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# Light-hole Exciton in Nanowire Quantum Dot

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Quantum dots inserted inside semiconductor nanowires are extremely promising candidates as building blocks for solid-state based quantum computation and communication. They provide very high crystalline and optical properties and offer a convenient geometry for electrical contacting. Having a complete determination and full control of their emission properties is one of the key goals of nanoscience researchers. Here we use strain as a tool to create in a single magnetic nanowire quantum dot a light-hole exciton, an optically active quasiparticle formed from a single electron bound to a single light hole. In this frame, we provide a general description of the mixing within the hole quadruplet induced by strain or confinement. A multi-instrumental combination of cathodoluminescence, polarisation-resolved Fourier imaging and magneto-optical spectroscopy, allow us to fully characterize the hole ground state, including its valence band mixing with heavy hole states.

## I. INTRODUCTION

Semiconductor quantum dots are seen as important elements for integrated quantum simulation and communication.<sup>1-3</sup> They can act as static qubits, encoding information either onto their orbital or spin state. They can also serve as a deterministic source of flying qubits using single<sup>4,5</sup> or entangled photons.<sup>6-8</sup> In this perspective, hole spins are particularly interesting because of their weak hyperfine coupling to surrounding spin bath compared to electrons.<sup>9,10</sup> Furthermore working with light-holes pave the way to new information technology protocols like direct manipulation of the hole spin state with RF fields,<sup>11</sup> efficient control of a magnetic impurity spin coupled to a quantum dot,<sup>12</sup> or spin state tomography of the electron inside the dot.<sup>13</sup> However most of the previous studies have concerned so far heavy-hole states, because they are energetically favored for a majority of quantum dot heterostructures for which confinement and strain lift the degeneracy of the valence band.<sup>14,15</sup> Hence a way to address light-holes is to promote them as the valence band ground state by engineering the strain inside the dot. For epitaxially grown dots this requires technologically intensive methods, such as the fabrication of deformable membranes containing the dots.<sup>16</sup> Another very promising strategy is to embed the dot inside a nanowire.<sup>17</sup> This bottom-up approach produces high quality heterostructures. It offers a way to control both the carriers confinement through the geometrical shape of the dot, and its internal strain by adding a shell of a different material around the nanowire core.<sup>18,19</sup> To be short, in most nanostructures the low-gap material has a larger lattice parameter. In a flat quantum dot as resulting from Stranski-Krastanow growth, it is well known that the hole ground state has a main heavy-hole character. The most frequent case is that of InAs dots in GaAs, but this is true also for CdTe dots in ZnTe.<sup>20</sup> This is due to the stronger effect of confinement along the growth axis, and to the strongest component

of the mismatch strain which is compressive in the plane. In a core-shell nanowire made of the same materials, the confinement is stronger in the plane, and the strongest component of the mismatch strain is compressive along the axis. As a result, both confinement and mismatch strain conspire to make the ground state a light-hole state.<sup>19</sup> When increasing the height of a quantum dot in a nanowire, a crossing is expected, from the heavy-hole ground state in a flat quantum dot to a light-hole ground state in an elongated quantum dot.<sup>18</sup> Note that nanowire structures are very flexible, and a heavy-hole ground state can be found also in a core-shell nanowire if the lattice mismatch induces a tensile strain in the core.<sup>19</sup> An additional important property of a semiconductor nanowire is that it acts as a dielectric antenna, modulating the coupling of the different exciton transitions to light modes which changes their radiation pattern.<sup>5,21-24</sup>

Here we provide a complete study of a light-hole quantum dot (QD) in a core-shell nanowire. The dot contains a large fraction of magnetic dopants in order to enhance the Zeeman shift for spintronics applications. This prevents a direct spectroscopic evidence of its light-hole character by measuring its fine structure.<sup>16</sup> We show nevertheless that the detailed observation of the polarisation state of the QD far field radiation pattern is enough to prove its light-hole nature and provides a wealth of information about its mixing with heavy-hole states. Our results are in agreement with numerical simulations of the QD emission within the full nanowire structure. It is confirmed by studying the giant Zeeman shift and the polarisation of the excitonic transition under an external magnetic field. The magneto-optical spectroscopy reveals a heavy-hole excited state at high field, thus providing an order of magnitude for the valence band splitting. Our method is simple, and requires no extra processing of the sample<sup>16,25</sup> as far as the nanowire is isolated from its neighbours.

## II. LIGHT-HOLE AND HEAVY-HOLE PROPERTIES AND ANISOTROPY

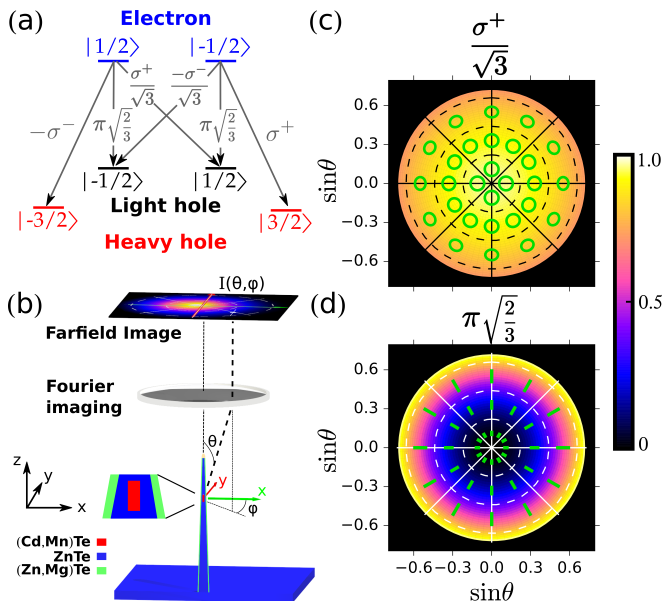


Figure 1. (a), Energy levels inside the QD participating to the luminescence, along with the corresponding transitions with their oscillator strength and polarisation. (b), Schematic of the experiment. The light emission is mapped onto the Fourier plane to allow polarisation analysis of the photons with respect to the direction  $(\theta, \varphi)$ . The inset present a zoom of the nanowire in the vicinity of the quantum dot. (c,d), Theoretical far field intensity maps for the  $\sigma$  or  $\pi$  transition, respectively. The QD is assumed to be in an infinite space made of ZnTe. The green lines in (c) and (d) represent the time evolution the electric field in the  $(x, y)$  plane for a set of directions. For each direction the electric field origin is centered on the  $(\theta, \varphi)$  coordinate.

The distinction between light- and heavy-hole arises when the top of the valence band fourfold degeneracy of zinc-blende semiconductors is lifted by, for instance, strain or confinement. Generally, a relevant axis of symmetry  $z$  appears, such as the growth axis for self-assembled quantum dots or a nanowire. Eigenstates are then Kramers doublets, characterized by the projection of their total spin onto  $z$  for the electron ( $\pm 1/2$ ), the light-hole (LH,  $\pm 1/2$ ) and the heavy-hole (HH,  $\pm 3/2$ ). The HH has a strong magnetic anisotropy, with its spin  $\pm 3/2$  along  $z$  but a vanishing Landé factor in the normal  $xy$ -plane. It exhibits also a strong optical anisotropy, with dipolar electric transitions matrix elements towards electron states in the  $xy$ -plane (called  $\sigma$  transitions hereafter), see Fig. 1(a). By contrast, the LH has a finite Landé factor in the  $xy$ -plane and a smaller one along  $z$ . Optically, it presents both  $\sigma$  and  $\pi$  polarised transition matrix elements.

