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# Gradient Estimates on Dirichlet Eigenfunctions 

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#### Abstract

By methods of stochastic analysis on Riemannian manifolds, we derive explicit constants $c_{1}(D)$ and $c_{2}(D)$ for a $d$-dimensional compact Riemannian manifold $D$ with boundary such that


$$
c_{1}(D) \sqrt{\lambda}\|\phi\|_{\infty} \leqslant\|\nabla \phi\|_{\infty} \leqslant c_{2}(D) \sqrt{\lambda}\|\phi\|_{\infty}
$$

holds for any Dirichlet eigenfunction $\phi$ of $-\Delta$ with eigenvalue $\lambda$. In particular, when $D$ is convex with nonnegative Ricci curvature, this estimate holds for

$$
c_{1}(D)=\frac{1}{d \mathrm{e}}, \quad c_{2}(D)=\sqrt{\mathrm{e}}+\frac{\mathrm{e} \sqrt{2}}{\sqrt{\pi}} .
$$

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## 1 Introduction

Let $D$ be a $d$-dimensional compact Riemannian manifold with boundary $\partial D$. We write $(\phi, \lambda) \in \operatorname{Eig}(\Delta)$ if $\phi$ is a Dirichlet eigenfunction of $-\Delta$ in $D$ with eigenvalue $\lambda>0$. According to [6], there exist two constants $c_{1}(D), c_{2}(D)>0$ such that

$$
\begin{equation*}
c_{1}(D) \sqrt{\lambda}\|\phi\|_{\infty} \leqslant\|\nabla \phi\|_{\infty} \leqslant c_{2}(D) \sqrt{\lambda}\|\phi\|_{\infty}, \quad(\phi, \lambda) \in \operatorname{Eig}(\Delta) \tag{1.1}
\end{equation*}
$$

In this paper, by using stochastic analysis of the Brownian motion on $D$, we present explicit expressions of these two constants in terms of the lower bounds of $\operatorname{Ric}_{D}$ and $\mathbb{I}_{\partial D}$ where $\operatorname{Ric}_{D}$ is the Ricci curvature on $D$ and $\mathbb{I}_{\partial D}$ the second fundamental form of $\partial D$.

Theorem 1.1. Let $K, \theta \geqslant 0$ be two constants such that

$$
\operatorname{Ric}_{D} \geqslant-K, \quad \mathbb{I}_{\partial D} \geqslant-\theta
$$

Let

$$
\alpha_{0}=\frac{1}{2}((d-1) \theta+\sqrt{(d-1) K}) .
$$

Then, for any nontrivial $(\phi, \lambda) \in \operatorname{Eig}(\Delta)$,

$$
\frac{\lambda}{\sqrt{d \mathrm{e}(\lambda+K)}} \leqslant \frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \sqrt{\mathrm{e}(\lambda+K)}+\mathrm{e}\left(\alpha_{0}+\frac{\sqrt{2 \lambda}}{\sqrt{\pi}}+\alpha_{0} \wedge \frac{\alpha_{0}^{2}}{\sqrt{2 \pi \lambda}}\right) .
$$

In particular, when $\operatorname{Ric}_{D}, \mathbb{I}_{\partial D} \geqslant 0$,

$$
\begin{equation*}
\frac{\sqrt{\lambda}}{\sqrt{d \mathrm{e}}} \leqslant \frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \sqrt{\lambda}\left(\sqrt{\mathrm{e}}+\frac{\mathrm{e} \sqrt{2}}{\sqrt{\pi}}\right), \quad(\phi, \lambda) \in \operatorname{Eig}(\Delta) \tag{1.2}
\end{equation*}
$$

Proof. This result follows from Theorem 2.1 and Theorem 3.1 below for the special case $V=0$. In this case, $\operatorname{Ric}_{D}^{V}=\operatorname{Ric}_{D} \geqslant-K$ is equivalent to (2.1) with $n=d$.

Remark 1.1. Various other estimates can be obtained from our method. For instance, let $\alpha \in \mathbb{R}$ be such that $\frac{1}{2} \Delta \rho_{\partial D} \leqslant \alpha$ outside the focal set, where $\rho_{\partial D}$ denotes the distance to boundary $\partial D$. Then for $\lambda<\alpha^{2} / 4$,

$$
\begin{equation*}
\frac{\|\nabla \phi\|_{\infty}}{\|\phi\|_{\infty}} \leqslant \sqrt{\mathrm{e}(\lambda+K)}+\mathrm{e}\left(2 \max (\alpha, 0)+\frac{\alpha^{2} \mathrm{e}^{2}}{4} \sqrt{\frac{2 \pi}{\lambda}} \mathrm{e}^{-\frac{\alpha^{2}}{2 \lambda}}\right) . \tag{1.3}
\end{equation*}
$$

This relies on Remark 3.1 where another estimate of the right hand side of (3.13) is given. It improves the estimate in Theorem 1.1 in the case when $\alpha<0$ and $|\alpha|$ is large. See Theorem 3.5 below for case that $k=0$ and $\theta<0$.

By (1.2), when $D$ is convex with nonnegative Ricci curvature, (1.1) holds with

$$
c_{1}(D)=\frac{1}{\sqrt{d \mathrm{e}}}, \quad c_{2}(D)=\sqrt{\mathrm{e}}+\frac{\mathrm{e} \sqrt{2}}{\sqrt{\pi}} .
$$

To estimate $c_{1}(D)$ and $c_{2}(D)$ for positive $K$ or $\theta$, let $\lambda_{1}>0$ be the first Dirichlet eigenvalue of $-\Delta$ on $D$. Then Theorem 1.1 implies that the inequalities (1.1) hold for

$$
\begin{aligned}
c_{1}(D) & =\frac{\sqrt{\lambda_{1}}}{\sqrt{d \mathrm{e}\left(\lambda_{1}+K\right)}} \\
c_{2}(D) & =\frac{\sqrt{\mathrm{e}\left(\lambda_{1}+K\right)}}{\sqrt{\lambda_{1}}}+\mathrm{e}\left(\frac{(d-1) \theta+\sqrt{K(d-1)}}{2 \sqrt{\lambda_{1}}}+\frac{\sqrt{2}}{\sqrt{\pi}}+\frac{((d-1) \theta+\sqrt{K(d-1)})^{2}}{4 \lambda_{1} \sqrt{2 \pi}}\right) .
\end{aligned}
$$

This is due to the fact that the first expression is an increasing function of $\lambda$ and the second one is a decreasing function of $\lambda$. Since there exist explicit lower bound estimates on $\lambda_{1}$ (see [8] and references within), this gives explicit lower bounds of $c_{1}(D)$ and upper bounds of $c_{2}(D)$.

