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Research paper

Climate and land-use change during the late Holocene at Lake Ledro (southern Alps, Italy)

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Abstract

This paper investigates the relative influences of climatic and anthropogenic factors in explaining environmental and societal changes in the southern Alps, Italy. We investigate a deep sediment core (LL081) from Lake Ledro (652 m a.s.l.). Environmental changes are reconstructed through multiproxy analysis, that is, pollen-based vegetation and climate reconstruction, magnetic susceptibility (MS), lake level, and flood frequency, and the paper focuses on the climate and land-use changes which occurred during the late Holocene. For this time interval, Lake Ledro records high mean water table, increasing amount of pollen-based precipitation, and more erosive conditions. Therefore, while a more humid late Holocene in the southern Alps has the potential to reinforce the forest presence, pollen evidence suggests that anthropogenic activities changed the impact of this regional scenario. Land-use activity (forest clearance for pastoralism, farming, and arboriculture) opened up the large vegetated slopes in the catchment of Lake Ledro, which in turn magnified the erosion related to the change in the precipitation pattern. The record of an almost continuous human occupation for the last 4100 cal. BP is divided into several land-use phases. On the one hand, forest redevelopments on abandoned or less cultivated areas appear to be climatically induced as they occurred in relation with well-known events such as the 2.8-kyr cold event and the 'Little Ice Age'. On the other hand, climatically independent changes in land use or habitat modes are observed, such as the late-Bronze-Age lake-dwellings abandonment, the human population migration at *c.* 1600 cal. BP, and the period of the Black Death and famines at 600 cal. BP.

Keywords

climate oscillations, land-use, late Holocene, soil erosion, southern Alps, vegetation dynamic

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Introduction

Past environmental changes are central to understanding the relationship between human society and climate changes. Global-scale vegetation landscape modeled by Foley et al. (2005) shows a step-by-step increase in human impact from natural ecosystems, clearing of woodlands and then extensive and intensive agriculture. Some authors argue in favor of the role of summer or winter temperature in driving the vegetation growth, in particular in mountainous area (e.g. Davis et al., 2003; Kleinen et al., 2011).

Paleoecological data are needed when attempting to accurately reconstruct paleoenvironment and their forcing factor beyond the last two millennia (e.g. Dearing, 2006). Recent palynological records have pointed out how crucial it is to disentangle human and climate influences for the late Holocene in the Alps (e.g. Tinner et al., 2003; Valsecchi et al., 2010). Here, precipitation regimes are more variable than temperature (e.g. Wirth et al., 2013), and this certainly affected vegetation and human activities. In the southeast of the Alps and in the Po Plain, changing human population pressures are recorded (e.g. Magny et al., 2009a; Terramara civilization: Cremaschi et al., 2006; Mercuri et al., 2006) during the late Holocene. This questions possible climate determinism for human societies and/or human-induced environmental changes (on a wider than local scale) which are expected to enhance regional climate impact (e.g. Jalut et al., 2009; Tinner et al., 2009).

To address this question, pollen analyses can provide direct and/or indirect evidence of anthropogenic activities (e.g. Joannin et al., 2012, 2014; Mercuri et al., 2010). Moreover, paleovegetation records can be combined with nearby archaeological remains to gain clearer information. The study by Beug (1964) identified the Lake Ledro sediment sequence as a good example since it recorded both vegetation changes in close association with Bronze-Age lake-dwellings.

Recently, a well-dated and high-resolution record provided by the deep core LL081 from Lake Ledro (southern Alps, Italy; Figure 1) has been the object of intensive studies: early–middle Holocene vegetation changes (Joannin et al., 2013), pollen-based

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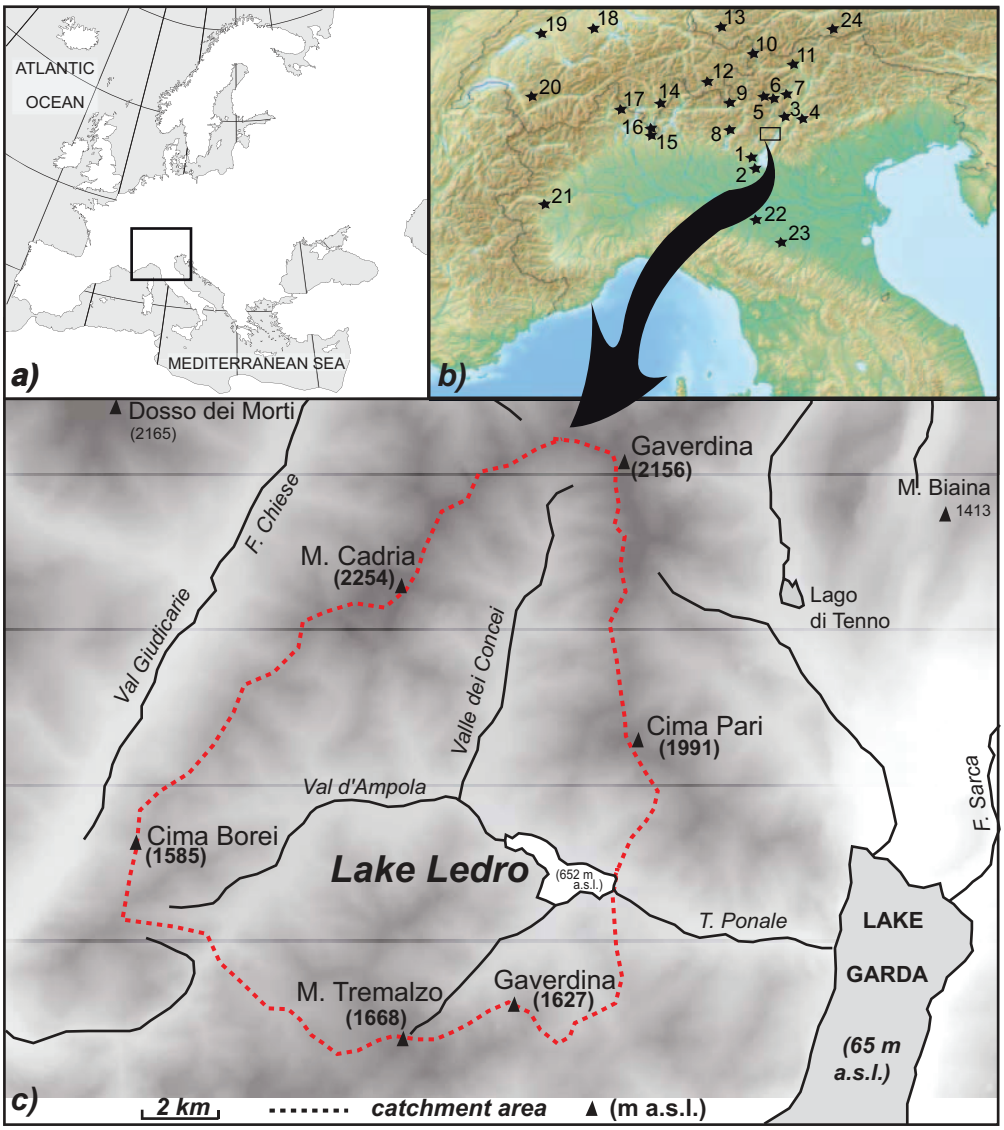