We use the hole formalism to describe the top of the valence band: this is more convenient if one has in mind the optical manipulation of holes in a quantum dot<sup>16</sup> or

carrier induced magnetic interactions in a dilute magnetic semiconductor.<sup>26</sup> As a result, the hole ground state is at lower energy, and the light-hole/heavy-hole splitting  $\Delta_{LH}$  is negative if the ground state is a light hole.  $\Delta_{LH} < 0$  implies a LH ground state. However, in real life quantum dot, confinement potential and strain (uniform and inhomogeneous) create additional anisotropy components which break the circular symmetry around  $z$  and hence mix the light- and heavy-hole states. This mixing is usually described by two additional complex numbers  $\sigma e^{-i\chi}$  and  $\rho e^{-2i\psi}$ .<sup>27</sup> In appendix B, we show in details that the resulting  $4 \times 4$  Hamiltonian, with one real number  $\Delta_{LH}$  and two complex numbers  $\rho e^{-2i\psi}$  and  $\sigma e^{-i\chi}$ , is the most general spin Hamiltonian describing an isolated spin quadruplet and respecting time reversal symmetry. All three terms have various origins, including uniform and inhomogeneous strain, and confinement. As a consequence of the mixing the true QD hole eigenstates are linear combinations of the pure heavy- and light-hole states defined by  $z$ , and the resulting dipole transitions and spin properties are changed accordingly.

The spin Hamiltonian takes a much simpler form in the frame  $(x_0, y_0, z_0)$  which diagonalizes the anisotropy tensor (see appendix B). It then depends only on two real parameters:  $\Delta_{LH0}$  which describes the LH/HH splitting along the principal anisotropy axis  $z_0$  and  $\rho_0$  which describes the transverse anisotropy in the  $(x_0, y_0)$  plane. Three Euler angles  $\hat{\alpha}$ ,  $\hat{\beta}$  and  $\hat{\gamma}$  are necessary to characterize the transformation from the laboratory frame to the anisotropy frame. If  $\hat{\beta} \ll 1$ ,  $\hat{\beta}$  and  $\hat{\gamma}$  are the spherical coordinates  $(\theta, \varphi)$  of axis  $z_0$ .  $\hat{\alpha} + \hat{\gamma}$  characterizes the direction of transverse anisotropy. The parameter  $\sigma$  measured in the laboratory axes does not really represent a mixing, but the result of the tilt  $\hat{\beta}$  between  $z$  and  $z_0$ . We stress this physical interpretation of the two "mixing parameters" measured in the laboratory frame, because it has direct practical consequences:  $\rho e^{-2i\psi}$  describes a real mixing, which requires that a shear strain be applied in order to compensate for it.<sup>16</sup> On the other hand the effect of  $\sigma$  (which can also be due to strain and confinement anisotropy) can be compensated by an appropriate tilt of the optical axis.

In our setup we collect the nanowire light by placing a microscope objective (numerical aperture NA=0.72) on the  $z$  axis [Fig. 1(b)]. A set of additional optical elements allows to image onto a CCD camera the intensity  $I(\theta, \varphi)$  emitted in a direction  $(\theta, \varphi)$ .<sup>23,24</sup> Figures 1(c-d) represent the theoretical colormaps of  $I(\theta, \varphi)$  for a  $\sigma$  and  $\pi$  transition respectively, assuming that the QD is surrounded by an infinite medium made of ZnTe for illustration purpose first. The radial coordinate is equal to  $\sin\theta$  and the polar angle is equal to  $\varphi$ . The two radiation patterns differ dramatically, and could be enough to discriminate light- and heavy-hole emission. Nevertheless, they are significantly affected by the nanowire geometry and by the imperfection of the collection objective. Note that while the  $\pi$  dipole emission does not radiate along the optical axis, it does generate light towards larger angles within our

163 experimental numerical aperture, which is collected by  
 164 our objective [see Fig. 1(d)]. A more precise description  
 165 of the radiated field comes from the polarisation of the  
 166 light emitted in a given direction. It is projected by the  
 167 objective onto a state of polarisation in the  $(x, y)$  plane,  
 168 represented in Fig. 1(c-d) by the green curves which fol-  
 169 low the electric field vector  $\mathbf{E}(\theta, \varphi, t)$  over one optical pe-  
 170 riod. It results in an ellipse whose aspect ratio changes  
 171 from a perfect circle for a pure  $\sigma^\pm$  to a single line for a  
 172 pure linear polarisation state. Here again, striking differ-  
 173 ences exist between  $\pi$  and  $\sigma$  transitions. One important  
 174 message of our work is that this polarisation analysis for  
 175 a large set of emission directions provides unambiguous,  
 176 quantitative informations about the hole character and  
 177 the valence band mixing.

### 178 III. EXPERIMENTAL SETUP AND RESULTS

#### 179 A. Sample fabrication

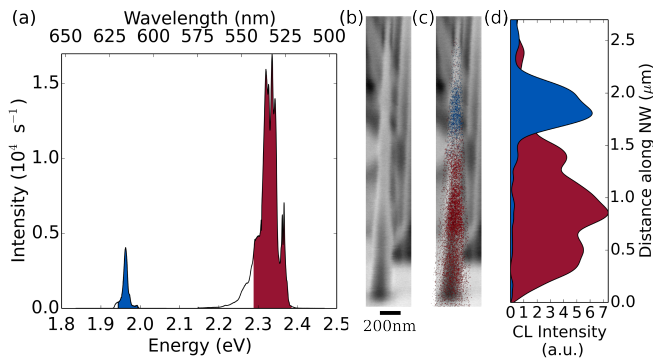


Figure 2. (a),  $\mu\text{PL}$  spectrum of ZnTe core and CdTe quantum dot luminescence, along with the integrated spectral range for cathodoluminescence imaging. (b), SEM image of the nanowire along with (c), spectrally resolved CL image and SEM image superimposed and (d), cut profile of the spectrally resolved CL signal along the nanowire axis. The contribution of each part of the spectrum is coloured according to the spectrum in (a).

180 Our system is a single (Cd,Mn)Te QD inserted  
 181 along a  $\langle 111 \rangle$  ZnTe/(Zn,Mg)Te core/shell nanowire  
 182 grown by molecular beam epitaxy (see Supplemental  
 183 Material<sup>28</sup>).<sup>29,30</sup> The dot is largely doped with Mn atoms  
 184 (Mn concentration  $\sim 10\%$ ), making it a dilute magnetic  
 185 semiconductor structure. Due to the nature of the  
 186 growth, the axial core growth after the quantum dot  
 187 insertion leads to the formation of a ZnTe shell. A final  
 188 (Zn,Mg)Te shell is further grown on the resulting  
 189 tapered-shape nanowire. The wire is standing perpen-  
 190 dicular to the substrate in a region of low nanowire  
 191 density, allowing its study by micro-photoluminescence  
 192 ( $\mu\text{PL}$ ) without exciting its neighbours. The PL spectrum  
 193 at 5K [Fig. 2(a)] exhibits an emission peak centered at  
 194 2.35 eV, which is related to the exciton recombination in

