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A TWO-POINT FUNCTION APPROACH TO CONNECTEDNESS OF DROPS IN CONVEX POTENTIALS

GUIDO DE PHILIPPIS AND MICHAEL GOLDMAN

Abstract. We establish connectedness of volume constrained minimisers of energies involving surface tensions and convex potentials. By a previous result of McCann, this implies that minimisers are convex in dimension two. This positively answers an old question of Almgren. We also prove convexity of minimisers when the volume constraint is dropped. Our proof is based on the introduction of a new “two-point function” which measures the lack of convexity and which gives rise to a negative second variation of the energy.

1. Introduction

1.1. Overview. Crystals and drops subject to the action of an external potential are usually described by the following free energy (see [20])

\[ \mathcal{F}(E) = \int_{\partial^* E} \Phi(\nu_{\partial^* E}) + \int_E g, \]

where the first integral is taken with respect to the \((d-1)\)-dimensional Hausdorff measure and the second one with respect to the Lebesgue measure. Here \(E \subset \mathbb{R}^d\) is a set of finite perimeter representing the volume occupied by the drop, \(\partial^* E\) denotes its reduced boundary and \(\nu_{\partial^* E}\) its outer normal (see [24] for more details). The potential \(g : \mathbb{R}^d \to \mathbb{R}\) accounts for the external forces and \(\Phi : \mathbb{R}^d \to \mathbb{R}\) is a one-homogeneous and convex function which describes the (typically anisotropic) surface tension. Note that when the surface tension is isotropic, i.e. \(\Phi(\nu) = |\nu|\), the surface term reduces to the classical De Giorgi perimeter, \(P(E)\).

It is commonly assumed that minimisers of (1.1) under a volume constraint give a good description of the equilibrium shapes of drops. We thus consider the following variational problem:

\[(P_V) \quad \min_{|E| = V} \mathcal{F}(E)\]

and its unconstrained counterpart:

\[(P) \quad \min_E \mathcal{F}(E).\]

Let us also note that the above variational problems naturally appear in various other contexts such as:

- In the limiting case in which \(g\) takes only the values 0 and \(+\infty\), \((P_V)\) reduces to the isoperimetric problem in the domain \(\Omega = \{g < +\infty\}\) (see [4]);
- The minimisation problem \((P)\) appears as one step of the Almgren, Taylor and Wang approximation of the mean curvature flow (cf. [2]). There, \(g = \text{sdist}(x, E_{k-1})\) is the signed distance to the \((k-1)\)-th step of the scheme, see also [23].

A natural question is to understand how properties of the surface tension \(\Phi\) and of the potential \(g\) influence the shape of \(E\). In this paper we investigate the following question which is attributed to Almgren (see [25]):

Question: Let \(E\) be a minimiser of \((P_V)\) and let us assume that \(g\) is convex. Is it true that \(E\) is convex?

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Note that, if the answer to this question is positive, it can only result from a delicate interaction between the surface and the volume terms in (1.1). Indeed, it is known that the answer is positive both for very small and very large volumes but for totally different reasons. On the one hand, in the regime \( V \ll 1 \) and assuming that \( \Phi \) and \( g \) are sufficiently smooth, Figalli and Maggi showed in [17] that \( E \) is a smooth perturbation of the Wulff shape associated to \( \Phi \) (the ball if \( \Phi(\nu) = |\nu| \)) and is thus convex. On the other hand, in the regime \( V \gg 1 \), the set \( E \) should resemble the level set of \( g \) having volume \( V \) and therefore must be convex as well, see [10] and Remark 1.6 below.

In the regime of intermediate mass \( V \sim 1 \), no term in the functional is predominant and very little is known about the minimisers. To the best of our knowledge, the only available result in this general setting is due to McCann (see [25]). Building on an unpublished paper of Okikiolu, he proved that when \( d = 2 \), every connected component of \( E \) must be convex. Moreover, using ideas from optimal transport theory he proved that every such connected component is uniquely minimizing \( (P_V) \) for its own volume in the class of convex sets.

1.2. Main results. The main result of this paper asserts that minimisers of \((P_V)\) are always connected. More precisely we have the following result which is new even in the case of isotropic surface tensions, \( \Phi(\nu) = |\nu| \).

**Theorem 1.1.** Let \( E \) be a minimiser of \((P_V)\) and assume that \( g \in C^{1,\alpha}(\mathbb{R}^d) \) is a convex and coercive function and that \( \Phi \in C^{3,\alpha}(\mathbb{R}^d \setminus \{0\}) \) is uniformly elliptic, i.e.

\[
(1.2) \quad \langle D^2 \Phi(\nu)\xi, \xi \rangle \geq (\xi - \langle \nu, \xi \rangle)^2 \quad \forall |\xi| = |\nu| = 1.
\]

Assume moreover then \( g \) is strictly convex, then, \( \partial E \) is connected, in particular \( E \) is indecompon-ibile\(^1\) (and thus connected). In case \( d = 2 \), the strict convexity assumption is not needed.

From the result of McCann (see [25]) this immediately positively answers Almgren’s question in dimension 2.

**Corollay 1.2.** Assume \( d = 2 \) and let \( E \subset \mathbb{R}^2 \) be a minimiser of \((P_V)\) with \( g \in C^{1,\alpha}(\mathbb{R}^2) \) a convex and coercive function and \( \Phi \in C^{3,\alpha}(\mathbb{R}^2 \setminus \{0\}) \) uniformly elliptic. Then \( E \) is convex and unique.

**Remark 1.3.** By approximation of \( g \) and \( \Phi \), this implies that if \( d = 2 \), for every convex and coercive \( g \) and every convex anisotropy \( \Phi \), for every volume \( V \) there exists a minimizer of \((P_V)\) which is convex. However, we can not rule out the existence of other, possibly disconnected, minimizers.

For the unconstrained problem \((P)\) we are actually able to show convexity of minimisers.

**Theorem 1.4.** Let \( E \) be a minimiser of \((P)\) and assume that \( g \in C^{1,\alpha}(\mathbb{R}^d) \) is a convex and coercive function and that \( \Phi \in C^{3,\alpha}(\mathbb{R}^d \setminus \{0\}) \) satisfies (1.2), then \( E \) is convex.

**Remark 1.5.** In Theorem 1.1 we must require strict convexity of \( g \) in the case \( d > 2 \) since in that case we are not able to guarantee the existence of a stable connected component of \( \partial E \) intersecting\(^2\) \( \co(E) \).

However, we believe that our results actually hold true for more general surface tensions \( \Phi \) (for instance crystalline ones) and possibly non-smooth convex potentials \( g \).

**Remark 1.6.** As mentioned above, convexity of solutions of \((P_V)\) is known for large volumes. Indeed, even though the precise statement is not written explicitly anywhere, it follows from [10, Theorem 3] arguing exactly as in [10, Lemma 5.1] (see also [11, Theorem 5.6] and [4, Theorem

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\(^1\)Recall that a set of finite perimeter \( E \) is said to be indecomponible if for every partition \( E = E_1 \cup E_2 \) with \( |E_1 \cap E_2| = 0 \) and \( P(E) = P(E_1) + P(E_2) \) then either \( |E_1| = 0 \) or \( |E_2| = 0 \).

\(^2\)Here and in the sequel \( \co(F) \) denotes the closed convex envelope of a set \( F \).
The proof is based on a calibration technique to show that for large volumes, solutions of $(P_V)$ are given by sublevel-sets of the (unique) local minimizer $u$ of
\[
\int |Du| + \frac{1}{2} \int (u - g)^2.
\]
This is coupled with the Alvarez-Lasry-Lions convexity result [5] (see also [22]) for solutions of elliptic PDEs to obtain the convexity of $u$. One of the outcomes of the proof is the existence of $\bar{V} > 0$ such that, for all $V \geq \bar{V}$ there exists $\lambda_V \in \mathbb{R}$ for which
\[
E \text{ minimises } (P_V) \iff E \in \text{argmin} \left\{ \int_{\partial^* F} \Phi(\nu_{\partial^* F}) + \int_F (g - \lambda_V) \right\}.
\]
Taking this equivalence for granted, convexity of solutions of $(P_V)$ for $V \geq \bar{V}$ could also be obtained by applying Theorem 1.4 with $g$ replaced by $g - \lambda_V$.

