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## Energy deposition by heavy ions: Additivity of kinetic and potential energy contributions in hillock formation on CaF<sub>2</sub>

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Modification of surface and bulk properties of solids by irradiation with ion beams is a widely used technique with many applications in material science. In this study, we show that nano-hillocks on  $CaF_2$  crystal surfaces can be formed by individual impact of medium energy (3 and 5 MeV) highly charged ions  $(Xe^{22+} \text{ to } Xe^{30+})$  as well as swift (kinetic energies between 12 and 58 MeV) heavy xenon ions. For very slow highly charged ions the appearance of hillocks is known to be linked to a threshold in potential energy  $(E_p)$  while for swift heavy ions a minimum electronic energy loss per unit length  $(S_e)$  is necessary. With our results we bridge the gap between these two extreme cases and demonstrate, that with increasing energy deposition via  $S_e$  the  $E_p$ -threshold for hillock production can be lowered substantially. Surprisingly, both mechanisms of energy deposition in the target surface seem to contribute in an additive way, which can be visualized in a phase diagram. We show that the inelastic thermal spike model, originally developed to describe such material modifications for swift heavy ions, can be extended to the case where both kinetic and potential energies are deposited into the surface.

The interaction of energetic ions with solid surfaces has been a center of attention in material science over the last century, not least because profound knowledge of the underlying physical mechanisms has contributed greatly to technological applications. A number of analytical methods, e.g. Rutherford backscattering spectrometry (RBS) or secondary ion mass spectrometry (SIMS), could not have been developed without this continuous research. Energy deposition by energetic ions in matter also has important applications in other fields like astrobiology (synthesis of amino acids), nuclear fusion (wall erosion in fusion experiments), space exploration (radiation hardness of electronic devices) and others.

Great interest has been drawn by the use of ions as possible tools for lithographic modifications or "nanostructuring" of surfaces. Due to technical restrictions, earlier studies in the field of nanostructuring were conducted with ions at relatively high kinetic energies and low ion charge states, where interaction processes are governed primarily by the ion mass and kinetic energy. Investigations have shown that swift heavy ions (SHI) with kinetic energies in the MeV–GeV range can induce severe structural modifications at the surface<sup>1</sup> and in the bulk<sup>2</sup>. These modifications not only include the formation of surface nanostructures, such as protrusions<sup>3</sup> or craters<sup>4</sup>, but also phase transitions by swift heavy ions (e.g., from crystalline to amorphous<sup>5</sup> or crystalline to crystalline<sup>6</sup>) and the creation of latent tracks, which can reach several tens of micrometers deep into the solid<sup>7</sup>.

The interaction of individual slow highly charged ions (HCI) in the keV energy regime with solid surfaces can also induce surface modifications on a nanometric scale<sup>8</sup>, which appear as either hillocks, pits or craters<sup>9–14</sup>. These modifications result from the deposition of potential energy carried by slow HCI (i.e. the sum of the binding energies of all missing electrons) into the target electronic system. Within a few femtoseconds (fs), electrons from the target are captured into highly excited states of the projectile<sup>15</sup>. The energy (several keV/nm<sup>3</sup>) deposited into the electron target by emission of fast electrons is not precisely known<sup>16</sup>. Similarly, hillocks created by SHI with impact energies of some hundreds of MeV appear at the surface for an energy density of typically 10 keV/nm<sup>3</sup>. These energies provided by ion-electron collisions in the fs time range<sup>17–19</sup>, have been measured<sup>20–22</sup>. In this case, fast electrons are created by direct collisions with the ions and their energy distribution can be approximated by an

analytical formula proposed by Waligorski et al.<sup>23</sup> that fits the results of Monte Carlo calculations<sup>24</sup>. We conclude that independent of the energy deposition channel to the electrons, i.e. potential energy ( $E_p$ ) deposition by HCI or electronic energy loss per length unit ( $S_e$ ) by SHI, the target electronic system is highly excited in a first step by the generation of fast electrons. The electron energy relaxation towards the atoms occurs in a second step, which suggests that the material modifications induced at the surface have a common underlying mechanism, as pointed out by Aumayr et al.<sup>8</sup>. Interpreting their results for CaF<sub>2</sub>, El-Said et al.<sup>9</sup> were the first to put forward that hillock formation by slow HCI may be described by the inelastic thermal spike model<sup>25</sup> originally developed to predict material modifications induced by SHI. Along the lines of this model, the sharp threshold of potential energy for hillock formation by slow HCI has been linked to a solid-liquid phase transition (nano-melting)<sup>8,9</sup>.