Figure 1. (a) The study site in the Northern Mediterranean area; (b) location of pollen sites discussed in the paper for the Alps and Northern Italy (1: Lake Lucone (Valsecchi et al., 2006), 2: Lake Lavagnone (De Marinis et al., 2005), 3: Fiavé-Carera (Marzatico, 2007), 4: Lake Lavarone (Filippi et al., 2007), 5: Valle di Sol (Favilli et al., 2010), 6: Lago Nero di Cornisello (Filippi et al., 2005), 7: Lake Tovel (Gottardini et al., 2004), 8: Valcamonica (Nash, 2012), 9: Pian di Gembro (Pini, 2002), 10: Ötztal Alps (Festi et al., in press), 11: Totenmoss (Heiss et al., 2005), 12: Lej da San Murezzan (Gobet et al., 2003), 13: Montafon Valley (Röpke and Krause, 2013), 14: Val Febbraro (Moe et al., 2007), 15: Lago di Muzzano (Tinner et al., 2003), 16: Lago di Origlio (Tinner et al., 2003), 17: Piano and Segna (Valsecchi and Tinner, 2010), 18: Soppensee (Tinner et al., 2003), 19: Lobsigensee (Tinner et al., 2003); 20: Lauenensee (Rey et al., 2013), 21: Lago Piccolo di Avigliana (Finsinger and Tinner, 2006), 22: Terramara di Santa Rosa di Poviglio (Cremaschi et al., 2006), 23: Terramara di Montale (Mercuri et al., 2006), and 24: Spannagel Cave (Mangini et al., 2005)); and (c) catchment area of Lake Ledro (dotted line).

climate reconstruction (Peyron et al., 2013), watershed soil dynamics (Simonneau et al., 2013), Holocene flood frequency calendar (Vannière et al., 2013), and flood seasonality analyses for last two millennia (Wirth et al., 2013). Additionally, vegetation and lake-level analyses have been obtained from littoral cores (Magny et al., 2009a, 2012, 2013). In this study, we investigate pollen-inferred vegetation changes for the late Holocene (i.e. since 4100 cal. BP) and compare these with the various other proxy data described above. This helps to provide a climatic and anthropogenic scenario in the Ledro's catchment in order to assess whether the environment responded to millennial and centennial scale climate changes and/or to land-use dynamics.

Study area and methods

Lago di Ledro (45°52′N, 10°45′E, 652 m a.s.l.; 3.7 km^2) is located in Northern Italy (Figure 1a), on the southern slope of the Alps (Figure 1b). The maximum lake depth is 46 m. The catchment area covers 111 km^2 and includes mountains ranging from 1500 to 2250 m (Figure 1c). Some morainic tongues and calcareous and siliceous conglomeratic deposits fill the bottom of valleys. The lake was formed thanks to a morainic dam (Beug, 1964), which is now cut by the river outlet.

The climate of the Trentino region is temperate-cold, characterized by a pluviometric regime between 1000 and 1500 mm/yr, with a main peak in spring (May–June) and a secondary peak in autumn (October–November), although high precipitations also occur in the period between the two peaks. The absolute precipitation minimum occurs in winter. At Molina di Ledro, a village at the Lake Ledro outlet, the mean temperature is 9.5°C, and the mean temperatures of the coldest and warmest months are −1 and 19.4°C, respectively. The annual precipitation ranges from *c*. 750 to *c*. 1000 mm with a mean at 820 mm (source: http://en.climate-data.org/location/192835/).

The natural woodland of Ledro Valley shows an altitudinal zonation from broad-leaved to conifers (Soane et al., 2012). The

lake altitude is at the limit between the upper and lower montane zones (Egli et al., 2008). The upper montane zone extends from 700–900 m to 1100–1400 m, where a mixed forest develops dominated by beech (*Fagus*). The subalpine zone, which develops up to 1800–2100 m, is dominated by the coniferous forest of larch (*Larix*), spruce (*Picea*), and pine (*Pinus mugo*). It is replaced by the alpine zone of grasslands above 2000 m. Around the lake, the mild climate favored the development of a mixed oak forest with lime (*Tilia*) and elm (*Ulmus*) trees, with pines (*Pinus sylvestris*) developing on the southward-oriented rocky slopes. At low altitude, the lower montane zone, dominated by the deciduous forest, extends from 300 to 500 m. On the lower slopes, the Mediterranean vegetation develops, mainly *Quercus ilex*, Ericaceae, and olive (*Olea*) trees. The last taxon can reach 300 m as a grove forms.

A large number of pile-dwellings were found at Molina di Ledro in 1929 and 1937. R Battaglia recorded the presence of more than 10,000 piles on 4500 m^2. Menotti (2004) questions the possibility to use the stratigraphical findings of Ledro as a basis of reference in distinguishing the phases in the Bronze Age (reliable data set according to Carancini and Peroni (1999) or problematic regarding the definition of the Bronze-Age phases in Northern Italy (De Marinis, 1999)). Contrary to Lake Lavagnone, where all sites of pile-dwelling are studied (De Marinis et al., 2005), Lake Ledro data set is only based on one pile-dwelling site. Botanical identifications of the wood used for the piles mainly indicate the use of larch (*Larix* sp. Miller), fir (*Abies alba* Miller), oak (*Quercus* sp. L.), spruce (*Picea excelsa* (Lam) Link), pine (*P. sylvestris* L.), yew (*Taxus baccata* L.), and Castagno (*Castanea sativa* Miller; Battaglia, 1943; Pinton and Carrara, 2007). Botanical identifications of daily life tools (e.g. bowls, cups, spindles, sickles) provide fir (*A. alba* Miller), beech, (*Fagus sylvatica* L.), yew (*T. baccata* L.), spruce (*Picea abies* Karst.), larch (*Larix* sp.), maple (*Acer* sp.), oak (*Quercus* sp. deciduous gr.), ash (*Fraxinus* sp.), pine (*P. sylvestris/montana* gr.), alder (*Alnus* sp.), and dogwood (*Cornus* sp.; Coccolini, 2006).

Core sampling

Coring site LL081 was selected in the deep basin, in a relatively distal position from the two main deltas formed by lake tributaries and approximately 1 km away from the lake-dwellings (Figure 2). Coring operations and retrieving are described in Joannin et al. (2013) and Vannière et al. (2013). The core sections were logged with a GEOTEK Multi Sensor Core Logger to obtain geophysical measurements (gamma-ray wet bulk density, magnetic susceptibility (MS), p-wave velocity) at 5 mm intervals. The master core (MC), that is, the ideal and complete lithological succession using both parallel and overlapping cores, was established based on lithological changes (with observation of key reference horizons) in combination with MS and gamma-density profiles.

Radiocarbon dating

The mid- and late-Holocene chronology is based on seven accelerator mass spectrometry (AMS) ^{14}C ages measured on terrestrial organic material from LL081 core (Table 1). Three ^{14}C ages measured on a different core (LL082; Figure 2) are included according to lithological correlation (Vannière et al., 2013). Macrofossils were collected from sediment samples sieved with a 100-µm mesh screen. Radiocarbon ages were calibrated in years cal. BP by the Calib 6.0 software using the calibration curve IntCal09 (Reimer et al., 2009). Dates are expressed as intercepts with 2σ ranges. The age–depth model is constructed using a smooth, cubic spline model (Figure 3) available within the 'Clam' software from Blaauw (2010).

