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# A wheat grain quantitative evaluation of vitreousness by light transmission analysis

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#### Abstract

Light transmission through wheat (T. aestivum L.) grain longitudinal cross sections of different thickness was used to study the endosperm microstructure and was shown to strictly follow a Beer-Lambert law allowing a non ambiguous quantification of the endosperm vitreousness. Therefore similar samples obtained from near-isogenic lines differing by hardness and grown in two distinct environments affecting their vitreousness were analyzed and confirmed the relationship between light transmission and the endosperm microstructure. In each sample, moreover analysis of light transmission within the different grain parts highlighted the greater compactness of the central endosperm cheeks in comparison with the distal and the proximal regions. These results helps a better understanding of the endosperm microstructure. *Keywords:* endosperm, hardness, microstructure, puroindoline, *Triticum* 

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#### 1 1. Introduction

The protein-starch adhesion and the microstructure of the common wheat (Triticum aestivum L.) starchy endosperm were found to differ depending on 3 genetic and environmental factors [1]. These factors are both found to af-4 fect the grain mechanical resistance i.e. endosperm hardness [2] and thus play a key role in grain milling behavior. Recently, an effort was made to 6 experimentally clarify the role of these factors using genetically well-defined grains grown under different cultural conditions [3, 4]. The main genetic 8 locus controlling the starchy endosperm texture, called Ha, was located on 9 the short arm of chromosome 5D [5] where two important genes encoding 10 specific proteins called puroindoline A (PINA) and puroindoline B (PINB), 11 were found [6, 7]. Presence of the wild-type alleles of both puroindoline genes 12 (Pina-D1a/Pinb-D1a) leads to both functional PINA and PINB and results 13 in a soft mechanical behavior, whereas mutation or deletion of one or both 14 of the puroindoline genes was found to lead to a hard texture [7]. Moreover, 15 translocation of the wild type puroindoline genes in a durum background [8], 16 which lacks D genome, leads to mechanical resistance and similar character-17 istics to soft common wheat *i.e.* a higher production of the finest particles 18 with low starch damage after milling [9, 10, 11]. Conversely, removal of the 19 chromosome 5D distal part (which carries the puroindolines genes) in a soft 20 hexaploid wheat led to hard vitreous grains [12]. 21

Differences at the interface between protein and starch granules are suggested to explain the mechanical differences between soft and hard cultivars [13] and puroindolines are believed to affect the starch-protein adhesion. Indeed recent studies showed mechanical changes at the interface using nearisogenic lines differing only by the wild-type or mutated allele of the gene
encoding PIN B [14].

Besides genetic factors, environmental conditions were found to affect the 28 starchy endosperm appearance the so-called vitreousness [15] which is an op-29 tical property attributed to differences in endosperm porosity [16]. Grains are 30 classified as mealy when the starchy endosperm is porous and appears white 31 and floury, or as vitreous when it is transluscent and glassy. Vitreousness is 32 generally estimated through examination of a number of grain cross-sections 33 made with a Pohl grain cutter. However, this method is operator-dependent 34 and time consuming. Therefore, other methods were recently developed for 35 rapid classification of wheat grains depending on their vitreousness level. 36 Transmitted light images were found allowing correct classification accord-37 ing to vitreousness even if percentages of accuracy relative to the visual 38 inspection differ between authors [17, 18]. Soft X-ray, dual energy X-ray or 30 light reflectance coupled with image analysis were also found to be poten-40 tially efficient in the differentiation between vitreous and non-vitreous grains 41 [17, 19, 20]. Near infrared hyper-spectral imaging was also used to satisfac-42 tory classified vitreous from non-vitreous grains [21, 22]. These classification 43 methods are rapid and non-destructive. However, they are based on reference wheat samples which need to be well characterized and are only valid 45 for grains which share the same characteristics as the references (grain geo-46 metric characteristics, tissue thickness, colors, hardness, etc.). These recent 47 methods are hardly used to quantify the level of vitreousness as a function of the microstructure. 49