195 the ZnTe core,<sup>19,29,31</sup> and a second one at 1.96 eV, which  
 196 is attributed to the quantum dot luminescence. The pres-  
 197 ence of the Mn atoms significantly broadens the emis-  
 198 sion from the QD because of the magnetization fluctua-  
 199 tions randomly shifting the exciton line in time through  
 200 the giant Zeeman effect. The nanowire is also studied  
 201 by low-temperature cathodoluminescence (CL). The elec-  
 202 tron beam is along axis  $y$ . The standard SEM image [Fig.  
 203 2(b)] gives access to the geometrical parameters of the  
 204 wire. The CL signal [Fig. 2(c-d)] provides information  
 205 about the regions from where light is emitted. Most of  
 206 the ZnTe luminescence comes from a large region at the  
 207 base of the nanowire, while the signal attributed to the  
 208 quantum dot is well localized at a height of 1.8  $\mu\text{m}$  from  
 209 the nanowire base. We note that the spatial width of  
 210 this signal is related to the diffusion of free electron and  
 211 holes in the nanowire before they recombine in the dot. It  
 212 does not correspond to the QD size ( $\sim 10$  nm, measured  
 213 independently by energy-dispersive x-ray spectroscopy.<sup>32</sup>  
 214 CL spectroscopy on similar structures confirms that the  
 215 well-isolated emission line at 1.96 eV, which is also well  
 216 spatially confined, is related to a single longitudinal QD,  
 217 while eventual radial (Cd,Mn)Te structures would emit  
 218 at a higher energy, above 2.1 eV.<sup>33</sup> Finally, antibunching  
 219 experiment on similar emitters without magnetic dop-  
 220 ing revealed a single photon emission with  $g^2(0) = 0.35$ ,  
 221 confirming the 3D confinement of the carriers inside the  
 222 dot.<sup>34</sup> Such experiment could not be performed on our  
 223 magnetically-doped dots yet because of the line broaden-  
 224 ing resulting from the large magnetic doping of the dot.

#### 225 B. Fourier microscopy results

226 Let us first compare the unpolarised far field radiation  
 227 pattern of the ZnTe emission [Fig. 3(a)] to the one of the  
 228 QD [Fig. 3(c)]. Both present a single lobe of emission  
 229 whose center is slightly displaced from the origin. We  
 230 attribute this off-centering to a geometrical  $5^\circ$  tilt of the  
 231 NW axis with respect to  $z$ , different from the previous  
 232 QD  $\beta$  tilt previously introduced in the spin Hamiltonian.  
 233 However, we note on the cross-sections that the angu-  
 234 lar divergence of the ZnTe emission is definitely smaller  
 235 than the QD one, which features a dip at its center.  
 236 This is a first hint for a LH emission from the QD as  
 237 the  $\pi$  transition reinforces light emission at large angles  
 238 [Fig. 1(d)]. Independent measurements of the objective  
 239 collection efficiency show that the latter drops dramati-  
 240 cally for  $\sin \theta \geq 0.45$  (see Supplemental Material<sup>28</sup>).  
 241 This does not affect the comparison between the two  
 242 lines, but prevent us to attempt a direct comparison with  
 243 the calculated patterns of Fig. 1(c-d). Another issue is  
 244 that the ZnTe emission takes place in a region where the  
 245 nanowire diameter is such that it strongly guides light  
 246 along the axis. Even more, due to the nanowire cone  
 247 shape, the guided mode waist increases adiabatically, and  
 248 hence its angular divergence decreases - a mechanism  
 249 which is exploited in photonic wires to maximize light



250 collection from single QD.<sup>5,24</sup> On the contrary, at the 306  
 251 QD location the nanowire diameter is too small to allow  
 252 an efficient guiding effect.

253 The difference between ZnTe and QD emission is dra-  
 254 matically highlighted when comparing their linearly po-  
 255 larised radiation patterns. In the case of ZnTe emission  
 256 they remains similar to the unpolarised one, whatever the  
 257 polariser direction. On the contrary, the QD emission  
 258 patterns break the revolution symmetry around  $z$ . We  
 259 observe two lobes, off-centered and symmetrically placed  
 260 on both sides of the optical axis along the direction of  
 261 polarisation. The lobe intensity decreases at large  $\theta$  an-  
 262 gles because of the loss of collection efficiency otherwise  
 263 it would be maximum at the edge of the image as in  
 264 Fig. 1(b). We also note that there is a  $\sim 20\%$  intensity  
 265 imbalance between the two lobes. A convenient way to  
 266 reinforce the information about the polarisation state of  
 267 the far field, without the influence of its intensity, is to  
 268 plot the Stokes parameters<sup>35</sup>  $S_1 = (I_0 - I_{90})/(I_0 + I_{90})$   
 269 and  $S_2 = (I_{45} - I_{135})/(I_{45} + I_{135})$ , where  $I_\alpha$  is the far field  
 270 intensity for a linear polariser set at angle  $\alpha$ . The degree  
 271 of linear polarisation (DLP) is equal to  $S_1^2 + S_2^2$ . In the  
 272 case of the ZnTe line, both Stokes parameters are homo-  
 273 geneous and very close to 0, with a DLP averaged over  
 274 all measured directions of light  $\sim 2\%$ . On the contrary,  
 275 the QD Stokes parameters are varying with  $\varphi$  from very  
 276 large positive values to very negative ones, displaying a  
 277 characteristic 4-quadrant symmetry.  $S_2$  is similar to  $S_1$   
 278 rotated by  $45^\circ$ . The average DLP is  $\sim 40\%$ . This is a di-  
 279 rect consequence of the polarisation properties sketched  
 280 in green in Fig. 1(c-d).

281 Experimental results were compared to far field pat-  
 282 terns derived from simulations of the electromagnetic  
 283 field in the whole nanowire structure by a finite element  
 284 software and taking into account all the experimental  
 285 imperfections of our imaging setup (see Supplemental  
 286 Material<sup>28</sup>). The emitter is modeled by an oscillating  
 287 dipole  $\mathbf{d} = d_x\mathbf{x} + d_y\mathbf{y} + d_z\mathbf{z}$ . The dipole matrix elements  
 288  $d_i$  are determined by diagonalizing the hole Hamiltonian  
 289 including valence band mixing, and considering all pos-  
 290 sible transitions between the ground hole state and the  
 291 electron states. For the ZnTe core [Fig. 3(b)], we sum  
 292 the intensities coming from dipoles emitting at different  
 293 positions along the nanowire axis, with weights corre-  
 294 sponding to the CL intensity in Fig. 2(d). For the QD  
 295 [Fig. 3(d)], the dipole is fixed at the QD position. The  
 296 agreement with experimental data is very good. Look-  
 297 ing at the unpolarised QD pattern, the effects of the va-  
 298 lence band mixing rates  $\sigma/\Delta_{LH}$  and  $\rho/\Delta_{LH}$  are entan-  
 299 gled. However, the unbalanced intensity lobes (central  
 300 pannel) reflect  $\sigma/\Delta_{LH}$  with its phase, while the linear  
 301 polarisation observed on S1 close to the optical axis re-  
 302 flects  $\rho/\Delta_{LH}$  and its phase. The mixing rates are small,  
 303 hence the QD hole state is essentially ( $\sim 97\%$ ) LH. Yet  
 304 non zero valence band mixing is necessary to properly  
 305 explain the fine features found in the experimental data.

