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SINGLE NUCLEOTIDE POLYMORPHISMS INVOLVED IN CHYLOMICRON METABOLISM PLAY A SIGNIFICANT ROLE IN THE INTERINDIVIDUAL VARIABILITY OF LUTEIN BIOAVAILABILITY.

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Context – Newly absorbed lutein (LUT) is transported to the liver via triacylglycerol (TG)-rich lipoproteins called chylomicrons (CM). We have recently identified a combination of single nucleotide polymorphisms (SNPs), which were located in or near genes involved in TG metabolism, and that explains a significant part of the interindividual variability in the postprandial CM TG response to dietary fat (1).

Objective – To assess whether these genes are also involved in LUT bioavailability.

Participants and Methods - Thirty-nine healthy male volunteers, who participated in the study on the CM TG response (1), consumed a test meal that contained 15 mg LUT as a supplement. Plasma CM LUT concentrations were measured at regular intervals after meal consumption. The association of SNPs, in or near candidate genes (42 genes representing 1785 SNPs), with the CM LUT response (0 to 8 h AUC of the postprandial CM LUT concentrations) was assessed by partial least squares (PLS) regression.

Results - Data obtained allowed us to generate a validated significant ($P=1.9 \times 10^{-4}$) PLS model that explained most of the variance in the CM LUT response. The model included 29 SNPs in 15 genes (2), 8 of them being associated with the postprandial CM TG response (1).

Figure: Delta CM LUT concentrations measured after consumption of the meal containing the LUT supplement. Bold curve: mean \pm SEM values of the 39 subjects. Lower dotted curve: LUT concentration measured in the lowest responder. Higher dotted curve: LUT concentration measured in the highest responder.

Table. Genes associated with the postprandial chylomicron lutein response

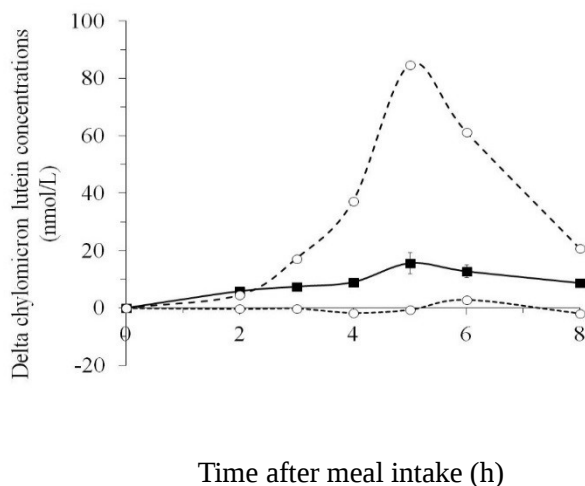
Gene	Associated with CM metabolism
<i>ELOVL2</i>	N (no)
<i>ABCG2</i>	N
<i>ISX</i>	N
<i>MTTP</i>	N
<i>LPL</i>	Y (yes)
<i>APOA1</i>	N
<i>MC4R</i>	Y
<i>PKD1L2</i>	N
<i>INSIG2</i>	Y
<i>IRS1</i>	Y
<i>APOB</i>	Y
<i>ABCA1</i>	Y
<i>RPE65</i>	N
<i>LIPC</i>	Y
<i>COBLL1</i>	Y

Conclusions – SNPs in genes involved in CM metabolism play a significant role in the interindividual variability in LUT bioavailability.

Acknowledgements

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- [1] Desmarchelier C, Martin JC, Planells R, et al. *J Clin Endocr Metab*; Jan 13; jc20133962. [Epub ahead of print]: DOI: <http://dx.doi.org/10.1210/jc.2013-3962>. (2014)
- [2] Borel P, Desmarchelier C, Nowicki M, Bott R, Morange S, Lesavre N. *Am J Clin Nutr*; in reviewing.



Time after meal intake (h)