



# Optimized signal processing methods for NMR signal modeling and MRI data analysis for the estimation for relaxation time distributions

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### Outline

- 1. Overview of signal processing problems
  - Inverse problems
  - Resolution approaches
  - Examples
- 2. Relaxation times distribution estimation
  - 1D & 2D relaxation models
  - Optimized reconstruction approach
  - Dedicated computing tool
- 3. Summary









#### 1.1 Inverse problem



#### **\* Linear forward operators**

- (1) Convolution (Image restoration, deblurring)
- <sup>(2)</sup> Projection, Radon transform (*Tomography*)
- ③ Mixing (*Partial volume effect*)
- 4 Laplace transform (*NMR Relaxation*)

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 $\rightarrow$  Otherwise the inverse problem is said *ill-posed* 

#### **III-posedness consequences**

- Noise amplification  $\Rightarrow$  high uncertainty and inaccurate solution
- Non-meaningful solution (e.g. negative values)

 $\rightarrow$  Exploit prior knowledge, add hypotheses or impose constraints on the quantities of interest

#### **Ill-posedness consequences**

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- Non-meaningful solution (e.g. negative values)
  - $\rightarrow$  Exploit prior knowledge, add hypotheses or impose constraints on the quantities of interest

#### **\*** Inverse problem regularization approach

• Compound criterion minimization: 
$$F(x) = Q(y, x) + \beta R(x)$$
  
data fitting penalization

- Main challenges:
  - $\checkmark$  What are the relevant properties of the sought quantities?
  - ✓ How to quantify the data fitting Q(y, x)?
  - ✓ Which criterion R(x) is more appropriate to encode the solution properties?
  - $\checkmark$  How to set  $\beta$ , the weight of the regularization criterion?
  - ✓ Is it possible to find an optimization algorithm having fast convergence speed and low computing cost?

#### 1.2 Signal denoising

$$y_t = x_t + b_t, \quad (\forall t = 1, 2, \dots, T) \Leftrightarrow \boldsymbol{y} = \boldsymbol{x} + \boldsymbol{b},$$

with  $\boldsymbol{x} = [x_1, x_2, \dots, x_T]^{t}$  (same notation for  $\boldsymbol{y}$  and  $\boldsymbol{b}$ ).



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▷ Noise : independent samples distributed according to a Gaussian probability density

$$b_t \sim \mathcal{N}(0, \sigma_b^2) \Longrightarrow p(\boldsymbol{y}|\boldsymbol{x}) = \prod_{t=1}^T \mathcal{N}(y_t - x_t, \sigma_b^2)$$

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1) Maximum likelihood estimation

$$\hat{\boldsymbol{x}} = rg\max_{\boldsymbol{x}} p(\boldsymbol{y}|\boldsymbol{x}) = rg\min_{\boldsymbol{x}} (-\log p(\boldsymbol{y}|\boldsymbol{x}))$$

$$= rgmin_x rac{1}{2\sigma_b^2} \sum_{t=1}^T (y_t - x_t)^2$$
 (Least squares estimation)

▷ Solution:  $\hat{x} = y \implies \triangleleft$  no processing !!  $\triangleleft$  How to describe the sought signal properties?

#### 2) Maximum a posteriori estimation

▷ **Smooth signal:** *k*-th derivative distributed according to a zero-mean Gaussian probability density

$$\frac{d^k x_t}{dt^k} \sim \mathcal{N}(0, \sigma_d^2) \Longrightarrow p(\boldsymbol{x}) = \prod_{t=1}^T \mathcal{N}(\boldsymbol{D}_k x_t, \sigma_b^2)$$

