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Witold Krasny^{1,2,3,4} · Claire Morin^{1,2,3} · Hélène Magoariec⁴ · Stéphane Avril^{1,2,3*}

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Abstract The load bearing properties of large blood vessels are principally conferred by collagen and elastin networks and their microstructural organization plays an important role in the outcomes of various arterial pathologies. In particular, these fibrous networks are able to rearrange and reorient spatially during mechanical deformations. In this study, we investigate for the first time whether these well-known morphological rearrangements are the same across the whole thickness of blood vessels, and subsequently if the underlying mechanisms that govern these rearrangements can be predicted using affine kinematics. To this aim, we submitted rabbit carotid samples to uniaxial load in three distinct deformation directions, while recording live images of the 3D microstructure using multiphoton microscopy. Our results show that the observed realignment of collagen and elastin in the media layer, along with elastin of the adventitia layer, remained limited to small angles that can be predicted by affine kinematics. We show also that collagen bundles of fibers in the adventitia layer behaved in significantly different fashion. They showed a remarkable capacity to realign in the direction of the load,

*correspondance to: avril@emse.fr

^{1.} Ecole Nationale Suprieure des Mines de Saint-Etienne, CIS-EMSE, SAINBIOSE, F-42023 Saint Etienne, France

^{2.} INSERM, U1059, F-42000 Saint Etienne, France

^{3.} Université de Lyon, SAINBIOSE, F-42000 Saint Etienne, France

^{4.} Laboratoire de Tribologie et Dynamique des Systèmes, CNRS UMR 5513, Université de Lyon, Ecole Centrale Lyon, France

whatever the loading direction. Measured reorientation angles of the fibers were significantly higher than affine predictions. This remarkable property of collagen bundles in the adventitia was never observed before, it shows that the medium surrounding collagen in the adventitia undergoes complex deformations challenging traditional hyperelastic models based on mixture theories.

 $\mathbf{Keywords} \ \ Carotid \ artery \cdot microstructure \cdot adventitia \cdot media \cdot uniaxial \ load$

1 1 Introduction

Cardiovascular disorders are a significant public health issue affecting ageing pop-2 ulations globally and causing considerable public health expenses (31% of total 3 mortality in 2012 - source: World Health Organization). In numerous cases, the л disorder involves significant changes in the vascular mechanical properties, gener-5 ating extensive studies about arterial biomechanics and mechanobiology. In this 6 respect, a common approach to vascular biomechanics consists in submitting sam-7 ples of arterial tissue to mechanical bench tests in order to characterize their 8 macroscopic mechanical properties. Existing investigations [4,37,14] consisted in q applying a tensile loading on flat samples of arterial material, revealing in partic-10 ular the material's ability to undergo large strains and a characteristic stiffening 11 occurring above a given tensile stress. In order to capture this complex mechani-12 cal behavior and a potential anisotropy of the response, uniaxial tensile tests have 13 been performed independently in the axial and circumferential directions [32, 8], 14 and separately to the different layers of the composite structure of the arterial 15 wall [22,46]. In parallel to this macroscopic characterization of the mechanical 16 properties, the microstructure of the vascular wall has been extensively analyzed 17 by different microscopy techniques. In particular scanning electron microscopy al-18 lowed a morphological analysis of the arterial microstructure at the micron scale 19 [20, 55, 12, 35]. As for dynamic 2nd harmonic microscopy, it enabled simultaneous 20 image acquisition and optical analysis of collagen fiber orientation, by means of 21

²² the collagen's optical property of second harmonic generation in the presence of

an intense laser beam coupled to a polarizer [43,48,26]. Confocal microscopy and 23 multiphoton microscopy enabled live imaging with independent emissions signals 24 corresponding to elastin and collagen [50] providing a 3D point of view on morpho-25 logical characteristics of the vascular wall, and allowing the evaluation of volume 26 fractions of the different components of the microstructure [31]. These techniques 27 revealed the morphology of each concentric layer (intima, media, adventitia). Con-28 cerning the intima, it is composed of endothelial cells, oriented longitudinally [37]. 29 As for the media, it is composed principally of circumferentially oriented smooth 30 muscle cells and collagen fibers embedded in an elastin network [56, 10, 53, 13, 16]. 31 Finally, the adventitia is composed of thick collagen bundles and of a net of heli-32 cally oriented elastic fibers [6]. Recently, a special attention has been dedicated to 33 further characterize collagen and elastin fibers, for instance by measuring the wavi-34 ness of adventitial collagen [36], fiber segment length and the radially-connecting 35 fiber density in the media [49,29]. Also, several studies started investigating the 36 link between the arterial tissue's macroscopic mechanical response and the associ-37 ated rearrangements of its microstructure, by coupling mechanical testing with live 38 microscopy. The latter studies confirmed the load-bearing properties of collagen 30 fibers and revealed a progressive morphological rearrangement under load, namely 40 decrimping and reorientation of the collagen fibers in the direction of the load, as 41 well as the subsequent stiffening of the material's response [48, 45, 18, 54]. Those 42 tests consisted in the application of uniaxial tension on flat samples [52,21,38], 43 biaxial tension on flat samples [39,23,47,27,28,7], or tension-inflation on cylindri-44 cal samples [19,58,17]. The observed morphological rearrangements concerned in 45 particular bundle waviness and orientation [6, 40, 28, 54]. 46