1.3. Idea of proof and structure of the paper. The proofs of our main results are based on the two-point function technique. This technique, quite standard in the context of viscosity solutions [12] (where it goes by the name of doubling of variables trick), has been introduced in the realm of geometric problems by Andrews in [6] to show preservation of an interior ball condition along the mean curvature flow. Brendle in [9] improved these ideas to the “elliptic” setting to prove Lawson’s conjecture about minimal torii in $S^3$. Several applications of these ideas can be find in the nice survey paper of Andrews, [7].

In the examples mentioned above, the two-point function which is used is a “non-infinitesimal” version of the norm of the second fundamental form of $\partial E$, namely
\[
I_{\partial E}(x) = 2 \sup_{y \in \partial E} \frac{\langle \nu_{\partial E}(x), y - x \rangle}{|x - y|^2}.
\]
Assuming for simplicity that $\Phi(\nu) = |\nu|$ and $g = 0$, this can be shown to be a subsolution of Simons equation:\[^3\]
\[
(\Delta + |A_{\partial E}|^2) I_{\partial E} \geq c(d) \frac{\nabla I_{\partial E}^2}{I_{\partial E}} - H_{\partial E} I_{\partial E}^2
\]
or of its parabolic variant. Then, suitable applications of the maximum principle allow to conclude.

Here we use a different function which measures the “non-convexity” of $\partial E$:
\[
S_{\partial E}(x) = \sup_{y \in \partial E} \langle \nu_{\partial E}(x), y - x \rangle.
\]
See also [31] where a similar function is used in a different context. This turns out to be a positive subsolution of the Jacobi equation:
\[
(\Delta + |A_{\partial E}|^2) S_{\partial E} \geq 0
\]
and thus induces a negative second variation of the energy. In the case of the unconstrained minimisation problem $(P)$ this is enough to conclude since every minimiser must have positive second variation. In the case of the volume constrained minimisation problem $(P_V)$, $S_{\partial E}$ is no longer an admissible variation since it does not respect the volume constraint and hence we are not able to conclude that $E$ is convex. Nevertheless if $\partial E$ is disconnected at least one of its connected components must be stable with respect to all possible variations i.e. non necessarily volume preserving, and this gives the desired contradiction.

Let us remark that in contrast to $I_{\partial E}$, our function $S_{\partial E}$ does not have an “infinitesimal” version. However, while $I_{\partial E}$ is a subsolution of Simons equation, ours is directly a subsolution of the Jacobi equation which is easier to use in combination with the stability inequality. Let

[^3]: We denote by $A_{\partial E}$ the second fundamental form of $\partial E$ and by $H_{\partial E} = \text{tr}(A_{\partial E})$ its mean curvature.
us also note that the doubling of variable trick allows to get rid of a term with an unfavorable
sign, see Lemma 3.2 below\(^4\).

We point out that it should be clear from the above sketch of the argument that our results
actually apply to (sufficiently smooth) stable critical points. Indeed, minimality is only used to
overcome some regularity issues, see Theorem 3.4 and Remark 3.5 below.

Finally we would like to underline the fact that the combination of the two-point function
technique with the assumption of positive second variation is quite natural. In fact, on a general
stationary point the Jacobi operator does not satisfy the maximum principle. It is precisely the
stability condition which guarantees its validity. We hope that this simple observation can be
useful also in other contexts.

Let us also mention the works [29, 30] where Sternberg and Zumbrun used (in a quite different
way) the stability inequality to prove connectedness of minimizers of the relative isoperimetric
problem inside (strictly) convex sets.

The paper is structured as follows: in Section 2 we recall some well-known properties of
minimisers of \((P_V)\) and \((P)\), together with some basic facts of differential geometry. In Section
3 we prove Theorem 1.1 and 1.4. Eventually in the Appendix A we prove a simple approximation
lemma.

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2. Notation and preliminaries

In this section we collect a few results that will be used in the sequel and we fix some notation.

2.1. Differential geometry. Most of the concepts and relations introduced here may be find
in [15] (see in particular [15, Chapter 2.3] and [15, Chapter 6.2]). We let \((e_1, \ldots, e_d)\) be the
canonical basis of \(\mathbb{R}^d\). Given a symmetric \(k\)-linear form \(B, B[v_1, \ldots, v_k]\) denotes its action on the
\(k\)-tuple of vectors \(v_1, \ldots, v_k\). From now on we will use the symbol \(D\) for the flat connection on \(\mathbb{R}^d\),
i.e. the classical componentwise derivative. In coordinates, this means that if
\(X = \sum_{i=1}^d X_i e_i\),
then
\(D_X Y = \sum_{i=1}^d X_i \partial_i Y\).

For a \(C^2\) regular \((d-1)\)-manifold \(M\) oriented by its normal \(\nu_M\) and a vector field \(X\), we will
use \(\nabla_X\) to denote the covariant derivative on \(M\):
\[\nabla_X Y = p_{T_x M} D_X Y\]
where \(p_{T_x M}\) is the orthogonal projection onto \(T_x M\). Let us recall that for \(X, Y, Z\) vector fields, we have
\[D_X \langle Y, Z \rangle = \langle D_X Y, Z \rangle + \langle Y, D_X Z \rangle,\]
which can be easily checked using coordinates (see also [15, Corollary 3.3]). In particular, if \(X\)
and \(Y\) are tangent then \(\langle D_X Y, \nu_M \rangle = -\langle Y, \nabla_X \nu_M \rangle\). We may thus define the second fundamental
form \(A_M\) by its action of tangent vector fields as
\[A_M(x)[X(x), Y(x)] = -\langle D_X Y(x), \nu_M(x) \rangle = \langle \nabla_X \nu_M(x), Y(x) \rangle = \langle Y, \nabla_Y \nu_M(x), X(x) \rangle,\]
where the last equality follows from the symmetry of \(A_M\) (see [15, Proposition 2.1]). Note that
with our convention \(A_M\) is positive if \(M\) is the boundary of a convex set oriented by its exterior
normal.

\(^4\)This is related to the following simple observation: if a symmetric block matrix is positive,
\[
\begin{pmatrix}
A & B \\
B & -C
\end{pmatrix}
\geq
\begin{pmatrix}
0 & 0 \\
0 & 0
\end{pmatrix},
\]
then not only \(\text{tr}(A) \geq \text{tr}(C)\) but also \(\text{tr}(A) \geq \text{tr}(C) \pm 2 \text{tr}(B)\).
Given two tangent vector fields \( X \) and \( Y \) we have by (2.2)
\[(2.3) \quad D_X Y = \nabla_X Y + \langle D_X Y, \nu_M \rangle \nu_M = \nabla_X Y - A_M [X, Y] \nu_M.
\]
For a \( C^1 \) function \( f \) defined in a neighborhood of \( M \) we define its tangential gradient \( \nabla f(x) \in T_x M \) as
\[\nabla f = p_{T_x M} Df.\]
If \( X \) is a field of tangent vectors, we set \( \nabla_X f = \langle \nabla f, X \rangle = \langle Df, X \rangle \). The tangential Hessian \( \nabla^2 f(x) : T_x M \times T_x M \rightarrow \mathbb{R} \) is given by its action on tangential vector fields \( X \) and \( Y \) defined in a neighborhood of \( x \) as
\[(2.4) \quad \nabla^2 f(x)[X(x), Y(x)] = \langle \nabla_X (\nabla f), Y \rangle(x) = \nabla_X (\nabla_Y f)(x) - \langle \nabla f, D_X Y \rangle(x)
= D^2 f(x)[X(x), Y(x)] - A_M [X, Y](x) \langle Df(x), \nu_M(x) \rangle
\]
where we have used that \( \nabla_X (\nabla_Y f) = D^2 f[X, Y] + \langle Df, D_X Y \rangle \) and that by (2.3),
\[\langle Df, D_X Y \rangle = \langle \nabla f, D_X Y \rangle - A_M [X, Y] \langle Df, \nu_M \rangle.
\]
Note that the definition of \( \nabla^2 f \) depends only on the values of \( f \) on \( M \) and of \( X \) and \( Y \) at \( x \). The Laplace-Beltrami operator of \( f \) is then given by
\[\Delta_M f = \text{tr} \nabla^2 f = \text{div}_M (\nabla f)
\]
where for a (not necessarily tangent) vector field \( Y \), the tangential divergence \( \text{div}_M Y \) is defined as
\[\text{div}_M Y(x) = \sum_{i=1}^{d-1} \langle D_{\tau_i} Y(x), \tau_i(x) \rangle\]
for a local tangent orthonormal frame \( \{\tau_i\} \) around \( x \). Observe that this definition does not depend on the chosen frame.