The lower bound estimate of $\|\nabla \phi\|_{\infty}$ will be derived by using Itô's formula for $|\nabla \phi|^{2}\left(X_{t}\right)$ where $X_{t}$ is a Brownian motion (with drift) on $D$, see Section 2 for details. A powerful probabilistic tool for establishing upper bound gradient estimates is the use of Bismut type formulas for the Dirichlet semigroup $P_{t}^{D}$ on $D$, which gives

$$
\left|\nabla P_{t}^{D} f(x)\right| \leqslant \frac{c(t)}{\rho_{\partial D}}\|f\|_{\infty}, \quad t>0, f \in \mathscr{B}_{b}(D)
$$

where $\rho_{\partial D}$ is the Riemannian distance to $\partial D$ and $c(t)$ an explicit quantity depending on the geometry of $D$, see [7] for details. However, as this estimate blows up at the boundary $\partial D$, it does not give the wanted upper bound estimate of $\|\nabla \phi\|_{\infty}$ near the boundary. To achieve the goal of a uniform upper bound on $D$, we will construct some martingales to reduce $\|\nabla \phi\|_{\infty}$ to $\|\nabla \phi\|_{\partial D, \infty}:=\sup _{\partial D}|\nabla \phi|$, and to estimate the latter using $\|\phi\|_{\infty}$, see Section 3 for details.

In general, we will consider Dirichlet eigenfunctions for the symmetric operator $L:=$ $\Delta+\nabla V$ on $D$ where $V \in C^{2}(D)$. We denote by $\operatorname{Eig}(L)$ the set of pairs $(\phi, \lambda)$ where $\phi$ is a Dirichlet eigenfunction of $-L$ on $D$ with eigenvalue $\lambda$.

## 2 Lower bound estimate

In this Section we will estimate $\|\nabla \phi\|_{\infty}$ from below using the following Bakry-Émery curva-ture-dimension condition:

$$
\begin{equation*}
\frac{1}{2} L|\nabla f|^{2}-\langle\nabla L f, \nabla f\rangle \geqslant-K|\nabla f|^{2}+\frac{(L f)^{2}}{n}, \quad f \in C^{\infty}(D) \tag{2.1}
\end{equation*}
$$

where $K \in \mathbb{R}, n \geqslant d$ are two constants. When $V=0$, this condition with $n=d$ is equivalent to $\operatorname{Ric}_{D} \geqslant-K$.
Theorem 2.1 (Lower bound estimate). Assume that (2.1) holds. Then

$$
\begin{equation*}
\|\nabla \phi\|_{\infty}^{2} \geqslant\|\phi\|_{\infty}^{2} \sup _{t>0} \frac{\lambda^{2}\left(\mathrm{e}^{K t}-1\right)}{n K \mathrm{e}^{(\lambda+K)^{+} t}}, \quad(\phi, \lambda) \in \operatorname{Eig}(L) \tag{2.2}
\end{equation*}
$$

Consequently, for $K^{+}:=\max \{0, K\}$ there holds

$$
\begin{equation*}
\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}}{n \mathrm{e}\left(\lambda+K^{+}\right)}\|\phi\|_{\infty}^{2}, \quad(\phi, \lambda) \in \operatorname{Eig}(L) \tag{2.3}
\end{equation*}
$$

Proof. Let $X_{t}$ be the diffusion process generated by $\frac{1}{2} L$ in $D$, and let

$$
\tau_{D}:=\inf \left\{t \geqslant 0: X_{t} \in \partial D\right\}
$$

By Itô's formula, we have

$$
\begin{equation*}
\mathrm{d}|\nabla \phi|^{2}\left(X_{t}\right)=\frac{1}{2} L|\nabla \phi|^{2}\left(X_{t}\right) \mathrm{d} t+\mathrm{d} M_{t}, \quad t \leqslant \tau_{D} \tag{2.4}
\end{equation*}
$$

for some martingale $M_{t}$. By the curvature dimension condition (2.1) and $L \phi=-\lambda \phi$, we obtain

$$
\frac{1}{2} L|\nabla \phi|^{2}=\frac{1}{2} L|\nabla \phi|^{2}-\langle\nabla L \phi, \nabla \phi\rangle-\lambda|\nabla \phi|^{2} \geqslant-(K+\lambda)|\nabla \phi|^{2}+\frac{\lambda^{2}}{n} \phi^{2} .
$$

Therefore, (2.4) gives

$$
\mathrm{d}|\nabla \phi|^{2}\left(X_{t}\right) \geqslant\left(\frac{\lambda^{2}}{n} \phi^{2}-(K+\lambda)|\nabla \phi|^{2}\right)\left(X_{t}\right) \mathrm{d} t+\mathrm{d} M_{t}, \quad t \leqslant \tau_{D}
$$

Hence, for any $t>0$,

$$
\begin{aligned}
\mathrm{e}^{(K+\lambda)^{+} t}\|\nabla \phi\|_{\infty}^{2} & \geqslant \mathbb{E}\left[|\nabla \phi|^{2}\left(X_{t \wedge \tau_{D}}\right) \mathrm{e}^{(K+\lambda)\left(t \wedge \tau_{D}\right)}\right] \\
& \geqslant \frac{\lambda^{2}}{n} \mathbb{E}\left[\int_{0}^{t \wedge \tau_{D}} \mathrm{e}^{(K+\lambda) s} \phi\left(X_{s}\right)^{2} \mathrm{~d} s\right] \\
& =\frac{\lambda^{2}}{n} \mathbb{E}\left[\int_{0}^{t} 1_{\left\{s<\tau_{D}\right\}} \mathrm{e}^{(K+\lambda) s} \phi\left(X_{s}\right)^{2} \mathrm{~d} s\right] .
\end{aligned}
$$

Since $\left.\phi\right|_{\partial D}=0$ and $L \phi=-\lambda \phi$, by Jensen's inequality we have

$$
\mathbb{E}\left[1_{\left\{s<\tau_{D}\right\}} \phi\left(X_{s}\right)^{2}\right] \geqslant\left(\mathbb{E}\left[\phi\left(X_{s \wedge \tau_{D}}\right)\right]\right)^{2}=\mathrm{e}^{-\lambda s} \phi(x)^{2}
$$

where $x=X_{0} \in D$ is the starting point of $X_{t}$. Then, by taking $x$ such that $\phi(x)^{2}=\|\phi\|_{\infty}^{2}$, we arrive at

$$
\begin{aligned}
& \mathrm{e}^{(K+\lambda)^{+} t}\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}}{n} \int_{0}^{t} \mathrm{e}^{(K+\lambda) s} \mathrm{e}^{-\lambda s} \phi(x)^{2} \mathrm{~d} s \\
& \quad=\frac{\lambda^{2}\|\phi\|_{\infty}^{2}}{n} \int_{0}^{t} \mathrm{e}^{K s} \mathrm{~d} s=\frac{\lambda^{2}\left(\mathrm{e}^{K t}-1\right)}{n K}\|\phi\|_{\infty}^{2} .
\end{aligned}
$$

This completes the proof of (2.2).
Since (2.1) holds for $K^{+}$replacing $K$, we may and do assume that $K \geqslant 0$. By taking $t=\frac{1}{\lambda+K}$ in (2.2), we obtain

$$
\|\nabla \phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}\left(\mathrm{e}^{\frac{K}{\lambda+K}}-1\right)}{n K \mathrm{e}}\|\phi\|_{\infty}^{2} \geqslant \frac{\lambda^{2}}{n \mathrm{e}(\lambda+K)}\|\phi\|_{\infty}^{2}
$$

Hence (2.3) holds.

