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# RBM3 regulates temperature sensitive miR-142–5p and miR-143 (thermomiRs), which target immune genes and control fever

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## ABSTRACT

Fever is commonly used to diagnose disease and is consistently associated with increased mortality in critically ill patients. However, the molecular controls of elevated body temperature are poorly understood. We discovered that the expression of RNA-binding motif protein 3 (RBM3), known to respond to cold stress and to modulate microRNA (miRNA) expression, was reduced in 30 patients with fever, and in THP-1-derived macrophages maintained at a fever-like temperature (40°C). Notably, RBM3 expression is reduced during fever whether or not infection is demonstrable. Reduced RBM3 expression resulted in increased expression of RBM3-targeted temperature-sensitive miRNAs, we termed thermomiRs. ThermomiRs such as miR-142–5p and miR-143 in turn target endogenous pyrogens including *IL-6*, *IL6ST*, *TLR2*, *PGE2* and *TNF* to complete a negative feedback mechanism, which may be crucial to prevent pathological hyperthermia. Using normal PBMCs that were exogenously exposed to fever-like temperature (40°C), we further demonstrate the trend by which decreased levels of *RBM3* were associated with increased levels of miR-142–5p and miR-143 and *vice versa* over a 24 h time course. Collectively, our results indicate the existence of a negative feedback loop that regulates fever via reduced RBM3 levels

and increased expression of miR-142–5p and miR-143.

## INTRODUCTION

Since antiquity, fever has been used as an indicator for diseases. Fever is defined as a regulated increase in body temperature above normal fluctuations, and is associated with various immune stressors from infectious and non-infectious sources. The increase in body temperature is initiated and regulated by numerous cytokines that act either as pyrogens or antipyretics (1). These constitute a complex circuitry that resets the temperature balance point of the body through a humoral or neural response (2).

There are long-standing arguments for and against treating elevated body temperature depending mainly on the presence of specific acute neurological injuries. Fever is associated with a worse outcome for patients with stroke and neurologic injury (3) and antipyretic treatment is thus recommended in these cases. However letting a fever run its course can be beneficial in sepsis where an elevated temperature in the first 24 h is associated with decreased mortality in severe infections (4).

MicroRNAs (miRNAs) are short RNAs (≈22 nucleotides) that reduce gene expression, usually by binding to the 3' untranslated region (UTR) of target mRNAs. miRNAs guide an RNA-induced silencing complex (RISC) to specific mRNA target sites called miRNA responsive elements (mREs) to trigger translation inhibition and/or mRNA degradation (5). The first eight nucleotides of a miRNA, now called the seed region, may be complementary to motifs that determine their ability to regulate gene

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expression (6). Over 1000 miRNAs have been identified in humans, hundreds of which are associated with major biological processes including cell proliferation and differentiation, development and diseases (7,8). Consequently, miRNAs are arguably one of the most important classes of functional RNAs.

Specific genes and miRNAs associated with the febrile response may impact patient outcomes after infection (9,10). The effects of isolated temperature elevation however have not been examined at a molecular level. Our *in silico* analysis showed decreased levels of mRNA encoding a cold-shock protein, RBM3 in febrile patients that is dependent on the presence of fever but not infection. We also identified differentially expressed mRNAs and miRNAs in THP-1-derived macrophages at normal (37°C) and fever-like temperatures (40°C). As expected, mRNAs encoding RBM3 were the most significantly downregulated at 40°C. Small RNA sequencing and confirmation by quantitative polymerase chain reaction (PCR) assays revealed upregulation of temperature-sensitive miRNAs, we termed thermomiRs, including miR-10a, miR-10b, miR-151-5p, miR-151-3p, miR-125a, miR-98, miR-142-5p and miR-143 in THP-1-derived macrophages at 40°C compared to 37°C. Two thermomiRs, miR-142-5p and miR-143 were significantly increased following RBM3 knockdown in THP-1-derived macrophages; confirming the role of RBM3 in the regulation of these miRNAs at fever-like temperatures. Quantitation of target mRNA levels following knockdown and over-expression of miR-142-5p and miR-143 confirmed their roles in the regulation of pyrogen expression. In peripheral blood mononuclear cells (PBMCs) exposed to 40°C over a time course of 24 h ( $n = 5$ ), we observed a trend whereby RBM3 levels increased when miR-142-5p and miR-143 decreased and *vice versa*. Our data indicate the existence of temperature-sensitive miRNAs, miR-142-5p and miR-143, which are regulated by RBM3 in a negative feedback mechanism established in response to fever.

## MATERIALS AND METHODS

### Cell Lines and primary samples

Human THP-1 cells were maintained in RPMI media supplemented with 10% (v/v) FCS, 0.05 mM 2-mercaptoethanol, 0.1 mg/ml penicillin/streptomycin and 2 mM L-glutamine. Differentiation of THP-1 into macrophages was performed as previously described (11). Briefly, cells were plated at a density of  $1.5 \times 10^7$  cells per 75 cm<sup>2</sup> culture flask containing supplemented RPMI with 100 ng/ml phorbol-12-myristate 13-acetate (PMA) and 50 μM 2-mercaptoethanol for 48 h. Undifferentiated cells that did not exhibit plastic-adherence were removed. Differentiated THP-1 cells, which adhered to tissue culture flasks, were then maintained at normal (37°C) or fever-like (40°C) temperatures for up to 24 h. Cells maintained at 40°C were harvested at 2, 8 and 24 h for subsequent small RNA and transcriptomic analyses. Human K562 cells were maintained in RPMI 1640 supplemented with 10% (v/v) FCS and antibiotics.

