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# Rational design of tetrahydrogeraniol-based hydrophobically modified poly(acrylic acid) as emulsifier of terpene-in-water transparent nanoemulsions

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## ABSTRACT

Amphiphilic copolymers based on renewable resources were involved as emulsifiers to prepare transparent terpene-in-water nanoemulsions. The amphiphilic copolymers are composed of hydrophobically modified poly(acrylic acid) (HMPAA) grafted with different fractions of hydrophobic bio-based tetrahydrogeraniol (THG) side chains. The well-defined PAA were synthesized by reversible addition fragmentation transfer (RAFT) polymerization in order to tune the number-average molar mass of the initial PAA. The self-assembly in aqueous solution of the HMPAA copolymers was investigated through the measurement of their critical aggregation concentration by viscometry, tensiometry, dynamic light scattering and the determination of their aggregation number by static light scattering. Series of oil-in-water nanoemulsions using dihydromyrcenol (DHM) terpene as dispersed phase and PAA-THG as emulsifier were prepared with different PAA-THG/DHM weight ratios and DHM/water weight ratios. The level of transparency of the emulsions was monitored through the transmittance value measured at 600 nm and the measurements of the hydrodynamic diameter of droplets by dynamic light scattering. This study highlights that the structure of the PAA<sub>x</sub>-THG<sub>y</sub> is a key parameter to prepare terpene-in-water nanoemulsions with the required high level of transparency. The optimised structure of the emulsifier consists in a moderate degree of polymerization of PAA backbone ( $\overline{DP}_{n,PAA} \leq 180$ )

along with an intermediate average degree of substitution in hydrophobic THG side chains ( $13 \leq \overline{DS} \leq 32$ ).

**Keywords:** amphiphilic copolymers; RAFT polymerization; Terpenes; renewable resources; nanoemulsion;

## 1. Introduction

Microemulsions were defined as a system of water, oil and surfactant (also named stabilizer or emulsifier) which is a single optically isotropic and thermodynamically stable system with dispersed domain size varying approximately from 10 to 100 nm, usually 10 to 50 nm.[1, 2] In a microemulsion, the domains of the dispersed phase in the phase diagram are either globular (water-in-oil (W/O) or oil-in-water (O/W) droplets) or interconnected to provide a bicontinuous structure. A microemulsion mostly involves a quaternary system composed of water, oil, surfactant and a hydrophobe miscible in water like *n*-butanol[3] or acetone[4] for instance. In the present work, we will focus our attention on O/W emulsion with droplet structure prepared by applying ultrasonication shear in the absence of additional hydrophobic solvent apart from the oil. The term nanoemulsion is also used for O/W emulsions with droplet size in the order of 100 nm.[5-8] By contrast to the thermodynamically stable microemulsion independent of the preparation process (simple mixing), nanoemulsion is associated to kinetically stable emulsions formulated with a lower amount of surfactant to produce process dependent droplets prepared for instance by external shear.[5] In summary, microemulsion and nanoemulsions have similarities in the final size of droplets but nanoemulsion are kinetically stable emulsions with small droplet sizes (range 20 – 100 nm) regardless the method of preparation.[6-8] Therefore, the term nanoemulsion will be preferred in the present work.

The range of nanoemulsion applications includes drug delivery systems, food industry, and cosmetic industry.[8-10] Contrary to macroemulsions (often called shortly as an ‘emulsion’ with droplet size of hundreds of micrometers), no inherent creaming, sedimentation, flocculation, or coalescence is observed for nanoemulsions.[11] Another difference concerns their appearance as emulsions are cloudy while nanoemulsions are transparent or translucent. This property is especially relevant for the cosmetic industry to develop alcohol-free transparent formulation of fragrances. In specific applications of cosmetics, different challenges should be simultaneously addressed: preparation of transparent alcohol-free fragrance formulations, use of efficient

emulsifier with minimum toxicity and meeting the increasing demand for reducing the dependence on fossil resources by increasing the use of renewable resources. In cosmetics, nanoemulsions are preferred to microemulsion to minimize the toxicological risk of skin irritation induced by a high level of surfactant.

The present work aims to address these challenges by synthesizing amphiphilic copolymers from renewable resources as macromolecular emulsifiers of terpene-based transparent nanoemulsions. Such macromolecular emulsifiers improve the emulsion stability with respect to the conventional molecular surfactants due to much slower desorption kinetics at the interface of the droplet.[12] Moreover, macromolecular emulsifiers of molar mass above 5 to 10 kDa reduce skin toxicity by limiting diffusion across skin barrier. According to Osipow *et al.* [13], a transparent nanoemulsion is favored by matching the stabilizer and the oil phase chemical structure. In addition, the transparent nanoemulsions are characterized by droplet sizes in the range of 20 to 100 nm and by high storage stability against Ostwald ripening. As terpenes are a major component of fragrance formulations, the covalent attachment of hydrophobic terpenes onto a hydrophilic polymer backbone to prepare amphiphilic copolymers is a strategy to match the structure of the dispersed phase while simultaneously integrating renewable resources in the copolymer emulsifier. Amphiphilic copolymers provide attractive surface and interfacial properties resulting from the incompatibility between the chemically different sequences linked together in the same macromolecule.[14, 15] The platform terpene molecules ( $\alpha$ - and  $\beta$ -pinene) are produced from pine woods via distillation of either turpentine or paper oil, a by-product of the paper-making industry. The range of synthesized terpenes, which are branched or cyclic C10 and C15 molecules, represent an alternative to oil seeds and palm oil. It is worth to mention that acrylic acid monomer used to synthesize poly(acrylic acid) (PAA) can be produced from renewable resources, *ie* from 3 hydroxypropionic acid produced from glucose.[16, 17] PAA is among the most common pH-responsive polymer with a pKa of 4.5.[18, 19] The level of protonation of the carboxylic groups switches the net hydrophilic–hydrophobic character of the polymer. At pH values above 4.5, the PAA is neutralized to form the water soluble anionic poly(sodium acrylate) (PANa). On the contrary, at pH < 4.5 precipitation occurs in aqueous solutions due to protonation of the carboxylate groups, which renders the polymer only sparsely soluble in water.[20] Hydrophobically modified poly(acrylic acid) (HMPAA) have proved to be an interesting class of amphiphilic copolymers with a wide range of properties. HMPAA are extensively used as

stabilizers and rheology modifiers in paints, cosmetics, pharmaceuticals, foods, enhanced oil recovery, water treatment and controlled release of bioactive materials. [21-23] The hydrophobic interactions, and thus the solution properties, can be controlled by either the type or the grafting density of hydrophobic groups.[24, 25] or by addition of salts and surfactants. [26, 27] HMPAA have demonstrated stabilizing properties for the preparation of gold nanoparticles [28] or for direct oil-in-water emulsions.[14, 29-32] Lockhead et al.[32] highlighted that hydrophobically-modified PAA were more efficient stabilizers than non-modified PAA for cyclohexane/water and mineral oil/water emulsions in a semi-dilute regime. Perrin et al.[14, 30] studied the emulsifying properties of a series of HMPAA for n-dodecane/water macroemulsions and concluded to a stronger anchoring of polymers to oil droplets and hence a better stabilization for a substitution degree ( $\overline{DS}$ ) higher than 10 mol% or a longer alkyl chains. PAA samples of molar mass ranging between 5 and 5000 kg.mol<sup>-1</sup> were hydrophobically modified with aliphatic aromatic or fluorocarbon groups by peptidic coupling or by copolymerization. [14, 24, 30-33] Up to now, mostly fossil-based resources were involved in the hydrophobic modification of PAA while there is a global need in reducing the dependence on petrochemical resources.[34-36] In the variety of biomass feedstock, terpenes have known a growing interest in recent studies of polymer chemistry.[37-41]

