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# Dynamic modelling of the secondary drying stage of freeze-drying reveals distinct desorption kinetics for bound water

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## Abstract

In freeze-drying, the desorption step for reaching a low target moisture content may take a significant fraction of the total process duration. Since the long term stability of freeze-dried biological products strongly depends on the current moisture content, modelling the desorption process may help safely optimise the secondary drying step. Most published models assume a first-order desorption kinetic, but experimental evidence shows that strongly bound water in the monolayer takes a much longer time to be desorbed than less bound water in multilayer. The proposed model for desorption of freeze-dried lactic acid bacteria preparation accounts for monolayer and multilayer water state in the solid matrix, with very different desorption kinetics. Results showed that the ratio of characteristic desorption times (monolayer/multilayer) was almost 30. Temperature dependence was adequately described by an Arrhenius law in the range of 15 to 40°C. Model parameter identification used simultaneously gravimetric measurements with high time resolution and direct Karl-Fisher titration, from several experiments at different, time-varying temperatures.

**Keywords:** lyophilisation, desorption kinetic, lactic acid bacteria

**Running title:** Dynamic model with distinct desorption kinetics

## Introduction

Freeze-drying (lyophilisation) is widely used for stabilisation of biological material and pharmaceuticals, such as proteins, vaccines, bacteria, mammal cells and high quality food.[1, 2] It is known to preserve the quality of the dried product (biological, nutritional, organoleptic properties) by freezing the material and promoting the transition of the solvent, usually water, from solid to the

35 gas phase by sublimation. An interconnected porous structure is created which can be easily  
36 rehydrated. Freeze-drying is a time and energy consuming process, currently limited to high added-  
37 value products. A lot of research was devoted to its optimisation, often based on mathematical  
38 modelling.[3, 4, 5, 6, 7, 8]

39 Freeze-drying process consists of three main steps: freezing, ice removal by sublimation (primary  
40 drying) and unfrozen water removal by desorption from the solid matrix (secondary drying). While  
41 most attention was devoted to the optimisation of the first two steps,[7, 9, 10, 11, 12, 13] secondary  
42 drying may occupy a significant fraction of the process duration, especially if low moisture content is  
43 desired for the final product. The moisture content achieved at the end of the secondary drying is a  
44 critical parameter because it governs the long term stability of the product and its shelf life. For  
45 pharmaceutical products, target moisture contents as low as 0.01 or 0.02 kg water/kg solids or lower  
46 are common,[1] even if it has been shown that over-drying may be detrimental to product quality in  
47 some cases.[14, 15, 16, 17, 18] These values may be lower than the monolayer moisture content,  
48 requiring the desorption of highly bound water molecules, which is potentially slow.[19]

49 It is usually considered that water is present in solid matrices in three different forms, corresponding  
50 to three more or less arbitrarily defined regions of the sorption isotherm.[20] In the first region,  
51 roughly corresponding to water activity values less than 0.2, water molecules form a monolayer, are  
52 tightly bound to the solid matrix through hydrogen bonding and are unavailable for reaction. In the  
53 second region, for water activities between 0.2 and 0.5, water is loosely bound forming a multilayer.  
54 In this case, water molecules can no longer form hydrogen bonds with the glassy solid and water-  
55 water interactions become predominant, thereby favouring the formation of microscopic regions of  
56 condensed water, such that chemical species can dissolve, diffuse and react. The third region  
57 corresponds to water activities higher than 0.5 or 0.6; water is relatively free, exists in capillaries and  
58 obeys Raoult's law. In the secondary drying step of the freeze-drying process, residual water mainly  
59 corresponds to the first two regions of the sorption isotherm since free water crystallized out in the  
60 freezing step and was already eliminated in the primary drying step by sublimation.

61 Another important parameter governing long term stability of biological products is the maintenance  
62 of the solid glassy state. The physicochemical properties of the glassy state (i.e., molecular mobility,  
63 stickiness, viscosity changes, structural collapse, crystallization, etc.) are functions of hydration. For a  
64 glassy formulation stored below its  $T_g$ , reaction rate is lower at low water contents, because the  
65 diffusion and mobility of reactants are limited. As water content increases, to a level sufficient to  
66 depress the formulation's  $T_g$  to a temperature below the storage temperature (i.e. the system  
67 becomes rubbery), diffusion limited reactions are accelerated by the increased molecular mobility of  
68 reactants and product stability is decreased.

69 In the context of product stabilisation by freeze-drying, several studies have been devoted to the  
70 investigation of rate-limiting mechanisms of water desorption. Pikal *et al.*[21] considered several  
71 assumptions concerning the mechanisms of moisture desorption in freeze-drying for both  
72 amorphous and crystalline solutions, with different specific solid-gas contact areas. Desorption  
73 kinetics determined with a microbalance in various shelf temperature and chamber pressure  
74 operating conditions suggested that the rate-limiting step was either evaporation at the solid-gas  
75 interface or diffusion in the solid. Liapis and Bruttini[22] also investigated several water removal  
76 mechanisms in secondary drying: (1) simultaneous adsorption and desorption at the interface

77 between the solid (surface of pores) and gas, (2) convective transport in pores, (3) gas diffusion in  
78 pores, (4) diffusion of water in the solid particles and (5) diffusion of water on the surface of the  
79 solid. They concluded that the first three mechanisms were rate-limiting in the considered  
80 amorphous systems. Sadikoglu and Liapis[23] investigated the possibility of desorption model  
81 discrimination based on comparison of model predictions with experimental data and highlighted the  
82 fact that different rate limiting mechanisms such as solid film mass transfer and surface desorption  
83 can lead to equally good agreement with measured residual moisture kinetics.