If \( \Phi \in C^2(\mathbb{R}^d \setminus \{0\}) \) is one-homogeneous, the anisotropic mean curvature \( H^\Phi_M \) of an oriented \((d-1)\) manifold \( M \) is defined as
\[(2.5) \quad H^\Phi_M = \text{div}_M (D\Phi(\nu_M)) = \text{tr}(D^2\Phi(\nu_M) A_M).
\]
When \( \Phi(\nu) = |\nu| \), this reduces to the classical mean curvature. Note that this definition is well posed since, by one-homogeneity, \( D^2\Phi(\nu_M(x)) \nu_M(x) = 0 \) and thus \( D^2\Phi(\nu_M(x)) : T_x M \rightarrow T_x M \).

For the same reason the term \( \text{tr}(D^2\Phi(\nu_0 \nu_E) A_{\nu_E}^2) \) appearing in (2.7) below is well defined.

2.2. Properties of minimisers. The following theorem summarises well-known properties of minimisers of \((P)\) and \((P_V)\).

**Theorem 2.1.** Let us assume that \( g \in C^{1,\alpha}(\mathbb{R}^d) \) satisfies
\[\lim_{|x| \to +\infty} g(x) = +\infty
\]
and that \( \Phi \in C^{3,\alpha}(\mathbb{R}^d \setminus \{0\}) \) is uniformly elliptic (recall (1.2)). Then, for every \( V \in (0, +\infty) \) there exists a minimiser of \((P_V)\) (resp. \((P)\)). Moreover any minimiser \( E \) of \((P_V)\) (resp. \((P)\)) satisfies:

(i) \( E \) is equivalent to an open bounded set.
(ii) Let \( \Sigma \) be the singular set of \( \partial E \), i.e.
\[\Sigma = \{ x \in \partial E : \partial E \text{ does not have a tangent plane at } x \}.
\]
Then, \( \Sigma \) is closed, \( \mathcal{H}^{d-3}(\Sigma) = 0 \) and for all \( x \in \partial E \setminus \Sigma \) there exists a neighbourhood \( U_x \) such that \( E \cap U_x \) can be locally written as the epi-graph of a \( C^3 \) function. In particular, \( \partial E \setminus \Sigma \) is a (relatively open) \( C^3 \) manifold oriented by \( \nu_E \).
(iii) There exists a constant \( \mu \) such that
\[
H^\Phi_{\partial E} + g = \mu \quad \text{for all } x \in \partial E \setminus \Sigma \quad (\text{resp } H^\Phi_{\partial E} + g = 0),
\]
and
\[
\int_{\partial E \setminus \Sigma} \langle D^2 \Phi(\nu_{\partial E}) \nabla \varphi, \nabla \varphi \rangle - \text{tr}(D^2 \Phi(\nu_{\partial E}) A_{\partial E}^2) \varphi^2 + D_\nu g \varphi^2 \geq 0
\]
for all \( \varphi \in C^1_0(\partial E \setminus \Sigma) \) such that \( \int_{\partial E} \varphi = 0 \) (resp. for all \( \varphi \in C^1_c(\partial E \setminus \Sigma) \)).

(iv) Assume moreover that \( g \) has convex level sets, then
\[
\int_{\partial E} \Phi(\nu_{\partial E}) \leq \int_{\partial^* F} \Phi(\nu_{\partial^* F}) + \Lambda |E \Delta F| \quad \text{for all } F \supset E.
\]

Note that, if \( \Phi(\nu) = |\nu| \), then the measure estimate in (ii) can be upgraded to \( HD^{d-8+\varepsilon}(\Sigma) = 0 \) for all \( \varepsilon > 0 \).

Proof. The existence of a minimiser and the boundedness of every minimiser is standard, see for instance \cite{17, 13} and \cite{17, Section 4.2} for what concerns boundedness. Moreover, one can easily show that there exist constants \( \Lambda, r_0 > 0 \) depending only on the data such that any minimiser of \((P_V)\) (resp. \((P)\)) is a \((\Lambda, r_0)\) minimiser of the energy \( F \mapsto \int_{\partial F} \Phi(\nu_{\partial F}) \), namely
\[
\int_{\partial^* E} \Phi(\nu_{\partial^* E}) \leq \int_{\partial^* F} \Phi(\nu_{\partial^* F}) + \Lambda |E \Delta F| \quad \text{for all } F \text{ such that } \text{diam}(E \Delta F) \leq r_0,
\]
see for instance \cite[Example 21.2]{24}. Claim (i) and (ii) follow, see \cite[8, 26] or \cite[13, 14] where the theory is explained in the context of sets of finite perimeter. Equations (2.6) and (2.7) come from the first variation and second variation of \( F \), see for instance \cite[Appendix A]{17} or the appendix of \cite{14}. The outer minimising property (iv) is established in \cite[Appendix B]{17}, see also \cite{25}.

The following is a simple criterion for regularity, its proof is classical and we sketch it here for the reader’s convenience.

**Lemma 2.2.** Let \( \Phi \) and \( g \) be as in Theorem 2.1 and let \( E \) be a minimizer of \((P_V)\) or \((P)\). Assume that \( \bar{x} \in \partial E \) and that there exist \( r > 0 \) and a set \( G \) with \( C^1 \) boundary such that
\[
E \cap B(\bar{x}, r) \subset G \cap B(\bar{x}, r) \quad \bar{x} \in \partial E \cap \partial G.
\]
Then \( \bar{x} \) is a regular point, namely \( \bar{x} \in \partial E \setminus \Sigma \).

Proof. By the classical \( \varepsilon \)-regularity criteria, see for instance \cite[Section 3]{13} or \cite{8}, it is enough to show that there exists a sequence \( \varepsilon_k \downarrow 0 \) and a half-space \( H \) such that
\[
E_k = \frac{E - \bar{x}}{\varepsilon_k} \to H.
\]
By classical density estimates the sequence \( \{E_k\} \) is relatively compact in the \( L^1_{\text{loc}} \) topology and, by assumption, any of its limit points \( E_\infty \) satisfies
\[
0 \in \partial E_\infty \quad E_\infty \subset H_{\nu_{\partial G}} = \{ y : \nu_{\partial G}(\bar{x}) \cdot y \leq 0 \}.
\]
Moreover, using (2.9) we get that \( E_\infty \) is a (unconstrained) minimiser of \( F \mapsto \int_{\partial E} \Phi(\nu_{\partial F}) \). The maximum principle, see \cite{28} or \cite[Lemma 2.13]{13}, then forces \( E_\infty = H_{\nu_{\partial G}} \) and this concludes the proof. \( \square \)
3. Proof of Theorems 1.1 and 1.4

In this section we will prove Theorem 1.1 and 1.4. The main calculation consists in establishing for a generic set $E$, a differential inequality for the function $S_{\partial E}$ introduced in (1.3). Since these computations do not depend on the nature of the problem and since they can be of independent interest, we isolated them in the next subsection.

3.1. The key computation. Let $E \subset \mathbb{R}^d$ be a bounded open set such that its boundary can be split as

$$\partial E = R_{\partial E} \cup \Sigma_{\partial E}$$

where $R_{\partial E}$ is a $C^3$ manifold oriented by $\nu_{\partial E}$ and $\Sigma_{\partial E}$ is a closed singular set with empty relative interior. Given $x \in R_{\partial E}$ and $y \in \partial E$, let us define

$$S_{\partial E}(x,y) = \langle \nu_{\partial E}(x), y - x \rangle$$

and

$$S_{\partial E}(x) = \max_{y \in \partial E} S_{\partial E}(x,y) \geq 0,$$

where the maximum is attained since $\partial E$ is compact. Note that $S_{\partial E}(x)$ is defined only for $x \in R_{\partial E}$ and it is the supremum of a family of locally uniformly $C^2$ functions. In particular it is locally Lipschitz and locally semi-convex.\footnote{This means that for any local chart $\phi : M \to \mathbb{R}^{d-1}$, the function $S_{\partial E}(\phi^{-1}(x)) + C|x|^2$ is convex for a suitable constant $C$. Note that this does not depend on the choice of the chart.} The following lemma is elementary.

