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To cite this version:

G. Pezzulli, F. Fraternali, Samuel Boissier, J. C. Munoz-Mateos. The instantaneous radial growth rate of stellar discs. Monthly Notices of the Royal Astronomical Society, 2015, 451 (3), pp.2324–2336. $10.1093/mnras/stv1077$. hal-01439922

HAL Id: hal-01439922 <https://hal.science/hal-01439922>

Submitted on 18 Dec 2021

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The instantaneous radial growth rate of stellar discs

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Accepted 2015 May 8. Received 2015 May 2; in original form 2015 March 2

ABSTRACT

We present a new and simple method to measure the instantaneous mass and radial growth rates of the stellar discs of spiral galaxies, based on their star formation rate surface density (SFRD) profiles. Under the hypothesis that discs are exponential with time-varying scalelengths, we derive a universal theoretical profile for the SFRD, with a linear dependence on two parameters: the specific mass growth rate $v_M \equiv M_{\star}/M_{\star}$ and the specific radial growth rate $v_R \equiv R_{\star}/R_{\star}$ of the disc. We test our theory on a sample of 35 nearby spiral galaxies, for which we derive a measurement of v_M and v_R . 32/35 galaxies show the signature of ongoing inside-out growth $(v_R > 0)$. The typical derived e-folding time-scales for mass and radial growth in our sample are ∼10 and ∼30 Gyr, respectively, with some systematic uncertainties. More massive discs have a larger scatter in v_M and v_R , biased towards a slower growth, both in mass and size. We find a linear relation between the two growth rates, indicating that our galaxy discs grow in size at ∼0.35 times the rate at which they grow in mass; this ratio is largely unaffected by systematics. Our results are in very good agreement with theoretical expectations if known scaling relations of disc galaxies are not evolving with time.

Key words: galaxies: evolution – galaxies: fundamental parameters – galaxies: spiral – galaxies: star formation – galaxies: stellar content – galaxies: structure.

1 INTRODUCTION

The theory of cosmological tidal torques (Peebles 1969) predicts the mean specific angular momentum of galaxies to be an increasing function of time. If applied to spiral galaxies, in which stars are mostly distributed on a rotating, centrifugally supported, disc, the theory suggests that the outer parts, with higher specific angular momenta, should form later than the inner ones (Larson 1976, the so-called *inside-out* formation scenario), also implying that spirals should grow in size while they grow in mass. Apart from this quite general prediction provided by cosmology, the details about how stellar discs form and grow in mass and size are not known from first principles and significant observational effort is still required to shed light on the missing links from structure formation to galaxy formation.

An invaluable input for modellers comes from some simple observed properties of the discs of spiral galaxies, that still wait for a comparatively simple theoretical explanation: among them, the exponential radial structure of galaxy discs (Freeman 1970), though sometimes broken at galaxy edges (e.g. Pohlen & Trujillo 2006;

Erwin, Pohlen & Beckman 2008), and the fact that they obey simple scaling relations, including the Tully–Fisher relation between rotational velocity and mass (Tully & Fisher 1977, see also the 'baryonic Tully–Fisher relation', McGaugh 2012; Zaritsky et al. 2014), the Fall relation between angular momentum and mass (Fall 1983; Romanowsky & Fall 2012) and a more scattered mass–size relation (e.g. Shen et al. 2003; Courteau et al. 2007), which can also be seen as a corollary of the other two.

Observations of galaxies at different redshifts indicate that stellar discs have an exponential structure since very early epochs (Elmegreen et al. 2005; Fathi et al. 2012), while it is less clear whether scaling relations are truly universal or they evolve with cosmic time. For example, direct measurements of the mass–size relation for disc galaxies at various redshifts have led to claims for little or no evolution (e.g. Ravindranath et al. 2004; Barden et al. 2005; Ichikawa, Kajisawa & Akhlaghi 2012) as well as significant or strong evolution (e.g. Mao, Mo & White 1998; Buitrago et al. 2008; Fathi et al. 2012). The interpretation and comparison of these pioneering studies is made non-trivial by inhomogeneities among observations at different redshifts, as well as differences in sample definitions and analysis techniques (see e.g. Lange et al. 2015); also, several subtle issues have been shown to significantly bias the results, most notably the selection effect due to cosmological

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Since these issues are of extreme importance for our understanding of galaxy evolution, more observational effort is desirable, possibly dealing with multiple independent probes, to unveil the growth of the exponential discs of spiral galaxies. In addition to the crucial, but often challenging, comparison of galaxy properties at different redshifts, indirect information can be gained on the size growth of galaxy discs from the study of their properties in the Local Universe. Efforts in this direction can be split in two categories. The first is the exploitation of fossil signals of the past structure of the disc: most notably, chemical enrichment (e.g. Boissier & Prantzos 1999; Chiappini, Matteucci & Romano 2001; Mollá & Díaz 2005; Naab & Ostriker 2006), and properties of stellar populations, including colour gradients (e.g. Bell & de Jong 2000; MacArthur et al. 2004; Wang et al. 2011), spectrophotometry (e.g. Muñoz-Mateos et al. 2011 ; González Delgado et al. 2014) and colour–magnitude diagrams (e.g. Williams et al. 2009; Gogarten et al. 2010; Barker et al. 2011). The second possibility is to look for the *instantaneous* signal of the growth process while it is in act. Spiral galaxies are not just passively evolving stellar systems, but keep forming stars at a sustained rate throughout their evolution (e.g. Aumer & Binney 2009; Fraternali & Tomassetti 2012; Tojeiro et al. 2013). Therefore, the radial distribution of newly born stars is a crucial ingredient for the structural evolution of a stellar disc and it can be used as a clean and direct probe of its growth.

Thanks to the deep UV photometry of the *Galaxy Evolution Explorer* (*GALEX*; Martin et al. 2005), radial profiles of the star formation rate surface density (SFRD) of nearby galaxies can now be traced out to considerable galactocentric distances and low levels of star formation activity. SFRD profiles, as traced by the UV light emitted by young stars, often turn out to be quite regular and, in many cases, remarkably similar to exponentials (Boissier et al. 2007, see also Goddard, Kennicutt & Ryan-Weber 2010). This supports the idea that star formation is tightly linked with whatever process is responsible for the maintenance and evolution of the exponential structure of galaxy discs. A closer inspection of the aforementioned SFRD profiles reveals, in many galaxies, some deviations from the exponential shape, in the form of a central downbending or depletion (see also Muñoz-Mateos et al. 2011). This is also clearly seen in the SFRD of the Milky Way, as traced, for example, by the distribution of Galactic supernova remnants (Case & Bhattacharya 1998). Indeed, star formation becoming progressively less effective towards the centre of galaxies is not very surprising, within the inside-out formation scenario: in the inner regions, the bulk of gas accretion and conversion into stars occurs quite early and relatively little residual star formation is expected to be in place there at late epochs, while the outskirts are still in their youth. Ultimately, the observed properties of SFRD profiles of spiral galaxies are in qualitative agreement with the inside-out paradigm and therefore they are good candidates to enclose the signal of radial growth. The aim of this work is to give a simple quantitative description of this signal and a method to derive a measurement of the instantaneous mass and radial growth rates of the discs of spiral galaxies from the amplitude and shape of their SFRD profiles.

An earlier attempt in this direction has been done by Muñoz-Mateos et al. (2007). They assumed that surface densities of both stellar mass and star formation rate can be approximated with exponential profiles, though with different scalelengths, implying exponential profiles for the specific star formation rate (sSFR) as well, with sSFR increasing with radius for inside-out growing galaxies. This parametrization was applied to a sample of nearby spiral galaxies and the results were compared with the predictions of simple structural evolution models, providing constraints on the inside-out process.