84 A pioneering work involving dynamic modelling of the secondary freeze-drying stage for process  
85 optimisation is due to Millman *et al.*[24] Their model assumed a one-dimensional top-down  
86 movement of the sublimation interface and temperature and moisture distribution in the porous  
87 layer. Moisture content profiles in the porous product layer at the end of the primary and secondary  
88 drying stages were calculated under various assumptions of heat transfer modes at the top and  
89 bottom of the product. Operating condition optimisation (chamber pressure and shelf temperature)  
90 were performed based on a target final moisture content of the product and on maximum allowed  
91 product temperature constraints. The shortest achievable process time appeared to depend  
92 significantly on the selected termination criterion, involving either the average or the maximum  
93 moisture content in the dry layer and thus highlighting the need for a comprehensive modelling of  
94 the secondary drying. Based on a previously developed model,[23] Sadikoglu *et al.*[3] investigated  
95 dynamic optimisation of the freeze-drying process, including the secondary drying stage. They  
96 minimised the process duration by allowing time varying shelf temperature and chamber pressure  
97 profiles which satisfy maximum allowable product temperature constraints in critical locations and a  
98 final product moisture requirement. Results demonstrated significant process duration and final  
99 moisture gradient reduction allowed by dynamic optimisation. Liapis and Bruttini[25] extended  
100 previous models to freeze-drying in vials by considering a two-dimensional (axial and radial)  
101 movement of the sublimation interface and distribution of temperature and moisture in the porous  
102 product. Based on this model, Sadikoglu[26] calculated optimal control policies for freeze-drying in  
103 vials, with relatively similar conclusions to those derived using the one-dimensional model.[3] Gan *et*  
104 *al.*[27] used a two-dimensional heat and mass transfer model to optimise freeze-drying in vials taking  
105 into account the position of the vial on the shelf and the geometric arrangement of the vials. They  
106 confirmed that optimal time-varying operating policies that minimise process duration while  
107 satisfying product temperature and final moisture constraints also improve intra-vial and inter-vial  
108 homogeneity in terms of temperature and residual moisture. This study also provided indications on  
109 the number and locations of vials to be monitored in real time to ensure desired product stability and  
110 quality.

111 More recently, Velardi and Barresi[6] addressed the development of simplified dynamic models of  
112 the freeze-drying process suitable for on-line monitoring, optimisation and control. In-line control of  
113 the process aiming at continuously maintaining the product temperature at its maximum allowable  
114 value achieved significant reduction of process time compared to constant operating conditions.[28]  
115 Pisano *et al.*[7] compared two control strategies, based on feedback and a simplified dynamic model.  
116 They demonstrated the effectiveness of the proposed methods in a wide range of operating  
117 conditions, including abrupt changes, and their robustness to possibly incorrect values of model  
118 parameters, such as the heat transfer coefficient. Fissore *et al.*[29] focused on the use of a dynamic  
119 desorption model as a software sensor to monitor the secondary drying, by coupling the model to a  
120 measurement of desorption rate. They were able to estimate in real time the residual amount of

121 water at the end of the primary drying, the evolution of the product moisture during the secondary  
122 drying and the time remaining to reach the target moisture content. Pressure rise, a tool traditionally  
123 used in primary drying, was adapted to monitor the desorption process in secondary drying[30]  
124 allowing the determination of the residual moisture content of the product and of the desorption  
125 kinetic parameter in real time. This study[30] also extended the concepts of quality by design and  
126 design space to secondary drying. Accounting for the heterogeneity among the vials in a batch allows  
127 the calculation of optimal time evolution of the control variable for the critical (instead of the  
128 average) vials and thus improve overall product quality and safety.

129 In all these investigations the dynamic model of the freeze-drying process, including the desorption  
130 model, plays a central role. The results of all model-based off-line and on-line optimisations,  
131 monitoring and control procedures, and ultimately the process operation costs and the final product  
132 quality, critically depend on the accuracy of the model predictions. The aim of the present study is to  
133 develop a dynamic model able to accurately describe the desorption process at very low moisture  
134 contents encountered towards the end of the secondary drying. It has been shown for a long  
135 time[21] that secondary drying proceeds along at least two different kinetics, associated to different  
136 states of water molecules and limiting mass transfer mechanisms. A fast desorption is observed in  
137 the first hours and a much slower one when the residual moisture content becomes low. Despite this  
138 early observation, most developed mathematical models of the secondary drying stage still assume a  
139 single desorption kinetic.[31, 32, 33, 34] Failure to consider the increase in the desorption time when  
140 approaching monolayer could lead to the design of over-optimistic secondary drying protocols,  
141 especially if automatic model-based optimisation is used. Indeed, underestimating the residual  
142 moisture content leads to an overestimation of the critical product temperature, which is usually  
143 close to the glass transition temperature of amorphous products, and strongly depends on the  
144 current moisture content. Increasing product temperature above this critical value leads to cake  
145 shrinkage and collapse, and ultimately to rejection of the batch [35]. As an additional limitation of  
146 many of the currently used freeze-drying models, it can be noted that, apart few exceptions,[30]  
147 temperature dependence of the desorption kinetics is not taken into account.[5, 6, 23, 26, 31, 36]  
148 Temperature was recognised long ago to be a major factor in secondary drying, however,[21] and is  
149 common freeze-drying practice to increase temperature to accelerate desorption.

150 The present study experimentally investigates this temperature dependence and gives a quantitative  
151 description. In order to develop a dynamic model useful for process optimisation, the adopted  
152 approach was to measure water desorption in secondary drying with adequate experimental tools,  
153 allowing sufficient time resolution to put in evidence various drying kinetics. Significantly different  
154 desorption kinetics for water molecules with different degrees of association to the solid matrix were  
155 accounted for in the model, as well as temperature dependence of the desorption rate.