Pollen analyses

Samples of 1 cm^3 of sediments were treated chemically (HCl, KOH, HF, acetolysis) and physically (sieving) following standard procedures (Moore et al., 1991). *Lycopodium* tablets were added for estimating pollen concentrations (grains/cm^3). Samples were taken with 5 cm resolution. A total of 72 pollen samples were

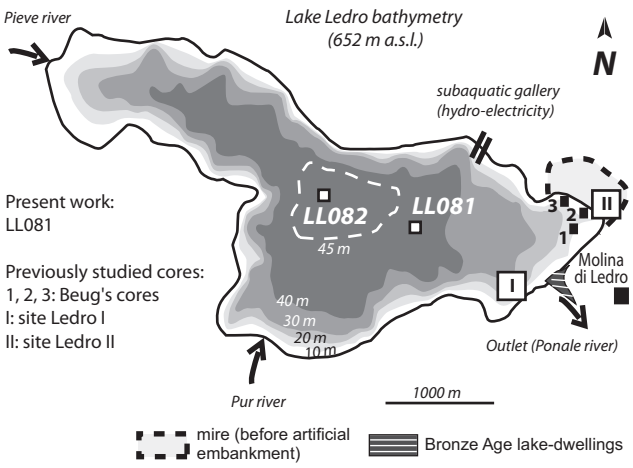

Figure 2. Lake Ledro bathymetry, location of LL081 (this study; Joannin et al., 2013) and LL082 (Vannière et al., 2013) deep sediment cores, and of littoral studied sites from Beug (1964) and Magny et al. (2009a, 2012).

Table 1. AMS–radiocarbon dates with 2σ range of calibration from Ledro's lake LL081 core.

Sample ID	Laboratory code	Material	AMS ^{14}C age BP	Depth MC (cm)	Cal. yr BP (2σ)
P2-30[a]	POZ-27888	Wood-charcoal	255 ± 30	16.5	0–430
P1b-17	POZ-30216	Wood-charcoal	290 ± 30	82.2	280–460
P1b-77	POZ-30218	Wood-charcoal	1020 ± 30	142.2	800–1050
A2a-68	POZ-30219	Wood-charcoal	1445 ± 30	193.8	1290–1390
A2a-84.5[b]	ETH-39232	Leaf remains	1765 ± 35	210.5	1560–1810
A2a-113	POZ-30220	Wood-charcoal	1945 ± 30	238.8	1820–1970
A3a-36	POZ-30221	Wood-charcoal	2520 ± 35	298.8	2480–2740
A3a-65[b]	ETH-40410	Leaf remains	2890 ± 50	328.1	2870–3210
B2a-21	POZ-30222	Wood-charcoal	3030 ± 35	402.6	3080–3360
B2a-43[b]	ETH-40411	Leaf remains	3575 ± 35	424.9	3730–3980
B2a-80	POZ-27891	Wood-charcoal	4080 ± 35	461.6	4440–4810

AMS: accelerator mass spectrometry; MC: master core.
[a]Age rejected.
[b]Ages obtained from core LL082 and lithologically correlated.

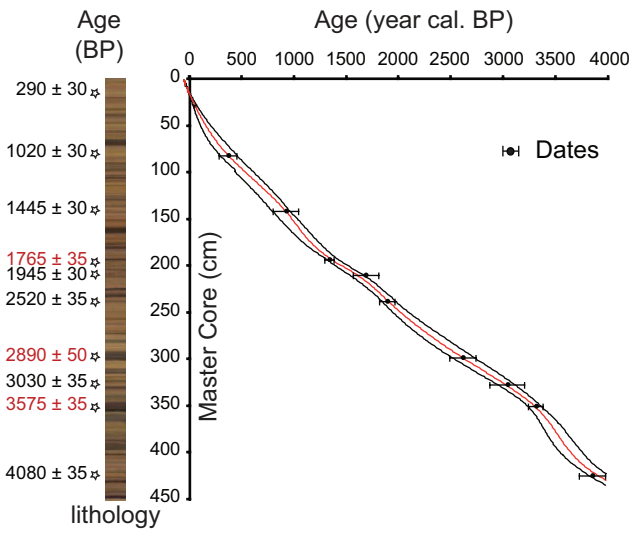

Figure 3. Lithology of MC LL081 and age–depth model based on radiocarbon calibrated ages (AMS; see Table 1) from LL081 and LL082 (in red).
MC: master core; AMS: accelerator mass spectrometry.

analyzed under a light microscope at a standard magnification of 400×. A total of 116 pollen types were identified using photo atlases (Beug, 2004; Reille, 1992–1998) and the reference collection at University of Franche-Comté.

As the dominant taxon can reduce the statistical significance of the other taxa counted, we constantly counted a minimum of 300 terrestrial pollen grains, excluding the most dominant terrestrial taxon as well as water and wetland plants, and pteridophyte spores. Along the vegetation history of this study, the dominant taxon is alternatively *Fagus, Pinus*, and *Corylus*. During the calculation process, terrestrial pollen percentages were calculated based on the sum of terrestrial pollen, which is in average 410 grains per sample. Spores and algae were added to the total pollen sum to calculate their percentage.

Using the Tilia 1.12 program (Grimm, 1992–2005), main pollen percentages are represented in Figure 4. Local pollen assemblage zones (LPAZs) were defined using the constrained incremental sum of squares (CONISS) function of Tilia 1.12 (Table 2). One solid and seven dashed lines define the limits between statistical first- and second-order splits. Figure 5 presents a pollen diagram in percentage and concentration for selected major arboreal and non-arboreal taxa. Two ratios of arboreal pollen/non-arboreal pollen (AP/NAP) were established: total arboreal taxa (AP_t) and AP without *Pinus–Castanea–Juglans* (AP_{wpcj}). The second ratio is expected to give a better understanding of changes in the uncultivated forest cover, as the pollen grain *Pinus* is over-represented in the pollen record, and because *Castanea* and *Juglans* have been intensively exploited since the pre-Roman times in the Italian peninsula (Mercuri et al., 2013). *Olea* is not included in the cultivated trees as pollen grains of this taxon are not from the catchment of the lake. Anthropogenic taxa are mainly *Plantago lanceolata, Rumex*, Urticaceae, and Cannabaceae.

Results

Chronology

The age–depth curve (Figure 3) shows a rather regular sedimentation rate since *c*. 4100 cal. yr BP, which then accelerated during the last millennium. Thus, the pollen grain concentration follows this pattern by diminishing values since *c*. 1000 cal. BP (Figure 5). The average temporal resolution during the late Holocene is estimated to be 56 yr/sample.

Pollen-based vegetation record

The late-Holocene vegetation history of Lake Ledro is subdivided into five LPAZs (Table 2 and Figure 4) with lower level subdivisions. Numbering of LPAZ ranges from 7 to 11, as it follows the pollen zones 1–6 (not shown here) corresponding to the early- to mid-Holocene period, which have been extensively published in a previous study (Joannin et al., 2013).

The zone LL-7 (*c*. 3950–*c*. 2650 cal. BP) is characterized by the mixed oak forest, inherited from the mid-Holocene (zone LL-6; Joannin et al., 2013). A major change is observed during zone LL-7, dated to this pollen zone of the Sub-Boreal, as the forest cover is reducing while Poaceae and anthropogenic taxa (mainly *P. lanceolata, Rumex, Linum*, Urticaceae, and Cannabaceae) develop. More specifically, we can find the roots of this reduction of the forest in the last samples from uppermost part of zone LL-6 (since *c*. 4100 cal. BP). In zone LL-7, two subzones are distinguished: the forest clearance that starts in LL-7a accelerates during LL-7b. First record of *Castanea* is attested.

The zone LL-8 (*c*. 2650–*c*. 2400 cal. BP) shows a brief return toward a more forested area. Anthropogenic indicators and herbs become scarce, while cereals are still recorded. This afforestation is mainly due to pine expansion.

