

Efficiency of photoprotection in microphytobenthos: role of vertical migration and the xanthophyll cycle against photoinhibition

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1	Efficiency of photoprotection in microphytobenthos: the role of vertical migration and
2	the xanthophyll cycle against photoinhibition
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27	The capacity of estuarine microphytobenthos to withstand the variable and extreme
28	conditions of the intertidal environment, prone to cause photoinhibition of the
29	photosynthetic apparatus, has been attributed to particularly efficient photoprotection
30	mechanisms. However, little is known regarding its actual photoprotection capacity or
31	the mechanisms responsible for the protecting against photoinhibition. This study
32	addressed these questions by (i) quantifying the photoprotection capacity and the extent
33	of photoinhibition under high light exposure, (ii) estimating the contribution of vertical
34	migration and the xanthophyll cycle to overall photoprotection and (iii) evaluating the
35	effects of photoacclimation state. A new experimental protocol was developed,
36	combining (i) chlorophyll fluorescence imaging, for the simultaneous measurement of
37	replicates and experimental treatments, (ii) specific inhibitors for vertical migration and
38	for the xanthophyll cycle, to quantify the relative contribution of each process, and (iii)
39	recovery kinetics analysis of photosynthetic activity during light stress-recovery
40	experiments, to distinguish reversible downregulation from photoinhibition. The results
41	showed a high photoprotective capacity in both studied periods, May and October, with
42	photoinhibition rates remaining below 20%. A clear change in photoacclimation state
43	was obeserved, following the seasonal change in solar radiation, with acclimation to
44	lower irradiances in autumn being associated with higher susceptibility to
45	photoinhibition. Also the relative importance of vertical migration and the xanthophyll
46	cycle varied between the sampling periods. While the two processes displayed a similar
47	role in spring/summer, vertical migration became the dominant photoprotective process
48	in autumn. However, the contribution of the two processes to overall photoprotection

49	reached only ca. 20%, suggesting the participation of other photoprotective
50	mechanisms.
51	
52	Running head: Photoprotection and photoinhibition in microphytobenthos
53	
54	Key index words: microphytobenthos; photoinhibition; photoprotection; xanthophyll
55	cycle; vertical migration; non-photochemical quenching; chlorophyll fluorescence;
56	diatoms
57	

INTRODUCTION

59	Benthic microalgae inhibiting estuarine intertidal flats are exposed to extreme and
60	highly variable environmental conditions. Particularly during low tide, the sedimentary
61	environment is characterized by the exposure to high levels of solar irradiance (Serôdio
62	& Catarino 1999), including UV radiation (Waring et al. 2007, Mouget et al. 2008),
63	extreme temperatures and salinities (Brotas et al. 2003, Rijstenbil 2005), intense rates of
64	desiccation (Coelho et al. 2009), supersaturated oxygen concentrations (Chevalier et al.
65	2010), and nutrient and carbon depletion (Miles & Sundbäck 2000, Cook & Røy 2006).
66	Being potentially damaging to the photosynthetic apparatus when acting individually,
67	the combined effects of all these factors likely concur to the photoinhibition of
68	photosynthesis of microphytobenthos microalgae. Of particular importance is the
69	exposure to direct sunlight, which can result in excessive reductant pressure and in the
70	formation of intracellular reactive oxygen species (ROS; Roncarati et al. 2008, Waring
71	et al. 2010). High levels of ROS cause the permanent inactivation of photosystem II
72	(PSII) protein D1, negatively impacting on photosynthetic yield and on primary
73	productivity (Nishiyama et al. 2006).
74	Despite these harsh conditions, microphytobenthos of intertidal flats typically
75	exhibit high growth rates, forming dense and diverse sedimentary biofilms, and are
76	recognized as a major contributor to ecosystem-level carbon fixation and primary
77	productivity (Underwood & Kromkamp 1999). Furthermore, the apparent lack of
78	photoinhibition in microphytobenthic biofilms has been repeatedly reported
79	(Kromkamp et al. 1998, Underwood 2002, Blanchard & Cariou-LeGall 1994, Blanchard
80	et al. 2004, Underwood et al. 2005, Van Leeuwe et al. 2008). This success in coping
81	with high light stress may be explained by the combined operation of two processes, the
82	xanthophyll cycle and vertical migration, which could result in an overall particularly

83	efficient photoprotection (Serôdio et al. 2008, Perkins et al. 2010). In diatoms, the group
84	of microalgae that typically dominate in microphytobenthos assemblages, the
85	xanthophyll cycle has been reported to provide an exceptionally high photoprotective
86	capacity (Lavaud 2007, Brunet & Lavaud 2010, Goss & Jakob 2010). This is
87	particularly true for microphytobenthos in situ (Serôdio et al. 2005, Van Leuwee et al.
88	2008, Jordan et al. 2010, Chevalier et al. 2010). To this also seems to contribute the
89	activation of the xanthophyll cycle in the dark, attributed to cholorespiratory activity,
90	which has been considered as potentially advantageous during prolonged periods of
91	darkness (Jakob et al. 2001, Cruz et al. 2011), a situation common in the sedimentary
92	environment.
93	On the other hand, the negative phototactic behavior of benthic diatoms, mostly
94	raphid pennates, under high light has long been interpreted as a form of avoidance of
95	excessive light levels that would otherwise cause photoinhibition (Admiraal 1984,
96	Underwood & Kromkamp 1999, Consalvey et al. 2004, Waring et al. 2007).
97	This subject has attracted substantial attention in recent years, particularly
98	centered on the effects of vertical migration on biofilm photophysiology (Consalvey et
99	al. 2004, Jesus et al. 2006, Waring et al. 2007, Mouget et al. 2008, Perkins et al. 2010,
100	Cartaxana et al. 2011), and became facilitated by the introduction of a diatom motility
101	inhibitor (Cartaxana et al. 2008). However, these studies have been focused on the
102	response of photosynthetic activity during (Waring et al. 2007, Perkins et al. 2010) or
103	shortly after light stress (Mouget et al. 2008), mostly through in vivo measurements of
104	electron transport rate of PSII (ETR) or non-photochemical quenching (NPQ) of
105	chlorophyll fluorescence (PAM fluorometry, see below; Table 1) (Perkins et al. 2011).
106	Perhaps surprisingly, none of these studies has actually evaluated the efficiency of the
107	photoprotection provided by these two processes or compared their role against

