Psychological stress impairs Na+-dependent glucose absorption and increases GLUT2 expression in the rat jejunal brush-border membrane
Gaëlle Boudry, Christopher I. Cheeseman, Mary H. Perdue

To cite this version:

HAL Id: hal-01409376
https://hal.science/hal-01409376
Submitted on 30 May 2020

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L’archive ouverte pluridisciplinaire HAL, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d’enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.
You might find this additional information useful...

This article cites 27 articles, 16 of which you can access free at:  
http://ajpregu.physiology.org/cgi/content/full/292/2/R862#BIBL

This article has been cited by 4 other HighWire hosted articles:

**Regulation of the fructose transporter GLUT5 in health and disease**
V. Douard and R. P. Ferraris  
[Abstract] [Full Text] [PDF]

**Developmental reprogramming of rat GLUT5 requires glucocorticoid receptor translocation to the nucleus**
V. Douard, H.-I. Choi, S. Elshenawy, D. Lagunoff and R. P. Ferraris  
*J. Physiol.*, August 1, 2008; 586 (15): 3657-3673.  
[Abstract] [Full Text] [PDF]

**Physiology and Pathophysiology of Potassium Channels in Gastrointestinal Epithelia**
D. Heitzmann and R. Warth  
*Physiol Rev.*, July 1, 2008; 88 (3): 1119-1182.  
[Abstract] [Full Text] [PDF]

**Stress and intestinal sugar absorption**
G. L. Kellett  
[Full Text] [PDF]

Updated information and services including high-resolution figures, can be found at:
http://ajpregu.physiology.org/cgi/content/full/292/2/R862

Additional material and information about *American Journal of Physiology - Regulatory, Integrative and Comparative Physiology* can be found at:
http://www.the-aps.org/publications/ajpregu

This information is current as of September 7, 2010.
Psychological stress impairs \( \text{Na}^+ \)-dependent glucose absorption and increases GLUT2 expression in the rat jejunal brush-border membrane

Gaelle Boudry,1 Christopher I. Cheeseman,2 and Mary H. Perdue1

1Intestinal Disease Research Program, Department of Pathology and Molecular Medicine, Faculty of Health Science, McMaster University, Hamilton, Ontario, Canada; and 2Membrane Protein Research Group, Department of Physiology, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, Alberta, Canada

Submitted 16 September 2006; accepted in final form 13 October 2006

Boudry G, Cheeseman CI, Perdue MH. Psychological stress impairs \( \text{Na}^+ \)-dependent glucose absorption and increases GLUT2 expression in the rat jejunal brush-border membrane. Am J Physiol Regul Integr Comp Physiol 292: R862–R867, 2007. First published October 19, 2006; doi:10.1152/ajpregu.00655.2006.—Chronic psychological stress impacts many functions of the gastrointestinal tract. However, the effect of stress on nutrient absorption is poorly documented. This study was designed to investigate glucose transporters in rats submitted to different periods of water-avoidance stress (WAS). Rats were subjected to WAS (1 h/day) for 1, 5, or 10 consecutive days. Four hours after the last WAS session, rats were killed and segments of jejunum were mounted in Ussing chambers to study electrophysiological properties of the jejunum and \( \text{Na}^+ \)-dependent glucose absorption kinetics. Mucosa was obtained to prepare brush-border membrane vesicles (BBMV) used to measure \[^{14}\text{C}] \text{fructose} \) uptake as well as sodium-glucose transporter 1 (SGLT-1) and GLUT2 expression by Western blot analysis. Exposure of animals to WAS induced a decrease in \( \text{Na}^+ \)-dependent glucose absorption \( V_{\text{max}} \) after 1, 5, and 10 days without any change in SGLT-1 expression. Potential difference across the jejunum was decreased for all stressed groups. Furthermore, we observed an increase in phloretin-sensitive uptake of \[^{14}\text{C}] \text{fructose} \) by BBMV after 1, 5, or 10 days of WAS, which was not present in control animals. This suggested the abnormal appearance of GLUT2 in the brush border, which was confirmed by Western blot analysis. We concluded that psychological stress induces major changes in glucose transport with a decrease in \( \text{Na}^+ \)-dependent glucose absorption and an increase in GLUT2 expression at the brush-border membrane level.

