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# Deviations for the Capacity of the Range of a Random Walk 

Amine Asselah * Bruno Schapira ${ }^{\dagger}$


#### Abstract

We obtain estimates for downward deviations for the centered capacity of the range of a random walk on $\mathbb{Z}^{d}$, in dimension $d \geq 5$. Our regime of deviations runs from large to moderate. We describe path properties of the random walk under the measure conditioned on downward deviations. The proof is based on a martingale decomposition of the capacity, and a delicate analysis of the corrector term. We also obtain a Large Deviation Principle for upward deviations.


Keywords and phrases. Random Walk, Capacity, Range, Large deviations, Moderate deviations. MSC 2010 subject classifications. Primary 60F05, 60G50.

## 1 Introduction

We consider a simple random walk $\left\{S_{n}, n \in \mathbb{N}\right\}$ on $\mathbb{Z}^{d}$ starting from the origin. The range of the walk between two times $k \leq n$, is denoted as $\mathcal{R}[k, n]:=\left\{S_{k}, \ldots, S_{n}\right\}$ with the shortcut $\mathcal{R}_{n}=\mathcal{R}[0, n]$. Its Newtonian capacity, denoted $\operatorname{Cap}\left(\mathcal{R}_{n}\right)$, can be seen as the hitting probability of $\mathcal{R}_{n}$ by an independent random walk starting far away and properly normalized by Green's function, denoted $G$. Equivalently, using reversibility, it can be expressed as the sum of escape probabilities from $\mathcal{R}_{n}$ by an independent random walk starting along the range. In other words, $\operatorname{Cap}\left(\mathcal{R}_{n}\right)$ is random and has the following representations:

$$
\begin{equation*}
\operatorname{Cap}\left(\mathcal{R}_{n}\right)=\lim _{z \rightarrow \infty} \frac{\mathbb{P}_{0, z}\left(\widetilde{H}_{\mathcal{R}_{n}}<\infty \mid S\right)}{G(z)}=\sum_{x \in \mathcal{R}_{n}} \mathbb{P}_{0, x}\left(\widetilde{H}_{\mathcal{R}_{n}}^{+}=\infty \mid S\right), \tag{1.1}
\end{equation*}
$$

where $\mathbb{P}_{0, z}$ is the law of two independent walks $S$ and $\widetilde{S}$ starting at 0 and $z$ respectively, and $\widetilde{H}_{\Lambda}$ (resp. $\widetilde{H}_{\Lambda}^{+}$) stands for the hitting (resp. return) time of $\Lambda$ by the walk $\widetilde{S}$.
In view of (1.1), the study of the capacity of the range is intimately related to the question of estimating probabilities of intersection of random walks. This chapter has grown quite large, with several motivations from statistical mechanics keeping the interest alive (see Lawler's celebrated monograph [Law91]). Let us mention that Norbert Wiener introduced Newtonian capacity in analysis, and later Ito and McKean showed how Wiener's test could be used to decide whether a set is visited infinitely often by a random walk or not. The last decade has witnessed revival interests both after a link between uniform spanning trees and loop erased random walks was established by physicists Manna, Dhar and Majumdar, (see LawSW18, Hut18] and reference therein) and

[^0]after the introduction of random interlacements by Sznitman in [S10] which mimic a random walk confined in a region of volume comparable to its time span.

The study of the capacity of the range of a random walk has a long history. Jain and Orey JJ069] show that in any dimension $d \geq 3$, there exists a constant $\gamma_{d} \in[0, \infty)$, such that almost surely

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} \operatorname{Cap}\left(\mathcal{R}_{n}\right)=\gamma_{d}, \quad \text { and } \quad \gamma_{d}>0, \quad \text { if and only if } \quad d \geq 5 \tag{1.2}
\end{equation*}
$$

The first order asymptotics is obtained in dimension 3 in C17, where $\operatorname{Cap}\left(\mathcal{R}_{n}\right)$ scales like $\sqrt{n}$. Dimension 4 is the critical dimension, and a central limit theorem with a non-gaussian limit is established in ASS19b. In dimension $d \geq 6$, a standard central limit theorem is proved in ASS18.
Here, we study the downward deviations for the capacity of the range in dimension $d \geq 5$, in the moderate and large deviations regimes. We also establish a large deviations principle in the upward direction. Our analysis is related to the celebrated large deviation analysis of the volume of the Wiener sausage by van den Berg, Bolthausen and den Hollander [BBH01]. The folding of the Wiener sausage, under squeezing its volume, became a paradigm of folding, with localization in a domain with holes of order one (the picture of a Swiss Cheese popularized in [BBH01]). The variational formula for the rate function was shown to have minimizers of different nature in $d=3$ and in $d \geq 5$ suggesting dimension-dependent optimal scenarii to achieve the deviation. For the discrete analogue of the Wiener sausage, we established in AS17a some path properties confirming some observations of BBH01. Our present paper is a companion to AS17a, and the localization obtained by forcing a small Newtonian capacity of the range is of a different nature than the Swiss Cheese picture.
Our first result concerns large and moderate deviations in dimension 5.
Theorem 1.1. Assume $d=5$. There exist positive constants $\varepsilon$, $\underline{\kappa}$ and $\bar{\kappa}$, such that for any $n^{83 / 91}(\log n)^{4} \leq \zeta \leq \varepsilon n$, and $n$ large enough,

$$
\exp \left(-\underline{\kappa} \cdot\left(\frac{\zeta^{2}}{n}\right)^{1 / 3}\right) \leq \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq-\zeta\right) \leq \exp \left(-\bar{\kappa} \cdot\left(\frac{\zeta^{2}}{n}\right)^{1 / 3}\right)
$$

Remark 1.2. In $d=5$, estimates of the variance and a central limit theorem are still missing for the capacity of the range. We conjecture, based on the analogy between the capacity of the range in $d=5$ and its volume in $d=3$, that the variance of $\operatorname{Cap}\left(\mathcal{R}_{n}\right)$ should be of order $n \log n$. Thus, the moderate deviations should pass from a gaussian regime with a speed of order $\zeta^{2} /(n \log n)$, to a large deviation regime with a speed of order $\left(\zeta^{2} / n\right)^{1 / 3}$, at a value of $\zeta$ where both speeds are equal. That is is for $\zeta$ of order $\sqrt{n}(\log n)^{3 / 4}$. Our techniques do not permit to reach this point. Indeed, our proof relies on a delicate partition of sites of the range according to the occupation times of their neighborhood. This introduces a space-scale $r$ defining the size of the neighborhood each site probes. Even though this space-scale does not appear in our final statements, it is responsible for imposing the limits of the deviations we can study.

Our estimate in dimension 6 and larger requires a notation. Let

$$
\chi_{d}:= \begin{cases}6 / 7 & \text { if } d=6  \tag{1.3}\\ d^{3} /\left(d^{3}+4 d^{2}-20 d+16\right) & \text { if } d=7, \ldots, 11 \\ \frac{d-2}{d} & \text { if } d \geq 12 .\end{cases}
$$

Theorem 1.3. Assume $d \geq 6$. There exist positive constants $\varepsilon, \underline{\kappa}$ and $\bar{\kappa}$ (only depending on the dimension), such that for any $n^{\chi_{d}}(\log n)^{9} \leq \zeta \leq \varepsilon n$, and for $n$ large enough, one has for $d \geq 7$,

$$
\exp \left(-\underline{\kappa} \cdot \zeta^{1-\frac{2}{d-2}}\right) \leq \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq-\zeta\right) \leq \exp \left(-\bar{\kappa} \cdot \zeta^{1-\frac{2}{d-2}}\right)
$$

and for $d=6$,

$$
\exp \left(-\underline{\kappa} \cdot \zeta^{1 / 2}\right) \leq \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq-\zeta\right) \leq \exp \left(-\frac{\bar{\kappa}}{\log (n / \zeta)} \cdot \zeta^{1 / 2}\right)
$$

Remark 1.4. In dimension 6 and higher it has been proved ASS18 that the variance of $\operatorname{Cap}\left(\mathcal{R}_{n}\right)$ is of order $n$, so the cost of deviations should jump from a gaussian regime with speed $\zeta^{2} / n$, to a regime with speed of order $\zeta^{1-2 /(d-2)}$, with a transition occurring for $\zeta$ of order $n^{(d-2) / d}$. Thus, we conjecture that (up to the logarithmic term), our hypothesis on $\zeta$ in Theorem 1.3 is optimal in all dimensions $d \geq 12$, and that below the threshold $n^{(d-2) / d}$ one should fall into the gaussian regime.

Our next results provide path properties of the trajectory under the constraint of moderate deviations. Let $\mathbb{Q}_{n}$ be the law of the walk conditionally on the event $\left\{\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq-\zeta_{n}\right\}$, with $\left(\zeta_{n}\right)_{n \geq 1}$ some given sequence. For a subset $\Lambda \subseteq \mathbb{Z}^{d}$, we denote by $\ell_{n}(\Lambda)$ the time spent in $\Lambda$ up to time $n$. Recall also that for any finite $\Lambda \subseteq \mathbb{Z}^{d}$, it is known that $\operatorname{Cap}(\Lambda)$ is at least of order $|\Lambda|^{1-2 / d}$, with equality when $\Lambda$ is a ball. Thus a set $\Lambda$ whose capacity is of order $|\Lambda|^{1-2 / d}$ can be considered as being close (in this sense) to a ball.

Theorem 1.5. Assume $d=5$. There are positive constants $\alpha$, $c$ and $C$, such that for any sequence $\left(\zeta_{n}\right)_{n \geq 1}$, satisfying $n^{83 / 91} \log n \leq \zeta_{n} \leq n$, one has

$$
\lim _{n \rightarrow \infty} \mathbb{Q}_{n}\left(\exists \Lambda \subseteq \mathbb{Z}^{5}: \ell_{n}(\Lambda) \geq \alpha n, c\left(\frac{n^{2}}{\zeta_{n}}\right)^{5 / 3} \leq|\Lambda| \leq C\left(\frac{n^{2}}{\zeta_{n}}\right)^{5 / 3}, \operatorname{Cap}(\Lambda) \leq C|\Lambda|^{1-\frac{2}{5}}\right)=1 .
$$

In dimension $d \geq 7$ the result reads as follows .
Theorem 1.6. Assume $d \geq 7$. There are positive constants $\alpha$, $c$ and $C$, such that for any sequence $\left(\zeta_{n}\right)_{n \geq 1}$, satisfying $n^{\chi_{d}}(\log n)^{7} \leq \zeta_{n} \leq n$,

$$
\lim _{n \rightarrow \infty} \mathbb{Q}_{n}\left(\exists \Lambda \subseteq \mathbb{Z}^{d}: \ell_{n}(\Lambda) \geq \alpha \zeta_{n}, c \zeta_{n}^{\frac{d}{d-2}} \leq|\Lambda| \leq C \zeta_{n}^{\frac{d}{d-2}}, \operatorname{Cap}(\Lambda) \leq C|\Lambda|^{1-\frac{2}{d}}\right)=1
$$

Let us now come to the upward deviations. Our decomposition (1.4) allows us to adapt a beautiful argument of Hamana and Kesten, [HK, written for the volume of the range of a random walk.

Theorem 1.7. Assume $d \geq 5$. The following limit exists for all $x>0$ :

$$
\psi_{d}(x):=-\lim _{n \rightarrow \infty} \frac{1}{n} \log \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right) \geq n \cdot x\right) .
$$

Furthermore, there exists a constant $\gamma_{d}^{*}>\gamma_{d}$, such that the function $\psi_{d}$ is continuous and convex on $\left[0, \gamma_{d}^{*}\right]$, increasing on $\left[\gamma_{d}, \gamma_{d}^{*}\right]$, and satisfies

$$
\psi_{d}(x) \begin{cases}=0 & \text { if } x \leq \gamma_{d} \\ \in(0, \infty) & \text { if } x \in\left(\gamma_{d}, \gamma_{d}^{*}\right] \\ =\infty & \text { if } x>\gamma_{d}^{*}\end{cases}
$$

Remark 1.8. We also obtain rough upper bounds, in the regime of moderate deviations, see Propositions 3.3 and 3.4 .

In order to present some heuristical explanation of the scenarii adopted by the constrained walk, let us present the main steps of our approach.

Our approach to downward deviations. The cornerstone of our approach is a decomposition formula obtained in ASS19a:

$$
\begin{equation*}
\forall A, B \quad \text { finite sets of } \mathbb{Z}^{d}, \quad \operatorname{Cap}(A \cup B)=\operatorname{Cap}(A)+\operatorname{Cap}(B)-\chi_{C}(A, B), \tag{1.4}
\end{equation*}
$$

where $\chi_{C}(A, B)$ called the cross-term has a nice expression. In this work, the decomposition (1.4) allows us to follow a simple approach devised in [AS17a] to study downward deviations for the volume of the boundary of the range for a random walk in dimensions $d \geq 3$. We partition the time-period of length $n$ into intervals of length $T \leq n$, and write our functional of the range, $\operatorname{Cap}\left(\mathcal{R}_{n}\right)$, as a martingale part and a corrector on scale $T$ :

$$
\operatorname{Cap}\left(\mathcal{R}_{n}\right)=\text { Martingale }- \text { Corrector. }
$$

The corrector, is obtained by a Doob's like decomposition, and is thus an averaged of cross-terms of the form $\chi_{\mathcal{C}}\left(\mathcal{R}_{i T}, \widetilde{\mathcal{R}}_{T}\right)$, with two independent copies $\mathcal{R}$ and $\widetilde{\mathcal{R}}$, that we integrate over $\widetilde{\mathcal{R}}$. When we impose some downward deviations on an increasing functional, (such as the volume or the capacity), we expect some type of folding of the walk. We then look for the appropriate time-scale $T$ for which the corrector produces entirely the deviation. For our discussion to be more concrete, let us describe the corrector in more details. It is a sum along the walk's positions, say $S_{k}$, of a function probing the occupation density about $S_{k}$ at time-scale $T$. Indeed, the latter scale enters into the functional $\varphi_{T}=\frac{1}{T} G_{T} \star G$, which is the convolution of Green's function with $x \mapsto \frac{1}{T} G_{T}(x)$, the proportion of the number of visits of site $x$ up to time $T$. The corrector then reads,

$$
\begin{equation*}
\xi_{n}(T)=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(\widetilde{H}_{\mathcal{R}_{k}}^{+}=\infty\right) . \tag{1.5}
\end{equation*}
$$

Our first step transfers the deviation of the centered capacity of the range into a deviation for the corrector. In other words, we find $T=T(\zeta, n)$ such that on the event $\left\{\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq\right.$ $-\zeta\}$, one has with high probability that $\xi_{n}(T)$ must be of order $\zeta$ as well, at least for $\zeta$ and $n$ large enough. The study of the deviations of $\xi_{n}(T)$ is more intricate than in our previous study AS17a, but our general strategy provides a right entry to the problem.

We present now some heuristics to understand the scenarii the constrained walk adopts in different dimensions.

Heuristics. We use the sign $\approx$ to express that two quantities are of the same order. As already mentioned, the first step in this work is a simple decomposition for the capacity of a union of sets in term of a cross-term

$$
\begin{equation*}
\chi_{C}(A, B) \approx 2 \sum_{x \in A} \sum_{y \in B} \mathbb{P}_{x}\left(H_{A}^{+}=\infty\right) \cdot G(x-y) \cdot \mathbb{P}_{y}\left(H_{B}^{+}=\infty\right) \tag{1.6}
\end{equation*}
$$

See (2.9) and 2.11) for a precise expression. The key phenomenon responsible for producing a small capacity for the range of a random walk is an increase of the cross-term on an appropriate scale. In other words, the walk folds into a ball-like domain in order to increase some self-interaction captured by the cross-term. Also, at any scale, this cross-term does realize a part of the deviation, if not all. Let us divide the range $\mathcal{R}[0,2 n]$ into two subsets $\mathcal{R}[0, n]$ and $\mathcal{R}[n, 2 n]$. Let us call, for simplicity $\mathcal{R}_{n}^{1}=\mathcal{R}[0, n]-S_{n}$, and $\mathcal{R}_{n}^{2}=\mathcal{R}[n, 2 n]-S_{n}$ the two subranges translated by $S_{n}$ so that they become independent. By translation invariance of the capacity, we obtain

$$
\operatorname{Cap}(\mathcal{R}[0,2 n])=\operatorname{Cap}\left(\mathcal{R}_{n}^{1}\right)+\operatorname{Cap}\left(\mathcal{R}_{n}^{2}\right)-\chi_{C}\left(\mathcal{R}_{n}^{1}, \mathcal{R}_{n}^{2}\right) .
$$

Now, assume that both walks stay inside a ball of radius $R$ a time of order $\tau \leq n$, and are unconstrained afterward. Thus, under the strategy we mentioned,

$$
\begin{align*}
\chi_{C}\left(\mathcal{R}_{n}^{1}, \mathcal{R}_{n}^{2}\right) & \approx G(R) \times \operatorname{Cap}\left(\mathcal{R}_{\tau}^{1}\right) \times \operatorname{Cap}\left(\mathcal{R}_{\tau}^{2}\right)+\mathcal{O}\left(G(\sqrt{n}) n^{2}\right) \\
& \approx G(R)\left(\min \left(\tau, R^{d-2}\right)\right)^{2}+\mathcal{O}\left(n^{\frac{6-d}{2}}\right) . \tag{1.7}
\end{align*}
$$

The term $\mathcal{O}\left(G(\sqrt{n}) n^{2}\right)$ appears if $\tau$ is smaller than $n$, and accounts for the unconstrained contribution to the cross-term. In obtaining (1.7), we have used that if $\mathcal{R}_{\tau}^{1}, \mathcal{R}_{\tau}^{2}$ are inside a ball of radius $R$, their capacity is bounded by the capacity of the ball, which is of order $R^{d-2}$, as well as by their volume bounded by $\tau$. Thus, it is useless to consider $\tau$ larger than $R^{d-2}$, since then $\tau$ no more affects the cross-term and increasing $\tau$ (or decreasing $R$ below $\tau$ ) only makes the cost of the strategy larger. Now, to reach a deviation of order $\zeta$, we have

$$
\begin{equation*}
\frac{1}{R^{d-2}} \tau^{2} \approx \zeta . \tag{1.8}
\end{equation*}
$$

Recall that the cost of being localized a time $\tau$ in a ball of radius $R$ is of order $\exp \left(-\tau / R^{2}\right)$. So we need to find a choice of $(\tau, R)$ which minimizes this cost under the constraint (1.8). In other words one needs to maximize $\sqrt{\zeta} \cdot R^{(d-6) / 2}$. This leads to two regimes.

