

# The challenging application of cosmogenic dating methods in residual glacial landforms: The case of Sierra Nevada (Spain)

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The challenging application of cosmogenic dating methods in residual 1 glacial landforms: the case of Sierra Nevada (Spain) 2 3 David Palacios<sup>a</sup>, Antonio Gómez-Ortiz<sup>b</sup>, Jesús Alcalá-Reygosa<sup>c</sup>, Nuria Andrés<sup>a</sup>, Marc Oliva<sup>b</sup>, 4 Luis M. Tanarro<sup>a</sup>, Ferran Salvador-Franch<sup>b</sup>, Irene Schimmelpfennig<sup>d</sup>, José M. Fernández-5 Fernández<sup>a</sup>, Laëtitia Léanni<sup>d</sup>, ASTER Team<sup>de</sup> 6 7 8 <sup>a</sup> Department of Geography, Universidad Complutense de Madrid, Madrid, Spain 9 <sup>b</sup> Department of Geography, Universitat de Barcelona, Barcelona, Spain 10 <sup>c</sup> Facultad de Filosofía y Letras, Universidad Nacional Autónoma de México, Ciudad de México, Mexico <sup>d</sup> Aix-Marseille Université, CNRS, IRD, Coll. France, UM 34 CEREGE, Aix-en-Provence, France 11 12 <sup>e</sup> Consortium: Georges Aumaître, Didier Bourlès, Karim Keddadouche 13 14 Corresponding author: davidp@ucm.es (D. Palacios) 15 16 Abstract 17 An accurate review of the literature on surface exposure dating methods shows evidence of 18 the difficulty in applying cosmogenic dating methods to old moraines because of the intensity 19 of Late Quaternary erosion processes. Moreover, as in some previous cases, we found also 20 special difficulties in applying these methods to LIA moraines, due to the intensity of current 21 paraglacial processes. The objective of this study is to apply cosmogenic dating methods to 22 very old and very young moraines, which in both cases have been or are being affected 23 intensively by erosion. With this purpose, we collected samples of boulders from moraines 24 corresponding to: (a) the penultimate glaciation, and (b) the Little Ice Age (LIA), both from 25 Sierra Nevada, in the south of the Iberian Peninsula. The sampling strategy was based on a 26 preliminary accurate analysis of the geomorphological settings of two valley sites that

resulted in the collection of only four boulder samples from an old moraine and three more from a very recent moraine. Using in situ produced cosmogenic <sup>10</sup>Be to date these boulders, the old samples yielded an age of ca. 130-135 ka for moraine stabilization. The younger samples indicate that the LIA moraine accretion probably occurred between the 14<sup>th</sup> and 17<sup>th</sup> centuries, with a subsequent stage of accumulation during the 19<sup>th</sup> century as suggested by historical documents. Both, dating a glaciation that occurred prior to the last Pleistocene glacial cycle and dating LIA glacial stages are novel in the context of Iberian glaciations and agree with other palaeoenvironmental studies in Iberian and in other European mountains. The limited number of boulders adequate for cosmic-ray exposure dating prevents statistical methods to be applied, and therefore highlights the need to improve geomorphological criteria in sample selection.

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- **Key words**: Sierra Nevada, cosmic-ray exposure dating, beryllium 10, Little Ice Age,
- 40 Penultimate Glacial Cycle.

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#### 1. Introduction

- 43 Scientific knowledge on the glacial evolution of the Iberian mountains has greatly advanced
- over the last decade based on the application of Cosmic-Ray Exposure (CRE) dating on
- 45 moraines, erratic boulders and polished surfaces. This method allowed inferring spatio-
- 46 temporal patterns of glaciation since the maximum extent of glaciers during the last
- 47 Pleistocene glacial cycle, with a focus on the Last Glacial Maximum (LGM) (García-Ruiz et
- 48 al., 2010), Oldest Dryas (Palacios et al., 2017a) and Younger Dryas (García-Ruiz et al., 2016)
- in the main Iberian ranges such as the Cantabrian Mountains (Rodríguez-Rodríguez et al.,
- 50 2016), Pyrenees (Delmas, 2015), Central System (Domínguez-Villar et al., 2013), Iberian
- 51 System (Fernández-Fernández et al., 2017) and Sierra Nevada (Palacios et al., 2016).

- The existence and distribution of landforms and deposits, their delimitation and mapping,
- 53 generated by glacial advances prior to the last Pleistocene glaciation are known since the first
- geomorphological descriptions carried out in most Iberian mountains in the late 19<sup>th</sup> and early
- 55 20<sup>th</sup> centuries, such as in the Pyrenees (Penck, 1883; Nussbaum, 1949, Barrère, 1953),
- Cantabrian Mountains (Penck, 1897; Obermaier, 1914), Central System (Penck, 1897;
- Obermaier and Carandell, 1917) and Sierra Nevada (Quelle, 1908; Obermaier, 1916).
- However, the present knowledge on calendar of development of these landforms is scarce,
- and it is based on CRE dating only in very few cases. In fact, the only CRE data related to the
- 60 penultimate glacial cycle were obtained with <sup>21</sup>Ne in the NW of the Iberian Peninsula (Vidal-
- Romaní, et al., 2015). These authors found glacial evidence (moraine boulders and polished
- surfaces) of a maximum advance that occurred at  $155 \pm 30$  ka <sup>21</sup>Ne age in the Serra de
- Oueixa, whereas polished bedrock surfaces were dated at  $231 \pm 48$  ka and  $131 \pm 31$  ka <sup>21</sup>Ne
- ages in the Serra da Geres. In addition, erratic blocks were dated at  $113.9 \pm 7.1$  ka <sup>10</sup>Be age in
- 65 the Porma Valley, Cantabrian Mountains (Rodríguez-Rodríguez et al. 2016). Another erratic
- boulder, with a minimum  $^{10}$ Be age of  $122.2 \pm 4.9$  ka was found in Ariège valley (northern
- Pyrenees) (Delmas et al., 2011). This scarcity of CRE data from old moraines may be due to
- the problem of moraine degradation after being affected by intensive erosion, as it has been
- observed even in younger moraines of other regions (Putkonen and Swanson, 2003; Briner et
- 70 al., 2005; Putkonen et al., 2008; Balco, 2011; Heyman et al., 2011).
- 71 The rest of dates corresponding to glacial landforms formed during the penultimate glaciation
- 72 in the Iberian Peninsula were carried out by other dating methods. Villa et al. (2013) were
- able to date with U / Th the limestone of cemented calcareous breccia in Duje valley, Picos de
- Europa, also in the Cantabrian Mountains. This breccia deposit lies on glacially abraded
- surfaces and is covered by moraines dated between  $394 \pm 50$  ka and  $276 \pm 23$  ka /  $394 \pm 50$  ka
- 76 U / Th age. In the southern slope of the Central Pyrenees, Optically Stimulated Luminescence

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77 (OSL) dating was applied to sandy layers in fluvioglacial terraces in two nearby valleys that
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- show the following ages:  $151 \pm 11$  ka in the Gállego valley (Lewis et al., 2009) and  $263 \pm 21$
- ka and  $171 \pm 22$  ka in the Aragón valley (García-Ruiz et al., 2013).
- 80 In other Mediterranean mountains, landforms originated from glaciations prior to the Late
- Pleistocene Glaciation (LPG) have been dated by U / Th, <sup>230</sup>Th and OSL methods in the
- Balkan region (Hughes et al., 2006a, 2006b, 2007), Dinaric Alps (Hughes et al., 2011) and
- Apennines (Kotarba et al., 2001), but not through CRE dating. In comparison to the large
- dataset of CRE ages existing for reconstructing the LPG in the Alps, there are only a few
- erratic boulders related to the penultimate glacial cycle dated by this method (Graf et al.,
- 86 2015), as it is also the case of the Himalayas (Schaefer et al., 2008). On the contrary, the
- 87 application of <sup>230</sup>Th-dates on the stalagmite record in the Alps allowed determining with high
- resolution the last maximum ice advance of the penultimate glacial cycle at  $133.1 \pm 0.7$  and
- 89  $131.9 \pm 0.6$  ka. These dates coincide with Heinrich stadial 11 and the onset of the penultimate
- deglaciation or Termination II (TII) which started at  $131.8 \pm 0.6$  ka (Häuselmann et al., 2015)
- and reached its maximum intensity at  $130.9 \pm 0.9$  ka (Moseley et al., 2015).
- However, CRE methods have never been applied to date the Little Ice Age (LIA) in the
- 93 Iberian Peninsula, although this cold event has been extensively documented in this region
- 94 (González-Trueba et al., 2008; Oliva et al., 2018a). CRE dating showed that the LIA was the
- 95 most extensive Holocene glacial advance in most Iberian mountains (Palacios et al., 2017b),
- with the exception of some cirgues in the Central Pyrenees (García-Ruiz et al., 2014). In fact,
- 97 after pioneer studies in New Zealand (Schaefer et al., 2009) and the Andes (Licciardi et al.,
- 98 2009), the use of CRE dating methods to date landforms of Neoglacial and LIA age has just
- been recently applied in the Alps (Schimmelpfennig et al., 2012, 2014; Le Roy et al., 2017),
- 100 Arctic (Jomelli et al., 2016; Young et al., 2015) and Central Asia mountains (Dong et al.,
- 101 2017; Li et al., 2016).

102 Radiocarbon dating on glacial, fluvioglacial and lacustrine sediments, as well as speleothems, 103 tree rings and historical documents established the onset of the LIA in the Iberian Peninsula at 104 1300 common era (CE), with the coldest conditions of ca. 2 °C below present-day values at 105 1620-1715 CE and the last cold episodes at 1760-1800 and 1815-1835 CE (Oliva et al., 106 2018a). In Sierra Nevada there were also small glaciers during the LIA that have been 107 reconstructed based on radiocarbon dating of lake sediments (Oliva and Gómez-Ortiz, 2012) 108 and through historical documents (Gómez-Ortiz et al., 2009, 2018). 109 The objective of this work is to apply CRE methods to glacial landforms originated during 110 advances prior to LPG and to very young moraines as well as to review and discuss those 111 found in this research in comparison to other similar studies. Sierra Nevada constitutes a 112 unique environment to examine the use of CRE dating as a potential tool to reconstruct the 113 chronology of old and young glaciations, due to the well-constrained glacial chronological 114 record of the LPG and the existence of glacial landforms originated before and after of this 115 glaciation in this mountains.

