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# Nonlinear polarization coupling in Freestanding Nanowire/Nanotube Resonators 

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#### Abstract

In this work we study the nonlinear coupling between the transverse modes of nanoresonators such as nanotubes or nanowires in a singly clamped configuration. We previously showed that at high driving, this coupling could result in a transition from independent planar modes to a locked elliptical motion, with important modifications of the resonance curves. Here we clarify the physical origins, associated to a 1:1 internal resonance, and study in depth this transition as a function of the relevant parameters. We present simple formulae that permit to predict the appearance of this transition as a function of the frequency difference between the polarizations and the nonlinear coefficients and give the "backbone curves" corresponding to the elliptical regime. We also show that the elliptical regime is associated with the emergence of a new set of solutions of which one branch is stable. Finally we compare single and double clamped configurations and explain why the elliptical transition appears on different polarizations.


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## A. INTRODUCTION

Nanotubes and nanowires (NNs) that can sustain very large mechanical oscillation amplitudes represent ideal objects for studying nonlinear effects and in particular nonlinear coupling phenomena. These nonlinearities on the one hand impose limitations for the use of NNs in applications involving nanoelectromechanical systems (NEMS), e.g. for the fundamental limit of the minimum detectable frequency shift ${ }^{1}$, and on the other hand they can reveal rich and complex dynamical behaviors. Within this context, nonlinear coupling between mechanical modes in NEMS has recently become a topic of some interest. Such coupling can be important for NEMS applications as they can influence the resonator parameter that is being exploited. For example, one can tune the resonance frequency and quality factor of one mechanical mode through a nonlinear coupling to a second mode ${ }^{2,3}$. Also using this coupling for a non-invasive detection means that the displacement of any mode can be detected by measuring the response of another mode.

Such couplings can be categorized in the wide family of modal interactions, known as internal resonances, that characterize coupling between several resonance frequencies that satisfy a commensurate relationship ${ }^{4,5}$. References $[2,3]$ correspond for example to (1:2) and (1:3) internal resonances phenomena. A huge amount of literature has been dedicated to internal resonances in the nonlinear dynamics community the past 50 years, since they are commonly observed in macrostructures, for instance among others, in the case of nonlinear music instruments ${ }^{6,7}$. For micro/nano resonators internal resonance received increasing attention ${ }^{8-10}$ the past years. In the special case of a resonator with two vibration modes of almost identical eigenfrequencies, a so-called one to one ( $1: 1$ ) internal resonance can be observed. This occurs especially in the case of resonators with particular
symmetries, such as circular or square plates, for which the coupling is observed between degenerate companion modes ${ }^{11,12}$. The same property occurs for beams with a symmetrical cross section, between the degenerate modes in the two transverse orthogonal directions or polarizations. Among others, see ${ }^{13}$ in the case of a string, ${ }^{14,15}$ in the case of clamped-clamped beams and ${ }^{16,17}$ for a singly clamped beam.

In the case of NEMS, we previously showed experimentally, for a singly clamped configuration ${ }^{18}$, that beyond the classical Duffing phenomenon characterized by jumps and hysteresis, a transition from planar to elliptic vibration occurs for the higher frequency polarization. Simulations of the dynamics using a model based on cubic nonlinear coupling terms between the polarizations was in good agrement with the experiments. This succinct treatment opens many interesting questions of direct interest for experiments such as the dependence of the threshold of the elliptical transition on vibration amplitude and the frequency difference between polarizations, whether the transition can appear on the first polarization, etc. Here we go beyond the original basic dynamical simulations with a self consistent approach (see next) and also develop semi-analytic and predictive formulae allowing an in-depth understanding of this rich phenomena.

The numerical simulations have been realized using the MANLAB ${ }^{19}$ software which is a free Matlab package that combines the harmonic balance method (HBM) and a continuation method ${ }^{20}$ to follow the periodic solutions of dynamical system when a control parameter is varied. Moreover, it includes stability analysis based on computing the Floquet exponents in the frequency domain with a Hill eigenvalue problem ${ }^{21,22}$. The analytical treatment is used to clarify the physical origins of this transition and gives simple formulae for the transition depending on the geometric parameters of the NNs. The validity
of these formulae are confirmed by comparison with simulations. Finally, simulations were also used to explore more widely the phase space of these equations, allowing us to present a new set of solutions that appears as a consequence of the elliptical transition.

It is useful to start by giving a brief description of the experimental observations. The transition was first observed during field emission (FE) experiments on nanowires ${ }^{18}$ in which an applied voltage causes electrons to be emitted from the nanowire apex. They are then accelerated by the field onto a viewing screen placed at several centimeters which gives a projection image of the apex emission zone. The nanowires were electrostatically excited during FE and the cycle-averaged variation of the FE pattern served for motion detection. The FE configuration has the advantage of giving a greatly magnified image ( $\sim 10^{5}$ ) of the apex displacement in the $x-y$ plane ${ }^{23}$ so that the elliptical transition was a clear and even striking phenomenon. Direct observations of the oscillations ${ }^{18}$ and the elliptic transition of various excited NNs were also carried out in both Scanning and Transmission Electron Microscopes (SEM and TEM) that confirmed the FE experiments. Experiments have been extensively realized on SiC nanowires having resonant frequencies for the first mode between a few kiloHertz and a few MegaHertz depending on their dimensions. Their pristine quality factors range from a few hundred to several tens of thousands in vacuum. A rapid heat treatment is generally realized and quality factors between few tens of thousands and up to one hundred thousand can be obtained ${ }^{24}$.