In the present work, we chose grains from two near-isogenic lines with a

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known profile of puroindoline alleles, encoding either native or mutated PINB 51 in order to fix hardness due to the genetic background, respectively soft or 52 hard, and selected two different environments from a previous study [15] al-53 lowing obtaining contrasted levels of vitreousness for the starchy endosperm. 54 Then, locally distinct regions within the endosperm were explored thanks 55 to an original experimental assembly allowing measurement of transmitted 56 light through grain cuts. It was thus possible to objectively compare the 57 endosperm microstructure between the four wheat grain samples depending 58 on genetic or environmental conditions, as well as within each type of sample 59 depending on intra-grain location. 60

### <sup>61</sup> 2. Material and Methods

#### 62 2.1. Wheat grains

Near-isogenic lines (NIL) of *Triticum aestivum* L. were produced by Insti-63 tut National de la Recherche Agronomique (INRA) and displayed either the 64 wild-type *Pinb-D1a* or the mutated *Pinb-D1b* allele (leading to single amino 65 acid change in PINB, *Gly*46Ser), which respectively conferred to grains the 66 soft or the hard phenotype. They were derived from a cross after selection 67 of the two allelic forms at the F6:F7 selfing generation (F7 siblings issued 68 from the same F6 parent plant, construction and genetic similarity testing 60 detailed in [3]). Grains from the two lines were cultivated in different loca-70 tions in France, collected and cleaned to remove broken kernels or impurities 71 and stored at  $4^{\circ}C$  before analysis. Percentage of vitreousness in each col-72 lected location was determined on grain cross sections (n=500) obtained with 73 a Pohl grain cutter (Versuchs and Lehranstalt, Brauerei, Berlin, Germany) 74

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depending on the proportion of glassy (translucent) area observed on the 75 surface after visual analysis as described in [23]. Briefly, grains were classi-76 fied into five groups according to the percentage of vitreous surface in the 77 analyzed grains (i.e., grains that displayed less than 25% vitreousness were 78 placed in the first group; those with around 25% vitreousness constituted the 79 second group; and those with around 50, 75 or 100% vitreousness were placed 80 in the third, fourth, and fifth groups, respectively). The number of grains 81 in each class  $(N_1 \text{ represents number of grains in class 1, for example)$  was 82 multiplied by the corresponding factor of vitreousness for that class, and the 83 percentage of vitreousness in the grain sample was calculated according to 84 the following equation:  $\frac{N_1 \times 0.00 + N_2 \times 0.25 + N_3 \times 0.50 + N_4 \times 0.75 + N_5 \times 1}{N_1 \times N_2 \times N_3 \times 0.50 + N_4 \times 0.75 + N_5 \times 1}$ , where the sum 85  $N_1 + N_2 + N_3 + N_4 + N_5$ of the analyzed grains in each class was around 500. From a Student test the 86 maximum error on this measurement was estimated, to be lower than 2 units. 87 Grains harvested from two different locations (Cappelle  $(50^{\circ}29N/3^{\circ}10E)$  and 88 Maule  $(48^{\circ}54N/1^{\circ}51E)$ ) were retained for this study as they were found to 80 display contrasting endosperm vitreousness [15]. 90

## 91 2.1.1. Light transmission through endosperm samples

<sup>92</sup>Wheat kernels were abraded longitudinally from the back and the ventral <sup>93</sup>sides with a 240 grit extra fine sandpaper (grit size 58.5 µm). Abraded grains <sup>94</sup>were placed above a plate light (flat dome Light, LFX-100, CCS, Japan) <sup>95</sup>that diffuses uniform white LED lighting (Figure 1a). In order to avoid <sup>96</sup>straight light the plate light was covered with a black paper except at the <sup>97</sup>kernel position. Then light transmission through grain cut was collected in <sup>98</sup>the visible range using a 400 µm diameter optical fiber and measured using <sup>99</sup>a spectrometer (Ocean Optics USB 2000+XR extended range, FL, USA).

The number of photons (Intensity in counts) per unit of time (100 ms) was obtained as a function of the wavelength (nm) between 400 and 800 nm and analyzed with the SpectraSuite software (Ocean Optics, Dunedin, Florida, USA). For each analyzed grain samples, thirty kernels were randomly selected and 3 grain locations were probed into the endosperm cheeks (Figure 1b): distal part (close to the brush), central, and proximal part (close to the germ). Therefore 180 measurement values were obtained for each wheat sample.

