



Observation of the Bogoliubov Dispersion in a Fluid of Light

Q. Fontaine, T. Bienaimé, S. Pigeon, E. Giacobino, A. Bramati, Q. Glorieux

► To cite this version:

Q. Fontaine, T. Bienaimé, S. Pigeon, E. Giacobino, A. Bramati, et al.. Observation of the Bogoliubov Dispersion in a Fluid of Light. *Physical Review Letters*, 2018, 121 (18), pp.183604. hal-01940932

HAL Id: hal-01940932

<https://hal.science/hal-01940932>

Submitted on 30 Nov 2018

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

Observation of the Bogoliubov dispersion relation in a fluid of light

Q. Fontaine,¹ T. Bienaimé,¹ S. Pigeon,¹ E. Giacobino,¹ A. Bramati,¹ and Q. Glorieux^{1,*}

¹*Laboratoire Kastler Brossel, Sorbonne Université, CNRS,
ENS-PSL Research University, Collège de France, Paris 75005, France*

(Dated: November 30, 2018)

Quantum fluids of light are photonic counterpart to atomic Bose gases and are attracting increasing interest for probing many-body physics quantum phenomena such as superfluidity. Two different configurations are commonly used: the confined geometry where a nonlinear material is fixed inside an optical cavity, and the propagating geometry where the propagation direction plays the role of an effective time for the system. The observation of the dispersion relation for elementary excitations in a photon fluid has proved to be a difficult task in both configurations with few experimental realizations. Here, we propose and implement a general method for measuring the excitations spectrum in a fluid of light, based on a group velocity measurement. We observe a Bogoliubov-like dispersion with a speed of sound scaling as the square root of the fluid density. This study demonstrates that a nonlinear system based on an atomic vapor pumped near resonance is a versatile and highly tunable platform to study quantum fluids of light.

Superfluidity is one of the most striking manifestation of quantum many-body physics. Initially observed in liquid Helium [1, 2], the realization of atomic Bose-Einstein condensates (BEC) has allowed detailed investigations of this macroscopic quantum phenomenon exploiting the precise control over the system parameters. Recently, another kind of quantum fluid made of interacting photons in a nonlinear cavity has brought new perspectives to the study of superfluidity in driven-dissipative systems, with many fascinating developments [3] such as the observation of polariton BEC [4, 5] and the demonstration of exciton-polariton superfluidity [6, 7]. A different photon fluid configuration, initially proposed by Pomeau and Rica twenty years ago [8] but long ignored experimentally, relies on the propagation of a intense laser beam through some nonlinear medium. In this 2D+1 geometry (2 transverse spatial dimensions and 1 propagation dimension analogous to an effective time), the negative third-order Kerr nonlinearity is interpreted as a photon-photon repulsive interaction. Few theoretical works addressing mostly hydrodynamic effects using this geometry have been recently proposed [9, 10] and investigated in photorefractive crystals [11], thermo-optic media [12, 13] and hot atomic vapors [14].

The theoretical framework used to describe quantum fluids of light relies on the analogy with weakly interacting Bose gases and has originally been derived by Bogoliubov [15, 16]. A fundamental property of the Bogoliubov dispersion relation is the linear dependence in the excitation wavevector at long wavelengths (sound-like) and the quadratic dependence at short wavelengths (free-particle like). Although this dispersion has been well characterized in atomic BEC experiments [17–20], a direct measurement of this dispersion in a fluid of light remains elusive [12, 21]. In this letter, we propose a general method to experimentally access the dispersion of elementary density excitations of a photon fluid. We show that the dynamics of these excitations is governed by a Bogoliubov-like dispersion and that our experimental platform, based on light propagation in hot atomic vapor, is promising to study hydrodynamic effects emerging in fluid of light systems. Our experiment settles the question originally asked by R.

Chiao two decades ago [22]: can one observe sound-like excitations and superfluidity of light ?

