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THE FIRST POSITIVE EIGENVALUE OF THE SUB-LAPLACIAN ON CR SPHERES

AMINE ARIBI AND AHMAD EL SOUFI

Abstract. We prove that the first positive eigenvalue, normalized by the volume, of the sub-Laplacian associated with a strictly pseudoconvex pseudo-Hermitian structure θ on the CR sphere $\mathbb{S}^{2n+1} \subset \mathbb{C}^{n+1}$, achieves its maximum when θ is the standard contact form.

1. Introduction and statement of the main result

According to a classical result of Hersch $[15]$, given any Riemannian metric q on the 2dimensional sphere \mathbb{S}^2 , the first positive eigenvalue $\lambda_1(g)$ of the Laplace-Beltrami operator Δ_q satisfies the estimate

$$
\lambda_1(g)A(g) \le \lambda_1(g_0)A(g_0) \tag{1}
$$

where g_0 is the standard metric of \mathbb{S}^2 and $A(g)$ is the area of \mathbb{S}^2 with respect to g. Moreover, the equality holds in (1) if and only if q is isometric to q_0 . This result was extended to higher dimensional spheres by Ilias and the second author as follows (see [12, proposition 3.1) : If a Riemannian metric g on the *n*-dimensional sphere \mathbb{S}^n is conformal to the standard metric q_0 , then

$$
\lambda_1(g)V(g)^{\frac{2}{n}} \le \lambda_1(g_0)V(g_0)^{\frac{2}{n}} \tag{2}
$$

where $V(q)$ denotes the Riemannian volume of the sphere with respect to q. Again, the equality holds in (2) if and only if q is isometric to q_0 .

The aim of the present paper is to establish a version of the estimate (2) for the first positive eigenvalue of the sub-Laplacian on the CR sphere $\mathbb{S}^{2n+1} \subset \mathbb{C}^{n+1}$. Indeed, let

$$
\theta_0 = \frac{i}{2} \sum_{j=1}^{n+1} \left(\zeta_j d\bar{\zeta}_j - \bar{\zeta}_j d\zeta_j \right)
$$

be the standard contact form on \mathbb{S}^{2n+1} whose kernel coincides with the Levi distribution $H(\mathbb{S}^{2n+1}) = T\mathbb{S}^{2n+1} \cap J\mathbb{S}^{2n+1}$, where J is the complex structure of \mathbb{C}^{n+1} . The set $\mathcal{P}_+(\mathbb{S}^{2n+1}) = \{f\theta_0 \; ; \; f \in C^\infty(\mathbb{S}^{2n+1}) \text{ and } f > 0\}$ contains all pseudo-Hermitian structures on \mathbb{S}^{2n+1} whose Levi form is positive definite. Given a pseudo-Hermitian structure $\theta \in$ $P_+(\mathbb{S}^{2n+1})$, we denote by $\lambda_1(\theta)$ the first positive eigenvalue of the corresponding sub-Laplacian Δ_{θ} , and by $V(\theta)$ the volume of \mathbb{S}^{2n+1} with respect to the volume form $\psi_{\theta} =$ $\frac{1}{n!2^n}$ $\theta \wedge (d\theta)^n$ (see the next section for precise definitions). The main result of this paper is

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Theorem 1.1. For every pseudo-Hermitian structure $\theta \in \mathcal{P}_+(\mathbb{S}^{2n+1})$ we have

$$
\lambda_1(\theta)V(\theta)^{\frac{1}{n+1}} \le \lambda_1(\theta_0)V(\theta_0)^{\frac{1}{n+1}}.
$$
\n(3)

The equality holds in (3) if and only if there exists a CR-automorphism γ of \mathbb{S}^{2n+1} such that $\theta = c \gamma^* \theta_0$ for some constant $c > 0$, or if and only if there exist $p \in \mathbb{S}^{2n+1}$ and $t \geq 0$ such that

$$
\theta = \frac{c}{\left|\cosh t + \sinh t \left(\zeta, p\right)\right|^2} \theta_0,
$$

where $(,)$ denotes the standard Hermitian product of \mathbb{C}^{n+1} .

