



HAL
open science

Dynamic modeling of in vitro lipid digestion: Individual fatty acid release and bioaccessibility kinetics

Thuy Minh Giang, Sebastien Gaucel, Pierre Brestaz, Marc Anton, Anne Meynier, Ioan-Cristian Trelea, Steven Le Feunteun

► To cite this version:

Thuy Minh Giang, Sebastien Gaucel, Pierre Brestaz, Marc Anton, Anne Meynier, et al.. Dynamic modeling of in vitro lipid digestion: Individual fatty acid release and bioaccessibility kinetics. *Food Chemistry*, 2016, 194, pp.1180-1188. 10.1016/j.foodchem.2015.08.125 . hal-01532511

HAL Id: hal-01532511

<https://hal.science/hal-01532511v1>

Submitted on 11 Jul 2017

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



Distributed under a Creative Commons Attribution - ShareAlike 4.0 International License

1 **Dynamic modeling of *in vitro* lipid digestion: Individual fatty acid release**
2 **and bioaccessibility kinetics**

3

4

5 T.M. Giang^{1,2}, S. Gaucel^{1,2}, P. Brestaz³, M. Anton³, A. Meynier³, I.C. Trelea^{1,2} and S. Le
6 Feunteun*^{1,2}

7

8 ¹ INRA, UMR782 Génie et Microbiologie des Procédés Alimentaires, F-78850 Thiverval
9 Grignon, France

10 ² AgroParisTech, UMR782 Génie et Microbiologie des Procédés Alimentaires, F-78850
11 Thiverval Grignon, France

12 ³ INRA, UR1268 Biopolymères Interactions Assemblages, F-44300 Nantes, France

13

14 ***Corresponding author:** steven.le-feunteun@grignon.inra.fr, +33(0)13814596

15 **Abstract**

16 The aim of this study was to gain knowledge about the role of triacylglycerol (TAG)
17 composition in fatty acids (FA) of o/w emulsions on both the pancreatic lipolysis kinetics and
18 the bioaccessibility of released products (i.e. contained within the bile salt micellar phase). A
19 mathematical model was developed and its predictions were compared to a set of
20 experimental data obtained during an *in vitro* digestion of a whey protein stabilized emulsion.
21 Modeling results show that FA residues of TAG were hydrolyzed at specific rates, inducing
22 different bioaccessibility kinetics. The estimated lipolysis rate constants of the studied FA
23 (C8:0, C10:0 >> C18:1 n-9 >> C12:0 > C14:0 > C16:0 ≈ C16:1 n-7 > C22:6 n-3) were in
24 close agreement with the available literature on the substrate specificity of pancreatic lipase.
25 Results also suggest that lipolysis products are very rapidly solubilized in the bile salt mixed
26 micelles with no fractionation according to the FA carbon chain.

27

28 **Keywords:** Emulsion, Digestion, Pancreatic lipase, Substrate specificity, DHA, Simulation.

29

30 **1. Introduction**

31 Human digestion of lipid emulsion is influenced by both physiological parameters and
32 emulsion properties. Triacylglycerol (TAG) digestion occurs essentially in the intestine where
33 about 80% of the lipolysis reaction take place (Carriere, Barrowman, Verger, & Laugier,
34 1993). The reaction is mediated by the pancreatic lipase-colipase complex at the oil-water
35 interface and releases the *sn*-2-monoacylglycerol (MAG) and two free fatty acids (FFA)
36 (Golding & Wooster, 2010). Lipolysis products are then incorporated into bile salt micelles
37 before being transported to the gut wall and absorbed by the organism (Smith & Morton,
38 2010). Hence, physiological parameters such as the concentrations of pancreatic lipase,
39 colipase and bile salts can all modify lipid digestion. The structural characteristics of
40 emulsions are also important to consider when evaluating lipolysis kinetics. For instance, the
41 nature of emulsifiers influences the properties of the oil-water interface and can therefore
42 affect lipase adsorption onto droplets. The size of the oil droplets is another key parameter
43 since fine emulsions with high interfacial areas facilitate the enzyme activity compared to
44 coarse emulsions with low interfacial areas (Armand et al., 1999; Golding & Wooster, 2010;
45 Li & McClements, 2010).

46 The TAG composition in fatty acid residues (FA), characterized by their carbon chain length
47 and degree of unsaturation, also has a strong impact. Several studies have demonstrated that
48 human and porcine pancreatic lipases exhibit a certain fatty acid specificity (Berger &
49 Schneider, 1991; Desnuelle & Savary, 1963; Mukherjee, Kiewitt, & Hills, 1993; Yang,
50 Kuksis, & Myher, 1990). For instance, it is well known that pancreatic lipase is more active
51 on medium chain TAG (MCT, up to C10) than on long chain TAG (LCT, from C12) (Armand
52 et al., 1992; Desnuelle & Savary, 1963; Golding et al., 2011; Li & McClements, 2010), and
53 that its activity depends on the number and positions of unsaturations (Mukherjee et al., 1993;
54 Yang et al., 1990). Long chain polyunsaturated fatty acids, such as docosahexaenoic acid

55 (C22:6 n-3, DHA), have also been reported to be among the most resistant FA to pancreatic
56 lipase (Bottino, Vandenburg, & Reiser, 1967; Yang et al., 1990), possibly because of the short
57 distance of the first double bond from the ester linkage (Akanbi, Sinclair, & Barrow, 2014;
58 Bottino et al., 1967; Lawson & Hughes, 1988).

59 Moreover, the extent of FFA and MAG that can be solubilized into the bile salt micelles also
60 seems to be product dependent (Freeman, 1969; Hofmann, 1963). For instance, the molar
61 saturation ratio (mole of incorporated products/mole of bile salts) in a sodium
62 glycodeoxycholate solution at 37°C has been reported to vary from 0.07 for stearic acid
63 (C18:0) to 1.86 for lauric acid (C12:0) with intermediate values for long chain unsaturated
64 FFA such as oleic (C18:1 n-9) and linoleic acids (C18:2 n-6) (Freeman, 1969). Such values,
65 which can be partly reasoned in terms of molecular polarities and amphiphilic properties, are
66 however dependent on numerous parameters such as the type of bile acid used or the pH of
67 the solution (Freeman, 1969; Hofmann, 1963). Moreover, if the addition of *sn*-1-monoolein
68 within the bile salt solution has been reported to improve the bile salt solubility of FFA, the
69 opposite has been observed with the addition of oleic acid (Freeman, 1969). Given the variety
70 of lipolysis products and bile acids that coexist during the intestinal digestion of edible oil, it
71 therefore seems difficult to predict the bioaccessibility of lipolysis products.

72 Modeling has proven to be a powerful tool for a better understanding of the intestinal
73 digestion kinetics. Various models of lipid digestion have been published over the last
74 decades. Several models are based on the Michaelis-Menten equation. Verger and co-workers
75 were the first to adapt such approach to the biphasic nature of the lipolysis reaction by taking
76 into account the interfacial concentrations of the substrates and enzymes (Verger & de Haas,
77 1976; Verger, Mieras, & de Haas, 1973). Several variants have been proposed since, as for
78 instance by Jurado, Camacho, Luzón, Fernández-Serrano, & García-Román (2008) for a
79 bacterial lipase. These models are however quite complex and often require parameter values

80 that are difficult to determine experimentally, in particular for the digestion of edible oils
81 composed of different TAG species. In a much simpler approach, intestinal lipolysis can also
82 be described by a first order kinetic model (Ye, Cui, Zhu, & Singh, 2013). If such models can
83 be useful in comparing the initial enzyme activity in different conditions, they do not take into
84 account the interfacial area of oil droplets. This is why Li & McClements (2010) proposed a
85 model in which the rate constant is expressed per unit of interfacial area, and that accounts for
86 a progressive decrease of the oil droplet size. This model provided good fits of pH-stat
87 measurements performed on different emulsions with the assumptions that the number of
88 droplet remains unchanged and all droplets have the same size at any given time. Recently,
89 we resorted to a similar modeling approach to show, by integrating experimentally measured
90 droplet sizes, that the reduction of the interfacial area induced by droplet coalescence was the
91 main reason why our *in vitro* intestinal lipolysis seemed to stop before the substrate was fully
92 exhausted (Giang et al., 2015).