With ethics approval from the Human Research Ethics Committee of the Royal Prince Alfred Hospital (HREC/08/RPAH/222) and informed consent, whole

blood samples were obtained from five healthy individuals (N1, N2, N3, N4 and N5). PBMCs were isolated using PolymorphPrep (Axis-Shield) according to the manufacturer's instructions, and maintained in supplemented RPMI media (used for THP-1) at fever-like (40°C) temperatures for 0, 2, 8, 16 and 24 h followed by RNA extraction and RT-qPCR analyses.

### Flow cytometry analysis

Flow cytometry analysis to confirm the differentiation of THP-1 into macrophages was performed with anti-CD11b and -CD44 staining. Cell viability following exposure to 40°C was determined by measuring the percentages of necrotic and apoptotic cells stained with propidium iodide (PI) and Annexin V. All analysis was performed in triplicate on an LSR Fortessa (BD Biosciences).

### Trypan blue staining and caspase activity assay

Differentiated THP-1 cells were stained with 0.4% (w/v) trypan blue and counted under the microscope to assess viability (250 - 300 cells for each culture condition). Caspase activity assay was performed using the Caspase-Glo<sup>®</sup>3/7 Kit (Promega) according to the manufacturer's instructions. Positive control THP-1 cells were irradiated in a UV Stratalinker 2400 (Stratagene) with a 400 000 μJ UVC dosage and incubated in fresh media for 16 h.

### RNA extraction, RT-qPCR and miRNA detection assays

RNA extraction was performed using Trizol (Invitrogen) according to the manufacturer's instructions. RT-qPCR was performed on cDNA generated from 1 μg DNaseI-treated total RNA using SuperScript<sup>®</sup> III First-Strand Synthesis System (Invitrogen), according to the manufacturers' instructions. RT-qPCR reactions were prepared in 20 μl volumes containing  $1 \times$  IQ SyberGreen supermix and 0.3 μM of the respective forward and reverse primers. Samples were amplified and analysed using the CFX96<sup>(TM)</sup> Real Time PCR Machine (Bio-Rad).

The expression of known miRNAs was measured using TaqMan<sup>®</sup> MiRNA assays (Applied Biosystems) according to the manufacturer's instructions. Normalisation for cDNA input was performed using a stably expressed reference snoRNA, RNU24.

### Sequencing and Bioinformatics analysis

Small RNA libraries were prepared from 5 μg of RNA using the Small RNA Sample Preparation Alternative v1.5 Protocol (Illumina) according to the manufacturers' instructions and sequenced at Geneworks (Adelaide) using an Illumina GAIIX platform. Reads were aligned with Bowtie2 (12) on hg19 and miRNA expression was quantified using SeqMonk (<http://www.bioinformatics.babraham.ac.uk/projects/seqmonk/>) with a loess normalisation. Novel miRNAs were investigated using a sliding window of 20 bp across the aligned reads on the genome. Contigs of length between 17 and 25 bp with a coverage of at least 10 reads were then evaluated by a support vector machine for characteristics of a miRNA hairpin (13).

## Western blot

Total protein lysates were loaded onto precast SDS-PAGE gels (Invitrogen) and subjected to electrophoresis before being transferred onto PVDF membranes. Membranes were blocked with 5% (w/v) BSA in TBS for 2 h at room temperature and incubated overnight with a mouse monoclonal anti-RBM3 antibody (1:5000; Atlas Antibodies) or a rabbit polyclonal anti-actin antibody (1:5000; Sigma). Following washes, membranes were incubated with HRP-conjugated secondary anti-mouse or anti-rabbit antibody (1:5000; Chemicon), and exposed using enhanced chemiluminescence reagents (Pierce) on a Kodak Imager (Kodak). Bands were quantified using ImageJ.

## Knockdown of RBM3

Knockdown of RBM3 in differentiated THP-1 cells was performed by transfecting small interfering RNAs (siRNAs) into cells using nucleofection (11). A total of three siRNAs against *RBM3* (s118 #58, #59 and #60; Applied Biosystems) and a negative control siRNA (Applied Biosystems) were used.

## nCounter miRNA quantification

Total RNA (100 ng each) was analysed using the nCounter Human miRNA Expression Assay Kit Version 2.0 (NanoString Technologies) according to the manufacturers' instructions. Data were analysed using the nSolver software, with normalisation performed using the top 100 highly expressed miRNAs.

## Nucleofection of cells with anti-miRNA and mimic

THP-1 cells were differentiated into macrophages at 40°C, harvested and nucleofected with the custom designed 2'-O-methylated miRIDIAN miRNA Hairpin Inhibitor (Dharmacon) directed against hsa-miR-142-5p, hsa-miR-143-3p or non-human miRNA control. These inhibitors do not necessarily direct degradation of miRNAs but would induce loss-of-function as previously published (14). Cells were co-transfected with pmaxGFP vector and GFP-expressing cells were purified 24 h post nucleofection using fluorescence-activated cell sorting on the Influx™ Cell Sorter (BD Biosciences). Nucleofection of miR-142 and miR-143 mimics (Dharmacon) and the miRIDIAN microRNA Mimic Negative Control #1 (Dharmacon) was performed using the same protocol. 300nM of miRNA inhibitor or mimic was used in each nucleofection reaction.

## Analysis of gene expression in febrile patients and controls

Data from GSE40396 were normalised using the cyclic lowess algorithm (15) from the Affymetrix package in R (3 cycles). Pseudogenes and predicted genes were removed based on Gencode annotation (<http://www.encodegenes.org>) before analysis of differential gene expression using GENE-E (Broad Institute). Individual patients were labelled for infection (presence/type or absence) and fever (presence or absence). A heat map for the top 100 genes (50 increased and 50 decreased; signal to noise) was determined

using Marker Selection for patient samples with fever versus no fever.