STRESS, EITHER PHYSICAL or psychological, is a normal component of life. All life forms have developed mechanisms to cope with stressors, in order to maintain homeostasis and assure survival. Although stress is not inherently bad, major stressful events may have long-term consequences (17). Stress-induced pathology can develop in conditions where defense mechanisms are challenged over a long period of time or adaptation fails, i.e., when one is exposed to chronic stress (15). Hyper- or hypofunction of the stress system activity involves a number of human health problems of enormous impact on the society, such as metabolic syndrome, diabetes, inflammatory bowel disease, irritable bowel syndrome, etc. (5). One of the main characteristics of exposure to chronic psychological stress is a drop in body weight in adults or a decrease in body weight gain in growing individuals (16). These changes in body weight are assumed to be related to changes in food intake and/or a shift in metabolism of nutrients from anabolism to catabolism to prioritize nutrients used for coping with stress rather than for physiological processes like growth (7). However, disturbances of the gastrointestinal system may also result in body weight disorders. Impact of stress on gastrointestinal function has been widely recognized, both at a clinical level and in animal models. So far, the effect of stress on gastrointestinal function has been shown to involve changes in motility (30) and mucosal function (26), with appearance of early signs of inflammation (22, 27). Despite the importance of intestinal nutrient absorption for health, the impact of stress on nutrient absorption has been poorly documented. Among nutrients, glucose plays a key role in energy metabolism, and its mechanisms of absorption at the intestinal level are well described. Glucose is actively transported through SGLT-1, but a facilitated pathway is also involved through the rapid, glucose-dependent activation and recruitment of the facilitative glucose transporter GLUT2 to the brush-border membrane. The regulation involves a protein kinase C-dependent pathway activated by glucose transport through SGLT-1 and also involves mitogen-activated protein kinase signaling pathways (13). A recent report indicated that environmentally stressed rats exhibited decreased apical GLUT2-facilitated glucose absorption in fed conditions (25). However, the environmental stress (construction work in the building) as used in this study was poorly defined; animals were assigned to the stressed groups retrospectively and the stress was most likely a mild stress, since no behavioral disturbances were observed in the animals.

Our objective was to study the effect of psychological stress on intestinal glucose transporters in a model of stress [water-avoidance stress (WAS)] already validated and known to induce disturbances of intestinal physiology. This model of psychological stress induces minimal physical stress and seems to be an appropriate model of psychological stress, since it is widely used by psychiatrists as a model of depression. We previously showed in our group that WAS in rats induces enlargement of the adrenal glands with hypertrophy of the steroid-producing zona fasciculata of the cortex, and increased serum corticosterone values (27), two characteristics of a chronic stress state. Moreover this model has been shown to trigger intestinal inflammation (27), alter motility, and alter visceral sensitivity (3).

MATERIALS AND METHODS

Animals. We used Brown Norway background rats obtained from our breeding colony at McMaster University [original breeders from

The costs of publication of this article were defrayed in part by the payment of page charges. The article must therefore be hereby marked "advertisement" in accordance with 18 U.S.C. Section 1734 solely to indicate this fact.
Dr. Y. Kitamura, Osaka, Japan (19)). These rats have been shown to be sensitive to stress and to stop gaining weight when exposed to chronic psychological stress (27). Body weight (250–350 g)- and age (14–20 wk)-matched rats were maintained under pathogen-free conditions on a 12:12-h dark-light cycle. They were provided with food and water ad libitum, except during the last 4 h before death when they had no access to food. Food intake was measured daily and expressed in grams per day per 100 grams body weight. All procedures were approved by the Animal Care Committee at McMaster University.

**Stress protocol.** To acclimate the rats to manipulation by humans, all rats (stressed and controls) were handled daily for 1 wk. The stressed rats were then submitted to WAS for 1 h each day for 1 (WAS 1 day), 5 (WAS 5 days), or 10 (WAS 10 days) consecutive days. The procedure was performed between 8:00 and 10:00 AM to minimize the effect of circadian rhythm. Rats were weighed and then placed on a platform (8 × 6 cm) in a plastic container (56 × 50 cm) with water (25°C) to 1 cm below the platform. Control rats were still handled and weighed daily but remained in their home cages.