## 3 Upper bound estimate

Let $\operatorname{Ric}_{D}^{V}=\operatorname{Ric}_{D}-\operatorname{Hess}_{V}$.
Theorem 3.1 (Upper bound estimate). Let $K_{V}, K_{0}, \theta \geqslant 0$ be constants such that

$$
\operatorname{Ric}_{D}^{V} \geqslant-K_{V}, \quad \operatorname{Ric}_{D} \geqslant-K_{0}, \quad \mathbb{I}_{\partial D} \geqslant-\theta
$$

Let

$$
\begin{equation*}
\alpha=\frac{1}{2}\left((d-1) \theta+\sqrt{(d-1) K_{0}}+\|\nabla V\|_{\infty}\right) . \tag{3.1}
\end{equation*}
$$

Then, for any $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\|\nabla \phi\|_{\infty} \leqslant\|\phi\|_{\infty}\left\{\sqrt{\mathrm{e}\left(\lambda+K_{V}\right)}+\mathrm{e}\left(\alpha+\frac{\sqrt{2 \lambda}}{\sqrt{\pi}}+\alpha \wedge \frac{\alpha^{2}}{\sqrt{2 \pi \lambda}}\right)\right\}
$$

To prove this result, we first estimate $\|\nabla \phi\|_{\infty}$ in terms of $\|\phi\|_{\infty}$ and $\|\nabla \phi\|_{\partial D, \infty}$ where $\|f\|_{\partial D, \infty}:=\left\|1_{\partial D} f\right\|_{\infty}$ for a function $f$ on $D$.

Lemma 3.2. Assume $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ for some constant $K_{V} \in \mathbb{R}$. Then, for any $(\phi, \lambda) \in$ $\operatorname{Eig}(L)$,

$$
\begin{equation*}
\|\nabla \phi\|_{\infty} \leqslant \mathrm{e}^{\frac{\left(\lambda+K_{V}\right)^{+}}{2} t}\|\nabla \phi\|_{\partial D, \infty}+\|\phi\|_{\infty} \mathrm{e}^{\frac{\lambda}{2} t}\left(\frac{K_{V}}{1-\mathrm{e}^{-K_{V} t}}\right)^{1 / 2}, \quad t>0 \tag{3.2}
\end{equation*}
$$

Consequently,

$$
\begin{equation*}
\|\nabla \phi\|_{\infty} \leqslant \mathrm{e}^{1 / 2}\left(\|\nabla \phi\|_{\partial D, \infty}+\sqrt{\lambda+K_{V}^{+}}\|\phi\|_{\infty}\right), \quad(\phi, \lambda) \in \operatorname{Eig}(L) \tag{3.3}
\end{equation*}
$$

Proof. We first recall some facts concerning the diffusion process generated by $\frac{1}{2} L$, see for instance [1, 3]. For any $x \in D$, the diffusion $X_{t}$ solves the SDE

$$
\begin{equation*}
\mathrm{d} X_{t}=\frac{1}{2} \nabla V\left(X_{t}\right) \mathrm{d} t+u_{t} \circ \mathrm{~d} B_{t}, \quad X_{0}=x, t \leqslant \tau_{D} \tag{3.4}
\end{equation*}
$$

where $B_{t}$ is a $d$-dimensional Brownian motion, $u_{t}$ is the horizontal lift of $X_{t}$ onto the orthonormal frame bundle $\mathrm{O}(D)$ with initial value $u_{0} \in \mathrm{O}_{x}(D)$, and

$$
\tau_{D}:=\inf \left\{t \geqslant 0: X_{t} \in \partial D\right\}
$$

is the hitting time of $X_{t}$ to the boundary $\partial D$. Setting $Z:=\nabla V$, we have

$$
\begin{equation*}
\mathrm{d} u_{t}=\frac{1}{2} Z^{*}\left(u_{t}\right) \mathrm{d} t+\sum_{i=1}^{d} H_{i}\left(u_{t}\right) \circ \mathrm{d} B_{t}^{i} \tag{3.5}
\end{equation*}
$$

where $Z^{*}(u):=h_{u}\left(Z_{\pi(u)}\right)$ and $H_{i}(u):=h_{u}\left(u e_{i}\right)$ are defined by means of the horizontal lift $h_{u}: T_{\pi(u)} D \rightarrow T_{u} \mathrm{O}(D)$ at $u \in \mathrm{O}(D)$. Note that formally $h_{u_{t}}\left(u_{t} \circ \mathrm{~d} B_{t}\right)=\sum_{i} h_{u_{t}}\left(u_{t} e_{i}\right) \circ \mathrm{d} B_{t}^{i}=$ $\sum_{i} H_{i}\left(u_{t}\right) \circ \mathrm{d} B_{t}^{i}$.

For $f \in C^{\infty}(D)$, let $a:=\mathrm{d} f \in \Gamma\left(T^{*} D\right)$. Setting $m_{t}:=u_{t}^{-1} a\left(X_{t}\right)$, we see by Itô's formula that

$$
\begin{equation*}
\mathrm{d} m_{t} \stackrel{\mathrm{~m}}{=} \frac{1}{2} u_{t}^{-1}\left(\square a+\nabla_{Z} a\right)\left(X_{t}\right) \mathrm{d} t \tag{3.6}
\end{equation*}
$$

where $\square a=\operatorname{tr} \nabla^{2} a$ denotes the so-called connection (or rough) Laplacian on 1-forms and $\stackrel{m}{=}$ equality modulo the differential of a local martingale.