## Gene expression array

Differential expression of mRNAs was assessed using the GeneChip® Prime View™ Human Gene Expression Array (Affymetrix) at the Ramaciotti Centre for Genomics (Sydney) according to the manufacturer's instructions. The arrays were normalised using the justRMA suite of algorithms from Bioconductor (<http://www.bioconductor.org>) and analysed as previously described (16). Raw data were deposited in the Gene Expression Omnibus database (accession number GSE69343). Gene function enrichment was performed using the DAVID functional enrichment webtool (17). PrimeView gene set was used as background.

## Statistics

The significance of fold-change in mRNA and miRNA expression between treatment and control cases were determined using two-tailed Student's *t*-test. Values are shown as mean ± SEM. Analyses were performed using GraphPad Prism v.6 (La Jolla, CA, USA). Results were considered significant when *P*-value < 0.05.

## RESULTS

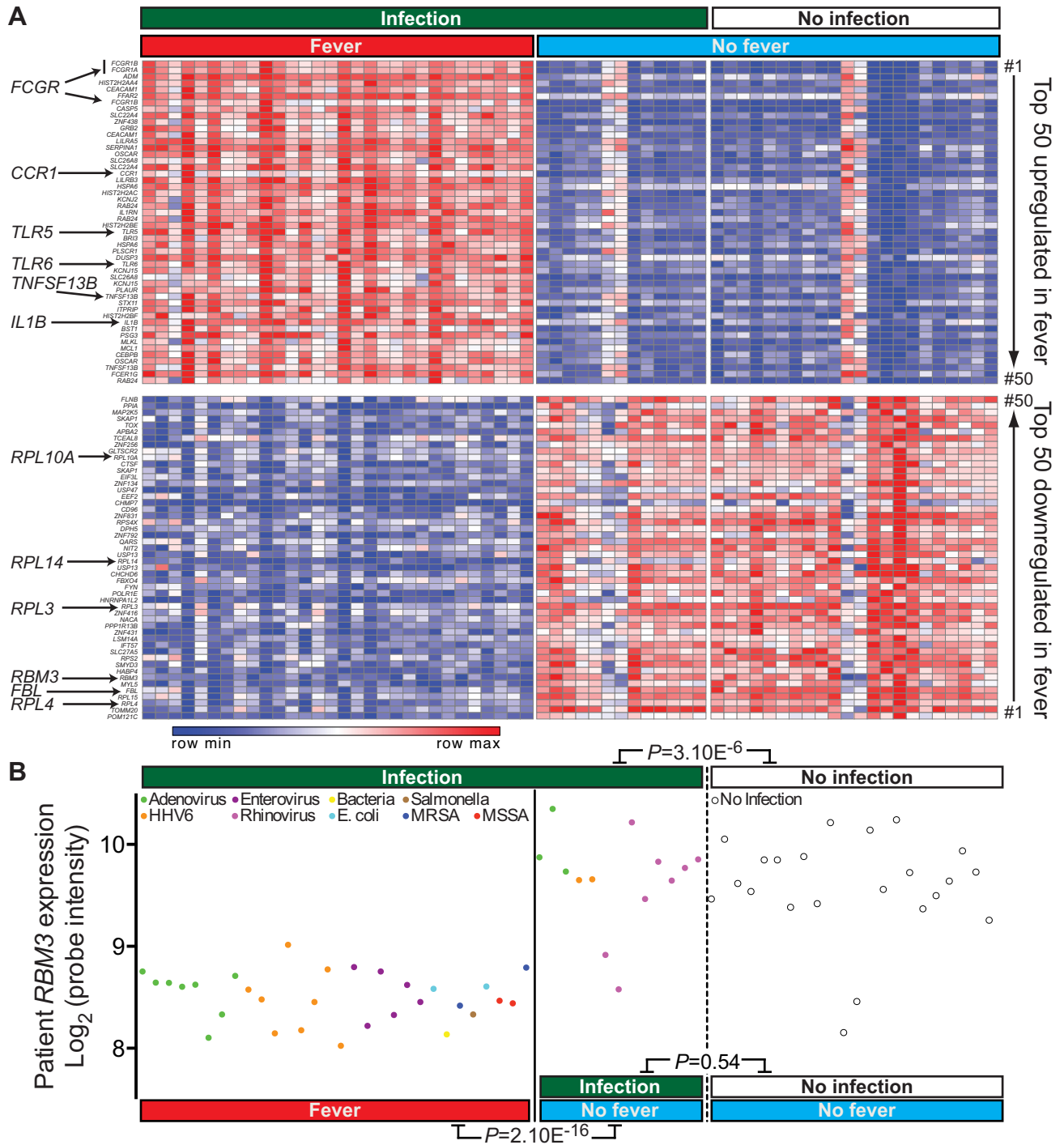
### Reduced *RBM3* expression is dependent on the presence of fever but not infection

To determine fever-related gene expression changes, we re-analysed whole genome microarray data performed on whole blood from 30 febrile and 35 non-febrile children, classified on the basis of infection by diverse viruses and bacteria (18). As expected, transcripts encoding immune and inflammatory response genes including *FCGR1* family members (19), *CCR1* (20), *TLR5* (21), *TLR6* (22), *TNFSF13B* (23) and *IL1B* (24) were highly enriched amongst the top 50 upregulated transcripts (Figure 1A). Many mRNA processing and ribosomal protein synthesis related genes were downregulated, including *FBL*, *RPL3*, *RPL4*, *RPL10A* and *RPL14* (Figure 1A), consistent with the widespread inhibition of RNA processing and ribosomal protein synthesis following heat-shock (25–27). Amongst the most downregulated genes was *RBM3* (signal-to-noise; 2.2-fold, Figure 1A), which encodes a cold-shock protein known to be induced under conditions of mild hypothermia and also to alter miRNA levels by binding to the precursor transcript (28,29). We determined whether *RBM3* expression was more relevant to fever or infections in patients (Figure 1B). *RBM3* levels were significantly lower in the presence of fever regardless of the type of infection (*P* = 2.1E-16). We found no significant difference in *RBM3* levels between patients with infection but no fever and patients with no infection (*P* = 0.54, *t*-test). Thus, the presence of fever, not infection, determined lower *RBM3* levels.