Bayes' theorem:  $p({m x}|{m y}) \propto p({m y}|{m x}) imes p({m x})$ 

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Bayes' theorem:  $p(\boldsymbol{x}|\boldsymbol{y}) \propto p(\boldsymbol{y}|\boldsymbol{x}) \times p(\boldsymbol{x})$  $\triangleright$  Solution: minimization of  $(-\log p(\boldsymbol{x}|\boldsymbol{y})) = \frac{1}{2\sigma_b^2} \sum_{t=1}^T (y_t - x_t)^2 + \frac{1}{2\sigma_d^2} \sum_{t=1}^T (\boldsymbol{D}_k x_t)^2$ 

$$J(\boldsymbol{x}) = \| \boldsymbol{y} - \boldsymbol{x} \|_2^2 + eta \| \boldsymbol{D}_k \boldsymbol{x} \|_2^2 \qquad ext{with } eta = rac{\sigma_b^2}{\sigma_d^2}$$

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$$\Longrightarrow \hat{oldsymbol{x}} = \left[oldsymbol{I} + eta oldsymbol{D}_k^{ ext{t}} oldsymbol{D}_k
ight]^{-1}oldsymbol{y}$$

**Frequency-domain formulation :** 

$$\hat{X}(w) = \frac{1}{1 + \beta w^{2k}} Y(w)$$

 $\sphericalangle Low-pass filter with a band-pass controlled by \beta \\ \sphericalangle Similar shape a Gaussien filter$ 



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#### 1.3 Parametric decomposition/modeling of a signal

$$x_t = \mathcal{M}(t, \boldsymbol{\theta}) = \sum_{k=1}^K \alpha_k f_k(t; \mu_k, \sigma_k),$$

with functions  $f_k$  of known forms (Exponential, Gaussian, Lorentzian, Voigt, etc.).

The parameters  $\boldsymbol{\theta} = [(\alpha_1, \mu_1, \sigma_1), \dots, (\alpha_K, \mu_K, \sigma_K)]^t$  are estimated by minimizing a least squares criterion

$$\hat{oldsymbol{ heta}} = rgmin_{oldsymbol{ heta}} \sum_{t=1}^{I} (y_t - \mathcal{M}(t,oldsymbol{ heta}))^2$$

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$$\hat{\boldsymbol{ heta}} = rgmin_{\boldsymbol{ heta}} \sum_{t=1}^{T} (y_t - \mathcal{M}(t, \boldsymbol{ heta}))^2$$

Iterative descent algorithms (Gauss-Newton, Levenberg-Marquardt) or Monte-Carlo methods are used.



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#### **1.4 Background signal removal**

 $y_t = x_t + p_t + b_t$ 

with  $p_t = a_0 + a_1 t + \ldots + a_n t^n$ , *n*-th order polynomial.



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with  $p_t = a_0 + a_1 t + \ldots + a_n t^n$ , *n*-th order polynomial.



Estimation of the parameters  $a = [a_0, \ldots, a_n]$  of the polynomial by weighted least squares minimization

$$J(a) = \sum_{t=1}^{T} \frac{1}{2\sigma_t^2} (y_t - p_t)^2$$
 such that  $\sigma_t^2$  takes high values for large residuals.

It requires the specification of the values of  $\sigma_t^2$ .

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Alternative approach: robust regression using non-convex cost functions

$$J(\boldsymbol{a}) = \sum_{t=1}^T \psi(y_t - p_t)$$

Example: asymmetric truncated quadratic, adapted for the estimation of spectra [Mazet, 2005].

#### **Illustration**



 $\triangleleft$  Need to specify the polynomial order, the threshold level and the noise variance.

 $\triangleleft$  trial and error test for the selection of these tuning parameters

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### 1.5 Image deconvolution

The optical response of an image acquisition system can introduce a blur that can be represented by a convolution

$$m{y}_{ij} = \sum_{k=0}^{K} \sum_{l=0}^{L} h_{k\ell} \, x_{(i-k,j-\ell)} + b_{ij}$$

 $H_{k\ell}$  are the coefficients of the point spread function (PSF) of the imaging system.



 $\triangleleft$  Iterative optimization required to manage the computation cost and the memory usage

#### **Example:** \*

### 1.6 Signal separation (Mixture analysis)

**③** Partial volume effect due to low spatial image resolution.

observations



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**\*** Partial volume effect due to low spatial image resolution.

observations



Inverse problem: determine the pure signals and their fractions.