**Lemma 3.1.** Let $x \in R_{\partial E}$, then $S_{\partial E}(x) = 0$ if and only if $x \in \partial \text{co}(E) \cap R_{\partial E}$.

**Proof.** $S_{\partial E}(x) = 0$ if and only if the hyperplane $H = \{y : \langle \nu_{\partial E}(x), y - x \rangle \leq 0\}$ is a supporting plane to $E$ at $x$, which is equivalent to $x \in \partial \text{co}(E) \cap R_{\partial E}$. \qed

We now define for $\varphi \in C^2(R_{\partial E})$, the Jacobi operator

$$L_{\Phi} \varphi = \text{div}_{\partial E}(D^2 \Phi(\nu_{\partial E}) \nabla \varphi) + \text{tr}(D^2 \Phi(\nu_{\partial E}) A^2_{\partial E}) \varphi.$$

Notice that by integration by parts, if $\varphi \in C^2_c(R_{\partial E})$

$$\int_{R_{\partial E}} (-L_{\Phi} \varphi) \varphi + D_{\nu} g \varphi^2 = \int_{R_{\partial E}} \langle D^2 \Phi(\nu_{\partial E}) \nabla \varphi, \nabla \varphi \rangle - \text{tr}(D^2 \Phi(\nu_{\partial E}) A^2_{\partial E}) \varphi^2 + D_{\nu} g \varphi^2.$$

By a slight abuse of notation, we will identify the left-hand side and the right-hand side of (3.3) even when $\varphi \in W^{1,2}(R_{\partial E})$.

The following is the key computation. Note that, thanks to Lemma 2.2, in the context of Theorem 1.1 the condition $\bar{\gamma} \in R_{\partial E}$ will be always satisfied (see Lemma 3.3 below).

**Lemma 3.2.** Let $E$ be as above and let $\bar{x} \in R_{\partial E}$. Assume that

$$S_{\partial E}(\bar{x}) = S_{\partial E}(\bar{x}, \bar{y})$$

with $\bar{y} \in R_{\partial E}$. Then, recalling the definition (2.5) of $H^\Phi_{\partial E}$,

$$L_{\Phi} S_{\partial E}(\bar{x}) \geq H^\Phi_{\partial E}(\bar{x}) - H^\Phi_{\partial E}(\bar{y}) + \langle \nabla H^\Phi_{\partial E}(\bar{x}), \bar{y} - \bar{x} \rangle$$

in the viscosity sense, meaning that for all $\varphi \in C^2(R_{\partial E})$ such that

$$\varphi(x) - S_{\partial E}(x) \geq \varphi(\bar{x}) - S_{\partial E}(\bar{x}) = 0,$$

then

$$L_{\Phi} \varphi(\bar{x}) \geq H^\Phi_{\partial E}(\bar{x}) - H^\Phi_{\partial E}(\bar{y}) + \langle \nabla H^\Phi_{\partial E}(\bar{x}), \bar{y} - \bar{x} \rangle.$$
Proof. Since the set $E$ is fixed, for notational simplicity we drop the dependence on $E$ of the various quantities. Let $\varphi$ be as in the statement of the lemma and note that the function

$$G(x, y) = \varphi(x) - S(x, y)$$

achieves its minimum at $(\bar{x}, \bar{y})$. Moreover, by assumption, it is $C^2$ in a neighborhood of $(\bar{x}, \bar{y})$.

Step 1: Optimality conditions: In order to prove the theorem we are going to exploit the first and second order minimality conditions for $G$ at the point $(\bar{x}, \bar{y})$. To this end let us choose two local orthonormal frames $\{\tau_i^x\}_{i=1}^{d-1}$ and $\{\tau_i^y\}_{i=1}^{d-1}$ around $\bar{x}$ and $\bar{y}$ respectively such that:

\begin{align}
(\tau_i^x, \tau_j^x)(\bar{x}) &= \delta_{ij}, \\
(\tau_i^y, \tau_j^y)(\bar{y}) &= \delta_{ij}, \\
(\nabla_{\tau_i^x} \tau_j^y)(\bar{x}) &= 0, \\
(\nabla_{\tau_i^y} \tau_j^y)(\bar{y}) &= 0.
\end{align}

Here $\delta_{ij}$ is the Kronecker delta. Letting $A_{ij}(x) = A(x)[\tau_i^x, \tau_j^x]$ we have from (2.2)

\begin{align}
(D_{\tau_i^x} \nu, \tau_j^x)(\bar{x}) &= A_{ij}(\bar{x}) \\
(D_{\tau_i^y} \nu, \tau_j^y)(\bar{y}) &= A_{ij}(\bar{y}).
\end{align}

Combing this with (2.3) and (3.5) we then obtain

\begin{align}
D_{\tau_i^x} \tau_j^y(\bar{x}) &= -A_{ij}(\bar{x})\nu(\bar{x}) \\
D_{\tau_i^y} \tau_j^y(\bar{y}) &= -A_{ij}(\bar{y})\nu(\bar{y}).
\end{align}

To simplify our notation, for a function $f : \partial E \times \partial E \subset \mathbb{R}^d \times \mathbb{R}^d \rightarrow \mathbb{R}$ we set

$$\nabla_i^x f = (\nabla f, \tau_i^x) \quad \text{and} \quad \nabla_i^y f = (\nabla f, \tau_i^y),$$

where by a slight abuse of notation, we identify $\tau_i^x$ with $(\tau_i^x, 0) \in T_{\bar{x}} \partial E \times T_{\bar{y}} \partial E$ and $\tau_i^y$ with the vector $(0, \tau_i^y)$. Similarly, we set

\begin{align}
\nabla_i^x \nabla_j^x f &= \nabla^2 f[\tau_i^x, \tau_j^x], \\
\nabla_i^y \nabla_j^y f &= \nabla^2 f[\tau_i^y, \tau_j^y], \quad \text{and} \quad \nabla_i^x \nabla_j^y f &= \nabla^2 f[\tau_i^x, \tau_j^y].
\end{align}

Note that thanks to (3.5), by (2.4) we have

\begin{align}
\nabla_i^x \nabla_j^y f &= \nabla_j^x \nabla_i^y f = \nabla^2 f[\tau_i^x, \tau_j^x], \\
\nabla_i^y \nabla_j^y f &= \nabla_j^y \nabla_i^y f = \nabla^2 f[\tau_i^y, \tau_j^y], \\
\nabla_i^x \nabla_j^y f &= \nabla^2 f[\tau_i^x, \tau_j^y].
\end{align}

and a similar expression for $\nabla_i^y \nabla_j^x f(\bar{x}, \bar{y})$. Moreover, the trivial relations

\begin{align}
\nabla_i^x \tau_j^x &= 0 = \nabla_i^y \tau_j^y,
\end{align}

also give

\begin{align}
\nabla_i^x \nabla_j^y f &= \nabla_j^x \nabla_i^y f = \nabla^2 f(\nabla_i^x f) = \nabla^2 f(\nabla_i^y f).
\end{align}

We are now ready to compute the optimality conditions. To simplify our formulas, from now on we will always exploit Einstein summation convention over repeated indices.