Fig. 1 shows SEM observations of the elliptical movement of a SiC nanowire stuck at the end of a large tungsten support tip. The NN is excited by piezoelectric actuation. The sample is positioned so that the nanowire points almost along the electron beam axis, giving a very shortened projection in the image plane (Fig. 1 (a), NN at rest). Though this configuration is a little tricky to visualize, the advantage is that the images follow quite directly the movement in the $\mathrm{x}-\mathrm{y}$ plane (perpendicular to the length of the wire) of the NN apex. As the excitation frequency is increased, the lower planar polarization is first observed (Fig. 1 (b)) resulting in a straight line in the image. At higher frequency the second planar polarization is next observed orthogonal to the first polarization (Fig. 1 (c)) which increases in amplitude as the
resonance is swept (the somewhat non-linear shape is due to the rather convoluted projection of a tilted, oscillating, finite-length nanowire). At a certain amplitude (or frequency) the planar oscillation starts to become elliptical. As the frequency is increased above this transition the size of the ellipse slowly increases and its eccentricity decreases (Fig. 1 (d)). The NN resonance ends with a jump to zero amplitude like a classic hard spring Duffing behavior.


FIG. 1. SEM images of a resonating nanowire and the apparition of the transition characterized by elliptical oscillations. (a) The nanowire at rest. The nanowire is almost vertical and the projected length is very small. (b) and (c) the two orthogonal and planar polarizations corresponding to the first mechanical mode. (d) Beyond the transition, we observe the elliptical oscillations.

## B. ANALYTICAL MODEL

We demonstrated previously that cubic coupling terms were sufficient to explain this elliptical transition. This two dimensional model can be written in the following form (see ${ }^{17,18}$ and Supplemental Materials ${ }^{25}$ for detailed treatment) :

$$
\begin{align*}
\left(1+\beta\left(x^{2}+y^{2}\right)\right) \ddot{x}+\frac{1}{Q} \dot{x}+\left(1+\alpha\left(x^{2}+y^{2}\right)+\beta\left(\dot{x}^{2}+\dot{y}^{2}\right)\right) x & =F_{1} \cos (\Omega t)  \tag{1}\\
\left(1+\beta\left(x^{2}+y^{2}\right)\right) \ddot{y}+\frac{1}{Q} \dot{y}+\left(1+2 \mu+\alpha\left(x^{2}+y^{2}\right)+\beta\left(\dot{x}^{2}+\dot{y}^{2}\right)\right) y & =F_{2} \cos (\Omega t) \tag{2}
\end{align*}
$$

where $x$ and $y$ correspond to the two dimensionless orthogonal polarization directions and the displacements of
the free apex normalized to the total length of the wire.


FIG. 2. Simulated resonance curves for the amplitude and phase of the two polarizations of the first mode with, (a) and (b), and without, (c) and (d), the nonlinear coupling terms (see text for the used parameters). Responses of the $x$ and $y$ polarizations are presented respectively in blue and red. Stable and unstable solutions are presented with thick lines and thin lines respectively. Without coupling only classical hard spring Duffing behavior is observed. With coupling the emergence of the elliptical oscillations is observed on the higher frequency polarization.

The coefficients $\alpha$ and $\beta$ are coupling terms that depend on the mode considered ( $\mathrm{see}^{25,26}$ ). Practically they correspond to the nonlinear terms in potential and kinetic energy respectively. $Q$ is the quality factor of the resonance (assumed equal for both polarizations) and $\mu$ represents the frequency difference between the two polarizations. We use two different excitations $F_{1}$ and $F_{2}$ as experimentally the excitations are never exactly symmetric. Note that, in the following, we will always consider the case where the two polarizations are well separated. Formally these conditions can be written $\mu>2 / Q$, that is our case experimentally.

To emphasize the consequences of the coupling between the polarizations, simulations presented in Fig. 2 are realized with and without the coupling between the polarizations using Eqs. (1) and (2) implemented in MANLAB. In the second case the nonlinear terms are preserved but without the crossed coupling between the polarizations as presented in the Supplemental Materials. The frequency difference between the polarizations is $0.5 \%$ and the intrinsic quality factor of each mode
is $Q=5000$. Excitations $\left(F_{1}, F_{2}\right)$ are chosen to obtain a maximum normalized amplitude of 0.1 and 0.2 respectively for the $x$ and $y$ polarizations $\left(Q F_{1}=0.1\right.$ and $Q F_{2}=0.2$ ). The values of $\alpha$ and $\beta$ correspond to tabulated values for the first mode ${ }^{26}$. Simulation results then give the different harmonic components of $x(t)$ and $y(t)$ at $\Omega, 2 \Omega, 3 \Omega \ldots$ The first harmonic response of $x(t)$ and $y(t)$, plotted in Fig. 2, can then be written in the form $x(t)=R_{x} \cos (\Omega t+\theta)$ and $y(t)=R_{y} \cos (\Omega t+\theta+\varphi)$. $R_{x}$ and $\theta$ (respectively $R_{y}$ and $\theta+\varphi$ ) are plotted in blue (resp. red) and the relative phase, $\varphi$, is plotted in black in (b) and (d).
For the uncoupled equations (Fig. 2 (a) and (b)) the two classical planar resonances with hard-spring behavior are observed (stable solutions are drawn using thick lines whereas unstable solutions are presented with thin lines). Simulations using exactly the same parameters than in (a) and (b) but with the coupling terms between the polarizations are presented in (c) and (d). For the lower polarization no important modification is observed. The situation changes radically for the second polarization. For low amplitudes we still observe planar oscillations. However, above a critical amplitude, we observe a strong modification of the amplitude-frequency curve of the $y$ polarization and the $x$ polarization is once again excited. In the phase figure this transition is characterized by a phase difference $\varphi$ that locks on the value $\pi / 2$. This leads to an elliptical movement in which the major axis corresponds to $y$ and the minor axis to $x$, as experimentally observed. As the frequency is increased, the phase difference $\varphi$ is fixed while $\theta$ still varies and the eccentricity of the ellipse decreases (the ellipse tends towards a circle). After the transition, the range of frequency for which the elliptical oscillations continue is very large and the jump corresponds to a lower $y$ amplitude compared to the uncoupled case. Note that the fact that no transition occurred on the $x$ polarization does not depend of the chosen parameters. As we will see later it is a generic effect that is the result of the nonlinearities of the problem.