The originality of the present work is to prepare amphiphilic copolymers based on tetrahydrogeraniol (THG) terpene and well-defined poly(acrylic acid) in order to stabilize solvent-free transparent nanoemulsion of dihydromyrcenol (DHM) in water. In addition to mimicking the structure of the stabilizer side groups with the one of the dispersed oil phase, the use of tetrahydrogeraniol increases the biomass content. At this point it is worth mentioning that the preparation of terpene-in-water nanoemulsions, using exclusively D-limonene as oil phase, was studied until now only in the presence of commercially available stabilizers, generally based on ethylene oxide units[42-44], and mixed surfactants of low molecular weights.[45] The major drawback of these surfactants is related not only to their polydispersity in composition and in molar mass but also to their possible irritating effect on skin which makes them undesirable in cosmetic formulations. Moreover, it was stated by Schellekens *et al.* [46] that the oligo(ethylene oxide) sequences of these products may be immunogenic and that the anti-OEO antibodies induce blood clearance and reduce efficacy of the products.

In order to thoroughly investigate the relationship between the macromolecular features of the HMPAA stabilizers, their solution properties and the nanoemulsion features, the present work proposes to control the molar mass and dispersity of the PAA backbone together with the substitution degree of the HPMMA amphiphilic stabilizers.

## 2. Experimental

*2.1. Materials.* The following materials were purchased from Sigma Aldrich and used as received: 4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl] pentanoic acid (97%), acrylic acid (AA, 99%), 4,4'-azobis(4-cyanovaleric acid) (ACVA, 98%), N,N'-dicyclohexylcarbodiimide (DCC, 99%), 4-(dimethylamino)pyridine (DMAP, 95%) and anhydrous ethanol. The terpenes used in this study were supplied by Dérivés Résiniques Terpéniques (DRT Company) and the structures of the THG and DHM are reported in Supporting Information (**Figure S1**). Anhydrous dimethylsulfoxide (DMSO, Technical grade, VWR) was obtained by using molecular sieves that were previously dried under vacuum at 100°C. A sodium citrate buffer solution at pH 6 (Roth) was used as continuous phase for viscosimetry, surface tension and light scattering measurements as well as continuous phase for emulsions.

*2.2. Synthesis of poly(acrylic acid) (PAA) by RAFT polymerization.* As a typical example for the synthesis of PAA90 (Table 1), a solution of AA (12.5 g, 0.1736 mol), 4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl] pentanoic acid (0.4843 g,  $1.736 \times 10^{-3}$  mol), and ACVA (0.0486 g,  $1.74 \times 10^{-4}$  mol) in absolute ethanol (37.5 g) was degassed with N<sub>2</sub> for 120 min. RAFT polymerization of AA was carried out at 80°C, and samples were withdrawn every 30 min under nitrogen flow. After 180 min, the reaction was stopped by cooling followed by exposing the mixture to air. The monomer conversion was calculated by on the basis of the signals corresponding to the vinylic protons of AA monomer at 6.2 ppm and to the aliphatic protons of the methine of PAA backbone at 2.2 ppm. The product was purified by precipitation into cold diethyl ether. This operation was repeated 3 times by dissolving PAA in ethanol prior subsequent precipitation. The polymer was lyophilised to recover a white powder.

*2.3. Synthesis of hydrophobically modified PAA (HMPAA) by esterification of PAA with THG*

In a typical experiment, 1g ( $4.72 \times 10^{-5}$  mol) of PAA294 was dissolved in 5 ml of anhydrous DMSO. Then, 0.1493 g ( $9.45 \times 10^{-4}$  mol) of THG was added and the temperature was set at 60°C.

At this temperature, 12 mg ( $9.84 \times 10^{-5}$  mol) of 4-(dimethylamino)pyridine (DMAP) and 0.1946 g ( $9.45 \times 10^{-4}$  mol) of *N-N'* dicyclohexylcarbodiimide (DCC) (dissolved in 1g of DMSO) were added dropwise into the flask under vigorous stirring. The temperature was maintained at 60°C and the reaction mixture was stirred for 20 h. The system is then cooled down to room temperature and 5 ml of ethanol are added. The dicyclohexylurea crystals are eliminated by filtration and the polymer was precipitated into cold diethyl ether and solubilised into ethanol. This operation was repeated 3 times and then crude product is dissolved in water and finally freeze-dried to obtain a white powder.

*2.4. Preparation of aqueous solutions of HMPAA and of terpene-in-water emulsions.* The PAA-THG copolymers were directly mixed with sodium citrate buffer solution at pH 6 at the desired concentration, the solutions were stirred overnight at room temperature and filtered through PVDF 0.45 mm filters. Polymer concentrations ranged between 1 to 5 wt% corresponding to 10 to 50 g.L<sup>-1</sup>. The emulsions were prepared by adding the DHM oil phase to the copolymer solutions in sodium citrate buffer and stirred for 5 minutes prior to be emulsified at high shear pressure using a VibraCell 72408 ultrasonicator for 2 min at amplitude of 30%. Emulsion containers were immersed into an ice bath during sonication process and the distance of the tip from the bottom of the tube was the same for all experiments. The total mass of the emulsions was kept equal to 10 g and the weight fractions of DHM versus continuous phase ranged between 0.2 and 2 wt%.

*Methods.* <sup>1</sup>H, <sup>13</sup>C, and DOSY (diffusion-ordered spectroscopy) nuclear magnetic resonance (NMR) spectra were recorded at 25°C on a Brüker 400 MHz spectrometer in DMSO-d<sub>6</sub>.

The number average molar mass ( $\overline{M}_n$ ) and dispersity ( $D = \overline{M}_w/\overline{M}_n$ ) of the methylated PAA (= poly(methyl acrylate), PMA) were analyzed by size exclusion chromatography (SEC) running at 30°C with THF as eluent at a flow rate of 1 mL.min<sup>-1</sup>. The SEC system was equipped with three Waters Styragel columns HR 0.5, 2, 4 working in series (separation range  $1 \times 10^2$  to  $3 \times 10^6$  g.mol<sup>-1</sup>), a refractive index detector ERC 7515-A and a MALLS WYATT Optilab detector operating at 633 nm. All polymer samples were prepared at 1 to 5 g.L<sup>-1</sup> (0.1 to 0.5 wt-%) concentrations and filtered through PVDF 0.45 mm filters. The  $\overline{M}_n$  of the PMA samples was determined from SEC MALLS using a value of  $dn/dc$  value measured at 0.060 mL.g<sup>-1</sup> which is close to the one reported in reference [47].

The theoretical value of  $\overline{M}_n$  was calculated according to

$$\overline{M}_n = \frac{[AA]_0 \cdot M_{AA} \cdot \text{conversion}}{[CTA]_0 + [ACVA]_0(1 - e^{-kd})} + M_{CTA}$$

With  $M_{AA}$  and  $M_{CTA}$  the molecular weight of acrylic acid and of the trithiocarbonate chain transfer agent respectively,  $k_d$  the dissociation rate constant of ACVA in water at 80°C ( $k_d = 9 \times 10^{-5}$  from reference [48]).