Even if photons in free space are essentially non-interacting particles, engineering an effective photon-photon interactions is possible by exploiting an optical nonlinear process. In our experiment, the third-order Kerr nonlinearity is induced by the propagation of a near-resonant laser field inside a hot Rubidium atomic vapor. The sign and the strength of the interactions can be finely tuned by adjusting the laser detuning with respect to the atomic resonance. The vapor temperature, controlling the atomic density, provides an additional control over the strength of the interactions. This system has been extensively studied in the context of quantum and nonlinear optics [23], but the quantum fluid of light framework gives a better and more complete understanding about the physical phenomena discussed in this letter. This framework is derived from the Nonlinear Schrödinger Equation (NLSE), describing the propagation along the z -direction of a monochromatic linearly polarized laser field $E(\mathbf{r}_\perp, z)$ in a nonlinear medium, under the paraxial approximation:

$$i \frac{\partial E}{\partial z} = -\frac{1}{2k_0} \nabla_\perp^2 E - \left(k_0 n_2 |E|^2 + i \frac{\alpha}{2} \right) E, \quad (1)$$

where $k_0 = 2\pi/\lambda_0$ is the laser wavevector (λ_0 stands for the laser wavelength in vacuum) and ∇_\perp the gradient with respect to the transverse spatial coordinate $\mathbf{r}_\perp = (x, y)$. When the linear absorption coefficient α is negligible and the nonlinear refractive index $\Delta n = n_2 I$ (I represents the laser field intensity) is negative, the NLSE is mathematically analogous to the Gross-Pitaevski equation, describing the dynamics with respect to an effective time $t = zn_0/c$ (c stands for the speed of light in vacuum) of a 2D-fluid with repulsive interactions. Using the Madelung transformation $E(\mathbf{r}_\perp, z) = \sqrt{\rho(r_\perp, z)} \exp[i\Phi(r_\perp, z)]$, one obtains a coupled system of hydrodynamic equations for the electric field density ρ and phase Φ :

$$\frac{\partial \rho}{\partial t} + \nabla_\perp \cdot (\rho \mathbf{v}) = 0, \quad (2)$$

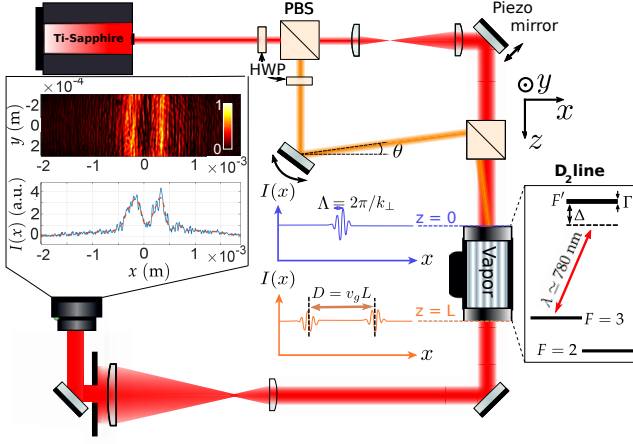


Figure 1. Experimental setup. PBS and HWP stand for Polarized Beam Splitter and Half-Wave Plate respectively. θ is the angle between the probe (orange beam) and the optical axis defined by the pump (red beam). The probe interferes with the pump and slightly modulates its intensity. Blue inset: integrated intensity profile at the input of the medium ($z = 0$). The wavelength Λ of the density modulation is given by $2\pi/k_{\perp}$ where $k_{\perp} = k_0 \sin \theta$. Orange inset: integrated intensity profile at the output of the medium ($z = L$). The distance D between the two wavepackets gives access to the group velocity of the elementary excitations in the transverse plane. The output plane is imaged on a CMOS camera. Inset on the top left: background-subtracted image obtained for $\theta \approx 0$ rad and associated integrated envelope profile (blue: original ; red dotted : high frequency filtered).