Four hours after the last WAS session, rats were killed by decapitation and 5-cm-long intestinal segments from the proximal jejunum (starting 5 cm distal to the Treitz ligament) were taken for studies in Ussing chambers. In another group of rats, 15-cm-long intestinal segments (also starting 5 cm distal to the Treitz ligament) were immediately flushed with ice-cold PBS. Mucosal scrapings were immediately snap-frozen in liquid nitrogen for subsequent preparation of brush-border membrane vesicles (BBMV).

**Transport and kinetic studies in Ussing chambers.** Jejunal segments were stripped of their seromuscular layers and mounted in Ussing chambers (World Precision Instruments, Narco Scientific, Mississauga, ON, Canada) with an exposed area of 0.6 cm². They were bathed on each side with 8 ml of oxygenated Krebs buffer maintained at 37°C with water-jacketed reservoirs. Transmural potential difference (PD) was measured using calomel electrodes connected to the chambers via Krebs-Agar (2%) bridges. Every 30 s, the tissues were stripped of their seromuscular layers and mounted in 6-cm (in a plastic container (56 × 50 cm)) with water (25°C) to 1 cm below the platform. The tissues were still handled and weighed daily but remained in their home cages.

Four hours after the last WAS session, rats were killed by decapitation and 5-cm-long intestinal segments from the proximal jejunum (starting 5 cm distal to the Treitz ligament) were taken for studies in Ussing chambers. In another group of rats, 15-cm-long intestinal segments (also starting 5 cm distal to the Treitz ligament) were immediately flushed with ice-cold PBS. Mucosal scrapings were immediately snap-frozen in liquid nitrogen for subsequent preparation of brush-border membrane vesicles (BBMV).

**Fructose uptake measurement.** Fructose uptake measurements were carried out with the rapid filtration procedure (2). A quantity of 20 μl of the uptake buffer (150 mM NaCl, 10 mM Trizma-HCl, pH 7.4, 7 μCi/μl fructose; Amershams Biosciences, Piscataway, NJ) and nonlabeled fructose (to reach the desired concentration) was first pipetted into the bottom of a polystyrene tube (10 × 15 mm). Then 10 μl of BBMV suspension, previously incubated or not for 1 h with 100 μM of phloretin (Sigma) was spotted onto the side of the tube in two separate drops right above the uptake buffer with a Microman pipette. After 10 s of warming up at room temperature, uptake incubation was initiated by a foot-switch-activated vibromixer, and the process was terminated after 3 s by the addition of 1.125 ml of ice-cold wash solution (in mM: 125 NaCl, 2 Tris-HCl 1 phosphidizin, 0.25 phloretin). Uptake mixture (1,000 μl) was then rapidly pipetted onto 0.45-μm cellulose acetate filters (presoaked with the wash solution) mounted in a Mannifold filtration unit, which was connected to a vacuum source. The filters were immediately washed four times with 5 ml of ice-cold washing solution. The uptake was measured in triplicate for each concentration. The remaining solution in the incubation tubes was collected and at the end of the experiment was pooled and counted for the average initial radioactivity in the uptake media. After 30 min of extraction in 5 ml of Ecolome scintillant, filters were counted with a liquid scintillation analyzer with automatic quench correction. The nonspecific binding of [14C]fructose to filters was also measured and subtracted. The Kₜₐₐₜ and Vₘₐₓ for fructose uptake were calculated using GraphPad Prism (San Diego, CA).