In this paper we firstly establish the so far missing quantitative link between HCI and SHI induced nano-hillocks. By bombarding  $CaF_2$ single crystal surfaces with medium energy (3 and 5 MeV) multiply charged xenon ions which deposit a considerable amount of both potential and kinetic energy into the surface, we can demonstrate that both mechanisms of energy deposition into the target surface are found to contribute in an additive way. Based on this relation, the inelastic thermal spike model, originally developed to describe such material modifications for swift heavy ions, can be extended to nanostructure formation by highly charged ions.

#### Results

Hillock formation and surface roughening by medium energy HCI. Fig. 1 shows AFM images of samples irradiated by 5 MeV  $Xe^{21+}$  (a),  $Xe^{22+}$  (b) and  $Xe^{30+}$  (c) ions. For  $Xe^{21+}$  (Fig. 1a), no hillocks are observable and the irradiated sample stays flat with a mean roughness of 0.07 nm. The same is true for surfaces irradiated by ions in lower charge states ( $Xe^{20+}$ ,  $Xe^{19+}$ ). However, nano-hillocks clearly appear on surfaces after irradiation by  $Xe^{22+}$  (Fig. 1b),  $Xe^{26+}$  and  $Xe^{30+}$ . For these cases, the number of hillocks per area corres-

ponds well to the fluence of incident ions within the experimental error. Samples irradiated by 3 MeV  $Xe^{25+}$  ions (and ions in lower charge states) do not exhibit hillock formation, while for  $Xe^{26+}$ , hillocks appear clearly but with the number of hillocks reduced to 1.5% of the incoming ion fluence. When using 3 MeV  $Xe^{30+}$  ions as projectiles, hillocks are clearly visible and their number is equal to the ion fluence.

Fig. 1d shows the roughness of the irradiated samples, as calculated by the Gwyddion code<sup>26</sup>, plotted against the charge state of the Xe ions for different kinetic energies (3 and 5 MeV, plus one irradiation performed at 0.54 MeV). This illustrates a surprisingly sharp but impact energy dependent transition from flat to nanostructured CaF<sub>2</sub> surfaces. The red dotted line which is just a link between Xe<sup>26+</sup> and Xe<sup>30+</sup> for 3 MeV irradiation is to guide the eye. Right at the threshold (Xe<sup>22+</sup> for 5 MeV and Xe<sup>26+</sup> for 3 MeV), the surface roughness increases significantly to values 4-10 times larger than the nonirradiated sample. Summing up the results it can be said that for Xe ions of 5 MeV, the threshold for nanostructuring lies between charge states 21 + and 22 +, which corresponds to a potential energy of  $E_{p5}$  $\approx$  5.5 keV<sup>27</sup>. For lower kinetic energies of 3 MeV, the threshold is given by Xe<sup>25+</sup> and Xe<sup>26+</sup> or a potential energy of  $E_{p3} \approx 8.5 \text{ keV}^{27}$ . Both threshold values of E<sub>p</sub> in this energy regime are considerably smaller than the ones in the keV regime as reported by El-Said et al.9 (between Xe<sup>27+</sup> and Xe<sup>28+</sup>, corresponding to  $E_{p0} \approx 11.2$  keV).

With increasing kinetic energy, nuclear and electronic energy loss per unit length of the projectile ion evolve differently. For energies between 0.004<sup>9</sup> and 5 MeV, the nuclear energy loss is nearly constant, varying only from 1.15 keV/nm to 1 keV/nm respectively<sup>25</sup>. Such a 15% decrease of the nuclear energy loss within increasing kinetic energy cannot account for the observed decrease of the  $E_p$  threshold by 50% from 11.2<sup>9</sup> to 5.5 keV. But in the same energy range,  $S_e$ increases considerably<sup>20,21</sup>. Since the electronic system of the target is excited by  $S_e$ , independent of whether the energy is supplied by SHI or HCI, we conclude that a decrease of the  $E_p$  threshold has to be counter-balanced by an increased energy deposition via  $S_e$ .