156

## 157 **Materials and methods**

### 158 Preparation of the freeze-dried bacterial samples

159 The lactic acid bacteria strain, *Lactobacillus bulgaricus* ssp. *delbrueckii* CFL1, was obtained from the  
160 stock culture of the Laboratoire de Génie et Microbiologie des Procédés Alimentaires (INRA,  
161 Thiverval-Grignon, France). Concentrated suspensions of lactic acid bacteria were produced by  
162 fermentation in controlled conditions of pH (pH = 5.5) and temperature (42°C) as previously

163 described [18]. After concentration, the bacterial cells were re-suspended in a protective medium,  
164 with a weight ratio 1:2 of cells:protective medium. The protective medium was composed of 200 g/L  
165 of sucrose and 0.15 M of NaCl. The protected bacterial suspension was aliquoted either into 50 mm  
166 diameter stainless steel container (15 mL filled volume) for sorption isotherm and state diagram  
167 experiments or into 7 mL glass vials (5 mL filled volume) for the desorption kinetic experiments. The  
168 samples were frozen at -80°C in a cold air chamber and then transferred to a pre-cooled shelf at  
169 -50°C in a SMH 90 freeze-dryer (Usifroid, Maurepas, France). After a holding step of 1h at -50°C, the  
170 chamber pressure was decreased to 20 Pa and the shelf temperature was increased to -20°C at  
171 0.25°C/min to initiate the sublimation phase. After 40h of sublimation, the shelf temperature was  
172 increased to 25°C at 0.25°C/min to initiate the desorption phase. After 10h of desorption, the  
173 vacuum was broken by injection of air and the samples were packed under vacuum in aluminium  
174 bags and stored at -80°C until use.

### 175 Sorption isotherm and state diagram

176 The lyophilised samples of lactic acid bacteria were reduced in powder in a chamber of very low  
177 relative humidity (less than 5%) and then put in the containers used for the measurement of water  
178 activity. The containers were placed in hermetic glass box containing P<sub>2</sub>O<sub>5</sub> or saturated salt solutions  
179 with water activities indicated in Table 1. After one week of equilibration at 25°C, the samples  
180 reached a constant weight and the target water activity. Water content was determined by the Karl  
181 Fisher titration method using a Metrohm KF 756 apparatus (Herisau, Switzerland), the water activity  
182 of the samples was measured at 25°C using an aw-meter labMasteraw (Novasina, Precisa, Poissy,  
183 France) and the glass transition temperature was determined by differential scanning calorimetry  
184 (DSC) (Perkin Elmer LLC, Norwalk, CT, USA) as previously described [18].

### 185 Desorption experiments

186 Desorption kinetics were followed using the weighing system (microbalance) CWS-40 of Martin-  
187 Christ (Osterode an Harz, Germany). The accuracy of the balance was ±0.005g according to  
188 manufacturer data. The balance and its operation have been fully described before [37]. An offset  
189 alignment was performed before each run throughout the study. The microbalance was placed in the  
190 centre of the middle shelf. The weighted vial was protected from radiation from the chamber walls  
191 and door by surrounding it with additional vials filled with freeze-dried product. A user-defined  
192 weighing interval of 5 min was used throughout this work. The lifting and weighting step took less  
193 than 10s, after which the vial was lowered back on the shelf and released from the holding arm. The  
194 duration of interruption of heat transfer between the shelf and the vial caused by weighing was  
195 therefore less than 4% of the total duration of experiment.

196 Samples of bacterial suspension freeze-dried in 7 mL glass vials were equilibrated at a relative  
197 humidity of 33% at 25°C (using MgCl<sub>2</sub>•6H<sub>2</sub>O saturated solution). The vial was then introduced in the  
198 microbalance device placed on a pre-heated or pre-cooled shelf of the SMH 90 freeze dryer (15°C,  
199 25°C or 35°C). The cold trap of the freeze-dryer was pre-cooled at -65°C. Once the vial was  
200 transferred to the microbalance, the chamber pressure was decreased to its minimal value and the  
201 data acquisition of the microbalance was started using Christ's software. The experiments were  
202 stopped after 10 or 24 hours of desorption at 15, 25 or 35 °C. Temperature was given by the sensor  
203 build into the microbalance. It was not possible to place thermocouples inside the product because it  
204 was already solid (freeze-dried and equilibrated at 33% relative humidity) at the beginning of  
205 desorption experiments and because mechanical forces induced by wires would have disturbed the

206 weighting process. The water content and the water activity were determined at the initial and final  
207 times of the experiments. The experiments were repeated in identical operating conditions but using  
208 an empty vial in order to compensate the weight variation measurement with temperature.

## 209 **Dynamic desorption model**

### 210 Sorption isotherm

211 At the end of the primary drying step, ice has been removed by sublimation but the product still  
212 contains unfrozen water bound to the solid matrix. Let  $X$  be the moisture content of the product in kg  
213 water per kg of product (wet basis):

214 Eq. 1 
$$X = \frac{m_w}{m_w + m_s}$$

215 The equilibrium moisture content at a given water activity ( $a_w$ ) was expressed by the frequently used  
216 Guggenheim-Anderson-Boer (GAB) formula:

217 Eq. 2 
$$X^{equ} = \frac{X_M K C a_w}{(1 - K a_w)(1 + K a_w (C - 1))}$$

218 In this equation,  $X_M$  represents the monolayer moisture content while  $K$  and  $C$  are dimensionless  
219 shape coefficients.

### 220 Desorption kinetics

221 Early studies[19, 20] showed that in biological products water may exist in several physical states  
222 such as monolayer, multilayer, cluster of water molecules or liquid. Water in each state is more or  
223 less tightly bound to the solid matrix, and it was experimentally shown that moisture fractions in  
224 different physical states have different desorption kinetics.[21] For generality, the model is given for  
225 any number  $n$  of such “compartments”. One, two or three compartments were used when running  
226 the model, as further described in the results section. Denote  $m_{wi}$  the water mass in compartment  $i$ :

227 Eq. 3 
$$\sum_{i=1}^n m_{wi} = m_w$$

228 Partial moisture contents corresponding to each compartment were defined as:

229 Eq. 4 
$$X_i = \frac{m_{wi}}{m_w + m_s}$$

230 with

231 Eq. 5 
$$\sum_{i=1}^n X_i = X$$

232 The desorption rate is usually assumed proportional either to the current moisture content[25, 34,  
233 36, 38, 39] or to the difference between the current and the equilibrium moisture content.[3, 5, 6, 8,  
234 9, 26, 31, 28] In principle, the former should be reserved to non water-binding materials such as  
235 mannitol which forms anhydrous crystals upon lyophilisation and whose equilibrium moisture  
236 content is essentially zero,[15] while the latter should be used for water-binding materials like most  
237 amorphous biological formulations. In practice, however, neglecting the equilibrium moisture  
238 content for water-binding materials (e.g. skim milk) can lead to satisfactory model predictions if the  
239 equilibrium moisture content is much lower than the lowest one achieved in the considered  
240 experiments.[2, 23, 30, 40] In this work, since a water-binding material was used, the expression

241 including the equilibrium moisture content was considered for generality. For each compartment this  
 242 gives:

243 Eq. 6 
$$\frac{dX_i}{dt} = \frac{1}{\tau_i} (X_i^{equ} - X_i)$$

244 with  $\tau_i$  being the characteristic desorption time for water in physical state  $i$ .