Since $G$ achieves its minimum at $(\bar{x}, \bar{y})$ we have

\begin{align}
0 &= \nabla_i^x G(\bar{x}, \bar{y}) = \nabla_i^x \varphi(\bar{x}) - \nabla_i^x S(\bar{x}, \bar{y}), \\
0 &= \nabla_i^y G(\bar{x}, \bar{y}) = -\nabla_i^y S(\bar{x}, \bar{y}).
\end{align}

Using that $\nabla_{\tau_i^x} x = \tau_i^x$ is perpendicular to $\nu(x)$, we have by (3.6)

\begin{align}
\nabla_i^x S(x, y) &= A_{ik}(x)(\tau_k^x, y - x) \quad \text{and} \quad \nabla_i^y S(x, y) = \langle \nu(x), \tau_i^y \rangle.
\end{align}

The first equation and (3.10) then give

\begin{align}
\nabla_i^x \varphi(\bar{x}) &= A_{ik}(\bar{x})(\tau_k^x(\bar{x}), \bar{y} - \bar{x}).
\end{align}

Equation (3.11) instead gives that

$$0 = \langle \nu(\bar{x}), \tau_i^y(\bar{y}) \rangle,$$

and thus $\nu(\bar{x}) = \pm \nu(\bar{y})$. Actually since $y \mapsto S(\bar{x}, y)$ attains its maximum at $\bar{y}$, we must have

\begin{align}
\nu(\bar{x}) = \nu(\bar{y}).
\end{align}

In particular $T_{\bar{x}} \partial E = T_{\bar{y}} \partial E$ and the frames may be chosen such that

\begin{align}
\langle \tau_i^x(\bar{x}), \tau_i^y(\bar{y}) \rangle = \delta_{ij}.
\end{align}
We now compute the Hessian of $G$. Recalling (3.8),
\[
\nabla_i \nabla_j G(\bar{x}, \bar{y}) = \nabla_i \nabla_j \varphi(\bar{x}) - \nabla_i \nabla_j \nu(\bar{x}, \bar{y})
\]
Adding (3.12), we get
\[
\nabla_i \nabla_j \varphi(\bar{x}) - \nabla_i \nabla_j \nu(\bar{x}, \bar{y}) + A_{jk}(\bar{x})(\tau_{ij}^k(\bar{x}), y - \bar{x}) - A_{jk}(\bar{x})(\tau_{ij}^k(\bar{x}), y - \bar{x}) + A_{jk}(\bar{x})(\tau_{ij}^k(\bar{x}), y - \bar{x}) + A_{jk}(\bar{x})(\tau_{ij}^k(\bar{x}), y - \bar{x})
\]
where in the last equality we have used that $\varphi(\bar{x}) = S(\bar{x}, \bar{y}) = \langle \nu(\bar{x}), \bar{y} - \bar{x} \rangle$. Analogously, using (3.9) and (3.12)
\[
\nabla_i \nabla_j \nu(\bar{x}, \bar{y}) = -\langle D_\tau^i, \nu(\bar{x}), \tau_{ij}^k(\bar{y}) \rangle = -A_{jk}(\bar{x})(\tau_{ij}^k(\bar{x}), \tau_{ij}^k(\bar{y})) = -A_{ij}(\bar{x}).
\]
As for the $y$ derivatives we get, using (3.12) and (3.7),
\[
\nabla_i \nabla_j G(\bar{x}, \bar{y}) = A_{ij}(\bar{y})(\nu(\bar{x}), \nu(\bar{y})) = A_{ij}(\bar{y}).
\]

**Step 2: The case of the area functional.** To make the computations clearer, we first treat the particular case in which $\Phi = \| \cdot \|$. Note that in this setting (recall (3.2))
\[
L_\Phi \varphi = \Delta_{\partial E} \varphi + |A|^2 \varphi,
\]
and $H^\Phi = A_{ii}$ is the classical mean curvature. Since $(\bar{x}, \bar{y})$ is a minimum point for $G$, we have
\[
0 \leq (\nabla_i H^\Phi)(\nabla_i G(\bar{x}, \bar{y}) = \nabla_i \nabla_i G(\bar{x}, \bar{y}) + 2\nabla_i \nabla_j G(\bar{x}, \bar{y}) + \nabla_j \nabla_j G(\bar{x}, \bar{y}).
\]
Using this, (3.16), (3.17) and (3.18), we get
\[
\Delta_{\partial E} \varphi(\bar{x}) \geq \nabla_i A_{ik}(\bar{x})(\tau_{ij}^k(\bar{x}), y - x) - A_{ik}(\bar{x})A_{kl}(\bar{x})\varphi(\bar{x}) - A_{ii}(\bar{x}) + 2A_{ii}(\bar{x}) - A_{ii}(\bar{y})
\]
\[
= \nabla_i A_{ik}(\bar{x})(\tau_{ij}^k(\bar{x}), y - x) - |A|^2 \varphi(\bar{x}) + H^\Phi(\bar{x}) - H^\Phi(\bar{y}).
\]
We now use Codazzi equations
\[
\nabla_i A_{jk} = \nabla_j A_{ik},
\]
to obtain that
\[
\nabla_i A_{ik} = \nabla_j A_{ij} = \nabla_i H^\Phi,
\]
which, combined with (3.19) yields
\[
\Delta_{\partial E} \varphi(\bar{x}) + |A|^2 \varphi(\bar{x}) \geq H^\Phi(\bar{x}) - H^\Phi(\bar{y}) + (\nabla H^\Phi(\bar{x}), \bar{y} - \bar{x}).
\]
This proves the lemma for $\Phi = \| \cdot \|

**Step 3: The general case.** To deal with the general case we start by writing $L_\Phi$ in non-divergence form. Let $\{\tau_i^k\}$ be an orthonormal local frame satisfying (3.4), (3.5), (3.6), (3.7) and let us set, for $i, j, k \in \{1, \ldots, (d - 1)\},$
\[
\Phi_{ij}(\nu)(x) = D^2 \Phi(\nu(x))[\tau_i^k, \tau_j^l] \quad \text{and} \quad \Phi_{ijk}(\nu)(x) = D^3 \Phi(\nu(x))[\tau_i^k, \tau_j^l, \tau_k^m].
\]
Note that, since $D^2 \Phi(\nu)[\nu, \cdot] = 0$ (by one-homogeneity) and since for all $i$ and $j$, $D_{\tau^i_j} \tau_i^k(\bar{x})$ is parallel to $\nu(\bar{x})$ (by (3.7)) we have that, at $\bar{x},$
\[
D_{\tau^i_j} \Phi_{ij}(\nu) = D_{\tau^i_j} \Phi_{ij}(\nu)[\tau_i^k, \tau_j^l]
\]
\[
= D^2 \Phi(\nu)[D_{\tau^i_j} \nu, \tau_i^k, \tau_j^l] + D^2 \Phi(\nu)[D_{\tau^i_j} \tau_i^k, \tau_j^l] + D^2 \Phi(\nu)[\tau_i^k, D_{\tau^i_j} \tau_j^l]
\]
\[
= \Phi_{ij}(\nu) A_{ik},
\]
where we used (3.6) and that by (2.1), \( \langle D_x \nu, \nu \rangle = 0 \). For \( \varphi \in C^2(R_{\partial E}) \) we then have at \( \bar{x} \)

\[
div_{\partial E}(D^2 \Phi(\nu) \nabla \varphi) = \langle D_x (D_{x_k} \Phi(\nu) \nabla^x \varphi \tau_k^x), \tau_i^x \rangle
\]

(3.4) & (3.7) \quad D_t \tau_i^x (D^2_{ij} \Phi(\nu)) \nabla^x \varphi + \Phi_{ij} \nu(\nu) \nabla^x_i (\nabla^x_j \varphi)

(3.21) \quad \Phi_{ij} \nu A_{li} \nabla^x_j \varphi + \Phi_{ij} \nu(\nu) \nabla^x_i \nabla^x_j \varphi.

Hence, again at \( \bar{x} \), recalling the definition of \( L_\Phi \), (3.2),

\[
L_\Phi \varphi(\bar{x}) = \div_{\partial E}(D^2 \Phi(\nu) \nabla \varphi) + \text{tr}(D^2 \Phi(\nu) A^2) \varphi
= \Phi_{ijl} \nu A_{li} \nabla^x_j \varphi + \Phi_{ij} \nu \nabla^x_i \nabla^x_j \varphi.
\]

Furthermore by (3.14) and (3.15), \( \Phi_{ij}(\nu)(\bar{x}) = \Phi_{ij}(\nu)(\bar{y}) \) and these are the components of a positive matrix. Hence, by minimality,

\[
0 \leq \Phi_{ij}(\nu) \nabla^x_i \nabla^x_j \varphi(\bar{x}) + 2 \Phi_{ij} \nu \nabla^x_i \nabla^x_j G(\bar{x}, \bar{y}) + \Phi_{ij}(\nu) \nabla^x_i \nabla^x_j G(\bar{x}, \bar{y}).
\]