### Fever-like temperature alters the expression of diverse genes including *RBM3*

In order to further understand the role of RBM3 during fever, we performed *in vitro* studies using THP-1-

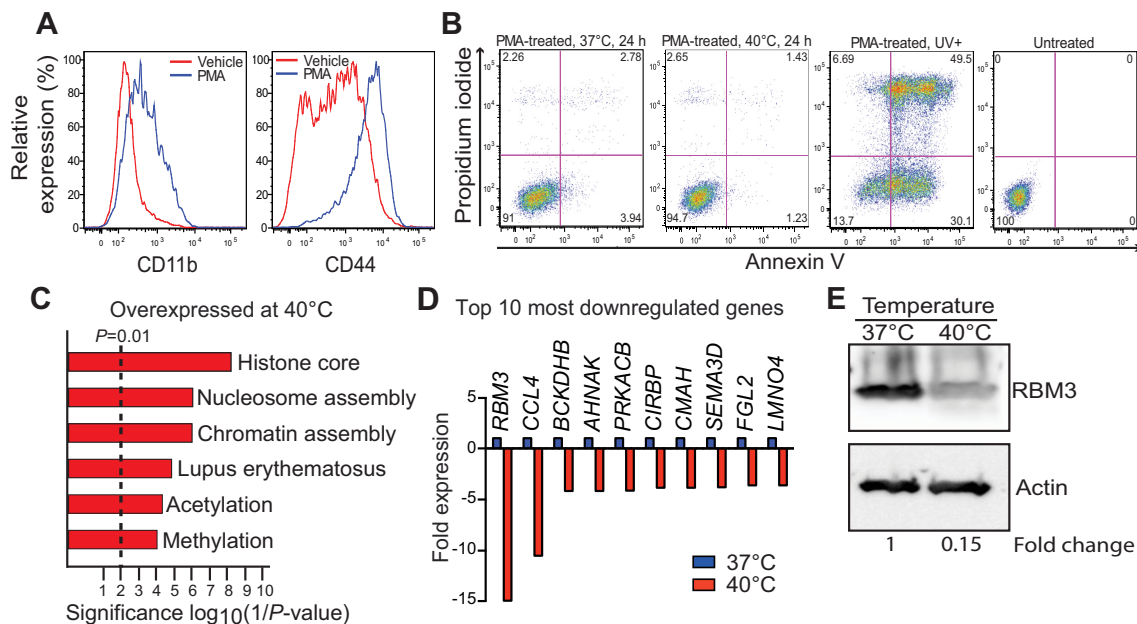




**Figure 1.** Differential gene expression in febrile and non-febrile patients. (A) Heatmap showing top 50 most upregulated (red) and downregulated (blue) genes in 30 febrile patients compared to 35 non-febrile controls. (B) Re-analysis of *RBM3* expression from Hu *et al.*, 2013 (18) in 30 febrile and 35 non-febrile patients.

derived macrophages; a model used extensively for studying the immune response (30). Following 48 h exposure to PMA, THP-1 cells exhibited plastic-adherence and expressed higher levels of CD11b and CD44 compared to untreated cells, confirming macrophage differentiation (Figure 2A). THP-1-derived macrophages were exposed to fever-like temperature (40°C) *in vitro*. In order to confirm

that these cells were viable at the elevated temperature, and therefore appropriate for transcriptome and miRNAome analyses, Annexin V/propidium iodide (PI) staining (Figure 2B), trypan blue staining (Supplementary Figure S1A) and caspase activity assays (Supplementary Figure S1B) were performed. All three approaches demonstrated that exposure of THP-1-derived macrophages to 40°C for up



**Figure 2.** Expression of the cold-shock protein RBM3 is altered between 37°C and 40°C in THP-1-derived macrophages. (A) Confirmation of THP-1 differentiation into macrophages as shown by increased expression of CD11b and CD44 using flow cytometry. (B) Viability of THP-1 cells incubated at 40°C compared to controls (37°C) as measured by flow cytometry following Annexin V and propidium iodide (PI) staining. Ultraviolet-exposed cells (UV+) were used as positive control. (C) Gene function enrichment of genes overexpressed at 40°C. (D) Top ten most downregulated genes at 40°C. (E) Western blot for RBM3 expression following incubation at 37°C and 40°C with actin used as the loading control. PMA, phorbol-12-myristate 13-acetate.

to 24 h did not result in significant cell death compared to cells maintained at 37°C (Figure 2B, Supplementary Figure S1A,B). Viability of >90% was maintained at 40°C (Figure 2B and Supplementary Figure S1A).