- When $d=5, R$ (and then $\tau$ ) is as large as possible. So, $\tau=n$ and $R^{d-2}=n^{2} / \zeta$ by (1.8). The strategy is time homogeneous for any $\zeta$ !
- When $d \geq 7$, then $\tau$ is as small as possible, that is $\tau=R^{d-2}=\zeta$. The strategy is timeinhomogeneous.

When $d=6$, the strategy remains unknown, but the cost should be of order $\exp (-\sqrt{\zeta})$.

Application to a polymer melt. A random interlacements (see Sznitman [S10) is roughly speaking the union of the ranges of trajectories obtained by a Poisson point process on the space of doubly infinite trajectories, and is such that the probability of avoiding a set $K$ is $\exp (-u \cdot \operatorname{Cap}(K))$, where $u>0$ is a fixed parameter. With this in mind, let us consider the following model of polymer among a polymer melt interacting by exclusion. We distinguish one polymer, a simple random walk, interacting with a cloud of other random walk trajectories modeled by random interlacements which we call for short the melt. The interaction is through exclusion: the walk and the melt do not intersect. When integrating over the interlacements law, the (annealed) measure on the walk with the effective interaction has a density proportional to $\exp \left(-u \operatorname{Cap}\left(\mathcal{R}_{n}\right)\right)$, with respect to the law of a simple random walk.
As a corollary of our deviation estimates, one can address key issues on this polymer. Since this follows in the same way as the study of the Gibbs measure tilted by the volume of the range was a corollary of AS17a, we repeat neither the statements, nor the proofs here. The simplest and most notable difference is that the proper scaling of the temperature which provides a phase transition is when it is of order $n^{-2 /(d-2)}$ in dimension $d \geq 5$. Moreover, our polymer measure in dimension $d$ behaves similarly as the polymer measure of AS17a in dimension $d-2$. Theorem 1.8 of AS17a] is true here also after the drop in dimension is performed.

Organization. Let us explain how the rest of the paper is organized while sketching the skeleton of our approach. The key decomposition relation $\left(\begin{array}{|c|}1.4\end{array}\right)$ is given for arbitrary sets in (2.9) and for the range in (3.1). Section 3 makes the link between capacity and corrector. The cross term
(3.1) is written as a martingale and a corrector in Proposition 3.1 following a Doob decomposition. Section 5 is the technical core of the paper. Section 5.3 transfers deviations of the capacity of the range into deviations of the corrector. The corrector itself is studied in Section $5.4(d=5)$ and in Section $5.5(d \geq 6)$. Propositions 5.7 and 5.13 imply respectively Theorems 1.1 and 1.3 . The path properties are addressed in Section 6. This latter section recall also the steps of the approach of AS17a in order to obtain information on the capacity of the region where the walk localizes. Apart from the highly interconnected steps leading to the path properties, the following sections can be read independently. In Section 2, we recall basic facts on Green's function, and on the Newtonian capacity. In Section 4, we prove the lower bounds in Theorems 1.1 and 1.3 . Finally, we prove Theorem 1.7 concerning the upward deviations in Section 7 .

## 2 Preliminaries

### 2.1 Further notation

For $z \in \mathbb{Z}^{d}$, we denote by $\mathbb{P}_{z}$ the law of the simple random walk starting from $z$, and let

$$
G(z):=\mathbb{E}\left[\sum_{n=0}^{\infty} 1\left\{S_{n}=z\right\}\right]
$$

be Green's function. It is known that there are positive constants $c$ and $C$, such that in any dimension $d \geq 3$ (see Law91]),

$$
\begin{equation*}
\frac{c}{\|z\|^{d-2}+1} \leq G(z) \leq \frac{C}{\|z\|^{d-2}+1}, \quad \text { for all } z \in \mathbb{Z}^{d} \tag{2.1}
\end{equation*}
$$

with $\|\cdot\|$ the Euclidean norm. We also consider for $T>0$, and $z \in \mathbb{Z}^{d}$,

$$
G_{T}(z):=\mathbb{E}\left[\sum_{n=0}^{T} \mathbf{1}\left\{S_{n}=z\right\}\right]
$$

In particular for any $z \in \mathbb{Z}^{d}$, and $T \geq 1$,

$$
\begin{equation*}
\mathbb{P}\left(z \in \mathcal{R}_{T}\right) \leq G_{T}(z) \tag{2.2}
\end{equation*}
$$

For $A \subset \mathbb{Z}^{d}$, we denote by $|A|$ the cardinality of $A$, and by

$$
H_{A}:=\inf \left\{n \geq 0: S_{n} \in A\right\}, \quad \text { and } \quad H_{A}^{+}:=\inf \left\{n \geq 1: S_{n} \in A\right\}
$$

respectively the hitting time of $A$ and the first return time to $A$.
We also need the following well known fact, see [Law91]. There exists a constant $C>0$, such that for any $R>0$ and $z \in \mathbb{Z}^{d}$,

$$
\begin{equation*}
\mathbb{P}_{z}\left(\inf _{k \geq 0}\left\|S_{k}\right\| \leq R\right) \leq C \cdot\left(\frac{R}{\|z\|}\right)^{d-2} \tag{2.3}
\end{equation*}
$$

### 2.2 On the capacity

The capacity of a finite subset $A \subset \mathbb{Z}^{d}$, with $d \geq 3$, is defined as follows.

$$
\begin{equation*}
\operatorname{Cap}(A):=\lim _{\|z\| \rightarrow \infty} \frac{1}{G(z)} \mathbb{P}_{z}\left(H_{A}<\infty\right) \tag{2.4}
\end{equation*}
$$

It is well known, see Proposition 2.2.1 of Law91, that the capacity is monotone for inclusion:

$$
\begin{equation*}
\operatorname{Cap}(A) \leq \operatorname{Cap}(B), \quad \text { for any } A \subset B, \tag{2.5}
\end{equation*}
$$

and satisfies the sub-additivity relation

$$
\begin{equation*}
\operatorname{Cap}(A \cup B) \leq \operatorname{Cap}(A)+\operatorname{Cap}(B)-\operatorname{Cap}(A \cap B), \quad \text { for all } A, B \subset \mathbb{Z}^{d} \tag{2.6}
\end{equation*}
$$

Another equivalent definition of the capacity is the following (see (2.12) of Law91).

$$
\begin{equation*}
\operatorname{Cap}(A)=\sum_{x \in A} \mathbb{P}_{x}\left(H_{A^{+}}=\infty\right) \tag{2.7}
\end{equation*}
$$

In particular it implies that

$$
\begin{equation*}
\operatorname{Cap}(A) \leq|A|, \quad \text { for all } A \subset \mathbb{Z}^{d} \tag{2.8}
\end{equation*}
$$

The starting point for our decomposition is the definition (2.4) of the capacity in terms of a hitting time. It implies that for any two finite subsets $A, B \subset \mathbb{Z}^{d}$,

$$
\begin{equation*}
\operatorname{Cap}(A \cup B)=\operatorname{Cap}(A)+\operatorname{Cap}(B)-\chi_{\mathcal{C}}(A, B), \tag{2.9}
\end{equation*}
$$

with

$$
\begin{equation*}
\chi_{\mathcal{C}}(A, B):=\lim _{z \rightarrow \infty} \frac{1}{G(z)} \mathbb{P}_{z}\left(\left\{H_{A}<\infty\right\} \cap\left\{H_{B}<\infty\right\}\right) . \tag{2.10}
\end{equation*}
$$

Now, we have shown in ASS19b that $\chi_{\mathcal{C}}(A, B)=\chi(A, B)+\chi(B, A)-\varepsilon(A, B)$, with

$$
\begin{equation*}
\chi(A, B)=\sum_{x \in A} \sum_{y \in B} \mathbb{P}_{x}\left(H_{A \cup B}^{+}=\infty\right) \cdot G(x-y) \cdot \mathbb{P}_{y}\left(H_{B}^{+}=\infty\right) \tag{2.11}
\end{equation*}
$$

and,

$$
0 \leq \varepsilon(A, B) \leq \operatorname{Cap}(A \cap B) \leq|A \cap B|,
$$

where the last inequality follows from 2.8).
The next result gives some control that shall be needed on the speed of convergence in (1.2).
Lemma 2.1. Assume $d \geq 5$. One has

$$
\begin{equation*}
\left|\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right]-\gamma_{d} n\right|=\mathcal{O}\left(\psi_{d}(n)\right), \tag{2.12}
\end{equation*}
$$

with

$$
\psi_{d}(n)= \begin{cases}\sqrt{n} & \text { if } d=5  \tag{2.13}\\ \log n & \text { if } d=6 \\ 1 & \text { if } d \geq 7\end{cases}
$$

Proof. By Proposition 1.2 in [ASS18], one has the rough lower bound:

$$
\operatorname{Cap}\left(\mathcal{R}_{n+m}\right) \geq \operatorname{Cap}\left(\mathcal{R}_{n}\right)+\operatorname{Cap}(\mathcal{R}[n, n+m])-2 \sum_{k=0}^{n} \sum_{\ell=n}^{n+m} G\left(S_{k}-S_{\ell}\right)
$$

for any integers $n, m \geq 1$. Even though a better inequality is used in 2.9) below, this result together with the subadditivity relation (2.6) are enough to conclude the proof, using Hammersley's lemma and Lemma 3.2 in ASS18, which controls the moments of the error term in the lower bound. For the details, we refer to the proof of (1.13) in AS17b], which is entirely similar.

## 3 Martingale decomposition and Concentration

We give here a martingale decomposition of the capacity of the range, and deduce rough estimates on upward deviations.

### 3.1 Martingale Decomposition

The possibility of establishing the heuristic picture described in the introduction stems from writing the capacity of a union of sets as a sum of capacities and a cross-term. The latter though typically small is nonetheless responsible for the fluctuations. Iterating this decomposition leads to an expression of the capacity of the range as a sum of i.i.d. terms plus a martingale part, minus a corrector. The main result of this section, Proposition 3.1 below, gives an explicit expression for this corrector in terms of a sum of convoluted Green's functions taken along the trajectory and weighted by escape probability terms. Thus, the strategy is similar to the one used to treat downward deviations for the range (or its boundary) developed in AS17a. However the form of the corrector is quite different and its treatment is the main original part in our present analysis.
A detailed analysis of this corrector is carried out in Sections 5.4 and 5.5. Before we can state precisely the result, some preliminary steps are required.
For $I \subset \mathbb{N}$, we write $\mathcal{R}(I):=\left\{S_{k}, k \in I\right\}$, for the set of visited sites during times $k \in I$. Since for any two intervals $I, J \subset \mathbb{N}$, one has $\mathcal{R}(I \cup J)=\mathcal{R}(I) \cup \mathcal{R}(J)$, 2.9) gives

$$
\begin{equation*}
\operatorname{Cap}(\mathcal{R}(I \cup J))=\operatorname{Cap}(\mathcal{R}(I))+\operatorname{Cap}(\mathcal{R}(J))-\chi_{\mathcal{C}}(\mathcal{R}(I), \mathcal{R}(J)) . \tag{3.1}
\end{equation*}
$$

Next, given two sets $A$ and $B$, their symmetric difference is defined as $A \Delta B:=\left(A \cap B^{c}\right) \cup\left(B \cap A^{c}\right)$. Note in particular that for any $I, J \subset \mathbb{N}$, one has $\mathcal{R}(I) \Delta \mathcal{R}(J) \subset \mathcal{R}(I \Delta J)$. Moreover, it follows from (2.5), 2.6) and 2.8) that for any $A, B \subset \mathbb{Z}^{d}$,

$$
|\operatorname{Cap}(A)-\operatorname{Cap}(B)| \leq \operatorname{Cap}(A \Delta B) \leq|A \Delta B| .
$$

Applying this inequality to ranges on some intervals $I$ and $J$, we get

$$
\begin{equation*}
|\operatorname{Cap}(\mathcal{R}(I))-\operatorname{Cap}(\mathcal{R}(J))| \leq|I \Delta J| . \tag{3.2}
\end{equation*}
$$

Now assume that some integer $T$ is fixed, which is carefully chosen later. Then for $j \geq 0$ and $k \geq 1$, write

$$
I_{j, k}:=[j+(k-1) T, j+k T], \quad \text { and } \quad \widetilde{I}_{j, k}:=I_{j, 1} \cup \cdots \cup I_{j, k} .
$$

It follows from (3.2) that

$$
\begin{equation*}
\left|\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\frac{1}{T} \sum_{j=0}^{T-1} \operatorname{Cap}\left(\mathcal{R}\left(\widetilde{I}_{j,[n / T]}\right)\right)\right| \leq T \tag{3.3}
\end{equation*}
$$

On the other hand, applying (3.1) recursively we obtain for any $j=0, \ldots, T-1$,

$$
\begin{equation*}
\operatorname{Cap}\left(\mathcal{R}\left(\widetilde{I}_{j,[n / T]}\right)\right)=\sum_{k=1}^{[n / T]} \operatorname{Cap}\left(\mathcal{R}\left(I_{j, k}\right)\right)-\sum_{k=1}^{[n / T]-1} \chi_{\mathcal{C}}\left(\mathcal{R}\left(\widetilde{I}_{j, k}\right), \mathcal{R}\left(I_{j, k+1}\right)\right) . \tag{3.4}
\end{equation*}
$$

We use now (3.4) to obtain a relation between centered variables. Set

$$
\Sigma_{j, k}:=\sum_{\ell=1}^{k} \operatorname{Cap}\left(\mathcal{R}\left(I_{j, \ell}\right)\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}\left(I_{j, \ell}\right)\right)\right],
$$

and, if $\mathcal{F}_{n}$ is the $\sigma$-field generated by the increments of the walk up to time $n$,

$$
M_{j, k}:=\sum_{\ell=1}^{k} \chi_{\mathcal{C}}\left(\mathcal{R}\left(\widetilde{I}_{j, \ell}\right), \mathcal{R}\left(I_{j, \ell+1}\right)\right)-\mathbb{E}\left[\chi_{\mathcal{C}}\left(\mathcal{R}\left(\widetilde{I}_{j, \ell}\right), \mathcal{R}\left(I_{j, \ell+1}\right)\right) \mid \mathcal{F}_{j+\ell T}\right] .
$$

Note that for any $j=0, \ldots, T-1$, the term $\Sigma_{j, k}$ is a sum of $k$ i.i.d. random variables, while $\left(M_{j, k}\right)_{k \geq 1}$ is a martingale. One can now state the main result of this Section.

Proposition 3.1. For any $1 \leq T \leq n$, one has

$$
\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \geq \frac{1}{T} \sum_{j=0}^{T-1}\left(\Sigma_{j,[n / T]}-M_{j,[n / T]}\right)-2 \xi_{n}(T)+\mathcal{O}\left(T+\frac{n}{T} \cdot \psi_{d}(T)\right),
$$

with $\psi_{d}(T)$ as defined in 2.13), and

$$
\begin{equation*}
\xi_{n}(T):=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right) \cdot \frac{G \star G_{T}\left(x-S_{k}\right)}{T} \tag{3.5}
\end{equation*}
$$

Proof. By (2.11), for any sets $A$ and $B$,

$$
\chi(A, B) \leq \widetilde{\chi}(A, B):=\sum_{x \in A} \sum_{y \in B} \mathbb{P}_{x}\left(H_{A}^{+}=\infty\right) \cdot G(x-y) \cdot \mathbb{P}_{y}\left(H_{B}^{+}=\infty\right)
$$

Note that $\widetilde{\chi}$ is symmetric in the sense that $\widetilde{\chi}(A, B)=\widetilde{\chi}(B, A)$, for any $A, B$. Bounding the last probability term by one, we get

$$
\chi(A, B)+\chi(B, A) \leq 2 \bar{\chi}(A, B), \quad \text { with } \quad \bar{\chi}(A, B):=\sum_{x \in A} \sum_{y \in B} \mathbb{P}_{x}\left(H_{A}^{+}=\infty\right) \cdot G(x-y) .
$$

Now for any $j, k$, the Markov property and translation invariance of the simple random walk give
$\mathbb{E}\left[\bar{\chi}\left(\mathcal{R}\left(\widetilde{I}_{j, k}\right), \mathcal{R}\left(I_{j, k+1}\right)\right) \mid \mathcal{F}_{j+k T}\right]=\sum_{x \in \mathcal{R}\left(\widetilde{I}_{j, k}\right)} \mathbb{P}_{x}\left(H_{\mathcal{R}\left(\tilde{I}_{j, k}\right)}^{+}=\infty\right) \sum_{y \in \mathbb{Z}^{d}} G(x-y) \cdot \mathbb{P}\left(y \in \mathcal{R}\left(I_{j, k+1}\right) \mid \mathcal{F}_{j+k T}\right)$

$$
\stackrel{(2.2}{\leq} \sum_{x \in \mathcal{R}\left(\widetilde{I}_{j, k}\right)} \mathbb{P}_{x}\left(H_{\mathcal{R}\left(\widetilde{I}_{j, k}\right)}^{+}=\infty\right) \cdot G \star G_{T}\left(x-S_{j+k T}\right)
$$

The Proposition follows then from (3.3), (3.4), and Lemma 2.1.

### 3.2 Variance of the Cross-Term

We establish in this section the following lemma giving an upper bound on the variance of the cross-term $\chi_{C}\left(\mathcal{R}_{n}, \Lambda\right)$, which is uniform over fixed subsets $\Lambda$ of $\mathbb{Z}^{d}$.