108	photoinhibition in microphytobenthos biofilms. The distinction between
109	photoprotection and photoinhibition processes from chlorophyll fluorescence cannot be
110	inferred from the decrease in ETR or formation of NPQ under high light, but requires
111	the analysis of the recovery kinetics of photosynthetic activity following exposure to
112	high light stress (Horton & Hague 1988, Walters & Horton 1991, Müller et al. 2001). In
113	diatoms, a rapid (within minutes) component of this recovery can be attributed to the
114	reversal of the xanthophyll cycle (q_E , or 'energy-dependent quenching') while
115	photoinhibitory effects (q_{I} , or 'photoinhibitory quenching') can be quantified from a
116	second, much slower (within hours) component (Müller et al. 2001, Lavaud 2007). The
117	$q_{\rm T}$ (state-transition related quenching) component of NPQ recovery, which shows
118	intermediate relaxation kinetics, does not exist in diatoms (Owens, 1986). As such,
119	questions like 'How efficient are photoprotective processes in preventing
120	photoinhibition in microphytobenthos biofilms?', 'What is the relative contribution of
121	migration and the xanthophyll cycle for overall photoprotection?' or 'To what extent
122	does photoinhibition occur in microphytobenthos?' are mostly unanswered.
123	This study was set out to address these questions, for which a new experimental
124	protocol was designed, based on the combination of (i) chlorophyll fluorescence
125	imaging, to allow the simultaneous measurement of a large number of samples and
126	experimental treatments, (ii) the use of specific inhibitors for vertical migration and for
127	the xanthophyll cycle, to quantify the relative contribution of each process to overall
128	photoprotection, and (iii) the analysis of the recovery kinetics of photosynthetic activity
129	following light stress, to distinguish downregulation due to the xanthophyll cycle and
130	photoinhibition. This approach was further used to test the influence of
131	photoacclimation state on photoprotection capacity and susceptibility to photoinhibition
132	in microphytobenthic biofilms inhabiting a temperate intertidal mudflat.

134

MATERIALS AND METHODS

135	Sampling and sample preparation. Sediment samples were collected in the
136	upper zone of an intertidal mudflat in the Baie de l'Aiguillon (46°15'18" N, 01°08'33"
137	W), France, in late spring (May) and autumn (October) 2010, expected to show
138	contrasting photoacclimation states following the seasonal variation in solar radiation
139	(see below). The sampling site is composed of fine muddy sediments (< 63 μ m) where
140	microphytobenthic biofilms are largely dominated by diatoms (Herlory et al. 2004).
141	During low tide, samples of the surface layers of sediment (approximately the top 1 cm)
142	were collected using a spatula. In the laboratory, the sediment was sieved through a
143	500-µm mesh, to remove the mud snails Hydrobia sp. and other meio- and macrofauna,
144	and was thoroughly mixed and spread in 4 cm deep plastic trays. The sediment was
145	covered by water collected in the sampling site and left undisturbed overnight. In the
146	next morning, at the start of the photoperiod, the slurries were again homogenized and
147	identical portions of the resulting slurry were transferred to 24-well plates using a small
148	spatula, filling the wells completely (ca. 3 ml). The well plates were exposed to
149	homogeneous light field provided by two LED panels (equal contribution of red, far-
150	red, blue and white LEDs; FloraLEDs panels, Plant Climatics, Germany) delivering a
151	constant irradiance of 70 μ mol quanta m ⁻² s ⁻¹ at the sample surface, in order to induce
152	the upward migration of microalgae and the formation of the biofilm. Daily global solar
153	radiation were obtained from a Meteo-France weather station located approximately 9
154	kms southwest from the sampling site, for two-week periods preceding the sampling
155	dates, 15-30 May and 5-20 Octorber 2010.

Fluorescence measurements. Chlorophyll fluorescence was measured using an
 imaging-PAM fluorometer (Maxi-PAM M-series, Walz GmbH, Effeltrich, Germany).

The measuring area of the fluorometer covered each entire well plate, so that up to a 158 total of 24 sediment samples could be monitored simultaneously. All experiments were 159 carried out after biofilm formation. This was determined by measuring the fluorescence 160 level F_s , taken as a proxy for surface microalgal biomass, in a replicated set of samples 161 exposed to constant low light of 55 μ mol guanta m⁻² s⁻¹. Experiments were started after 162 $F_{\rm s}$ reached a plateau following the initial rise after on the onset of the light period which 163 typically took 2-3 hours of low light exposure. For each sample, the fluorescence signal 164 was calculated by averaging the values of all pixels included in an area of ca. 63.6 mm^2 165 (area of interest), which corresponded to ca. 1500 pixels, centered inside each well. This 166 area is smaller than the total area of each well (95.0 mm²), the difference being due to 167 the exclusion of the edge of each sample, often not representative of the rest of the 168 biofilm. To minimize sample heating during prolonged exposure to high light, the 169 170 experiments were carried out in a temperature-controlled room, at 20 °C, and the fluorometer Perspex hood was maintained open at all times. 171

172 Photoacclimation: light-response curves. The photoacclimation state of the samples was characterized by measuring light-response curves of ETR and of NPQ in 173 the two sampling periods. Light-response curves were generated by sequentially 174 exposing the samples to 7 levels of actinic light, up to 700 µmol quanta m⁻² s⁻¹. Samples 175 were exposed to each light level for 3 min (a period previously confirmed allowing for 176 reaching a steady-state), after which a saturation pulse was applied and fluorescence 177 levels $F_{\rm s}$ and $F_{\rm m}$ ' were recorded. Six replicated measurements (on six different wells) 178 were made for each light level. For each irradiance level, E, the relative ETR was 179 calculated from the product of E and the PSII effective quantum yield, $\Delta F/F_{\rm m}$ (Genty et 180 al. 1989): 181

183
$$ETR = E \frac{F_m - F_s}{F_m}$$
(1)

ETR vs *E* curves were quantitatively described by fitting the model of Eilers & Peeters (1988), and by estimating the parameters α (the initial slope of the curve), ETR_m (maximum ETR) and E_k (the light-saturation, or photoacclimation, parameter):

188
$$ETR(-E) = \frac{E}{a E^{2} + b E + c}$$
(2)

189 where

190
$$\alpha = \frac{1}{c}, \text{ ETR}_{m} = \frac{1}{b + \sqrt{ac}} \text{ and } E_{k} = \frac{c}{b + \sqrt{ac}}$$
(3)