#### **Separation approaches:**



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### 2. Relaxation times distribution estimation

### 2.1 Data acquisition principle



- Static field  $B_0 \Rightarrow$  nuclear spin alignment (z axis)
- Short magnetic pulse  $B_1 \Rightarrow$  initial flip angle  $\Phi$
- Relaxation: return to the equilibrium state
  - 1. Longitudinal dynamics (z axis)  $\Rightarrow T_1$  relaxation:  $x_1(\tau) = M_z(\tau)$
  - 2. Transverse dynamics (xy plane)  $\Rightarrow T_2$  relaxation:  $x_2(\tau) = M_{xz}(\tau)$

 $\circledast$  Quantities of interest: values of longitudinal and transverse relaxation times  $T_1$  and  $T_2$ .

- $\checkmark$  Modeling of the relaxation signal decay
- $\checkmark$  Recover the relaxation times distribution from the measured data

#### 1) One-dimensionnal analysis

✓ Measured signal: Laplace transform of relaxation times distribution

$$x_i(\tau_i) = \int k_i(\tau_i, T_i) \, \boldsymbol{S(T_i)} \, dT_i \longrightarrow \boldsymbol{y} = \boldsymbol{Ks} + \boldsymbol{e}$$

with  $k_1(\tau_1) = 1 - \gamma e^{-\tau_1/T_1}$  in  $T_1$  relaxation and  $k_2(\tau_2) = e^{-\tau_2/T_2}$  for  $T_2$  relaxation. The parameter  $\gamma$  is related to the flip angle ( $\gamma = 1 - \cos \Phi$ ).



 $\triangleleft$  Find T1 or T2 distributions  $\implies$  Numerical inversion of a Laplace transform

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#### 2) Two-dimensional analysis [English 1991]

 $\checkmark~$  Apply two successive magnetic pulses with a predefined time spacing  $au_1$ 

$$x(\tau_1, \tau_2) = \int \int k_1(\tau_1, T_1) S(T_1, T_2) k_2(\tau_2, T_2) dT_1 dT_2$$
$$Y = K_1 S K_2^{t} + E \iff u = (K_1 \otimes K_2) s + e$$

$$\mathbf{I} = \mathbf{R}_1 \mathbf{S} \mathbf{R}_2 + \mathbf{L} \iff \mathbf{g} = (\mathbf{R}_1 \otimes \mathbf{R}_2)\mathbf{s} + \mathbf{s}_2$$

✓ Find the joint distribution  $S(T_1, T_2)$  of the relaxation time constants



#### 2.2 Relaxation times estimation ... Problem statement

•  $k_1( au_1, T_1)$  and  $k_2( au_2, T_2)$  depend on the used NMR sequence (CPMG, FID) [Rondeau-Mouro, 2016]

$$k_2(\tau_2, T_2) = \begin{cases} e^{-\tau_2/T_2} & \text{for CPMG} \\ (e^{-\tau_2/T_2} + e^{-\tau_2/T_2^2}) \operatorname{sinc} \left(w \, \frac{\tau_2}{T^2}\right) & \text{for FID} \end{cases}$$

- Large-size problem in the case of a two-dimensional analysis
  - 1.  $m_1 = 50$  repetition time values  $\tau_1$
  - 2.  $m_2 = 5000$  echo time instants  $au_2$
  - 3.  $N_1 = N_2 = 300$  values of  $T_1$  and  $T_2$

 $\triangleleft$  Matrix  $\mathbf{K} := \mathbf{K}_1 \otimes \mathbf{K}_2$  of size  $m_1 m_2 \times N_1 N_2$  contains over  $10^{10}$  elements !!