The Sub-Atlantic pollen zone corresponds to LL-8 and LL-9 (*c*. 2400–*c*. 850 cal. BP). During LL-9, a new forest clearance occurs, with intervening taxa replacement highlighted by the CONISS clustering method, which identifies three subzones (Table 2). The first (LL-9a; *c*. 2400–*c*. 2050 cal. BP) is characterized by a forest clearance that mainly affected the pine forest. In subzone LL-9b (*c*. 2050–*c*. 1300 cal. BP), abrupt introduction of *Juglans* and regular presence of *Castanea* are observed. *Picea* and *Abies* developed during the second part (1700–1350 cal. BP) of subzone LL-9b. Anthropogenic taxa, as well as cereals, rather disappeared from the pollen assemblage during this interval characterized by a new afforestation. Then, a new, major forest reduction initiates in the subzone LL-9c (*c*. 1300–*c*. 850 cal. BP), which does not affect *Fagus*. AP_{wpcj} decreased of about 29% in *c*. 450 years. It is marked by a clear and strong human impact that is corroborated by high amount of *Juglans* (up to 12% at *c*. 900 cal. BP), increases of Poaceae and anthropogenic indicators, and steady cereal percentage.

Zone LL-10 (*c*. 850–*c*. 70 cal. BP) is characterized by low rates of AP_{wpcj}. Two subzones are distinguished. In subzone LL-10a (up to *c*. 550 cal. BP), deciduous *Quercus* and *Fagus* decreased, while *Fraxinus ornus*, Ericaceae, *Ostrya*, and Mediterranean plants such as *Olea* and *Phillyrea* developed. Up to *c*. 70 cal. BP, all taxa related to agriculture, arboriculture, and to anthropogenic activities such as pastoralism increased (i.e. mainly *P. lanceolata, Rumex*, and Urticaceae). Zone LL-11 shows the return toward a more forested area in the vicinity of Lake Ledro, forming a mixed forest dominated by light-demanding taxa *Corylus* and *Carpinus*.

Discussion

Impact of flood events on the pollen data

Vannière et al. (2013) identified multiple flood deposits embedded in the sediments of Lake Ledro. Therefore, impacts of flood events on the pollen concentration must be tested, as pollen grains, which are deposited in the deepest part of the lake, are mostly provided by rivers. As previously discussed by Joannin et al. (2013), two mid-Holocene thick flood deposits provide opposite variations in pollen concentration (diluting or concentrating). Smaller flood events recorded along the late Holocene do not provide a clear pattern (Figure 5). The observation could be blurred by the sampling resolution, which differs from pollen to flood analysis, and by the pollen sampling itself, which could

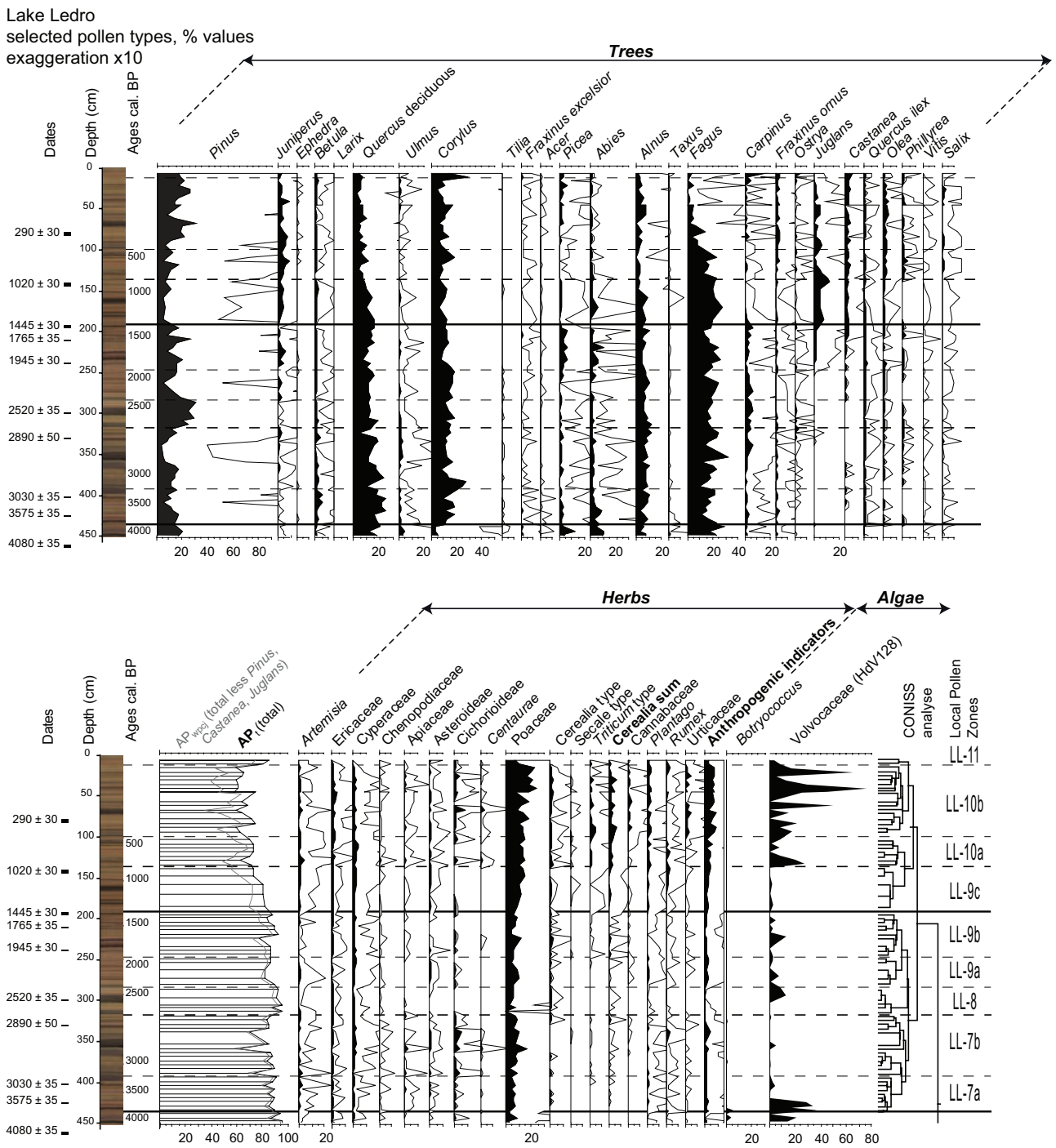

Figure 4. Pollen diagram represented in-depth showing percentages of main pollen taxa. Pollen zones, which are based on CONISS, are numbered to follow pollen zones 1–6 corresponding to the early- to mid-Holocene period (Joannin et al., 2013).
CONISS: constrained incremental sum of squares; AP_t: total arboreal taxa; AP_{wpcj}: arboreal pollen without *Pinus–Castanea–Juglans*.

not be exclusively done in normal deposits due to the numerous flood deposits.

Growing land-use activities during the late Holocene

The anthropogenic influence is traced using pollen grains from cultivated taxa (i.e. mainly cereal-type pollen) and from taxa indirectly favored by anthropogenic activities (e.g. Urticaceae). Moreover, one must keep in mind the anthropogenic influence stated from the early- and mid-Holocene vegetation record at Ledro provided by Joannin et al. (2013) to highlight the late-Holocene vegetation history. There, mainly cereal-type pollen grains occurred sporadically since *c*. 7500 cal. BP. Considering the low transportation potential of cereal-type pollen grains (Tweddle et al., 2005), their record in the sediment therefore suggests the establishment of communities in the vicinity of the lake only (as early as the early Neolithic). At a larger scale, development of pastoral transhumance is attested in central-eastern Alps (Trentino) since the late Neolithic (Marzatico, 2009).