**Western blot analysis.** BBMV (15 μg protein) were solubilized in Laemmli sample buffer and run on a SDS-polyacrylamide gel (10% gel) using a Mini-Protein II cell (Bio-Rad). Molecular markers were also run on the gel. The proteins were blotted onto nitrocellulose membrane (Bio-Rad) by electrotransfer for 75 min at 4°C using the Mini-Trans-Blot Cell (Bio-Rad). Blocking of the membrane was carried out in 3% nonfat dry milk in PBST (0.05% Tween 20PB, pH 7.4) for 1 h and then incubated with 1:1,000 rabbit polyclonal antibody to rat GLUT2 [Chemi-Con, Temecula, CA; antigenic sequence was equivalent to a portion of the extracellular loop between transmembrane domain (TM) 1 and 2] or 1:1,000 antibody to rat GLUT2 [Chemi-Con, Temecula, CA; antigenic sequence was equivalent to AA402–442] in 3% nonfat dry milk in PBST overnight at 4°C. The membrane was washed three times in 3% nonfat dry milk/PBST for 15 min. The nitrocellulose membrane was then incubated with a secondary antibody, anti-rabbit IgG coupled to horseradish peroxidase (Amershams Biosciences) diluted 1:2,000 in 3% nonfat dry milk/PBST for 1 h. Three subsequent washes followed as described above. Finally, the membrane was treated with the enhanced chemiluminescence detection solution (Amershams Biosciences) before autoradiography for 30 s by using Kodak XAR-5 film with an intensifying screen. Autoradiographic images were scanned with an HP Scanjet 4300C, and the data were analyzed using Scion Image software. The optical density for each peak was calculated by using a standard curve generated with Kodak density strips. In all cases, the peaks were determined to be on the linear portion of the standard curve. Western blot analysis for GLUT2 frequently produced two peaks were determined to be on the linear portion of the standard curve. Statistical analysis. Results are expressed as means ± SE. One-way ANOVA was performed using the General Linear Model (GLM) of SAS (SAS Institute, Cary) for body weight gain, food intake, Na⁺-dependent kinetics, and fructose uptake kinetics. Testing for the effect of stress treatment was by the Snedecor F-test. Differences between groups were then tested by the Bonferroni test when appropriate. For the fructose uptake measurement, a two-way ANOVA was performed using GLM, to test the stress treatment and the fructose dose effects. Differences between doses and groups were tested by a Bonferroni test when appropriate. For the Western blot analysis, we
could not study all the conditions on the same gel. Therefore, data were analyzed by a Student’s t-test to compare the control animals vs. WAS 1 day, WAS 5 days, or WAS 10 days. For all analyzes, a P value < 0.05 was considered significant.

RESULTS

Body weight gain and food intake. During the week preceding the onset of WAS procedures, all rats gained weight consistently (in g/day: control, 1.9 ± 0.2; WAS 1 day, 2.3 ± 0.4; WAS 5 days, 1.7 ± 0.4; and WAS 10 days, 2.6 ± 0.3). They stopped gaining weight as soon as the WAS sessions started (in g/day: WAS 5 days, −0.8 ± 0.4 and WAS 10 days, 0.2 ± 0.3, P < 0.05 compared with the period before the onset of stress). Their food intake was slightly reduced by 10%, although the reduction was significant only in the WAS 10 days group (Table 1).

Electrophysiological properties of the jejunum. One session of WAS (WAS 1 day) did not alter Ie (Table 2). However, after 5 and 10 consecutive days of WAS (WAS 5 days and WAS 10 days), jejunal Ie was significantly decreased compared with controls (Table 2). In contrast, after one session of WAS, rat jejunum exhibited a higher G than the jejunum from control animals but not after 5 and 10 days of WAS (Table 2). This resulted in a decrease of the PD across the mucosa for all groups (Table 2).

Glucose-evoked changes in Ie and SGLT-1 expression. We used the rise in Ie after 3-OMG addition into the mucosal side of the chambers as an index of Na+-dependent glucose absorption. 3-OMG is a nonmetabolizable analog of glucose. Measurement of the rise in Ie after addition of increasing doses of 3-OMG allowed us to build dose-response curves and calculate Na+-dependent glucose Vmax and Km. Vmax was reduced by half after 1, 5, and 10 days of WAS (Table 3). Moreover, Km was decreased after 1 and 5 days of stress (Table 3).

The abundance of SGLT-1 in BBMV was measured semiquantitatively by Western blot analysis. There was no significant difference in SGLT-1 abundance after 1, 5, and 10 days of stress (Table 3). Quantitatively by Western blot analysis. There was no significant difference in SGLT-1 abundance after 1, 5, and 10 days of stress (Table 3).

BBM vesicles should specifically measure uptake mediated by GLUT2.