As a conclusion, extensive characterizations of both the mechanical layerspecific anisotropic behavior of the arterial wall, and the load-free microstructure morphology exist. Moreover, studies aiming at the characterization of load-induced microstructure rearrangements also exist and come up with advanced insights into the coupling between macro-mechanical response and tissue microstructure rear-

rangements. However neither the underlying microscopic mechanisms governing 52 the load-induced microstructure rearrangements nor the inter-layer differences in 53 the rearrangements of the collagen and elastin networks have been characterized. 54 This paper is devoted to bridge these gaps in knowledge, by answering the fol-55 lowing questions: are the well-known morphological changes of the vascular tissue 56 under load (uncrimping, realignment) dependent on the direction of the load, on 57 the vascular layer, and on the constituent under consideration? Are these mor-58 phological changes governed exclusively by the rule of affine transformations [5, 59 25]?60

61 2 Materials and methods

62 2.1 Sample preparation

Seven carotid arteries (Fig. 1(a)) were harvested from healthy male New Zealand 63 White rabbits, weighing 3 kg approximately. Excisions were realized at the Veteri-64 nary Campus of the Université de Lyon (VetAgro Sup, Marcy l'Étoile, FR). Rab-65 bit cadavers, previously sacrificed under compliance with the NIH Guide for Care 66 and Use of Laboratory Animals, were kindly provided by Centre Lago (Vonnas, 67 FR). The length of each carotid was measured in vivo and ex vivo, i.e. immedi-68 ately after harvesting (Table 1 - columns 2 and 3), in order to evaluate the in vivo 69 pre-stretch condition (computed as the ratio of the ex vivo length to the in vivo 70 length, Table 1 - column 4). The arteries were immediately frozen at -20 °C until 71 the day of the experimental tests and unfrozen in a bath of phosphate-buffered 72 saline (10x PBS, pH 7.1) at ambient temperature (24 °C). 10 mm long cylindrical 73 portions were excised from the arteries and longitudinally cut open, with a result-74 ing width of approximately 5 mm. For each artery, a 0.5 mm long ring (Fig. 1(b)) 75 was also extracted for optical measurement of the arterial thickness (Table 1 - last 76 column). This resulted in a cross-sectional area of 0.5 ± 0.1 mm². The rectangular 77 strips were cut into dogbone shapes [21] aligned along the three following in-plane 78

⁷⁹ directions: circumferential, longitudinal, and an intermediate direction making a ⁸⁰ 45° angle with respect to the longitudinal direction (see Fig. 2(a) for a sketch of ⁸¹ the sample preparation). In the following, this intermediate direction will be re-⁸² ferred to as the diagonal direction. Twelve samples (four in each orientation group) ⁸³ were dedicated to mechanical testing coupled to multiphoton microscopy, while 6 ⁸⁴ additional samples (two in each orientation group) were dedicated to mechanical ⁸⁵ testing alone.

⁸⁶ 2.2 Tensile test

A screw-driven high precision tensile machine (Deben[®] Microtest tensile/compression 87 stage) was used for uniaxial tensile tests, with a 150 N capacity load cell (Fig. 1(c)). 88 The load cell signal provided a 0.01 N precision with satisfactory stability. The 89 two heads of the tensile device moved in opposite directions, while the force and 90 the displacement were recorded. Particular care was taken to ensure that the pro-91 tocol for sample fixation limited the risk of inducing any pre-strain or pre-stress 92 in the sample. Each sample underwent quasi static triangular preconditionning. 93 According to the choice made by Hill et al. [21], a displacement-speed control was 94 applied a rate of $0.5 \text{ mm} \cdot \text{min}^{-1}$, corresponding to a relative elongation speed of 95 0.2 min^{-1} , with fixed target tensile force equal to 1N. During the mechanical test, 96 the sample was continuously immerged in PBS at a constant ambient tempera-97 ture of 24 °C. After preconditioning, four measures of the sample width in the 98 unloaded configuration were recorded using a caliper and averaged [21]. An image 99 of the harvested ring of the artery was taken using a macro optic objective (Nikon 100 D7200[®] optical camera equipped with Nikon AF-S VR Micro-Nikkor[®] optical 101 105 mm f/2.8 G IF-ED lens). The caliper in 0.5 mm opening position was placed 102 next to the sample ring in order to caliber the pixel size and subsequently measure 103 the thickness of the arterial wall. The measures of the sample width and thick-104 ness allowed the computation of the reference cross-sectional area A_0 (under zero 105 load, after preconditioning) and of the first Piola-Kirchhoff (engineering) stress 106