Using (3.16), (3.17) and (3.18) and recalling the definition of \( H^\Phi \), (2.5),

\[
H^\Phi = \Phi_{ij}(\nu) A_{ij}
\]

this implies

\[
\Phi_{ij}(\nu) \nabla^x_i \nabla^x_j \varphi(\bar{x}) \geq \Phi_{ij}(\nu) \nabla^x_i A_{jk}(\bar{x}) \langle \tau_k^x(\bar{x}), \bar{y} - \bar{x} \rangle
- \Phi_{ij}(\nu) A_{jk}(\bar{x}) A_{kl}(\bar{x}) \varphi(\bar{x}) + H^\Phi(\bar{x}) - H^\Phi(\bar{y}).
\]

and thus by (3.22),

\[
L_\Phi \varphi(\bar{x}) \geq \Phi_{ij}(\nu) \nabla^x_i A_{jk}(\bar{x}) \langle \tau_k^x(\bar{x}), \bar{y} - \bar{x} \rangle + \Phi_{ijl}(\nu) A_{li}(\bar{x}) \nabla^x_j \varphi(\bar{x}) + H^\Phi(\bar{x}) - H^\Phi(\bar{y}).
\]

We now differentiate (3.23) with respect to \( \tau_k^x \), use (3.21), Codazzi equations (3.20) and the symmetry of \( \Phi_{ijl} \) to get at the point \( \bar{x} \),

\[
\nabla_k H^\Phi = \Phi_{ij}(\nu) \nabla_k \Phi_{ij} + \Phi_{ijl}(\nu) A_{li} A_{kj}.
\]

Multiplying this equation by \( \langle \tau_k^x(\bar{x}), \bar{y} - \bar{x} \rangle \) and summing over \( k \) we get

\[
\langle \nabla H^\Phi(\bar{x}), \bar{y} - \bar{x} \rangle = \Phi_{ij}(\nu) \nabla^x_i A_{jk}(\bar{x}) \langle \tau_k^x(\bar{x}), \bar{y} - \bar{x} \rangle + \Phi_{ijl}(\nu) A_{li}(\bar{x}) A_{kj}(\bar{x}) \langle \tau_k^x(\bar{x}), \bar{y} - \bar{x} \rangle
\]

(3.13) \quad \Phi_{ij}(\nu) \nabla^x_i A_{jk}(\bar{x}) \langle \tau_k^x(\bar{x}), \bar{y} - \bar{x} \rangle + \Phi_{ijl}(\nu) A_{li}(\bar{x}) \nabla^x_j \varphi(\bar{x}).

Plugging the above expression into (3.24) we thus get

\[
L_\Phi \varphi(\bar{x}) \geq H^\Phi(\bar{x}) - H^\Phi(\bar{y}) + \langle \nabla H^\Phi(\bar{x}), \bar{y} - \bar{x} \rangle,
\]

which concludes the proof. \( \square \)

3.2. Proof of Theorems 1.1 and 1.4. We now combine Lemma 3.2 with the convexity of \( g \) to show that for minimizers of either \( (P_V) \) or \( (P) \), \( S_{\partial E} \) gives a negative second variation. As already pointed out, this is the key observation for the proof of both Theorem 1.1 and Theorem 1.4.

For \( g \in C^1(\mathbb{R}^d) \), we say that an increasing function \( \omega \) is a modulus of convexity of \( g \) if

\[
g(y) - g(x) - \langle Dg(x), y - x \rangle \geq \omega(|y - x|) \quad \forall x, y \in \mathbb{R}^d.
\]

(3.25)

Notice that of course, for every convex function zero is a modulus of convexity and if \( g \) is strictly convex, it has a strictly positive modulus of continuity.

Lemma 3.3. Let \( g \in C^{1,\alpha}(\mathbb{R}^d) \) be coercive and convex with modulus of convexity \( \omega \), \( \Phi \in C^{3,\alpha}(\mathbb{R}^d \setminus \{0\}) \) be uniformly elliptic and one-homogeneous and let \( E \) be a minimizer of either \( (P_V) \) or \( (P) \). Let \( S_{\partial E} \) be the corresponding function defined in (3.1). Then,

(i) For every \( x \in \partial E \setminus \Sigma \) the point \( \bar{y} \) achieving the maximum in the definition of \( S_{\partial E} \) in \( \partial E \setminus \Sigma \).
(ii) $S_{\partial E} \in W^{1,2}(\partial E \setminus \Sigma)$.

(iii) $S_{\partial E}$ solves

\[
(3.26) \quad L_{\Phi}S_{\partial E} - D_{\nu}g_{\partial E} \geq \omega(S_{\partial E}) \quad \text{on } \partial E \setminus \Sigma
\]

both in the viscosity sense and in the distributional sense.

Proof. As above, since the set $E$ is fixed here, we will drop the explicit dependence on $E$ of the various quantities. We divide the proof in few simple steps:

Step 1: Proof of (i). Given $\bar{x} \in \partial E \setminus \Sigma$ we let $\bar{y}$ be a point achieving the maximum in the definition (3.1) of $S$. This means that

\[
E \subset H = \{ y : \langle \nu(\bar{x}), y - \bar{x} \rangle \leq \langle \nu(\bar{x}), \bar{y} - \bar{x} \rangle \} \quad \bar{y} \in \partial E \cap \partial H.
\]

Hence (i) follows for Lemma 2.2.

Step 2: Proof of (ii). Being the supremum of a family (of uniformly) locally Lipschitz functions, $S$ is locally Lipschitz on $\partial E \setminus \Sigma$. Hence, in order to show that $S \in W^{1,2}(\partial E \setminus \Sigma)$ it is enough to show that

\[
\int_{\partial E \setminus \Sigma} |\nabla S|^2 < +\infty.
\]

Let $\bar{x} \in \partial E \setminus \Sigma$ and $\bar{y}$ be such that $S(\bar{x}) = S(\bar{x}, \bar{y})$, then $S(x, \bar{y}) \leq S(x)$ with equality at $\bar{x}$ and therefore $\nabla S(\bar{x}) = \nabla^2 S(\bar{x}, \bar{y})$. By (3.12), we thus have $|\nabla S(\bar{x})| \leq \text{diam}(E) |A(\bar{x})|$ and we are left to prove that $|A| \in L^2(\partial E \setminus \Sigma)$. This is a simple consequence of (2.7). Indeed, in case $E$ minimises ($P$) it is enough to set $\varphi \equiv 1$ (which is possible thanks to Lemma A.1) in the second variation inequality (2.7) to obtain

\[
\int_{\partial E \setminus \Sigma} |A|^2 \leq \int_{\partial E \setminus \Sigma} \text{tr}(D^2 \Phi(\nu)A^2) \leq C \int_{\partial E \setminus \Sigma} D_{\nu}g < +\infty,
\]

where we used the inequality $|A|^2 \leq \text{tr}(D^2 \Phi(\nu)A^2)$ which follows from the ellipticity of $\Phi$ (recall (1.2)). In the case when $E$ minimises ($P_{\nu}$), $\varphi \equiv 1$ is not admissible anymore in (2.7). However, letting $N_1 \subset \subset N_2$ be two small neighborhoods of the singular set $\Sigma$, one can construct two positive smooth functions $\varphi_1$ and $\varphi_2$ such that $\text{spt } \varphi_1 \subset N_2$, $\text{spt } \varphi_2 \subset \partial E \setminus N_2$, $\varphi_1 \equiv 1$ on $N_1$ and $\int_{\partial E \varphi_1} = \int_{\partial E \varphi_2}$. Since $\varphi_1 - \varphi_2 \in W^{1,2}(\partial E \setminus \Sigma)$, by Lemma A.1 we can plug it in the stability inequality (2.7) and deduce that

\[
\int_{N_1 \setminus \Sigma} |A|^2 \leq \int_{\partial E \setminus \Sigma} \varphi_1^2 \text{tr}(D^2 \Phi(\nu)A^2)
\]

\[
\leq - \int_{\partial E \setminus \Sigma} \varphi_2^2 \text{tr}(D^2 \Phi(\nu)A^2) + C \int_{\partial E \setminus \Sigma} (|\nabla \varphi_1|^2 + |\nabla \varphi_2|^2) + C \int_{\partial E \setminus \Sigma} |D_{\nu}g| < +\infty.
\]

Since $|A|$ is bounded on $\partial E \setminus N_1$, this concludes the proof.