#### 2. Study area

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Sierra Nevada is located in the SE of the Iberian Peninsula and runs SW-NE parallel to the Mediterranean Sea (Fig. 1). This massif includes the highest peaks of the Iberian Peninsula: Mulhacén (3478 m a.s.l.; 37°03'12"N, 3°18'41"W) and Veleta (3398 m; 37°03'02"N 3°20'54"W). The area is composed of Paleozoic metamorphic rocks, mainly micaschists, profoundly tectonized during the Alpine orogeny, with the presence of intensive foliation and joints that makes them susceptible to intense weathering (Messerli, 1965; Sanz de Galdeano and López-Garrido, 1999). Climate conditions in Sierra Nevada are characteristic of a semi-arid mid-latitude mountain environment, with a Mean Annual Air Temperature (MAAT) at 2500 m of 4.4 °C and a total precipitation of 710 mm, 40% of which as snow (Oliva et al.,

- 126 2016a). The MAAT at the top of the Veleta peak between 2002 and 2013 was 0.08 °C, with a
- slight increase of 0.12 °C along this period (Oliva et al., 2016a).
- The Quaternary landscape evolution of Sierra Nevada has been largely studied over the last
- decades (Fig. 1, Table 1). From the first basic geomorphological observations of the late 19<sup>th</sup>
- and early 20<sup>th</sup> centuries to the recent multi-dating approaches, our understanding of the glacial
- processes shaping the landscape of the highest lands has significantly improved (i.e. Gómez-
- 132 Ortiz et al., 2015).
- During the 1960s and 1970s several authors suggested the existence of older glaciations
- occurred prior to the LPG, formerly known as the Riss glaciation in Alpine terminology.
- Their observations focused on the existence of highly eroded moraine remnants and
- fluvioglacial deposits at very low altitudes, mainly in the southern slope of the massif
- 137 (Hempel, 1960; Messerli, 1965; Lhenaff, 1977; Sánchez-Gómez, 1990). However, this
- hypothesis has not been validated until now though direct dating methods.
- By contrast, the LPG has been recently well-constrained with CRE techniques. Gómez-Ortiz
- et al. (2012) and Palacios et al. (2016) reported two major glacial advances occurred at ca. 30-
- 32 ka and 19-20 ka. The second stage of glacial advance occurred in phase to the global Last
- Glacial Maximum and reached almost the same extent than during the previous glacial stage.
- Subsequently, temperature increase recorded worldwide (Clark et al., 2009) favored a massive
- deglaciation of the massif, although two stages of glacial expansion occurred during the
- transition towards the Holocene, namely during the Oldest Dryas and Younger Dryas. During
- these phases, glaciers expanded significantly and flowed down-valleys several kilometers,
- both in southern and northern slopes (Gómez-Ortiz et al., 2012; Palacios et al., 2016).
- 148 The Holocene was characterized by warmer temperatures that promoted the gradual melting
- of these glaciers during the Early Holocene (Palacios et al., 2016). The formerly glaciated

150 environments were then subjected to paraglacial processes, which favoured the development 151 of rock glaciers associated to permafrost conditions (Oliva et al., 2016b; 2018b). These 152 permafrost-related landforms finally stabilized at 6-7 ka during the Holocene Climate 153 Optimum, when warmer conditions must have conditioned permafrost thawing (Palacios et 154 al., 2016). 155 Climate variability intensified in the Northern Hemisphere during the Late Holocene 156 (Mayewski et al., 2004). In Sierra Nevada, this was reflected in alternating cold and warm phases (Oliva et al., 2014). During the coldest stages, some glacier spots developed in the 157 158 highest northern cirques, such as in the Mulhacén cirque, where lake sediments from La 159 Mosca Lake revealed evidence of the existence of a glacier within the cirque at ca. 2.8-2.7 ka 160 cal BP, 1.4-1.2 ka cal BP, and during the LIA between 1440 and 1710 CE (Oliva and Gómez-161 Ortiz, 2012). For the last cold stage, historical documents also showed evidence of the 162 prevailing colder conditions in Sierra Nevada, with descriptions, sketches and pictures of 163 glaciers and permanent snow fields at the foot of the highest peaks of the westernmost mountains of Sierra Nevada between the late 17<sup>th</sup> and the early 20<sup>th</sup> century. The last glacier 164 165 was located in the Veleta cirque and constituted the southernmost glacier in Europe during the LIA, although it finally melted away during the mid-20<sup>th</sup> century (Gómez-Ortiz et al., 2001, 166 167 2009, 2018; Oliva and Gómez-Ortiz, 2012; Oliva et al., 2018a), However, no CRE dating is 168 yet available from the different LIA glacial stages in Sierra Nevada. 169 3. Methods 170 3.1 Sampling strategy 171 With the aim of dating glacial landforms formed potentially before the LPG, this research 172 focuses on the Naute valley, a steep mountain ravine located on the southern slope of the

Mulhacén peak (Fig. 1, 2, 3 and 4). The valley results from the confluence of two glacial

175 studies these two high mountain valleys were selected to reconstruct glacial stages of the LPG 176 using CRE methods (Gómez-Ortiz et al., 2012; Palacios et al., 2016), but landforms distributed in the lower Naute valley affected by intense erosion processes were not 177 178 examined. In Río Seco and Mulhacén valleys landforms from the LPG have been already dated using the *in situ* cosmogenic nuclide <sup>36</sup>Cl, such as the front of a fossil rock glacier (9.0 179 180  $\pm$  0.8 ka) resting on polished rock surfaces (11.9  $\pm$  1.1 ka) in the Río Seco cirque, as well as of 181 a fossil rock glacier (6.3  $\pm$  0.5 ka and 13.1  $\pm$  1.3 ka) resting on a polished rock surface (11.2  $\pm$ 182 1.1 ka and  $12.7 \pm 1.2$  ka) at the head of the Mulhacén valley (Palacios et al., 2016). Just 183 before their confluence, both valleys include a sequence of moraine ridges, where 5 blocks were dated using  $^{36}$ Cl (29.9  $\pm$  2.6 ka, 16.9  $\pm$  1.8 ka, 14.9  $\pm$  1.5 ka, 13.7  $\pm$  1.3 ka, 11.7  $\pm$  1.6 ka; 184 185 Palacios et al., 2016). These authors interpreted these ridges as a polygenic moraine formed 186 by successive advances generated from just before the LGM to the Oldest Dryas. In the Naute valley, immediately below the confluence of these two tributaries, a lateral moraine is 187 188 preserved in the left sector of the valley at elevations between 2150 and 2300 m. This moraine 189 is placed below one of the ridges where a boulder was dated at  $29.9 \pm 2.6$  ka (Palacios et al., 190 2016), and therefore must be older in age, possibly from a previous glaciation. For this 191 reason, this lower moraine was considered as one of the objectives of the work, in order to 192 apply the CRE dating method. 193 To date glacial oscillations during the LIA by CRE dating methods, we focused our research 194 on the Veleta cirque, located under the northern wall of Veleta peak (Fig. 1, 5, 6). Historical 195 documents provided abundant evidence of a glacier existing at the floor of this cirque during the LIA until the first half of the 20<sup>th</sup> century (Gómez-Ortiz et al., 2001, 2009, 2018). The 196 197 cirque is closed by a large frontal moraine whose age is unknown, although due to its large

headwaters –Río Seco and Mulhacén valleys– converging at 2300 m of altitude. In previous

198 size it has been considered to have formed during the Last Termination or during Holocene 199 advances (Oliva et al., 2014, 2018a).

3.2 Sampling and analytical procedures

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Seven samples were collected from moraine boulders using a hammer and a chisel: four located in Naute valley (NAUT-1, -2, -3, -4) between 2164 and 2263 m, and three in the Veleta cirque (SN-11-1, -2, -3) between 3061 and 3095 m (Table 1). All samples were taken from the flat-topped surfaces of boulders > 1 m high, located on the crests of the moraines. Field data and sample characteristics of the seven samples are listed in Table 2. Physical and chemical sample preparation and beryllium measurements were carried out at the Centre Européen de Recherche et d'Enseignement des Géosciences de l'Environnement (CEREGE, France). Lichen, moss and other organic fragments were removed from the samples with a brush. Samples were crushed with a roller grinder and sieved to retrieve the grain size fraction 0.25–1 mm. All samples are quartz-bearing micaschists, and therefore we selected in situ-produced cosmogenic <sup>10</sup>Be dating to determine the ages of the moraines. To isolate the quartz from the bulk rock, the samples went repeatedly through a magnetic separator (Frantz LB-1) until all magnetic minerals were discarded. Subsequently, the nonmagnetic fraction experienced successive chemical attacks with a mixture of concentrated hydrochloric (HCl) and hexafluorosilic (H<sub>2</sub>SiF<sub>6</sub>) acids to dissolve the remaining non-quartz minerals. The residual impurities were dissolved when the sample grains were decontaminated from meteoric <sup>10</sup>Be by three successive partial dissolutions with concentrated hydrofluoric acid (HF). The subsequent beryllium extraction protocol is adapted from Brown et al. (1991) and Merchel and Herpers (1999) chemical procedures. The samples yielded between 18 and 32 g of purified quartz (Table 3). About 100 µl of a <sup>9</sup>Be carrier solution with a <sup>9</sup>Be concentration of 3025 µg/g prepared in-house from a phenakite crystal was added to the quartz before it was dissolved in HF. A chemistry blank was prepared along with the seven samples. Following evaporation of the resulting solution, the samples were recovered in a hydrochloric acid solution and beryllium was precipitated to Be(OH)<sub>2</sub> with ammonia before and after elution through an anionic exchange column (Dowex 1X8) to remove iron. Following the methods described by Merchel and Herpers (1999), a cationic exchange column (Dowex 50WX8) was used to remove boron and to separate the Be from other elements. Beryllium was precipitated with ammonia to Be(OH)<sub>2</sub> and the resulting precipitate was oxidized to BeO at 700 °C. Then, this final BeO was mixed with niobium powder and loaded on cathodes for analysis of the <sup>10</sup>Be/<sup>9</sup>Be ratios at the French national Accelerator Mass Spectrometry (AMS) facility ASTER (CEREGE) (Arnold et al., 2010). The measurements were calibrated against in-house standard STD-11 using an assigned <sup>10</sup>Be/<sup>9</sup>Be ratio of 1.191 (±0.013) x 10<sup>-11</sup> (Braucher et al., 2015). Sample <sup>10</sup>Be/<sup>9</sup>Be ratios were corrected for the chemical blank background by subtracting the measured chemistry blank <sup>10</sup>Be/<sup>9</sup>Be ratio (Table 3). Analytical 1 sigma uncertainties include uncertainties in AMS counting statistics, the uncertainty in the standard <sup>10</sup>Be/<sup>9</sup>Be ratio, an external AMS error of 0.5% (Arnold et al., 2010), and the uncertainty in the chemical blank measurement. A  $^{10}$ Be half-life of 1.387 ( $\pm$  0.01) x  $10^6$  years was used (Chmeleff et al., 2010; Korschinek et al., 2010). 3.3 Age calculation (<sup>10</sup>Be age computation) We calculated the <sup>10</sup>Be CRE ages with the online CREP exposure age calculator (Martin et al., 2017; http://crep.crpg.cnrs-nancy.fr), using the LSD scaling model (Lifton et al., 2014) that is similar to other previous empirical models (Borchers et al., 2016). Age calculations have also considered the ERA40 atmospheric model (Uppala et al., 2005) and LSD Framework geomagnetic database (Lifton et al., 2014). As there is no regional production rate available, we used the worldwide mean  $^{10}$ Be spallation production rate of  $3.99 \pm 0.22$  atoms g