Denote by $Q_{t}: T_{x} D \rightarrow T_{X_{t}} D$ the solution, along the paths of $X_{t}$, to the covariant ordinary differential equation

$$
D Q_{t}=-\frac{1}{2}\left(\operatorname{Ric}_{D}^{V}\right)^{\sharp} Q_{t} \mathrm{~d} t, \quad Q_{0}=\operatorname{id}_{T_{x} D}, t \leqslant \tau_{D},
$$

where $D:=u_{t} \mathrm{~d} u_{t}^{-1}$ and where by definition

$$
\left(\operatorname{Ric}_{D}^{V}\right)^{\sharp} v=\operatorname{Ric}_{D}^{V}(\cdot, v)^{\sharp}, \quad v \in T_{x} D .
$$

Thus, condition $\operatorname{Ric}_{D}^{V} \geqslant-K_{V}$ implies

$$
\begin{equation*}
\left|Q_{t} v\right| \leqslant \mathrm{e}^{\frac{K_{V}}{2} t}|v|, \quad t \leqslant \tau_{D} \tag{3.7}
\end{equation*}
$$

Finally, note that for any smooth function $f$ on $D$, we have by the Weitzenböck formula:

$$
\begin{align*}
\mathrm{d}(\Delta+Z) f & =\mathrm{d}\left(-\mathrm{d}^{*} \mathrm{~d} f+(\mathrm{d} f) Z\right) \\
& =\Delta^{(1)} \mathrm{d} f+\nabla_{Z} \mathrm{~d} f+\langle\nabla \cdot Z, \nabla f\rangle \\
& =\left(\square+\nabla_{Z}\right)(\mathrm{d} f)-\operatorname{Ric}_{D}^{V}(\cdot, \nabla f) \\
& =\left(\square-\operatorname{Ric}_{D}^{V}+\nabla_{Z}\right)(\mathrm{d} f) \tag{3.8}
\end{align*}
$$

where $\Delta^{(1)}$ denotes the Hodge-deRham Laplacian on 1-forms.
Now let $(\phi, \lambda) \in \operatorname{Eig}(L)$, i.e. $L \phi=-\lambda \phi$, where $L=\Delta+Z$. For $v \in T_{x} D$, consider the process

$$
n_{t}(v):=(\mathrm{d} \phi)\left(Q_{t} v\right)
$$

Then

$$
n_{t}(v)=\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle=\left\langle u_{t}^{-1}(\nabla \phi)\left(X_{t}\right), u_{t}^{-1} Q_{t} v\right\rangle .
$$

Using (3.6), we see by Itô's formula and formula (3.8) that

$$
\mathrm{d} n_{t}(v) \stackrel{\mathrm{m}}{=} \frac{1}{2}\left(\square \mathrm{~d} \phi+\nabla_{Z} \mathrm{~d} \phi\right)\left(X_{t}\right) Q_{t} v \mathrm{~d} t+\mathrm{d} \phi\left(X_{t}\right)\left(D Q_{t} v\right) \mathrm{d} t=-\frac{\lambda}{2} n_{t}(v) \mathrm{d} t
$$

It follows that

$$
\mathrm{e}^{\lambda t / 2} n_{t}(v)=\mathrm{e}^{\lambda t / 2}\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle, \quad t \leqslant \tau_{D}
$$

is a martingale, and consequently, for any function $h \in C^{1}([0, \infty) ; \mathbb{R})$,

$$
h_{t} \mathrm{e}^{\lambda t / 2}\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle-\int_{0}^{t} \dot{h}_{s} \mathrm{e}^{\lambda s / 2}\left\langle\nabla \phi\left(X_{s}\right), Q_{s} v\right\rangle \mathrm{d} s, \quad t \leqslant \tau_{D}
$$

is a martingale as well. By the formula

$$
\mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right)=\phi\left(X_{0}\right)+\int_{0}^{t} \mathrm{e}^{\lambda s / 2}\left\langle\nabla \phi\left(X_{s}\right), u_{s} \mathrm{~d} B_{s}\right\rangle
$$

we see then that

$$
N_{t}(v):=h_{t} \mathrm{e}^{\lambda t / 2}\left\langle\nabla \phi\left(X_{t}\right), Q_{t} v\right\rangle-\mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right) \int_{0}^{t}\left\langle\dot{h}_{s} Q_{s} v, u_{s} \mathrm{~d} B_{s}\right\rangle, \quad t \leqslant \tau_{D}
$$

is a martingale.
Now, for fixed $t>0$, we take $h \in C^{1}([0, t] ;[0,1])$ such that $h_{0}=1$ and $h_{t}=0$. Then, by the martingale property of $\left\{N_{s \wedge \tau_{D}}(v)\right\}_{s \in[0, t]}$ we obtain

$$
\begin{aligned}
& \left|\nabla_{v} \phi\right|(x)=\left|N_{0}(v)\right|=\left|\mathbb{E} N_{t \wedge \tau_{D}}(v)\right| \\
& =\left|\mathbb{E}\left[1_{\left\{t>\tau_{D}\right\}} \mathrm{e}^{\lambda \tau_{D} / 2} h_{\tau_{D}}\left\langle\nabla \phi\left(X_{\tau_{D}}\right), Q_{\tau_{D}} v\right\rangle-1_{\left\{t \leqslant \tau_{D}\right\}} \mathrm{e}^{\lambda t / 2} \phi\left(X_{t}\right) \int_{0}^{t}\left\langle\dot{h}_{s} Q_{s} v, u_{s} \mathrm{~d} B_{s}\right\rangle\right]\right| .
\end{aligned}
$$

This together with (3.7) yields

$$
|\nabla \phi(x)| \leqslant \mathrm{e}^{\left(\lambda+K_{V}\right)^{+} t / 2}\|\nabla \phi\|_{\partial D, \infty}+\mathrm{e}^{\lambda t / 2}\|\phi\|_{\infty}\left(\int_{0}^{t}\left(\dot{h}_{s}\right)^{2} \mathrm{e}^{K_{V} s} \mathrm{~d} s\right)^{1 / 2}
$$

Taking

$$
h_{s}=\frac{\mathrm{e}^{-K_{V} t}-\mathrm{e}^{-K_{V} s}}{\mathrm{e}^{-K_{V} t}-1}, \quad s \in[0, t],
$$

we obtain (3.2). Finally, noting that

$$
\frac{K_{V}}{1-\mathrm{e}^{-K_{V} t}} \leqslant \frac{K_{V}^{+}}{1-\mathrm{e}^{-K_{V}^{+} t}} \leqslant t^{-1} \mathrm{e}^{K_{V}^{+} t}
$$

and taking $t=\left(K_{V}^{+}+\lambda\right)^{-1}$ in (3.2), we prove (3.3).
To estimate the term $\|\nabla \phi\|_{\partial D, \infty}$, we shall compare $\phi(x)$ and

$$
\psi(t, x):=\mathbb{P}\left(\tau_{D}^{x}>t\right), \quad t>0,
$$

for small $\rho_{\partial D}(x):=\operatorname{dist}(x, \partial D)$. Let $P_{t}^{D}$ be the Dirichlet semigroup generated by $\frac{1}{2} L$. Then $\psi(t, x)=P_{t}^{D} 1_{D}(x)$, so that

$$
\begin{equation*}
\partial_{t} \psi(t, x)=\frac{1}{2} L \psi(t, \cdot)(x), \quad t>0 . \tag{3.9}
\end{equation*}
$$