191

Due to the unavoidable confounding effects of vertical migration on the measurement of $F_{\rm m}$, NPQ was calculated using the adapted index, based on the relative difference between the maximum fluorescence measured during the construction of the light curve, $F_{\rm m'm}$, and upon exposure to light, $F_{\rm m'}$ (Serôdio et al. 2005):

196

198

199 NPQ vs *E* curves were described by fitting the model of Serôdio & Lavaud (2011), and 200 by estimating the parameters NPQ_m (maximum NPQ), E_{50} (irradiance corresponding to 201 half of NPQ_m) and *n* (sigmoidicity parameter):

NPQ (E) = NPQ
$$_{m} \frac{E^{n}}{E_{so}^{n} + E^{n}}$$
 (5)

203

These models were fitted using a procedure written in MS Visual Basic and based on MS Excel Solver. Model parameters were estimated iteratively by minimizing a leastsquares function, forward differencing, and the default quasi-Newton search method. The model was fitted to individual light-response curves. Estimates of model parameters were compared using the Student's *t*-test. The standard errors of the parameter estimates were calculated following Ritchie (2008).

211 Photoprotection vs photoinhibition: light stress-recovery experiments. The 212 photoprotection capacity of microphytobenthos biofilms was estimated by quantifying the recovery of $\Delta F/F_{\rm m}$ ' following a prolonged exposure to supersaturating irradiance. 213 Three replicates were sequentially exposed to: (i) low light level of 55 μ mol quanta m⁻² 214 s^{-1} , for a minimum of 15 min, to ensure full light-activation of the photosynthetic 215 apparatus and to determine pre-stress reference levels of $\Delta F/F_{\rm m}$; (ii) supersaturating 216 light level of 1200 μ mol quanta m⁻² s⁻¹ for 3 hrs, to potentially induce photoinhibitory 217 effects; (iii) low light (55 μ mol quanta m⁻² s⁻¹) for a minimum of 15 min to record the 218 recovery kinetics. During the whole experiment, $\Delta F/F_{\rm m}$ ' was measured by applying 219 saturating pulses every 90 s. The recovery of $\Delta F/F_{\rm m}$ ' upon the return to low light 220 conditions was described by fitting an exponential function, adapted from a first-order 221 kinetics model derived for describing the kinetics of NPQ (Olaizola & Yamamoto 1994, 222 223 Serôdio et al. 2005):

224

225

$$\Delta F / F_m(t) = \Delta F / F_{m,rec} + \left[\Delta F / F_m(0) - \Delta F / F_{m,rec} \right] e^{-kt}$$
(6)

where *t* is the time during recovery, $\Delta F/F_{\rm m}'(0)$ and $\Delta F/F_{\rm m',rec}$ represent the PSII quantum yield levels at the start of the recovery period and after full recovery (associated to $q_{\rm E}$), and *k* is the rate constant of $\Delta F/F_{\rm m'}$ recovery. The values of $\Delta F/F_{\rm m'}$ estimated by the model for t = 10.5 min, expressed as a percentage of the pre-stress levels, were used for estimating the effective photoprotective capacity of the biofilm. The remaining relative difference between pre- and post-stress levels of $\Delta F/F_{\rm m'}$ was used as an estimate of the photoinhibitory effects imposed by high light.

The photoprotective roles of vertical migration and of the xanthophyll cycle 234 were studied by applying specific inhibitors of the two processes. Vertical migration 235 236 was inhibited by the diatom motility inhibitor Latrunculin (Lat) A, shown to effectively inhibit cell motility without causing appreciable effects on the photosynthetic activity 237 (Cartaxana et al. 2008). To inhibit the activity of the xanthophyll cycle, the inhibitor of 238 the diadinoxanthin de-epoxidase (DDE) dithiothreitol (DTT) was used. DTT is 239 commonly used to inhibit the conversion of the pigment diadinoxanthin (DD) into the 240 photoprotective form diatoxanthin (DT) (Lavaud et al. 2002a). DTT was applied in 241 combination with Lat A, in order to ensure that the cells having the xanthophyll cycle 242 243 inhibited remained exposed to high light.

244 The contribution of vertical migration to overall photoprotection capacity of the biofilm was estimated by the difference between the levels of $\Delta F/F_{\rm m}$ ' recovery in 245 control (free moving cells) and Lat A-treated (vertical migration inhibited) samples. The 246 contribution of the xanthophyll cycle was estimated by comparing the levels of $\Delta F/F_{\rm m}$ 247 recovery in the samples treated with Lat A (only vertical migration inhibited) and in 248 249 those treated with both Lat A and DTT (both vertical migration and the xanthophyll cycle inhibited). The inhibitor solutions were added after biofilm was fully formed, in a 250 total of 200 μ L for both the Lat A and the Lat A + DTT solutions. The same volume of 251

filtered seawater was added to the control samples. The solutions were added carefully
to minimize biofilm disturbance, by pipetting small volumes onto the sediment surface.
A minimum of 30 min was given for the inhibitors to diffuse and for the biofilms to
stabilize before measurements were started.

Inhibitor preparation and effective dosage. Solutions of Lat A of different 256 concentrations, ranging from 5 to 15 μ M, were prepared from a concentrated solution (1 257 258 mM) prepared from dissolving purified Lat A (Sigma-Aldrich) in dimethylsulfoxide. The minimum effective dosage of Lat A to induce inhibition of vertical migration was 259 determined following Cartaxana & Serôdio (2008). Samples treated with different 260 261 concentrations of Lat A (final volume, 200 µL) were darkened close to the time expected for tidal flood, known to induce a rapid downward migration. The degree of 262 migration inhibition was estimated from the decrease in surface biomass following 263 264 darkening, as estimated from dark-adapted fluorescence level, F_0 . Three replicated samples were tested for each Lat A concentration. 265

DTT (BDH-Prolabo) was prepared fresh as in Lavaud et al. (2002a). A stock 266 solution of 300 mM (in ethanol) was diluted in filtered seawater to prepare working 267 solutions of concentrations ranging from 3.3 to 15 mM. The minimum effective dosage 268 269 of DTT was determined by measuring NPQ development upon exposure to 400 µmol quanta m⁻² s⁻¹ for 30 min in samples treated with increasing concentration of DTT (final 270 volume, 200 µL). Three replicated samples were tested for each DTT concentration. For 271 272 the light stress experiments, samples were treated with 200 µL of a combined solution of Lat A and DTT, prepared using the concentration of each inhibitor determined from 273 274 the effective dosage tests (see Results).