To go further in the analysis it is convenient to seek the solutions in the form $x(t)=R_{x} \cos (\Omega t+\theta)$ and $y(t)=R_{y} \cos (\Omega t+\theta+\varphi)$. Injecting these forms and neglecting the higher order terms (see Supplemental Materials for two time scale treatment) the following equations are obtained, after some algebraic manipulations :

$$
\begin{array}{r}
\ddot{x}+\left[\frac{1}{Q}+\frac{R_{y}^{2}}{4} \sin (2 \varphi)(\alpha-2 \beta)\right] \dot{x}+\left[1+\frac{R_{x}^{2}}{4}(3 \alpha-2 \beta)+\frac{R_{y}^{2}}{4}(2 \alpha+\cos (2 \varphi)(\alpha-2 \beta)] x=F_{1} \cos (\Omega t)\right. \\
\ddot{y}+\left[\frac{1}{Q}-\frac{R_{x}^{2}}{4} \sin (2 \varphi)(\alpha-2 \beta)\right] \dot{y}+\left[1+2 \mu+\frac{R_{y}^{2}}{4}(3 \alpha-2 \beta)+\frac{R_{x}^{2}}{4}(2 \alpha+\cos (2 \varphi)(\alpha-2 \beta)] y=F_{2} \cos (\Omega t)\right. \tag{4}
\end{array}
$$

One can immediately identify the prefactors of $x, \dot{x}, y$ and $\dot{y}$ with effective frequencies and dissipations and see
that they are interdependent through the amplitudes and
phases of the transverse oscillations. To simplify further first define the effective $x$ and $y$ quality factors as :

$$
\begin{align*}
& \frac{1}{Q_{x, \text { eff }}}=\frac{1}{Q}+\frac{\alpha-2 \beta}{4} R_{y}^{2} \sin 2 \varphi  \tag{5}\\
& \frac{1}{Q_{y, \text { eff }}}=\frac{1}{Q}+\frac{\alpha-2 \beta}{4} R_{x}^{2} \sin 2 \varphi \tag{6}
\end{align*}
$$

and effective $x$ and $y$ frequencies as

$$
\begin{array}{r}
\omega_{x, \mathrm{eff}}^{2}=1+\frac{R_{x}^{2}}{4}(3 \alpha-2 \beta)+\frac{R_{y}^{2}}{4}(2 \alpha+\cos (2 \varphi)(\alpha-2 \beta)) \\
\omega_{y, \mathrm{eff}}^{2}=1+2 \mu+\frac{R_{y}^{2}}{4}(3 \alpha-2 \beta)+\frac{R_{x}^{2}}{4}(2 \alpha+\cos (2 \varphi)(\alpha-2 \beta)) \tag{8}
\end{array}
$$

The equations then become :

$$
\begin{gather*}
\ddot{x}+\frac{\dot{x}}{Q_{x, \mathrm{eff}}}+\omega_{x, \mathrm{eff}}^{2} x=F_{1} \cos (\Omega t)  \tag{9}\\
\ddot{y}+\frac{\dot{y}}{Q_{y, \mathrm{eff}}}+\omega_{y, \mathrm{eff}}^{2} y=F_{2} \cos (\Omega t) \tag{10}
\end{gather*}
$$

Particularly, Eqs. (7) and (8) which define the effective frequencies as a function of the amplitude of the system response when neither damping nor forcing are present, are called the "backbone curves" of the $x$ and $y$ polarization. These backbone curves will be used intensively for analytical treatments. One of the most important aspects is that the frequency of one polarization is tuned by the other polarization. This tuning depends on the square of the amplitude of the other polarization and on the relative phase, $\varphi$. In fact, for the first mode, we have $2 \alpha=1.6356$ and $\alpha-2 \beta=-1.48$ so that the coupling always leads to an increase of the effective frequency of the other polarization. In eqs. (5) and (6) the evolution of the quality factors reveals the internal energy exchange between polarizations as discussed in more detail in the Supplemental Materials.