Lemma 3.3. For any $(\phi, \lambda) \in \operatorname{Eig}(L)$,

$$
\begin{equation*}
\|\nabla \phi\|_{\partial D, \infty} \leqslant\|\phi\|_{\infty} \inf _{t>0} \mathrm{e}^{\lambda t / 2}\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} \tag{3.10}
\end{equation*}
$$

Proof. To prove (3.10), we fix $x \in \partial D$. For small $\varepsilon>0$, let $x^{\varepsilon}=\exp _{x}(\varepsilon N)$, where $N$ is the inward unit normal vector field of $\partial D$. Since $\left.\phi\right|_{\partial D}=0$ and $\left.\psi(t, \cdot)\right|_{\partial D}=0$, we have

$$
\begin{equation*}
|\nabla \phi(x)|=|N \phi(x)|=\lim _{\varepsilon \rightarrow 0} \frac{\left|\phi\left(x^{\varepsilon}\right)\right|}{\varepsilon}, \quad|\nabla \psi(t, \cdot)(x)|=\lim _{\varepsilon \rightarrow 0} \frac{\left|\psi\left(t, x^{\varepsilon}\right)\right|}{\varepsilon} . \tag{3.11}
\end{equation*}
$$

Let $X_{t}^{\varepsilon}$ be the $L$-diffusion starting at $x^{\varepsilon}$ and $\tau_{D}^{\varepsilon}$ its first hitting time of $\partial D$. Note that

$$
N_{t}:=\phi\left(X_{t \wedge \tau_{D}^{\varepsilon}}^{\varepsilon}\right) e^{\lambda\left(t \wedge \tau_{D}^{\varepsilon}\right) / 2}, \quad t \geqslant 0
$$

is a martingale. Thus, for each fixed $t>0$, we can estimate as follows:

$$
\begin{aligned}
|\nabla \phi(x)| & =\lim _{\varepsilon \rightarrow 0} \frac{\left|\phi\left(x^{\varepsilon}\right)\right|}{\varepsilon} \\
& =\lim _{\varepsilon \rightarrow 0} \frac{\left|\mathbb{E}\left[\phi\left(X_{t}^{\varepsilon}\right) \mathbf{1}_{\left\{t<\tau_{D}^{\varepsilon}\right\}}\right] e^{\lambda\left(t \wedge \tau_{D}^{\varepsilon}\right) / 2}\right|}{\varepsilon} \\
& \leqslant\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2} \lim _{\varepsilon \rightarrow 0} \frac{\mathbb{E}\left[\mathbf{1}_{\left\{t<\tau_{D}^{\varepsilon}\right\}}\right]}{\varepsilon} \\
& \leqslant\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2} \lim _{\varepsilon \rightarrow 0} \frac{\psi\left(t, x^{\varepsilon}\right)}{\varepsilon} \\
& =\|\phi\|_{\infty} \mathrm{e}^{\lambda t / 2}|\nabla \psi(t, \cdot)|(x) .
\end{aligned}
$$

Taking the infimum over $t$ gives the claim.
We now estimate $\|\nabla \psi(t, \cdot)\|_{\infty}$. Let cut $(D)$ be the cut-locus of $\partial D$, which is a zero-volume closed subset of $D$ such that $\rho_{\partial D}:=\operatorname{dist}(\cdot, \partial D)$ is smooth in $D \backslash \operatorname{cut}(D)$.

Proposition 3.4. Let $\alpha \in \mathbb{R}$ be such that

$$
\begin{equation*}
\frac{1}{2} L \rho_{\partial D}(x) \leqslant \alpha, \quad x \in D \backslash \operatorname{cut}(D) \tag{3.12}
\end{equation*}
$$

Then

$$
\begin{align*}
\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} & \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s  \tag{3.13}\\
& \leqslant \frac{\sqrt{2}}{\sqrt{\pi t}}+\min \left\{2 \alpha^{+}, \alpha+\frac{\alpha^{2} \sqrt{t}}{\sqrt{2 \pi}}\right\} .
\end{align*}
$$

Proof. Let $x \in D$ and let $X_{t}$ solve $\operatorname{SDE}$ (3.4). As shown in [5], $\left(\rho_{\partial D}\left(X_{t}\right)\right)_{t \leqslant \tau_{D}}$ is a semimartingale satisfying

$$
\begin{equation*}
\rho_{\partial D}\left(X_{t}\right)=\rho_{\partial D}(x)+b_{t}+\frac{1}{2} \int_{0}^{t} L \rho_{\partial D}\left(X_{s}\right) \mathrm{d} s-l_{t}, \quad t \leqslant \tau_{D} \tag{3.14}
\end{equation*}
$$

where $b_{t}$ is a real-valued Brownian motion starting at 0 , and $l_{t}$ a non-decreasing process which increases only when $X_{t}^{x} \in \operatorname{cut}(D)$. Hence, setting $\varepsilon=\rho_{\partial D}(x)$, we deduce from (3.12) and (3.14) that

$$
\begin{equation*}
\rho_{\partial D}\left(X_{t}(x)\right) \leqslant Y_{t}^{\alpha}(\varepsilon):=\varepsilon+b_{t}+\alpha t, \quad t \leqslant \tau_{D} \tag{3.15}
\end{equation*}
$$

Consequently, letting $T^{\alpha}(\varepsilon)$ be the first hitting time of 0 by $Y_{t}^{\alpha}(\varepsilon)$, we obtain

$$
\begin{equation*}
\psi(t, x) \leqslant \mathbb{P}\left(t<T^{\alpha}(\varepsilon)\right) \tag{3.16}
\end{equation*}
$$

On the other hand, since $\psi(t, \cdot)$ vanishes on the boundary and is positive in $D$, we have for all $y \in \partial D$

$$
\begin{equation*}
|\nabla \psi(t, y)|=\lim _{x \in D, x \rightarrow y} \frac{\psi(t, x)}{\rho_{\partial D}(x)} \tag{3.17}
\end{equation*}
$$