Taxonomic composition. In one of the trays, microalgae were collected by
 covering the sediment with two layers of a 100 μm-mesh. The trays were exposed to

277	low indirect natural light from a north facing window (< 200 μ mol quanta m ⁻² s ⁻¹)
278	during the day following the sampling. The upper mesh was removed at the time of
279	middle emersion period and it was washed with filtered (0.2 μ m) natural sea water. The
280	samples were fixed in Lugol and preserved at 4°C until their analysis. Diatom species
281	were identified and counted using definitive mounts in Naphrax after cleaning the cells
282	by cremation (2 h, 450°C) (Méléder et al. 2007). Taxonomic determination was
283	performed by microscope on the basis of morphological criteria. A total of ca. 300
284	diatom frustules were counted to determine specific abundances.
285	
286	RESULTS
287	
288	Taxonomic composition
289	In both sampling periods, the microphytobenthic assemblages were dominated
290	by long biraphid diatoms (length > 30 μ m). In May, the assemblages were mainly
291	dominated by Navicula cf. spartinentensis (61%, n = 350). Staurophora salina
292	represented less than 20% of the assemblages but this species was two times longer than
293	N. cf. spartinentensis (22 μ m and 44 μ m long, respectively). In October, the
294	assemblages were co-dominated by <i>Plagiotropis seriata</i> (22%, $n = 335$) and
295	Staurophora salina (19%); the size of P. seriata (190 µm long) was four times the one
296	of S. salina one (44 μ m long) strengthening its dominance in terms of biovolume. A
297	third species, Pleurosigma strigosum (300 µm length) represented more than 10% of the
298	assemblage abundance.
299	
300	Photoacclimation

302	Significant differences were found between the light-response of ETR measured
303	in May and October. In comparison with the ETR vs E curves measured in May, the
304	ones measured in October presented significantly higher values of α (+26.7%, <i>t</i> -test, <i>p</i> <
305	0.001) and lower values of ETR _m (-41.5%, <i>t</i> -test, $p < 0.001$) (Fig. 1A). As a
306	consequence, the photoacclimation parameter E_k was significantly lower in October
307	than in May (-53.5%; <i>t</i> -test, $p < 0.001$). Regarding NPQ, significant differences were
308	found between the light-response curves measured in the two periods (Fig. 1B). NPQ vs
309	E curves measured in May reached lower levels within the range of applied irradiances
310	(on average, 2.19 and 3.25 at 700 μmol quanta $m^{-2}~s^{-1}$, in May and October,
311	respectively), although the values of NPQ _m were not significantly different (<i>t</i> -test, $p =$
312	0.425). The light-response curves were more sigmoid in May than in October (<i>t</i> -test, $p =$
313	0.001), the largest differences being found regarding the light level required for
314	induction of NPQ, indicated by the parameter E_{50} , which was significantly lower in
315	October than in May (-38.5%; <i>t</i> -test, $p = 0.003$).
316	The light conditions in the region of the sampling area varied greatly between
317	the two-week periods preceding the sampling periods, with global solar radiation
318	reaching a daily average of 2369 J cm ⁻² in May, more than double the value observed in
319	October, 1008 J cm ^{-2} .
320	
321	Inhibitor dosage
322	
323	Vertical migration was strongly inhibited for most of the Lat A concentrations
324	tested, with an inhibition level above 75% being obtained with only 5 μ M (Fig. 2). The
325	inhibitory response to the increase in Lat A concentration presented a clear saturation-
326	like pattern, with the increase from 10 to 15 μ M resulting in an increase in inhibition of

- 327 only 8.5%. Considering that 10 μ M was enough to inhibit vertical migration by more 328 than 90%, and the small increase obtained by applying the higher concentrations, 329 solutions of 10 μ M Lat A were used in all experiments.
- The response of NPQ to the increase in DTT also showed a saturation-like pattern, characterized by a strong decrease for concentrations up to 5 mM, and a virtually constancy for concentrations above this value (NPQ decreased by 19% between 5 and 15 mM; Fig. 3). However, even when the highest DTT concentration was applied, NPQ was never completely eliminated, remaining above 1.0. In all further experiments, a concentration of DTT of 10 mM was used.
- 336
- 337

Light stress exposure and recovery

339	Figure 4 exemplifies the variation of $\Delta F/F_{\rm m}$ ' during a light stress-recovery
340	experiment. On control samples, exposure to high light induced an immediate and
341	marked decrease in $\Delta F/F_{\rm m}$ ' from ca. 0.63 to values slightly below 0.1 (Fig. 4). $\Delta F/F_{\rm m}$ '
342	further decreased to values close to zero during the first 15 min of exposure, after which
343	it gradually recovered, stabilizing at values around 0.1 after 90 min and until the end of
344	the high light period. On inhibitor-treated samples, $\Delta F/F_{\rm m}$ ' also decreased to values
345	close to zero upon the start of high light exposure, but, as opposed to control samples,
346	never showed any appreciable recovery, remaining below 0.05 (Fig. 4). However,
347	$\Delta F/F_{\rm m}$ ' levels were usually higher in Lat A-treated samples than in those treated with
348	both inhibitors (Figs. 4, 5). Following the transition to low light, a clear recovery
349	response was observed for all samples, with $\Delta F/F_{\rm m}$ ' reaching in all cases over 60% of
350	initial values after 15 min. Treatment with Lat A effectively inhibited vertical migration
351	during the whole experiment, as indicated by the small variation in F_s in Lat A-treated