This result can be seen as a contribution to the program aiming to recovering the main results of spectral geometry, established for the eigenvalues of the Laplace-Beltrami operator on a compact Riemannian manifold, in the realm of CR and pseudo-Hermitian geometry. This program has motivated a lot of research in recent years and we can find significant contributions in [1, 2, 3, 4, 6, 5, 7, 8, 9, 10, 13, 14, 17, 16, 18, 19, 20, 21, 22].

2. Proof of Theorem 1.1

Let M be a connected differentiable manifold of dimension $2n + 1 \geq 3$. A CR structure on M is a couple $(H(M), J)$ where $H(M)$ is a 2n-dimensional subbundle of the tangent bundle TM , the so-called Levi distribution, endowed with a pseudo-complex operator J satisfying the following integrability condition : $\forall X, Y \in \Gamma(H(M)),$

$$
[X,Y] - [JX,JY] \in \Gamma(H(M))
$$

and

$$
J([X,Y] - [JX, JY]) = [JX, Y] + [X, JY].
$$

Real hypersurfaces of \mathbb{C}^{n+1} are the most natural examples of CR manifolds. Indeed, if $M \subset \mathbb{C}^{n+1}$ is such a hypersurface, then $H(M) := TM \cap J(TM)$ endowed with the restriction of the standard complex structure J of \mathbb{C}^{n+1} , is a CR structure on M.

If $(M, H(M), J)$ is an orientable CR manifold, then there exists a nontrivial 1-form $\theta \in \Gamma(T^*M)$ such that $Ker\theta = H(M)$. Such a 1-form, called pseudo-Hermitian structure, is of course not unique. The set of pseudo-Hermitian structures consists in all the forms $f\theta$, where f is a smooth nowhere zero function on M. To each pseudo-Hermitian structure θ we associate its Levi form L_{θ} defined on $H(M)$ by

$$
L_{\theta}(X, Y) = -d\theta(JX, Y) = \theta([JX, Y]).
$$

The integrability of J implies that L_{θ} is symmetric and J-invariant. The CR manifold M is called strictly pseudoconvex if L_{θ} is definite. Of course, this condition does not depend on the choice of θ (since $L_{f\theta} = fL_{\theta}$). In the sequel, we denote by $\mathcal{P}_+(M)$ the set of all pseudo-Hermitian structures with positive definite Levi form. Every $\theta \in \mathcal{P}_+(M)$ is in fact a contact form which induces on M the following volume form

$$
\psi_{\theta} = \frac{1}{2^n n!} \theta \wedge (d\theta)^n.
$$

The associated divergence div_{θ} is defined, for every smooth vector field Z on M, by

$$
\mathcal{L}_Z\psi_\theta=\mathrm{div}_\theta(Z)\,\psi_\theta.
$$

The sub-Laplacian Δ_{θ} is then defined for all $u \in C^{\infty}(M)$, by

$$
\Delta_{\theta} u = \text{div}_{\theta} (\nabla^{H} u)
$$

where $\nabla^H u \in \Gamma(H(M))$ is the horizontal vectorfield such that, $\forall X \in H(M)$, $du(X) =$ $L_{\theta}(\nabla^H u, X)$. The following integration by parts formula holds for any $u, v \in C_0^{\infty}(M)$:

$$
\int_M (\Delta_\theta u) \, v \, \psi_\theta = - \int_M L_\theta (\nabla^H u, \nabla^H v) \, \psi_\theta.
$$

Given $\theta \in \mathcal{P}_+(M)$, there is a unique vectorfield ξ , often called Reeb vectorfield, that satisfies $\theta(\xi) = 1$ and $\xi | d\theta = 0$. The Levi form L_{θ} extends to a Riemannian metric on M (the Webster metric) given by

$$
g_{\theta}(X, Y) = L_{\theta}(X^H, Y^H) + \theta(X)\theta(Y)
$$

with $X^H = X - \theta(X)\xi$. The corresponding Laplace-Beltrami operator $\Delta_{g_{\theta}}$ is related to Δ_{θ} by the following formula (see [13])