The derivatized HMPAA samples were analyzed by proton NMR in order to calculate the average number of THG group grafted per polymer chain ( $N_{THG/PAA}$ , **Erreur ! Source du renvoi introuvable.**) and the average degree of substitution ( $\overline{DS}$ ) corresponding to a molar percent versus AA monomer units (**Erreur ! Source du renvoi introuvable.**).

$$N_{THG/PAA} = (I_a/9)/(I_b/\overline{DP}_{n, NMR})$$

Equation 1

$$\overline{DS} = (100 \times N_{THG/PAA})/\overline{DP}_{n, NMR}$$

Equation 2

Dynamic viscosities were determined with a rolling-ball AMVn Anton Parr micro-viscometer at 20°C and the results provided in the present work are the average of 5 measurements. The specific viscosity was calculated as follows:  $\eta_{sp} = (\eta - \eta_0)/\eta_0$ , where  $\eta_0$  is the dynamic viscosity of the buffer solution at pH 6 and  $\eta$  is the dynamic viscosity of the copolymer solution at a given concentration.

Dynamic light scattering (DLS) measurements of the micellar sizes and emulsion droplets size were performed with a Vasco-2 Particle Size Analyzer from Cordouan Technologies working at an angle of 135° and a wavelength of 658 nm. Autocorrelation functions were recorded using a multi-acquisition mode and the apparent diffusion coefficients were determined via the Pade-Laplace inverse algorithm. The hydrodynamic diameter was calculated from the Stokes-Einstein equation based on the diffusion coefficient. Both size distributions in intensity and in volume are provided in this work in order to gain a better insight into the droplets sizes characterization. The size distribution is derived from the intensity autocorrelation functions fitted with either single or multiple relaxation time distribution. The volume distribution traduces the volume fractions of particles of a given radius.

Static light scattering (SLS) measurements, of HMPAA solutions with concentrations ranging from 10 to 50 g.L<sup>-1</sup> (1 to 5 wt-%), were performed with a particle size analyser from Cordouan Technologies at different angles, between 30 and 140°. The root mean square radius, also called



the radius of gyration  $R_g$ , was determined by using the Zimm equation:  $\frac{Kc}{R(\theta,c)} = \frac{1}{M_w} \left( 1 + \frac{q^2 R_g^2}{3} \right) (1 + 2M_w A_2 c)$ , where  $\overline{M_w}$  is the average weight molar mass,  $K = 4\pi^2 n_0^2 \left( \frac{dn}{dc} \right)^2 / N_A \lambda^4$  and  $R(\theta) = R_T [(I - I_{sol}) / I_{tol}]$  the Rayleigh ratio of solution,  $R_T$  is the Rayleigh ratio of toluene and is equal to  $1.35 \times 10^{-5} \text{ cm}^{-1}$  for a HeNe laser,  $I$ ,  $I_{tol}$  and  $I_{sol}$  are the intensity of light scattered at  $\theta$  angle by respectively the polymer solution, toluene and solvent,  $n_0$  the refractive index of the solvent,  $n_T$  the refractive index of the toluene,  $N_A$  Avogadro's number. The refractive index increment  $dn/dc$  characterizes the change of the refractive index  $n$  with the concentration  $c$ . The  $dn/dc$  value of the HMPAA in water at pH 6 was considered equal to 0.15.[49] The scattering vector is  $q = 4\pi n_0 \sin\left(\frac{\theta}{2}\right) / \lambda$  with  $\lambda$  the wavelength of the light source,  $c$  is the concentration of polymer in solution.

The measurements of interfacial tension (IFT) and surface tension of the copolymer solutions were studied from dynamic measurements carried out using a Tracker tensiometer from TECLIS (Longessaigne, France), at  $20.0 \pm 0.2^\circ\text{C}$ . An oil drop was formed by using a needle, with a diameter of 0.84 mm, was immersed in PAA-THG aqueous solution for IFT measurements while a drop a PAA-THG aqueous solution was formed in air for surface tension measurements. The shape of the drop was followed on a CDD camera and surface tension was deduced from the mathematical analysis of this axial symmetrical shape (Laplacian profile). The drop volume was kept constant by automatic adjustment. Time  $t = 0$  was measured immediately after bubble formation.

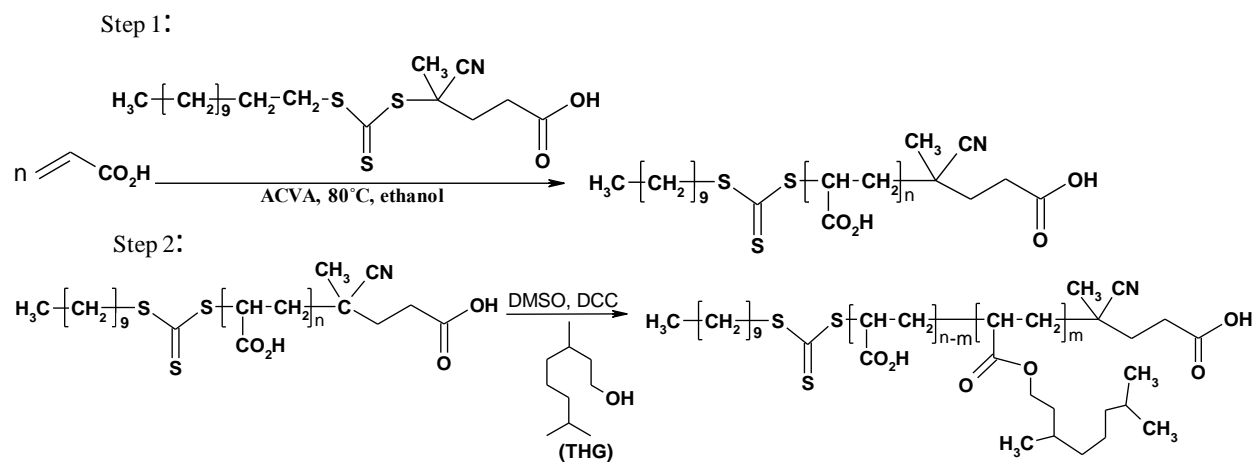
UV-Visible spectroscopy was performed with a Shimadzu UV-2450PC spectrophotometer in the 500 to 800 nm range, using a quartz cell with a path length of 1 cm.

### 3. Results and discussion

#### 3.1. Synthesis of poly(acrylic acid)(PAA) by RAFT polymerization and preparation of HMPAA.

Among the controlled radical polymerization techniques, reversible addition fragmentation polymerization (RAFT) involving a chain transfer agent (CTA)[50] and nitroxide mediated free radical polymerization (NMP)[51] proved their efficiency in controlling the polymerization of acrylic acid (AA) monomer. For such monomer, RAFT polymerization allows to perform the polymerization at lower temperature, hence broadening the range of available solvents, while NMP

was mainly performed at 110°C in dioxane. In the present work, the polymerization of acrylic acid (AA) was mediated by the 4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl] pentanoic acid CTA and carried out in ethanol at 80°C in the presence of 4,4'-azobis(4-cyanovaleric acid) as initiator (see Step 1 in **Scheme 1**).