$$\frac{c}{k_0} \frac{\partial \Phi}{\partial t} + \frac{1}{2} v^2 + c^2 \left(n_2 \rho - \frac{1}{2k_0^2} \frac{\nabla_{\perp}^2 \sqrt{\rho}}{\sqrt{\rho}} \right) = 0, \quad (3)$$

where $\mathbf{v} = (c/k_0) \nabla_{\perp} \Phi$. In this formulation, the laser beam is described as a fluid of density ρ flowing with velocity \mathbf{v} in the transverse plane. The dynamics of the density fluctuations on top of the photon fluid is governed by the Bogoliubov dispersion relation. For small amplitude modulations moving on a uniform background fluid at rest, the set of hydrodynamic equations can be linearized assuming $\rho = \rho_0(z) + \delta\rho(\mathbf{r}_{\perp}, z)$ and $\mathbf{v} = \delta\mathbf{v}(\mathbf{r}_{\perp}, z)$. For a plane-wave density fluctuation mode $\delta\rho$ of wave vector \mathbf{k}_{\perp} , the associated response frequency Ω_B will follow the dispersion relation below :

$$\Omega_B(\mathbf{k}_{\perp}) = c \sqrt{|\Delta n| k_{\perp}^2 + \left(\frac{k_{\perp}^2}{2k_0} \right)^2}. \quad (4)$$

When the wavelength $\Lambda = 2\pi/|\mathbf{k}_{\perp}|$ of the modulation is longer than the *healing length* $\xi = \frac{\lambda}{2} \sqrt{\frac{1}{|\Delta n|}}$, the dispersion relation becomes linear and the modulations propagate as sound waves. This regime is characterized by the sound velocity $c_s = c\sqrt{|\Delta n|}$, which only depends on the nonlinear index of refraction Δn . Conversely, when $\Lambda \gg \xi$, the dispersion relation becomes quadratic which is similar to the free propagating particle one.

Observing the sound like-regime of the Bogoliubov dispersion relation has been proposed in [9] and first attempted in [12] for propagating geometries. The approach used in [12] relies on the measurement of the

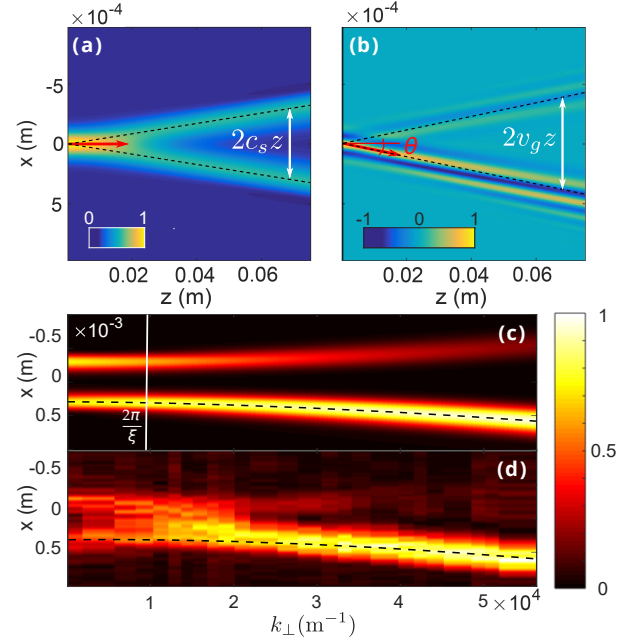


Figure 2. (a) Simulation of the propagation of a weak intensity modulation through a nonlinear medium, with zero transverse speed ($\theta = 0$ rad). The modulation generates two counter propagating Bogoliubov modes at the medium interface which get amplified until they separate from each other. The wavepacket is not spreading along propagation due to the non-dispersive regime (sound-like behavior). (b) Same as (a), for an incident probe at $\theta = 5 \times 10^{-3}$ rad (high transverse speed). Interference fringes appear and the wavepacket spreads. (c) simulation of the intensity profile envelope in the output plane for different probe wavevector. Dashed black: group velocity given by Eq. (4). (d) experimental data. The upper wavepacket amplitude decreases with k_{\perp} as the efficiency of the degenerate four-wave mixing processes depends on the phase matching conditions; which is optimal for $k_{\perp} = 0$. The parameters in (a), (b) and (c) are those used experimentally for (d) : $\lambda_0 = 780$ nm, $\Delta n = 1.310^{-5}$ and $\omega_x^p = 180$ μ m ($\alpha = 0$ in numerical simulations).