#### 2.3 Relaxation times estimation ... Regularization framework

**The relaxation times distribution is a solution of** 

$$\min_{\boldsymbol{s} \in \mathbb{R}^{N+}} \left( F(\boldsymbol{s}) = \frac{1}{2} \|\boldsymbol{y} - \boldsymbol{K}\boldsymbol{s}\|_2^2 + \beta R(\boldsymbol{s}) \right)$$

where R(s) is a *convex and differentiable* regularization criterion

- Classical approach [Venkataramanan, 2002]
  - Data compression and Tikhonov regularization
  - Non-negativity constrained least squares
- ▷ Low complexity iterative resolution [Mariette, 1996] [Chouzenoux, 2010]
- ✓ Regularization criterion based on Maximum entropy

$$R(s) = s^{\mathrm{t}} \log s = \sum_{i=1}^{N} s_i \log s_i$$

 $\implies$  ensure non-negativity and sparsity of the distribution

#### ③ Optimized reconstruction algorithm

Solve

$$\min_{\boldsymbol{s} \in \mathbb{R}^{N+}} \left( F(\boldsymbol{s}) = \frac{1}{2} \|\boldsymbol{y} - \boldsymbol{K}\boldsymbol{s}\|_2^2 + \beta R(\boldsymbol{s}) \right)$$

Starting from an initial value  $s_0$  and for each iteration k, repeat steps (1) and (2) until convergence,

- $\triangleright$  (1) Truncated Newton direction
  - Evaluate  $(g_k, H_k)$ , first and second order derivatives of F(s) at  $s_k$ ,
  - Calculate the descent direction  $d_k$ , approximate solution of a linear system  $H_k d = -g_k$
- $\triangleright$  (2) Descent step length
  - Find a step length  $\alpha_k$  ensuring a sufficient decrease of  $\phi(\alpha) = F(s_k + \alpha d_k)$  (dedicated search method)
  - Make the update of the distribution value :  $s_{k+1} = s_k + lpha_k d_k$
- ▷ Implementation issues
  - Solving the linear system  $H_k d = -g_k$  using preconditioned conjugate gradient
  - Avoid the storing of matrix  $m{K}$  in the 2D case by exploiting the factorized form  $m{Y}=m{K}_1m{S}m{K}_2^{ ext{t}}$
  - On the fly tuning of the regularization parameter (Khi-2 test: residuals at the same level as noise)

### 2.4 Relaxation times estimation ... Dedicated tool (Emilio)

#### **® Entropy Maximization for Iterative Laplace Inversion by Optimization**



#### **Main features of Emilio tool**

- 1. Load measurement data file, (T1, T2 and T1-T2 data) including CPMG and/or FID data
- 2. Define the forward model parameters
  - Model on T1 and T2 relaxations
  - Flip angle value
  - FID sequence duration and frequency
- 3. Specify the resolution algorithm parameters
  - Noise variance estimation
  - Automatic setting of the regularization parameter
  - Algorithm stopping criteria
- 4. Exploit the estimated results
  - Calculate and visualize 1D/2D distributions
  - Quantify peak area
  - Export in various file formats





### 2.5 Relaxation times estimation ... Challenges

1) Processing magnitude signals [Jiang, 2017]

- Methods based on least squares assumes Gaussian noise
- Magnitude data follow a Rician distribution

 $p(M|A) = \frac{M}{\sigma^2} e^{-\frac{M^2 + A^2}{2\sigma^2}} I_0\left(\frac{AM}{\sigma^2}\right)$ 

 $\vartriangleleft \ Gaussian \ approximation \ valid \ only \ for \ high \ SNR$ 

✓ Adequate optimization methods for Maximum likelihood estimation

#### 2) Relaxation times from MRI data [El Hajj, 2018]

- Model the partial volume effect
- Account for spatial information
- Handle the large-scale optimization problem



## 3. Summary

- Signal processing methods
  - Need adequate forward models
  - Relevant information related to the sought quantities
- Relaxation times estimation
  - Exponential and/or Gaussian decay curves ... depending on the applied MR sequences
  - Maximum entropy regularization adapted for distribution estimation
  - Handle large-size optimization problems ... dedicated optimization tools
- Challenging issues
  - Accounting for the Rician noise model
  - Applications to MR images