## C. Magneto-optical spectroscopy

307 The analysis of the QD lines under magnetic field (Zee-  
 308 man splitting and circular polarisation degree) provides  
 309 another way to discriminate between LH and HH exci-  
 310 tons. In our experiment, the magnetic field is applied  
 311 along the NW axis (Faraday configuration). In non mag-  
 312 netic quantum dots with moderate exciton Landé factors,  
 313 large magnetic fields are usually required in order to lift  
 314 exciton spin manifold degeneracy. In (Cd,Mn)Te mag-  
 315 netic quantum dots, Mn atoms introduce localized spins  
 316  $S = 5/2$  randomly distributed in the dot. The large ex-  
 317 change interaction between Mn spins and confined carri-  
 318 ers (electrons and holes) induces the so-called giant Zee-  
 319 man splitting of the exciton lines at low temperature  
 320 (effective Landé factor  $\sim 100$ ), which scales proportion-  
 321 ally to the normalized quantum dot magnetic moment  
 322  $M/M_{sat}$  (see section I in the Supplemental Material<sup>28</sup>).<sup>36</sup>  
 323 Even higher values are obtained with colloidal quantum  
 324 dots.<sup>37</sup> In this case the strong anisotropy due to the  
 325 wurtzite crystal structure enforces a heavy-hole charac-  
 326 ter. Fig. 4(a) shows the Zeeman energy diagram of elec-  
 327 trons and holes in an (Cd,Mn)Te/ZnTe QD with a 10%  
 328 Mn concentration under a magnetic field applied along  
 329 the  $z$  axis and assuming  $\Delta_{LH} < 0$ . At low tempera-  
 330 ture and for magnetic fields larger than a fraction of T,  
 331 photo-carriers relax to the lowest energy levels ( $|-1/2\rangle$   
 332 for electrons and  $|+1/2\rangle$  for holes). This induces both  
 333 a red shift of the LH exciton line (black dashed arrow  
 334 in Fig. 4(a), and a strong linear polarisation along  $z$  ( $\pi$   
 335 polarisation), according to the optical selection rules re-  
 336 called in Fig. 1(a). With the opposite assumption of a  
 337 HH ground state, we would expect a  $\sigma^+$  polarisation.

338 In our experimental configuration, the magnetic field  
 339 is applied along the NW axis which still stands along  
 340 the optical axis (Faraday configuration), and the QD lu-  
 341 minescence is collected over an angular range of NA =  
 342 0.4. Figure 4(b) shows the quantum dot emission spectra  
 343 resolved in  $\sigma^+$  and  $\sigma^-$  polarisations for an applied mag-  
 344 netic field of 0 T and 11 T. The emission at zero field  
 345 is dominated by the line at 1.962 eV previously studied  
 346 in far-field. At 11 T (corresponding to  $M/M_{sat} \simeq 0.84$   
 347 at  $T = 10$  K), the spectrum consists in two main lines at  
 348 1.94 eV and 1.953 eV. Both spectra present a weak satel-  
 349 lite line at higher energy whose origin is unclear. The  
 350 two lines are probably not related and a rather small  
 351 Zeeman shift is observed (see Fig. 5 in Appendix A). It  
 352 could be related to the luminescence from the substrate,  
 353 or from parasitic growth which takes place between the  
 354 nanowires. The Zeeman shift of the two main lines as a  
 355 function of the QD magnetic moment  $M/M_{sat}$  is reported  
 356 in Fig. 4(c). The first line, observed for all magnetic  
 357 field values, presents a redshift proportional to  $M/M_{sat}$ .  
 358 The shift at saturation is 25 meV as expected for a LH  
 359 exciton in a Cd<sub>0.9</sub>Mn<sub>0.1</sub>Te magnetic QD (see Appendix  
 360 A). It shows very moderate circular polarisation imbal-  
 361 ance, as expected for a LH emission which is ideally  $\pi$   
 362 polarised. It confirms the LH exciton character of this

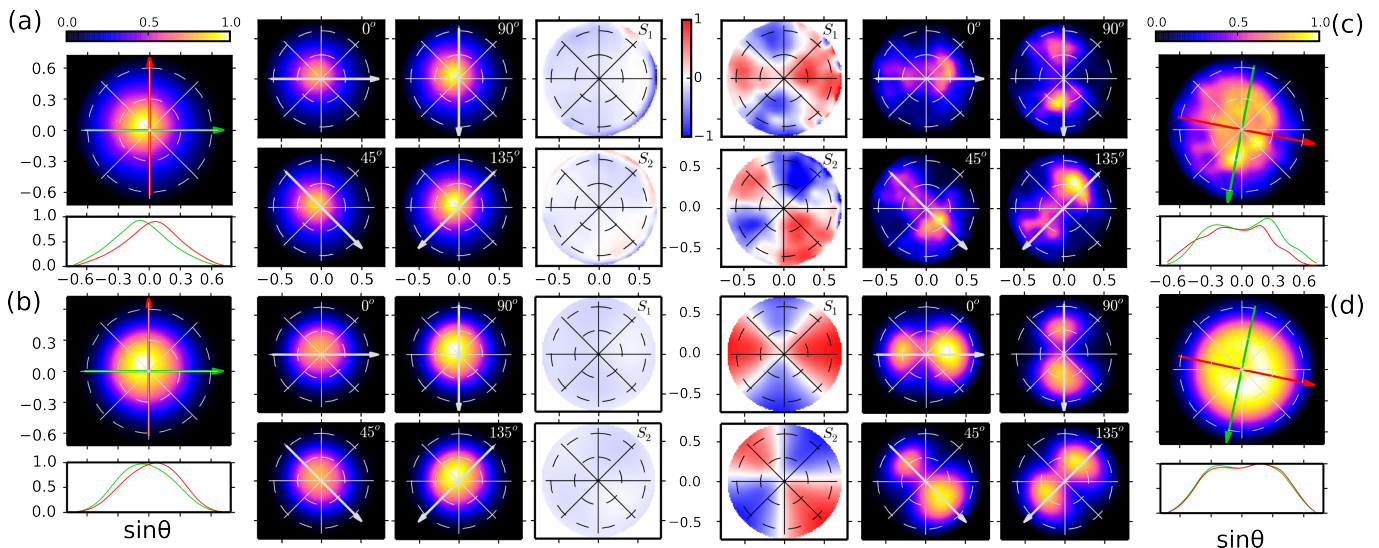


Figure 3. Coordinate system is the same as in Fig 1(c). In each panel we present the normalized unpolarised far field radiation diagram with two cross sections along the direction of the red and green arrows, the linearly polarised radiation diagrams at  $\{0^\circ, 90^\circ\}$  and  $\{45^\circ, 135^\circ\}$  sharing the same normalization factor (direction of polariser is indicated by gray arrow), and the  $S_1$  and  $S_2$  stokes parameter maps. (a), experimental results for the ZnTe emission line. (b), corresponding simulation results ( $\rho/\Delta_{LH} = 0.14$ ,  $\sigma/\Delta_{LH} = 0.24$ ,  $\psi = 112^\circ$ ,  $\chi = 186^\circ$ , or conversely  $\rho_0/\Delta_{LH0} = 0.14$ ,  $\hat{\alpha} = 100^\circ$ ,  $\hat{\beta} = 5^\circ$  and  $\hat{\gamma} = 12^\circ$ ). (c), experimental results for the QD emission line. (d), corresponding simulations ( $\rho/\Delta_{LH} = -0.23$ ,  $\sigma/\Delta_{LH} = -0.06$ ,  $\psi = 170^\circ$ ,  $\chi = 137^\circ$ , or conversely  $\rho_0/\Delta_{LH0} = -0.23$ ,  $\hat{\alpha} = 20^\circ$ ,  $\hat{\beta} = 16^\circ$  and  $\hat{\gamma} = 150^\circ$ ).