245 In steady state operating conditions, i.e. constant temperature and vapour pressure, the equilibrium  
 246 moisture content  $X_i^{equ}$  and the characteristic desorption times  $\tau_i$  are constant and the above  
 247 equation has the solution:

248 Eq. 7 
$$X_i(t) = X_i^{equ} + (X_i^{ini} - X_i^{equ}) e^{-\frac{t}{\tau_i}}$$

249 In time-varying conditions,  $X_i^{equ}$  and  $\tau_i$  depend on time and the solution is slightly more complex:

250 Eq. 8 
$$X_i(t) = e^{b(t)} X_i^{ini} + \int_0^t \frac{X_i^{equ}(\theta)}{\tau_i(\theta)} e^{b(t)-b(\theta)} d\theta$$

251 with

252 Eq. 9 
$$b(t) = \int_0^t \frac{-1}{\tau_i(\theta)} d\theta$$

253 In practice, the initial and the equilibrium moisture contents are determined (measured or calculated  
 254 using the sorption isotherm) for the product as a whole. To define the distribution of water among  
 255 the compartments, it was assumed that, at equilibrium, the compartments containing most strongly  
 256 bound water are filled before compartments corresponding to a less bound water state. Each  
 257 compartment can contain a certain maximum amount of moisture ( $X_i^{max}$ ). For example, in the two-  
 258 compartment model considered below, the available amount of moisture will fill the monolayer  
 259 (compartment 1) up to the maximum amount  $X_1^{max} = X_M$  given by the GAB sorption isotherm (Eq.  
 260 2) and the remaining moisture will be in the multilayer (compartment 2).

261 Mathematically, these considerations were formalized as follows. The compartments were ordered  
 262 by decreasing degree of water binding, which, in the context of this study, corresponds to decreasing  
 263 characteristic desorption times:

264 Eq. 10 
$$\tau_1 > \tau_2 > \dots > \tau_n$$

265 The assumption of successive compartment filling up to a maximum moisture content was expressed  
 266 by the following equation applied to each compartment  $i$ :

267 Eq. 11 
$$X_i^{equ} = \max\{0, \min\{X_i^{max}, X^{equ} - \sum_{k=1}^{i-1} X_k^{max}\}\}$$

268 Here  $X^{equ}$  is the equilibrium moisture content of the whole product as given by the sorption  
 269 isotherm and the sum represents the total moisture content that can be stored in the 'previous'  
 270 compartments ( $k < i$ ). Formally, this sum is considered zero for the first compartment ( $i=1$ ).

271 As an example, consider the application of this rule to the two-compartment model ( $n=2$ ,  $i=1$   
 272 monolayer,  $i=2$  multilayer,  $X_1^{max} = X_M$ ):



273 Eq. 12 
$$\begin{aligned} & \text{if } X^{equ} < X_M, \text{ then } X_1^{equ} = X^{equ} \text{ and } X_2^{equ} = 0 \\ & \text{if } X^{equ} \geq X_M, \text{ then } X_1^{equ} = X_M \text{ and } X_2^{equ} = X^{equ} - X_M \end{aligned}$$

274 Thus at equilibrium, if the total moisture content of the product is lower than  $X_M$ , the whole amount  
 275 of water will be contained in the monolayer. If it is higher, the monolayer will contain  $X_M$  and the  
 276 remaining amount will be in the multilayer, as physically expected.

277 The application of the considered rule for a model with  $n$  compartments introduces  $n - 1$  model  
 278 parameters, namely the maximum moisture contents  $X_1^{max} \dots X_{n-1}^{max}$ . The maximum moisture content  
 279 of the 'last' (less bound water) compartment ( $X_n^{max}$ ) needs not to be specified since this  
 280 compartment will contain the remaining water not stored in the previous compartments. In the case  
 281 of the two-compartment model considered below (monolayer and multilayer), there are actually no  
 282 additional model parameters to be determined since the maximum moisture content of the  
 283 monolayer ( $X_1^{max} = X_M$ ) is already given by the GAB formula (Eq. 2).

284 The initial moisture content in each compartment ( $X_i^{ini}$ ) was calculated by Eq. 13 similar to Eq. 11,  
 285 because, according to the experimental protocol, the product moisture was at equilibrium at the  
 286 beginning of the experiments:

287 Eq. 13 
$$X_i^{ini} = \max\{0, \min\{X_i^{max}, X^{ini} - \sum_{k=1}^{i-1} X_k^{max}\}\}$$

288 Of course, the simplifying modelling assumption leading to Eq. 11 and Eq. 13 is only a schematic  
 289 view of physical reality. It is expected to be reasonable, however, if the degrees of water binding are  
 290 significantly different among the compartments, which can be assessed, for example, by large  
 291 differences in characteristic desorption times ( $\tau_i$ ). These considerations are quantitatively verified in  
 292 the Results section.