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<sup>1</sup> yr<sup>-1</sup>, as calibrated in the ICE-D production rate database linked to CREp. For all samples, a 247 rock density of 2.7 g cm<sup>-3</sup> was considered and the topographic shielding factor of each sample 248 249 was calculated (Table 2). 250 In the moraine of the Veleta cirque, from where samples SN-11-1, SN-11-2 and SN-11-3 251 were extracted, snow cover remains for a large part of the year (Gómez-Ortiz et al., 2009), 252 and there is information on the properties and persistence of the snow cover for the last 253 decades (Herrero and Polo, 2016), which allows considering snow shielding effect for these 254 samples. The correction for snow cover has been calculated applying the equation by Gosse 255 and Phillips (2001), including local parameters (Herrero and Polo, 2016), and considering a 256 snow thickness on moraine boulders ranging from 30 to 130 cm during 8 months per year. We used an average value of snow density of 0.3 g cm<sup>-3</sup>, considering that the attenuation length 257 for fast neutrons in snow is 109 g cm<sup>-2</sup> (Zweck et al., 2013; Delunel et al., 2014). Taking into 258 259 account these characteristics, we applied a snow shielding factor of 0.865 to the affected 260 samples. We have not applied a snow shielding factor to the old samples of Naute moraine, 261 since the coverage of snow in this area is much shorter and data are not available for a period 262 encompassing several tens of thousands of years. 263 Table 3 also includes the ages determined with version 3 of the online exposure age calculator 264 formerly known as the CRONUS-Earth online exposure age calculator (Balco et al., 2008; 265 Balco, 2018). These ages have been calculated using the default calibration data set based on 266 the ICE-D calibration database and the time-dependent "LSDn" scaling method (Lifton et al., 267 2014). The average difference between the ages calculated with the CREP exposure age calculator and those calculated with the CRONUS-Earth (v.3) is 2.4% for NAUT samples and 268 269 6.9% for SN-11 samples. 270 The ages of the SN-11 samples calculated with the snow shielding factor turn out to be 271 between 8.8 and 16.9% higher in the online CREP exposure age calculator (Martin et al.,

2017) and between the 7.9 and 16.9% higher in the online exposure age calculator formerly known as the CRONUS-Earth online exposure age calculator v. 3 (Balco et al., 2008; Balco, 2018). The CREP exposure calculator ages and the analytical uncertainties are used in the text and in the figures of this manuscript and, only in the case of the Veleta cirque, with the application of the snow shielding factor (Table 3).

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#### 4. Results

4.1 Geomorphological analysis of the Naute moraine and CRE dating results To select the most suitable boulders for CRE dating, an exhaustive survey was carried out of the Naute moraine system, formed potentially during a glacial advance before the LPG. The results of this survey are expressed in a detailed geomorphological map (Fig. 2). The moraine is located on the left bank of the Naute river (west) and the Peñón Grande (east) between 2150 and 2300 m. It has been intensely reshaped by postglacial environmental dynamics: (i) fluvial processes driven by steep streams have deeply eroded the moraine ridge, and (ii) gullying processes have washed away a large part of its abundant fine sediments. As a result, a large number of boulders -highly weathered and fragmented due to their abundant foliation planes and joints- are found on the surface of the moraine (Fig. 3). To sample the boulders that best represent the original surface of the moraine, we focused on blocks that: (i) present aligned upper edges indicating the maximum possible height of the original moraine crest, and (ii) are inserted into the moraine, which ensures that they have not been mobilized since the moraine stabilization. Using these criteria, only four boulders were found with these characteristics (NAUT-1, 2, 3 and 4) (Fig. 4). The rest of the boulders showed traces of having been affected by erosion and exhumed.

296 NAUT-4 129.2  $\pm$  5.3 ka. The other two boulders showed different and substantially younger ages: NAUT-2 obtained  $53.7 \pm 2.9$  ka and NAUT-4  $43.8 \pm 2.3$  ka (Figs 2, 3 and Table 3). 297 298 4.2 Geomorphological analysis of the Veleta cirque moraine and CRE dating results 299 The Veleta cirque moraine is composed of a large proportion of fine sediments with a few 300 large blocks on the surface, possibly deposited by different glacial advances. Within the area 301 enclosed by this moraine, there are large rock avalanche deposits fallen from the Veleta 302 northern wall and a small rock-glacier where buried glacial ice is still preserved under the 303 debris cover, though it presents evidence of accelerated degradation. On the other hand, the 304 fine sediments of the moraine, resulting from heavily weathered micaschists, are being 305 washed away by runoff activity. This process is particularly intense in late spring and early 306 summer with snowmelt runoff, and in autumn with torrential rain events. The outer slope of 307 the moraine is being reshaped by frequent debris flows, which also facilitate the outcropping 308 and exhumation of large blocks buried in the moraine. In addition, there are some metric-size 309 boulders fallen from the Veleta north wall and deposited on the surface of the moraine. 310 normally during the winter season when snow completely fills the floor of the cirque. These 311 rocks slide on the snow and ice surface and stabilize on the moraine ridge. On the inner slope 312 of the moraine, accumulations are found of superimposed till blocks of different sizes. In 313 contrast to the main moraine, these till deposits include a smaller proportion of fine particles 314 but conserve a recent glacial imprint as revealed by the presence of flutes. This deposit 315 exceeds the limits of the main moraine on the eastern side of the cirque, where the moraine 316 height is lower (Fig. 5 and 6). Evidence from historical sources confirms that the distribution of this recent till deposit coincides with the surface covered by the glacier during the 19<sup>th</sup> 317 318 century (Fig. 7; Bide, 1893; Gómez-Ortiz et al., 2018).

Samples from two boulders showed a similar age: NAUT-1 yielded  $134.8 \pm 6.2$  ka and

Before selecting boulders for CRE dating, a very detailed geomorphological survey of the large polygenic moraine system enclosing the Veleta cirque was conducted. A detailed geomorphological map shows the main landforms observed in the cirque (Fig. 5). Schematic transects show the sectors of the moraine affected by current or recent post-glacial processes and derived landforms (Fig. 6). Considering these geomorphological characteristics, we avoided collecting samples from blocks corresponding to very recently deglaciated surfaces because: (i) we already know that this area was occupied by the glacier during the 19<sup>th</sup> century and (ii) they can result from the frequent rockfalls from the headwall. As a result, only three CRE datable boulders were found anchored in the moraine and protruding sufficiently not to have been covered by other sediments since their deposition (SN11-1, 2 and 3) (Fig. 7). Thus, they cannot have fallen from the headwall, or have been covered by the glacier in a subsequent readvance. Sample SN-11-1, collected on the top of the moraine, very close to 20<sup>th</sup> century till deposits, obtained an age of  $340 \pm 120$  years, corresponding to the year  $1675 \pm 120$  CE. Sample SN-11-2, collected on the crest of the lobate ridge of the moraine, yielded an age of  $720 \pm 270$  years (1295  $\pm$  270 CE). Finally, sample SN-11-3, collected on the top of the lateral moraine ridge in

### 5. Discussion

and Table 3).

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5.1 The existence of a glaciation prior to the last Pleistocene glaciation in Sierra Nevada

The results of <sup>10</sup>Be CRE dating yielded ages of ca. 130-135 ka for the two samples collected from boulders in the moraine downslope of the maximum ice advance in Sierra Nevada (Gómez-Ortiz et al., 2012). These ages suggest that the moraine may have been formed during the last maximum advance of the penultimate glaciation. The other two boulders of the

the western part of the circue, obtained an age of  $400 \pm 110$  years (1615 ± 110 CE) (Figs 5, 6

same moraine yield much younger ages, around 45-50 ka (Table 3), and thus can be considered outliers. On the other hand, none of the studies in Sierra Nevada reported boulder samples affected by nuclide inheritance (Gómez-Ortiz et al., 2012; 2015; Palacios et al., 2016), and therefore this problem can be rejected in the older samples. In Sierra Nevada, no surfaces polished and striated bedrock surfaces where found in this study between the moraine ridges dated ca. 130-135 ka and those dated in previous studies between ca. 30 and ca. 15 ka (Palacios et al., 2016), i.e. rock surfaces which may have been icecovered prior to the LPG. All the polished bedrock surfaces dated in Sierra Nevada –in many cases with abundant and well-preserved fresh striations—correspond to the deglaciation process during Termination I (Gómez-Ortiz et al., 2012; Palacios et al., 2016). The fact that moraines from a previous glaciation are found in close proximity to those of the last glacial cycle without intermediate polished surfaces led us to apply CRE dating only on boulder surfaces in the old moraines. Recent research in mountain areas, such as in the Alps (e.g. Chenet et al., 2016), the Andes (e.g. Martini et al., 2017), Central Asia (e.g. Batbaatar et al., 2018) and the Iberian Peninsula (Rodríguez-Rodríguez et al., 2016, 2017), suggest using a minimum of 5 boulders from the same moraine to ensure obtaining the formation age of the landform. Thus, where most of the results show dispersed data, the ages are rejected, whereas an average value is obtained with the rest, interpreted as indicative of the development age of the moraine. In this study we attempted to apply this five-boulder criterion, but this proved impossible due to the deterioration of the moraine since the penultimate glaciation, as the landform has been intensely eroded and few potentially datable boulders are available. The headwaters of several torrents have eroded the ridge summit, leaving the moraine covered with loose blocks. When trying to reconstruct the original surface of the moraine we found only four embedded boulders (Fig. 4).