Figure 1: (a) Schematic representation of the experimental assembly used for the spectroscopic analysis of the grain microstructure. h is for the sample thickness (b) Example of the analyzed grains differing by vitreousness. Circles represent the six areas where the transmission spectra were collected into the starchy endosperm.

#### 107 2.2. Statistical analysis

The statistical analysis, such as statistical tests and box-plots, were performed with R software (R Core Team (2016), R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. URL https://www.R-project.org/).

#### 112 3. Results

Wheat samples were selected from a previous study [15]. This study drove us to select grains with a defined puroindoline genome leading to either soft (native puroindoline a and b alleles) or hard (mutated puroindoline b) phenotype and grown in two contrasted environments resulting in different levels of vitreousness for the starchy endosperm. Wheat grains were characterized with a Pohl grain cutter as already described [23]. Considering the previous study [15] which described the vitreousness range within different wheat grain samples grown in two years and in seven different sites, samples displaying vitreousness below 40%, were classified as mealy. Conversely, grains having a vitreousness score above 40% were considered as vitreous. This classification led us to identify four different grain samples defined by their genetic origin and vitreousness score (Soft Mealy, SM; Soft Vitreous, SV; Hard mealy, HM; Hard vitreous, HV) as summarized in Table 1.

| Grain samples      | Genomic <i>Pin</i> profile | Vitreousness (%) |
|--------------------|----------------------------|------------------|
| Soft Mealy (SM)    | Pina-D1a/Pinb-D1a          | $21.4 \pm 1.2$   |
| Soft Vitreous (SV) | Pina-D1a/Pinb-D1a          | $48.2 \pm 1.6$   |
| Hard Mealy (HM)    | Pina-D1a/Pinb-D1b          | $23.1 \pm 1.1$   |
| Hard Vitreous (HV) | Pina-D1a/Pinb-D1b          | $68.8 \pm 1.7$   |

Table 1: Genomic profile and vitreousness of the wheat near-isogenic lines differing by hardness and displaying contrasted vitreousness (as determined with a Pohl grain cutter)

#### 126 3.1. Wheat grain endosperm vitreousness fits with a Beer Lambert law

Wheat starchy endosperm is a cohesive granular material [24] composed of various phases among which starch, protein matrix and voids occupy most of the volume. In such a material the pores induce differences in light transmission resulting in various vitreousness. For this type of porous materials the strong variation in optical indexes, which constitute massive scattering events, should follow the Beer-Lambert law:

$$I = I_0 \exp(-\kappa h) \tag{1}$$

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Therefore, this law directly relates the attenuation of light to the optical properties of the bulk microstructure. It is worth noting that  $\kappa$  depends only on physical parameters without introducing any arbitrary variable.

To check the validity of this law, we performed light transmission measure-139 ment at the center of HV kernel cheek cross-sections with thicknesses vary-140 ing from 0.9 to 1.8 mm. Figure 2 shows the evolution of light transmission 141  $T = I/I_0$  as a function of h for three different samples. The results are well 142 fitted by the Beer-Lambert law (in dashed line) with  $\kappa = (1.13 \pm 0.50) \,\mathrm{mm^{-1}}$ . 143 The validity of the Beer-Lambert law to describe the transmission of light 144 through the wheat endosperm gives way to characterize wheat propensity to 145 transmit light with a sound physical parameter: the absorption coefficient. 146 In the following, we chose instead to use the transmission coefficient  $\tau = 1/\kappa$ 147 which increases with vitreousness. 148

Figure 2: Evolution of the light transmission as a function of the grain thickness for three different HV samples (fit dashed line  $T(h) = e^{-1.13 h}$ ). h is for the sample thickness.