Figure 1 | CaF<sub>2</sub> surfaces irradiated by 5 MeV Xe ions with a fluence of 500 ions/ $\mu$ m<sup>2</sup>. The AFM images show an area of 1 × 1  $\mu$ m<sup>2</sup>. A surface irradiated by (a) Xe<sup>21+</sup> with no hillocks visible, (b) Xe<sup>22+</sup> with ~520 hillocks, (c) Xe<sup>30+</sup> with ~410 hillocks. (d) presents the evolution of the surface roughness versus charge state for samples before and after irradiation with 5, 3 and 0.54 MeV Xe ions. The lines are there to guide the eye.

Hillock formation by SHI and the velocity effect. To determine the S<sub>e</sub> threshold for hillock creation by SHI, targets of CaF<sub>2</sub> were irradiated with some tens of MeV of Xe ions delivered by the IRRSUD beam line of the GANIL facility<sup>28</sup>. Al foil degraders were used to reduce the kinetic energy of the initial 92 MeV Xe ion beam to values ranging between 12 and 58 MeV. The fluences applied were  $5 \times 10^9$  Xe/cm<sup>2</sup> and  $1.5 \times 10^{10}$  Xe/cm<sup>2</sup>. Using AFM in tapping mode<sup>19</sup>, the surface of each sample was analyzed after irradiation to extract the number of hillocks per cm<sup>2</sup>. The efficiency for hillock production (number density of hillocks divided by incident ion fluence) was deduced for irradiations at two fluences. Their mean values versus S<sub>e</sub> are plotted in Fig. 2. The S<sub>e</sub> values were calculated using the CasP code<sup>21</sup> since its predictions of S<sub>e</sub> values are more realistic as compared to the ones by SRIM<sup>25</sup> in the low MeV energy regime.

By extrapolation to zero efficiency, a linear fit, as previously done like in the GeV energy regime<sup>19</sup>, was applied to the three points at S<sub>e</sub> = 3.6, 5.9 and 9.5 keV/nm, leading to S<sub>e</sub> threshold of S<sub>et</sub> = 2.75  $\pm$ 0.40 keV/nm. This threshold value is by a factor of ~2 smaller than the S<sub>e</sub> threshold (~5 keV/nm) previously reported for SHI in the GeV regime<sup>29</sup>. Such a difference in the S<sub>e</sub> threshold can in principle result from the so-called "velocity effect"<sup>30</sup>: For SHI impact on a surface with different kinetic energies but with the same S<sub>e</sub> value, the energy deposited into the electronic system at lower ion velocity is transferred to the lattice atoms more efficiently than at higher energies. From our results we infer that CaF<sub>2</sub> is sensitive to the velocity effect<sup>31</sup> (as questioned by Szenes<sup>32</sup>).

In Fig. 3 we have summarized the results of our investigations in a "phase diagram" with  $S_{\rm e}$  and  $E_{\rm p}$  as state variables. Cases where hillocks have been found after irradiation are displayed by full symbols (region B), while open symbols represent irradiations where the CaF<sub>2</sub> surface stayed flat and showed no effect of the irradiation (region A). Additional data from slow HCI impact9 have been included in this plot. The Se values (~0.01 keV/nm for 3 keV, 0.72 keV/nm for 3 MeV and 1.46 keV/nm for 5 MeV Xe ions) were calculated with the CasP code21. The SHI threshold Set of 2.75 keV/nm (semi-black square in Fig. 3) for hillock formation is also given in the phase diagram, assuming a potential threshold of 0.62 keV corresponding to the expected equilibrium charge state of the Xe at 9 MeV<sup>21</sup>. The borderline between region A (no hillocks) and region B (hillocks) in the  $S_e-E_p$  diagram (Fig. 3) is a linear fit of the  $E_p$  thresholds and the negative slope points out an additive contribution of Se and Ep to nano-hillock formation on the surface of CaF2. A decrease of Ep, transferred to the target clearly can be compensated by an increase of  $S_{\rm e}$  and vice versa. The extrapolation of this line to  $E_{\rm p}=0$  gives  $S_{\rm e0}$ of 2.75  $\pm$  0.40 keV/nm (semi-black square in Fig. 3) is in agreement with the Set as deduced from SHI experiments.



Figure 2 | Mean efficiency for hillock formation by SHI versus S<sub>e</sub> from the present experiment with Xe projectile energies in the MeV energy regime ( $\sim$ 0.2 MeV/u).