## C. RESULTS

Now let's examine the appearance of the elliptical transition only on the second polarization. As mentioned in Fig. 1, an important aspect used for our analytical treatment is that near the transition $\varphi$ is very close to $\frac{\pi}{2}$. When the second polarization is excited, the increase of $R_{y}$ increases the effective frequency of the $x$ polarization. If this frequency increases until it reaches the excitation frequency, the $x$ polarization will be once again excited. This is the key to understand the elliptical transition. To determine the conditions in which this transition can occur, let's examine the evolution of these frequencies. As $\varphi \sim \frac{\pi}{2}$ we can write the effective frequency of the $x$ polarization as (before the transition, $R_{x}$ is negligible) :

$$
\begin{equation*}
\omega_{x, \mathrm{eff}}=1+R_{y}^{2}(\alpha+2 \beta) / 8 \tag{11}
\end{equation*}
$$

In the same conditions the backbone curve of the $y$ polarization is given by

$$
\begin{equation*}
\Omega=1+\mu+R_{y}^{2}(3 \alpha-2 \beta) / 8 \tag{12}
\end{equation*}
$$

If we consider that the transition occurs when $\omega_{x, \text { eff }}=$ $\Omega$ (that is a slight overestimation as we will see later) we obtain the critical amplitude $R_{y, c}$ for which the transition occurs and that is given by :

$$
\begin{equation*}
R_{y, c}=\sqrt{\frac{4 \mu}{-\alpha+2 \beta}} \tag{13}
\end{equation*}
$$

The critical amplitude simply depends on the frequency difference between the polarizations and the nonlinear coupling terms. Now, during the elliptical movement, the effective resonance frequencies of the $x$ and $y$ polarizations are nearly the same. Equalizing the two (taking $\varphi \sim \frac{\pi}{2}$ ) gives the relation between $R_{x}$ and $R_{y}$ and we obtain $R_{x}^{2} \simeq R_{y}^{2}-R_{y, c}^{2}$. Re-injecting this relation into Eqs. (7) and (8) one obtains the backbone curves for $R_{x}$ and $R_{y}$ versus the frequency throughout the elliptical regime (denoted $\omega_{y, e}$ and $\omega_{x, e}$ with $e$ for elliptical). Practically we obtain :

$$
\begin{align*}
& \omega_{y, e}=1-\frac{\mu}{2}\left(\frac{3 \alpha-2 \beta}{-\alpha+2 \beta}\right)+\frac{\alpha}{2} R_{y}^{2}  \tag{14}\\
& \omega_{x, e}=1+\frac{\mu}{2}\left(\frac{\alpha+2 \beta}{-\alpha+2 \beta}\right)+\frac{\alpha}{2} R_{x}^{2} \tag{15}
\end{align*}
$$

Note that, for the first mode, we have $\frac{3 \alpha-2 \beta}{-\alpha+2 \beta}=0.104$ and $\frac{\alpha+2 \beta}{-\alpha+2 \beta}=2.1$. Practically the backbone curve for the $y$ polarization is little sensitive to $\mu$ and we can reasonably write $\omega_{y, e} \simeq 1+\frac{\alpha}{2} R_{y}^{2}$.

MANLAB simulations using various frequency differences that demonstrate the validity of our analytical formulae are presented in Fig. 3. For simplicity the natural frequency of the $x$ polarization is set to 1 and the frequency difference is modified by varying the value of $\mu$. Simulations with frequency differences of $0.5,1,2,2.5$ and 3 percent and an excitation $F_{2}$ that corresponds to a normalized maximum amplitude of 0.25 in the $y$ direction are given. The backbone curves for the $y$ and $x$ polarizations during the transition (Eqs. (14) and (15)) are plotted using the black dotted lines for $\mu=0.5 \%$. There is a good quantitative agreement between our analytical formulae and simulations. For $0.5,1$ and 2 percent, the amplitude $R_{y}$ reaches the critical amplitude and the elliptical transition occurs. The limit case corresponds to $\mu=2.5 \%$. For a higher $\mu$ (and for our chosen excitation) no transition occurs and we only observe the classical case as if the polarizations were uncoupled. Of course it doesn't mean that no elliptical transition could appear for a frequency difference of 3 percent but it would require higher excitation.


FIG. 3. Simulations showing the evolution of the elliptical transition as a function of the frequency difference between the polarizations. The simulations correspond to frequency differences of $0.5,1,2,2.5$ and 3 percent. The black dashed lines trace the backbone curves corresponding to the elliptical regime for $\mu=0.5 \%$ following eq. (14) and (15). (a) 3 dimensional representation of the different response curves. (b) Projection of the response curves showing that the different transitions are well fitted by the backbone curve. Inset : Evolution of the critical amplitude, $R_{y, c}$, versus the frequency difference, $\mu$.

To precise this aspect the inset of Fig. 3 (b) presents the normalized critical amplitude $R_{y, c}$ versus the frequency difference between polarizations following Eq. (13). According to the graph the elliptical transition should easily be observed for $\mu$ of a few percent that can be obtained for a large variety of nanowires or nanotubes. If a maximum normalized amplitude of 0.4 is considered, which can in practice be obtained for the first mode, the elliptical transition should be observed for all nanowires with $\mu<5 \%$. In fact it is surprising that such behavior is not more often reported in the literature. Note that for superior modes the elliptical transition appears for much lower amplitudes as we will see later.
We have seen that the transition occurred when the higher polarization hardened the lower polarization


FIG. 4. Evolution of the effective frequencies of the polarizations as a function of the excitation frequency. When the first polarization is excited the frequency of the higher polarization is further increased and no transition is possible for the lower polarization. As the second polarization is excited the effective frequency of the lower polarization is increased almost at the frequency of the higher mode and the elliptical oscillations begin.
enough so that it could once again be excited by the driving frequency. For the first mode this is the only possibility as the parameters show that the excitation of one polarization can only increase the frequency of the other. To better visualize this effect we present in Fig. 4 the effective frequencies $\omega_{x, \text { eff }}$ and $\omega_{y, \text { eff }}$ of the two polarizations as a function of the excitation frequency. This is done by taking the oscillation parameters from MANLAB simulations and re-injecting them into the frequency dependance in Eqs. (7) and (8). The blue line represents the lower $(x)$ effective frequency $\omega_{x \text {,eff }}$, the red line the higher effective frequency $\omega_{y \text {,eff }}$, and the black line the excitation frequency. As expected, when the lower polarization is excited it increases the effective frequency of the other polarization and no transition can occur. In contrast when the second polarization is excited, the lower effective frequency is pulled towards the excitation frequency and the $x$ polarization is once again excited. Once the elliptical transition is activated, the nonlinear terms couple the two polarizations together and they start to behave as a strong hard spring resonator that can be excited over a large frequency range. We can also observe that even if the $\omega_{x, \text { eff }}$ is increased almost to the excitation frequency, it remains however always slightly inferior. This explains that in our analytic treatment where we defined the appearance of the transition for $\omega_{x, \text { eff }}=\Omega$ we made a small overestimation. However, the fact that our formulae fit correctly the simulations confirms that our approximation is reasonable.