In this work, we make a step forward, proposing a method that is both simpler and more powerful. Rather than modelling both stellar mass and SFRD with exponentials, we assume that just stellar discs are exponential at any time, with time-varying scalelengths. This naturally brings us (Section 2) to predict a universal shape for the SFRD profile with the observed properties outlined above, namely an inner depletion and an outer exponential decline. Furthermore, our theoretical profile has a very simple (linear) dependence on the disc mass and radial growth rates; hence, these parameters can be directly derived from observations in a model-independent way. We apply our method to a sample of nearby spiral galaxies described in Section 3, discuss our analysis in Section 4 and present our results in Section 5. In Section 6, the consequences of our findings are discussed on the issue of whether known scaling relations for galaxy discs are evolving with time or not. In Section 7, we give a summary.

2 STAR FORMATION IN EXPONENTIAL DISCS

2.1 A simple model

Let us assume that the mass surface density Σ_{\star} of the stellar disc of a spiral galaxy is well described, at any time, by an exponentially declining function of radius *R*, identified by a radial scalelength R_{\star} and a mass M_{\star} ,¹ both allowed to vary with time *t*:

$$
\Sigma_{\star}(t, R) = \frac{M_{\star}(t)}{2\pi R_{\star}^2(t)} \exp\left(-\frac{R}{R_{\star}(t)}\right). \tag{1}
$$

Just taking the partial time derivative of equation (1) we get a very simple prediction for the SFRD $\dot{\Sigma}_*$ as a function of time and galactocentric radius:

$$
\dot{\Sigma}_{\star}(t,R) = \left(\nu_{\rm M}(t) + \nu_{\rm R}(t) \left(\frac{R}{R_{\star}(t)} - 2\right)\right) \Sigma_{\star}(t,R),\tag{2}
$$

where Σ_{\star} is given by equation (1), while the quantities ν_M and ν_R are defined by

$$
\nu_{\mathcal{M}}(t) := \frac{\mathrm{d}}{\mathrm{d}t} \left(\ln M_{\star}(t) \right) = \frac{\dot{M}_{\star}(t)}{M_{\star}(t)} \tag{3}
$$

$$
\nu_{\mathcal{R}}(t) := \frac{\mathrm{d}}{\mathrm{d}t} \left(\ln R_{\star}(t) \right) = \frac{\dot{R}_{\star}(t)}{R_{\star}(t)}.
$$
\n
$$
\tag{4}
$$

We discuss them more thoroughly in Section 2.3.

2.2 Theoretical *caveats*

At least two *caveats* should be kept in mind when considering the elementary inference outlined in Section 2.1.

First, by identifying Σ_{\star} with ($\partial \Sigma_{\star}/\partial t$), we have implicitly neglected any contribution coming from a possible net radial flux of stars, that is $1/R \frac{\partial}{\partial R}(2\pi R \Sigma_{\star} u_{\star}^R)$, u_{\star}^R being the net radial velocity

¹ Throughout the paper, when referring to a spiral galaxy, we will use the symbol M_{\star} to denote the stellar mass of its disc component alone.

of stars. While radial migration of stars is widely recognized to be a fundamental ingredient of galaxy evolution, it has also been shown (Sellwood & Binney 2002 ; Roškar et al. 2012) that its main working mechanism is basically a switch in the radial position of two stars in different circular orbits (the so-called *churning*; Schönrich & Binney 2009). This process produces no dynamical heating, no *net* radial flow of stars and no change in the mass distribution of the disc. Of course, some minor contribution to radial migration are also expected from other processes: breaks to our approximation can be expected in some cases, mostly in the inner regions, where dynamical processes might be associated with the formation of bars, rings and pseudo-bulges (e.g. Sellwood 2014) and at the outer edge, where radial migration has been proposed to induce changes in the outer structure of discs (Yoachim, Roškar & Debattista 2012). More complex effects are also possible due to the interplay between stellar dynamics, gas dynamics and star formation; quite different approaches to this problem can be found, for example in Schönrich & Binney (2009), Kubryk, Prantzos & Athanassoula (2013) and Minchev, Chiappini & Martig (2014).

Second, since stellar populations, during their evolution, return a substantial fraction of their mass to the interstellar medium (ISM; Tinsley 1980), it is not necessarily trivial to connect the time derivative Σ_{\star} to observed values of SFRD. In the following, we will adopt the instantaneous recycling approximation and assume that a constant *return fraction* R of the mass of a stellar population is instantaneously given back to the ISM. Accordingly, our Σ_{\star} represents the *reduced* SFRD and it is equal to the observed SFRD multiplied by a factor $(1 - \mathcal{R})$, although we will often omit the attribute *reduced*, for brevity. More detailed studies (e.g. Leitner & Kravtsov 2011) show that the majority of the returned mass is released within ∼1 Gyr from the birth of a population; hence, our approximation will be valid in those galaxies, or galaxy regions, where star formation has not been varying abruptly on time-scales shorter than ∼1 Gyr. It can be easily seen that such abrupt changes can, in principle, be taken into account by replacing R with an *effective return fraction* \mathcal{R}_{eff} , which is higher or lower than $\mathcal R$ for abrupt quenching or starbursting events, respectively. These may be due, for instance, to tidal or ram pressure stripping or, vice versa, to significant recent accretion events. Similar effects can sometimes be observationally inferred in low surface brightness regions or in low surface brightness galaxies as a whole (Boissier et al. 2008) and may also be related to the phenomenology of extended UV (XUV) discs (Thilker et al. 2007a). Unfortunately, in general, neither the magnitude nor the direction of the needed correction can be known a priori. However, these possibilities should be kept in mind when considering peculiar features in the observed SFRD profiles of some individual objects.

2.3 Mass and radial growth rates

The quantities v_M and v_R , defined in equations (3) and (4), shall be called *specific mass growth rate* and *specific radial growth rate*. The word *specific* refers to the fact that they represent the mass and radial growth rates M_{\star} and R_{\star} , *normalized* to the actual value of mass M_{\star} and scalelength R_{\star} , respectively. However, since in this work we will deal only with specific quantities, we will often omit the attribute and refer to them just as mass and radial growth rates, for brevity.

While *ν*_M is always positive (stellar mass is never destroyed), *ν*_R can in principle take both signs, positive values being expected in the case of inside-out growth. At any time, the inverse of v_M and v_R can be interpreted as instantaneous estimates of the time-scales for

We notice that v_M is strictly related to another physical quantity, namely the sSFR. More precisely, following the terminology of Lilly et al. (2013) , ν_M coincides with the *reduced sSFR* of the disc, where the word *reduced* (which we will omit from now on) refers to the fact that we are including the effect of the return fraction \mathcal{R} . Since our v_M refers to the disc alone, it should not be confused with the sSFR of a whole spiral galaxy, which is evaluated including also the other stellar components, like the bulge. While the bulge can give a non-negligible contribution to the total stellar mass, it usually harbours little or no star formation: hence, the sSFR of a whole galaxy and of its disc alone can differ significantly (Abramson et al. 2014). Also, v_M should not be confused with the *local* sSFR $(\Sigma_{\star}/\Sigma_{\star})$, which is, in general, a function of galactocentric radius (e.g. Muñoz-Mateos et al. 2007).

The analogous quantity for the stellar scalelength, the (specific) radial growth rate v_R , has been studied much less (and, as far as we know, not even clearly defined until now). To provide a simple method for its measurement is the main aim of this work. Since v_M and v_R have the same physical dimensions and refer to the two basic properties of an exponential disc, we are also interested to measure both quantities at the same time and to attempt a comparison between them. This is indeed a natural outcome of our method (Section 2.4) and will bring us to the most interesting consequences of our results (Section 6).