¹⁰⁷ [21] $\sigma_{PK} = F/A_0$, where F is the displacement-dependent measure of the tensile ¹⁰⁸ force. The stretch was computed from the actual and reference inter-clamp length ¹⁰⁹ of the strip (respectively l and l_0) as: $\lambda = l/l_0$. The reference length of the strip ¹¹⁰ was defined as the interclamp length of the strip after preconditioning.



Fig. 1 (a) Excised carotid artery from a New Zealand White rabbit; (b) Cross-sectional ring of the artery for optical thickness measurement; (c) Tensile machine.



Fig. 2 (a) Schematic representation of the vascular tissue samples, prepared from cut-open cylindrical portions of New Zealand White rabbit carotid arteries; (b) Schematic representation of the experimental setup composed of a tensile machine coupled to a multiphoton microscope.

111 2.3 Multiphoton Microscopy

- 112 A multiphoton microscope (NIKON, A1R MP PLUS) of the IVTV platform (En-
- ¹¹³ gineering and Ageing of Living Tissues Platform, ANR-10-EQPX-06-01) was used

to image the collagen and elastin networks of the samples (Fig. 2(b)). Setting the 114 excitation wavelength to 870 nm [21] allowed collecting autofluorescence and col-115 lagen second harmonic generation (SHG) signals through 500-550 nm and 400-492 116 nm band-pass filters respectively [25], without any staining or fixation. The imag-117 ing resolution was set to 0.5 μ m in all directions [21,40] with a 512 μ m² imaging 118 window. This setting resulted in stacks of images characterized by 60 to 90 µm 119 thicknesses, depending on the quality of the signal at in-depth focal position. In 120 order to achieve an optimal compromise between image quality and acquisition 121 time, the scan speed was set to 0.25 frames per second, with two-frame averaging. 122 This setting resulted in acquisition times of approximately 20 to 30 minutes for a 123 given elongation configuration. Each arterial tissue sample underwent two imag-124 ing sequences: one sequence with the adventitial side facing the objective of the 125 microscope after five preconditioning cycles [21]; and the other sequence with the 126 intimal side facing the objective after two additional stabilizing preconditioning 127 cycles. Images were taken in the unloaded configuration and in three gradually 128 loaded configurations, respectively at 0.2 N, 0.5 N, and 0.8 N. Before imaging, a 129 period of 10 to 15 minutes was observed in order to stabilize the tissue after initial 130 material creep. Creep dynamics were previously analyzed and it was shown that 10 131 minutes were sufficient to avoid an important creeping. It was also observed by live 132 imaging that possible further creep did not modify noticeably the microstructure 133 morphology. 134

135 2.4 Image analysis

The image stacks representing collagen and elastin were analyzed in terms of spatial orientation of the fibrous networks. Previous studies have investigated the transmural angle (radial direction) of the fibers and showed that it is negligible in comparison to the in-plane angle [38, 36, 40]. They have also showed that the most relevant morphological changes in the microstructure occur in the circumferential and longitudinal directions. Subsequently, we focused in the following on the analysis of the in-plane angles of the fibrous networks. Prior to the analysis of relative angle densities, the image stacks were pre-processed so that they could represent the true tissue morphology on two-dimensional images while enabling liable angle density extraction. To this aim, the stack portion representing the adventitial layer of the vascular wall was subdivided into three equally thick sublayers (20-30 µm) and each sublayer was projected orthogonally onto a single image using a maximum intensity projection algorithm. The choice of three sublayers allowed to achieve an optimum between image pixel density and fiber trans-mural continuity (due to non-zero transmural angles which could cause bias in the angle density analysis). Pre-processing of the media stack consisted in a projection in the thickness of one representative lamella (5-10 µm), after verification of the equivalent morphologies of the different lamellae. The resulting set of 2D images used for the analysis of the fiber angle density consisted in three images of the adventitial collagen, three images of the adventitial elastin, one image of the medial collagen and one image of the medial elastin (Fig. 3(a)). The relative angle densities of the fibrous networks seen on each of these images were analyzed by combining wedge-shape integration of the Fourier power spectrum [2,42,41] (Fig. 3(b)) and a custom method for the extraction of local density maxima with their associated dispersions (Fig. 3(c)). Local density maxima were determined by a standard peak detection algorithm. The associated dispersions were evaluated by first determining an arbitrary density threshold that represented a cumulative percentile of total fiber angles extracted from the image, and secondly by reading out angle values corresponding to this threshold. Explicitly, let θ represent a local orientation angle, and $d(\theta)$ the angle density of the analyzed image; the angle density threshold p is the angle density below which the fraction $\alpha_p = 0.8$ of the total fibers is counted, i.e. the solution of the following equation:

$$\alpha_p = \frac{\int_0^\pi \min(d(\theta), p)d\theta}{\int_0^\pi d(\theta)d\theta} = 0.8.$$
 (1)

¹³⁸ 2.5 Predicting the amplitude of fiber rotation by affine reorientation

The assumption of affine reorientation considers that the fibers are continuously embedded in their surrounding matrix and are therefore constrained to the same deformation gradient as the matrix [3,5,25]. For a uniaxial tensile loading, the fiber orientations θ can be computed as a function of the initial angle θ_0 and deformation stretch λ (Fig. 3(d)) by:

$$\theta = \arctan(\lambda \tan \theta_0). \tag{2}$$

The angle values predicted by Equation (2) are compared to the experimentally 139 measured angles in order to analyze to which extent this affine reorientation can 140 predict true fiber network reorientations. In particular, the adventitial collagen 141 bundles showed, in the load-free state, a dense crimped configuration for which it 142 was difficult to extract global orientations of the bundles using traditional image 143 processing techniques (Fourier analysis, local gradients, ...). In order to avoid a 144 subsequent imprecision of the analysis, a specific method was designed to isolate 145 the global fiber rotation mechanism from the uncrimping mechanism, and to test 146 the hypothesis of affine kinematics only on the global reorientation of the fibers. To 147 this aim, we considered a deformation scenario which starts in the diagonally de-148 formed state and reaches the circumferentially and longitudinally deformed states 149 in two sequenced steps: diagonal unloading followed by circumferential or longi-150 tudinal loading. Accordingly, only deformed configurations with straight collagen 151 bundles needed to be processed for fiber angle analysis. Prediction errors were com-152 puted by dividing the difference between experimental and predicted fiber angles 153 by the experimental fiber angle. 154



Fig. 3 Summary of the image analysis method. (a) Partial z-projections of adventitial and medial microstructure image stacks; (b) Fast Fourier 2D analysis of microstructure images; (c) Local maxima dectection and associated relative dispersions evaluation on smoothed fiber angles density function; (d) Analytical computation of affine fiber reorientation.

155 3 Results

Specimen	Ex vivo	In vivo	In vivo	Thickness
	[mm]	[mm]	[-]	[mm]
1	4.3	7.1	1.6	0.18
2	4.1	6.9	1.6	0.17
3	4.3	7.0	1.6	0.19
4	4.2	6.9	1.6	0.16
5	4.3	7.5	1.7	0.18
6	4.0	6.5	1.6	0.18
7	3.9	6.6	1.7	0.19

 Table 1 Geometrical measurements of the harvested carotid arteries.

¹⁵⁶ 3.1 Macromechanical response of the arterial tissue

157 Engineering stress evaluated against stretch revealed a macroscopic anisotropy of

the material's mechanical response, as shown by (i) the characteristic stiffening

¹⁵⁹ of the samples starting at different stretch values depending on the direction of

the load (Fig. 4(a)); (ii) the estimated elastic moduli in the final loading regime

(Figure 4(b)-middle), and (iii) the stretch values when reaching 0.5 MPa (Figure 161 4(b)-right). In particular, the mean estimated elastic moduli in the final loading 162 regime was 50% higher in the circumferential direction than in the longitudinal 163 direction; and 20% higher in the circumferential direction than in the diagonal 164 direction. Accordingly, the mean stretch when reaching 0.5 MPa was 20% lower 165 in the circumferential direction than in the longitudinal direction; and 15% lower 166 than in the diagonal direction. Concerning the estimated elastic moduli in the 167 initial loading regime (Figure 4(b)-left), the comparison of mean values showed 168 lower differences between the sample families as their standard deviation amounts 169 to 8%. Comparing the measured in vivo stretches to the longitudinal mechanical 170 response (Table 1), the carotid were subjected in vivo to a longitudinal stress of 171 about 0.1 MPa, in the soft region of the curve (Fig. 4 - red curves). 172