363 line, as claimed by the analysis of farfield patterns in  
 364 zero magnetic field. The second line is clearly present  
 365 for fields larger than 6 T ( $M/M_{sat} > 0.6$ ). It is strongly  
 366  $\sigma^+$  polarised. It also redshifts proportionally to  $M/M_{sat}$   
 367 with a shift at saturation of 37 meV. This value is def-  
 368 initely larger than the maximum possible LH Zeeman  
 369 shift, whatever the Mn content, of 25 meV. For these  
 370 two reasons, we ascribe this line to the  $|-1/2\rangle \rightarrow |3/2\rangle$   
 371 transition [red arrow in Fig. 4(a)] associated to the HH  
 372 exciton. The saturation shift is lower than the value  
 373 expected for a heavy-hole fully confined inside the dot  
 374 (51 meV), suggesting a rather weak confinement of the  
 375 HH excited state in the dot. At low field the behaviour  
 376 of the line is complicated due to coupling to LH states.  
 377 By extrapolating the Zeeman shift of the transition ob-  
 378 served at high field down to  $B = 0$  T we obtain a splitting  
 379  $\Delta_{LH} = -22$  meV. We want to stress here that the differ-  
 380 ence in the polarization of the two lines is a strong  
 381 indication of the different nature of the hole involved in  
 382 each transition, and rules out the possible emission from  
 383 regions with different Mn content.

384 Information about the valence band mixing can be re-  
 385 trieved by a detailed analysis of the third Stokes param-  
 386 eter  $S_3 = \frac{I_{\sigma^+} - I_{\sigma^-}}{I_{\sigma^+} + I_{\sigma^-}}$ , plotted in Fig. 4(d)  $S_3$ . The strong  
 387  $\sigma^+$  polarisation of the HH exciton line fully corresponds  
 388 to the radiative recombination of a  $|-1/2\rangle$  electron with  
 389 a  $|+3/2\rangle$  hole, and the selection rules given in Fig. 1(a).  
 390 Surprisingly, one can note that the LH exciton line is  
 391 also partially circularly polarised at large magnetic field  
 392 (for  $M/M_{sat} > 0.5$ ). This partial circular polarisation

393 results from the hole mixing induced by the perturbation  
 394 term  $\sigma e^{-i\chi}$  (see Supplemental Material<sup>28</sup>). The black  
 395 line in Fig. 4(d) give the theoretical variation of  $S_3$  for  
 396 the LH transition assuming a value of  $\sigma = 3.9$  meV inde-  
 397 pendent of the magnetic field and taking into account the  
 398 ratio in collection efficiency of  $\pi$  and  $\sigma$  polarised emission  
 399  $f_{\sigma\pi} = 1.8$  into the objective lens. The thermalization of  
 400 the holes between the Zeeman levels has been added in  
 401 order to get vanishing circular polarisation in zero field.  
 402 Using the hole energy levels deduced from the Zeeman  
 403 shifts of the exciton lines it yields  $\left(\frac{\sigma}{\Delta_{LH}}\right)^2 \simeq 3\%$ , in agree-  
 404 ment with the the simulations of the zero field emission  
 405 diagram. Due to the large value of  $f_{\sigma\pi}$ , the mixing terms  
 406 do not affect  $S_3$  for the HH exciton at large magnetic  
 407 field: the red line in Fig. 4(d) displays the circular polar-  
 408 isation expected for the heavy hole exciton.

#### IV. DISCUSSION

410 The polarized emission diagram of the ZnTe nanowire  
 411 unambiguously reveals the HH character of the exciton,  
 412 with a small mixing. This is expected<sup>19</sup> from the presence  
 413 of the (Zn,Mg)Te shell with a smaller lattice parameter;  
 414 the expected redshift was experimentally confirmed,<sup>29,38</sup>  
 415 and the heavy hole character was deduced from the gi-  
 416 ant Zeeman effect and the circular polarization observed  
 417 with a (Zn,Mn)Te core. Using the composition profile  
 418 obtained from Ref. 32 for a nanowire from the same  
 419 sample, and analytical expressions of the strain-induced

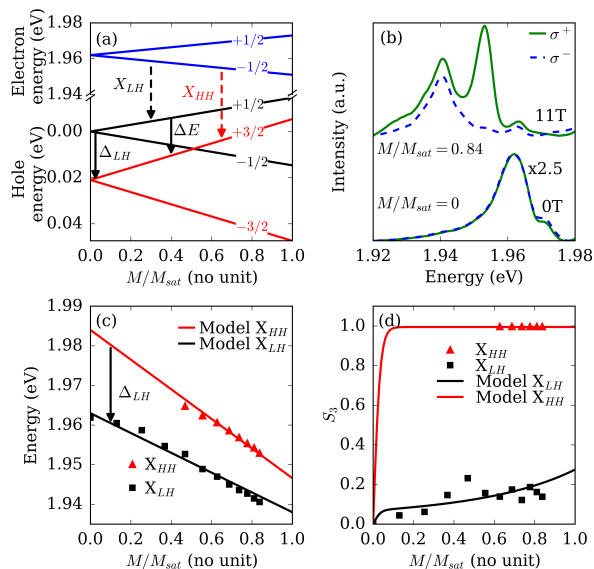


Figure 4. (a), Zeeman diagram of the electron and hole confined levels split by the exchange interactions with Mn atoms. The dashed arrows labeled  $X_{LH}$  (resp.  $X_{HH}$ ) corresponds to the LH (resp. HH) exciton transitions. The low-energy transition involving a LH creates a  $| -1/2 \rangle$  electron in the conduction band and a  $| +1/2 \rangle$  hole in the valence band, hence it is linearly polarized along the  $z$ -axis. The low-energy transition involving a HH creates a  $| -1/2 \rangle$  electron in the conduction band and a  $| +3/2 \rangle$  hole in the valence band, hence it is  $\sigma^+$ -polarized. (b), Photoluminescence spectra of the QD emission line recorded at 10K in zero field and at B=11T (corresponding to a QD magnetic moment  $M/M_{sat} = 0.84$ ). The magnetic field is applied along the nanowire axis oriented parallel to the optical axis. Both circular polarisations ( $\sigma^+$  in green and  $\sigma^-$  in dashed blue) are shown. The intensity of the zero field spectrum has been multiplied by 2.5. (c), Zeeman shift of the LH and HH exciton lines proportional to the QD magnetic moment  $M/M_{sat}$ . The continuous lines correspond to the theoretical shift expected for a (Cd,Mn)Te quantum dot with a Mn concentration of 10% (see text). (d), Circular polarisation rates of the LH and HH exciton lines under magnetic field. The continuous lines corresponds to the expected values taking into account the valence band mixing induced by a constant perturbation term  $|\sigma| = 3.9$  meV.

splitting,<sup>19,29</sup> we expect  $\Delta_{LH} \simeq +30$  meV and a ZnTe emission energy around 2350 meV in agreement with Fig. 2(a). This is consistent with the 50 meV value deduced from the anisotropy of the giant Zeeman effect in (Zn,Mn,Te)/(Zn,Mg,Te) nanowires including a larger Mg content.<sup>39</sup> The mismatch between CdTe and ZnTe is opposite, so that we expect a LH character for a hole confined in a core-shell nanowire<sup>19</sup> or an elongated dot.<sup>18</sup> For InAs/InP, a local splitting  $\Delta_{LH} \simeq -100$  meV is calculated<sup>18</sup> at the center of a cylinder-shape QD with an aspect ratio 2, but due to an inhomogeneous strain the HH state is  $\sim 25$  meV above the ground state. In the present case, the aspect ratio is of the same order, the mismatch slightly larger, but the CdTe-ZnTe valence band offset is small so that another competition is ex-

pected with heavy-holes confined in the shell due to the shear strain around the dot.<sup>19</sup> A full calculation of  $\Delta_{LH}$  is beyond the scope of this paper, but our measured value is of the right order or magnitude.