293 Finally, in order to use gravimetric measurements for model fitting, the moisture content was used  
 294 to express the mass measured by the balance, which includes the mass of solid matrix ( $m_s$ ), water  
 295 ( $m_w$ ) and vial ( $m_v$ ):

296 Eq. 14 
$$m = m_s + m_w + m_v = m_s \frac{1}{1-X} + m_v$$

297

### 298 Temperature dependence

299 It is common practice in freeze-drying to increase shelf temperature in the secondary drying stage in  
 300 order to accelerate desorption. In the considered desorption model (Eq. 8), temperature dependent  
 301 parameters are the equilibrium moisture content ( $X^{equ}$ ) and the characteristic desorption times ( $\tau_i$ ). In  
 302 usual freeze-drying conditions the equilibrium moisture content is very close to zero and its  
 303 variations have only a minor impact on the desorption kinetics; it was thus taken as constant. In this  
 304 study, temperature dependence was assumed for the characteristic desorption times via an  
 305 Arrhenius-like relationship [25, 30]:

306 Eq. 15 
$$\tau_i = \tau_i^{ref} e^{-\frac{E_{ai}}{R} \left( \frac{1}{T} - \frac{1}{T^{ref}} \right)}$$

307 This form is mathematically equivalent to the classical Arrhenius formula but has the advantage that  
 308 the pre-exponential factor has a straightforward physical meaning:  $\tau_i^{ref}$  represents the value of the

309 characteristic desorption time at the arbitrarily fixed reference temperature  $T^{ref}$ . The activation  
310 energy ( $E_{ai}$ ) expresses the temperature sensitivity of the characteristic desorption time.

### 311 Model parameter identification

312 Desorption model parameters were determined in two steps. In the first step, the parameters of the  
313 GAB sorption isotherm ( $X_M$ ,  $C$ ,  $K$ ) were determined by fitting Eq. 2 in a least-square sense to  
314 experimentally measured data of moisture content ( $X$ ) for various values of water activity ( $a_w$ ).

315 In the second step, desorption kinetic parameters were determined by fitting simultaneously  
316 moisture content values given by Eq. 8 and Eq. 5 and total mass values given by Eq. 14 to  
317 experimental measurements from 6 experiments performed at 3 different temperatures between 15  
318 and 40°C and different initial moisture contents in the range 0.05 to 0.07 kg/kg. In the fitting process,  
319 some of the parameters were considered product-dependent and thus taken as common to all 6  
320 experiments: reference time constants ( $\tau_i^{ref}$ ) and activation energies ( $E_{ai}$ ). The other parameters had  
321 to be taken as specific to each experimental run and thus separate values for each experiment were  
322 determined: initial mass of the solid product in a vial ( $m_s$ ), mass of the vial ( $m_v$ ) and initial moisture  
323 content ( $X^{ini}$ ). Since all moisture content measurements are affected by statistically equivalent  
324 measurement errors, the initial moisture content of an experiment was not forced to the first  
325 measured value but considered as an unknown parameter to be determined in the model fitting  
326 process.

327 As measurements of different physical nature (mass and moisture content) were used  
328 simultaneously in least-squares fitting, relative weights had to be affected to each type of  
329 measurement. Selection of weights accounts for several factors, such as numerical range of each  
330 type of measurement, relative accuracy and relative frequency. In the considered case numerical  
331 ranges of both variables were comparable (of order of 0.05 g of mass variation and 0.05 kg/kg of  
332 moisture content variation) but mass measurements were more frequent and more accurate. After  
333 some tests, a twice higher weight for the moisture content was found adequate to balance lower  
334 frequency combined with lower accuracy.

335 Numeric calculations were performed with Matlab™ 8 software (The MathWorks Inc., Natick, MA)  
336 equipped with the Statistics Toolbox.

## 337 **Results and Discussion**

### 338 Equilibrium moisture content

339 The GAB sorption isotherm given by Eq. 2 was fitted to 29 experimental measurements of moisture  
340 content, in the range of 0.02 to 0.92 water activity. The resulting equilibrium moisture content is  
341 given in Figure 1 as a function of the water activity, together with the experimental data used for  
342 parameter identification. The GAB model appears to fit experimental data satisfactorily (residual  
343 standard deviation less than 0.013 kg/kg), the largest error (0.03 kg/kg) being around  $a_w = 0.53$ .  
344 Determined GAB model parameters and their standard errors are given in Table 2. The monolayer  
345 moisture content ( $X_M$ ) and the parameter  $K$  could be determined accurately with the available  
346 measurements, with a coefficient of variation less than 10%. A relatively large uncertainty remains  
347 about the value of the shape parameter  $C$ , as measured by its standard error, because Eq. 2 is less  
348 sensitive to the value of this parameter.

349 Desorption kinetics

350 Models with  $n = 1, 2$  and 3 compartments (physical states of bound water) were tested to represent  
351 experimentally measured desorption kinetics. The single compartment model clearly failed to  
352 describe the observed sample mass evolution (Figure 2, dotted lines). Predicted mass decrease was  
353 too slow at the beginning of the experiments compared to the experimental one, and too fast  
354 towards the end. The prediction of the final moisture content was also inadequate in many cases, as  
355 in Figure 2B. These observations supported the assumption that in the considered samples, water  
356 was present in at least two states with different desorption kinetics.

357 The two-compartment model was found to represent experimental data adequately. As an example,  
358 Figure 2 shows model simulation results together with measured sample mass and moisture content  
359 values for two experiments, performed at extreme temperatures in the considered range. Two  
360 different drying kinetics, a fast initial one (roughly before 3h) and a much slower subsequent one, are  
361 clearly visible from high frequency mass measurements and are correctly reproduced by the  
362 considered model. The equilibrium moisture content of the samples, as given by the sorption  
363 isotherm, always remains far below the current values (Figure 2, dash-dotted line), explaining why  
364 desorption models with zero equilibrium moisture content were successfully used in freeze-drying  
365 even for water binding materials.[ 25, 34, 36, 38, 39] It is also apparent from Figure 2 that higher  
366 temperature accelerates desorption, as expected. Sample temperature was not perfectly constant in  
367 these experiments, justifying the use of Eq. 8 instead of Eq. 7 for model simulation.

368 Determined desorption model parameters are reported in Table 3. The reference temperature for  
369 calculation of the characteristic desorption times in Eq. 15 was arbitrarily fixed to  $T^{ref} = 273.15$  K  
370 ( $0^{\circ}\text{C}$ ). According to Eq. 13, the initial moisture content of the first compartment (slowest desorption)  
371 was fixed to the monolayer moisture content determined for the GAB equation ( $X_1^{ini} = X_M$ , Table 2).  
372 The initial moisture content of the second compartment (fast desorption) was calculated as the  
373 difference to the total initial moisture content of the product ( $X_2^{ini} = X^{ini} - X_1^{ini}$ ). Note that product  
374 samples had slightly different initial moisture contents in each of the 6 desorption experiments, in  
375 the range 0.056 to 0.069 kg/kg w.b; accordingly, the considered  $X_2^{ini}$  was specific to each  
376 experimental run.