The interval 4100–2650 cal. BP. The forest cover reduction that runs between *c*. 4100 and *c*. 2650 cal. BP impacts preferentially the montane vegetation (*Fagus, Abies*, and *Picea*; Figure 5). While cereal record is still scarce, the pollen count attests the development of more open vegetation composed of herbs (Poaceae, Ast. *Artemisia*, Asteroideae, and Ast. Cichorioideae) and anthropogenic taxa (*P. lanceolata, Rumex*, Urticaceae, and scattered Cannabaceae). This suggests a human impact favoring

Table 2. Inventory of local pollen zones with depth and estimated ages, main taxa, total of AP, and common and rare pollen types.

LPAZ	Depth (cm) / *Age (cal. yr BP)*	Main taxa observed	Total of AP %	CPT and RPT
LL-11	11–0 *70–0*	*Corylus–Pinus–Carpinus*	AP_t > 77 AP_{wpcj} > 68	CPT: deciduous *Quercus, Picea, Alnus, Fagus, Fraxinus ornus, Ostrya, Castanea*, and Poaceae RPT: *Betula, Abies, Juglans*, *Olea*, *Salix*, Cannabaceae, and Brassicaceae
LL-10b	103–11 *550–70*	*Corylus–Pinus–*Poaceae	AP_t 77–58 AP_{wpcj} 63–43	CPT: deciduous *Quercus, Alnus, Fagus, Carpinus*, Ericaceae, *Juglans, Castanea, Olea, Juniperus, Ephedra*, Apiaceae, Ast. Cichorioideae, *Centaurea, Triticum*, Cannabaceae, *Plantago lanceolata, Rumex*, Urticaceae, and *Artemisia*
LL-10a	135–103 *850–550*		AP_t 75–72 AP_{wpcj} 68–55	CPT: deciduous *Quercus, Pinus, Alnus, F. ornus, Juglans, Castanea, Olea, Juniperus*, Cyperaceae, *Triticum, P. lanceolata, Rumex*, Urticaceae, and *Artemisia*
LL-10	135–11 *850–70*	*Fagus–Corylus–*Poaceae		RPT: *Betula, Fraxinus excelsior, Picea, Abies, Ostrya, Pistacia, Quercus ilex, Vitis, Salix, Alisma, Convolvulus, Fagopyrum, Thalictrum*, and Lamiaceae
LL-9c	190–135 *1300–850*		AP_t 85–72 AP_{wpcj} 84–55	CPT: *Pinus, Picea, Abies, Alnus, Juglans, Castanea, Olea, Juniperus*, Cyperaceae, Poaceae Triticum, *P. lanceolata, Rumex*, and Urticaceae
LL-9b	249–190 *2050–1300*		AP_t 93–80 AP_{wpcj} 88–73	CPT: *Pinus, Picea, Abies, Alnus, Carpinus, Juglans, Juniperus*, Poaceae, *P. lanceolata*, and *Rumex* RPT in LL-9b to 9c: Betula, *Fraxinus excelsior-ornus*, Ericaceae, *Ostrya, Pistacia, Phillyrea, Q. ilex*, *Vitis*, *Salix*, Ast. Asteroideae, *Centaurea*, Cerealia-type, *Convolvulus*, and Lamiaceae
LL-9a	280–249 *2400–2050*		AP_t 90–82 AP_{wpcj} 87–79	CPT: *Pinus, Fraxinus excelsior, Picea, Abies, Alnus*, *Carpinus*, *Juniperus*, Poaceae, and *P. lanceolata* RPT: *Betula, Acer*, Ericaceae, *Ostrya, Pistacia*, Cyperaceae, Ast. Asteroideae, and *Artemisia*
LL-9	280–135 *2400–850*	*Fagus*-deciduous *Quercus–Corylus*		
LL-8	310–280 *2650–2400*	*Fagus*-deciduous *Quercus–Corylus*	AP_t 98–79 AP_{wpcj} 95–76	CPT: *Pinus, Picea, Abies, Alnus, Carpinus, F. ornus, Ostrya, Juniperus*, Cereal tp., and Poaceae RPT: *Betula, Fraxinus excelsior, Acer, Q. ilex, Olea, Plantago*, Cyperaceae, *Thalictrum*, and *Rumex*
LL-7b	385–310 *3100–2650*		AP_t 98–63 AP_{wpcj} 95–57	CPT: *Pinus, Picea, Abies, Alnus, Carpinus, F. ornus, Ostrya, Juniperus*, Apiaceae, Poaceae, *P. lanceolata, Rumex*, and Urticaceae
LL-7a	435–385 *3950–3100*		AP_t 95–73 AP_{wpcj} 93–68	CPT: *Pinus, Betula, Fraxinus excelsior, Acer, Picea, Abies, Alnus, Carpinus, F. ornus, Ostrya*, Apiaceae, Poaceae, *P. lanceolata*, and Urticaceae
LL-7	435–310 *3950–2650*	*Fagus*-deciduous *Quercus–Corylus*		RPT: *Ulmus, Tilia, Taxus, Q. ilex, Vitis, Salix*, Ast. Cichorioideae, cereal tp., and Cannabaceae

CPT: common pollen types; RPT: rare pollen types; AP: arboreal pollen; LPAZ: local pollen assemblage zone.
Note that two ratios AP_t and AP_{wpcj} are used (arboreal pollen without *Pinus, Castanea*, and *Juglans* (AP_{wpcj})).

agro-pastoral activity on mid- and high-altitude meadows. The period around 4000 cal. BP is indeed considered to be the beginning of the integration of high-mountain pastures in nearby sites of southern Alps (Menotti, 2004) such as Fiavé-Carera (Marzatico, 2007), Val di Sole (Favilli et al., 2010), and Lej da San Murezzan (Gobet et al., 2003), which probably causes the decline of *Abies* and *Picea* in Lake Lavarone (Filippi et al., 2007; Figure 1). However, such an opening of the forest seems delayed in sites of high altitude such as Lago Nero di Cornisello (Filippi et al., 2005), at Totenmoss (Heiss et al., 2005) and in Ötztal Alps (Festi et al., in press).

At *c*. 4100 cal. BP, the forest reduction is also recorded by the pollen record from littoral core L-II of Lake Ledro (Magny et al., 2009a). This site is located close to the Bronze-Age lake settlements found at the outlet of the lake (Figure 2). Therefore, humans who occupied the lakeshore during the early to late Bronze Age were probably responsible for the landscape change in the vicinity of Lake Ledro. These Bronze-Age lake settlements developed between 4100 and 3200 cal. BP in the outlet area of Lake Ledro (Cortesi and Leonardi, 2002; Pinton and Carrara, 2007) and elsewhere in Northern Italy (e.g. Magny et al., 2009a; Moe et al., 2007). According to Fasani (2002), development of the pile-dwellings in the Lake Garda region during the early Bronze Age (around BC 2050–2010) is probably associated with the arrival of new settlers from the mid-Danubian region. Two lakes well known for lake-dwellings exist relatively close to Lake Ledro, however, located in lowlands around Lake Garda (Figure 1). On the basis of radiocarbon dates, shores of Lake Lucone were occupied from *c*. 4000 to 3100 cal. BP according to Valsecchi et al. (2006). De Marinis et al. (2005) established that Lake Lavagnone was continuously occupied during the Bronze Age. The continuous occupation of this lake is well reconstructed thanks to investigations in several sites of lake-dwellings, each revealing phases of abandonment and re-occupation. At Lucone and Lavagnone, onset and abandonment of lake-dwellings are coeval with spectacular increase and decrease in anthropogenic pollen indicators and charcoal concentration. At Ledro, the pollen record suggests an increase in the deforestation during the late Bronze Age (Figure 6). However, more