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367 The CRE ages of ca. 130-135 ka obtained in Sierra Nevada coincide with the last cold period of the penultimate glaciation in the Alps as suggested by <sup>230</sup>Th dating on speleothems that 368 369 obtained  $131.8 \pm 0.6$  ka (Häuselmann et al., 2015; Moseley et al., 2015). This stage occurred 370 during Heinrich stadial 11 (Oppo et al., 2006), parallel to the end of the last cold phase in the 371 Alboran sea surface temperatures (near Sierra Nevada, in SE Iberia) before the beginning of 372 TII (Martrat et al., 2014; Jiménez-Amat and Zahn, 2015). By that time, the onset of warmer 373 temperatures favored the end of the last cold period of the penultimate glaciation in Greenland 374 (Grant et al., 2012) as well as the initial melting of large ice sheets at high latitudes in the 375 Northern Hemisphere (Govin et al., 2015), leading to sea level rise (Rohling et al., 2017). 376 The formation and stabilization of the Naute moraine may therefore be contemporary with 377 what is called the Penultimate Glacial Maximum (PGM), a parallel concept to the LGM for 378 the last glaciation, centered on 140 ka (Rohling et al., 2017). The deposition age of the Naute 379 moraine is similar to the stabilization age of the maximum glacial advance moraine in the Sierra de Oueixa dated  $155 \pm 30 \text{ ka}^{21} \text{Ne}$  (Vidal-Romaní et al., 2015). The erratic boulder 380 381 dated  $113.9 \pm 7.1$  ka <sup>10</sup>Be in the Porma Valley, Cantabrian Mountains, could also be related to 382 the deglaciation process following the PGM (Rodríguez-Rodríguez et al., 2016). The same is true for the erratic boulder in the Ariège valley (northern Pyrenees), with a minimum <sup>10</sup>Be age 383 384 of  $122.2 \pm 4.9$  ka (Delmas et al., 2011), slightly after the formation of the Naute moraine from 385 the penultimate glaciation. In addition, fluvioglacial terraces deposited simultaneously on the 386 outermost moraine ridges in the Gállego and Aragón valleys, Central Pyrenees, were dated 387  $151 \pm 11$ ka and  $171 \pm 22$  ka OSL ages by other authors (Lewis et al., 2009; García-Ruiz et al., 388 2013), and therefore may represent the same glacial stage that led to the formation of the 389 Naute moraine. However, despite some evidence suggesting glacial activity between ca. 170 390 and 130 ka in the Iberian Peninsula, the small number of reliably dated terrestial records 391 makes it difficult to infer spatiotemporal glaciation patterns occurring before the LPG. This is

392 a common issue in other Mediterranean mountains where glacial advances concurrent with 393 the development of the Naute moraine have only been dated through the application of U 394 series to secondary carbonates in cemented moraines in mountains in Greece (Hughes et al., 395 2006a, b, 2007), Dinaric Alps (Hughes et al., 2007) and the Gran Sasso Massif, Central Italy 396 (Kotarba et al., 2001). 397 A case study similar to the Naute moraine was undertaken in the Jura mountains, where 398 several erratic boulders were found scattered beyond the Alpine glaciers LGM extent. In this 399 case the oldest ages were very similar to those of the Naute moraine (129.7  $\pm$  4.7 ka, 143.2  $\pm$ 8.2 ka and  $144.0 \pm 5.3$  ka <sup>10</sup>Be ages), although just as in Sierra Nevada, other boulders in the 400 401 same deposit yielded younger ages (Graf et al., 2015). After their experience applying CRE 402 dating to several moraine boulders in the Himalayas, Schaefer et al. (2008) highlighted the 403 role of erosion processes in the exhumation of blocks in old moraines. As a result, these 404 authors claim that the oldest, not the average age of the moraine boulders reflects the best 405 minimum age estimation for the moraine deposition, in agreement with previous authors 406 (Hallet and Putkonen, 1994). Briner et al. (2005) proposed the same criterion after analyzing a 407 large number of moraine boulders, presumably from the penultimate glaciation in Alaska, and 408 found many problems of boulder exhumations. These authors also defend an "oldest-age 409 method" to provide the closest approximation to the moraine stabilization age. Similarly, and 410 from previous experience, Balco (2011) defined the most appropriate strategies when 411 applying CRE methods to degraded moraines, which have been considered in this study. 412 From our results we conclude that the difficulty of finding suitable boulders to apply CRE 413 methods in moraines from old glaciations should not discourage their use. Dating an adequate 414 number of samples is very difficult for moraines prior to the LPG, where erosive activity over 415 time may have exhumed most of the boulders. In the case of Sierra Nevada, the profoundly 416 tectonized micaschists have been intensely affected by erosion, which makes it more difficult

417 to find suitable boulders for dating (Gómez-Ortiz et al., 2015). Nevertheless, Sierra Nevada is 418 an arid mountain, where ice margin deposits preserved on gentle slopes make it possible to 419 obtain a well-dated glacial sequence using the CRE method (Pallàs et al., 2010) (Fig. 9). 420 5.2 Chronology of LIA moraine formation in Sierra Nevada 421 It was also difficult to find suitable blocks for CRE dating in young moraines in Sierra 422 Nevada, as they are found in very dynamic geomorphological environments on steep slopes of 423 200 m high (up to 300 m from the peaks to the circue floors) with thick and long-lasting snow 424 cover. On the one hand, these factors accelerate erosion processes in the moraine, often 425 reducing its size, vertical development and the slope gradient; on the other hand, they favor 426 new sediment deposits on the moraine surface. These difficulties are also observed in most 427 Mediterranean mountains, where LIA glaciers did not exceed the limits of the cirques and 428 developed at the foot of vertical walls (Hughes, 2014, 2018). Previous studies adverted to the 429 polygenic character of the Veleta cirque moraine, related to the effects of an Early Holocene 430 glacial advance that pushed downslope, accumulating rockfall deposits from the end of TI 431 (Gómez-Ortiz et al., 2012; Palacios et al., 2016). According to these authors, this moraine 432 system functioned as a barrier to subsequent advances, which accumulated sediments on the 433 inner slope, generating a single, large, polygenic moraine. 434 Using the criteria defined in Methods above, we obtained three coherent results to infer the 435 age of the moraine, although dates were obtained for only three boulders. The high 436 uncertainty levels in our results prevent us from relating the age of each sample to LIA 437 periods (Oliva et al., 2018a). These ages could be related to advances from 1300 CE to 438 1610/1680 CE, contemporary with the LIA maximum glacial advance in the Alps 439 (Holzhauser et al., 2005) and the lowest temperatures in the Iberian Peninsula during the 440 Maunder Minimum (Oliva et al., 2018a).

441 The inner slope of the moraine therefore developed during the LIA, although the large 442 moraine system may also include boulders from other Neoglacial glacial stages, such as those 443 detected in the Mulhacén cirque, where lake sediments show evidence of a glacier within the cirque ca. 2.8-2.7 ka, 1.4-1.2 ka cal BP and LIA (Oliva and Gómez-Ortiz, 2012). 444 New results obtained in Mount Olympus (Greece) found similar results using <sup>36</sup>Cl dating 445 446 method, with one sample of  $0.64 \pm 0.08$  ka (Styllas et al., 2018). However, most studies 447 focusing on the use of CRE dating methods for dating LIA glacial advances have been carried 448 out in the Alps. In the Western Alps, LIA moraines are very close to Neoglacial (Late 449 Holocene) moraines and may even overlap them (Schimmelpfennig et al., 2012; 2014); as in 450 the Veleta cirque, LIA glacial advances have left a single polygenic ridge with dated boulders showing a wide range of dates:  $1430 \pm 32$ ,  $1534 \pm 28$ , and  $1829 \pm 11$  CE <sup>10</sup>Be (ages not 451 considering snow shielding) (Schimmelpfennig et al., 2012). These dates could correspond to 452 453 the three most important glacial advances in the Alps during the LIA: 1300-1380, 1600-1670 454 and 1800-1860 CE (Holzhauser et al., 2005), similar to those detected in the Pyrenees (Oliva 455 et al., 2018a). Recent studies in the Central Alps showed a similar pattern when dating LIA 456 moraine boulders –also very close to or overlapping Neoglacial moraines–forming single 457 polygenic crests (Schimmelpfennig et al., 2014). These authors dated 14 boulders in a single 458 LIA moraine ridge using <sup>10</sup>Be, assuming negligible inheritance for the boulders, and reported 459 dates ranging from 1430 to 1870 CE (Schimmelpfennig et al., 2014). Le Roy et al. (2017) 460 dated Neoglacial moraines near several present-day glacier fronts in the French Alps and obtained <sup>10</sup>Be ages that are all consistent with the Late Holocene period (~4-1 ka), but do not 461 462 follow the logical chronostratigraphic moraine sequence. These authors highlighted the problems related to surface exhumation and erosion of many moraine ridges. 463 464 Some attempts to date the moraines of the LIA have been also made in other high mountain ranges such as the Cordillera Vilcabamba, Central Andes where Licciardi et al. (2009) applied 465

<sup>10</sup>Be CRE dating for the first time. Samples collected from a single massive ridge showed 467 average dates ranging from  $1740 \pm 30$  to  $1810 \pm 20$  CE, though samples of old dates were 468 rejected as being outliers. They suggest that the moraines found in several valleys of this 469 massif may be the result of the successive accumulation of multiple Late Holocene glacial 470 expansions. Schaefer et al. (2009) also applied <sup>10</sup>Be dating in the Mueller valley in the Southern Alps, New Zealand, to date many LIA moraine boulders. The geomorphological setting is similar to 472 473 that described in the European Alps, with a single LIA moraine system overlapping with 474 various Late Holocene moraine ridges. Boulders taken from different sites in the LIA moraine reported dates of  $1350 \pm 60$ ,  $1600 \pm 50$ ,  $1780 \pm 40$  and  $1820 \pm 20$  CE  $^{10}$ Be, which coincide 475 with cold periods inferred from tree-ring data. Li et al. (2016) applied <sup>10</sup>Be dating in LIA 476 477 moraines in Tian Shan mountains, Central Asia; interestingly, they found that boulders in moraines from glaciers smaller than 1.0 km<sup>2</sup> show very old ages because of nuclide 478 479 inheritance. The same problems were found in the small Veleta cirque, where the wall is very 480 close to the moraine, but we discarded this possibility following the results obtained in this present study and those from other previous work in Sierra Nevada, because of the intense. 482 continuous rock fall activity on its wall. For larger glaciers, Li et al. (2016) found evidence of 483 a major advance ca.  $1600 \pm 100$  CE <sup>10</sup>Be, and also a remarkable early LIA glacial expansion at ca.  $1480 \pm 55$  CE <sup>10</sup>Be. Dong et al. (2017) dated two different LIA ridges in Tibetan 484 485 mountains with <sup>10</sup>Be, collecting four samples from each ridge. Their results provide a range of 1480±139 to 1975±31 CE <sup>10</sup>Be dates for the entire moraine system, very similar to the Veleta 486 487 cirque results. Young et al. (2015) dated several stable moraine ridges close to the current 488 alpine glacier snouts in Baffin Island and western Greenland and found a logical geomorphological order from 1040±40 CE to 1700±40 CE <sup>10</sup>Be ages with a retreat from 1750 489 490 CE, and proposed a recent glacial maximum during the Medieval Climate Anomaly, when