173 3.2 Microstructure morphological rearrangements under uniaxial load

Fibrous networks of the arterial microstructure revealed varying morphologies de-174 pending on the biological constituent (elastin, collagen), on the considered arterial 175 layer (adventitia, media), and on the direction of the applied uniaxial load (Fig. 176 5). Fig. 5(a) shows the microstructure of the unloaded arterial tissue, and Fig. 177 5(b)(c)(d) show the microstructure under the three considered loading conditions, 178 which corresponded to the same uniaxial force of 0.8 N. For each constituent of 179 the imaged microstructure, we provide on Fig. 6 a polar representation of fiber 180 orientations (local maxima of angle density with associated dispersions, see section 181 2.4 for more details) with the relative elongation λ and the fiber angle θ as polar 182 coordinates. The angles $\pi/2$, $3\pi/4$, and π represent the circumferential, diagonal, 183 and longitudinal directions respectively. 184

Adventitial collagen was organized in thick bundles showing a crimped morphology in the load-free state (Fig. 5(a) - upper left). The analysis of in-plane fiber angles (Fig. 6(a)) suggested a preferred direction close to the longitudinal direction, with an important dispersion $(\pm \pi/6)$ due to bundle direction variabil-



Fig. 4 (a) Macroscopic mechanical response: engineering stress PK v.s. stretch plotted for the three loading directions (blue: circumferential, black: diagonal, red: longitudinal); (b) Statistical representations of the stiffness before (left) and after (middle) collagen engagement, and stretch when reaching 0.5 MPa (right); n stands for the number of investigated samples



Circumferential

Fig. 5 Arterial microstructure imaged under multiphoton microscope. (a) Load-free state, (b) circumferential load (F = 0.8 N, $\lambda = 1.7$), (c) longitudinal load (F = 0.8 N, $\lambda = 2.1$), and (d) diagonal load (F = 0.8 N, $\lambda = 1.9$). The upper row of each image represents the adventitia; the lower row represents the media. Collagen network is represented in grey (left), elastin network is represented in red (right).

- ¹⁸⁹ ity and to the influence of crimping, which limited the liability of interpretation.
- ¹⁹⁰ These collagen bundles underwent an uncrimping process and all appeared to align
- ¹⁹¹ close to the direction of the load, whether its direction was circumferential (Fig.
- $_{192}$ 5(b) upper left), longitudinal (Fig. 5(c) upper left) or diagonal (Fig. 5(d) -
- ¹⁹³ upper left). In the three deformed states, in-plane fiber orientations (Fig. 6(a))
- $_{\tt 194}$ $\,$ showed identically limited dispersions ($\pm\pi/12)$ around their respective local angle
- 195 maximum.



Fig. 6 Orientations of fiber networks represented with local angle density maxima and associated dispersions, for each constituent, layer, and load direction, under 0 and 0.8 N tensile load: (a) and (e) correspond to adventitial collagen, (b) and (f) to adventitial elastin, (c) and (g) to medial collagen, and (d) and (h) to medial elastin. The blue, black, and red colors correspond to the circumferential ($\lambda = 1.7$), diagonal ($\lambda = 1.9$), and longitudinal ($\lambda = 2.1$) directions respectively. Represented network orientations correspond to the mechanical deformations of samples 1-3, tested respectively in the circumferential, diagonal and longitudinal directions.

Adventitial elastin took the form of a low-density meshwork, composed of thin 196 fiber segments showing a preferred longitudinal direction with variously oriented 197 transverse segments (Fig. 5(a) - upper right). The analysis of in-plane fiber an-198 gles at rest (Fig. 6(b)) confirmed the longitudinal orientation, with an important 199 dispersion $(\pm \pi/6)$ due to the variously oriented transverse fiber segments. Under 200 load, the longitudinally oriented fiber segments underwent limited morphological 201 changes: when the loading direction was circumferential (Fig. 5(b) - upper right), 202 the global orientation of the meshwork did not change significantly (a maximum 203 of $\pi/6$ rotation - Fig. 6(b)), although a spreading of the meshwork was noticeable 204 (compare Fig. 5(a) - upper right and 5(b) - upper right). Almost unchanged disper-205 sions around local density maxima (Fig. 6(b)) confirmed this limited morphological 206

change. When the load was applied longitudinally (Fig. 5(c) - upper right), trans-207 verse segments aligned in the direction of the load, while the fibrous meshwork 208 remained oriented in the longitudinal direction, which led to an unchanged angle 209 density (Fig. 6(b)). When the load was applied in the diagonal direction (Fig. 210 5(d) - upper right), the meshwork underwent a limited reorientation towards the 211 loading direction (a maximum rotation of $\pi/6$ and angle dispersions reduced by a 212 factor 2 - Fig. 6(b)), with transverse segments aligning with the principal segments 213 orientations. 214