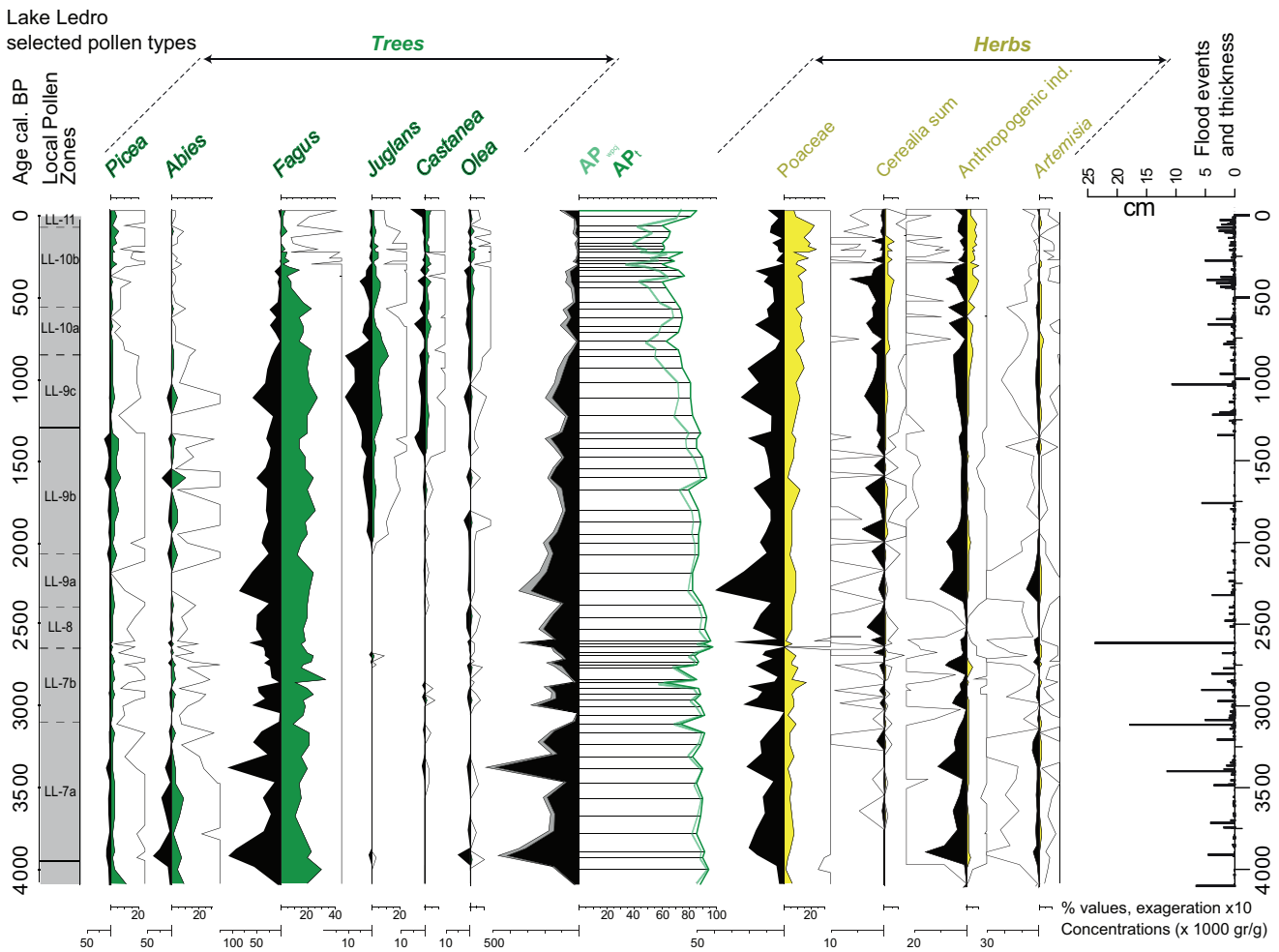

Figure 5. Selected pollen taxa represented in concentration and percentages, and flood events thickness (Vannière et al., 2013). AP_t: total arboreal taxa; AP_{wpcj}: arboreal pollen without *Pinus–Castanea–Juglans*.

archaeological investigations coupled with tree-ring/radiocarbon dating are needed at Lake Ledro to (1) better constraint the chronology of other prehistoric lake-dwellings identified around the lake and (2) better evaluate the human impact on the local/regional vegetation due to lake-dwellings and/or that due to terrestrial villages during the Bronze Age.

The interval 2650–1700 cal. BP. Pine afforestation and weak rates of anthropogenic indicators (*Artemisia*, Ast. Asteroideae, Ast. Cichorioideae, and Poaceae) suggest low pastoral activity from *c*. 2650 to *c*. 2400 cal. BP. Such a reduction echoes the pollen record at Lake Lucone (Valsecchi et al., 2006), although Ledro's record is delayed. Continued stability in cereal pollen, however, does not confirm a complete absence of human activities around Lake Ledro. Human population of the Iron Age period probably changes their land-use activities by reducing pastoralism, which therefore affects the forested area less, but ongoing crop cultivation. Marzatico (2009) reported the use of the iron sickle for haymaking is delayed to the Iron Age in the Alps.

A second phase of important human impact is attested by the forest clearance, which mostly affects the pines. This starts at *c*. 2400 cal. BP and ends at *c*. 1700 cal. BP. Synchronous opening is attested at Lej da San Murezzan (Gobet et al., 2003). At Ledro, cereals and anthropogenic indicators suggest the presence of cultivation crops and pastoralism. Arboriculture is attested by *Olea, Juglans*, and *Castanea* pollen types. Developments of *Juglans* and *Castanea* cultures at *c*. 2000 and 1500 cal. BP are delayed by approximately 500 years compared with the pollen record from Lake Lavarone (Filippi et al., 2007). Olives were probably cultivated at lower altitude as proposed by Valsecchi et al. (2006) based on the pollen record from Lake Lucone. In lowlands of Northern Italy, Rottoli and Castiglioni (2011), who studied the plant offerings in Roman cemeteries, reported that *Juglans* was used at the Roman Period onset, while *Castanea* appears later (2nd century AD).

The interval 1700–70 cal. BP. From *c*. 1700 cal. BP, *Abies* and *Picea* develop and participate in the new afforestation, which lasts up to *c*. 1300 cal. BP. In Valcamonica, a recent archaeobotanical study at Ossimo Anvòia (850 m a.s.l.) reveals similar vegetation with beech and conifer forests, no chestnut cultivation, and parts of the area used for grazing at *c*. 1600 cal. BP (Allevato et al., 2013). At Ledro, this phase mostly expressed a reduction in agro-pastoralism activities. Cannabaceae cultivation also decreases while *Juglans* continues to be cultivated. Pollen record at Lake Ledro thus confirm the reduction of agricultural activities observed in the north and the south of the Alps (Tinner et al., 2003 and references therein).