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glaciers in Europe receded. Jomelli et al. (2016) applied in situ cosmogenic <sup>36</sup>Cl to date three moraines in Lyngmarksbræen glacier (West Greenland), which were deposited during the last millennium in a relatively flat area not constrained by topography, the opposite that happens in Alpine environments. These authors obtained advances with average ages of  $1200 \pm 130$ CE,  $1450 \pm 90$  CE and  $1720 \pm 60$  CE for the most external and internal ridges. The most recent advances coincide with glacial expansion in European high mountains, but the older moraine may have developed during the Medieval Climate Anomaly (Jomelli et al., 2016). In the sub-Antarctic Kerguelen islands, Jomelli et al. (2017) recently dated a moraine with <sup>36</sup>Cl that is probably related to the LIA. From a review of the available literature on LIA moraine dating in different mountain ranges, we concluded that, in general, a first glacial advance was recorded during the 14<sup>th</sup> century, with the major ice expansion during the 17<sup>th</sup> century and a last minor readvance at the beginning of the 19<sup>th</sup> century. Due to the short exposure duration of our samples, their <sup>10</sup>Be ages have 25-30% analytical uncertainties. These uncertainties are higher than the age difference of 10-16% obtained when a snow shielding correction factor is applied, as was proposed in early studies (Benson et al., 2004; Schildgen et al., 2005). In any case, this study defends the importance of considering the snow cover of the moraines studied, both when applying CRE methods, and to discover the degree of degradation to which they have been subjected. The location of the glacial fronts during the LIA suggests MAAT ca. 1 °C below current values in mid-latitude mountain regions (Oliva et al., 2018a), determining longer snow cover duration in the highlands of the glaciated massifs and strengthening shielding from cosmogenic radiation (Fig. 7). Longlasting snow cover also intensifies nivation-related erosion processes and can intensely affect glacial deposits (Christiansen, 1998; Palacios et al., 2003).

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On the other hand, as we observed in the Veleta cirque, and as described in several papers cited above, the intensity of the paraglacial processes (Ballantyne, 2002; Oliva and Ruiz-Fernández, 2015) in the current deglaciation phase from the LIA advance is very high, with a complex superposition of processes that destroy the glacial landforms and accumulate new deposits on them. Therefore, as we saw, it was difficult to find suitable boulders for CRE dating in the Veleta cirque, despite its young age. In this context, the long-term study and monitoring of the dynamics of the LIA moraines in full paraglacial phase, should serve to evaluate the time needed for moraine stabilization, once it has been abandoned by glacial retreat (Zreda and Phillips, 1994,1995; Putkonen and O'Neal, 2006; Putkonen et al., 2008; Heyman et al., 2011) (Fig. 9). In areas where LIA moraines are constrained by steep slopes, as is very common in Alpine systems, at least two, or possibly three, major LIA advances overlap, in some cases with other Neoglacial moraines, to form a single polygenic ridge, as occurred in the Veleta cirque. This was highlighted in the mid-1980s with the concepts of "obliterative overlap" (Gibbons et al., 1984) and "distal-flank accretion" (Osborn, 1986) applied to Neoglacial advances. 6. Conclusions The results of this research supply evidence of the very few CRE dates available on very old

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The results of this research supply evidence of the very few CRE dates available on very old glacial landforms formed before the last Pleistocene glaciation, and also the few very young dates available, such as those derived from LIA glaciation, compared with the large number of dates obtained for Termination I. For both periods, the selection of boulders suitable for sampling was the critical issue in Sierra Nevada, due to intense postglacial environmental dynamics such as occurred during the last major deglaciation, which impedes the collection of a statistically significant number of samples. In the case of the LIA, moraines are still undergoing intense paraglacial readjustment to the new geomorphological setting, with very intense erosion and sediment redistribution of the unconsolidated moraine particles. In

geomorphological observations. In moraines originating during the penultimate glaciation, the long time lapse since their formation has facilitated intense erosion and reshaping of these landforms, with very few stable blocks remaining on the surface since their original stabilization. Periods of certain geomorphic stability may have occurred between the very old and the younger glaciations (Fig. 9).

The results of this research have enabled us to verify the existence of moraines deposited in glaciations prior to LPG in Sierra Nevada, as many of the first geomorphologists who studied the glacial landforms of this mountains suggested, and confirm similar CRE and OSL ages established in other mountains in the northern Iberian Peninsula.

addition, moraine accretion processes during successive glacial advances are detected from

In addition, CRE dates are obtained for the first time in the Iberian Peninsula in LIA moraines, with results suggesting that maximum advances during this period occurred between the 14<sup>th</sup> and 17<sup>th</sup> centuries, as is the case in many other mountains where the same method has been applied.

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## 903 Figure captions

904

- Figure 1. Location of the case study area, Sierra Nevada, in the south of the Iberian Peninsula.
- Figure 2. Geomorphological map of the Naute valley and location of samples. We show CRE
- 907 ka ages from this work (NAUT samples) together with those from Palacios et al. (2016).
- Figure 3. Results of the Naute moraine samples of this work, together with pictures of some
- of the sampled boulders and CRE data (including data from Palacios et al. (2016)). (A)
- Penultimate glaciation moraine (source: Google Earth imagery), (B) Picture of the sampled
- 911 NAUT-4 boulder, (C) Panoramic view of the penultimate glaciation moraine next to the last
- 912 glaciation moraine.
- Figure 4. Geomorphological sketch of the two moraines existing in the lower part of the
- Naute valley, together with the location of the CRE Sampling Boulder (CSB).
- 915 Figure 5. Geomorphological map of the Veleta cirque and sample location. We show CRE
- ages from this work (SN samples) together with those from Palacios et al. (2016).
- 917 Figure 6. (A) Schematic transect of the Veleta cirque including the different landforms
- existing across the cirque floor, and (B) Sketch showing the geomorphological approach used
- 919 in the selection of samples in the Veleta cirque.
- 920 Figure 7. (A) Photograph of Corral of the Veleta cirque from the West in September, 2016.
- 921 (B) Drawing according to the vision of Bide (1893), where the glacier seems still to cover its
- maximum extension in 19<sup>th</sup> century.
- 923 Figure 8. (A) Veleta cirque with its 19<sup>th</sup> century moraine (source: Google Earth), (B) Vertical
- view of the Veleta cirgue floor from the Veleta peak, (C) Sampled boulder for SN-11-2, and
- 925 (D) Sampled boulder for SN-11-3.

926 Figure 9. Sketch representing the erosion processes affecting a moraine: (A) Intense mass movements and erosion reshaping the main ridge during the paraglacial stage, (B) 927 928 Stabilization phase of a moraine at the end of paraglacial phase, and (C) Mature stage of an 929 old moraine after a long period of erosion. 930 Table captions Table 1. Current knowledge of Quaternary glacial stages in Sierra Nevada. 931 Table 2. Field data and characteristics of sampled boulders dated with <sup>10</sup>Be in Sierra Nevada 932 (\*boulders are covered by snow thickness of 30 to 130 cm during 8 months per year). See text 933 934 for details.

Table 3. Analytical data and <sup>10</sup>Be sample exposure ages.

935

Table 1. Current knowledge of Quaternary glacial stages in Sierra Nevada.

Stage	Chronology	Processes and landforms		
Pre-Last Glaciation	Unknown	Possible existence of eroded moraines from glaciations occurred before the Last Glaciation as well as glacio-fluvial sediments distributed at lower elevations than moraines formed during the Last Glaciation (Hempel, 1960; Messerli, 1965; Lhenaff, 1977; Sánchez-Gómez, 1990).		
Last Glaciation (Maximum Ice Extent; MIE)	Two glacial advances at ca. 32-30 ka and 20-19 ka	Development of alpine valleys at elevations between 2000 and 2500 m in northern and southern slopes, respectively (Gómez-Ortiz et al., 2012, 2013, 2015; Oliva et al., 2014; Palacios et al., 2016). The glaciated environment during the MIE encompassed 105 km² (Palma et al., 2017).		
Deglaciation	Two glacial advances during the Oldest Dryas (OD) at ca. 17 ka and Younger Dryas (YD) at ca. 13-12 ka	Glacial retreat at ca. 19 ka followed by two phases of glacial development until the Holocene, mainly in the highest valleys from the northern slope of the massif (Gómez-Ortiz et al., 2012, 2013; Oliva et al., 2012, 2014; Palacios et al., 2016).		
Holocene	Glacial retreat until the Early Holocene at ca. 10-9 ka	The glaciers formed during the YD finally melted and paraglacial activity favoured the development of rock glaciers in these areas (Gómez-Ortiz et al., 2012, 2013; Oliva et al., 2016b; Palacios et al., 2016).		
	Three stages with formation of glaciers occurred during the Late Holocene at ca. 2.8-2.7, 1.4-1.2 ka cal BP and LIA	Lake sediments suggest the development of a small glacier in the Mulhacén cirque, which is reflected in several moraine ridges distributed across the cirque floor (Oliva and Gómez-Ortiz, 2012; Oliva et al., 2016a).		
Little Ice Age (LIA)	From 1440 to 1710 AD a glacier existed in the Mulhacén cirque, and another glacier developed in the Corral de Veleta cirque until the mid-20 <sup>th</sup> century	In the highest northern cirques between Mulhacén and Veleta peaks, historical sources and geomorphic evidence (i.e. moraines) shows evidence of the existence of several small glaciers that gradually disappeared during the 19 <sup>th</sup> and 20 <sup>th</sup> centuries (Gómez-Ortiz et al., 2001, 2009, 2018; Oliva and Gómez-Ortiz, 2012; Oliva et al., 2018a).		

Table 2. Field data and characteristics of sampled boulders dated with <sup>10</sup>Be in Sierra Nevada (\*boulders are covered by snow thickness of 30 to 130 cm during 8 months per year). See text for details.