Step 3: Proof of (iii). The fact that a viscosity subsolution is a distributional subsolution is proved for instance in [21, Theorem 1]. Hence, it is enough to show that $S$ satisfies (3.26) in the viscosity sense. Thanks to (i), we know that for every $\bar{x} \in \partial E \setminus \Sigma$ the point $\bar{y}$ achieving the maximum in the definition of $S$ is in $\partial E \setminus \Sigma$. Therefore, Lemma 3.2 implies that

\[
L_{\Phi}S(\bar{x}) \geq H^\Phi(\bar{x}) - H^\Phi(\bar{y}) + \langle \nabla H^\Phi(\bar{x}), \bar{y} - \bar{x} \rangle
\]

in the viscosity sense. Differentiating (2.6) to get $\nabla H^\Phi = -\nabla g$ and subtracting to both side of the above inequality

\[
D_{\nu}g_{\partial E}S(\bar{x}) = D_{\nu}g(\bar{x})(\nu(\bar{x}), \bar{y} - \bar{x}),
\]

we obtain

\[
L_{\Phi}S(\bar{x}) - D_{\nu}g(\bar{x})S(\bar{x}) + H^\Phi(\bar{x}) - H^\Phi(\bar{y}) - \langle \nabla g(\bar{x}), \bar{y} - \bar{x} \rangle - D_{\nu}g(\bar{x})(\nu(\bar{x}), \bar{y} - \bar{x}) = 0 \quad (\geq g(\bar{y}) - g(\bar{x}) - \langle Dg(\bar{x}), (\bar{y} - \bar{x}) \rangle \geq \omega(|\bar{x} - \bar{y}|))
\]
where the last inequality follows by (3.25). Since by definition\(^6\) \(S(\bar{x}) \leq |\bar{x} - \bar{y}|\) and since \(\omega\) is increasing, this concludes the proof of (3.26). \(\square\)

We are now ready to prove our main results. We start by Theorem 1.4.

**Proof of Theorem 1.4.** As before, since we work here with a fixed set \(E\), we will drop the explicit dependence on \(\partial E\) of the various quantities. Our aim is to prove that \(S \equiv 0\), which by Lemma 3.1 will imply the convexity of \(E\).

By Lemma 3.3, \(S \in W^{1,2}(\partial E \setminus \Sigma)\) and thus by Lemma A.1 it can be approximated in \(W^{1,2}(\partial E \setminus \Sigma)\) by positive functions in \(C^2(\partial E \setminus \Sigma)\). In particular by (2.7) (recall (3.3)):

\[
(3.27) \quad \int_{\partial E \setminus \Sigma} (-L_\phi S)S + D_\nu g S^2 \geq 0.
\]

Multiplying (3.26) by \(-S\) we obtain the inequality

\[
(-L_\phi S)S + D_\nu g S^2 \leq -\omega(S)S,
\]

which after integration gives

\[
(3.28) \quad -\int_{\partial E \setminus \Sigma} \omega(S)S \geq \int_{\partial E \setminus \Sigma} (-L_\phi S)S + D_\nu g S^2.
\]

If \(g\) is strictly convex, this directly gives a contradiction with (3.27) unless \(S \equiv 0\). By Lemma 3.1, this implies that \(\partial E \subset \partial \text{co}(E)\). Now, either by the Constancy Lemma [16, 4.1.31] or by the regularity of \(\partial E\) (note that that \(\Sigma = \emptyset\) by Lemma 2.2), \(\partial E = \partial \text{co}(E)\) and hence, since \(E\) is bounded, \(E = \text{co}(E)\).

If instead \(g\) is convex but not strictly convex, we obtain by (3.28) and (2.7) (using again Lemma A.1) that

\[
\int_{\partial E \setminus \Sigma} S_{\partial E}(-L_\phi S)S + D_\nu g S^2 = 0 \leq \min_{\varphi \in W^{1,2}(\partial E \setminus \Sigma)} \int_{\partial E \setminus \Sigma} (-L_\phi \varphi)\varphi + D_\nu g \varphi^2.
\]

Computing the Euler-Lagrange equation we obtain that \(L_\phi S - D_\nu g S \equiv 0\) in \(W^{1,2}(\partial E \setminus \Sigma)\) and then by classical elliptic regularity that \(S \in C^2(\partial E \setminus \Sigma)\). Let \(M\) be a connected component of \(\partial E \setminus \Sigma\) such that \(M \cap \partial \text{co}(E) \neq \emptyset\) (which exists by Lemma 2.2). Since \(S \geq 0\) on \(M\) and \(S = 0\) on \(M \cap \partial \text{co}(E)\) by Lemma 3.1, the minimum principle [18, Theorem 2.10] implies that \(S \equiv 0\) on \(M\). Arguing as above we obtain that \(M = \partial \text{co}(E)\), which in turn gives that \(E = \text{co}(E)\)\(\setminus F\) for some set \(F \subset \subset \text{co}(E)\) and thus

\[
\int_{\partial \text{co}(E)} \Phi(\nu_{\partial \text{co}(E)}) = \int_{\partial E} \Phi(\nu_{\partial E}) - \int_{\partial F} \Phi(\nu_{\partial F})
\]

This contradicts the outward minimising property (2.8) of \(E\) unless \(F = \emptyset\). Therefore, we can again conclude that \(E\) is convex. \(\square\)

To prove Theorem 1.1 we can not plug \(S_{\partial E}\) anymore in the stability inequality since it does not satisfy the zero average constraint. Nevertheless, if we assume by contradiction that \(\partial E\) has several connected components, then at least one of them must be (unconditionally) stable and this allows to argue as above. In dimension \(d > 2\) since we can not a priori guarantee that there exists a connected component which is both stable and intersects \(\partial \text{co}(E)\), we need to impose the strict convexity of \(g\) to conclude.

**Proof of Theorem 1.1.** As before, we drop the dependence on \(\partial E\) of the various quantities. We will actually prove a slightly stronger result with respect to the connectedness of \(\partial E\), namely that we can not partition \(\partial E\) as \(\partial E = M_1 \cup M_2\) with \(M_1 \cap M_2 \subset \Sigma\) and \(\mathcal{H}^{d-1}(M_1), \mathcal{H}^{d-1}(M_2) > 0\).

\(^6\)If we knew that \(\partial E\) is smooth, then actually \(S(\bar{x}) \leq C|\bar{x} - \bar{y}|^2\), where the constant \(C\) depends on the curvature and the diameter of \(\partial E\).
Let us assume for the sake of contradiction that this is not the case. First we claim that that there exists \( i \in \{1, 2\} \) such that

\[
\int_{\partial M_i \setminus \Sigma} (-L \varphi) \varphi + D_v g \varphi^2 \geq 0 \quad \text{for all } \varphi \in C^1_c(M_i \setminus \Sigma).
\]

Indeed otherwise, by homogeneity we can find \( \varphi_1 \in C^1_c(M_1 \setminus \Sigma) \), \( \varphi_2 \in C^1_c(M_2 \setminus \Sigma) \) such that \( \int_{\partial E} \varphi_1 = \int_{\partial E} \varphi_2 \) and satisfying

\[
(3.29) \quad \int_{\partial M_i \setminus \Sigma} (-L \varphi_i) \varphi_i + D_v g \varphi_i^2 < 0 \quad \text{for } i = 1, 2.
\]

Since \( \text{spt} \varphi_1 \cap \text{spt} \varphi_2 = \emptyset \), the function \( \bar{\varphi} = \varphi_1 - \varphi_2 \) satisfies \( \int_{\partial E} \bar{\varphi} = 0 \) and thus (3.29) would lead to a contradiction with (2.7). Hence either \( M_1 \) or \( M_2 \) is stable with respect to all possible variations. For the sake of the argument assume that it is \( M_1 \).

**Case 1: \( g \) is strictly convex:** Arguing as in the proof of Theorem 1.4, we get (compare that with (3.28))

\[
- \int_{M_1 \setminus \Sigma} \omega(S_E) S_E \geq \int_{M_1 \setminus \Sigma} (-L \Phi) S + D_v g S^2.
\]

which by strict convexity of \( g \) yields \( S_E \equiv 0 \) on \( M_1 \) and then \( M_1 = \partial \text{co}(E) \) with \( \nu_{\partial E} = \nu_{\partial \text{co}(E)} \) on \( M_1 \). Hence, if \( H^{d-1}(M_2) > 0 \),

\[
\int_{\partial \text{co}(E)} \Phi(\nu_{\partial \text{co}(E)}) < \int_{\partial E} \Phi(\nu_{\partial E}),
\]

which contradicts (2.8) and thus \( H^{d-1}(M_2) = 0 \).