An interesting question is whether the elliptical solutions presented above are the only solutions in the presence of the nonlinear coupling. In fact we show next


FIG. 5. Characterization of the new set of solutions appearing with the elliptical transition of which one branch is stable. (a) amplitude and (b) phase diagrams of the new solutions. (c) superposition of the different solutions of the equations. The inset is a zoom at the beginning of the transition
that the elliptical regime leads to the emergence of another independent set of solutions. Figs. 5 (a) and (b) present amplitude and phase diagrams of these new solutions obtained by MANLAB. Depending on the excitation frequency we can have zero, two or four solutions. More importantly the stability analysis predicts that one part of these solutions is stable and hence physically obtainable. To better understand these new solutions, Fig. 5 (c) shows the superposition of all the solutions and it can be seen that the closed curve of the new solutions corresponds partially to the truncated part of the classical Duffing mode of an independent $y$ resonance. One can distinguish two branches in this new set of solutions. One branch corresponds to the higher part of the planar excitation of the $y$ polarization. However this part
is now unstable. The second branch corresponds to another elliptical oscillation and one part of these solutions is stable. As before, we see in the phase diagram that the relative phase between the polarizations for the new elliptical solutions is locked but this time at the value $\varphi=$ $-\pi / 2$. The inset in Fig. 5 (c) presents a zoom of the solutions in the elliptical zone. We see that the two stable elliptical solutions become very close in amplitude, the new elliptical solution however staying above the other solution. We then have two stable elliptical solutions but rotating in opposite directions.

This phenomenon is analogous to the one observed in the case of the coupling of companion modes in a circular plates ${ }^{12,27}$ or in a string ${ }^{13}$. It can be explained by a pitchfork bifurcation point, for which a single stable branch (associated with the planar solution) becomes unstable and gives birth to two stable (nonplanar) solutions, with the same amplitude but with different phase differences $\pm \pi / 2$. The two stable non planar solutions have opposite directions of motion. More precisely, because $F_{1}$ and $F_{2}$ are both chosen non zero in the simulations, the pitchfork bifurcation is in fact degenerate, so that the computed branches have a slightly different topology: the $+\pi / 2$ branch is connected to the stable planar motion branch, and the $-\pi / 2$ is isolated, with a saddle-node bifurcation in the vicinity ${ }^{28}$.

To better understand the origin of the elliptical transition, we have plotted in Fig. 5 (c) (black dashed lines) the evolution of $\omega_{x, \text { eff }}$ versus the amplitude $R_{y}$ and the backbone curve of the unperturbed $y$ polarization (Eqs. (11) and (12)). We see that the transition occurs when the two effective frequencies are crossing each other. We know that two linear resonators, linearly and symmetrically coupled, lead to anti-crossing phenomena. In our case, the nonlinearly coupled equations lead to a more complex configuration with the apparition of new solutions that correspond to the elliptical movement and the apparition of an isolated set of solutions. For the effective frequencies, the family of the second solution is characterized by the fact that the $\omega_{x, \text { eff }}$ can be higher than the y polarization (see Supplemental Material, Fig. S1).

Now we examine the effects of nonlinear coupling on the higher modes. In this case the nonlinearities actually strengthen and the hard spring behavior, characteristic of the first mode, becomes soft spring. Moreover, for the second mode we have $2 \alpha=13.82$ and $\alpha-2 \beta=-65.4528$ so that one polarization, depending on the relative phase $\varphi$, can increase or decrease the effective frequency of the other polarization. We do not pretend that our analysis exhausts all the possibilities of these nonlinear couplings, however, the main characteristics observed for the first mode also apply to the second mode. Figure 6 presents MANLAB simulations performed on the second mechanical mode with a frequency difference between polarizations of 2 percent. Fig. 6(a) presents the continuation amplitude diagram where we observe again the elliptical transition on the higher polarization. As the second polarization is excited we observe first the planar oscillation


FIG. 6. Characterization of the elliptical transition for the second mode. (a) Frequency response of the polarizations showing soft spring Duffing behavior. Once again for the higher polarization the elliptical regime is observed with hard spring behavior. The dashed lines present the analytical backbone curves for the elliptical regime (Eqs. (14) and 15). (b) New isolated set of solutions corresponding to the elliptical regime. (c) Superposition of the two sets of solutions.
that exhibits soft spring behavior and the curve is bent to the left. As the amplitude increases we reach the transition and the elliptical regime can occur. As the backbone curve of the elliptical movement is always oriented to the right (it depends only on $\alpha$ which is positive and then behave as hard spring) it results in a direction change in the amplitude continuation diagram. These elliptical solutions have been experimentally reported in ${ }^{18}$. Fig. 6 (b) presents the closed family of solutions that consists once again in part of the truncated part of the $y$ polarization that is unstable and of other elliptical solutions. The transition occurs for lower amplitudes as the term $-\alpha+2 \beta=65.48$ for the second mode compared to 1.48
for the first mode. The backbone curves for the elliptical regime (Eqs (14) and (15)) are presented in (a) and are once again in good agrement with simulations.