Figure 3 | Phase diagram of hillock formation on CaF<sub>2</sub> irradiated by Xe ions with electronic energy loss and potential energy as state variables. The corresponding kinetic energies and Xe charge states are given on the opposite axes, respectively. Open symbols represent cases where no hillocks have been found (region A), while full symbols mean the appearance of hillocks (region B). The blue diamonds are previous results<sup>9</sup>. The red circles stand for the present experiments. The semi-black square is the S<sub>e</sub> threshold deduced from SHI irradiations.

Data analysis: link between HCI and SHI at the thresholds of hillock formation. The additivity between  $S_e$  and  $E_p$  derived from Fig. 3 can be expressed in a quantitative formula taking into account that only a fraction  $F^{33}$  of  $E_p$  is deposited in a depth d near the surface<sup>32</sup>.

$$S_{e} + (F/d) \times E_{p} = const. = S_{e0} = S_{et} = 2.75 \text{ keV/nm}$$
(1)

F can either be derived from calorimetric measurements<sup>34</sup> or by measuring the energy carried away by emitted electrons<sup>33</sup>. From our results (equ. 1), a ratio of the depth d in nanometer to the fraction F can be derived for  $CaF_2$  in beam energy range between 0.004 and 9 MeV:

$$d/F = 4.1 \pm 0.3 \text{ nm} = E_{p0}/S_{e0}$$
 (2)

where  $E_{p0}$  is the potential threshold at  $S_e=0$  and  $S_{e0}~(\cong S_{et})$  the electronic energy loss for  $E_p=0.$ 

**Inelastic thermal spike (i-TS) description.** In the following we present an extension of the inelastic thermal spike (i-TS) model<sup>35</sup>, originally developed to describe material modifications induced by  $S_e$  delivered by SHI, to medium and low energy HCI, where potential energy is deposited. As a central assumption, the threshold for hillock formation is linked to a solid-liquid phase transition (nano-melting)<sup>8,9</sup> inside the target material.

i-TS model simulation for SHI. The original i-TS model describes a transient thermal process based on heat transport equations that govern the heat diffusion in time and space (radial distance from the ion path) in the electronic and atomic subsystem and their coupling by the electron-phonon constant *g*. For SHI the two equations are solved numerically in cylindrical geometry. The initial energy distribution of the electrons is derived from Monte Carlo calculations and implemented as an analytical formula<sup>23</sup>. The electron-phonon coupling constant *g* is linked to the electron-phonon mean free path  $\lambda^{35}$  that defines the mean length of energy diffusion of the electrons before its transfer to the atoms. The model was successfully applied for SHI in the GeV energy regime for several solids, independent of whether they are metals or insulators<sup>25</sup> and references therein</sup>, and directly applied to CaF2<sup>29</sup> with  $\lambda$  equal to

Table 1 | Evolution of the radius of the molten phase at the surface (R<sub>m</sub>) and the melting depth (d<sub>m</sub>) for different conditions of the initial radius (R<sub>p</sub>) and depth (d) of the energy (F\*E<sub>p</sub>) transferred to the electrons

F*E <sub>p</sub> (keV)	d (nm)	R <sub>p</sub> (nm)	R <sub>m</sub> (nm)	d <sub>m</sub> (nm)	Fig. 4
8.2	3	0.6	1.45	3.7	(a)
8.2	3	1	1.45	3.6	(b)
8.2	3	1.6	1.3	2.9	(c)
8.2	1	1	1.4	2.9	(d)

3.8 nm<sup>Fig. 13a in 25</sup>. It is assumed that tracks and hillocks appear, if an energy of  $E_m = 0.58$  eV/atom, which is necessary to melt the material, is surpassed. Such calculated  $S_e$  threshold for material modification is predicted by the i-TS model to be 5 keV/nm in the GeV regime in close agreement with experiments<sup>29</sup>. Applying the i-TS model to heavy ions in the MeV range<sup>30</sup> (beam energy of 0.08 MeV/u, leading to an initial energy transfer to the electrons of the target in a cylinder radius of 1 nm<sup>23</sup>), a lower threshold of 2.6  $\pm$  0.4 keV/nm is calculated for hillock formation, which is in excellent agreement with our experimental results presented in Fig. 2. The "theoretical" error of 0.4 keV/nm basically reflects the uncertainties in the initial energy distribution of the electrons.