phase velocity difference between plane wave density modulations propagating at a given transverse wavevector $k_{\perp} = 2\pi/\Lambda$ on top of a high and a low density photon fluid. The photon fluid is obtained by sending a wide laser beam through a self-defocusing nonlinear medium; the fluid density is then given by the light intensity. The plane wave density modulation is produced by interfering this first beam with a wide and weak probe field, propagating with a small angle with respect to the optical axis. In this configuration, however, a *conjugate* wave propagating in the opposite transverse direction ($-\mathbf{k}_{\perp}$) is spontaneously generated at the linear/nonlinear interface [24]. Probe and conjugate interfere, which strongly alters the phase shift measurement used to determine the dispersion relation. Moreover, the large nonlinearity needed to observe the sonic dispersion makes extracting the dispersion relation from this measurement rely on a complex numerical inversion [25]. On the contrary, we present a direct and intuitive method to extract the dispersion relation for arbitrary modulation wavelengths. Our approach is based on the measurement of the group velocity of a small amplitude Gaussian wavepacket travelling on top

of the photon fluid with the transverse wave vector k_\perp . This wavepacket is designed by interfering a wide and intense beam forming the fluid (at $\mathbf{k}_\perp = \mathbf{0}$) with a Gaussian probe at $\mathbf{k}_\perp = k_0 \sin \theta \mathbf{e}_x$, as depicted in Fig. 1. At the entrance of the nonlinear medium, the effective photon-photon interaction constant undergoes a sudden jump along the optical axis. Two counter-propagating wavepackets are spontaneously created from the initial perturbation and evolve over the effective time t through the nonlinear medium, with a transverse group velocity $\pm v_g$. The separation between these two modulations at a given propagation distance z (*i.e.* at given time t), is a direct measurement of the group velocity. In the output plane ($z = L$), this distance is given by $D(k_\perp) = 2Lv_g(k_\perp)$. The dispersion relation $\Omega_B(k_\perp)$ is reconstructed by scanning the modulation wavevector (tuning the angle θ between pump and probe) and integrating the group velocity v_g : $\Omega_B(k_\perp) = \int_0^{k_\perp} v_g(q) dq$.

In order to illustrate our method, we solve numerically the NLSE Eq. (1) to get the evolution of the transverse electric field (pump + probe). We use the second-order split step Fourier method, for one transverse spatial dimension (1D+1 geometry) to take advantage of symmetries in the flat fluid density situation (infinitely wide background beam). The probe waist is located in the entrance plane at $z = 0$; its width ω_x^p is the same as the one used in the experiment. For all the density plots in Fig. 2, the uniform background intensity has been subtracted. The evolution of the two counter-propagative modulations generated at the entrance of the nonlinear medium is shown in Fig. 2(a) for zero initial transverse speed and presents a sound like-behavior (no spreading of the wavepacket). The Fig. 2(b) is obtained for on high transverse initial speed modulation which behaves like a free-particle. Notice that for small incident angle, corresponding to zero initial transverse speed, both modulations acquire a non-zero opposite transverse speed. This nonlinear refraction law, counter-intuitive from the refraction perspective, comes from the linear nature of the dispersion for $k_\perp \ll 2\pi/\xi$ [24]. The envelope of the intensity profile in the output plane is presented as a function of the probe wavevector in Fig. 2(c), on top of the experimental results in Fig. 2(d). The black dotted line represents the theoretical group velocity v_g , obtained by taking the derivative of Eq. (4). The distance between the two wavepackets is constant for $k_\perp \lesssim 2\pi/\xi$ (linear dispersion; constant v_g) and linearly increase for larger k_\perp (quadratic dispersion; $v_g \propto k_\perp$). The spreading of the wavepacket due to the quadratic dispersion for $k_\perp \gtrsim 2\pi/\xi$ can also be clearly observed on Fig. 2(c). Conversely, all k-space components which lie on the linear part of the dispersion relation propagate at the same transverse speed and the wavepackets do not spread for $k_\perp < 2\pi/\xi$.