93 Nevertheless, all the above models assume a unique reaction rate constant without
94 considering the FA composition of the studied oils. Hence, they cannot be used to reproduce
95 the release kinetics of individual FA. In the present study, we develop a mathematical model
96 of intestinal lipolysis that takes the composition of the oil substrate into account. It predicts
97 the lipolysis kinetics of each FA residue and their *in vitro* bioaccessibility, defined as the
98 concentration of FA (FFA + *sn*-2-MAG) measured within the bile salt micellar phase. The
99 model is applied to a set of experimental data measured during the *in vitro* gastro-intestinal
100 digestion of a whey protein stabilized emulsion. The estimated values for the model
101 parameters (FA specific lipolysis rate constants and bile salt micellar fractions) are compared
102 with the available literature and discussed according to their biochemical meanings.

103

104 **2. Material and method**

105 2.1. Materials

106 The oil containing medium-chain triacylglycerols (MCT), Miglyol 812S, was purchased from
107 Sasol GmbH, Germany. The main fatty acids contained in this oil were C8:0 (54% w/w) and
108 C10:0 (43%). The oil containing long-chain triacylglycerols (LCT), DHAsco, was obtained
109 from Martek, via DSM Nutritional Products Ltd, Switzerland. It contained docosahexaenoic
110 acid (DHA, C22:6 n-3) as major fatty acid (40% w/w) along with C12:0 (4%), C14:0 (12%),
111 C16:0 (12%) and C18:1 n-9 (24%). Whey protein powder (Prolacta 95) was purchased from
112 Lactalis Ingredients, France. Pepsin (P7012, 2,500 U mg⁻¹), mucin (M2378), pancreatin
113 (P7545, 8×USP specifications), pancreatic lipase (L3126, 120 U mg⁻¹) and bile extract (B8631)
114 were from porcine origin and obtained from Sigma-Aldrich, France. Water was Milli-Q water.
115 Solvents for liquid chromatography were chloroform for HPLC (Carlo Erba), methyl alcohol
116 for HPLC (99.9%, Carlo Erba) and ammonia solution (30%, Carlo Erba). Acetone (Pure RE,
117 Carlo Erba), sulfuric acid (RPE 96%, Carlo Erba), cyclohexane and heptadecanoic acid
118 (Sigma) were used for the preparation of fatty acid methyl esters (FAME) of the micellar
119 phase during intestinal digestion.

120

121 2.2. Emulsion preparation and digestion

122 A whey protein stabilized emulsion with droplet diameters below 1 μm was first prepared
123 according to the procedure previously described in Giang et al. (2015). Briefly, the oil phase
124 (20% w/w) contained 37.5% (w/w) of MCT and 62.5% of LCT, and the aqueous phase (80%
125 w/w) contained 4% (w/w) of whey protein powder, used as emulsifier, in a 0.1M sodium
126 phosphate buffer (pH 7.0). After high pressure homogenization and addition of maltodextrin
127 solution to improve the freeze-dried stability of oil droplets, the emulsion was freeze-dried.
128 On the day of the *in vitro* experiments, the dry emulsion was rehydrated in Milli-Q water to
129 obtain a final oil concentration of 3.2% (w/w).

130 A volume of 3 mL of the rehydrated emulsion, corresponding to an oil mass of about 96 mg,
131 was placed into hermetically sealed headspace vials (22.4 mL). The gastric and intestinal
132 phases of the *in vitro* digestion experiments were performed sequentially at 37°C under
133 magnetic stirring (400 rpm). The gastric phase duration was 60 min and was launched by
134 adding 2.12 mL of simulated gastric fluid (SGF) and 40 µL of 1M HCl to reach a final pH of
135 2.5. The SGF solution contained 3.9 g L⁻¹ of pepsin (corresponding to 10,000 U per mL of
136 SGF using hemoglobin as substrate), 2.4 g L⁻¹ of mucin, 120 mM of NaCl, 2 mM of KCl and
137 6 mM of CaCl₂. The intestinal phase duration was then launched for 300 min maximum by
138 adding 4.86 mL of simulated intestinal fluid (SIF) and 100 µL of 1M NaCO₃ to reach a final
139 pH of 6.5. The SIF solution contained 30.8 g L⁻¹ of bile extract powder, 0.82 g L⁻¹ of
140 pancreatin (activity: 8×USP specifications), 0.41 g L⁻¹ of pancreatic lipase (corresponding to
141 100 U per mL of SIF using olive oil as the substrate), and the same electrolyte concentrations
142 as the SGF.

143 Samples were taken at t = 0 min of the intestinal phase using a modified SIF that contained all
144 constituents except pancreatin and lipase, and at 15, 30, 60, 120 and 300 min of intestinal
145 digestion. One vial was used for one sampling time and one type of measurement
146 (quantification of LCT and MCT by HPLC, quantification of the lipolysis products within the
147 bile salt micellar phase by GC, or droplet size by laser granulometry) so that the contents of
148 18 vials in total were analyzed (3 methods times 6 sampling times) for one digestion. Three
149 independent digestion experiments, further denoted as replicates, were performed.

150

151 2.3. Quantification of LCT and MCT by HPLC

152 HPLC paired with an evaporative light scattering detector (ELSD) was used to quantify the
153 decrease in both LCT and MCT masses during the time course of the *in vitro* digestions. Total
154 lipids were extracted according to Bligh and Dyer method with minor modifications in the

155 ratio $\text{CHCl}_3/\text{CH}_3\text{OH}/\text{H}_2\text{O}$ 1/2/1, and dissolved in CHCl_3 to obtain a final lipid concentration
 156 of 0.7 mg mL^{-1} . HPLC operating conditions were similar to those described in Kenmogne-
 157 Domguia, Meynier, Viau, Llamas, & Genot (2012) using a Uptip-prep Strategy column (2.2
 158 μm SI, $150 \times 4.6 \text{ mm}$, Interchim, Montluçon, France) and $30 \mu\text{L}$ of injected lipid extract. The
 159 signal of LCT and MCT (retention times of 1.21 and 1.32 min, respectively) were
 160 deconvoluted using a specifically developed algorithm running with the Matlab™ software
 161 (The MathWorks Inc., Natick, MA), and converted into masses using a pre-established
 162 calibration curve. LCT and MCT masses were finally converted into lipolysis percentages
 163 using Equation 1:

$$\text{lipolysis}(t) = \frac{m_{TAG_0} - m_{TAG}(t)}{m_{TAG_0}} \times 100 \% \quad (1)$$

164 where m_{TAG_0} and $m_{TAG}(t)$ are the masses (mg) of LCT or MCT initially present in the vials
 165 and measured by HPLC at time t , respectively.

166

167 2.4. Droplet size measurement

168 The volume-based distribution of oil droplet sizes was measured using a Mastersizer S
 169 (Malvern Instruments Ltd., Worcestershire, UK) equipped with a 2 mW He-Ne laser of $\lambda =$
 170 633 nm and the 300RF lens with detection limits of 0.05 and $900 \mu\text{m}$. The refractive index n_0
 171 of the aqueous phase was 1.33 and the properties of the dispersed phase were 1.457 for the
 172 refractive index and 0.001 for the absorption. Samples were diluted with distilled water to
 173 reach an oil volume concentration near 0.01% (w/w) for the circulation in the measurement
 174 cell. The surface weighted mean diameter, d_{32} , was calculated using Equation 2:

$$d_{32} = \frac{\sum n_i^3 d_i^3}{\sum n_i^2 d_i^2} \quad (2)$$

175 where n_i is the number of droplets of diameter d_i .

176

177 2.5. Quantification of lipolysis products within the bile salt micellar phase by GC
178 Intestinal aliquots were frozen immediately after sampling. The day after, they were
179 centrifuged at 50,000 rpm for 45 min at 4°C with Aventi J26-XP (Beckman-Coulter). Three
180 phases were observed after centrifugation: a lipidic phase at the top, a pellet at the bottom,
181 and a major intermediate phase containing the bile salt mixed micelles and which will be
182 further referred as the micellar phase. 500 µL of the micellar phase were sampled for the
183 determination of its FA composition by direct trans-methylation as described previously by
184 Berton, Genot, & Ropers (2011). Briefly, 500 µL of the micellar phase was trans-methylated
185 in presence of 100 µL of internal standard (heptadecanoic acid 1mg/mL in acetone/MeOH 2/1
186 v/v). 2 mL of methanol and 400 µL of H₂SO₄ were then introduced. The mixture was mixed;
187 the tube screw capped and then heated à 100°C for 1 h. After cooling at room temperature,
188 500 µL of water and 1 mL of cyclohexane were added. After mixing, and decantation, the
189 organic phase was removed for later analysis by GC. Fatty acid methyl ester (FAME)
190 analyses were performed on a gas chromatograph paired with a splitless injector and a FID
191 (Clarus, Perkin Elmer). They were separated on a capillary column (DB 225, 30 m X 0.25
192 mm, film thickness 0.25 mm) after splitless injection. The carrier gas (H₂) was set at 2 m min⁻¹
193 ¹. Temperature gradient was programmed as follows: 50°C for 3 min, increase to 180°C at
194 15°C min⁻¹, 7 min at 180°C, increase to 220°C at 10°C min⁻¹ and finally 10 min at 220°C. The
195 temperature of the injector and the detector were maintained at 250°C. Individual FA were
196 identified by comparison of their retention time with those of standards FAME mix (cat
197 47885-U 37, Supelco); n-3 PUFA from menhaden oil (cat 4-7085 U-14, Supelco), and marine
198 oil standard of the AOCS. Peak surfaces were integrated and corrected by response factors of
199 individual fatty acids.