In control animals, fructose uptake was phloretin insensitive, indicating that it was mainly mediated by GLUT5 in these animals (Fig. 2). However, after 1, 5, or 10 days of WAS, BBMV exhibited a significant increase in fructose uptake compared with control animals. Incubation of the BBMV with phloretin reversed this increased uptake to the control animal values (Fig. 2), suggesting the presence of GLUT2 (phloretin-sensitive uptake) in addition to GLUT5 (phloretin-insensitive intake). Fructose uptake kinetics obtained from these curves confirmed that Vmax was significantly enhanced in the stressed groups compared with control animals (Table 4). Moreover, addition of phloretin to the BBMV reduced Vmax to a level similar to control levels (Table 4). Km was not altered by stress except in the WAS 5 days group, which exhibited a significant increase in Km that was inhibited by phloretin (Table 4).

This phloretin-sensitive fructose uptake in the BBMV of the stressed animals suggests the presence of GLUT2 in the BBMV that was confirmed by Western blot analysis. Expression of GLUT2 in BBMV of rats after 1, 5, or 10 days of WAS was significantly increased compared with control (Fig. 3).

DISCUSSION

Using a model of chronic psychological stress, we demonstrated in our study that WAS induced a decrease in Na+-dependent glucose absorption together with an increased expression and activity of GLUT2 at the brush-border membrane level in animals that had no access to food for several hours, i.e., at a moment when GLUT2 should not be expressed (13).

We used different techniques to study glucose transporters: Ussing chambers and BBMV. Indeed, GLUT2 trafficking to the brush-border membrane and activity are under the control of PKC-II, which is rapidly lost after excision of the tissue (10). GLUT2 activity is therefore impossible to detect in Ussing chambers. This is the reason why we investigated GLUT2 activity in BBMV prepared from intestine flushed with ice-cold solutions and kept on ice during the entire isolation procedure.

Table 1. Food intake before and during the stress periods

<table>
<thead>
<tr>
<th></th>
<th>Food intake, g·d⁻¹·100 g body wt⁻¹</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Before Stress</td>
</tr>
<tr>
<td>Control</td>
<td>5.7±0.2ab</td>
</tr>
<tr>
<td>WAS 1 day</td>
<td>5.0±0.4ab</td>
</tr>
<tr>
<td>WAS 5 day</td>
<td>6.1±0.3ab</td>
</tr>
<tr>
<td>WAS 10 day</td>
<td>6.1±0.2a</td>
</tr>
</tbody>
</table>

Values are means ± SE. abWithin a column, means with different letters are significantly different (P < 0.05). *P < 0.05 compared to before stress, n = 8–12 rats per group. Note that stressed animals did not have access to food during the 1 h they were stressed as opposed to control animals who remained in their home cages. WAS, water-avoidance stress.

Table 2. Effect of WAS on jejunal electrical parameters

<table>
<thead>
<tr>
<th></th>
<th>Ie, μA/cm²⁻²</th>
<th>G, mS/cm²⁻²</th>
<th>PD, mV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>44.5±2.6ab</td>
<td>46.4±2.1ab</td>
<td>−0.98±0.06ab</td>
</tr>
<tr>
<td>WAS 1 day</td>
<td>41.4±2.8ab</td>
<td>50.4±0.8ab</td>
<td>−0.79±0.05ab</td>
</tr>
<tr>
<td>WAS 5 day</td>
<td>32.5±1.4a</td>
<td>45.1±3.0ab</td>
<td>−0.71±0.07ab</td>
</tr>
<tr>
<td>WAS 10 day</td>
<td>36.5±3.0a</td>
<td>44.7±4.6b</td>
<td>−0.82±0.08b</td>
</tr>
</tbody>
</table>

Values are means ± SE. abWithin a column, means with different letters are significantly different (P < 0.05); n = 8–12 rats per group.

Table 3. Effect of WAS on glucose-induced changes in short-circuit current

<table>
<thead>
<tr>
<th></th>
<th>Vmax, μA/cm²⁻²</th>
<th>Km, mM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>269.7±36.8a</td>
<td>53.0±12.7a</td>
</tr>
<tr>
<td>WAS 1 day</td>
<td>115.3±29.1b</td>
<td>21.0±10.0b</td>
</tr>
<tr>
<td>WAS 5 day</td>
<td>92.8±33.6b</td>
<td>17.8±11.6b</td>
</tr>
<tr>
<td>WAS 10 day</td>
<td>142.5±33.6b</td>
<td>29.5±11.6ab</td>
</tr>
</tbody>
</table>