352	samples (on average, -12.1% for samples treated with Lat A and Lat A+DTT) as
353	compared with the controls (-43.5%; Fig. 6). The effects of inhibitors were particularly
354	evident during recovery under low light, during which $\Delta F/F_{\rm m}$ ' followed the negative
355	exponential pattern described by Eq. (6), the fit of which was very good in all cases (r^2
356	> 0.91; Fig. 7). Control samples recovered more rapidly than those treated with
357	inhibitors, so that after 3 min after return to low light, $\Delta F/F_{\rm m}$ of non-inhibited samples
358	was over 70% and 60% higher than on samples treated with Lat A in May and October,
359	respectively. In both periods these differences were gradually reduced during exposure
360	to low light, but after 10.5 min the percentage of recovery was significantly different
361	among treatments and sampling periods (two-way ANOVA, $p < 0.001$ for both factors).
362	In both May and October, the recovery of $\Delta F/F_{\rm m}$ ' was higher in the controls than in the
363	Lat A-treated samples (Control vs Lat A; Tukey's post-hoc test, $p = 0.043$ and $p =$
364	0.010, respectively), which was in turn higher than in samples treated with Lat A and
365	DTT (Lat A vs Lat A+DTT; Tukey's post-hoc test, $p = 0.042$ and $p = 0.030$,
366	respectively). The percentage of recovery was in all cases significantly higher in May
367	than in October (Tukey's post-hoc test, $p < 0.05$), with the exception of samples treated
368	with both inhibitors (Tukey's post-hoc test, $p = 0.107$).
369	
370	Photoprotection efficiency and extent of photoinhibition
371	
372	Depending on the species, the full recovery of the xanthophyll cycle after a
373	transition from high to low light mainly occurs after 6 min to 15 min (Goss et al. 2006,
374	Lepetit & Lavaud, pers. obs.). Considering the intermediate period of 10.5 min, the
375	recovery of $\Delta F/F_{\rm m}$ ' at this time was used as an estimate of the photoprotection capacity
376	and to calculate the extent of photoinhibition occurred. The results indicate that the

377	microphytobenthos biofilms had a large photoprotective capacity in both periods, with a
378	correspondingly low percentage of photoinhibition below 25%, although higher in May
379	than in October (87.7 and 78.0%; Fig. 8, Table 2). From the reduction in the
380	photoprotection capacity measured in samples treated with inhibitors, the contribution
381	of vertical migration and of the xanthophyll cycle to overall photoprotection were
382	estimated to reach a combined value only slightly above 20% (Table 2). While in May
383	the two processes had a comparable contribution to photoprotection, the relative
384	importance of the xanthophyll cycle was reduced to 7.2% in October.
385	
386	
387	DISCUSSION
388	
389	Photoacclimation and susceptibility to photoinhibition
390	
391	Comparatively to May, samples collected in October appeared acclimated to lower light
392	levels, showing the pattern typically associated to 'shade-acclimation': a combination of
393	higher values of α and of lower values of ETR _m , resulting in lower values of E_k , usually
394	taken as an indication of photosynthesis saturating at lower irradiances. This change in
395	photoacclimation state between May and October was consistent with the observed
396	seasonal change in solar light conditions preceding the two sampling periods (i.e. global
397	solar radiation more than two times higher in May than in October). These results also
398	generally confirmed previous observations on the seasonal variability of
399	microphytobenthos photosynthetic performance, showing patterns of acclimation to
400	higher light levels during spring/summer and to lower levels in autumn/winter
401	(Blanchard et al. 1997, Migné et al. 2004, Serôdio et al. 2006). They were also

402	consistent with the photoacclimation response of benthic diatoms grown in culture
403	exposed to low and high-light regimes (Perkins et al. 2006, Schumann et al. 2007, Cruz
404	& Serôdio 2008). Increases of α , as the observed from May to October, are commonly
405	attributed to an increase in the cellular content of light-harvesting pigments, increasing
406	the fraction of incident light that is intercepted and absorbed for photosynthesis;
407	decreases in ETR_{m} are typically associated with the decrease of the activity of the
408	electron transport chain or the Calvin cycle, limiting factors of light-saturated
409	photosynthesis (Henley 1993, MacIntyre et al. 2002, Behrenfeld et al. 2004).
410	A change in light response was also noticeable regarding NPQ, with the samples
411	collected in October showing NPQ activation starting at lower light levels (lower E_{50})
412	and higher values of NPQ for most irradiances (higher NPQ_m). As with ETR, the
413	observed variation in the NPQ vs E curves was consistent with the previously reported
414	for microphytobenthos (Serôdio et al. 2006) or for benthic diatoms acclimated to
415	different light regimes (Cruz & Serôdio 2008).
416	However, while changes in the light-response of ETR may be interpreted and
417	related to underlying physiological processes in a relatively straightforward manner, the
418	physiological meaning of changes in NPQ levels is more difficult to ascertain. This is
419	because the two components of NPQ, $q_{\rm E}$ (photoprotection) and $q_{\rm I}$ (photoinhibition) can
420	only be distinguished through the analysis of the recovery kinetics after exposure to
421	high light, but not from NPQ light curves. In this study, the light stress-recovery
422	experiments allowed to conclude that the observed change in the NPQ light-response
423	curves was due to a decrease in the $q_{\rm E}$ component and a concomitant increase in the $q_{\rm I}$

425 increases in NPQ vs *E* curves in autumn/winter periods have been, perhaps wrongly,

424

component. In the absence of information from NPQ recovery kinetics, similar

426 interpreted as being due to an increase in photoprotective capacity (Serôdio et al. 2005,427 2006).

Furthermore, the results from the light stress-recovery experiments revealed an association between photoacclimation status and photoprotection efficiency, not shown before for these communities. Whatever the cause (see below), the acclimation to high light levels in summer was associated to a high photoprotection capacity and the low light-acclimation in autumn to a general loss in photoprotection and a higher susceptibility to photoinhibition.

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Photoprotection vs photoinhibition

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A central finding of this study is that photoinhibition was in all cases 437 considerably low (ca. 20%), indicating photoprotection to be particularly efficient in the 438 studied microphytobenthos biofilms. Despite the general view that these assemblages 439 440 are largely immune to photoinhibition (Blanchard et al. 2004, Waring et al. 2007, Mouget et al. 2008), this process has been shown to occur under in situ conditions 441 442 (Serôdio et al. 2008). Curiously, the rates of photoinhibition estimated in the cited 443 study, reaching up to ca. 18%, are similar to the values here reported, despite the fact that they were estimated from hysteresis patterns observed during entire low tide 444 exposure periods. The results of the present study therefore confirm that the 445 446 photoprotective mechanisms available to benthic diatoms are not completely efficient in preventing some degree of photoinhibitory damage. However, it should be stressed the 447 448 difficulty in comparing the measured rates of photoinhibition with results published for other habitats, or for other estuarine primary producers such as phytoplankton, 449 seagrasses or macroalgae. Apart from the light history and the species-specific 450

differences, the extent of photoinhibition is directly related to light dosage, determined
by light intensity and duration of exposure, both largely variable amongst the different
experimental protocols used in different laboratory and field studies.

