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## A new finite element method for inverse problems in structural analysis: application to atherosclerotic plaque elasticity reconstruction

Adeline Bouvier<sup>a,b</sup>, Flavien Deleaval<sup>b</sup>, Marvin M. Doyley<sup>c</sup>, Antoine Tacheau<sup>b</sup>, Gérard Finet<sup>d</sup>, Simon Le Floc'h<sup>e</sup>, Guy Cloutier<sup>f</sup>, Roderic I Pettigrew<sup>g</sup> and Jacques Ohayon<sup>b,h</sup>\*

<sup>a</sup>Laboratoire LAMA. Université de Savoie CNRS UMR 5127. Chambéry. France: <sup>b</sup>Laboratoire TIMC-IMAGUJF, CNRS UMR 5525. Grenoble, France; <sup>c</sup>University of Rochester, Rochester NY, USA; <sup>d</sup>Hospices Civils de Lyon INSERM Unit 886, Université Claude Bernard, Lyon, France; <sup>e</sup>Laboratoire LMGC, Université de Montpellier II, CNRS UMR 5508, Montpellier, France; <sup>f</sup>Laboratoire LBUM, Université de Montréal, CRCHUM, Montréal, Québec, Canada; <sup>8</sup>National Institutes of Health NIBIB, Bethesda, MD, USA; <sup>h</sup>Université de Savoie, Polytech Annecy-Chambéry, Chambéry, France

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#### 1. Introduction

Atherosclerotic plaque rupture remains the leading cause of acute coronary syndrome (ACS), myocardial infarction and stroke (Lloyd-Jones et al. 2010). Atherosclerotic lesions develop inside the arterial wall. Vulnerable plaque (VP), which is characterised by a relatively large extracellular necrotic core and a thin fibrous cap infiltrated by macrophages, is prone to rupture (Virmani et al. 2000). The rupture of the thin-cap fibroatheroma may lead to the formation of a thrombus, causing the acute syndrome and possibly death (Virmani et al. 2006). The disease remains asymptomatic for a long time, but early detection of vulnerable atherosclerotic lesions is a crucial step in preventing risk of rupture and managing ACS and strokes.

Accurate quantification of both morphology (Ohayon et al. 2008) and mechanical properties of the diseased arteries (Finet et al. 2004) are critical keys in the detection of VP. Indeed, peak cap stress (PCS) amplitude has been identified as the biomechanical key predictor of vulnerability to rupture (Finet et al. 2004). Quantifying PCS in vivo remains a challenge as it depends not only on the VP morphology, but also on the mechanical properties of the plaque components (Ohayon et al. 2008). Although several methods have been developed to extract the spatial strain distributions (Doyley et al. 2001; Maurice et al. 2004), the complex geometries of atherosclerotic plaques inhibit direct translation into plaque mechanical properties.

The present theoretical study was, therefore, designed to develop a finite element (FE) method-based direct computational algorithm for elasticity reconstruction problems that account for material discontinuities.

#### 2. Methods

The proposed elasticity reconstruction algorithm was obtained by extending the nodal material properties (NMP) approach proposed by Oberai et al. (2003).

To model material discontinuities between FEs, we modified and adapted the extended FE (Xfem) method (Moës et al. 1999) to the NMP approach. This new direct atherosclerotic plaque elasticity reconstruction method, based on the original material-FE formulation allowing for material discontinuities (named NMP-Xfem -1), was applied to coronary lesions of patients imaged in vivo using intravascular ultrasound (IVUS) technique.

Seven patients underwent coronary IVUS, and the extracted plaque geometries were used to simulate displacement and strain fields from which the performance of the original direct elasticity reconstruction method NMP- $Xfem^{-1}$  was tested.

For the purpose of this study, atherosclerotic plaque components were modelled as isotropic and quasiincompressible media with a linear elastic behaviour. The FE models were solved under the assumption of plane strain. The two-dimensional proposed algorithm was derived by using the standard-based displacement FE method. To account for material heterogeneities, we introduced the notion of discontinuous nodal enrichment as performed to model failure in structural analysis.