2.4 Predicted properties of SFRD profiles

Our simple model predicts that, if a galaxy is observed at some particular time, its SFRD should follow a radial profile of the form:

$$
\dot{\Sigma}_{\star}(R) = \frac{M_{\star}}{2\pi R_{\star}^2} \left(\nu_{\rm M} + \nu_{\rm R} \left(\frac{R}{R_{\star}} - 2\right)\right) \exp\left(-\frac{R}{R_{\star}}\right). \tag{5}
$$

In Fig. 1, the predicted shape of the SFRD profile is drawn out, in dimensionless units, for some representative situations, which differ for the sign of the radial growth parameter ν_R . To achieve a fully dimensionless description of the model, we use here, as a parameter, the dimensionless ratio *ν*_R/*ν*_M, which has the same sign of ν_R , since, as pointed out in Section 2.3, ν_M is always positive. Also, with our adopted dimensionless units, the curves in Fig. 1 compare with each other as model discs that share the same mass,

Figure 1. Predicted shape of the SFRD profile, in dimensionless units, for some illustrative values of the radial growth rate *ν*R: absence of radial growth ($v_R = 0$, dotted black line), inside-out growth ($v_R = 1/3 v_M$, solid red line) and disc shrinking ($v_R = -1/3 v_M$, dashed blue line). The radius is in units of R_{\star} , the SFRD is normalized to $\dot{\Sigma}_1 \equiv v_M M_{\star}/2\pi R_{\star}^2$, so that the comparison refers to discs with the same stellar mass, scalelength and *global* sSFR.

scalelength and *global* sSFR *ν*_M, but differ in the spatial distribution of star formation, depending on the presence (and the direction) of an evolution of the scalelength with time.

In the absence of radial evolution ($v_R = 0$), the scalelength of the stellar disc is constant with time, stars always form with the same spatial distribution and the SFRD profile is an exponential as well, with the same scalelength of the already present stellar disc. In the case of disc shrinking ($v_R < 0$) star formation is enhanced, with respect to the previous case, in the inner regions, but it abruptly drops in the outskirts (reaching a vertical asymptote at $R/R_{\star} = (2 + v_{\rm M}/|v_{\rm R}|)$). Conversely, for inside-out growth ($v_{\rm R} > 0$), the SFRD shows the characteristic depletion in the central regions, while it is enhanced in the outskirts, where it ultimately gently declines with increasing radius, with an asymptotic behaviour, at large radii, similar to the one of the stellar mass distribution.

3 SAMPLE AND DATA

3.1 Sample definition

To define our sample, we started from the one studied by Muñoz-Mateos et al. (2011), which consists of 42 nearby spiral galaxies observed both by *Spitzer* and by *GALEX*, in the context of the SINGS survey (Kennicutt et al. 2003). For these and other nearby galaxies, radial profiles have been derived and published by Muñoz-Mateos et al. (2009b) and Muñoz-Mateos et al. (2009a), for multiwavelength emission ranging, for most galaxies, from FIR to FUV. Such a broad range is useful to trace both the stellar mass and the star formation rate, corrected for the effect of dust extinction. Muñoz-Mateos et al. (2009a) give radial profiles for the extinction in the UV, as inferred from total infra-red to ultra-violet (TIR/UV) flux ratios.

For this work, we made use of the radial profiles of the emission in the FUV *GALEX* band, corrected for extinction in the FUV (A_{FUV}) . We also used profiles of emission in the 3.6 μ m IRAC band, which we assume to be a good tracer of the stellar mass surface density. Some contamination may arise from the 3*.*3 μm polycyclic aromatic hydrocarbon line, hot dust and asymptotic giant branch stars; however, these contributions are only expected to be important at the small scales of individual star-forming regions and just a mild effect persists at larger scales (Meidt et al. 2012). Furthermore, dust extinction at this wavelength is negligible and the M/L is quite insensitive to variations in age and metallicity, if compared to the optical bands (Meidt et al. 2014).

From the original sample of 42 galaxies, we excluded 5 galaxies (NGC 3049, NGC 3938, NGC 4254, NGC 4321, NGC 4450) for which FUV measurements were lacking because the *GALEX* FUV detector was turned off for technical reasons, one galaxy (NGC 7552) which was not present in the Muñoz-Mateos et al. (2009a) sample and another one (NGC 4625) for which the A_{FUV} radial profile was constituted of only one point. Therefore, we ended up with a final sample of 35 galaxies. We have considered some possible additional criteria to further restrict our sample. Since our main goal is the study of the slow, continuous, evolution of the regular exponential structure of discs, galaxies that are suspected to be undergoing violent transient events, like interactions or mergers, could be excluded from the analysis. Furthermore, since we make a quantitative analysis of azimuthally averaged radial profiles, we could exclude those galaxies for which the geometrical parameters involved in the average (inclination and position angle) are not known with good accuracy or are suspected to be varying with radius. At least three galaxies (NGC 1097, NGC 1512, NGC 5194) have a nearby companion and for at least one (NGC 1512) the

adopted position angle reproduces the outer isophotes better than the inner ones. However, it is not clear whether such selections could be done in a completely unbiased way. Also considering that our sample is relatively small, we decided to homogeneously analyse the whole set of 35 galaxies. Nonetheless, the aforementioned *caveats* should be kept in mind while considering our results. We adopt morphological classifications, distances and inclinations (as derived from axial ratios) from Muñoz-Mateos et al. (2011) ; these properties can also be found here in Table 1.

3.2 Stellar mass surface density

To get the stellar mass distribution, we made use of the highresolution (6 arcsec) radial profiles at $3.6 \mu m$ from Muñoz-Mateos et al. (2009b). To convert from surface brightness to mass surface density, we used the conversion formula:

$$
\frac{\Sigma_{\star}}{\mathrm{M}_{\odot} \, \mathrm{pc}^{-2}} = 1.9 \times 10^7 \, \cos i \, \frac{I_{3.6 \, \mu \mathrm{m}}}{\mathrm{Jy} \, \mathrm{arcsec}^{-2}} \tag{6}
$$

which is the one derived by Leroy et al. (2008), though written in different units and modified for a *K*-band M/L equal to 0.8, instead of $0.5²$. This ratio is subject to several uncertainties (e.g. Bell et al. 2003); our choice was made to maximize consistency with the previous work by Muñoz-Mateos et al. (2007) . We discuss the consequences of this and other systematics in Section 4.4.

3.3 Star formation rate surface density

To derive the SFRD profiles, we took the low-resolution (48 arcsec) radial profiles in the FUV band from Muñoz-Mateos et al. (2009a) and corrected them for extinction using the *A*_{FUV} radial profiles at the same resolution. In that work, two estimates of A_{FUV} are provided, based on two slightly different dust attenuation prescriptions by Buat et al. (2005) and by Cortese et al. (2008), the latter containing a refinement to take additional dust heating from old stars into account. In this work, we used extinction profiles from the Buat et al. (2005) prescription. We made this choice to maximize simplicity and reproducibility of our analysis (this recipe does not require additional information on *K*-band photometry). Muñoz-Mateos et al. (2009a) showed that the two prescriptions differ significantly only for early-type galaxies (ellipticals and lenticulars), which are absent in our sample. We verified that our conclusions are not modified when changing the adopted prescription.

The extinction-corrected profile $μ$ _{FUV, corr} (expressed in the AB magnitude system) was converted into an SFRD by making use of the formula:

$$
\frac{\Sigma_{\star}}{\mathbf{M}_{\odot \, \mathrm{pc}^{-2}} \, \mathrm{Gyr}^{-1}} = (1 - \mathcal{R}) \cos i \, 10^{-0.4} \mu_{\mathrm{FUV,corr}} + 10.413 \tag{7}
$$

which is again consistent with Muñoz-Mateos et al. (2007). For the return fraction, we adopted $\mathcal{R} = 0.3$, which is intermediate between possible values for different initial mass function (IMF) choices (Leitner & Kravtsov 2011; Fraternali & Tomassetti 2012). Also the systematics associated with equation (7) is discussed in Section 4.4.

 2 The formula of Leroy et al. (2008) was based on their measured linear 3*.*6 μm-to-*K*-band flux conversion and on an assumed *K*-band mass-to-light ratio. Changing the latter from 0.5 to 0.8 is equivalent to introducing an additional factor 1.6 in the 3*.*6 μm-to-stellar mass conversion.

Table 1. Basic properties of galaxies in our sample. Morphological classification, distances and inclinations (derived from axial ratios) are as in Muñoz-Mateos et al. (2011).