200 The FA composition of the native emulsion was also quantified by GC. As summarized in
201 Table 1, 8 fatty acids representing 95.6% of the total FA mass, were considered for the

202 modeling approach: C8:0, C10:0, C12:0, C14:0, C16:0, C16:1 n-7, C18:1 n-9, and C22:6 n-3.
203 These 8 FA showed coefficients of variation of less than 10.26% over the three replicate
204 measurements. Since the emulsion was prepared from a mixture of two oils, the last 2
205 columns of Table 1 provide the fractional contributions of LCT (α_{FA_i}) and MCT ($1-\alpha_{FA_i}$) for
206 each FA residue. Results show that almost all C8:0 and C10:0 came from the MCT oil,
207 whereas all the other fatty acids came essentially from LCT. These fractions will be used for
208 TAG mass calculations in the model.

209

210 **3. Mathematical modeling**

211 3.1. Model assumptions and equations

212 The model was built to predict the lipolysis kinetics and the concentration profiles of the
213 lipolysis products in the bile salt micellar phase, knowing that pancreatic lipase produces two
214 FFA and one *sn*-2-MAG per TAG molecule. However, if the GC analyses of the samples
215 make it possible to quantify the different acyl chains, they cannot be used to discriminate their
216 molecular origin, *i.e.* free or esterified fatty acids. In the rest of this paper, the term fatty acid
217 (FA) will therefore refer to FA carbon chains in any kinds of molecular products. The main
218 modeling assumptions were as follows:

219 A1: the hydrolysis rate of a given fatty acid residue FA_i was independent of the *sn*-
220 position within TAG molecules, with FA_i referring to the fatty acid considered (C8:0, C10:0,
221 C12:0, C14:0, C16:0, C16:1 n-7, C18:1 n-9, or C22:6 n-3).

222 A2: the hydrolysis rate of a given fatty acid residue FA_i was proportional to the
223 interfacial area occupied by this acyl chain.

$$\frac{dm_{FA_i}^{lip}(t)}{dt} = -k_{FA_i} \cdot A_{FA_i}(t) \quad (3)$$

224 where $m_{FA_i}^{lip}$ is the mass of FA_i in the oil droplets (mg), k_{FA_i} is the lipolysis rate constant of
 225 FA_i ($\text{mg m}^{-2} \text{min}^{-1}$), and $A_{FA_i}(t)$ is the interfacial area occupied by FA_i (m^2) at time t (min).

226 A3: the interfacial area occupied by FA_i at time t was assumed to be proportional to its
 227 molar fraction within the oil droplets.

$$A_{FA_i}(t) = \frac{n_{FA_i}^{lip}(t)}{\sum_i n_{FA_i}^{lip}(t)} \cdot A_{TAG}(t) \quad (4)$$

228 where $n_{FA_i}^{lip}(t)$ is the number of moles of FA_i in the oil droplets (mol) at time t and $A_{TAG}(t)$ is
 229 the interfacial area of oil droplets (m^2) at time t . This equation can be rewritten as

$$A_{FA_i}(t) = \frac{\frac{m_{FA_i}^{lip}(t)}{M_{FA_i}}}{\sum_i \frac{m_{FA_i}^{lip}(t)}{M_{FA_i}}} \cdot A_{TAG}(t) \quad (5)$$

230 where M_{FA_i} is the molar mass of FA_i (g mol^{-1}).

231 A4: oil droplets in the emulsion were considered as spheres. The droplet interfacial area
 232 is thus:

$$A_{TAG}(t) = 6 \cdot \frac{m_{TAG}(t)}{\rho \cdot d_{32}(t)} \quad (6)$$

233 where $m_{TAG}(t)$ is the total mass (mg) of TAG at time t , ρ is the mean mass density of the
 234 TAG (taken as 0.92 mg mm^{-3}) and $d_{32}(t)$ is the surface weighted mean droplet diameter
 235 measured by laser diffraction (nm).

236 Combining assumptions A1-A4, Eq. (3) can be rewritten:

$$\frac{dm_{FA_i}^{lip}}{dt} = -k_{FA_i} \frac{\frac{m_{FA_i}^{lip}(t)}{M_{FA_i}}}{\sum_i \frac{m_{FA_i}^{lip}(t)}{M_{FA_i}}} \cdot 6 \cdot \frac{m_{TAG}(t)}{\rho \cdot d_{32}(t)} \quad (7)$$

237

238 A5: our experimental results show that only a fraction of hydrolyzed products were
 239 transferred into the bile salt micellar phase. To calculate the masses of FA_i within this phase,
 240 a “micellar fraction”, $f_{FA_i}^{mic}$, was therefore introduced with the assumption that the transfer of
 241 lipolysis products into the micellar phase is instantaneous:

$$\frac{dm_{FA_i}^{mic}}{dt} = -f_{FA_i}^{mic} \frac{dm_{FA_i}^{lip}}{dt} \quad (8)$$

242 where $m_{FA_i}^{mic}$ is the mass of FA_i in the micellar phase (mg).

243 The micellar fraction $f_{FA_i}^{mic}$ and the lipolysis rate k_{FA_i} are the unknown parameters of the
 244 model. They were estimated for each FA_i by adjusting the model to the experimental data (see
 245 section 3.2). To this end, model predictions for TAG masses were calculated as follows.

246 The total TAG mass, $m_{TAG}(t)$, is the sum of the medium chain TAG (MCT) and long chain
 247 TAG (LCT) masses:

$$m_{TAG}(t) = m_{MCT}(t) + m_{LCT}(t) \quad (9)$$

248 where $m_{MCT}(t)$ and $m_{LCT}(t)$ are the MCT and LCT masses (mg) at time t, respectively,
 249 calculated according to their fractional mass contributions (α_{FA_i} and $1 - \alpha_{FA_i}$) shown in Table
 250 1 and by adding the adequate mass of glycerol moiety:

$$m_{MCT}(t) = \sum_i m_{FA_i}^{lip}(t) \cdot (1 - \alpha_{FA_i}) + m_{Glycerol_{MCT}}(t) \quad (10)$$

$$m_{LCT}(t) = \sum_i m_{FA_i}^{lip}(t) \cdot \alpha_{FA_i} + m_{Glycerol_{LCT}}(t) \quad (11)$$

251 where $m_{Glycerol_{LCT}}(t)$ and $m_{Glycerol_{MCT}}(t)$ are the masses of glycerol moiety coming from
 252 MCT and LCT, respectively. They were calculated via a molar balance equation by
 253 considering that there is one mole of glycerol moiety per three moles of FA_i .

254

255 3.2. Parameter estimation

256 The differential equations of the model (Eq. 7 and Eq. 8) were solved numerically using
257 Matlab[®] software (The MathWorks Inc., Natick, MA) equipped with the Statistics Toolbox.
258 The surface weighted mean diameter $d_{32}(t)$ was integrated into the model using linear
259 interpolations of the experimental values. Model outputs, namely the evolution of the MCT
260 and LCT masses and masses of hydrolyzed products within the micellar phase, were
261 confronted to the corresponding experimental results measured by HPLC and GC,
262 respectively, to estimate the unknown model parameters: k_{FA_i} and $f_{FA_i}^{mic}$. Standard errors,
263 coefficients of variation and 95% confidence intervals of the estimated parameter values were
264 computed using the nonlinear regression software in the Matlab[®] Statistics Toolbox and it
265 was checked that estimated values were statistically significant at 0.05 level.