$$
\Delta_{\theta} = \Delta_{g_{\theta}} - \xi^2. \tag{4}
$$

The sub-Laplacian Δ_{θ} is a sub-elliptic operator of order 1/2. When M is compact, it admits a self-adjoint extension to an unbounded operator of $L^2(M, \psi_{\theta})$ whose resolvent is compact (see for instance [2, Lemma 2.2]). Hence, the spectrum of $-\Delta_{\theta}$ is discrete and consists of a sequence of nonnegative eigenvalues of finite multiplicity $\{\lambda_k(\theta)\}_{k\geq 0}$ with $\lambda_0(\theta) = 0$. The min-max variational principle gives

$$
\lambda_1(\theta) = \inf_{\int_M u \psi_{\theta} = 0} \frac{\int_M |\nabla^H u|_{\theta}^2 \psi_{\theta}}{\int_M u^2 \psi_{\theta}}
$$
(5)

where $|\nabla^H u|_{\theta}^2 = L_{\theta}(\nabla^H u, \nabla^H u).$

2.1. The CR Sphere. Let \mathbb{S}^{2n+1} be the unit Sphere in \mathbb{C}^{n+1}

$$
\mathbb{S}^{2n+1} = \left\{ \zeta = (\zeta_1, ..., \zeta_{n+1}) \in \mathbb{C}^{n+1} \, ; \, \sum_{j \le n+1} |\zeta_j|^2 = 1 \right\}
$$

endowed with its standard CR-structure. The restriction to \mathbb{S}^{2n+1} of the contact form

$$
\theta_0 = -\frac{i}{2} \sum_{j=1}^{n+1} (\bar{\zeta}_j \, d\zeta_j - \zeta_j \, d\bar{\zeta}_j)
$$

is a pseudohermitian structure whose Reeb field $\xi = i \sum_{j=1}^{n+1} \left(\zeta_j \frac{\partial}{\partial \zeta_j} \right)$ $\frac{\partial}{\partial \zeta_j}-\bar{\zeta}_j\frac{\partial}{\partial \bar{\zeta}_j}$ generates the natural action of \mathbb{S}^1 on \mathbb{S}^{2n+1} . Since $d\theta_0$ is the standard Kähler form of \mathbb{C}^{n+1} , the induced Levi form on $H(\mathbb{S}^{2n+1})$ coincides with the standard metric of the sphere.

If $V^{p,q}$ is the space of harmonic polynomials of bi-degree (p,q) in \mathbb{C}^{n+1} , then, ξ acts on $V^{p,q}$ as the multiplication by $i(p-q)$ and it can be deduced, using (4), that $V^{p,q}$ is an eigenspace of Δ_{θ_0} on \mathbb{S}^{2n+1} with eigenvalue $2n(p+q)+4pq$ (see [10, Theorem 4.1] and [22, Proposition 4.4] for details). Therefore,

$$
\lambda_1(\theta_0) = 2n. \tag{6}
$$

2.2. One-parameter groups of CR-automorphisms of the sphere. A differentiable map $\varphi : M \to M$ between two CR manifolds is a CR map if for any $x \in M$,

$$
d_x \varphi(H_x(M)) \subset H_{\varphi(x)}(\widetilde{M}) \quad \text{and} \quad d_x \varphi \circ J_x^M = J_{\varphi(x)}^{\widetilde{M}} \circ d_x \varphi. \tag{7}
$$

A CR-automorphism of a CR manifold M is a diffeomorphism of M which is a CR map.

Let $e_{n+1} = (0, \dots, 0, 1) \in \mathbb{S}^{2n+1}$. The punctured sphere $\mathbb{S}^{2n+1} \setminus \{e_{n+1}\}$ can be identified with the boundary of the so-called Siegel domain $\Omega_{n+1} = \{(z,w) \in \mathbb{C}^n \times \mathbb{C} : \text{Im } w >$ $|z|^2$ $\subset \mathbb{C}^{n+1}$ through the CR diffeomorphism $\Phi : \mathbb{S}^{2n+1} \setminus \{e_{n+1}\} \to \partial \Omega_{n+1}$ given by