The experimental setup is shown in Fig. 1. A continuous-wave Ti:Sapphire laser beam is split into a low power probe and a high power pump. The pump is focused in the center of the nonlinear medium with two cylindrical lenses to create an elliptical beam with a width along x of $\omega_x^0 \approx 3.2$ mm and a width along y of $\omega_y^0 \approx 300$ μ m. The pump intensity in the central re-

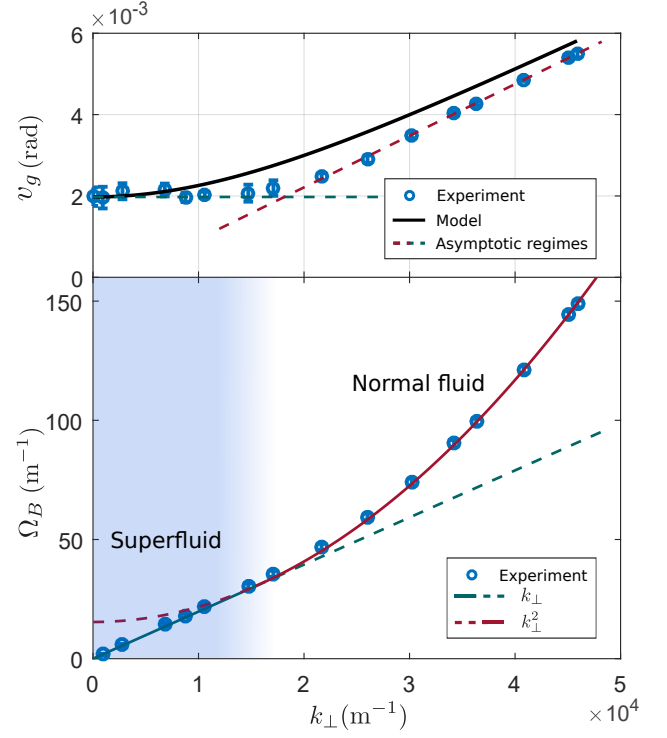


Figure 3. a) Group velocity as a function of k_\perp . + The circles represent the experimental data obtained for $P = 175$ mW. The theoretical model is plotted in black (no free parameter – see text for details). The dashed lines figure the asymptotic behaviors: constant group velocity at small k_\perp and linear increase at large k_\perp . b) Dispersion relation obtained after integration of the group velocity. Linear (blue) and parabolic (red) dispersion curves are plotted as a reference.

gion can thus be considered as spatially uniform along x . The Rayleigh length $z_{R,y}^0$ associated to ω_y^0 is 37 cm, which is about five times the length of the nonlinear medium. We can therefore consider the pump beam as being collimated. The probe is directly focused with a cylindrical lens on the entrance of the nonlinear medium in order to get a flat initial phase profile. This beam is elliptically elongated along the y direction. We set the major axis width ω_y^p to 1700 μ m and ω_x^p to 180 ± 10 μ m in order to properly separate the Gaussian wavepackets in the output plane and conserve the probe collimation along its propagation in the nonlinear medium ($z_{R,x}^p \approx 13$ cm). We fix the probe intensity at its waist to 1% of the pump intensity. This pump/probe cross configuration enables us to both get closer to the 1D case and to increase the integration range along y . The angle θ between pump and probe in the (xz) plane can be finely tuned with a piezo-actuated mirror mount.