Galaxy	RA (J2000) h m s	Dec. (J2000) $^{\circ}$ 11	Morphological type	Type T	Distance (Mpc)	$\cos i$
NGC 0024	00 09 56.5	-245747.3	SA(s)c	5	8.2	0.224
NGC 0337	00 59 50.1	-073440.7	SB(s)d	$\overline{7}$	25	0.621
NGC 0628	01 36 41.8	15 47 00.5	SA(s)c	5	11	0.905
NGC 0925	02 27 16.9	33 34 45.0	SAB(s)d	7	9.3	0.562
NGC 1097	02 46 19.1	-301629.7	SB(s)b	3	15	0.677
NGC 1512	04 03 54.3	-432055.9	SB(r)a	1	10	0.629
NGC 1566	04 20 00.4	-545616.1	SAB(s)bc	$\overline{4}$	17	0.795
NGC 2403	07 36 51.4	65 36 09.2	SAB(s)cd	6	3.2	0.562
NGC 2841	09 22 02.6	50 58 35.5	SA(r)b	3	14	0.432
NGC 2976	09 47 15.5	67 54 59.0	SAc pec	5	3.6	0.458
NGC 3031	09 55 33.2	69 03 55.1	$SA(s)$ ab	$\overline{2}$	3.6	0.524
NGC 3184	10 18 17.0	41 25 28.0	SAB(rs)cd	6	8.6	0.932
NGC 3198	10 19 54.9	45 32 59.0	SB(rs)c	5	17	0.388
IC 2574	10 28 23.5	68 24 43.7	SAB(s)m	9	4.0	0.409
NGC 3351	10 43 57.7	11 42 13.0	SB(r)b	3	12	0.676
NGC 3521	11 05 48.6	-000209.1	SAB(rs)bc	$\overline{4}$	9.0	0.464
NGC 3621	11 18 16.5	-324850.6	SA(s)d	7	8.3	0.577
NGC 3627	11 20 15.0	12 59 29.6	SAB(s)b	3	9.1	0.462
NGC 4236	12 16 42.1	69 27 45.3	$SB(s)$ dm	8	4.5	0.329
NGC 4536	12 34 27.1	02 11 16.4	SAB(rs)bc	$\overline{4}$	15	0.421
NGC 4559	12 35 57.7	27 57 35.1	SAB(rs)cd	6	17	0.411
NGC 4569	12 36 49.8	13 09 46.3	$SAB(rs)$ ab	\overline{c}	17	0.463
NGC 4579	12 37 43.6	11 49 05.1	SAB(rs)b	3	17	0.797
NGC 4725	12 50 26.6	25 30 02.7	$SAB(r)$ ab pec	\overline{c}	17	0.710
NGC 4736	12 50 53.1	41 07 13.6	(R)SA(r)ab	\overline{c}	5.2	0.813
NGC 4826	12 56 43.8	21 40 51.9	(R)SA(rs)ab	\overline{c}	7.5	0.540
NGC 5033	13 13 27.5	36 35 38.0	SA(s)c	5	13	0.467
NGC 5055	13 15 49.3	42 01 45.4	SA(rs)bc	$\overline{4}$	8.2	0.571
NGC 5194	13 29 52.7	47 11 42.6	$SA(s)$ bc pec	$\overline{4}$	8.4	0.804
NGC 5398 ^a	14 01 21.6	-330349.6	$(R')SB(s)dm$ pec	8.1	16	0.607
NGC 5713	14 40 11.5	-00 17 21.2	$SAB(rs)bc$ pec	$\overline{4}$	27	0.893
IC 4710	18 28 38.0	-665856.0	SB(s)m	9	8.5	0.778
NGC 6946	20 34 52.3	60 09 14.2	SAB(rs)cd	6	5.5	0.852
NGC 7331	22 37 04.1	34 24 56.3	SA(s)b	3	15	0.352
NGC 7793	23 57 49.8	-323527.7	SA(s)d	7	3.9	0.677

^{*a*}In the original sample, this galaxy was referred to as TOL 89, which is the name of an H II region embedded within it.

4 ANALYSIS

For each galaxy in the sample, we performed our analysis in two steps. First, we made an exponential fit to the radial profile of the stellar mass surface density of the disc (see Section 3.2), deriving the values for the disc mass M_{\star} and scalelength R_{\star} . Then, keeping these parameters fixed, we fitted our theoretical profile (equation 5) to the SFRD data (see Section 3.3). This second fit is the test bed for our theory. If successful, it provides our measurement of the two disc growth parameters: the specific mass growth rate *ν*_M and the specific radial growth rate *ν*_R.

A more extended description of the two steps is given in Sections 4.1 and 4.2. They are depicted, for each individual galaxy, in an Atlas, which we provide as supplementary online material. A representative example, for the galaxy NGC 628, is reported here for illustrative purposes (Fig. 2).

All our fits were performed with a standard Marquardt– Levenberg algorithm. We also repeated the whole analysis with a different method (see Section 4.3) and verified that our results are robust with respect to the fitting strategy.

4.1 Fit of exponential discs

In order to extract the disc parameters from the radial profiles described in Section 3.2, we performed a simple exponential fit, for each galaxy, on a radial domain where the NIR emission is dominated by the disc component.

Such a domain was identified, on a case-by-case basis, considering the shape of the 3*.*6 μm profile with the aid of the direct visual inspection of the 2D maps at the same wavelength. For details about how these maps were obtained the reader is referred to Regan et al. (2004), Dale et al. (2005) and Muñoz-Mateos et al. $(2009b)$. For each galaxy, the minimum and the maximum radii of our selected domain are the semimajor axes of two concentric ellipses, with centre and orientation equal to the ones used in the derivation of the profiles. The inner ellipse was chosen to exclude the central bright component, if present, like a bulge, a bar or a central ring; the detection of spiral arms has been used in some cases as an evidence for the prominence of the disc component in a given region. In four cases (NGC 2403, IC 2574, NGC 4236, NGC 4826) we have found that the adopted centre of the ellipses did not coincide with the

Figure 2. Our analysis for the galaxy NGC 628. Upper panels: selection of the domain where the emission at 3*.*6 μm is dominated by the light from the stars in the disc: (left) the inner ellipse at 33 arcsec, out of which the spiral structure appears, (right) the outer ellipse at 261 arcsec, out of which the contribution from noise becomes significant. Note that the two images have very different scale and contrast. The inner ellipse is also shown in the right-hand panel, to make the whole selected region visible at once. Lower-left panel: exponential fit to the stellar mass surface density, as traced by the emission at 3*.*6 μm. The vertical dashed lines mark the limits of the domain that we have selected for this fit; in this case, the best-fitting exponential also extends further out in the outskirts. Lower-right panel: fit of our theoretical SFRD profile to the one obtained from extinction-corrected FUV light; a visual comparison with Fig. 1 is already enough to recognize this as an inside-out growing galaxy.

peak of the 3.6 μm emission; for these galaxies, an inner ellipse was selected with a semimajor axis equal or greater than twice the observed offset. The outer ellipse was most of the times selected to exclude those external regions where a contribution to the emission coming from the noise was found to be significant; for our data, this happens at a typical value of $log(I_{3.6 \mu m}/Jy \text{ arcsec}^{-2}) \sim -6.5$.

In five galaxies (NGC 3521, NGC 3621, NGC 4736, NGC 5055, NGC 7331), we found a significant flattening of the 3.6 μm profile well above the noise level and we excluded the outer region from the exponential fit for these objects. The most striking case is NGC 4736, where the effect is probably related to the presence of a prominent outer ring. In three of the above cases (NGC 3521, NGC 3621, NGC 5055), the change of slope occurs very near to the outermost radius where a regular spiral pattern can be seen. In the remaining two objects (NGC 3521 and NGC 7331), the flattening is associated with an abrupt change in the geometry of the 3*.*6 μm emission, with the isophotes becoming remarkably large and irregular in the outer regions. We ignore the physical origin of this effect; nonetheless, these peculiarities should be kept in mind in the interpretation of our results for these objects.