Using whole genome expression array, we found 309 protein-coding genes that changed significantly ( $P < 0.01$ ; fold-change  $> 2$ ) between 37°C and 40°C in THP-1-derived macrophages (Supplementary Table S1). Of these, 132 genes had increased expression at 40°C and 177 had reduced expression. Upregulated genes were enriched in histone, nucleosome and acetylation functions (Figure 2C). This enrichment was anticipated by recent reports that an increase in expression of acetylation genes such as HDAC and histones are vital to the immune response (31). Downregulated genes were not significantly enriched in any category ( $P < 1.0E-3$ ). *RBM3* showed the highest reduction at 40°C ( $\approx 15$ -fold decrease), consistent with our observation in febrile patients (Figure 2D). While *RBM3* levels have never been investigated in hyperthermia, our model of fever demonstrated that *RBM3* mRNA levels were the most destabilised with a concomitant  $\approx 6$ -fold decrease in *RBM3* protein levels (Figure 2E). Because our focus is the temperature component of fever and *RBM3* is a temperature-sensitive protein known to regulate miRNA levels (28,29), we further investigated the link between *RBM3* and miRNA regulation in our model.

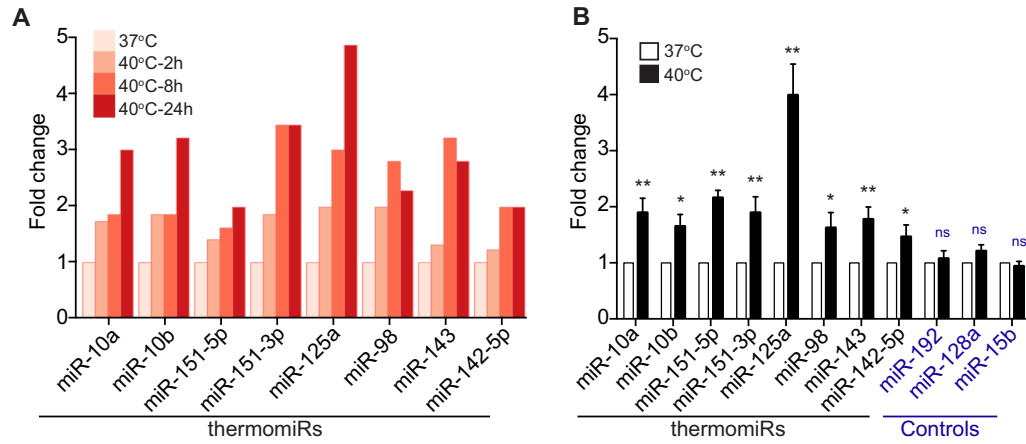
#### Fever-like temperatures alter the expression of miRNAs in THP-1-derived macrophages

We performed small RNA sequencing on THP-1-derived macrophages at 37°C and on cells incubated at 40°C for 2, 8 and 24 h. No miRNA showed significantly lower expression

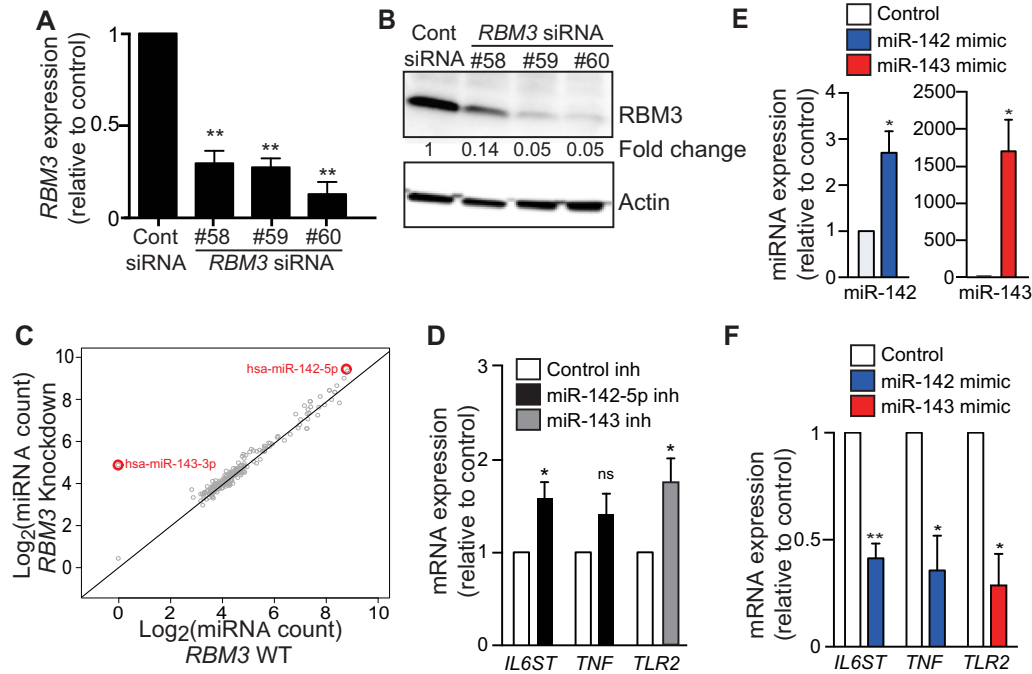
after incubation at 40°C. Eight miRNAs exhibited a significantly higher expression after 24 h of incubation at 40°C ( $P < 0.05$ ; fold-change  $> 2$ ; Figure 3A), which we called thermomiRs. Importantly thermomiRs showed a consistent increase in expression starting at 2 h. This increase in expression after 24 h was validated using RT-qPCR on all eight miRNAs and three control miRNAs that did not show any change in the sequencing data (Figure 3B). Many of these miRNAs are known to have roles in the immune response. For example, miR-10a is a key mediator of regulatory T cell differentiation (32), miR-125a controls the inflammatory response in macrophages (33) and in autoimmune disease (34), miR-98 regulates Fas-ligand apoptosis that plays a crucial role in multiple immune functions, miR-142-5p mediates T cell activation (35) and miR-143 regulates Toll-like receptors (36).