Both beams propagate through a $L = 7.5$ cm long cell, filled with an isotopically pure ^{85}Rb vapor. The cell is heated up to 150° C. Adjusting the temperature allows us to control the atomic density and therefore the strength of the optical nonlinearity. In our case, this optical nonlinearity is obtained by tuning the laser frequency close to the ^{85}Rb D_2 resonance line, composed of 2 hyperfine ground states ($F = 2, 3$) and 4 hyperfine excited states ($F' = 1$ to 4). Since the laser is highly red-detuned from the $F = 3 \rightarrow F'$ transi-

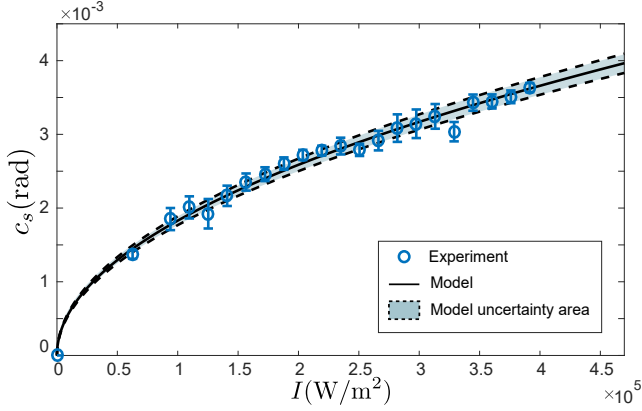


Figure 4. Speed of sound c_s as a function of the pump intensity. Due to the 2D+1 geometry, the speed of sound has the dimension of an angle. Data is plotted in blue dots. The light intensity corresponds to the fluid density, therefore a scaling as square-root is expected as plotted in black solid. No free parameters are needed as the nonlinearity has been measured independently. Uncertainty area in light blue is extracted from this independent measurement.

tions ($\Delta = -6$ GHz), the Doppler broadening can be neglected and the negative nonlinear susceptibility is the one of a two-level system with an excited state of decay rate $\Gamma = 6.06$ MHz. At these temperature and detuning, the transmission coefficient of the laser beams through the cell is above 70%, which allows one to neglect multiple scattering of light. In comparison to [12], we can consider that the nonlinear interactions are local, as long as the length scale of the ballistic transport of excited atoms stays much shorter than the healing length, which is the case at that temperature.

The output plane of the cell is imaged on a camera. A microscope objective can be flipped on the beam path to image the far-field (*i.e.* k -space) and measure the probe transverse wavevector $k_\perp = k_0 \sin \theta$. The relative phase between pump and probe is scanned over 2π . 40 background-subtracted images are taken during the phase scan, integrated over one hundred pixels around (Ox) and averaged in absolute values. Averaged images before integration are shown in inset of Fig. 1(b). The distance D between the counter-propagating wavepackets is estimated by performing a two-Gaussian fit for small k_\perp *i.e.* when the conjugate beam is visible. For large k_\perp , the conjugate is not sufficiently amplified and D is measure from the distance between the input and output positions of the probe beam. In order to fully characterize our system, the third order Kerr susceptibility n_2 is calibrated independently by measuring the self-phase accumulated by a Gaussian beam propagating through the cell [26, 27]. With the detuning and temperature reported earlier, we found $n_2 = 3.1 \pm 0.2 \cdot 10^{-11} \text{ m}^2/\text{W}$.