Hence, by (3.16), to prove the first inequality in (3.13) it is enough to establish that

$$
\begin{equation*}
\limsup _{\varepsilon \downarrow 0} \frac{\mathbb{P}\left(t<T^{\alpha}(\varepsilon)\right)}{\varepsilon} \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \tag{3.18}
\end{equation*}
$$

It is well known that the (sub-probability) density $f_{\alpha, \varepsilon}$ of $T^{\alpha}(\varepsilon)$ is

$$
\begin{equation*}
f_{\alpha, \varepsilon}(s)=\frac{\varepsilon \exp \left(\frac{-(\varepsilon+\alpha s)^{2}}{2 s}\right)}{\sqrt{2 \pi s^{3}}} \tag{3.19}
\end{equation*}
$$

which can be obtained by the reflection principle for $\alpha=0$ and the Girsanov transform for $\alpha \in \mathbb{R}$. Thus

$$
\begin{align*}
\mathbb{P}\left(t \geqslant T^{\alpha}(\varepsilon)\right) & =\varepsilon \int_{0}^{t} \frac{\exp \left(\frac{-(\varepsilon+\alpha s)^{2}}{2 s}\right)}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \\
& =\varepsilon \exp (-\alpha \varepsilon) \int_{0}^{t} \frac{\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \exp \left(-\frac{\varepsilon^{2}}{2 s}\right) \mathrm{d} s  \tag{3.20}\\
& =\exp (-\alpha \varepsilon) \int_{0}^{2 t / \varepsilon^{2}} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}} \exp \left(-\frac{\alpha^{2} \varepsilon^{2} r}{4}\right) \mathrm{d} r
\end{align*}
$$

where we have made the change of variable $r=2 s / \varepsilon^{2}$. With the change of variable $v=1 / r$ we easily check that

$$
\begin{equation*}
\int_{0}^{\infty} r^{-3 / 2} \mathrm{e}^{-1 / r} \mathrm{~d} r=\Gamma(1 / 2)=\sqrt{\pi} \tag{3.21}
\end{equation*}
$$

and this allows to write

$$
\begin{equation*}
\mathbb{P}\left(t \geqslant T^{\alpha}(\varepsilon)\right)=\exp (-\alpha \varepsilon)\left(1-\int_{2 t / \varepsilon^{2}}^{\infty} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}} \mathrm{~d} r-\int_{0}^{2 t / \varepsilon^{2}} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}}\left(1-\mathrm{e}^{\frac{-\alpha^{2} \varepsilon^{2} r}{4}}\right) \mathrm{d} r\right) \tag{3.22}
\end{equation*}
$$

As $\varepsilon \rightarrow 0$,

$$
\int_{2 t / \varepsilon^{2}}^{\infty} \frac{\mathrm{e}^{-1 / r}}{\sqrt{r^{3}}} \mathrm{~d} r=\int_{2 t / \varepsilon^{2}}^{\infty} \frac{1}{\sqrt{r^{3}}} \mathrm{~d} r+\mathrm{o}(\varepsilon)=\frac{\varepsilon \sqrt{2}}{\sqrt{t}}+\mathrm{o}(\varepsilon)
$$

and with change of variable $s=\frac{1}{2} \varepsilon^{2} r$

$$
\begin{aligned}
\int_{0}^{2 t / \varepsilon^{2}} \frac{\mathrm{e}^{-1 / r}}{\sqrt{\pi r^{3}}}\left(1-\mathrm{e}^{-\frac{\alpha^{2} \varepsilon^{2} r}{4}}\right) \mathrm{d} r & =\varepsilon \int_{0}^{t} \frac{\mathrm{e}^{-\frac{\varepsilon^{2}}{2 s}}}{\sqrt{2 \pi s^{3}}}\left(1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}\right) \mathrm{d} s \\
& =\varepsilon \int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s+\mathrm{o}(\varepsilon)
\end{aligned}
$$

by monotone convergence. Combining these with $\mathrm{e}^{-\alpha \varepsilon}=1-\alpha \varepsilon+\mathrm{o}(\varepsilon)$, we deduce from (3.22) that

$$
\begin{equation*}
\mathbb{P}\left(t \geqslant T^{\alpha}(\varepsilon)\right)=1-\varepsilon\left(\alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} d s\right)+\mathrm{o}(\varepsilon) \tag{3.23}
\end{equation*}
$$

which yields (3.18).
Obviously, the inequality $1-\mathrm{e}^{-s} \leqslant s$ for $s \geqslant 0$ implies

$$
\begin{equation*}
\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \leqslant \int_{0}^{t} \frac{\alpha^{2}}{2 \sqrt{2 \pi s}} \mathrm{~d} s=\frac{\alpha^{2} \sqrt{t}}{\sqrt{2 \pi}} \tag{3.24}
\end{equation*}
$$

Moreover, we we will show that

$$
\begin{equation*}
\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s=|\alpha|-\frac{\sqrt{2}}{\sqrt{\pi t}} \int_{0}^{|\alpha| \sqrt{t}} \mathrm{~d} r \int_{r}^{\infty} \mathrm{e}^{-\frac{s^{2}}{2}} \mathrm{~d} s \leqslant|\alpha| \tag{3.25}
\end{equation*}
$$

which then together with (3.24) gives the second inequality in (3.13).
Thus, to finish the proof, it remains to establish (3.25). Indeed, noting that

$$
\sqrt{\frac{2}{\pi t}} \int_{0}^{|\alpha| \sqrt{t}}\left(\int_{0}^{\infty} \mathrm{e}^{-s^{2} / 2} \mathrm{~d} s\right) \mathrm{d} r=|\alpha|
$$

we see that (3.25) is equivalent to

$$
\begin{equation*}
\sqrt{\frac{2}{\pi t}} \int_{0}^{|\alpha| \sqrt{t}}\left(\int_{0}^{r} \mathrm{e}^{-s^{2} / 2} \mathrm{~d} s\right) \mathrm{d} r=\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \tag{3.26}
\end{equation*}
$$

Two changes of variables give

$$
\sqrt{\frac{2}{\pi t}} \int_{0}^{|\alpha| \sqrt{t}}\left(\int_{0}^{r} \mathrm{e}^{-s^{2} / 2} \mathrm{~d} s\right) \mathrm{d} r=\frac{\alpha^{2}}{2 \sqrt{2 \pi t}} \int_{0}^{t} \frac{1}{\sqrt{u}}\left(\int_{0}^{u} \frac{1}{\sqrt{v}} \mathrm{e}^{-\frac{\alpha^{2} v}{2}} \mathrm{~d} v\right) \mathrm{d} u
$$