Medial collagen did not agglomerate into variously oriented bundles as in the 215 adventitia, but took the form of thin parallel fibers distinctively oriented in the 216 circumferential direction (Fig. 5(a) - lower left) and showed a higher crimping fre-217 quency. Its morphology underwent limited changes under uniaxial load: when the 218 loading direction was circumferential (Fig. 5(b) - lower left), the fibers uncrimped 219 and remained aligned in the circumferential direction (Fig. 6(c)). When the load-220 ing direction was diagonal (Fig. 5(d) - lower left), the fibers uncrimped - with a 221 decrease of the dispersion of local angles by a factor 2 (Fig. 6(c)) - and underwent 222 a limited realignment in the loading direction - below $\pi/6$ rotation for the density 223 maximum of local angles (Fig. 6(c)). When the load was longitudinal (Fig. 5(c)224 - lower left), i.e. perpendicular to the network direction, the fibers did not align 225 in the loading direction and their crimping increased, as shown by the angular 226 dispersion increased by a factor 2 (Fig. 6(c)). 227

The medial elastin morphology was different from the one of adventitial elastin: at rest (Fig. 5(a) - lower right), it took the form of a dense, structured meshwork preferentially oriented in the circumferential direction. Under load, it underwent limited morphology changes, namely partial alignment of transverse fiber segments in the loading direction, when the loading direction was circumferential (Fig. 5(b) - lower right) or longitudinal (Fig. 5(c) - lower right); the maxima of angle density remained unchanged, while the angular density dispersion decreased by a factor ²³⁵ 2 (Fig. 6(d)); and a limited global reorientation when the loading direction was ²³⁶ diagonal, with rotation of the angle density maximum below $\pi/6$.

237 3.3 Prediction of reorientations using an affine model

Table 2 presents the experimental values of local angle density maxima with the 238 upper and lower angle bounds corresponding to the evaluated dispersions, together 239 with the theoretical angles computed by applying the affine reorientation (Equa-240 tion (2)) to the local angle maxima. The represented results in Table 2 refer to the 241 testing of samples 1 to 3, respectively in the circumferential, diagonal and longitu-242 dinal directions. Fig. 7 presents a statistical synthesis of fiber angles under uniaxial 243 load, together with the theoretical angles computed by applying the affine reori-244 entation (Equation (2)) to the local angle maxima. The represented results refer 245 to the four sample groups tested in the three aforementioned directions (samples 246 1 to 12). Results show that the affine model predicted well the reorientation of the 247 medial microstructure (collagen and elastin) as well as of the adventitial elastin, 248 with prediction errors ranging from 1 to 7% (see Table 2 and compare black and 249 white symbols in Fig. 7) and a limited variability of fiber orientation between the 250 analogous samples (Fig. 7). Concerning adventitial collagen, for which we illus-251 trated the ability to reorient along the different tested loading directions (Fig. 5, 252 Fig. 6), the affine model largely under-predicted the fiber reorientation, as proven 253 by the high prediction error (12 to 25%, see Table 2), observed independently on 254 the analogous samples (Fig. 7, upper left). 255

256 4 Discussion

Our results represent an original insight into the morphological changes that occur in the arterial tissue microstructure under variously oriented uniaxial loads. The experiments were performed on rabbit carotid arteries and focused on collagen and elastin networks of the media and of the adventitia. Our results suggest that

		(a) Initial	(b) Final 1	(c) Final 2
Group 1 : samples 1-3		$\lambda_{diag} = 1.9 \pm 0.1$	$\lambda_{circ} = 1.7 \pm 0.05$	$\lambda_{long} = 2.1 \pm 0.2$
Collagen - adv.	Experimental $[\pi]$	$0.76^{+0.07}_{-0.02}$	$0.55^{+0.07}_{-0.06}$	$0.97^{+0.03}_{-0.05}$
	Affine prediction $[\pi]$	-	0.69	0.85
	Prediction error $[\pi]$	-	25%	12%
Elastin - adv.	Experimental $[\pi]$	$0.86^{+0.04}_{-0.09}$	$0.83^{+0.12}_{-0.13}$	$0.98^{+0.02}_{-0.01}$
	Affine prediction $[\pi]$	-	0.89	0.97
	Prediction error	-	7%	1%
Collagen - med.	Experimental $[\pi]$	$0.61^{+0.04}_{-0.03}$	$0.51^{+0.02}_{-0.02}$	$0.52^{+0.16}_{-0.17}$
	Affine prediction $[\pi]$	-	0.52	0.54
	Prediction error	-	2%	4%
Elastin - med.	Experimental $[\pi]$	$0.60^{+0.07}_{-0.06}$	$0.53^{+0.03}_{-0.08}$	$0.53^{+0.22}_{-0.21}$
	Affine prediction $[\pi]$	-	0.50	0.51
	Prediction error	-	6%	4%

Table 2 Evaluation of the predictive accuracy of affine reorientation. Fiber angles are provided for initial and final states of two deformation scenarii (Samples 1-3) : (a) to (b) and (a) to (c)



Fig. 7 Synthesis of the predictive accuracy analysis of affine reorientation. Final network orientations (Final state 1 and Final state 2) are averaged on n=4 samples under analogous deformation. Affine prediction errors in the case of adventitial collagen reorientation amount to 0.12π and 0.13π when reaching final states 1 and 2 respectively, corresponding to 22% and 14% error.