A number of unaccounted factors may have contributed for the measured low 454 values of $q_{\rm I}$. Firstly, the well-known effect of depth-integration of subsurface 455 fluorescence (Forster & Kromkamp 2004, Serôdio 2004). This effect is caused by the 456 fact that only the cells at or near the surface are actually exposed to measured levels of 457 high light, and that the fluorescence signal measured at the surface also accounts for 458 cells positioned deeper in the photic zone and exposed to lower light levels. The 459 460 expected effect is a light-dependent overestimation of biofilm-level $\Delta F/F_{\rm m}$ ' relatively to 461 the inherent, physiological values of the cells at the surface, which is then expected to cause a systematic overestimation of $q_{\rm E}$ and the underestimated of $q_{\rm I}$ (Serôdio 2004). 462 However, besides this static effect, also dynamic effects can be expected. During 463 prolonged exposure to high light, the downward migration of microalgae to less 464 illuminated layers is likely to induce a gradual increase of $\Delta F/F_{\rm m}$ ' (as measured at the 465 surface), independently of any photophysiological changes, thus causing the 466 467 overestimation of $q_{\rm E}$. It is also conceivable that these types of effects may affect the 468 measurement of $\Delta F/F_{\rm m}$ ' during the recovery under low light, due to upward migration as a response to the decrease in incident irradiance. This, however, seems less likely due to 469 the relatively short time of this period and to the fact that a transition from high to low 470 light is a weaker stimulus for vertical migration, especially if coinciding with the end of 471 the low tide period (Coelho et al. 2011). 472

473 A second factor that might explain the low values of q_I is the light doses applied 474 during the light stress-recovery experiments in the laboratory. Because these (3 hrs, 475 1200 µmol quanta m⁻² s⁻¹) were likely lower than the ones received during a typical

period of exposure at low tide (up to 8-10 hrs, 1500-2000 μ mol quanta m⁻² s⁻¹), larger, 476 but still ecologically relevant, light doses could have been applied which would likely 477 induce larger cumulative photoinhibitory effects. The light exposure conditions applied 478 in this study, both regarding light intensity and duration, resulted from a compromise 479 480 between inducing measurable effects, instrument limitations (maximum PAR irradiance provided by the imaging fluorometer) and minimizing uncontrollable experimental 481 482 conditions (excessive sample heating and desiccation caused by the fluorometer LED panel). Despite these limitations, mostly instrument-related, the laboratory experimental 483 approach used in this study has the advantage over studies carried out under in situ 484 485 conditions (e.g. Serôdio et al. 2008; Perkins et al. 2010) of allowing applying controlled 486 and reproducible conditions, making it possible to directly compare the migratory and physiological responses of samples collected in different places and occasions. 487

The estimation of q_E and q_I is also directly affected by the type of analysis made 488 489 on the recovery kinetics in order to distinguish the two components of NPQ. For higher plants, $q_{\rm E}$ and $q_{\rm I}$ are distinguished on the basis of the recovery rate of $F_{\rm v}/F_{\rm m}$, typically 490 10-15 min, assumed to correspond to the full reversal of the xanthophyll cycle (Horton 491 492 & Hague 1988, Ruban & Horton 1995). Following the common practice for the distinction of q_E and q_I , in this study these two components of NPQ were estimated 493 based on a relaxation time of the xanthophyll cycle of 10.5 min. However, to evaluate 494 495 the possible effects of considering different times for the reversal of the xanthophyll 496 cycle on the relative magnitude of $q_{\rm E}$ and $q_{\rm I}$, a sensitivity analysis was performed, consisting on the re-calculation of these estimates when considering 6 and 15 min, 497 498 values matching the range of relaxation times of the xanthophyll cycle expectable for diatoms (Gross et al. 2006, Lepetit & Lavaud, pers. obs.). The use of these different 499 recovery periods did not alter significantly the general findings of the study, including 500

high levels of recovery and low photoinhibition rates, the increase in photoinhibition 501 502 levels from May to October, and a relatively low (< 30%) combined contribution of vertical migration and xanthophyll cycle to overall photoprotection (Table 2). 503 Nonetheless, this analysis shows some effects, although largely expected from the 504 asymptotic pattern of $\Delta F/F_{\rm m}$ ' recovery during the considered period: the use of a shorter 505 period resulted in the estimation of lower rates of recovery, leading to a likely 506 overestimation of photoinhibition rates; conversely, longer periods resulted in larger 507 rates of recovery and probably overestimated levels of photoprotection (Table 2). 508 Moreover, due to the different relaxation patterns of samples exposed to different 509 510 treatments, the evaluation of the relative importance of vertical migration and the 511 xanthophyll cycle was also affected by the time period considered, with shorter and longer recovery periods resulting in a higher apparent contribution of vertical migration 512 and of the xanthophyll cycle, respectively. These effects, however, did not affect 513 substantially the overall pattern of variation of the role of the two photoprotective 514 processes between the two sampling periods. 515 Recently, more sophisticated methods, based on the mathematical modeling and 516 517 deconvolution of the recovery curve, were proposed to trace the recovery of each 518 individual component of NPQ (Roháček 2010). This method could not be applied in this

519 study because of the particularities of the xanthophyll cycle in diatoms, which may not 520 verify the assumptions of the method. Firstly, the lack of $q_{\rm T}$ (the state-transition

521quenching) in diatoms (Owens 1986, Lavaud 2007, Goss & Jakob 2010), which called522for the modification of this model to a two-component NPQ. Secondly, the523impossibility of using changes in F_v/F_m in biofilms as an indication of photoinhibition,

as this requires the darkening of the samples, known to induce changes in $F_{\rm m}$ levels due to vertical migration. Furthermore, in benthic diatoms, dark adaptation often causes the