A first integration by parts choosing $2(\sqrt{u}-\sqrt{t})$ as primitive of $1 / \sqrt{u}$ yields

$$
\begin{aligned}
\frac{\alpha^{2}}{2 \sqrt{2 \pi t}} \int_{0}^{t} \frac{1}{\sqrt{u}}\left(\int_{0}^{u} \frac{1}{\sqrt{v}} \mathrm{e}^{-\frac{\alpha^{2} v}{2}} \mathrm{~d} v\right) \mathrm{d} u & =\frac{\alpha^{2}}{\sqrt{2 \pi}} \int_{0}^{t} \frac{1}{\sqrt{u}} \mathrm{e}^{-\frac{\alpha^{2} u}{2}} \mathrm{~d} u-\frac{\alpha^{2}}{\sqrt{2 \pi t}} \int_{0}^{t} \mathrm{e}^{-\frac{\alpha^{2} u}{2}} \mathrm{~d} u \\
& =\frac{\alpha^{2}}{\sqrt{2 \pi}} \int_{0}^{t} \frac{1}{\sqrt{u}} \mathrm{e}^{-\frac{\alpha^{2} u}{2}} \mathrm{~d} u-\frac{\sqrt{2}}{\sqrt{\pi t}}\left(1-\mathrm{e}^{-\frac{\alpha^{2} t}{2}}\right)
\end{aligned}
$$

A second integration by parts shows that the right hand side is equal to $\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s$. Therefore, (3.26) holds and hence (3.25) as well.

Remark 3.1. We proved that

$$
\begin{align*}
\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} & \leqslant \alpha+\frac{\sqrt{2}}{\sqrt{\pi t}}+\int_{0}^{t} \frac{1-\mathrm{e}^{-\frac{\alpha^{2} s}{2}}}{\sqrt{2 \pi s^{3}}} \mathrm{~d} s \\
& =2 \max (0, \alpha)+\sqrt{\frac{2}{\pi t}} \int_{|\alpha| \sqrt{t}}^{\infty}\left(\int_{r}^{\infty} \mathrm{e}^{-s^{2} / 2} \mathrm{~d} s\right) \mathrm{d} r \tag{3.27}
\end{align*}
$$

where the last equality follows from (3.25) and the observation that $\int_{0}^{\infty} \int_{r}^{\infty} \mathrm{e}^{-s^{2} / 2} \mathrm{~d} s \mathrm{~d} r=1$. This implies that for all $a>1$

$$
\begin{aligned}
\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} & \leqslant 2 \max (0, \alpha)+\sqrt{\frac{2}{\pi t}} \mathrm{e}^{-\frac{t \alpha^{2}}{2 a}} \int_{|\alpha| \sqrt{t}}^{\infty} e^{-\frac{r^{2}(a-1)}{4 a}}\left(\int_{r}^{\infty} \mathrm{e}^{-\frac{s^{2}(a-1)}{4 a}} \mathrm{~d} s\right) \mathrm{d} r \\
& \leqslant 2 \max (0, \alpha)+\sqrt{\frac{2}{\pi t}} \mathrm{e}^{-\frac{t \alpha^{2}}{2 a}} \int_{0}^{\infty} \mathrm{e}^{-\frac{r^{2}(a-1)}{4 a}}\left(\int_{0}^{\infty} \mathrm{e}^{-\frac{s^{2}(a-1)}{4 a}} \mathrm{~d} s\right) \mathrm{d} r \\
& \leqslant 2 \max (0, \alpha)+\frac{a}{a-1} \sqrt{\frac{2 \pi}{t}} \mathrm{e}^{-\frac{t \alpha^{2}}{2 a}} .
\end{aligned}
$$

In the case when $4<t \alpha^{2}$, taking $a=\frac{\alpha^{2} t}{\alpha^{2} t-4}$ yields

$$
\|\nabla \psi(t, \cdot)\|_{\partial D, \infty} \leqslant 2 \max (0, \alpha)+\frac{\mathrm{e}^{2} \alpha^{2} t}{4} \sqrt{\frac{2 \pi}{t}} \mathrm{e}^{-\frac{\alpha^{2} t}{2}}
$$

and in particular

$$
\|\nabla \psi(1 / \lambda, \cdot)\|_{\partial D, \infty} \leqslant 2 \max (0, \alpha)+\frac{\mathrm{e}^{2} \alpha^{2}}{4 \lambda} \sqrt{2 \pi \lambda} \mathrm{e}^{-\frac{\alpha^{2}}{2 \lambda}}
$$

Combined with the Lemmas 3.2 and 3.3, this gives estimate (1.3) of Remark 1.1.
Finally, to estimate the constant $\alpha$ in (3.12), we shall use the Laplacian comparison theorem to bound $\Delta \rho_{\partial D}$ from above. See [4, 9] for the corresponding lower bound estimate.
Theorem 3.5. Let $\theta, k \in \mathbb{R}$ be such that $\mathbb{I}_{\partial D} \geqslant-\theta$ and $\operatorname{Ric}_{D} \geqslant-(d-1) k$. For $t \geqslant 0$ let

$$
h(t)= \begin{cases}\cos (\sqrt{-k} t)+\frac{\theta}{\sqrt{-k}} \sin (\sqrt{-k} t), & \text { if } k<0 \\ 1+\theta t, & \text { if } k=0 \\ \cosh (\sqrt{k} t)+\frac{\theta}{\sqrt{k}} \sinh (\sqrt{k} t), & \text { if } k>0\end{cases}
$$

Let $h^{-1}(0)$ be the first zero of $h$ (where $h^{-1}(0):=\infty$ if $h(t)>0$ for all $t \geqslant 0$ ). Then for any $x \in D \backslash \operatorname{cut}(D)$ such that $\rho_{\partial D}(x)<h^{-1}(0)$, there holds

$$
\begin{equation*}
\Delta \rho_{\partial D}(x) \leqslant(d-1) \frac{h^{\prime}}{h}\left(\rho_{\partial D}(x)\right) \tag{3.28}
\end{equation*}
$$

In particular, if $\theta, k \geqslant 0$ we have

$$
\begin{equation*}
\Delta \rho_{\partial D}(x) \leqslant(d-1)(\theta+\sqrt{k}), \quad x \in D \backslash \operatorname{cut}(D) \tag{3.29}
\end{equation*}
$$