The experimental group velocity and dispersion relation as a function of the probe transverse wavevector are shown in Fig. 3. The pump power was set to 175 mW leading to a nonlinear refractive index Δn of $3.9 \cdot 10^{-6}$. Two different regimes can be identified on Fig. 3(a). The group velocity clearly goes toward a non-zero value when $k_\perp \rightarrow 0$, breaking the linear trend characteristic

of the standard free-particle dispersion. The theoretical model plotted in Fig. 3 is obtained with no free fitting parameters. The offset at large k_\perp between the model and the experimental data results from constructive interferences between the two non-fully separated wavepackets, as can be seen on the experimental data of Fig. 2(d) around $k_\perp \sim 1.5 \cdot 10^4 \text{ m}^{-1}$ (the envelope intensity significantly increases in between them leading to a systematic under-estimation of the distance D by the two-Gaussian fit). After propagation in the cell, the counter-propagating wavepackets have respectively accumulated the phase $\pm \Omega_B(k_\perp) L$. Constructive interferences occur when $\Omega_B(k_\perp) L = n\pi$ (n is a positive integer) *i.e.* for $k_\perp \sim 1.8 \cdot 10^4 \text{ m}^{-1}$ when $n=1$. This value gives the position of the end of the plateau-like regime at low k_\perp . Another constructive interference should occur for $k_\perp = 0$ (when $n=0$), but as both envelopes have the same amplitude in that case, the two peaks are still disentangle (see inset of Fig. 1).

More importantly, the dispersion relation of Fig. 3(b) guarantees that, in our experiment, a fluid of light can fulfill the Landau criterion for superfluidity. Indeed, this criteria defines a critical transverse speed $v_c = \min_{k_\perp} \left[\frac{\Omega_B}{k_\perp} \right]$ for the photon fluid, below which the emission of sound-like excitations is not possible anymore. In our case, $v_c = c_s > 0$ and one could observe frictionless flow of light around a defect if its transverse velocity v (measured in the defect frame) was lower than c_s . Nevertheless, our system does not undergo a phase transition with the sudden appearance of a long-range order as it is initially provided by the laser spatial coherence. To investigate the sonic regime, we set the probe wavevector to zero and record the sound velocity as function of the background fluid density (the pump intensity I). The experimental data are shown in Fig. 4 (blue circles). We observe that the speed of sound scales with the square-root of the fluid density (black solid) as expected. It is worth mentioning that, once again, the Kerr susceptibility measured independently sets the only parameter of the theoretical model.

In conclusion we have reported two important experimental results: first we measured the dispersion relation for small amplitude density fluctuations, which shows a linear trend at low wavevector, characteristic of a superfluid. We have then assessed the associated sound velocity for different fluid of light densities and obtained a scaling law analogous to the hydrodynamic prediction. This settles the question initially raised by Chiao about the possibility to observe a superfluid dispersion in a photon fluid. These results open a wide range of possible experiments in hydrodynamics with light using a novel versatile platform based on hot atomic vapors.

Acknowledgments. The authors want to thank Daniele Faccio for stimulating discussions at the early stage of the project, Iacopo Carusotto and Pierre-Elie Larré for important remarks on the physics of Bose gases and superfluidity.