Lemma 3.2. Assume that $d \geq 5$. There exists a positive constant $C$, such that for any finite $\Lambda \subset \mathbb{Z}^{d}$, and any $n \geq 2$,

$$
\begin{equation*}
\operatorname{var}\left(\chi_{C}\left(\mathcal{R}_{n}, \Lambda\right)\right) \leq C n \cdot \log ^{2}(n) \tag{3.6}
\end{equation*}
$$

Proof. We follow an approach used by Le Gall in LG86]. For any subsets $A, B$ of $\mathbb{Z}^{d}$, define

$$
\begin{equation*}
\Gamma_{\Lambda}(A, B):=\chi_{C}(A, \Lambda)+\chi_{C}(B, \Lambda)-\chi_{C}(A \cup B, \Lambda) . \tag{3.7}
\end{equation*}
$$

The representation (2.10) leads to

$$
\begin{equation*}
\Gamma_{\Lambda}(A, B)=\lim _{z \rightarrow \infty} \frac{1}{G(z)} \mathbb{P}_{z}\left(\left\{H_{A}<\infty\right\} \cap\left\{H_{B}<\infty\right\} \cap\left\{H_{\Lambda}<\infty\right\}\right) \tag{3.8}
\end{equation*}
$$

which implies that for any finite $\Lambda \subset \mathbb{Z}^{d}$

$$
\begin{equation*}
\Gamma_{\Lambda}(A, B) \leq \chi_{C}(A, B) \tag{3.9}
\end{equation*}
$$

Define next for $n \geq 1, X_{n}:=\chi_{C}\left(\mathcal{R}_{n}, \Lambda\right)-\mathbb{E}\left[\chi_{C}\left(\mathcal{R}_{n}, \Lambda\right)\right]$, and set for all $k \geq 1$,

$$
a_{k}:=\sup \left\{\left\|X_{n}\right\|_{2}: 2^{k} \leq n<2^{k+1}\right\}
$$

with $\|X\|_{2}:=\mathbb{E}\left[X^{2}\right]^{1 / 2}$, for any square integrable random variable $X$. Fix $k \geq 2$, and take $n$, such that $2^{k} \leq n<2^{k+1}$. Let $\ell=\lfloor n / 2\rfloor$ and $m=n-\ell$. Then write

$$
X^{(1)}:=X_{\ell}, \quad \text { and } \quad X^{(2)}:=\chi_{C}(\mathcal{R}[\ell, n], \Lambda)-\mathbb{E}\left[\chi_{C}(\mathcal{R}[\ell, n], \Lambda)\right] .
$$

Note that by the Markov property and translation invariance, $X^{(2)}$ is independent of $X^{(1)}$, and follows the same law as $X_{m}$. Furthermore, by definition,

$$
\begin{equation*}
X_{n}=X^{(1)}+X^{(2)}-\Gamma_{\Lambda}\left(\mathcal{R}_{\ell}, \mathcal{R}[\ell, n]\right)+\mathbb{E}\left[\Gamma_{\Lambda}\left(\mathcal{R}_{\ell}, \mathcal{R}[\ell, n]\right)\right] . \tag{3.10}
\end{equation*}
$$

Since $X^{(1)}$ and $X^{(2)}$ are independent and centered, we get

$$
\left\|X^{(1)}+X^{(2)}\right\|_{2}=\left(\left\|X^{(1)}\right\|_{2}^{2}+\left\|X^{(2)}\right\|_{2}^{2}\right)^{1 / 2}
$$

By the triangle inequality and (3.9) we now obtain

$$
\begin{align*}
\left\|X_{n}\right\|_{2} & \leq\left\|X^{(1)}+X^{(2)}\right\|_{2}+\left\|\chi_{C}\left(\mathcal{R}_{\ell}, \mathcal{R}[\ell, n]\right)\right\|_{2} \\
& \leq\left(\left\|X^{(1)}\right\|_{2}^{2}+\left\|X^{(2)}\right\|_{2}^{2}\right)^{1 / 2}+\left\|\chi_{C}\left(\mathcal{R}_{\ell}, \mathcal{R}[\ell, n]\right)\right\|_{2} \\
& \leq 2^{1 / 2} a_{k-1}+\left\|\chi_{C}\left(\mathcal{R}_{\ell}, \mathcal{R}[\ell, n]\right)\right\|_{2} . \tag{3.11}
\end{align*}
$$

Moreover, it follows from Lemma 3.2 of ASS18], that

$$
\left\|\chi_{C}\left(\mathcal{R}_{\ell}, \mathcal{R}[\ell, n]\right)\right\|_{2}=\mathcal{O}\left(\psi_{d}(n)\right)
$$

with $\psi_{d}(n)$ as in (2.13). Injecting this in (3.11) and taking the supremum over $n$ in $\left[2^{k}, 2^{k+1}\right.$ ), we obtain that $a_{k} \leq 2^{1 / 2} a_{k-1}+C 2^{k / 2}$, for some constant $C>0$. This readily implies that

$$
a_{k} \leq C \cdot k \cdot 2^{k / 2}, \quad \text { for all } k \geq 1
$$

which is (3.6).

### 3.3 Concentration Inequalities

We use here the results established in the previous section to deduce a rough estimate for the moderate deviations of the capacity of the range in the upward direction. We start with the case of dimension 5. For a random subset $X \subseteq \mathbb{Z}^{d}$, we use the short-hand notation $\overline{\mathrm{Cap}}(X)=$ $\operatorname{Cap}(X)-\mathbb{E}[\operatorname{Cap}(X)]$.

Proposition 3.3. Assume $d=5$. There exist positive constants $K$ and $c$, such that for any $n \geq 1$, and any $b \geq K \cdot n^{2 / 3}$,

$$
\mathbb{P}\left(\overline{\operatorname{Cap}}\left(\mathcal{R}_{n}\right)>b\right) \leq \exp \left(-c \cdot \frac{b^{3}}{n^{2}}\right)
$$

Proof. The subadditivity relation (2.6), together with (3.2) and Lemma 2.1 lead to

$$
\begin{equation*}
\overline{\mathrm{Cap}}\left(\mathcal{R}_{n}\right) \leq \sum_{k=1}^{[n / T]} \overline{\operatorname{Cap}}(\mathcal{R}[k T,(k+1) T])+\mathcal{O}\left(T+\frac{n}{\sqrt{T}}\right) . \tag{3.12}
\end{equation*}
$$

We apply this inequality with $T=C(n / b)^{2}$, and $C>0$ a constant such that the $\mathcal{O}\left(T+\frac{n}{\sqrt{T}}\right)$ is smaller than $b / 2$ (note that this is possible if one chooses the constant $K$ large enough, in the hypothesis of the proposition). Then observe that the other part in the upper bound is a sum of $\lfloor n / T\rfloor$ terms, which are i.i.d. centered random variables bounded by $T$ by (2.8), and whose variance are $\mathcal{O}\left(T \log ^{2} T\right)$, following the same arguments as in the proof of Lemma 3.2. Therefore McDiarmid's inequality (see for instance Theorem 3.4 in [CL) gives,

$$
\begin{equation*}
\mathbb{P}\left(\overline{\mathrm{Cap}}\left(\mathcal{R}_{n}\right)>b\right) \leq \exp \left(-\frac{b^{2}}{8\left(C_{0} n \log ^{2} T+T b / 6\right)}\right), \tag{3.13}
\end{equation*}
$$

for some constant $C_{0}>0$. By taking larger $C>0$ if necessary, one can ensure that in the denominator of the fraction above, the second term dominates the first one, and then the proposition follows.

The cases of dimensions 6 and higher are treated similarly.
Proposition 3.4. There exist constants $K$ and $c$ (depending on the dimension), such that for any $n \geq 1$, and any

$$
b \geq K \cdot \begin{cases}\sqrt{n \log n}, & \text { if } d=6 \\ \sqrt{n} & \text { if } d \geq 7\end{cases}
$$

one has

$$
\mathbb{P}\left(\overline{\operatorname{Cap}}\left(\mathcal{R}_{n}\right)>b\right) \leq \exp \left(-c \cdot \frac{b^{2}}{n \log ^{2} n}\right) .
$$

Proof. One can argue exactly as in the case of the dimension 5, taking this time $T=C(n \log n) / b$ in dimension 6, and $T=C n / b$ in higher dimension.

## 4 Lower Bounds

### 4.1 Case of dimension 5

We prove here the lower bound in Theorem 1.1. In fact we show a result which holds under more general hypotheses on $\zeta$.

Proposition 4.1. Assume $d=5$. There exist positive constants $\varepsilon_{0}, C_{0}$, and $\underline{\kappa}$, such that for any $C_{0} n^{5 / 7} \leq \zeta \leq \varepsilon_{0} n$, one has

$$
\mathbb{P}\left(\overline{\mathrm{Cap}}\left(\mathcal{R}_{n}\right) \leq-\zeta\right) \geq \exp \left(-\underline{\kappa} \cdot \zeta^{2 / 3} n^{-1 / 3}\right)
$$

Proof. The proof of (2.11) in ASS19b reveals that for any finite $A, B \subset \mathbb{Z}^{d}$, one has also

$$
\begin{equation*}
\operatorname{Cap}(A \cup B) \leq \operatorname{Cap}(A)+\operatorname{Cap}(B)-\chi_{0}(A, B) \tag{4.1}
\end{equation*}
$$

with

$$
\chi_{0}(A, B):=\sum_{x \in A \backslash B} \sum_{y \in B} \mathbb{P}_{x}\left(H_{A \cup B}^{+}=\infty\right) G(y-x) \mathbb{P}_{y}\left(H_{B}^{+}=\infty\right)
$$

Now given $n \geq 1$, set $\ell=\left\lfloor\frac{n}{10}\right\rfloor$, and $m=n-\ell$. We apply (4.1) with $A=\mathcal{R}_{m}$ and $B=\mathcal{R}[m, n]$. Fix $\varepsilon_{0}>0$ (later chosen small enough), and define

$$
E:=\left\{\overline{\operatorname{Cap}}\left(\mathcal{R}_{n}\right) \geq-\varepsilon_{0} n\right\} .
$$

Using (4.1), Lemma 2.1, and Corollary 3.3, we deduce for some constant $c>0$

$$
\left.\left.\begin{array}{rl}
\mathbb{P}\left(-\varepsilon_{0} n \leq \overline{\operatorname{Cap}}\left(\mathcal{R}_{n}\right) \leq-\zeta\right) \geq & \mathbb{P}(
\end{array}\right), \chi_{0}\left(\mathcal{R}_{m}, \mathcal{R}[m, n]\right) \geq 3 \zeta\right)-\mathbb{P}\left(\overline{\operatorname{Cap}}\left(\mathcal{R}_{m}\right) \geq \zeta\right), ~(\overline{\operatorname{Cap}}(\mathcal{R}[m, n]) \geq \zeta) .
$$

Note that $\zeta \geq C_{0} n^{5 / 7}$, is equivalent to $\zeta^{3} / n^{2} \geq C_{0}^{7 / 3} \zeta^{2 / 3} / n^{1 / 3}$, therefore by taking $C_{0}$ large enough, one ensures that the last term is negligible. Now, let $\rho>0$ be some small constant (to be fixed later) and consider the event

$$
F:=\left\{\left\|S_{k}\right\| \leq \rho \cdot n^{2 / 3} \zeta^{-1 / 3}, \quad \text { for all } k \leq n\right\} .
$$

Note that by (2.1) and (2.7), on the event $F$,

$$
\begin{equation*}
\chi_{0}\left(\mathcal{R}_{m}, \mathcal{R}[m, n]\right) \geq c_{\rho} \cdot \frac{\zeta}{n^{2}} \cdot \operatorname{Cap}(\mathcal{R}[m, n]) \cdot\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\operatorname{Cap}(\mathcal{R}[m, n])\right) \tag{4.3}
\end{equation*}
$$

for some constant $c_{\rho}>0$, going to infinity as $\rho$ goes to zero. Furthermore, by 2.6, one has

$$
\operatorname{Cap}\left(\mathcal{R}_{n}\right) \leq \operatorname{Cap}\left(\mathcal{R}_{m}\right)+\operatorname{Cap}(\mathcal{R}[m, n]),
$$

and thus by Lemma 2.1 and Corollary 3.3, by taking $\varepsilon_{0}$ small enough, we get for $n$ large enough,

$$
\begin{aligned}
\mathbb{P}\left(\operatorname{Cap}(\mathcal{R}[m, n]) \leq \gamma_{5} \frac{\ell}{2}, E\right) & \leq \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m}\right) \geq \gamma_{5}(m+\ell / 3)\right) \\
& \leq \mathbb{P}\left(\overline{\operatorname{Cap}}\left(\mathcal{R}_{m}\right) \geq \gamma_{5} \frac{\ell}{10}\right) \leq e^{-c^{\prime} n}
\end{aligned}
$$

for some constant $c^{\prime}>0$, and with $\gamma_{5}$ as in 1.2 . Similarly one has for some possibly smaller constant $c^{\prime}>0$,

$$
\mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\operatorname{Cap}(\mathcal{R}[m, n]) \leq \gamma_{5} \frac{n}{4}, E\right) \leq \mathbb{P}\left(\overline{\operatorname{Cap}}(\mathcal{R}[m, n]) \geq \gamma_{5} \ell\right) \leq e^{-c^{\prime} n}
$$

Then (4.3) gives

$$
\mathbb{P}\left(\chi_{0}\left(\mathcal{R}_{m}, \mathcal{R}[m, n]\right) \geq \frac{c_{\rho} \gamma_{5}^{2}}{100} \cdot \zeta, E\right) \geq \mathbb{P}\left(\chi_{0}\left(\mathcal{R}_{m}, \mathcal{R}[m, n]\right) \geq \frac{c_{\rho} \gamma_{5}^{2}}{100} \cdot \zeta, E \cap F\right)
$$

$$
\begin{aligned}
& \geq \mathbb{P}(E \cap F)-2 \exp \left(-c^{\prime} n\right) \\
& \geq \mathbb{P}(F)-\mathbb{P}\left(E^{c}\right)-2 \exp \left(-c^{\prime} n\right)
\end{aligned}
$$

Coming back to (4.2), and choosing $\rho$, such that $c_{\rho} \geq 300 / \gamma_{5}^{2}$, we deduce that

$$
\begin{aligned}
\mathbb{P}\left(\overline{\mathrm{Cap}}\left(\mathcal{R}_{n}\right) \leq-\zeta\right) & =\mathbb{P}\left(-\varepsilon_{0} n \leq \overline{\mathrm{Cap}}\left(\mathcal{R}_{n}\right) \leq-\zeta\right)+\mathbb{P}\left(E^{c}\right) \\
& \geq \mathbb{P}(F)-2 \exp \left(-c^{\prime} n\right)-2 \exp \left(-c C_{0}^{7 / 3} \cdot \zeta^{2 / 3} n^{-1 / 3}\right) .
\end{aligned}
$$

Moreover, it is well known that for any $\rho>0$, there exists $\kappa>0$, such that

$$
\mathbb{P}(F) \geq \exp \left(-\kappa \cdot \zeta^{2 / 3} n^{-1 / 3}\right)
$$

By combining the last two displays and taking $C_{0}$ large enough, we get the desired result.

### 4.2 Case of dimension $d \geq 6$

In this case we prove the following result:
Proposition 4.2. Assume $d \geq 6$. There exist positive constants $\varepsilon_{0}, C_{0}$, and $\underline{\kappa}$ (only depending on the dimension), such that for any $C_{0}\left(n \log ^{2} n\right)^{\frac{d-2}{d}} \leq \zeta \leq \varepsilon_{0} n$, one has

$$
\mathbb{P}\left(\overline{\operatorname{Cap}}\left(\mathcal{R}_{n}\right) \leq-\zeta\right) \geq \exp \left(-\underline{\kappa} \cdot \zeta^{1-\frac{2}{d-2}}\right)
$$

Proof. Fix $C>0$ (later chosen large enough), and let $\ell=\lfloor C \zeta\rfloor$. Using (2.6), Lemma 2.1, and Corollary 3.3, we obtain, at least for $n$ large enough, and $c$ as in Corollary 3.4.

$$
\begin{aligned}
\mathbb{P}\left(\overline{\mathrm{Cap}}\left(\mathcal{R}_{n}\right) \leq-\zeta\right) & \geq \mathbb{P}\left(\overline{\mathrm{Cap}}\left(\mathcal{R}_{\ell}\right) \leq-2 \zeta\right)-\mathbb{P}(\overline{\operatorname{Cap}}(\mathcal{R}[\ell, n]) \geq \zeta) \\
& \geq \mathbb{P}\left(\overline{\operatorname{Cap}}\left(\mathcal{R}_{\ell}\right) \leq-2 \zeta\right)-\exp \left(-c \cdot \frac{\zeta^{2}}{n \log ^{2} n}\right)
\end{aligned}
$$

Now using exactly the same argument as in the proof of Proposition 4.1 (and taking large enough $C$ ), one can see that the first term on the right-hand side is of the right order (which is of the order of the event $F$ where the walk stays confined in a ball of radius $\zeta^{1 /(d-2)}$ during the whole time $\ell$ ), and by choosing $C_{0}$ large enough, we see that the second term is negligible, since by hypothesis, $\zeta^{2} /\left(n \log ^{2} n\right) \geq C_{0}^{d /(d-2)} \cdot \zeta^{1-2 /(d-2)}$. This concludes the proof of the proposition.

## 5 Upper Bounds

We prove here the upper bounds in Theorems 1.1 and 1.3. This is the main technical part of the paper. The proof involves a delicate analysis of the corrector term $\xi_{n}(T)$, which we have to cut into several pieces, corresponding to different scales and different densities.
Our main technical tools are elementary though. The first one, Lemma 5.1, bounds the sum of the function $\|x\|^{4-d}$ on the points of a finite set of $\mathbb{Z}^{d}$, weighted by the escape probabilities of the set, in terms of its diameter squared. The second one is an estimate on the function $\varphi_{T}(x)$ entering the definition of $\xi_{n}(T)$, which depends on whether $\|x\|$ is smaller than $\sqrt{T}$ or not. The last one bounds the sum of the function $x \mapsto\|x-z\|^{2-d}$, for an arbitrary fixed $z$, on any set whose density inside cubes of a certain partition of space is controlled. The proof is a simple consequence of a rearrangement inequality.