From *c*. 1300 cal. BP onward, human impact strongly increases and clearly transforms the vegetation of the lake catchment area. A major opening of the forest is observed up to *c*. 850 cal. BP, affecting the mixed oak forest, which was replaced by pioneers and light-demanding shrubs and small trees such as *Juniperus, Corylus*, and *Pinus*. All pollen taxa associated with human activities increase (*Juglans, Castanea, Olea*, cereal-type, Poaceae, Ast. Asteroideae, Ast. Cichorioideae, Cannabaceae, *P. lanceolata, Rumex*, Urticaceae, and *Artemisia*). Forest clearance then

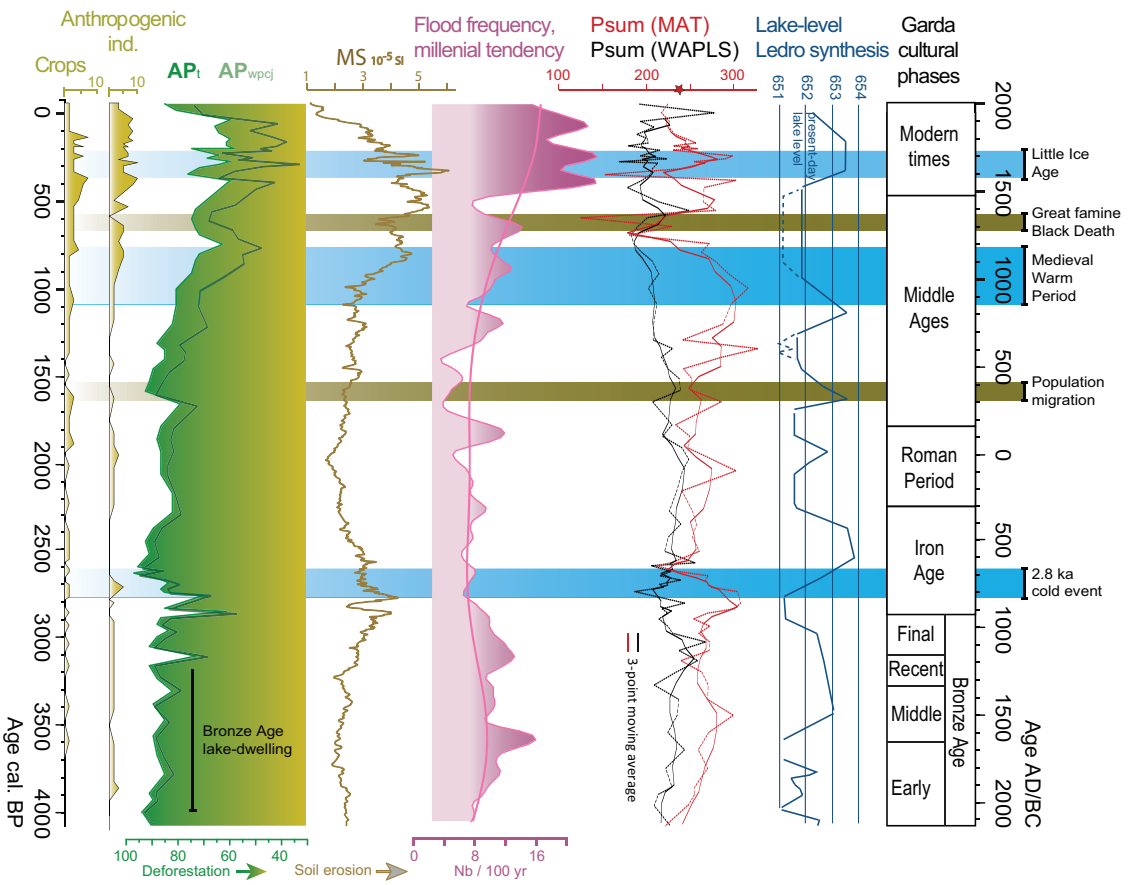

Figure 6. Ledro's record of agricultural activities, forest cover (arboreal pollen, inversed scale), erosion in the catchment (MS), flood frequency (Vannière et al., 2013), lake levels (Magny et al., 2012), and pollen-based reconstructed summer precipitation (the star indicates the present-day summer precipitation; Peyron et al., 2013). Climatically and non-climatically induced vegetation and land-use changes are shown in blue and brown, respectively.
MS: magnetic susceptibility; MAT: modern analogs technique; WAPLS: weighted averaging partial least squares.

increased up to the 19th century. This is associated with the beech forest reduction, which accelerates since *c*. 700 cal. BP. Increasing human activity is described by historical data since the Medieval Period (Nequirito, 2002). Similar age for human-induced *Fagus* collapse is found in Piano and Segna (Valsecchi et al., 2010). Two short periods of afforestation and slight decrease in human activities are observed at *c*. 700–600 and *c*. 400–250 cal. BP. The light-demanding hazel tree is the main taxon developing during these two periods.

Deciphering respective climate and human impacts in the vicinity of Lake Ledro

In order to draw past environmental changes in the Ledro catchment and to decipher the respective influences of regional climate and of human activities, all proxies being retrieved from the Lake Ledro sediments (i.e. vegetation-based landscape, MS, flood frequency, pollen-based summer precipitation, and lake levels) are shown in Figure 6. Lake level and flood frequency are expected to be forced mainly by climate (i.e. summer moisture conditions; Magny et al., 2013), although the magnitude of flood events can be amplified by human impact over fragilized landscape (Magny et al., 2009a; Vannière et al., 2013).

MS is expected to indicate soil erosion in the catchment. Contrary to the flood frequency which changed during the entire Holocene (Vannière et al., 2013), MS only varied significantly during the late Holocene (Joannin et al., 2013). Therefore, this proxy is more related to human impact, which enhanced erosion of soils by deforestation and cultivation (Egli et al., 2008).

Pollen-based landscape reconstruction is affected by both climate and human impact. According to Peyron et al. (2013), pollen-based climate reconstructions can be influenced by human impacts over the vegetation since the Roman Period, but appear to show robust results when using the multi-method approach and by comparing with other proxies. Thus, we present summer precipitation reconstructed by two methods (MAT, modern analogs technique; WAPLS, weighted averaging partial least squares regression), and for more details, refer to the paper of Peyron and coauthors. Garda cultural periods are determined from Valsecchi et al. (2006), who successfully applied them to Lake Lucone and its surround, south of Lake Garda.

The Bronze Age. By comparison with early- and mid-Holocene records discussed in Joannin et al. (2013), the period from *c*. 4100 to *c*. 2650 cal. BP suggests an opening of the landscape, correlative to increase in erosion of soils and flood frequency. According to Vannière et al. (2013), flood frequency amplitude is indeed reinforced by openings in the vegetation. Thus, the landscape management, consisting in deforestation for pastoralism, probably weakens soil structure and favors higher runoff contribution to erosion. At the same time, increases in summer precipitation, inferred from pollen-based climate reconstruction and from lake level, probably added to enhance the runoff.

This observation leads us to consider that human impact over vegetation enhanced the local environmental response to climate triggering. The age around 4200–4000 cal. BP dates a major disruption to ancient civilizations in response to a severe drought at low latitude associated to the 4.2-kyr climatic event (Drysdale et al., 2006). It is interesting to observe a coinciding disruption at

mid latitude, although in response to a moister climate (Magny et al., 2009b).

As at Lake Ledro, the phase of lake-dwellings in lowland lakes, that is, Lake Lucone and Lake Lavagnone, is coeval with increases of anthropogenic pollen indicators and charcoal concentration. According to Menotti (2004), an unprecedented demographic increase occurred during the early Bronze Age. At Ledro, the building of Bronze-Age lake-dwellings, which used *Larix* (larch), *Abies* (fir), and *Picea* (spruce) wood (Pinton and Carrara, 2007), probably caused the concomitant decrease in pollen-based forests of *Abies* and *Picea*. The presence of scarce *Linum* pollen grains appears to reflect the working of linen, which is attested by archaeological findings at Lake Ledro (Carra, 2012).