526	$F_{\rm m}$ level to decrease to values below $F_{\rm m}$ ' levels measured under low light (Serôdio et al.
527	2006). These reasons also prevented the use of other recently proposed methods to
528	quantify the components of NPQ (Ahn et al. 2009, Guadagno et al. 2010).
529	The formation of DT in the dark and thus anoxic subsurface layers of the
530	sediment, known to occur in diatoms (Jakob et al. 2001), and especially in benthic
531	assemblages (Serôdio et al. 2006), is a likely explanation for the apparent impossibility
532	to completely eliminate NPQ by applying the xanthophyll cycle inhibitor DTT (Fig. 3).
533	The DT thus formed would remain present despite the treatment with DTT, which
534	prevents new conversion of DD to DT, but does not induce the reversed reaction. Upon
535	exposure to high light, the oxygenation of DT-rich subsurface layers would allow for
536	the observed rise in NPQ, as the formation of NPQ from DT is known to be inhibited by
537	anoxia (Cruz et al. 2011).
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538 539	Photoprotection: vertical migration vs xanthophyll cycle
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539 540 541 542 543 544	The use of specific inhibitors for vertical migration and for the operation of the xanthophyll cycle allowed estimating the relative contribution of each of these processes to overall photoprotection of the biofilm. The results showed a change with season and photoacclimation state of their relative importance. While in May the two
539 540 541 542 543 544 545	The use of specific inhibitors for vertical migration and for the operation of the xanthophyll cycle allowed estimating the relative contribution of each of these processes to overall photoprotection of the biofilm. The results showed a change with season and photoacclimation state of their relative importance. While in May the two processes seemed to contribute similarly to biofilm photoprotection, the loss of
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550 xanthophyll cycle can differ from a species to another (Lavaud et al. 2004, Goss et al.

551 2006). It may be also hypothesized that this difference is related to the decrease in rates 552 of enzymatic conversion between DD and DT associated to photoacclimation or due to 553 acclimation to lower temperatures (Van Leuwee et al. 2008), an effect that is also 554 species-related (Salleh & McMinn, 2011). Nevertheless, these results indicate that 555 behavioral photoprotection seems able to maintain the overall photoprotection capacity, 556 compensating for the decrease in the contribution of the xanthophyll cycle during the 557 winter season.

The change in species composition, involving a dominance of larger cells in October, could also have affected the migratory response of the assemblages to high light. However, although some studies have shown a relation between migratory cell size and migratory behaviour in sediments (Hay et al. 1993, Underwood et al. 2005), there is no evidence that cell size is an important factor regarding the migratory response to light stress.

Vertical migration and the xanthophyll cycle have been considered as the main 564 photoprotective mechanisms in microphytobenthos biofilms (Serôdio et al. 2005, Jesus 565 et al. 2006, Mouget et al. 2008, Serôdio et al. 2008; Perkins et al. 2010). A perhaps 566 567 surprising result of this study is the relative low contribution of these two processes to 568 global photoprotection. This calls for the potential role of other processes responsible for the observed low rates of photoinhibition. Likely candidates include the cyclic 569 electron flow around PSII (Lavaud et al. 2002b, 2007), the efficient scavenging of 570 571 reactive oxygen species (Roncarati et al. 2008, Waring et al. 2010) or high turnover rates of the PSII protein D1 (Wu et al. 2011). 572

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Use of inhibitors on microphytobenthic biofilms

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An aim of this study was the introduction of a new experimental protocol to 576 estimate photoprotection efficiency and the extent of photoinhibition in 577 microphytobenthos biofilms. This involved the combination of: (i) the use of specific 578 inhibitors for different photoprotective processes, applied alone and in combination with 579 each other, allowing the estimation of the relative contribution of each process to overall 580 photoprotection, and (ii) the use of imaging fluorometry on replicated samples in well 581 582 plates, taking advantage of the self-forming nature of microphytobenthos biofilms from homogenized sediments, which allowed for adequate replication and low variability 583 between replicates, and for the simultaneous testing of different treatments. 584 585 Some potential pitfalls exist regarding the use of inhibitors on biofilms and the 586 interpretation of results. Firstly, it must be noted that when comparing controls (no inhibitor added) with Lat A-treated samples, it is likely that the differences in 587 fluorescence parameters observed over time may not be attributed only to changes in 588 cell physiological conditions but also to changes in cell composition in the upper layers 589 590 of the sediment. This is because in the controls, as opposed to Lat A-treated samples, cells initially at the surface likely migrated down into layers below the photic zone, 591 592 therefore changing the contribution to the fluorescence signal measured at the surface. 593 As a consequence, any observed differences are expected to represent mainly changes at the biofilm (i.e., community)-level, and not only changes in the physiology of 594 individual cells. This also explains the need to combine Lat A and DTT if the effect of 595 596 inhibiting the xanthophyll cycle is to be evaluated in the same microalgal assemblage. By adding DTT to samples treated with Lat A, it is ensured that the same cells remain in 597 598 the photic zone of the sediment and that measured changes in fluorescence are due to changes in their physiological status and not to changes in community composition. If 599 only DTT is applied (Perkins et al. 2010), only biofilm-level effects can be evaluated, as 600

601 many cells will likely respond to high light by migrating downward and become

⁶⁰² unobservable (Oxborough et al. 2000).

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820	photoinactivation and protein dynamics in marine diatoms. Plant Physiol
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823	Table 1. Notation
824	
825	α , initial slope of the ETR vs E curve
826	a, b, c, parameters of the Eilers and Peeters (1988) model
827	DTT, dithiothreitol
828	$\Delta F/F_{\rm m}$ ', effective quantum yield of PSII
829	DD, diadinoxanthin
830	DT, diatoxanthin
831	DDE, diadinoxanthin de-epoxidase
832	E, PAR irradiance
833	E_{50} , Irradiance level corresponding to 50% of NPQ _m in a NPQ vs E curve
834	E_k , photoacclimation parameter of an ETR vs E curve
835	ETR, PSII electron transport rate
836	ETR_m , maximum ETR level in an ETR vs <i>E</i> curve
837	$F_{\rm o}$, $F_{\rm m}$, Minimum and maximum fluorescence of a dark-adapted sample
838	$F_{\rm s}, F_{\rm m}$ ', Steady state and maximum fluorescence of a light-adapted sample
839	Lat A, Latrunculin A
840	n, sigmoidicity coefficient of the NPQ vs E curve
841	NPQ, non-photochemical quenching

- 842 NPQ_m, maximum NPQ level in a NPQ vs E curve
- 843 PAR, photosynthetically active radiation
- 844 PSII, photosystem II
- 845 $q_{\rm E}$, energy-dependent quenching
- 846 $q_{\rm I}$, photoinhibitory quenching
- *t*, time during recovery following light stress
- 848 XC, xanthophyll cycle

850	Table 2. Extent of photoinhibition and efficiency of photoprotection (%), calculated as
851	percentage of $\Delta F/F_{\rm m}$ ' recovery after 10.5 min. Relative contributions of vertical
852	migration and of the xanthophyll cycle to overall photoprotection (%), as calculated
853	from the reduction of the $\Delta F/F_{\rm m}$ ' recovery in samples treated with Lat A and with Lat A
854	and DTT, respectively, relatively to control samples. Mean and standard error of three
855	replicates. Numbers within parenthesis indicate results obtained when considering 6 and
856	15 min of recovery, respectively.