- ²⁶¹ the arterial tissue is more compliant in the longitudinal direction, as seen by a
- delayed stiffening phase. This result is consistent with previous studies performed
- ²⁶³ by pressurizing and axially elongating dog carotids [34,11], rat and rabbit carotids

[11] and by applying uniaxial tension on flat samples of human ascending aortas 264 [8]. Conversely, this anisotropy has been shown contrary (stiffer tissue in the longi-265 tudinal direction) for human coronary arteries [33] and dog coronary arteries [34]. 266 Indeed, no consensus has been gained up to now as regards the anisotropy of ar-267 teries, evidencing the complex interplay of load bearing contributions between the 268 media and the adventitia. Recent results [22] show clearly that the media is stiffer 269 in the circumferential direction, while the adventitia is stiffer in the longitudinal 270 direction. These results are in good agreement with the orientation of the fiber 271 networks in each layer, but do not permit to draw any conclusion on the overall 272 anisotropy of the tissue. In order to further understand the origin of this complex 273 anisotropy, the distribution of load bearing properties between the media and ad-274 ventitia should be further characterized along with the study of microstructure 275 rearrangements. 276

Concerning the arterial microstructure in the load-free state, our results illus-277 trate the layer-specific morphologies of the collagen and elastin networks which are 278 similar to previous investigations [31,36]. In the deformed configuration however, 279 our results bring a novel comprehensive understanding of morphological changes 280 occuring within the arterial microstructure. Under uniaxial tensile loadings, affine 281 kinematics [3,5] explain the reorientations of adventitial elastin, medial elastin, 282 and medial collagen. This kinematically limited reorientation corresponds to a 283 tight embedding of the fibers in their surrounding matrix, which could correspond 284 to near-equivalent shear moduli of the fibers and of their surrounding matrix, or 285 to the existence of molecular links which hinder further rotation of the inclusions 286 within the matrix. Besides, these fibrous networks are unable to fully align in 287 any of the presently applied uniaxial loading directions. Conversely, the adven-288 titial collagen showed a remarkable potential to reorient in any of the applied 289 loading directions (circumferential, longitudinal, diagonal). This reorientation is 290 characterized by significant rotation amplitudes, that remain underestimated by 291 affine reorientations. Although the protocols employed in the literature vary both 292

in terms of characterization techniques (focusing on fiber decrimping [30] or on global fiber reorientation [24]) and in terms of applied mechanical loadings (uniaxial, equi-biaxial [30]), our result is consistent with previous studies investigating collagen fiber kinematics in other tissues like porcine aortic leaflets [3], bovine pericardium [3], tissue constructs [5] or human liver capsule [24] and suggests that other mechanisms are activated in the reorientation of adventitial collagen under load.

Several limitations stem from the differences existing between our testing pro-300 tocol and the real in vivo conditions. First of all, we should comment on the fact 301 that we have considered temperature conditions lower than in vivo conditions. 302 Zemanek et al. [57] studied the influence of the testing temperature on the me-303 chanical response of the arterial wall and showed that samples are stiffer at ambient 304 temperature than at *in vivo* temperature. There is no consensus on the impact of 305 sample freezing on the change in the mechanical response of the sample [57,1,51,9]. 306 However in the present study, test temperature and preservation conditions were 307 identical for all experiments, and allowed to perform an inter sample comparison 308 of the stiffness change during loading or among diverse load directions. Also, to 309 our best knowledge, there is no study on the influence of the temperature on the 310 fiber rotation. Secondly, we have applied a quasi-static elongation speed, which 311 cannot render the dynamic conditions of the pulsatile hemodynamic load seen in 312 large vessels. However, given the small variations in the arterial pressure and the 313 preferred helical orientation of the adventitial collagen bundles, the orientations of 314 the latter are believed not to vary significantly during a cardiac cycle. The choice 315 of a quasi-static loading was made so as to ensure that the mechanical response 316 was independent of the strain rate, as well as to limit the relaxation effects that 317 would impair repeatability of the results. We should also comment on the choice 318 of directions and ranges of load that go beyond the physiological load directions 319 and ranges. While tension-inflation or equi-biaxial protocols allow the simulation 320 of near physiological loadings, the present protocol was applied to reach our objec-321

tive of comparing inter-layer and inter-constituent changes of the fiber networks 322 within the microstructure subjected to diversified loading scenarii. Besides, the 323 high stretches reached successively during preconditioning and imaging may have 324 induced damage in the tissue, enhancing non-affine fiber rotation. However it is 325 assumed that in this case, the increase of fiber rotation would have affected all 326 imaged fibrous networks, not only adventitial collagen. Accordingly, we did not 327 observe any sign of damage within the imaged tissue, on any fibrous network of 328 the arterial wall. 329