-
- * Corresponding author: quentin.glorieux@sorbonne-universite.fr
- [1] P. Kapitza, *Nature* **141**, 74 EP (1938).
 - [2] J. F. Allen and A. D. Misener, *Nature* **141**, 75 EP (1938).
 - [3] T. Byrnes, N. Y. Kim, and Y. Yamamoto, *Nature Physics* **10**, 803 EP (2014).
 - [4] R. Balili, V. Hartwell, D. Snoke, L. Pfeiffer, and K. West, *Science* **316**, 1007 (2007).
 - [5] J. Kasprzak, M. Richard, S. Kundermann, A. Baas, P. Jeambrun, J. M. J. Keeling, F. M. Marchetti, M. H. Szymańska, R. André, J. L. Staehli, V. Savona, P. B. Littlewood, B. Deveaud, and L. S. Dang, *Nature* **443**, 409 EP (2006).
 - [6] A. Amo, J. Lefrère, S. Pigeon, C. Adrados, C. Ciuti, I. Carusotto, R. Houdré, E. Giacobino, and A. Bramati, *Nature Physics* **5**, 805 EP (2009).
 - [7] G. Lerario, A. Fieramosca, F. Barachati, D. Ballarini, K. S. Daskalakis, L. Dominici, M. De Giorgi, S. A. Maier, G. Gigli, S. Kéna-Cohen, *et al.*, *Nature Physics* **13**, 837 (2017).
 - [8] T. Frisch, Y. Pomeau, and S. Rica, *Phys. Rev. Lett.* **69**, 1644 (1992).
 - [9] I. Carusotto, *Proceedings of the Royal Society of London A: Mathematical, Physical and Engineering Sciences* **470** (2014), 10.1098/rspa.2014.0320.
 - [10] P.-E. Larré and I. Carusotto, *Phys. Rev. A* **91**, 053809 (2015).
 - [11] C. Michel, O. Boughdad, M. Albert, P.-É. Larré, and M. Bellec, *Nature Communications* **9**, 2108 (2018).
 - [12] D. Vocke, T. Roger, F. Marino, E. M. Wright, I. Carusotto, M. Clerici, and D. Faccio, *Optica* **2**, 484 (2015).
 - [13] D. Vocke, K. Wilson, F. Marino, I. Carusotto, E. M. Wright, T. Roger, B. P. Anderson, P. Öhberg, and D. Faccio, *Phys. Rev. A* **94**, 013849 (2016).
 - [14] N. Šantić, A. Fusaro, S. Salem, J. Garnier, A. Picozzi, and R. Kaiser, *Phys. Rev. Lett.* **120**, 055301 (2018).
 - [15] N. N. Bogoliubov, *J. Phys.(USSR)* **11**, 23 (1947), *Izv. Akad. Nauk Ser. Fiz.* 11,77(1947).
 - [16] V. Kohnle, Y. Léger, M. Wouters, M. Richard, M. T. Portella-Oberli, and B. Deveaud-Plédran, *Physical review letters* **106**, 255302 (2011).
 - [17] D. S. Jin, J. R. Ensher, M. R. Matthews, C. E. Wieman, and E. A. Cornell, *Phys. Rev. Lett.* **77**, 420 (1996).
 - [18] M.-O. Mewes, M. R. Andrews, N. J. van Druten, D. M. Kurn, D. S. Durfee, C. G. Townsend, and W. Ketterle, *Phys. Rev. Lett.* **77**, 988 (1996).
 - [19] R. Onofrio, C. Raman, J. M. Vogels, J. R. Abo-Shaeer, A. P. Chikkatur, and W. Ketterle, *Phys. Rev. Lett.* **85**, 2228 (2000).
 - [20] J. Steinhauer, R. Ozeri, N. Katz, and N. Davidson, *Phys. Rev. Lett.* **88**, 120407 (2002).
 - [21] S. Utsunomiya, L. Tian, G. Roumpos, C. Lai, N. Kumada, T. Fujisawa, M. Kuwata-Gonokami, A. Löffler, S. Höfling, A. Forchel, *et al.*, *Nature Physics* **4**, 700 (2008).
 - [22] R. Y. Chiao, *Optics communications* **179**, 157 (2000).
 - [23] Q. Glorieux, R. Dubessy, S. Guibal, L. Guidoni, J.-P. Likforman, T. Coudreau, and E. Arimondo, *Physical Review A* **82**, 033819 (2010).
 - [24] P.-E. Larré and I. Carusotto, *Phys. Rev. A* **92**, 043802 (2015).
 - [25] P.-É. Larré, S. Biasi, F. Ramiro-Manzano, L. Pavesi, and I. Carusotto, *The European Physical Journal D* **71**, 146 (2017).
 - [26] C. M. Nascimento, M. A. R. C. Alencar, S. ChÁvez-Cerda, M. G. A. da Silva, M. R. Meneghetti, and J. M. Hickmann, *Journal of Optics A: Pure and Applied Optics* **8**, 947 (2006).
 - [27] Y. Zhang, X. Cheng, X. Yin, J. Bai, P. Zhao, and Z. Ren, *Opt. Express* **23**, 5468 (2015).