In most cases, our fits were performed weighting each point according to the nominal error, quoted in the original profiles. However, this is not necessarily always the best choice. Real galaxies are not expected to precisely follow an exponential, since transient perturbations like spiral arms, which are by definition ubiquitous in spiral galaxies, can sometimes overimpose oscillations on an underlying regular disc. This effect can become particularly important in the presence of spiral arms with a small pitch angle, tending to dominate the emission in a limited radial range. If, for a given galaxy, points with small error bars happen to be preferentially located in a region dominated by spiral structure, the formal best-fitting profile will be biased to reproduce transient features, potentially missing the overall structure of the disc. For seven galaxies (NGC 1097, NGC 1512, NGC 3031, NGC 3184, NGC 3351, NGC 4569, NGC 7793), we have found that an unweighted fit provided a better description of the overall structure of the profiles in the considered radial range.

Although the whole procedure is slightly subjective, we verified that it gave a better account to the observed properties of our galaxies, in the domain of interest, with respect to a more complex global analysis, involving more components and parameters. This approach is the most suitable for our purposes, since we are just interested to reliably derive the disc parameters, rather than to get a detailed structural decomposition of the whole galaxy. We verified that the parameters we found were stable with respect to small variations in the selection of the inner and outer radii.

An example of our domain selection and disc-fitting procedure is given in Fig. 2 (upper panels and lower-left panel) for the case of NGC 628; similar images and plots for the other galaxies can be found in the online Atlas.

4.2 Fit of the star formation rate surface density

In the second step of our analysis, we fitted equation (5) to the observed SFRD profiles, keeping fixed the structural parameters M_{\star} and R_{\star} found in the previous step.

The SFRD profiles have a worst spatial resolution, and hence a more limited number of independent points, with respect to the mass surface density profiles. As a consequence, the results of the SFRD fits are more sensitive to changes in the adopted radial domain. In order to limit the dependence of our analysis on subjective choices, we decided to always perform the fit on the whole available domain. Not to exclude any point from the inner regions is equivalent to assume that the bulk of star formation is everywhere associated with the disc component. In other words, we neglected possible star formation activity directly occurring in the bulges, which is quite reasonable since these structures are known to be dominated by old stellar populations. Neither we put outer limits to our domain, implying that we did not try to model possible transient star formation episodes that might dominate the UV emission in the outer regions, nor any kind of structural irregularity and, most noticeably, the possible presence of warps, which are generally expected in the periphery of discs (Briggs 1990). All the SFRD fits were performed weighting points with their nominal errors, which were derived just propagating the errors in the μ _{FUV} and A _{FUV} profiles.

In Fig. 2 (lower-right panel), the best-fitting SFRD profile is reported for the galaxy NGC 628; similar plots are reported for all galaxies in the online Atlas.

In considering this part of the analysis, it should be kept in mind that, while the parameters v_M and v_R , in the theoretical SFRD profile (equation 5), are allowed to change in the fitting process, the global slope is strongly constrained by the parameter R_{\star} , which is held fixed to the value previously obtained from the structural fit (Section 4.1). Hence, notwithstanding the presence of two free parameters, we are by no means able to reproduce arbitrary profiles and the fact that we can recover the majority of SFRD distributions shall be regarded as a success of the model and gives us confidence on the meaningfulness of the resulting best-fitting parameters.

In five cases (NGC 1512, NGC 3521, NGC 3621, NGC 4736, NGC 5055), we clearly detect an outer flattening in the radial profiles of both SFRD and stellar mass surface density. This can be considered as an indication for the existence of a distinct, relatively long-lived, outer star-forming component. More detailed studies would be necessary to clarify this point. However, we notice here that three of these galaxies (NGC 1512, NGC 3621, NGC 5055) have been classified by Thilker et al. (2007b) as having a Type 1 XUV disc. We also notice that sometimes (e.g. for NGC 3621) the spatial coincidence between the two breaks is perfect, while in other cases (NGC 3521 and NGC 5055) the SFRD flattening occurs at larger radii, maybe challenging the idea of a common origin of the two phenomena. A unique case is the one of NGC 7331, which has a very prominent flattening of the stellar mass distribution, but

an almost exponential SFRD profile, which our model is unable to account for; we refer the reader to Thilker et al. (2007b) and Ludwig et al. (2012) for more specific studies on this peculiar object and its surroundings. Finally, we report one case (IC 4710) where a quite marked downbending is found, at the same radius, in both profiles. This is not a very secure result, since the break occurs out of our chosen outer ellipse (see Section 4.1); if confirmed, it may be an example of radial migration in the presence of an outer cut-off in star formation efficiency, as described, e.g. by Yoachim et al. (2012); see also Section 2.2 on this.

4.3 A note on the fitting strategy

Our choice of separating the analysis in two steps (Sections. 4.1 and 4.2) is motivated by the fact that the structural parameters (M_{\star}, R_{\star}) physically describe the mass distribution of stellar discs and hence, in principle, they are best measured on the basis of available data for Σ_{\star} alone, irrespective of the distribution of newly born stars. Also, once such a measurement has been achieved, the fact that the SFRD profiles can be reproduced without a further tuning of (M_{\star}, R_{\star}) provides a valuable test for the validity of our theory.

However, we also investigated whether our results would change if our four parameters $(M_{\star}, R_{\star}, \nu_{\rm M}, \nu_{\rm R})$ were allowed to vary simultaneously to reproduce both the stellar mass and the SFRD radial profiles. To this purpose, we ran, for each galaxy, a Monte Carlo Markov Chain based on the combined likelihood of both our data sets (Sections 3.2 and 3.3). We then compared the resulting radial growth rates with the ones derived with our preferred strategy, finding an excellent agreement, with a median absolute difference of just 2 × 10⁻⁴ Gyr⁻¹. We found some discrepancy in just 4 cases, 2 of which within 2*σ* (NGC 1097 and NGC 7793) and the other 2 within 3*σ* (NGC 3184 and NGC 3351). Note that all these objects belong to the group for which an unweighted fit was found to provide a better description of the overall disc structure (see Section 4.1), while the effect of oscillations induced by spiral structure was not taken into account in the MCMC experiment. This probably explains even the moderate discrepancies for this small subset. Furthermore, it shows that our partially subjective choice of the weights, discussed in Section 4.1, has a very limited impact on our results.

4.4 Notes on systematics

We distinguish between two kinds of systematics, those affecting individual galaxies in a different way and those affecting the whole sample more or less homogenously.

To the first group belong distance and inclination. Distance uncertainties affect the physical values of the derived mass and scalelengths, while the inclination uncertainty mainly affects the determination of the mass. Inclination also affects the normalization of both the stellar mass and SFRD profiles, but it does it exactly in the same way; it is easily seen that this implies a vanishing net effect on the estimates of v_M and v_R , which are also, even more obviously, completely independent on the adopted distance. The important consequence of this is that our method allows us to measure the specific mass and radial growth rates of discs with greater accuracy than the mass and scalelength themselves, a fact that we will further exploit in Section 6.

The second group of systematics comprises the mass-to-light ratio, the calibration of the FUV-to-SFRD conversion and the return fraction R . Apart from second-order effects, like possible variations

Table 2. Best-fitting structural (M_{\star} and R_{\star}) and growth (ν_{M} and ν_{R}) parameters for galaxies in our sample. Formal fitting errors are reported, not including contributions due to distance, inclination and calibrations of conversion formulae. Compared with stellar mass and scalelength, the growth parameters *ν*_M and *ν*_R are less affected by systematic effects (see Section 4.4). Out of 35 studied galaxies, 32 have a positive radial growth rate $ν$ _R.