**Scheme 1.** Step 1: RAFT polymerization of AA mediated by 4-cyano [(dodecylsulfanylthiocarbonyl)sulfanyl] pentanoic acid as chain transfer agent (CTA); Step 2: Synthesis of THG hydrophobically modified PAA.

A series of poly(acrylic acid) was prepared by varying the initial [AA]/[CTA] ratio at constant monomer concentration of 2.9 M. The macromolecular features of PAA reported in Table 1 show that polymers with different values of  $\overline{M}_n$  can be synthesized by tuning the initial concentration of the trithiocarbonate chain transfer agent. The SEC chromatograms of final PAA are unimodal and symmetrical with dispersity ranging between 1.2 and 1.4 (Figure S3 in ESI and Table 1), indicating polymers with a rather homogeneous distribution of chain lengths. As expected from literature, 4-cyano [(dodecylsulfanylthiocarbonyl)sulfanyl] pentanoic acid is an efficient chain transfer agent to control acrylic acid polymerization by the RAFT process.

**Table 1.** Macromolecular features of the PAA series synthesized by RAFT polymerization in ethanol at 80 °C for 3 hours of polymerization, [AA]<sub>0</sub> = 2.9 mol L<sup>-1</sup>.

Sample	$\frac{[AA]_0}{[CTA]_0}$	Conv.	$\overline{DP}_{n, PAA, NMR}^a$	$\overline{M}_{n, PMA, SEC}^b$ (g mol <sup>-1</sup> ) <sup>b</sup>	$\mathcal{D}^b$	$\overline{DP}_{n, PAA, SEC}^c$	$\frac{\overline{DP}_{n, NMR}}{\overline{DP}_{n, SEC}}$
PAA90	100	0.90	90	11310	1.21	127	0.71
PAA180	200	0.90	180	17280	1.24	196	0.92
PAA294	300	0.98	294	20770	1.35	236	0.80
PAA345	400	0.86	345	24450	1.46	280	0.80

<sup>a</sup> The number average degree of polymerization ( $\overline{DP}_{n, PAA, NMR}$ ) of PAA was calculated as follows:  $\overline{DP}_{n, PAA, NMR} = I_b/(I_a/3)$ ; where  $I_a$  and  $I_b$  are the integral values of respectively the methyl group of PAA chain end from the trithiocarbonate CTA ( $\delta_{CH_3} = 0.8$  ppm) and the methine group of the PAA backbone ( $\delta_{CH} = 2.2$  ppm) in the proton NMR spectra. A typical example of <sup>1</sup>H NMR spectrum is given in ESI (**Figure S2**).

<sup>b</sup> Number-average molar mass and dispersity of methylated PAA determined by SEC-MALLS;

<sup>c</sup>  $\overline{DP}_{n, PAA, SEC}$  values were calculated as follows:  $\overline{DP}_{n, PAA, SEC} = (\overline{M}_{n, PMA, SEC, MALLS} - M_{CTA}) / 86$ , as the molar mass of the methyl acrylate monomer unit corresponding to the methylated PAA is 86 g.mol<sup>-1</sup>.

The average degree of polymerization calculated from the proton NMR spectra ( $\overline{DP}_{n, NMR}$ ) evolves according to the initial  $[AA]_0/[CTA]_0$  ratio and shows comparable values within the range of 10% error limits with the theoretical degree of polymerization ( $\overline{DP}_n = \text{monomer conversion} \times [AA]_0/[CTA]_0$ ) (see **Table 1**). It should be noticed that the values of  $\overline{DP}_{n, SEC}$  calculated on the basis of the number-average molar mass of the methylated PAA measured by SEC (MALLS detector) are systematically higher than those determined by NMR (Table 1). The values of the  $\overline{DP}_{n, NMR}/\overline{DP}_{n, SEC}$  ratio ranging between 0.7 and 0.9 indicate that  $\overline{DP}_{n, NMR}$  is underestimated due to the partial functionalization of PAA chains by the dodecyl trithiocarbonate end group as  $\overline{DP}_{n, NMR}$  is calculated considering 100 % of dodecyl chain ends. The partial functionalization of PAA is the sign of irreversible chain transfer reactions to ethanol solvent. The decrease of the slope of  $\overline{M}_{n, SEC}$  versus conversion plot together with a slight increase of dispersity with monomer conversion (see **Figure S4** in ESI) also support the occurrence of irreversible transfer reactions to ethanol, as reported by Loiseau et al..[50] It has been previously shown that replacing ethanol by 1,4-dioxane reduces such side reactions,[50, 52] though ethanol was preferred in this study to reduce solvent toxicity for cosmetic applications. Despite these transfer reactions, the macromolecular features of the poly(acrylic acid) synthesized in the present work were controlled

by the initial ratio of monomer over chain transfer agent to provide a series of PAA with a range of  $\overline{M}_n$  and a narrow molar mass distribution.

The PAA samples of different molar masses were hydrophobically modified by grafting the tetrahydrogeraniol (THG) monohydroxy-terpene via a Steglich esterification reaction involving DMAP and DCC as catalysts (step 2 in **Figure 1**). The NMR spectra of PAA-THG and THG are displayed in Figure S4, which highlights the absence of overlap between the methine signals of PAA backbone at 2.2 ppm and the tetrahydrogeraniol signals.

Table 2 summarizes the features of the series of HMPAA synthesized by esterification reactions with different initial fractions of THG versus acrylic acid units of PAA. In the following, these copolymers will be designated as PAA $_x$ -THG $_y$  with  $x$  for  $\overline{DP}_n$ ,<sub>NMR</sub> and  $y$  for THG molar content.

**Table 2: Features of HMPAA series synthesized by Steglich esterification with THG at 60°C for 20 h.**

<b>PAA</b>	<b>Samples</b>	$r_0$ (%) <sup>a</sup>	$N_{\text{THG/PAA}}$ <sup>b</sup>	$\overline{DS}$ <sup>c</sup> (%)	<b>Efficiency</b> <sup>d</sup> (%)
<b>PAA90</b>	PAA90-THG13	22	12	13	59
	PAA90-THG39	44	35	39	89
	PAA90-THG51	55	46	51	93
<b>PAA180</b>	PAA180-THG7	11	12	7	64
	PAA180-THG13	22	23	13	59
	PAA180-THG32	33	56	32	96
	PAA180-THG45	44	80	45	100
<b>PAA294</b>	PAA294-THG7	12	20	7	59
	PAA294-THG13	20	39	13	65
<b>PAA345</b>	PAA345-THG5	13	18	5	38
	PAA345-THG13	17	44	13	76

<sup>a</sup>  $r_0 = 100 \times n_{\text{THG},0}/n_{\text{AA},0}$  with  $n_{\text{AA},0}$  the number of moles of acrylic acid units in PAA,  $n_{\text{AA},0} = m_{\text{AA},0}/M_{\text{AA}}$ .

<sup>b</sup> Number of THG per PAA chains calculated with **Erreur ! Source du renvoi introuvable.**

<sup>c</sup> Degree of substitution calculated with **Erreur ! Source du renvoi introuvable.**

<sup>d</sup> Esterification efficiency =  $\overline{DS}/r_0$ .

The results of Table 2 show that the degree of substitution ( $\overline{DS}$ ) of PAA-THG can be tuned by the initial ratio of THG versus AA ( $r_0$ ) with an increase of the esterification efficiency from 38 to 100 % by rising  $r_0$ .