We measure a value of the mixing term  $\rho_0 \simeq 5$  meV. Larger values have been reported for self-assembled (Stranski-Krastanov) quantum dots.<sup>25</sup> Actually, an important feature is the symmetry of the principal axis, and switching from the  $\langle 001 \rangle$  to the  $\langle 111 \rangle$  orientation dramatically reduces in-plane asymmetry expected,<sup>40</sup> and measured.<sup>41,42</sup> Our dots are embedded in nanowires grown along the  $\langle 111 \rangle$  axis. However the section of such nanowires easily feature some ellipticity, of the order of a few %, easily detected on the shell<sup>32</sup> (although well beyond the resolution on the dot). A first evaluation of the strain in an elongated (aspect ratio  $\sim 2$ ) ellipsoid with some in-plane ellipticity can be done using the Eshelby calculation:<sup>43,44</sup> using the Bir-Pikus Hamiltonian, an ellipticity of 5% gives the right order of magnitude for  $\rho_0$ . Note that the same orientation of the ellipticity will change the phase of  $\rho$  with the sign of the mismatch, as observed between the dot and the ZnTe core. Finally, writing the stiffness matrix with the  $\langle 111 \rangle$  axis as  $z$ -axis<sup>19</sup> reveals that the presence of an in-plane shear ( $\varepsilon_{xx} - \varepsilon_{yy}$ ) induces an axial shear stress, and hence a strain  $\varepsilon_{yz}$ , of similar order of magnitude. This strain gives rise to a non-zero  $\sigma$ , which is not a tilt, but can be compensated by a tilt. Such a term is evidenced on the emission diagram of the quantum dot, while it is partly screened by guiding effect in the case of the ZnTe emission.

We have performed measurements on a set of  $\sim 40$  NWQDs from the same sample mechanically deposited on a substrate. As they lie horizontally and close to a reflecting substrate which significantly disturbs the far-field radiation pattern, we could not perform the same polarization studies reveal that the sample is actually close to the threshold between light-hole and heavy-hole ground state,<sup>18</sup> thus leading to a large dispersion in emission properties. A majority of the QDs ( $\sim 70\%$ ) emit light linearly polarized along the NW axis, which in our system is a good indication of a LH ground state. The remaining 30% emit light polarized perpendicularly to the NW axis, thus clearly indicating a HH character.

To conclude, complementary experiments on a single nanowire unambiguously demonstrate a LH exciton emission. They allow to evaluate the splitting  $\Delta_{LH}$  as well as the valence band mixing parameters. The results are in agreement with the predictions of strain effects due to the presence of a shell around the wire. We demonstrate that valence band engineering through strain and confinement is possible using bottom up approach and semiconducting nanowire growth.

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## Appendix A: Magneto-optical spectroscopy

497 Figure 5a displays photoluminescence spectra recorded  
498 at different values of the magnetic field applied along the  
499 nanowire axis. Only the extreme field values are plotted  
500 in Fig. 4a of the main text. Most salient features are  
501 the intense low energy line, which is present at zero field  
502 and displays a continuous red shift when increasing the  
503 intensity of the field. Fig. 5b, the position of this line is  
504 plotted for different values of the applied magnetic field  
505 and three values of the temperature (spectra of Fig. 5a,  
506 and spectra at two other temperatures, not shown), as a  
507 function of  $5\mu_B B/k_B(T+T_{AF})$ . The phenomenological  
508 parameter  $T_{AF}$  describes the antiferromagnetic interactions  
509 in  $\text{Cd}_{0.9}\text{Mn}_{0.1}\text{Te}$ , see above. The coincidence of the  
510 three sets of data confirms that the shift is due to the gi-  
511 tant Zeeman effect, and follows a Brillouin function with  
512 a shift at saturation equal to 25 meV (solid line). Note  
513 that this line exhibits only a small circular polarization.  
514 The second salient feature is the strongly  $\sigma^+$ -polarized  
515 line, visible at high field only. A weaker line is observed  
516 at high field, with a small Zeeman shift, which we did not  
517 identify (the nanowire is still on the substrate and parasitic  
518 growth takes place between the nanowires). Finally,  
519 the spectra at low fields appear as quite complex, but  
520 this is expected by the proximity of several hole sublevels  
521 at these field values (in particular,  $|+3/2\rangle$  and  $|-1/2\rangle$ )  
522 which are expected to (anti)-cross at these field values,  
523 see Fig. 4b of the main text, and probably excited states  
524 of the  $|+1/2\rangle$  hole).

## Appendix B: Theoretical background

## 1. Anisotropy of the holes

527 In a bulk semiconductor with the zinc-blende or dia-  
528 mond structure, the hole quadruplet is degenerate (rep-  
529 resentation  $\Gamma_8$  of the cubic group). The presence of strain  
530 or confinement lifts this degeneracy. If a principal axis  
531 of symmetry exists, the hole Hamiltonian is usually writ-  
532 ten, in the  $\{|3/2\rangle; |1/2\rangle; |-1/2\rangle; |-3/2\rangle\}$  basis quantized  
533 along this axis, as:

$$\mathcal{H} = \begin{pmatrix} -\frac{1}{2}\Delta_{LH} & -\sigma e^{-i\chi} & \rho e^{-2i\psi} & 0 \\ -\sigma e^{i\chi} & \frac{1}{2}\Delta_{LH} & 0 & \rho e^{-2i\psi} \\ \rho e^{2i\psi} & 0 & \frac{1}{2}\Delta_{LH} & \sigma e^{-i\chi} \\ 0 & \rho e^{2i\psi} & \sigma e^{i\chi} & -\frac{1}{2}\Delta_{LH} \end{pmatrix} \quad (\text{B1})$$

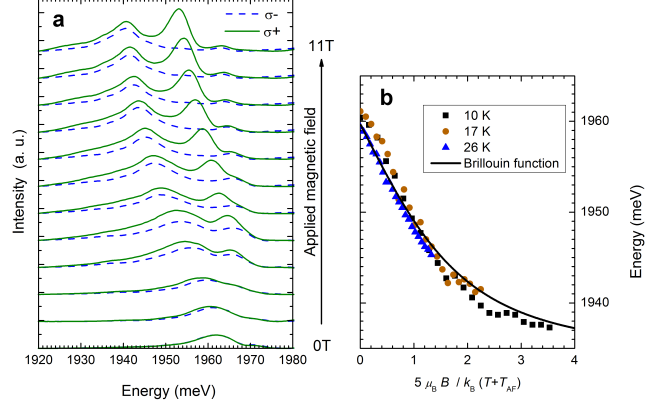


Figure 5. **Magneto-optical spectroscopy.**

(a) Photoluminescence spectra at  $T = 10$  K with a magnetic field applied along the nanowire axis, from  $B = 0$  to 11 T by steps of 1 T. The spectra at 0 and 11 T are displayed in Fig. 4a of main text. (b) Plot of the position of the low energy line as a function of  $5\mu_B B/k_B(T+T_{AF})$

534 If  $\Delta_{LH}$  is larger than  $\rho$  and  $\sigma$ , the two Kramers  
535 doublet defined by this Hamiltonian are usually called  
536 light-hole and heavy-hole (even if these terms are not  
537 always justified), with  $\Delta_{LH}$  the light-hole to heavy-  
538 hole energy splitting (the exact value of the splitting is  
539  $\sqrt{\Delta_{LH}^2 + 4\rho^2 + 4\sigma^2}$ ).