#### RBM3 regulates expression of miR-142-5p and 143

As *RBM3* controls miRNA expression through an RNA-binding motif, we examined the effects of reducing *RBM3* levels on miRNAs in THP-1-derived macrophages using three different siRNAs (37). RT-qPCR and Western blot analyses confirmed reduced *RBM3* expression in cells transfected with each of these three siRNAs by  $\approx 3$ –20-fold (Figure 4A,B). Using the NanoString nCounter analysis, we found 40 miRNAs for which the expression increased consistently for all three *RBM3* knockdowns (Supplementary Table S2). Only one miRNA, miR-221 showed a decrease after *RBM3* knockdown. Of the 40 miRNAs affected by *RBM3* knockdown, miR-142-5p and miR-143 were outliers in terms of change in expression (Figure 4C). miR-143 was only detectable after *RBM3* knockdown. miR-142-



**Figure 3.** ThermomiR expression increases at 40°C in THP-1-derived macrophages. (A) Expression of temperature-sensitive miRNAs (thermomiRs) measured by small RNA sequencing at 37°C and after 2, 8 and 24 h of incubation at 40°C. (B) Expression of thermomiRs and controls measured by RT-qPCR after incubation for 24 h. Data are from three independent experiments each in triplicate and show mean ± SEM. Two-tailed Student’s *t*-test was used to determine significance, denoted by \* ( $P < 0.05$ ) and \*\* ( $P < 0.001$ ). ns, not significant.

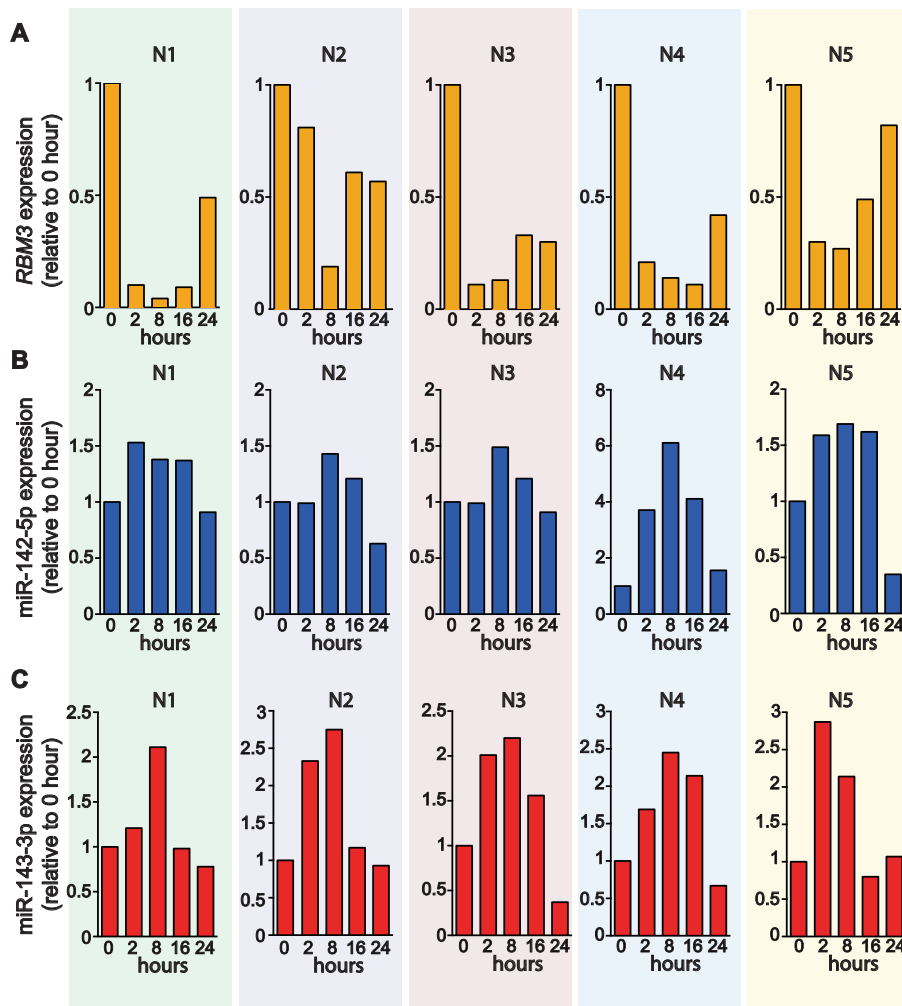


**Figure 4.** RBM3 siRNA knockdown increases the expression of thermomiRs. (A) Expression of *RBM3* mRNA by RT-qPCR, and (B) *RBM3* protein levels by Western blot in THP-1-derived macrophages nucleofected with negative control siRNA and each of the three siRNAs against *RBM3*: #58, #59 and #60. (C) Average counts of individual miRNAs from the three *RBM3* knockdown experiments as measured using NanoString nCounter. Two miRNAs miR-142 and miR-143 showed the greatest change in expression. (D) Expression of pyrogens in THP-1-derived macrophages: *IL6ST*, *TNF* and *TLR2* following inhibition of miR-142-5p and miR-143 (relative to control inhibitor). (E) Expression of miR-142 and miR-143 in THP-1-derived macrophage at 24 h after nucleofection with respective miRNA mimics (relative to control). (F) Expression of *IL6ST*, *TNF* and *TLR2* in THP-1-derived macrophage at 24 h following nucleofection of miR-142 and miR-143 mimic (relative to control). Data are from three independent experiments each in triplicate and show mean ± SEM. Two-tailed Student’s *t*-test was used to determine significance, denoted by \* ( $P < 0.05$ ) and \*\* ( $P < 0.001$ ). inh, inhibitor; ns, not significant.