In order to confirm the efficient grafting of the THG, the purified copolymer was analysed by DOSY NMR (Figure 1). On the basis of the alignment of the diffusion coefficients of the methyl signal of THG moiety at  $\delta = 0.8$  ppm and the PAA backbone ( $\delta = 1.0 - 2.3$  ppm), one can conclude to an efficient THG grafting and the absence of free THG with lower diffusion coefficient.

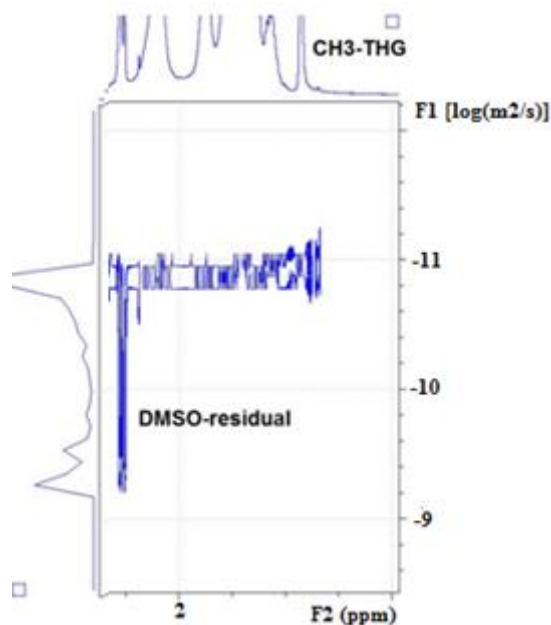


Figure 1. DOSY NMR spectrum of PAA90-THG39 copolymer in DMSO- $d_6$ .

### 3.2. Characterization of the PAA-THG aqueous solutions

With the aim to prepare transparent direct O/W nanoemulsions stabilized by the amphiphilic PAA-THG, the transmittance at wavelength of 600 nm of the HMPAA aqueous solution at pH 6 as well as the hydrodynamic diameters of the copolymers in solution were measured (see **Table S1** in ESI). Aqueous solutions of 1 wt% of PAA-THG produced transparent solutions with a value of transmittance above 98 % for the entire series of copolymers except for PAA180-THG45 with the highest degree of substitution (**Table S1**,  $T_{\lambda = 600 \text{ nm}} = 62 \%$ ). At this point it has to be mentioned that the samples PAA90-THG39 and PAA90-THG51 samples are not completely soluble in the sodium citrate buffer solution at pH 6. The lower transmittance of the aqueous solution of the more hydrophobic PAA180-THG45 copolymer is due to the presence of larger aggregates of mean hydrodynamic diameter ( $D_h$ ) centered at 190 nm while the analysis of the aqueous solutions of the other PAA-THG copolymers highlights that the main  $D_h$  of copolymer assemblies is systematically below 15 nm (Table S1). Dynamic light scattering reveals the presence of larger aggregates ( $D_h > 200 \text{ nm}$ ) for all the copolymer solutions but represented as a minor population as the volume distribution shows only one population  $D_h$  in the 8 – 13 nm range (**Table S1** and **Figure S6**).

It was of interest to determine the critical aggregation concentration (CAC) of the HMPAA in order to evaluate the self-assembly of the copolymer at the concentrations used to prepare the oil-in-water nanoemulsions. The values of CAC of the HMPAA were monitored by three different methods based on light scattering, viscosimetry and tensiometry. In order to assess the impact of the length of the PAA backbone on the CAC, we selected four HMPAA samples with a similar degree of substitution ( $\overline{DS} = 13 \text{ mol\%}$ ) and varied  $\overline{M}_n$  of PAA. The intensity of the scattered light of the aqueous PAA-THG copolymer solutions, measured via the average counts rate at constant laser intensity, was plotted as a function of the copolymer concentration (Figure 2). The crossover of the slopes indicates CAC values of PAA $x$ -THG13 ranging between 3.0 and 4.5 g.L<sup>-1</sup> (0.30 to 0.45 wt-%) (Figure 2). It has been previously demonstrated that slope break of scattered light intensity is as sensitive as fluorescence spectroscopy for the determination of the CAC.[53, 54]

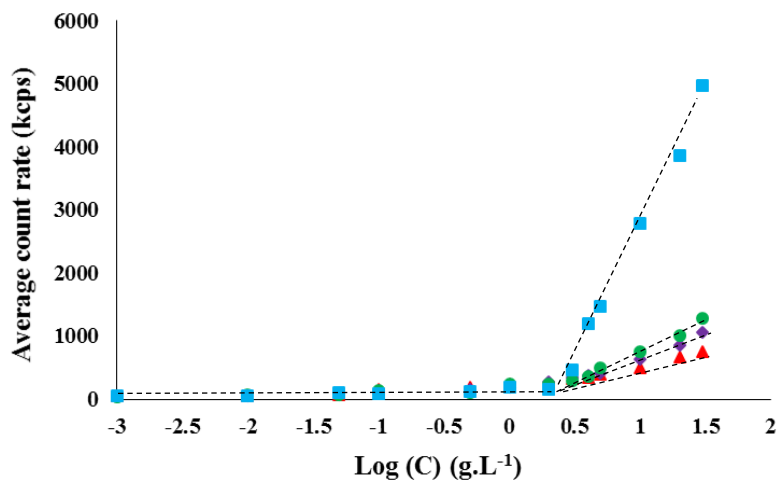


Figure 2. Intensity of the scattered light versus logarithmic concentration of HMPAA for PAA90-THG13 (triangles), PAA180-THG13 (diamonds), PAA294-THG13 (circles) and PAA345-THG13 (squares) in buffer solution at pH 6 at 20°C.

The evolution of the specific viscosity of the PAA<sub>x</sub>-THG13 aqueous solutions by rising the copolymer concentration follows a similar trend with values of CAC at crossover point in a similar range of 3.0 to 4.5 g.L<sup>-1</sup> (0.30 to 0.45 wt-%) (Figure 3). Note that the reduced viscosity expectedly increases with increasing the degree of polymerization of PAA (see slopes of Figure 3).

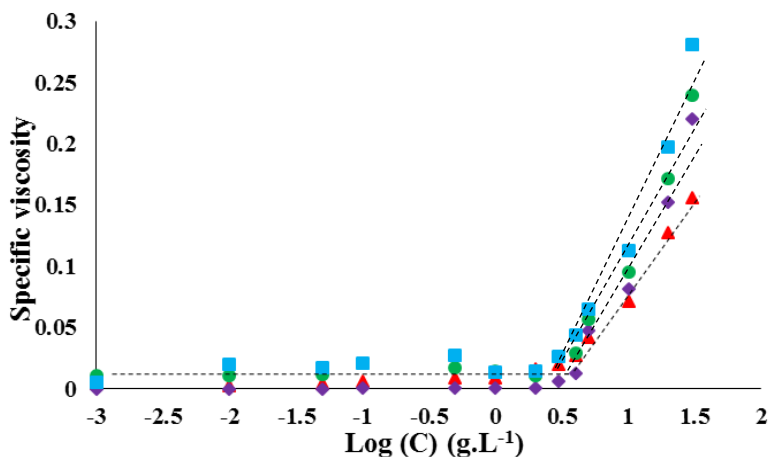


Figure 3. Specific viscosity versus copolymer concentration at 20°C for PAA90-THG13 (triangles), PAA180-THG13 (diamonds), PAA294-THG13 (circles) and PAA345-THG13 (squares)