Sample	Latitude (°N)	Longitude (°W)	Elevation (m a.s.l.)	Thickness (cm)	Topographic shielding factor	Snow shielding factor
NAUT-1	37.0196111	3.33047222	2164	1.5	0.97832	
NAUT-2	37.0201111	3.33036111	2179	1.5	0.98414	
NAUT-3	37.0212500	3.32977778	2211	1.5	0.98221	
NAUT-4	37.0225556	3.32866667	2263	3.0	0.97817	
*SN-11-1	37.0595833	3.36569444	3076	2.5	0.80979	0.70067
*SN-11-2	37.0605833	3.36747222	3061	2.0	0.80979	0.70067
*SN-11-3	37.0606944	3.36897222	3095	2.0	0.80979	0.70067

Table 3. Analytical data and <sup>10</sup>Be sample exposure ages

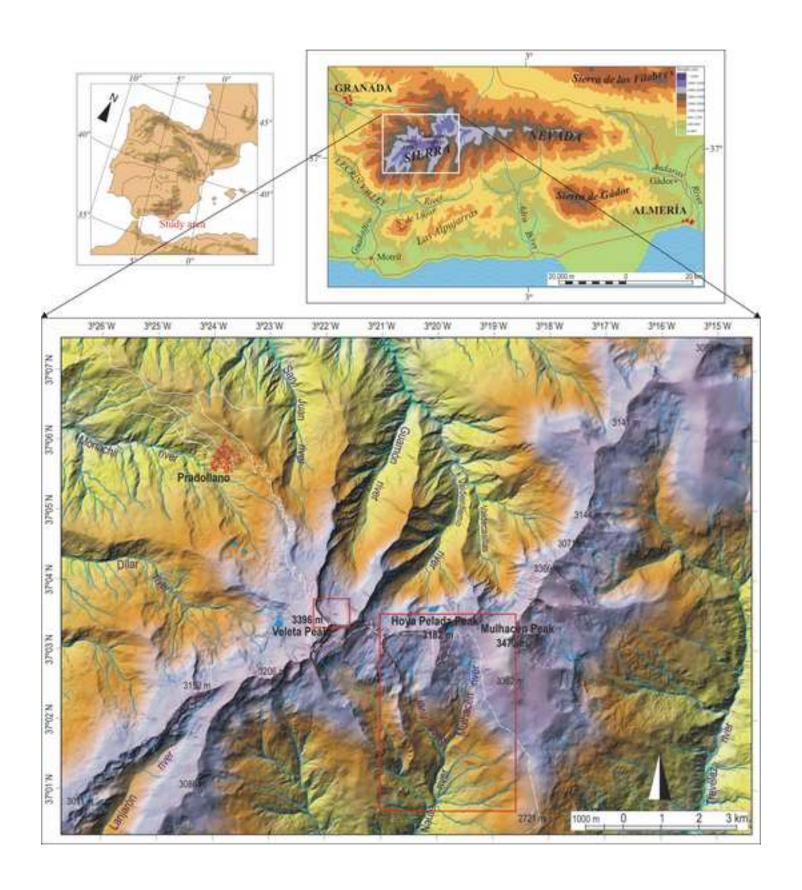
Sample	Quartz (g)	<sup>9</sup> Be carrier solution (mg) <sup>a</sup>	<sup>10</sup> Be/ <sup>9</sup> Be (x10 <sup>13</sup> ) <sup>b</sup>	[ <sup>10</sup> Be] (x10 <sup>3</sup> at.g <sup>-1</sup> )	<sup>10</sup> Be age (CREp °) (ka)	<sup>10</sup> Be age (C-E <sup>d</sup> ) (ka)	<sup>10</sup> Be age (CREp <sup>c</sup> ) (ka) With snow shielding factor	<sup>10</sup> Be age (C-E <sup>d</sup> ) (ka) With snow shielding factor
NAUT-1	18.32	98.9	$23.3 \pm 1.0$	$2530 \pm 110$	134.8 ± 10 (6.2)	130.4 ± 10 (6.1)		
NAUT-2	21.98	100.2	$11.2 \pm 0.58$	$1030 \pm 53$	$53.7 \pm 4.3 (2.9)$	$54.5 \pm 4.3 (2.9)$		
NAUT-3	22.53	100.5	$9.62 \pm 0.55$	$868 \pm 50$	$43.8 \pm 3.2 (2.3)$	$43.0 \pm 3.6 (2.5)$		
NAUT-4	22.62	100.7	$28.6 \pm 1.2$	$2580 \pm 110$	$129.2 \pm 8.9 (5.4)$	$125.4 \pm 9.4 (5.5)$		
SN-11-1	30.91	100.9	$0.127 \pm 0.052$	$8.4 \pm 3.5$	$0.31 \pm 0.10 (0.10)$	$0.28 \pm 0.11 (0.11)$	$0.34 \pm 0.12 (0.12)$	$0.32 \pm 0.13 (0.13)$
SN-11-2	32.79	100.7	$0.285 \pm 0.086$	$17.7 \pm 5.3$	$0.60 \pm 0.22 (0.21)$	$0.59 \pm 0.20  (0.18)$	$0.72 \pm 0.28  (0.27)$	$0.71 \pm 0.22 \ (0.22)$
SN-11-3	31.39	101.0	$0.159 \pm 0.050$	$10.3 \pm 3.3$	$0.36 \pm 0.09 (0.09)$	$0.35 \pm 0.11 (0.10)$	$0.40 \pm 0.11 (0.11)$	$0.38 \pm 0.12 (0.12)$
Blank		99 4	$0.0450 \pm 0.013$					

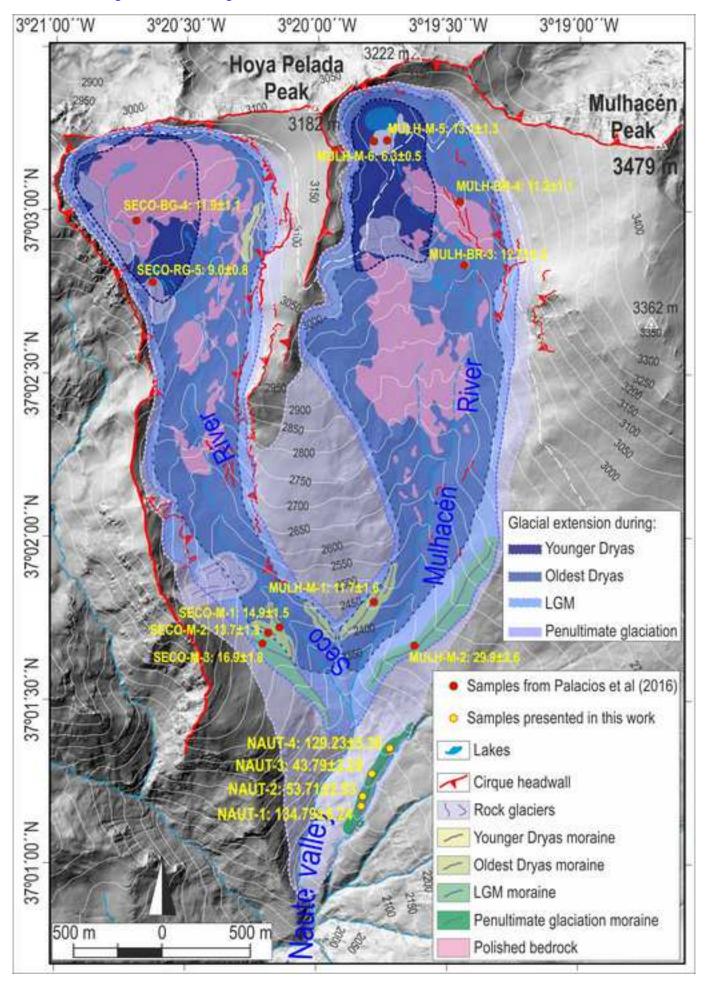
<sup>\*</sup>Carrier has a concentration of 3025 µg <sup>9</sup>Be/g.

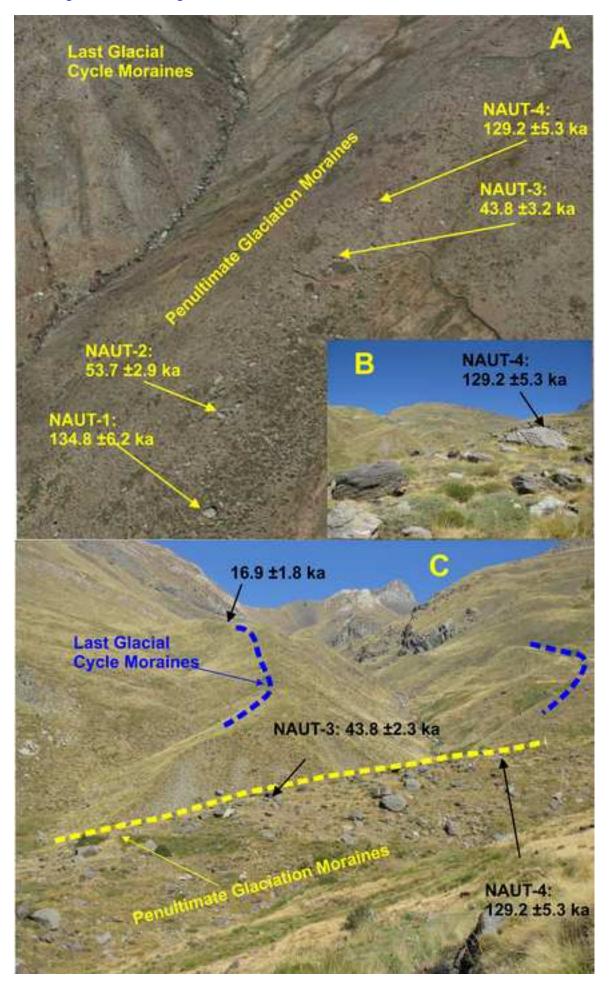
\*Sample <sup>10</sup>Be <sup>9</sup>Be ratios corrected for batch-specific analytical blank ratio of (4.5 ± 1.3) x 10<sup>-15</sup>.

\*<sup>10</sup>Be ages calculated with the online CREp exposure age calculator (Martin et al., 2017). Isigma errors include analytical and production rate uncertainties; analytical errors shown in brackets.

\*<sup>10</sup>Be ages calculated with the online exposure age calculator formerly known as the CRONUS-Earth online exposure age calculator version 3 (Balco et al., 2008). Isigma errors include analytical and production rate uncertainties; analytical errors shown in brackets.