Extension of the i-TS model for HCI - a 3D development. In order to take into account that the energy transferred to the electrons by E<sub>p</sub> and Se is not constant along the ion path, the 3D i-TS model developed for metallic materials<sup>36</sup> has been adapted for insulators, following the assumptions made for the electron subsystem as described in the previous section<sup>35</sup>. Moreover it is presumed that the electron-phonon mean free path ( $\lambda = 3.8$  nm) is the one previously used for the description of the track induced by SHI. It is also assumed that a fraction (F) of E<sub>p</sub> is homogeneously deposited into a cylindrical volume below the surface, which is characterized by a depth (d) and a radius (R<sub>p</sub>). These assumptions are used to simplify the first application of the numerical solution of the i-TS model to describe the threshold of hillock formation by HCI. Moreover, in a layer of depth d below the surface, Se and F\*Ep are deposited additively, while for larger depth Se is the only source of energy. The radial distribution of the potential energy has been estimated by Lemell et al.<sup>16</sup>, showing that the most efficiently interacting electrons are the ones with energies lower than 400 eV. These electrons are confined in a cylinder radius Rp between 0.5 and 2 nm. We can see from this that in order to perform the calculations, it is necessary to estimate d, R<sub>p</sub> and F.

Several calculations were made to investigate the influence of  $R_p$  and d on the determination of the radius of the molten phase ( $R_m$ ) at the surface and on the melting depth ( $d_m$ ) for a Xe ion energy of 5 MeV ( $S_e = 1.4 \text{ keV/nm}$ ), see Table 1 and Fig. 4. For the same d value (3 nm) and the same deposited potential energy ( $F^*E_p = 8.2 \text{ keV}$ ), an increase of  $R_p$  from 0.6 to 1.6 nm causes a 10% and 20% decrease of  $R_m$  and  $d_m$ , respectively (see Fig. 4a–c). Comparing Fig.4b and 4d for the same  $F^*E_p$  (8.2 keV) and  $R_p$  (1 nm) values, a decrease of the depth from 3 to 1 nm induces a decrease of  $R_m$  and  $d_m$  results from the smearing out of the energy transferred to the electron subsystem of the target by the electron-electron interaction prior its transfer to the atoms due to the fact that  $R_p$  and d are smaller than the electron-phonon mean free path value.

We will now use the i-TS model to describe the threshold of hillock appearance (Fig. 3) taking into account that the ratio d/F is constant in the range of potential energy and electronic energy loss investigated here. Fig. 5a presents the resulting maximum energy  $E_a$  transferred to a target atom for 3 MeV Xe ion impact on CaF<sub>2</sub> versus the deposited  $E_p$  in different depths. The choice of d values was done



Figure 4 | Effect of different values of  $R_p$  and d of the cylinder (dashed blue rectangle) where the energy is transferred to the electrons compared to the calculated volume of the molten matter (the red line characterizes the evolution of the melting depth versus the melting radius). The irradiation parameters are Xe ions with 5 MeV, leading to  $S_e = 1.4 \text{ keV}/$  nm and a deposited energy of  $F^*E_p = 8.2 \text{ keV}$ .

according to the predictions of Lemell et al.16 and to the measurement of non-equilibrium energy loss<sup>37</sup> in CaF<sub>2</sub>. The deposited potential energies needed to melt CaF2 are deduced when Ea reaches Em (0.58 eV/at) and are equal to 3.1, 4.1, 5.3 and 6.9 keV for the different depths (1, 2, 3 and 4 nm respectively). The respective values of the d/ F ratio divided by the corresponding potential energy threshold of 8.5 keV, are 2.8, 4.1, 4.7 and 4.9 nm. These calculations are repeated for the experiment presented here (Xe ions at 5 MeV) and 0.004 MeV (slow HCI case9). The hereby obtained values of d/F are plotted in Fig. 5b against the experimentally measured E<sub>p</sub> thresholds (5.5, 8.5 and 11.2 keV) with d as the parameter and are fitted linearly. Using the experimental value of d/F = 4.1 nm, the depths of interaction are 1.7, 2.0 and 2.3 nm, leading to F = 0.41, 0.49 and 0.56 for  $E_p = 5.5$ , 8.5 and 11.2 keV respectively. It can be seen that the depth of interaction and the fraction of deposited potential energy increase with E<sub>p</sub> within the i-TS model. Comparing this data to the values predicted by Lemell<sup>16</sup>, d is in the same range of depth but F is larger.