$$
\Phi(\zeta) = \frac{1}{1 - \zeta_{n+1}} (\zeta_1, \cdots, \zeta_n, i(1 + \zeta_{n+1}))
$$

with

$$
\Phi^{-1}(z, w) = \frac{1}{w + i}(2iz_1, \cdots, 2iz_n, w - i)
$$

For every $t \in \mathbb{R}$, the "dilation"

$$
H_t : \partial_{x_n+1} \to \partial_{x_{n+1}} \partial_{x_n+1}
$$

$$
(z, w) \mapsto (e^t z, e^{2t} w)
$$

is a CR-automorphism of $\partial \Omega_{n+1}$. We define $\gamma_t : \mathbb{S}^{2n+1} \to \mathbb{S}^{2n+1}$ by $\gamma_t(e_{n+1}) = e_{n+1}$ and, $\forall \zeta \in \mathbb{S}^{2n+1} \setminus \{e_{n+1}\},\$

$$
\gamma_t(\zeta) = \Phi^{-1} \circ H_t \circ \Phi(\zeta) = \frac{1}{\cosh t + \sinh t \, \zeta_{n+1}} (\zeta_1, \cdots, \zeta_n, \sinh t + \cosh t \, \zeta_{n+1})
$$

or

$$
\gamma_t(\zeta) = \frac{1}{\cosh t + \sinh t \, \zeta_{n+1}} \left(\zeta + (\sinh t + (\cosh t - 1) \, \zeta_{n+1}) \, e_{n+1} \right).
$$

Lemma 2.1. For every t, the map γ_t is a CR-automorphism of \mathbb{S}^{2n+1} which satisfies

$$
(\gamma_t)^*\theta_0 = \frac{1}{\left|\cosh t + \sinh t \,\zeta_{n+1}\right|^2} \,\theta_0.
$$

Proof. Let $f_j(\zeta) = \frac{\zeta_j}{\cosh t + \sinh t \zeta_{n+1}}, \ j \leq n$, and $f_{n+1}(\zeta) = \frac{\sinh t + \cosh t \zeta_{n+1}}{\cosh t + \sinh t \zeta_{n+1}}$. Then

$$
df_j = \frac{d\zeta_j}{\cosh t + \sinh t \, \zeta_{n+1}} - \frac{\sinh t \, \zeta_j \, d\zeta_{n+1}}{(\cosh t + \sinh t \, \zeta_{n+1})^2} \text{ and } df_{n+1} = \frac{d\zeta_{n+1}}{(\cosh t + \sinh t \, \zeta_{n+1})^2}.
$$

Therefore

$$
f_j d\bar{f}_j = \frac{\zeta_j d\bar{\zeta}_j}{|\cosh t + \sinh t \,\zeta_{n+1}|^2} - \frac{|\zeta_j|^2 \sinh t \,d\bar{\zeta}_{n+1}}{|\cosh t + \sinh t \,\zeta_{n+1}|^2 (\cosh t + \sinh t \,\bar{\zeta}_{n+1})},
$$

$$
\bar{f}_j df_j = \frac{\bar{\zeta}_j d\zeta_j}{|\cosh t + \sinh t \,\zeta_{n+1}|^2} - \frac{|\zeta_j|^2 \sinh t \,d\zeta_{n+1}}{|\cosh t + \sinh t \,\zeta_{n+1}|^2 (\cosh t + \sinh t \,\zeta_{n+1})}
$$

which gives with $\sum_{j=1}^{n} |\zeta_j|^2 = 1 - |\zeta_{n+1}|^2$,

$$
\sum_{j=1}^{n} (f_j d\bar{f}_j - \bar{f}_j df_j) = \frac{1}{|\cosh t + \sinh t \, \zeta_{n+1}|^2} \sum_{j=1}^{n} (\zeta_j d\bar{\zeta}_j - \bar{\zeta}_j d\zeta_j) +
$$

$$
\frac{\left(1 - |\zeta_{n+1}|^2\right) \sinh t}{\left|\cosh t + \sinh t \,\zeta_{n+1}\right|^2} \left(\frac{d\zeta_{n+1}}{\cosh t + \sinh t \,\zeta_{n+1}} - \frac{d\bar{\zeta}_{n+1}}{\cosh t + \sinh t \,\bar{\zeta}_{n+1}}\right)
$$