377 It appears from Table 3 that the characteristic desorption times for the two compartments are quite  
378 different, by a factor of almost 30 (92.5 and 3.2h respectively at the reference temperature). This  
379 suggests that two distinct forms of bound water are involved, with different binding strengths to the  
380 solid matrix. In the considered moisture content range, these forms of bound water can be ascribed  
381 to the monolayer and multilayer or water molecules clustered around polar groups [19, 20].  
382 Adequate model fit was achieved by fixing the initial moisture content of the slowly desorbing  
383 compartment to the value of the monolayer given by the GAB sorption isotherm, comforting the  
384 hypothesis that that the slowly desorbing compartment corresponds to the monolayer and the  
385 quickly desorbing one to the multilayer. In the literature, several studies reported specific water  
386 desorption rates for the secondary stage of the freeze-drying process, which represent the inverse of  
387 the characteristic desorption times used in Eq. 6:  $11 \times 10^{-5} \text{s}^{-1}$  (i.e.  $\tau = 2.52$  h) for skim milk [31],  $7.8 \times 10^{-5} \text{s}^{-1}$   
388 (i.e.  $\tau = 3.56$  h) also for skim milk [32, 40, 39],  $7.9 \times 10^{-5} \text{s}^{-1}$  (i.e.  $\tau = 3.5$  h) for sucrose and  $9.6 \times 10^{-5} \text{s}^{-1}$   
389 (i.e.  $\tau = 2.9$ h) for polyvinylpyrrolidone [5]. All these values are close to the fastest desorption time  
390 constant found in this study ( $\tau_2^{ref} = 3.2$  h), suggesting that models described in the literature usually  
391 refer to the desorption of the water in the multilayer. A model based solely on this fast time constant

392 might be substantially in error if applied down to moisture contents close to or below the monolayer,  
393 which might be the case for the target moisture contents of some freeze-dried products. This can  
394 lead to underestimation of the final moisture content of the product and jeopardize its subsequent  
395 stability.

396 It was found that a common value of the activation energy for both compartments (Table 3)  
397 adequately described the temperature dependence of both desorption kinetics (Eq. 15). Considering  
398 a common activation energy led to a simpler model and smaller uncertainty (standard error) in  
399 parameter values. The value of the activation energy for the desorption kinetic determined in our  
400 experiments (28.7 kJ/mol, Table 3) is product-dependent and was found somewhat lower than  
401 values reported in the literature: 37.7 kJ/mol for sucrose,[30] 79.4 kJ/mol for moxalactam di-sodium  
402 [21]. Many previous studies, however, did not take into account the temperature dependence of the  
403 desorption kinetic constant and considered a fixed value for this parameter, which is formally  
404 equivalent to zero activation energy.[5, 6, 23, 26, 31, 36] Some authors use quite different  
405 desorption time constants between primary and secondary drying, that may indirectly account for  
406 the temperature effect, since in secondary drying the product temperature is typically 30 to 60°C  
407 higher than in the primary drying. For instance, several studies[32, 39, 40] use a desorption kinetic  
408 constant of  $6.48 \times 10^{-7} \text{s}^{-1}$  (i.e.  $\tau = 428.7 \text{ h}$ ) for the primary drying and  $7.8 \times 10^{-5} \text{s}^{-1}$  (i.e.  $\tau = 3.56 \text{ h}$ ) for the  
409 secondary drying of skim milk. For the present study, temperature dependence of the characteristic  
410 desorption times of the two compartments is given in Figure 3. The general shape of the two curves  
411 is the same because the same activation energy was considered. It appears from Figure 3 that in the  
412 usual temperature range encountered in freeze-drying, desorption is more than 3 times faster at 40  
413 than at 10°C.

414 A model with three compartments (three distinct physical states of the water) was also tested, but  
415 not retained for several reasons. Firstly, the model fit improvement was minor; the residual standard  
416 deviation decreased by less than 6% compared to the two compartment model. Secondly, in the  
417 considered range of moisture contents (below 0.07 kg/kg) it is unlikely that bound water could be  
418 found in another state than monolayer or multilayer, such as condensed in pores or capillaries.  
419 Figure 1 suggests that less bound forms of water could exist only above 0.1 or 0.2 kg/kg for this  
420 product.[20, 41] Finally, the determined characteristic desorption time constant of the third (fastest  
421 desorbing) compartment at the reference temperature ( $\tau_3^{ref}$ ) was slightly above 1h, of the same  
422 order as  $\tau_2^{ref}$  in Table 3. It is thus questionable whether this might indicate a distinct state of water in  
423 the solid matrix.

424 In summary, the two compartment model appeared to present the best compromise between fit to  
425 experimental data and physical significance.

## 426 Conclusion

427 A model for the equilibrium moisture content and for the desorption kinetics of freeze-dried lactic  
428 acid bacteria preparation was developed. Two distinct desorption kinetics were observed, which  
429 could be assimilated to water in monolayer (slow desorption) and multilayer (fast desorption).  
430 Temperature effect on the desorption kinetics was included in the model, showing a three-fold  
431 decrease of the characteristic desorption time between 10 and 40°C. The developed model is  
432 intended to be used in the design and optimisation of freeze-drying protocols, where the desorption  
433 time to reach moisture content close to or lower than monolayer can take a significant fraction of the

434 total freeze-drying time. Accurate prediction of the final moisture content avoids under-drying as  
435 well as over-drying, which are both detrimental to product stability.