Galaxy	M_{\star}	R_{\star}	ν_M	ν_R
	(10^9 M_{\odot})	(kpc)	$(10^{-2} \,\text{Gyr}^{-1})$	$(10^{-2} \,\text{Gyr}^{-1})$
NGC 0024	3.01 ± 0.13	1.62 ± 0.02	5.85 ± 1.03	2.51 ± 0.52
NGC 0337	27.7 ± 2.3	2.15 ± 0.06	11.6 ± 3.5	4.95 ± 1.72
NGC 0628	43.7 ± 1.4	3.64 ± 0.05	8.22 ± 0.36	2.87 ± 0.21
NGC 0925	11.3 ± 0.8	3.97 ± 0.11	10.3 ± 0.5	0.799 ± 0.381
NGC 1097	68.2 ± 8.1	6.32 ± 0.23	8.74 ± 1.04	-2.05 ± 0.75
NGC 1512	14.7 ± 2.2	2.22 ± 0.09	3.80 ± 0.81	1.22 ± 0.45
NGC 1566	78.0 ± 5.3	3.30 ± 0.07	8.21 ± 0.83	2.90 ± 0.44
NGC 2403	7.19 ± 0.22	1.51 ± 0.02	9.91 ± 0.25	2.93 ± 0.16
NGC 2841	92.8 ± 3.4	3.69 ± 0.05	1.62 ± 0.08	0.612 ± 0.045
NGC 2976	2.25 ± 0.21	0.802 ± 0.028	5.88 ± 0.57	2.04 ± 0.33
NGC 3031	48.3 ± 2.5	2.54 ± 0.03	1.99 ± 0.20	0.750 ± 0.118
NGC 3184	17.2 ± 1.6	2.42 ± 0.08	6.00 ± 0.80	1.50 ± 0.55
NGC 3198	32.0 ± 1.8	3.65 ± 0.07	8.05 ± 0.81	3.30 ± 0.42
IC 2574	1.21 ± 0.07	3.01 ± 0.08	12.0 ± 1.1	3.71 ± 0.70
NGC 3351	45.3 ± 3.4	2.86 ± 0.05	3.62 ± 0.17	0.384 ± 0.109
NGC 3521	54.2 ± 2.3	1.85 ± 0.03	4.75 ± 0.56	1.95 ± 0.29
NGC 3621	24.8 ± 1.0	1.74 ± 0.02	9.84 ± 2.05	4.18 ± 1.04
NGC 3627	58.2 ± 2.5	2.36 ± 0.03	4.66 ± 0.36	1.24 ± 0.21
NGC 4236	1.83 ± 0.10	2.77 ± 0.07	11.4 ± 0.5	4.70 ± 0.27
NGC 4536	27.0 ± 1.7	3.90 ± 0.09	11.2 ± 0.4	1.17 ± 0.24
NGC 4559	42.7 ± 1.4	4.47 ± 0.05	10.6 ± 1.0	4.10 ± 0.51
NGC 4569	78.3 ± 3.3	4.38 ± 0.05	2.07 ± 0.11	-0.02940 ± 0.0781
NGC 4579	87.6 ± 2.2	3.56 ± 0.03	1.70 ± 0.24	0.357 ± 0.155
NGC 4725	117 ± 11	5.45 ± 0.18	2.17 ± 0.25	0.831 ± 0.155
NGC 4736	22.8 ± 3.1	1.13 ± 0.05	4.75 ± 1.06	1.18 ± 0.52
NGC 4826	51.0 ± 1.3	1.96 ± 0.01	1.55 ± 0.21	-0.0850 ± 0.1068
NGC 5033	23.5 ± 2.6	3.91 ± 0.15	10.2 ± 0.7	2.09 ± 0.42
NGC 5055	57.4 ± 3.8	2.50 ± 0.05	4.87 ± 0.63	1.45 ± 0.34
NGC 5194	77.5 ± 6.1	2.75 ± 0.07	7.56 ± 0.55	1.26 ± 0.38
NGC 5398	4.86 \pm 0.22	1.95 ± 0.03	8.77 ± 0.19	3.57 ± 0.10
NGC 5713	54.8 ± 6.6	1.94 ± 0.06	11.0 ± 3.6	4.54 ± 1.80
IC 4710	2.71 ± 0.22	2.13 ± 0.08	7.61 ± 1.69	1.97 ± 1.04
NGC 6946	46.6 ± 2.2	2.67 ± 0.05	8.31 ± 0.54	0.765 ± 0.529
NGC 7331	123 ± 13	2.64 ± 0.08	10.5 ± 3.8	5.02 ± 1.88
NGC 7793	5.10 ± 0.23	1.26 ± 0.02	9.10 ± 0.73	2.58 ± 0.46

of the mass-to-light ratio and the IMF with radius or morphological type, the main uncertainty coming from these systematics is a common multiplicative factor for both the growth parameters, *ν*_M and v_R , for the whole sample, or, in other words, a possible global rescaling of all the derived time-scales. As examples of global systematics, we consider in some more detail the effect of the IMF and of the return fraction. In our calibrations, we have implicitly adopted a Salpeter IMF. To switch, for instance, to the more popular Kroupa (2001) IMF, we should divide the M/L and hence all stellar mass surface densities by a factor 1.6 (see footnote 2, Section 3.2), while multiplying all SFRDs by a factor 0.63 (Kennicutt & Evans 2012). The net result on the sSFR (and hence on the estimates of v_M and v_R) is less than 1 per cent. This is due to the fact that in both cases the impact of the IMF is essentially driven by a common change in normalization associated to the contribution of very low mass stars. The effect of the return fraction \mathcal{R} is stronger: for instance, changing our adopted $\mathcal{R} = 0.3$ into $\mathcal{R} = 0.48$ (which is the largest of the values suggested by Leitner & Kravtsov 2011) would imply a reduction of all growth rates by a factor 1.35 and an equal increase of all time-scales. Unfortunately, the return fraction is a quite uncertain parameter, since it is significantly affected not only by the IMF, but also by the details of the final-to-initial mass relation, which is very difficult to determine observationally. However, we stress that the dimensionless ratio between v_R and v_M is unaffected by any of the systematics we have discussed so far. The importance of this fact will be highlighted in Section 6.

5 RESULTS

The results of our analysis are listed in Table 2. The quoted errors are just the formal fitting ones; in particular, they do not take into account systematic uncertainties, which, as discussed in Section 4.4, might be important for the structural parameters M_{\star} and R_{\star} , but have a limited impact on the growth parameters *ν*_M and *ν*_R.

Figure 3. The specific mass and radial growth rates *ν*M (top) and *ν*R (bottom) as a function of disc stellar mass (left) and morphological type (middle) and the relative histograms (right). Lower panels contain only the 32/35 galaxies with $v_R > 0$. Error bars are formal fitting uncertainties. The distributions of v_M and *ν*R have some similarities (see text), but *ν*R values are systematically lower by ∼0.5 dex.

5.1 Inside-out growth

While our analysis is able to reveal both positive and negative radial growth rates, we find that 32 galaxies, out of 35, show $v_R > 0$. Of the remaining three galaxies with a formally negative radial growth rate, two (NGC 4569 and NGC 4826) have more than 100 per cent uncertainty in v_R and hence are consistent with evolution of the stellar scalelength in one sense or the other, or with no evolution. Incidentally, we point out that both these galaxies are known to have peculiar properties: NGC 4569 is an anaemic spiral in the Virgo cluster, probably significantly affected by ram pressure stripping (Boselli et al. 2006), while NGC 4826 is likely to have undergone a strongly misaligned merger, as suggested by the presence of a counter-rotating gaseous disc in the outskirts (Braun et al. 1994). For only one galaxy in our sample, NGC 1097, we clearly find the signature of a shrinking of the disc. It is interesting to notice, a posteriori, that this galaxy has a very disturbed morphology. This is likely due to a strong interaction with the companion NGC 1097A.³ This object is listed as a peculiar elliptical in the RC3 catalogue (de Vaucouleurs et al. 1991), though with 'uncertain' classification. In the *GALEX* Atlas (Gil de Paz et al. 2007), NGC 1097A is clearly visible as a clump north-west of the prominent bar of NGC 1097, bright in NIR and NUV, faint in FUV and surrounded by an extended, FUV bright, disc-like structure, all properties common, in the *GALEX* Atlas, to the bulges of spiral galaxies. This is suggestive that the whole system may be a galaxy pair in an advanced stage of merging. We also noted that NGC 1097 is the object with the largest derived disc scalelength (6.32 kpc) and we verified that

this result is not changed if we exclude from the exponential fit the whole radial range occupied by NGC 1097A. NGC 1097 has also been suggested to have undergone other significant interactions in the recent past (Higdon & Wallin 2003). If our interpretation of a strong interaction state, likely a merger, for this system, is correct, then there is no surprise that it behaves differently from the regular evolution of isolated galaxies.