266

267 **4. Results and Discussion**

268 4.1. Experimental results

269 Results related to the evolution of droplet sizes during the gastric and intestinal phases were
270 described in detail previously (Giang et al., 2015). It was found that droplet flocculation took
271 place during the gastric phase but these aggregates were re-dispersed after the subsequent
272 addition of bile. Fig. 1 summarizes the results related to the evolution of oil droplet sizes
273 (d_{32}) during the intestinal phase together with the corresponding TAG lipolysis kinetics. Fig.
274 1A shows that the lipolysis rate was much higher for MCT than for LCT as the hydrolysis of
275 MCT was completely finished after 15 min, whereas about 20% of LCT could still be
276 detected after 300 min of intestinal digestion. In good agreement with many studies (Li &
277 McClements, 2010; Ye et al., 2013; Zhu, Ye, Verrier, & Singh, 2013), the LCT lipolysis
278 curve also showed two stages with a fast initial reaction rate that markedly slowed down after
279 about 30 min. As previously shown in (Giang et al., 2015), this can be attributed to the sudden
280 increase of the surface weighted mean diameter induced by the coalescence of oil droplets,

281 and which led to a sharp reduction of the interfacial area available for lipase adsorption (Fig.
282 1B).

283 Fig. 2 presents the bioaccessibility of the 8 fatty acids considered, *i.e.* the lipolysis product
284 concentrations measured within the micellar phase, expressed as percentages of FA initially
285 present in the oil phase. Three main observations can be made. First, fatty acids can be
286 divided into two groups according to the evolution of their bioaccessibility. The first group
287 contains the FA arising from lipolysis of MCT, C8:0 and C10:0. They were released more
288 quickly than the second group which corresponds to the FA arising from the lipolysis of LCT
289 (Table 1). One may also notice that the long chain FA showed two-stage shapes with a slower
290 rate of appearance within the micellar phase after about 30 min. These results are therefore
291 consistent with the MCT and LCT lipolysis kinetics deduced from the HPLC measurements
292 (Fig. 1A). Second, both the rate of appearance and the concentration measured at the end of
293 the experiment (300 min) depended on the FA considered. The rate and extent of FA
294 appearance in the micellar phase tended to be higher for shorter FA. This confirms that all
295 fatty acids do not behave in the same way in terms of lipolysis kinetics and/or incorporation
296 into the bile salt micelles. Finally, since MCT were fully hydrolyzed in less than 15 min
297 according to the HPLC measurements (Fig. 1A), the plateau value of about 65% for C8:0 and
298 C10:0 (Fig. 2) demonstrates that only a fraction of hydrolyzed products was recovered within
299 the micellar phase. This is in accordance with the study of Sek, Porter, Kaukonen, & Charman
300 (2002) who showed that lipolysis products can also be found in the oil and pellet phases after
301 the centrifugation step used to separate the micellar phase.

302

303 4.2. Modeling results

304 The model was designed to simulate the lipolysis kinetics as well as the bioaccessibility of
305 individual FA, and considers 8 fatty acids representing 95.6% of the total FA mass. The

306 parameters to be estimated were the reaction rate constant (k_{FA_i}) and the micellar mass
307 fraction ($f_{FA_i}^{mic}$) for each FA.

308 It appeared that the fatty acids coming from MCT, C8:0 and C10:0, were fully hydrolyzed in
309 less than 15 min of intestinal digestion (Fig. 1A and Fig. 2), *i.e.* before the first sampling time.

310 The lipolysis rate constants, k_{C8} and k_{C10} , could therefore not be estimated due to lack of
311 intermediate data. After preliminary model simulations, they were set at the minimum value
312 enabling to reproduce a sufficiently fast MCT lipolysis, which was found to be 10 mg m^{-2}
313 min^{-1} . According to the above considerations, 6 lipolysis rates k_{FA_i} and 8 micellar fractions
314 $f_{FA_i}^{mic}$ remained to be determined. In a first attempt, all parameters were estimated by fitting
315 the model to the experimental data. This model version provided very good fits (data not
316 shown) but it appeared that the $f_{FA_i}^{mic}$ values were similar for all FA except C8:0. In other
317 words, the bile salt solubilization ratio of the lipolysis products was about the same for FA
318 longer than C8:0. To reduce the number of unknown parameters, it was therefore decided to
319 keep only two $f_{FA_i}^{mic}$ parameters, one for C8:0 and the other one common to all the other FA.

320 Hence, the final version of the model had 6 unknown lipolysis rates k_{FA_i} and 2 unknown
321 micellar fractions $f_{FA_i}^{mic}$. Fig. 3 shows that this model version still provided very good fits of
322 the experimental data, and Table 2 shows that the parameter values were properly estimated
323 (coefficients of variation smaller than 10%). These results are further discussed according to
324 their biological meanings.

325

326 4.3. Fractions of hydrolyzed products recovered within the bile salt micellar phase

327 Estimated values for the micellar fraction parameters (Table 2) can be interpreted as follows.

328 About 70% (w/w) of the C8:0 lipolysis products were released in the bile salt micellar phase,
329 and about 56% for the other FA. The remaining amounts of products were retained in the oil
330 and pellet phases during the centrifugation step. The order of magnitude of these values is

331 consistent with studies in which centrifugation was also employed to measure the micellar
332 content in lipolysis products (Sek et al., 2002). Note also that the model assumes an
333 instantaneous transfer of the products into the micellar phase. The very good fits of the
334 bioaccessibility kinetics (Fig. 3) obtained under this assumption therefore strongly suggest
335 that the solubilization of the lipolysis products in the bile salt micelles was not rate limiting.
336 Similar micellar fraction values for all the lipolysis products considered may seem in
337 contradiction with previously published data. Several studies have indeed shown that lipolysis
338 products behave differently in terms of bile salt solubility (Freeman, 1969; Hofmann, 1963),
339 with molar saturation ratios that can vary from 0.07 up to 1.86 (Freeman, 1969). In fact, the
340 experimental protocol used in these studies was quite different from an *in vitro* digestion
341 protocol since mixtures of pure molecules were used to obtain these results. During the
342 digestion of complex natural oils, a great number of interactions take place between the
343 different lipolysis products and bile acids, and this can greatly modify the solubility of the
344 products in the bile salt mixed micelles. In our study, the products/bile salts molar ratio was of
345 about 1.32 at the end of the experiment, thereby indicating that the saturation ratio for our
346 mixture of lipolysis products was even greater.

347 One may also wonder why the micellar fraction obtained for C8:0 is different from those
348 obtained for the other FA products. This can probably be attributed to the greater water
349 solubility of this fatty acid. Indeed, using the formula proposed by Tzocheva et al. (2012), it
350 was found that C8:0 was the only free fatty acid with a significant water solubility (0.64 g L^{-1}).
351 More precisely, within our experimental conditions, it can be estimated that about 6 mg of
352 caprylic acid could dissolve if our reaction medium was made of pure water. This corresponds
353 to 31% by weight of the total C8:0 mass introduced within the digestive tubes. According to
354 our modeling results, a common micellar fraction of 56% provides good results for all FA
355 except C8:0, for which a micellar fraction of 70% was estimated. The additional 14% for

356 C8:0 (70 = 56 + 14) are therefore compatible with the contribution of a water soluble fraction,
357 knowing that the micellar phase is not pure water and that the total C8:0 mass accounts for
358 both FFA and *sn*-2-MAG molecular forms. According to this interpretation, the solubility of
359 the lipolysis products in the bile salt mixed micelles would therefore be approximately the
360 same for all the FA considered, C8:0 included.

361

362 4.4. FA specific lipolysis rate constants

363 The lipolysis rate constants estimated with the model are given in Table 2. The same data, but
364 expressed as normalized values relatively to oleic acid, are also presented in Fig. 4 for
365 comparison purposes with the available literature. We may first highlight the very good
366 agreement of our results with those obtained by Berger & Schneider (1991) for C12:0, C14:0,
367 C16:0 and C18:1n-9 in spite of very different experimental conditions. Indeed, if our results
368 arise from the modeling of *in vitro* intestinal digestion of emulsified lipids made of a mixture
369 of different TAG, Berger & Schneider (1991) used a protocol based on a lipase-catalyzed
370 reaction in an organic solvent with a mixture of TAG that contained 3 identical acyl residues.
371 We may also stress that, according to our results, C8:0 and C10:0 presented rate constants that
372 were at least 3 times the one estimated for oleic acid (Table 2), hence confirming the early
373 study of Desnuelle & Savary (1963) who found the highest pancreatic lipase activity for C4:0
374 and reported a strong decrease in activity (by a factor of about 2) between C10:0 and C12:0.
375 Altogether, our findings are therefore in agreement with the reported tendency of pancreatic
376 lipase to be less active on longer saturated fatty acid residues. These variations are usually
377 ascribed to substrate dependent catalytic lipase activity, although other reaction steps, such as
378 interfacial or diffusive mass transfers of substrates and products, may play a role (Verger &
379 de Haas, 1976; Verger, Mieras, & de Haas, 1973).