To conclude, the required electronic excitation to induce a nanohillock can be either deposited in the form of electronic energy loss by SHI or via potential energy by slow HCI or both, as in our case. We have shown that there is a clear quantitative linear relation between the increase of Se and the decrease of the deposited Ep, leading to an additive action of the two mechanisms of energy deposition. This relation was quantified in a way that a link between the fraction of potential energy and the depth in which this energy is deposited can be established for  $CaF_2$ : d (nm) = 4.1 × F. The inelastic thermal spike model applied to describe material modification by S<sub>e</sub> supplied by SHI has been extended to the potential energy in three-dimensional geometry. Despite the number of parameters that are unknown, it is possible to predict values of the depth and the fraction of deposited potential energy. Measurements of the depth of the molten phase will be a crucial test of the inelastic thermal spike model applied to describe hillock formation by potential energy.

#### Methods

**Preparation of the samples and AFM measurements.** CaF<sub>2</sub> (111) crystals (Korth Crystal Company) were freshly cleaved in air before placing them in the high vacuum irradiation chamber. After irradiation, samples were imaged under ambient conditions by Atomic Force Microscopy (AFM) in tapping mode using either a NanoscopeIII (DI) in Lanzhou or a Cypher AFM (Asylum Research) in Vienna. Image analysis was done with the Gwyddion software<sup>23</sup>. Using statistical methods, this code allows determining the surface roughness and the number of hillocks per unit area for each sample. Freshly cleaved surfaces of CaF<sub>2</sub> are flat with a mean roughness of 0.07 nm and no changes are observed when inspected after 5 and 16





**Figure 5** | (a) Maximum energy deposited on the atoms (eV/atom) calculated with the i-TS model for Xe ions at 3 MeV versus the deposited potential energy ( $F^*E_p$ ). The energy per atom at  $F^*E_p = 0$  corresponds to the electronic energy loss for Xe ions at 3 MeV. The deposited potential energy is given by a different cylinder volume with a radius of 1 nm for four different values of the depth (d = 1, 2, 3 and 4 nm). The dotted horizontal line is the energy per atom necessary to melt CaF<sub>2</sub>. (b) The calculated value of d/F when reaching the melting energy versus  $E_p$  for irradiations performed at 5, 3 and 0.004 MeV is compared to the experimental ratio d/F = 4.1 nm (dotted line).

days. Consequently, within the experimental errors, the irradiated surface keeps the same roughness over time.

**Medium energy irradiations.** Irradiations were carried out on the 320 kV ECR platform for highly charged ions physics research at IMP (Lanzhou)<sup>38</sup>. For each sample, the fluence was about  $5 \times 10^{10} \text{ Xe}^{4+}/\text{cm}^2$ . CaF<sub>2</sub> surfaces have been irradiated at two kinetic energies (3 and 5 MeV) by Xe<sup>4+</sup> with charge states q between 19 and 26. All projectile charge states used were therefore below the charge state threshold for hillock formation reported to be Xe<sup>28+</sup> for very low kinetic energy (0.004 MeV)<sup>9</sup>. In addition, irradiations with Xe<sup>30+</sup> ions have been performed at three kinetic energies (0.54, 3 and 5 MeV).

**High energy irradiations.** Swift heavy Xe ions were delivered by the IRRSUD beam line of the GANIL facility in Caen<sup>28</sup>. The initial beam energy was 92 MeV and using Al foil degraders, Xe ion energies ranging between 12 and 58 MeV could also be realized. The fluences applied were  $5 \times 10^9$  Xe/cm<sup>2</sup> and  $1.5 \times 10^{10}$  Xe/cm<sup>2</sup>.

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#### **Author contributions**

Y.Y.W., J.R.S., Y.T.Z., G.Q.X., R.C., X.M.Z., J.R.R., S.D.L., Y.L. and Y.B.S. did the irradiations and AFM analysis of samples irradiated at 320 kV ECR platform for highly charged ions physics research at IMP (Lanzhou). C.G., A.C., I.M. and S.B. did the irradiations and AFM analysis of samples irradiated at IRRSUD beam line of the GANIL facility. R.R., E.G. and F.A. assisted AFM-analysis of samples irradiated at 320 kV ECR platform for highly charged ions physics research at IMP (Lanzhou). C.D., Z.G.W. and M.T. developed the 3D thermal spike model and applied it to insulators and HCI. Y.Y.W., C.G., C.D., F.A. and M.T. have written the paper. Advices have been given by all the authors.

#### Additional information

Competing financial interests: The authors declare no competing financial interests.

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