On the other hand,

$$
f_{n+1} d\bar{f}_{n+1} - \bar{f}_{n+1} df_{n+1} =
$$

\n
$$
\frac{1}{\left|\cosh t + \sinh t \zeta_{n+1}\right|^2} \left(\frac{\sinh t + \cosh t \zeta_{n+1}}{\cosh t + \sinh t \bar{\zeta}_{n+1}} d\bar{\zeta}_{n+1} - \frac{(\sinh t + \cosh t \bar{\zeta}_{n+1})}{\cosh t + \sinh t \zeta_{n+1}} d\zeta_{n+1} \right)
$$

\nNow (with $|\zeta_{n+1}|^2 = \zeta_{n+1} \bar{\zeta}_{n+1}$),

$$
\frac{(1 - |\zeta_{n+1}|^2) \sinh t - (\sinh t + \cosh t \bar{\zeta}_{n+1})}{\cosh t + \sinh t \zeta_{n+1}} = -\bar{\zeta}_{n+1}
$$

and

$$
-\left(1 - |\zeta_{n+1}|^2\right) \sinh t + (\sinh t + \cosh t \, \zeta_{n+1})
$$

$$
\cosh t + \sinh t \, \bar{\zeta}_{n+1} = \zeta_{n+1}
$$

Thus,

$$
\sum_{j=1}^{n+1} (f_j d\bar{f}_j - \bar{f}_j df_j) = \frac{1}{|\cosh t + \sinh t \, \zeta_{n+1}|^2} \sum_{j=1}^{n+1} (\zeta_j d\bar{\zeta}_j - \bar{\zeta}_j d\zeta_j)
$$

that is,

$$
(\gamma_t)^* \theta_0 = \frac{i}{2} \sum_{j=1}^{n+1} (f_j d\bar{f}_j - \bar{f}_j df_j) = \frac{1}{|\cosh t + \sinh t \, \zeta_{n+1}|^2} \theta_0.
$$

Let $p \in \mathbb{S}^{2n+1}$ be any point of the sphere and let $\alpha_p \in U(n+1)$ be such that $\alpha_p(p) = e_{n+1}$. The family $\gamma_t^p = \alpha_p^{-1} \circ \gamma_t \circ \alpha_p$ is a 1-parameter group of CR-automorphisms of the sphere \mathbb{S}^{2n+1} with

$$
\gamma_t^p(\zeta) = \frac{1}{\cosh t + \sinh t \left(\zeta, p\right)} \left\{ \zeta + \left(\sinh t + \left(\cosh t - 1\right)\left(\zeta, p\right)\right) p \right\} \tag{8}
$$

and

$$
(\gamma_t^p)^*\theta_0 = \frac{1}{\left|\cosh t + \sinh t \left(\zeta, p\right)\right|^2} \theta_0.
$$
\n(9)

2.3. Preparatory lemmas.

Lemma 2.2. Let M be a strictly pseudoconvex CR manifold of dimension $2n + 1$ and let $\theta, \,\hat{\theta} \in \mathcal{P}_+(M)$ be two pseudo-Hermitian structures with $\hat{\theta} = f \theta, \, f \in C^{\infty}(M)$. Then

$$
\psi_{\hat{\theta}} = f^{n+1} \psi_{\theta} \tag{10}
$$

Proof. From $d\hat{\theta} = f d\theta + df \wedge \theta$ we deduce, by induction,

$$
(d\hat{\theta})^n = f^n (d\theta)^n + \alpha_n \wedge \theta
$$

where α_n is a differential form of degree $2n - 1$. Thus,

$$
\hat{\theta} \wedge (d\hat{\theta})^n = f\theta \wedge (f^n(d\theta)^n + \alpha_n \wedge \theta) = f^{n+1}\theta \wedge (d\theta)^n.
$$

 \Box

.