380 Besides, if DHA (C22:6 n-3) was not studied by Berger & Schneider (1991), slower rates of
381 pancreatic lipolysis for long-chain polyunsaturated fatty acids have been reported by many
382 authors (Akanbi et al., 2014; Bottino et al., 1967; Zhu et al., 2013). For instance, the lipolysis
383 rate constant of DHA should be about 0.17 times that obtained for C18:1 n-9 according to
384 Yang et al. (1990), and of about 0.6 times that obtained for C14:0 according to Mukherjee et
385 al. (1993). These values are represented by a triangle and a circle in Fig. 4, respectively, to
386 show that our estimated rate constant for DHA is consistent with these findings. This higher
387 resistance of long-chain polyunsaturated fatty acids has been attributed to an inhibitory effect
388 induced by the presence of a double bond near the carboxyl group (Akanbi et al., 2014;
389 Bottino et al., 1967; Lawson & Hughes, 1988).

390

391 4.5. Evolution of the TAG composition during lipolysis

392 Fig. 5 presents the oil-water interfacial areas occupied by each FA residue of TAG molecules
393 as given by the model. They were calculated by assuming proportionality with their molar
394 concentrations within the lipid phase (Eq. 4). Therefore, the evolution of these FA specific
395 interfacial areas is also representative of the predicted changes of the oil droplet composition
396 during the course of digestion. Results show that about 50% of the oil surface area was
397 occupied by MCT fatty acid residues (C8:0 and C10:0) at the beginning of the experiment.
398 After 15 min, MCT had totally disappeared (Fig. 1A) due to higher lipolysis rate constants for
399 C8:0 and C10:0. This induced a considerable change in the composition of the remaining oil,
400 with only long-chain fatty acid residues remaining. At the end of the experiment, DHA was
401 by far the dominant FA residue (more than 70% by mole) because it had the lowest lipolysis
402 rate constant (Table 2).

403 As a final remark, we may highlight that our previous model (Giang et al., 2015) assumed an
404 average lipolysis rate for the entire LCT oil fraction, which somewhat overestimated the LCT

405 lipolysis rate at long times. By taking into account FA specific lipolysis rate constants, the
406 newly developed model predicts an accumulation of most resistant FA residues in the
407 remaining oil (Fig 5), which leads to a progressive decrease of the average reaction rate and a
408 better agreement with experimental measurements of the remaining LCT at 300 min (Fig 3).

409

410 **5. Conclusion**

411 In the present study, our previous model (Giang et al., 2015) was extended to take into
412 account the fatty acid composition of the oil substrate, and to enable the modeling of the *in*
413 *vitro* bioaccessibility of the lipolysis products. The model provided very good fits of the
414 experimental data and shows that the differences observed in the bioaccessibility kinetics of
415 the studied FA originated from different FA lipolysis rate constants. It was also used to
416 simulate the compositional evolution of the remaining oil during the course of digestion.
417 Results related to the FA specific reaction rates were in good agreement with the available
418 literature and confirm a general tendency towards a greater pancreatic lipase activity on
419 shorter fatty acid residues. Our results also support the idea that lipolysis products are rapidly
420 and equally solubilized (*i.e.* no fractionation) within the bile salt mixed micelles, with a
421 probable additional contribution of water soluble products for fatty acids \leq C8. The present
422 model provides a significant improvement in comparison with models which assume an
423 average lipolysis rate with a better representation of the intestinal lipid digestion mechanisms.

424

425 **Acknowledgements**

426 This work was supported by the Institut National de la Recherche Agronomique and the
427 Institut Carnot QUALIMENT (France). The authors are involved in the Food and Agriculture
428 COST (European Cooperation in Science and Technology) Action FA1005 ‘Improving health
429 properties of food by sharing our knowledge on the digestive process (INFOGEST)’.

430

431 **Nomenclature**

<i>Symbols</i>	<i>Meaning</i>
A_{TAG}	Interfacial area of the oil droplets (m^2)
A_{FA_i}	Interfacial area occupied by the i^{th} FA residue (m^2)
d_{32}	Surface weighted mean droplet diameter (nm)
k_{FA_i}	Lipolysis rate constant of the i^{th} FA residue ($mg\ m^{-2}\ min^{-1}$)
$f_{FA_i}^{mic}$	Micellar mass fraction of the i^{th} FA
M_{FA_i}	Molecular mass of the i^{th} FA ($g\ mol^{-1}$)
m_{TAG}	Mass of TAG (mg)
$m_{FA_i}^{lip}$	Mass of the i^{th} FA residue in oil droplets (mg)
$m_{FA_i}^{mic}$	Mass of the i^{th} FA in micellar phase (mg)
$n_{FA_i}^{lip}$	Quantity of the i^{th} FA residue in oil droplets (mmol)
$n_{FA_i}^{mic}$	Quantity of the i^{th} FA in aqueous phase (mmol)
t	Time (min)
ρ	Average mass density of TAG ($mg\ mm^{-3}$)
α	Fraction of FA residue coming from LCT
$1-\alpha$	Fraction of FA residue coming from MCT

432

433

434 **References**

- 435 Akanbi, T. O., Sinclair, A. J., & Barrow, C. J. (2014). Pancreatic lipase selectively hydrolyses
436 DPA over EPA and DHA due to location of double bonds in the fatty acid rather than
437 regioselectivity. *Food Chemistry*, *160*, 61–66.
- 438 Armand, M., Borel, P., Ythier, P., Dutot, G., Melin, C., Senft, M., ... Lairon, D. (1992).
439 Effects of droplet size, triacylglycerol composition, and calcium on the hydrolysis of complex
440 emulsions by pancreatic lipase: an in vitro study. *The Journal of Nutritional Biochemistry*, *3*,
441 333–341.
- 442 Armand, M., Pasquier, B., André, M., Borel, P., Senft, M., Peyrot, J., ... Lairon, D. (1999).
443 Digestion and absorption of 2 fat emulsions with different droplet sizes in the human
444 digestive tract. *The American Journal of Clinical Nutrition*, *70*(6), 1096–1106.
- 445 Berger, M., & Schneider, M. P. (1991). Lipases in organic solvents: The fatty acid chain
446 length profile. *Biotechnology Letters*, *13*(9), 641–645.
- 447 Berton, C., Genot, C., & Ropers, M.-H. (2011). Quantification of unadsorbed protein and
448 surfactant emulsifiers in oil-in-water emulsions. *Journal of Colloid and Interface Science*,
449 *354*(2), 739–748.
- 450 Bottino, N. R., Vandenburg, G. A., & Reiser, R. (1967). Resistance of certain long-chain
451 polyunsaturated fatty acids of marine oils to pancreatic lipase hydrolysis. *Lipids*, *2*(6), 489–
452 493.
- 453 Carriere, F., Barrowman, J. a, Verger, R., & Laugier, R. (1993). Secretion and contribution to
454 lipolysis of gastric and pancreatic lipases during a test meal in humans. *Gastroenterology*,
455 *105*(3), 876–888.
- 456 Desnuelle, P., & Savary, P. (1963). Specificities of Lipases. *Journal of Lipid Research*, *4*(9),
457 369–384.
- 458 Freeman, C. P. (1969). Properties of fatty acids in dispersions of emulsified lipid and bile salt
459 and the significance of these properties in fat absorption in the pig and the sheep. *The British*
460 *Journal of Nutrition*, *23*(2), 249–263.
- 461 Giang, T. M., Le Feunteun, S., Gaucel, S., Brestaz, P., Anton, M., Meynier, A., & Trelea, I. C.
462 (2015). Dynamic modeling highlights the major impact of droplet coalescence on the in vitro
463 digestion kinetics of a whey protein stabilized submicron emulsion. *Food Hydrocolloids*,
464 *43*(2015), 66–72.
- 465 Golding, M., & Wooster, T. J. (2010). The influence of emulsion structure and stability on
466 lipid digestion. *Current Opinion in Colloid & Interface Science*, *15*(1-2), 90–101.
- 467 Golding, M., Wooster, T. J., Day, L., Xu, M., Lundin, L., Keogh, J., & Clifton, P. (2011).
468 Impact of gastric structuring on the lipolysis of emulsified lipids. *Soft Matter*, *7*(7), 3513–
469 3523.