From these considerations, we can conclude that our findings are in excellent agreement with the general predictions of the inside-out growth scenario for the evolution of spiral galaxies.

5.2 Mass and radial growth rates

In Fig. 3, the mass and radial growth rates of the galaxies in our sample are plotted against disc stellar mass and morphological type. Since we are using logarithmic units, radial growth rates (lower panels) are reported only for those 32/35 galaxies with $v_R > 0$ (see Section 5.1). Error bars represent formal fitting errors only. In particular, errors on distance and inclination are not taken into account in these plots. As discussed in Section 4.4, these additional errors can affect stellar masses, but not v_M and v_R , which are only subject to a common multiplicative uncertainty due to global calibration issues. We also give in Fig. 3 the histograms for the distributions of *ν*_M and *ν*_R, binned in logarithmic intervals of 0.25 dex width.

From the upper panels of Fig. 3, we see that the specific mass growth rates (or specific star formation rates, or sSFR) of the discs of our galaxies take a relatively narrow range of values, with most of our points clustered around *v*_M ∼ 0.1 Gyr⁻¹, which corresponds to a mass growth time-scale of ∼10 Gyr. This is in substantial agreement with the typical sSFR of star-forming galaxies in the Local Universe (e.g. Elbaz et al. 2011) and in particular with the relative constancy

³ Note that NGC1097A cannot be seen in our online Atlas, since it has been masked out from our 3*.*6 μm map.

of the sSFR of the discs of spiral galaxies (Abramson et al. 2014), although a more detailed comparison would require more statistics and a careful treatment of global systematics (Section 4.4), which is beyond the scope of this work (see e.g. Speagle et al. 2014 about subtle issues concerning the homogeneization of measurements of these kind). We find that a small group of six galaxies (NGC 2841, NGC 3031, NGC 4569, NGC 4579, NGC 4826, NGC 4725) has a particularly low sSFR, with $\log(v_M/\text{Gyr}^{-1}) < -1.5$. We have already recognized two of them (NGC 4569 and NGC 4826) as objects with peculiar properties and a close to vanishing radial growth rate (see Section 5.1), but we cannot tell whether these peculiarities have a direct physical connection with the low measured values of *ν*_M. However, we can see from the upper-mid panel that the whole group of six slowly evolving galaxies are also among the galaxies of the earliest types in our sample. This may be interpreted as an indication of downsizing (e.g. Cowie et al. 1996): galaxies with high mass and early types are more likely to have completed most of their evolution in ancient epochs and hence to be growing with only mild rates nowadays. Also, galaxies of high mass and early type might be more subject to star formation quenching, the origin of which and its connection with morphology is still matter of investigation (e.g. Martig et al. 2009; Pan et al. 2014).

In the lower panels of Fig. 3, we can see the distribution of the radial growth rates, which are the main novelty of this work. When plotted against disc mass, the radial growth rate v_R shows a quite similar distribution with respect to the one of v_M , but systematically shifted downwards by ∼0.5 dex. This suggests that our galaxies are growing in size, on average, at about 1/3 of the rate at which they are growing in stellar mass. The histogram of v_R reveals a distribution that is similarly asymmetric, though less strongly peaked, with respect to the one of *ν*_M. More than 50 per cent of our galaxies are in the two bins around $\log(\nu_R/Gyr^{-1}) = -1.5$, that is 0.5 dex below the peak of the *ν*_M distribution, corresponding to a typical radial growth time-scale of ∼30 Gyr. Since the radial growth rate of galaxy discs has been studied much less than the sSFR, it is less obvious to compare our findings with the ones of previous studies. However, we notice the typical time-scale reported above is compatible with a radial growth of ∼25 per cent in the last ∼7 Gyr, very similar to what found by Muñoz-Mateos et al. (2011). Our typical v_R is also consistent with the results from the detailed study of resolved colour–magnitude diagrams for M 33 (Williams et al. 2009), while NGC 300 seems to have been growing at about half of this rate (Gogarten et al. 2010). However, our estimates strictly refer to the current time and caution is mandatory in extrapolating these instantaneous measurements to a significant fraction of the past history of galaxies.

Apart from the global vertical shift, the distributions of galaxies in the upper-left and bottom-left panels of Fig. 3 have a quite welldefined common shape. In both cases, there is a horizontal upper envelope, close to the peak of the distribution, and a continuous increase of the scatter with increasing disc mass. Such a scatter is asymmetric and biased towards low values of ν_M and ν_R , with the result that, on average, more massive discs appear to grow at a slower rate, both in mass and size, than the less massive ones. This effect is quantified in Table 3, where the median mass and radial growth rates are reported, together with the associated scatter, for two subsamples with a derived disc mass lower or greater than 10^{10} M_{\odot}. It is not easy to understand, with our relatively small sample, if some simple physical property can be invoked to explain the scatter at high disc masses. However, we performed some simple checks and did not find any particular correlation between the position of galaxies in our plots and special properties, including the presence of a bar,

Table 3. Basic statistics for our derived specific mass and radial growth rates (cfr. Fig. 3). Note that discs with higher masses have lower median values and a higher scatter for both *ν*_M and *ν*_R.

	M_{\star} < 10 ¹⁰ M _o	$M_{\star} > 10^{10}$ M _o	All
$\log(v_M/Gyr^{-1})$			
Median	-1.05	-1.12	-1.09
Scatter	0.13	0.25	0.20
$\log(\nu_R/Gyr^{-1})$			
Median	-1.56	-1.87	-1.70
Scatter	0.18	0.37	0.35

an XUV disc, a break in the exponential profile, or indications of a warp or an interaction. We are therefore tempted to interpret the effect as intrinsic.

6 IMPLICATIONS FOR THE EVOLUTION OF SCALING RELATIONS OF DISC GALAXIES

6.1 The mass–radial growth connection

Among our derived quantities, the mass and radial growth rates are the less affected by systematic uncertainties (see Section 4.4). Hence, the most reliable of our results are those that we can derive plotting v_M and v_R against each other. This is also important to understand whether the shift, that we found in Section 5.2, of a factor ∼3 between ν_M and ν_R is significant only at a statistical level or if it reflects an evolutionary property of individual galaxies.

Indeed, this experiment (Fig. 4) reveals that the two growth rates are related to each other much more strongly than they are, individually, with mass or morphological type (cfr. Fig. 3).

The fact that masses and sizes of galaxies grow in an interlinked way is not very surprising on its own. Hence, rather than fitting a straight line to the points in Fig. 4, we prefer to seek for some

Figure 4. The relation between the specific mass growth rate and the specific radial growth rate of galaxy discs. The points are the results of our measurements, the lines are predictions of some simple models. The solid line is the expectation if known scaling relations of disc galaxies are not evolving with time, the dashed line and the dot–dashed line are for scaling relations evolving on a time-scale of 100 Gyr, in one sense or the other (see text for details). A more rapid evolution is excluded by our results.

simple physical explanation that can give a quantitative account to our finding.

6.2 A comparison with a simple theoretical prediction

Let us assume that mass and size of the discs of spiral galaxies are connected by a power law (e.g. Courteau et al. 2007; Lange et al. 2015):

$$
R_{\star} = AM_{\star}^{\alpha}.\tag{8}
$$

Furthermore, let us assume that the coefficients *A* and *α* are not evolving with time, so that the relation (8) defines not only the present locus, but also the evolutionary track of stellar discs. Then it immediately follows that the specific mass and radial growth rates should be linked by the very simple linear relation:

$$
\nu_{\rm R} = \alpha \nu_{\rm M} \tag{9}
$$

or, in logarithmic units:

$$
\log \nu_{\rm R} = \log \alpha + \log \nu_{\rm M}.\tag{10}
$$

Independently on the value of α , equation (10) implies that (ν_M , ν_R) points should lie, in a double logarithmic plot like Fig. 4, on a line of unitary slope; this is indeed the slope of the solid line drawn in Fig. 4, which gives a quite good account for the distribution of our data points. This is already suggestive that our results are consistent with the existence of a non-evolving, power-law, mass–size relation for the discs of spiral galaxies.