The case of higher modes is extremely similar to the second mode with a transition appearing for still smaller amplitudes. As well, for higher modes the $\alpha$ terms become negligible compared to the $\beta$ terms and the backbone curves (Eqs (14) and (15)) for the elliptical regime tend to the equation $\omega_{y / x, e}=1+\frac{\mu}{2}+\frac{\alpha}{2} R_{y / x}^{2}$. We didn't seek numerically the existence of the isolated solutions for mode 3 or higher but we see no reasons why they would disappear.

## D. DISCUSSION

Several more aspects of the elliptical transition are worth discussing.

Firstly the analytical treatment was based on the fact that the phase difference, $\varphi$, increases through the first resonance and then begins to decrease in the second until it locks at $\pi / 2$ during the elliptical regime (see Fig. $2(d))$. I.e. the model is based on two well separated polarizations. As a consequence our model is not well suited for very low quality factors or polarizations very close in frequency. The equation that roughly characterizes the frontier of our model has been given above: $\mu>2 / Q$. This means for example that for a $\mu=0.01 \mathrm{we}$ must have $Q>200$, that is our case experimentally. To examine the effects of lower Q values we present in the Fig. 7 a series of simulations with quality factors of $10^{4}$, $2000,500,200,100,50$ and 20 , the same for the two polarizations, the excitation being increased accordingly to keep the same amplitudes ( $Q F=$ constant $)$. The value of $\mathrm{Q}=10000$ corresponds to the parameters used in Fig. 3 ( $\mu=0.01$ ) which serves here as a reference. For $\mathrm{Q}=2000$ the peaks enlarge as expected but no significant change is observed. For $Q=500$ the two resonances begin to merge but the phase locking at $\pi / 2$ is still clearly visible. We note an earlier appearance of the transition since the amplitude increases for lower frequencies. At $Q=200$ the peaks merge even more and the phase locking is not so well pronounced. For $\mathrm{Q}=100$ the phase difference never reaches $\pi / 2$ and finally for very low Q , only one very large peak is observable hiding the two polarizations. Note that for the lowest values of Q , when the two resonance curves merge, if the system is excited at a frequency in the overlap, the observed oscillations would also be elliptical with a major axis of the ellipse that would depend on the relative phase between polarizations. However in this case these ellipses are really trivial and would be observed even without nonlinear coupling terms. These ellipses, obtained for merged resonance curves, have to be clearly differentiated from the elliptical transition observed when the two resonances are well separated.

Secondly, once the elliptical regime is reached, the first mode can be observed for a wide frequency range compared to its linear width. It is interesting to predict the


FIG. 7. Evolution of the elliptical transition as the quality factor decreases. The frequency difference is set to $1 \%$ and the excitation is increased to have $\mathrm{Q}^{*} \mathrm{~F}=$ constant.
end of this elliptical resonance. This aspect is not trivial in the general case but can be reasonably treated in some favorable cases. In the following such a case is examined that corresponds to Fig. 3 ( $\mu=1 \%$ ). Just considering the energy balance, there are two sources of dissipation and two sources of energy injection that depend on the relative phase of the motions with the excitation, the phase difference being locked during the elliptical regime. On the one hand the dissipated power is given by $R_{x}^{2} / 2 Q+R_{y}^{2} / 2 Q$ (we neglect higher harmonic contributions). Remembering that during this regime one has $R_{x}^{2} \simeq R_{y}^{2}-R_{y, c}^{2}$, the dissipated power can be written as $\left(2 R_{y}^{2}-R_{y, c}^{2}\right) / 2 Q$. On the other hand the injected power
can be written $F_{1} R_{x} \sin (-\theta) / 2+F_{2} R_{y} \sin (-\theta-\varphi) / 2$. In our example $Q F_{1}=0.1$ and $Q F_{2}=0.25$ so that $F_{2}>F_{1}$ and for the jump we have $\theta+\varphi \simeq-\pi / 2$ leading to $\theta \simeq-\pi$. So the injected power can be simplified as $F_{2} R_{y} / 2$ and now the energy balance corresponding to the jump is given by $Q F_{2} R_{y}=2 R_{y}^{2}-R_{y, c}^{2}$. For the first mode and a frequency difference of $1 \%$ one has $R_{y, c}=0.164$. As no term is negligible the second order equation has to be solved to obtain the value of the maximum amplitude obtainable, $R_{y, \max }$. Re-injecting this value into Eq. (14) gives the frequency at which the jump occurs. In our case the calculations give a frequency for the jump of 1.01490 and the simulation a value of 1.01486 , evidently in good agrement. However this good quantitative agreement relies on the fact that the chosen parameters matched well with the hypothesis done for our analysis. In the general case such an oversimplified analysis would not give such a precise estimation.