This section is organized as follows. In Section 5.1, we present and prove the technical tools that we just mentioned. In Section 5.2, we state one key technical ingredient of the proof, Lemma 5.4 taken from our previous paper AS17a. It provides an estimate on the size of the walk positions where the occupation times (of some neighborhood) exceeds a given threshold. Then, in Section 5.3. we show that downward deviations of the capacity of the range imply with high probability upward deviations of the corrector $\xi_{n}(T)$, for a well chosen $T$. In Section 5.4 we conclude the proof in the case $d=5$, by cutting $\xi_{n}(T)$ in several pieces and analyzing each of them carefully. The main difficulty here concerns the regions, which we call high density regions, where the typical density of points in the range exceeds the typical one, called here $\bar{\rho}$, see (5.5). In Section 5.5 we perform a similar analysis in dimension 6 and higher. The analysis here is more intricate than in $d=5$, and the main difficulty is now with regions of low density.

### 5.1 Basic estimates

For $r>0$, and $x \in \mathbb{R}^{d}$, the discrete cube with center $x$ and side length $r$, is denoted

$$
Q(x, r):=[x-r / 2, x+r / 2)^{d} \cap \mathbb{Z}^{d},
$$

and for simplicity we write $Q(r):=Q(0, r)$.
We start with a simple and apparently new inequality, which plays a central role in our analysis.
Lemma 5.1. Assume that $d \geq 5$. There exists a constant $C_{1}>0$, such that for any $r \geq 1$, and any $\Lambda \subset Q(r)$,

$$
\sum_{x \in \Lambda} \frac{1}{\|x\|^{d-4}+1} \cdot \mathbb{P}_{x}\left(H_{\Lambda}^{+}=\infty\right) \leq C_{1} r^{2}
$$

Proof. Without loss of generality, one can assume $r \geq 2$. For $i \geq 0$, write

$$
\Lambda_{i}:=\Lambda \cap\left(Q\left(r 2^{-i}\right) \backslash Q\left(r 2^{-i-1}\right)\right)
$$

and define $L:=\lfloor\log r\rfloor$. Then, for some positive constants $C_{0}$ and $C_{1}$,

$$
\begin{aligned}
\sum_{x \in \Lambda} \frac{1}{\|x\|^{d-4}+1} \cdot \mathbb{P}_{x}\left(H_{\Lambda}^{+}=\infty\right) & \leq \sum_{i=0}^{L} \sum_{x \in \Lambda_{i}} \frac{1}{\|x\|^{d-4}+1} \cdot \mathbb{P}_{x}\left(H_{\Lambda}^{+}=\infty\right) \\
& \leq \sum_{i=0}^{L}\left(\frac{2^{i+1}}{r}\right)^{d-4} \operatorname{Cap}\left(\Lambda_{i}\right) \leq \sum_{i=0}^{L}\left(\frac{2^{i+1}}{r}\right)^{d-4} \operatorname{Cap}\left(Q\left(\frac{r}{2^{i}}\right)\right) \\
& \leq C_{0} \sum_{i=0}^{L}\left(\frac{2^{i+1}}{r}\right)^{d-4} \cdot\left(\frac{r}{2^{i}}\right)^{d-2} \leq C_{1} r^{2} .
\end{aligned}
$$

The second basic inequality we need is the following.
Lemma 5.2. Assume $d \geq 5$. There exists a constant $C_{2}>0$, such that for any $x \in \mathbb{Z}^{d}$, and any $T \geq 1$,

$$
\varphi_{T}(x):=\frac{G \star G_{T}(x)}{T} \leq C_{2} \cdot \min \left(\frac{1}{1+\|x\|^{d-2}}, \frac{1}{T\left(1+\|x\|^{d-4}\right)}\right)
$$

Proof. First $G_{T} \leq G$, so that $G \star G_{T} \leq G \star G$, and an elementary computation gives that $G \star G(x) \leq$ $C_{2} /\left(1+\|x\|^{d-4}\right)$, for all $x \in \mathbb{Z}^{d}$, and some $C_{2}>0$. This already proves one of the two desired bounds.

For the other one write, by definition of $G_{T}$,

$$
\begin{equation*}
G \star G_{T}(x)=\sum_{y \in \mathbb{Z}^{d}} G(x-y) G_{T}(y)=\sum_{k=1}^{T} \mathbb{E}\left[G\left(x-S_{k}\right)\right] . \tag{5.1}
\end{equation*}
$$

Let $\tau$ be the hitting time of the cube $Q(x, 2)$ for the walk starting at 0 , and note that one can assume $\|x\| \geq 4$. Since $G$ is harmonic on $\mathbb{Z}^{d} \backslash\{0\}$, we have for any $k \geq 0, \mathbb{E}\left[G\left(x-S_{k \wedge \tau}\right)\right]=G(x)$. This entails

$$
G(x)=\mathbb{E}\left[\mathbf{1}_{\{\tau \geq k\}} G\left(x-S_{k}\right)\right]+\mathbb{E}\left[\mathbf{1}_{\{\tau<k\}} G\left(x-S_{\tau}\right)\right] \geq \mathbb{E}\left[G\left(x-S_{k}\right)\right]-\mathbb{E}\left[\mathbf{1}_{\{\tau<k\}} G\left(x-S_{k}\right)\right] .
$$

Now, we use that $G(x)$ is bounded by $G(0)$, so that the previous inequality gives

$$
\mathbb{E}\left[G\left(x-S_{k}\right)\right] \leq G(x)+G(0) \mathbb{P}(\tau<\infty) \stackrel{\mid 2.3}{\leq}(1+C G(0)) \cdot G(x),
$$

for some constant $C>0$. Injecting this in (5.1) and using (2.1), proves the second inequality.
Our last estimate is the following. For a (deterministic) function $S: \mathbb{N} \rightarrow \mathbb{Z}^{d}$ (not necessarily to the nearest neighbor), and for any $\mathcal{K} \subset \mathbb{N}$, we define for any $\Lambda \subset \mathbb{Z}^{d}$,

$$
\ell_{\mathcal{K}}(\Lambda):=\sum_{k \in \mathcal{K}} \mathbf{1}(S(k) \in \Lambda) .
$$

Lemma 5.3. Assume $d \geq 3$. Let $S: \mathbb{N} \rightarrow \mathbb{Z}^{d}$, and $\mathcal{K} \subset \mathbb{N}$, be such that for some $\rho \in(0,1)$ and $r \geq 1$,

$$
\ell_{\mathcal{K}}(Q(x, r)) \leq \rho|Q(r)|, \quad \text { for all } x \in r \mathbb{Z}^{d} .
$$

There exists a constant $C_{3}>0$ (independent of $\rho, r, S$, and $\mathcal{K}$ ), such that for any $z \in \mathbb{Z}^{d}$,

$$
\sum_{k \in \mathcal{K}} \frac{\mathbf{l}(\|S(k)-z\| \geq 2 r)}{\|S(k)-z\|^{d-2}} \leq C_{3} \rho^{1-\frac{2}{d}}|\mathcal{K}|^{2 / d}
$$

Proof. By rearranging the points $\{S(k), k \in \mathcal{K}\}$ one can increase the sum (up to a multiplicative constant) by assuming they are all in the cube $Q\left(z, 2\left(\frac{|\mathcal{K}|}{\rho}\right)^{1 / d}\right)$, and saturate the density $\rho$ in all sub-boxes $Q(x, r)$ of the partition inside this cube, at the exception of the cubes whose centers are in $Q(z, r)$. Therefore, for some constant $C_{3}$,

$$
\sum_{k \in \mathcal{K}} \frac{\mathbf{l}(\|S(k)-z\| \geq 2 r)}{\|S(k)-z\|^{d-2}} \leq C_{3} \rho|Q(r)| \cdot \sum_{x \in r \mathbb{Z}^{d}} \frac{\mathbf{l}\left(r \leq\|x-z\| \leq 2(|\mathcal{K}| / \rho)^{1 / d}\right)}{\|x-z\|^{d-2}} \leq C_{3} \rho^{1-\frac{2}{d}}|\mathcal{K}|^{2 / d}
$$

### 5.2 The sets $\mathcal{K}_{n}$ and $\mathcal{A}_{n}$

We recall now our main technical estimate for downward deviations, which we proved in AS17a (it is the lemma 2.4 from this reference), and then derive some useful corollary.
For $n \geq 0$, and $\Lambda \subset \mathbb{Z}^{d}$, define the time spent in $\Lambda$ by the walk up to time $n$ as

$$
\ell_{n}(\Lambda):=\sum_{k=0}^{n} \mathbf{l}\left(S_{k} \in \Lambda\right) .
$$

Then given $\rho>0, r \geq 1$, and $n \geq 1$, we set

$$
\begin{equation*}
\mathcal{K}_{n}(r, \rho):=\left\{k \leq n: \ell_{n}\left(Q\left(S_{k}, r\right)\right) \geq \rho|Q(r)|\right\} . \tag{5.2}
\end{equation*}
$$

Lemma 5.4 (AS17a). Assume that $d \geq 3$. There exist positive constants $C$ and $\kappa$, such that for any $n \geq 2, \rho>0, r \geq 1$, and $L \geq 1$, satisfying

$$
\begin{equation*}
\left(1+\frac{L}{\rho r^{d}}\right)^{2 / d} \cdot \log n \leq \kappa \rho r^{d-2} \tag{5.3}
\end{equation*}
$$

one has

$$
\mathbb{P}\left(\left|\mathcal{K}_{n}(r, \rho)\right| \geq L\right) \leq C \exp \left(-\kappa \rho^{\frac{2}{d}} L^{1-\frac{2}{d}}\right) .
$$

Note that the parameter $\rho$ represents an occupation density (at a given scale $r$ ). Under the event of moderate deviations considered here (when the capacity of the range up to time $n$ is reduced by an amount $\zeta$ from its mean value), the walk folds its trajectory during a time $\tau$ in a region of space of typical diameter $R$ with

$$
R^{d-2}:=\frac{\tau^{2}}{\zeta} \quad \text { with } \quad \tau:=\left\{\begin{array}{cc}
n & \text { if } d=5  \tag{5.4}\\
\zeta & \text { if } d \geq 6 .
\end{array}\right.
$$

During this time and in the folding region, its occupation density is thus typically of order $\tau / R^{d}$, and we define

$$
\bar{\rho}:= \begin{cases}\zeta^{5 / 3} n^{-7 / 3} & \text { if } d=5  \tag{5.5}\\ \zeta^{-\frac{2}{d-2}} & \text { if } d \geq 6 .\end{cases}
$$

Set $J:=\log _{2}\left(\frac{n}{\bar{\rho}}\right)$. Then for $r \geq 1, \alpha>0, i \in \mathbb{Z}$ with $i \leq J$, and $1 \leq \zeta \leq n$, define

$$
\mathcal{A}_{n}(r, i, \alpha):=\bigcap_{j=i}^{J}\left\{\left|\mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)\right| \leq \frac{\alpha \tau}{2^{\frac{2 j}{d-2}}}\right\} .
$$

As a consequence of Lemma 5.4 we get the following.
Corollary 5.5. Assume $d \geq 5$. There exists positive constants $C$ and $\kappa$ (depending only on the dimension), such that the following holds. For any $\alpha>0$, there exists $K=K(\alpha)$, such that for any $i \geq 0$, any $n \geq 2$, and any $\zeta \leq n$ and $r \geq 1$ satisfying respectively

$$
\zeta \geq \begin{cases}\sqrt{n} & \text { if } d=5  \tag{5.6}\\ (\log n)^{3} & \text { if } d \geq 6\end{cases}
$$

and

$$
r \geq K 2^{\frac{i}{d-2}} \cdot(\log n) \cdot \begin{cases}\left(n^{11} \zeta^{-7}\right)^{\frac{1}{15}} & \text { if } d=5  \tag{5.7}\\ \zeta^{\frac{( }{d(d-2)}} & \text { if } d \geq 6\end{cases}
$$

one has

$$
\mathbb{P}\left(\mathcal{A}_{n}(r,-i, \alpha)^{c}\right) \leq C(J+i) \cdot \begin{cases}\exp \left(-\kappa \alpha^{3 / 5} \cdot\left(\frac{\zeta^{2}}{n}\right)^{1 / 3}\right) & \text { if } d=5 \\ \exp \left(-\kappa \alpha^{1-\frac{2}{d}} \cdot \zeta^{1-\frac{2}{d-2}}\right) & \text { if } d \geq 6\end{cases}
$$

Proof. First note that one can always assume that $n$ is large enough, since small values of $n$ can be ruled out by taking $C$ large enough. Now one has to verify that the hypothesis of Lemma 5.4 is satisfied for each of the sets entering the definition of $\mathcal{A}_{n}$. The worst case is actually when $j=-i$, so one just needs to check that

$$
\begin{equation*}
\left(1+\frac{\alpha \tau 2^{i \frac{d}{d-2}}}{\bar{\rho} r^{d}}\right)^{2 / d} \log n \leq \kappa 2^{-i} \bar{\rho} r^{d-2} . \tag{5.8}
\end{equation*}
$$

We consider two cases: either $\tau 2^{i \frac{d}{d-2}} \leq \bar{\rho} r^{d}$ holds, in which case (5.8) is implied by

$$
\begin{equation*}
r^{d-2} \geq K(\alpha)^{d-2} \cdot \frac{2^{i}}{\bar{\rho}} \cdot \log n \tag{5.9}
\end{equation*}
$$

or it holds instead $\tau 2^{i \frac{d}{d-2}} \geq \bar{\rho} r^{d}$, and then (5.8) is weaker than

$$
\begin{equation*}
r^{d} \geq K(\alpha)^{d} \cdot \frac{\tau^{\frac{2}{d}} 2^{i \frac{d}{d-2}}}{\bar{\rho}^{1+\frac{2}{d}}} \cdot \log n, \tag{5.10}
\end{equation*}
$$

for some well chosen constant $K(\alpha)$. Assume first that $d=5$, in which case we recall that $\tau=n$, and we observe that (5.10) is exactly (5.7) (up to the power of the logarithm). Furthermore, when $\zeta \geq \sqrt{n}$, one can check that (5.10) is stronger than (5.9) (again up to the power of the logarithm), so one can forget the latter condition.

Assume now that $d \geq 6$. If $r \geq\left(2^{i} \zeta\right)^{1 /(d-2)}$ (which is equivalent to $\tau 2^{i \frac{d}{d-2}} \leq \bar{\rho} r^{d}$ ), and $\zeta \geq(\log n)^{3}$, then (5.9) is automatically satisfied (at least provided $n$ is large enough). If on the other hand $r \leq\left(2^{i} \zeta\right)^{1 /(d-2)}$, then one can simply observe that (5.10) is exactly (5.7) up to the power of the logarithm, by definition of $\bar{\rho}$, see (5.5).

Finally one can observe that the upper bound given by Lemma 5.4 for the probability of the events entering the definition of $\mathcal{A}_{n}$ is independent of $r$ and $j$, and thus the corollary follows by a union bound.

### 5.3 Transferring the deviations to the corrector

We now set the value of $T$ in the rest of the whole section as a function of $R, \tau$ in (5.4) and of some small constants $\left\{\beta_{d}, d \geq 5\right\}$ fixed just after Proposition 5.6 below.

$$
T=\beta_{d} R^{2} \frac{\zeta}{n}= \begin{cases}\beta_{5} \cdot(\zeta n)^{1 / 3} & \text { if } d=5  \tag{5.11}\\ \beta_{d} \cdot \zeta^{\frac{2}{d-2}} & \text { if } d \geq 6\end{cases}
$$

This definition of $T$ is motivated by the fact that it is the largest possible value that makes the contribution of the martingale part negligible, as shown in Proposition 5.6.

Our concern is now to show that downward moderate deviations of the capacity imply with high probability upward deviations of the corrector $\xi_{n}(T)$, which has been defined in (3.5), by roughly
the same amount. A precise statement is given in Proposition 5.6 below, which is actually slightly stronger than what we really need, but we state the result in this form, since it might be interesting in itself and for further analysis of downward deviations.
We will then later interpret the upward deviations of $\xi_{n}(T)$ in terms of the sets $\mathcal{A}_{n}$ which were introduced in the previous subsection, see Propositions 5.7 and 5.13 below.

Proposition 5.6. Assume $d \geq 5$. For any $\delta \in(0,1)$, there exists $\beta_{d}>0$, such that

$$
\lim _{n \rightarrow \infty} \mathbb{P}\left(\xi_{n}(T)>(1-\delta) \zeta \mid \operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq-\zeta\right)=1,
$$

with $T$ as in (5.11), and where the convergence holds uniformly in $\zeta$ satisfying the hypotheses of Propositions 4.1 and 4.2 (respectively for $d=5$ and $d \geq 6$ ).

Proof. Using (3.1), we get that for $T$ as in (5.11)

$$
\mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right] \leq-\zeta\right) \leq \mathbb{P}\left(\frac{1}{T} \sum_{j=0}^{T-1} \Sigma_{j, T}-M_{j, T} \leq-\delta \zeta\right)+\mathbb{P}\left(\xi_{n}(T) \geq(1-\delta) \zeta\right) .
$$

Now it just amounts to see that the first term on the right-hand side is negligible with respect to the probability on the left-hand side. This can be obtained using the same argument as for the proof of Corollary 3.3. Namely we apply McDiarmid's inequality for martingales whose increments have a bounded variance by Lemma 3.2 (see Theorem 6.1 in [CL]) to each term of the sum, and then a union bound gives for some constant $c>0$ (depending on the dimension), and for $n$ large enough,

$$
\mathbb{P}\left(\frac{1}{T} \sum_{j=0}^{T-1} \Sigma_{j, T}-M_{j, T} \leq-\delta \zeta\right) \leq 2 T \cdot \exp \left(-c \frac{\delta \zeta}{T}\right) \leq \begin{cases}\exp \left(-2 \underline{\kappa} \cdot \zeta^{2 / 3} n^{-1 / 3}\right) & \text { if } d=5 \\ \exp \left(-2 \underline{\kappa} \cdot \zeta^{1-\frac{2}{d-2}}\right) & \text { if } d \geq 6\end{cases}
$$

with $\underline{\kappa}$ as in Propositions 4.1 and 4.2 respectively for $d=5$ and $d \geq 6$, using for the first inequality that by definition of $T$ (recall 5.11) and by hypothesis on $\zeta$, one has $n(\log T)^{2}=o(\zeta T)$, and taking $\beta_{d}$ in s.11) small enough for the second inequality. We conclude the proof using the lower bounds given in Propositions 4.1 and 4.2.