- 470 Hofmann, A. F. (1963). The behavior and solubility of a number of pure monoglycerides in
471 dilute, micellar bile-salt solution. *Biochimica et Biophysica Acta*, 70, 306–316.
- 472 Jurado, E., Camacho, F., Luzón, G., Fernández-Serrano, M., & García-Román, M. (2008).
473 Kinetics of the enzymatic hydrolysis of triglycerides in o/w emulsions. *Biochemical*
474 *Engineering Journal*, 40(3), 473–484.
- 475 Kenmogne-Domguia, H. B., Meynier, A., Viau, M., Llamas, G., & Genot, C. (2012). Gastric
476 conditions control both the evolution of the organization of protein-stabilized emulsions and
477 the kinetic of lipolysis during in vitro digestion. *Food & Function*, 3(12), 1302–1309.
- 478 Lawson, L. D., & Hughes, B. S. (1988). Human absorption of fish oil fatty acids as
479 triacylglycerols, free acids, or ethyl esters. *Biochemical and Biophysical Research*
480 *Communications*, 152(1), 328–335.
- 481 Li, Y., & McClements, D. J. (2010). New mathematical model for interpreting pH-stat
482 digestion profiles: impact of lipid droplet characteristics on in vitro digestibility. *Journal of*
483 *Agricultural and Food Chemistry*, 58(13), 8085–8092.
- 484 Mukherjee, K. D., Kiewitt, I., & Hills, M. (1993). Substrate specificities of lipases in view of
485 kinetic resolution of unsaturated fatty acids. *Applied Microbiology and Biotechnology*, (40),
486 489–493.
- 487 Sek, L., Porter, C. J. H., Kaukonen, A. M., & Charman, W. N. (2002). Evaluation of the in-
488 vitro digestion profiles of long and medium chain glycerides and the phase behaviour of their
489 lipolytic products. *The Journal of Pharmacy and Pharmacology*, 54(1), 29–41.
- 490 Smith, M. E., & Morton, D. G. (2010). *The digestive system*. (New York by Churchill
491 Livingstone, Ed.) (2nd ed.).
- 492 Tzocheva, S. S., Kralchevsky, P. A., Danov, K. D., Georgieva, G. S., Post, A. J., &
493 Ananthapadmanabhan, K. P. (2012). Solubility limits and phase diagrams for fatty acids in
494 anionic (SLES) and zwitterionic (CAPB) micellar surfactant solutions. *Journal of Colloid and*
495 *Interface Science*, 369(1), 274–286.
- 496 Verger, R., & de Haas, G. H. (1976). Interfacial enzyme kinetics of lipolysis. *Annual Review*
497 *of Biophysics and Bioengineering*, 5, 77–117.
- 498 Verger, R., Mieras, M. C. E., & de Haas, G. H. (1973). Action of Phospholipase A at
499 Interfaces. *The Journal of Biological Chemistry*, 248, 4023–4034.
- 500 Yang, L. Y., Kuksis, A., & Myher, J. J. (1990). Lipolysis of menhaden oil triacylglycerols and
501 the corresponding fatty acid alkyl esters by pancreatic lipase in vitro: a reexamination.
502 *Journal of Lipid Research*, 31(1), 137–147.
- 503 Ye, A., Cui, J., Zhu, X., & Singh, H. (2013). Effect of calcium on the kinetics of free fatty
504 acid release during in vitro lipid digestion in model emulsions. *Food Chemistry*, 139(1-4),
505 681–688.

506 Zhu, X., Ye, A., Verrier, T., & Singh, H. (2013). Free fatty acid profiles of emulsified lipids
507 during in vitro digestion with pancreatic lipase. *Food Chemistry*, 139(1-4), 398–404.

508

509 **Figure Captions**

510

511 **Fig 1.** Lipolysis of MCT (squares) and LCT (triangles) during intestinal digestion (A).
512 Surface weighted mean diameters, d_{32} , (circles) and interfacial areas (diamonds) of oil
513 droplets (B). Solid lines are guide for the eyes. Means and standard deviations (smaller than
514 symbol size) were calculated over 3 replicates.

515

516 **Fig 2.** Bioaccessibility of individual lipolysis products (lines are guides for eyes). Means and
517 standard deviations were calculated over 3 replicates.

518

519 **Fig 3.** Comparison between calculated and experimental evolutions of the MCT, LCT, and
520 bioaccessible product masses during intestinal digestion. Symbols are means over 3 replicated
521 experiments (squares for MCT, triangles for LCT). Solid lines show the mass evolution
522 calculated using the model. Dotted lines show the asymptotic values calculated using the
523 model.

524

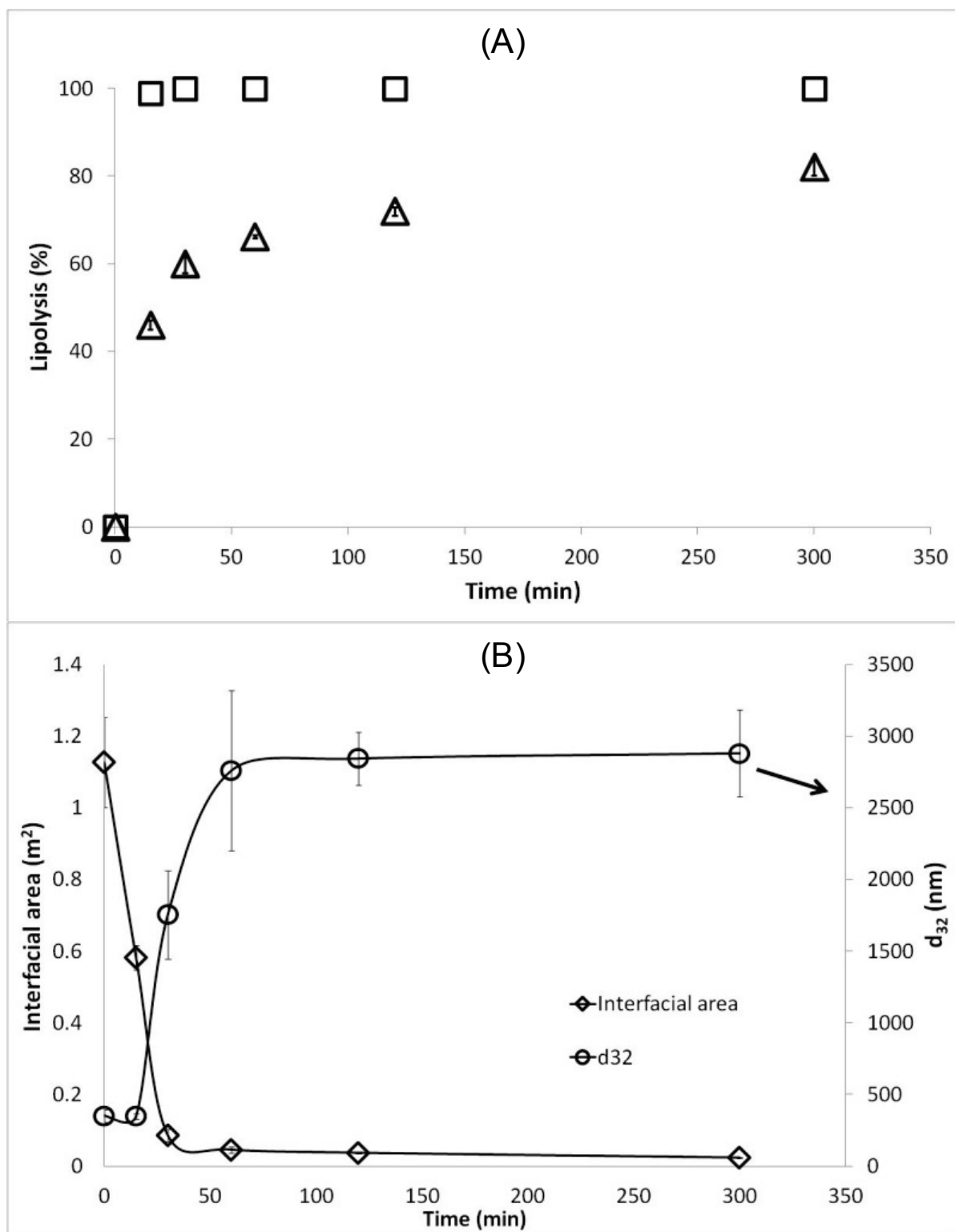
525 **Fig 4.** Lipolysis rate constants for the different fatty acid residues according to the carbon
526 chain length (expressed as normalized values relatively to C18:1 n-9). Crosses represent the
527 values determined in this study by model fitting. Squares correspond to values reported by
528 Berger & Schneider (1991). The circle and the triangle for C22:6 n-3 were estimated from the
529 studies of Mukherjee *et al.* (1993) and Yang *et al.* (1990), respectively.

530

531 **Fig 5.** Evolution of the interfacial areas (normalized values) occupied by each fatty acid
532 residue during intestinal digestion (A). Zoom on the first 15 min (B).