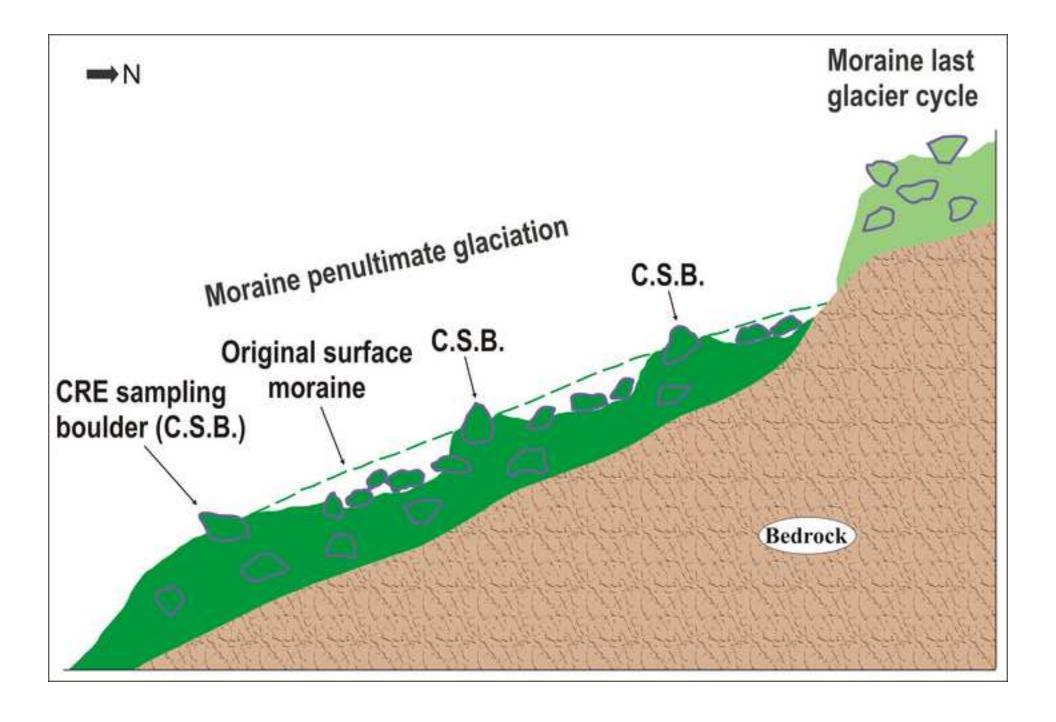
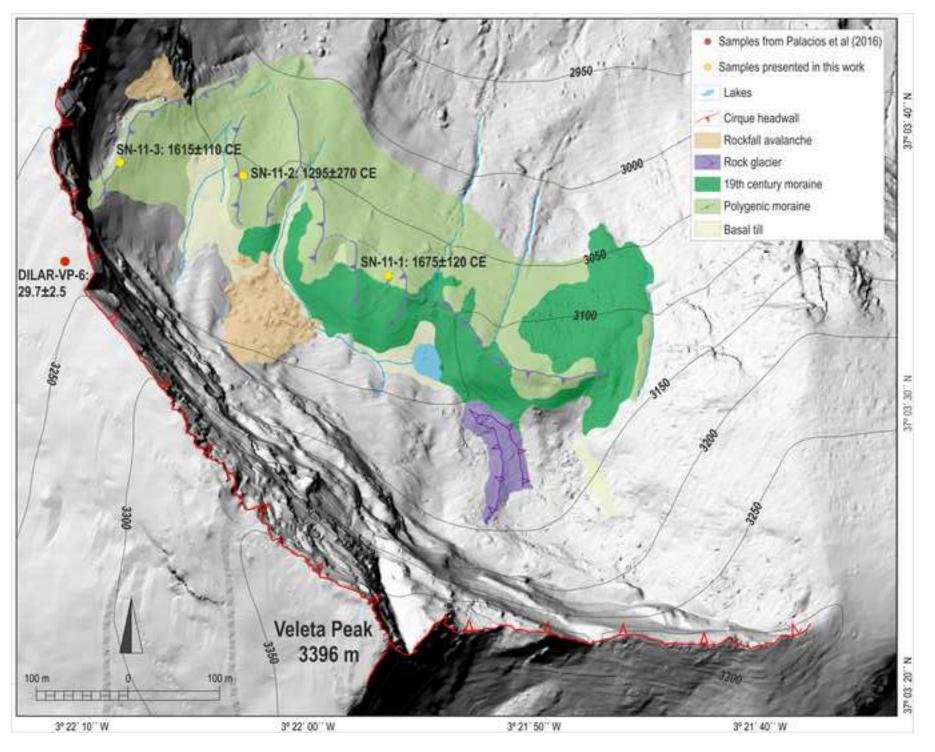
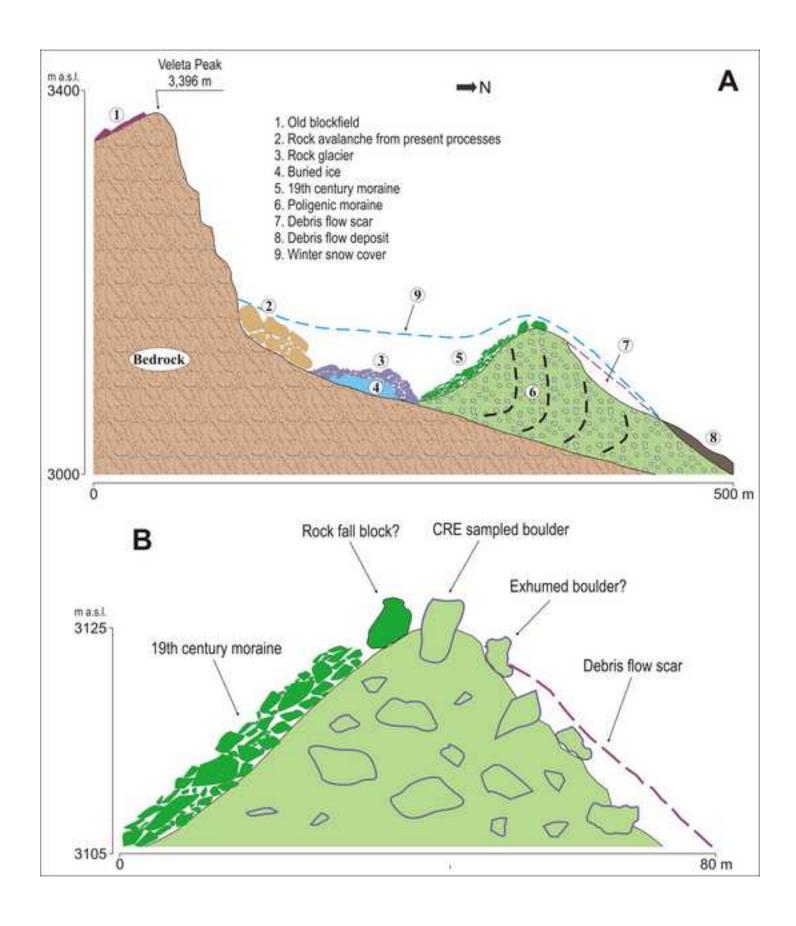
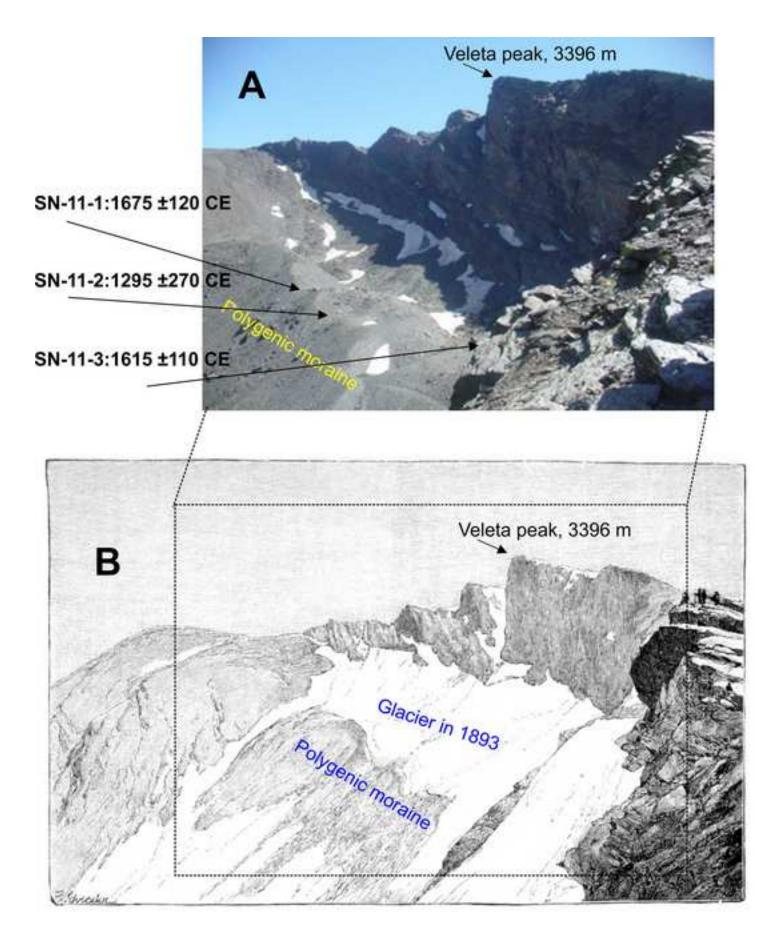
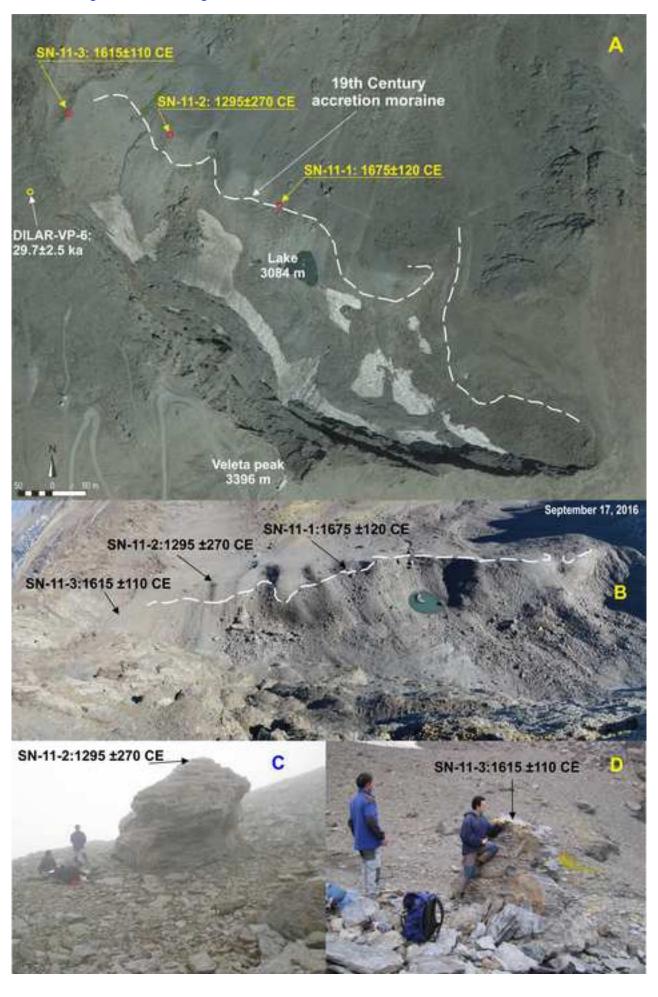