Finally, the decrease of the surface tension ( $\gamma$ ) as a function of the copolymer concentration also provides CAC values at the first crossover point, with values of CAC also ranging between 3.5 to 4.5 g.L<sup>-1</sup> (0.30 to 0.45 wt-%) (

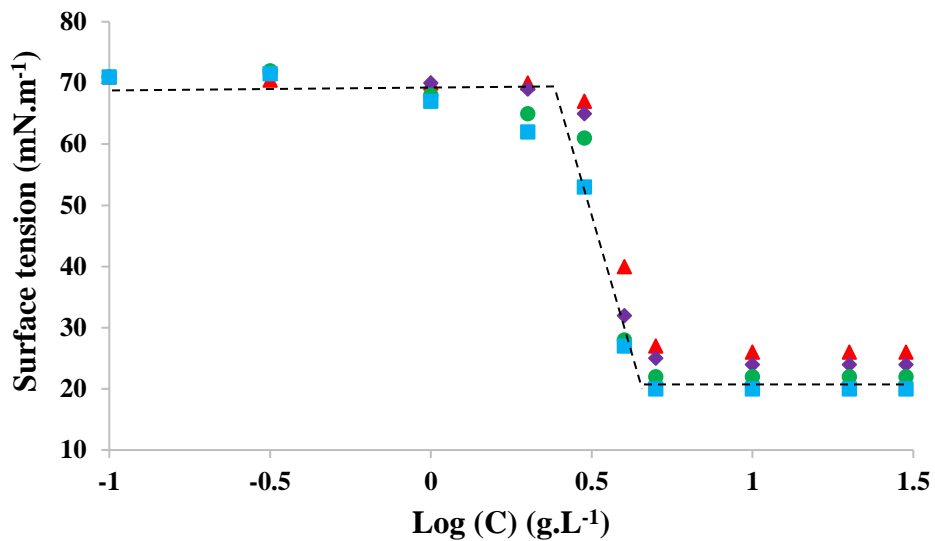


Figure 4).

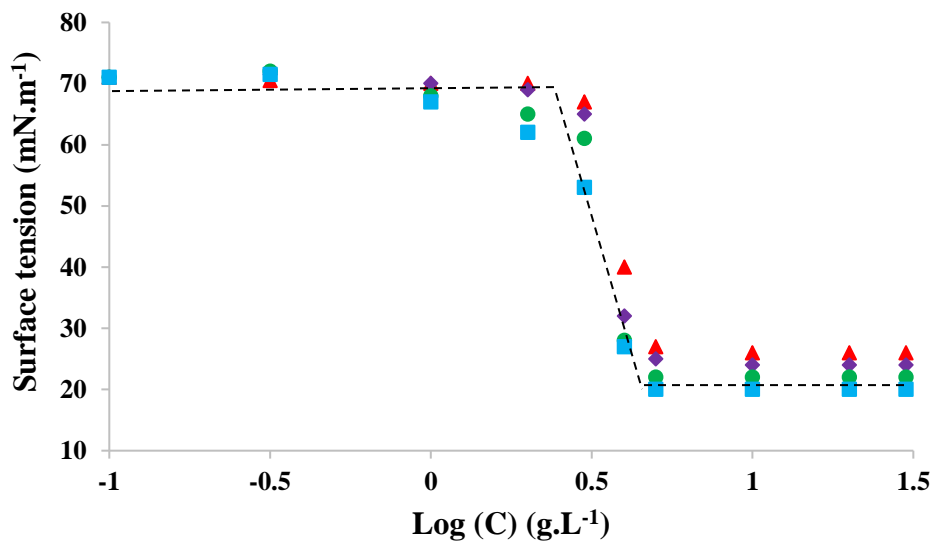




Figure 4. Surface tension versus copolymer concentration at 20°C for PAA90-THG13 (triangles), PAA180-THG13 (full diamonds), PAA294-THG13 (circles) and PAA345-THG13 (squares).

The values of the critical aggregation concentration of the series of PAA<sub>x</sub>-THG13 measured by DLS, viscometry and tensiometry are summarized in **Table 3**. It can be concluded that the average CAC value decreases by increasing  $\overline{M}_n$  of PAA backbone at constant  $\overline{DS}$  of 13 mol%. For a constant  $\overline{DP}_{n,NMR}$  (PAA180), rising the fraction of hydrophobic grafted THG from 13 to 32 mol% (Table 3, PAA180-THG13 and PAA180-THG32) induces a decrease of the CAC value.

**Table 3. Values of critical aggregation concentration (CAC) of PAA-THG copolymer in aqueous solution.**

Sample	CAC (g.L <sup>-1</sup> )			Average CAC value (g.L <sup>-1</sup> )
	DLS	Viscometry	Tensiometry	
<b>PAA90-THG13</b>	4.5	4.0	4.0	4.2 ± 0.2
<b>PAA180-THG13</b>	4.0	4.0	4.5	4.2 ± 0.2
<b>PAA294-THG13</b>	3.5	3.5	4.0	3.7 ± 0.2
<b>PAA345-THG13</b>	3.0	3.0	3.5	3.2 ± 0.2
<b>PAA180-THG32</b>	3.5	4.0	4.0	3.8 ± 0.2

It should be mentioned that the concentrations of PAA<sub>x</sub>-THG<sub>y</sub> in water further used for the preparation of the direct o/w nanoemulsions range between 10 and 50 g.L<sub>H2O</sub><sup>-1</sup> (1 to 5 wt%) which is 3 to 10 times higher than the CAC values (Table 3). In order to characterize the self-assembled aggregates of the HMPAA copolymer in water, we attempted to determine the aggregation number ( $N_{agg}$ ) of the PAA<sub>x</sub>-THG<sub>y</sub> (Table S2). The aggregation number is the ratio between  $\overline{M}_w$  of the self-assembled PAA-THG in water calculated from the Zimm plot and  $\overline{M}_w$  of the HMPAA single

copolymer measured by SEC THG (calculated on the basis of  $\overline{M}_w$ ,  $\overline{M}_{n,SEC}$  and  $\overline{DS}$  reported in Table 2). The copolymers with a degree of substitution below 15 mol-% tend to self-assemble into dimers ( $N_{agg} \sim 1.5 - 2.5$ ) except for PAA with the highest PAA chain length (PAA345-THG13,  $N_{agg} \sim 14$ ) which aggregates into more diffusing objects (see Figure 2). The increase of the grafted hydrophobic tetrahydrogeraniol fraction up to 32 mol-% for PAA180 induces an increase of the aggregation number to trimers (Table S2). These results are in concordance with those obtained by Hao et al.[55] who investigated the self-assembly of dodecyl-modified PAA copolymers in water for PAA of  $\overline{M}_w = 2.5 \times 10^5$  g.mol<sup>-1</sup>. These copolymers self-assembled into either unimolecular chains for a dodecyl content in the range of 10 to 34 wt-%, or to plurimolecular aggregates of four chains for a dodecyl content up to 40 wt-%.