Values are means ± SE. abWithin a column, means with different letters are significantly different (P < 0.05); n = 8–12 rats per group.
process, previously shown to prevent the loss of GLUT2 (10). On the other hand, we chose to use Ussing chambers for Na\(^+\)-dependent glucose absorption study since it also gives data on the electrophysiological properties of the tissue (\(I_{\text{sc}}\), G, and PD). Na\(^+\)-dependent glucose absorption was measured by the rise in \(I_{\text{sc}}\) in Ussing chambers after the addition of different concentrations of 3-OMG. This change in \(I_{\text{sc}}\) reflects both the activity of Na\(^+\)-K\(^+\)-ATPase pumping the sodium across the basolateral membrane and the resulting activity of SGLT-1 mediating the coupled entry of glucose and sodium at the apical side. The decrease of \(V_{\text{max}}\) observed after 1, 5, or 10 days of WAS could be due to either a decrease in SGLT-1 activity and/or a decrease in Na\(^+\)-K\(^+\)-ATPase one. No difference in SGLT-1 abundance was noticed in the BBMV, suggesting that the difference observed in Na\(^+\)-dependent glucose absorption could be accounted for by a decrease in the activity of the Na\(^+\)-K\(^+\)-ATPase. This is in agreement with the decreased PD across the mucosa observed in all stressed animals.

The influence of stress on nutrient absorption has, to date, been poorly documented. A report in 1980 investigated glucose absorption in the intestine of rats submitted to a restraint stress for 14 h (31). This acute restraint stress produced a slight increase, although not significant, in glucose absorption measured by an isolated perfused intestine technique. However, the effects were relatively small and no indication of the transporters involved was provided. Very recently, Shepherd et al. (25) described the effect of environmental stress on glucose absorption in Wistar rats. Environmentally stressed animals (by construction activity during expansion of the department) exhibited a 42% decrease in the rate of phloretin-sensitive glucose absorption, paralleled by a decrease in GLUT2 expression at the brush-border membrane level; the SGLT-1 component of glucose absorption was not altered. This seems contradictory to our results since we observed an increase in GLUT2 expression and alteration of SGLT-1 kinetics. The discrepancies between Shepherd’s study and ours might be accounted for by the difference in the stress model. Indeed, it is well recognized that modeling stress, especially chronic stress, is rather difficult and can give rise to different results. For example, no significant

### Table 4. Effect of WAS on fructose uptake by brush border membrane vesicles kinetics

<table>
<thead>
<tr>
<th></th>
<th>(V_{\text{max}}, \text{ pmol/mg protein} \cdot \text{s}^{-1})</th>
<th>(K_m, \text{ mM})</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(+) phloretin</td>
<td>(+) phloretin</td>
</tr>
<tr>
<td>Control</td>
<td>2363±586(^*)</td>
<td>1096±231(^*)</td>
</tr>
<tr>
<td>WAS 1 days</td>
<td>5894±1466(^a)</td>
<td>1929±441(^a)</td>
</tr>
<tr>
<td>WAS 5 days</td>
<td>10724±1528(^b)</td>
<td>4537±1726(^b)</td>
</tr>
<tr>
<td>WAS 10 days</td>
<td>4108±1572(^d)</td>
<td>2754±1394(^d)</td>
</tr>
</tbody>
</table>

Values are means ± SE. \(^{a,b,c,d}\) WAS, water avoidance stress. Within a column, means with different letters are significantly different (\(P < 0.05\)). *Significantly different from the flux without phloretin (\(P < 0.05\)), n = 4–5 brush-border membrane vesicles BBMV batches per group.
changes in water absorption were observed in the study by Shepherd et al., whereas this is a common feature in the WAS model (23, 27). Moreover, the environmental stress in Shepherd et al.’s study seemed to be a mild stress since no changes in feeding behavior were noticed and a 2-day period without stress seemed to be enough to restore normal glucose absorption. On the other hand, in the WAS model, we observed a slight but significant decrease in food intake in accordance to what had already been reported by our group (22). We did not study the time necessary to restore normal glucose absorption, but the studies performed on barrier epithelial function in our laboratory showed that a minimum of 3 days was necessary to recover normal barrier function (22), suggesting that WAS is a more intense stressor compared with environmental stress. Another explanation for the discrepancies between Shepherd et al.’s study and ours could be the difference in animal strains used since reactivity and coping with stress can be very different between strains. Whatever the explanations for the discrepancies are, their data and ours demonstrate that psychological stress can impair glucose absorption, although the mechanism may differ.