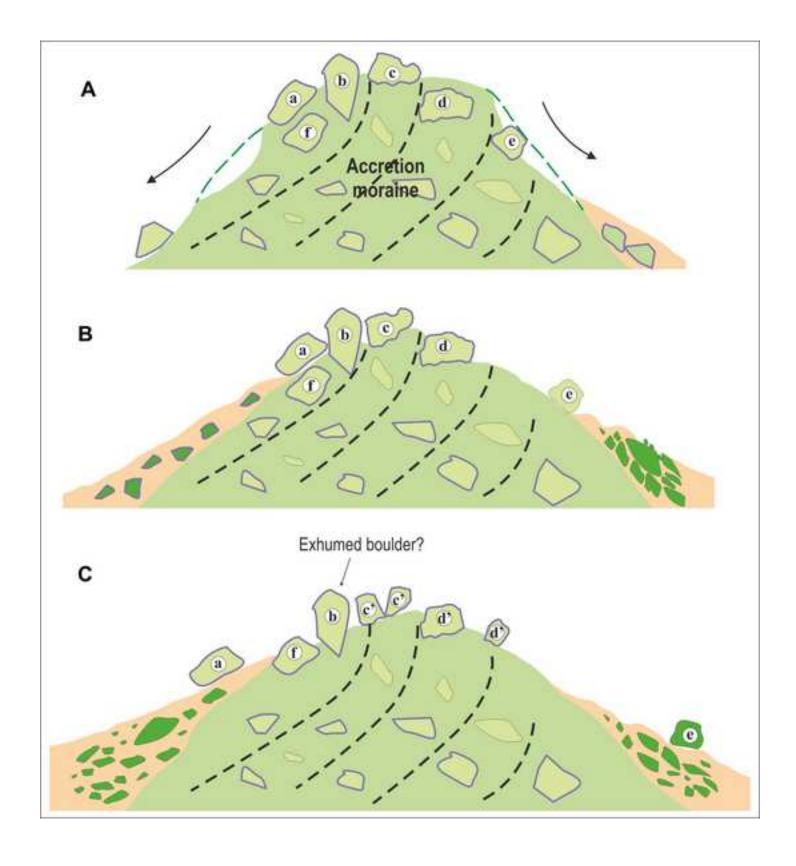
Figure (Color)
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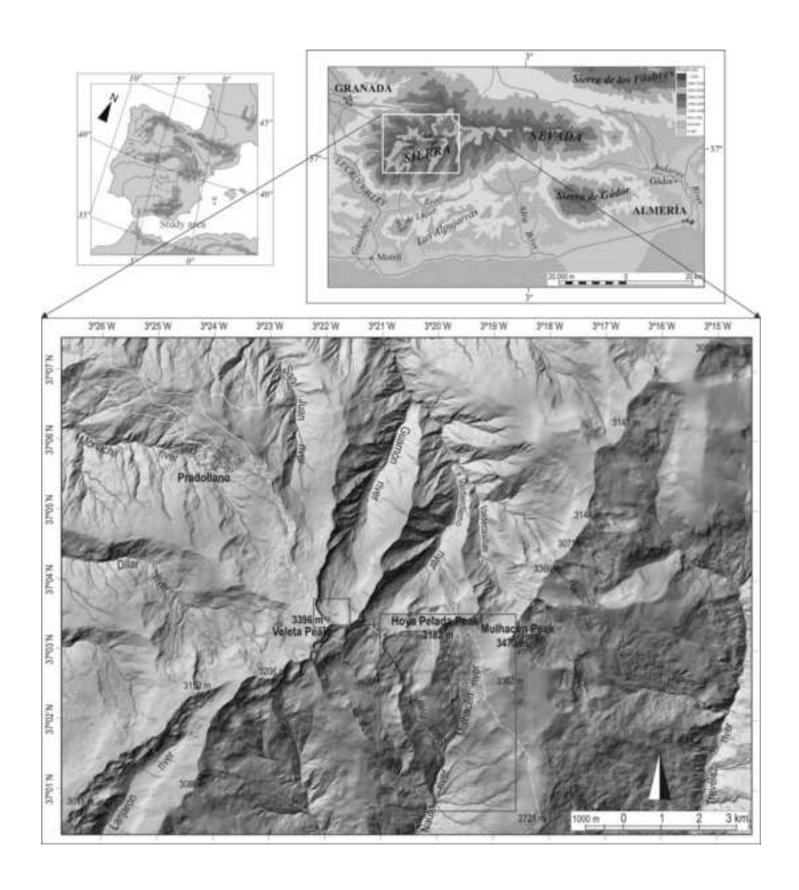


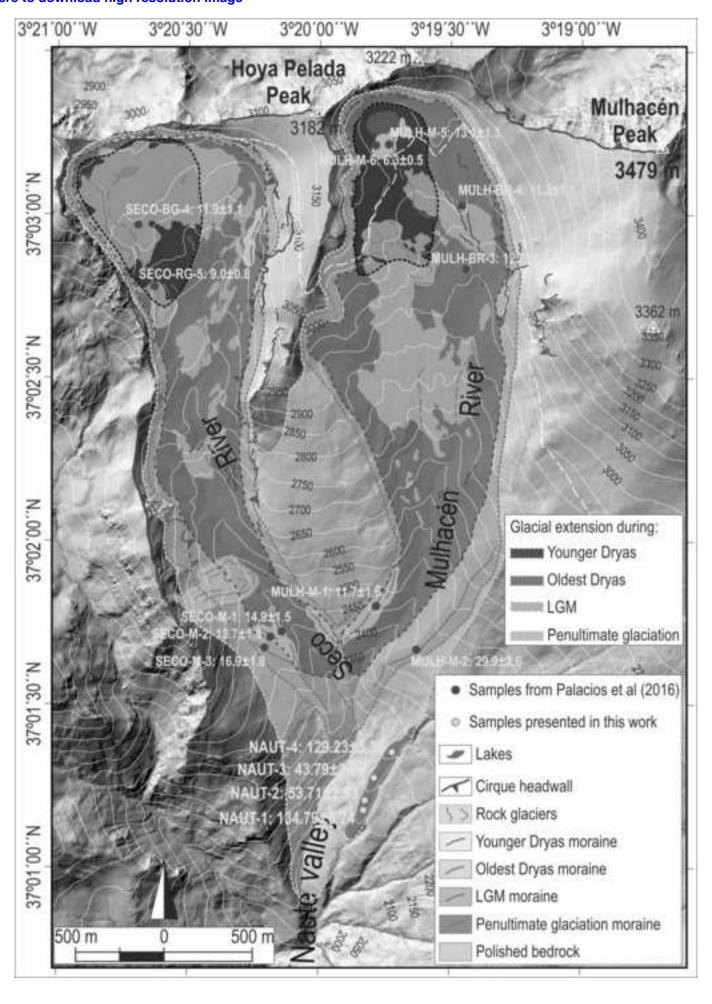


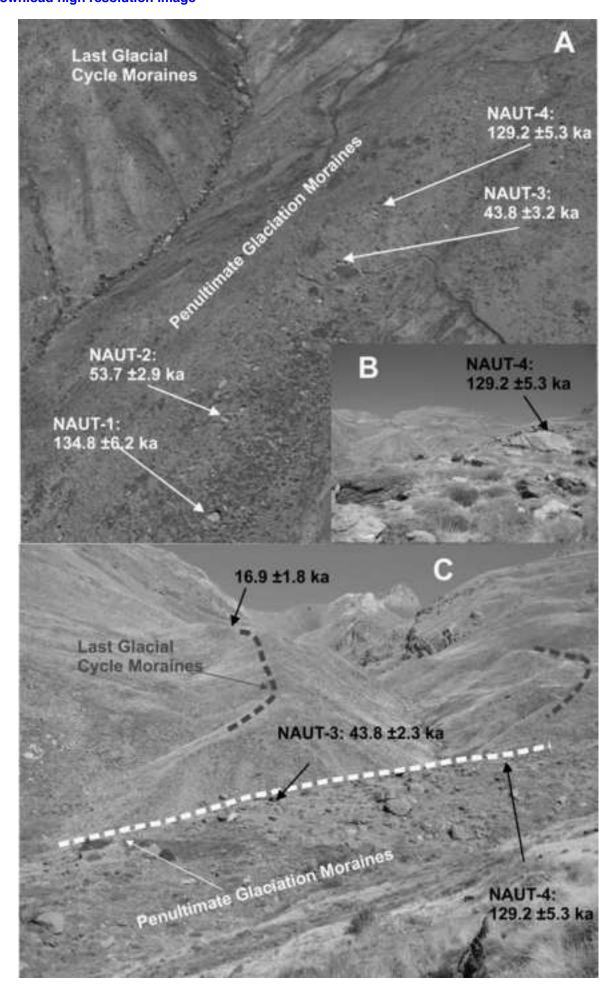












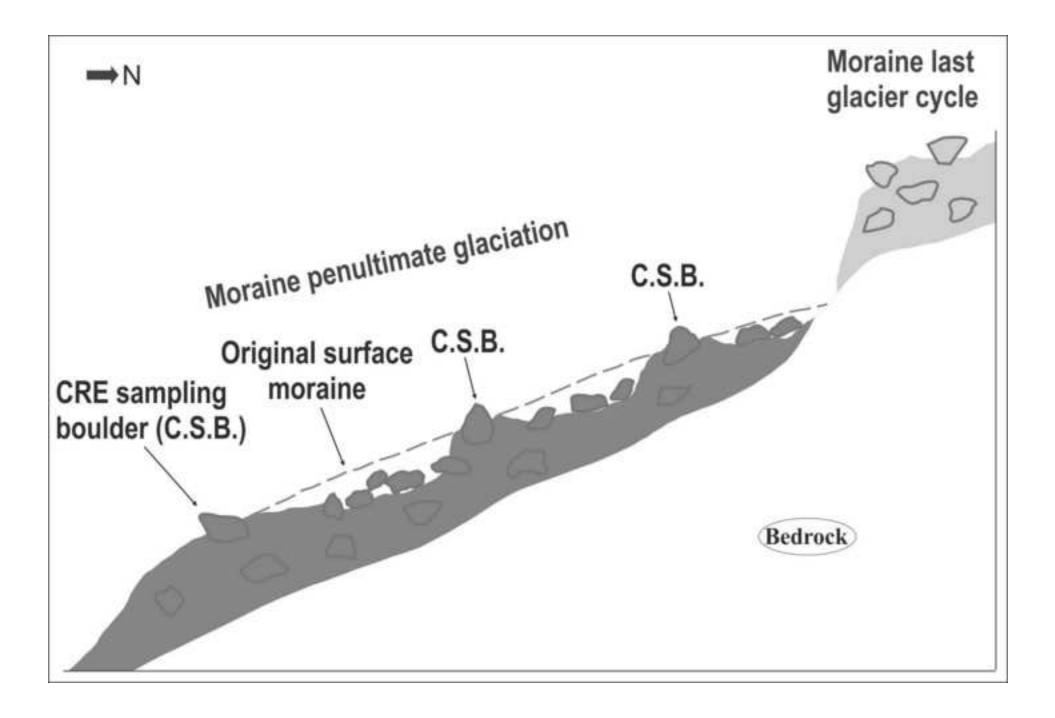


Figure (Greyscale)
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