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551



552 **Nomenclature**

553

Symbol	Units	Significance
$a_w$	Pa/Pa	Water activity
$C$		Shape parameter of the GAB equation
$K$		Shape parameter of the GAB equation
$E_{ai}$	kJ/mol	Activation energy for the characteristic desorption time of compartment $i$
$m$	kg	Mass recorded by the balance
$m_w$	kg	Total mass of water in the sample
$m_{wi}$	kg	Mass of water in state (compartment) $i$
$m_s$	kg	Mass of solids in the sample
$m_v$	kg	Mass of the vial
$R$	J/(mol K)	Ideal gas constant
$t$	s	Current time
$T$	K	Current temperature
$T^{ref}$	K	Reference temperature
$X$	kg/kg w.b.	Total moisture content of the sample
$X_i$	kg/kg w.b.	Moisture content corresponding to state (compartment) $i$
$X^{equ}$	kg/kg w.b.	Equilibrium moisture content of the sample
$X_i^{equ}$	kg/kg w.b.	Equilibrium moisture content for state (compartment) $i$
$X^{ini}$	kg/kg w.b.	Initial moisture content of the sample
$X_i^{ini}$	kg/kg w.b.	Initial moisture content in state (compartment) $i$
$X_M$	kg/kg w.b.	Monolayer moisture content
$\alpha_i$		Fraction of water in state (compartment) $i$
$\tau_i$	s	Characteristic desorption time of water in state (compartment) $i$
$\tau_i^{ref}$	s	Characteristic desorption time of water in state (compartment) $i$ at the reference temperature

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557 **Tables**

558

559 Table 1. Water activity of the solutions used for product sample equilibration

Saturated solution	Water activity (Pa/Pa)
P <sub>2</sub> O <sub>5</sub>	0
LiBr	0.06
ZnBr	0.08
LiCl	0.11
CH <sub>3</sub> COOK	0.22
MgCl <sub>2</sub> .6H <sub>2</sub> O	0.32
K <sub>2</sub> CO <sub>3</sub>	0.44
Mg(NO <sub>3</sub> ) <sub>2</sub> .6H <sub>2</sub> O	0.53
KI	0.69
NaCl	0.75
KCl	0.84
K <sub>2</sub> SO <sub>4</sub>	0.97

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561

562 Table 2. GAB model parameters (value ± standard error) for the equilibrium moisture content

Parameter	Value
X <sub>M</sub> (kg/kg w.b.)	0.0433 ± 0.0029
K (-)	0.983 ± 0.007
C (-)	7.78 ± 2.81

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565 Table 3. Dynamic desorption model parameters (value ± standard error)

Parameter	Value
$\tau_1^{ref}$ (s)	3.34×10 <sup>5</sup> ± 7.61
$\tau_2^{ref}$ (s)	1.17×10 <sup>4</sup> ± 251
E <sub>a1</sub> = E <sub>a2</sub> (kJ/mol)	28.7 ± 0.405

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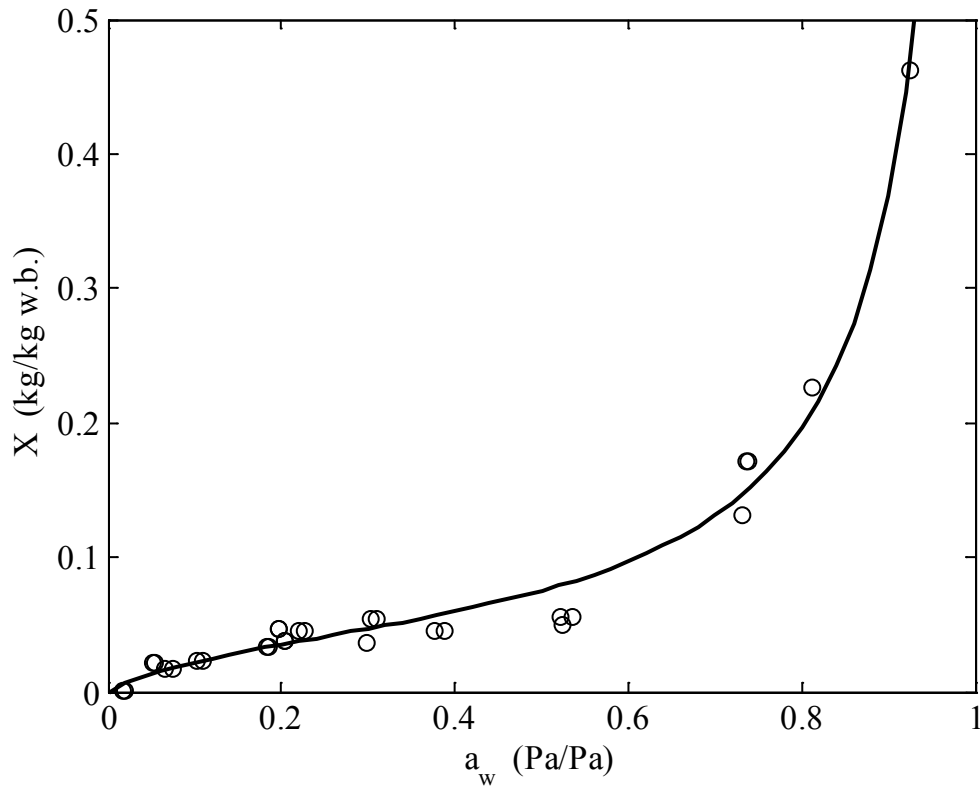
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569 **Figures**