540 Two well known examples of this Hamiltonian are the  
541 Luttinger-Kohn Hamiltonian which describes the hole  
542 states in the vicinity of the valence band maximum, and  
543 the Bir-Pikus Hamiltonian which describes the coupling  
544 to a uniform strain.<sup>45</sup>

545 We want to stress here that this Hamiltonian  $\mathcal{H}$  is  
546 much more general: if the hole quadruplet is isolated,  
547  $\mathcal{H}$  can be considered as a spin Hamiltonian, *i.e.*, as an  
548 effective Hamiltonian operating within the quadruplet.<sup>46</sup>  
549 Some care must be taken when excited states have to be  
550 considered.<sup>47</sup>

551 Moreover, this effective Hamiltonian can be built as a  
552 linear combination of the successive powers of a pseudo-  
553 spin, with real coefficients. In the case of a  $J = 3/2$   
554 quadruplet, powers of the  $J$  operators up to 3 are enough,  
555 and in the absence of an applied magnetic field, only  
556 even powers have to be considered in order to fulfill the  
557 Kramers degeneracy. As a result, the most general spin  
558 Hamiltonian which describes the quadruplet at the top  
559 of the valence band can be written  $\mathbf{J} \cdot \mathbf{A} \cdot \mathbf{J}$ , where the  
560 vectorial operator  $\mathbf{J}$  is the (pseudo)-moment and  $\mathbf{A}$  is a  
561 real  $3 \times 3$  matrix. In addition, due to the commutation  
562 rules of  $\mathbf{J}$ ,  $\mathbf{A}$  is symmetric. Note that the contribution of  
563 order zero to the spin Hamiltonian is redundant with the  
564 trace of  $\mathbf{A}$ ; both represent a rigid shift of the quadruplet,  
565 and a proper choice of the zero of energy allows us to  
566 set the trace of  $\mathcal{H}$  (hence that of  $\mathbf{A}$ ) to zero, as done in



567 Eq. B1.

568 Using the  $4 \times 4$  matrices representing the second pow-  
 569 ers of  $\mathbf{J}$  in the  $|\frac{3}{2}\rangle$ ,  $|\frac{1}{2}\rangle$ ,  $|\frac{1}{2}\rangle$  and  $|\frac{3}{2}\rangle$  basis of the  
 570  $\Gamma_8$  quadruplet, with the third axis  $z$  as the quantization  
 571 axis<sup>45</sup>, the matrix elements of  $\mathcal{H}$  are

$$\begin{aligned} Tr(\mathcal{H}) &= \frac{5}{4}(A_{xx} + A_{yy} + A_{zz}) = 0 \\ \frac{1}{2}\Delta_{LH} &= \frac{1}{2}A_{xx} + \frac{1}{2}A_{yy} - A_{zz} \\ \rho e^{-2i\psi} &= \frac{\sqrt{3}}{2}(A_{xx} - A_{yy} - 2iA_{xy}) \\ \sigma e^{-i\chi} &= -\sqrt{3}(A_{xz} - iA_{yz}) \end{aligned} \quad (\text{B2})$$

572 Expressions of the matrix elements of Eq. B1 (hence  
 573 those of  $\mathbf{A}$ ) for the Luttinger-Kohn or Bir-Pikus Hamil-  
 574 tonian are generally expressed in the cubic basis.<sup>27</sup> How-  
 575 ever other axes can be chosen; for instance, in the case  
 576 of a nanowire oriented along the  $\langle 111 \rangle$  axis, as in  
 577 the present study, it is useful to choose this axis as the  $z$   
 578 quantization axis.<sup>19</sup> If  $\mathcal{H}$  represents the coupling to a uni-  
 579 form strain (the Bir-Pikus Hamiltonian) for an isotropic  
 580 system,  $\Delta_{LH}$  is proportional to the axial shear strain  
 581 ( $\frac{1}{2}\varepsilon_{xx} + \frac{1}{2}\varepsilon_{yy} - \varepsilon_{zz}$ ),  $\rho e^{-2i\psi}$  to the shear strain in the  
 582  $xy$  plane,  $\frac{\sqrt{3}}{2}(\varepsilon_{xx} - \varepsilon_{yy} - 2i\varepsilon_{xy})$ , and  $\sigma e^{-i\chi}$  to the com-  
 583 bination  $-\sqrt{3}(\varepsilon_{xz} - i\varepsilon_{yz})$  of the shear strains in planes  
 584 containing  $z$ . However, it must be kept in mind that such  
 585 a spin Hamiltonian is general and can describe other fea-  
 586 tures governing the hole states, such as for instance the  
 587 inhomogeneous strain expected in a quantum dot, or the  
 588 effect of a confinement potential with a low symmetry.

589 Now, as the matrix  $\mathbf{A}$  is real and symmetric, a mere  
 590 rotation makes it diagonal, with the three (real) eigen-  
 591 values on the diagonal. Using these eigenaxes ( $x_0$ ,  $y_0$ ,  
 592  $z_0$ ), the spin Hamiltonian still writes  $\mathbf{J} \cdot \mathbf{A} \cdot \mathbf{J}$ , and it still  
 593 develops as in Eq. B1, but Eq. B2 shows that now all  
 594 matrix elements are real (including  $\rho$ ), and  $\sigma = 0$ :

$$\mathcal{H} = \begin{pmatrix} -\frac{1}{2}\Delta_{LH0} & 0 & \rho_0 & 0 \\ 0 & \frac{1}{2}\Delta_{LH0} & 0 & \rho_0 \\ \rho_0 & 0 & \frac{1}{2}\Delta_{LH0} & 0 \\ 0 & \rho_0 & 0 & -\frac{1}{2}\Delta_{LH0} \end{pmatrix} \quad (\text{B3})$$

595 with  $A_{z_0 z_0} = \frac{1}{3}\Delta_{LH0}$ ,  $A_{x_0 x_0} = -\frac{1}{6}\Delta_{LH0} + \frac{1}{\sqrt{3}}\rho_0$  and  
 596  $A_{y_0 y_0} = -\frac{1}{6}\Delta_{LH0} - \frac{1}{\sqrt{3}}\rho_0$ . If the  $z_0$  axis is chosen so that  
 597  $A_{z_0 z_0}$  is the eigenvalue with the largest absolute value,  
 598 then  $\rho_0 < |\Delta_{LH0}|/2\sqrt{3}$ ; the two Kramers doublet will be  
 599 considered as light holes and heavy holes quantized along  
 600  $z_0$ , with some mixing due to  $\rho_0$ .