We now fix in the rest of this section the values of $\left(\beta_{d}\right)_{d \geq 5}$ as those given by the previous proposition, with say $\delta=1 / 2$.

We then have to relate the upward deviations of $\xi_{n}(T)$ in terms of the sets $\mathcal{A}_{n}$, in order to apply Corollary 5.5. Since the arguments are quite different in dimension 5 on one hand and in dimension 7 and higher on the other hand, we treat these two cases in two separate subsections. The case of dimension 6 is in a sense critical, and could be treated in both subsections, but we chose to include it in the latter.

### 5.4 The case of dimension five

We assume here that $d=5$ and prove the upper bound in Theorem 1.1. We start with the following result.

Proposition 5.7. There exist $i_{0} \geq 0$, and $\alpha_{0}>0$, such that for any $1 \leq \zeta \leq n$, and $n$ large enough, one has

$$
\mathcal{A}_{n}\left(\bar{r},-i_{0}, \alpha_{0}\right) \subseteq\left\{\xi_{n}(T) \leq \zeta\right\},
$$

where $T$ is as defined in 5.11, and

$$
\begin{equation*}
\bar{r}:=\frac{\left(n \zeta^{7}\right)^{\frac{1}{24}}}{\log (n+1)} \tag{5.12}
\end{equation*}
$$

Remark 5.8. Proposition 5.7 would hold for a whole range of other possible values for $\bar{r}$, but the one given by (5.12) is the maximal one that our proof allows, and as it turns out the largest value we take, the larger regime of moderate deviations we cover. Actually the logarithm could be removed in the definition, but it is convenient to keep it here as it allows to consider any $\alpha>0$ in Lemma 5.9 below, and this will be needed for the proof of Theorem 1.5 given in Section 6 .

Proof of the upper bound in Theorem 1.1. Let $i_{0}$ and $\alpha_{0}$ be as in Proposition 5.7, and let $K=$ $K\left(\alpha_{0}\right)$ be the constant appearing in Corollary 55.5. A simple computation shows that the condition 5.7), with $r=\bar{r}$ and $i=i_{0}$, is equivalent to $\zeta \geq\left(K 2^{\frac{i_{0}}{d-2}}(\log n)^{2}\right)^{120 / 91} n^{83 / 91}$, which is satisfied, at least for $n$ large enough, under the hypotheses of the theorem. Thus the desired upper bound follows from Corollary 5.5, and Propositions 5.6 and 5.7.

The rest of this section is devoted to the proof of Proposition 5.7. Given $r \geq 1$, we write $\xi_{n}(T)$ as the sum of two terms: $\xi_{n}(T):=\xi_{r,-}+\xi_{r,+}$, where

$$
\xi_{r,-}:=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(\left\|x-S_{k}\right\| \leq r\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right)
$$

and

$$
\xi_{r,+}:=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(\left\|x-S_{k}\right\|>r\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right)
$$

Proposition 5.7 is then a consequence of the two following lemmas. Recall the definition of $\bar{r}$ from (5.12).

Lemma 5.9. For any $\alpha>0$, any $i \geq 0$, any $1 \leq \zeta \leq n$, and any $1 \leq r \leq \bar{r}$, one has for $n$ large enough,

$$
\mathcal{A}_{n}(r, i, \alpha) \subseteq\left\{\xi_{r,-} \leq \frac{1}{2} \zeta\right\}
$$

Lemma 5.10. There exist $i_{0} \geq 0$, and $\alpha_{0}>0$, such that for any $1 \leq \zeta \leq n$, and any $r \geq 1$, one has

$$
\mathcal{A}_{n}\left(r,-i_{0}, \alpha_{0}\right) \subseteq\left\{\xi_{r,+} \leq \frac{1}{2} \zeta\right\} .
$$

Proof of Proposition 5.7. It suffices to apply the two previous lemmas with $r=\bar{r}$, and Lemma 5.9 with $i=0$ and $\alpha$ equal to the $\alpha_{0}$ from Lemma 5.10, and then just observe that $\mathcal{A}_{n}\left(\bar{r},-i_{0}, \alpha_{0}\right) \subseteq$ $\mathcal{A}_{n}\left(\bar{r}, 0, \alpha_{0}\right)$.

Remark 5.11. The fact that Lemma 5.9 holds for any $\alpha>0$ and $i \geq 0$ is important later, in the proof of Theorem 1.5 in Section 6.

It remains to prove Lemmas 5.9 and 5.10 .

Proof of Lemma 5.9. We further decompose $\xi_{r,-}$ as a sum of three terms. Let $s:=\min \left(r, c_{s} \zeta^{2 / 3} n^{-1 / 3}\right)$, with $c_{s}$ a small positive constant to be fixed later, and assume first that $s \geq 1$. Then, write $\xi_{r,-}:=\xi_{s,-}+\xi_{s, r}^{\text {high }}+\xi_{s, r}^{\text {low }}$, where

$$
\xi_{s,-}:=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(\left\|x-S_{k}\right\| \leq s\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right)
$$

and for some $j \geq i$ to be fixed later,

$$
\begin{aligned}
\xi_{s, r}^{\mathrm{high}} & =\sum_{k \in \mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(s<\left\|x-S_{k}\right\| \leq r\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right), \\
\xi_{s, r}^{\mathrm{low}} & =\sum_{k \notin \mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(s<\left\|x-S_{k}\right\| \leq r\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right) .
\end{aligned}
$$

Using Lemmas 5.1 and 5.2, we get (recall that $\left.T=\beta_{5}(\zeta n)^{1 / 3}\right)$,

$$
\begin{equation*}
\xi_{s,-} \leq \frac{C_{2}}{T} \cdot \sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k} \cap Q\left(S_{k}, s\right)} \frac{1}{1+\left\|x-S_{k}\right\|} \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k} \cap Q\left(S_{k}, s\right)}^{+}=\infty\right) \leq C_{1} C_{2}(n+1) \frac{s^{2}}{T} \leq \frac{\zeta}{6} \tag{5.13}
\end{equation*}
$$

by taking the constant $c_{s}$ in the definition of $s$ small enough for the last inequality (namely such that $\left.c_{s}^{2}=\beta_{5} /\left(10 C_{1} C_{2}\right)\right)$.
We next estimate the term $\xi_{s, r}^{\text {high }}$. Note that for any $\alpha>0$ and $j \geq i$, one has

$$
\mathcal{A}_{n}(r, i, \alpha) \subseteq\left\{\left|\mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)\right| \leq 2^{-2 j / 3} \alpha n\right\}
$$

(observe in particular that for $j>J$, the set $\mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)$ is empty). Therefore using Lemma 5.1 and 5.2 we have on the event $\mathcal{A}_{n}(r, i, \alpha)$, for any $j \geq i$,

$$
\xi_{s, r}^{\mathrm{high}} \leq \frac{C_{2}}{T} \sum_{k \in \mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)} \sum_{x \in \mathcal{R}_{k} \cap Q\left(S_{k}, r\right)} \frac{1}{1+\left\|x-S_{k}\right\|} \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k} \cap Q\left(S_{k}, r\right)}^{+}=\infty\right) \leq C_{1} C_{2} \cdot \frac{\alpha r^{2} n}{2^{2 j / 3} T}
$$

We now choose for $j$ the smallest integer (larger than $i$ ) such that

$$
2^{2 j / 3} \geq 6 \alpha C_{1} C_{2} \cdot \frac{r^{2} n}{\zeta T}=\frac{6 \alpha C_{1} C_{2}}{\beta_{5}} r^{2} n^{2 / 3} \zeta^{-4 / 3}
$$

and then deduce that on $\mathcal{A}_{n}(r, i, \alpha)$, one has

$$
\begin{equation*}
\xi_{s, r}^{\mathrm{high}} \leq \frac{1}{6} \zeta \tag{5.14}
\end{equation*}
$$

Finally, we estimate $\xi_{s, r}^{\text {low }}$. We assume that $s<r$, as otherwise this sum is zero by definition. Then we simply bound the probability terms by 1 and the set $\mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)^{c}$ by $n+1$, and we obtain using Lemma 5.2. that for some constant $C>0$ (that might change from line to line, and possibly depending on $\alpha$ and $i$,

$$
\xi_{s, r}^{\text {low }} \leq \frac{C_{2}}{T} \sum_{k \notin \mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)} \sum_{x \in \mathcal{R}_{k} \cap Q\left(S_{k}, r\right)} \frac{\mathbf{l}\left(\left\|x-S_{k}\right\| \geq s\right)}{1+\left\|x-S_{k}\right\|}
$$

$$
\leq \frac{C_{2}}{T} \sum_{k \notin \mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)} \frac{\left|\mathcal{R}_{k} \cap Q\left(S_{k}, r\right)\right|}{1+s} \leq C \frac{n 2^{j} \bar{\rho} \cdot r^{5}}{T s} \leq C \frac{r^{8}}{\zeta^{4 / 3} n^{1 / 3}}
$$

We now use that by hypothesis $r \leq \bar{r}$, with $\bar{r}$ defined in (5.12), and this gives for $n$ large enough,

$$
\xi_{s, r}^{\mathrm{low}} \leq \frac{1}{6} \zeta .
$$

Combining this with (5.13), and (5.14) concludes the proof of the lemma, in the case $s \geq 1$.
When $s<1$, one can just write $\xi_{r,-}$ as the sum of two terms $\xi_{r,-}^{\text {low }}$ and $\xi_{r,-}^{\text {high }}$ defined respectively as $\xi_{s, r}^{\text {low }}$ and $\xi_{s, r}^{\text {high }}$, except that we remove the condition $\left\{\left\|x-S_{k}\right\|>s\right\}$ in the indicator functions, and the rest of the proof applies mutatis mutandis.

Proof of Lemma 5.10. It will be convenient here to write the expression of $\xi_{r,+}$ in a more symmetric way. One has using Lemma 5.2,

$$
\xi_{r,+} \leq C_{2} \cdot \sum_{k=0}^{n} \sum_{k^{\prime}=0}^{n} \frac{\mathbf{l}\left(\left\|S_{k}-S_{k^{\prime}}\right\| \geq r\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{3}}
$$

Now given some $i_{0} \geq 0$ (which will be fixed later), we get using symmetry that $\xi_{r,+} \leq C_{2}\left(2 \xi_{r,+}^{\text {low }}+\right.$ $\left.\xi_{r,+}^{\text {high }}\right)$, where

$$
\xi_{r,+}^{\mathrm{low}}:=\sum_{k=0}^{n} \sum_{k^{\prime} \notin \mathcal{K}_{n}\left(r, 2^{10-i_{0}}\right)} \frac{\mathbf{l}\left(\left\|S_{k}-S_{k^{\prime}}\right\| \geq r\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{3}},
$$

and

$$
\xi_{r,+}^{\mathrm{high}}:=\sum_{k, k^{\prime} \in \mathcal{K}_{n}\left(r, 2^{10-i_{0}}\right)} \frac{\mathbf{l}\left(\left\|S_{k}-S_{k^{\prime}}\right\| \geq r\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{3}} .
$$

We first treat the term $\xi_{r,+}^{\text {low }}$. Fix $k \leq n$, and set $r^{\prime}:=r / 2$. Consider a subdivision of space into cubes with centers in $r^{\prime} \mathbb{Z}^{5}$, and of side length $r^{\prime}$. Note that if $S_{k^{\prime}} \in Q\left(x, r^{\prime}\right)$, for some $x \in r^{\prime} \mathbb{Z}^{5}$ and $k^{\prime} \notin \mathcal{K}_{n}\left(r, 2^{10-i_{0}} \bar{\rho}\right)$, then $Q\left(x, r^{\prime}\right) \subseteq Q\left(S_{k^{\prime}}, r\right)$ and therefore

$$
\ell_{n}\left(Q\left(x, r^{\prime}\right)\right) \leq \ell_{n}\left(Q\left(S_{k^{\prime}}, r\right)\right) \leq 2^{10-i_{0}} \bar{\rho}|Q(r)| .
$$

Thus one can apply Lemma 5.3, with $\mathcal{K}=\mathcal{K}_{n}\left(r, 2^{10-i_{0}} \bar{\rho}\right)^{c}$, and this shows that for any $k \leq n$,

$$
\sum_{k^{\prime} \notin \mathcal{K}_{n}\left(r, 2^{10-i_{0}} \bar{\rho}\right)} \frac{\mathbf{l}\left(\left\|S_{k}-S_{k^{\prime}}\right\| \geq r\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{3}} \leq C_{3} \cdot \frac{2^{6}}{2^{3 i_{0} / 5}} \bar{\rho}^{3 / 5} n^{2 / 5} .
$$

Then recalling the definition (5.5) of $\bar{\rho}$, this shows that by taking $i_{0}$ large enough, one has

$$
\begin{equation*}
\xi_{r,+}^{\mathrm{low}} \leq \frac{\zeta}{4} . \tag{5.15}
\end{equation*}
$$

We deal now with the contribution of high densities. We start with dividing space into regions of distinct densities. We fix the value of $i_{0}$ as above, and we define for $j \geq-i_{0}+10$,

$$
\mathcal{C}_{j}:=\left\{x \in r \mathbb{Z}^{5}: 1 \leq \frac{\ell_{n}(Q(x, 2 r))}{2^{j} \bar{\rho}|Q(r)|}<2\right\} .
$$

Note that $\mathcal{C}_{j}$ is empty for $j>J$, by definition of $J$. We divide each box $Q(x, 2 r)$, with $x \in \mathcal{C}_{j}$, into $2^{10}$ disjoint sub-boxes of side-length $r^{\prime}=r / 2$. The pigeonhole principle tells us that one of them, say $Q_{x}$, is visited at least $2^{j-10} \bar{\rho}|Q(r)|$ times. Furthermore, since $Q_{x}$ is a cube of side-length $r^{\prime}$, one has $Q_{x} \subseteq Q\left(S_{k}, r\right)$, for any $k \leq n$, such that $S_{k} \in Q_{x}$, so that for any such $k$, it holds $k \in \mathcal{K}_{n}\left(r, 2^{j-10} \bar{\rho}\right)$. Using also that $Q_{x}$ belongs to exactly $2^{5}$ boxes $Q\left(x^{\prime}, 2 r\right)$, with $x^{\prime} \in r \mathbb{Z}^{5}$, it follows that

$$
\begin{equation*}
\left|\mathcal{C}_{j}\right| \cdot 2^{j-15} \bar{\rho} \cdot|Q(r)| \leq\left|\mathcal{K}_{n}\left(r, 2^{j-10} \bar{\rho}\right)\right| . \tag{5.16}
\end{equation*}
$$

Therefore, on the event $\mathcal{A}_{n}\left(r,-i_{0}, \alpha\right)$, one has for any $-i_{0}+10 \leq j \leq J$,

$$
\begin{equation*}
\left|\mathcal{C}_{j}\right| \leq \frac{2^{25} \alpha n}{2^{5 j / 3} \bar{\rho}|Q(r)|} \tag{5.17}
\end{equation*}
$$

On the other hand, for any $j \geq-i_{0}+10$, applying again the pigeonhole principle gives that for any $k \in \mathcal{K}_{n}\left(r, 2^{j} \bar{\rho}\right)$, one has $S_{k} \in Q(x, 2 r)$, for some $x \in \mathcal{C}_{j^{\prime}}$, with $j^{\prime} \geq j$. Therefore, for some constant $C>0$,

$$
\begin{align*}
\xi_{r,+}^{\text {high }} & \leq C \cdot \sum_{\substack{-i_{0}+10 \leq i \leq J \\
-i_{0}+10 \leq j \leq i}} \sum_{\substack{x \in \mathcal{C}_{i} \\
y \in \mathcal{C}_{j}}} \ell_{n}(Q(x, 2 r)) \ell_{n}(Q(y, 2 r)) \frac{\mathbf{l}(\|x-y\| \geq r)}{\|x-y\|^{3}} \\
& \leq C \cdot \sum_{\substack{-i_{0}+10 \leq i \leq J \\
-i_{0}+10 \leq j \leq i}} 2^{i+j+2}(\bar{\rho}|Q(r)|)^{2} \sum_{\substack{x \in \mathcal{C}_{i} \\
y \in \mathcal{C}_{j} \backslash\{x\}}} \frac{1}{\|x-y\|^{3}} . \tag{5.18}
\end{align*}
$$

We now use spherical rearrangement to obtain that there is a constant $C^{\prime}$, such that for any $j \leq i$, and any $x \in \mathcal{C}_{i}$,

$$
\sum_{y \in \mathcal{C}_{j} \backslash\{x\}} \frac{1}{\|x-y\|^{3}} \leq C^{\prime} \cdot \frac{\left|\mathcal{C}_{j}\right|^{2 / 5}}{|Q(r)|^{3 / 5}}
$$

Thus, for any $-i_{0}+10 \leq j \leq i$, on the event $\mathcal{A}_{n}\left(r,-i_{0}, \alpha\right)$, using (5.17),

$$
\begin{equation*}
\sum_{x \in \mathcal{C}_{i}} \sum_{y \in \mathcal{C}_{j} \backslash\{x\}} \frac{1}{\|x-y\|^{3}} \leq \frac{C^{\prime}}{|Q(r)|^{2}} 2^{-\frac{5}{3} i-\frac{2}{3} j}\left(\frac{\alpha n}{\bar{\rho}}\right)^{1+\frac{2}{5}} \tag{5.19}
\end{equation*}
$$

for some possibly different constant $C^{\prime}>0$. Thus, using (5.18) and 5.19), we obtain on $\mathcal{A}_{n}\left(r,-i_{0}, \alpha\right)$,

$$
\xi_{r,+}^{\mathrm{high}} \leq C^{\prime \prime}(\alpha n)^{7 / 5} \cdot \bar{\rho}^{3 / 5} \sum_{\substack{-i_{0}+10 \leq i \leq J \\-i_{0}+10 \leq j \leq i}} 2^{-\frac{2}{3} i+\frac{1}{3} j} \leq C^{\prime \prime}(\alpha n)^{7 / 5} \cdot \bar{\rho}^{3 / 5} 2^{i_{0} / 3},
$$

for some constant $C^{\prime \prime}>0$. By taking $\alpha$ small enough in the last inequality, namely such that $C^{\prime \prime} 2^{i_{0} / 3} \alpha^{7 / 5} \leq 1 / 4$, this shows that $\xi_{r,+}^{\text {high }} \leq \zeta / 4$. Together with (5.15), this completes the proof.