However, converse to the situation at Lake Ledro, decreases of anthropogenic pollen indicators followed the abandonment of lake-dwellings at Lake Lucone and Lake Lavagnone during the late Bronze Age. Therefore, the end of the lake-dwellings during the late Bronze Age (as suggested by the available archaeological data, i.e. Pinton and Carrara, 2007) does not allow the montane taxa to develop again around Lake Ledro because the landscape management continues to be recorded between 3200 and 2800 cal. BP. This phase of enhanced human pressure is attested by palynological evidence at Totenmoss (Heiss et al., 2005) and by archaeological findings (such as spear and bronze diadems at Ledro; Bruno, 2012) on the copper exploitation in the south-central Alps during the late and the final Bronze Age (Marzatico et al., 2010), and somehow confirmed by the rock-art found in the nearby valley of Valcamonica, which set firmly within the late Bronze Age (Nash, 2012). Such increasing impact contrasts with a decline of agricultural activities observed at *c*. 3100 cal. BP in Northern Alps (e.g. Tinner et al., 2003; Montafon Valley – Röpke and Krause, 2013; Schmidl et al., 2005; Lauenensee – Rey et al., 2013) and in lowlands from Northern Italy (e.g. Lake Lucone (Valsecchi et al., 2006) and the decline of Terramara culture and the depopulation of large areas in the Po Plain at 3100 cal. BP (Cremaschi et al., 2006; De Marinis, 1997; Mercuri et al., 2006, 2012, submitted; also discussed in Magny et al., 2009a)). Climate indicators from Lake Ledro such as sharp variations in AP ratio and MS values, and in flood events at 3100 and 2800 cal. BP may suggest that climate was relatively humid and unstable at that time. This is also supported by a lake-level highstand around 3100 cal. BP, and a marked rise in water table starting around 2800 cal. BP such as reconstructed from littoral sediment sequences (Figure 6). Finally, this claims for a relative emancipation of proto-historic societies from more instable climatic conditions as hypothesized by Magny et al. (2009a).

The Iron Age and Roman Period. From *c*. 2650 to *c*. 2400 cal. BP, afforestation and lesser pastoralism are associated with indication for less erosion in MS values, which could then be related to climate deterioration and/or to low farming activities. This period corresponds to cold and wetter conditions in southern Alps (e.g. Lej da San Murezzan, Gobet et al., 2003; Val Febbraro, Moe et al., 2007), which is confirmed by a major highstand at 2600 cal. BP in Lake Ledro (Magny et al., 2012). Van Geel et al. (1996) have shown that the climate cooling at *c*. 2800 cal. BP was a global event, which affected various regions in both hemispheres, associated with glacier advances in the Alps (Deline and Orombelli, 2005; Ivy-Ochs et al., 2009). Climate deterioration therefore can be considered to explain this human pressure decrease.

From *c*. 2400 to *c*. 1700 cal. BP, human activity inferred from pollen analysis and erosion markers are less important compared with what is observed for the early–middle Bronze Age. This is interpreted as indicative of soil stabilization in the catchments (Simonneau et al., 2013). Tinner et al. (2003) already discussed the link between human population growth and technical innovations that favored development of anthropogenic pollen indicators and accelerated soil erosion since the Iron Age. Such increasing impact is well recorded in the Alps such as at Pian di Gembro (Pini, 2002), at Lago Piccolo di Avigliana (Finsinger and Tinner, 2006), at Lauenensee (Rey et al., 2013), and in Ötztal Alps (Festi et al., in press). In Montafon Valley, a palynological and paleobotanical study of three peat bogs also reported an increase of human impact (Schmidl et al., 2005). However, this is less marked at Lake Ledro during the Iron Age and Roman Period. Such a difference may reflect a possible change in the gravity centers of settlement from elevated to low-altitude areas as exemplified by the French Alps (Segard, 2009). Moreover, low soil erosion at Ledro may be linked with even less human impact compared with the Bronze-Age occupation. Other records such as that from Lake Lucone also show low human activities before 2000 cal. BP (Valsecchi et al., 2006) or a decrease in the use of fire in land use as observed in Val di Sole (Favilli et al., 2010). According to Heiss et al. (2005), the pollen record from Totenmoss suggests a recovery of the forest during the Roman times.

The Middle Ages and Modern times. On a millennial-scale, during the Middle Ages and Modern times, pollen-inferred human activities and MS-inferred erosion rate suggest that land use becomes the main factor that controls both proxies. According to Vannière et al. (2013), the increase in flood frequency and highstands of the lake that prevailed until the 20th century are driven by climate. It is therefore expected that human activities have affected the sediment record of flood activity, and they can partially explain the amplitude of the increases in flood activity.

On a centennial scale, the afforestation and reduction of agricultural activities at *c*. 1700–1500 cal. BP occur during a phase of low flood frequency and high lake level. The change in the landscape management seems not related to a clear shift in the climate pattern, and within the dating uncertainties, can be related with the migration period, which caused a decline of human pressure in north and south of the Alps (Tinner et al., 2003 and reference therein).

A first huge increase of land-use activities and its correlative erosion increase are contemporaneous of the 'Medieval Warm Period' (MWP). Temperature reconstructed using a stalagmite from Spannagel Cave in the Central Alps indicates that maxima during the MWP (i.e. between AD 800 and 1300) are similar to the present-day values (Mangini et al., 2005). Impact of this event is attested across the Alps (e.g. Lake Tovel, Gottardini et al., 2004; Montafon Valley, Schmidl et al., 2005).

Two afforestation phases are observed at 700–600 and 400–250 cal. BP. The first phase is also recorded across the Alps (e.g. Tinner et al., 2003). This suggests a decrease of the human activity, expected to be related to the demographic drop in Europe caused by Black Death and famines (e.g. Büntgen et al., 2011). The second afforestation phase took place during the 'Little Ice Age' when temperature was 1.7°C lower than today in the Alps (Mangini et al., 2005). This cold event affected all Europe (Luterbacher et al., 2006). It is recorded by late-Holocene maximum ice extents in the Swiss Alps and the mountains of southern Europe, which were reached in the 17th and 19th centuries (Hughes, 2010; Ivy-Ochs et al., 2009). These glacier advances occurred when lower summer insolation in the north hemisphere coincided with solar activity minima and several strong tropical volcanic eruptions (Wanner et al., 2008). This event may have been responsible for a decline in the human population in the region of the Lake Ledro, favoring in turn a forest extension.

Reforestation occurs during the 20th century consequently to low grassland and forest exploitation. It is characterized by the development of pioneer and light-demanding taxa (*Corylus* and *Carpinus*). Both afforestation and decreasing of soil erosion suggest a reduction of land-use activities.

Conclusion

A deep core (LL081) from Lake Ledro provides a continuous high-resolution record of vegetation history for the late Holocene. The pollen-based vegetation and pollen-based climate reconstruction are compared with environmental changes reconstructed with independent proxies (MS, lake level, and flood frequency) in order to disentangle climate and land-use impacts in the catchment area.

During the late Holocene, Lake Ledro records a high mean water table (Magny et al., 2013), increasing amount of pollen-based precipitation (Peyron et al., 2013), and more erosive conditions (Vannière et al., 2013). Although a more humid late Holocene in the southern Alps has the potential to reinforce the forest presence, pollen-based anthropogenic activities locally change the impact of this scenario. Land-use activity (farming, arboriculture, pastoralism, and forest clearance) opens the vegetated slopes in the catchment of Lake Ledro, which in turn magnified the erosion related to the change in the precipitation pattern.

The record of an almost continuous human occupation for the last 4000 cal. BP is divided in land-use phases. Forest redevelopments on abandoned or less-cultivated areas appear to be climatically induced as they occurred in relation with well-known events such as the 2.8-kyr cold event and the 'Little Ice Age'. However, climatically independent changes in land use or in habitat modes (i.e. lake-dwellings vs. terrestrial villages) are also observed, such as the late-Bronze-Age lake-dwellings abandonment, the human population migration centered at *c*. 1600 cal. BP, and the period of the Black Death and famines at 600 cal. BP.

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