	May	October
Photoinhibition	12.3 ± 0.55	22.0 ± 2.79
	(16.6, 11.7)	(33.7, 17.0)
Recovery	87.7 ± 0.55	78.0 ± 2.79
	(83.4, 88.3)	(66.3, 83.0)
Vertical migration	10.6	14.3
	(24.0, 3.6)	(17.0, 11.7)
Xanthophyll cycle	10.1	7.2
	(6.4, 13.2)	(7.3, 5.8)
Others	79.3	78.5
	(69.5, 83.2)	(75.7, 82.5)

Figure legends

860

Fig. 1. Light-response curves of ETR (A) and NPQ (B) measured in May and October 2010. Mean of six replicates. Vertical bars: one standard error. Numbers represent the mean values of model parameters estimated for light-response curves measured for each individual sample.

865

Fig. 2. Variation of migration inhibition with the concentration of added Lat A solution.
Mean of three replicates. Vertical bars: one standard error. Line represents the fit of
exponential decay model.

869

Fig. 3. Inhibition of NPQ as a function of concentration of added DTT solution. NPQ induced upon exposure to 400 μ mol quanta m⁻² s⁻¹. Mean of three replicates. Vertical bars: one standard error. Line represents the fit of exponential decay model.

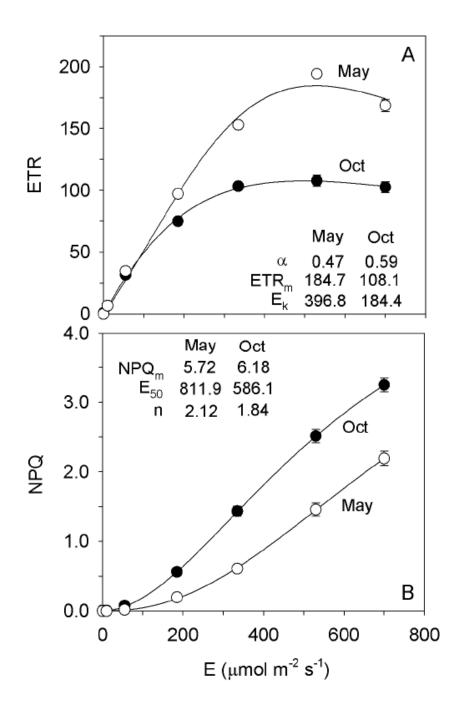
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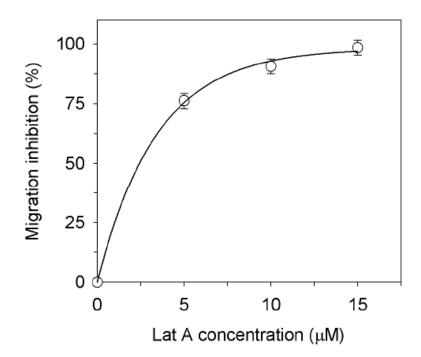
Fig. 4. Light stress-recovery experiment. Variation of PSII quantum yield, $\Delta F/F_{\rm m}$ ', during sequential exposure to low light (pre-stress, 55 µmol quanta m⁻² s⁻¹), light stress under high light (high light, 1200 µmol quanta m⁻² s⁻¹, 180 min) and recovery under low light (recovery, 55 µmol quanta m⁻² s⁻¹, 10.5 min) for controls and for samples treated with migration inhibitor Lat A and with migration and xanthophyll cycle inhibitors (Lat A + DTT), collected in May 2010. Mean of three replicates. Vertical bars: one standard error.

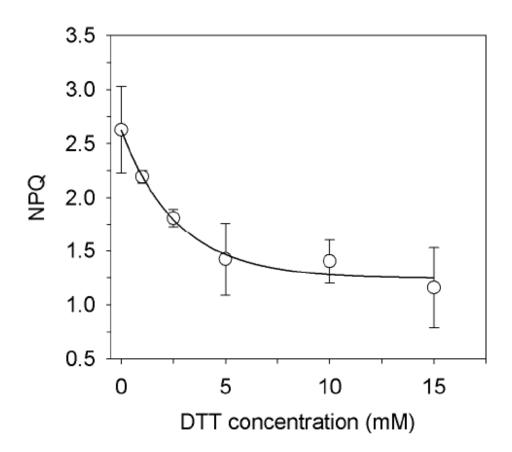
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Fig. 5. Images of PSII quantum yield, $\Delta F/F_{\rm m}'$ (false color scale), as measured in the sediment samples used in the light stress experiment described in Fig. 4 at the end of

884	first low light exposure (pre-stress, 55 μ mol quanta m ⁻² s ⁻¹), at the end of high light
885	exposure (high light, 1200 μ mol quanta m ⁻² s ⁻¹ , 180 min) and following recovery under
886	low light (recovery, 55 μ mol quanta m ⁻² s ⁻¹ , 10.5 min). Three replicated areas of interest
887	for each treatment.
888	
889	Fig. 6. Images of fluorescence level F_s (false color scale) as measured in the sediment
890	samples used in the light stress experiment described in Fig. 4. at the end of first low
891	light exposure (pre-stress, 55 μ mol quanta m ⁻² s ⁻¹), and after recovery following end of
892	high light exposure (high light, 1200 μ mol quanta m ⁻² s ⁻¹ , 180 min; recovery, 55 μ mol
893	quanta m ⁻² s ⁻¹ , 10.5 min). Three replicated areas of interest for each treatment.
894	
895	Fig. 7. Recovery of PSII quantum yield, $\Delta F/F_{\rm m}$ ', during relaxation following light stress
896	for control samples and for samples treated with migration inhibitor Lat A and with
897	migration and xanthophyll cycle inhibitors (Lat A + DTT). Lines represent the
898	exponential model described by Eq. (6) fitted to average $\Delta F/F_{\rm m}$ ' values. Detail of Fig. 4.
899	
900	Fig. 8. Efficiency of photoprotection, as percentage of recovery after 10.5 min low light
900 901	Fig. 8. Efficiency of photoprotection, as percentage of recovery after 10.5 min low light following high light exposure, in May and October, for controls and inhibitor-treated







915 Figure 4