The four wheat samples were then analyzed to determine  $\tau$  (and thus the vitreousness) with a specific focus on both inter-grain samples or intragrain sample variability. We performed measurements on 30 randomly selected grains for each wheat samples (s) working at a carefully abraded fixed thickness  $h_s = (1.58 \pm 0.14)$  mm. This thickness was chosen to get easily reproducible cross-sections with a good compromise between stiffness and sensitivity to transmission measurement.  $\tau$  values were directly derived from

the measurements of light transmission at this thickness,  $T(h_s)$ , using equation (2):

$$\tau = \frac{-h_s}{\ln T(h_s)}$$

<sup>158</sup> 3.1.1. Inter wheat grain endosperm texture comparison

Inter-grain comparison was performed by comparing the transmitted light 159 between the same specific grain location in the different wheat samples (cen-160 tral areas of HV vs central areas of HM as an example). As far as the  $\tau$  ob-161 servations did not fulfill a Gaussian distribution, non-parametric tests were 162 performed to compare samples. Wilcoxon-Mann-Whitney tests were imple-163 mented to compare the inter-grain observations (comparison of the median 164 of the transmission coefficient  $\tau$  from an identical location between different 165 grain samples). Example of the inter-grain comparison corresponding to both 166 of the endosperm central areas is illustrated in Figure 3. The represented 167 boxplots highlighted the non-Gaussian and discontinuous distribution of the 168 transmission coefficient within the different samples with a few number of 169 grains displaying higher transmittance than the major part of the popula-170 tion in each case, clearly reflecting the natural sample heterogeneity. 171

The statistical results showed that mealy grains displayed the lowest light transmission coefficient, with no significant difference between soft and hard lines. On the opposite, vitreous grains exhibit higher transmission coefficients, which were influenced by the genetic origin of the grains. Indeed, HV grains present higher light transmission coefficients than SV grains (Figure 3).

178

For the different grain samples, the same comparison between transmis-

Figure 3: Boxplot for intergrain comparison of the transmission coefficient  $\tau$  for HV, HM, SV and SM in both of the central check endosperm. The graph summarizes the distribution of data as the following : boxes enclose 50 % of the data (n=60) with the median value for variables displayed as a line, boxes span from the first quartile to the third quartile and vertical lines display 1.5 times the interquartile distance from the box (with extreme values of whiskers [max( $\tau_{min}, Q3-1.5(Q3-Q1)$ ), min( $\tau_{max}, Q3+1.5(Q3-Q1)$ )] where Q1, Q3,  $\tau_{max}$  and  $\tau_{min}$  are the first and third quantiles, and max and min are the measured values for each texture respectively). Outliers are positioned outside the box and the vertical lines. \*, \*\* and \*\*\* indicate significance of the differences with 90 %, 95 % or 99 % confidence level respectively, with n.s.= non significant effect. Each measurement was labeled with a dot.

<sup>179</sup> sion coefficient  $\tau$  either in the proximal or distal regions reveal similar trends: <sup>180</sup> 1) no statistical differences between mealy grains (low  $\tau$  values), 2) light <sup>181</sup> transmission decreases significantly in the order HV, SV and mealy (HM or <sup>182</sup> SM).

#### 183 3.2. Intra wheat grain endosperm texture comparison

Comparison between measurements in the endosperm central areas with 184 those in the proximal and distal extremities were also conducted to exam-185 ine the intra-grain microstructure variability within each four wheat grain 186 sample sets. Unilateral Wilcoxon signed rank tests were computed for these 187 comparisons to determine if the median of the transmission coefficient  $\tau$ 188 measured at a specific endosperm location (central versus proximal and dis-189 tal and distal versus proximal) within grains of a specific wheat sample was 190 significantly higher or lower than the median value observed for both other 191 locations. Within each wheat sample, the central areas transmitted signifi-192 cantly higher amount of light than distal endosperm positions (brush side), 193

Figure 4: Boxplot for intragrain comparison of the transmission coefficient  $\tau$  for HV, HM, SV and SM in the different endosperm regions : distal near the brush, central into the grain cheeks or proximal close to the germ. \*, \*\*, \*\*\* and n.s. as in Figure 3.

which transmitted more light than positions in the proximal regions (close 194 to the germ), except for the HV grains where proximal and distal regions 195 cannot be distinguished (Figure 4). However, within this HV sample, light 196 transmission measurements through the different grains appeared the most 197 variable as reflected by the boxplot height. Indeed vitreous samples clearly 198 showed more data spreading corresponding to different endosperm organi-199 zation within each grain whereas light transmission through each grain in 200 mealy samples appeared more homogeneous. 201