601 To sum up, the most general spin Hamiltonian describ-  
 602 ing the hole states is given by Eq. B1, where diagonal  
 603 elements are real numbers but non-diagonal elements are  
 604 complex numbers. Diagonalizing the corresponding ma-  
 605 trix  $\mathbf{A}$  determines a rotation (*i.e.*, three Euler angles)  
 606 to a new set of axes where  $\Delta_{LH0}$  but also  $\rho_0$  are real  
 607 numbers and  $\sigma=0$ , Eq. B3.

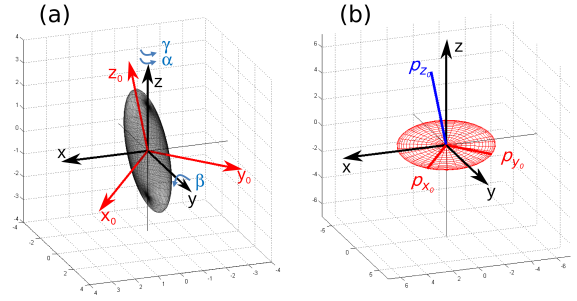


Figure 6. **Light Hole exciton dipole radiation** (a) Princi-  
 pal axes ( $x_0, y_0, z_0$ ) of the ellipsoid defined by Eq. B6 and cal-  
 culated for  $\psi = 40^\circ$ ,  $\chi = 110^\circ$ ,  $\rho/\Delta_{LH} = 0.1$ ,  $\sigma/\Delta_{LH} = 0.3$   
 and  $E_0/\Delta_{LH} = 2$ . They are obtained by 3 rotations with  
 the Euler angles  $\hat{\alpha} = 40^\circ$ ,  $\hat{\beta} = 19^\circ$  and  $\hat{\gamma} = 0^\circ$ . (b) Orienta-  
 tion of the 3 elementary orthogonal linear dipoles associated  
 to the light hole exciton. They are oriented along the axes  
 ( $x_0, y_0, z_0$ ). The  $\pi$  (resp.  $\sigma$ ) polarized exciton transitions  
 are associated to the dipole along  $z_0$  (resp.  $x_0$  and  $y_0$ ). The figure  
 is calculated for the same Euler angles as above and for the  
 hole anisotropy parameters  $\epsilon = 0.214$  ( $\rho_0/\Delta_{LH0} = 0.0406$ ).  
 The lengths of the colored lines are proportional to the dipole  
 magnitudes  $d_{x_0}$ ,  $d_{y_0}$  and  $d_{z_0}$  (see text).

608 As the principal axes of  $\mathbf{A}$  are those where the Hamil-  
 609 tonian  $\mathcal{H}$  is real with a vanishing  $\sigma$ , so that the hole states  
 610 are most simple to write, it is useful to write the effect  
 611 of a rotation on  $\mathbf{A}$  and  $\mathcal{H}$ . We apply to  $\mathbf{A}$  or  $\mathcal{H}$  the ro-  
 612 tation  $\exp(-i\hat{\gamma}J_z) \exp(-i\hat{\beta}J_y) \exp(-i\hat{\alpha}J_z)$  defined by  
 613 three Euler angles  $(\hat{\alpha}, \hat{\beta}, \hat{\gamma})$ , see Fig. 6. It is particularly  
 614 interesting - and technically simpler - to consider small  
 615 values of  $\hat{\beta}$ , so that we keep only the first order in  $\hat{\beta}$  or  
 616  $\sin \hat{\beta}$ . In this case,  $(\hat{\alpha} + \hat{\gamma})$  is the total angle of rotation  
 617 around the  $z$  axis (which has an effect only if the system  
 618 does not feature circular symmetry, with non vanishing  
 619  $\rho_0$  and different values of  $A_{x_0 x_0}$  and  $A_{y_0 y_0}$ ), while  $\hat{\beta}$  is the  
 620 angle of the tilt and  $\hat{\gamma}$  its direction. The rotation matrix  
 621 in real space is

$$\mathcal{R} = \begin{pmatrix} \cos(\hat{\alpha} + \hat{\gamma}) & -\sin(\hat{\alpha} + \hat{\gamma}) & \sin \hat{\beta} \cos \hat{\gamma} \\ \sin(\hat{\alpha} + \hat{\gamma}) & \cos(\hat{\alpha} + \hat{\gamma}) & \sin \hat{\beta} \sin \hat{\gamma} \\ -\sin \hat{\beta} \cos \hat{\alpha} & \sin \hat{\beta} \sin \hat{\alpha} & 1 \end{pmatrix} \quad (\text{B4})$$

622 and the matrix elements of  $\mathbf{A}$  in the laboratory frame  
 623 are obtained by a straightforward calculation of  $\mathcal{R} \mathcal{A} \mathcal{R}^t$ .  
 624  $\mathcal{H}$  is derived using Eq. B2, or calculated directly using  
 625 the rotation  $\exp(-i\hat{\gamma}J_z) (1 - i\hat{\beta}J_y) \exp(-i\hat{\alpha}J_z)$ , where  
 626 the operator of rotation around  $y$  (the tilt) is linearized.  
 627 The result is quite simple. The hamiltonian assumes the  
 628 form of Eq. B1, where:



$$\begin{aligned} \frac{1}{2}\Delta_{LH} &= \frac{1}{2}\Delta_{LH0} \\ \rho e^{-2i\psi} &= \rho_0 e^{-2i(\hat{\alpha}+\hat{\gamma})} \\ \sigma e^{-i\chi} &= \hat{\beta} \left( \frac{\sqrt{3}}{2}\Delta_{LH0} + \rho_0 e^{-2i\hat{\alpha}} \right) e^{-i\hat{\gamma}} \end{aligned} \quad (\text{B5})$$

These expressions have been used to fit the experimental data.

## 2. Geometrical visualizing of the anisotropy tensor

Since in the case of the Bir-Pikus Hamiltonian, the anisotropy matrix  $\mathbf{A}$  is proportional to the strain tensor (possibly weighted by the deformation potential parameters), it is often quite illuminating to pursue the analogy and to consider an ellipsoid defined in real space using the matrix  $\mathbf{A}$ , as an easy way to view the anisotropy within the hole quadruplet. One possibility is to consider a sphere of radius unity, to which we apply a strain

$-A_{ij}/E_0$ , with an arbitrary scaling factor  $E_0$ . If  $E_0$  is larger than the largest eigenvalue of  $\mathbf{A}$ , the result is an ellipsoid which admits the  $x_0, y_0, z_0$  eigen-axes of  $\mathbf{A}$  as principal axes, with a half-axis length  $1 - A_{x_0x_0}/E_0$  along  $x_0$ , and so on.

To first order in  $A_{ij}/E_0$ , the equation of such a solid is

$$\sum_{i,j} x_i (\delta_{ij} + 2A_{ij}/E_0) x_j = 1 \quad (\text{B6})$$

where the  $x_i$ 's are the coordinates  $x, y, z$  of an arbitrary frame.

The principal axes of the ellipsoid are those where  $\mathcal{H}$  is real with  $\sigma = 0$ . A heavy-hole ground state implies  $\Delta_{LH0} > 0$ , and the ellipsoid is oblate (flat). A light-hole ground state corresponds to a prolate (elongated) ellipsoid. The in-plane ellipticity is measured by  $\rho_0$ . An example relevant for the present study is given in Fig. 6(a).

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