Remark 5.12. Note that the last series written while keeping the dimension as a parameter would read after summing over $j$,

$$
\sum_{-i_{0}+10 \leq i \leq J} 2^{i(d-6) /(d-2)} .
$$

Thus the series is divergent in dimensions 6 and higher. This is the only part of our proof which fails in higher dimensions. In dimension 6 , the sum is of order $\log (n / \zeta)$, and this explains the logarithmic correction that we have in dimension 6 in Theorem 1.3. The same problem appears with the proof in the next section confirming that $d=6$ is indeed critical.

### 5.5 Dimension six and larger

We prove here the upper bound in Theorem 1.3. As in dimension 5, we will see that it follows from Corollary 5.5. Proposition 5.6, and the following counterpart of Proposition 5.7 when $d \geq 6$. Before we state it, recall (see the heuristic part of the introduction), that now the walk typically folds its trajectory a time $\zeta$ in a region of typical diameter $R$, whose value is

$$
\begin{equation*}
R=R(\zeta):=\zeta^{\frac{1}{d-2}} . \tag{5.20}
\end{equation*}
$$

Proposition 5.13. Assume $d \geq 6$. There exist positive constants $\alpha_{0}, c_{1}$, and $c_{2}$ (only depending on the dimension), such that for any $1 \leq \zeta \leq n$, and $n$ large enough, one has

$$
\mathcal{A}_{n}\left(\bar{r},-i_{1}, \alpha_{0}\right) \cap \mathcal{A}_{n}\left(R,-i_{2}, \alpha_{0}\right) \subseteq\left\{\xi_{n}(T) \leq \zeta\right\},
$$

with $T$ and $R$ as defined in (5.11) and (5.20 respectively,

$$
\begin{equation*}
\bar{r}:=\frac{1}{\log (n+1)} \cdot \zeta^{\frac{d^{2}}{4(d-1)(d-2)}} \cdot n^{-\frac{d-2}{4(d-1)}}, \tag{5.21}
\end{equation*}
$$

and $i_{1}$ and $i_{2}$ the smallest integers satisfying respectively

$$
2^{i_{1}} \geq c_{1} \cdot \frac{n}{\zeta}, \quad \text { and } \quad 2^{i_{2}} \geq c_{2} \cdot\left(\frac{n}{\zeta}\right)^{\frac{d+2}{d-2}}
$$

Proof of the upper bound in Theorem 1.3. As in dimension 5, one just need to verify that the hypotheses of Corollary 5.5 are satisfied for the parameters given in Proposition 5.13. In other words one needs, with the notation of Proposition 5.13,

$$
\begin{equation*}
\bar{r} \geq K \cdot 2^{\frac{i_{1}}{d-2}} \log n \cdot \zeta^{\frac{4}{d(d-2)}}, \tag{5.22}
\end{equation*}
$$

and

$$
\begin{equation*}
R \geq K \cdot 2^{\frac{i_{2}}{d-2}} \log n \cdot \zeta^{\frac{4}{(d-2)}}, \tag{5.23}
\end{equation*}
$$

with $K=K\left(\alpha_{0}\right)$, the constant from Corollary 5.5. condition (5.22) is satisfied when

$$
\zeta \geq K n^{\chi_{d}}(\log n)^{8}, \quad \text { with } \quad \chi_{d}=\frac{d^{3}}{d^{3}+4 d^{2}-20 d+16}
$$

with a possibly larger constant $K$. Moreover, $\chi_{d} \leq \frac{d-2}{d}$, is equivalent to $d^{3}-14 d^{2}+28 d-16 \geq 0$, which is itself equivalent to $d \geq 12$.

On the other hand, Condition (5.23) is equivalent to (with a possibly larger $K$ )

$$
\zeta^{\frac{1}{d-2}+\frac{d+2}{(d-2)^{2}}-\frac{4}{d(d-2)}} \geq K n^{\frac{d+2}{(d-2)^{2}}}(\log n)^{2},
$$

which is itself weaker than requiring

$$
\zeta \geq K n^{\chi_{d}^{\prime}}(\log n)^{d}, \quad \text { with } \quad \chi_{d}^{\prime}:=\frac{d(d+2)}{2\left(d^{2}-2 d+4\right)} .
$$

Moreover, $\chi_{d}^{\prime} \leq \frac{d-2}{d}$, is equivalent to $d^{2}(d-10)+16(d-1) \geq 0$, which holds for $d \geq 9$.
Finally one can observe that $\chi_{d}>\chi_{d}^{\prime}$, for $d=7,8$, but that $\chi_{6}<\chi_{6}^{\prime}=6 / 7$. This concludes the proof of Theorem 1.3 .

The rest of this subsection is devoted to the proof of Proposition 5.13 .
Given any $1 \leq r \leq R$, we write now $\xi_{n}(T)$ as the sum of three terms $\xi_{n}(T):=\xi_{r,-}+\xi_{r, R}+\xi_{R,+}$, with $\xi_{r,-}$ as defined in dimension 5 ,

$$
\xi_{r, R}:=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(r<\left\|x-S_{k}\right\| \leq R\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right)
$$

and

$$
\xi_{R,+}:=\sum_{k=0}^{n} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(\left\|x-S_{k}\right\|>R\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right)
$$

Then Proposition 5.13 is a consequence of the following lemmas.
Lemma 5.14. For any $\alpha>0$, any $i \geq 0$, any $1 \leq \zeta \leq n$, and any $1 \leq r \leq \bar{r}$, one has for $n$ large enough,

$$
\mathcal{A}_{n}(r, i, \alpha) \subseteq\left\{\xi_{r,-} \leq \frac{1}{3} \zeta\right\}
$$

Lemma 5.15. There exists $\alpha_{1}>0$, and $c_{1}>0$, such that for any $\alpha \in\left(0, \alpha_{1}\right)$, any $1 \leq \zeta \leq n$, and any $1 \leq r \leq R$, one has

$$
\mathcal{A}_{n}\left(r,-i_{1}, \alpha\right) \subseteq\left\{\xi_{r, R} \leq \frac{1}{3} \zeta\right\}
$$

with $i_{1}=\left\lfloor c_{2}+\log _{2}(n / \zeta)\right\rfloor$.
Lemma 5.16. There exists $\alpha_{2}>0$, and $c_{2}>0$, such that for any $\alpha \in\left(0, \alpha_{2}\right)$, and any $1 \leq \zeta \leq n$, one has

$$
\left\{\xi_{R,+} \leq \frac{1}{3} \zeta\right\} \supseteq \begin{cases}\mathcal{A}_{n}\left(R,-i_{2}, \frac{\alpha}{\log (2 n / \zeta)}\right) & \text { if } d=6 \\ \mathcal{A}_{n}\left(R,-i_{2}, \alpha\right) & \text { if } d \geq 7\end{cases}
$$

with $i_{2}:=\left\lfloor c_{1}+\frac{d+2}{d-2} \cdot \log _{2}(n / \zeta)\right\rfloor$.
Proof of Proposition 5.13. One just has to notice that $\bar{r} \leq R$, for any $\zeta \leq n$, so that one can apply Lemmas 5.14 and 5.15 with $r=\bar{r}$. Then it suffices to take for $\alpha_{0}$ the minimum between $\alpha_{1}$, and $\alpha_{2}$ and apply Lemma 5.14 with $\alpha=\alpha_{0}$ and $i=0$.

We prove now the three lemmas in the next subsections.

### 5.5.1 Proof of Lemma 5.14

This part is entirely similar to the case of dimension 5 , so we only briefly indicate the necessary changes. Define $s=\min \left(r, c_{s}(\zeta / n)^{1 / 2} \cdot \zeta^{1 /(d-2)}\right)$, with $c_{s}$ a small constant to be defined in a moment. Assume first that $s \geq 1$, and then split $\xi_{r,-}$ into three parts: $\xi_{r,-}=\xi_{s,-}+\xi_{s, r}^{\text {high }}+\xi_{s, r}^{\text {low }}$, with the same notation as in the proof of Lemma 5.9. Recall that the definitions of $\xi_{s, r}^{\text {high }}$ and $\xi_{s, r}^{\text {low }}$ involve an integer $j \geq i$ which we define here as the smallest integer (larger than $i$ ) satisfying $2^{j} \geq c_{j} r^{d-2} \zeta^{-1}$, with $c_{j}$ a constant to be adjusted below.
Now we first observe that Lemmas 5.1 and 5.2 give

$$
\begin{equation*}
\xi_{s,-} \leq \frac{C_{1} C_{2}}{T}(n+1) s^{2} \leq \frac{\zeta}{9} \tag{5.24}
\end{equation*}
$$

choosing the constant $c_{s}$ small enough for the last inequality; recall also (5.11).

Next, recalling 5.5 and noting that $1+\frac{d}{d-2}+\frac{d-4}{2}=\frac{d^{2}}{2(d-2)}-1$, we get that for some constant $C>0$, and $n$ large enough,

$$
\begin{equation*}
\xi_{s, r}^{\mathrm{low}} \leq C \frac{n 2^{j} \bar{\rho} r^{d}}{T s^{d-4}}=C \frac{n^{\frac{d-2}{2}} 2^{j} r^{d}}{c_{s} \beta_{d} \zeta^{\frac{d}{d-2}+\frac{d-4}{2}}} \leq \frac{2 C c_{j}}{c_{s} \beta_{d}} \cdot \frac{n^{\frac{d-2}{2}} r^{2(d-1)}}{\zeta^{1+\frac{d}{d-2}+\frac{d-4}{2}}} \leq \frac{\zeta}{9} \tag{5.25}
\end{equation*}
$$

using for the last inequality that $r \leq \bar{r}$, by hypothesis.
Finally, on the event $\mathcal{A}_{n}(r, i, \alpha)$, we have for some constant $C^{\prime}>0$,

$$
\begin{equation*}
\xi_{s, r}^{\mathrm{high}} \leq C^{\prime} \cdot \frac{\alpha \zeta r^{2}}{2^{2 j /(d-2)} T}=C^{\prime} \frac{\alpha r^{2}}{\beta_{d} 2^{2 j /(d-2)}} \zeta^{1-\frac{2}{d-2}} \leq C^{\prime} \frac{\alpha}{\beta_{d} c_{j}^{2 /(d-2)}} \cdot \zeta \leq \frac{\zeta}{9} \tag{5.26}
\end{equation*}
$$

where the last inequality follows by taking $c_{j}$ large enough. Then the lemma follows from (5.24), (5.25) and (5.26).

In the case when $s$ is smaller than one, we just write $\xi_{r,-}$ as the sum of two terms $\xi_{r,-}^{\text {low }}$ and $\xi_{r,-}^{\text {high },}$ defined respectively as $\xi_{s, r}^{\text {low }}$ and $\xi_{s, r}^{\text {high }}$, except that we remove the indicator functions of the events $\left\{\left\|S_{k}-x\right\|>s\right\}$ in their definitions. The rest of the proof remains unchanged.

### 5.5.2 Proof of Lemma 5.15

We divide $\xi_{r, R}$ similarly as the term $\xi_{r,+}$ in dimension 5 . Namely we write $\xi_{r, R}=\xi_{r, R}^{\mathrm{low}, *}+\xi_{r, R}^{\mathrm{high}}$, with

$$
\xi_{r, R}^{\mathrm{low}, *}:=\sum_{k \notin \mathcal{K}_{n}(r, \bar{\rho})} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(r \leq\left\|S_{k}-x\right\| \leq R\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right),
$$

and

$$
\xi_{r, R}^{\mathrm{high}}:=\sum_{k \in \mathcal{K}_{n}(r, \bar{\rho})} \sum_{x \in \mathcal{R}_{k}} \mathbf{l}\left(r \leq\left\|S_{k}-x\right\| \leq R\right) \varphi_{T}\left(x-S_{k}\right) \cdot \mathbb{P}_{x}\left(H_{\mathcal{R}_{k}}^{+}=\infty\right)
$$

However, here we need to keep the sum over $x$ for a moment. Indeed, Lemmas 5.1 and 5.2 give

$$
\xi_{r, R}^{\mathrm{high}} \leq \frac{C_{1} C_{2}}{T} \cdot\left|\mathcal{K}_{n}(r, \bar{\rho})\right| R^{2}
$$

so that for $\alpha$ small enough, one has on the event $\mathcal{A}_{n}(r, 0, \alpha)$,

$$
\begin{equation*}
\xi_{r, R}^{\mathrm{high}} \leq \frac{\zeta}{9} . \tag{5.27}
\end{equation*}
$$

For $\xi_{r, R}^{\text {low,* }}$ on the other hand we can replace the sum over $x$ by one over $k^{\prime} \in\{0, \ldots, n\}$, and divide again the corresponding sum into two pieces, which gives $\xi_{r, R}^{\text {low,* }} \leq \xi_{r, R}^{\text {low }}+\xi_{r, R}^{\text {mix }}$, with

$$
\xi_{r, R}^{\text {low }}:=\frac{C_{2}}{T} \sum_{k, k^{\prime} \notin \mathcal{K}_{n}(r, \bar{\rho})} \frac{\mathbf{l}\left(r \leq\left\|S_{k}-S_{k^{\prime}}\right\| \leq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-4}},
$$

and

$$
\xi_{r, R}^{\operatorname{mix}}:=\frac{C_{2}}{T} \sum_{k^{\prime} \in \mathcal{K}_{n}(r, \bar{\rho})} \sum_{k \notin \mathcal{K}_{n}(r, \bar{\rho})} \frac{\mathbf{l}\left(r \leq\left\|S_{k}-S_{k^{\prime}}\right\| \leq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-4}} .
$$

Now using the same argument as in (5.15), on the event $\mathcal{A}_{n}(r, 0, \alpha)$, with $\alpha$ small enough, we get that for some constant $C>0$,

$$
\begin{equation*}
\xi_{r, R}^{\operatorname{mix}} \leq \frac{C}{T}\left|\mathcal{K}_{n}(r, \bar{\rho})\right| \bar{\rho} R^{4} \leq \frac{\zeta}{9} . \tag{5.28}
\end{equation*}
$$

It remains to bound the term $\xi_{r, R}^{\text {low. }}$. Define $i_{1}$ as the smallest integer, such that $2^{i_{1}} \geq c_{1} n / \zeta$, with $c_{1}$ a large constant to be fixed later. Fix some $k \leq n$, and perform a partition of the space into cubes $Q\left(x, r^{\prime}\right)$, with $r^{\prime}=r / 2$ and $x \in S_{k}+r^{\prime} \mathbb{Z}^{d}$. By definition of the set $\mathcal{K}_{n}\left(r, 2^{-i_{1}+2 d} \bar{\rho}\right)$, for any cube $Q\left(x, r^{\prime}\right)$ in the partition, the number of indices $k^{\prime}$ which are not in this set, and such that $S_{k^{\prime}} \in Q\left(x, r^{\prime}\right)$ is bounded by $2^{-i_{1}+2 d} \bar{\rho}|Q(r)|$. It follows that for any $k \leq n$,

$$
\sum_{k^{\prime} \notin \mathcal{K}_{n}\left(r, 2^{-i_{1}+2 d} \bar{\rho}\right)} \frac{\mathbf{l}\left(r \leq\left\|S_{k}-S_{k^{\prime}}\right\| \leq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-4}} \leq C \frac{\bar{\rho}|Q(r)|}{2^{i_{1}}} . \sum_{x \in r^{\prime} \mathbb{Z}^{d} \backslash\{0\}} \frac{\mathbf{l}(\|x\| \leq R)}{\|x\|^{d-4}} \leq C \frac{\bar{\rho}}{2^{i_{1}}} R^{4}
$$

for some constant $C>0$. Summing now over $k$, and simply bounding $\left|\mathcal{K}_{n}(r, \bar{\rho})^{c}\right|$ by $2 n$, gives

$$
\begin{equation*}
\frac{2 C_{2}}{T} \sum_{k \notin \mathcal{K}_{n}(r, \bar{\rho})} \sum_{k^{\prime} \notin \mathcal{K}_{n}\left(r, 2^{\left.-i_{1}+2 d \bar{\rho}\right)}\right.} \frac{\mathbf{l}\left(r \leq\left\|S_{k}-S_{k^{\prime}}\right\| \leq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-4}} \leq C \frac{n}{T} \frac{\bar{\rho}}{2^{i_{1}}} R^{4} \leq \frac{\zeta}{18} \tag{5.29}
\end{equation*}
$$

choosing $c_{1}$ large enough in the last inequality.
Then define for $-i_{1}+2 d \leq j<0$,

$$
\mathcal{C}_{j}:=\left\{x \in r \mathbb{Z}^{d}: 1 \leq \frac{\ell_{n}(Q(x, 2 r))}{2^{j} \bar{\rho}|Q(r)|}<2\right\},
$$

and for commodity reason call $\mathcal{C}_{0}$ the set

$$
\mathcal{C}_{0}:=\left\{x \in r \mathbb{Z}^{d}: \ell_{n}(Q(x, 2 r)) \geq \bar{\rho}|Q(r)|\right\} .
$$