Proof. The proof of (3.28) is adapted from [10, Theorem 1.2.2] where the corresponding Hessian upper bound is presented. For fixed $x \in D \backslash \operatorname{cut}(D)$, let $p$ be the orthogonal projection of $x$ on $\partial M$, which is the unique point on $\partial D$ such that $\operatorname{dist}(x, p)=\rho:=\rho_{\partial D}(x)$. Then

$$
\gamma(s):=\exp _{p}(s N), \quad s \in[0, \rho],
$$

is the minimal geodesic in $D$ linking $p$ and $x$. Let $X_{0}(0)=N(p)$, and $\left\{X_{i}(0)\right\}_{1 \leqslant i \leqslant d-1}$ be an orthonormal basis of $T_{p} \partial D$. For $0 \leqslant i \leqslant d-1$, let

$$
X_{i}(s)=/ /_{p \rightarrow \gamma(s)} X_{i}(0), \quad s \in[0, \rho],
$$

be the parallel transport of $X_{i}(0)$ along the geodesic $\gamma$. Moreover, for any $1 \leqslant i \leqslant d-1$, let $\left\{J_{i}(s)\right\}_{s \in[0, \rho]}$ be the Jacobi field along $\gamma$ such that $J(\rho)=X_{i}(\rho)$ and

$$
\left\langle\dot{J}_{i}(0), U\right\rangle=-\mathbb{I}_{\partial D}\left(J_{i}(0), U\right), \quad U \in T_{p} \partial D
$$

By the second variational formula (see e.g. page 321 in [2]), we have

$$
\begin{align*}
\Delta \rho_{\partial D}(x)= & \sum_{i=1}^{d-1} \operatorname{Hess}_{\rho_{\partial D}}\left(X_{i}, X_{i}\right)\left(\rho_{\partial D}(x)\right) \\
= & -\sum_{i=1}^{d-1} \mathbb{I}_{\partial D}\left(J_{i}(0), J_{i}(0)\right) \\
& +\sum_{i=0}^{d-1} \int_{0}^{\rho_{\partial D}(x)}\left(\left|\dot{J}_{i}(s)\right|^{2}-\left\langle\mathcal{R}\left(X_{0}(s), J_{i}(s)\right) X_{0}(s), J_{i}(s)\right\rangle\right) \mathrm{d} s \tag{3.30}
\end{align*}
$$

where $\mathcal{R}$ is the curvature tensor. Define

$$
\tilde{J}_{i}(s)=\frac{h(s)}{h\left(\rho_{\partial D}(x)\right)} X_{i}(s), \quad s \in\left[0, \rho_{\partial D}(x)\right], \quad 0 \leqslant i \leqslant d-1
$$

Then $\tilde{J}_{i}\left(\rho_{\partial D}(x)\right)=J_{i}\left(\rho_{\partial D}(x)\right)=X_{i}$, and by $\mathbb{I}_{\partial D} \geqslant-\theta$,

$$
\left\langle\dot{\tilde{J}}_{i}(0), \tilde{J}_{i}(0)\right\rangle=\frac{\theta}{h\left(\rho_{\partial D}(x)\right)^{2}} \geqslant-\mathbb{I}_{\partial D}\left(\tilde{J}_{i}(0), \tilde{J}_{i}(0)\right), \quad 1 \leqslant i \leqslant d-1 .
$$

Hence, by the index lemma (see the first displayed formula on page 322 in [2]), and using the lower bound conditions on $\mathbb{I}_{\partial D}$ and $\operatorname{Ric}_{D}$, we deduce from (3.30) that

$$
\begin{aligned}
\Delta \rho_{\partial D}(x) \leqslant & -\sum_{i=1}^{d-1} \mathbb{I}_{\partial D}\left(\tilde{J}_{i}(0), \tilde{J}_{i}(0)\right) \\
& +\sum_{i=0}^{d-1} \int_{0}^{\rho_{\partial D}(x)}\left(\left|\dot{\tilde{J}}_{i}(s)\right|^{2}-\left\langle\mathcal{R}\left(X_{0}(s), \tilde{J}_{i}(s)\right) X_{0}(s), \tilde{J}_{i}(s)\right\rangle\right) \mathrm{d} s \\
\leqslant & \frac{1}{h\left(\rho_{\partial D}(x)\right)^{2}}\left(-\left(\operatorname{tr} \mathbb{I}_{\partial D}\right)(p)+\int_{0}^{\rho_{\partial D}(x)}\left\{h^{\prime}(s)^{2}-h(s)^{2} \operatorname{Ric}\left(X_{0}(s), X_{0}(s)\right)\right\} \mathrm{d} s\right) \\
\leqslant & \frac{d-1}{h\left(\rho_{\partial D}(x)\right)^{2}}\left(-\theta+\int_{0}^{\rho_{\partial D}(x)}\left\{h^{\prime}(s)^{2}+k h(s)^{2}\right\} \mathrm{d} s\right) \\
= & (d-1) \frac{h^{\prime}}{h}\left(\rho_{\partial D}(x)\right),
\end{aligned}
$$

where in the last step we used the facts that $\left(h h^{\prime}\right)(0)=\theta$ and $h^{\prime \prime}=k h$, and the latter implies

$$
\left(h^{\prime}\right)^{2}+k h^{2}=\left(h h^{\prime}\right)^{\prime}-h h^{\prime \prime}+k h^{2}=\left(h h^{\prime}\right)^{\prime} .
$$

Thus (3.28) holds. When $\theta, k \geqslant 0$, we have $h^{-1}(0)=\infty$ and

$$
\begin{aligned}
\frac{h^{\prime}(t)}{h(t)} & =\frac{\sqrt{k} \sinh (\sqrt{k} t)+\theta \cosh (\sqrt{k} t)}{\cosh (\sqrt{k} t)+\frac{\theta}{\sqrt{k}} \sinh (\sqrt{k} t)} \\
& \leqslant \frac{\sqrt{k} \cosh (\sqrt{k} t)+\theta \cosh (\sqrt{k} t)}{\cosh (\sqrt{k} t)}=\sqrt{k}+\theta
\end{aligned}
$$

Then (3.29) follows from (3.28).
We are now ready to prove Theorem 3.1.
Proof of Theorem 3.1. By Theorem 3.5 with $k=\frac{K_{0}}{d-1}$, condition (3.12) holds for $\alpha$ as given in (3.1). Applying Lemmas 3.2, 3.3 and Proposition 3.4 with $t=s=\frac{1}{\lambda}$, we obtain

$$
\begin{aligned}
\|\nabla \phi\|_{\infty} & \leqslant \mathrm{e}^{1 / 2}\left(\sqrt{\lambda+K_{V}}\|\phi\|_{\infty}+\|\nabla \phi\|_{\partial D, \infty}\right) \\
& \leqslant\|\phi\|_{\infty}\left\{\sqrt{\mathrm{e}\left(\lambda+K_{V}\right)}+\mathrm{e}\left(\alpha+\frac{\sqrt{2 \lambda}}{\sqrt{\pi}}+\alpha \wedge \frac{\alpha^{2}}{\sqrt{2 \pi \lambda}}\right)\right\} .
\end{aligned}
$$

The result follows by substitution.

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