5p was most highly expressed amongst miRNAs with increased expression after *RBM3* knockdown. Notably, these miRNAs were also amongst those that increased in expression following elevated temperature treatments (Figure 3A,B). These miRNAs may be two key modulators of pyrogens during a feedback loop that involves elevated temperature and reduced *RBM3* levels.

**ThermomiRs miR-142-5p and miR-143 target important immune genes and genes in the fever-response pathway**

miR-143 is involved in the regulation of multiple pyrogens including *TLR2* (36), *PGE2* (38) and *IL-6* (39), as is miR-142 (40). We inhibited miR-142-5p and miR-143 in THP-1 cells using antagomir oligonucleotides and measured the expression of six pyrogens: *IL6ST*, *IFNA1*, *TNF*, *TLR2*, *IL6*



**Figure 5.** Temporal changes of *RBM3*, miR-142-5p and miR-143 expression in PBMCs exposed to 40°C over a 24 h time course. (A) Expression of *RBM3* mRNA in PBMCs by RT-qPCR ( $n = 5$ ). (B) Expression of miR-142-5p and (C) miR-143 in PBMCs by Taqman miRNA assays ( $n = 5$ ). Fold change was measured relative to 0 h. N1–N5 denote five healthy individuals recruited for this experiment.

and *PGE2* by RT-qPCR (Figure 4D). Of these, three targets *IL6*, *IFNA1* and *PGE2*, were expressed at levels below the detection limit of RT-qPCR pre- and post-knockdown of either miRNA. We confirmed that miR-142-5p and miR-143 regulated the expression of *IL6ST* ( $P = 0.0279$ ) and *TLR2* ( $P = 0.0476$ ) respectively (Figure 4D). Although inhibition of miR-142-5p resulted in the increased expression of *TNF* by 1.4-fold, this did not reach statistical significance ( $P = 0.1304$ ). Increased expression of miR-142 and miR-143 via nucleofection with miRNA mimics (Figure 4E) resulted in significantly reduced expression of *IL6ST*, *TNF* and *TLR2* (Figure 4F), confirming that these pyrogens are regulated by miR-142 or miR-143. Our data in addition to the previously described validated targets of miR-142 and miR-143 show that these miRNAs regulate major pyrogens (41).

#### ***RBM3* levels decreased with increased miR-142-5p and miR-143 levels and *vice versa* in primary human PBMCs**

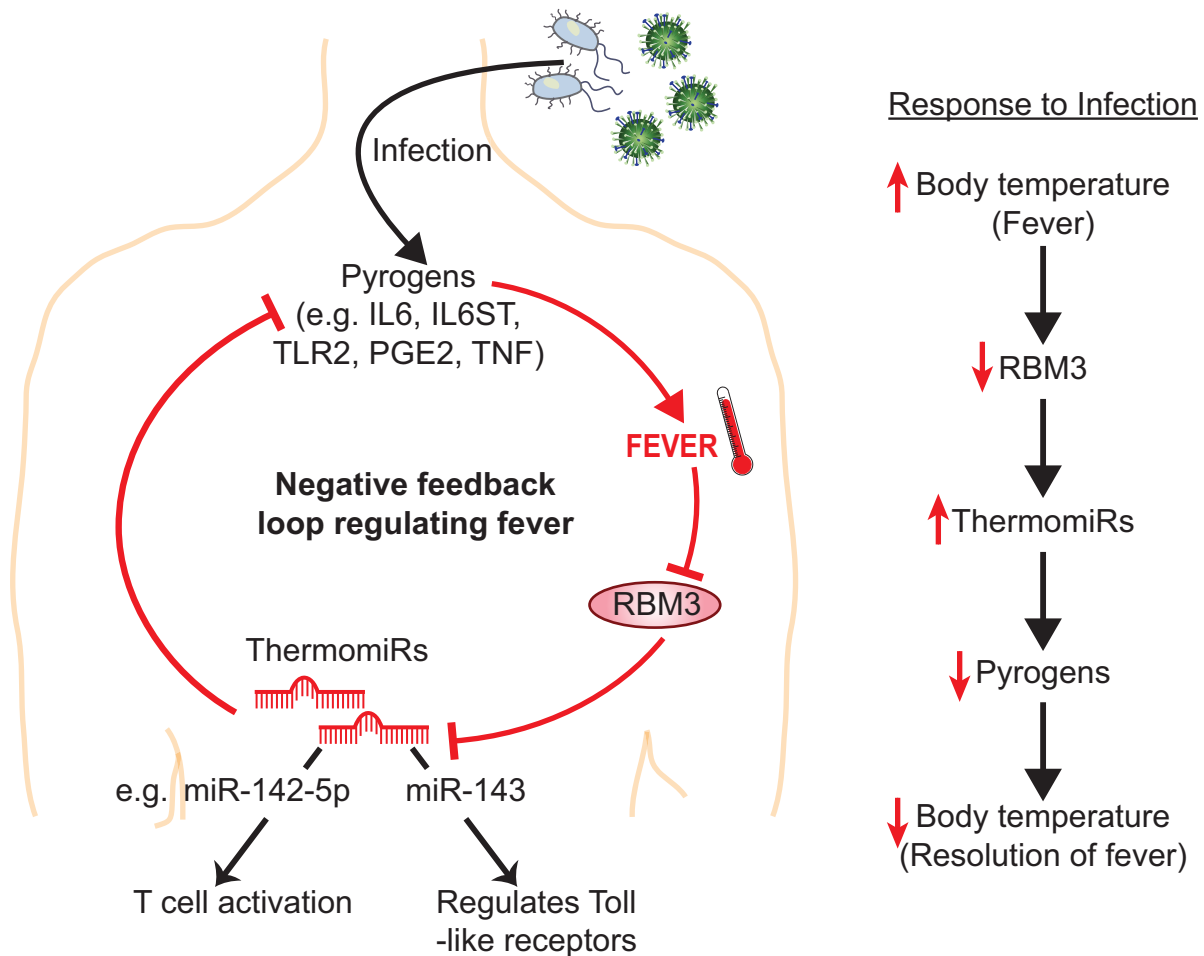
In order to confirm the association between *RBM3*, miR-142-5p and miR-143 in primary cells, we measured their expression in PBMCs from healthy individuals ( $n = 5$ ) sub-