#### 202 4. Discussion

In this study, the endosperm microstructure was analyzed based on light 203 transmission measurements. As grain endosperm organization was found to 204 differ depending on the puroindoline allelic state which was suggested to play 205 a role in starch-protein network adhesion [6], near-isogenic grains differing 206 only by the puroindoline b allelic form (*PinbD1a* or *PinbD1b*) were used in 207 order to well define the genetic background. These wheat samples were grown 208 in two contrasted environments found to lead to distinct vitreousness level 209 [15] and thus to different level of wheat endosperm porosity. Here, we demon-210 strated for the first time that vitreousness can be non-ambiguously quantified 211 and compared from light transmission measurements through wheat samples 212 displaying standardized thickness. As light transmission was found to follow 213 a Beer-Lambert law, it is clearly the results of changes in the endosperm 214

porosity as pores are known to scatter light. The statistical analysis showed 215 that grains grown in an environment leading to mealy kernels but presenting 216 distinct genetic background (as observed between mealy grains of distinct 217 hardness, HM and SM) cannot be distinguished by light transmission be-218 cause they display a high porosity level. Importance of the environment was 219 also highlighted for grains within the same genetic background but grown in 220 different locations that were found to display distinct vitreousness and thus 221 light transmission (SM vs SV, HM vs HV). Consistency with these differ-222 ences between wheat samples, presence of a pore network was shown to lead 223 to weaker mechanical strength whatever the genetic background [3]. These 224 results clearly highlight the importance of porosity or vitreousness characteri-225 zation and of the identification of genetic background. Such a knowledge help 226 us to get a more accurate understanding of the grain mechanical properties 227 and thus the milling behavior as also previously noticed [15, 4]. Further-228 more, SV and HV wheat grains displayed distinct vitreousness scores and 220 transmission coefficients even if they were grown in the same environment. 230 Therefore for vitreous grains, presence of both wild-type puroindolines results 231 in a significant decrease of  $\tau$  revealing a more porous microstructure. This 232 observation possibly suggests that light transmission, and thus vitreousness, 233 is affected by the different genetic background of these wheat samples. In-234 deed, the soft line containing the wild-type puroindolines would have a lower 235 starch-protein adhesion due to the higher puroindoline content at the starch 236 granule surface in the endosperm [25, 26]. The weak starch-protein adhe-237 sion could act as a network of internal microcracks. They may constitute 238 another factor responsible for endosperm porosity that scatter the light and 230

result in lower light transmission. Recently, Oury et al. [15] demonstrated, 240 using similar genetic material that the soft near-isogenic lines never exceed 241 a vitreousness level of 60% in comparison with the hard near-isogenic lines 242 which were found to display a broader range of vitreousness levels (up to 243 80%). Additionally a larger data spreading was found within the hard vitre-244 ous grain in accordance with the larger standard deviation observed in similar 245 samples for mechanical properties [3]. Our results also match with modeling 246 of the endosperm that also revealed a more important effect of changes in 247 the adhesion between starch and the protein network (related to the pres-248 ence of wild or mutated puroindoline alleles) in the case of low porosity [27]. 249 Moreover, light transmission analysis also highlighted the heterogeneity in 250 the endosperm microstructure depending on the location within the grain. 251 The highest light transmission obtained in the central endosperm suggests a 252 more compact organization in comparison with the distal or proximal regions 253 respectively close to the brush or the germ extremities. These differences in 254 compactness can be potentially related to the observed distinct behavior of 255 the grain extremities against pathogen attack [28] or water, gibberelic acid 256 and  $\alpha$ -amylase diffusion along imbibition/germination [29, 30]. 257

### 258 5. Conclusions

In this study, we first demonstrated a Beer-Lambert relationship for light transmission through the endosperm allowing to quantify and compare endosperm microstructure depending on both genetic background and environmental conditions. We confirmed the role of the environment in endosperm porosity and revealed a more pronounced effect of the genetic background for grains with low vitreousness. Furthermore, local hetereogeneity within the
endosperm was observed showing a more compact structure of the endosperm
central region in accordance with our knowledge on grain physiology.

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#### distal

#### central

#### proximal



Highlights:

- Light transmission through the wheat endosperm follows a Beer-Lambert law
- Similar endosperm light transmission was found in grains displaying low porosity
- The highest transmittance was found with vitreous grains from hard genotype
- The proximal or distal part of the endosperm was more porous than the center

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