Thirdly, the nonlinear behaviors of our systems are governed by the combination of the terms $\alpha$ and $\beta$ that correspond to nonlinear contributions coming from both potential and kinetic energy. They combine in various and mode-dependent ways and can even have opposing effects. An illustration of the latter is the classical Duffing behavior which is described by the $(3 \alpha-2 \beta)$ terms in Eq. 3. This explains why a hard spring Duffing behavior for the first mode and soft spring for the higher modes are observed. Consequently, it would be interesting to modify $\alpha$ and $\beta$ to change the response of our resonators. This approach has already been proposed and tested in NEMS by ${ }^{29}$ and $^{30}$ for example to improve the dynamic range of nanoresonators but here we are also interested in how these modifications can alter the elliptical regime. Modifying the nonlinear coefficients can be realized for singly clamped nanowires over a limited range by applying a longitudinal tension, as can be done by applying a voltage difference between the nanowire and its environment. This creates a strong electric field at the apex that in turn results in a longitudinal electrostatic force. The rigidity of nanowires is small and thus this electrostatic tension term can be of the same order or even higher allowing to electrostatically tune the resonance frequencies of NNs over a wide range ${ }^{31}$. The contribution of the longitudinal electrostatic force to the potential energy is two fold. First it changes the evolution of the stored energy as the amplitude increases and secondly it modifies the linear shape of the mode. The consequence is that the value of $\alpha$ is now a function of the applied voltage V. For kinetic energy, the mode shape evolution also results in a variation of $\beta$. It is convenient here to define $V_{c}$ as the voltage for which the generated longitudinal force is $T=\frac{E I}{L^{2}}{ }^{24}$. The mechanical effects of an applied voltage V then only depend on the ratio $\mathrm{V} / V_{c}$. In Fig. 8 we present the evolution of $\alpha, \beta, 3 \alpha-2 \beta$ and $-\alpha+2 \beta$ as a function of the applied voltage for the first mode. Interestingly, the $3 \alpha-2 \beta$ term that is positive for low voltages (hard spring behavior), cancels for intermediate voltages and becomes negative (soft spring


FIG. 8. Evolution of the parameters $\alpha, \beta, 3 \alpha-2 \beta$ and $-\alpha+2 \beta$ as a function of the longitudinal tension in the simply clamped configuration.
behavior) for higher voltages. It means first that it is possible to cancel the cubic nonlinear terms and to obtain a linear response over a large amplitude range and secondly that soft spring behavior should be observable for highly strained nanowires. In fact, for very thin nanotubes (single or double wall nanotubes) we effectively only observe soft spring behavior during Field Emission experiments ${ }^{32}$. Concerning the elliptical transition, it remains over the whole voltage range, and even appears for lower critical amplitudes as can be seen by the increasing value of $-\alpha+2 \beta$. Consequently, adding a longitudinal tension to the nanowire can modify the nonlinear response but does not remove the elliptical regime.

Finally, the analysis above shows the existence of an isolated set of solutions that in particular contains stable solutions, a fact explained by a degenerate pitchfork bifurcation, analogous to string vibrations ${ }^{13}$. Figure 5 (c) shows that there can be as many as seven solutions for some frequencies in which three are stable. Note that the third stable solution is in an isolated set and this means that practically this solution can't be obtained by increasing quasi-statically the excitation frequency. Furthermore the fact that these two elliptical solutions are very close in amplitude is insidious. In the four dimensional state space that characterizes the system (we can choose $R_{x}, R_{y}, \theta$ and $\varphi$ as axes) these two stable solutions are very well separated since their projections on the $\varphi$ axis are respectively $+\frac{\pi}{2}$ and $-\frac{\pi}{2}$. Thus to obtain this solution we have to perturb the system enough so as to reach the correct bassin of attraction. This can be done a priori by adding temporarily another excitation such as a voltage pulse. In a macro circular plate, the isolated $-\pi / 2$ solution was experimentally observed after a small mallet hit on the plate, enabling a jump from the $\pi / 2$ solution to the $-\pi / 2$ solution ${ }^{12}$. A more interesting and sophisticated strategy to produce this state is to reach it's bassin of attraction by a controlled and reproducible procedure. Kozinsky et al. ${ }^{33}$, for example, have experimentally characterized the bassin of attraction of a Duff-
ing oscillator. By controlling the amplitude and delay of a preliminary excitation, they controlled their starting point in the phase space and could measure which final solution they obtained. Once characterized, they can obtain the desired solution at will. Another example of such a control is provided by the electromechanical parametron developed by the NTT laboratory ${ }^{34}$. In their system, the mechanical resonator is actuated by a piezoelectric modulation at twice its natural frequency. The resulting parametric resonance is bi-stable and two solutions can be obtained different in phase ( 0 or $\pi$ ). The oscillation can then be made to represent a binary digit by the choice between two stationary phases $\pi$ radians apart. Our system presents several similarities with the parametron as we also have two elliptical solutions that can be very close in amplitude but whose phase difference is separated by $\pi$ radian. Interestingly, Mahboob et al. ${ }^{34}$ have shown they can prepare their system to obtain the desired solution with a yield that can reach $100 \%$. Obtaining one or the other stable elliptical solution should then be possible by a precise preparation of the system.

The rather detailed analysis above is developed for the elliptical regime we observed for singly clamped resonators. Actually, the doubly clamped configuration has been much more investigated than the singly clamped and previous works present the apparition of an elliptical regime ${ }^{14,15}$. It is therefore interesting to compare the two cases and to treat them with the same approach. As previously, we are not interested here in the case where the two resonance curves are merged and for which ellipses are trivial. For example the article of Conley et al. ${ }^{35}$ describing non planar dynamics of suspended nanotubes belongs to this category.