**Case 2: \( d = 2 \):** By [25] we know that \( E \) is a union of convex sets which are smooth by Theorem 2.1. If \( M_1 \cap \partial \text{co}(E) \neq \emptyset \), then as in the proof of Theorem 1.4 the minimum principle implies that \( S_E \equiv 0 \) on \( M_1 \) and thus, by the same arguments as above, \( M_1 = \partial \text{co}(E) \) and we are done.

Otherwise, \( \partial E \cap \partial \text{co}(E) \subset M_2 \). If \( M_2 \) is disconnected, by the same arguments as above, at least one of the connected component must be stable. If this intersects \( \partial \text{co}(E) \) we can repeat the same argument above and conclude. Hence we can assume that \( M_2 \) is connected and unstable, in particular \( M_2 = \partial K \) for some convex set \( K \). We claim that \( \text{co}(E) = K \). Indeed, if this is not the case then there exists an extremal point \( x \) of \( \partial \text{co}(E) \) which is not in \( \partial K \). Since \( x \in \partial E \), this contradicts \( \partial \text{co}(E) \cap \partial E \subset \partial K \).

Connectedness of \( \partial E \) now easily follows both cases: indeed assume that \( \partial E = M_1 \cup M_2 \) with \( M_1 \) and \( M_2 \) closed and such that \( M_1 \cap M_2 = \emptyset \). Then, we may assume for instance that \( H^{d-1}(M_1) = 0 \). Thus \( M_2 \subset \Sigma \) and \( \partial E \setminus \Sigma \subset M_1 \). However regular points are dense in the boundary and thus \( M_2 \subset \Sigma \subset \partial E \setminus \Sigma \subset M_1 \), a contradiction.

It is clear that the above proofs mostly rests on the stability inequality (2.7) and that minimality is only used to have enough regularity to make the computations in Lemma 3.2 and Lemma A.1. The proof can thus be extended to smooth stable critical points (or volume preserving stable critical points) of \( F \). For example, we have

**Theorem 3.4.** Let \( \Phi \) and \( g \) be as in Theorem 1.4 and let \( E \) be a smooth, bounded and stable critical point of \( F \), then \( E \) is convex.

**Proof.** Arguing as in the proof of Theorem 1.4, we obtain that \( E = \text{co}(E) \setminus F \) for some smooth set \( F \). In order to reach a contradiction, we first claim that \( H^{d-1}_{\partial E} \geq 0 \) (recall the definition (2.5)) on \( \partial E \). Indeed, by (2.6), a minimum \( \bar{x} \) of \( H^{d-1}_{\partial E} \) corresponds to a maximum of \( g \) on \( \partial E \) and thus

\[
0 \geq \text{tr}(D^2 \Phi(\nu_{\partial E}) \nabla^2 g(\bar{x})) \quad \text{(2.4)} \quad \text{tr}(D^2 \Phi(\nu_{\partial E}) D^2 g(\bar{x})) - H^{d-1}_{\partial E}(\bar{x}) D_v g(\bar{x}).
\]

From the convexity of \( g \), we get that \( \text{tr}(D^2 \Phi(\nu_{\partial E}) D^2 g(\bar{x})) \geq 0 \). By convexity of \( g \) again, \( \bar{x} \) is a maximum of \( g \) on \( \bar{E} \) and thus \( D_v g(\bar{x}) \geq 0 \). If the inequality is strict, then \( H^{d-1}_{\partial E}(\bar{x}) \geq 0 \) as
claimed, otherwise since also $\nabla g(\bar{x}) = 0$, we actually have $Dg(\bar{x}) = 0$ and $\bar{x}$ is the minimizer of $g$ on $\mathbb{R}^d$ from which $g$ is constant on $\overline{E}$ and thus by (2.6), $H^d_{\partial E}$ is also constant on $\partial E$. By the anisotropic version of Alexandrov Theorem [19], this implies that $E$ is actually the Wulff shape of $\Phi$ and is in particular convex. Now if $\bar{x} \in \partial F$ is such that $H^d_{\partial F}(\bar{x}) > 0$ (which always exists), since $\nu_{\partial E}(\bar{x}) = -\nu_{\partial F}(\bar{x})$, we have $H^d_{\partial E}(\bar{x}) = -H^d_{\partial F}(\bar{x}) < 0$, which gives the desired contradiction. \hfill $\Box$

Remark 3.5. As in the case of minimizers, it is possible to allow for a small singular set $\Sigma$ once one knows that the supremum in the definition $S_{\partial E}$ is achieved by a point $\bar{y}$ in the regular set and that Lemma A.1 is in force.

In the case of the isotropic area functional, Allard’s theorem can be applied to critical points (see however [1]), and thus one can extend Lemma 2.2 to this setting. Moreover, using the monotonicity formula, Lemma A.1 can also be extended to critical points with a singular set $\Sigma$ of vanishing $H^{d-3}$ measure.

In the setting of anisotropic surface tensions, however both the analog of Allard’s theorem and the density lower bound (A.1) are missing for critical points (see however [1]).

Appendix A. An Approximation Lemma

For the reader’s convenience we report here the following simple (and well-known) lemma whose proof follows by a standard capacitary argument (see for instance [14, 30]).

Lemma A.1. Let $E$, $\Phi$, $g$ and $\Sigma$ be as in Theorem 2.1. Then $C^2(\partial E \setminus \Sigma)$ is dense in $W^{1,2}(\partial E \setminus \Sigma)$ with respect to the strong $W^{1,2}(\partial E \setminus \Sigma)$ topology.

Proof. Obviously $\Sigma = \emptyset$ for $d = 2, 3$, hence we assume that $d \geq 4$. As already observed in the proof of Theorem 2.1, $E$ is a $(\Lambda, r_0)$ minimiser of

$$F \mapsto \int_{\partial^* F} \Phi(\nu_{\partial F}).$$

In particular it satisfies the estimate (see [24])

$$H^{d-1}(\partial E \cap B(x, r)) \leq C r^{d-1} \text{ for all } x \in \partial E, \ r \leq r_0$$

for a constant $C = C(\Lambda, d) > 0$. Since $H^{d-3}(\Sigma) = 0$ and $\Sigma$ is compact, for every $\varepsilon > 0$ we can find finitely many balls $\{B(x_k, r_k)\}_{k=1}^N$ centered in $\Sigma$ and such that

$$\Sigma \subset \bigcup_{k=1}^N B(x_k, r_k) \quad \sum_{k=1}^N r_k^{d-3} \leq \varepsilon^{d-3}.$$

For each of this balls we consider $\varphi_k \in C^2_c(B(x_k, 2r_k), [0, 1])$ satisfying $\varphi_k \equiv 1$ on $B(x_k, r_k)$ and $|D\varphi_k| \leq 2/r_k$. Let

$$\psi_\varepsilon(x) = \max_{k=1, \ldots, N} \varphi_k(x),$$

then $\psi_\varepsilon \in \text{Lip}(\mathbb{R}^d, [0, 1])$, $\psi = 1$ on $\Sigma$, $\psi_\varepsilon \equiv 0$ outside $N_{2\varepsilon}(\Sigma)$, a $2\varepsilon$ neighborhood of $\Sigma$. Moreover, by (A.1),

$$\int_{\partial E} |D\psi_\varepsilon|^2 \leq 4 \sum_{k=1}^N \frac{H^{d-1}(\partial E \cap B(x, 2r_k))}{r_k^2} \leq C \sum_{k=1}^N r_k^{d-3} \leq C \varepsilon^{d-3}.$$

Let now $u \in W^{1,2}(\partial E \setminus \Sigma)$. By approximation we may assume that $u$ is bounded and, by scaling that $\|u\|_{\infty} \leq 1$. Let $v_\varepsilon = (1 - \psi_\varepsilon)u$, then

$$\int_{\partial E} |u - v_\varepsilon|^2 + |\nabla u - \nabla v_\varepsilon|^2 \leq \int_{N_{2\varepsilon}(\Sigma)} (u^2 + |\nabla u|^2) + 2 \int_{\partial E} |D\psi_\varepsilon|^2 \to 0$$

as $\varepsilon \to 0$. Since $\text{spt } v_\varepsilon \cap \Sigma = \emptyset$ a simple smoothing argument concludes the proof. \hfill $\Box$
A TWO-POINT FUNCTION APPROACH TO CONNECTEDNESS OF DROPS

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