The term “stress” in the literature is used regardless of the type of stressor (external, either physical or psychological, or internal, such as inflammation or hemorrhage). Despite the wide range of stressors, the mechanisms underlying the stress response are often similar although with various intensities involving activation of the sympathetic system and a neuroendocrine response (HPA axis) (24). This leads to a general catabolic state (7). The model of 10-day WAS we used in this study was previously shown to induce enlargement of the adrenal glands with hypertrophy of the steroid-producing zona fasciculata of the cortex, and increased serum corticosterone values (27), suggesting a catabolic state. We did not measure endocrine response to stress in our study since it had already been well documented by previous studies in our laboratory (27), but we carefully monitored daily food intake and body weight before and during stress periods. The stressed animals all stopped gaining weight and slightly reduced their food intake as previously described (22, 27). However, stress magnitude per se was not really measured by the endocrine response and could account for some of the variability observed in the results. The enhanced glucocorticoid levels and catabolic state are characteristic of other stress conditions, such as major surgery, heat stress, or sepsis (18). In studies of heat-stressed birds, absorption of methionine was decreased compared with control animals, with a decrease in the energy-dependent uptake; energy-independent uptake was increased but not enough to compensate for the decrease in energy-dependent uptake (6). This is analogous to our findings of an increased expression of the energy-independent transport of glucose, GLUT2, and alteration of the energy-dependent one. Similarly, [14C]glucose uptake was decreased in BBMV prepared from rats submitted to surgical manipulation compared with controls (20). Nutrient absorption is also decreased during inflammation, either systemic (1) or intestinal (28–29). Taken together, these results suggest that decreased nutrient absorption could be a common feature of stress responses in general.

In addition to the mechanisms involved at the animal level, we are now testing some hypotheses on the intracellular mechanisms implicated at the enterocyte level. The first one is the involvement of the AMP-activated kinase (AMPK). AMPK is a key sensor of energy within the cell and is activated by any stress that causes a rise in the cellular AMP-to-ATP ratio. Its activation switches on catabolic pathways that generate ATP while switching off anabolic pathways and any other nonessential processes that consume ATP (9). Its induction under chronic psychological stress has not yet been demonstrated, but the induction of catabolism induced by stress is likely to upregulate this kinase. A recent study reported that AMPK activation reduced mRNA expression and total cellular levels of SGLT-1 in murine small intestine, paralleled by an appearance of GLUT2 in the brush-border membrane (32). If AMPK is actually upregulated in our model of WAS, this intracellular mechanism could explain the changes in transporters expression and activity we observed.

Another possible mechanism could involve muscarinic receptors and their downstream effectors. Indeed, the rapid activation and recruitment of GLUT2 to the brush-border membrane correlates with the activation of PKC-βII by glucose transport through SGLT-1 (10) and also involves mitogen-activated protein (MAP) kinase signaling pathways (11). It is clearly demonstrated now that psychological stress effects in the intestine is partly mediated by acetylcholine through muscarinic receptors at the enterocytes level (8, 14, 21, 23), which in turn activates the phosphorylation of several intracellular mediators, such as PKC (8) and MAP kinase (12). Therefore, the activation of muscarinic receptors, by using the same downstream signals as the one involved in GLUT2 trafficking, could promote the insertion of GLUT2 in the brush-border membrane as a side effect. However, those two hypotheses need further investigation.

In conclusion, we demonstrated that psychological stress alters glucose transporters in rats. The mechanisms involved, either at the neuroendocrine or at the intracellular levels, are yet to be elucidated. It is difficult with our results to draw a firm conclusion on glucose absorption capacity of these rats at the whole intestinal level. However, in terms of energy savings under stressful conditions, this increase in facilitated passive transport of both glucose and fructose and the decrease in the active transport should be beneficial to the animal.

ACKNOWLEDGMENTS

The authors acknowledge the technical assistance of Debbie O’Neill and Jennifer Jury.

Present address of G. Boudry: Unité Mixte de Recherche Systèmes d’Elevage, Nutrition Animale et Humaine, Institut National de la Recherche Agronomique/Agrocampus, St-Gilles, France.

REFERENCES