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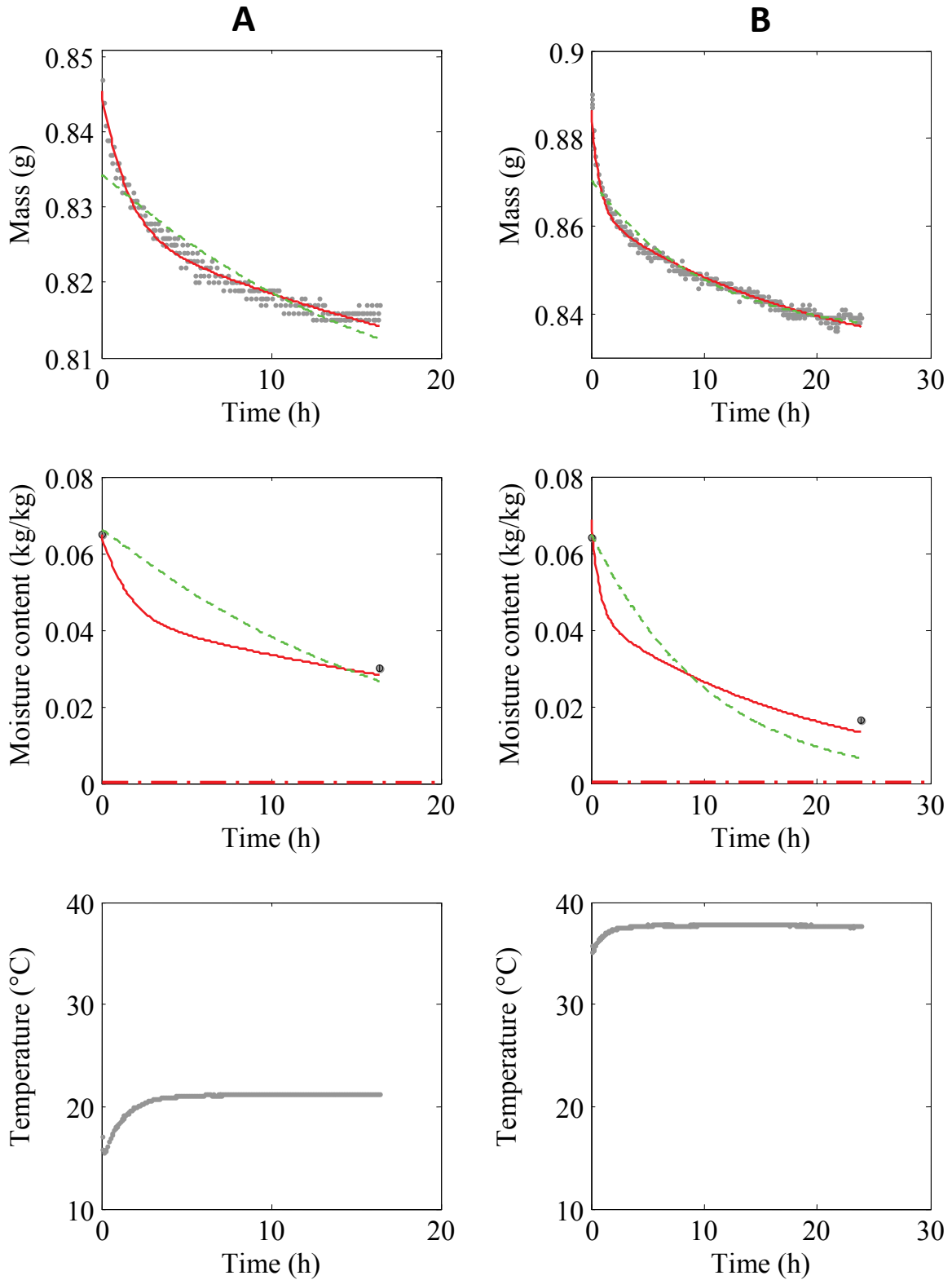
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573 Figure 1. Equilibrium moisture content of the considered product (LAB) as a function of water  
574 activity. Symbols: experimental data, solid line: GAB model.

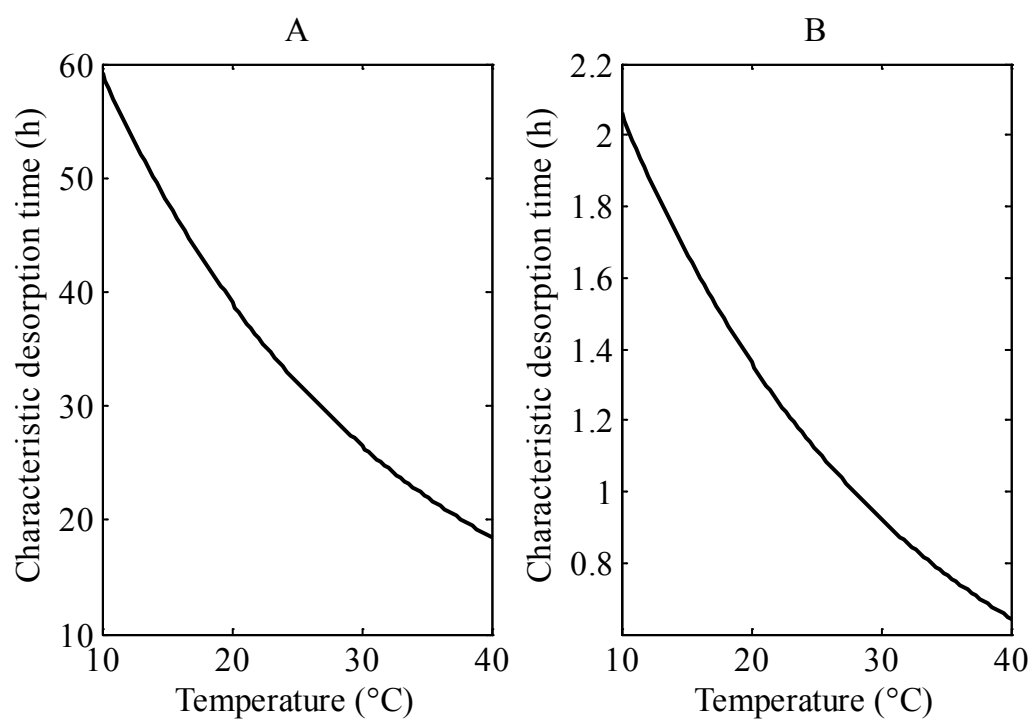
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577 Figure 2. Time evolution of sample mass, moisture content and temperature for two drying  
 578 experiments. (A) Temperature between 15 and 21°C, (B) between 35 and 38°C. Symbols:  
 579 experimental data, solid line: 2-compartment model simulations, dotted: 1-compartment model  
 580 simulations, dash-dotted: equilibrium moisture content ( $X^{equ}$ ) given by the sorption isotherm.

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583 Figure 3. Characteristic desorption times as function of temperature, in the range of 10 to 40°C.

584 (A) Slowly desorbing water in monolayer. (B) Quickly desorbing water in multilayer.

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