For $x \in \mathcal{C}_{0}$, divide the cube $Q(x, 2 r)$ into $2^{2 d}$ sub-boxes of side $r^{\prime}=r / 2$, and note that for each of them, the number of times $k$ which are not in the set $\mathcal{K}_{n}(r, \bar{\rho})$, but such that $S_{k}$ belongs to this sub-box, cannot exceed $\bar{\rho}|Q(r)|$. Therefore for any $x \in \mathcal{C}_{0}$,

$$
\left|\left\{k \notin \mathcal{K}_{n}(r, \bar{\rho}): S_{k} \in Q(x, 2 r)\right\}\right| \leq 2^{2 d} \bar{\rho}|Q(r)| .
$$

As a consequence,

$$
\begin{align*}
& \frac{C_{2}}{T} \sum_{\substack{k, k^{\prime} \in \mathcal{K}_{n}\left(r, 2^{\left.-i_{1}+2 d \bar{\rho}\right) \backslash \mathcal{K}_{n}(r, \bar{\rho})}\right.}} \frac{\mathbf{l}\left(r \leq\left\|S_{k}-S_{k^{\prime}}\right\| \leq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-4}} \\
\leq & \frac{C}{T} \sum_{\substack{i_{1}+2 d \leq j \leq 0 \\
j \leq i \leq 0}} \sum_{\substack{x \in \mathcal{C}_{i} \\
y \in \mathcal{C}_{j}}}\left(\ell_{n}(Q(x, 2 r)) \wedge 2^{2 d} \bar{\rho}|Q(r)|\right) \cdot\left(\ell_{n}(Q(y, 2 r)) \wedge 2^{2 d} \bar{\rho}|Q(r)|\right) \frac{\mathbf{l}(r \leq\|x-y\| \leq R)}{\|x-y\|^{d-4}} \\
\leq & \frac{C}{T} \cdot \sum_{\substack{i_{1}+2 d \leq j \leq 0 \\
j \leq i \leq 0}} 2^{i+j}(\bar{\rho}|Q(r)|)^{2} \sum_{\substack{x \in \mathcal{C}_{i} \\
y \in \mathcal{C}_{j}}} \frac{\mathbf{l}(r \leq\|x-y\| \leq R)}{\|x-y\|^{d-4}} . \tag{5.30}
\end{align*}
$$

Then, by the same argument as in the proof of Lemma 5.10, we get that on the event $\mathcal{A}_{n}\left(r,-i_{1}, \alpha\right)$, for $-i_{1}+2 d \leq j \leq 0$, one has

$$
\left|\mathcal{C}_{j}\right| \leq \frac{2^{d}\left|\mathcal{K}_{n}\left(r, 2^{j-2 d} \bar{\rho}\right)\right|}{2^{j-2 d \bar{\rho}}|Q(r)|} \leq \frac{2^{d} \alpha \zeta}{2^{(j-2 d)\left(1+\frac{2}{d-2}\right)} \bar{\rho}|Q(r)|}
$$

Furthermore, it holds for some constant $C>0$,

$$
\sum_{x \in \mathcal{C}_{i}} \sum_{y \in \mathcal{C}_{j}} \frac{\mathbf{l}(r \leq\|x-y\| \leq R)}{\|x-y\|^{d-4}} \leq C\left|\mathcal{C}_{i}\right| \frac{R^{4}}{|Q(r)|} \leq C \frac{\alpha \zeta R^{4}}{\bar{\rho}|Q(r)|^{2}} 2^{-i \frac{d}{d-2}}
$$

Injecting this in 5.30 and taking $\alpha$ small enough gives

$$
\begin{equation*}
\xi_{r, R}^{\operatorname{mix}} \leq C \alpha \zeta \frac{\bar{\rho} R^{4}}{T} \sum_{-i_{1}+2 d \leq j \leq 0} 2^{j} \sum_{i: j \leq i \leq 0} 2^{-i \frac{2}{d-2}} \leq C \alpha \zeta \leq \frac{\zeta}{18} \tag{5.31}
\end{equation*}
$$

By combining (5.29) and 5.31), we deduce that on the event $\mathcal{A}_{n}\left(r,-i_{1}, \alpha\right)$, one has $\xi_{r, R}^{\text {low }} \leq \zeta / 9$, and together with (5.27) and (5.28), this concludes the proof.

### 5.5.3 Proof of Lemma 5.16

Fix $c_{2}$ a large constant to be adjusted below, and define $i_{2}$ as the smallest integer, such that

$$
2^{i_{2}} \geq c_{2} \cdot\left(\frac{n}{\zeta}\right)^{\frac{d+2}{d-2}}
$$

Then using Lemma 5.2 , we see that $\xi_{R,+} \leq \xi_{R,+}^{\text {very low }}+\xi_{R,+}^{\text {low }}$, with

$$
\xi_{R,+}^{\text {very low }}:=2 C_{2} \sum_{k=0}^{n} \sum_{k^{\prime} \notin \mathcal{K}_{n}\left(R, 2^{-i_{2}+2 d} \bar{\rho}\right)} \frac{\mathbf{1}\left(\left\|S_{k}-S_{k^{\prime}}\right\| \geq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-2}}
$$

and

$$
\xi_{R,+}^{\text {low }}:=C_{2} \sum_{k, k^{\prime} \in \mathcal{K}_{n}\left(R, 2^{-i_{2}+2 d} \bar{\rho}\right)} \frac{\mathbf{l}\left(\left\|S_{k}-S_{k^{\prime}}\right\| \geq R\right)}{\left\|S_{k}-S_{k^{\prime}}\right\|^{d-2}}
$$

We first treat the term $\xi_{R,+}^{\text {very low }}$. By using Lemma 5.3 , exactly as it was used in the proof of Lemma 5.10, we get

$$
\sum_{k \notin \mathcal{K}_{n}\left(R, 2^{-i_{2}+2 d} \bar{\rho}\right)} \frac{\mathbf{l}\left(\left\|S_{k}-z\right\| \geq R\right)}{\left\|z-S_{k}\right\|^{d-2}} \leq C_{3} n^{\frac{2}{d}}\left(2^{-i_{2}+2 d} \bar{\rho}\right)^{1-\frac{2}{d}}
$$

Therefore by taking $c_{2}$ large enough in the definition of $i_{2}$, we get

$$
\begin{equation*}
\xi_{R,+}^{\text {very low }} \leq 2 C_{2} C_{3} \cdot(n+1)^{1+\frac{2}{d}}\left(2^{-i_{2}+2 d} \bar{\rho}\right)^{1-\frac{2}{d}} \leq \frac{\zeta}{6} \tag{5.32}
\end{equation*}
$$

We next treat the term $\xi_{R,+}^{\text {low }}$. Consider $j_{0}$, the smallest integer such that $2^{j_{0}}>2^{2(d-2)}$. We claim that for any $\alpha \leq 1$, on the event $\mathcal{A}_{n}(R, 0, \alpha)$, the set $\mathcal{K}_{n}\left(R, 2^{j_{0}} \bar{\rho}\right)$ is empty. Indeed if this was not the case, then there would exist somewhere a cube of side length $R$ visited more than $2^{j_{0}-d} \bar{\rho} R^{d}$ times (using the rough bound $\left.|Q(R)| \geq(R / 2)^{d}\right)$. Note that by definition $\bar{\rho} R^{d}=\zeta$. So by the pigeonhole principle, this would mean that a cube of side length $R / 2$ would be visited more than $2^{j_{0}-2 d} \zeta$ times, which in turn would imply $\left|\mathcal{K}_{n}\left(R, 2^{j_{0}} \bar{\rho}\right)\right| \geq 2^{j_{0}-2 d} \zeta>\alpha \zeta 2^{-2 j_{0} /(d-2)}$, contradicting the fact that we are on $\mathcal{A}_{n}(R, 0, \alpha)$.

We now perform a subdivision of the space, similar to the one from the proofs of Lemma 5.10 and 5.15. For $j \geq-i_{2}+2 d$, we define

$$
\mathcal{C}_{j}:=\left\{x \in R \cdot \mathbb{Z}^{d}: 1 \leq \frac{\ell_{n}(Q(x, 2 R))}{2^{j} \bar{\rho}|Q(R)|}<2\right\}
$$

By a similar argument as in the proofs of the aforementioned lemmas, we get that on the event $\mathcal{A}_{n}\left(R,-i_{2}, \alpha\right)$, for $j \leq j_{0}+2 d$,

$$
\begin{equation*}
\left|\mathcal{C}_{j}\right| \leq \frac{2^{d}\left|\mathcal{K}_{n}\left(R, 2^{j-2 d} \bar{\rho}\right)\right|}{2^{j-2 d} \bar{\rho}|Q(R)|} \leq \frac{2^{d} \alpha \zeta}{2^{(j-2 d)\left(1+\frac{2}{d-2}\right)} \bar{\rho}|Q(R)|} \tag{5.33}
\end{equation*}
$$

and $\mathcal{C}_{j}$ is empty for $j>j_{0}+2 d$. Thus for some constant $C>0$ (which may change from line to line), on the event $\mathcal{A}_{n}\left(R,-i_{2}, \alpha\right)$,

$$
\begin{aligned}
\xi_{R,+}^{\mathrm{low}} & \leq C \cdot \sum_{\substack{-i_{2}+2 d \leq j \leq j_{0}+2 d \\
j \leq i \leq j_{0}+2 d}} \sum_{\substack{x \in \mathcal{C}_{i} \\
y \in \mathcal{C}_{j}}} \ell_{n}(Q(x, 2 R)) \ell_{n}(Q(y, 2 R)) \frac{\mathbf{l}(\|x-y\| \geq R)}{\|x-y\|^{d-2}} \\
& \leq C \cdot \sum_{\substack{i_{2}+2 d \leq j \leq j_{0}+2 d \\
j \leq i \leq j_{0}+2 d}} 2^{i+j}(\bar{\rho}|Q(R)|)^{2} \cdot \sum_{\substack{x \in \mathcal{C}_{i} \\
y \in \mathcal{C}_{j}}} \frac{\mathbf{l}(\|x-y\| \geq R)}{\|x-y\|^{d-2}} \\
& \leq C \cdot \bar{\rho}^{1-\frac{2}{d}}(\alpha \zeta)^{1+\frac{2}{d}} \sum_{\substack{-i_{2}+2 d \leq j \leq j_{0}+2 d \\
j \leq i \leq j_{0}+2 d}} 2^{j \frac{d-4}{d-2}-\frac{2}{d-2} i} \\
& \leq C \cdot \alpha^{1+\frac{2}{d} \zeta} \cdot \sum_{\substack{j-i_{2}+2 d \leq j \leq j_{0}+2 d \\
j \leq i \leq j_{0}+2 d}} 2^{j-2-\frac{2}{d-2} i},
\end{aligned}
$$

using the same argument (based on spherical rearrangement) as in Lemma 5.10 for the third inequality. When $d>6$, the last series is convergent, and we obtain $\xi_{R,+}^{\text {low }} \leq \zeta / 6$, by taking $\alpha$ small enough. When $d=6$, on the other hand, by taking $\alpha$ of the form $\alpha=\alpha^{\prime} \cdot(\log (n / \zeta))^{-\frac{d}{d+2}}$, with $\alpha^{\prime}$ small enough, we obtain as well

$$
\xi_{R,+}^{\mathrm{low}} \leq C \alpha^{1+\frac{2}{d}} \zeta \cdot i_{2} \leq \frac{\zeta}{6}
$$

for some possibly different constant $C>0$, and using that $i_{2}$ is of order $\log _{2}(n / \zeta)$. Together with (5.32), this concludes the proof.

## 6 Path Properties

In this section we prove Theorems 1.5 and 1.6 . We need to show that the walk spends a time of order $\tau$ in a region of typical density of order $\bar{\rho}$ under the constraint. First observe that for any $r \geq 1, i_{0} \geq 0$ and $\alpha_{0}>0$, one has

$$
\begin{equation*}
\bigcup_{i=-i_{0}}^{i_{0}}\left\{\left|\mathcal{K}_{n}\left(r, 2^{i} \bar{\rho}\right)\right|>\frac{\alpha_{0} \tau}{2^{2 i /(d-2)}}\right\} \subseteq\left\{\left|\mathcal{K}_{n}\left(r, 2^{-i_{0}} \bar{\rho}\right)\right|>\alpha \tau\right\} \tag{6.1}
\end{equation*}
$$

with $\alpha=2^{-2 i_{0} /(d-2)} \alpha_{0}$, and this means that a time $\alpha \tau$ is spent in a region of density larger than $2^{-i_{0}} \bar{\rho}$. Thus, we need to show that under the event $\left\{\xi_{n}(T)>\zeta_{n}\right\}$, the left-hand side of 6.1 most likely holds, for $i_{0}$ and $\alpha_{0}$ independent of $\zeta_{n}$ and $n$. Indeed this would prove that for some $r \geq 1$, $i_{0} \geq 0$ and $\alpha>0$,

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \mathbb{P}\left(\left|\mathcal{K}_{n}\left(r, 2^{-i_{0}} \bar{\rho}\right)\right|>\alpha \tau \mid \operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right]<-\zeta_{n}\right)=1 \tag{6.2}
\end{equation*}
$$

and would settle the first step in establishing the path properties. The two other steps follow very closely the arguments of AS17a]. Let us review them before establishing the first step. For $r \geq 1$, $\rho>0$, and $m \geq 1$, define

$$
\mathcal{G}_{n}(r, \rho, m)=\left\{\exists \mathcal{C} \in\left(\mathbb{Z}^{d}\right)^{m}:\|x-y\| \geq 4 r, \forall x \neq y \in \mathcal{C} \text { and } \ell_{n}(Q(x, r)) \geq \rho|Q(r)|, \forall x \in \mathcal{C}\right\} .
$$

Thus, $\mathcal{G}_{n}(r, \rho, m)$ is the event that there are at least $m$ (random) disjoint cubes of side-length $r$, each one visited at least $\rho|Q(r)|$ times. Now Equation (2.24) in Lemma 2.4 of AS17a, and (6.2) give the existence of some constant $\kappa>0$, such that with $m^{*}=\left\lfloor\kappa \tau /\left(\bar{\rho} r^{d}\right)\right\rfloor$,

$$
\lim _{n \rightarrow \infty} \mathbb{P}\left(\mathcal{G}_{n}\left(r, 2^{-i_{0}} \bar{\rho}, m^{*}\right) \mid \operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right]<-\zeta_{n}\right)=1 .
$$

This readily implies that for $\mathcal{V}:=\cup_{x \in \mathcal{C}} Q(x, r)$, with $\mathcal{C}$ one set realizing the event $\mathcal{G}_{n}\left(r, 2^{-i_{0}} \bar{\rho}, m^{*}\right)$, and some positive constants $\alpha, c$ and $C$ (all independent of $n$ and $\zeta_{n}$ ), one has

$$
\lim _{n \rightarrow \infty} \mathbb{P}\left(\exists \mathcal{V} \subseteq \mathbb{Z}^{d}: \ell_{n}(\mathcal{V}) \geq \alpha \tau, \left.c \leq \frac{|\mathcal{V}|}{R^{d}} \leq C \right\rvert\, \operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right]<-\zeta_{n}\right)=1
$$

The last step in proving Theorem 1.5 concerns showing that the capacity of the random set $\mathcal{V}$ is of order $|\mathcal{V}|^{1-2 / d}$. One of the key inequality in AS17a] is its Proposition 1.7 which penalizes the event of visiting a set $\mathcal{V}$ (made of disjoint balls) with capacity much larger than $|\mathcal{V}|^{1-2 / d}$. We thus conclude Theorem 1.5 by invoking this latter proposition.

We are now back in establishing the first step mentioned earlier. We first need to strengthen Propositions 5.7 and 5.13 into the following.

Proposition 6.1. Assume $d=5$. For any $\beta>0$, there exist an integer $i_{0} \geq 0$, and $\alpha_{0}>0$, such that for any $1 \leq \zeta \leq n$, and $n$ large enough,

$$
\begin{equation*}
\bigcap_{i=-i_{0}}^{i_{0}}\left\{\left|\mathcal{K}_{n}\left(\bar{r}, 2^{i} \bar{\rho}\right)\right| \leq \alpha_{0} \frac{n}{2^{2 i / 3}}\right\} \cap \mathcal{A}_{n}\left(\bar{r}, i_{0}, \beta\right) \subseteq\left\{\xi_{n}(T) \leq \zeta\right\}, \tag{6.3}
\end{equation*}
$$

where $T$ is as in (5.11), and $\bar{r}$ as in (5.12).
The important point here is that the parameters $i_{0}$, and $\alpha_{0}$ are independent of $\zeta$ and $n$.
Our result in dimension $d \geq 7$ is more intricate, since we have to deal with two scales $\bar{r}$ and $R$. However, its pattern is similar. We recall that $\bar{r}$ is defined in (5.21), $T$ and $R$ are defined in (5.11) and (5.20) respectively, and $i_{1}$ and $i_{2}$ are as in Proposition 5.13.

Proposition 6.2. Assume $d \geq 7$. For any $\beta>0$, there exist $i_{0} \geq 0$, and $\alpha_{0}>0$, such that for any $1 \leq \zeta \leq n$, and $n$ large enough

$$
\begin{equation*}
\bigcap_{i=-i_{0}}^{i_{0}}\left\{\left|\mathcal{K}_{n}\left(\bar{r}, 2^{i} \bar{\rho}\right)\right| \vee\left|\mathcal{K}_{n}\left(R, 2^{i} \bar{\rho}\right)\right| \leq \frac{\alpha_{0} \zeta}{2^{2 i /(d-2)}}\right\} \cap \mathcal{A}_{n}\left(\bar{r},-i_{1}, \beta\right) \cap \mathcal{A}_{n}\left(R,-i_{2}, \beta\right) \subseteq\left\{\xi_{n}(T) \leq \zeta\right\} \tag{6.4}
\end{equation*}
$$

Remark 6.3. We have no path result in dimension six. One of our estimate, Lemma 5.16, needs a very small $\alpha$, of order $1 / \log n$ to make $\xi_{R,+}$ small. Note that even at the heuristic level, we do not know which of the two scenarii wins: (i) time-homogeneous as in $d=5$, or time-inhomogeneous as in $d \geq 7$ ?