Of course, for our simple scenario to be fully predictive, not only the slope, but also the intercept, of such a straight line should be predicted as well, which is accomplished by specifying the expected value for α . To do this, we just combine two well-known scaling relations for disc galaxies, the Tully–Fisher relation (McGaugh 2012), between the rotation velocity *V* and the mass *M* of a spiral galaxy:

$$
V \propto M^{0.25} \tag{11}
$$

and the Fall relation (Romanowsky & Fall 2012), between specific angular momentum *l* and mass:

$$
l \propto M^{0.6}.\tag{12}
$$

Since exponential discs belong to a structurally self-similar family, one also has:

$$
R_{\star} \propto \frac{l}{V}.\tag{13}
$$

Substituting equations (12) and (11) into equation (13) we get a power-law mass–size relation of the form (8), with $\alpha = 0.35$. This is not far from the value 0.32 empirically derived by Courteau et al. (2007) as an average slope for the mass–scalelength relation of disc galaxies in the Local Universe (since it was derived in the *I* band, residual effects cannot be excluded arising from M/L variations). Shallower slopes are frequently found by studies based on halflight radius rather than disc scalelength (see e.g. Lange et al. 2015); this is in qualitative agreement with expectations if we consider an obvious morphological effect (more massive galaxies tend to have more prominent bulges and hence a smaller ratio between half-light radius and scalelength).

To define our simple model, we just retained the value $\alpha = 0.35$, derived from the Tully–Fisher and the Fall relations as explained above, and we adopted it to draw the solid line in Fig. 4. Hence, we see that the majority of our data points lie on a locus that can be independently predicted, without any free parameter, just assuming that known scaling relations for disc galaxies hold and are not

evolving with time. Since these simple hypotheses are completely independent from the way our results were derived, the agreement between the two is very unlikely to occur by chance, or to be due to biases of any kind, and we are tempted to interpret this finding as an indication for the validity of both our method and the hypotheses themselves.

We can also consider what effect residual systematics on v_M and *ν*_R could have on our findings. As discussed in Section 4.4, the effect is an unknown common multiplicative factor for v_M and v_R . In the diagram shown in Fig. 4, this implies a collective motion of all points along a line of unitary slope, or, equivalently, a mapping of the theoretical line into itself. Therefore, our conclusions are robust at least against the most obvious systematic uncertainties.

A word of caution is appropriate, however, against possible overinterpretation of our model and result. In fact, the Tully–Fisher relation is known to hold better for the whole baryonic content of spiral galaxies (McGaugh 2012), while we have implicitly applied it just to the stellar mass of the disc. On the other side, the Fall relation seems to hold better when the disc component is considered separately from the bulge. Hence, it can be argued that, in deriving our predictions, we have mixed non-homogeneous empirical evidence. A more detailed analysis, taking this aspect into a proper account, would be interesting, but is beyond the scope of this work.

6.3 Evolutionary effects

In the previous section, we have seen that our results are compatible with the Tully–Fisher and Fall relations to be not evolving with time. To quantify this statement, we put here an upper limit on how fast a possible evolution can be in order to be still compatible with our results. For simplicity, we focus our attention on the evolution in normalization, although a similar analysis could be performed for the slope evolution as well.

If, in equation (8), we allow the normalization *A* to change with time, then equation (9) simply modifies into:

$$
\nu_{\rm R} = \nu_{\rm A} + \alpha \nu_{\rm M},\tag{14}
$$

where

$$
\nu_A(t) := \frac{\mathrm{d}}{\mathrm{d}t} (\ln A)(t) = \frac{\dot{A}(t)}{A(t)} \tag{15}
$$

is the specific growth rate of the normalization coefficient *A*. Of course, when equation (14) is compared with our observations in the Local Universe, *ν*_A has to be intended as evaluated at the present time.

The dashed and dot–dashed lines in Fig. 4 show the predictions of two models with a very mild evolution in normalization, in one sense or the other: $v_A = \pm 0.01 \text{ Gyr}^{-1}$. It is clearly seen that the predicted distribution of galaxies in the (v_M, v_R) plane is extremely sensitive to the parameter v_A , making this diagram a new and powerful observational tool to constrain the evolution of scaling relations of galaxy discs. Also, since the two additional lines are both inconsistent with the empirical distribution, we quantitatively infer that, even admitting that scaling relations are evolving with time, they are doing so on time-scales that are larger than $(\nu_{A, max})^{-1} = 100 \text{ Gyr}$, hence much larger than the Hubble time.

Strictly speaking, the statement above mainly refers to the mass– size relation (8). In fact, although the Tully–Fisher relation (11) and the Fall relation (12) are the backbone of the simple model sketched in Section 6.2, it may be considered not trivial to draw out conclusions concerning them individually, since they both involve kinematics, while we did not directly make use of kinematical data.

However, our results indicate that an evolution of the Tully–Fisher relation, if present, has to be accompanied and finely balanced by an opposite evolution of the Fall relation.

If compared with the direct observational study of scaling relations of disc galaxies at different redshifts (with all the appropriate *caveats*, see Section 1), our results are in better agreement with those finding little or no evolution (see again references in Section 1), for either the mass–size or the Tully–Fisher relation, while, to our knowledge, no similar studies are available yet concerning the Fall relation. However, we stress again that our empirical upper limit ($|v_A|$ < 0.01 Gyr⁻¹) only refers to v_A evaluated at the present time and hence it is related (though not equal) to the slope of empirical $A(z)$ relations as measured at $z = 0$. For instance, our results have no formal tension with those of Trujillo et al. (2006), who still find a preference for evolutionary models, since their data points are also perfectly consistent with the slope of the $A(z)$ relation to vanish up to $z \sim 1$; to tell the difference between models, more precise measurements at moderate redshift, or the use of a sensitive local diagnostics like the one that we have proposed here, can be a valuable complement to pioneering observational campaigns in the extremely distant Universe.

7 SUMMARY

In this work, we have developed, from very simple assumptions, a model that predicts a universal shape for the radial profile of the SFRD of spiral galaxies. This model accounts for the basic properties of observed profiles and naturally includes a parametrization of the growth of stellar discs. As a consequence, we have devised a novel, simple and powerful method to measure the instantaneous mass and radial growth rates of stellar discs, based on their SFRD profiles. We have applied our method to a sample of 35 nearby spiral galaxies. Our main results are as follows:

(i) For most of the galaxies in our sample, the SFRD profile is satisfactorily reproduced by our model, in such a way that we could measure the mass and radial growth rates v_M and v_R of their stellar discs.

(ii) Virtually all galaxies show the signature of inside-out growth $(\nu_R > 0)$.

(iii) Typical time-scales for the mass and radial growth of our stellar discs are of the order of ∼10 and ∼30 Gyr, respectively, with some uncertainty due to systematic effects.

(iv) The mass and radial growth rates appear to obey a simple linear relation, with galaxy discs growing in size at ∼0.35 times the rate at which they grow in mass. Compared with the individual time-scales given above, this dimensionless ratio is more robust against systematic uncertainties.

(v) The distribution of galaxies in the (v_M, v_R) plane is a sensitive diagnostics for the evolution of scaling relations of galaxy discs.

(vi) Our results are in very good agreement with a simple model, without free parameters, based on the universality of the Tully– Fisher relation and the Fall relation, suggesting that they are not evolving with time. Possible residual evolution is constrained to occur on time-scales that are much larger than the age of the Universe.

ACKNOWLEDGEMENTS

GP is grateful to L. Posti and E. M. Di Teodoro for useful discussion. GP and FF acknowledge financial support from PRIN MIUR 2010- 2011, project 'The Chemical and Dynamical Evolution of the Milky

Way and Local Group Galaxies', prot. 2010LY5N2T. In this work, we made use of the Groningen Image Processing System.

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