jected to 40°C over a 24 h time course. Exogenous exposure of PBMCs to 40°C resulted in decreasing *RBM3* expression starting from 2 up to 8 h before the levels increased at 16–24 h (Figure 5A). In contrast, the levels of miR-142-5p and miR-143 increased and predominantly peaked at 8 h before dropping again at 16–24 h (Figure 5B and C). This trend of increasing *RBM3* expression in conjunction with decreasing miR-142-5p and 143 levels, and *vice versa*, supports a feedback mechanism involving *RBM3* and these miRNAs in response to increased temperature.

#### **DISCUSSION**

During infection, lizards will move to a warmer environment. Preventing them from doing so can result in a mortality rate of up to 70% (42). This simple experiment demonstrates that fever is a crucial part of the response to infection. Indeed, fever is an adaptive mechanism that evolved over 200 million years ago. All vertebrates elevate their body temperature in response to infection and fever confers a survival advantage to all vertebrates studied. Curing paralysis caused by syphilis by inducing fever from malaria infection





**Figure 6.** Proposed negative feedback mechanism regulating body temperature when fever occurs. Triggering an immune response (e.g. via infection), increases the expression of endogenous pyrogens, leading to fever. Fever will result in decreased expression of RBM3, which in turn leads to increased expression of thermomiRs normally targeted by RBM3, thereby fine-tuning expression of endogenous pyrogens. The thermomiRs themselves play integral roles in coordinating the response to fever and infection. This negative feedback loop attenuates excessive increases in body temperature.

was the subject of the 1927 Nobel prize in medicine. Despite a growing body of evidence pointing towards a beneficial effect of fever on patient outcome, antipyretic drugs are still commonly used to treat fever at home and in the intensive care unit (ICU) and no study has investigated the molecular consequences of fever at a cellular level.

Our findings define a novel role for RBM3 as a gauge and potential mediator of pyrexia with crucial downstream functions effected via miRNAs. miRNAs have previously been implicated in diverse homeostatic and metabolic pathways (43) and more recently have been used to predict outcome in critically ill patients and sepsis (44). In our model, temperature-sensitive miR-142-5p and miR-143 were shown to be key regulators of pyrexia. When RBM3 levels decrease, the expression of these ‘thermomiRs’ increases dramatically. In turn these ‘thermomiRs’ target the pyrogens that cause the increase in body temperature. We present here a negative feedback loop to regulate body temperature that involves reduced expression of RBM3 and increased expression of ‘thermomiRs’ to fine-tune levels of pyrogens (Figure 6). Our microarray data demonstrate lack of changes in pyrogen expression in THP-1-differentiated

macrophages following 40°C exposure (Supplementary Table S1). In contrast, knockdown of miR-142-5p or 143 in the absence of elevated temperature exposure resulted in a significant increase in the expression of two pyrogens (Figure 4D). These results support our model that miR142 and miR-143 counteract the natural increase of pyrogens following increased temperature.

Consistent with this model, we demonstrate in primary PBMCs exposed to fever-like temperature that RBM3 levels anti-correlate with miR-142-5p and miR-143 levels, potentially in order to maintain homeostasis during unfavourable temperature conditions. This mechanism may be crucial to prevent an excessive increase in body temperature and related molecular response leading to pathological hyperthermia.

Our data suggest that most temperature-sensitive miRNAs are not regulated by RBM3 (Figure 4C). These miRNAs may respond directly to temperature changes or may be regulated by other heat responsive protein(s). These proteins may include the cold inducible RNA binding protein, CIRBP, that was also downregulated following exposure of THP-1-differentiated macrophages to 40°C (Supple-

mentary Table S1). Future work is required to determine whether downregulation of this protein regulates the expression of one or more thermomiRs. Notably, CIRBP and RBM3 are regulated by body temperature changes associated with the circadian rhythm (45). It would be interesting to determine if miRNA expression that changes during this process (46) is also regulated by CIRBP and RBM3.

Given the importance of the targets of thermomiRs that respond to changes in temperature, this study provides novel insight into the mechanisms that mediate fever. From the use of over the counter antipyretics to targeted temperature management used in the ICU for cardiac arrest or elevated intracerebral pressure (47), medical control of body temperature is common and can be critical to a patient's outcome. Here we demonstrate that a small change in temperature between 37°C and 40°C has a major effect on miRNAs and on their target gene expression. Given that these miRNAs and their targets are crucial to the control of pyrexia and to the immune response in general, it is essential to understand how these molecular changes mediate different types of insult. Our results are directly relevant to the clinical context given recent evidence that increased levels of *IL-6*, *IL6ST* (48), *TLR2* (49), *PGE2* (50) and *TNF* (51), each of which is regulated by miR-142-5p or miR-143, are associated with a poor outcome in patients with severe sepsis.

## SUPPLEMENTARY DATA

Supplementary Data are available at NAR Online.

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