned that the water solubilities of ibuprofen sodium salt (ca. 100 000
 596 mg dm^{-3}) and iopamidol (ca. > 200 000 mg dm^{-3}) [47]) are much higher than the range

597 of concentrations used in this study. Thus, this parameter is not expected to affect the
598 different adsorption trends in the adsorption of these compounds.

599 Adsorption capacities are also expressed in mmol of PhC per gram of carbon (Table 5),
600 to facilitate data comparison due to the differences in the molecular weights of
601 ibuprofen and iopamidol. Using these units, it can be observed that carbon
602 S13.5/13.5/H3(s) presents similar uptake of ibuprofen and iopamidol, despite the lower
603 dimension of the former. This has to be attributed to the anionic character of ibuprofen
604 at neutral pH, which would favor the interactions with water while decreasing affinity
605 for adsorption.

606 **Table 5.** Amount of pharmaceutical compounds adsorbed for an equilibrium
607 concentration in solution (C_e) of 90 mg dm^{-3} . Values calculated from the fitting of the
608 equilibrium adsorption data to Freundlich equation.

Sample	$q_{90 \text{ mg dm}^{-3}}$ ibuprofen		$q_{90 \text{ mg dm}^{-3}}$ lopamidol	
	(mg g^{-1})	(mmol g^{-1}) ^a	(mg g^{-1})	(mmol g^{-1}) ^a
S13.5/13.5/C3(s)	200	0.975	220	0.283
S13.5/13.5/H3(s)	325	1.584	1097	1.412
NS	165	0.804	420	0.540

609 ^a Calculated considering the molecular weight of ibuprofen anion and iopamidol monomers.

610 Ibuprofen uptake (in mmol g^{-1}) of S13.5/13.5/C3(s) is 3-times larger than that of
611 iopamidol, most certainly due to diffusional constrains in the monomodal micropore
612 network of this carbon centered at around 0.6-0.7 nm, which only allows the adsorption
613 of iopamidol monomers and ibuprofen ions. The low iopamidol adsorption capacity (in
614 mmol g^{-1}) of S13.5/13.5/C3(s) compared to S13.5/13.5/H3(s) and carbon NS
615 demonstrates that when dealing with the adsorption of bulky molecules, it is essential to
616 characterize the mesopore network. In fact, the complex mesopore network of sample
617 S13.5/13.5/C3(s) would hinder the adsorption of iopamidol species, due to the sieving
618 effects in the ink-bottle shape mesopores.

619 The effect of surface chemistry in the adsorption process must also be considered,
620 particularly considering the different ionic state of ibuprofen and iopamidol. At the
621 conditions of herein reported adsorption studies (aqueous solutions at pH 5) the surface
622 of carbon S13.5/13.5/C3(s) is slightly negatively charged and ibuprofen is an anion,
623 thus the results seem to point out that π - π interactions predominate over electrostatic
624 ones. Similarly, iopamidol is a neutral molecule thus the role of electrostatic
625 interactions can be disregarded. In the case of the commercial carbon, the surface is
626 slightly positively charged (pH_{PZC} of 8.4) and it presents a larger fraction of micropores
627 compared to carbon S13.5/13.5/C3(s). Its slightly lower ibuprofen adsorption capacity
628 thus confirms the hypothesis of a higher contribution of π - π interactions over
629 electrostatic ones in the adsorption of ibuprofen.

630 **4. Conclusion**

631 We herein propose a two-step method for the valorization of a low density biomass
632 waste (sisal, *Agave sisalana*) through the synthesis of acid-chars with varied density and
633 morphology. The oxygen-rich surface and acidic nature of the acid-chars contributes to
634 increase their reactivity during the activation step, making them excellent precursors for
635 the preparation of high density nanoporous carbons with tailored pore structure in the
636 full micro-mesopore range. This approach rendered carbon materials with better porous
637 development when compared to the chemical activation of the same biomass precursor
638 by traditional methods [42, 43]. Furthermore, these adsorbents outperformed
639 nanoporous carbons commercialized for water remediation purposes, in terms of
640 adsorption capacity and rate of two pharmaceutical compounds (ibuprofen and
641 iopamidol). Both the acid-chars and their corresponding activated carbons display
642 interesting textural, morphological and surface properties that make them promising
643 materials for other applications in the fields of energy storage, catalysis, and as

644 electrode materials or supports of (bulky) molecules. In this regard, so far acid-chars
645 have proven to be effective supports for the immobilization molybdenum catalysts for
646 solventless olefins epoxidation [51].

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