533

534 **Figure 1**

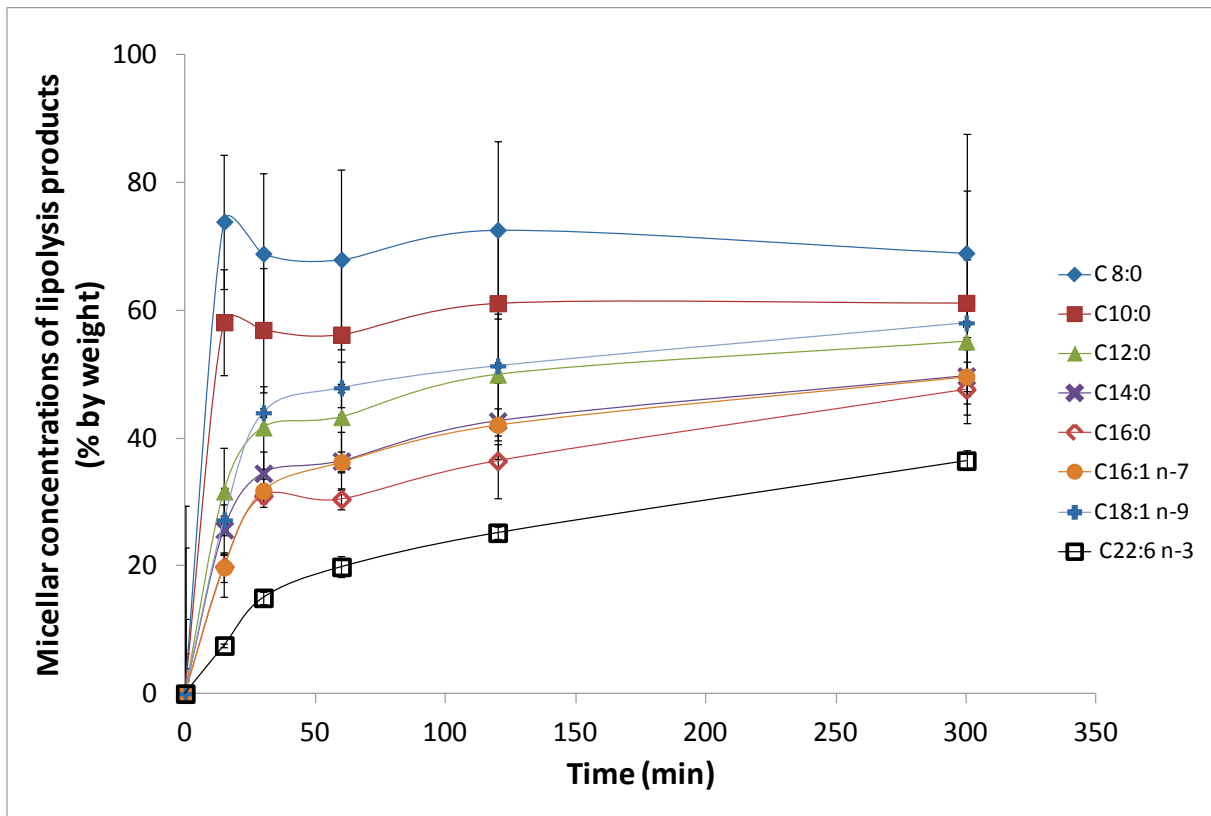


535

536

537

538 **Figure 2**



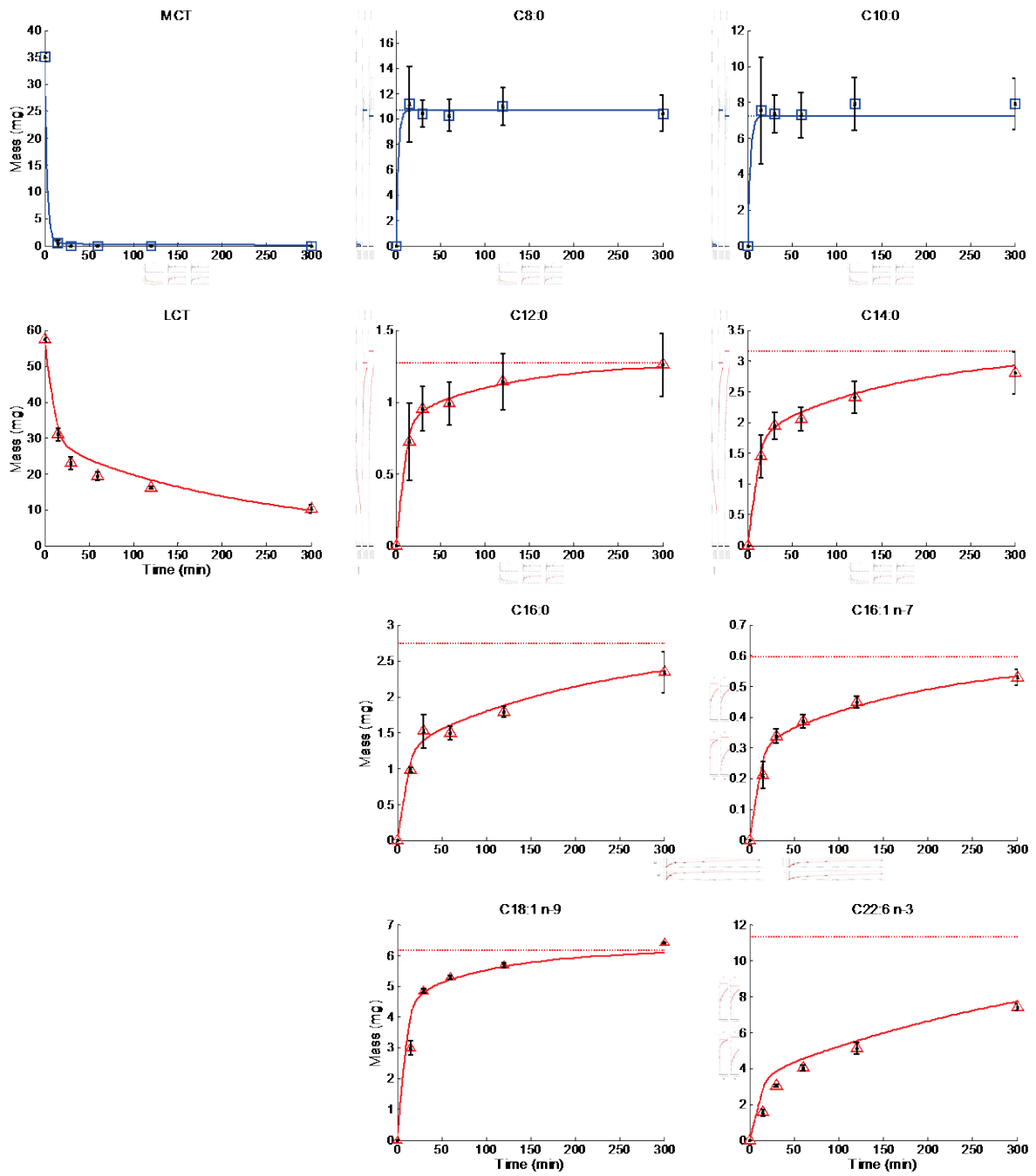
539

540

541

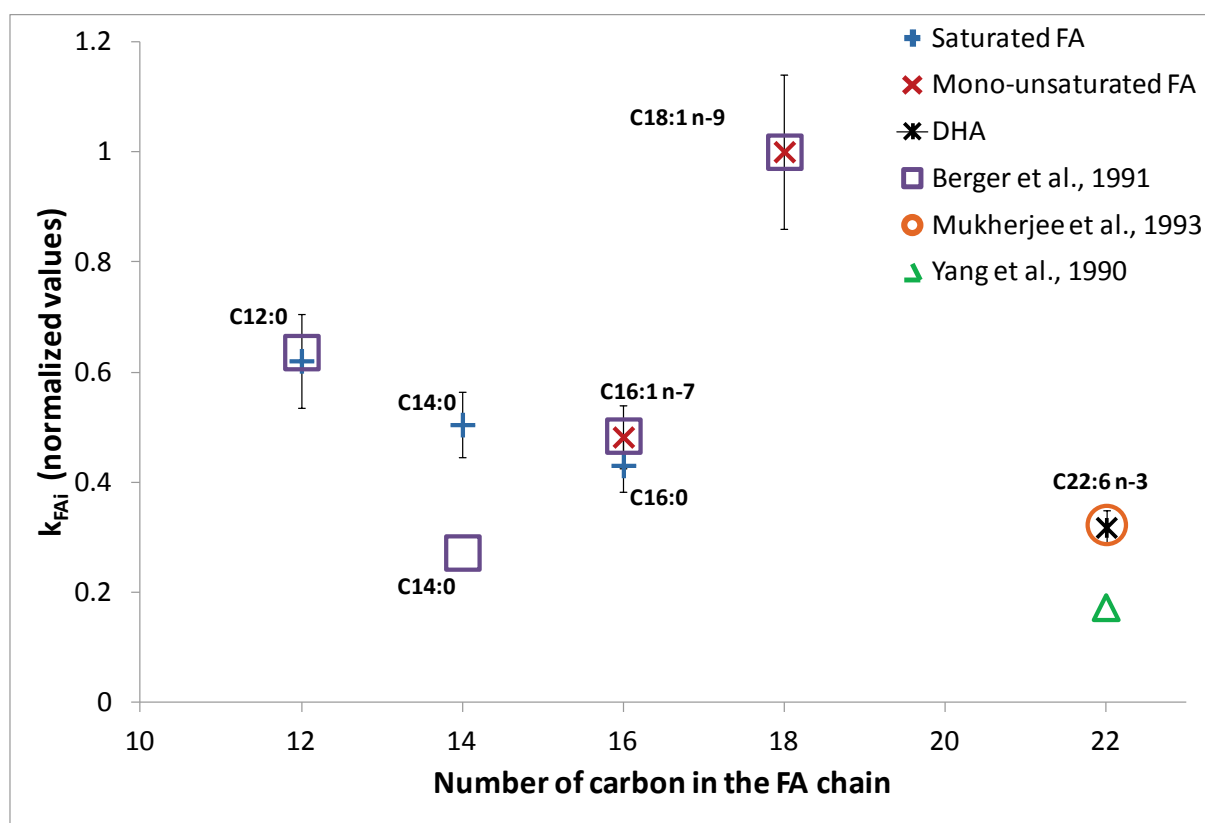
542

543 **Figure 3**



544
545

546 **Figure 4**

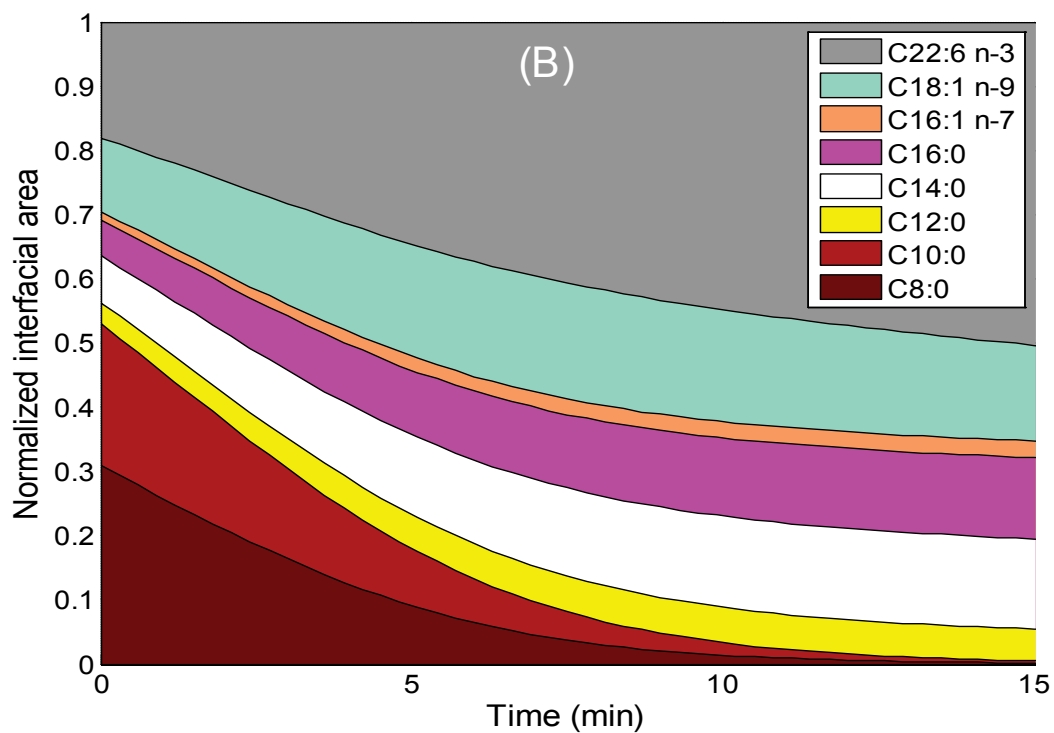
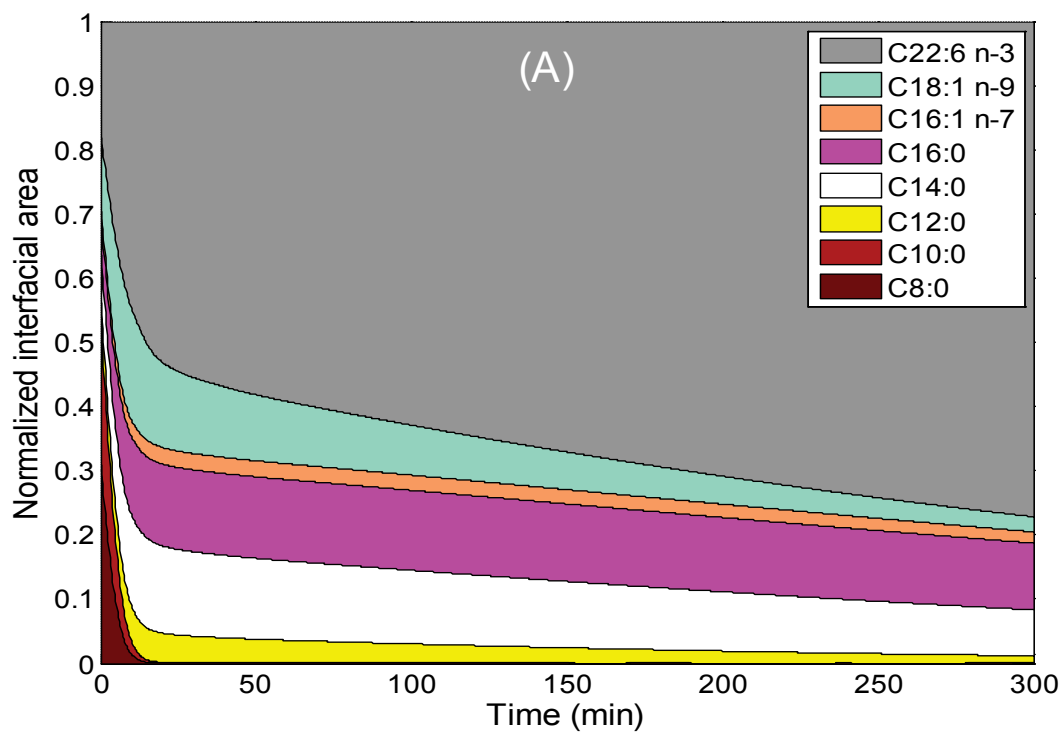


547

548

549

550 **Figure 5**



551

552 **Table 1.** Fatty acid composition of the native emulsion which was made of a mixture of MCT
 553 and LCT (37.5 and 62.5 % by weight, respectively).

Fatty acid	TAG composition		Origin of each FA	
	Mean of 3 replicates (% by weight)	STD of 3 replicates (% by weight)	Fraction coming from LCT α_{FA_i}	Fraction coming from MCT $1-\alpha_{FA_i}$
C8:0	19.76	0.71	0.02	0.98
C10:0	16.89	0.33	0.05	0.95
C12:0	2.98	0.20	0.93	0.07
C14:0	7.36	0.09	0.97	0.03
C16:0	6.40	0.13	0.92	0.08
C16:1 n-7	1.39	0.07	0.99	0.01
C18:1 n-9	14.41	0.14	0.98	0.02
C22:6 n-3	26.47	0.10	1.00	0.00
Other FA	4.31	1.72	0.89	0.11

554

555

556

557 **Table 2.** Results of the parameter estimation for the lipolysis rate k_{FA_i} and the micellar
 558 fraction $f_{FA_i}^{mic}$ for each fatty acid.

Fatty acid	k_{FA_i} ($\text{mg min}^{-1} \text{m}^{-2}$)		$f_{FA_i}^{mic}$	
	Value	STD	Value	STD
C8:0	10*		0.70	0.01
C10:0	10*		0.56	0.01
C12:0	1.93	0.16		
C14:0	1.57	0.11		
C16:0	1.34	0.10		
C16:1 n-7	1.50	0.11		
C18:1 n-9	3.11	0.25		
C22:6 n-3	0.99	0.06		

559 (*) minimum value providing a complete hydrolysis of MCT in 15 min.

560