It is well known that for a doubly clamped configuration the nonlinear coupling is realized by the stretching of the resonator during oscillation. Physically, it means that we have cubic nonlinear terms in the potential energy but none in the kinetic energy. Consequently the nonlinear equations describing the doubly clamped configuration are exactly the same as those in Eqs. (1) and (2) with $\beta=0$ and $\alpha$ having a high positive value. Applying the same treatment as earlier one obtains Eqs. (3) and (4) but conserving only the $\alpha$ term. One now observes that the self tuning effect ( $3 \alpha$ ) becomes more important than the effect of the other polarization (the term $2 \alpha+\alpha \cos (2 \varphi)$ vary between $\alpha$ and $3 \alpha$ and is equal to $\alpha$ for $\varphi=\pi / 2)$. It means that if we excite the second polarization, the effective frequency of the lower polarization cannot reach the higher frequency. The elliptical transition is then no longer possible for the second polarization. However if we excite the lower polarization, the effective frequency of the lower polarization will increase more rapidly than the higher one. If the frequency difference between polarizations is not too large the effective frequency of the lower polarization can catch up to the effective frequency of the higher polarization and an elliptical transition can appear. From this analysis it can be concluded that an elliptical regime for the dou-
bly clamped configuration should only be possible for the lower polarization. Fig. 9 (a) presents MANLAB simulations for a doubly clamped configuration with no applied stress and $\mu=1 \%^{36}$. As expected an elliptical transition is observed on the lower polarization but the modifications corresponding to this transition are less evident compared to the singly clamped configuration. To clarify this continuation diagram, parts of this diagram are presented separately in Fig. 9 (b) and (d). These parts would correspond more likely to experimental results depending if one starts a frequency scan at points 1 or 2 indicated in (a).

The situation corresponding to the initial point 1 is presented in Fig. 9 (b) and (c) for respectively the amplitude and phase diagrams. As the frequency is increased we naturally begin to excite the lower polarization and firstly a planar hard spring resonance is observed. Interestingly as the excitation frequency reaches the value of the natural resonant frequency of the second polarization (dashed vertical line in Fig. 9 (b)) its amplitude does not increase as one might expect. The reason is that the effective frequency of the second polarization has been increased by the lower polarization amplitude as can be seen in Fig. 9 (e) where is plotted the effective resonance frequencies of polarizations during the frequency scan (same principle as in Fig. 4). As the frequency and $R_{x}$ still increase the elliptical transition limit is reached (schematically represented by the black vertical line in (b)). As previously the elliptical regime is characterized by a value of $\varphi$ that locks on $\pi / 2$, an abrupt change in the slope of $R_{x}(\omega)$, an increase of $R_{y}$ and the two effective frequencies being very close. As the frequency is still increased, the ellipse enlarges and finally the system jumps out of the resonance. In contrast starting at point 2 , for example by turning on the generator at this frequency, the resonance curve presented in Fig. 9 (d) is obtained. It corresponds to the excitation of the planar hard spring second polarization at the expected value. A high amplitude was used to verify that no transition is observed. In Fig. 9 (e) it can be seen that, as expected, the effective frequency of the lower polarization is increased but can't reach the driving frequency.

As previously the backbone curves corresponding to the elliptical regime can be estimated. This time, the critical amplitude, $R_{x, c}$, for which the transition occurs is given by $R_{x, c}=\sqrt{\frac{4 \mu}{\alpha}}$ and during the elliptical regime $R_{x}^{2} \simeq R_{y}^{2}+R_{x, c}^{2}$. This leads to the backbone curves $\omega_{x, e}=1-\frac{\mu}{2}+\frac{\alpha}{2} R_{x}^{2}$ and $\omega_{y, e}=1+\frac{3 \mu}{2}+\frac{\alpha}{2} R_{y}^{2}$. These backbone curves are plotted in Fig. 9 b) showing a good agrement with the simulations.

Finally, in the simulation presented here no mechanical tension was applied to the nanowire. The application of a mechanical stress only changes the value of $\alpha$ and, consequently, it does not change the principle of the elliptical transition. As well the modeling of the higher modes gives a change of the $\alpha$ values but the elliptical regime remains.


FIG. 9. Simulation of the elliptical transition in a doubly clamped configuration. (a) Total continuation diagram showing the apparition of the elliptical regime on the first polarization. (b) Part of the continuation diagram that would correspond to a frequency scan starting at point 1. (c) Phase diagram associated to the amplitude diagram presented in (b). (d) Second part of the continuation diagram. It would rather correspond to a frequency scan starting at point 2. Only the hard-spring planar Duffing behavior is observed on this polarization. (e) Evolution of the effective frequencies of the polarizations as a function of the excitation frequency.

## E. CONCLUSION

The intriguing elliptical regime comes about naturally from standard coupling intrinsic to a large class of nanometric resonators with two degrees of freedom. In this work we attempt to give a full but comprehensible treatment useful for active researchers in the field of NEMS with an attention to providing simple guidelines to understand measurements and interesting new mechanical responses to explore. Specifically the article contains analytical expressions characterizing the apparition of the transition as a function of the frequency difference between the polarizations and the evolution of the obtained ellipses were given. We showed also the existence of a new
set of solutions for which one branch is stable and could have potential applications. The comparison of nonlinearities between the singly and doubly clamped configurations showed that an elliptical transition appears in both configurations but on different polarizations. The better understanding of this transition can open original perspectives for NEMS applications.

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25 see Supplementary Materials.
${ }^{26}$ For the first mode we have: $\alpha=0.8178, \beta=1.1492$. For the second mode, $\alpha=6.91, \beta=36.18$ and for the third mode, $\alpha=17.36, \beta=249.96$.
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36 Detailed models of non linearly coupled doubly clamped resonators can be found elsewhere ${ }^{35}$. For comparison we simulate here a doubly clamped resonator with no applied stess and having a ratio $L / r=100$. The oscillation amplitudes are normalized by the resonator's length.