The proofs of the two latter propositions are close to the proofs from Sections 5.4 and 5.5, and we explain the differences in the case of $d=5$. We omit the details in $d \geq 7$.
Recall that in Section 5.4, we wrote $\xi_{n}(T)$ as a sum of $\xi_{\bar{r},-}$ and $\xi_{\bar{r},+}$, and the result of Lemma 5.9 shows that for any fixed $\beta>0$, and any $i_{0} \geq 0, \mathcal{A}_{n}\left(\bar{r}, i_{0}, \beta\right) \subseteq\left\{\xi_{\bar{r},-} \leq \frac{1}{2} \zeta\right\}$, provided $n$ is large enough. Thus, we only need to find $i_{0}$ and $\alpha_{0}$ (independent of $\zeta$ and $n$ ), such that

$$
\bigcap_{i=-i_{0}}^{i_{0}}\left\{\left|\mathcal{K}_{n}\left(\bar{r}, 2^{i} \bar{\rho}\right)\right| \leq \alpha_{0} \frac{n}{2^{2 i / 3}}\right\} \cap \mathcal{A}_{n}\left(\bar{r}, i_{0}, \beta\right) \subseteq\left\{\xi_{\bar{r},+} \leq \frac{1}{2} \zeta\right\} .
$$

In the proof of Lemma $5.10, \xi_{\bar{r},+}$ was further written as $\xi_{\bar{r},+}^{\mathrm{low}}+\xi_{\bar{r},+}^{\mathrm{high}}$, and some $i_{0}$ was introduced in order to make $\xi_{\bar{r},+}^{\text {low }} \leq \zeta / 4$ (see 5.15 ). This part can be used here as well. Then, we replace the bound on $\left|\mathcal{C}_{j}\right|$ in 5.16 by the following: for $j \geq-i_{0}$

$$
\left|\mathcal{C}_{j+10}\right| \cdot 2^{j-5} \bar{\rho} \cdot|Q(\bar{r})| \leq\left|\mathcal{K}_{n}\left(\bar{r}, 2^{j} \bar{\rho}\right)\right| \leq 2^{-\frac{2}{3} j} n\left(\alpha_{0} \mathbf{l}\left(|j| \leq i_{0}\right)+\beta \mathbf{l}\left(j>i_{0}\right)\right) .
$$

When estimating $\xi_{\bar{r},+}^{\mathrm{high}}$ as in 5.18, we divide the converging series into a finite number of small indices weighted by $\alpha_{0}$, and a converging series starting with index $i_{0}$, and weighted by $\beta$ (large). By choosing a larger $i_{0}$ if necessary one can make the sum of the last series small, and then take $\alpha_{0}$ small enough so that the finite sum (of about $i_{0}$ terms) is in turn small. This makes $\xi_{\bar{r},+}^{\mathrm{high}} \leq \zeta / 4$. Thus, (6.3) holds.

The interest of these propositions is that by taking $\beta$ large enough, one can make the probability of the complement of the event $\mathcal{A}_{n}\left(\bar{r}, i_{0}, \beta\right)$ negligible, thanks to Corollary 5.5.

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \mathbb{P}\left(\mathcal{A}_{n}\left(\bar{r}, i_{0}, \beta\right)^{c} \mid \operatorname{Cap}\left(\mathcal{R}_{n}\right)-\mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{n}\right)\right]<-\zeta_{n}\right)=0 . \tag{6.5}
\end{equation*}
$$

It then follows from (6.1), Propositions 5.6 and 6.1, and from (6.5), that for some $i_{0} \geq 0$, and $\alpha_{0}>0$, the limit (6.2) holds. In dimension seven and larger, the same arguments are needed. We omit to repeat them.

## 7 Upward Deviations

We prove here Theorem 1.7. Thanks to our decomposition (2.9), we can adapt the approach of Hamana and Kesten [HK], who proved a similar result for the size of the range.
The approach of Hamana and Kesten is based on first proving an approximate subadditivity relation for the probability of upward deviations, that is the existence of some constants $\chi \in(0,1), c>0$, and $C>0$, such that for any $m, n \geq 1$ integers, and $y, z$ positive reals,

$$
\begin{equation*}
\mathbb{P}\left(\left|\mathcal{R}_{m+n}\right| \geq y+z-C a(m, n)\right) \geq c \chi^{a(m, n)} \mathbb{P}\left(\left|\mathcal{R}_{n}\right| \geq y\right) \mathbb{P}\left(\left|\mathcal{R}_{m}\right| \geq z\right) \tag{7.1}
\end{equation*}
$$

with

$$
a(m, n):=(n \cdot m)^{\frac{1}{d+1}} .
$$

The second step, which is general and only based on (7.1) and the fact that (when $d \geq 2$ ) one has $\lim _{m, n \rightarrow \infty} \frac{a(m, n)}{n \vee m}=0$, shows that the following limit exists,

$$
\psi(x):=-\lim _{n \rightarrow \infty} \frac{1}{n} \log \mathbb{P}\left(\left|\mathcal{R}_{n}\right| \geq x \cdot n\right), \quad \text { for all } x>0
$$

and that $\psi$ is continuous and convex on $[0,1]$. Here we prove an analogous result as (7.1), and use their general argument to conclude.

Proof of Theorem 1.7. We first prove an analogous result as (7.1), but with $a(m, n)$ replaced by the function:

$$
\widetilde{a}(m, n)=(n \cdot m)^{\frac{1}{d-1}} .
$$

In other words we establish the following inequality. There exists $\chi \in(0,1)$, and $C>0$, such that for any $m, n$ integers and $y, z$ positive reals,

$$
\begin{equation*}
\mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m+n}\right) \geq y+z-C \widetilde{a}(m, n)\right) \geq \frac{1}{2} \chi^{\widetilde{a}(m, n)} \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right) \geq y\right) \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m}\right) \geq z\right) . \tag{7.2}
\end{equation*}
$$

The first step is to obtain the analogue of the following simple deterministic bound used in HK: if $\mathcal{R}_{n}$ and $\widetilde{\mathcal{R}}_{m}$ are two independent copies of the range, there is a positive constant $C$, such that for any $r \geq 1$

$$
\frac{1}{|Q(r)|} \sum_{z \in Q(r)}\left|\left(z+\mathcal{R}_{n}\right) \cap \widetilde{\mathcal{R}}_{m}\right| \leq C \frac{n \cdot m}{r^{d}} .
$$

The corresponding bound in our context reads as follows:

$$
\begin{equation*}
\frac{1}{|Q(r)|} \sum_{z \in Q(r)} \sum_{x \in \mathcal{R}_{n}} \sum_{y \in \widetilde{\mathcal{R}}_{m}} G(x-y+z) \leq C \frac{n \cdot m}{r^{d-2}} \tag{7.3}
\end{equation*}
$$

and is a direct consequence of (2.1) and the fact that for any $x \in \mathbb{Z}^{d}$, and for some constant $C>0$,

$$
\sum_{z \in Q(r)} \frac{1}{1+\|z-x\|^{d-2}} \leq C r^{2}
$$

Now to lighten notation, we simply write $a=\widetilde{a}(m, n)=\left\lfloor(m n)^{\frac{1}{d-1}}\right\rfloor$. Using that the capacity is translation-invariant, we deduce

$$
\begin{align*}
\operatorname{Cap}\left(\mathcal{R}_{m+n+a}\right) & \stackrel{\sqrt{2.5}}{\geq} \operatorname{Cap}\left(\mathcal{R}_{n} \cup \mathcal{R}[n+a, n+m+a]\right) \\
& \stackrel{2.9}{=} \operatorname{Cap}\left(\overline{\mathcal{R}}_{n}\right)+\operatorname{Cap}\left(\widetilde{\mathcal{R}}_{m}\right)-\chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+S_{a}^{\prime}\right), \tag{7.4}
\end{align*}
$$

with $\overline{\mathcal{R}}_{n}:=\mathcal{R}_{n}-S_{n}, S_{a}^{\prime}:=S_{n+a}-S_{n}$, and $\widetilde{\mathcal{R}}_{m}:=\mathcal{R}[n+a, n+m+a]-S_{n+a}$. The Markov property implies that $\overline{\mathcal{R}}_{n}$ and $\widetilde{R}_{m}$ are independent, and distributed as $\mathcal{R}_{n}$ and $\mathcal{R}_{m}$ respectively. Furthermore,

$$
\begin{equation*}
\chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+S_{a}^{\prime}\right) \stackrel{(2.11)}{\leq} \sum_{x \in \overline{\mathcal{R}}_{n}} \sum_{y \in \widetilde{\mathcal{R}}_{m}} G\left(x-y-S_{a}^{\prime}\right) \tag{7.5}
\end{equation*}
$$

Now, one idea of Hamana and Kesten [HK] is to bound the law of $S_{a}^{\prime}$ by a uniform law on the cube $Q(a / d)$. Indeed for any $x \in Q(a / d)$, for which $\mathbb{P}\left(S_{a}=x\right) \neq 0$, one has

$$
\begin{equation*}
\mathbb{P}\left(S_{a}^{\prime}=x\right) \geq \frac{1}{(2 d)^{a}}, \tag{7.6}
\end{equation*}
$$

since there is at least one path of length $a$ going from 0 to $x$. To simplify notation, write $\bar{Q}(a / d)$ for the set of sites $x \in Q(a / d)$, for which $\mathbb{P}\left(S_{a}=x\right) \neq 0$. Then we obtain for any $x \in \bar{Q}(a / d)$, and any $\alpha>0$,
$\mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m+n+a}\right) \geq z+y-\frac{\alpha}{2}\right) \stackrel{\sqrt{7 \cdot 4}}{\geq} \mathbb{P}\left(S_{a}^{\prime}=x\right) \cdot \mathbb{P}\left(\operatorname{Cap}\left(\overline{\mathcal{R}}_{n}\right) \geq z, \operatorname{Cap}\left(\widetilde{\mathcal{R}}_{m}\right) \geq y, \chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+x\right) \leq \frac{\alpha}{2}\right)$.

Integrating with respect to the uniform measure on $\bar{Q}(a / d)$, we get

$$
\begin{align*}
\mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m+n+a}\right)\right. & \left.\geq z+y-\frac{\alpha}{2}\right) \stackrel{|7.6\rangle}{\geq} \frac{1}{(2 d)^{a}} \\
& \times \frac{1}{|\bar{Q}(a / d)|} \sum_{x \in \bar{Q}(a / d)} \mathbb{P}\left(\operatorname{Cap}\left(\overline{\mathcal{R}}_{n}\right) \geq z, \operatorname{Cap}\left(\widetilde{\mathcal{R}}_{m}\right) \geq y, \chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+x\right) \leq \frac{\alpha}{2}\right) . \tag{7.7}
\end{align*}
$$

We need now to estimate the mean of $\chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+\cdot\right)$ with respect to the uniform measure. According to (7.3), there is a positive constant $C$, such that

$$
\begin{equation*}
\frac{1}{|\bar{Q}(a / d)|} \sum_{x \in \overline{\bar{Q}}(a / d)} \chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+x\right) \leq C \frac{m \cdot n}{a^{d-2}} \leq C a \tag{7.8}
\end{equation*}
$$

where the last equality follows from the definition of $a$. Then by Chebychev's inequality, we obtain

$$
\begin{equation*}
\frac{1}{|\bar{Q}(a / d)|} \sum_{x \in \bar{Q}(a / d)} \mathbf{l}\left(\chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+x\right) \leq 2 C a\right) \geq \frac{1}{2} \tag{7.9}
\end{equation*}
$$

As a consequence,

$$
\begin{aligned}
& \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m+n}\right) \geq z+y-a-4 C a\right) \stackrel{\sqrt[2.6)]{2}, 2.8}{\geq} \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m+n+a}\right) \geq z+y-4 C a\right) \\
& \stackrel{\text { 7.7. }}{\geq} \frac{1}{(2 d)^{a}} \cdot \mathbb{E}\left[\mathbf{l}\left(\operatorname{Cap}\left(\overline{\mathcal{R}}_{n}\right) \geq z\right) \cdot \mathbf{l}\left(\operatorname{Cap}\left(\widetilde{\mathcal{R}}_{m}\right) \geq y\right) \times \frac{1}{|\bar{Q}(a / d)|} \sum_{x \in \bar{Q}(a / d)} \mathbf{l}\left(\chi_{C}\left(\overline{\mathcal{R}}_{n}, \widetilde{\mathcal{R}}_{m}+x\right) \leq 2 C a\right)\right] \\
& \stackrel{(7.9)}{\geq} \frac{1}{2(2 d)^{a}} \cdot \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right) \geq z\right) \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{m}\right) \geq y\right),
\end{aligned}
$$

proving (7.2), with $\chi=1 /(2 d)$.
It then follows from the general arguments of Hamana and Kesten, see Lemma 3 in [HK, that the following limit exists for all $x>0$ :

$$
\psi_{d}(x):=-\lim _{n \rightarrow \infty} \frac{1}{n} \log \mathbb{P}\left(\operatorname{Cap}\left(\mathcal{R}_{n}\right) \geq n x\right)
$$

We now prove that the range for which $\psi_{d}(x)$ is finite is not empty. Define for $n \geq 0$,

$$
\begin{equation*}
c_{n}:=\max _{\gamma:\{0, \ldots, n\} \rightarrow \mathbb{Z}^{d}} \operatorname{Cap}(\{\gamma(0), \ldots, \gamma(n)\}), \tag{7.10}
\end{equation*}
$$

where the max is taken over all nearest neighbor paths of length $n+1$. By 2.6, it follows that $c_{n+m} \leq c_{n}+c_{m}$, for all $n, m \geq 0$, so that by Fekete's lemma, the $\operatorname{limit} \lim _{n \rightarrow \infty} c_{n} / n$ exists. Call $\gamma_{d}^{*}$ this limit. Note that $\psi_{d}(x)$ is finite on $\left[\gamma_{d}, \gamma_{d}^{*}\right]$, since the probability that the simple random walk follows the path realizing the maximum in (7.10) is larger than or equal to $1 /(2 d)^{n+1}$, so that $\psi_{d}(x) \leq \log (2 d)$, for all $x \leq \gamma_{d}^{*}$. Conversely, by definition of $c_{n}$, one has $\psi_{d}(x)=\infty$ for all $x>\gamma_{d}^{*}$. Furthermore, it follows from Lemma 3 and Proposition 4 in HK, that $\psi_{d}$ is continuous, and convex on $\left(0, \gamma_{d}^{*}\right.$ ]. Now Proposition 3.3 and Lemma 2.1 show that when $d=5, \psi_{d}(x) \geq c\left(x-\gamma_{5}\right)^{3}$, for all $x \geq \gamma_{d}$. Likewise, (3.12) and (3.13) with $T=C /\left(x-\gamma_{d}\right)^{2}$, for some large enough constant $C>0$, shows that $\psi_{d}(x) \geq c\left(x-\gamma_{d}\right)^{3}$, for $\gamma_{d} \leq x \leq 1$ when $d \geq 6$. Using convexity, this also shows that
$\psi_{d}$ is increasing on $\left[\gamma_{d}, \gamma_{d}^{*}\right]$. In addition one has $\psi_{d}(x)=0$ for all $x<\gamma_{d}$, by definition of $\gamma_{d}$ as the limit of the (normalized) expected capacity, and using that by (2.8), $\operatorname{Cap}\left(\mathcal{R}_{n}\right) \leq n$.
Finally we show that $\gamma_{d}^{*}>\gamma_{d}$.
Consider $\mathcal{D}_{n}$ the set of no double backtrack at even times paths of length $n+1$ that we introduced in AS17b. By definition, this is simply the set of paths $\gamma:\{0, \ldots, n\} \rightarrow \mathbb{Z}^{d}$, such that for any even $k \leq n$, one has $\gamma(k+2) \neq \gamma(k)$. The properties we need is that from a no-backtrack walk $\widetilde{S}$, and a sum of independent geometric variables $\left\{\xi_{i}, i \in \mathbb{N}\right\}$, with parameter $1 /(2 d)^{2}$, we can build a simple random walk $S$ such that

$$
\mathcal{R}\left[0, n+2 \sum_{i \leq n / 2} \xi_{i}\right]=\widetilde{\mathcal{R}}_{n} .
$$

Thus, for any $\alpha>0$, we have by (2.6) and (2.8),

$$
\operatorname{Cap}\left(\widetilde{\mathcal{R}}_{n}\right) \geq \operatorname{Cap}\left(\mathcal{R}_{(1+\alpha) n}\right)-\mathbf{1}\left(\sum_{i \leq n / 2} \xi_{i}<\frac{\alpha n}{2}\right) \cdot(1+\alpha)(n+1)
$$

By taking the maximum over $\mathcal{D}_{n}$ on the left hand side, and then the expectation on the right hand side, we obtain

$$
\begin{equation*}
c_{n} \geq \max _{\pi \in \mathcal{D}_{n}} \operatorname{Cap}(\pi) \geq \mathbb{E}\left[\operatorname{Cap}\left(\mathcal{R}_{(1+\alpha) n}\right)\right]-(1+\alpha)(n+1) \cdot \mathbb{P}\left(\sum_{i \leq n / 2} \xi_{i}<\frac{\alpha n}{2}\right) \tag{7.11}
\end{equation*}
$$

Now take $\alpha<1 /(2 d)^{2}$, and use Chebyshev's inequality, to see that the last term of (7.11) is $\mathcal{O}(1)$. Together with Lemma 2.1] it implies that

$$
c_{n} \geq \gamma_{d}(1+\alpha) n-\mathcal{O}(\sqrt{n}),
$$

which proves well that $\gamma_{d}<\gamma_{d}^{*}$.

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