The Galerkin FE representation of the governing elasticity equations applied to this structure is given in matrix form by

$$[K(\lambda, \mu)]\{U\} = \{F\} \tag{1}$$

where {F} and {U} are the nodal force and displacement vectors, respectively, and  $\lambda$  and  $\mu$  the Lamé's coefficients associated to the material properties of the FE, and [K] the global symmetric stiffness matrix. The displacement FE approximations are associated to regular mesh and are given by

$$u(x) = \sum_{i \in I} u_i \varphi_i(x)$$
 (2.a)  
$$v(x) = \sum_{i \in I} v_i \varphi_i(x)$$
 (2.b)

$$v(x) = \sum_{i \in I} v_i \varphi_i(x)$$
 (2.b)

where u and v contain the components of the displacement vector,  $u_i$  and  $v_i$  the displacements at node i,  $\varphi i$  the shape function associated with node i and x the position vector. The nodal enrichment approach allows to satisfy the material discontinuity constraint by introducing additional nodes, which increases the degree of freedom related to nodal material variables vector. As a consequence, the FE approximation of the two material constants (i.e. the two Lamé's coefficients  $\lambda$  and  $\mu$  of the FE) was expressed as

$$\lambda(x) = \sum_{j \in J} \lambda_j \psi_j(x)$$
 (3.a)

$$\mu(x) = \sum_{j \in J} \mu_j \psi_j(x)$$
 (3.b)

where I is the set of initial nodes i (before enrichment), J the set of all the nodes after the enrichment and  $\lambda k$ ,  $\mu k$  ( $k \in I$ , J) the components of the nodal material vectors  $\{\lambda\}$  and  $\{\mu\}$  respectively. The shape functions  $\varphi i$  ( $i \in I$  and  $\psi j$  ( $j \in J$ ) were used for displacement and material property fields respectively. This material-FE formulation allowing for material discontinuities (named NMP-Xfem) was used to solve the forward problem.

Taking advantage of the linear relationships between the nodal displacement and material variables, we reformulated the equations of the forward FE methodology *NMP-Xfem* to obtain the linear FE formulation of the inverse algorithm *NMP-Xfem*<sup>-1</sup>. We extracted a matrix [Q] (named displacement matrix) that was used to solve for the nodal mechanical properties {R}. We thus obtained the following set of linear equilibrium equations for the new linear inverse FE methodology:

$$[Q(u_k)]\{R\} = \{F\} \text{ avec}\{R\} = \begin{Bmatrix} \lambda \\ \mu \end{Bmatrix}$$
 (4)

and then solve for the global NMP  $\{R\}$ :

$$\{R\} = (([Q]^T [Q])^{-1} [Q]^T) \{F\}$$
 (5)

#### 3. Results and conclusion

The performance of the new *NMP-Xfem* <sup>-1</sup> method to recover Young modulus map and to deal with discontinuities with necrotic cores (nc) and calcification (ca) is shown in Figure 1. Results are compared with the *NMP* <sup>-1</sup> method. Both direct and inverse algorithms have been implemented in MATLAB. Strain fields resulting from the forward problem *NMP-Xfem* have been used as input data for the inverse problem *NMP-Xfem* <sup>-1</sup>. Simulations were performed on VP geometries acquired by IVUS *in vivo*.

The novel method *NMP-Xfem*  $^{-1}$  was successfully applied to the seven coronary lesions of patients. Our results showed that the mean relative error of the reconstructed Young's moduli decreased from  $103.29 \pm 111.86\%$  to  $(2.6 \pm 5.7) \times 10^{-8\%}$  (i.e. close to the exact solution) when considering the enriched nodes instead of the *NMP*  $^{-1}$  method. Figure 1 shows clearly that

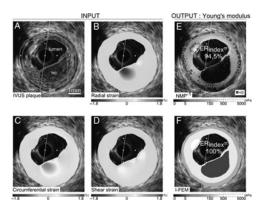


Figure 1. (A) IVUS acquisition. (B)–(D) Input data: simulated radial, circumferential and shear strain fields, respectively. (E) and (F) Young's modulus reconstruction maps obtained with NMP<sup>-1</sup> and NMP-Xfem<sup>-1</sup>, respectively.

the combined inverse approach NMP-Xfem<sup>-1</sup> allows for material discontinuities. Moreover, no negative values of Young's modulus were obtained by using the proposed inverse method NMP-Xfem<sup>-1</sup>.

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