Furthermore, it should be mentioned that what we call arterial microstructure 330 in this work is incomplete from the biological point of view, as our multipho-331 ton microscopy provided only images of elastin and collagen fibers, with a spatial 332 resolution of the order of 1 µm. The analysis could be complemented by the char-333 acterization of the deformations and reorientations of non-cellular components 334 under varying levels of smooth muscle tones, as the latter mechanism is known to 335 play an active role in arterial adaptive plasticity during the in vivo pressure cycle. 336 At a lower scale, our analysis could also be complemented by the description of 337 collagen fibrils rearrangements within bundles during decrimping and during post-338 decrimping stretching. Moreover, the observed morphology changes during uniaxial 339 tension in carotid samples should be compared to morphology changes occurring 340 in identically deformed carotids from other species, with different smooth mus-341 cle, collagen and elastin content. To the authors' knowledge, identical deformation 342 protocol has not been yet applied to samples of other arteries or other species 343 carotids. However, and to engage the discussion, the recent studies of Keyes et al. 344 [27] on mouse aortas, showed that adventitial collagen could undergo high ampli-345 tude rotations under pressurization (up to $\pi/3$), while medial networks kept their 346 orientation unchanged. On the contrary, the results of Chen et al. [7], performed 347 on porcine coronary arteries, illustrated under flat biaxial tension the adventitial 348 collagen's decrimping mechanism but a limited rotation potential. Nevertheless, 349 our analysis was intended as a first step, focusing on the major load-bearing com-350

ponents of the arterial wall. Furthermore, a nano-scale imaging resolution could investigate the influence of nanoscale aldehyde cross-links on the observed morphology rearrangements. Such an analysis would give biological foundations to the observed reorientations, explaining why several fibers can encounter large rotations whilst others are restricted to small rotations.

Finally, the level of representativeness of the microscopy images with associated 356 angle distributions of collagenous and elastic networks should be commented. In 357 particular concerning automated angles extraction, the Fast Fourier Transform 358 algorithm applied on adventitial collagen at rest (high density crimped bundles) 359 provided information about local angles but did not allow the extraction of global 360 collagen bundle orientation. In order to capture full morphological rearrangements 361 of adventitial collagen under load, a specific method should be developed so as to 362 analyze collagen orientation at different scales: crimping scale (10 µm) and global 363 bundle scale (100 µm). With the objective of comparing true reorientations with 364 affine predictions, we here overcame this image processing issue by comparing only 365 deformed configurations, for which the orientations at crimping scale and at global bundle scale are identical. 367

368 5 Conclusion and outlooks

We have shown that arterial microstructure presents inter-layer differences between 369 collagen network and elastin network morphologies. These inter-layer differences 370 concern in particular the ability to rearrange under variously oriented uniaxial 371 loads. We have shown that even though the fibers of the vascular microstructure 372 undergo the same macroscopic deformation, they rearrange in their own specific 373 way, and differently from one vascular layer to the other. This finding brings addi-374 tional insight for current multi-scale model formulations which take into account 375 specific kinematics of arterial collagen and its relation to the surrounding matrix 376 [44,15]. It also confirms the need to consider the arterial wall as a composite struc-377 ture composed of different mechanically relevant layers with different mechanical 378

properties [22]. Our results also suggest the need to further investigate the un-379 derlying mechanisms that govern adventitial collagen rearrangement, in particular 380 uncrimping and post-uncrimping fiber rotation. Given that the affine reorientation 381 underestimates real fiber rotation of adventitial collagen, it appears interesting 382 to propose a micromechanical origin to collagen fiber rotation. In particular, we 383 hypothesize that the macroscopic strain concentrated in a highly heterogeneous 384 microstructure induces a heterogeneous field of displacement gradients, itself gen-385 erating microscopic spin that can be important if the shear moduli of the fibers 386 and of the matrix are significantly different. These spins may induce material ro-387 tation within the structure which superimposes with affine reorientation. Future 388 multi-scale models could test this hypothesis by accounting for the existence of 389 local spin vectors, promoting fiber rotations. 390

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