### 3.3. Characterization of the terpene-in-water direct emulsions

Dihydromyrcenol (DHM) was used as dispersed oil phase for the preparation of different oil-in-water emulsions. The concentration of the amphiphilic PAA-THG copolymer used as stabilizer was varied between 10 to 50 g.L<sup>-1</sup> (1 and 5 wt-%) versus the water phase. The fraction of the DHM dispersed phase ranged between 0.2 and 2 wt-% based on the total volume of the emulsion. As described in the experimental section, the emulsions were prepared by the following procedure: the PAA-THG amphiphilic copolymer at the required concentration is first poured into the aqueous buffer solution at pH 6 prior to add the dihydromyrcenol oil phase. The emulsion is submitted to stirring and ultrasonication high shear.

We first monitored the impact of the amphiphilic PAA-THG copolymer on the DHM/water interfacial tension (IFT), which plays an important role in the emulsification process. It is well known that the interfacial tension is affected by the surfactant concentration and molar mass and also by its hydrophilic/lipophilic balance. It should first be mentioned that all PAA-based copolymers are efficient stabilizers as the presence of these copolymer systematically induced a decrease of the interfacial tension in comparison with the initial value of DHM/aqueous buffer solution system showing an IFT value of 9.8 mN/m at 600 s. The impact on the IFT of the degree of polymerization ( $\overline{DP}_n$ ) of the initial PAA backbone was investigated for the copolymer series exhibiting a degree of substitution in THG equal to 13 mol-% (PAA<sub>x</sub>-THG13 with  $x = \overline{DP}_{n,NMR} = 180, 294, 345$ , see **Figure S7** in ESI). The perfect overlay of the plots reveals the absence of

significant effect of  $\overline{DP}_n$  of PAA backbone of the HMPAA on the IFT values. On the other hand, the degree of substitution of PAA180-THG<sub>y</sub> ( $x = \overline{DS} = 0, 7, 13, 32$  see **Figure S8** in ESI) noticeably influences the interfacial tension. Indeed, IFT values decreased by increasing the substitution degree from 0 to 32 mol% of hydrophobic THG. As expected, the lowest value of IFT, of 2 mN/m, was obtained for PAA180-THG32 copolymer with the highest fraction of grafted hydrophobic THG. The effect of  $\overline{DP}_n$  and  $\overline{DS}$  of PAA-THG amphiphilic copolymers on interfacial tension between dihydromyrcenol and water is summarized in Figure 5.

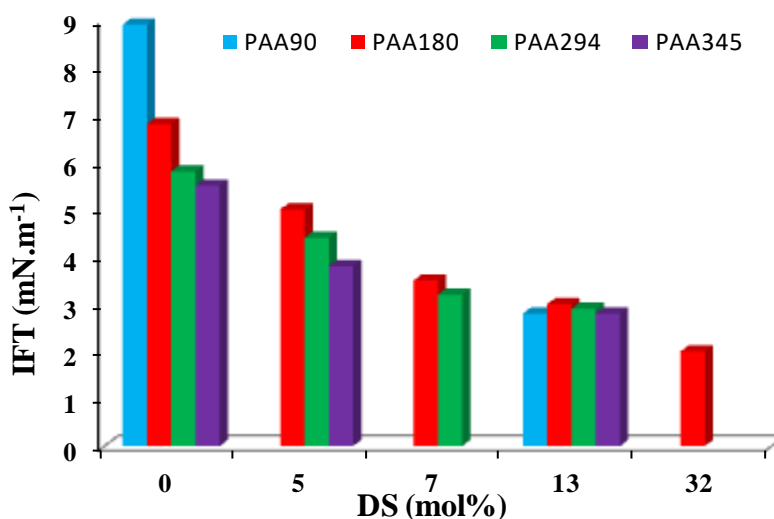


Figure 5. Variation of the interfacial tension (IFT) of DHM/water as a function of the degree of substitution ( $\overline{DS}$ ) for PAA<sub>x</sub>-THG<sub>DS</sub> with  $\overline{DP}_{n,PAA} = x = 90, 180, 294, 345$ . The copolymer concentration is 10 g.L<sup>-1</sup> (1 wt%) based on the aqueous solution at pH 6 (sodium citrate buffer), T = 20°C. The reference IFT value of DHM/water in the absence of polymer is 9.8 mN.m<sup>-1</sup>

Figure 5 evidences that the most significant effect on the DHM/water interfacial tension is the degree of substitution as increased  $\overline{DS}$  reduced IFT value for all PAA-THG copolymers. The decrease of IFT by rising the  $\overline{DP}_n$  of PAA backbone is observed for PAA ( $\overline{DS} = 0$ ) and PAA-THG of low  $\overline{DS}$  (< 7 mol%) but this effect is minimized for  $\overline{DS}$  of 13 mol%.

A first series of terpene in water direct emulsion stabilized by the terpene-based HMPAA copolymer was prepared with 0.2 wt% of dihydromyrcenol (DHM) and 10 g.L<sup>-1</sup> (1 wt%) of PAA-THG based on the water phase at pH 6 (Table 4). The variation of the emulsion transparency, assessed through the transmittance at wavelength at 600 nm, as a function of both the average degree of polymerization of the PAA backbone and the  $\overline{DS}$  value, is summarized in Table 4. It

should be mentioned that the emulsions of the present work were classified in the following three categories, according to the transmittance ( $T$ ) values at 600 nm as well as visual observations (see pictures in **Figure 6**): transparent emulsions with  $T$  ranging between 70 % and 100 %, translucent emulsions for  $T$  values ranging between 50 % and 70 % and cloudy emulsions characterized by a transmittance lower than 50%.



**Figure 6.** Pictures of different types of emulsions as a function of the transmittance ( $T$ ) values.

**Table 4.** Transmittance at wavelength of 600 nm ( $T$ ) and hydrodynamic diameters ( $D_h$ ) values of DHM-in-water emulsions prepared with 0.2 wt% of DHM dispersed phase and 10 g.L<sup>-1</sup> (1 wt%) of PAA-THG on the basis of the water phase.

Emulsion	E1	E2	E3	E4	E5
<b>Copolymer</b>	PAA90- THG13	PAA180- THG13	PAA294- THG13	PAA345- THG13	PAA180- THG32
$T_{\lambda = 600 \text{ nm}} (\%)$	98.4	97.0	65.3	35.9	98.2
$D_h (\text{nm})^a$	12	13	725	1245	12
<b>Observation</b>	Transparent	Transparent	Translucent	Cloudy	Transparent

<sup>a</sup>  $D_h$  from the volume distribution in DLS.

Despite the low variation of DHM/water interfacial tension with  $\overline{DP}_n$  of PAA of PAA $_x$ -THG13 for  $\overline{DS}$  13 mol% (Figure S7 and Figure 5) and the high level of transparency of the copolymer aqueous solutions (Table S1), the increase of  $\overline{DP}_n$  of PAA $_x$ -THG13 stabilizer ( $\overline{DS} = 13$  mol%) induced a decrease of the transmittance of the emulsions (E1 to E4, Table 4). The curvature of the nanoemulsion droplets ( $D_h \sim 13$  nm, see Table 4) is higher than the curvature of the large DHM drop used for IFT measurements. One can suggest that the conformation of the PAA-THG copolymer at the oil/water interface of the small droplets is hindered by increasing the PAA molar mass, thus favouring the formation of larger droplets ( $D_h > 700$  nm) to decrease the curvature. This enhances the light diffusion ( $35 < T < 65$  %, see Table 4) and induces loss of transparency. Transparent emulsions were obtained with the PAA $_x$ -THG $_y$  copolymers with the lowest degrees of polymerization ( $x = 90$  and  $180$ ) whatever the  $\overline{DS}$  value (E1, E2 and E5 in Table 4). Thus these HMPAA copolymers were selected as emulsifiers to prepare direct DHM-in-water emulsions with a higher fraction of dispersed DHM phase of 1 wt% (Table 5) and 2 wt% (Table S3 in ESI). As reported in Table 5, the weight ratio between the HMPAA stabilizer and the DMH dispersed phase was tuned between 2 to 5.