Lemma 2.3. Let M be a strictly pseudoconvex CR manifold of dimension $2m + 1$ and let $\phi: M \to (\mathbb{S}^{2n+1}, \theta_0)$ be a CR map. Then, for every $\theta \in \mathcal{P}_+(M)$,

$$
\phi^*\theta_0 = \frac{1}{2m} \left(\sum_{i=1}^{2n+2} \left| \nabla^H \phi_i \right|_{\theta}^2 \right) \theta \tag{11}
$$

where $\phi_1, \ldots, \phi_{2n+2}$ are the Euclidean components of ϕ .

Proof. Since ϕ is a CR map, the 1-form $\phi^*\theta_0$ vanishes on $H(M)$ which implies that there exists $f \in C^{\infty}(M)$ such that

$$
\phi^*\theta_0 = f\theta. \tag{12}
$$

.

Differentiating, we get

$$
\phi^* d\theta_0 = df \wedge \theta + f d\theta.
$$

Hence, for every X, $Y \in H_x(M)$, one has $\phi^* d\theta_0(X, Y) = f d\theta(X, Y)$ and, using (7),

$$
L_{\theta_0}(d\phi(X), d\phi(X)) = d\theta_0(d\phi(X), J^{\mathbb{S}^{2n+1}} d\phi(X)) = d\theta_0(d\phi(X), d\phi(J^M X))
$$

= $\phi^* d\theta_0(X, J^M X) = f d\theta(X, J^M X) = f L_{\theta}(X, X).$

On the other hand, since L_{θ_0} coincides with the standard inner product on $H_{\phi(x)}(\mathbb{S}^{2n+1}),$

$$
L_{\theta_0}(d\phi(X), d\phi(X)) = \sum_{i=1}^{2n+2} (d\phi_i(X))^2 = \sum_{i=1}^{2n+2} L_{\theta}(\nabla^H \phi_i, X)^2
$$

Thus,

$$
fL_{\theta}(X,X) = \sum_{i=1}^{2n+2} L_{\theta}(\nabla^H \phi_i, X)^2.
$$

Taking an L_{θ} -orthonormal basis $\{e_1, \ldots, e_{2m}\}$ of $H_x(M)$, we get

$$
2mf = \sum_{j=1}^{2m} \sum_{i=1}^{2n+2} L_{\theta}(\nabla^{H} \phi_{i}, e_{j})^{2} = \sum_{i=1}^{2n+2} L_{\theta}(\nabla^{H} \phi_{i}, \nabla^{H} \phi_{i}) = \sum_{i=1}^{2n+2} |\nabla^{H} \phi_{i}|_{\theta}^{2}
$$

which implies (11), thanks to (12).

If $\phi: M \to \mathbb{R}^N$ is a map and μ is a measure on M, we denote by $\int_M \phi \, d\mu$ the vector $\left(\int_M \phi_1 d\mu, \ldots, \int_M \phi_N d\mu\right) \in \mathbb{R}^N$, where $\phi = (\phi_1, \cdots, \phi_N)$.

Lemma 2.4. Let M be a compact manifold and let μ be a measure on M such that no open set has measure zero. If $\phi : M \to \mathbb{S}^{2n+1}$ is a non constant continuous map, then there exists a pair $(p, t) \in \mathbb{S}^{2n+1} \times [0, +\infty)$ such that

$$
\int_M \gamma_t^p \circ \phi \, d\mu = 0.
$$

Proof. The proof uses standard arguments (see [11, 15]). We consider the map

$$
F : \mathbb{S}^{2n+1} \times (0, +\infty) \rightarrow \mathbb{B}^{2n+2} \subset \mathbb{R}^{2n+2}
$$

$$
(p, t) \rightarrow \frac{1}{V} \int_M \gamma_t^p \circ \phi \, d\mu
$$

where $V = \int_M d\mu$ and \mathbb{B}^{2n+2} is the unit Euclidean ball. Observe that (see (8)), $\forall p \in \mathbb{S}^{2n+1}$, γ_0^p \int_0^p is the identity map while, $\forall \zeta \neq -p$, γ_t^p $t^p(\zeta)$ tends to p as $t \to +\infty$. Consequently, $F(\cdot,0) = \frac{1}{V} \int_M \varphi \, d\mu$ is a constant map and $F(\cdot,t)$ tends to the identity of \mathbb{S}^{2n+1} as