**Table 5. Transmittance ( $T$ ) values at 600 nm of DHM-in-water emulsions (E) prepared with 1 wt% of DHM dispersed phase on the basis of water and different copolymer ratios.**

Emulsion	Copolymer	$m_{\text{HMPAA}}/m_{\text{DHM}}$	$T_{\lambda = 600 \text{ nm}}$ (%)	Visual observation for emulsion
E6	PAA90-THG13	2	1.4	Cloudy
E7		3	86.5	Transparent
E8		4	94.0	Transparent
E9		5	94.9	Transparent
E10	PAA180-THG13	2	0.1	Cloudy
E11		3	2.6	Cloudy
E12		4	30.7	Cloudy
E13		5	91.7	Transparent
E14	PAA180-THG32	2	0.5	Cloudy
E15		3	91.7	Transparent
E16		4	94.6	Transparent
E17		5	95.4	Transparent

It can first be noticed that for PAA90-THG13 emulsifier, transparent emulsions (E7 to E9) are obtained for weight ratio of emulsifier versus dispersed phase ( $m_{\text{HMPAA}}/m_{\text{DHM}}$ ) equal or above 3 (Table 5) whereas transparency is observed only at a ratio of 5 for PAA180-THG13 emulsifier with higher value of  $\overline{DP}_n$  and similar  $\overline{DS}$  (E13). This effect of  $\overline{DP}_n$  is in accordance with the conclusions previously drawn from Table 4. At a constant  $\overline{DP}_n$  of 180, the increase of  $\overline{DS}$  in hydrophobic THG (PAA180-THG32) allowed for the preparation of transparent emulsions at lower weight ratio of emulsifier versus dispersed phase ( $3 \leq m_{\text{HMPAA}}/m_{\text{DHM}} \leq 5$ , E15 to E17 in Table 5). The efficient PAA90-THG13 and PAA180-THG13 emulsifiers provided the ability to produce transparent emulsions at higher content of DHM dispersed phase (2 wt% based on water phase) for  $m_{\text{HMPAA}}/m_{\text{DHM}}$  ratio of 5 (see Table S3 emulsions E18-E19). However, at such higher concentration of emulsifier based on the aqueous phase at pH 6 ( $[\text{PAA-THG}] = 10 \text{ wt\%} = 100 \text{ g.L}^{-1}$ ), the more hydrophobic PAA180-THG32 became insoluble and provided cloudy solutions.

As intermediate conclusion, the structure of the PAA $_x$ -THG $_y$  drives the formation of nanoemulsions with the required high level of transparency. The optimised structure of the emulsifier consists in a PAA backbone with a moderate degree of polymerization ( $\overline{DP}_n \leq 180$ ) and an intermediate degree of substitution in hydrophobic THG side chains ( $13 \leq \overline{DS} \leq 32$ ). It should be noticed that depending on  $\overline{DP}_n$  value, the increase of the hydrophobic THG content faced issues of emulsifier solubility (see insolubility of PAA90-THG39 and PAA90-THG51 at  $10 \text{ g.L}^{-1}$  (1 wt%) reported in the second part of this article and insolubility of PAA180-THG32 at  $100 \text{ g.L}^{-1}$  (10 wt%) (Table S3)). These results highlight the interest in implementing controlled radical polymerization of acrylic acid in order to finely tune the  $\overline{DP}_n$  of the PAA precursor of the amphiphilic PAA-THG emulsifiers. All the terpene-in-water emulsions with high level of transparency were characterized by dynamic light scattering (DLS) in order to give an insight in their droplet sizes (see Table S4 in ESI). The hydrodynamic diameters ( $D_h$ ) of the main droplets are systemically below 50 nm so the emulsions can be designated as nanoemulsions. DLS analyses revealed a main population of very small nanodroplets (fast mode of relaxation) with  $D_h$  values below 15 nm and a minor second population of larger droplets (slow mode of relaxation) of  $D_h$  ranging between 50 and 180 nm depending on the PAA-THG emulsifier structure. The calculated fraction in volume of these larger droplets is obviously negligible (see Table S4 in ESI) as the associated scattered light intensity represents only 25 % to 70 % of scattered light depending on their size. Finally, the stability of the transparent nanoemulsions with time was investigated by

monitoring the transmittance in the wavelength range of 500 to 800 nm for three months of storage at room temperature. A typical example of the transmittance evolution for the different storage durations is provided in Figure S9 of ESI. The results for emulsion E16 showed that transmittance value decreased slowly with time. The decrease of transmittance is more significant for transmittance measured at lower wavelength (21 %, 13 % and 7 % of transmittance loss after 3 months for respectively  $\lambda = 500$  nm, 600 nm and 800 nm respectively). It is important to note that the selected E16 nanoemulsion remains transparent even after 3 months of storage at room temperature since the transmittance value remained above 70 %.

#### 4. Conclusion

In summary, a series of amphiphilic copolymers based on acrylic acid (AA) and tetrahydrogeraniol (THG), molecules that can be synthesized from renewable resources, have been conveniently prepared to target different chain lengths of PAA backbone and various degrees of substitution ( $\overline{DS}$ ) in hydrophobic THG side chains. Reversible addition fragmentation transfer (RAFT) polymerization was first implemented to produce a series of PAA of low dispersity and controlled average degree of polymerization ( $\overline{DP}_n = 100$  to 300). The efficient esterification of PAA with monohydroxy-THG terpene, confirmed by DOSY NMR, produced amphiphilic copolymers with  $\overline{DS}$  ranging between 7 and 45 mol%. The critical aggregation concentration (CAC) of these amphiphilic copolymers dispersed in aqueous solution at pH 6 was determined by three different methods (viscosimetry, surface tension and dynamic light scattering) which converged towards similar CAC values, from 3.2 to 4.2 g.L<sup>-1</sup> (0.32 to 0.42 wt-%) depending on copolymer structure. The hydrophobically modified PAA proved to be efficient polymeric emulsifiers to stabilize terpene-in-water direct emulsions with dihydromyrcenol (DHM) as dispersed phase. The objective of the present work to prepare transparent nanoemulsions stabilized by a bio-based polymeric emulsifier was achieved by tuning the structure of the PAA<sub>x</sub>-THG<sub>y</sub> copolymers. The optimised structure of the emulsifier for emulsion transparency consists in a PAA backbone with a moderate degree of polymerization ( $\overline{DP}_{n,PAA} \leq 180$ ) and an intermediate degree of substitution in hydrophobic THG side chains ( $13 \leq \overline{DS} \leq 32$  mol%). Fragrance-based aqueous formulations of

high level of transparency were successfully prepared for varying concentrations of DHM terpene dispersed phase (0.2 to 2 wt-%) by adjusting the copolymer/DHM weight ratio.

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## Appendix A. Supplementary material

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