 $t \to +\infty$. Such a map F is necessarily onto which implies that the origin of \mathbb{R}^{2n+2} belongs to its image. \Box

2.4. **Proof Theorem 1.1.** Let $\theta \in \mathcal{P}_+(\mathbb{S}^{2n+1})$ be a strictly pseudoconvex pseudo-Hermitian structure. We apply Lemma 2.4 to the identity map of S^{2n+1} and the measure induced by ψ_{θ} to obtain the existence of a pair $(p, t) \in \mathbb{S}^{2n+1} \times [0, +\infty)$ such that

$$
\int_{\mathbb{S}^{2n+1}} \gamma_t^p \, \psi_\theta = 0.
$$

For simplicity, we write γ for γ_t^p ^{*p*}. The Euclidean components $\gamma_1, \ldots, \gamma_{2n+2}$ of γ satisfy $\int_{\mathbb{S}^{2n+1}} \gamma_j \psi_{\theta} = 0$. Hence, applying the min-max principle (5), we get for every $j \leq 2n+2$,

$$
\lambda_1(\theta) \int_{\mathbb{S}^{2n+1}} \gamma_j^2 \, \psi_{\theta} \le \int_{\mathbb{S}^{2n+1}} \left| \nabla^H \gamma_j \right|_{\theta}^2 \psi_{\theta}.
$$

Summing up we obtain, with $\sum_{j \leq 2n+2} \gamma_j^2 = 1$,

$$
\lambda_1(\theta)V(\theta) \le \sum_{j \le 2n+2} \int_{\mathbb{S}^{2n+1}} |\nabla^H \gamma_j|_{\theta}^2 \psi_{\theta}
$$
\n(13)

$$
\leq 2n \left(\int_{\mathbb{S}^{2n+1}} \left(\frac{1}{2n} \left| \nabla^H \gamma_j \right|_{\theta}^2 \right)^{n+1} \psi_{\theta} \right)^{\frac{1}{n+1}} V(\theta)^{1-\frac{1}{n+1}}. \tag{14}
$$

Using Lemma 2.3, we see that, since γ is a CR map from $(\mathbb{S}^{2n+1}, \theta)$ to $(\mathbb{S}^{2n+1}, \theta_0)$,

$$
\gamma^* \theta_0 = \left(\frac{1}{2n} \sum_{j \le 2n+2} \left| \nabla^H \gamma_j \right|_{\theta}^2 \right) \theta \tag{15}
$$

which gives, thanks to Lemma 2.2

$$
\psi_{\gamma^*\theta_0} = \left(\frac{1}{2n} \sum_{j \le 2n+2} |\nabla^H \gamma_j|_{\theta}^2\right)^{n+1} \psi_{\theta}.
$$

Thus

$$
\lambda_1(\theta)V(\theta) \le 2nV(\gamma^*\theta_0)^{\frac{1}{n+1}}V(\theta)^{1-\frac{1}{n+1}}.
$$

Since $V(\gamma^*\theta_0) = V(\theta_0)$, we finally get

$$
\lambda_1(\theta)V(\theta)^{\frac{1}{n+1}} \le 2nV(\theta_0)^{\frac{1}{n+1}}
$$

which proves the inequality of the theorem thanks to (6).

Now, if the equality holds in (3), this means that we have equality in the Cauchy-Schwarz inequality used in (14). Thus, $\sum_{j\leq 2n+2} |\nabla^H \gamma_j|_{\theta}^2$ $\frac{1}{\theta}$ is constant and, thanks to (15), θ is proportional to $\gamma^*\theta_0$ which takes the form given by (9).

Conversely, it is clear that when γ is a CR-automorphism of the sphere then $\lambda_1(\gamma^*\theta_0)$ = $\lambda_1(\theta_0) = 2n$ and $V(\gamma^*\theta_0) = V(\theta_0)$. Hence, the equality holds in (3).

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